

MONTGOMERY PARKS
GUIDE
FALL 2026



CLASSES. PROGRAMS. ACTIVITIES. EVENTS.



MONTGOMERY PARKS PROGRAM GUIDE | FALL 2026

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**Programs are subject to change.
For the most up-to-date listings visit:
[MontgomeryParks.org](https://montgomeryparks.org)**



Register Online

Click the Course # link next to each program in this guide to register for that program or visit **[ActiveMONTGOMERY.org](https://www.ActiveMONTGOMERY.org)**

Register By Mail

Download a **[registration form](#)** and mail to:
ActiveMONTGOMERY
2425 Reddie Drive, 10th Floor
Wheaton, MD 20902

Questions?

Call: 301-495-2580
Monday–Friday, 8:30 am–4:30 pm
Visit **[ActiveMONTGOMERY.org](https://www.ActiveMONTGOMERY.org)** for answers to frequently-asked-questions.

Program Access & Inclusion Services

For inquiries regarding inclusion services and accommodations, contact the Program Access office:

Phone: **301-495-2581**

MD Relay: **7-1-1**

Email: **ProgramAccess@MontgomeryParks.org**
[MontgomeryParks.org/Accessibility](https://www.MontgomeryParks.org/Accessibility)

REGISTRATION DATES

Fall Programs: August 10, 6:30 am

Fall Ice/Tennis Term I: August 31, 6:30 am

Fall Ice/Tennis Term II: October 27, 6:30am



Payment, Withdrawals, and Refunds

Visit the **[Montgomery Parks Activity Withdrawals and Refund webpage](#)** for complete details.

MONTGOMERY PARKS DIRECTORY

ATHLETIC FIELDS

Visit [Athletic Fields](#) for reservation information.

ARCHERY

[South Germantown Recreational Park](#)

18045 Central Park Circle, Boyds, MD 20841

[Rock Creek Regional Park](#)

5700 Needwood Lake Circle, Rockville, MD 20855

BIKE PARKS

[South Germantown Bike Park](#)

18045 Central Park Circle, Boyds, MD 20841

[The Pit at Fairland Bike Park](#)

3928 Greencastle Road Fairland, MD 20866

[Wheaton Gravity Mountain Bike Park](#)

2000 Shorefield Road in Wheaton, MD 20902

BOATING

[Black Hill Boats](#)

20920 Lake Ridge Drive, Boyds, MD 20841 • 301-528-3466

[Lake Needwood Boats](#)

15700 Needwood Lake Circle, Rockville, MD 20855

301-563-7540

CAMPING

[Little Bennett Campground](#)

23705 Frederick Road, Clarksburg, MD 20871

301-528-3430

[Robert C. McDonell Campground](#)

7701 Tuckerman Lane, Rockville, MD 20854

301-495-2525

Visit [Rentals and Permits](#) for additional camping options.

COMMUNITY GARDENS

Visit [Community Gardens](#) for information.

CULTURAL & HISTORIC ATTRACTIONS

Visit [History in the Parks](#) for more information.

[Agricultural History Farm Park](#)

18400 Muncaster Road, Derwood, MD 20855

301-670-4660

[Josiah Henson Museum & Park](#)

11410 Old Georgetown Road, North Bethesda, MD 20852

301-765-8790

[Kingsley Schoolhouse](#)

24472 Clarksburg Road, Clarksburg, MD 20871

301-650-4373

[Oakley Cabin African American Museum](#)

3610 Brookeville Road, Olney, MD 20832

301-650-4373

[Woodlawn Manor Cultural Park](#) and

[Underground Railroad Experience Trail](#)

16501 Norwood Road, Sandy Spring, MD 20860

301-929-5989

DOG PARKS

[Black Hill Regional Park](#)

20930 Lake Ridge Drive, Boyds, MD 20841

On Picnic Lane, SE of boat rentals on Lake Ridge Drive

[Cabin John Regional Park](#)

7400 Tuckerman Lane, Bethesda, MD 20817

[Columbia Local Park](#)

14900 Old Columbia Pike, Burtonsville, MD 20866

[Dewey Local Park](#)

1720 Dewey Road, Silver Spring, MD 20906

[Ellsworth Urban Park](#)

621 Ellsworth Drive, Silver Spring, MD 20910

[Hickory Grove Park](#)

14100 Quince Orchard Rd, North Potomac, MD 20878

[Olney Manor Recreational Park](#)

16601 Georgia Avenue, Olney, MD 20832

[Piedmont Woods Local Park](#)

12835 Snowden Farm Parkway, Clarksburg, MD 20871

[Ridge Road Recreational Park](#)

21155 Frederick Road, Germantown, MD 20876

[Wheaton Regional Park](#)

11710 Orebaugh Avenue, Wheaton, MD 20902

DRIVING RANGE/GOLF

[South Germantown Driving Range](#)

18045 Central Park Circle, Boyds, MD 20841

301-670-4670

EVENT CENTERS

Ideal venues for weddings, special events, meetings and more!

[Brookside Gardens](#)

1800 Glenallan Avenue, Wheaton, MD 20902

301-962-1404

Email: Event.Manager@MontgomeryParks.org

MONTGOMERY PARKS DIRECTORY

The Lodge at Little Seneca Creek

14500-A Clopper Road, Boyds, MD 20841
301-528-6010

Email: SenecaLodge@MontgomeryParks.org

Rockwood Manor Retreats and Events

11001 MacArthur Boulevard, Potomac, MD 20854
301-563-7510

Email: RockwoodManor@MontgomeryParks.org

GARDENS

Brookside Gardens

1800 Glenallen Avenue, Wheaton, MD 20902
301-962-1400 general information
301-962-1404 event rentals

McCrillis Gardens

6910 Greentree Road, Bethesda, MD 20817
301-962-1455

GOLF

Golf courses are operated by the [Montgomery County Revenue Authority](#).

Little Bennett Golf Course

25900 Prescott Road Clarksburg, MD 20871
301-253-1515

Needwood Golf Course

6724 Needwood Road, Derwood, MD 20855
301-948-1075

Northwest Park Golf Course

15711 Layhill Road, Silver Spring, MD 20906
301-598-6100

Sligo Creek Golf Course

9701 Sligo Creek Parkway, Silver Spring, MD 20901
301-585-6006

HORSEBACK RIDING & STABLES

Equestrian facilities are managed by private operators through partnerships with M-NCPPC.

Callithea Farm Park

15000 River Road, Potomac, MD 20854
301-977-8010

Meadowbrook Riding Stables

8200 Meadowbrook Lane, Chevy Chase, MD 20815
301-589-9026

Rickman Farm Horse Park

17320 Moore Road, Boyds, MD 20841
301-349-0075

Wheaton Regional Park Stables

1101 Glenallen Avenue, Wheaton, MD 20902
301-622-2424

Woodstock Equestrian Park

20100 Darnestown Road, Beallsville, MD 20839
301-495-2525

ICE SKATING

Cabin John Ice Rink

10610 Westlake Drive, Rockville, MD 20852
301-765-8620

Wheaton Ice Arena

11717 Orebaugh Avenue, Wheaton, MD 20902
301-905-3000

IN-LINE HOCKEY RINKS

Dewey Local Park

11720 Dewey Road, Veirs Mill, MD 20906

Ridge Road Recreational Park

21155 Frederick Road, Germantown, MD 20876

MINIATURE GOLF

South Germantown Miniature Golf

18056 Central Park Circle, Boyds, MD 20841
301-670-4680

NATURE CENTERS

Black Hill Discovery Center

20926 Lake Ridge Drive, Boyds, MD 20841
301-528-3492

Brookside Nature Center

1400 Glenallen Avenue, Wheaton, MD 20902
301-962-1480

Locust Grove Nature Center

7777 Democracy Boulevard, Bethesda, MD 20817
301-765-8660

Maydale Nature Classroom

1638 Maydale Drive, Colesville, MD 20905
301-962-1496

Meadowside Nature Center

5100 Meadowside Lane, Rockville, MD 20855
301-258-4030

MONTGOMERY PARKS DIRECTORY

PARK ACTIVITY BUILDINGS & PICNIC SHELTERS

Visit [Park Permits](#) for rental information.

SKATE PARKS

[Olney Manor Recreational Park](#)

16601 Georgia Avenue, Olney, MD 20832

[Takoma-Piney Branch Local Park](#)

2 Darwin Avenue Takoma Park, MD 20910

[Woodside Urban Park](#)

8800 Georgia Avenue, Silver Spring, MD 20910

SPLASH PARK

[South Germantown SplashPark](#)

18056 Central Park Circle, Boyds, MD 20841 | 301-670-4680

SPORTS COURTS (OUTDOOR)

Visit [Sports](#) for a list of outdoor basketball, tennis, pickleball, and soccer courts.

TENNIS (INDOOR)

[Pauline Betz Addie Tennis Center](#)

7801 Democracy Boulevard, Bethesda, MD 20817
301-765-8650

[Wheaton Indoor Tennis](#)

11715 Orebaugh Avenue, Wheaton, MD 20902 | 301-905-3030

[Montgomery TennisPlex*](#)

18010 Central Park Circle, Boyds, MD 20841
240-477-4430z

** This facility is managed by a private operator through a partnership with M-NCPPC. Please contact them directly for more information.*

TRAILS

Visit [Trails](#) for maps and detailed information about the more than 250 miles of trails in Montgomery Parks.

TRAINS (MINIATURE) AND CAROUSELS

[Cabin John Miniature Train](#)

7410 Tuckerman Lane, Rockville, MD 20852
301-765-8670 • 301-650-2880 party rentals

[Ovid Hazen Wells Carousel](#)

12121 Skylark Drive, Clarksburg, MD 20871

[Wheaton Train and Carousel](#)

2002 Shorefield Road, Wheaton, MD 20902
301-563-7545 • 301-650-2880 party rentals

TURF FIELD

200' x 85' covered synthetic turf playing field; rent for soccer, lacrosse, futsal, parties and more.

[Wheaton Sports Pavilion](#)

11751 Orebaugh Avenue, Wheaton, MD 20902
301-905-3070

CONTACT INFORMATION

[Montgomery Parks](#)

2425 Reddie Drive, Wheaton, MD 20902

[Customer Service](#)

Park information, maintenance requests, or concerns:

Call: 301-495-2595

Email: Info@MontgomeryParks.org

[Permits & Rentals](#)

Call: 301-495-2525

Email: ParkPermits@MontgomeryParks.org

[Volunteer Opportunities](#)

Call: 301-495-2504

Email: ParksVolunteers@MontgomeryParks.org

[Rainout Line](#)

Call: 301-579-5610 for Athletic Fields

Call: 240-270-0008 for Trail Conditions

[Park Police](#)

Call: 301-949-8010, Emergency call 911

Twitter: [@ParkPolice](#)

ACCESSIBILITY

[Program Access & Inclusion Services](#)

For inquiries regarding inclusion services, programs, and accommodations, please contact the Program Access office:

Call: 301-495-2581

MD Relay: 7-1-1

Email: ProgramAccess@MontgomeryParks.org



**ONE website
ONE account
for both Recreation & Parks
Registration, Reservations
and More!
[ActiveMontgomery.org](https://www.ActiveMontgomery.org)
Create your account today!**



Make a difference with Montgomery Parks!

- Join a clean-up at your neighborhood park, or assist at one of our historic sites, ice rinks, tennis centers, nature centers, gardens, or campground.
- Indoor and outdoor opportunities available year-round!
- Students can earn Student Service Learning (SSL) hours.
- Great for team building - including corporate, school, and scout groups.

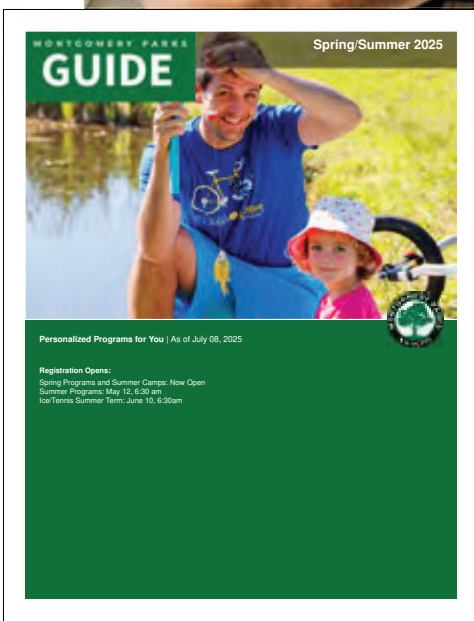
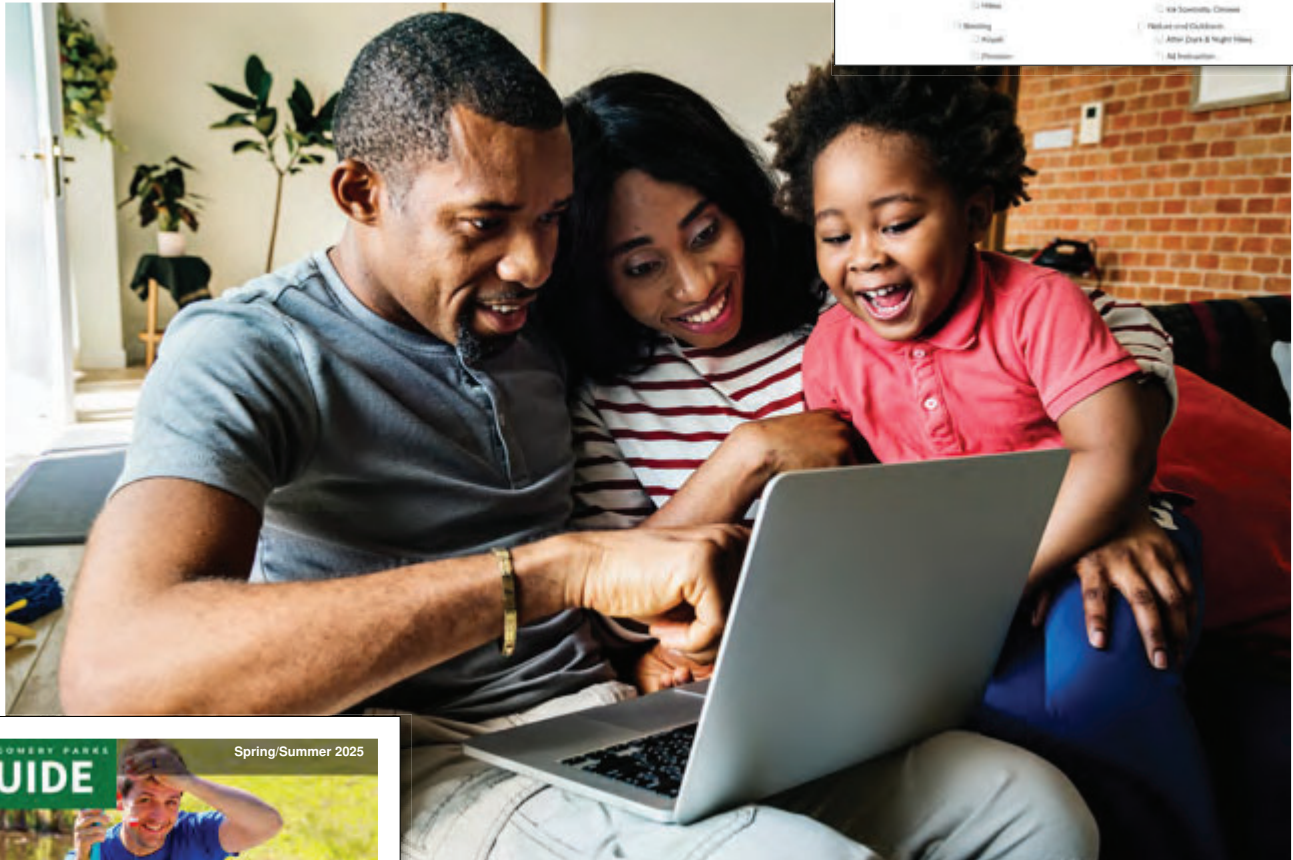


Visit ParksVolunteers.org for a complete list of opportunities or call 301-495-2504.

*We ♥ our
volunteers!*



Build Your Own Guide!



- The new online Build Your Own Guide tool allows you to create a digital program guide customized to your specific interests.
- In just three easy steps, you can select the program categories, locations and age ranges you prefer, and then download or print your personalized guide at home.

MontgomeryParks.org/Your-Guide



Montgomery Parks... the perfect place to gather!



BIRTHDAY PARTIES • RECEPTIONS • REUNIONS •
NEIGHBORHOOD GATHERINGS • BUSINESS MEETINGS

**Park Activity Buildings available
year-round**

**Picnic Shelters available
to rent April 1–October 31**

Park Activity Buildings and Picnic Shelters
provide all the amenities needed to make your
next event enjoyable and hassle-free!



View availability
and book online at
ActiveMontgomery.org

Contact the Park Permits Office

Monday–Friday, 8:30am–5pm | 301.495.2525

ParkPermits@MontgomeryParks.org | ParkPermits.org

2425 Reddie Drive, 2nd Floor | Wheaton, MD 20902



The natural choice for your special event!

Our event centers are the ideal venues for picture-perfect weddings, elegant celebrations, successful retreats, and more!

Available year-round at affordable rates.

BROOKSIDE GARDENS

50 acres of stunning garden areas

1800 Glenallan Avenue | Wheaton, MD 20902

301-962-1404 | BrooksideGardens.org

event.manager@montgomeryparks.org

THE LODGE AT LITTLE SENECA CREEK

Rustic charm and beautiful panoramic views

14500-A Clopper Road | Boyds, MD 20841

301-670-3282 | LodgeatSeneca.org

senecalodge@montgomeryparks.org

ROCKWOOD MANOR RETREATS AND EVENTS

Serene estate just six minutes from the Capital Beltway

11001 MacArthur Boulevard | Potomac, MD 20854

301-563-7510 | RockwoodManor.org

rockwoodmanor@montgomeryparks.org

ParkEventCenters.org



Brookside Gardens



The Lodge at Little Seneca Creek



Rockwood Manor

Now Booking Overnight Stays





LITTLE BENNETT CAMPGROUND



Range of accommodations including campsites, cabins, and yurts, to fit your needs

STAY — & — PLAY

[MINIMUM 2-NIGHT STAY]

Hiking and biking trails, pedal kart track, jumping pillow, laser tag, outdoor movies, arts & crafts, and more!



LITTLE BENNETT CAMPGROUND
23705 Frederick Road | Clarksburg, MD 20871
LittleBennettCampground.org



MONTGOMERY PARKS



Hike, drink, eat, and enjoy live music
with lakeside views at the Parks Ale Trail
at Lake Needwood.



Saturday, September 19, 2026 | 11 am to 3 pm

Lake Needwood, Rock Creek Regional Park

15700 Needwood Lake Circle | Rockville, MD 20855



**Live Music, Beer,
Food, and More!**

For more information scan the
QR code or visit:
MoCoParks.org/ParksAleTrail



**FREE
EVENT**



MontgomeryParks.org

MONTGOMERY PARKS

SATURDAYS AND SUNDAYS | OCT 3 TO NOV 1, 9:30 AM TO 4:30 PM



HALLOWEEN EYE SPY TRAINS

Fun for
all ages!

Take a Halloween-themed ride aboard our miniature trains!

Each rider is given an “Eye Spy” card with seasonal items to look for during the ride.

Ticket includes additional activities around the Train Station.

Kids under 2 ride free with a paying adult.

WHEATON REGIONAL PARK
2002 Shorefield Road
Wheaton, MD 20902 | 301-563-7545

CABIN JOHN REGIONAL PARK
7400 Tuckerman Lane
Rockville, MD 20817 | 301-765-8670

Learn more by visiting
MontgomeryParks.org/Trains



AGRICULTURAL HISTORY FARM PARK



AGRICULTURAL HISTORY FARM PARK
18400 Muncaster Road | Derwood, MD 20855
301-670-4660
AgHistoryFarm.org

SPECIAL EVENTS

The Ag Farm Ball

One night. Countless centuries. At The Ag Farm Ball, the boundaries of time disappear as emperors mingle with pirates, Victorian ladies dance beside medieval nobles, and adventurers from every age gather beneath one roof. Set within our beautifully preserved rustic historical bank barn, this enchanting evening invites guests to step into a living tapestry of history. Don your finest historical attire and step into an enchanting evening filled with music, merriment, games, dancing, and delightful refreshments. Wander through the ages, meet fellow travelers from history, and become part of a living tapestry where every costume tells a story.

Location: Agricultural History Farm Park [Register on Active Montgomery](#) | **Activity: PAHFP0027**

Sep 16	Wed	6 to 8pm	Ages 16 and up	\$15	1 class	PAHFP0027-300001
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Dance Nights in the Barn

Kick up your boots and get ready to move with Dance Nights in the Barn! Join us for an upbeat, high-energy evening where dancers of all skill levels can learn classic and modern dances in a welcoming, rustic setting. Our instructor will guide you step-by-step, making it easy to jump in - whether you're a seasoned dancer or trying it for the first time. Bring your friends, enjoy great music, and soak up the fun atmosphere as you dance the night away. No partner or experience needed -just comfortable shoes and a willingness to have a good time!

Location: Agricultural History Farm Park [Register on Active Montgomery](#) | **Activity: PAHFP0026**

Oct 14	Wed	6 to 8pm	Ages 16 and up	\$15	1 class	PAHFP0026-300001
Nov 4	Wed	6 to 8pm	Ages 16 and up	\$15	1 class	PAHFP0026-300002



Trivia Night in the Barn - Halloween Edition

Put your knowledge to the test with Trivia Night at the Barn! Gather your friends, bring your thinking caps, and get ready for a spooky good time with this Halloween themed competition. Questions will span a variety of categories. Enjoy a variety of refreshments, included in your registration. Come for the challenge, stay for the laughs, and enjoy a screaming night out in a one-of-a-kind atmosphere!

Location: Agricultural History Farm Park [Register on Active Montgomery](#) | **Activity: PAHFP0025**

Oct 30	Fri	6 to 8pm	Ages 16 and up	\$15	1 class	PAHFP0025-300001
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PLAYTIME OR STORYTIME

Little Farmer Storytime

Join us for Little Farmer Storytime, a special hour just for little ones ages 5 years old and under and their loved ones. Here at the farm park, fun farm-related stories will be read out loud. It's a great way to learn about farm animals, plants, and all the wonderful things that happen on a farm! Comfy seating where little ones can enjoy the story will be offered. Whether you're a family who loves farms or just wants to spend some time in nature, this is the perfect way to enjoy a story together in a relaxing and friendly environment.

Location: Agricultural History Farm Park [Register on Active Montgomery](#) | **Activity: PAHFP0011**

Sep 4	Fri	10 to 11am	Ages 5 and under	\$7	1 class	PAHFP0011-300001
Sep 19	Sat	10 to 11am	Ages 5 and under	\$7	1 class	PAHFP0011-300002
Oct 17	Sat	10 to 11am	Ages 5 and under	\$7	1 class	PAHFP0011-300005
Nov 6	Fri	10 to 11am	Ages 5 and under	\$7	1 class	PAHFP0011-300003
Nov 21	Sat	10 to 11am	Ages 5 and under	\$7	1 class	PAHFP0011-300004



NATURE AND OUTDOORS

Little Farm Explorers

Introduce your little one to the wonders of the Farm Park with Little Farm Explorers! This gentle, hour-long program invites children age 5 and under, and their adult companions, to enjoy a guided nature walk around the Farm Park. Together, we'll explore the sights, sounds, and textures of the natural world—spotting plants and wildlife, discovering seasonal changes, and encouraging curiosity every step of the way. Each walk is paced with young adventurers in mind, offering plenty of opportunities to observe, wonder and learn through simple sensory experiences.

Location: Agricultural History Farm Park [Register on Active Montgomery](#) | **Activity: PAHFP0022**

Sep 9	Wed	10 to 11am	Ages 5 and under	\$7	1 class	PAHFP0022-300001
Oct 13	Tue	10 to 11am	Ages 5 and under	\$7	1 class	PAHFP0022-300002
Oct 27	Tue	10 to 11am	Ages 5 and under	\$7	1 class	PAHFP0022-300003
Nov 10	Tue	10 to 11am	Ages 5 and under	\$7	1 class	PAHFP0022-300004

Junior Historians

Step into the past and discover history in a fun, immersive way with Junior Historians! This program series is designed for ages 5-8, and invites young learners to explore history through interactive activities and playful discovery. Each session combines historical learning with practical, hands-on activities that bring history to life. Each class will cover a different theme, with a special emphasis on the Farm Park's unique history, encouraging children to learn by touching, trying, and experiencing real tools, techniques, and traditions from long ago. Your child will leave with a richer understanding of history and a greater appreciation for the simple joys of farm life.

Location: Agricultural History Farm Park [Register on Active Montgomery](#) | **Activity: PAHFP0020**

Sep 14	Mon	1 to 3pm	Ages 5 to 8	\$15	1 class	PAHFP0020-300001
Oct 19	Mon	1 to 3pm	Ages 5 to 8	\$15	1 class	PAHFP0020-300002
Nov 2	Mon	1 to 3pm	Ages 5 to 8	\$15	1 class	PAHFP0020-300003
Nov 16	Mon	1 to 3pm	Ages 5 to 8	\$15	1 class	PAHFP0020-300004
Nov 30	Mon	1 to 3pm	Ages 5 to 8	\$15	1 class	PAHFP0020-300005



AGRICULTURAL HISTORY FARM PARK



Homeschool History

Step back in time and experience the past in a truly immersive way with Homeschool History at the Farm Park. This program series combines historical learning with practical, hands-on activities that bring history to life. Each class will cover a different theme from the Farm Park's history, in which students will gain a deeper understanding of historical practices by actively engaging with the tools and techniques used in day-to-day life. Your child will leave with a richer understanding of history—and a greater appreciation for the simple joys of farm life. This Fall, children will get to enjoy a whole new set of historical themes, so be on the lookout for when they're announced!

Location: Agricultural History Farm Park

[Register on Active Montgomery](#) | **Activity: PAHFP0009**

Sep 3	Thu	1 to 3pm	Ages 8 to 14	\$15	1 class	PAHFP0009-300001
Sep 17	Thu	1 to 3pm	Ages 8 to 14	\$15	1 class	PAHFP0009-300002
Oct 22	Thu	1 to 3pm	Ages 8 to 14	\$15	1 class	PAHFP0009-300004
Nov 5	Thu	1 to 3pm	Ages 8 to 14	\$15	1 class	PAHFP0009-300005
Nov 19	Thu	1 to 3pm	Ages 8 to 14	\$15	1 class	PAHFP0009-300006
Dec 3	Thu	1 to 3pm	Ages 8 to 14	\$15	1 class	PAHFP0009-300007

Hands-On History

Discover the joy of creating with Hands-On History! In this dynamic program, kids will dive into the skills and crafts of the past as they explore a variety of traditional hands-on activities. From wood carving and leather working to paper making, basket weaving and more, each session offers a new opportunity for young crafters to learn, create and connect with history in a tangible way. Guided by engaging instructors, participants will gain confidence as they work with real tools and materials – experiencing firsthand how everyday items were crafted long before modern technology. Each session brings a fresh project and a chance to explore a different historical technique.

Agricultural History Farm Park

[Register on Active Montgomery](#) | **Activity: PAHFP0021**

Sep 13	Sun	1 to 3pm	Ages 10 to 14	\$15	1 class	PAHFP0021-300001
Oct 11	Sun	1 to 3pm	Ages 10 to 14	\$15	1 class	PAHFP0021-300002
Oct 25	Sun	1 to 3pm	Ages 10 to 14	\$15	1 class	PAHFP0021-300003
Nov 8	Sun	1 to 3pm	Ages 10 to 14	\$15	1 class	PAHFP0021-300004
Nov 22	Sun	1 to 3pm	Ages 10 to 14	\$15	1 class	PAHFP0021-300005



HIKES

Hiking Histories

Come explore the Farm Park's unique trails while uncovering its rich past with Hiking Histories! This 2 to 3 hour guided hike takes participants along the Farm Park's 5.5 miles of trails, blending outdoor exploration with engaging historical insights. As we hike through meadows, woodlands and historic landscapes, you'll learn about the people, places and events that shaped the area—bringing local history to life in a vivid and memorable way. Perfect for curious hikers and history enthusiasts alike, Hiking Histories offers a refreshing mix of exercise, discovery and a deeper understanding of the land beneath your feet.

Location: Agricultural History Farm Park [Register on Active Montgomery](#) | **Activity: PAHFP0024**

Sep 8	Tue	11am to 2pm	All Ages	\$12	1 class	PAHFP0024-300001
Oct 20	Tue	11am to 2pm	All Ages	\$12	1 class	PAHFP0024-300002
Nov 17	Tue	11am to 2pm	All Ages	\$12	1 class	PAHFP0024-300003
Dec 8	Tue	11am to 2pm	All Ages	\$12	1 class	PAHFP0024-300004

Fall Footprints

Come join us this Fall for a fun walk around the farm park to see the beautiful autumn colors! Friendly guides will show you parts of the park you might not have seen before or that look different in the Fall, while sharing a bit of the site's vast and remarkable history. We walk at a leisurely pace, along natural trails that encircle the Farm Park's beautiful landscape.

Location: Agricultural History Farm Park [Register on Active Montgomery](#) | **Activity: PAHFP0017**

Oct 7	Wed	1 to 2pm	All Ages	\$5	1 class	PAHFP0017-300001
Oct 14	Wed	1 to 2pm	All Ages	\$5	1 class	PAHFP0017-300002
Oct 21	Wed	1 to 2pm	All Ages	\$5	1 class	PAHFP0017-300003
Oct 28	Wed	1 to 2pm	All Ages	\$5	1 class	PAHFP0017-300004

MONTGOMERY PARKS

RAIN OR SHINE

Admission
\$20*
per car
CASH ONLY

AGRICULTURAL HISTORY FARM PARK

HARVEST FESTIVAL

SATURDAY, OCTOBER 3, 2026 | 11 AM TO 4 PM



VOLUNTEERS NEEDED!

An SSL-Approved Opportunity
Call 301-495-2504 or visit
ParksVolunteers.org to find out more!



Farm animals,
crafts, hay rides,
history, music,
food, and more!

*Additional fees for some activities
Call for bus/van rates.

AGRICULTURAL HISTORY FARM PARK
18400 Muncaster Road | Derwood, MD 20855
301-670-4660 | AgHistoryFarm.org



Friends of

The Agricultural History Farm Park, Inc.

JOSIAH HENSON MUSEUM & PARK



JOSIAH
HENSON
MUSEUM
& PARK

...LARGELY BEEN LOST TO HISTORY,
led an extraordinary life. Formerly
minister, author, conductor on the
under of a colony and school for former
nada. Before he escaped, he spent over
n the Isaac Riley plantation. His slave
account of the cruel realities of slavery.



Josiah Henson was born at
La Grange, a plantation
owned by Francis Newman
near Port Tobacco, Maryland.
Newman held Henson's
father in captivity.

Clay Marbles

Enslaved children like Josiah Henson
had little time to play.
They found ways to play,
such as these clay
marbles found here.
They were simple and hand-made
from available materials.



Double Bridle Bit

As Josiah Henson grew older and
more responsible, he was given
the task of caring for Isaac Riley's
saddle horse. This piece of horse
hardware was found on site.

At age 18, Henson had a religious
awakening. Unable to read
until he was nearly 30, Henson
memorized Bible passages he
heard "of the Gospel preached."

1795

Isaac Riley made a trade with
John Fells, bringing Henson
to this plantation where
he was reunited with his mother.

In 1800, after the first hearing
concerning John Fells' enslavement,
Henson was "freed" (sent to the
Maryland Penitentiary).

1807 - Britain's Slave Trade Banned
The U.S. Congress prohibited the
importation of slaves, meaning
slaves were not in bondage.
Slave trade continued in
the Americas.

1800

1830

1890

JOSIAH HENSON MUSEUM & PARK

11410 Old Georgetown Road | North Bethesda, MD 20852

301-765-8790

Open Friday through Sunday

For hours and information visit JosiahHenson.org

JOSIAH HENSON MUSEUM & PARK

Parking information: Parking for the Josiah Henson Museum and Park is available one and a half blocks away at Wall Local Park, 5900 Executive Boulevard, North Bethesda. Limited accessible parking is available on site at the museum

SPECIAL EVENTS

International Archaeology Family Day

In celebration of International Archaeology Day, Josiah Henson Museum and Park will feature hands-on activities and archaeology tours highlighting the archaeology done at the site and how it tells the story of the life of Rev. Josiah Henson and others that lived on the historic Riley Plantation. Free with paid admission to Josiah Henson Museum and Park. No registration required. Regular hours of admission, 10am to 4pm.

Location: Josiah Henson Museum and Park

Oct 17	Sat	10am to 4pm	Ages 4 and up	\$6-\$7
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Special Opening – Maryland Emancipation Day

In commemoration of the adoption in 1864 of the Maryland state constitution that abolished slavery, Josiah Henson Museum and Park will offer free admission. No registration required. Regular hours, 12pm to 4pm

Location: Josiah Henson Museum and Park

Nov 1	Sun	12pm to 4pm	Ages 4 and up	Free
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Montgomery County Remembrance and Reconciliation Weekend

In commemoration of Montgomery County Remembrance and Reconciliation Month, Josiah Henson Museum and Park will offer free admission, special archaeology tours, and hands-on programs for families throughout the weekend. No registration required.

Location: Josiah Henson Museum and Park

Nov 14	Sa	10am to 4pm	Ages 4 and up	Free
Nov 15	Su	12pm to 4pm	Ages 4 and up	Free

SPEAKER SERIES, WORKSHOPS, OR DISCUSSIONS

History Hour: Before it was Leisure World there was an Edmonson Farm

Presenter(s): Dianne Bradley and Juanita Selay-Williams

This lecture will reveal the remarkable story of Paul Edmonson, a formerly enslaved man who built what became one of the largest Black-owned farms in Montgomery County. Learn about his 14 enslaved children, the family's attempts to escape, and their participation in the abolition movement.

Location: Josiah Henson Museum and Park [Purchase Tickets on ActiveMontgomery.org](https://www.active-montgomery.org)

Sep 10	Thu	6 to 7pm	Ages 12 and up	\$5	1 class
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History Hour: Queens and Kings of History

Presenter: Shera Higgs Thompson

As history continues to become more elusive from our education, media, and everyday conversations, this presentation will reveal many unrecognized queens and kings of history. These stories will leave a lasting impact on you, hopefully encourage you to dive deeper into the subjects, and educate others. The numerous superstars you will learn about from the 1800's will illuminate the countless accomplishments that were achieved over 200 years ago in all industries from entertainment to finance.

Location: Josiah Henson Museum and Park

[Purchase Tickets on ActiveMontgomery.org](#)

Oct 15	Thu	6 to 7p	Ages 12 and up	\$5	1 class
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History Hour: Woodlawn Manor and the Underground Railroad

Education Program Manager, Christian Murgia, sets the stage of the county and Woodlawn during slavery and then goes into many of the freedom seekers that are talked about during the Underground Railroad Experience Hikes conducted on the trail at Woodlawn Manor Cultural Park.

Location: Josiah Henson Museum and Park

[Purchase Tickets on ActiveMontgomery.org](#)

Nov 19	Thu	6 to 7p	Ages 12 and up	\$5	1 class
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Foodie Fridays: “History in the Kitchen, Two Montgomery County Cooks”

Claudia Kousoulas and Ellen Letourneau will share stories from their book, A Culinary History of Montgomery County, MD, that explore local historical foodways—how we grow, sell, prepare, and serve food. Recipes, cookbooks, what we ate and how we ate reveal new understandings of community and culture. From the varied diet of Indigenous peoples to our current industrialized, global food chain, the book traces how food has shaped the county. This talk and slide presentation particularly explores cookbooks written a generation apart by Elizabeth Ellicott Lea and Maria Brooke Watkins, and how each collection of recipes reflects life in Montgomery County in their times. \$20 admission includes food.

Location: Josiah Henson Museum and Park

[Purchase Tickets on ActiveMontgomery.org](#)

Sep 18	Fri	6:30 to 8:30pm	All Ages	\$20	1 class
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History Book Club

Commemorate 250 years of American independence by delving into diverse narratives and experiences that shaped this country. Through fiction and nonfiction, we'll examine our shared past and its impact on today. Meetings will be held online and facilitated by staff from the Josiah Henson Museum and Park. If you have any questions, please contact HensonPrograms@MontgomeryParks.org.

Virtual

[Join the Book Club on ActiveMontgomery.org](#)

Sep 9	Wed	6:30 to 8:30pm	All Ages	Free	1 class
Oct 14	Wed	6:30 to 8:30pm	All Ages	Free	1 class
Nov 11	Wed	6:30 to 8:30pm	All Ages	Free	1 class

MONTGOMERY PARKS

WALK-INS WELCOME

Josiah Henson Museum & Park



Admission required. Tickets available onsite.
Open Friday through Sunday
For hours and information visit JosiahHenson.org



Josiah Henson Museum & Park tells the story about the life and challenges of Reverend Josiah Henson, enslavement in Maryland, and the ongoing struggles of racial equality and justice.

Visit the museum and experience interactive multimedia exhibits. Explore the park and engage in personal or group reflection. Discover the archaeological sites throughout the park. Visit JosiahHenson.org for program and event information.



JOSIAH HENSON MUSEUM & PARK

11410 Old Georgetown Road
North Bethesda, Maryland 20852

301-765-8790 | JosiahHenson.org

Visitor Parking at Wall Local Park, 5900 Executive Blvd



JOSIAH
HENSON
MUSEUM
& PARK



Montgomery Parks is dedicated to providing quality services and programs that are inclusive and accessible to all. ADA: MontgomeryParks.org/accessibility
Non-Discrimination: MontgomeryParks.org/about/parks/

f @MontgomeryParks
facebook.com/josiahhensonmuseum

CELEBRATE

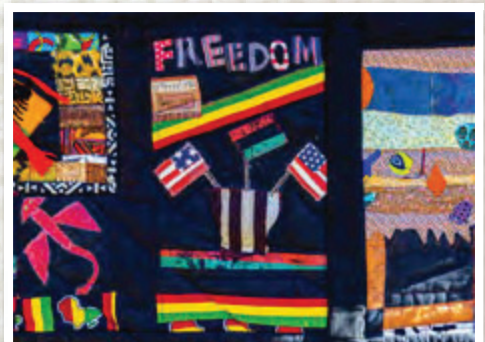
MARYLAND'S EMANCIPATION DAY

MARYLAND FREE!
Slavery Forever Abolished—Proclamation
of Gov. Bradford—The New Constitution
Adopted—The Soldiers' Votes—Opinion
of the Governor. November 1, 1864

NOVEMBER 7 TO 8, 2026 | VARIOUS LOCATIONS

Visit historic sites across Montgomery and Prince George's Counties
to commemorate the end of slavery in Maryland.

Special programming include tours, music, crafts, storytelling and more!



For complete schedule of events visit HistoryInTheParks.org
or PGParks.com



FREE GUIDED TOURS

April through October
2nd and 4th Saturdays
12 to 4 pm

Oakley Cabin

African American Museum & Park

Learn about the African American roadside community that lived and worked on this historic site from emancipation well into the 20th century. Their culture and traditions heavily influenced those of surrounding communities, and their story is deeply woven into Montgomery County's history.



Visiting when the cabin is closed?

Learn about the history of the cabin through the Oakley Cabin Augmented Reality Experience. Scan a series of QR codes onsite for an immersive learning experience.



Maryland Emancipation Days

Saturday, November 7, 2026
12 to 4pm

Celebrate freedom with music, interactive storytelling, hands-on activities, and conversation.

Tour Oakley Cabin, enjoy live music, storytelling, and historic games.

OAKLEY CABIN AFRICAN AMERICAN MUSEUM & PARK

3610 Brookeville Road | Olney, MD 20832 | OakleyCabin.org | 301-650-4373

Share your love of history. Volunteer Opportunities Available.
ParksVolunteers.org



WOODLAWN MANOR CULTURAL PARK



WOODLAWN MANOR
CULTURAL PARK



WOODLAWN MANOR CULTURAL PARK

16501 Norwood Road | Sandy Spring, MD 20860

MCP-WoodlawnPrograms@montgomeryparks.org

301-929-5989 | WoodlawnManor.org

Park grounds and trails open daily sunrise to sunset.
Free of charge.

WOODLAWN MUSEUM

Open April to November

Friday and Saturday 10am to 4pm

Sunday 12 to 4pm

Fee Required.

SPECIAL EVENTS

Maryland Emancipation Day Celebration

Join us on Saturday, November 7 for a day full of history as we commemorate Maryland Emancipation Day!

- **Free admission to the Woodlawn Museum:** 10am to 4pm
- **“Before it was Leisure World, it was the Edmonson Farm.” Lecture:** 11am. Limited tickets available. [Purchase Tickets on ActiveMontgomery.org](https://www.ActiveMontgomery.org)
- **Guided Hike on the Underground Railroad Experience Trail:** 1pm to 2:30pm. Limited tickets available. [Purchase Tickets on ActiveMontgomery.org](https://www.ActiveMontgomery.org)

Location: Woodlawn Manor Cultural Park

Nov 7	Sat	10am to 4pm	All Ages
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Maryland Emancipation Day Celebration Lecture

Juanita Sealy Williams and Dianne Bradley, from the Montgomery History Speakers Bureau, will present “Before it was Leisure World, it was the Edmonson Farm.” This presentation tells the story of Paul Edmonson, a freedman who fought for the freedom of his wife and 14 children. Admission, \$8 per person. Held inside Woodlawn Manor House first floor. Doors open 10:45am. Due to limited seating, advanced registration is recommended at [ActiveMontgomery.org](https://www.ActiveMontgomery.org). Registration closes Friday, November 6 at 12pm. Limited tickets will be available to purchase the day-of at the Visitor Center.

Location: Woodlawn Manor Cultural Park [Purchase Tickets on ActiveMontgomery.org](https://www.ActiveMontgomery.org)

Nov 7	Sat	11am to 12pm	All Ages	\$8
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TEA AT WOODLAWN MANOR

Woodlawn Manor Cultural Park invites you to an educational tea party! Enjoy a traditional Afternoon Tea in the parlor of Woodlawn Manor. Clarksville Caterers has crafted a menu featuring English Tea sandwiches, assorted pastries, and fresh fruit.

Appropriate for ages 12 and up. Manor House doors open at 1:45pm. Part of a quarterly series. Admission: \$55 per person, advance registration required at [ActiveMontgomery.org](https://www.ActiveMontgomery.org).

Tea at Woodlawn Manor: International Underground Railroad Month

In celebration of International Underground Railroad Month, learn about local freedom seekers and the Underground Railroad of Montgomery County through a lecture by Education Program Manager, Christian Murgia. Registration closes Friday, September 4 at 5pm. For more information call (301) 929-5989, or email MCP-WoodlawnPrograms@MontgomeryParks.org.

Location: Woodlawn Manor Cultural Park [Purchase Tickets on ActiveMontgomery.org](https://www.ActiveMontgomery.org)

Sep 19	Sat	2 to 4pm	Ages 12 and up	\$55
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Tea at Woodlawn Manor: Maryland Emancipation

Learn about the aftermath of the Civil War and what it meant for the formerly enslaved in Montgomery County post 1864 through a lecture by Education Program Manager, Christian Murgia. Registration closes Friday, October 30 at 5pm. For more information call (301) 929 – 5989, or email MCP-WoodlawnPrograms@MontgomeryParks.org.

Location: Woodlawn Manor Cultural Park [Purchase Tickets on ActiveMontgomery.org](https://www.ActiveMontgomery.org)

Nov 14	Sat	2 to 4pm	Ages 12 and up	\$55
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HIKES

Guided Hikes on the Underground Railroad Experience Trail

Learn about the experience of 19th century freedom seekers and Montgomery County residents in a guided hike of the Underground Railroad Experience Trail. Discover techniques used for navigation, eluding detection, and finding food/shelter on the perilous journey. Hike covers 2 miles on a natural surface hiking trail; not ADA accessible or appropriate for all strollers. Dress appropriately. Content appropriate for ages 7 and up; fee charged for ages 6 and up. Admission: \$10 for adults, \$8 for seniors and children. Advanced registration highly encouraged. Online ticket sales close day before hike at 12 noon. Limited tickets sold day-of at the Visitor Center.

Location: Woodlawn Manor Cultural Park [Purchase Tickets on ActiveMontgomery.org](https://www.active-montgomery.org/tickets)

Sep 5	Sat	10 to 11:30am	Ages 6 and up	\$8 to \$10
Sep 19	Sat	10 to 11:30am	Ages 6 and up	\$8 to \$10
Oct 3	Sat	10 to 11:30am	Ages 6 and up	\$8 to \$10
Oct 17	Sat	10 to 11:30am	Ages 6 and up	\$8 to \$10
Nov 7	Sat	1 to 2:30pm	Ages 6 and up	\$8 to \$10
Nov 21	Sat	10 to 11:30am	Ages 6 and up	\$8 to \$10

Twilight Trek

Learn historical context and techniques used to navigate the way North to freedom including the challenges and opportunities nighttime travel presented. Traverse the trail with the help of stars and moonlight while learning which plants were helpful along the journey. Participants are highly encouraged to bring a flashlight and wear light colored or reflective clothing. Woodlawn Museum admission included; please arrive 30 minutes prior to the start of the hike to explore the museum. Hike covers approx. 2 miles and lasts 1 ½ hours. The trail is not ADA accessible. Appropriate for ages 15 and up. This limited monthly series is offered May through October and is not available for private bookings. Small social groups are welcome.

Location: Woodlawn Manor Cultural Park [Purchase Tickets on ActiveMontgomery.org](https://www.active-montgomery.org/tickets)

Sep 26	Sat	6:30 to 8pm	Ages 15 and up	\$8 to \$10
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When the Stars Led the Way

This Twilight Trek is a part of the “When the Stars Led the Way” program series. The Gaithersburg Community Museum Latitude Observatory will be onsite with a telescope to view the night sky before the hike begins.

Oct 10	Sat	6 to 8pm	Ages 15 and up	\$8 to \$10
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WOODLAWN MANOR CULTURAL PARK

WOODLAWN MUSEUM

Self-guided exhibits illustrate Montgomery County's agricultural history, enslaved and free black communities, the Quaker experience and the Underground Railroad.

Open April to November

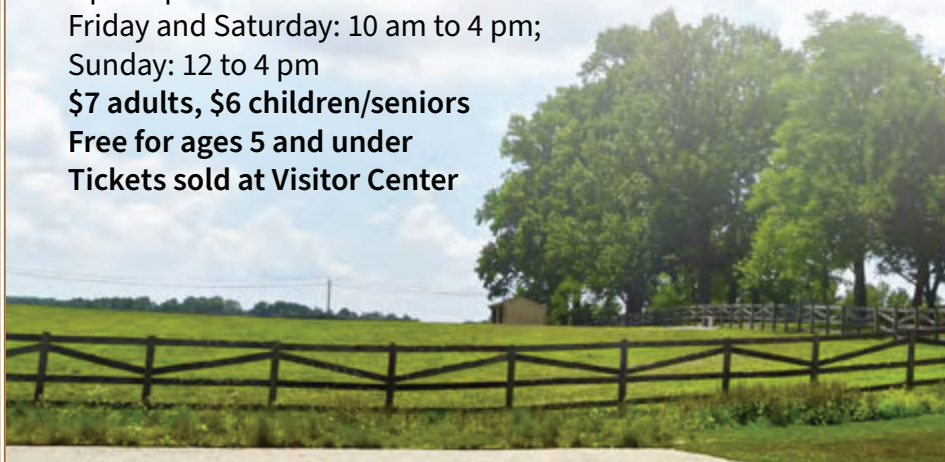
Friday and Saturday: 10 am to 4 pm;

Sunday: 12 to 4 pm

\$7 adults, \$6 children/seniors

Free for ages 5 and under

Tickets sold at Visitor Center



Woodlawn Manor House

Take a guided tour of the 19th century Woodlawn Manor House and learn about the Palmer family that oversaw the farm for nearly 100 years. Learn about the grounds and historic outbuildings and the role they played in this successful farm.

Tour includes indoor and outdoor spaces, including optional spaces that are not ADA accessible.

Open April to November by guided tour only.

Tours offered Saturdays, 11 am and 2 pm; Sundays, 1 pm.

No tours on Sep 19, 20; Nov 7, 14, 15.

Tour length 45 minutes.

\$5 per person. Tickets sold at Visitor Center.

WOODLAWN MANOR CULTURAL PARK

16501 Norwood Road | Sandy Spring, MD 20860

MCP-WoodlawnPrograms@montgomeryparks.org

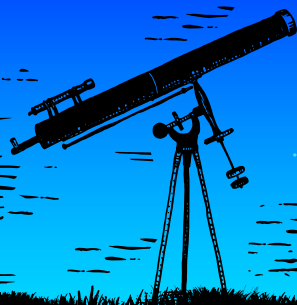
301-929-5989 | WoodlawnManor.org



WOODLAWN MANOR
CULTURAL PARK



When the Stars Led the Way



As we celebrate 250 years of our nation and Montgomery County's history, learn the historical importances of "When the Stars Led the Way."

This three part-series is brought to you by Woodlawn Manor Cultural Park, the Gaithersburg Community Museum Latitude Observatory, and Button Farm Living History Center with programs held at each location.

Twilight Trek on the Underground Railroad Experience Trail

Woodlawn Manor Cultural Park

Saturday, October 10 | 6 to 8pm

Traverse the trail by moonlight and learn nighttime challenges and opportunities for freedom seekers. The Gaithersburg Community Museum Latitude Observatory will be onsite with a telescope to view the night sky before the hike begins.

Admission: \$10 adults, \$8 seniors and children. Advanced registration required. For details, go to WoodlawnManor.org

Skywatching with Telescopes

Gaithersburg Community Museum
Latitude Observatory

Friday, November 13 | 6 to 8pm

Use a telescope to discover objects in the night sky and learn stories of the constellations.

Admission: Free. For details, go to gburg.md/museum

Underground Railroad History Lecture

Button Farm Living History Center

For details, visit buttonfarm.org and menare.org/programs



THE MENARE
FOUNDATION



WOODLAWN MANOR
CULTURAL PARK



55+ PROGRAMS



Montgomery Parks 55+ programs are designed with the growing population of older adults in mind. Try something new in one of our beautiful park locations.

Visit [MoCoParks.org/55andbetter](https://mocoparks.org/55andbetter) for a complete list of programs.

PROGRAMS FOR ADULTS 55 AND UP

Socials for 55+: Nature Printing

Socials for 55+ is a program designed for adults ages 55 and older that encourages creativity, social connection, and lifelong learning through engaging seasonal activities. Discover the beauty of nature through creative printing techniques using flowers, leaves, and sunlight or gentle hammering methods to create unique botanical art. The goal of this program is to spark creativity while fostering social connection and a sense of relaxation. A detailed reminder will be sent the week of the program.

Location: Meadowbrook Local Park [Register on Active Montgomery](#) | **Activity: PPACC0002**

Sep 18	Fri	10:30am to 12pm	Ages 55 and up	\$8	1 class	PPACC0002-300001
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Birdability Week's Socials for 55+: Compostable Bird Feeders

Socials for 55+ is a program designed for adults ages 55 and older that encourages creativity, social connection, and lifelong learning through engaging seasonal activities. Create an eco-friendly bird feeder using compostable and natural materials that help support local birds and wildlife. The goal of this program is to spark creativity while fostering social connection and a sense of relaxation. A detailed reminder will be sent the week of the program.

Location: Sligo Dennis Avenue Park Activity Building [Register on Active Montgomery](#) | **Activity: PPACC0002**

Oct 23	Fri	10:30am to 12pm	Ages 55 and up	\$8	1 class	PPACC0002-300002
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55+ PROGRAMS

55+ Kayaking for Beginners

Kayaking is even more fun than it looks, plus it has numerous health and physical benefits! Come learn how to paddle on flat water in recreational solo kayaks on Little Seneca Lake. Learn basic strokes, entries and exits, boat control, and more, taught by certified American Canoe Association instructors. You may get wet, so dress accordingly. All necessary equipment provided, and adaptive equipment will be available for those needing assistance getting in and out of the kayak. Please wear a hat, water sandals or shoes (no flip-flops, please) and bring water and sunscreen. Expect to get your feet wet and your clothes a bit damp. You must be able to swim. Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required. A detailed email will be sent the week of the program as a reminder.

Location: Black Hill Discovery Center [Register on Active Montgomery](#) | **Activity: PPACC0010**

Sep 2	Wed	2:30 to 4:30pm	Ages 55 and up	\$60	1 class	PPACC0010-300001
Oct 4	Sun	12 to 2pm	Ages 55 and up	\$60	1 class	PPACC0010-300002

55+ Lake Tour by Kayak

Want to watch wildlife or just enjoy a peaceful paddle? Then join us for a leisurely kayak tour of Little Seneca Lake. We could see beaver, herons, maybe even a bald eagle. We'll supply boats, paddles, and PFD's. Adaptive equipment will be available to assist participants in getting in and out of the kayak. Please wear a hat, water sandals or shoes (no flip-flops, please) and bring water and sunscreen. You can expect to get your feet wet and your clothes a bit damp. Basic paddling experience is necessary (this is not a lesson). Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required.

Location: Black Hill Discovery Center [Register on Active Montgomery](#) | **Activity: PPACC0009**

Sep 13	Sun	9 to 11am	Ages 55 and up	\$30	1 class	PPACC0009-300001
Oct 7	Wed	3 to 5pm	Ages 55 and up	\$30	1 class	PPACC0009-300002
Nov 8	Sun	3 to 5pm	Ages 55 and up	\$30	1 class	PPACC0009-300003

Nature Book Club for 55+

Join our 55+ Nature Book Club and become part of a community that celebrates the beauty of literature and the outdoors! Explore a range of books centered around nature, wildlife, conservation, and environmental issues. Please complete membership registration to stay updated on the meeting schedule, book information, and club announcements. Each month, our members vote on the next book to read, ensuring a diverse and engaging reading list.

[Join the Nature Book Club on ActiveMontgomery.org](#)

<i>Virtual</i>	Sep 15	Tue	6 to 7:30pm	Ages 55 and up	Free	1 class
<i>Sligo Dennis Avenue Local Park</i>	Oct 20	Tue	6 to 7:30pm	Ages 55 and up	Free	1 class
<i>Virtual</i>	Nov 17	Tue	6 to 7:30pm	Ages 55 and up	Free	1 class



MONTGOMERY COUNTY MARYLAND

FOR RESIDENTS 55+



Oct. 5-11



Go, Grow and Get Active!



SAVE THE DATE

During this week, individuals are invited to attend FREE programs and activities to help Go, Grow and Get Active!



SCAN

★ SIGNATURE EVENT ★

Monday, Oct. 5 • 9 a.m. – 1:30 p.m.

Check in starts at 9 a.m.

Wellness Programs and Activities • 9:30 a.m. - Noon

Health Fair • 9:30 a.m. - 1:30 p.m.

Vendor Fair • Noon - 1:30 p.m.

Nancy H. Dacek North Potomac CRC
13850 Travilah Road, Rockville

*To learn more about changing the way you age, visit ActiveAgingWeek.com
Registration is required for the event. Registration will open on Aug. 11*



ADAPTIVE PROGRAMS



Fun and inclusive programs tailored for individuals with disabilities and their community, aiming to increase leisure skills, foster independence, and encourage social connections.



MOUNTAIN BIKING

Montgomery Parks Program Access Office is proud to partner with our Natural Surface Trails team, Catalyst Sports, and Mid-Atlantic Off Road Enthusiasts to provide community members with disabilities the opportunity to experience mountain biking.

- Our programs are designed for:
- First-time riders who want to learn the sport
 - Returning riders looking to build skills and confidence
 - Experienced riders ready to tackle longer and more technical trails

Please review each program description carefully to select the one that best matches your experience and skill level. For questions, contact our Inclusion & Adaptive Sports Specialist, Amanda.Espinoza@montgomeryparks.org. 240-961-1113 For additional information visit the Adaptive Mountain Biking webpage: MoCoParks.org/amb

Adaptive Mountain Biking Clinic

All experience levels are welcome to join Montgomery Parks and Catalyst Sports to take part in the thrill of mountain biking. A variety of adaptive mountain bikes will be available for participants with disabilities to borrow, ensuring you have the right equipment to fit your needs. Detailed information about available bikes, eligibility requirements, and trails at Little Bennett Regional Park will be provided upon registration and on our event webpage. Each 90-minute session will include: - Transfer and bike fitting - Instruction on the bike - Time to ride the trails Volunteer ride leaders and support riders will guide participants on the trails and help ensure a safe ride. Sign up for your preferred session time, 10:30am to 12:00pm or 1:00pm to 2:30pm, during registration. We will confirm your time slot based on bike availability. Participants must complete an adaptive sports intake form and consultation before attending. Registration is required.

Location: Little Bennett Regional Park [Register on Active Montgomery | Activity: PPACC0019](#)

Nov 7	Sat	10:30am to 2:30pm	Ages 16 and up	Free	1 class	PPACC0019-300001
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Adaptive Mountain Biking Roots-to-Rocks Group Ride

Returning riders seeking to build skills and confidence on adaptive mountain bikes while improving physical fitness in a group ride setting are welcome to join our Adaptive Mountain Biking Roots-to-Rocks Group Ride, part of Montgomery Parks’ Roots-to-Rocks mountain biking program. This family-friendly, “party pace” ride is designed to support continued skill development while providing opportunities to access the outdoors in a safe, inclusive, and enjoyable environment for all participants. Riders will be accompanied by volunteer support riders to ensure a positive experience on rides averaging 5 miles. Participants can sign up to ride our Lasher Recumbent Handcycle or TerraTrike Recumbent Foot-Pedal Trike, depending on which bike best fits their needs. Bike assignments are based on availability on a first-come, first-served basis. Registration is required.

Lasher Recumbent Handcycle: An all-terrain handcycle designed for comfort and control, featuring adjustable seat settings, hand-operated braking, steering, and propulsion, with power assist for challenging terrain. This bike is suitable for riders with grip strength to use a hand brake, and transfers require some lower limb flexibility. The riding position is seated, recumbent, and low, offering a stable and enjoyable ride for all skill levels.

TerraTrike All Terrain Recumbent Foot Pedal: A foot-pedaled recumbent bike designed for trail riding in a seated position. Features a wide range of gears, with a wide track for added balance. This bike is suitable for riders who can pedal but require the stability and seating position of a recumbent bike. Grip strength is needed to operate the brakes. Two bikes available; one with power assist and one without.

Location: *Wheaton Regional Park* [Register on Active Montgomery | Activity: PPACC0012](#)

Sep 3	Thu	5 to 7pm	Ages 16 and up	Free	1 class	PPACC0012-300001
Oct 1	Thu	5 to 7pm	Ages 16 and up	Free	1 class	PPACC0012-300002



Lasher Recumbent Handcycle



TerraTrike All Terrain with Power Assist

ADAPTIVE PROGRAMS

Adaptive Mountain Biking Group Ride

Experienced returning riders looking to tackle longer or more technical trails are welcome to join our Adaptive Mountain Biking Group Rides. These monthly rides, offered in partnership with Catalyst Sports and the Mid-Atlantic Off Road Enthusiasts, provide opportunities for fun, social rides for both adaptive athletes and mountain biking volunteers. Multiple pace groups may be offered, with rides averaging 8 to 10 miles. Riders will be accompanied by volunteer ride leaders and support riders to ensure a safe and supportive experience. Information about available handcycle, foot-pedal, and prone bikes can be found on the program webpage. Bike assignments are based on availability on a first-come, first-served basis. Registration is required.

[Register on Active Montgomery | Activity: PPACC0026](#)

<i>Fairland Recreational Park</i>	Sep 25	Fri	5:30 to 7pm	Ages 16 and up	Free	1 class	PPACC0026-300001
<i>Black Hill Regional Park</i>	Oct 23	Fri	5:30 to 6:30pm	Ages 16 and up	Free	1 class	PPACC0026-300002

KAYAKING

Adaptive Kayaking Clinic

Participants with disabilities are welcome to join our Adaptive Kayaking Clinic on the calm, flat waters of Seneca Creek and the Potomac River. Offered in partnership with Team River Runner, this program is designed to support participants in learning new skills, improving physical fitness, enjoying time in nature, and building social connections within a supportive community. The program provides adaptive equipment such as transfer benches, hand and wrist supports, stabilizing outriggers, and supportive seating systems to enhance access and comfort for participants who benefit from physical supports. Participants must complete an adaptive sports intake form and consultation prior to attending. Registration is required.

Location: Seneca Landing Boat Ramp [Register on Active Montgomery | Activity: PPACC0005](#)

Sep 23	Wed	5:30 to 7pm	Ages 16 and up	Free	1 class	PPACC0005-300001
Oct 14	Wed	5:30 to 7pm	Ages 16 and up	Free	1 class	PPACC0005-300002

Adaptive Kayaking: Witchy Paddle

Pack your potions and dust off your brooms to join an inclusive and accessible sunset paddle across Little Seneca Lake as part of the annual Witchy Paddle. This program is designed for adults with disabilities who would benefit from additional physical support or adaptive kayaking equipment, such as transfer benches, hand and wrist supports, stabilizing outriggers, and supportive seating systems. This is not a lesson, and prior kayaking experience is required. Our trained staff will be available to ensure a safe and enjoyable experience on calm, flat water. Adaptive equipment and essential gear, including PFDs and paddles, will be provided. After paddling, participants can end the evening shoreside enjoying a campfire, live music, food, and drinks. Participants must have a documented disability and be at least 16 years old. Costumes are encouraged, and registration is required.

Location: Black Hill Discovery Center [Register on Active Montgomery | Activity: PPACC0031](#)

Oct 24	Sat	4 to 7pm	Ages 16 and up	Free	1 class	PPACC0031-300001
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MEANINGFUL DAY

Montgomery Parks' Meaningful Day programs offer adults with intellectual and developmental disabilities free opportunities to stay active and connect with the community while enjoying the great outdoors. Advanced registration required for all programs.

Meaningful Day: Therapeutic Recreation Kayaking Lesson

Join us for a fun, inclusive experience on the calm waters of Little Seneca Lake. Participants with intellectual and developmental disabilities will learn kayaking skills like basic strokes, entries and exits, boat control, and more taught by certified instructors. Our trained staff will ensure a safe and enjoyable program. All necessary equipment is provided, including kayaks, paddles, and life jackets (PFDs). Participants must complete an adaptive sports intake form and consultation prior to attending. Registration is required.

Location: Black Hill Discovery Center [Register on Active Montgomery | Activity: PPACC0013](#)

Sep 2	Wed	10am to 12pm	Ages 18 and up	Free	1 class	PPACC0013-300001
Oct 21	Wed	10am to 12pm	Ages 18 and up	Free	1 class	PPACC0013-300002

Meaningful Day: Therapeutic Recreation Bocce

Join Program Access and the Special Olympics of Maryland for a 6-week bocce league at Wheaton Regional Park! Over the course of the program, participants with intellectual and developmental disabilities will have the opportunity to learn the game, build social skills, and improve their personal fitness. Registration for the full series is required. Program Objectives: Improve physical fitness, increase social connection, learn new bocce skills.

Location: Wheaton Regional Park [Register on Active Montgomery | Activity: PPACC0015](#)

Oct 1 to Nov 5	Thu	10:30am to 12pm	Ages 18 and up	Free	6 classes	PPACC0015-300001
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Meaningful Day: Trail Trekkers

Join Trail Trekkers, a 6-week inclusive walking program for individuals with disabilities, their friends, family, and community members. Walk along accessible trails enjoy nature, and connect with others. Share conversations, make new friends, and have fun while staying active outdoors. Registration for the full series is required. Program objectives: Improve physical fitness, increase social connection, learn new nature-based skills.

[Register on Active Montgomery | Activity: PPACC0014](#)

<i>Wheaton Regional Park</i>	Sep 8 to Oct 13	Tue	10:30 to 11:30am	Ages 18 and up	Free	6 classes	PPACC0014-300002
<i>Fairland Recreational Park</i>	Oct 20 to Nov 24	Tue	10:30 to 11:30am	Ages 18 and up	Free	6 classes	PPACC0014-300001

Meaningful Day: Therapeutic Recreational Fitness Boot Camp

Sponsored by SoldierFit, this specialized four-week fitness class is designed for adults with intellectual and developmental disabilities. Participants will receive hands-on group training, personalized modifications, and easy to follow instructions. The coaches will guide individuals through safe, effective movements that will help improve strength, mobility, balance and overall fitness while respecting any physical limitations. The program will feature low-impact strength training, a focus on mobility and stability, and a supportive coaching environment. The program is free, but registration is required. Program Objectives: increase personal fitness, learn new fitness skills, build personal relationships with other participants.

Location: Wheaton Regional Park [Register on Active Montgomery | Activity: PPACC0030](#)

Sep 3 to 24	Thu	10:30am to 12pm	Ages 18 and up	Free	4 classes	PPACC0030-300001
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Meaningful Day: Gardening Club

The Meaningful Day Gardening Club offers a welcoming space for adults with intellectual and developmental disabilities to build basic gardening skills while connecting with peers through shared experiences. Participants will work with herbs and small produce using hands-on, beginner-friendly activities that encourage learning, conversation, and teamwork. The program focuses on skill-building, social connection, and well-being in a relaxed, supportive environment. For most dates, we will meet at Maydale Nature Center. On 10/12, we will meet at Brookside Gardens. Registration required. Program Objectives: Engage in social connection, learn new gardening skills. No class on 10/5.

Location: Maydale Nature Classroom [Register on Active Montgomery | Activity: PPACC0024](#)

Sep 14 to Oct 26	Mon	10:30am to 12pm	Ages 18 and up	Free	6 classes	PPACC0024-300001
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Meaningful Day: Campfire Chats

Gather around the fire for conversation. Campfire Chats is a therapeutic recreation program for adults with intellectual and developmental disabilities that blends the warmth of nature with supportive social engagement. Each session features open dialogue, reflective prompts, creative expression, and mindful moments—all in a relaxed, inclusive outdoor setting. On good weather days, we will enjoy a treat together outdoors at the end of the program. Program Objectives: Build relaxation and well-being habits, foster social connection.

[Register on Active Montgomery | Activity: PPACC0020](#)

<i>Tilden Woods Local Park</i>	Autumn Harvest	Sep 16	Wed	10:30am to 12pm	Ages 18 and up	Free 1 class	PPACC0020-300001
<i>Maydale Nature Classroom</i>	Birdability Week - Happy Bird-Day, Campfire Chats!	Oct 21	Wed	10:30am to 12pm	Ages 18 and up	Free 1 class	PPACC0020-300002
<i>Maydale Nature Classroom</i>	Hibernation Hustle	Nov 18	Wed	10:30am to 12pm	Ages 18 and up	Free 1 class	PPACC0020-300003

Meaningful Day: Park Clean-Up

Kick-off the fall the right way by cleaning up your local park! Adults with intellectual and developmental disabilities are invited to join Program Access and the Watershed Cleanups Volunteer Program to enjoy time outdoors, clean-up trash in Plumgar Local Park, and learn more about how we take care of our parks. Montgomery Parks will provide gloves, trash bags, and any necessary tools. **Participant registration for the whole series is required.** Participant goals include creating giving back to the community, forming new friendships, and improving physical fitness. This once monthly program will meet on 9/2, 10/7, and 11/4. **Program Objectives:** creating community, foster social connection, and improving physical fitness.

Location: Plumgar Local Park [Register on Active Montgomery](#) | **Activity: PPACC0028**

Sep 2; Oct 7; Nov 4	Wed	10:30am to 12pm	Ages 18 and up	Free	3 classes	PPACC0028-30001
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MEMORY CAFÉ

Memory Cafe at Meadowside Local Park

The Memory Café at Meadowbrook Local Park is offered through a partnership between Carpe Diem Arts and Montgomery Parks, bringing creativity into the natural beauty of the park setting. Designed for individuals experiencing memory change and their care partner, the café invites pairs to participate side by side in therapeutic arts experiences inspired by nature and taught by master teaching artists. With welcoming activities, relaxed social time, and light refreshments, participants share meaningful moments, creative expression, and a growing sense of community. Indoors/outdoors (weather permitting). Registration is for all sessions and is required. Please only register the person with memory changes. The program meets twice per month on the following dates from 10:00am to 12:00pm: 9/11, 9/25, 10/9, 10/23, 11/13, 11/20. **Program objectives:** Engage in social activities, develop meaningful interests and hobbies that can be integrated into the home, maintain or increase fitness levels.

Location: Meadowbrook Local Park [Register on Active Montgomery](#) | **Activity: PPACC0023**

Sep 11 to Nov 20	Fri	10am to 12pm	Ages 18 and up	Free	6 classes	PPACC0023-30001
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Adaptive Mountain Biking Clinic



This program is designed exclusively for individuals with disabilities to experience the thrill of mountain biking. A variety of adaptive bikes will be available to borrow through a partnership with Catalyst Sports.

Support riders will join the participants on the trail to provide assistance and ensure safety throughout the ride.



Registration Required

Scan the QR code or go to:

[MoCoParks.org/AdaptiveMountainBiking](https://moquiparks.org/AdaptiveMountainBiking)

For more information and to review the essential eligibility requirements, please visit:
MontgomeryParks.org/events/adaptive-mountain-biking/

Saturday, November 7, 2026

Little Bennett Regional Park
26029 Prescott Road
Clarksburg, MD 20871

10:30 a.m. to 12 p.m.
1 to 2:30 p.m.

Please select your preferred timeslot during registration.

Free

Age Range: 16 and up

Interested in Volunteering?

Sign up at: **[MoCoParks.org/AMBclinicVolunteer](https://moquiparks.org/AMBclinicVolunteer)**



Montgomery Parks is dedicated to providing quality services and programs that are inclusive and accessible to all.

ADA: ProgramAccess@MontgomeryParks.org

Non-Discrimination: MontgomeryParks.org/about/parks/

**PROGRAM
ACCESS**



Birdability Week

October 19 to 25

Montgomery Parks is hosting a series of events celebrating birds, nature, and inclusion!



Learn the basics of birding and bird identification



Join a guided bird walk



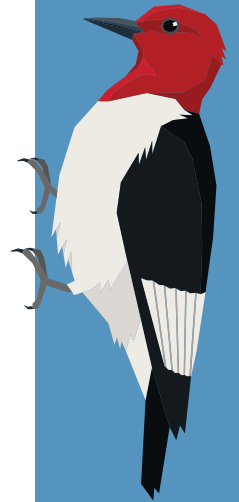
Create an eco-friendly bird feeder



Discover how Montgomery Parks is making birding more welcoming and accessible.

Whether you're a seasoned birder or just bird-curious, these inclusive programs invite you to explore the vibrant bird life in Montgomery Parks.

For more information visit: [**MoCoParks.org/Birdability**](https://MoCoParks.org/Birdability)





FITNESS
Pilates Mat

A level 1 Pilates Mat class taught following the traditional movements of Joseph Pilates, interspersed with contemporary movements. The emphasis is on core strengthening and toning. Pilates Mat increases flexibility, builds muscle and core strength, and helps improve range of motion-plus it’s fun! Exercise to your favorite songs provided by a certified Pilates instructor.

[Register on Active Montgomery | Activity: PPACT0022](#)

Argyle Local Park	Sep 24 to Nov 19	Thu	12 to 12:45pm	Ages 18 and up	\$90	9 classes	PPACT0022-300001
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POUND Fitness

Unleash your inner Rockstar! POUND is a drumming-inspired cardio outdoor workout that uses Ripstix (lightly weighted drumsticks) to tone your body. Infused with Pilates based movements, strength training and plyometrics, you'll leave class feeling alive, confident and strong! It's a perfect way to destress after your workday. Let's jam to the beat of good music, move your body, and have fun!

Location: Norbeck-Muncaster Mill Park [Register on Active Montgomery](#) | **Activity: PPACT0004**

Sep 10 to Oct 22	Thu	5 to 5:45pm	Ages 18 and up	\$54	6 classes	PPACT0004-300001
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Toddler and You Yoga

Dance, sing and frolic with your toddler while learning yoga poses, participating in creative movement and learning breathing exercises and other methods small children can use for self calming.

Location: Tilden Woods Local Park [Register on Active Montgomery](#) | **Activity: PPACT0006**

Sep 10 to Nov 12	Thu	10 to 10:45am	Ages 2 to 5 plus one adult	\$120	10 classes	PPACT0006-300001
Sep 19 to Nov 21	Sat	11:15am to 12pm	Ages 2 to 5 plus one adult	\$108	9 classes	PPACT0006-300003

55+ Yoga for Strength and Vitality

Focusing on building strength and flexibility to promote healthy aging. This class is mat-based, but will have chairs available to modify poses and make the practice accessible to most levels.

[Register on Active Montgomery](#) | **Activity: PPACT0017**

<i>Tilden Woods Local Park</i>	Sep 10 to Nov 12	Thu	11am to 12pm	Ages 55 and up	\$90	10 classes	PPACT0017-300001
<i>Capitol View-Homewood Local Park</i>	Sep 10 to Nov 12	Thu	12:30 to 1:30pm	Ages 55 and up	\$90	10 classes	PPACT0017-300002
<i>Veirs Mill Local Park</i>	Sep 10 to Nov 12	Thu	3 to 4pm	Ages 55 and up	\$90	10 classes	PPACT0017-300003
<i>Veirs Mill Local Park</i>	Sep 14 to Nov 16	Mon	3:30 to 4:30pm	Ages 55 and up	\$90	10 classes	PPACT0017-300004
<i>Tilden Woods Local Park</i>	Sep 15 to Nov 24	Tue	10 to 11am	Ages 55 and up	\$81	9 classes	PPACT0017-300005
<i>Capitol View-Homewood Local Park</i>	Sep 15 to Nov 24	Tue	1 to 2pm	Ages 55 and up	\$90	10 classes	PPACT0017-300006
<i>Tilden Woods Local Park</i>	Sep 19 to Nov 21	Sat	10 to 11am	Ages 55 and up	\$81	9 classes	PPACT0017-300007

Midday Reset Yoga

Need a break from your busy day? In this 45-minute class, experience a combination of movement and the restorative practice of yoga nidra, known as “yogic sleep”. The first half of class will be devoted to a gentle flow to release tension and prepare for the transition to yoga nidra in the second half. Yoga nidra features breath awareness, body scanning, and visualization to guide you into a state of deep relaxation. The session wraps up with energizing techniques, such as breathwork and simple movements, to help you return to your day with clarity and focus. Perfect for anyone seeking a midday reset!

Location: Kensington Cabin Local Park [Register on Active Montgomery | Activity: PPACT0019](#)

Sep 28 to Oct 26	Mon	12:15 to 1pm	Ages 18 and up	\$40	4 classes	PPACT0019-300001
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Rise & Shine Flow Yoga

Rise & Shine Flow Yoga is intended to gently wake up the body and mind, and set yourself up for a positive day ahead. These classes combine breathwork, movement, and mindful sequences to build strength, flexibility, and balance, which promotes both physical and mental well-being. Options will be offered in poses, enabling individuals of varying abilities to create a yoga practice that is accessible and safe.

Location: Capitol View-Homewood Local Park [Register on Active Montgomery | Activity: PPACT0028](#)

Sep 16 to Nov 25	Wed	8:30 to 9:30am	Ages 18 and up	\$90	10 classes	PPACT0028-300001
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Dance Fitness

Get moving and the fitness will follow! Alternated between high and low intensity cardio-dance moves designed to maximize your calorie-burning potential, release joy, tone muscle, improve heart health and overall mood. It's your feel-good movement therapy to upbeat music that can adapt to your fitness level and where you always fit in.

Location: Clarksburg Neighborhood Park [Register on Active Montgomery | Activity: PPACT0008](#)

Sep 14 to Oct 26	Mon	6 to 7pm	Ages 16 and up	\$63	7 classes	PPACT0008-300001
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Dance Fitness: November Moves with Gratitude

Fall into Fitness! Every Monday in November leading up to Thanksgiving-give back to your body with a dance fitness mini series. Burn it to earn it this harvest holiday season and balance out holiday stress. Get moving and the fitness will follow! Alternated between high and low intensity cardio-dance moves designed to maximize your calorie-burning potential, release joy, tone muscle, improve heart health and overall mood. It's your feel-good movement therapy to upbeat music that can adapt to your fitness level and where you always fit in.

Location: Clarksburg Neighborhood Park [Register on Active Montgomery | Activity: PPACT0040](#)

Nov 2 to 30	Mon	6 to 7pm	Ages 16 and up	\$45	5 classes	PPACT0040-300001
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HORTICULTURAL

Canopy Connection for 55+

EmBARK on a tree climbing adventure into the treetops, reach out and touch the trees. Remember the days when climbing a tree was a form of exercise. Come climb a tree with the professionals and have fun again. This hands-on course offers a unique opportunity to learn the basics of ropes, how to tie basic knots, proper techniques to ascend ropes, and safety equipment used for tree climbing.

Location: Clarksburg Neighborhood Park [Register on Active Montgomery](#) | **Activity: PPACT0013**

Oct 9	Fri	9am to 12pm	Ages 55 and up	\$75	1 class	PPACT0013-300003
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EDUCATIONAL

iPhone 911: Settings for Personal Safety & Protection

This hands-on workshop will help protect your privacy, safeguard your personal information, and reduce the risk of scams. You'll learn how to set up and share your Medical ID, avoid scam calls and texts, protect your data on public Wi-Fi, manage your Apple ID securely, and understand Apple's Digital Legacy options. Bring your fully charged iPhone, and you'll leave with greater confidence, peace of mind, and practical tools to keep your information secure. A helpful handout will also be provided to guide you after the session. Register for one or for all three iPhone workshops!

Location: Kensington Cabin Local Park [Register on Active Montgomery](#) | **Activity: PPACT0030**

Oct 28	Wed	10 to 11:30am	Ages 55 and up	\$20	1 class	PPACT0030-300001
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How to Navigate the iPhone Photo Library

This hands-on workshop will help you take control of your iPhone Photo Library so you can quickly find, organize, and enjoy your photos. We'll cover how to use Collections, how to customize how your library appears, and how to create albums in a way that works for you. You'll leave with practical strategies to feel more confident and in control when searching for "that photo". A helpful handout will also be provided to guide you after the session. Register for all three iPhone workshops!

Location: Kensington Cabin Local Park [Register on Active Montgomery](#) | **Activity: PPACT0038**

Nov 4	Wed	10 to 11:30am	Ages 55 and up	\$20	1 class	PPACT0038-300001
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Decluttering your Digital Photos on your iPhone

A hands-on workshop where you will clear out the photos you don't need and bring order to the ones you love. Learn how to quickly identify and delete exact duplicates, near duplicates, duds, and unnecessary screenshots or videos. You'll leave with a cleaner library and straightforward routines to keep it that way. A helpful handout will also be provided to guide you after the session. Register for one or for all three iPhone workshops!

Location: Kensington Cabin Local Park [Register on Active Montgomery](#) | **Activity: PPACT0039**

Nov 18	Wed	10 to 11:30am	Ages 55 and up	\$20	1 class	PPACT0039-300001
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MOUNTAIN BIKING

A limited number of bikes and helmets are available to borrow for all Roots to Rocks programs. For those who bring their own bicycle, please ensure that the bike is in safe working order prior to attending the program. Participants must wear closed toe shoes and provide their own water bottle/hydration pack. It is also recommended that participants wear sunscreen, bike gloves, and above the ankle socks. Reminder to check the email Inbox associated with the registered participant prior to the event for information specific to your program. In the event of inclement weather, we will either cancel our program or adjust it to accommodate. If we must cancel a program, we will do our best to notify you 24 hours in advance.

(*) indicates adaptive mountain bikes can be reserved for this ride. See page XX for more details, or contact our Program Access team 301-495-2581, ProgramAccess@MontgomeryParks.org

Roots to Rocks - Learn to Ride

This is a perfect way to learn the basics of biking from certified bike coaches. We have a limited number of bikes and helmets available to borrow (we will ask to hold something as collateral during the program – cell phone/credit card/etc.). For those who bring their own bicycle, ensure that the bike is in safe working order PRIOR to attending the group ride. Program requirements: Ages 6 and up, must bring a positive attitude, get ready to have fun! Participants must wear closed toe shoes and provide their own water bottle/hydration pack. It is recommended that participants wear: sunscreen, bike gloves, and above the ankle socks. Reminder to check the email Inbox associated with the REGISTERED participant prior to the event for information specific to your program. In the event of inclement weather, we will either cancel our program or adjust it to accommodate. If we must cancel a program, we will do our best to notify you 24hrs in advance.

[Register on Active Montgomery | Activity: PPSDT0001](#)

<i>Fairland Recreational Park</i>	Sep 5	Sat	10am to 12pm	Ages 6 and up	Free	1 class	PPSDT0001-300001
<i>Black Hill Regional Park</i>	Oct 18	Sun	10am to 12pm	Ages 6 and up	Free	1 class	PPSDT0001-300003
<i>Black Hill Regional Park</i>	Nov 21	Sat	10am to 12pm	Ages 6 and up	Free	1 class	PPSDT0001-300004



Roots to Rocks - Group Mountain Bike Ride

This is a no rider left behind group ride—think “party pace.” There will likely be some “session-ing” and skills instruction along the way. This is a perfect way to meet other riders and build skills on your bike. We have a limited number of bikes and helmets available to borrow (we will ask to hold something as collateral during the program—cell phone/credit card/etc.). For those who bring their own bicycle, ensure that the bike is in safe working order PRIOR to attending the group ride. Program pre-requisites: Ages 6 and up, must know how to ride a bicycle, must know how to operate a bicycle with gears/hand brakes (no coaster brakes). Participants must wear closed toe shoes and provide their own water bottle/hydration pack. It is also recommended that participants wear: sunscreen, bike gloves, and above the ankle socks. No more spots available? Contact todd.bauer@montgomeryparks.org to let us know you would like to join. We prefer that you pre-register for the program, however drop-in participants are welcome. Loaner bikes are first come first serve; any registrants who have requested a bike will get priority over drop in participants. Please note drop-ins will not be notified of program changes unless an email has been sent letting us know they are joining so we can include them.

Register on Active Montgomery | Activity: PPSDT0002

<i>Wheaton Regional Park</i>	Sep 3	Thu	5 to 7pm	Ages 6 and up	Free	1 class	PPSDT0002-300002
<i>Northwest Branch Stream Valley Trails</i>	Sep 11	Fri	5 to 7pm	Ages 6 and up	Free	1 class	PPSDT0002-300003
<i>Burnt Mills East Special Park</i>	Sep 17	Thu	5 to 7pm	Ages 6 and up	Free	1 class	PPSDT0002-300004
<i>Great Seneca Stream Valley Park</i>	Oct 3	Sat	10am to 12pm	Ages 6 and up	Free	1 class	PPSDT0002-300005
<i>Wheaton Regional Park</i>	Oct 1	Thu	5 to 6:45pm	Ages 6 and up	Free	1 class	PPSDT0002-300006
<i>Cabin John Regional Park</i>	Sep 24	Thu	5 to 7pm	Ages 6 and up	Free	1 class	PPSDT0002-300007
<i>Oak Ridge Conservation Park</i>	Sep 26	Sat	10am to 12pm	Ages 6 and up	Free	1 class	PPSDT0002-300008
<i>Oak Ridge Conservation Park</i>	Oct 22	Thu	5 to 6:15pm	Ages 6 and up	Free	1 class	PPSDT0002-300009
<i>Little Bennett Regional Park</i>	Oct 16	Fri	5 to 6:30pm	Ages 6 and up	Free	1 class	PPSDT0002-300013
<i>Black Hill Regional Park</i>	Oct 29	Thu	5 to 6pm	Ages 6 and up	Free	1 class	PPSDT0002-300014
<i>Wheaton Regional Park</i>	Nov 15	Sun	10am to 12pm	Ages 6 and up	Free	1 class	PPSDT0002-300015
<i>Black Hill Regional Park</i>	Nov 21	Sat	1 to 3pm	Ages 6 and up	Free	1 class	PPSDT0002-300018

Roots to Rocks for 55+

Join the Roots to Rocks team for a mountain bike ride exclusively for folks 55+. Our instructors will go over the basics of bikes and bike handling skills in a supportive environment. These rides are great for people who have some riding experience, but you don't need to be a seasoned veteran. This is a perfect way to learn the basics of biking from certified bike coaches. We have a limited number of bikes and helmets available to borrow. For those who bring their own bicycle, ensure that the bike is in safe working order PRIOR to attending the group ride. Program requirements: Ages 55 and up, must bring a positive attitude, get ready to have fun! Participants must wear closed toe shoes and provide their own water bottle/hydration pack. It is recommended that participants wear: sunscreen, bike gloves, and above the ankle socks. Reminder to check the email Inbox associated with the REGISTERED participant prior to the event for information specific to your program. In the event of inclement weather, we will either cancel our program or adjust it to accommodate. If we must cancel a program, we will do our best to notify you 24hrs in advance.

Black Hill Regional Park [Register on Active Montgomery | Activity: PPSDT0004](#)

Sep 13	Sun	10am to 12pm	Ages 55 and up	Free	1 class	PPSDT0004-100002
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Roots to Rocks - Bike Park Day

Come out to the bike parks to hang out and ride with the Roots to Rocks coaches! We will be “session-ing” the pump track, features and progressive jumps with some individualized skills instruction along the way. This is a perfect way to meet other riders and build skills on your bike. We have a limited number of bikes and helmets available to borrow (we will ask to hold something as collateral during the program—cell phone/credit card/etc.). For those who bring their own bicycle, ensure that the bike is in safe working order PRIOR to attending the group ride. Program pre-requisites: Ages 6 and up, must know how to ride a bicycle, must know how to operate a bicycle with gears/hand brakes (no coaster brakes)

[Register on Active Montgomery | Activity: PPSDT0002](#)

<i>Wheaton Regional Park</i>	Nov 15	Sun	1 to 3pm	Ages 6 and up	Free	1 class	PPSDT0002-300016
<i>South Germantown Recreational Park</i>	Nov 1	Sun	1 to 3pm	Ages 6 and up	Free	1 class	PPSDT0002-300017
<i>South Germantown Recreational Park</i>	Sep 19	Sat	1 to 3pm	Ages 6 and up	Free	1 class	PPSDT0002-300019
<i>South Germantown Recreational Park</i>	Nov 28	Sat	1 to 3pm	Ages 6 and up	Free	1 class	PPSDT0002-300020



Roots to Rocks - Bike Clinics - Pump Track

This is a perfect way to expand on your skills aboard a bicycle from certified bike coaches. Depending on the location you can expect a program that includes: bike set up and safety, body position, shifting and cadence, looking ahead, effective braking and more!. Please pay attention to the location of the program as some programs will require dirt tires. We have a limited number of bikes and helmets available to borrow (we will ask to hold something as collateral during the program—cell phone/credit card/etc.). For those who bring their own bicycle, ensure that the bike is in safe working order PRIOR to attending the group ride. Requirements: Ages 6+, must already know how to ride a bicycle with gears, must bring a positive attitude—get ready to have fun! Participants must wear closed toe shoes and provide their own water bottle/hydration pack. It is also highly encouraged that participants wear bike gloves and above the ankle socks. Reminder to check the email inbox associated with the REGISTERED participant prior to the event for information specific to your program. In the event of inclement weather, we will either cancel our program or adjust it to accommodate. If we must cancel a program, we will do our best to notify you 24hrs in advance.

South Germantown Recreational Park [Register on Active Montgomery](#) | **Activity: PPSDT0003**

Sep 19	Sat	10am to 12pm	Ages 6 and up	Free	1 class	PPSDT0003-300003
Nov 1	Sun	10am to 12pm	Ages 6 and up	Free	1 class	PPSDT0003-300005
Nov 28	Sat	10am to 12pm	Ages 6 and up	Free	1 class	PPSDT0003-300006



SPONSORED BY FRIENDS OF BROOKSIDE GARDENS

Children's Day

SATURDAY, SEPTEMBER 19, 2026 | 10 AM TO 2 PM



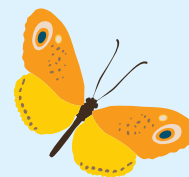
**Hands-on activities, plant giveaways,
child-friendly music and entertainment**



Participants will rotate through outdoor activity stations designed to educate and entertain. Bring your friends and family. Picnics allowed only during this special event.

Registration is encouraged but not required.

MoCoParks.org/BGChildrensDay



BROOKSIDE GARDENS

1800 Glenallan Avenue | Wheaton, Maryland 20902
BrooksideGardens.org



MONTGOMERY PARKS

Garden of Lights

AT BROOKSIDE GARDENS

TICKETS GO ON SALE
OCTOBER 12
GardenofLights.org

BROOKSIDE GARDENS

1500 and 1800 Glenallan Avenue | Wheaton, MD 20902
301-962-1400 | BrooksideGardens.org

Brookside
GARDENS





Brookside
GARDENS

BROOKSIDE GARDENS

1800 Glenallan Avenue | Wheaton, MD 20902

301-962-1400

BrooksideGardens.org

SPECIAL EVENTS

Fall Twilight Concert Series

Join us each Wednesday evening in September for a series of musical performances set in the beauty of the Gardens! Admission is free, and no registration is required. Bring your friends and family, and don't forget your chairs, blankets, and picnics (allowed in the Gardens on concert evenings only). Alcoholic beverages of any kind are prohibited. Food trucks will also be available for your dining pleasure.

Location: Brookside Gardens

Ocho de Bastos - Latin Pop / Rock	Sep 2	Wed	6 to 7:30pm	All Ages	Free
Loveboat Yacht Rock / 70s & 80s Cover Band	Sep 9	Wed	6 to 7:30pm	All Ages	Free
King Teddy - Swing / Rockabilly	Sep 16	Wed	6 to 7:30pm	All Ages	Free
David Cole & Main Street Blues - R&B / Blues	Sep 23	Wed	6 to 7:30pm	All Ages	Free

Children's Day

Explore gardening through child-driven art projects and engaging science activities. Groups will rotate through outdoor activity stations designed to educate and entertain. Bring your friends, family and picnics (allowed in the Gardens during this special event only). Registration is encouraged but not required. This event is proudly sponsored by Friends of Brookside Gardens.

Location: Brookside Gardens

[Register on Active Montgomery | Activity: PBG0077](#)

Sep 19	Sat	10am to 2pm	All Ages	Free	PBG0077-300008
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BOOtanica

Celebrate Halloween with botanical-themed fun for the whole family! Dress in your favorite costume, trick-or-treat at the indoor activity stations, participate in arts-and-crafts projects including pumpkin decorating, and conduct hands-on science investigations to learn about the fall season. Registration required for the participating child. One parent/caregiver must accompany each child for the duration of event but does not need to register. Maximum two adults per registered child.

Location: Brookside Gardens

[Register on Active Montgomery | Activity: PBG0165](#)

Oct 25	Sun	3 to 5pm	All Ages	\$20	PBG0165-300005
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Brookside Gardens Wedding Vendor Showcase

Your Dream Day Starts Here! Planning your perfect wedding? Join us for our exclusive Wedding Vendor Showcase at Brookside Gardens, where engaged couples can explore stunning venue spaces, experience guided tours, and gather creative décor inspiration for their big day. Meet top wedding professionals—including DJs, photographers, caterers, florists, and planners—ready to bring your vision to life. Whether you're searching for the perfect reception menu, ideal soundtrack or breathtaking photos, you'll find expert advice and exciting options to make your wedding uniquely yours.

Location: Brookside Gardens

[Register on Active Montgomery | Activity: PBG0080](#)

Nov 15	Sun	11am to 2pm	All Ages	Free	PBG0080-300002
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EARLY CHILDHOOD AND PRESCHOOL

Yoga Sprouts

Bring your little ones to this fun yoga class with a nature theme and a view of the garden. Physical exercise and mindfulness will awaken your senses, boost your energy, and give you good garden vibes to start your day. Bring your own mat or borrow one of ours. Adults are free and must accompany children to the class but should not register. Classes will meet inside the Children's Classroom in the Visitor Center.

Location: Brookside Gardens

[Register on Active Montgomery](#) | **Activity: PBG0078**

Sep 5	Sat	10 to 10:45am	Ages 3 to 9	\$7	1 class	PBG0078-300019
Sep 12	Sat	10 to 10:45am	Ages 3 to 9	\$7	1 class	PBG0078-300020
Sep 26	Sat	10 to 10:45am	Ages 3 to 9	\$7	1 class	PBG0078-300021
Oct 3	Sat	10 to 10:45am	Ages 3 to 9	\$7	1 class	PBG0078-300022
Oct 10	Sat	10 to 10:45am	Ages 3 to 9	\$7	1 class	PBG0078-300023
Oct 17	Sat	10 to 10:45am	Ages 3 to 9	\$7	1 class	PBG0078-300024
Oct 24	Sat	10 to 10:45am	Ages 3 to 9	\$7	1 class	PBG0078-300025
Nov 7	Sat	10 to 10:45am	Ages 3 to 9	\$7	1 class	PBG0078-300026
Nov 14	Sat	10 to 10:45am	Ages 3 to 9	\$7	1 class	PBG0078-300027

Storytime in the Garden

Join us for an interactive story time followed by an outdoor exploration or activity for children ages 3 to 7. This is an outdoor story time, weather permitting. Adults must accompany children. Meet in the Outdoor Classroom located in the Children's Garden area and dress for the weather.

Location: Brookside Gardens

[Register on Active Montgomery](#) | **Activity: PBG0111**

Sep 14	Mon	10 to 10:45am	Ages 3 to 7	\$5	1 class	PBG0111-300017
Sep 21	Mon	10 to 10:45am	Ages 3 to 7	\$5	1 class	PBG0111-300018
Sep 28	Mon	10 to 10:45am	Ages 3 to 7	\$5	1 class	PBG0111-300019
Oct 5	Mon	10 to 10:45am	Ages 3 to 7	\$5	1 class	PBG0111-300020
Oct 12	Mon	10 to 10:45am	Ages 3 to 7	\$5	1 class	PBG0111-300021
Oct 19	Mon	10 to 10:45am	Ages 3 to 7	\$5	1 class	PBG0111-300022
Nov 9	Mon	10 to 10:45am	Ages 3 to 7	\$5	1 class	PBG0111-300023
Nov 16	Mon	10 to 10:45am	Ages 3 to 7	\$5	1 class	PBG0111-300024



YOUTH EDUCATION

Outdoor Guided Walk for Families

Enjoy a guided walk through the gardens designed for curious kids and their families. Led by a youth educator, each walk explores garden hotspots with interactive discussions about that day's topic. This series explores a different topic each day. Register for one or multiple. One parent/caregiver must accompany each child for the duration of the program but does not need to register. Maximum two adults per registered child. Meet at Visitor Center Entrance.

Location: Brookside Gardens

[Register on Active Montgomery | Activity: PBG0240](#)

Butterflies	Sep 13	Sun	10 to 11am	All Youth Ages with Adult	\$10	1 class	PBG0240-300001
Birds	Sep 26	Sat	10 to 11am	All Youth Ages with Adult	\$10	1 class	PBG0240-300002
Mushrooms	Oct 10	Sat	10 to 11am	All Youth Ages with Adult	\$10	1 class	PBG0240-300003
Gardening for Beginners	Oct 18	Sun	10 to 11am	All Youth Ages with Adult	\$10	1 class	PBG0240-300004
Trees	Nov 7	Sat	10 to 11am	All Youth Ages with Adult	\$10	1 class	PBG0240-300005

Homeschool: Garden Scientists

In this engaging homeschool program, we will explore the garden from the perspective of three different scientific disciplines to learn how plants, birds, and insects grow, adapt, and interact to support a thriving ecosystem. Activities in our outdoor "classroom" include guided observation, scientific inquiry, and journaling, and are designed with built-in choice and challenge so various ages can learn together with differentiated content. Register for one or multiple. One parent/caregiver must accompany each child for the duration of program but does not need to register. Maximum of three registered children with one parent/caregiver.

Location: Brookside Gardens

[Register on Active Montgomery | Activity: PBG0242](#)

Entomologists (Insect Science)	Sep 9	Wed	1 to 2:30pm	Ages 7 to 12	\$10	1 class	PBG0242-300001
Ornithologists (Bird Science)	Sep 16	Wed	1 to 2:30pm	Ages 7 to 12	\$10	1 class	PBG0242-300002
Botanists (Plant Science)	Sep 23	Wed	1 to 2:30pm	Ages 7 to 12	\$10	1 class	PBG0242-300003

Crafting Characters in Nature

Step into the magical world of nature crafts. In this hands-on workshop, we'll turn twigs, acorns, and pinecones into charming little forest creatures. Using natural treasures gathered on a garden walk, you will bring imaginative characters to life, complete with leaf outfits and acorn hats. This program blends creativity with a love for nature, helping kids practice using the outdoors as a source of inspiration.

Location: Brookside Gardens

[Register on Active Montgomery | Activity: PBG0241](#)

Oct 3	Sat	10 to 11am	Ages 7 to 12	\$7	1 class	PBG0241-300001
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Art Outside for Teens

A day off school is the perfect time to enjoy a full day of artistic fun both indoors and outside. Each session features varied media and activities, including nature photography, watercolor painting, and zine making. Bring a bag lunch and a refillable water bottle. Required sign-in forms will be emailed to guardians before the program begins. Enrollment closes last business day before program.

Location: Brookside Gardens [Register on Active Montgomery | Activity: PBG0194](#)

Nov 2	Mon	9am to 3:30pm	Ages 11 to 14	\$45	1 class	PBG0194-300005
Nov 3	Tue	9am to 3:30pm	Ages 11 to 14	\$45	1 class	PBG0194-300006

Pop-Up Exploration Cart: iNaturalist

Join us in cataloging the wide array of wild, living things that call Brookside Gardens home. Learn how to download and use the helpful iNaturalist identification app to photograph and log observations that will be utilized by both nature enthusiasts and professional scientists. Drop by the Exploration Cart next to the Children's Garden any time between 11:00 a.m. to 1:00 p.m.; no registration is required.

Location: Brookside Gardens

Sep 2 to 4	Wed to Fri	11am to 1pm	All Ages	Free
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HEALTH AND WELLNESS

Tai Chi at Brookside Gardens

Instructor: Charles Votaw

Tai Chi is an ancient, Chinese form of exercise perfect for adults seeking stress reduction while strengthening muscles, improving balance and increasing flexibility. The Forms are repetitive patterns that emphasize slow, flowing motions and controlled movements. Classes will help beginners to learn the Forms while providing regular practitioners the guidance of an experienced instructor. Japanese Tea House (September to October) or Brookside Gardens Visitor Center (mid-October to February). FOBG \$12

Location: Brookside Gardens [Register on Active Montgomery | Activity: PBG0029](#)

Sep 9	Wed	9:15 to 10:30am	Ages 18 and up	\$14	1 class	PBG0029-300001
Sep 16	Wed	9:15 to 10:30am	Ages 18 and up	\$14	1 class	PBG0029-300002
Sep 23	Wed	9:15 to 10:30am	Ages 18 and up	\$14	1 class	PBG0029-300003
Sep 30	Wed	9:15 to 10:30am	Ages 18 and up	\$14	1 class	PBG0029-300004
Oct 7	Wed	9:15 to 10:30am	Ages 18 and up	\$14	1 class	PBG0029-300005
Oct 14	Wed	9:15 to 10:30am	Ages 18 and up	\$14	1 class	PBG0029-300006
Oct 21	Wed	9:15 to 10:30am	Ages 18 and up	\$14	1 class	PBG0029-300007
Oct 28	Wed	9:15 to 10:30am	Ages 18 and up	\$14	1 class	PBG0029-300008
Nov 4	Wed	9:15 to 10:30am	Ages 18 and up	\$14	1 class	PBG0029-300009
Nov 11	Wed	9:15 to 10:30am	Ages 18 and up	\$14	1 class	PBG0029-300010
Nov 18	Wed	9:15 to 10:30am	Ages 18 and up	\$14	1 class	PBG0029-300011

Gentle Yoga at Brookside Gardens

Instructor: Sherry Weber

These series of classes feature foundational yoga poses that are designed to support better breathing, walking, and space orientation. Yoga movements help build muscle, bone density and core strength while improving balance, posture and flexibility. Mats are not included. Location: Japanese Tea House (September to October) or Brookside Gardens Visitor Center (mid-October to February). FOBG \$12

Location: Brookside Gardens [Register on Active Montgomery | Activity: PBG0030](#)

Sep 10	Thu	10 to 11am	Ages 18 and up	\$14	1 class	PBG0030-300001
Sep 17	Thu	10 to 11am	Ages 18 and up	\$14	1 class	PBG0030-300002
Sep 24	Thu	10 to 11am	Ages 18 and up	\$14	1 class	PBG0030-300003
Oct 1	Thu	10 to 11am	Ages 18 and up	\$14	1 class	PBG0030-300004
Oct 8	Thu	10 to 11am	Ages 18 and up	\$14	1 class	PBG0030-300005
Oct 15	Thu	9:30 to 10:30am	Ages 18 and up	\$14	1 class	PBG0030-300006
Oct 22	Thu	10 to 11am	Ages 18 and up	\$14	1 class	PBG0030-300007
Oct 29	Thu	10 to 11am	Ages 18 and up	\$14	1 class	PBG0030-300008
Nov 5	Thu	10 to 11am	Ages 18 and up	\$14	1 class	PBG0030-300009
Nov 12	Thu	10 to 11am	Ages 18 and up	\$14	1 class	PBG0030-300010
Nov 19	Thu	10 to 11am	Ages 18 and up	\$14	1 class	PBG0030-300011

Yoga at Brookside Gardens

Instructor: Tanory Ateek

Designed to increase flexibility and physical strength and to cultivate mental focus, these classes are a beautiful and relaxing way to begin your weekend. Mats are not included. Location: Japanese Tea House (September to October) or Brookside Gardens Visitor Center (mid-October to February). FOBG \$12

Location: Brookside Gardens [Register on Active Montgomery | Activity: PBG0031](#)

Sep 12	Sat	9:30 to 10:30am	Ages 18 and up	\$14	1 class	PBG0031-300001
Sep 19	Sat	9:30 to 10:30am	Ages 18 and up	\$14	1 class	PBG0031-300002
Sep 26	Sat	9:30 to 10:30am	Ages 18 and up	\$14	1 class	PBG0031-300003
Oct 3	Sat	9:30 to 10:30am	Ages 18 and up	\$14	1 class	PBG0031-300004
Oct 10	Sat	9:30 to 10:30am	Ages 18 and up	\$14	1 class	PBG0031-300005
Oct 17	Sat	9:30 to 10:30am	Ages 18 and up	\$14	1 class	PBG0031-300006
Oct 24	Sat	9:30 to 10:30am	Ages 18 and up	\$14	1 class	PBG0031-300007
Oct 31	Sat	9:30 to 10:30am	Ages 18 and up	\$14	1 class	PBG0031-300008
Nov 7	Sat	9:30 to 10:30am	Ages 18 and up	\$14	1 class	PBG0031-300009
Nov 14	Sat	9:30 to 10:30am	Ages 18 and up	\$14	1 class	PBG0031-300010
Nov 21	Sat	9:30 to 10:30am	Ages 18 and up	\$14	1 class	PBG0031-300011

Half-day Mindfulness Retreat at Brookside Gardens

Instructor: Tanory Ateek

Tanory will guide you through a half-day of stress relieving practices, including gentle yoga; walking and seated meditation; and the meditative way of the labyrinth. Whether you are new to meditation or a seasoned practitioner, this retreat will provide a chance to slow down, connect to nature in new ways and rekindle a deeper sense of peace and wonder in your life. FOBG \$63

Location: Brookside Gardens

[Register on Active Montgomery | Activity: PBG0018](#)

Sep 20	Sun	9:15am to 1:15pm	Ages 18 and up	\$70	1 class	PBG0018-300001
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Shinrin-yoku: The Art of Forest Bathing

Ana Ka'ahanui, Certified Forest Therapy Guide

Connect with nature through a forest bathing walk among the beautiful fall colors. Stroll the grounds and neighboring forest at a measured pace that allows you to notice the small miracles of nature unfolding. Inspired by the ancient Japanese practice of shinrin-yoku, this walk invites you to slow down and engage your senses fully. Meet at Visitor Center Entrance. FOBG \$30

Location: Brookside Gardens

[Register on Active Montgomery | Activity: PBG0022](#)

Oct 25	Sun	10am to 12pm	Ages 18 and up	\$35	1 class	PBG0022-300001
Oct 31	Sat	9:30 to 11:30am	Ages 18 and up	\$35	1 class	PBG0022-300002

Strolls for Well-Being at Brookside Gardens

Immerse yourself in the transformative power of nature through Strolls for Well-Being—an evidence-based program designed to nurture emotional wellness and inspire self-discovery. Over eight weeks, you'll enjoy twelve unaccompanied walks (or strolls!) through the serene beauty of Brookside Gardens, guided by a stunning, full-color, 110-page journal. Each walk centers around a meaningful theme, offering reflective readings and prompts to help you slow down, be present, and look inward. Whether you're navigating life's challenges, seeking relief from stress, or simply craving a deeper connection to nature, this program is your pathway to renewal and growth. You'll also have the chance to connect with others during three in-person group meetings, held at the beginning, middle, and end of the program. These sessions offer essential guidance, materials, and a supportive space to share insights with fellow participants. (Please ensure you can attend all three meetings before registering!) Don't wait to prioritize your well-being—join us on this journey of mindfulness and self-care in our beautiful garden! Please note: While this program is created by mental health professionals, Brookside Gardens is not a licensed mental health service provider.

Location: Brookside Gardens

[Register on Active Montgomery | Activity: PBG0033](#)

Sep 5, Oct 3, Nov 7	Sat	10 to 11am	Ages 18 and up	\$75	3 Classes	PBG0033-300001
Sep 15, Oct 13, Nov 17	Tue	11am to 12pm	Ages 18 and up	\$75	3 Classes	PBG0033-300002
Sep 16, Oct 14, Nov 18	Wed	11am to 12pm	Ages 18 and up	\$75	3 Classes	PBG0033-300003

Guided Mindfulness Walk - Connections in Nature

Through gentle movement, discussion, journaling, and meditation, participants explore connection with self, others and the natural world on a guided walk through the Gude Garden. Join Tania to move with intention in nature, exploring the therapeutic relationship between mind, body, community, and the living world around you. Rooted in evidence-based wellness practices and ecotherapy principles, participants slow down, regulate the nervous system, cultivate meaningful connection, and restore a sense of balance and presence. Group will meet on the South Terrace in front of the Visitor Center. Participants will receive a small blank notebook for journaling. Please note that Brookside Gardens is not a mental health service provider.

Location: Brookside Gardens

[Register on Active Montgomery | Activity: PBG0108](#)

Sep 6	Sun	10am to 12pm	Ages 18 and up	\$28	1 class	PBG0108-300001
Nov 8	Sun	10am to 12pm	Ages 18 and up	\$28	1 class	PBG0108-300002

Guided Mindfulness Walks: Self Care in Nature

Awaken your senses, notice your inner voice among the fragrant blossoms, maple trees, and brightly colored flowers of the Formal Gardens, and reflect on how you can extend awareness and compassion to yourself. Join Tania to move with intention in nature, exploring the therapeutic relationship between mind, body, community, and the living world around you. Rooted in evidence-based wellness practices and ecotherapy principles, participants slow down, regulate the nervous system, cultivate meaningful connection, and restore a sense of balance and presence. Group will meet on the South Terrace in front of the Visitor Center. Participants will receive a small blank notebook for journaling. Please note that Brookside Gardens is not a mental health service provider.

Location: Brookside Gardens

[Register on Active Montgomery | Activity: PBG0109](#)

Oct 4	Sun	10am to 12pm	Ages 18 and up	\$28	1 class	PBG0109-300001
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Mindful Photography

Melissa Stonehill, Photographer and Mindful Photography Practitioner

Rooted in the Look Again methodology, this 2-hour workshop offers grounding mindfulness practices paired with a walk in the gardens exploring natural detail through the lens of your camera and childlike curiosity. Leave with prints of your photos, a new approach to photography and a deeper connection to your environment.

Location: Brookside Gardens

[Register on Active Montgomery | Activity: PBG0258](#)

Oct 4	Sun	11am to 1pm	Ages 18 and up	\$50	1 class	PBG0258-300001
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GARDEN OR FACILITY TOUR

Behind-the-Scenes Greenhouse Tour

Tour Guide: Jacob Roberson, Senior Greenhouse Technician, Brookside Gardens

Opened in 2018, the O'Rourke Greenhouse consists of four growing areas totaling 10,000 square feet under glass. Participants will take a closer look at the state-of-the-art technology that enables staff to grow a variety of beautiful plants year-round while getting a sneak peek at the fall chrysanthemums being grown for displays. FOBG \$10

Location: Brookside Gardens

[Register on Active Montgomery | Activity: PBG0003](#)

Sep 9	Wed	1 to 2:15pm	Ages 18 and up	\$12	1 class	PBG0003-300001
Sep 10	Thu	10 to 11:15am	Ages 18 and up	\$12	1 class	PBG0003-300002

Fragrance Garden Tour

Tour Guide: Keely Shaughnessy, Horticulturist, Brookside Gardens

Explore, touch, and smell your way through our Fragrance Garden. An interactive tour takes you up close with salvias, lemon balm, geraniums, aromatic herbs, and scented perennials like agastache and monarda. Learn how perfume is made and discover which fragrant plants will thrive in your own garden. Meet at Visitor Center entrance. FOBG \$10

Location: Brookside Gardens

[Register on Active Montgomery | Activity: PBG0256](#)

Sep 11	Fri	10:30 to 11:45am	Ages 18 and up	\$12	1 class	PBG0256-300001
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Living Field Lab: Native Plants, Wildlife and A Historic Farmstead

Beallsville, MD (address sent after registration)

Step back in time at the Solomon Simpson farm, a 93-acre historic property dating to 1783 in the Agricultural Reserve. Explore a wildflower meadow, discover beneficial insects, and spot birds like indigo buntings. Learn about native plants, how to create a wildlife pond, and sustainable gardening. FOBG \$22

Location: Solomon Simpson Farm

[Register on Active Montgomery | Activity: PBG0250](#)

Sep 15	Tue	10:30am to 12pm	Ages 18 and up	\$25	1 class	PBG0250-300001
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Beyond the Ordinary: Rare and Unusual Plants at Brookside

Tour Guide: Eric Evans, Horticulturist, Brookside Gardens

Brookside Gardens has a hidden history worth exploring. In 1976, the gardens sponsored plant collecting trips to Japan and Korea, bringing back rare trees and shrubs of exceptional garden merit. Join this tour to discover these unique introductions alongside standout native and non-native perennials for fresh garden inspiration. FOBG \$10

Location: Brookside Gardens

[Register on Active Montgomery | Activity: PBG0257](#)

Sep 22	Tue	10:30am to 12pm	Ages 18 and up	\$12	1 class	PBG0257-300001
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Guided Bird Walk

Tour guide: Emily Williams, avian ecologist

Did you know that 168 bird species have been sighted at Brookside Gardens? Marvel at the fall migration and bring your binoculars to look for warblers, Baltimore orioles, orchard orioles, red-winged blackbirds and many more! Meet at Visitor Center Entrance. FOBG \$10

Location: Brookside Gardens [Register on Active Montgomery | Activity: PBG0133](#)

Sep 23	Wed	7:30 to 9am	Ages 18 and up	\$12	1 class	PBG0133-300001
Sep 26	Sat	8 to 9:30am	Ages 18 and up	\$12	1 class	PBG0133-300002

Glory of Fall Garden Tour

Tour Guide: Josh Demers, Brookside Gardens staff

Discover a whole new garden brought on by the changing Autumn season. This walking tour highlights the spectacular fall colors in the woody and herbaceous plant collections with a closer look at our staff's favorite fall blooming perennials like asters, coneflowers, sedums, and grasses. Meet at Visitor Center Entrance. FOBG \$10

Location: Brookside Gardens [Register on Active Montgomery | Activity: PBG0059](#)

Oct 27	Tue	1 to 2:30pm	Ages 18 and up	\$12	1 class	PBG0059-300001
Nov 3	Tue	10:30am to 12pm	Ages 18 and up	\$12	1 class	PBG0059-300002

McCrillis Gardens Fall Tour

Tour Guide: Karl Quimby, Horticulturist, Brookside Gardens

Enjoy this naturalistic garden featuring the rich colors of autumn tucked into a residential neighborhood in Bethesda. The five-acre property was donated in 1978 and is managed by Brookside Gardens. Explore the fall blooming camellias and a remarkable collection of ornamental trees and shrubs, many of which are state and national champions. FOBG \$10

Location: Brookside Gardens [Register on Active Montgomery | Activity: PBG0206](#)

Oct 28	Wed	1 to 2:30pm	Ages 18 and up	\$12	1 class	PBG0206-300001
Nov 2	Mon	10:30am to 12pm	Ages 18 and up	\$12	1 class	PBG0206-300002

Chrysanthemum and Conservatory Tour

Tour Guide: Carlos Rodriguez, Horticulturist, Brookside Gardens

Delight in an autumn-inspired display of specialty chrysanthemums—a vibrant finale to the garden season! Discover fascinating facts about these amazing flowers, cultivated since the 15th century with over 20,000 varieties worldwide. Learn how our horticulturists create massive blooms, colorful combinations and impressive forms with this incredible plant! Meet at Conservatory entrance. FOBG \$10

Location: Brookside Gardens [Register on Active Montgomery | Activity: PBG0060](#)

Oct 30	Fri	10:30 to 11:45am	Ages 18 and up	\$12	1 class	PBG0060-300001
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HORTICULTURE CLASSES

Cultivars: Untangling the Complicated World of Cultivated Native Plants

Instructor: Sam Hoadley, Manager of Horticultural Research, Mt. Cuba Center

Join Sam Hoadley, Mt. Cuba Center's Manager of Horticultural Research, for a deep dive into the controversial and complicated world of cultivars. Get a crash course on what makes a cultivar a cultivar and learn about which cultivars may or may not be beneficial for wildlife and where and when cultivars may be most appropriate in the modern landscape. Note: All horticulture classes will be held online using Zoom unless otherwise noted. Recordings of online lectures will be made available to students. After registering, a link will be emailed to you 24 hours prior to the live webinar. FOBG \$12

Virtual [Register on Active Montgomery | Activity: PBG0244](#)

Oct 6	Tue	7 to 8:30pm	Ages 18 and up	\$15	1 class	PBG0244-300001
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Getting Your Garden Ready for Winter

Instructor: Kathy Jentz, Author of *The Urban Garden*, Editor and Publisher of *Washington Gardener Magazine*

Overwhelmed by winter garden to-do lists? Learn which chores are essential and which you can safely skip as you prepare your garden for the cold months ahead. Discover cost-saving tips and tricks for battening down the hatches before a really bad winter hits. Note: All horticulture classes will be held online using Zoom unless otherwise noted. Recordings of online lectures will be made available to students. After registering, a link will be emailed to you 24 hours prior to the live webinar. FOBG \$12

Virtual [Register on Active Montgomery | Activity: PBG0245](#)

Oct 22	Thu	7 to 8:30pm	Ages 18 and up	\$15	1 class	PBG0245-300001
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HANDS-ON WORKSHOPS

Seasonal Showstopper: Build a Fall-Blooming Container Garden

Instructor: Aisha Bunkley, Greenhouse Technician, Brookside Gardens

Design a vibrant fall container using plants featured in Brookside Gardens' displays and take it home! Combine thrillers, fillers, and spillers for a stunning mix of color, texture, and form. These sun-loving plants, including ornamental grasses, kale, and dahlias, will create a bold seasonal addition to your home garden that thrives through autumn. FOBG \$58

Location: Brookside Gardens [Register on Active Montgomery | Activity: PBG0208](#)

Sep 29	Tue	10 to 11:30am	Ages 18 and up	\$65	1 class	PBG0208-300001
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Hand Printing Leaves on Fabric

Instructor: Sue Fierston, Teaching Artist and President of the International Nature Printing Society

Vines, leaves, and vegetables create wonderful, evocative prints on fabric! Using Versatex water-based ink you'll learn hand printing and portable press techniques. Practice on muslin, then print on a cotton or silk item you bring from home - apron, t-shirt, scarf, or tote bag. Ink can be heat-set with an iron. All other materials included. FOBG \$54

Location: Brookside Gardens [Register on Active Montgomery | Activity: PBG0246](#)

Oct 6	Tue	10am to 1pm	Ages 18 and up	\$60	1 class	PBG0246-300001
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Autumn Dried Floral Wreath

Instructor: Kristin Davey, Horticulturist, Brookside Gardens

Create a stunning fall wreath using botanicals cut and dried from Brookside Gardens, layered with specialty dried florals including seedpods, strawflower, and hydrangea. Finished with hand-dyed silk ribbon, natural twine, or other organic accents for a beautiful, one-of-a-kind autumn keepsake. FOBG \$58

Location: Brookside Gardens [Register on Active Montgomery | Activity: PBG0247](#)

Oct 21	Wed	10:30am to 12pm	Ages 18 and up	\$65	1 class	PBG0247-300001
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Introduction to Botanical Art with Watercolors: Autumn's Palette

Instructor: Joan Ducore, Botanical Illustrator and Instructor

Discover the art and science of botanical illustration in this hands-on beginner workshop. Using pumpkins and gourds as subjects, observe and capture nature's intricate details through drawing and watercolor techniques, including brush handling, flat and graded washes, and wet-in-wet methods. Expert demonstrations guide you in creating your own botanical watercolor. FOBG \$86

Location: Brookside Gardens

[Register on Active Montgomery](#) | **Activity: PBG0248**

Oct 24	Sat	10:30am to 2:30pm	Ages 18 and up	\$95	1 class	PBG0248-300001
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SPEAKER SERIES OR DISCUSSIONS

The Contemporary Cottage Garden

Speaker: Pamela Hubbard, Author of The Contemporary Cottage Garden

Learn what it takes to grow in the cottage garden style - where flowers and vegetables intermingle in a casual display of colorful brilliance - while meeting the needs of the modern world amid increased weather extremes. Discover invaluable techniques for cottage gardening done in a beautiful, contemporary way.

Location: Brookside Gardens

[Register on Active Montgomery](#) | **Activity: PBG0249**

Oct 13	Tue	7 to 8:30pm	Ages 18 and up	Free	1 class	PBG0249-300001
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Bad Naturalist: One Woman's Ecological Education on a Wild Virginia Mountaintop

Speaker: Paula Whyman, Author of Bad Naturalist: One Woman's Ecological Education on a Wild Virginia Mountaintop

Follow one gardener's humorous and humbling journey restoring a 200-acre former pasture in Virginia's Blue Ridge Mountains. See the land through her eyes as she navigates hands-on conservation, battles invasive species, questions traditional ideas of nature, and forms a deep, unexpected connection with the natural world.

Location: Brookside Gardens

[Register on Active Montgomery](#) | **Activity: PBG0253**

Nov 18	Wed	7 to 8:30pm	Ages 18 and up	Free	1 class	PBG0253-300001
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**FINAL
WEEKS**

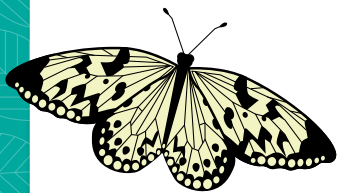
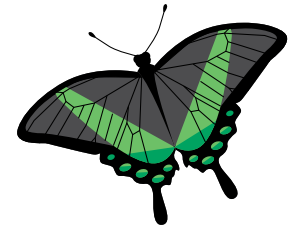


the butterfly experience

AT BROOKSIDE GARDENS

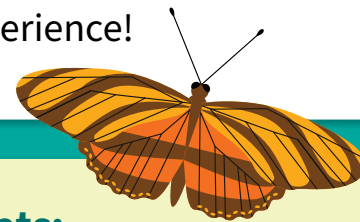
April 1 to September 7, 2026 | Daily, 9 am to 3 pm

Visitors to Brookside Gardens will be welcomed by a stunning display of live butterflies from the Americas, Africa, and Asia. Watch in awe as these beautiful insects flutter among vibrant flowers in the South Conservatory House. Join us to explore the amazing world of butterflies!



Learn about their vital role in our ecosystems and find out how you can support butterflies in your own community.

Don't miss this enchanting experience!



All visitors must have a ticket for a specific date and entry time.

For more information visit:
MontgomeryParks.org/Butterfly

Tickets:

- **Under age 3: Free**
- **Ages 3 to 12: \$10.99**
(ticket fee \$9 plus \$1.99 service charge)
- **Ages 13+: \$15.99**
(ticket fee \$14 plus \$1.99 service charge)

BROOKSIDE GARDENS

1800 Glenallan Avenue | Wheaton, MD 20902
301-962-1420 | BrooksideGardens.org

Brookside
GARDENS



FALL TWILIGHT CONCERT SERIES

FREE!

Join us each Wednesday evening in September for a musical performance set in the beauty of Brookside Gardens.

- **Ocho de Bastos** - Latin Pop / Rock
September 2, 2026 | 6 to 7:30 p.m.
- **Loveboat Yacht Rock**
70s & 80s Cover Band
September 9, 2026 | 6 to 7:30 p.m.
- **King Teddy** - Swing / Rockabilly
September 16, 2026 | 6 to 7:30 p.m.
- **David Cole & Main Street Blues**
R&B / Blues
September 23, 2026 | 6 to 7:30 p.m.

Don't forget your chairs, blankets, and picnics (allowed in the Gardens on concert evenings only). Food trucks will begin selling at 5pm. Smoking and alcoholic beverages are prohibited.

All concerts located on the Visitor Center lawn.



For more information,
scan the QR code or go to
**[MoCoParks.org/
FallTwilightConcerts](https://www.mocoparks.org/FallTwilightConcerts)**

BROOKSIDE GARDENS

1800 Glenallan Avenue | Wheaton, MD 20902
[BrooksideGardens.org](https://www.BrooksideGardens.org)

Brookside
GARDENS



BLACK HILL DISCOVERY CENTER



BLACK HILL
DISCOVERY CENTER



BLACK HILL DISCOVERY CENTER

20926 Lake Ridge Drive | Boyds, MD 20841

301-528-3493

BlackHillDiscovery.org

SPECIAL EVENTS

Celebration Station: Pumpkin Bird Feeders

It's migration time! Make a pumpkin birdfeeder to fill with tasty treats for our migratory friends. Pumpkins, carving tools, and seed provided. One feeder per registrant. FOBH \$7

Location: Black Hill Discovery Center

[Register on ActiveMontgomery.org](https://www.active-montgomery.org) | Activity: PBHDC0095

Oct 22	Thu	10:30 to 11:30am	Ages 5 to 12	\$8	1 class	PBHDC0095 – 300001
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Witchy Paddle – Acoustics and Ales Edition

Calling all witches! Pack your potions and dust off your brooms! This Halloween season, two fan-favorite events are brewing into one unforgettable evening! Witchy Paddle is teaming up with Acoustics and Ales to conjure a festive happy hour filled with live music, tasty brews, and spooky lake views. Join us for our costumed paddle of Little Seneca Lake. Don your best witchy wear, bring your own boat, and meet up with other witches for a sunset paddle followed by a campfire, s'mores, and Acoustics and Ales. The meeting spot will be near the Discovery Center and more information will be sent in an email. Witchy paddling begins at 4:30p, with the campfire and Acoustics and Ales to follow. You must bring your own paddleboard, kayak, or canoe, and appropriate paddle, as well as safety gear and PFDs. Registration is required only for the Witchy Paddle. Acoustics and Ales does not require registration.

Location: Black Hill Discovery Center

[Register on ActiveMontgomery.org](https://www.active-montgomery.org) | Activity: PBHDC0080

Oct 24	Sat	4 to 7pm	Ages 12 and up	Free	1 class	PBHDC0080 – 300002
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Holiday Share Fair at Black Hill

Clear out your closets just in time for the holidays and give your items away at the Share Fair at Black Hill Discovery Center! Have a coat you know someone will love but it's just not right for you? Have a game your kids played when they were younger, but hasn't been touched for years? Give your once-loved items a second life by participating in our biannual Share Fair! "Givers" will use the trunks of their cars or bring their own tables, hanging racks, etc. to display items being given away, trunk-or-treat style. Be as creative and elaborate as you like! Attendees not bringing items can drop by anytime to browse, seek, and claim an amazing find. Givers and attendees will vote for the Giver with the best set up and most unique finds. THIS IS AN ENTIRELY FREE EVENT, MEANING ITEMS SHOULD BE FREELY GIVEN AWAY. NO SALES OR BARTERING OF ITEMS ARE PERMITTED. Registration is required for each Giver group/family and guarantees up to two parking spaces worth of space per registration. Please register only one adult PER group/family. We encourage those interested in bringing items to join together to make the most of the space. Givers can also browse the other offerings throughout the event. Attendees interested in "shopping" but not bringing their own goods do not need to register. Items brought to the Share Fair should be clean, in usable condition, and have all parts. Anything unclaimed at the end of the event will go back with each registrant. Please contact Christy.Korzen@MontgomeryParks.org with any questions.

Location: Black Hill Discovery Center

[Register on ActiveMontgomery.org](https://www.active-montgomery.org) | Activity: PBHDC0105

Nov 21	Sat	10am to 12pm	All Ages Event – Only Register Adult	Free	1 class	PBHDC0105 – 300001
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SPEAKER SERIES, WORKSHOPS, OR DISCUSSIONS

Black Hill Bookworms

Are you looking for a community of like-minded readers that enjoy science and nature books? Then join the Black Hill Discovery Center Bookworms! Our book discussion group meets in person, generally on the fourth Wednesday of each month, except on select occasions. Books will focus on environmental, conservation, and nature-related topics including non-fiction and fiction titles. Group members have the chance to help select future books. Please register for each discussion you plan to attend so that we can contact you ahead of the meet-up. Please feel free to bring dinner or snacks with you to have during the discussion. All selected books are available through the Montgomery County Public Library. If you need help finding a copy to read or have any questions, please contact Christy.Korzen@MontgomeryParks.org.

Location: Black Hill Discovery Center

[Register on ActiveMontgomery.org](https://www.active-montgomery.org) | Activity: PBHDC0104

"North Woods"	Sep 23	Wed	6 to 7:30pm	Ages 16 and up	Free	1 class	PBHDC0104 – 300001
"We Will Be Jaguars: A Memoir of My People"	Oct 28	Wed	6 to 7:30pm	Ages 16 and up	Free	1 class	PBHDC0104 – 300002
"Gloryland"	Nov 18	Wed	6 to 7:30pm	Ages 16 and up	Free	1 class	PBHDC0104 – 300003



BOATING

Kayaking for Beginners

Kayaking is even more fun than it looks! Come learn how to paddle on flat water in recreational solo kayaks on Little Seneca Lake. Learn basic strokes, entries and exits, boat control, and more, taught by certified American Canoe Association instructors. We won't roll, but you'll get wet, so dress accordingly. All necessary equipment provided but if you have your own PFD (Type III or V), you can bring it along. Please wear a hat, water sandals or shoes (no flip-flops, please) and bring water and sunscreen. You must be able to swim. Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required.

Location: Black Hill Discovery Center

[Register on ActiveMontgomery.org](#) | **Activity: PBHDC0030**

Sep 2	Wed	5:30 to 7:30pm	Ages 12 and up	\$60	1 class	PBHDC0030 – 300001
Oct 15	Thu	4:30 to 6:30pm	Ages 12 and up	\$60	1 class	PBHDC0030 – 300002

Lake Tour by Kayak

Want to watch wildlife or just enjoy a peaceful paddle? Then join us for a leisurely kayak tour of Little Seneca Lake. We could see beaver, herons, maybe even a bald eagle. We'll supply boats, paddles, and PFD's, but you can bring your own PFD (Type III or V) if you have one. And don't forget to bring water, sunscreen, and extra shoes to change into after. You can expect to get your feet wet and your clothes a bit damp. Basic paddling experience is necessary (THIS IS NOT A LESSON). Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required. Registrants fifteen and under must be accompanied by an adult. FOBH \$29

Location: Black Hill Discovery Center

[Register on ActiveMontgomery.org](#) | **Activity: PBHDC0008**

Sep 13	Sun	12 to 2pm	Ages 12 and up	\$30	1 class	PBHDC0008 – 300001
Sep 22	Tue	5 to 7pm	Ages 12 and up	\$30	1 class	PBHDC0008 – 300002
Oct 4	Sun	9 to 11am	Ages 12 and up	\$30	1 class	PBHDC0008 – 300003
Nov 8	Sun	9 to 11am	Ages 12 and up	\$30	1 class	PBHDC0008 – 300006

Full Moon Paddle

On this Full Moon Paddle, we'll enjoy the evening sunset and the full moon from the stillness of the waters of Little Seneca Lake. We will be paddling after dark so you may want to bring a headlamp or flashlight to walk back to your car. Lights for the kayaks will be provided.

Location: Black Hill Discovery Center

[Register on ActiveMontgomery.org](#) | **Activity: PBHDC0008**

Sep 26	Sat	6 to 8pm	Ages 16 and up	\$30	1 class	PBHDC0008 – 300004
Oct 23	Fri	5:30 to 7:30pm	Ages 16 and up	\$30	1 class	PBHDC0008 – 300005

River Kayaking Trip to Monocacy River

Join certified kayak instructors and naturalists for a leisurely paddle on the Potomac River or one of its tributaries. We'll paddle for three to four hours on moving water, so you need to be proficient at basic strokes and comfortable paddling for a few hours at a time. We'll do a quick review of moving water safety considerations and maneuvers before getting on the water. Fee covers kayak, paddle, PFD, a dry bag, and round-trip transportation from Black Hill Regional Park to the river locations. Don't forget to pack your lunch, snacks, and plenty of water. **THIS IS NOT AN INSTRUCTIONAL COURSE AND IS NOT SUITABLE FOR SOMEONE THAT HAS NEVER KAYAKED ON MOVING WATER.** This trip is a kayaking adventure on the Monocacy River, one of Maryland's most scenic rivers. Glide past wooded banks, spot wildlife, and enjoy views of historic sites while taking in the beauty of Western Maryland. FOBH \$95

Location: Black Hill Discovery Center

[Register on ActiveMontgomery.org | Activity: PBHDC0055](https://www.active-montgomery.org/activities/PBHDC0055)

Sep 9	Wed	8am to 5pm	Ages 18 and up	\$100	1 class	PBHDC0055 – 300001
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River Kayaking Trip to Mallows Bay

Join certified kayak instructors and naturalists for a leisurely paddle at the newly designated Mallows Bay—Potomac River National Marine Sanctuary—home to osprey, eagles, and a ghost fleet of over 100 World War I era wooden steamships. We'll paddle for three to four hours on slow-moving water. You should be comfortable in a kayak, proficient at basic strokes, and comfortable paddling flat water for a few hours at a time. Fee covers kayak, paddle, PFD, a dry bag, and round-trip transportation from Black Hill Regional Park. Don't forget to pack your lunch, snacks, and plenty of water. Meet at Black Hill Discovery Center. Registration required. **THIS IS NOT AN INSTRUCTIONAL COURSE.** FOBH \$95

Location: Black Hill Discovery Center

[Register on ActiveMontgomery.org | Activity: PBHDC0031](https://www.active-montgomery.org/activities/PBHDC0031)

Oct 18	Sun	8am to 6pm	Ages 18 and up	\$100	1 class	PBHDC0031 – 300001
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Bats & Beavers Pontoon Boat Cruise

Join us for a sunset cruise aboard the pontoon boat. We'll search for beaver lodges and feeding sites, and hopefully see some beavers! As the sun sets, we'll use our bat detector to help us find feeding bats. Please register and pay for all participants. You may want to bring a jacket or sweater as it is often cooler on the boat. Meet at the pontoon boat dock, by the boat rentals. Registration required. FOBH \$7

Location: Black Hill Discovery Center

[Register on ActiveMontgomery.org | Activity: PBHDC0027](https://www.active-montgomery.org/activities/PBHDC0027)

Sep 10	Thu	6 to 7:30pm	Ages 6 and up	\$8	1 class	PBHDC0027 – 300001
Sep 23	Wed	5:30 to 7pm	Ages 6 and up	\$8	1 class	PBHDC0027 – 300002
Sep 28	Mon	5:30 to 7pm	Ages 6 and up	\$8	1 class	PBHDC0027 – 300003
Oct 14	Wed	5 to 6:30pm	Ages 6 and up	\$8	1 class	PBHDC0027 – 300005
Oct 29	Thu	4:30 to 6pm	Ages 6 and up	\$8	1 class	PBHDC0027 – 300006

Birds & Bats & Beavers Pontoon Boat Cruise

Join us during Birdability Week for a sunset cruise aboard the pontoon boat. While we search for beaver lodges and feeding sites, we'll also keep an eye, and ear, out for birds. Maybe we'll get to see some early winter waterfowl! As the sun sets, we'll use our bat detector to help us find feeding bats. Please register and pay for all participants. You may want to bring a jacket or sweater as it is often cooler on the boat. Meet at the pontoon boat dock, by the boat rentals. The pontoon boat and dock are accessible and accessible parking is available by the dock. EnChroma glasses available upon request. Registration required. FOBH \$7

Location: Black Hill Discovery Center

[Register on ActiveMontgomery.org](https://www.active-montgomery.org) | **Activity: PBHDC0027**

Oct 19	Mon	5 to 6:30pm	Ages 6 and up	\$8	1 class	PBHDC0027 – 300004
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Afternoon on the Pontoon

Enjoy a leisurely cruise on our pontoon boat on Little Seneca Lake looking for local wildlife such as beaver, deer, otter, herons, and osprey. Please register and pay for all participants. Meet at the pontoon boat dock by the boat rental area. Be sure to bring an extra jacket or blanket, as it's often cooler on the water. FOBH \$6

Location: Black Hill Discovery Center

[Register on ActiveMontgomery.org](https://www.active-montgomery.org) | **Activity: PBHDC0054**

Sep 19	Sat	1:30 to 2:30pm	Ages 6 and up	\$7	1 class	PBHDC0054 – 300001
Sep 21	Mon	1:30 to 2:30pm	Ages 6 and up	\$7	1 class	PBHDC0054 – 300002
Sep 30	Wed	1:30 to 2:30pm	Ages 6 and up	\$7	1 class	PBHDC0054 – 300003
Oct 7	Wed	1:30 to 2:30pm	Ages 6 and up	\$7	1 class	PBHDC0054 – 300004
Oct 10	Sat	1 to 2pm	Ages 6 and up	\$7	1 class	PBHDC0054 – 300005
Oct 10	Sat	2:30 to 3:30pm	Ages 6 and up	\$7	1 class	PBHDC0054 – 300006
Oct 28	Wed	1:30 to 2:30pm	Ages 6 and up	\$7	1 class	PBHDC0054 – 300007
Nov 7	Sat	1:30 to 2:30pm	Ages 6 and up	\$7	1 class	PBHDC0054 – 300009
Nov 7	Sat	3 to 4pm	Ages 6 and up	\$7	1 class	PBHDC0054 – 300010

Early Morning Pontoon Cruise

Join us during Birdability Week for an early morning pontoon tour for some birding and photography, or just a lovely morning cruise on Little Seneca Lake. Wildlife are busy in the early morning hours and the lighting is great for photos. Please register and pay for all participants. You may want to bring a jacket or sweater as it is often cooler on the boat. Meet at the pontoon boat dock, by the boat rentals. The pontoon boat and dock are accessible and accessible parking is available by the dock. EnChroma glasses available upon request. Registration required. FOBH \$7

Location: Black Hill Discovery Center

[Register on ActiveMontgomery.org](https://www.active-montgomery.org) | **Activity: PBHDC0085**

Oct 23	Fri	8:30 to 10am	Ages 18 and up	\$8	1 class	PBHDC0085 – 300001
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Storytime on the Lake

Join us aboard the pontoon boat to hear a story and scout out the wonders of Little Seneca Lake! Designed for children ages 3 to 5, accompanied by an adult. (no younger siblings, please). We'll provide the required PFDs for all children to wear. Please register and pay for every participant. Meet at the pontoon boat dock, by the boat rentals. FOBH\$6

Location: Black Hill Discovery Center

[Register on ActiveMontgomery.org](https://www.active-montgomery.org) | Activity: PBHDC0116

Feathered Friends	Sep 8	Tue	10 to 11am	Ages 3 and up	\$7	1 class	PBHDC0116 – 300001
Migrating Friends	Sep 22	Tue	10 to 11am	Ages 3 and up	\$7	1 class	PBHDC0116 – 300002
Hibernating Friends	Oct 6	Tue	10 to 11am	Ages 3 and up	\$7	1 class	PBHDC0116 – 300003
Fall Comes to the Lake	Oct 20	Tue	10 to 11am	Ages 3 and up	\$7	1 class	PBHDC0116 – 300004

FISHING

Family Fishing Fun

Fishing is fun for the whole family and for all abilities! We'll show you how to set up a simple bobber rig, bait your hook, and give you some tips on casting. We'll provide the bait and rigging supplies; you just need to catch the fish! We have fishing poles you can borrow, but if you have your own bring it along. Anglers of all abilities are welcome. All registrants 16 and over must have a current MD fishing license. Meet at the pontoon boat dock by the boat rentals. Registration required. Please register only those planning to fish. FOBH \$14

Location: Black Hill Discovery Center

[Register on ActiveMontgomery.org](https://www.active-montgomery.org) | Activity: PBHDC0003

Sep 18	Fri	2 to 4pm	Ages 3 and up	\$15	1 class	PBHDC0003 – 300001
Oct 10	Sat	9 to 11am	Ages 3 and up	\$15	1 class	PBHDC0003 – 300002
Oct 16	Fri	1 to 3pm	Ages 3 and up	\$15	1 class	PBHDC0003 – 300003

Fishing with the Lil Ones

Let's go fishin'! We'll provide poles and bait, then see what we can catch off the dock at Little Seneca Lake. Meet at the pontoon boat dock by the boat rentals. Registration required. FOBH \$7

Location: Black Hill Discovery Center

[Register on ActiveMontgomery.org](https://www.active-montgomery.org) | Activity: PBHDC0004

Sep 10	Thu	10 to 11:30am	Ages 3 to 6	\$8	1 class	PBHDC0004 – 300001
Oct 2	Fri	10 to 11:30am	Ages 3 to 6	\$8	1 class	PBHDC0004 – 300002



PLAYTIME OR STORYTIME

Play Day in the Park at the Discovery Center

Toddlers of all abilities are invited to explore the exciting natural world around the Discovery Center. Families will explore at their own pace using nature play prompts that will remain out for the duration of the program. Visit the front entrance of the Discovery Center to begin your journey through our most accessible areas of the park which are stroller friendly, with shaded areas and locations to rest. All ages are welcome but prompts and materials are geared towards children aged one to three. Registration required. Meet at the Discovery Center.

Location: Black Hill Discovery Center [Register on ActiveMontgomery.org](https://www.active-montgomery.org) | **Activity: PBHDC0012**

Sep 18	Fri	11am to 12pm	Ages 6 mos to 3 yrs	Free	1 class	PBHDC0012 – 300001
Oct 30	Fri	11am to 12pm	Ages 6 mos to 3 yrs	Free	1 class	PBHDC0012 – 300002
Nov 13	Fri	11am to 12pm	Ages 6 mos to 3 yrs	Free	1 class	PBHDC0012 – 300003

Time for Tots

Enjoy a different seasonal book each session and a craft that compliments the story. We'll also spend time outside exploring nature with a park naturalist. Registration required. FOBH \$6

Location: Black Hill Discovery Center [Register on ActiveMontgomery.org](https://www.active-montgomery.org) | **Activity: PBHDC0022**

Sep 24	Thu	10 to 11am	Ages 2 to 5	\$7	1 class	PBHDC0022 – 300001
Oct 15	Thu	10 to 11am	Ages 2 to 5	\$7	1 class	PBHDC0022 – 300002
Nov 19	Thu	10 to 11am	Ages 2 to 5	\$7	1 class	PBHDC0022 – 300003

Pics in the Park: Halloween Edition

Bring a costume and pose with pumpkins! Drop by for a unique photo op at the Discovery Center. We'll provide some fun props, and a staff member will take your photo on instant film, just like those original instant photos (shaking optional). Take home a memory you will never forget. No registration required; drop in anytime during program hours. Supplies are limited; first come, first served.

Location: Black Hill Discovery Center [Register on ActiveMontgomery.org](https://www.active-montgomery.org) | **Activity: PBHDC0087**

Oct 31	Sat	1 to 4pm	All Ages	Free	1 class	PBHDC0087 – 300001
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NATURE, OUTDOOR EXPLORATION, AND SKILLS

Homeschool: Forest Thrills and Skills

Come join us for a woodland adventure full of adventurous play, nature lessons, and wild skills. Each month we'll explore what nature has to show us and spend some time learning new wild skills. We will also have time, space, and materials for unstructured play in the woods around our campfire circle. Students will be able to self-select what they would like to focus on from the activities provided. We will meet at the campfire area by Shelter F on Parking Lot 3, in Black Hill Regional Park. FOBH \$13

Location: Black Hill Discovery Center

[Register on ActiveMontgomery.org](#) | [Activity: PBHDC0056](#)

Sep 16	Wed	1:30 to 3:30pm	Ages 6 to 14	\$14	1 class	PBHDC0056 – 300001
Oct 21	Wed	1:30 to 3:30pm	Ages 6 to 14	\$14	1 class	PBHDC0056 – 300002
Nov 18	Wed	1:30 to 3:30pm	Ages 6 to 14	\$14	1 class	PBHDC0056 – 300003

Nature Girls Club

Girls belong in nature, enjoying outdoor adventures! Join us for a girl-centered Nature Girls Club. There are three in-person sessions with a Park Naturalist that will focus on exploring nature, trying out outdoor skills, and nature journaling. Meetings are monthly. Registration required.

Location: Black Hill Discovery Center

[Register on ActiveMontgomery.org](#) | [Activity: PBHDC0010](#)

Sep 18; Oct 30; Nov 13	Fri	5 to 7pm	Ages 8 to 12	\$42	3 classes	PBHDC0010 – 300001
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Nature Girls Club: Choose Your Own Adventure

Girls belong in nature, enjoying outdoor adventures! Join us for a girl-centered Nature Girls Club for teens aged 13 to 17. Should we go fishing, learn survival skills, plan day trips to go hiking or kayaking, or maybe plan an overnight adventure? We need your input to help decide! This session is for brainstorming the adventures we want to try. Once the adventures and dates have been chosen, we'll create the sessions and make them available for registration. This first session is free, but registration is required. Future sessions will have fees based on the cost of the activity.

Location: Black Hill Discovery Center

[Register on ActiveMontgomery.org](#) | [Activity: PBHDC0010](#)

Sep 11	Fri	5 to 7pm	Ages 13 to 17	Free	1 class	PBHDC0010 – 300002
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Stream Adventures

What lives in a stream? Wade into the water and use nets to see what insects, fish, frogs, and other animals we can find. Please wear boots or closed-toe shoes that you don't mind getting wet (no flip-flops, please!). All children must be accompanied by an adult. Meet at the gravel Boat Launch parking lot on Black Hill Road. Registration required. FOBH \$7

Location: Black Hill Discovery Center

[Register on ActiveMontgomery.org](#) | [Activity: PBHDC0026](#)

Sep 12	Sat	2 to 3:30pm	Ages 2 to 12	\$8	1 class	PBHDC0026 – 300001
Oct 17	Sat	2 to 3:30pm	Ages 2 to 12	\$8	1 class	PBHDC0026 – 300002

TOAD! Teen Outdoor Adventure Days

Join us for the day as we work our way through the twists and turns of a wild cave learning about local geology. Please make sure to bring plenty of water, lunch, a hat, and extra shoes/clothes to change into after. FOBH \$88

Location: Black Hill Discovery Center

[Register on ActiveMontgomery.org](https://www.active-montgomery.org/activities/PBHDC0106) | **Activity: PBHDC0106**

Teen Caving Excursion

Nov 2	Mon	9am to 5pm	Ages 12 to 15	\$90	1 class	PBHDC0106 – 300003
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Fun with Furs

Have you ever wondered what the animals in your backyard felt like? Have a chance to see and feel animal furs up close with a naturalist. Learn the anatomy of deer and other wildlife up close with hands-on examples. Stop by anytime during program hours.

Location: Black Hill Discovery Center

[Register on ActiveMontgomery.org](https://www.active-montgomery.org/activities/PBHDC0077) | **Activity: PBHDC0077**

Nov 15	Sun	1 to 3pm	All Ages	Free	1 class	PBHDC0077 – 300001
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Birding for Beginners

From forest to field to water, Black Hill Regional Park is home to a large variety of birds. We have programs for beginners, families, and all abilities, all throughout the year. Want to join the 96 million other bird-watching Americans, but don't know where to start? We'll start with the basics of bird identification and go over how to select and use binoculars. Then we'll go do some birding! If you have your own binoculars, please bring them along. And be sure to dress for the weather. Meet at the Discovery Center. FOBH \$11

Location: Black Hill Discovery Center

[Register on ActiveMontgomery.org](https://www.active-montgomery.org/activities/PBHDC0060) | **Activity: PBHDC0060**

Nov 28	Sat	9am to 12pm	Ages 16 and up	\$12	1 class	PBHDC0060 – 300002
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HIKES, SCAVENGER HUNTS, AND CAMPFIRES

Babes in a Backpack

Let's go outside and hike to improve fitness, play in nature, and experience the great outdoors as a family. You will meet a naturalist at the meet up spot and set out on a trail that will have nature play and fun learning prompts along the way. These hikes are designed for adults with young children. Most trails are not stroller accessible, so you'll need a backpack or carrier for younger kids and non-walkers. Please register everyone attending no later than 24 hours before the hike so we can contact you with the hike's location and other important information.

Location: Black Hill Discovery Center

[Register on ActiveMontgomery.org | Activity: PBHDC0051](https://www.active-montgomery.org/activities/PBHDC0051)

Sep 16	Wed	10am to 12pm	All Ages	Free	1 class	PBHDC0051 – 300001
Oct 21	Wed	10am to 12pm	All Ages	Free	1 class	PBHDC0051 – 300002
Nov 18	Wed	10am to 12pm	All Ages	Free	1 class	PBHDC0051 – 300003

Campfires at Black Hill

There is nothing like being at a campfire under the stars. Join a naturalist for themed songs, stories, games, and of course, s'mores around a fire. Bring a blanket if it's chilly. Meet at the campfire area by Shelter F on Parking Lot 3, in Black Hill Regional Park. Registration required for all attending. FOBH \$6

Location: Black Hill Discovery Center

[Register on ActiveMontgomery.org | Activity: PBHDC0002](https://www.active-montgomery.org/activities/PBHDC0002)

Sep 19	Sat	6 to 7pm	Ages 1 and up	\$7	1 class	PBHDC0002 – 300001
Oct 10	Sat	5:30 to 6:30pm	Ages 1 and up	\$7	1 class	PBHDC0002 – 300002

VOLUNTEER DAYS

Public Lands Day Invasive Plant Pull

National Public Lands Day is a celebration of one of our most precious resources: our public parks and trails. Please join us in celebrating Public Lands Day by helping restore healthy habitats by removing invasive plants from Black Hill Regional Park. Whether you are looking for SSL hours or just want to spend the some time giving back, you won't believe how good it feels to be a good steward! Groups are also welcome. Parents must accompany children 13 and under. Interested groups should email Katie.Festa@Montgomeryparks.org. Registration is required. Please register at ParksVolunteers.org.

Location: Black Hill Discovery Center

[Register on ParksVolunteers.org](https://ParksVolunteers.org)

Sep 26	Sat	10 to 11:30am	Ages 3 and up	Free	1 class	PBHDC0053 – 300001
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Mystery Project

We need your help at the park! Join us for a variety of projects which can earn Student Service Learning hours or come out to help because it just feels good to volunteer. As the workday draws closer, check out our Facebook page for detailed information on today's project. Can't make it to one of our Mystery Project workdays? Watch for other opportunities to be announced on Facebook or contact us through the Parks' volunteer website ParksVolunteers.org. Parents must accompany children 13 and under. Groups are welcome too! Interested groups should email Katie.Festa@montgomeryparks.org. Registration required. Please register through ParksVolunteers.org.

Location: Black Hill Discovery Center

[Register on ParksVolunteers.org](https://ParksVolunteers.org)

Oct 16	Fri	10am to 12pm	Ages 5 and up	Free	1 class	PBHDC0029 – 300001
Nov 2	Mon	2 to 4pm	Ages 5 and up	Free	1 class	PBHDC0029 – 300002

Thanksgiving Clean – up

Make this Thanksgiving a time of giving and service. Join us in a volunteer park cleanup at Black Hill Discovery Center. Help beautify your community green spaces, keep litter out of our streams, and protect wildlife. We will provide bags and gloves. Wear closed-toe shoes/boots and clothes that can get dirty. Bring a reusable water bottle. SSL hour forms will be provided! Parents must accompany children 13 and under. Groups are welcome. Interested groups should email Katie.Festa@MontgomeryParks.org. Registration is required. Please register at ParksVolunteers.org.

Location: Black Hill Discovery Center

[Register on ParksVolunteers.org](https://ParksVolunteers.org)

Nov 23	Mon	2 to 4pm	Ages 5 and up	Free	1 class	PBHDC0029 – 300004
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BROOKSIDE NATURE CENTER



BROOKSIDE
NATURE CENTER

BROOKSIDE NATURE CENTER

1400 Glenallan Ave | Wheaton, MD 20902

301-962-1480

BrooksideNature.org

ART AND CRAFTING

Make & Take: Pumpkin Bird Feeders

Join a Park Naturalist to turn a pumpkin into a bird feeder Adults and children must register.

Location: Brookside Nature Center [Register on Active Montgomery](#) | [Activity: PBNC0117](#)

Oct 24	Sat	10:30am to 12pm	Ages 6 and up	\$10	1 class	PBNC0117-300001
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Make & Take: Nature Art

Join a Park Naturalist to collect natural items around Wheaton Regional Park and turn them into an artistic masterpiece. Adults and children must register.

Location: Brookside Nature Center [Register on Active Montgomery](#) | [Activity: PBNC0117](#)

Nov 21	Sat	10:30am to 12:30pm	Ages 6 and up	\$10	1 class	PBNC0117-300002
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Printmaking for Nature Lovers

Take a short, guided walk to gather inspiration from nature, then learn the basics of linocut printmaking! All materials provided, participants will leave with their own linoblock to continue creating at home. All attendees must register.

Location: Brookside Nature Center [Register on Active Montgomery](#) | [Activity: PBNC0128](#)

Nov 7	Sat	1:30 to 3:30pm	Ages 18 and up	\$25	1 class	PBNC0128-300001
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HIKES, SCAVENGER HUNTS, AND CAMPFIRES

Campfire 101

Have you ever wanted to learn how to start a campfire? Join a Park Naturalist and learn different ways to stack your logs, different lighting techniques, and fire safety. Participants are encouraged to bring a campfire snack for roasting. All attendees must register. Inclement weather could cancel this program. Be sure to check Brooksidenature.org for day-of events.

Location: Brookside Nature Center [Register on Active Montgomery](#) | [Activity: PBNC0019](#)

Sep 26	Sat	1 to 3pm	Ages 8 and up	\$10	1 class	PBNC0019-300005
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Evening Campfire

Meet your neighbors around the campfire! Learn a bit about living with local wildlife, roast a marshmallow, play some games, and take a guided evening hike (optional). Marshmallows and roasting sticks provided, bring other treats if you'd like! All attendees over 3 must register; no registration required under 3.

Location: Brookside Nature Center [Register on Active Montgomery](#) | [Activity: PBNC0053](#)

Flying Squirrels	Sep 19	Sat	7 to 8:30pm	Ages 3 and up	\$10	1 class	PBNC0053-300002
Owls	Nov 7	Sat	7 to 8:30pm	Ages 3 and up	\$10	1 class	PBNC0053-300001

NATURE, OUTDOOR EXPLORATION, AND SKILLS

Little Explorers

Let's read stories, sing songs, and take mini-hikes meant for the youngest legs! Please note: The Little Explorers programs scheduled in the same month will have the same topic and activities. This program is for children at least 18 months of age but younger than 36 months of age. Register each child, a guardian must attend.

Location: Brookside Nature Center [Register on Active Montgomery](#) | **Activity: PBNC0073**

Little Explorers: Monarch Butterflies	Sep 16	Wed	10:30 to 11:15am	Ages 18 months to 2 years	\$7	1 class	PBNC0073-300017
Little Explorers: Monarch Butterflies	Sep 30	Wed	10:30 to 11:15am	Ages 18 months to 2 years	\$7	1 class	PBNC0073-300018
Little Explorers: Spiders	Oct 7	Wed	10:30 to 11:15am	Ages 18 months to 2 years	\$7	1 class	PBNC0073-300019
Little Explorers: Spiders	Oct 21	Wed	10:30 to 11:15am	Ages 18 months to 2 years	\$7	1 class	PBNC0073-300020
Little Explorers: Squirrels and Acorns	Nov 4	Wed	10:30 to 11:15am	Ages 18 months to 2 years	\$7	1 class	PBNC0073-300021

Little Naturalist: Trail Buddies

Hand in hand, adults and children will explore, laugh, play, and learn about the natural world. Arts and crafts, hikes, and story times will keep adults and children busy. Messy moments, animal warm up stretches, and other activities will ensure that you and your little one will enjoy this introduction to nature. This program is for children at least 3 years old but younger than 5 years old. Register the child(ren) an adult must attend.

Location: Brookside Nature Center [Register on Active Montgomery](#) | **Activity: PBNC0103**

Sep 9	Wed	10:30 to 11:30am	Ages 3 to 4	\$7	1 class	PBNC0103-300001
Sep 23	Wed	10:30 to 11:30am	Ages 3 to 4	\$7	1 class	PBNC0103-300002
Oct 14	Wed	10:30 to 11:30am	Ages 3 to 4	\$7	1 class	PBNC0103-300003
Oct 28	Wed	10:30 to 11:30am	Ages 3 to 4	\$7	1 class	PBNC0103-300004
Nov 18	Wed	10:30 to 11:30am	Ages 3 to 4	\$7	1 class	PBNC0103-300005

Afternoon at the Stream

A warm day is a great time to cool off at the stream! Bring your water shoes and we'll bring the buckets, nets, and other equipment needed to explore and have fun! All attendees over 3 must register; no registration required under 3.

Location: Brookside Nature Center [Register on Active Montgomery](#) | **Activity: PBNC0066**

Sep 12	Sat	2:30 to 3:30pm	Ages 3 and up	\$7	1 class	PBNC0066-300001
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Beginning Birding for Every body!

Learn the basics of birding on our frustration-free “flat bird” trail. Our pond boardwalk is accessible for all budding birders. Stroll or roll to each station to learn proper use of binoculars, how to navigate a field guide, and what to look for as you get started! All attendees must register.

Location: Brookside Nature Center [Register on Active Montgomery | Activity: PBNC0003](#)

Oct 22	Thu	7:30 to 8:30am	Ages 18 and up	\$7	1 class	PBNC0003-300006
Oct 25	Sun	9:30 to 10:30am	Ages 18 and up	\$7	1 class	PBNC0003-300007

Nature Nights: Rodents

Squirrels, chipmunks, groundhogs, and yes, mice and rats! All are cousins in the rodent family. Some may try to live in your home or attic this fall! Through games and interactive activities, we will learn what makes rodents such excellent survivors. We will also discuss nature-based strategies to keep them out of our homes. Please bring a rodent story to share. This program will be primarily indoors. Note: No live rodents in this program.

Location: Brookside Nature Center [Register on Active Montgomery | Activity: PBNC0126](#)

Nov 13	Fri	6:30 to 8:30pm	Ages 7 and up	\$10	1 class	PBNC0126-300001
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MINDFULNESS AND WELLNESS

Mindfulness Hike

Take a guided hike in Wheaton Regional Park with a park naturalist and staff trained in mindfulness practices. We'll explore what the lessons the season has to offer and take time to reflect. All attendees must register.

Location: Brookside Nature Center [Register on Active Montgomery | Activity: PBNC0127](#)

Sep 12	Sat	8:30 to 9:30am	Ages 18 and up	\$7	1 class	PBNC0127-300001
Oct 10	Sat	8:30 to 9:30am	Ages 18 and up	\$7	1 class	PBNC0127-300002
Nov 7	Sat	8:30 to 9:30am	Ages 18 and up	\$7	1 class	PBNC0127-300003

BROOKSIDE NATURE CENTER

Drop-in Weekend Programs

Free | No Registration Required

Creature Feature

**September 12 and 26; October 10 and 24;
November 14 and 28, 2026**
1:30 to 2:00 pm | All Ages

Join us for an up-close encounter with one of our animal ambassadors. Why do they live at the nature center? What would their wild counterparts be doing at this time of year? We'll answer these questions and more. No registration required.



Turtle Talk

September 5 and 19, 2026
1:30 to 2:00 pm | All Ages

Watch our Eastern box turtles stretch their legs in their outdoor enclosure! Learn about the big role they play in our forests and communities. No registration required.

Please note: The Turtle Talk program will be offered in Spanish and English on the third Saturday of each month.

Tenga en cuenta: El programa Charla de Tortuga se ofrecerá en español e inglés el tercer sábado de cada mes.



BROOKSIDE NATURE CENTER

1400 Glenallan Ave. | Wheaton, Maryland 20902
301-962-1480 | [BrooksideNature.org](https://www.BrooksideNature.org)





LOCUST GROVE
NATURE CENTER

LOCUST GROVE NATURE CENTER

7777 Democracy Blvd | Bethesda, MD 20817

301-765-8660

LocustGroveNature.org

SPECIAL EVENTS

Fall Native Plant Sale

Beautify your backyard with native plants! Ask the experts your questions about growing low-maintenance and pest-resistant varieties that help attract wildlife to your garden. Shop a unique selection of the highest quality plants Free Admission. No registration required. Sales support educational programs at Locust Grove Nature Center. The Live, in person sale will be held at Pope Farm Nursery 7400 Airpark Rd. in Gaithersburg (only one greenhouse will only be open to the public for these sale hours - Pope farm is closed the rest of the year)

<i>Pope Farm Nursery</i>	Sep 19 and Sep 20	Sat & Sun	10am to 2pm
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ART AND CRAFTING

Art in Nature

Get inspired with the beauty of nature in any of our Art in Nature programs at Locust Grove Nature Center.

Locust Grove Nature Center [Register on Active Montgomery | Activity: PLGNC0031](#)

Nature Drawing-Landscapes	Sep 4	Fri	4:30 to 6pm	Ages 16 and up	\$10	1 class	PLGNC0031-300002
Nature Journaling Club for Kids-Meadows	Sep 12	Sat	4:30 to 6pm	Ages 8 to 15	\$10	1 class	PLGNC0031-300003
Nature Journaling Club for Adults-Meadows	Sep 12	Sat	4:30 to 6pm	Ages 16 and up	\$10	1 class	PLGNC0031-300004
Nature Drawing-Leaf Litter	Oct 2	Fri	4:30 to 6pm	Ages 16 and up	\$10	1 class	PLGNC0031-300005
Nature Journaling Club for Kids-Forest Floor	Oct 10	Sat	5 to 6:30pm	Ages 8 to 15	\$10	1 class	PLGNC0031-300006
Nature Journaling Club for Adults-Forest Floor	Oct 10	Sat	5 to 6:30pm	Ages 16 and up	\$10	1 class	PLGNC0031-300007
Nature Drawing-Geology	Nov 6	Fri	4:30 to 6pm	Ages 16 and up	\$10	1 class	PLGNC0031-300008
Nature Journaling Club for Kids-Journaling the Past	Nov 14	Sat	4:30 to 6pm	Ages 8 to 15	\$10	1 class	PLGNC0031-300009
Nature Journaling Club for Adults-Journaling the Past	Nov 14	Sat	4:30 to 6pm	Ages 16 and up	\$10	1 class	PLGNC0031-300010

PLAYTIME OR STORYTIME

Nature Night In

Love caring for your little ones, but need a little break. Then check out our Nature Kids Care programs.

Locust Grove Nature Center [Register on Active Montgomery | Activity: PLGNC0042](#)

Sep 5	Sat	4 to 7pm	Ages 4 to 10	\$20	1 class	PLGNC0042-300001
Oct 17	Sat	4 to 7pm	Ages 4 to 10	\$20	1 class	PLGNC0042-300002
Nov 7	Sat	4 to 7pm	Ages 4 to 10	\$20	1 class	PLGNC0042-300003

NATURE, OUTDOOR EXPLORATION, AND SKILLS

Nature Families- Fall

In this 10-week session, Caregivers will have the chance to play, create and learn right alongside their little nature explorers. Each hour and a half class will include a hike, storytime and hands-on, nature-based activities that encourages imaginative play, curiosity, and cooperation. The majority of each class will be outdoors (barring extreme weather) so be sure to dress appropriately! This trail difficulty is moderate. The trail is on natural surfaces with dirt, rock and rut. Trails steepness varies and some trails will only be accessible with stairs. Fee is for one child and their adult for the entire Fall session, which meets Thursdays from September 10 to November 12 (10 classes), with November 19 as the weather make up date.

Locust Grove Nature Center [Register on Active Montgomery | Activity: PLGNC0007](#)

Sep 10 to Nov 12	Thu	10:30am to 12pm	Ages 1.5 to 3.5	\$150	10 classes	PLGNC0007-300001
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Morning Tweets and Tea-Fall Migration

Do you have an interest in birding? Then join us for a morning of bird watching at Locust Grove Nature Center. Enjoy a cup of freshly brewed tea from our tea station as you learn beginner birding techniques, or bring a thermos of your favorite breakfast beverage. Bring your own pair of binoculars or borrow a pair from the nature center, we will show you how to use them. Inclement weather will cancel this program.

Locust Grove Nature Center [Register on Active Montgomery | Activity: PLGNC0024](#)

Sep 4	Fri	9 to 10am	Ages 18 and up	Free	1 class	PLGNC0024-300001
Oct 2	Fri	9 to 10am	Ages 18 and up	Free	1 class	PLGNC0024-300002
Nov 6	Fri	9 to 10am	Ages 18 and up	Free	1 class	PLGNC0024-300003

Walk with a Master Naturalist

Join a Master Naturalist on the second Thursday of the month for an easy walk through the woods. Along the way, we'll look for wildlife, wildflowers, and anything else of interest as the park transitions into autumn. This program is intended for participants 55+ but friends and family of all ages are welcome. Please register every member of your group in advance. Walk takes place on natural surface trails. Rain cancels the program.

Locust Grove Nature Center [Register on Active Montgomery | Activity: PLGNC0039](#)

Sep 10	Thu	9:30 to 11am	Ages 18 and up	\$7	1 class	PLGNC0039-300001
Oct 8	Thu	9:30 to 11am	Ages 18 and up	\$7	1 class	PLGNC0039-300002
Nov 12	Thu	9:30 to 11am	Ages 18 and up	\$7	1 class	PLGNC0039-300003

Birding 101

Check out all of these fun birding programs at Locust Grove Nature Center. We offer a variety of birding programs through out the year focusing on different aspects of birding.

Locust Grove Nature Center [Register on Active Montgomery | Activity: PLGNC0044](#)

Oct 23	Fri	9 to 10am	Ages 18 and up	Free	1 class	PLGNC0044-300001
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Project FeederWatch

Are you interested in birding? Do you want to be part of a national community science project? Then, join us at Locust Grove Nature Center for Project FeederWatch. Project FeederWatch is a seasonal community science project, where participants count the different species of birds that flock to a bird feeder. All levels of birders are welcome. We advise you to dress appropriately for the weather and to bring your binoculars if you have them. Registration is encouraged, just so we can notify participants of cancellations. Inclement weather will cancel this program. You are not required to attend all the session in the season, come to as many as you like. If you have any questions, please feel free to send an email to MCP-LocustGrove@MontgomeryParks.org.

Locust Grove Nature Center [Register on Active Montgomery | Activity: PLGNC0018](#)

FeederWatch Thursdays	Nov 5 to 19	Thu	11am to 12pm	Ages 18 and up	Free	3 classes	PLGNC0018-300001
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FeederWatch Fridays	Nov 6 to 20	Fri	11am to 12pm	Ages 18 and up	Free	3 classes	PLGNC0018-300002
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MINDFULNESS & WELLNESS

Fall Forest Bathing

Forest bathing promotes wellness through deepening our connection to natural environments. Based on the Japanese practice of Shinrin-Yoku, which translates as “taking in the atmosphere of the forest,”. This 2-hour session, led by certified forest therapy guide Adria S. Zeldin, will guide you through mindfulness-based sensory invitations to help you slow down, awaken your senses, and reconnect with nature. Please dress comfortably with the weather in mind. We will be outdoors and moving slowly so you may want to bring extra layers. This trail difficulty is moderate. The trail is on natural surfaces with dirt, rock and rut. Trails steepness varies and some trails will only be accessible with stairs. Inclement weather will cancel this program. Registration required for 18 and up.”

Locust Grove Nature Center [Register on Active Montgomery | Activity: PLGNC0015](#)

Sep 12	Sat	10am to 12pm	Ages 18 and up	\$10	1 class	PLGNC0015-300002
Oct 10	Sat	10am to 12pm	Ages 18 and up	\$10	1 class	PLGNC0015-300003
Nov 21	Sat	10am to 12pm	Ages 18 and up	\$10	1 class	PLGNC0015-300004

GARDENING & NATIVE PLANTS

Fall Wildflower Walk

Fall is a rainbow of wildflowers, from goldenrods to asters in every shade of purple. Take a leisurely stroll through the park with our Master Naturalists who will interpret this last spectacular show of color before the changing of the seasons. Now a three part series, you may join us for one class or sign up for all three to watch the season unfold before your eyes. Participants should be able to walk on natural surface trails, which may have some steep inclines. Inclement weather will cancel this program.

Locust Grove Nature Center [Register on Active Montgomery | Activity: PLGNC0022](#)

Sep 13	Sun	10 to 11:30am	Age 16 and up	\$7	1 class	PLGNC0022-300001
Oct 4	Sun	10 to 11:30am	Age 16 and up	\$7	1 class	PLGNC0022-300002



#PlantNative Nativescaping Series

Check out our Nativescaping programs and learn how to incorporate native plants into your landscape. Watch for the Introductory series each spring leading up the plant sale and some special classes in the Fall.

Locust Grove Nature Center [Register on Active Montgomery | Activity: PLGNC0040](#)

Grow the foundation: Native-scaping with woody plants	Sep 13	Sun	2 to 4pm	Ages 18 and up	\$20	1 class	PLGNC0040-300002
Growing the next generation: Native Plant Propagation	Sep 27	Sun	2 to 4pm	Ages 18 and up	\$20	1 class	PLGNC0040-300004
Leave the Leaves: Eco-Friendly Yards that Still Look Great	Oct 4	Sun	2 to 4pm	Ages 18 and up	\$20	1 class	PLGNC0040-300005



HIKES, SCAVENGER HUNTS AND CAMPFIRES

Luminary Hikes

Enjoy a crisp fall evening on the trails as we light up the night with our hand-carved Jack-O-Lanterns, then warm up by the campfire and toast a marshmallow. Select a time BEFORE 6pm if you would prefer to walk by daylight, or AFTER 6pm to enjoy the trails by jack-o-lantern light. The trail is on natural surfaces with dirt, rock and rut. Trails steepness varies and some parts of the hike will only be accessible with stairs. Inclement weather will cancel this program. Registration is required for this program, please register all participants.

Locust Grove Nature Center [Register on Active Montgomery | Activity: PLGNC0046](#)

Pumpkin Patch Hike	Oct 23	Fri	5 to 5:15pm	Ages 4 and up	\$6	1 class	PLGNC0046-300001
Pumpkin Patch Hike	Oct 23	Fri	5:15 to 5:30pm	Ages 4 and up	\$6	1 class	PLGNC0046-300002
Pumpkin Patch Hike	Oct 23	Fri	5:30 to 5:45pm	Ages 4 and up	\$6	1 class	PLGNC0046-300003
Pumpkin Patch Hike	Oct 23	Fri	5:45 to 6pm	Ages 4 and up	\$6	1 class	PLGNC0046-300004
Pumpkin Patch Hike	Oct 23	Fri	6 to 6:15pm	Ages 4 and up	\$6	1 class	PLGNC0046-300005
Jack-O-Lantern Hike	Oct 23	Fri	6:15 to 6:30pm	Ages 5 and up	\$6	1 class	PLGNC0046-300006
Jack-O-Lantern Hike	Oct 23	Fri	6:30 to 6:45pm	Ages 5 and up	\$6	1 class	PLGNC0046-300007
Jack-O-Lantern Hike	Oct 23	Fri	6:45 to 7pm	Ages 5 and up	\$6	1 class	PLGNC0046-300008
Jack-O-Lantern Hike	Oct 23	Fri	7 to 7:15pm	Ages 5 and up	\$6	1 class	PLGNC0046-300009
Jack-O-Lantern Hike	Oct 23	Fri	7:15 to 7:30pm	Ages 5 and up	\$6	1 class	PLGNC0046-300010
Jack-O-Lantern Hike	Oct 23	Fri	7:30 to 7:45pm	Ages 5 and up	\$6	1 class	PLGNC0046-300011
Jack-O-Lantern Hike	Oct 23	Fri	7:45 to 8pm	Ages 5 and up	\$6	1 class	PLGNC0046-300012

Full Moon Fridays

Join us for the magic of the full moon for a hike and campfire on each Friday nearest to the full moon. Feel free to bring your own hotdogs to warm over the fire and we'll provide marshmallows. The program will be mainly outdoors with a hiking component. All hikes will be on natural surface trails. Trails steepness varies and some trails will only be accessible with stairs. Inclement weather will cancel this program. All attendees must register.

Locust Grove Nature Center [Register on Active Montgomery](#) | Activity: **PLGNC0001**

Sep 25	Fri	6:30 to 8pm	Ages 5 and up	\$8	1 class	PLGNC0001-300001
Nov 20	Fri	5:30 to 7pm	Ages 5 and up	\$8	1 class	PLGNC0001-300003

Little Creepy Critters Costume Campfire

Snakes, spiders, and toads... do these critters give you the jitters? We'll celebrate nature's creepiest with a special presentation featuring our live animal ambassadors. Then come around the campfire to roast a sweet marshmallow treat. Costumes encouraged! Inclement weather will cancel this program. Each registration is for one child and their adult.

Locust Grove Nature Center [Register on Active Montgomery](#) | Activity: **PLGNC0028**

Oct 24	Sat	11am to 12pm	Ages 3 to 7	\$8	1 class	PLGNC0028-300001
Oct 31	Sat	1 to 2pm	Ages 3 to 7	\$8	1 class	PLGNC0028-300003

Spooky Story Campfire

Join us for an evening of spooky stories and roasting marshmallows around the campfire. Please note that these stories will have a scary elements, so please make sure both you and your child will enjoy these tales. Costumes encouraged! Inclement weather will cancel this program. Each registration is for one child and their adult.

Locust Grove Nature Center [Register on Active Montgomery](#) | Activity: **PLGNC0028**

Oct 30	Fri	5:30 to 6:30pm	Ages 10 and up	\$8	1 class	PLGNC0028-300004
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FALL NATIVE PLANT SALE

Beautify your backyard and
be a good neighbor to wildlife
with native plants.



Presale Party

Friday, September 18, 2026

5 to 7pm

Register for the Presale Party on [Active Montgomery](#) (Activity: PLGNC0004) to avoid the crowds and have access to limited edition plants.

Native Plant Sale

Sat and Sun, September 19 and 20, 2026

10am to 2pm

Pope Farm Nursery

7400 Airpark Road, Gaithersburg, MD 20905

Please note Pope Farm is only open to the public during sale hours.

Sales support educational programs at Locust Grove Nature Center.



Want to learn more about nativescaping?

Check out Locust Grove Nature Center's fall classes for opportunities to learn tips and techniques for gardening with native plants.

MoCoParks.org/LGPlantNative

MoCoParks.org/PlantSales



MAYDALE NATURE CLASSROOM



MAYDALE
NATURE CLASSROOM



MAYDALE NATURE CLASSROOM

1638 Maydale Drive | Colesville, MD 20905

301-962-1496

MaydaleNature.org

SPECIAL EVENTS

Native Trees & Shrubs Sale

Stop by Maydale during AutumnFest to shop fruiting trees and flowering shrubs for your yard. Plant them at home to help support local wildlife and pollinators.

Location: Maydale Nature Classroom

Oct 10	Sat	4 to 7pm	All Ages	Free
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HIKES, SCAVENGER HUNTS, AND CAMPFIRES

Fall Scavenger Hunt!

Come out and enjoy a fun, fall themed scavenger hunt! Join a Naturalist and together set out to explore the ponds, stream, and forest of Maydale! All participants ages 3 and up must register.

Location: Maydale Nature Classroom [Register on Active Montgomery | Activity: PMAY0006](#)

Sep 17	Thu	10:30 to 11:30am	Ages 3 and up	\$4	1 class	PMAY0006-300001
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My Small Dog & Me Hike

Calling all small dog parents! (25lbs and under) Put on your sneakers and dress for the outdoors! Bring your fur babies along for a leisurely hike on natural surface trails. All dogs must be on leash, up to date on vaccinations and familiar with being around other dogs and people. Minors must be accompanied by an adult. All attendees must register.

Location: Maydale Nature Classroom [Register on Active Montgomery | Activity: PMAY0045](#)

Sep 26	Sat	10 to 11am	Ages 3 and up	Free	1 class	PMAY0045-300001
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My Large Dog & Me Hike

Calling all large dog parents! (25lbs and up) Put on your sneakers and dress for the outdoors! Bring your fur babies along for this fast paced hike on natural surface trails. All dogs must be on leash, up to date on vaccinations and familiar with being around other dogs and people. All attendees must register.

Location: Maydale Nature Classroom [Register on Active Montgomery | Activity: PMAY0045](#)

Sep 26	Sat	11:30am to 12:30pm	Ages 6 and up	Free	1 class	PMAY0045-300002
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MAYDALE NATURE CLASSROOM

Campfire Cookout

Enjoy a nice evening around the campfire with your family while taking in the sights and sounds of nature. You supply the hot dogs and your favorite condiments. We will supply the roasting sticks and all the ingredients for making gourmet S'mores. Registration required for all attending.

Location: Maydale Nature Classroom [Register on Active Montgomery](#) | [Activity: PMAY0017](#)

Oct 23	Fri	7 to 8:30pm	Ages 6 and up	\$10	1 class	PMAY0017-300001
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NATURE, OUTDOOR EXPLORATION, AND SKILLS

Night Hike!

Join us as we hike through the woods, meadow, and ponds of Maydale exploring the sights, sounds, and stars that surround us! Who knows what we might find! All participants ages 6 and up must register, including adults.

Location: Maydale Nature Classroom [Register on Active Montgomery](#) | [Activity: PMAY0051](#)

Oct 2	Fri	7 to 8pm	Ages 6 and up	\$7	1 class	PMAY0051-300001
Nov 6	Fri	7 to 8pm	Ages 6 and up	\$7	1 class	PMAY0051-300002

Tracks 101

Ever wonder who left an animal print behind? We'll head outside to follow the clues and see what local wildlife signs can tell us, then make a print to take home.

Location: Maydale Nature Classroom [Register on Active Montgomery](#) | [Activity: PMAY0009](#)

Oct 17	Sat	10:30 to 11:30am	Ages 3 and up	\$7	1 class	PMAY0009-300001
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MINDFULNESS AND WELLNESS

Paws With A Therapy Dog

If you just need a little boost, a bit of laughter or just a break from your daily routine stop by to meet a friendly canine! All attendees must register. Minors must be accompanied by an adult.

Location: Maydale Nature Classroom [Register on Active Montgomery](#) | [Activity: PMAY0042](#)

Sep 11	Fri	10:30 to 11:30am	Ages 3 and up	Free	1 class	PMAY0042-300001
Oct 2	Fri	10:30 to 11:30am	Ages 3 and up	Free	1 class	PMAY0042-300002
Nov 6	Fri	10:30 to 11:30am	Ages 3 and up	Free	1 class	PMAY0042-300003



MAYDALE NATURE CLASSROOM'S

AutumnFest

Saturday, October 10 | 4 to 7 pm

Join us for a cozy autumn celebration filled with community, creativity, and seasonal fun for all ages—family-friendly costumes welcome!

EVENT HIGHLIGHTS:

Fall Favorites

Enjoy pumpkin painting, live music, a cozy campfire, and opportunities to discover the trees and wildlife that make Maydale special.

Pup-Friendly Fun

Bring your pup along for a costume contest, cutest trick talent show, and a musical chairs-style game for dogs.

Native Trees and Shrubs Sale

Browse fruiting trees and flowering shrubs that can add beauty, shade, and fresh fruit to your yard while supporting local wildlife and pollinators.

MAYDALE NATURE CLASSROOM
1638 Maydale Drive | Colesville, MD 20905
301.962.1496 | MaydaleNature.org



Learn more:
[MoCoParks.org/
AutumnFest](http://MoCoParks.org/AutumnFest)





MEADOWSIDE
NATURE CENTER



MEADOWSIDE NATURE CENTER

5100 Meadowside Lane | Rockville, Maryland 20855

301-258-4030

[MeadowsideNature.org](https://www.MeadowsideNature.org)

SPECIAL EVENTS

Crabs, Creeks, and Cold Brews: A Maryland Day Celebration

Looking for the ultimate summer date night or an evening out with friends? We've got you covered—and we'll even watch the kids. Grab a cold drink and join a naturalist for a twilight stroll down to the creek. We'll keep it relaxing as we walk among the woods, noticing the natural beauty of Maryland. Once we wrap up our walk in the woods, the real Maryland tradition begins. Head back to the tables to unwind to the sounds of live music while diving into fresh, steaming blue crabs and two sides. Wash it down with two crips, local beers. Break out your best Maryland-themed gear or just wear a favorite white T-shirt you don't mind getting a little old-bay-and-crab-juice on. The Best Part? Complimentary Childcare. Enjoy a true night off. Registration includes your full meal, two drinks, and access to first-come, first-served childcare right on-site. Bring the kids, drop them off with their favorite peanut-free dinner, and let us handle the rest while you relax.

Location: Meadowside Nature Center [Register on Active Montgomery](#) | [Activity: PMNC0256](#)

Sep 5	Sat	6 to 8pm	All Ages	\$80	1 class	PMNC0256-300001
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Paws, Pawpaws, and Pints

Paws of your dogs, and paw paws from our trees, what could make for a better jamboree? Join us in celebrating a harvest of a local staple fruit with samplings of edible and quaffable treats for both human and canine. Couple the exploration of the pawpaw via the senses with a voyage of the mind by joining a jaunt on the trail with your pup to learn about the ecology and history of a plant that has long captured the tastebuds of creatures of all kinds. Participating pups must remain on a leash and be sociable with other dogs and humans. Guests will enjoy tastings of different varieties of pawpaw fruit accompanied with some seasonal brews and will walk on natural surface trails to join a short hiking tour.

Location: Meadowside Nature Center [Register on Active Montgomery](#) | [Activity: PMNC0262](#)

Sep 26	Sat	1 to 2pm	Ages 21 and up	\$25	1 class	PMNC0262-300001
Sep 26	Sat	2:30 to 3:30pm	Ages 21 and up	\$25	1 class	PMNC0262-300002

Meadowside Celebration!

Come celebrate all Meadowside has to offer and see what's new with our exhibits! We'll have games, hikes, raptor chats, and a campfire. We're looking forward to connecting with our community in nature and hope to see you there.

Location: Meadowside Nature Center [Register on Active Montgomery](#) | [Activity: PMNC0258](#)

Sep 9	Wed	11am to 1pm	All Ages	Free	1 class	PMNC0258-300001
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Happy Hour on the Raptor Deck: Pumpkin Paint and Sip

Join us for an evening of snacks and socialization in the ambiance of our raptor deck. Sip on seasonal beer or wine, decorate a pumpkin, and maybe add some new friends to your flock! Registration includes one pumpkin, snacks, and two alcoholic beverages. Due to the consumption of alcohol this program is for adults 21 years of age or older.

Location: Meadowside Nature Center [Register on Active Montgomery](#) | [Activity: PMNC0234](#)

Oct 23	Fri	5 to 6pm	Ages 21 and up	\$25	1 class	PMNC0234-300001
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MEADOWSIDE NATURE

Community Exhibit: Altar del Día de Los Muertos

Across the Americas, people commemorate loved ones with offerings of their favorite foods, objects, and stories. This ceremony observes the interconnectedness of life and death, a natural cycle experienced by all forms of life. Through October 27th and November 3rd, Meadowside Nature Center welcomes offerings (“ofrenda”) in a community exhibit discussing cycles of rest and renewal, and cultural traditions that celebrate death as a universal experience. Registration is not required. Guests may come anytime during open hours to place copies of photographs, objects, flowers and plants, artwork, and non-perishable foods in sealed containers on the altar. The community exhibit will be open to the public; please provide objects that can be left at the nature center.

Location: Meadowside Nature Center [Register on Active Montgomery](#) | [Activity: PMNC0269](#)

Oct 28 to Oct 31	Wed to Sat	11am to 2pm	All Ages	Free	6 classes	PMNC0269-300001
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Community Celebration: Día de los Muertos

Join Meadowside Nature Center in a community celebration of Día de Los Muertos. The event will discuss cultural traditions that celebrate death as a universal experience, as observed in our personal lives and in nature. Guests are invited to bring offerings to loved ones of all kinds to share in a community art exhibit, and will be invited to explore themes of rest and renewal through culturally-themed art activities.

Location: Meadowside Nature Center [Register on Active Montgomery](#) | [Activity: PMNC0270](#)

Oct 31	Sat	11am to 2pm	All Ages	Free	1 class	PMNC0270-300001
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ART AND CRAFTING

Crafting for Animals

Get crafty with recyclables for animals! Join us in a group crafting session to create enrichment objects for our resident animal ambassadors: owls, hawks, and a vulture. Guests 14 and older can earn Student Service Learning Hours for their participation and may register as an independent participant. Children younger than 14 years must be accompanied by a caretaker.

Location: Meadowside Nature Center [Register on Active Montgomery](#) | [Activity: PMNC0247](#)

Oct 3	Sat	2 to 2:45pm	Ages 7 and up	Free	1 class	PMNC0247-300001
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Queer Crafting

Join us at Meadowside Nature Center for an evening of crafting and queerness. We'll provide the materials and snacks. You bring yourself and your creativity!

Location: Meadowside Nature Center [Register on Active Montgomery](#) | [Activity: PMNC0229](#)

Oct 9	Fri	6:30 to 8pm	Ages 18 and up	\$10	1 class	PMNC0229-300001
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MEADOWSIDE NATURE

Crafty Upcycling: Rags to Riches

Come and learn how to upcycle your old bed sheets into a stylish rug! We will discuss several techniques to craft a rag rug, and you can start your rug during the workshop. Feel free to bring your old unusable bed sheets! If you don't have anything lying around, we will provide some upcycling materials for you.

Location: Meadowside Nature Center [Register on Active Montgomery](#) | [Activity: PMNC0267](#)

Oct 10	Sat	2 to 2:45pm	Ages 12 and up	\$10	1 class	PMNC0267-300001
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MINDFULNESS & WELLNESS

Birdability Yoga: All Levels, All Bodies

Stretch your wings, wherever your body is at. This All bodies, All Levels flow will guide yogis new and experienced through gentle bird-themed movements. Whether you're seated or grounded, follow along to give your body a needed stretch and a bump of energy to get the blood flowing. This class will be offered in one of two ADA accessible spaces, depending on the weather. Those are outside under the shade of trees on a level wooden deck or inside a classroom. Guests can conduct this yoga flow in a seated position or on a mat on the floor. Guests are encouraged to bring their own mat or surface to flow on.

Location: Meadowside Nature Center [Register on Active Montgomery](#) | [Activity: PMNC0268](#)

Oct 24	Sat	11am to 12pm	Ages 16 and up	\$12	1 class	PMNC0268-300001
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PLAYTIME OR STORYTIME

Storytime with the Animals

Meet one of Meadowside Nature Center's animal ambassadors and sit down with them to listen to a story!

Location: Meadowside Nature Center [Register on Active Montgomery](#) | [Activity: PMNC0169](#)

Sep 16	Wed	10:30 to 11am	Ages 6 and under	Free	1 class	PMNC0169-300001
Oct 14	Wed	10:30 to 11am	Ages 6 and under	Free	1 class	PMNC0169-300002
Nov 18	Wed	10:30 to 11am	Ages 6 and under	Free	1 class	PMNC0169-300003

Toddler Time

Join a naturalist as we explore the natural wonders of autumn. Each session will be held outdoors and include activities just right for kids aged 2 to 4 years.

Location: Meadowside Nature Center [Register on Active Montgomery](#) | [Activity: PMNC0261](#)

Monarchs	Sep 23	Wed	10 to 11am	Ages 2 to 4	\$7	1 class	PMNC0261-300001
Fall Colors	Oct 21	Wed	10 to 11am	Ages 2 to 4	\$7	1 class	PMNC0261-300002
Squirrels and Chipmunks	Nov 11	Wed	10 to 11am	Ages 2 to 4	\$7	1 class	PMNC0261-300003

HIKES, SCAVENGER HUNTS & CAMPFIRES

Sparks, S'mores and Spooky Stories

Gather around the campfire for an evening perfect for the whole family! This program kicks off with a campfire followed by the ultimate campfire tradition: roasting marshmallows and building delicious, gooey s'mores. With sticky fingers and full bellies, we will then settle onto the benches around the warm glow of the fire to share a collection of spooky stories. These tales are carefully selected to provide just the right amount of spine-tingling fun without being too frightening for our younger listeners. Pre-registration is required for every individual attending, so be sure to secure your spots before they vanish into the night.

Location: Meadowside Nature Center [Register on Active Montgomery](#) | **Activity: PMNC0266**

Oct 29	Thu	6 to 7pm	Ages 5 and up	\$7	1 class	PMNC0266-300001
Oct 30	Fri	7 to 8pm	Ages 12 and up	\$7	1 class	PMNC0266-300002
Nov 6	Fri	7 to 8pm	Ages 12 and up	\$7	1 class	PMNC0266-300003

Trick-or-Treat on the Trails

Dress in your favorite costume and take a self-guided stroll through Meadowside's enchanted forest. Collect treats along your way as you answer tricks, riddles, puzzles and more! Trails are natural with roots, rocks, and uneven surfaces. Flat, closed-toed shoes are recommended.

Location: Meadowside Nature Center [Register on Active Montgomery](#) | **Activity: PMNC0204**

Oct 30	Fri	3 to 5pm	All Ages	\$7	1 class	PMNC0204-300001
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NATURE, OUTDOOR EXPLORATION, AND SKILLS

Ask a Naturalist

Touch artifacts, ask questions, and learn more about your favorite animal ambassadors from the Naturalists who care for them! No registration required.

Location: Meadowside Nature Center [Register on Active Montgomery](#) | **Activity: PMNC0255**

Sep 3	Thu	11am to 12pm	All Ages	Free	1 class	PMNC0255-300001
Sep 10	Thu	11am to 12pm	All Ages	Free	1 class	PMNC0255-300002
Sep 17	Thu	11am to 12pm	All Ages	Free	1 class	PMNC0255-300003
Sep 24	Thu	11am to 12pm	All Ages	Free	1 class	PMNC0255-300004
Oct 1	Thu	11am to 12pm	All Ages	Free	1 class	PMNC0255-300005
Oct 8	Thu	11am to 12pm	All Ages	Free	1 class	PMNC0255-300006
Oct 15	Thu	11am to 12pm	All Ages	Free	1 class	PMNC0255-300007
Oct 22	Thu	11am to 12pm	All Ages	Free	1 class	PMNC0255-300008
Oct 29	Thu	11am to 12pm	All Ages	Free	1 class	PMNC0255-300009
Nov 5	Thu	11am to 12pm	All Ages	Free	1 class	PMNC0255-300010
Nov 12	Thu	11am to 12pm	All Ages	Free	1 class	PMNC0255-300011
Nov 19	Thu	11am to 12pm	All Ages	Free	1 class	PMNC0255-300012

Walk Up Bird Walk

Stroll with a naturalist to play detective on the lookout for signs of...birds! This walk-up bird walk welcomes birders of all experience levels, beginner to expert, to bird together. No registration is required. While optional, binoculars are also not required. The guide may take guests on various routes, depending on the needs of the group and bird activity taking place on the day of the walk. All routes may traverse natural surface trails with varying degrees of incline.

Location: Meadowside Nature Center [Register on Active Montgomery](#) | [Activity: PMNC0257](#)

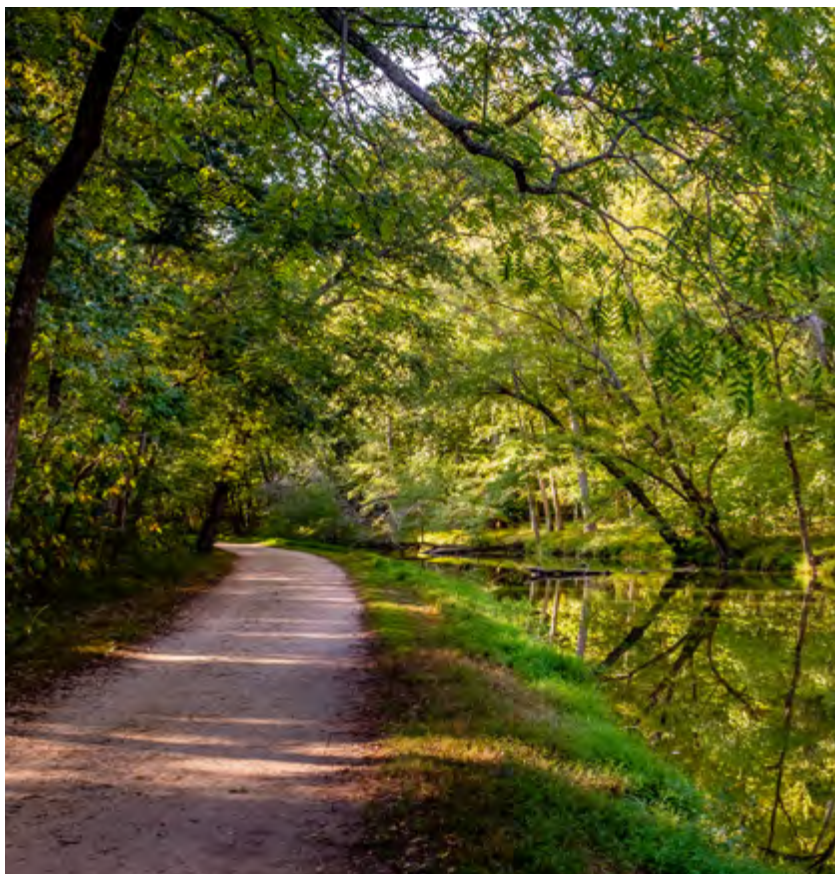
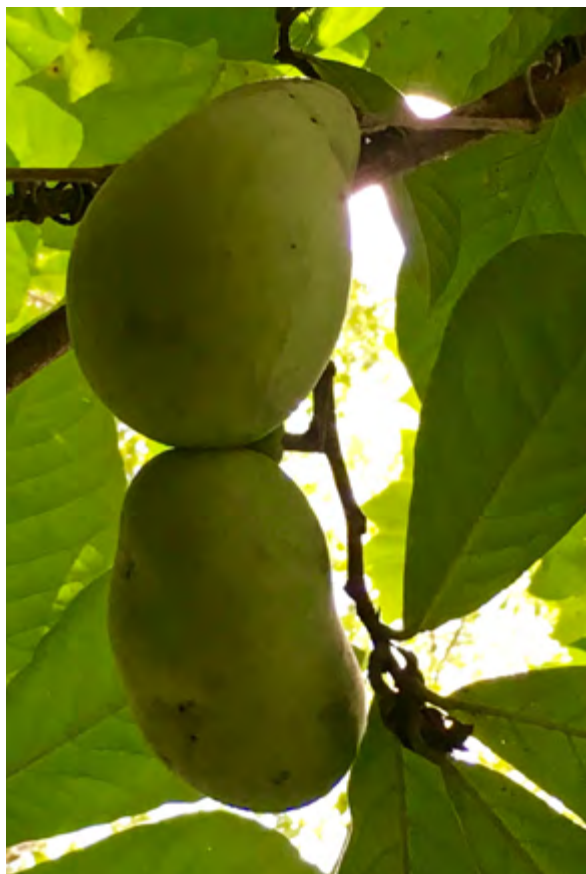
Sep 5	Sat	10 to 10:30am	Ages 8 and older	Free	1 class	PMNC0257-300001
Oct 3	Sat	10 to 10:30am	Ages 8 and older	Free	1 class	PMNC0257-300002
Oct 17	Sat	10 to 10:30am	Ages 8 and older	Free	1 class	PMNC0257-300003

W.A.N.D.E.R.- PawPaw Foraging for WOMEN and NON-BINARY INDIVIDUALS

The W.A.N.D.E.R. workshop series is intentionally designed for Women and Non-Binary Individuals to learn outdoor skills in a safer space that centers their lived experience. We hope to foster an environment where Women and Non-Binary Individuals feel empowered to explore, learn, and thrive in the great outdoors. Join us this fall for a naturalist-led walk along the C & O canal in search of Maryland's coolest native fruit: the paw paw. We'll explore the ecological connections of paw paw trees, tips for responsible foraging, and delicious ways to prepare paw paw fruit. Exact meeting location along the canal will be emailed in advance to registrants.

Location: Meadowside Nature Center [Register on Active Montgomery](#) | [Activity: PMNC0259](#)

Sep 12	Sat	10am to 12pm	Ages 18 and up	\$14	1 class	PMNC0259-300001
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Steal Their Look: The Birdy Fashion Show

Birds might have done it first, and now you, too, can slay on the flyway. Feminist Bird Club DMV and Montgomery Parks call all fashionistas to “Steal Their Look,” a call to dress as a bird of choice using everyday clothing and accessories. Guests up to the task are invited to strut their feathers on an ADA-accessible “runway” with a flock of volunteer judges offering their eyes for bird style. Winners will earn a small prize for their birdy threads. Light refreshments, snacks, music, and looks will be served. Registration at least one week in advance is encouraged to coordinate the fashion show.

Location: Meadowside Nature Center [Register on Active Montgomery](#) | [Activity: PMNC0265](#)

Oct 23	Fri	7 to 9pm	Ages 14 and up	\$10	1 class	PMNC0265-300001
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GARDENING & NATIVE PLANTS

Native Plant Bingo

Get ready for a classic game with a green twist! Join us for an exciting evening of Native Plant Bingo, where the stakes are beautiful, living prizes. Instead of standard numbers, we’ll be playing with the incredible flora of Maryland—and instead of trinkets, our lucky winners will take home real native plants to jumpstart their own backyard habitats! While we wait for the next tile to be called, we’ll share fascinating tidbits about the plants that make the Piedmont region so special. Whether you are a seasoned gardener or a total beginner, you’ll walk away with new knowledge, inspiration, and maybe even a new plant friend.

Location: Meadowside Nature Center [Register on Active Montgomery](#) | [Activity: PMNC0260](#)

Sep 18	Fri	6 to 8pm	Ages 16 and up	\$10	1 class	PMNC0260-300001
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Gratitude Gardening

Celebrate this season of thanks by starting your own gratitude garden. Decorate a pot, write a seed paper note of thanks, and plant it inside your pot to watch it grow! Please register all children participating.

Location: Meadowside Nature Center [Register on Active Montgomery](#) | [Activity: PMNC0271](#)

Nov 23	Mon	2:30 to 3:30pm	All Ages	\$7	1 class	PMNC0271-300001
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SPEAKER SERIES, WORKSHOPS, OR DISCUSSIONS

Raptor Caretaker Chats

Come and learn how our Naturalist Staff care for our amazing birds of prey! Discover what raptors eat for lunch, what raptors do for fun, and how trainers build relationships with these incredible animals.

Location: Meadowside Nature Center [Register on Active Montgomery](#) | [Activity: PMNC0044](#)

Sep 12	Sat	2 to 2:45pm	All Ages	Free	1 class	PMNC0044-300001
Sep 19	Sat	2 to 2:45pm	All Ages	Free	1 class	PMNC0044-300002
Sep 26	Sat	2 to 2:45pm	All Ages	Free	1 class	PMNC0044-300003
Nov 7	Sat	2 to 2:45pm	All Ages	Free	1 class	PMNC0044-300004
Nov 14	Sat	2 to 2:45pm	All Ages	Free	1 class	PMNC0044-300005
Nov 21	Sat	2 to 2:45pm	All Ages	Free	1 class	PMNC0044-300006
Nov 21	Sat	2 to 2:45pm	All Ages	Free	1 class	PMNC0044-300007

Vulture Awareness Day Celebration

Celebrate nature's cleanup crew by finding out what it takes to be a vulture! Fly through the forest on this self-guided ultimate scavenger hunt and find the hidden vultures. Answer trivia, solve puzzles, and learn some vulture jokes as you "carrion" down the trail. When you finish your trail challenge come and see our raptor ambassadors from the Raptor Deck, and try a tasty vulture treat! Please register all children participating.

Location: Meadowside Nature Center [Register on Active Montgomery](#) | **Activity: PMNC0143**

Sep 4	Fri	4 to 5pm	All Ages	\$7	1 class	PMNC0143-300001
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THERAPEUTIC RECREATION PROGRAMS

Birdability Week- Guided Bird Walk with ASL Interpretation

Celebrate Birdability Week with Montgomery Parks during a welcoming, fully accessible guided bird walk at Meadowside Nature Center. Designed specifically for Deaf and hard-of-hearing individuals, this program includes American Sign Language (ASL) interpretation to ensure an inclusive and engaging experience for all participants. We will start the session by learning how to properly adjust and focus binoculars, ensuring everyone has a crisp, clear view of the vibrant birdlife that calls the park home. From there, we will head out into the forest for a beautiful two-mile excursion, where we will spot local species, explore native habitats, and enjoy the community of fellow nature lovers. This program is a wonderful opportunity to build your birding skills in a supportive environment, so come ready to look to the canopies and connect with the outdoors. Please note that this guided walk will take place entirely on natural-surface forest trails, so comfortable, sturdy walking shoes are highly recommended.

Location: Meadowside Nature Center [Register on Active Montgomery](#) | **Activity: PMNC0263**

Oct 21	Wed	9 to 11am	All Ages	Free	1 class	PMNC0263-300001
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NATURE ON WHEELS

Nature Center Pop-Up

We are bringing the nature center to you! Come talk with a naturalist and explore the natural world through various programs with our Nature on Wheels.

[Register on Active Montgomery | Activity: PLGNC0034](#)

<i>Cabin John Regional Park</i>	Sep 6	Sun	12 to 3pm	All Ages	Free	1 class	PLGNC0034-300001
<i>Damascus Recreational Park</i>	Oct 18	Sun	12 to 3pm	All Ages	Free	1 class	PLGNC0034-300002
<i>East Norbeck Local Park</i>	Nov 8	Sun	12 to 3pm	All Ages	Free	1 class	PLGNC0034-300003



SOUTH GERMANTOWN
Driving Range

SOUTH GERMANTOWN DRIVING RANGE
18045 Central Park Circle | Boyds, MD 20841
301-670-4670
SGDrivingRange.org

GOLF

Parent and Child Golf

Golf is a great game for kids to start early, and you will have a great time learning together. With the help of a Montgomery County Golf Academy Certified Instructor, you and your child (age 7-15) will learn the basics of golf, including proper stance, grip, chipping, putting, driving, and more. If you are already a golfer, the instructor will work with you at your level to help you improve your game. Fee covers one child and one adult; register the child only. Fee covers instruction, loaner clubs and balls.

Location: South Germantown Driving Range

[Register on Active Montgomery | Activity: PSGDR2015](#)

Sep 12 to Oct 3	Sat	11am to 12pm	Ages 7 to 15	\$140	4 classes	PSGDR2015-301001
Sep 12 to Oct 3	Sat	12 to 1pm	Ages 7 to 15	\$140	4 classes	PSGDR2015-301002
Sep 12 to Oct 3	Sat	4:30 to 5:30pm	Ages 7 to 15	\$140	4 classes	PSGDR2015-301003
Oct 17 to Nov 7	Sat	11am to 12pm	Ages 7 to 15	\$140	4 classes	PSGDR2015-301004
Oct 17 to Nov 7	Sat	12 to 1pm	Ages 7 to 15	\$140	4 classes	PSGDR2015-301005
Oct 17 to Nov 7	Sat	4:30 to 5:30pm	Ages 7 to 15	\$140	4 classes	PSGDR2015-301006

Beginner Golf, Junior

If you have always wanted to try golf or have not played in years and want to pick it up again, this is an easy, inexpensive way to get into the sport. For \$120 you will get four weeks of professional instruction from a Montgomery County Golf Academy Certified Instructor, and learn the basics of golf: proper stance, grip, chipping, putting, driving, golf etiquette, and more. Fee covers loaner clubs and balls. Class sizes are small (no more than 8 students), so you are sure to get a good bit of personal attention.

Location: South Germantown Driving Range

[Register on Active Montgomery | Activity: PSGDR2011](#)

Sep 12 to Oct 3	Sat	3:30 to 4:30pm	Ages 7 to 15	\$120	4 classes	PSGDR2011-301001
Oct 17 to Nov 7	Sat	3:30 to 4:30pm	Ages 7 to 15	\$120	4 classes	PSGDR2011-301002



Beginner Golf, Adult

If you have always wanted to try golf or have not played in years and want to pick it up again, this is an easy, inexpensive way to get into the sport. For \$120 you will get four weeks of professional instruction from a Montgomery County Golf Academy Certified Instructor, and learn the basics of golf: proper stance, grip, chipping, putting, driving, golf etiquette, and more. Fee covers loaner clubs and balls. Class sizes are small (no more than 8 students), so you are sure to get a good bit of personal attention.

South Germantown Driving Range

[Register on Active Montgomery | Activity: PSGDR2010](#)

Sep 8 to 29	Tue	5:30 to 6:30pm	Ages 18 and up	\$120	4 classes	PSGDR2010-301001
Sep 10 to Oct 1	Thu	5:30 to 6:30pm	Ages 18 and up	\$120	4 classes	PSGDR2010-301002
Sep 12 to Oct 3	Sat	2:30 to 3:30pm	Ages 18 and up	\$120	4 classes	PSGDR2010-301003
Oct 13 to Nov 3	Tue	5:30 to 6:30pm	Ages 18 and up	\$120	4 classes	PSGDR2010-301004
Oct 15 to Nov 5	Thu	5:30 to 6:30pm	Ages 18 and up	\$120	4 classes	PSGDR2010-301005
Oct 17 to Nov 7	Sat	2:30 to 3:30pm	Ages 18 and up	\$120	4 classes	PSGDR2010-301006

ARCHERY

Parent and Child Archery

Whether you are a novice, or you shoot better than Robin Hood, this class is for parent/guardian and their children interested in the sport of archery. It is a really FUN way for boys and girls to learn about archery in a positive learning environment involving both parent and child! Participants should wear comfortable clothing. This is an outdoor class, so participants should dress accordingly. Fee covers one child and one adult; register the child only.

Location: South Germantown Driving Range

[Register on Active Montgomery | Activity: PSGDR2004](#)

Sep 5 to 26	Sat	12:30 to 2pm	Ages 7 to 15	\$75	4 classes	PSGDR2004-301001
Sep 6 to 27	Sun	12:30 to 2pm	Ages 7 to 15	\$75	4 classes	PSGDR2004-301003
Oct 10 to 31	Sat	12:30 to 2pm	Ages 7 to 15	\$75	4 classes	PSGDR2004-301002
Oct 11 to Nov 1	Sun	12:30 to 2pm	Ages 7 to 15	\$75	4 classes	PSGDR2004-301004





Youth Archery

Interested in learning archery? Participants will learn basic skills and safety instruction. You will learn how to hold, aim, draw, and shoot a bow. We will introduce or build on participant's current knowledge/skills of archery and provide time to practice each new skill. We will supply all the equipment, a safe place to shoot, and a Certified Instructor to guide you. Please bring a water bottle and dress for the weather.

Location: South Germantown Driving Range

[Register on Active Montgomery | Activity: PSGDR2001](#)

Sep 5 to 26	Sat	2 to 3:30pm	Ages 8 to 15	\$60	4 classes	PSGDR2001-301001
Sep 6 to 27	Sun	2 to 3:30pm	Ages 8 to 15	\$60	4 classes	PSGDR2001-301002
Oct 10 to 31	Sat	2 to 3:30pm	Ages 8 to 15	\$60	4 classes	PSGDR2001-301003
Oct 11 to Nov 1	Sun	2 to 3:30pm	Ages 8 to 15	\$60	4 classes	PSGDR2001-301004

Adult Archery

Adult archery focuses on the draw cycle. You will learn how to anchor, transfer/hold, aim, and release/follow through. We will supply all the equipment, a safe place to shoot, and a Certified Instructor to guide you. Please bring a water bottle and dress for the weather.

Location: South Germantown Driving Range

[Register on Active Montgomery | Activity: PSGDR2003](#)

Sep 5 to 26	Sat	3:30 to 5pm	Ages 8 to 15	\$60	4 classes	PSGDR2003-301001
Sep 6 to 27	Sun	3:30 to 5pm	Ages 8 to 15	\$60	4 classes	PSGDR2003-301002
Oct 10 to 31	Sat	3:30 to 5pm	Ages 8 to 15	\$60	4 classes	PSGDR2003-301003
Oct 11 to Nov 1	Sun	3:30 to 5pm	Ages 8 to 15	\$60	4 classes	PSGDR2003-301004

MONTGOMERY PARKS

WHEATON PASSPORT TO SPORTS DAY



SUNDAY, OCTOBER 11, 2026 | 11 AM TO 3 PM

Join us for a community day at the Sports Facilities in Wheaton Regional Park!

- **Try a new activity**
Activities include ice skating, ice hockey, tennis, pickleball, and field sports. Equipment provided.
- **Explore our three indoor facilities**
Wheaton Ice Arena, Wheaton Indoor Tennis, and Wheaton Sports Pavilion
- **Learn about our class offerings**
Staff and coaches will be on hand to answer your questions.
- **All ages and skill levels welcome**



Advanced Registration Required

Age Range: 3 and older

Children must be accompanied by an adult.
To register scan the QR code or visit:

MoCoParks.org/WheatonSportsDay

SCHEDULE

Wheaton Ice Arena

- **11 am to 1 pm** - Open skating with instruction for beginners at 11:10, 11:30, and 11:50 am
- **1 pm** - Zamboni on the ice!
- **1:15 to 2:45 pm** - Visit our party rooms to do an ice skating themed craft, look at different kinds of skates, and learn how the Zamboni works!
- **2:45 pm** - Zamboni on the ice!
- **3 to 5 pm** - Open skating

Wheaton Indoor Tennis

- **11 am to 3 pm** - Open play for pickleball and tennis with assistance for beginners

Wheaton Sports Pavilion

- **11 am to 3 pm** - Stations to try all field sports including soccer, lacrosse, inflatable bubbles, and other games

Wheaton Regional Park - 11717 Orebaugh Ave | Wheaton, Maryland 20902

WheatonIceArena.org
WheatonTennis.org
WheatonSportsPavilion.org



Wheaton
Ice Arena



Wheaton
Indoor Tennis



Wheaton
Sports Pavilion



ICE SKATING



**Cabin John
Ice Rink**



**Wheaton
Ice Arena**



CABIN JOHN ICE RINK

10610 Westlake Dr | Rockville, MD 20852

301-765-8620

CabinJohnIce.org

WHEATON ICE ARENA

11717 Orebaugh Ave | Wheaton, MD 20902

301-905-3000

WheatonIceArena.org

CLASS DATES

Fall I

- Registration Dates: Aug. 31 to Sept. 11
- Class Dates: Sept. 14 to Oct. 26
- No classes: Sept. 21

Fall II

- Registration Dates Oct. 27 to 30
- Class Dates: Nov. 1 to Dec. 19
- No classes: Nov. 25 to 29

On your first day of class...

- Check in at the Group Lesson area in the rink lobby.
- Wear one pair of thin long socks that cover your ankles.
- Bring any additional equipment noted in your class description.
- Arrive at the rink 30 minutes early for your first lesson, and 15 to 20 minutes early for subsequent lessons to have time to get skates on properly.
- Pick up your skates at the skate exchange. Ask for one size smaller than your sneaker size. You'll have better balance and protections against injuries.

EVENTS AND IMPORTANT DATES:

- **Rink Closed:** Nov 26 and Dec 25
- **Rink closes at 3 pm** on Dec 24 and 31
- **Not So Spooky Skates:** Cabin John - Oct. 23; Wheaton - Oct. 29 See [page 116](#) for details.
- **Winter Ice Shows:** Cabin John - Dec. 12 at 6:15 pm; Wheaton - Dec. 20 at 1:15 pm

COURSE FEES COVER

1. Six instructed group lessons
2. Skate rental
3. A practice pass good for public skating admissions and skate rental during the lesson series

PLEASE NOTE

- No make-ups or refunds for missed lessons.
- Please read course descriptions carefully and select courses that match the skater's ability and experience. At the end of each class series, the skater will receive an evaluation form recommending the class that should be taken in the future.
- If you see a class you like, register! Classes may be canceled or combined if a minimum enrollment is not met.
- If you wish to practice on the same day as your lesson, please see the public skating schedules before signing up
- Skaters will receive a ribbon award at the end of the course.

PUBLIC SESSIONS

Visit our websites for schedules and pricing.

CabinJohnIce.org

WheatonIceArena.org



Cabin John
Ice Rink



Wheaton
Ice Arena



SPECIAL EVENTS

Wheaton Passport to Sports Day

Join us for a community day at the Sports Facilities in Wheaton Regional Park. A ticket will get you wristband and passport to attend events at the Wheaton Ice Arena, Wheaton Indoor Tennis, and Wheaton Sports Pavilion. Participants who fill their passports will be entered in a raffle to win fun prizes. Each facility will have a schedule of events plus program information available. Fees include skate rental and tennis racquet use at the facility.

Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE2020](#)

Oct 11	Sun	11am to 3pm	Ages 3 and up	\$10	1 class	PICE2020 - 305200
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Not so Spooky Skate

Come celebrate Halloween on ice! Skaters should come in costume so they can trick or treat at the rink, participate in the costume contest, and do some Halloween crafts. Organized on ice activities including a costume parade and skating. Registration includes public skate admission, skate rental, and crafts in the party rooms. Skaters under the age of 6 should have a parent participate in the public skating and craft portion of the program. Please register the child only.

[Register on Active Montgomery | Activity: PICE2020](#)

<i>Cabin John Ice Rink</i>	Oct 23	Fri	4:30 to 6:30pm	Ages 3 to 12	\$20	1 class	PICE2020-302010
<i>Wheaton Ice Arena</i>	Oct 29	Thu	6 to 8pm	Ages 3 and up	\$20	1 class	PICE2020-305010

Frozen Family Fun

Frozen Family Fun: Frozen Family fun is a fun filled experience designed for families to enjoy learning some beginning basic ice skating skills together. Spend quality time skating, learning, and making memories in a welcoming and energetic environment. The class includes 15 minutes of warm up, 30 minutes of instructor led activities, and 30 minutes of open skating to practice and have fun together on the ice. Rental skates are included in the class fee, so just bring your family and get ready for a cool exciting time at the rink! Helmets are required for all participants; bike helmets are fine. Price is for a family of four. Extra family members can register using activity number PWIA2020.

Wheaton Ice Arena [Register on Active Montgomery | Activity: PWIA2000](#)

Dec 28	Mon	11:30am to 12:45pm	Ages 3 and up	\$60	1 class	PWIA2000-325020
Dec 29	Tue	11:30am to 12:45pm	Ages 3 and up	\$60	1 class	PWIA2000-325030

ICE SKATING

Cabin John Youth Figure Skating Clinics

Join us for a winter break skating clinic

Cabin John Ice Rink [Register on Active Montgomery | Activity: PCJI2022](#)

Ice Dance and Skating Skills Clinic	Dec 28	Mon	8:30am to 12:30pm	Ages 6 to 17	\$65	1 class	PCJI2022-322001
Spin Clinic	Dec 29	Tue	8:30am to 12:30pm	Ages 6 to 17	\$65	1 class	PCJI2022-322002
Basic Ice Skating Skills	Dec 30	Wed	8:30am to 12:30pm	Ages 6 to 17	\$65	1 class	PCJI2022-322003

Cabin John Adult Figure Skating Clinic

Join us for a winter break skating clinic

Cabin John Ice Rink [Register on Active Montgomery | Activity: PCJI2024](#)

Adult Figure Skating Clinic	Dec 27	Sun	8:30am-12:30pm	Ages 18 and up	\$65	1 class	PCJI2024-322000
Adult Ice Dance and Skating Skills Clinic	Dec 28	Mon	8:30am-12:30pm	Ages 18 and up	\$65	1 class	PCJI2024-322001
Adult Spin Clinic	Dec 29	Tue	8:30am-12:30pm	Ages 18 and up	\$65	1 class	PCJI2024-322002

Wheaton Figure Skating Clinics

Join us for a winter break skating clinic

Wheaton Ice Arena [Register on Active Montgomery | Activity: PWIA2001](#)

Frozen Elegance: Skills & Artistry Clinic	Dec 22	Tue	6 to 8pm	Ages 6 to 17	\$60	1 class	PWIA2001-325010
Ice Breakers: Middle and High School Figure Skating Clinic	Dec 29	Tue	9am to 12pm	Ages 6 to 14	\$60	1 class	PWIA2001-325020
Frost and Flow Adult Clinic	Dec 30	Wed	9am to 12pm	Ages 18 and older	\$60	1 class	PWIA2001-325030
Ice Breakers: Middle and High School Figure Skating Clinic	Dec 31	Thu	9am to 12pm	Ages 6 to 14	\$60	1 class	PWIA2001-325040

Fall I: ☐ ☐

Fall II: ☐ ☐

ICE SKATING

Ice Shows

Register for a solo or duet performance in a figure skating exhibition

Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE1000](#)

Cabin John Winter Ice Show Solo	Dec 12	Sat	6:15 to 9:15pm	Ages 5 and older	\$12	PICE1000-322002
Cabin John Winter Ice Show Duet	Dec 12	Sat	6:15 to 9:15pm	Ages 5 and older	\$15	PICE1000-322003

Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE1000](#)

Wheaton Winter Ice Show Solo	Dec 20	Sun	1:15 to 3:45pm	Ages 5 and older	\$12	PICE1000-325004
Wheaton Winter Ice Show Duet	Dec 20	Sun	1:15 to 3:45pm	Ages 5 and older	\$15	PICE1000-325005

ICE SKATING CLASSES

Parent and Tot Ice Skating

Skating is fun, and great exercise for you and your child! This class teaches children ages 3 to 5 beginning skating skills with Mom or Dad right there to help them feel safe. We'll teach your child how to fall and get up and march while moving on the ice. Parents will need basic skating skills to skate with their child. Fee covers registration for child and parent, skate rental for child and parent, and a practice card good for admission to six public skate sessions to practice skills learned in class. Register only the child for the course. Equipment Required: Helmet and Gloves.

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery | Activity: PICE0100](#)

Sep 20 to Oct 25	Sun	11 to 11:30am	Ages 3 to 5	\$120	6 classes	PICE0100-312000
Sep 20 to Oct 25	Sun	11:30am to 12pm	Ages 3 to 5	\$120	6 classes	PICE0100-312001
Sep 16 to Oct 21	Wed	4:30 to 5pm	Ages 3 to 5	\$120	6 classes	PICE0100-312002
Sep 18 to Oct 23	Fri	11:30am to 12pm	Ages 3 to 5	\$120	6 classes	PICE0100-312003
Sep 19 to Oct 24	Sat	10:30 to 11am	Ages 3 to 5	\$120	6 classes	PICE0100-312004
Sep 19 to Oct 24	Sat	11:15 to 11:45am	Ages 3 to 5	\$120	6 classes	PICE0100-312005

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery | Activity: PICE0100](#)

Sep 20 to Oct 25	Sun	1:15 to 1:45pm	Ages 3 to 5	\$120	6 classes	PICE0100-315001
Sep 16 to Oct 21	Wed	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0100-315002
Sep 17 to Oct 22	Thu	4:15 to 4:45pm	Ages 3 to 5	\$120	6 classes	PICE0100-315003
Sep 17 to Oct 22	Thu	6 to 6:30pm	Ages 3 to 5	\$120	6 classes	PICE0100-315006
Sep 19 to Oct 24	Sat	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0100-315008

Fall I: ☐ ☐

Fall II: ☐ ☐

ICE SKATING

Parent and Tot Ice Skating (continued)

Fall Term II: Cabin John Ice Rink [Register on Active Montgomery](#) | **Activity: PICE0100**

Nov 1 to Dec 13	Sun	11 to 11:30am	Ages 3 to 5	\$120	6 classes	PICE0100-322000
Nov 1 to Dec 13	Sun	11:30am to 12pm	Ages 3 to 5	\$120	6 classes	PICE0100-322001
Nov 4 to Dec 16	Wed	4:30 to 5pm	Ages 3 to 5	\$120	6 classes	PICE0100-322003
Nov 6 to Dec 18	Fri	11:30am to 12pm	Ages 3 to 5	\$120	6 classes	PICE0100-322004
Nov 7 to Dec 19	Sat	10:30 to 11am	Ages 3 to 5	\$120	6 classes	PICE0100-322005
Nov 7 to Dec 19	Sat	11:15 to 11:45am	Ages 3 to 5	\$120	6 classes	PICE0100-322006

Fall Term II: Wheaton Ice Arena [Register on Active Montgomery](#) | **Activity: PICE0100**

Nov 1 to Dec 13	Sun	1:15 to 1:45pm	Ages 3 to 5	\$120	6 classes	PICE0100-325001
Nov 4 to Dec 16	Wed	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0100-325003
Nov 5 to Dec 17	Thu	4:15 to 4:45pm	Ages 3 to 5	\$120	6 classes	PICE0100-325005
Nov 5 to Dec 17	Thu	6 to 6:30pm	Ages 3 to 5	\$120	6 classes	PICE0100-325006
Nov 7 to Dec 19	Sat	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0100-325007

Preschool Ice Skating 1

This class is designed for children ages 3 to 5 who are beginning skaters. Skaters will learn how to sit and stand up on skates both off and on the ice, march in place, march forward, glide on two feet, and dip in place. Fee includes rental skates and a practice card good for admission to six public skate sessions for the skater to practice skills learned in class. Equipment required: Helmet and gloves. Bike helmets are acceptable.

Fall Term I: Cabin John Ice Rink [Register on Active Montgomery](#) | **Activity: PICE0101**

Sep 20 to Oct 25	Sun	10:30 to 11am	Ages 3 to 5	\$120	6 classes	PICE0101-312001
Sep 20 to Oct 25	Sun	12 to 12:30pm	Ages 3 to 5	\$114	6 classes	PICE0101-312002
Sep 20 to Oct 25	Sun	12 to 12:30pm	Ages 3 to 5	\$120	6 classes	PICE0101-312003
Sep 15 to Oct 20	Tue	4 to 4:30pm	Ages 3 to 5	\$120	6 classes	PICE0101-312004
Sep 16 to Oct 21	Wed	3:30 to 4pm	Ages 3 to 5	\$120	6 classes	PICE0101-312005
Sep 16 to Oct 21	Wed	4:30 to 5pm	Ages 3 to 5	\$120	6 classes	PICE0101-312005a
Sep 18 to Oct 23	Fri	11:30am to 12pm	Ages 3 to 5	\$120	6 classes	PICE0101-312006
Sep 18 to Oct 23	Fri	3:30 to 4pm	Ages 3 to 5	\$120	6 classes	PICE0101-312007
Sep 19 to Oct 24	Sat	10:30 to 11am	Ages 3 to 5	\$120	6 classes	PICE0101-312008
Sep 19 to Oct 24	Sat	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0101-312009
Sep 19 to Oct 24	Sat	2 to 2:30pm	Ages 3 to 5	\$120	6 classes	PICE0101-312010

Fall I: ☐ ☐

Fall II: ☐ ☐

ICE SKATING

Preschool Ice Skating 1 (continued)

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | Activity: **PICE0101**

Sep 20 to Oct 25	Sun	1:15 to 1:45pm	Ages 3 to 5	\$120	6 classes	PICE0101-315001
Sep 16 to Oct 21	Wed	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0101-315004
Sep 17 to Oct 22	Thu	4:15 to 4:45pm	Ages 3 to 5	\$120	6 classes	PICE0101-315005
Sep 17 to Oct 22	Thu	6 to 6:30pm	Ages 3 to 5	\$120	6 classes	PICE0101-315006
Sep 19 to Oct 24	Sat	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0101-315009

Fall Term II: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: **PICE0101**

Nov 1 to Dec 13	Sun	10:30 to 11am	Ages 3 to 5	\$120	6 classes	PICE0101-322001
Nov 1 to Dec 13	Sun	12 to 12:30pm	Ages 3 to 5	\$120	6 classes	PICE0101-322002
Nov 1 to Dec 13	Sun	12 to 12:30pm	Ages 3 to 5	\$120	6 classes	PICE0101-322003
Nov 3 to Dec 8	Tue	4 to 4:30pm	Ages 3 to 5	\$120	6 classes	PICE0101-322004
Nov 4 to Dec 16	Wed	3:30 to 4pm	Ages 3 to 5	\$120	6 classes	PICE0101-322005
Nov 4 to Dec 16	Wed	4:30 to 5pm	Ages 3 to 5	\$120	6 classes	PICE0101-322005a
Nov 6 to Dec 18	Fri	11:30am to 12pm	Ages 3 to 5	\$120	6 classes	PICE0101-322006
Nov 6 to Dec 18	Fri	3:30 to 4pm	Ages 3 to 5	\$120	6 classes	PICE0101-322007
Nov 7 to Dec 19	Sat	10:30 to 11am	Ages 3 to 5	\$120	6 classes	PICE0101-322008
Nov 7 to Dec 19	Sat	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0101-322009
Nov 7 to Dec 19	Sat	2 to 2:30pm	Ages 3 to 5	\$120	6 classes	PICE0101-322010

Fall Term II: *Wheaton Ice Arena* [Register on Active Montgomery](#) | Activity: **PICE0101**

Nov 1 to Dec 13	Sun	1:15 to 1:45pm	Ages 3 to 5	\$120	6 classes	PICE0101-325001
Nov 4 to Dec 16	Wed	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0101-325003
Nov 5 to Dec 17	Thu	4:15 to 4:45pm	Ages 3 to 5	\$120	6 classes	PICE0101-325005
Nov 5 to Dec 17	Thu	6 to 6:30pm	Ages 3 to 5	\$120	6 classes	PICE0101-325006
Nov 7 to Dec 19	Sat	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0101-325008



Fall I: ☐ ☐

Fall II: ☐ ☐

ICE SKATING

Preschool Ice Skating 2

Prerequisite: Preschool Ice Skating 1. Skaters will learn how to march followed by a long glide, dip while moving, backward wiggles, forward two-foot swizzles, beginning snowplow stop, and a two-foot hop in place. Fee includes rental skates and a practice card good for admission to six public skate sessions for the skater to practice skills learned in class. Required equipment: Helmet and gloves. Bike helmets are acceptable.

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0102

Sep 20 to Oct 25	Sun	10:30 to 11am	Ages 3 to 5	\$120	6 classes	PICE0102-312000
Sep 20 to Oct 25	Sun	11 to 11:30am	Ages 3 to 5	\$120	6 classes	PICE0102-312001
Sep 20 to Oct 25	Sun	11:30am to 12pm	Ages 3 to 5	\$120	6 classes	PICE0102-312002
Sep 20 to Oct 25	Sun	12 to 12:30pm	Ages 3 to 5	\$120	6 classes	PICE0102-312003
Sep 15 to Oct 20	Tue	4 to 4:30pm	Ages 3 to 5	\$120	6 classes	PICE0102-312004
Sep 16 to Oct 21	Wed	3:30 to 4pm	Ages 3 to 5	\$120	6 classes	PICE0102-312005
Sep 16 to Oct 21	Wed	4:30 to 5pm	Ages 3 to 5	\$120	6 classes	PICE0102-312005a
Sep 18 to Oct 23	Fri	11:30am to 12pm	Ages 3 to 5	\$120	6 classes	PICE0102-312006
Sep 18 to Oct 23	Fri	3:30 to 4pm	Ages 3 to 5	\$120	6 classes	PICE0102-312007
Sep 19 to Oct 24	Sat	10:30 to 11am	Ages 3 to 5	\$120	6 classes	PICE0102-312008
Sep 19 to Oct 24	Sat	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0102-312009
Sep 19 to Oct 24	Sat	2 to 2:30pm	Ages 3 to 5	\$120	6 classes	PICE0102-312010

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | Activity: PICE0102

Sep 20 to Oct 25	Sun	1:15 to 1:45pm	Ages 3 to 5	\$120	6 classes	PICE0102-315001
Sep 16 to Oct 21	Wed	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0102-315004
Sep 17 to Oct 22	Thu	4:45 to 5:15pm	Ages 3 to 5	\$120	6 classes	PICE0102-315005
Sep 17 to Oct 22	Thu	6 to 6:30pm	Ages 3 to 5	\$120	6 classes	PICE0102-315006
Sep 19 to Oct 24	Sat	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0102-315008

Fall Term II: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0102

Nov 1 to Dec 13	Sun	10:30 to 11am	Ages 3 to 5	\$120	6 classes	PICE0102-322000
Nov 1 to Dec 13	Sun	11 to 11:30am	Ages 3 to 5	\$120	6 classes	PICE0102-322001
Nov 1 to Dec 13	Sun	11:30am to 12pm	Ages 3 to 5	\$120	6 classes	PICE0102-322002
Nov 1 to Dec 13	Sun	12 to 12:30pm	Ages 3 to 5	\$114	6 classes	PICE0102-322003
Nov 3 to Dec 8	Tue	4 to 4:30pm	Ages 3 to 5	\$120	6 classes	PICE0102-322004
Nov 4 to Dec 16	Wed	3:30 to 4pm	Ages 3 to 5	\$120	6 classes	PICE0102-322005
Nov 4 to Dec 16	Wed	4:30 to 5pm	Ages 3 to 5	\$120	6 classes	PICE0102-322005a
Nov 6 to Dec 18	Fri	11:30am to 12pm	Ages 3 to 5	\$120	6 classes	PICE0102-322006
Nov 6 to Dec 18	Fri	3:30 to 4pm	Ages 3 to 5	\$120	6 classes	PICE0102-322006a
Nov 7 to Dec 19	Sat	10:30 to 11am	Ages 3 to 5	\$120	6 classes	PICE0102-322007
Nov 7 to Dec 19	Sat	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0102-322008
Nov 7 to Dec 19	Sat	2 to 2:30pm	Ages 3 to 5	\$120	6 classes	PICE0102-322009

Fall I: ☐ ☐

Fall II: ☐ ☐

Preschool Ice Skating 2 (continued)

Fall Term II: *Wheaton Ice Arena* [Register on Active Montgomery | Activity: PICE0102](#)

Nov 1 to Dec 13	Sun	1:15 to 1:45pm	Ages 3 to 5	\$120	6 classes	PICE0102-325001
Nov 4 to Dec 16	Wed	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0102-325003
Nov 5 to Dec 17	Thu	4:45 to 5:15pm	Ages 3 to 5	\$120	6 classes	PICE0102-325005
Nov 5 to Dec 17	Thu	6 to 6:30pm	Ages 3 to 5	\$120	6 classes	PICE0102-325006
Nov 7 to Dec 19	Sat	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0102-325007

Preschool Ice Skating 3

Prerequisite: Preschool Ice Skating 2. Skaters will learn forward skating, forward one-foot glides, forward and backward swizzles, a snowplow stop, and curves. Fee includes skate rental and a practice card good for admission to six public skate sessions to practice skills learned in class. Required equipment: Helmet and gloves. Bike helmets are acceptable.

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery | Activity: PICE0103](#)

Sep 20 to Oct 25	Sun	10:30 to 11am	Ages 3 to 5	\$120	6 classes	PICE0103-312001
Sep 20 to Oct 25	Sun	11 to 11:30am	Ages 3 to 5	\$120	6 classes	PICE0103-312002
Sep 20 to Oct 25	Sun	12 to 12:30pm	Ages 3 to 5	\$120	6 classes	PICE0103-312003
Sep 15 to Oct 20	Tue	4 to 4:30pm	Ages 3 to 5	\$120	6 classes	PICE0103-312004
Sep 16 to Oct 21	Wed	3:30 to 4pm	Ages 3 to 5	\$120	6 classes	PICE0103-312005
Sep 18 to Oct 23	Fri	3:30 to 4pm	Ages 3 to 5	\$120	6 classes	PICE0103-312006
Sep 19 to Oct 24	Sat	10:30 to 11am	Ages 3 to 5	\$120	6 classes	PICE0103-312007
Sep 19 to Oct 24	Sat	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0103-312008
Sep 19 to Oct 24	Sat	2 to 2:30pm	Ages 3 to 5	\$120	6 classes	PICE0103-312009

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery | Activity: PICE0103](#)

Sep 20 to Oct 25	Sun	1:15 to 1:45pm	Ages 3 to 5	\$120	6 classes	PICE0103-315001
Sep 16 to Oct 21	Wed	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0103-315003
Sep 17 to Oct 22	Thu	4:45 to 5:15pm	Ages 3 to 5	\$120	6 classes	PICE0103-315004
Sep 17 to Oct 22	Thu	6 to 6:30pm	Ages 3 to 5	\$120	6 classes	PICE0103-315005
Sep 19 to Oct 24	Sat	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0103-315006

Fall I: ☐ ☐

Fall II: ☐ ☐

ICE SKATING

Preschool Ice Skating 3 (continued)

Fall Term II: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0103](#)

Nov 1 to Dec 13	Sun	10:30 to 11am	Ages 3 to 5	\$120	6 classes	PICE0103-322001
Nov 1 to Dec 13	Sun	11 to 11:30am	Ages 3 to 5	\$120	6 classes	PICE0103-322002
Nov 1 to Dec 13	Sun	12 to 12:30pm	Ages 3 to 5	\$120	6 classes	PICE0103-322003
Nov 3 to Dec 8	Tue	4 to 4:30pm	Ages 3 to 5	\$120	6 classes	PICE0103-322004
Nov 4 to Dec 16	Wed	3:30 to 4pm	Ages 3 to 5	\$120	6 classes	PICE0103-322005
Nov 6 to Dec 18	Fri	3:30 to 4pm	Ages 3 to 5	\$120	6 classes	PICE0103-322006
Nov 7 to Dec 19	Sat	10:30 to 11am	Ages 3 to 5	\$120	6 classes	PICE0103-322007
Nov 7 to Dec 19	Sat	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0103-322008
Nov 7 to Dec 19	Sat	2 to 2:30pm	Ages 3 to 5	\$120	6 classes	PICE0103-322009

Fall Term II: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0103](#)

Nov 1 to Dec 13	Sun	1:15 to 1:45pm	Ages 3 to 5	\$120	6 classes	PICE0103-325001
Nov 4 to Dec 16	Wed	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0103-325002
Nov 5 to Dec 17	Thu	4:45 to 5:15pm	Ages 3 to 5	\$120	6 classes	PICE0103-325003
Nov 5 to Dec 17	Thu	6 to 6:30pm	Ages 3 to 5	\$120	6 classes	PICE0103-325004
Nov 7 to Dec 19	Sat	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0103-325005

Preschool Ice Skating 4

Prerequisite: Preschool Ice Skating 3. Skaters will learn forward skating, backward two-foot glides, backward swizzles, rocking horse, two-foot turns from forward to backward in place, and two-foot hop. Fee includes skate rental and a practice card good for admission to six public skate sessions to practice skills learned in class. Required equipment: Helmet and gloves. Bike helmets are acceptable.

Fall Term I: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0104](#)

Sep 20 to Oct 25	Sun	10:30 to 11am	Ages 3 to 5	\$120	6 classes	PICE0104-312001
Sep 15 to Oct 20	Tue	4 to 4:30pm	Ages 3 to 5	\$120	6 classes	PICE0104-312003
Sep 16 to Oct 21	Wed	3:30 to 4pm	Ages 3 to 5	\$120	6 classes	PICE0104-312004
Sep 18 to Oct 23	Fri	3:30 to 4pm	Ages 3 to 5	\$120	6 classes	PICE0104-312005
Sep 19 to Oct 24	Sat	10:30 to 11am	Ages 3 to 5	\$120	6 classes	PICE0104-312006
Sep 19 to Oct 24	Sat	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0104-312007
Sep 19 to Oct 24	Sat	2 to 2:30pm	Ages 3 to 5	\$120	6 classes	PICE0104-312008

Fall Term I: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0104](#)

Sep 20 to Oct 25	Sun	1:15 to 1:45pm	Ages 3 to 5	\$120	6 classes	PICE0104-315001
Sep 16 to Oct 21	Wed	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0104-315003
Sep 17 to Oct 22	Thu	6 to 6:30pm	Ages 3 to 5	\$120	6 classes	PICE0104-315004
Sep 19 to Oct 24	Sat	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0104-315006

Fall I: ☐ ☐

Fall II: ☐ ☐

ICE SKATING

Preschool Ice Skating 4 (continued)

Fall Term II: Cabin John Ice Rink [Register on Active Montgomery](#) | Activity: PICE0104

Nov 1 to Dec 13	Sun	10:30 to 11am	Ages 3 to 5	\$120	6 classes	PICE0104-322001
Nov 3 to Dec 8	Tue	4 to 4:30pm	Ages 3 to 5	\$120	6 classes	PICE0104-322003
Nov 4 to Dec 16	Wed	3:30 to 4pm	Ages 3 to 5	\$120	6 classes	PICE0104-322004
Nov 6 to Dec 18	Fri	3:30 to 4pm	Ages 3 to 5	\$120	6 classes	PICE0104-322005
Nov 7 to Dec 19	Sat	10:30 to 11am	Ages 3 to 5	\$120	6 classes	PICE0104-322006
Nov 7 to Dec 19	Sat	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0104-322007
Nov 7 to Dec 19	Sat	2 to 2:30pm	Ages 3 to 5	\$120	6 classes	PICE0104-322008

Fall Term II: Wheaton Ice Arena [Register on Active Montgomery](#) | Activity: PICE0104

Nov 1 to Dec 13	Sun	1:15 to 1:45pm	Ages 3 to 5	\$120	6 classes	PICE0104-325001
Nov 4 to Dec 16	Wed	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0104-325002
Nov 5 to Dec 17	Thu	6 to 6:30pm	Ages 3 to 5	\$120	6 classes	PICE0104-325004
Nov 7 to Dec 19	Sat	11:45am to 12:15pm	Ages 3 to 5	\$120	6 classes	PICE0104-325005

Skating Superstars

For skaters aged 4 to 8, who have completed Preschool Skating Level 2 or 3 or Youth Level 1, this offers a high-energy fun time on the ice. Class starts with an on ice warm-up to music, followed by focused skating technique work. Engaging games and colorful obstacle courses strengthen forward/backward skating, turns and stopping skills. Students listen, learn, and practice their ice skating skills in an encouraging, joyful space.

Fall Term I: Wheaton Ice Arena [Register on Active Montgomery](#) | Activity: PICE0105

Sep 20 to Oct 25	Sun	1:15 to 1:45pm	Ages 4 to 8	\$120	6 classes	PICE0105-315001
Sep 19 to Oct 24	Sat	11:45am to 12:15pm	Ages 4 to 8	\$120	6 classes	PICE0105-315004

Fall Term II: Wheaton Ice Arena [Register on Active Montgomery](#) | Activity: PICE0105

Nov 1 to Dec 13	Sun	1:15 to 1:45pm	Ages 4 to 8	\$120	6 classes	PICE0105-325001
Nov 7 to Dec 19	Sat	11:45am to 12:15pm	Ages 4 to 8	\$120	6 classes	PICE0105-325003



Fall I: ☐ ☐

Fall II: ☐ ☐

ICE SKATING

Youth Ice Skating 1

This class is for beginner skaters ages 6 to 11 years old. Skaters will learn how to sit on the ice and stand up, march forward across the ice, forward two-foot glide, dip, forward swizzles, backward wiggles, beginning snowplow stops, and a two-foot hop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Required equipment: Helmet and gloves. Bike helmets are acceptable.

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: **PICE0201**

Sep 20 to Oct 25	Sun	2:15 to 2:45pm	Ages 6 to 11	\$120	6 classes	PICE0201-312001
Sep 20 to Oct 25	Sun	2:45 to 3:15pm	Ages 6 to 11	\$120	6 classes	PICE0201-312002
Sep 14 to Oct 26	Mon	4 to 4:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-312004
Sep 14 to Oct 26	Mon	5 to 5:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-312005
Sep 15 to Oct 20	Tue	4:30 to 5pm	Ages 6 to 11	\$120	6 classes	PICE0201-312006
Sep 16 to Oct 21	Wed	4 to 4:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-312007
Sep 17 to Oct 22	Thu	4 to 4:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-312009
Sep 18 to Oct 23	Fri	4 to 4:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-312010
Sep 18 to Oct 23	Fri	4:30 to 5pm	Ages 6 to 11	\$120	6 classes	PICE0201-312011
Sep 19 to Oct 24	Sat	11:15 to 11:45am	Ages 6 to 11	\$120	6 classes	PICE0201-312013
Sep 19 to Oct 24	Sat	12:30 to 1pm	Ages 6 to 11	\$120	6 classes	PICE0201-312014
Sep 19 to Oct 24	Sat	1:30 to 2pm	Ages 6 to 11	\$120	6 classes	PICE0201-312015

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | Activity: **PICE0201**

Sep 20 to Oct 25	Sun	1:45 to 2:15pm	Ages 6 to 11	\$120	6 classes	PICE0201-315001
Sep 17 to Oct 22	Thu	5:15 to 5:45pm	Ages 6 to 11	\$120	6 classes	PICE0201-315006
Sep 17 to Oct 22	Thu	6:30 to 7pm	Ages 6 to 11	\$120	6 classes	PICE0201-315007
Sep 18 to Oct 23	Fri	6 to 6:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-315008
Sep 19 to Oct 24	Sat	11:15 to 11:45am	Ages 6 to 11	\$120	6 classes	PICE0201-315009



Fall I: ☐ ☐

Fall II: ☐ ☐

ICE SKATING

Youth Ice Skating 1 (continued)

Fall Term II: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0201](#)

Nov 1 to Dec 13	Sun	2:15 to 2:45pm	Ages 6 to 11	\$120	6 classes	PICE0201-322001
Nov 1 to Dec 13	Sun	2:45 to 3:15pm	Ages 6 to 11	\$120	6 classes	PICE0201-322002
Nov 2 to Dec 7	Mon	4 to 4:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-322003
Nov 2 to Dec 7	Mon	5 to 5:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-322004
Nov 3 to Dec 8	Tue	4:30 to 5pm	Ages 6 to 11	\$120	6 classes	PICE0201-322006
Nov 4 to Dec 16	Wed	4 to 4:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-322008
Nov 5 to Dec 17	Thu	4 to 4:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-322009
Nov 6 to Dec 18	Fri	4 to 4:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-322010
Nov 6 to Dec 18	Fri	4:30 to 5pm	Ages 6 to 11	\$120	6 classes	PICE0201-322011
Nov 7 to Dec 19	Sat	11:15 to 11:45am	Ages 6 to 11	\$120	6 classes	PICE0201-322014
Nov 7 to Dec 19	Sat	12:30 to 1pm	Ages 6 to 11	\$120	6 classes	PICE0201-322015
Nov 7 to Dec 19	Sat	1:30 to 2pm	Ages 6 to 11	\$120	6 classes	PICE0201-322016

Fall Term II: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0201](#)

Nov 1 to Dec 13	Sun	1:45 to 2:15pm	Ages 6 to 11	\$120	6 classes	PICE0201-325001
Nov 5 to Dec 17	Thu	5:15 to 5:45pm	Ages 6 to 11	\$120	6 classes	PICE0201-325005
Nov 5 to Dec 17	Thu	6:30 to 7pm	Ages 6 to 11	\$120	6 classes	PICE0201-325006
Nov 6 to Dec 18	Fri	6 to 6:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-325008
Nov 7 to Dec 19	Sat	11:15 to 11:45am	Ages 6 to 11	\$120	6 classes	PICE0201-325011



Fall I: ☐ ☐

Fall II: ☐ ☐

ICE SKATING

Youth Ice Skating 2

Prerequisite: Passed Youth Ice Skating 1 or Preschool Ice Skating 4. This class is for skaters ages 4-11. Skaters will learn forward one-foot glides, backward two-foot glide, rocking horse, scooter pushes, backward swizzles, a two-foot turn from forward to backward in place, and a moving snowplow stop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0202

Sep 20 to Oct 25	Sun	2:15 to 2:45pm	Ages 4 to 11	\$120	6 classes	PICE0202-312000
Sep 20 to Oct 25	Sun	2:45 to 3:15pm	Ages 4 to 11	\$120	6 classes	PICE0202-312002
Sep 14 to Oct 26	Mon	4 to 4:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-312003
Sep 14 to Oct 26	Mon	4:30 to 5pm	Ages 4 to 11	\$120	6 classes	PICE0202-312004
Sep 14 to Oct 26	Mon	5:30 to 6pm	Ages 4 to 11	\$120	6 classes	PICE0202-312005
Sep 15 to Oct 20	Tue	5 to 5:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-312006
Sep 16 to Oct 21	Wed	4 to 4:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-312007
Sep 16 to Oct 21	Wed	5 to 5:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-312008
Sep 17 to Oct 22	Thu	4 to 4:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-312009
Sep 17 to Oct 22	Thu	4:30 to 5pm	Ages 4 to 11	\$120	6 classes	PICE0202-312010
Sep 18 to Oct 23	Fri	4 to 4:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-312011
Sep 18 to Oct 23	Fri	4:30 to 5pm	Ages 4 to 11	\$120	6 classes	PICE0202-312012
Sep 19 to Oct 24	Sat	11:15 to 11:45am	Ages 4 to 11	\$120	6 classes	PICE0202-312013
Sep 19 to Oct 24	Sat	1 to 1:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-312014
Sep 19 to Oct 24	Sat	1:30 to 2pm	Ages 4 to 11	\$120	6 classes	PICE0202-312015

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | Activity: PICE0202

Sep 20 to Oct 25	Sun	1:45 to 2:15pm	Ages 4 to 11	\$120	6 classes	PICE0202-315000
Sep 17 to Oct 22	Thu	5:15 to 5:45pm	Ages 4 to 11	\$120	6 classes	PICE0202-315004
Sep 17 to Oct 22	Thu	6:30 to 7pm	Ages 4 to 11	\$120	6 classes	PICE0202-315005
Sep 18 to Oct 23	Fri	6:30 to 7pm	Ages 4 to 11	\$120	6 classes	PICE0202-315006
Sep 19 to Oct 24	Sat	11:15 to 11:45am	Ages 4 to 11	\$120	6 classes	PICE0202-315007

Fall I: ☐ ☐

Fall II: ☐ ☐

ICE SKATING

Youth Ice Skating 2 (continued)

Fall Term II: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0202](#)

Nov 1 to Dec 13	Sun	2:15 to 2:45pm	Ages 4 to 11	\$120	6 classes	PICE0202-322001
Nov 1 to Dec 13	Sun	2:45 to 3:15pm	Ages 4 to 11	\$120	6 classes	PICE0202-322002
Nov 2 to Dec 7	Mon	4 to 4:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-322003
Nov 2 to Dec 7	Mon	4:30 to 5pm	Ages 4 to 11	\$120	6 classes	PICE0202-322004
Nov 2 to Dec 7	Mon	5:30 to 6pm	Ages 4 to 11	\$120	6 classes	PICE0202-322005
Nov 3 to Dec 8	Tue	5 to 5:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-322006
Nov 4 to Dec 16	Wed	4 to 4:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-322007
Nov 4 to Dec 16	Wed	5 to 5:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-322008
Nov 5 to Dec 17	Thu	4 to 4:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-322009
Nov 5 to Dec 17	Thu	4:30 to 5pm	Ages 4 to 11	\$120	6 classes	PICE0202-322010
Nov 6 to Dec 18	Fri	4 to 4:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-322011
Nov 6 to Dec 18	Fri	4:30 to 5pm	Ages 4 to 11	\$120	6 classes	PICE0202-322012
Nov 7 to Dec 19	Sat	11:15 to 11:45am	Ages 4 to 11	\$120	6 classes	PICE0202-322013
Nov 7 to Dec 19	Sat	1 to 1:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-322014
Nov 7 to Dec 19	Sat	1:30 to 2pm	Ages 4 to 11	\$120	6 classes	PICE0202-322015

Fall Term II: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0202](#)

Nov 1 to Dec 13	Sun	1:45 to 2:15pm	Ages 4 to 11	\$120	6 classes	PICE0202-325000
Nov 5 to Dec 17	Thu	5:15 to 5:45pm	Ages 4 to 11	\$120	6 classes	PICE0202-325004
Nov 5 to Dec 17	Thu	6:30 to 7pm	Ages 4 to 11	\$120	6 classes	PICE0202-325005
Nov 6 to Dec 18	Fri	6:30 to 7pm	Ages 4 to 11	\$120	6 classes	PICE0202-325006
Nov 7 to Dec 19	Sat	11:15 to 11:45am	Ages 4 to 11	\$120	6 classes	PICE0202-325008

Our Pro Shops offer a full line of skating equipment and services.

- CCM Hockey skates and equipment
 - Figure skates
 - Skating apparel and accessories
 - Hockey gear sizing and fitting
 - Skate services including sharpening, heat molding, blade mounting, and stretching
- Discounts available for students enrolled in group lessons



Fall I: ☐ ☐

Fall II: ☐ ☐

ICE SKATING

Youth Ice Skating 3

Prerequisite: Passed Youth Ice Skating 2. Skaters will learn forward stroking, forward half-swizzle pumps on a circle, moving forward to backward two-foot turns, backward one-foot glides, backward snowplow stop, forward slaloms, and forward pivot. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0203

Sep 20 to Oct 25	Sun	10 to 10:30am	Ages 4 to 11	\$120	6 classes	PICE0203-312001
Sep 20 to Oct 25	Sun	2:15 to 2:45pm	Ages 4 to 11	\$120	6 classes	PICE0203-312002
Sep 14 to Oct 26	Mon	4 to 4:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-312003
Sep 14 to Oct 26	Mon	5 to 5:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-312004
Sep 15 to Oct 20	Tue	4:30 to 5pm	Ages 4 to 11	\$120	6 classes	PICE0203-312005
Sep 16 to Oct 21	Wed	4 to 4:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-312006
Sep 17 to Oct 22	Thu	4 to 4:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-312007
Sep 18 to Oct 23	Fri	4 to 4:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-312009
Sep 18 to Oct 23	Fri	4:30 to 5pm	Ages 4 to 11	\$120	6 classes	PICE0203-312010
Sep 19 to Oct 24	Sat	12:30 to 1pm	Ages 4 to 11	\$120	6 classes	PICE0203-312012
Sep 19 to Oct 24	Sat	1:30 to 2pm	Ages 4 to 11	\$120	6 classes	PICE0203-312013

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | Activity: PICE0203

Sep 20 to Oct 25	Sun	1:45 to 2:15pm	Ages 4 to 11	\$120	6 classes	PICE0203-315001
Sep 17 to Oct 22	Thu	6:30 to 7pm	Ages 4 to 11	\$120	6 classes	PICE0203-315004
Sep 18 to Oct 23	Fri	7 to 7:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-315005
Sep 19 to Oct 24	Sat	11:15 to 11:45am	Ages 4 to 11	\$120	6 classes	PICE0203-315006

Fall Term II: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0203

Nov 1 to Dec 13	Sun	10 to 10:30am	Ages 4 to 11	\$120	6 classes	PICE0203-322001
Nov 1 to Dec 13	Sun	2:15 to 2:45pm	Ages 4 to 11	\$120	6 classes	PICE0203-322002
Nov 2 to Dec 7	Mon	4 to 4:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-322003
Nov 2 to Dec 7	Mon	5 to 5:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-322004
Nov 3 to Dec 8	Tue	4:30 to 5pm	Ages 4 to 11	\$120	6 classes	PICE0203-322005
Nov 4 to Dec 16	Wed	4 to 4:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-322006
Nov 5 to Dec 17	Thu	4 to 4:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-322007
Nov 6 to Dec 18	Fri	4 to 4:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-322009
Nov 6 to Dec 18	Fri	4:30 to 5pm	Ages 4 to 11	\$120	6 classes	PICE0203-322010
Nov 7 to Dec 19	Sat	12:30 to 1pm	Ages 4 to 11	\$120	6 classes	PICE0203-322012
Nov 7 to Dec 19	Sat	1:30 to 2pm	Ages 4 to 11	\$120	6 classes	PICE0203-322013

Fall I: ☐ ☐

Fall II: ☐ ☐

ICE SKATING

Youth Ice Skating 3 (continued)

Fall Term II: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0203**

Nov 1 to Dec 13	Sun	1:45 to 2:15pm	Ages 4 to 11	\$120	6 classes	PICE0203-325001
Nov 5 to Dec 17	Thu	6:30 to 7pm	Ages 4 to 11	\$120	6 classes	PICE0203-325005
Nov 6 to Dec 18	Fri	7 to 7:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-325006
Nov 7 to Dec 19	Sat	11:15 to 11:45am	Ages 4 to 11	\$120	6 classes	PICE0203-325008

Youth Ice Skating 4

Prerequisite: Passed Youth Ice Skating 3. Skaters will learn forward outside and inside edges on a circle (R and L), forward crossovers, backward half-swizzle pumps on a circle, backward one-foot glides, beginning two-foot spin, and forward lunges. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery](#) | **Activity: PICE0204**

Sep 20 to Oct 25	Sun	10 to 10:30am	Ages 4 to 11	\$120	6 classes	PICE0204-312001
Sep 20 to Oct 25	Sun	2:45 to 3:15pm	Ages 4 to 11	\$120	6 classes	PICE0204-312002
Sep 14 to Oct 26	Mon	4:30 to 5pm	Ages 4 to 11	\$120	6 classes	PICE0204-312003
Sep 14 to Oct 26	Mon	5:30 to 6pm	Ages 4 to 11	\$120	6 classes	PICE0204-312004
Sep 15 to Oct 20	Tue	5 to 5:30pm	Ages 4 to 11	\$120	6 classes	PICE0204-312005
Sep 16 to Oct 21	Wed	5 to 5:30pm	Ages 4 to 11	\$120	6 classes	PICE0204-312006
Sep 17 to Oct 22	Thu	4:30 to 5pm	Ages 4 to 11	\$120	6 classes	PICE0204-312007
Sep 18 to Oct 23	Fri	5 to 5:30pm	Ages 4 to 11	\$120	6 classes	PICE0204-312008
Sep 19 to Oct 24	Sat	10:30 to 11am	Ages 4 to 11	\$120	6 classes	PICE0204-312009
Sep 19 to Oct 24	Sat	1 to 1:30pm	Ages 4 to 11	\$120	6 classes	PICE0204-312010

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0204**

Sep 20 to Oct 25	Sun	1:45 to 2:15pm	Ages 4 to 11	\$120	6 classes	PICE0204-315001
Sep 17 to Oct 22	Thu	6:30 to 7pm	Ages 4 to 11	\$120	6 classes	PICE0204-315003
Sep 18 to Oct 23	Fri	7:30 to 8pm	Ages 4 to 11	\$120	6 classes	PICE0204-315004
Sep 19 to Oct 24	Sat	11:15 to 11:45am	Ages 4 to 11	\$120	6 classes	PICE0204-315005

Fall I: ☐ ☐

Fall II: ☐ ☐

ICE SKATING

Youth Ice Skating 4 (continued)

Fall Term II: Cabin John Ice Rink [Register on Active Montgomery](#) | Activity: PICE0204

Nov 1 to Dec 13	Sun	10 to 10:30am	Ages 4 to 11	\$120	6 classes	PICE0204-322001
Nov 1 to Dec 13	Sun	2:45 to 3:15pm	Ages 4 to 11	\$120	6 classes	PICE0204-322002
Nov 2 to Dec 7	Mon	4:30 to 5pm	Ages 4 to 11	\$120	6 classes	PICE0204-322003
Nov 2 to Dec 7	Mon	5:30 to 6pm	Ages 4 to 11	\$120	6 classes	PICE0204-322004
Nov 3 to Dec 8	Tue	5 to 5:30pm	Ages 4 to 11	\$120	6 classes	PICE0204-322005
Nov 4 to Dec 16	Wed	5 to 5:30pm	Ages 4 to 11	\$120	6 classes	PICE0204-322006
Nov 5 to Dec 17	Thu	4:30 to 5pm	Ages 4 to 11	\$120	6 classes	PICE0204-322007
Nov 6 to Dec 18	Fri	5 to 5:30pm	Ages 4 to 11	\$120	6 classes	PICE0204-322008
Nov 7 to Dec 19	Sat	10:30 to 11am	Ages 4 to 11	\$120	6 classes	PICE0204-322009
Nov 7 to Dec 19	Sat	1 to 1:30pm	Ages 4 to 11	\$120	6 classes	PICE0204-322010

Fall Term II: Wheaton Ice Arena [Register on Active Montgomery](#) | Activity: PICE0204

Nov 1 to Dec 13	Sun	1:45 to 2:15pm	Ages 4 to 11	\$120	6 classes	PICE0204-325001
Nov 5 to Dec 17	Thu	6:30 to 7pm	Ages 4 to 11	\$120	6 classes	PICE0204-325003
Nov 6 to Dec 18	Fri	7:30 to 8pm	Ages 4 to 11	\$120	6 classes	PICE0204-325004
Nov 7 to Dec 19	Sat	11:15 to 11:45am	Ages 4 to 11	\$120	6 classes	PICE0204-325005

Youth Ice Skating 5

Prerequisite: Passed Youth Ice Skating 4. Skaters will learn backward outside and inside edges on a circle (R and L), backward crossovers, forward outside three-turns, advanced two-foot spin, hockey stop, and side toe hop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

Fall Term I: Cabin John Ice Rink [Register on Active Montgomery](#) | Activity: PICE0205

Sep 20 to Oct 25	Sun	10 to 10:30am	Ages 4 to 11	\$120	6 classes	PICE0205-312000
Sep 14 to Oct 26	Mon	4:30 to 5pm	Ages 4 to 11	\$120	6 classes	PICE0205-312001
Sep 14 to Oct 26	Mon	5:30 to 6pm	Ages 4 to 11	\$120	6 classes	PICE0205-312002
Sep 15 to Oct 20	Tue	5 to 5:30pm	Ages 4 to 11	\$120	6 classes	PICE0205-312003
Sep 16 to Oct 21	Wed	5 to 5:30pm	Ages 4 to 11	\$120	6 classes	PICE0205-312004
Sep 17 to Oct 22	Thu	4:30 to 5pm	Ages 4 to 11	\$120	6 classes	PICE0205-312005
Sep 18 to Oct 23	Fri	5 to 5:30pm	Ages 4 to 11	\$120	6 classes	PICE0205-312006
Sep 19 to Oct 24	Sat	10:30 to 11am	Ages 4 to 11	\$120	6 classes	PICE0205-312007
Sep 19 to Oct 24	Sat	1 to 1:30pm	Ages 4 to 11	\$120	6 classes	PICE0205-312009

Fall Term I: Wheaton Ice Arena [Register on Active Montgomery](#) | Activity: PICE0205

Sep 20 to Oct 25	Sun	1:45 to 2:15pm	Ages 4 to 11	\$120	6 classes	PICE0205-315001
Sep 17 to Oct 22	Thu	6:30 to 7pm	Ages 4 to 11	\$120	6 classes	PICE0205-315003
Sep 19 to Oct 24	Sat	11:15 to 11:45am	Ages 4 to 11	\$120	6 classes	PICE0205-315004

Fall I: ☐ ☐

Fall II: ☐ ☐

ICE SKATING

Youth Ice Skating 5 (continued)

Fall Term II: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0205](#)

Nov 1 to Dec 13	Sun	10 to 10:30am	Ages 4 to 11	\$120	6 classes	PICE0205-322000
Nov 2 to Dec 7	Mon	4:30 to 5pm	Ages 4 to 11	\$120	6 classes	PICE0205-322001
Nov 2 to Dec 7	Mon	5:30 to 6pm	Ages 4 to 11	\$120	6 classes	PICE0205-322002
Nov 3 to Dec 8	Tue	5 to 5:30pm	Ages 4 to 11	\$120	6 classes	PICE0205-322003
Nov 4 to Dec 16	Wed	5 to 5:30pm	Ages 4 to 11	\$120	6 classes	PICE0205-322004
Nov 5 to Dec 17	Thu	4:30 to 5pm	Ages 4 to 11	\$120	6 classes	PICE0205-322005
Nov 6 to Dec 18	Fri	5 to 5:30pm	Ages 4 to 11	\$120	6 classes	PICE0205-322006
Nov 7 to Dec 19	Sat	10:30 to 11am	Ages 4 to 11	\$120	6 classes	PICE0205-322007
Nov 7 to Dec 19	Sat	1 to 1:30pm	Ages 4 to 11	\$120	6 classes	PICE0205-322009

Fall Term II: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0205](#)

Nov 1 to Dec 13	Sun	1:45 to 2:15pm	Ages 4 to 11	\$120	6 classes	PICE0205-325001
Nov 5 to Dec 17	Thu	6:30 to 7pm	Ages 4 to 11	\$120	6 classes	PICE0205-325003
Nov 7 to Dec 19	Sat	11:15 to 11:45am	Ages 4 to 11	\$120	6 classes	PICE0205-325005

Youth Ice Skating 6

Prerequisite: Passed Youth Ice Skating 5. Skaters will learn forward inside three-turns, forward inside open mohawk turns from a standstill, moving backward to forward two-foot turns on a circle, backward stroking, T-stop, bunny hops, forward spiral on a straight line, beginning one-foot spin, and shoot the duck. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class.

Fall Term I: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0206](#)

Sep 17 to Oct 22	Thu	5:45 to 6:30pm	Ages 5 to 11	\$180	6 classes	PICE0206-312003
Sep 19 to Oct 24	Sat	11 to 11:45am	Ages 5 to 11	\$180	6 classes	PICE0206-312004
Sep 19 to Oct 24	Sat	2:45 to 3:30pm	Ages 5 to 11	\$180	6 classes	PICE0206-312005

Fall Term I: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0206](#)

Sep 20 to Oct 25	Sun	1:45 to 2:15pm	Ages 5 to 11	\$120	6 classes	PICE0206-315001
Sep 17 to Oct 22	Thu	6:30 to 7pm	Ages 5 to 11	\$120	6 classes	PICE0206-315002
Sep 19 to Oct 24	Sat	11:15 to 11:45am	Ages 5 to 11	\$120	6 classes	PICE0206-315003

Fall Term II: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0206](#)

Nov 5 to Dec 17	Thu	5:45 to 6:30pm	Ages 5 to 11	\$180	6 classes	PICE0206-322003
Nov 7 to Dec 19	Sat	11 to 11:45am	Ages 5 to 11	\$180	6 classes	PICE0206-322004
Nov 7 to Dec 19	Sat	2:45 to 3:30pm	Ages 5 to 11	\$180	6 classes	PICE0206-322005

Fall I: ☐ ☐

Fall II: ☐ ☐

ICE SKATING

Youth Ice Skating 6 (continued)

Fall Term II: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0206**

Nov 1 to Dec 13	Sun	1:45 to 2:15pm	Ages 5 to 11	\$120	6 classes	PICE0206-325001
Nov 5 to Dec 17	Thu	6:30 to 7pm	Ages 5 to 11	\$120	6 classes	PICE0206-325002
Nov 7 to Dec 19	Sat	11:15 to 11:45am	Ages 5 to 11	\$120	6 classes	PICE0206-325003

Homeschool Youth Ice Skating 1

This class is for beginner skaters ages 6 to 11 years old. Skaters will learn how to sit on the ice and stand up, march forward across the ice, forward two-foot glide, dip, forward swizzles, backward wiggles, beginning snowplow stops, and a two-foot hop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Required equipment: Helmet and gloves. Bike helmets are acceptable.

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0250**

Sep 16 to Oct 21	Wed	11:45am to 12:15pm	Ages 6 to 11	\$120	6 classes	PICE0250-315010
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Fall Term II: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0250**

Nov 4 to Dec 16	Wed	11:45am to 12:15pm	Ages 6 to 11	\$120	6 classes	PICE0250-325010
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Homeschool Youth Ice Skating 2

Prerequisite: Passed Youth Ice Skating 1 or Preschool Ice Skating 4. Skaters will learn forward one-foot glides, backward two-foot glide, rocking horse, scooter pushes, backward swizzles, a two-foot turn from forward to backward in place, and a moving snowplow stop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0251**

Sep 16 to Oct 21	Wed	11:45am to 12:15pm	Ages 6 to 11	\$120	6 classes	PICE0251-315003
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Fall Term II: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0251**

Nov 4 to Dec 16	Wed	11:45am to 12:15pm	Ages 6 to 11	\$120	6 classes	PICE0251-325003
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Fall I: ☐ ☐

Fall II: ☐ ☐

ICE SKATING

Homeschool Youth Ice Skating 3

Prerequisite: Passed Youth Ice Skating 2. Skaters will learn forward stroking, forward half-swizzle pumps on a circle, moving forward to backward two-foot turns, backward one-foot glides, backward snowplow stop, forward slaloms, and forward pivot. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0252**

Sep 16 to Oct 21	Wed	12:15 to 12:45pm	Ages 6 to 11	\$120	6 classes	PICE0252-315003
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Fall Term II: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0252**

Nov 4 to Dec 16	Wed	12:15 to 12:45pm	Ages 6 to 11	\$120	6 classes	PICE0252-325003
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Homeschool Youth Ice Skating 4

Prerequisite: Passed Youth Ice Skating 3. Skaters will learn forward outside and inside edges on a circle (R and L), forward crossovers, backward half-swizzle pumps on a circle, backward one-foot glides, beginning two-foot spin, and forward lunges. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0253**

Sep 16 to Oct 21	Wed	12:15 to 12:45pm	Ages 6 to 11	\$120	6 classes	PICE0253-315010
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Fall Term II: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0253**

Nov 4 to Dec 16	Wed	12:15 to 12:45pm	Ages 6 to 11	\$120	6 classes	PICE0253-325010
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Homeschool Youth Ice Skating 5

Prerequisite: Must have passed Youth 4. Skaters will learn backward outside and inside edges on a circle (R and L), backward crossovers, forward outside three-turns, advanced two-foot spin, hockey stop, and side toe hop. Fee is \$120 and includes skate rental, and a practice card good for public skating admission. Suggested Equipment: Helmet & Gloves.

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0254**

Sep 16 to Oct 21	Wed	12:15 to 12:45pm	Ages 6 to 11	\$120	6 classes	PICE0254-315010
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Fall Term II: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0254**

Nov 4 to Dec 16	Wed	12:15 to 12:45pm	Ages 6 to 11	\$120	6 classes	PICE0254-325010
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Fall I: ☐ ☐

Fall II: ☐ ☐

ICE SKATING

Homeschool Youth Ice Skating 6

Prerequisite: Must have passed Youth Ice Skating 5. Skaters will learn forward inside three-turns, moving backward to forward two-foot turns on a circle, backward stroking, T-stop, bunny hops, forward spiral on a straight line, beginning one-foot spin, and shoot the duck. Fee is \$120 and includes skate rental, and a practice card good for public skating admission. Suggested Equipment: Helmet & Gloves.

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0255**

Sep 16 to Oct 21	Wed	12:15 to 12:45pm	Ages 6 to 11	\$120	6 classes	PICE0255-315010
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Fall Term II: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0255**

Nov 4 to Dec 16	Wed	12:15 to 12:45pm	Ages 6 to 11	\$120	6 classes	PICE0255-325010
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Teens and Tweens Ice Skating 1

This class is for beginner skaters ages 12 to 17. Skaters will learn how to sit on the ice and stand up, march forward across the ice, forward two-foot glide, dip, forward swizzles, backward wiggles, beginning snowplow stops, and a two-foot hop. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Required Equipment: Helmet (bike helmet is fine) and gloves.

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery](#) | **Activity: PICE0231**

Sep 20 to Oct 25	Sun	12:45 to 1:30pm	Ages 12 to 17	\$180	6 classes	PICE0231-312000
Sep 14 to Oct 26	Mon	6 to 6:45pm	Ages 12 to 17	\$180	6 classes	PICE0231-312001
Sep 19 to Oct 24	Sat	3:30 to 4:15pm	Ages 12 to 17	\$180	6 classes	PICE0231-312002

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0231**

Sep 20 to Oct 25	Sun	2:15 to 2:45pm	Ages 12 to 17	\$120	6 classes	PICE0231-315000
Sep 17 to Oct 22	Thu	7:30 to 8pm	Ages 12 to 17	\$120	6 classes	PICE0231-315002
Sep 19 to Oct 24	Sat	10:45 to 11:15am	Ages 12 to 17	\$120	6 classes	PICE0231-315004

Fall Term II: *Cabin John Ice Rink* [Register on Active Montgomery](#) | **Activity: PICE0231**

Nov 1 to Dec 13	Sun	12:45 to 1:30pm	Ages 12 to 17	\$180	6 classes	PICE0231-322000
Nov 2 to Dec 7	Mon	6 to 6:45pm	Ages 12 to 17	\$180	6 classes	PICE0231-322001
Nov 7 to Dec 19	Sat	3:30 to 4:15pm	Ages 12 to 17	\$180	6 classes	PICE0231-322004

Fall Term II: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0231**

Nov 1 to Dec 13	Sun	2:15 to 2:45pm	Ages 12 to 17	\$120	6 classes	PICE0231-325000
Nov 5 to Dec 17	Thu	7:30 to 8pm	Ages 12 to 17	\$120	6 classes	PICE0231-325006
Nov 7 to Dec 19	Sat	10:45 to 11:15am	Ages 12 to 17	\$120	6 classes	PICE0231-325008

Fall I: ☐ ☐

Fall II: ☐ ☐

ICE SKATING

Teens and Tweens Ice Skating 2

Prerequisite: Passed Tweens & Teens 1. Skaters will learn forward one-foot glides, backward two-foot glide, rocking horse, scooter pushes, backward swizzles, a two-foot turn from forward to backward in place, and a moving snowplow stop. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Fall Term I: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0232](#)

Sep 20 to Oct 25	Sun	12:45 to 1:30pm	Ages 12 to 17	\$180	6 classes	PICE0232-312000
Sep 14 to Oct 26	Mon	6 to 6:45pm	Ages 12 to 17	\$180	6 classes	PICE0232-312001
Sep 19 to Oct 24	Sat	3:30 to 4:15pm	Ages 12 to 17	\$180	6 classes	PICE0232-312002

Fall Term I: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0232](#)

Sep 20 to Oct 25	Sun	2:15 to 2:45pm	Ages 12 to 17	\$120	6 classes	PICE0232-315000
Sep 17 to Oct 22	Thu	7:30 to 8pm	Ages 12 to 17	\$120	6 classes	PICE0232-315002
Sep 19 to Oct 24	Sat	10:45 to 11:15am	Ages 12 to 17	\$120	6 classes	PICE0232-315004

Fall Term II: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0232](#)

Nov 1 to Dec 13	Sun	12:45 to 1:30pm	Ages 12 to 17	\$180	6 classes	PICE0232-322000
Nov 2 to Dec 7	Mon	6 to 6:45pm	Ages 12 to 17	\$180	6 classes	PICE0232-322001
Nov 7 to Dec 19	Sat	3:30 to 4:15pm	Ages 12 to 17	\$180	6 classes	PICE0232-322004

Fall Term II: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0232](#)

Nov 1 to Dec 13	Sun	2:15 to 2:45pm	Ages 12 to 17	\$120	6 classes	PICE0232-325000
Nov 5 to Dec 17	Thu	7:30 to 8pm	Ages 12 to 17	\$120	6 classes	PICE0232-325006
Nov 7 to Dec 19	Sat	10:45 to 11:15am	Ages 12 to 17	\$120	6 classes	PICE0232-325008

Teens and Tweens Ice Skating 3

Prerequisite: Passed Tweens & Teens 2 and for ages 12-17. Skaters will learn forward stroking, forward half-swizzle pumps on a circle, moving forward to backward two-foot turns, backward one-foot glides, backward snowplow stop, forward slaloms, and forward pivot. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Fall Term I: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0233](#)

Sep 20 to Oct 25	Sun	12:45 to 1:30pm	Ages 12 to 17	\$180	6 classes	PICE0233-312000
Sep 14 to Oct 26	Mon	6 to 6:45pm	Ages 12 to 17	\$180	6 classes	PICE0233-312001
Sep 19 to Oct 24	Sat	3:30 to 4:15pm	Ages 12 to 17	\$180	6 classes	PICE0233-312002

Fall Term I: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0233](#)

Sep 20 to Oct 25	Sun	2:15 to 2:45pm	Ages 12 to 17	\$120	6 classes	PICE0233-315000
Sep 17 to Oct 22	Thu	7:30 to 8pm	Ages 12 to 17	\$120	6 classes	PICE0233-315002
Sep 19 to Oct 24	Sat	10:45 to 11:15am	Ages 12 to 17	\$120	6 classes	PICE0233-315004

Fall I: ☐ ☐

Fall II: ☐ ☐

ICE SKATING

Teens and Tweens Ice Skating 3 (continued)

Fall Term II: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0233

Nov 1 to Dec 13	Sun	12:45 to 1:30pm	Ages 12 to 17	\$180	6 classes	PICE0233-322000
Nov 2 to Dec 7	Mon	6 to 6:45pm	Ages 12 to 17	\$180	6 classes	PICE0233-322001
Nov 7 to Dec 19	Sat	3:30 to 4:15pm	Ages 12 to 17	\$180	6 classes	PICE0233-322004

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | Activity: PICE0233

Nov 1 to Dec 13	Sun	2:15 to 2:45pm	Ages 12 to 17	\$120	6 classes	PICE0233-325000
Nov 5 to Dec 17	Thu	7:30 to 8pm	Ages 12 to 17	\$120	6 classes	PICE0233-325002
Nov 7 to Dec 19	Sat	10:45 to 11:15am	Ages 12 to 17	\$120	6 classes	PICE0233-325004

Teens and Tweens Ice Skating 4

Prerequisite: Passed Tweens & Teens 3 and for ages 12-17. Skaters will learn forward outside and inside edges on a circle (R and L), forward crossovers, backward half-swizzle pumps on a circle, backward one-foot glides, beginning two-foot spin, and forward lunges. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0234

Sep 20 to Oct 25	Sun	1:30 to 2:15pm	Ages 12 to 17	\$180	6 classes	PICE0234-312000
Sep 14 to Oct 26	Mon	7 to 7:45pm	Ages 12 to 17	\$180	6 classes	PICE0234-312002

Fall Term I: *Wheaton Ice Arena Rink* [Register on Active Montgomery](#) | Activity: PICE0234

Sep 20 to Oct 25	Sun	2:15 to 2:45pm	Ages 12 to 17	\$120	6 classes	PICE0234-315000
Sep 17 to Oct 22	Thu	7:30 to 8pm	Ages 12 to 17	\$120	6 classes	PICE0234-315002
Sep 19 to Oct 24	Sat	10:45 to 11:15am	Ages 12 to 17	\$120	6 classes	PICE0234-315004

Fall Term II: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0234

Nov 1 to Dec 13	Sun	1:30 to 2:15pm	Ages 12 to 17	\$180	6 classes	PICE0234-322000
Nov 2 to Dec 7	Mon	7 to 7:45pm	Ages 12 to 17	\$180	6 classes	PICE0234-322002

Fall Term II: *Wheaton Ice Arena Rink* [Register on Active Montgomery](#) | Activity: PICE0234

Nov 1 to Dec 13	Sun	2:15 to 2:45pm	Ages 12 to 17	\$120	6 classes	PICE0234-325000
Nov 5 to Dec 17	Thu	7:30 to 8pm	Ages 12 to 17	\$120	6 classes	PICE0234-325002
Nov 7 to Dec 19	Sat	10:45 to 11:15am	Ages 12 to 17	\$120	6 classes	PICE0234-325004

Fall I: ☐ ☐

Fall II: ☐ ☐

Teens and Tweens Ice Skating 5

Prerequisite: Passed Tweens & Teens 4 and for ages 12-17. Skaters will learn backward outside and inside edges on a circle (R and L), backward crossovers, forward outside three-turns, advanced two-foot spin, hockey stop, and side toe hop. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0235

Sep 20 to Oct 25	Sun	1:30 to 2:15pm	Ages 12 to 17	\$180	6 classes	PICE0235-312000
Sep 14 to Oct 26	Mon	7 to 7:45pm	Ages 12 to 17	\$180	6 classes	PICE0235-312002

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | Activity: PICE0235

Sep 20 to Oct 25	Sun	2:15 to 2:45pm	Ages 12 to 17	\$120	6 classes	PICE0235-315000
Sep 17 to Oct 22	Thu	7:30 to 8pm	Ages 12 to 17	\$120	6 classes	PICE0235-315002
Sep 19 to Oct 24	Sat	10:45 to 11:15am	Ages 12 to 17	\$120	6 classes	PICE0235-315004

Fall Term II: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0235

Nov 1 to Dec 13	Sun	1:30 to 2:15pm	Ages 12 to 17	\$180	6 classes	PICE0235-322000
Nov 2 to Dec 7	Mon	7 to 7:45pm	Ages 12 to 17	\$180	6 classes	PICE0235-322002

Fall Term II: *Wheaton Ice Arena* [Register on Active Montgomery](#) | Activity: PICE0235

Nov 1 to Dec 13	Sun	2:15 to 2:45pm	Ages 12 to 17	\$120	6 classes	PICE0235-325000
Nov 5 to Dec 17	Thu	7:30 to 8pm	Ages 12 to 17	\$120	6 classes	PICE0235-325002
Nov 7 to Dec 19	Sat	10:45 to 11:15am	Ages 12 to 17	\$120	6 classes	PICE0235-325004

Teens and Tweens Ice Skating 6

Prerequisite: Passed Tweens & Teens 5 and for ages 12-17. Skaters will learn forward inside three-turns, moving backward to forward two-foot turns on a circle, backward stroking, T-stop, bunny hops, forward spiral on a straight line, beginning one-foot spin, and shoot the duck. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0236

Sep 20 to Oct 25	Sun	1:30 to 2:15pm	Ages 12 to 17	\$180	6 classes	PICE0236-312000
Sep 14 to Oct 26	Mon	7 to 7:45pm	Ages 12 to 17	\$180	6 classes	PICE0236-312002

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | Activity: PICE0236

Sep 20 to Oct 25	Sun	2:15 to 2:45pm	Ages 12 to 17	\$120	6 classes	PICE0236-315000
Sep 17 to Oct 22	Thu	7:30 to 8pm	Ages 12 to 17	\$120	6 classes	PICE0236-315002
Sep 19 to Oct 24	Sat	10:45 to 11:15am	Ages 12 to 17	\$120	6 classes	PICE0236-315004

ICE SKATING

Teens and Tweens Ice Skating 6 (continued)

Fall Term II: *Cabin John Ice Rink* [Register on Active Montgomery](#) | **Activity: PICE0236**

Nov 1 to Dec 13	Sun	1:30 to 2:15pm	Ages 12 to 17	\$180	6 classes	PICE0236-322000
Nov 2 to Dec 7	Mon	7 to 7:45pm	Ages 12 to 17	\$180	6 classes	PICE0236-322002

Fall Term II: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0236**

Nov 1 to Dec 13	Sun	2:15 to 2:45pm	Ages 12 to 17	\$120	6 classes	PICE0236-325000
Nov 5 to Dec 17	Thu	7:30 to 8pm	Ages 12 to 17	\$120	6 classes	PICE0236-325002
Nov 7 to Dec 19	Sat	10:45 to 11:15am	Ages 12 to 17	\$120	6 classes	PICE0236-325004

Homeschool Teens and Tweens Ice Skating 1

This class is for beginner skaters ages 12-17. Skaters will learn how to sit on the ice and stand up, march forward across the ice, forward two-foot glide, dip, forward swizzles, backward wiggles, beginning snowplow stops, and a two-foot hop. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet & gloves are required.

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0257**

Sep 16 to Oct 21	Wed	11:45am to 12:15pm	Ages 12 to 17	\$120	6 classes	PICE0257-315003
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Fall Term II: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0257**

Nov 4 to Dec 16	Wed	11:45am to 12:15pm	Ages 12 to 17	\$120	6 classes	PICE0257-325010
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Homeschool Teens and Tweens Ice Skating 2

Prerequisite: Passed Tweens & Teens 1. Skaters will learn forward one-foot glides, backward two-foot glide, rocking horse, scooter pushes, backward swizzles, a two-foot turn from forward to backward in place, and a moving snowplow stop. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0258**

Sep 16 to Oct 21	Wed	11:45am to 12:15pm	Ages 12 to 17	\$120	6 classes	PICE0258-315003
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Fall Term II: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0258**

Nov 4 to Dec 16	Wed	11:45am to 12:15pm	Ages 12 to 17	\$120	6 classes	PICE0258-325003
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Fall I: ☐ ☐

Fall II: ☐ ☐

Homeschool Teens and Tweens Ice Skating 3

Prerequisite: Must have passed Teens and Tweens Ice Skating 2. Skaters will learn forward stroking, forward half-swizzle pumps on a circle, moving forward to backward two-foot turns, backward one-foot glides, backward snowplow stop, forward slaloms, and forward pivot. Fee is \$120 and includes skate rental, and a practice card good for public skating admission. Helmet & gloves are recommended.

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0259**

Sep 16 to Oct 21	Wed	12:15 to 12:45pm	Ages 12 to 17	\$120	6 classes	PICE0259-315010
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Fall Term II: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0259**

Nov 4 to Dec 16	Wed	12:15 to 12:45pm	Ages 12 to 17	\$120	6 classes	PICE0259-325010
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Homeschool Teens and Tweens Ice Skating 4

Prerequisite: Must have passed Teens and Tweens Ice Skating 3. Skaters will learn forward outside and inside edges on a circle (R and L), forward crossovers, backward half-swizzle pumps on a circle, backward one-foot glides, beginning two-foot spin, and forward lunges. Fee is \$120 and includes skate rental, and a practice card good for public skating admission. Suggested Equipment: Helmet and gloves. Bike helmets are acceptable. (strongly recommended for safety)

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0261**

Sep 16 to Oct 21	Wed	12:15 to 12:45pm	Ages 12 to 17	\$120	6 classes	PICE0261-315010
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Fall Term II: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0261**

Nov 4 to Dec 16	Wed	12:15 to 12:45pm	Ages 12 to 17	\$120	6 classes	PICE0261-325010
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Homeschool Teens and Tweens Ice Skating 5

Prerequisite: Must have passed Teens and Tweens Ice Skating 4. Skaters will learn backward outside and inside edges on a circle (R and L), backward crossovers, forward outside three-turns, advanced two-foot spin, hockey stop, and side toe hop. Fee is \$120 and includes skate rental, and a practice card good for public skating admission. Suggested Equipment: Helmet and gloves. Bike helmets are acceptable. (strongly recommended for safety)

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0262**

Sep 16 to Oct 21	Wed	12:15 to 12:45pm	Ages 12 to 17	\$120	6 classes	PICE0262-315010
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Fall Term II: *Wheaton Ice Arena* [Register on Active Montgomery](#) | **Activity: PICE0262**

Nov 4 to Dec 16	Wed	12:15 to 12:45pm	Ages 12 to 17	\$120	6 classes	PICE0262-325010
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ICE SKATING

Homeschool Teens and Tweens Ice Skating 6

Prerequisite: Must have passed Teens and Tweens Ice Skating 5. Skaters will learn forward inside three-turns, moving backward to forward two-foot turns on a circle, backward stroking, T-stop, bunny hops, forward spiral on a straight line, beginning one-foot spin, and shoot the duck. Fee is \$120 and includes skate rental, and a practice card good for public skating admission. Suggested Equipment: Helmet and gloves. Bike helmets are acceptable. (strongly recommended for safety)

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | [Activity: PICE0263](#)

Sep 16 to Oct 21	Wed	12:15 to 12:45pm	Ages 12 to 17	\$120	6 classes	PICE0263-315010
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Fall Term II: *Wheaton Ice Arena* [Register on Active Montgomery](#) | [Activity: PICE0263](#)

Nov 4 to Dec 16	Wed	12:15 to 12:45pm	Ages 12 to 17	\$120	6 classes	PICE0263-325010
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Teen and Adult Turns and Edges

Prerequisite: Passed Teen and Adult 3. This class is an introduction skating FUNDamentals, body alignment, and technique. Skaters will work on stroking, turns, edges, connecting steps and how to make all of it, look effortless. It is meant to compliment skaters in levels Teen and Adult 3 and above.

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery](#) | [Activity: PICE0226](#)

Sep 19 to Oct 24	Sat	10:30 to 11am	Ages 13 and up	\$120	6 classes	PICE0226-312001
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Fall Term II: *Cabin John Ice Rink* [Register on Active Montgomery](#) | [Activity: PICE0226](#)

Nov 7 to Dec 19	Sat	10:30 to 11am	Ages 13 and up	\$120	7 classes	PICE0226-322001
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Adult Ice Skating 1

This class is for beginner skaters ages 18 and older. Skaters will learn how to sit on the ice and stand up, march forward across the ice, forward two-foot glide, dip, forward swizzles, backward wiggles, beginning snowplow stops, and a two-foot hop. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Required Equipment: Helmet (bike helmet is fine) and gloves.

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery](#) | [Activity: PICE0241](#)

Sep 14 to Oct 26	Mon	7:45 to 8:30pm	Ages 18 and up	\$180	6 classes	PICE0241-312002
Sep 17 to Oct 22	Thu	1:15 to 2pm	Ages 18 and up	\$180	6 classes	PICE0241-312005
Sep 19 to Oct 24	Sat	9:45 to 10:30am	Ages 18 and up	\$180	6 classes	PICE0241-312006

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | [Activity: PICE0241](#)

Sep 20 to Oct 25	Sun	2:15 to 2:45pm	Ages 18 and up	\$120	6 classes	PICE0241-315000
Sep 15 to Oct 20	Tue	11:45am to 12:15pm	Ages 18 and up	\$120	6 classes	PICE0241-315001
Sep 17 to Oct 22	Thu	7:30 to 8pm	Ages 18 and up	\$120	6 classes	PICE0241-315002
Sep 19 to Oct 24	Sat	10:45 to 11:15am	Ages 18 and up	\$120	6 classes	PICE0241-315004

Fall I: ☐ ☐

Fall II: ☐ ☐

ICE SKATING

Adult Ice Skating 1 (continued)

Fall Term II: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0241](#)

Nov 2 to Dec 7	Mon	7:45 to 8:30pm	Ages 18 and up	\$180	6 classes	PICE0241-322000
Nov 5 to Dec 17	Thu	1:15 to 2pm	Ages 18 and up	\$180	6 classes	PICE0241-322005
Nov 7 to Dec 19	Sat	9:45 to 10:30am	Ages 18 and up	\$180	6 classes	PICE0241-322006

Fall Term II: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0241](#)

Nov 1 to Dec 13	Sun	2:15 to 2:45pm	Ages 18 and up	\$120	6 classes	PICE0241-325000
Nov 3 to Dec 8	Tue	11:45am to 12:15pm	Ages 18 and up	\$120	6 classes	PICE0241-325002
Nov 5 to Dec 17	Thu	7:30 to 8pm	Ages 18 and up	\$120	6 classes	PICE0241-325004
Nov 7 to Dec 19	Sat	10:45 to 11:15am	Ages 18 and up	\$120	6 classes	PICE0241-325006

Adult Ice Skating 2

Prerequisite: Passed Adult 1 and for ages 18 and older. Skaters will learn forward one-foot glides, backward two-foot glide, rocking horse, scooter pushes, backward swizzles, a two-foot turn from forward to backward in place, and a moving snowplow stop. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Fall Term I: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0242](#)

Sep 14 to Oct 26	Mon	7:45 to 8:30pm	Ages 18 and up	\$180	6 classes	PICE0242-312002
Sep 17 to Oct 22	Thu	1:15 to 2pm	Ages 18 and up	\$180	6 classes	PICE0242-312005
Sep 19 to Oct 24	Sat	9:45 to 10:30am	Ages 18 and up	\$180	6 classes	PICE0242-312006

Fall Term I: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0242](#)

Sep 20 to Oct 25	Sun	2:15 to 2:45pm	Ages 18 and up	\$120	6 classes	PICE0242-315000
Sep 15 to Oct 20	Tue	11:45am to 12:15pm	Ages 18 and up	\$120	6 classes	PICE0242-315001
Sep 17 to Oct 22	Thu	7:30 to 8pm	Ages 18 and up	\$120	6 classes	PICE0242-315002
Sep 19 to Oct 24	Sat	10:45 to 11:15am	Ages 18 and up	\$120	6 classes	PICE0242-315004

Fall Term II: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0242](#)

Nov 2 to Dec 7	Mon	7:45 to 8:30pm	Ages 18 and up	\$180	6 classes	PICE0242-322000
Nov 5 to Dec 17	Thu	1:15 to 2pm	Ages 18 and up	\$180	6 classes	PICE0242-322005
Nov 7 to Dec 19	Sat	9:45 to 10:30am	Ages 18 and up	\$180	6 classes	PICE0242-322006

Fall Term II: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0242](#)

Nov 1 to Dec 13	Sun	2:15 to 2:45pm	Ages 18 and up	\$120	6 classes	PICE0242-325000
Nov 3 to Dec 8	Tue	11:45am to 12:15pm	Ages 18 and up	\$120	6 classes	PICE0242-325002
Nov 5 to Dec 17	Thu	7:30 to 8pm	Ages 18 and up	\$120	6 classes	PICE0242-325004
Nov 7 to Dec 19	Sat	10:45 to 11:15am	Ages 18 and up	\$120	6 classes	PICE0242-325006

Fall I: ☐ ☐

Fall II: ☐ ☐

ICE SKATING

Adult Ice Skating 3

Prerequisite: Passed Adult 2 and for ages 18 and older. Skaters will learn forward stroking, forward half-swizzle pumps on a circle, moving forward to backward two-foot turns, backward one-foot glides, backward snowplow stop, forward slaloms, and forward pivot. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: **PICE0243**

Sep 14 to Oct 26	Mon	7:45 to 8:30pm	Ages 18 and up	\$180	6 classes	PICE0243-312002
Sep 17 to Oct 22	Thu	1:15 to 2pm	Ages 18 and up	\$180	6 classes	PICE0243-312005
Sep 19 to Oct 24	Sat	9:45 to 10:30am	Ages 18 and up	\$180	6 classes	PICE0243-312006

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | Activity: **PICE0243**

Sep 20 to Oct 25	Sun	2:15 to 2:45pm	Age 18 and up	\$120	6 classes	PICE0243-315000
Sep 15 to Oct 20	Tue	11:45am to 12:15pm	Age 18 and up	\$120	6 classes	PICE0243-315001
Sep 17 to Oct 22	Thu	7:30 to 8pm	Age 18 and up	\$120	6 classes	PICE0243-315002
Sep 19 to Oct 24	Sat	10:45 to 11:15am	Age 18 and up	\$120	6 classes	PICE0243-315004

Fall Term II: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: **PICE0243**

Nov 2 to Dec 7	Mon	7:45 to 8:30pm	Ages 18 and up	\$180	6 classes	PICE0243-322002
Nov 5 to Dec 17	Thu	1:15 to 2pm	Ages 18 and up	\$180	6 classes	PICE0243-322005
Nov 7 to Dec 19	Sat	9:45 to 10:30am	Ages 18 and up	\$180	6 classes	PICE0243-322006

Fall Term II: *Wheaton Ice Arena* [Register on Active Montgomery](#) | Activity: **PICE0243**

Nov 1 to Dec 13	Sun	2:15 to 2:45pm	Age 18 and up	\$120	6 classes	PICE0243-325001
Nov 3 to Dec 8	Tue	11:45am to 12:15pm	Age 18 and up	\$120	6 classes	PICE0243-325002
Nov 5 to Dec 17	Thu	7:30 to 8pm	Age 18 and up	\$120	6 classes	PICE0243-325004
Nov 7 to Dec 19	Sat	10:45 to 11:15am	Age 18 and up	\$120	6 classes	PICE0243-325006

Adult Ice Skating 4

Prerequisite: Passed Adult 3 and for ages 18 and older. Skaters will learn forward outside and inside edges on a circle (R and L), forward crossovers, backward half-swizzle pumps on a circle, backward one-foot glides, beginning two-foot spin, and forward lunges. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: **PICE0244**

Sep 14 to Oct 26	Mon	8:30 to 9:15pm	Ages 18 and up	\$180	6 classes	PICE0244-312002
Sep 17 to Oct 22	Thu	12:30 to 1:15pm	Ages 18 and up	\$180	6 classes	PICE0244-312005
Sep 19 to Oct 24	Sat	9:45 to 10:30am	Ages 18 and up	\$180	6 classes	PICE0244-312006

Fall I: ☐ ☐

Fall II: ☐ ☐

ICE SKATING

Adult Ice Skating 4 (continued)

Fall Term I: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0244](#)

Sep 20 to Oct 25	Sun	2:15 to 2:45pm	Ages 18 and up	\$120	6 classes	PICE0244-315000
Sep 15 to Oct 20	Tue	11:45am to 12:15pm	Ages 18 and up	\$120	6 classes	PICE0244-315001
Sep 17 to Oct 22	Thu	7:30 to 8pm	Ages 18 and up	\$120	6 classes	PICE0244-315002
Sep 19 to Oct 24	Sat	10:45 to 11:15am	Ages 18 and up	\$120	6 classes	PICE0244-315004

Fall Term II: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0244](#)

Nov 2 to Dec 7	Mon	8:30 to 9:15pm	Ages 18 and up	\$180	6 classes	PICE0244-322002
Nov 5 to Dec 17	Thu	12:30 to 1:15pm	Ages 18 and up	\$180	6 classes	PICE0244-322005
Nov 7 to Dec 19	Sat	9:45 to 10:30am	Ages 18 and up	\$180	6 classes	PICE0244-322006

Fall Term II: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0244](#)

Nov 1 to Dec 13	Sun	2:15 to 2:45pm	Ages 18 and up	\$120	6 classes	PICE0244-325001
Nov 3 to Dec 8	Tue	11:45am to 12:15pm	Ages 18 and up	\$120	6 classes	PICE0244-325002
Nov 5 to Dec 17	Thu	7:30 to 8pm	Ages 18 and up	\$120	6 classes	PICE0244-325004
Nov 7 to Dec 19	Sat	10:45 to 11:15am	Ages 18 and up	\$120	6 classes	PICE0244-325006

Adult Ice Skating 5

Prerequisite: Passed Adult 4 and for ages 18 and older. Skaters will learn backward outside and inside edges on a circle (R and L), backward crossovers, forward outside three-turns, advanced two-foot spin, hockey stop, and side toe hop. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Fall Term I: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0245](#)

Sep 14 to Oct 26	Mon	8:30 to 9:15pm	Ages 18 and up	\$180	6 classes	PICE0245-312002
Sep 17 to Oct 22	Thu	12:30 to 1:15pm	Ages 18 and up	\$180	6 classes	PICE0245-312005
Sep 19 to Oct 24	Sat	9:45 to 10:30am	Ages 18 and up	\$180	6 classes	PICE0245-312006

Fall Term I: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0245](#)

Sep 20 to Oct 25	Sun	2:15 to 2:45pm	Ages 18 and up	\$120	6 classes	PICE0245-315000
Sep 15 to Oct 20	Tue	11:45am to 12:15pm	Ages 18 and up	\$120	6 classes	PICE0245-315001
Sep 17 to Oct 22	Thu	7:30 to 8pm	Ages 18 and up	\$120	6 classes	PICE0245-315002
Sep 19 to Oct 24	Sat	10:45 to 11:15am	Ages 18 and up	\$120	6 classes	PICE0245-315004

Fall Term II: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0245](#)

Nov 2 to Dec 7	Mon	8:30 to 9:15pm	Ages 18 and up	\$180	6 classes	PICE0245-322002
Nov 5 to Dec 17	Thu	12:30 to 1:15pm	Ages 18 and up	\$180	6 classes	PICE0245-322005
Nov 7 to Dec 19	Sat	9:45 to 10:30am	Ages 18 and up	\$180	6 classes	PICE0245-322006

Fall I: ☐ ☐

Fall II: ☐ ☐

ICE SKATING

Adult Ice Skating 5 (continued)

Fall Term II: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0245](#)

Nov 1 to Dec 13	Sun	2:15 to 2:45pm	Ages 18 and up	\$120	6 classes	PICE0245-325001
Nov 3 to Dec 8	Tue	11:45am to 12:15pm	Ages 18 and up	\$120	6 classes	PICE0245-325002
Nov 5 to Dec 17	Thu	7:30 to 8pm	Ages 18 and up	\$120	6 classes	PICE0245-325004
Nov 7 to Dec 19	Sat	10:45 to 11:15am	Ages 18 and up	\$120	6 classes	PICE0245-325006

Adult Ice Skating 6

Prerequisite: Passed Adult 5 and for ages 18+. Skaters will learn forward inside three-turns, moving backward to forward two-foot turns on a circle, backward stroking, T-stop, bunny hops, forward spiral on a straight line, beginning one-foot spin, and shoot the duck. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Fall Term I: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0246](#)

Sep 14 to Oct 26	Mon	8:30 to 9:15pm	Ages 18 and up	\$180	6 classes	PICE0246-312002
Sep 17 to Oct 22	Thu	12:30 to 1:15pm	Ages 18 and up	\$180	6 classes	PICE0246-312005
Sep 19 to Oct 24	Sat	9:45 to 10:30am	Ages 18 and up	\$180	6 classes	PICE0246-312006

Fall Term I: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0246](#)

Sep 20 to Oct 25	Sun	2:15 to 2:45pm	Ages 18 and up	\$120	6 classes	PICE0246-315000
Sep 15 to Oct 20	Tue	11:45am to 12:15pm	Ages 18 and up	\$120	6 classes	PICE0246-315001
Sep 17 to Oct 22	Thu	7:30 to 8pm	Ages 18 and up	\$120	6 classes	PICE0246-315002
Sep 19 to Oct 24	Sat	10:45 to 11:15am	Ages 18 and up	\$120	6 classes	PICE0246-315006

Fall Term II: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0246](#)

Nov 2 to Dec 7	Mon	8:30 to 9:15pm	Ages 18 and up	\$180	6 classes	PICE0246-322002
Nov 5 to Dec 17	Thu	12:30 to 1:15pm	Ages 18 and up	\$180	6 classes	PICE0246-322005
Nov 7 to Dec 19	Sat	9:45 to 10:30am	Ages 18 and up	\$180	6 classes	PICE0246-322006

Fall Term II: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0246](#)

Nov 1 to Dec 13	Sun	2:15 to 2:45pm	Ages 18 and up	\$120	6 classes	PICE0246-325001
Nov 3 to Dec 8	Tue	11:45am to 12:15pm	Ages 18 and up	\$120	6 classes	PICE0246-325002
Nov 5 to Dec 17	Thu	7:30 to 8pm	Ages 18 and up	\$120	6 classes	PICE0246-325004
Nov 7 to Dec 19	Sat	10:45 to 11:15am	Ages 18 and up	\$120	6 classes	PICE0246-325006

Fall I: ☐ ☐

Fall II: ☐ ☐

ICE HOCKEY

Adult Free Skate

Prerequisite: Passed Adult Ice Skating 6. This class will focus on introductory free skating skills including beginner jumps and spins. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0247

Sep 14 to Oct 26	Mon	8:30 to 9:15pm	Ages 18 and up	\$180	6 classes	PICE0247-312001
Sep 17 to Oct 22	Thu	12:30 to 1:15pm	Ages 18 and up	\$180	6 classes	PICE0247-312002
Sep 19 to Oct 24	Sat	9:45 to 10:30am	Ages 18 and up	\$180	6 classes	PICE0247-312003

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | Activity: PICE0247

Sep 15 to Oct 20	Tue	11:45am to 12:15pm	Ages 18 and up	\$120	6 classes	PICE0247-315000
Sep 17 to Oct 22	Thu	6:45 to 7:15pm	Ages 18 and up	\$120	6 classes	PICE0247-315001

Fall Term II: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0247

Nov 2 to Dec 7	Mon	8:30 to 9:15pm	Ages 18 and up	\$180	6 classes	PICE0247-322001
Nov 5 to Dec 17	Thu	12:30 to 1:15pm	Ages 18 and up	\$180	6 classes	PICE0247-322002
Nov 7 to Dec 19	Sat	9:45 to 10:30am	Ages 18 and up	\$180	6 classes	PICE0247-322003

Fall Term II: *Wheaton Ice Arena* [Register on Active Montgomery](#) | Activity: PICE0247

Nov 3 to Dec 8	Tue	11:45am to 12:15pm	Ages 18 and up	\$120	6 classes	PICE0247-325000
Nov 5 to Dec 17	Thu	7:30 to 8pm	Ages 18 and up	\$120	6 classes	PICE0247-325001

Adult Spins & Turns

Prerequisite: Passed Adult 3. Skaters work at their own pace and are grouped by ability. This class focuses on improving turn quality and spin skills. Beginner skaters review forward and backward two-foot turns, forward outside and inside three-turns, introductory C-steps, and basic turn exercises. Advanced skaters focus on C-steps, backward outside and inside three-turns, and progress toward brackets, rockers, and counters. All skaters practice two-foot and one-foot spins, back spins, beginning change spins, and sit spins. Advanced skaters will work on camel spins, with emphasis on proper entry, position, and exit. Fee includes skate rental and a practice card valid for six public skate sessions.

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0248

Sep 19 to Oct 24	Sat	9 to 9:30am	Ages 18 and up	\$120	6 classes	PICE0248-312000
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Fall Term II: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0248

Nov 7 to Dec 19	Sat	9 to 9:30am	Ages 18 and up	\$120	6 classes	PICE0248-322000
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Fall I: ☐ ☐

Fall II: ☐ ☐

Edge Up Adult Skating

Edge Up Adult Skating is a fun and supportive drop in class designed for adult skaters of all skill levels. Whether you are working on the basics or looking to refine your technique, this class focuses on improving edges, balance, control and overall skating skills in a relaxed environment. Exercises and instruction will be tailored to each skater's individual ability level, making it a great option for all adults to build confidence and improve at their own pace.

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | Activity: PWIA2003

Sep 15	Tue	12:15-12:45pm	Ages 18 and up	\$20	1 class	PWIA2003-315001
Sep 22	Tue	12:15-12:45pm	Ages 18 and up	\$20	1 class	PWIA2003-315002
Sep 29	Tue	12:15-12:45pm	Ages 18 and up	\$20	1 class	PWIA2003-315003
Oct 6	Tue	12:15-12:45pm	Ages 18 and up	\$20	1 class	PWIA2003-315004
Oct 13	Tue	12:15-12:45pm	Ages 18 and up	\$20	1 class	PWIA2003-315005
Oct 20	Tue	12:15-12:45pm	Ages 18 and up	\$20	1 class	PWIA2003-315006

Fall Term II: *Wheaton Ice Arena* [Register on Active Montgomery](#) | Activity: PWIA2003

Nov 3	Tue	12:15-12:45pm	Ages 18 and up	\$20	1 class	PWIA2003-315009
Nov 10	Tue	12:15-12:45pm	Ages 18 and up	\$20	1 class	PWIA2003-315012
Nov 17	Tue	12:15-12:45pm	Ages 18 and up	\$20	1 class	PWIA2003-315015
Nov 24	Tue	12:15-12:45pm	Ages 18 and up	\$20	1 class	PWIA2003-315018
Dec 1	Tue	12:15-12:45pm	Ages 18 and up	\$20	1 class	PWIA2003-315020
Dec 8	Tue	12:15-12:45pm	Ages 18 and up	\$20	1 class	PWIA2003-315022

Adult Figures

Prerequisite: Passed Adult Ice Skating 5. Learn the history and tracing of compulsory figures. This is the oldest form of figure skating originating from over 200 years ago. Skaters will learn the forward outside and inside eight, forward waltz eight, backward outside eight, and various serpentine eights. This class will be split into a beginning and advanced group. Fee includes six lessons, skate rental, and a practice card for public session admission to practice during the series.

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0260

Sep 17 to Oct 22	Thu	12 to 12:30pm	Ages 18 and up	\$120	6 classes	PICE0260-312002
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Fall Term II: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0260

Nov 5 to Dec 17	Thu	12 to 12:30pm	Ages 18 and up	\$120	6 classes	PICE0260-322001
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ICE HOCKEY

Pre Free Skate

Prerequisite: Passed Youth Ice Skating 6. Skaters will learn backward outside edge to forward outside edge transition on a circle, backward crossovers to backward outside edge glides, combination step sequences, one-foot upright spin, mazurka, and waltz jump. Fee includes skate rental and a practice card good for admission to public skate sessions to practice skills learned in class.

Fall Term I: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0300](#)

Sep 17 to Oct 22	Thu	5:45 to 6:30pm	Ages 4 to 12	\$180	6 classes	PICE0300-312001
Sep 19 to Oct 24	Sat	11 to 11:45am	Ages 4 to 12	\$180	6 classes	PICE0300-312002
Sep 19 to Oct 24	Sat	2:45 to 3:30pm	Ages 4 to 12	\$180	6 classes	PICE0300-312003

Fall Term I: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0300](#)

Sep 20 to Oct 25	Sun	1:45 to 2:15pm	Ages 4 to 17	\$120	6 classes	PICE0300-315001
Sep 17 to Oct 22	Thu	7 to 7:30pm	Ages 4 to 17	\$120	6 classes	PICE0300-315002

Fall Term II: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0300](#)

Nov 5 to Dec 17	Thu	5:45 to 6:30pm	Ages 4 to 12	\$180	6 classes	PICE0300-322001
Nov 7 to Dec 19	Sat	11 to 11:45am	Ages 4 to 12	\$180	6 classes	PICE0300-322002
Nov 7 to Dec 19	Sat	2:45 to 3:30pm	Ages 4 to 12	\$180	6 classes	PICE0300-322003

Fall Term II: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0300](#)

Nov 1 to Dec 13	Sun	1:45 to 2:15pm	Ages 4 to 17	\$120	6 classes	PICE0300-325001
Nov 5 to Dec 17	Thu	7 to 7:30pm	Ages 4 to 17	\$120	6 classes	PICE0300-325002

Free Skate 1

Prerequisite: Passed Pre Free Skate. Learn forward power stroking, forward outside & inside consecutive edges, backward outside three-turns, upright one-foot spin from back crossovers, half flip, toe loop, and waltz jump combinations. Fee includes skate rental (if needed) plus a skating practice card.

Fall Term I: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0310](#)

Sep 17 to Oct 22	Thu	6:45 to 7:30pm	Ages 5 and up	\$180	6 classes	PICE0310-312000
Sep 19 to Oct 24	Sat	11 to 11:45am	Ages 5 and up	\$180	6 classes	PICE0310-312003
Sep 19 to Oct 24	Sat	2:45 to 3:30pm	Ages 5 and up	\$180	6 classes	PICE0310-312004

Fall Term I: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0310](#)

Sep 20 to Oct 25	Sun	1:45 to 2:15pm	Ages 5 and up	\$120	6 classes	PICE0310-315001
Sep 17 to Oct 22	Thu	7 to 7:30pm	Ages 5 and up	\$120	6 classes	PICE0310-315002

Fall I: ☐ ☐

Fall II: ☐ ☐

Free Skate 1 (continued)

Fall Term II: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0310](#)

Nov 5 to Dec 17	Thu	6:45 to 7:30pm	Ages 5 and up	\$180	6 classes	PICE0310-322000
Nov 7 to Dec 19	Sat	11 to 11:45am	Ages 5 and up	\$180	6 classes	PICE0310-322003
Nov 7 to Dec 19	Sat	2:45 to 3:30pm	Ages 5 and up	\$180	6 classes	PICE0310-322004

Fall Term II: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0310](#)

Nov 1 to Dec 13	Sun	1:45 to 2:15pm	Ages 5 and up	\$120	6 classes	PICE0310-325001
Nov 5 to Dec 17	Thu	7 to 7:30pm	Ages 5 and up	\$120	6 classes	PICE0310-325002

Free Skate 2

Prerequisite: Passed Free Skate 1. Skaters will learn basic back outside and back inside consecutive edges, forward outside and inside spirals on an axis, backward inside three-turns, beginning back spin, half lutz, and salchow. Fee includes skate rental (if needed) plus a skating practice card.

Fall Term I: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0312](#)

Sep 17 to Oct 22	Thu	6:45 to 7:30pm	Ages 5 and up	\$180	6 classes	PICE0312-312002
Sep 19 to Oct 24	Sat	11 to 11:45am	Ages 5 and up	\$180	6 classes	PICE0312-312003

Fall Term I: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0312](#)

Sep 17 to Oct 22	Thu	7 to 7:30pm	Ages 5 and up	\$120	6 classes	PICE0312-315002
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Fall Term II: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0312](#)

Nov 5 to Dec 17	Thu	6:45 to 7:30pm	Ages 5 and up	\$180	6 classes	PICE0312-322001
Nov 7 to Dec 19	Sat	11 to 11:45am	Ages 5 and up	\$180	6 classes	PICE0312-322002

Fall Term II: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0312](#)

Nov 5 to Dec 17	Thu	7 to 7:30pm	Ages 5 and up	\$120	6 classes	PICE0312-325002
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Free Skate 3

Prerequisite: Passed Free Skate 2. Skaters will learn alternating back crossovers to backward outside edges, alternating mohawk/crossover sequence, waltz three turns, advanced back spin, loop jump, waltz jump/toe loop combination and salchow/toe loop combination. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions.

Fall Term I: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0314](#)

Sep 17 to Oct 22	Thu	6:45 to 7:30pm	Ages 5 and up	\$180	6 classes	PICE0314-312002
Sep 19 to Oct 24	Sat	11 to 11:45am	Ages 5 and up	\$180	6 classes	PICE0314-312003

Fall Term I: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0314](#)

Sep 17 to Oct 22	Thu	7 to 7:30pm	Ages 5 and up	\$120	6 classes	PICE0314-315002
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Fall I: ☐ ☐

Fall II: ☐ ☐

Free Skate 3 (continued)

Fall Term II: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0314](#)

Nov 5 to Dec 17	Thu	6:45 to 7:30pm	Ages 5 and up	\$180	6 classes	PICE0314-322002
Nov 7 to Dec 19	Sat	11 to 11:45am	Ages 5 and up	\$180	6 classes	PICE0314-322003

Fall Term II: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0314](#)

Nov 5 to Dec 17	Thu	7 to 7:30pm	Ages 5 and up	\$120	6 classes	PICE0314-325002
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Free Skate 4

Prerequisite: Passed Free Skate 3. Skaters will learn forward power three-turns, waltz eight, forward upright to backward upright spin, sit spin, half loop, flip, and split jump. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions to practice skills learned in class.

Fall Term I: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0316](#)

Sep 17 to Oct 22	Thu	8 to 8:45pm	Ages 5 and up	\$180	6 classes	PICE0316-312002
Sep 19 to Oct 24	Sat	11 to 11:45am	Ages 5 and up	\$180	6 classes	PICE0316-312003

Fall Term I: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0316](#)

Sep 17 to Oct 22	Thu	7 to 7:30pm	Ages 5 and up	\$120	6 classes	PICE0316-315001
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Fall Term II: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0316](#)

Nov 5 to Dec 17	Thu	8 to 8:45pm	Ages 5 and up	\$180	6 classes	PICE0316-322002
Nov 7 to Dec 19	Sat	11 to 11:45am	Ages 5 and up	\$180	6 classes	PICE0316-322003

Fall Term II: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0316](#)

Nov 5 to Dec 17	Thu	7 to 7:30pm	Ages 5 and up	\$120	6 classes	PICE0316-325001
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Free Skate 5

Prerequisite: Passed Free Skate 4. Skaters will learn backward power three-turns, five-step mohawk sequence, camel spin, waltz jump/loop jump combination, lutz, and loop/loop jump combination. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions to practice skills learned in class.

Fall Term I: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0318](#)

Sep 17 to Oct 22	Thu	8 to 8:45pm	Ages 5 and up	\$180	6 classes	PICE0318-312001
Sep 19 to Oct 24	Sat	11 to 11:45am	Ages 5 and up	\$180	6 classes	PICE0318-312002

Fall Term I: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0318](#)

Sep 17 to Oct 22	Thu	7 to 7:30pm	Ages 5 and up	\$120	6 classes	PICE0318-315001
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Fall I: ☐ ☐

Fall II: ☐ ☐

Free Skate 5 (continued)

Fall Term II: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0318](#)

Nov 5 to Dec 17	Thu	8 to 8:45pm	Ages 5 and up	\$180	6 classes	PICE0318-322001
Nov 7 to Dec 19	Sat	11 to 11:45am	Ages 5 and up	\$180	6 classes	PICE0318-322002

Fall Term II: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0318](#)

Nov 5 to Dec 17	Thu	7 to 7:30pm	Ages 5 and up	\$120	6 classes	PICE0318-325001
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Free Skate 6

Prerequisite: Passed Free Skate 5. Skaters will learn forward power pulls, creative step sequence, camel/sit spin combination, layback or cross foot spin, waltz jump/half loop/salchow combination, axel exercises, and backward outside pivot. Fee includes skate rental (if needed) plus a practice card good for admission to public skate session to practice skills learned in class.

Fall Term I: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0320](#)

Sep 17 to Oct 22	Thu	8 to 8:45pm	Ages 5 and up	\$180	6 classes	PICE0320-312001
Sep 19 to Oct 24	Sat	11 to 11:45am	Ages 5 and up	\$180	6 classes	PICE0320-312002

Fall Term I: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0320](#)

Sep 17 to Oct 22	Thu	7 to 7:30pm	Ages 5 and up	\$120	6 classes	PICE0320-315001
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Fall Term II: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0320](#)

Nov 5 to Dec 17	Thu	8 to 8:45pm	Ages 5 and up	\$180	6 classes	PICE0320-322001
Nov 7 to Dec 19	Sat	11 to 11:45am	Ages 5 and up	\$180	6 classes	PICE0320-322002

Fall Term II: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0320](#)

Nov 5 to Dec 17	Thu	7 to 7:30pm	Ages 5 and up	\$120	6 classes	PICE0320-325001
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Teens and Tweens Free Skate

Prerequisite: Passed Tweens and Teens 6. This class will focus on introductory free skating skills including beginner jumps and spins. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Fall Term I: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0347](#)

Sep 14 to Oct 26	Mon	7 to 7:45pm	Ages 12 to 17	\$180	6 classes	PICE0347-312001
Sep 20 to Oct 25	Sun	1:30 to 2:15pm	Ages 12 to 17	\$180	6 classes	PICE0347-312003

Fall Term I: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0347](#)

Sep 17 to Oct 22	Thu	7 to 7:30pm	Ages 12 to 17	\$120	6 classes	PICE0347-315001
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Fall I: ☐ ☐

Fall II: ☐ ☐

Teens and Tweens Free Skate (continued)

Fall Term II: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0347](#)

Nov 2 to Dec 7	Mon	7 to 7:45pm	Ages 12 to 17	\$180	6 classes	PICE0347-322001
Nov 1 to Dec 13	Sun	1:30 to 2:15pm	Ages 12 to 17	\$180	6 classes	PICE0347-322003

Fall Term II: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0347](#)

Nov 5 to Dec 17	Thu	7 to 7:30pm	Ages 12 to 17	\$120	6 classes	PICE0347-325001
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Aspire Figure Skating Academy

The Aspire program is for children who are accelerating through the standard levels and have a strong interest in figure skating.

Fall Term I: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0321](#)

Aspire Figure Skating	Sep 17 to Oct 22	Thu	4:30 to 5:30pm	Ages 7 to 12	\$180	6 classes	PICE0322-312001
Aspire Youth	Sep 17 to Oct 22	Thu	4:30 to 5:30pm	Ages 6 to 10	\$180	6 classes	PICE0322-312002
Aspire Preschool	Sep 20 to Oct 25	Sun	11:30am to 12:30pm	Ages 4 to 6	\$180	6 classes	PICE0322-312006

Fall Term I: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0321](#)

Aspire Youth Ice Skating Academy	Sep 16 to Oct 21	Wed	7 to 7:45pm	Ages 6 and up	\$180	6 classes	PICE0321-315000
Aspire Figure Skating Academy	Sep 16 to Oct 21	Wed	7 to 7:45pm	Ages 6 and up	\$180	6 classes	PICE0321-315001
Aspire Adult Skating Academy	Sep 16 to Oct 21	Wed	7 to 7:45pm	Ages 14 and up	\$180	6 classes	PICE0321-315002

Fall Term II: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0321](#)

Aspire Figure Skating	Nov 5 to Dec 17	Thu	4:30 to 5:30pm	Ages 6 to 10	\$180	6 classes	PICE0322-322000
Aspire Youth	Nov 5 to Dec 17	Thu	4:30 to 5:30pm	Ages 6 to 10	\$180	6 classes	PICE0322-322002
Aspire Preschool	Nov 1 to Dec 13	Sun	11:30am to 12:30pm	Ages 4 to 6	\$180	6 classes	PICE0322-322006

Fall I: ☐ ☐

Fall II: ☐ ☐

Aspire Figure Skating Academy (continued)

Fall Term II: *Wheaton Ice Arena* [Register on Active Montgomery | Activity: PICE0321](#)

Aspire Youth Ice Skating Academy	Nov 4 to Dec 16	Wed	7 to 7:45pm	Ages 6 and up	\$180	6 classes	PICE0321-325000
Aspire Figure Skating Academy	Nov 4 to Dec 16	Wed	7 to 7:45pm	Ages 6 and up	\$180	6 classes	PICE0321-325001
Aspire Adult Skating Academy	Nov 4 to Dec 16	Wed	7 to 7:45pm	Ages 14 and up	\$180	6 classes	PICE0321-325002

Beginner Spins

Prerequisite: Must have passed an Ice Skating 6 level. The beginning spin class is a 30-minute class designed for skaters to focus on establishing their spin technique. Proper positioning, centering, speed, and skating skills are a necessity to achieving all phases of a well-rounded spin. Skaters will focus on these phases while learning the upright spin, beginning sit spin, change foot spin, and exercises to strengthen and enhance future spin positions such as the camel and layback spin. Fee includes six 30-minute lessons, skate rental, and a practice card for six public session admission to practice.

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery | Activity: PICE0324](#)

Sep 17 to Oct 22	Thu	7:30 to 8pm	Ages 6 and up	\$120	6 classes	PICE0324-312001
Sep 19 to Oct 24	Sat	10:30 to 11am	Ages 6 and up	\$120	6 classes	PICE0324-312002

Fall Term II: *Cabin John Ice Rink* [Register on Active Montgomery | Activity: PICE0324](#)

Nov 5 to Dec 17	Thu	7:30 to 8pm	Ages 6 and up	\$120	6 classes	PICE0324-322001
Nov 7 to Dec 19	Sat	10:30 to 11am	Ages 6 and up	\$120	6 classes	PICE0324-322002

Advanced Spins

Prerequisite: Free Skate 4 and higher. This class focus on advanced spins. (Skaters should be comfortable with scratch spin, sit spin, and beginning camel spin). Class will focus on learning basic spin features, combination spins, and flying spins. Fee includes a practice card good for admission to six public skating sessions.

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery | Activity: PICE0325](#)

Sep 17 to Oct 22	Thu	7:30 to 8pm	Ages 6 and up	\$120	6 classes	PICE0325-312000
Sep 19 to Oct 24	Sat	10:30 to 11am	Ages 6 and up	\$120	6 classes	PICE0325-312001

Fall Term II: *Cabin John Ice Rink* [Register on Active Montgomery | Activity: PICE0325](#)

Nov 5 to Dec 17	Thu	7:30 to 8pm	Ages 6 and up	\$120	6 classes	PICE0325-322000
Nov 7 to Dec 19	Sat	10:30 to 11am	Ages 6 and up	\$120	6 classes	PICE0325-322001

Fall I: ☐ ☐

Fall II: ☐ ☐

ICE HOCKEY CLASSES

Tots with Sticks

Prerequisite: Must have passed Preschool Ice Skating 1. Does your child want a hockey stick? Let us put a hockey stick in their hands! This class is geared for the high-energy toddler who likes to move, bang, and bash. We will teach them to skate and how to shoot a hockey puck! Skaters will follow the Preschool 2 curriculum. Caged hockey helmet and gloves are required. Hockey shin guards and elbow pads are suggested.

Fall Term I: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0112](#)

Sep 15 to Oct 20	Tue	6:15 to 7pm	Ages 3 to 6	\$180	6 classes	PICE0112-312001
Sep 16 to Oct 21	Wed	6:15 to 7pm	Ages 3 to 6	\$180	6 classes	PICE0112-312002
Sep 18 to Oct 23	Fri	1:15 to 2pm	Ages 3 to 6	\$180	6 classes	PICE0112-312003
Sep 19 to Oct 24	Sat	9:45 to 10:30am	Ages 3 to 6	\$180	6 classes	PICE0112-312004

Fall Term I: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0112](#)

Sep 20 to Oct 25	Sun	1:15 to 1:45pm	Ages 3 to 6	\$120	6 classes	PICE0112-315001
Sep 17 to Oct 22	Thu	6 to 6:30pm	Ages 3 to 6	\$120	6 classes	PICE0112-315003
Sep 19 to Oct 24	Sat	11:45am to 12:15pm	Ages 3 to 6	\$120	6 classes	PICE0112-315006

Fall Term II: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0112](#)

Nov 3 to Dec 8	Tue	6:15 to 7pm	Ages 3 to 6	\$180	6 classes	PICE0112-322001
Nov 4 to Dec 16	Wed	6:15 to 7pm	Ages 3 to 6	\$180	6 classes	PICE0112-322002
Nov 6 to Dec 18	Fri	1:15 to 2pm	Ages 3 to 6	\$180	6 classes	PICE0112-322003
Nov 7 to Dec 19	Sat	9:45 to 10:30am	Ages 3 to 6	\$180	6 classes	PICE0112-322004

Fall Term II: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0112](#)

Nov 1 to Dec 13	Sun	1:15 to 1:45pm	Ages 3 to 6	\$120	6 classes	PICE0112-325001
Nov 5 to Dec 17	Thu	6 to 6:30pm	Ages 3 to 6	\$120	6 classes	PICE0112-325002
Nov 7 to Dec 19	Sat	11:45am to 12:15pm	Ages 3 to 6	\$120	6 classes	PICE0112-325003


Fall I: ☐ ☐
Fall II: ☐ ☐

Kinder Sticks

Must have passed Preschool 2 and Tots with Sticks. Kinder Sticks expands on the beginning skating skills taught through Tots with Sticks program and aims to prepare young skater for Hockey 1. Skaters will follow the Preschool 3 and 4 curriculums. Equipment Required: Caged Hockey Helmet. Gloves/Mittens. Suggested equipment: Hockey shin guards and elbow pads.

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0113

Sep 15 to Oct 20	Tue	6:15 to 7pm	Ages 4 to 6	\$180	6 classes	PICE0113-312001
Sep 16 to Oct 21	Wed	6:15 to 7pm	Ages 4 to 6	\$180	6 classes	PICE0113-312002
Sep 18 to Oct 23	Fri	1:15 to 2pm	Ages 4 to 6	\$180	6 classes	PICE0113-312003
Sep 19 to Oct 24	Sat	9:45 to 10:30am	Ages 4 to 6	\$180	6 classes	PICE0113-312004

Fall Term II: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0113

Nov 3 to Dec 8	Tue	6:15 to 7pm	Ages 4 to 6	\$180	6 classes	PICE0113-322001
Nov 4 to Dec 16	Wed	6:15 to 7pm	Ages 4 to 6	\$180	6 classes	PICE0113-322002
Nov 6 to Dec 18	Fri	1:15 to 2pm	Ages 4 to 6	\$180	6 classes	PICE0113-322003
Nov 7 to Dec 19	Sat	9:45 to 10:30am	Ages 4 to 6	\$180	6 classes	PICE0113-322004

Mini Sticks

Prerequisite: Must have passed Kinder Sticks. Mini Sticks builds on the Kinder Sticks program and is the perfect introduction to Hockey 1 and 2 for our youngest skaters. This playful, high-energy class blends elements of the Youth 2 curriculum while incorporating foundational Hockey 1 and 2 skills in an age-appropriate environment for children ages 4-6. Through engaging activities, skaters develop stick handling skills, build confidence, and have fun along the way. Participants learn how to move safely with a stick, glide with control, practice simple passing, and take their first shots. Mini Sticks serves as an ideal bridge between early skating classes and more structured hockey levels, preparing skaters for Hockey 3 and beyond. Required equipment: Hockey skates, caged hockey helmet, neck guard, hockey shin guards, hockey gloves, and a flat stick cut to the skater's height.

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0114

Sep 15 to Oct 20	Tue	6:15 to 7pm	Ages 4 to 6	\$180	6 classes	PICE0114-312001
Sep 16 to Oct 21	Wed	6:15 to 7pm	Ages 4 to 6	\$180	6 classes	PICE0114-312002
Sep 18 to Oct 23	Fri	1:15 to 2pm	Ages 4 to 6	\$180	6 classes	PICE0114-312003
Sep 19 to Oct 24	Sat	10:30 to 11:15am	Ages 4 to 6	\$180	6 classes	PICE0114-312004

Fall Term II: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0114

Nov 3 to Dec 8	Tue	6:15 to 7pm	Ages 4 to 6	\$180	6 classes	PICE0114-322001
Nov 4 to Dec 16	Wed	6:15 to 7pm	Ages 4 to 6	\$180	6 classes	PICE0114-322002
Nov 6 to Dec 18	Fri	1:15 to 2pm	Ages 4 to 6	\$180	6 classes	PICE0114-322003
Nov 7 to Dec 19	Sat	10:30 to 11:15am	Ages 4 to 6	\$180	6 classes	PICE0114-322004

Fall I: ☐ ☐

Fall II: ☐ ☐

ICE HOCKEY

Hockey 1

Prerequisite: Passed Youth Ice Skating 1 or Kinder Sticks. Skater will learn falling and getting up in hockey skates, proper stance, march forward across the ice, 8-10 steps, forward two-foot glide, dip, forward swizzles, T-push to a two-foot glide, front to back turns, and snowplow stop. Fee includes skate rental, and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, neck guard, shin guards, hockey gloves, flat stick cut to skater's height, and hockey skates.

Fall Term I: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0351](#)

Sep 15 to Oct 20	Tue	5:30 to 6:15pm	Ages 7 to 12	\$180	6 classes	PICE0351-312001
Sep 16 to Oct 21	Wed	5:30 to 6:15pm	Ages 7 to 12	\$180	6 classes	PICE0351-312002
Sep 19 to Oct 24	Sat	10:30 to 11:15am	Ages 7 to 12	\$180	6 classes	PICE0351-312003

Fall Term I: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0351](#)

Sep 19 to Oct 24	Sat	11:15 to 11:45am	Ages 4 to 12	\$120	6 classes	PICE0351-315001
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Fall Term II: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0351](#)

Nov 3 to Dec 8	Tue	5:30 to 6:15pm	Ages 7 to 12	\$180	6 classes	PICE0351-322001
Nov 4 to Dec 16	Wed	5:30 to 6:15pm	Ages 7 to 12	\$180	6 classes	PICE0351-322002
Nov 7 to Dec 19	Sat	10:30 to 11:15am	Ages 7 to 12	\$180	6 classes	PICE0351-322003

Fall Term II: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0351](#)

Nov 7 to Dec 19	Sat	11:15 to 11:45am	Ages 4 to 12	\$120	6 classes	PICE0351-325001
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Hockey 2

Prerequisite: Passed Hockey 1. Skaters will learn strides using 45-degree v push, forward one-foot push and glides, forward alternating C-cuts, backward hustles to glides on two feet, backward swizzles, backward alternating C-cuts, moving skateboard push, and moving snowplow stop. Fee includes skate rental, and a practice card good for admission to six public skate sessions to practice skills learned in class. Required equipment: Caged hockey helmet, shin guards, hockey gloves, flat stick cut to skater's height, and hockey skates. Additional recommended equipment: elbow pads, shoulder pads, hockey pants.

Fall Term I: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0352](#)

Sep 15 to Oct 20	Tue	5:30 to 6:15pm	Ages 7 to 12	\$180	6 classes	PICE0352-312001
Sep 16 to Oct 21	Wed	5:30 to 6:15pm	Ages 7 to 12	\$180	6 classes	PICE0352-312002
Sep 19 to Oct 24	Sat	10:30 to 11:15am	Ages 7 to 12	\$180	6 classes	PICE0352-312003

Fall Term I: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0352](#)

Sep 19 to Oct 24	Sat	11:15 to 11:45am	Ages 4 to 12	\$120	6 classes	PICE0352-315001
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Fall I: ☐ ☐

Fall II: ☐ ☐

ICE HOCKEY

Hockey 2 (continued)

Fall Term II: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0352](#)

Nov 3 to Dec 8	Tue	5:30 to 6:15pm	Ages 7 to 12	\$180	6 classes	PICE0352-322001
Nov 4 to Dec 16	Wed	5:30 to 6:15pm	Ages 7 to 12	\$180	6 classes	PICE0352-322002
Nov 7 to Dec 19	Sat	10:30 to 11:15am	Ages 7 to 12	\$180	6 classes	PICE0352-322003

Fall Term II: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0352](#)

Nov 7 to Dec 19	Sat	11:15 to 11:45am	Ages 4 to 12	\$120	6 classes	PICE0352-325001
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Hockey 3

Prerequisite: Passed Hockey 2. Skaters will learn lateral crossover march, forward C-cuts on a circle, forward outside and inside edges on half circles, backward C-cuts, backward snowplow stops, forward stop-starts, and one-foot forward snowplow stops. Fee includes skate rental and a practice card good for admission to public sessions to practice skills learned in class. Required equipment: Full gear is required which includes a caged hockey helmet, neck guard, hockey gloves, shin guards, elbow pads, shoulder pads, hockey pants, curved stick, and hockey skates.

Fall Term I: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0353](#)

Sep 15 to Oct 20	Tue	7:15 to 8pm	Ages 7 to 12	\$180	6 classes	PICE0353-312001
Sep 19 to Oct 24	Sat	8:15 to 9am	Ages 7 to 12	\$180	6 classes	PICE0353-312003

Fall Term I: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0353](#)

Sep 19 to Oct 24	Sat	10:45 to 11:15am	Ages 4 to 12	\$120	6 classes	PICE0353-315001
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Fall Term II: Cabin John Ice Rink [Register on Active Montgomery | Activity: PICE0353](#)

Nov 3 to Dec 8	Tue	7:15 to 8pm	Ages 7 to 12	\$180	6 classes	PICE0353-322001
Nov 7 to Dec 19	Sat	8:15 to 9am	Ages 7 to 12	\$180	6 classes	PICE0353-322003

Fall Term II: Wheaton Ice Arena [Register on Active Montgomery | Activity: PICE0353](#)

Nov 7 to Dec 19	Sat	10:45 to 11:15am	Ages 4 to 12	\$120	6 classes	PICE0353-325001
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Fall I: ☐ ☐

Fall II: ☐ ☐

ICE HOCKEY

Hockey 4

Prerequisite: Passed Hockey 3. Skaters will learn quick starts using V-starts, backward one-foot glides, forward and backward crossovers, forward to backward Mohawk pivots, and hockey stops. Fee includes skate rental and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, neck guard, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, curved stick cut to skater's height, and hockey skates.

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0354

Sep 15 to Oct 20	Tue	7:15 to 8pm	Ages 7 to 12	\$180	6 classes	PICE0354-312001
Sep 19 to Oct 24	Sat	8:15 to 9am	Ages 7 to 12	\$180	6 classes	PICE0354-312003

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | Activity: PICE0354

Sep 19 to Oct 24	Sat	10:45 to 11:15am	Ages 4 to 12	\$120	6 classes	PICE0354-315001
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Fall Term II: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0354

Nov 3 to Dec 8	Tue	7:15 to 8pm	Ages 7 to 12	\$180	6 classes	PICE0354-322001
Nov 7 to Dec 19	Sat	8:15 to 9am	Ages 7 to 12	\$180	6 classes	PICE0354-322003

Fall Term II: *Wheaton Ice Arena* [Register on Active Montgomery](#) | Activity: PICE0354

Nov 7 to Dec 19	Sat	10:45 to 11:15am	Ages 4 to 12	\$120	6 classes	PICE0354-325001
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Hockey Advanced

Prerequisite: Passed Hockey 4. Skaters will learn powerful backward C-cuts, alternating forward and backward crossovers, forward power hockey turns, lateral pivots, fast stops and starts, and fast backward skating with quick backward V-stops. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates.

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0355

Sep 15 to Oct 20	Tue	8:45 to 9:30pm	Ages 7 to 12	\$180	6 classes	PICE0355-312001
Sep 19 to Oct 24	Sat	8:15 to 9am	Ages 4 to 12	\$180	6 classes	PICE0355-312003

Fall Term II: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0355

Nov 3 to Dec 8	Tue	8:45 to 9:30pm	Ages 7 to 12	\$180	6 classes	PICE0355-322001
Nov 7 to Dec 19	Sat	8:15 to 9am	Ages 7 to 12	\$180	6 classes	PICE0355-322003

Fall I: ☐ ☐

Fall II: ☐ ☐

Teen and Adult Hockey 1

Prerequisite: Passed Teen & Adult 1 in hockey skates. Learn the fundamentals of hockey skating including alternating forward and backward c-cuts, backward swizzles, one-foot snowplow stop, lateral crossover march, forward c-cuts on a circle, and turns from forward to backward. Skaters will also learn skating with a puck and beginning passing and stickhandling skills. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates (rental hockey skates are available).

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery | Activity: PICE0357](#)

Sep 16 to Oct 21	Wed	7:15 to 8pm	Ages 13 and up	\$180	6 classes	PICE0357-312000
Sep 19 to Oct 24	Sat	8:15 to 9am	Ages 13 and up	\$180	6 classes	PICE0357-312001

Fall Term II: *Cabin John Ice Rink* [Register on Active Montgomery | Activity: PICE0357](#)

Nov 4 to Dec 16	Wed	7:15 to 8pm	Ages 13 and up	\$180	6 classes	PICE0357-322000
Nov 7 to Dec 19	Sat	8:15 to 9am	Ages 13 and up	\$180	6 classes	PICE0357-322001

Teen and Adult Hockey 2

Prerequisite: Passed Teen & Adult Hockey 1. This class will focus on more advanced skating skills including backward crossovers, hockey stops, forward power hockey turns, fast stops & starts, backward V-stops, and forward to backward mohawk pivots. Skaters will also learn hockey techniques, rules, and game play including some scrimmage time. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates (rental hockey skates are available).

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery | Activity: PICE0358](#)

Sep 16 to Oct 21	Wed	8 to 8:45pm	Ages 13 and up	\$180	6 classes	PICE0358-312001
Sep 19 to Oct 24	Sat	8:15 to 9am	Ages 13 and up	\$180	6 classes	PICE0358-312002

Fall Term II: *Cabin John Ice Rink* [Register on Active Montgomery | Activity: PICE0358](#)

Nov 4 to Dec 16	Wed	8 to 8:45pm	Ages 13 and up	\$180	6 classes	PICE0358-322001
Nov 7 to Dec 19	Sat	8:15 to 9am	Ages 13 and up	\$180	6 classes	PICE0358-322002

Teen and Adult Hockey 3

Prerequisite: Passed Teen and Adult Hockey 2. Skaters will learn powerful backward C-cuts, alternating forward and backward crossovers, forward power hockey turns, lateral pivots, fast stops and starts, and fast backward skating with quick backward V-stops. Skaters will also continue learning advanced hockey techniques, rules, and game play including some scrimmage time. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates (rental hockey skates are available).

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0359

Sep 16 to Oct 21	Wed	8:45 to 9:30pm	Ages 13 and up	\$180	6 classes	PICE0359-312001
Sep 19 to Oct 24	Sat	8:15 to 9am	Ages 13 and up	\$180	6 classes	PICE0359-312003

Fall Term II: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0359

Nov 4 to Dec 16	Wed	8:45 to 9:30pm	Ages 13 and up	\$180	6 classes	PICE0359-322001
Nov 7 to Dec 19	Sat	8:15 to 9am	Ages 13 and up	\$180	6 classes	PICE0359-322003

Hockey Advanced Scrimmage (9 to 12)

Prerequisite: Passed Hockey 3. This hands-on instructional class focuses on key elements of hockey. Skaters will learn rules of the game, enhance their skills, and practice through a series of scrimmages. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Full gear, including neck guard required.

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0362

Sep 15 to Oct 20	Tue	8 to 8:30pm	Ages 9 to 13	\$120	6 classes	PICE0362-312001
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Fall Term II: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0362

Nov 3 to Dec 8	Tue	8 to 8:30pm	Ages 9 to 13	\$120	6 classes	PICE0362-322301
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Hockey Stickhandling and Scrimmage

Prerequisite: Passed Hockey 2. This advanced hockey class will focus on technique for stickhandling and passing getting through the offensive zone and putting the puck in the net. Topics covered will include shooting techniques and accuracy, speed and agility, stickhandling, skating in open ice, receiving passes, and defending the puck. Full gear required. Ages: 6-12

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0364

Sep 19 to Oct 24	Sat	9 to 9:30am	Ages 5 to 12	\$120	6 classes	PICE0364-312002
Sep 19 to Oct 24	Sat	9 to 9:30am	Ages 13 and up	\$120	6 classes	PICE0364-312005

Fall Term II: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0364

Nov 7 to Dec 19	Sat	9 to 9:30am	Ages 5 to 11	\$120	6 classes	PICE0364-322001
Nov 7 to Dec 19	Sat	9 to 9:30am	Ages 13 and up	\$120	6 classes	PICE0364-322005

Fall I: ☐ ☐

Fall II: ☐ ☐

Youth Hockey Power Skating

Maximize Your Skating Potential! Take your conditioning and skating skills to the next level with this fast-paced, high-intensity class. Focus areas include edge work, power, skill development, and a variety of dynamic drills. Must have passed Teen & Adult Hockey 1.

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0365

Sep 19 to Oct 24	Sat	9 to 9:30am	Ages 6 to 12	\$120	6 classes	PICE0365-312002
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Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | Activity: PICE0365

Sep 19 to Oct 24	Sat	11:45am to 12:15pm	Ages 6 to 12	\$120	6 classes	PICE0365-315001
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Fall Term II: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0365

Nov 7 to Dec 19	Sat	9 to 9:30am	Ages 6 to 12	\$120	6 classes	PICE0365-322002
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Fall Term II: *Wheaton Ice Arena* [Register on Active Montgomery](#) | Activity: PICE0365

Nov 7 to Dec 19	Sat	11:45am to 12:15pm	Ages 6 to 12	\$120	6 classes	PICE0365-325001
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Teen and Adult Hockey Power Skating

Maximize Your Skating Potential! Take your conditioning and skating skills to the next level with this fast-paced, high-intensity class. Focus areas include edge work, power, skill development, and a variety of dynamic drills. Must have passed Teen & Adult Hockey 1.

Fall Term I: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0365

Sep 19 to Oct 24	Sat	9 to 9:30am	Ages 13 and up	\$120	6 classes	PICE0365-312001
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Fall Term II: *Cabin John Ice Rink* [Register on Active Montgomery](#) | Activity: PICE0365

Nov 7 to Dec 19	Sat	9 to 9:30am	Ages 13 and up	\$120	6 classes	PICE0365-322001
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Intro to Speedskating

Prerequisite: Must have passed Ice skating level 2. This 45-minute class is an introduction to short track speed skating and is designed to help skaters build on basic skating skills while learning speed skating fundamentals such as balance, knee bend, body position, and alignment in a supportive and structured environment. The class includes 30 minutes of on-ice instruction from 1:15-1:45 p.m. and concludes with 15 minutes of dryland training from 2:00-2:15 p.m. Skaters may participate in hockey skates, figure skates, or speed skates; speed skates are not available to borrow on site. Helmets are required for all participants; bike helmets are acceptable.

Fall Term I: *Wheaton Ice Arena* [Register on Active Montgomery](#) | Activity: PICE0400

Sep 20 to Oct 25	Sun	1:15 to 2:15pm	Ages 6 and up	\$180	6 classes	PICE0400-315000
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Fall Term II: *Wheaton Ice Arena* [Register on Active Montgomery](#) | Activity: PICE0400

Nov 1 to Dec 13	Sun	1:15 to 2:15pm	Ages 6 and up	\$180	6 classes	PICE0400-325000
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Fall I: ☐ ☐

Fall II: ☐ ☐

TENNIS AND PICKLEBALL



**Pauline Betz Addie
Tennis Center**



**Wheaton
Indoor Tennis**



PAULINE BETZ ADDIE TENNIS CENTER

7801 Democracy Blvd | Bethesda, MD 20817

301-765-8650

PBATennis.org

WHEATON INDOOR TENNIS

11715 Orebaugh Ave | Wheaton, MD 20902

301-905-3030

WheatonTennis.org

TENNIS

Programs are subject to change.
For the most up-to-date listings visit:

PBATennis.org or **WheatonTennis.org**

CLASS DATES

Fall I:

Registration Dates: Aug. 31 to Sept. 11

Class Dates: Sept. 14 to Oct. 26

No classes: Sept. 21

Fall II:

Registration Dates Oct. 27 to 30

Class Dates: Nov. 1 to Dec. 19

No classes: Nov. 25 to 29

IMPORTANT DATES:

- Facility closed Nov. 26 and Dec. 25
- Facility closes at 3pm on Dec 24 and 31

On your first day of class...

- Bring a racquet and water bottle.
- Wear proper footwear and athletic clothes.

COURSE FEES COVER

- Six group lessons
- Starter racquets available for purchase

PLEASE NOTE

- No make-ups or refunds for missed lessons.
- Please read course descriptions carefully and select courses that match player ability and experience.
- At the end of each class series, the player will receive an evaluation recommending your next class.
- If you see a class you like, register!
Classes may be canceled if a minimum enrollment is not met.



TENNIS

Parent & Child Tennis (Ages 4-5)

Our youngest beginners, with the help of a parent, will practice basic tennis skills through fun exercises and games that can be continued outside of class. Fee covers one adult and one child; register the child only. (Red Court/Red Balls; loaner racquets available)

Fall Term I: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0001](#)

Sep 20 to Oct 25	Sun	9 to 10am	Ages 4 to 5	\$156	6 classes	PTEN0001-310012
Sep 14 to Oct 26	Mon	5 to 6pm	Ages 4 to 5	\$156	6 classes	PTEN0001-310014
Sep 15 to Oct 20	Tue	5 to 6pm	Ages 4 to 5	\$156	6 classes	PTEN0001-310016
Sep 16 to Oct 21	Wed	5 to 6pm	Ages 4 to 5	\$156	6 classes	PTEN0001-310018
Sep 17 to Oct 22	Thu	4 to 5pm	Ages 4 to 5	\$156	6 classes	PTEN0001-310019
Sep 17 to Oct 22	Thu	5 to 6pm	Ages 4 to 5	\$156	6 classes	PTEN0001-310020

Fall Term I: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0001](#)

Sep 19 to Oct 24	Sat	9 to 10am	Ages 4 to 5	\$135	6 classes	PTEN0001-316006
Sep 14 to Oct 26	Mon	6 to 7pm	Ages 4 to 5	\$135	6 classes	PTEN0001-316008
Sep 16 to Oct 21	Wed	5 to 6pm	Ages 4 to 5	\$135	6 classes	PTEN0001-316009

Fall Term II: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0001](#)

Nov 5 to Dec 17	Thu	5 to 6pm	Ages 4 to 5	\$156	6 classes	PTEN0001-320011
Nov 1 to Dec 13	Sun	9 to 10am	Ages 4 to 5	\$156	6 classes	PTEN0001-320012
Nov 3 to Dec 8	Tue	5 to 6pm	Ages 4 to 5	\$156	6 classes	PTEN0001-320016
Nov 5 to Dec 17	Thu	4 to 5pm	Ages 4 to 5	\$156	6 classes	PTEN0001-320019

Fall Term II: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0001](#)

Nov 7 to Dec 19	Sat	9 to 10am	Ages 4 to 5	\$135	6 classes	PTEN0001-326006
Nov 2 to Dec 7	Mon	6 to 7pm	Ages 4 to 5	\$135	6 classes	PTEN0001-326008
Nov 4 to Dec 16	Wed	5 to 6pm	Ages 4 to 5	\$135	6 classes	PTEN0001-326009



Fall I: ☐ ☐

Fall II: ☐ ☐

Youth Tennis, Beginner 6-8

Group lesson class for the young beginner who has limited or no prior tennis experience. Class teaches basic strokes and promotes cooperative play through games and skill-building activities. Instruction for ages 6-8 focuses on hand-eye coordination, movement, and basic tennis strokes. (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

Fall Term I: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0005](#)

Sep 20 to Oct 25	Sun	9 to 10am	Ages 6 to 8	\$150	6 classes	PTEN0005-310024
Sep 19 to Oct 24	Sat	9 to 10am	Ages 6 to 8	\$150	6 classes	PTEN0005-310025
Sep 14 to Oct 26	Mon	6 to 7pm	Ages 6 to 8	\$150	6 classes	PTEN0005-310026
Sep 16 to Oct 21	Wed	4 to 5pm	Ages 6 to 8	\$150	6 classes	PTEN0005-310027
Sep 17 to Oct 22	Thu	4 to 5pm	Ages 6 to 8	\$150	6 classes	PTEN0005-310028

Fall Term I: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0005](#)

Sep 17 to Oct 22	Thu	6 to 7pm	Ages 6 to 8	\$132	6 classes	PTEN0005-316016
Sep 19 to Oct 24	Sat	10 to 11am	Ages 6 to 8	\$132	6 classes	PTEN0005-316017
Sep 20 to Oct 25	Sun	11am to 12pm	Ages 6 to 8	\$132	6 classes	PTEN0005-316018
Sep 15 to Oct 20	Tue	5 to 6pm	Ages 6 to 8	\$132	6 classes	PTEN0005-316020

Fall Term II: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0005](#)

Nov 1 to Dec 13	Sun	9 to 10am	Ages 6 to 8	\$150	6 classes	PTEN0005-320024
Nov 2 to Dec 7	Mon	5 to 6pm	Ages 6 to 8	\$150	6 classes	PTEN0005-320025
Nov 3 to Dec 8	Tue	5 to 6pm	Ages 6 to 8	\$150	6 classes	PTEN0005-320026
Nov 4 to Dec 16	Wed	4 to 5pm	Ages 6 to 8	\$150	6 classes	PTEN0005-320027
Nov 5 to Dec 17	Thu	4 to 5pm	Ages 6 to 8	\$150	6 classes	PTEN0005-320028

Fall Term II: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0005](#)

Nov 5 to Dec 17	Thu	6 to 7pm	Ages 6 to 8	\$132	6 classes	PTEN0005-326016
Nov 7 to Dec 19	Sat	10 to 11am	Ages 6 to 8	\$132	6 classes	PTEN0005-326017
Nov 1 to Dec 13	Sun	11am to 12pm	Ages 6 to 8	\$132	6 classes	PTEN0005-326018
Nov 3 to Dec 8	Tue	5 to 6pm	Ages 6 to 8	\$132	6 classes	PTEN0005-326020

Fall I: ☐ ☐

Fall II: ☐ ☐

Youth Tennis, Intermediate 6-8

Prerequisite: Passed Beginner level. For the developing player who can rally on the Red Court but needs additional work on stroke production, tennis specific footwork, and situational play. Skill building continues with increased emphasis on cooperative drills. (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

Fall Term I: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0010](#)

Sep 20 to Oct 25	Sun	10 to 11am	Ages 6 to 8	\$150	6 classes	PTEN0010-310025
Sep 14 to Oct 26	Mon	5 to 6pm	Ages 6 to 8	\$150	6 classes	PTEN0010-310026
Sep 15 to Oct 20	Tue	5 to 6pm	Ages 6 to 8	\$150	6 classes	PTEN0010-310027
Sep 16 to Oct 21	Wed	5 to 6pm	Ages 6 to 8	\$150	6 classes	PTEN0010-310028
Sep 17 to Oct 22	Thu	5 to 6pm	Ages 6 to 8	\$150	6 classes	PTEN0010-310029
Sep 17 to Oct 22	Thu	4 to 5pm	Ages 6 to 8	\$132	6 classes	PTEN0010-310030

Fall Term I: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0010](#)

Sep 19 to Oct 24	Sat	10 to 11am	Ages 6 to 8	\$132	6 classes	PTEN0010-316035
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Fall Term II: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0010](#)

Nov 1 to Dec 13	Sun	10 to 11am	Ages 6 to 8	\$150	6 classes	PTEN0010-320025
Nov 2 to Dec 7	Mon	5 to 6pm	Ages 6 to 8	\$150	6 classes	PTEN0010-320026
Nov 5 to Dec 17	Thu	4 to 5pm	Ages 6 to 8	\$150	6 classes	PTEN0010-320027
Nov 4 to Dec 16	Wed	5 to 6pm	Ages 6 to 8	\$150	6 classes	PTEN0010-320028

Fall Term II: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0010](#)

Nov 3 to Dec 8	Tue	6 to 7pm	Ages 6 to 8	\$132	6 classes	PTEN0010-326030
Nov 7 to Dec 19	Sat	10 to 11am	Ages 6 to 8	\$132	6 classes	PTEN0010-326035



Fall I: ☐ ☐

Fall II: ☐ ☐

Youth Tennis, Beginner 9-10

Group lesson class for the young beginner who has limited or no prior tennis experience. Class teaches basic strokes and promotes cooperative play through games and skill-building activities. Instruction for ages 9-10 focuses on racquet control drills, sending and receiving, rallying skills, and ABCs (agility, balance, and coordination). (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

Fall Term I: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0015](#)

Sep 20 to Oct 25	Sun	1 to 2pm	Ages 9 to 10	\$150	6 classes	PTEN0015-310035
Sep 14 to Oct 26	Mon	6 to 7pm	Ages 9 to 10	\$150	6 classes	PTEN0015-310036
Sep 15 to Oct 20	Tue	6 to 7pm	Ages 9 to 10	\$150	6 classes	PTEN0015-310037
Sep 16 to Oct 21	Wed	6 to 7pm	Ages 9 to 10	\$150	6 classes	PTEN0015-310038
Sep 17 to Oct 22	Thu	6 to 7pm	Ages 9 to 10	\$150	6 classes	PTEN0015-310039

Fall Term I: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0015](#)

Sep 17 to Oct 22	Thu	5 to 6pm	Ages 9 to 10	\$132	6 classes	PTEN0015-316037
Sep 20 to Oct 25	Sun	10 to 11am	Ages 9 to 10	\$132	6 classes	PTEN0015-316038
Sep 14 to Oct 26	Mon	6 to 7pm	Ages 9 to 10	\$132	6 classes	PTEN0015-316039
Sep 19 to Oct 24	Sat	9 to 10am	Ages 9 to 10	\$132	6 classes	PTEN0015-316040
Sep 16 to Oct 21	Wed	6 to 7pm	Ages 9 to 10	\$132	6 classes	PTEN0015-316041
Sep 15 to Oct 20	Tue	6 to 7pm	Ages 9 to 10	\$132	6 classes	PTEN0015-316042

Fall Term II: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0015](#)

Nov 1 to Dec 13	Sun	1 to 2pm	Ages 9 to 10	\$150	6 classes	PTEN0015-320035
Nov 2 to Dec 7	Mon	6 to 7pm	Ages 9 to 10	\$150	6 classes	PTEN0015-320036
Nov 3 to Dec 8	Tue	6 to 7pm	Ages 9 to 10	\$150	6 classes	PTEN0015-320037
Nov 4 to Dec 16	Wed	6 to 7pm	Ages 9 to 10	\$150	6 classes	PTEN0015-320038
Nov 5 to Dec 17	Thu	6 to 7pm	Ages 9 to 10	\$150	6 classes	PTEN0015-320039

Fall Term II: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0015](#)

Nov 5 to Dec 17	Thu	5 to 6pm	Ages 9 to 10	\$132	6 classes	PTEN0015-326037
Nov 1 to Dec 13	Sun	10 to 11am	Ages 9 to 10	\$132	6 classes	PTEN0015-326038
Nov 2 to Dec 7	Mon	6 to 7pm	Ages 9 to 10	\$132	6 classes	PTEN0015-326039
Nov 7 to Dec 19	Sat	9 to 10am	Ages 9 to 10	\$132	6 classes	PTEN0015-326040
Nov 4 to Dec 16	Wed	6 to 7pm	Ages 9 to 10	\$132	6 classes	PTEN0015-326041

Fall I: ☐ ☐

Fall II: ☐ ☐

Youth Tennis, Intermediate 9-10

Prerequisite: Passed Beginner level. For the developing player who can rally on the Orange Court but needs additional work on stroke production, tennis specific footwork, and situational play. Skill building continues with increased emphasis on cooperative drills. (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

Fall Term I: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0020](#)

Sep 20 to Oct 25	Sun	10 to 11am	Ages 9 to 10	\$150	6 classes	PTEN0020-310046
Sep 17 to Oct 22	Thu	4 to 5pm	Ages 9 to 10	\$150	6 classes	PTEN0020-310047
Sep 15 to Oct 20	Tue	6 to 7pm	Ages 9 to 10	\$150	6 classes	PTEN0020-310048
Sep 16 to Oct 21	Wed	6 to 7pm	Ages 9 to 10	\$150	6 classes	PTEN0020-310049
Sep 17 to Oct 22	Thu	6 to 7pm	Ages 9 to 10	\$150	6 classes	PTEN0020-310050

Fall Term I: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0020](#)

Sep 14 to Oct 26	Mon	5 to 6pm	Ages 9 to 10	\$132	6 classes	PTEN0020-316044
Sep 17 to Oct 22	Thu	5 to 6pm	Ages 9 to 10	\$132	6 classes	PTEN0020-316045
Sep 19 to Oct 24	Sat	11am to 12pm	Ages 9 to 10	\$132	6 classes	PTEN0020-316046

Fall Term II: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0020](#)

Nov 1 to Dec 13	Sun	10 to 11am	Ages 9 to 10	\$150	6 classes	PTEN0020-320046
Nov 2 to Dec 7	Mon	6 to 7pm	Ages 9 to 10	\$150	6 classes	PTEN0020-320047
Nov 3 to Dec 8	Tue	6 to 7pm	Ages 9 to 10	\$150	6 classes	PTEN0020-320048
Nov 4 to Dec 16	Wed	6 to 7pm	Ages 9 to 10	\$150	6 classes	PTEN0020-320049
Nov 5 to Dec 17	Thu	6 to 7pm	Ages 9 to 10	\$150	6 classes	PTEN0020-320050

Fall Term II: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0020](#)

Nov 2 to Dec 7	Mon	5 to 6pm	Ages 9 to 10	\$132	6 classes	PTEN0020-326044
Nov 5 to Dec 17	Thu	5 to 6pm	Ages 9 to 10	\$132	6 classes	PTEN0020-326045
Nov 7 to Dec 19	Sat	11am to 12pm	Ages 9 to 10	\$132	6 classes	PTEN0020-326046



Fall I: ☐ ☐

Fall II: ☐ ☐

Youth Tennis, Advanced 9-10

Prerequisite: Passed Youth Tennis, Intermediate. For players who can rally consistently and comfortably engage in point play against a variety of players. Focus will be on improving movement, positioning, concentration, focus, shot placement, and closing points. (Combination of Red Court/Red Balls and Orange Court/Orange Balls); may incorporate use of Green Dot Ball for players ready to transition from the Orange Court to full court play)

Fall Term I: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0025](#)

Sep 14 to Oct 26	Mon	6 to 7pm	Ages 9 to 10	\$156	6 classes	PTEN0025-310055
Sep 15 to Oct 20	Tue	6 to 7pm	Ages 9 to 10	\$156	6 classes	PTEN0025-310056
Sep 16 to Oct 21	Wed	6 to 7pm	Ages 9 to 10	\$156	6 classes	PTEN0025-310057
Sep 17 to Oct 22	Thu	6 to 7pm	Ages 9 to 10	\$156	6 classes	PTEN0025-310058

Fall Term I: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0025](#)

Sep 20 to Oct 25	Sun	1 to 2pm	Ages 9 to 10	\$135	6 classes	PTEN0025-316055
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Fall Term II: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0025](#)

Nov 2 to Dec 7	Mon	6 to 7pm	Ages 9 to 10	\$156	6 classes	PTEN0025-320055
Nov 3 to Dec 8	Tue	6 to 7pm	Ages 9 to 10	\$156	6 classes	PTEN0025-320056
Nov 4 to Dec 16	Wed	6 to 7pm	Ages 9 to 10	\$156	6 classes	PTEN0025-320057
Nov 5 to Dec 17	Thu	6 to 7pm	Ages 9 to 10	\$156	6 classes	PTEN0025-320058

Fall Term II: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0025](#)

Nov 1 to Dec 13	Sun	1 to 2pm	Ages 9 to 10	\$135	6 classes	PTEN0025-326055
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Youth Tennis, Match Play 9-10

Supervised match-play for players in our Orange Intermediate and Advanced Programs.

Fall Term I: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0030](#)

Sep 19 to Oct 24	Sat	11am to 12pm	Ages 9 to 10	\$135	6 classes	PTEN0030-316062
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Fall Term II: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0030](#)

Nov 7 to Dec 19	Sat	11am to 12pm	Ages 9 to 10	\$135	6 classes	PTEN0030-326062
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Youth Tennis, Beginner 11-12

Prerequisite: For beginners who have never played before or have not played recently. The goal of this class is to teach fundamentals of the game, including etiquette and vocabulary, rules, positioning, and scorekeeping. Players will learn basic mechanics for hitting groundstrokes, volleys, overheads and serves. May incorporate use of Orange and Green Dot Balls to reinforce development, consistency, and control.

Fall Term I: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0040](#)

Sep 18 to Oct 23	Fri	4 to 5pm	Ages 11 to 12	\$150	6 classes	PTEN0040-310084
Sep 20 to Oct 25	Sun	11am to 12pm	Ages 11 to 12	\$150	6 classes	PTEN0040-310085
Sep 14 to Oct 26	Mon	4 to 5pm	Ages 11 to 12	\$150	6 classes	PTEN0040-310086
Sep 16 to Oct 21	Wed	7 to 8pm	Ages 11 to 12	\$150	6 classes	PTEN0040-310087

Fall Term I: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0040](#)

Sep 16 to Oct 21	Wed	6 to 7pm	Ages 11 to 12	\$132	6 classes	PTEN0040-316084
Sep 20 to Oct 25	Sun	10 to 11am	Ages 11 to 12	\$132	6 classes	PTEN0040-316085

Fall Term II: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0040](#)

Nov 1 to Dec 13	Sun	11am to 12pm	Ages 11 to 12	\$150	6 classes	PTEN0040-320085
Nov 2 to Dec 7	Mon	4 to 5pm	Ages 11 to 12	\$150	6 classes	PTEN0040-320086
Nov 4 to Dec 16	Wed	7 to 8pm	Ages 11 to 12	\$150	6 classes	PTEN0040-320087
Nov 6 to Dec 18	Fri	4 to 5pm	Ages 11 to 12	\$150	6 classes	PTEN0040-320089

Fall Term II: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0040](#)

Nov 4 to Dec 16	Wed	6 to 7pm	Ages 11 to 12	\$132	6 classes	PTEN0040-326084
Nov 1 to Dec 13	Sun	10 to 11am	Ages 11 to 12	\$132	6 classes	PTEN0040-326085

Youth Tennis, Intermediate 11-12

Prerequisite: Passed Beginner Tennis or player with recent playing experience seeking a refresher on fundamentals. Class includes a review of tennis etiquette and vocabulary, safety, rules, and scoring. Continued focus on footwork, positioning, and directional control. Additional time will be spent on drills and situational play. Groundstrokes, volleys, overheads, and serves will be critiqued.

Fall Term I: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0045](#)

Sep 20 to Oct 25	Sun	12 to 1pm	Ages 11 to 12	\$150	6 classes	PTEN0045-310096
Sep 19 to Oct 24	Sat	10 to 11am	Ages 11 to 12	\$150	6 classes	PTEN0045-310097
Sep 14 to Oct 26	Mon	4 to 5pm	Ages 11 to 12	\$150	6 classes	PTEN0045-310098

Fall Term I: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0045](#)

Sep 20 to Oct 25	Sun	11am to 12pm	Ages 11 to 12	\$132	6 classes	PTEN0045-316094
Sep 16 to Oct 21	Wed	5 to 6pm	Ages 11 to 12	\$132	6 classes	PTEN0045-316095
Sep 14 to Oct 26	Mon	5 to 6pm	Ages 11 to 12	\$132	6 classes	PTEN0045-316096

Fall I: ☐ ☐

Fall II: ☐ ☐

Youth Tennis, Intermediate 11-12 (continued)

Fall Term II: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0045](#)

Nov 1 to Dec 13	Sun	12 to 1pm	Ages 11 to 12	\$150	6 classes	PTEN0045-320096
Nov 2 to Dec 7	Mon	4 to 5pm	Ages 11 to 12	\$150	6 classes	PTEN0045-320097
Nov 7 to Dec 19	Sat	10 to 11am	Ages 11 to 12	\$150	6 classes	PTEN0045-320098

Fall Term II: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0045](#)

Nov 1 to Dec 13	Sun	11am to 12pm	Ages 11 to 12	\$132	6 classes	PTEN0045-326094
Nov 4 to Dec 16	Wed	5 to 6pm	Ages 11 to 12	\$132	6 classes	PTEN0045-326095
Nov 2 to Dec 7	Mon	5 to 6pm	Ages 11 to 12	\$132	6 classes	PTEN0045-326096

Youth Tennis, Advanced 11-12

Prerequisite: Passed Intermediate Tennis. Players have experience in the fundamentals of tennis and are ready to work on consistency, accuracy, and technical mastery of strokes and footwork. The focus will be on drills and play situations to improve rallying skills and overall level of play.

Fall Term I: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0050](#)

Sep 19 to Oct 24	Sat	11am to 1pm	Ages 11 to 12	\$312	6 classes	PTEN0050-310105
Sep 14 to Oct 26	Mon	4 to 6pm	Ages 11 to 12	\$312	6 classes	PTEN0050-310106
Sep 16 to Oct 21	Wed	4 to 6pm	Ages 11 to 12	\$312	6 classes	PTEN0050-310107

Fall Term I: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0050](#)

Sep 15 to Oct 20	Tue	5 to 7pm	Ages 11 to 12	\$270	6 classes	PTEN0050-316105
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Fall Term II: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0050](#)

Nov 7 to Dec 19	Sat	11am to 1pm	Ages 11 to 12	\$312	6 classes	PTEN0050-320105
Nov 2 to Dec 7	Mon	4 to 6pm	Ages 11 to 12	\$312	6 classes	PTEN0050-320106
Nov 4 to Dec 16	Wed	4 to 6pm	Ages 11 to 12	\$312	6 classes	PTEN0050-320107

Fall Term II: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0050](#)

Nov 3 to Dec 8	Tue	5 to 7pm	Ages 11 to 12	\$270	6 classes	PTEN0050-326105
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Teen Tennis, Beginner 13-17

Prerequisite: For beginners who have never played before or have not played recently. The goal of this class is to teach fundamentals of the game, including etiquette and vocabulary, rules, positioning, and scorekeeping. Players will learn basic mechanics for hitting groundstrokes, volleys, overheads and serves. May incorporate use of Orange and Green Dot Balls to reinforce development, consistency, and control.

Fall Term I: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0055](#)

Sep 15 to Oct 20	Tue	4 to 5pm	Ages 13 to 18	\$150	6 classes	PTEN0055-310114
Sep 17 to Oct 22	Thu	5 to 6pm	Ages 13 to 17	\$150	6 classes	PTEN0055-310115
Sep 20 to Oct 25	Sun	11am to 12pm	Ages 13 to 17	\$150	6 classes	PTEN0055-310116

Fall Term I: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0055](#)

Sep 17 to Oct 22	Thu	6 to 7pm	Ages 13 to 17	\$132	6 classes	PTEN0055-316113
Sep 19 to Oct 24	Sat	12 to 1pm	Ages 13 to 17	\$132	6 classes	PTEN0055-316114

Fall Term II: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0055](#)

Nov 3 to Dec 8	Tue	4 to 5pm	Ages 13 to 17	\$150	6 classes	PTEN0055-320114
Nov 5 to Dec 17	Thu	5 to 6pm	Ages 13 to 17	\$150	6 classes	PTEN0055-320115
Nov 1 to Dec 13	Sun	11am to 12pm	Ages 13 to 17	\$150	6 classes	PTEN0055-320116

Fall Term II: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0055](#)

Nov 5 to Dec 17	Thu	6 to 7pm	Ages 13 to 17	\$132	6 classes	PTEN0055-326113
Nov 7 to Dec 19	Sat	12 to 1pm	Ages 13 to 17	\$132	6 classes	PTEN0055-326114



Fall I: ☐ ☐

Fall II: ☐ ☐

Teen Tennis, Intermediate 13-17

Prerequisite: Passed Beginner Tennis or player with recent playing experience seeking a refresher on fundamentals. Class includes a review of tennis etiquette and vocabulary, safety, rules, and scoring. Continued focus on footwork, positioning, and directional control. Additional time will be spent on drills and situational play. Groundstrokes, volleys, overheads, and serves will be critiqued.

Fall Term I: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0060](#)

Sep 15 to Oct 20	Tue	4 to 5pm	Ages 13 to 17	\$312	6 classes	PTEN0060-310125
Sep 17 to Oct 22	Thu	5 to 6pm	Ages 13 to 17	\$312	6 classes	PTEN0060-310126

Fall Term I: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0060](#)

Sep 20 to Oct 25	Sun	1 to 2pm	Ages 13 to 17	\$132	6 classes	PTEN0060-316125
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Fall Term II: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0060](#)

Nov 3 to Dec 8	Tue	4 to 5pm	Ages 13 to 17	\$150	6 classes	PTEN0060-320125
Nov 5 to Dec 17	Thu	5 to 6pm	Ages 13 to 17	\$150	6 classes	PTEN0060-320126

Fall Term II: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0060](#)

Nov 1 to Dec 13	Sun	1 to 2pm	Ages 13 to 17	\$132	6 classes	PTEN0060-326125
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Teen Tennis, Advanced 13-17

Prerequisite: Passed Intermediate Tennis. Players have experience in the fundamentals of tennis and are ready to work on consistency, accuracy, and technical mastery of strokes and footwork. The focus will be on drills and play situations to improve rallying skills and overall level of play.

Fall Term I: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0065](#)

Sep 15 to Oct 20	Tue	4 to 6pm	Ages 13 to 17	\$150	6 classes	PTEN0065-310133
Sep 16 to Oct 21	Wed	4 to 6pm	Ages 13 to 17	\$150	6 classes	PTEN0065-310134

Fall Term I: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0065](#)

Sep 19 to Oct 24	Sat	12 to 1pm	Ages 13 to 17	\$135	6 classes	PTEN0065-316132
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Fall Term II: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0065](#)

Nov 3 to Dec 8	Tue	4 to 6pm	Ages 13 to 17	\$312	6 classes	PTEN0065-320133
Nov 4 to Dec 16	Wed	4 to 6pm	Ages 13 to 17	\$312	6 classes	PTEN0065-320134

Fall Term II: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0065](#)

Nov 7 to Dec 19	Sat	12 to 1pm	Ages 13 to 17	\$135	6 classes	PTEN0065-326132
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TENNIS

Adult Beginner 1 Tennis, NTRP 1.0

Designed to turn adult beginners into tennis players. Students will enjoy one-hour lessons with our certified tennis coaches and learn the basics of tennis including the serve, forehand, backhand, and net play for singles and doubles featuring a Rally and Play approach.

Fall Term I: Pauline Betz Addie Tennis Center [Register on Active Montgomery | Activity: PTEN0090](#)

Sep 18 to Oct 23	Fri	10 to 11am	Ages 18 and up	\$150	6 classes	PTEN0090-310189
Sep 19 to Oct 24	Sat	10 to 11am	Ages 18 and up	\$150	6 classes	PTEN0090-310190
Sep 16 to Oct 21	Wed	11am to 12pm	Ages 18 and up	\$150	6 classes	PTEN0090-310191
Sep 20 to Oct 25	Sun	9 to 10am	Ages 18 and up	\$150	6 classes	PTEN0090-310192
Sep 14 to Oct 26	Mon	10 to 11am	Ages 18 and up	\$150	6 classes	PTEN0090-310193
Sep 14 to Oct 26	Mon	7 to 8pm	Ages 18 and up	\$150	6 classes	PTEN0090-310194
Sep 15 to Oct 20	Tue	11am to 12pm	Ages 18 and up	\$150	6 classes	PTEN0090-310195
Sep 16 to Oct 21	Wed	7 to 8pm	Ages 18 and up	\$150	6 classes	PTEN0090-310196
Sep 17 to Oct 22	Thu	7 to 8pm	Ages 18 and up	\$150	6 classes	PTEN0090-310197

Fall Term I: Wheaton Indoor Tennis [Register on Active Montgomery | Activity: PTEN0090](#)

Sep 20 to Oct 25	Sun	9 to 10am	Ages 18 and up	\$132	6 classes	PTEN0090-316187
Sep 14 to Oct 26	Mon	10 to 11am	Ages 18 and up	\$132	6 classes	PTEN0090-316188
Sep 15 to Oct 20	Tue	8 to 9pm	Ages 18 and up	\$132	6 classes	PTEN0090-316189
Sep 16 to Oct 21	Wed	7 to 8pm	Ages 18 and up	\$132	6 classes	PTEN0090-316191
Sep 17 to Oct 22	Thu	7 to 8pm	Ages 18 and up	\$132	6 classes	PTEN0090-316193

Fall Term II: Pauline Betz Addie Tennis Center [Register on Active Montgomery | Activity: PTEN0090](#)

Nov 6 to Dec 18	Fri	10 to 11am	Ages 18 and up	\$150	6 classes	PTEN0090-320189
Nov 7 to Dec 19	Sat	10 to 11am	Ages 18 and up	\$150	6 classes	PTEN0090-320190
Nov 1 to Dec 13	Sun	9 to 10am	Ages 18 and up	\$150	6 classes	PTEN0090-320192
Nov 2 to Dec 7	Mon	10 to 11am	Ages 18 and up	\$150	6 classes	PTEN0090-320193
Nov 2 to Dec 7	Mon	7 to 8pm	Ages 18 and up	\$150	6 classes	PTEN0090-320194
Nov 3 to Dec 8	Tue	11am to 12pm	Ages 18 and up	\$150	6 classes	PTEN0090-320195
Nov 4 to Dec 16	Wed	11am to 12pm	Ages 18 and up	\$150	6 classes	PTEN0090-320196
Nov 4 to Dec 16	Wed	7 to 8pm	Ages 18 and up	\$150	6 classes	PTEN0090-320197
Nov 5 to Dec 17	Thu	7 to 8pm	Ages 18 and up	\$150	6 classes	PTEN0090-320199

Fall Term II: Wheaton Indoor Tennis [Register on Active Montgomery | Activity: PTEN0090](#)

Nov 2 to Dec 7	Mon	10 to 11am	Ages 18 and up	\$132	6 classes	PTEN0090-326185
Nov 5 to Dec 17	Thu	7 to 8pm	Ages 18 and up	\$132	6 classes	PTEN0090-326186
Nov 1 to Dec 13	Sun	9 to 10am	Ages 18 and up	\$132	6 classes	PTEN0090-326187
Nov 4 to Dec 16	Wed	7 to 8pm	Ages 18 and up	\$132	6 classes	PTEN0090-326188
Nov 3 to Dec 8	Tue	8 to 9pm	Ages 18 and up	\$132	6 classes	PTEN0090-326189

Fall I: ☐ ☐

Fall II: ☐ ☐

Adult Beginner 2 Tennis, NTRP 2.5

This player has played some tennis but needs additional instruction on basic skills and techniques. Rally and Play approach reinforces introduction to positioning, movement, and rules of play.

Fall Term I: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0095](#)

Sep 19 to Oct 24	Sat	1 to 2pm	Ages 18 and up	\$150	6 classes	PTEN0095-310198
Sep 20 to Oct 25	Sun	10 to 11am	Ages 18 and up	\$150	6 classes	PTEN0095-310199
Sep 14 to Oct 26	Mon	7 to 8pm	Ages 18 and up	\$150	6 classes	PTEN0095-310200
Sep 15 to Oct 20	Tue	10 to 11am	Ages 18 and up	\$150	6 classes	PTEN0095-310201
Sep 16 to Oct 21	Wed	10 to 11am	Ages 18 and up	\$150	6 classes	PTEN0095-310202
Sep 17 to Oct 22	Thu	7 to 8pm	Ages 18 and up	\$150	6 classes	PTEN0095-310203

Fall Term I: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0095](#)

Sep 14 to Oct 26	Mon	11am to 12pm	Ages 18 and up	\$132	6 classes	PTEN0095-316201
Sep 15 to Oct 20	Tue	7 to 8pm	Ages 18 and up	\$132	6 classes	PTEN0095-316205
Sep 17 to Oct 22	Thu	8 to 9pm	Ages 18 and up	\$132	6 classes	PTEN0095-316206
Sep 19 to Oct 24	Sat	1 to 2pm	Ages 18 and up	\$132	6 classes	PTEN0095-316208

Fall Term II: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0095](#)

Nov 7 to Dec 19	Sat	1 to 2pm	Ages 18 and up	\$150	6 classes	PTEN0095-320198
Nov 1 to Dec 13	Sun	10 to 11am	Ages 18 and up	\$150	6 classes	PTEN0095-320199
Nov 2 to Dec 7	Mon	7 to 8pm	Ages 18 and up	\$150	6 classes	PTEN0095-320200
Nov 3 to Dec 8	Tue	10 to 11am	Ages 18 and up	\$150	6 classes	PTEN0095-320201
Nov 4 to Dec 16	Wed	10 to 11am	Ages 18 and up	\$150	6 classes	PTEN0095-320202
Nov 5 to Dec 17	Thu	7 to 8pm	Ages 18 and up	\$150	6 classes	PTEN0095-320203

Fall Term II: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0095](#)

Nov 3 to Dec 8	Tue	7 to 8pm	Ages 18 and up	\$132	6 classes	PTEN0095-326200
Nov 2 to Dec 7	Mon	11am to 12pm	Ages 18 and up	\$132	6 classes	PTEN0095-326201
Nov 7 to Dec 19	Sat	1 to 2pm	Ages 18 and up	\$132	6 classes	PTEN0095-326202
Nov 5 to Dec 17	Thu	8 to 9pm	Ages 18 and up	\$132	6 classes	PTEN0095-326203



Fall I: ☐ ☐

Fall II: ☐ ☐

Adult Intermediate Tennis, NTRP 3.0

Prerequisite: Passed Beginner 2, Adult. This player can keep the ball in play but needs to improve consistency of strokes and overall understanding of court positioning, strategy, and use of shots in various situations.

Fall Term I: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery](#) | Activity: PTEN0100

Sep 19 to Oct 24	Sat	12 to 1pm	Ages 18 and up	\$150	6 classes	PTEN0100-310211
Sep 20 to Oct 25	Sun	12 to 1pm	Ages 18 and up	\$150	6 classes	PTEN0100-310212
Sep 14 to Oct 26	Mon	11am to 12pm	Ages 18 and up	\$150	6 classes	PTEN0100-310213
Sep 15 to Oct 20	Tue	7 to 8pm	Ages 18 and up	\$150	6 classes	PTEN0100-310214

Fall Term I: *Wheaton Indoor Tennis* [Register on Active Montgomery](#) | Activity: PTEN0100

Sep 20 to Oct 25	Sun	12 to 1pm	Ages 18 and up	\$132	6 classes	PTEN0100-316206
Sep 14 to Oct 26	Mon	7 to 8pm	Ages 18 and up	\$132	6 classes	PTEN0100-316209
Sep 15 to Oct 20	Tue	11am to 12pm	Ages 18 and up	\$132	6 classes	PTEN0100-316210
Sep 16 to Oct 21	Wed	7 to 8pm	Ages 18 and up	\$132	6 classes	PTEN0100-316211
Sep 19 to Oct 24	Sat	1 to 2pm	Ages 18 and up	\$132	6 classes	PTEN0100-316216

Fall Term II: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery](#) | Activity: PTEN0100

Nov 7 to Dec 19	Sat	12 to 1pm	Ages 18 and up	\$150	6 classes	PTEN0100-320211
Nov 1 to Dec 13	Sun	12 to 1pm	Ages 18 and up	\$150	6 classes	PTEN0100-320212
Nov 2 to Dec 7	Mon	11am to 12pm	Ages 18 and up	\$150	6 classes	PTEN0100-320213
Nov 3 to Dec 8	Tue	7 to 8pm	Ages 18 and up	\$150	6 classes	PTEN0100-320214

Fall Term II: *Wheaton Indoor Tennis* [Register on Active Montgomery](#) | Activity: PTEN0100

Nov 1 to Dec 13	Sun	12 to 1pm	Ages 18 and up	\$132	6 classes	PTEN0100-326206
Nov 3 to Dec 8	Tue	11am to 12pm	Ages 18 and up	\$132	6 classes	PTEN0100-326207
Nov 2 to Dec 7	Mon	7 to 8pm	Ages 18 and up	\$132	6 classes	PTEN0100-326209
Nov 7 to Dec 19	Sat	1 to 2pm	Ages 18 and up	\$132	6 classes	PTEN0100-326210
Nov 4 to Dec 16	Wed	7 to 8pm	Ages 18 and up	\$132	6 classes	PTEN0100-326211



Fall I: ☐ ☐

Fall II: ☐ ☐

Adult Intermediate Tennis, NTRP 3.5

Prerequisite: Passed Intermediate 3.0, Adult. Learn to hit with a higher shot quality that keeps opponents neutral or at a disadvantage more often on serves and returns, during baseline exchanges and when approaching and at the net. Learn to make better, 'high percentage' decisions as to when to attack, defend, or stay neutral.

Fall Term I: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0105](#)

Sep 17 to Oct 22	Thu	10 to 11am	Ages 18 and up	\$150	6 classes	PTEN0105-310301
Sep 19 to Oct 24	Sat	10 to 11am	Ages 18 and up	\$150	6 classes	PTEN0105-310302

Fall Term I: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0105](#)

Sep 14 to Oct 26	Mon	8 to 9pm	Ages 18 and up	\$132	6 classes	PTEN0105-316301
Sep 16 to Oct 21	Wed	8 to 9pm	Ages 18 and up	\$132	6 classes	PTEN0105-316304

Fall Term II: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0105](#)

Nov 5 to Dec 17	Thu	10 to 11am	Ages 18 and up	\$150	6 classes	PTEN0105-320301
Nov 7 to Dec 19	Sat	10 to 11am	Ages 18 and up	\$150	6 classes	PTEN0105-320302

Fall Term II: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0105](#)

Nov 2 to Dec 7	Mon	8 to 9pm	Ages 18 and up	\$132	6 classes	PTEN0105-326301
Nov 4 to Dec 16	Wed	8 to 9pm	Ages 18 and up	\$132	6 classes	PTEN0105-326303

Adult Advanced Tennis, NTRP 4.0+

Prerequisite: Passed Intermediate 3.5 or Instructor approval. A competitive clinic involving intense drilling, competitive situational games, and match play. Course will focus on finessing use of lobs, overheads, approach shots, and volleys. Student will also concentrate on hitting with power, spin, depth, and control.

Fall Term I: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0110](#)

Sep 19 to Oct 24	Sat	9 to 10am	Ages 18 and up	\$156	6 classes	PTEN0110-310226
Sep 15 to Oct 20	Tue	7 to 8pm	Ages 18 and up	\$156	6 classes	PTEN0110-310228
Sep 17 to Oct 22	Thu	7 to 8pm	Ages 18 and up	\$156	6 classes	PTEN0110-310229
Sep 20 to Oct 25	Sun	11am to 12pm	Ages 18 and up	\$156	6 classes	PTEN0110-310277
Sep 16 to Oct 21	Wed	8 to 9pm	Ages 18 and up	\$156	6 classes	PTEN0110-310320

Fall Term I: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0110](#)

Sep 14 to Oct 26	Mon	8 to 9pm	Ages 18 and up	\$135	6 classes	PTEN0110-316223
Sep 17 to Oct 22	Thu	11am to 12pm	Ages 18 and up	\$135	6 classes	PTEN0110-316224
Sep 20 to Oct 25	Sun	12 to 1pm	Ages 18 and up	\$135	6 classes	PTEN0110-316225

Fall I: ☐ ☐

Fall II: ☐ ☐

Adult Advanced Tennis, NTRP 4.0+ (continued)

Fall Term II: Pauline Betz Addie Tennis Center [Register on Active Montgomery | Activity: PTEN0110](#)

Nov 7 to Dec 19	Sat	9 to 10am	Ages 18 and up	\$156	6 classes	PTEN0110-320226
Nov 3 to Dec 8	Tue	7 to 8pm	Ages 18 and up	\$156	6 classes	PTEN0110-320228
Nov 5 to Dec 17	Thu	7 to 8pm	Ages 18 and up	\$156	6 classes	PTEN0110-320229
Nov 1 to Dec 13	Sun	11am to 12pm	Ages 18 and up	\$156	6 classes	PTEN0110-320277
Nov 4 to Dec 16	Wed	8 to 9pm	Ages 18 and up	\$156	6 classes	PTEN0110-320320

Fall Term II: Wheaton Indoor Tennis [Register on Active Montgomery | Activity: PTEN0110](#)

Nov 2 to Dec 7	Mon	8 to 9pm	Ages 18 and up	\$135	6 classes	PTEN0110-326223
Nov 5 to Dec 17	Thu	11am to 12pm	Ages 18 and up	\$135	6 classes	PTEN0110-326224
Nov 1 to Dec 13	Sun	12 to 1pm	Ages 18 and up	\$135	6 classes	PTEN0110-326225

Adult Match Play 3.0 Tennis

The 3.0 player is fairly consistent when hitting medium-paced shots but is not comfortable with all strokes and lacks execution when trying for directional control, depth, and pace. First half of class focuses on needed drills and skills. Class finishes with a session of supervised match play. Instructor reserves the right to transfer you up or down a level if you are not closely matched in skill level.

Fall Term I: Pauline Betz Addie Tennis Center [Register on Active Montgomery | Activity: PTEN0115](#)

Sep 18 to Oct 23	Fri	11am to 12pm	Ages 18 and up	\$156	6 classes	PTEN0115-310236
Sep 20 to Oct 25	Sun	1 to 2pm	Ages 18 and up	\$156	6 classes	PTEN0115-310237
Sep 14 to Oct 26	Mon	8 to 9pm	Ages 18 and up	\$156	6 classes	PTEN0115-310238
Sep 17 to Oct 22	Thu	8 to 9pm	Ages 18 and up	\$156	6 classes	PTEN0115-310239

Fall Term I: Wheaton Indoor Tennis [Register on Active Montgomery | Activity: PTEN0115](#)

Sep 17 to Oct 22	Thu	7 to 9pm	Ages 18 and up	\$270	6 classes	PTEN0115-316223
Sep 16 to Oct 21	Wed	10am to 12pm	Ages 18 and up	\$270	6 classes	PTEN0115-316234

Fall Term II: Pauline Betz Addie Tennis Center [Register on Active Montgomery | Activity: PTEN0115](#)

Nov 6 to Dec 18	Fri	11am to 12pm	Ages 18 and up	\$156	6 classes	PTEN0115-320236
Nov 1 to Dec 13	Sun	1 to 2pm	Ages 18 and up	\$156	6 classes	PTEN0115-320237
Nov 2 to Dec 7	Mon	8 to 9pm	Ages 18 and up	\$156	6 classes	PTEN0115-320238
Nov 5 to Dec 17	Thu	8 to 9pm	Ages 18 and up	\$156	6 classes	PTEN0115-320239

Fall Term II: Wheaton Indoor Tennis [Register on Active Montgomery | Activity: PTEN0115](#)

Nov 5 to Dec 17	Thu	7 to 9pm	Ages 18 and up	\$270	6 classes	PTEN0115-326223
Nov 4 to Dec 16	Wed	10am to 12pm	Ages 18 and up	\$270	6 classes	PTEN0115-326234

Fall I: ☐ ☐

Fall II: ☐ ☐

Adult Match Play 3.5 Tennis

The 3.5 player has dependable strokes, but still lacks depth, variety, and the ability to alter distance of shots. Lack of confidence might limit the 3.5 player in effective use of lobs, overheads, approach shots, and volleys. This player is more comfortable at net, has improved court awareness, and is developing teamwork in doubles. First half of class focuses on needed drills and skills. Class finishes with a session of supervised match play. Instructor reserves the right to transfer you up or down a level if you are not closely matched in skill level.

Fall Term I: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0120](#)

Sep 20 to Oct 25	Sun	2 to 4pm	Ages 18 and up	\$312	6 classes	PTEN0120-310245
Sep 15 to Oct 20	Tue	8 to 9pm	Ages 18 and up	\$156	6 classes	PTEN0120-310246

Fall Term I: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0120](#)

Sep 15 to Oct 20	Tue	7 to 9pm	Ages 18 and up	\$270	6 classes	PTEN0120-316242
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Fall Term II: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0120](#)

Nov 1 to Dec 13	Sun	2 to 4pm	Ages 18 and up	\$312	6 classes	PTEN0120-320245
Nov 3 to Dec 8	Tue	8 to 9pm	Ages 18 and up	\$156	6 classes	PTEN0120-320246

Fall Term II: *Wheaton Indoor Tennis* [Register on Active Montgomery | Activity: PTEN0120](#)

Nov 3 to Dec 8	Tue	7 to 9pm	Ages 18 and up	\$270	6 classes	PTEN0120-326242
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Adult Cardio Tennis

This is a high energy class that combines the best features of the sport of tennis with cardiovascular exercise, delivering the ultimate, full body, calorie burning aerobic workout.

Fall Term I: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery | Activity: PTEN0125](#)

Sep 18 to Oct 23	Fri	9 to 10am	Ages 18 and up	\$156	6 classes	PTEN0125-310264
Sep 18 to Oct 23	Fri	12 to 1pm	Ages 18 and up	\$156	6 classes	PTEN0125-310265
Sep 19 to Oct 24	Sat	11am to 12pm	Ages 18 and up	\$156	6 classes	PTEN0125-310266
Sep 20 to Oct 25	Sun	12 to 1pm	Ages 18 and up	\$156	6 classes	PTEN0125-310268
Sep 14 to Oct 26	Mon	9 to 10am	Ages 18 and up	\$156	6 classes	PTEN0125-310269
Sep 14 to Oct 26	Mon	12 to 1pm	Ages 18 and up	\$156	6 classes	PTEN0125-310270
Sep 14 to Oct 26	Mon	7 to 8pm	Ages 18 and up	\$156	6 classes	PTEN0125-310271
Sep 15 to Oct 20	Tue	12 to 1pm	Ages 18 and up	\$156	6 classes	PTEN0125-310272
Sep 15 to Oct 20	Tue	7 to 8pm	Ages 18 and up	\$156	6 classes	PTEN0125-310273
Sep 16 to Oct 21	Wed	9 to 10am	Ages 18 and up	\$156	6 classes	PTEN0125-310274
Sep 16 to Oct 21	Wed	12 to 1pm	Ages 18 and up	\$156	6 classes	PTEN0125-310275
Sep 16 to Oct 21	Wed	7 to 8pm	Ages 18 and up	\$156	6 classes	PTEN0125-310276
Sep 17 to Oct 22	Thu	9 to 10am	Ages 18 and up	\$156	6 classes	PTEN0125-310277

Fall I: ☐ ☐

Fall II: ☐ ☐

Adult Cardio Tennis (continued)

Fall Term I: *Wheaton Indoor Tennis* [Register on Active Montgomery](#) | Activity: PTEN0125

Sep 20 to Oct 25	Sun	9 to 10am	Ages 18 and up	\$135	6 classes	PTEN0125-316254
Sep 14 to Oct 26	Mon	7 to 8pm	Ages 18 and up	\$135	6 classes	PTEN0125-316255
Sep 15 to Oct 20	Tue	10 to 11am	Ages 18 and up	\$135	6 classes	PTEN0125-316258
Sep 16 to Oct 21	Wed	8 to 9pm	Ages 18 and up	\$135	6 classes	PTEN0125-316260
Sep 17 to Oct 22	Thu	10 to 11am	Ages 18 and up	\$135	6 classes	PTEN0125-316264

Fall Term II: *Pauline Betz Addie Tennis Center* [Register on Active Montgomery](#) | Activity: PTEN0125

Nov 7 to Dec 19	Sat	11am to 12pm	Ages 18 and up	\$156	6 classes	PTEN0125-320266
Nov 1 to Dec 13	Sun	12 to 1pm	Ages 18 and up	\$156	6 classes	PTEN0125-320268
Nov 2 to Dec 7	Mon	9 to 10am	Ages 18 and up	\$156	6 classes	PTEN0125-320269
Nov 2 to Dec 7	Mon	12 to 1pm	Ages 18 and up	\$156	6 classes	PTEN0125-320270
Nov 2 to Dec 7	Mon	7 to 8pm	Ages 18 and up	\$156	6 classes	PTEN0125-320271
Nov 3 to Dec 8	Tue	12 to 1pm	Ages 18 and up	\$156	6 classes	PTEN0125-320272
Nov 3 to Dec 8	Tue	7 to 8pm	Ages 18 and up	\$156	6 classes	PTEN0125-320273
Nov 4 to Dec 16	Wed	9 to 10am	Ages 18 and up	\$156	6 classes	PTEN0125-320274
Nov 4 to Dec 16	Wed	12 to 1pm	Ages 18 and up	\$156	6 classes	PTEN0125-320275
Nov 4 to Dec 16	Wed	7 to 8pm	Ages 18 and up	\$156	6 classes	PTEN0125-320276
Nov 5 to Dec 17	Thu	9 to 10am	Ages 18 and up	\$156	6 classes	PTEN0125-320277
Nov 6 to Dec 18	Fri	9 to 10am	Ages 18 and up	\$156	6 classes	PTEN0125-320280
Nov 6 to Dec 18	Fri	12 to 1pm	Ages 18 and up	\$156	6 classes	PTEN0125-320284

Fall Term II: *Wheaton Indoor Tennis* [Register on Active Montgomery](#) | Activity: PTEN0125

Nov 1 to Dec 13	Sun	9 to 10am	Ages 18 and up	\$135	6 classes	PTEN0125-326254
Nov 2 to Dec 7	Mon	7 to 8pm	Ages 18 and up	\$135	6 classes	PTEN0125-326255
Nov 4 to Dec 16	Wed	8 to 9pm	Ages 18 and up	\$135	6 classes	PTEN0125-326256
Nov 3 to Dec 8	Tue	10 to 11am	Ages 18 and up	\$135	6 classes	PTEN0125-326258
Nov 5 to Dec 17	Thu	10 to 11am	Ages 18 and up	\$135	6 classes	PTEN0125-326260



Fall I: ☐ ☐

Fall II: ☐ ☐

TENNIS

Junior Match Play

Supervised match-play for players in our Orange Intermediate and Advanced Programs.

Fall Term I: Pauline Betz Addie Tennis Center [Register on Active Montgomery | Activity: PTEN0130](#)

Sep 18 to Oct 23	Fri	6 to 7pm	Ages 9 to 10	\$156	6 classes	PTEN0130-310001
Sep 19 to Oct 24	Sat	11am to 1pm	Ages 9 to 10	\$312	6 classes	PTEN0130-310002
Sep 19 to Oct 24	Sat	3 to 5pm	Ages 11 to 12	\$312	6 classes	PTEN0130-310003
Sep 19 to Oct 24	Sat	1 to 3pm	Ages 13 to 17	\$312	6 classes	PTEN0130-310005
Sep 18 to Oct 23	Fri	5 to 6pm	Ages 13 to 17	\$156	6 classes	PTEN0130-310006

Fall Term I: Wheaton Indoor Tennis [Register on Active Montgomery | Activity: PTEN0130](#)

Sep 18 to Oct 23	Fri	4 to 6pm	Ages 11 to 12	\$270	6 classes	PTEN0130-316002
Sep 18 to Oct 23	Fri	4 to 6pm	Ages 13 to 17	\$270	6 classes	PTEN0130-316003

Fall Term II: Pauline Betz Addie Tennis Center [Register on Active Montgomery | Activity: PTEN0130](#)

Nov 6 to Dec 18	Fri	6 to 7pm	Ages 9 to 10	\$156	6 classes	PTEN0130-320001
Nov 7 to Dec 19	Sat	11am to 1pm	Ages 9 to 10	\$312	6 classes	PTEN0130-320002
Nov 7 to Dec 19	Sat	3 to 5pm	Ages 11 to 12	\$312	6 classes	PTEN0130-320003
Nov 7 to Dec 19	Sat	1 to 3pm	Ages 13 to 17	\$312	6 classes	PTEN0130-320005
Nov 6 to Dec 18	Fri	5 to 6pm	Ages 13 to 17	\$156	6 classes	PTEN0130-320006

Fall Term II: Wheaton Indoor Tennis [Register on Active Montgomery | Activity: PTEN0130](#)

Nov 6 to Dec 18	Fri	4 to 6pm	Ages 11 to 12	\$270	6 classes	PTEN0130-326002
Nov 6 to Dec 18	Fri	4 to 6pm	Ages 13 to 17	\$270	6 classes	PTEN0130-326003

Adult Ball Machine Clinic

Adult Ball Machine Clinic The ball machine clinic is a high-repetition, structured class where players use the ball machine to practice specific strokes, improve consistency, and enhance footwork under the guidance of a coach. These clinics offer rapid-fire drills, allowing players to work on groundstrokes, volleys, and overhands in a controlled environment.

Fall Term I: Pauline Betz Addie Tennis Center [Register on Active Montgomery | Activity: PTEN0180](#)

Sep 20 to Oct 25	Sun	1 to 2pm	Ages 18 and Up	\$156	6 classes	PTEN0180-310275
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Fall Term I: Wheaton Indoor Tennis [Register on Active Montgomery | Activity: PTEN0180](#)

Sep 17 to Oct 22	Thu	10 to 11am	Ages 18 and up	\$135	6 classes	PTEN0180-316270
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Fall Term II: Pauline Betz Addie Tennis Center [Register on Active Montgomery | Activity: PTEN0180](#)

Nov 1 to Dec 13	Sun	1 to 2pm	Ages 18 and Up	\$156	6 classes	PTEN0180-320275
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Fall Term II: Wheaton Indoor Tennis [Register on Active Montgomery | Activity: PTEN0180](#)

Nov 5 to Dec 17	Thu	10 to 11am	Ages 18 and up	\$135	6 classes	PTEN0180-326270
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Fall I: ☐ ☐

Fall II: ☐ ☐

PICKLEBALL

Pickleball Youth Beginner 9-12

Discover the basics and start your pickleball journey! This class is perfect for newcomers to pickleball (ages 9-12) who want to learn the fundamentals. We cover essential rules, paddle grips, basic strokes, serving techniques, and court positioning. You'll gain confidence through fun drills and guided play, setting a solid foundation for future improvement.

Fall Term I: *Wheaton Indoor Tennis* [Register on Active Montgomery](#) | **Activity: PTEN0700**

Sep 19 to Oct 24	Sat	10 to 11am	Ages 9 to 12	\$132	6 classes	PTEN0700-316700
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Fall Term II: *Wheaton Indoor Tennis* [Register on Active Montgomery](#) | **Activity: PTEN0700**

Nov 7 to Dec 19	Sat	10 to 11am	Ages 9 to 12	\$132	6 classes	PTEN0700-326700
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Pickleball Youth Intermediate 9-12

Take your skills to the next level with intermediate techniques and strategies. Designed for players (ages 9-12) who have a basic understanding of pickleball and want to improve their game. This class focuses on refining strokes, developing consistent serves and returns, enhancing footwork, and learning tactical positioning. Expect dynamic drills and gameplay scenarios to boost your confidence and competitiveness.

Fall Term I: *Wheaton Indoor Tennis* [Register on Active Montgomery](#) | **Activity: PTEN0701**

Sep 19 to Oct 24	Sat	11am to 12pm	Ages 9 to 12	\$132	6 classes	PTEN0701-316710
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Fall Term II: *Wheaton Indoor Tennis* [Register on Active Montgomery](#) | **Activity: PTEN0701**

Nov 7 to Dec 19	Sat	11am to 12pm	Ages 9 to 12	\$132	6 classes	PTEN0701-326710
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Pickleball Teen Beginner 13-17

Discover the basics and start your pickleball journey! This class is perfect for newcomers (ages 13-18) to pickleball who want to learn the fundamentals. We cover essential rules, paddle grips, basic strokes, serving techniques, and court positioning. You'll gain confidence through fun drills and guided play, setting a solid foundation for future improvement.

Fall Term I: *Wheaton Indoor Tennis* [Register on Active Montgomery](#) | **Activity: PTEN0720**

Sep 20 to Oct 25	Sun	10 to 11am	Ages 13 to 17	\$132	6 classes	PTEN0720-316720
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Fall Term II: *Wheaton Indoor Tennis* [Register on Active Montgomery](#) | **Activity: PTEN0720**

Nov 1 to Dec 13	Sun	10 to 11am	Ages 13 to 17	\$132	6 classes	PTEN0720-326720
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Pickleball Teen Intermediate 13-17

Take your skills to the next level with intermediate techniques and strategies. Designed for players who have a basic understanding of pickleball and want to improve their game. This class focuses on refining strokes, developing consistent serves and returns, enhancing footwork, and learning tactical positioning. Expect dynamic drills and gameplay scenarios to boost your confidence and competitiveness.

Fall Term I: *Wheaton Indoor Tennis* [Register on Active Montgomery](#) | **Activity: PTEN0721**

Sep 20 to Oct 25	Sun	11am to 12pm	Ages 13 to 17	\$132	6 classes	PTEN0721-316730
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Fall Term II: *Wheaton Indoor Tennis* [Register on Active Montgomery](#) | **Activity: PTEN0721**

Nov 1 to Dec 13	Sun	11am to 12pm	Ages 13 to 17	\$132	6 classes	PTEN0721-326730
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Pickleball Adult Beginner

Discover the basics and start your pickleball journey! This class is perfect for newcomers (adults 18+) to pickleball who want to learn the fundamentals. We cover essential rules, paddle grips, basic strokes, serving techniques, and court positioning. You'll gain confidence through fun drills and guided play, setting a solid foundation for future improvement.

Fall Term I: *Wheaton Indoor Tennis* [Register on Active Montgomery](#) | **Activity: PTEN0750**

Sep 15 to Oct 20	Tue	5 to 6pm	Ages 18 and up	\$132	6 classes	PTEN0750-316750
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Fall Term II: *Wheaton Indoor Tennis* [Register on Active Montgomery](#) | **Activity: PTEN0750**

Nov 3 to Dec 8	Tue	5 to 6pm	Ages 18 and up	\$132	6 classes	PTEN0750-326750
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Pickleball Adult Intermediate

Take your skills to the next level with intermediate techniques and strategies. Designed for players (ages 18+) who have a basic understanding of pickleball and want to improve their game. This class focuses on refining strokes, developing consistent serves and returns, enhancing footwork, and learning tactical positioning. Expect dynamic drills and gameplay scenarios to boost your confidence and competitiveness.

Fall Term I: *Wheaton Indoor Tennis* [Register on Active Montgomery](#) | **Activity: PTEN0751**

Sep 15 to Oct 20	Tue	6 to 7pm	Ages 18 and up	\$132	6 classes	PTEN0751-316760
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Fall Term II: *Wheaton Indoor Tennis* [Register on Active Montgomery](#) | **Activity: PTEN0751**

Nov 3 to Dec 8	Tue	6 to 7pm	Ages 18 and up	\$132	6 classes	PTEN0751-326760
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- ❷ **Online:** Go to MontgomeryParks.org/RainoutLine
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