

MONTGOMERY PARKS
GUIDE
WINTER 2025-2026



CLASSES. PROGRAMS. ACTIVITIES. EVENTS.



MONTGOMERY PARKS PROGRAM GUIDE | WINTER 2025–2026

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Programs are subject to change.
For the most up-to-date listings
visit: [**MontgomeryParks.org**](https://montgomeryparks.org)





Register Online

Click the Course # link next to each program in this guide to register for that program or visit **ActiveMONTGOMERY.org**

Register By Mail

Download a **registration form** and mail to:
ActiveMONTGOMERY
2425 Reddie Drive, 10th Floor
Wheaton, MD 20902

Questions?

Call: 301-495-2580
Monday–Friday, 8:30 am–4:30 pm
Visit **ActiveMONTGOMERY.org** for answers to frequently-asked-questions.

Program Access & Inclusion Services

For inquiries regarding inclusion services and accommodations, contact the Program Access office:

Phone: **301-495-2581**

MD Relay: **7-1-1**

Email: **ProgramAccess@MontgomeryParks.org**
MontgomeryParks.org/Accessibility

REGISTRATION DATES

Winter Programs: Nov 17, 6:30 am

Ice/Tennis Winter Term I: Dec 22, 6:30am

Ice/Tennis Winter Term II: Feb 13, 6:30am



Payment, Withdrawals, and Refunds

Visit the **Montgomery Parks Activity Withdrawals and Refund webpage** for complete details.

MONTGOMERY PARKS DIRECTORY

ATHLETIC FIELDS

Visit [Athletic Fields](#) for reservation information.

ARCHERY

[South Germantown Recreational Park](#)

18045 Central Park Circle, Boyds, MD 20841

[Rock Creek Regional Park](#)

5700 Needwood Lake Circle, Rockville, MD 20855

BIKE PARKS

[South Germantown Bike Park](#)

18045 Central Park Circle, Boyds, MD 20841

[The Pit at Fairland Bike Park](#)

3928 Greencastle Road Fairland, MD 20866

[Wheaton Gravity Mountain Bike Park](#)

2000 Shorefield Road in Wheaton, MD 20902

BOATING

[Black Hill Boats](#)

20920 Lake Ridge Drive, Boyds, MD 20841 • 301-528-3466

[Lake Needwood Boats](#)

15700 Needwood Lake Circle, Rockville, MD 20855
301-563-7540

CAMPING

[Little Bennett Campground](#)

23705 Frederick Road, Clarksburg, MD 20871
301-528-3430

[Robert C. McDonell Campground](#)

7701 Tuckerman Lane, Rockville, MD 20854
301-495-2525

Visit [Rentals and Permits](#) for additional camping options.

COMMUNITY GARDENS

Visit [Community Gardens](#) for information.

CULTURAL & HISTORIC ATTRACTIONS

Visit [History in the Parks](#) for more information.

[Agricultural History Farm Park](#)

18400 Muncaster Road, Derwood, MD 20855
301-670-4660

[Josiah Henson Museum & Park](#)

11410 Old Georgetown Road, North Bethesda, MD 20852
301-765-8790

[Kingsley Schoolhouse](#)

24472 Clarksburg Road, Clarksburg, MD 20871
301-650-4373

[Oakley Cabin African American Museum](#)

3610 Brookeville Road, Olney, MD 20832
301-650-4373

[Woodlawn Manor Cultural Park](#) and
[Underground Railroad Experience Trail](#)
16501 Norwood Road, Sandy Spring, MD 20860
301-929-5989

DOG PARKS

[Black Hill Regional Park](#)

20930 Lake Ridge Drive, Boyds, MD 20841
On Picnic Lane, SE of boat rentals on Lake Ridge Drive

[Cabin John Regional Park](#)

7400 Tuckerman Lane, Bethesda, MD 20817

[Columbia Local Park](#)

14900 Old Columbia Pike, Burtonsville, MD 20866

[Dewey Local Park](#)

1720 Dewey Road, Silver Spring, MD 20906

[Ellsworth Urban Park](#)

621 Ellsworth Drive, Silver Spring, MD 20910

[Olney Manor Recreational Park](#)

16601 Georgia Avenue, Olney, MD 20832

[Piedmont Woods Local Park](#)

12835 Snowden Farm Parkway, Clarksburg, MD 20871

[Ridge Road Recreational Park](#)

21155 Frederick Road, Germantown, MD 20876

[Wheaton Regional Park](#)

11710 Orebaugh Avenue, Wheaton, MD 20902

DRIVING RANGE/GOLF

[South Germantown Driving Range](#)

18045 Central Park Circle, Boyds, MD 20841
301-670-4670

EVENT CENTERS

Ideal venues for weddings, special events, meetings and more!

[Brookside Gardens](#)

1800 Glenallan Avenue, Wheaton, MD 20902
301-962-1404

Email: Event.Manager@MontgomeryParks.org

MONTGOMERY PARKS DIRECTORY

The Lodge at Little Seneca Creek

14500-A Clopper Road, Boyds, MD 20841
301-528-6010

Email: SenecaLodge@MontgomeryParks.org

Rockwood Manor Retreats and Events

11001 MacArthur Boulevard, Potomac, MD 20854
301-563-7510

Email: RockwoodManor@MontgomeryParks.org

GARDENS

Brookside Gardens

1800 Glenallen Avenue, Wheaton, MD 20902
301-962-1400 general information
301-962-1404 event rentals

McCrillis Gardens

6910 Greentree Road, Bethesda, MD 20817
301-962-1455

GOLF

Golf courses are operated by the [Montgomery County Revenue Authority](#).

Little Bennett Golf Course

25900 Prescott Road Clarksburg, MD 20871
301-253-1515

Needwood Golf Course

6724 Needwood Road, Derwood, MD 20855
301-948-1075

Northwest Park Golf Course

15711 Layhill Road, Silver Spring, MD 20906
301-598-6100

Sligo Creek Golf Course

9701 Sligo Creek Parkway, Silver Spring, MD 20901
301-585-6006

HORSEBACK RIDING & STABLES

Equestrian facilities are managed by private operators through partnerships with M-NCPPC.

Callithea Farm Park

15000 River Road, Potomac, MD 20854
301-977-8010

Meadowbrook Riding Stables

8200 Meadowbrook Lane, Chevy Chase, MD 20815
301-589-9026

Rickman Farm Horse Park

17320 Moore Road, Boyds, MD 20841
301-349-0075

Wheaton Regional Park Stables

1101 Glenallen Avenue, Wheaton, MD 20902
301-622-2424

Woodstock Equestrian Park

20100 Darnestown Road, Beallsville, MD 20839
301-495-2525

ICE SKATING

Cabin John Ice Rink

10610 Westlake Drive, Rockville, MD 20852
301-765-8620

Wheaton Ice Arena

11717 Orebaugh Avenue, Wheaton, MD 20902
301-905-3000

IN-LINE HOCKEY RINKS

Dewey Local Park

11720 Dewey Road, Veirs Mill, MD 20906

Ridge Road Recreational Park

21155 Frederick Road, Germantown, MD 20876

MINIATURE GOLF

South Germantown Miniature Golf

18056 Central Park Circle, Boyds, MD 20841
301-670-4680

NATURE CENTERS

Black Hill Discovery Center

20926 Lake Ridge Drive, Boyds, MD 20841
301-528-3492

Brookside Nature Center

1400 Glenallen Avenue, Wheaton, MD 20902
301-962-1480

Locust Grove Nature Center

7777 Democracy Boulevard, Bethesda, MD 20817
301-765-8660

Maydale Nature Classroom

1638 Maydale Drive, Colesville, MD 20905
301-962-1496

Meadowside Nature Center

5100 Meadowside Lane, Rockville, MD 20855
301-258-4030

MONTGOMERY PARKS DIRECTORY

PARK ACTIVITY BUILDINGS & PICNIC SHELTERS

Visit [Park Permits](#) for rental information.

SKATE PARKS

Olney Manor Recreational Park

16601 Georgia Avenue, Olney, MD 20832

Takoma-Piney Branch Local Park

2 Darwin Avenue Takoma Park, MD 20910

Woodside Urban Park

8800 Georgia Avenue, Silver Spring, MD 20910

SPLASH PARK

South Germantown SplashPark

18056 Central Park Circle, Boyds, MD 20841

301-670-4680

SPORTS COURTS (OUTDOOR)

Visit [Sports](#) for a list of outdoor basketball, tennis, pickleball, and soccer courts.

TENNIS (INDOOR)

Pauline Betz Addie Tennis Center

7801 Democracy Boulevard, Bethesda, MD 20817

301-765-8650

Wheaton Indoor Tennis

11715 Orebaugh Avenue, Wheaton, MD 20902

301-905-3030

Montgomery TennisPlex*

18010 Central Park Circle, Boyds, MD 20841

240-477-4430z

** This facility is managed by a private operator through a partnership with M-NCPPC. Please contact them directly for more information.*

TRAILS

Visit [Trails](#) for maps and detailed information about the more than 250 miles of trails in Montgomery Parks.

TRAINS (MINIATURE)

Cabin John Miniature Train

7410 Tuckerman Lane, Rockville, MD 20852

301-765-8670 • 301-650-2880 party rentals

Wheaton Train and Carousel

2002 Shorefield Road, Wheaton, MD 20902

301-563-7545 • 301-650-2880 party rentals

TURF FIELD

200' x 85' covered synthetic turf playing field; rent for soccer, lacrosse, futsal, parties and more.

Wheaton Sports Pavilion

11751 Orebaugh Avenue, Wheaton, MD 20902

301-905-3070

CONTACT INFORMATION

Montgomery Parks

2425 Reedie Drive, Wheaton, MD 20902

Customer Service

Park information, maintenance requests, or concerns:

Call: 301-495-2595

Email: Info@MontgomeryParks.org

Permits & Rentals

Call: 301-495-2525

Email: ParkPermits@MontgomeryParks.org

Volunteer Opportunities

Call: 301-495-2504

Email: ParksVolunteers@MontgomeryParks.org

Rainout Line

Call: 301-579-5610 for Athletic Fields

Call: 240-270-0008 for Trail Conditions

Park Police

Call: 301-949-8010, Emergency call 911

Twitter: [@ParkPolice](https://twitter.com/ParkPolice)

ACCESSIBILITY

Program Access & Inclusion Services

For inquiries regarding inclusion services, programs, and accommodations, please contact the Program Access office:

Call: 301-495-2581

MD Relay: 7-1-1

Email: ProgramAccess@MontgomeryParks.org



**ONE website
ONE account
for both Recreation & Parks
Registration, Reservations
and More!
[ActiveMontgomery.org](https://www.ActiveMontgomery.org)
Create your account today!**



Make a difference with Montgomery Parks!

- Join a clean-up at your neighborhood park, or assist at one of our historic sites, ice rinks, tennis centers, nature centers, gardens, or campground.
- Indoor and outdoor opportunities available year-round!
- Students can earn Student Service Learning (SSL) hours.
- Great for team building - including corporate, school, and scout groups.



Visit ParksVolunteers.org for a complete list of opportunities or call 301-495-2504.

We ♥ our volunteers!



Trails open? Game on?

Montgomery Parks has you covered.

When inclement weather occurs, use the **RainoutLine** system to get instant information on Montgomery Parks trails and athletic fields.

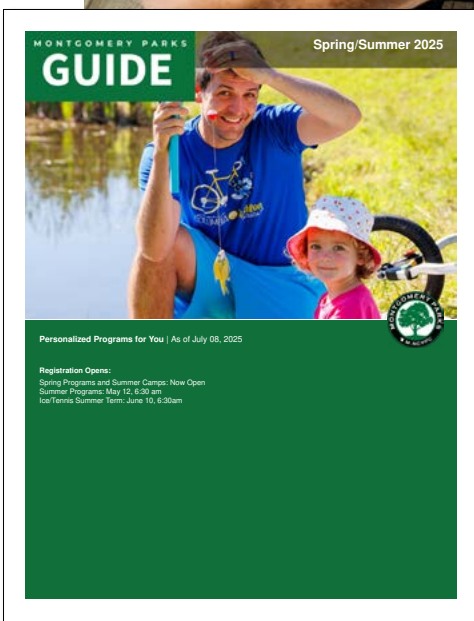
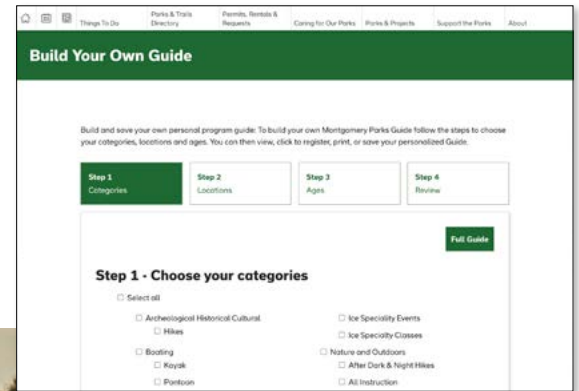
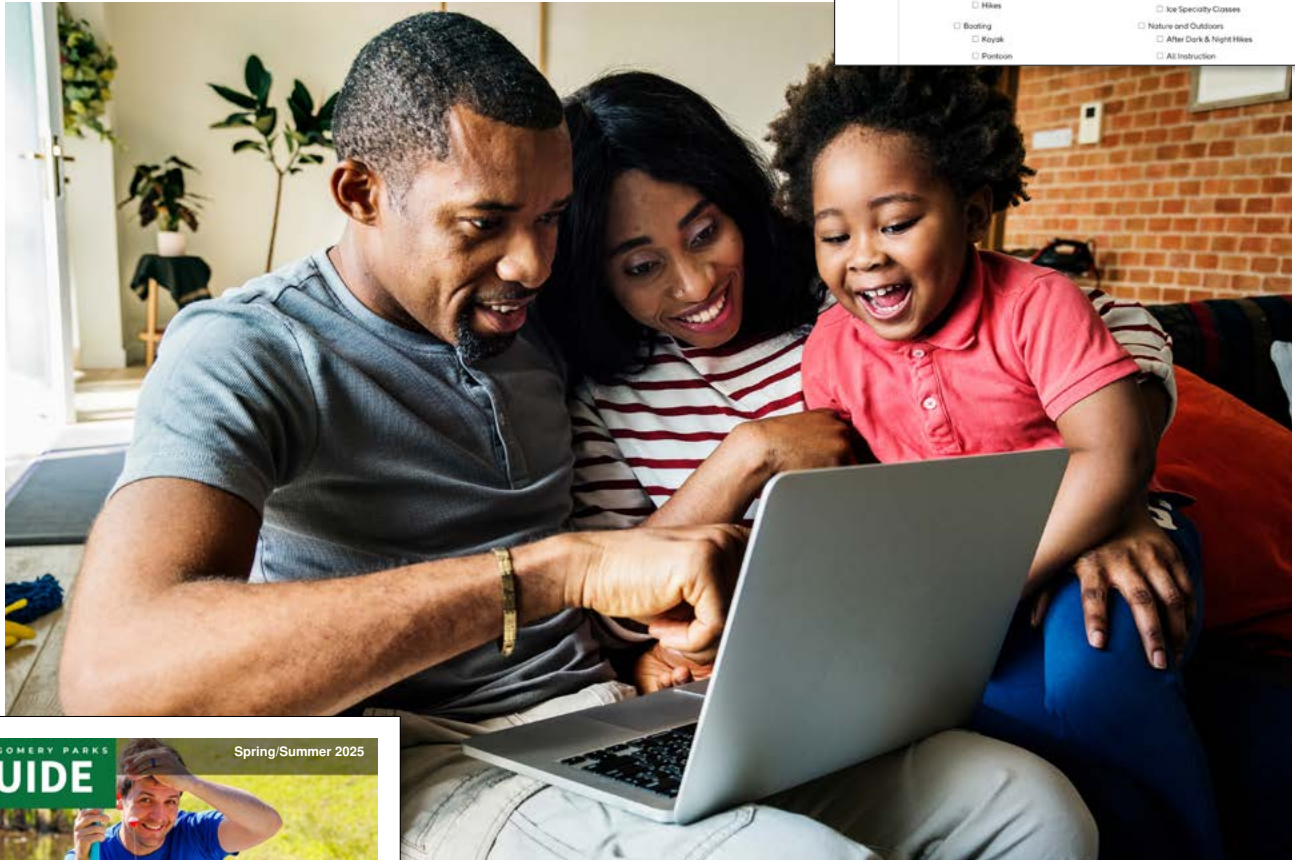
Three ways to access RainoutLine:

- ❶ **Phone:** Trail Conditions: 240-270-0008 or Athletic Field Status: 301-579-5610
- ❷ **Online:** Go to **MontgomeryParks.org/RainoutLine**
- ❸ **App:** Download the free mobile app for your smartphone.

MontgomeryParks.org/RainoutLine



Build Your Own Guide!



- The new online Build Your Own Guide tool allows you to create a digital program guide customized to your specific interests.
- In just three easy steps, you can select the program categories, locations and age ranges you prefer, and then download or print your personalized guide at home.

MontgomeryParks.org/Your-Guide



Montgomery Parks... the perfect place to gather!



BIRTHDAY PARTIES • RECEPTIONS • REUNIONS •
NEIGHBORHOOD GATHERINGS • BUSINESS MEETINGS

Park Activity Buildings available
year-round

Picnic Shelters available
to rent April 1–October 31

Park Activity Buildings and Picnic Shelters
provide all the amenities needed to make your
next event enjoyable and hassle-free!



View availability
and book online at
ActiveMontgomery.org

Contact the Park Permits Office

Monday–Friday, 8:30am–5pm | 301.495.2525

ParkPermits@MontgomeryParks.org | **ParkPermits.org**

2425 Reddie Drive, 2nd Floor | Wheaton, MD 20902



The natural choice for your special event!

Our event centers are the ideal venues for picture-perfect weddings, elegant celebrations, successful retreats, and more!

Available year-round at affordable rates.



BROOKSIDE GARDENS

50 acres of stunning garden areas

1800 Glenallan Avenue | Wheaton, MD 20902
301-962-1404 | BrooksideGardens.org
event.manager@montgomeryparks.org



Brookside Gardens

THE LODGE AT LITTLE SENECA CREEK

Rustic charm and beautiful panoramic views

14500-A Clopper Road | Boyds, MD 20841
301-670-3282 | LodgeatSeneca.org
senecalodge@montgomeryparks.org



The Lodge at Little Seneca Creek

ROCKWOOD MANOR RETREATS & EVENTS

Serene estate just six minutes from the Capital Beltway

11001 MacArthur Boulevard | Potomac, MD 20854
301-563-7510 | RockwoodManor.org
rockwoodmanor@montgomeryparks.org



Rockwood Manor

Now Booking Overnight Stays

ParkEventCenters.org





LITTLE BENNETT CAMPGROUND



Range of
accommodations
including campsites,
cabins, and yurts,
to fit your needs

STAY — & — PLAY

OPEN YEAR-ROUND

[MINIMUM 2-NIGHT STAY]

Hiking and biking
trails, pedal kart
track, jumping pillow,
laser tag, outdoor
movies, arts & crafts,
and more!



LITTLE BENNETT CAMPGROUND
23705 Frederick Road | Clarksburg, MD 20871
LittleBennettCampground.org



YOUR NEXT
Adventure
STARTS HERE

WORK
— FOR —
**MONTGOMERY
PARKS**

NOW HIRING

**Full-Time and Part-Time
Positions in Park Operations,
Management, Administration
and more!**

Seasonal positions open to ages 16 and up

Career & Full-Time Positions

- Park Maintenance
- Skilled Trades
- Tree Workers
- Ice Rink Management
- Heavy Equipment
- Park Police Officers
- Admin Support
- Horticulture
- Construction Management

Part-Time & Seasonal Staff Positions

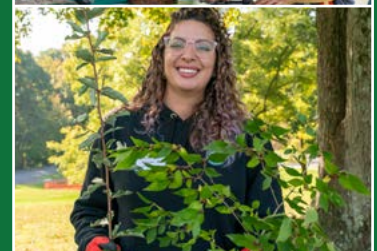
Summer Camp Staff, Tennis Facility Positions, Park Maintenance, Museum Educators, Horticulture and more

We offer a **competitive compensation package** with **exceptional benefits** that will provide security for you and your family through every stage of life.

Have Questions? Email us at
MCP-ParksCareers@montgomeryparks.org



To view all our open positions, scan the QR code or go to
MoCoParks.org/jobs



CAMPFIRE RING RENTALS



Firewood and
fire starting
materials are
included at some
locations.

Enjoy a cozy gathering around the warm embers of a campfire roasting marshmallows and sharing stories with friends and family.

For more information and guidelines, visit
MontgomeryParks.org/Campfire



Mark Your Calendar!

Summer Camp Registration Begins January 20



Complete list of Summer Camps will be available in early January at MontgomeryParks.org/Camps or scan the QR code.





Summer Camp Scholarships are Available

**JUMP.
CLIMB.
PLAY.
DIG.
EXPLORE.**

The Marye Wells-Harley Dream Camp Scholarship Fund ensures that all children have access to an exciting Summer Camp experience!

Scholarships are available for Montgomery County residents 6 to 14 years old.

Applications open January 13

For more information visit:

MontgomeryParks.org/Camps



MONTGOMERY PARKS
FOUNDATION

Black History Month *Family Days*

Visit Montgomery Parks' historic sites for special programs throughout the month of February.



Saturday, February 14 | 11 am – 3 pm **Woodlawn Manor Cultural Park**

16501 Norwood Rd
Sandy Spring, MD 20860

Enjoy hands-on activities including playing traditional African music, sharing what freedom means to you, testing your knowledge of historical African American figures, and more! Story times will be held at 11:30 a.m. and 1:30 p.m. This family-friendly event is recommended for ages 6 and up. **FREE.**

WoodlawnManor.org



Saturday, February 28 | 10 am – 4 pm **Josiah Henson Museum & Park**

11410 Old Georgetown Rd
North Bethesda, MD 20852

Parking is located at Wall Local Park, 5900 Executive Blvd
North Bethesda, MD 20852.

Reverend Josiah Henson worked tirelessly throughout his life to advocate for freedom and education. Learn about Henson's contributions and what a child's life was like in Dawn, the settlement Henson created after taking his family to Canada via the Underground Railroad.

This family-friendly event includes educational, hands-on activities and is appropriate for all ages. **Free with paid museum admission.**

JosiahHenson.org

For complete schedule of events visit HistoryInTheParks.org.



AGRICULTURAL HISTORY FARM PARK



AGRICULTURAL HISTORY FARM PARK
18400 Muncaster Road | Derwood, MD 20855
301-670-4660
AgHistoryFarm.org

SPECIAL EVENTS

Winter Snowcials

Bundle up and bring the whole family out for some fresh air and festive fun at Winter Snowcials! Enjoy the crisp winter atmosphere in the coziness of the barn with a steaming cup of hot cocoa or cider, a tasty donut, and plenty of smiles to go around as you warm up by the fire pits. Kids can take part in winter-themed crafts and activities, and little ones can gather for a fun farm-themed story. It's the perfect way to relax, connect with members of the community, and celebrate the winter season together. You might even learn a bit about the rich history of our historic Farm Park. It's a great way to connect and celebrate community in the chillness of winter.

Agricultural History Farm Park

[Click to Register](#)

Jan 11	Sun	1-3pm	All Ages	\$5	1 class	PAHFP0019-400001
Feb 8	Sun	1-3pm	All Ages	\$5	1 class	PAHFP0019-400002

NATURE, OUTDOOR EXPLORATION, AND SKILLS

Winter Walks

Join us this winter for a scenic stroll around the farm park and enjoy the quiet beauty of the season! Our friendly guides will lead you through areas of the park you may not have explored before - or that look completely different in winter. Come take in the winter beauty of the park and its surrounded fields. The walk is easy and at a relaxed pace, but be prepared for natural trails that may be snowy, muddy or uneven in places. Don't forget to bring water and wear sturdy footwear suitable for winter walking.

Agricultural History Farm Park

[Click to Register](#)

Feb 4	Wed	1-2pm	Ages 16 and up	Free	1 class	PAHFP0008-400002
Feb 11	Wed	1-2pm	Ages 16 and up	Free	1 class	PAHFP0008-400003
Feb 18	Wed	1-2pm	Ages 16 and up	Free	1 class	PAHFP0008-400004
Feb 25	Wed	1-2pm	Ages 16 and up	Free	1 class	PAHFP0008-400005

JOSIAH HENSON MUSEUM & PARK



JOSIAH
HENSON
MUSEUM
& PARK



JOSIAH HENSON MUSEUM & PARK

11410 Old Georgetown Road | North Bethesda, MD 20852

301-765-8790

Open Friday through Sunday

For hours and information visit [JosiahHenson.org](https://www.JosiahHenson.org)

Please note: Parking for the Josiah Henson Museum and Park is available one and a half blocks away at Wall Local Park, 5900 Executive Boulevard, North Bethesda. Limited accessible parking is available on site in front of the museum.

SPECIAL EVENTS

Special Openings

The museum is open for special hours on holidays! Admission, \$6 for children and seniors, and \$7 for adults. Tickets available onsite. Parking is located at 5900 Executive Blvd.

Josiah Henson Museum and Park

Jan 19	Mon	10am to 4pm	All Ages	\$6-\$7	Tickets available at the museum
Feb 16	Mon	10am to 4pm	All Ages	\$6-\$7	Tickets available at the museum

Black History Month Family Day

Reverend Josiah Henson worked tirelessly throughout his life to advocate for freedom and education. This Saturday, come visit the Josiah Henson Museum and Park for educational, hands-on activities that demonstrate what a child’s life was like in Dawn, the settlement he created after taking his family to Canada via the Underground Railroad. The family-friendly event is appropriate for all ages. Free with paid admission. Admission, \$6 for children and seniors, and \$7 for adults. Tickets available onsite. Parking is located at 5900 Executive Blvd.

Josiah Henson Museum and Park

Feb 28	Sat	10am to 4pm	All Ages	\$6-\$7	Tickets available at the museum
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SPEAKER SERIES, WORKSHOPS, OR DISCUSSIONS

History Hour: Josiah Henson, The Man Vs. The Myth

On Thursday, January 22, join us as Ginger Moodie-Woodward explores the remarkable life of our namesake, Rev. Josiah Henson. Enslaved on this property for over 20 years, Henson went on to self-emancipate with his family to Canada, assist in creating a freedman's settlement, work as a conductor on the Underground Railroad, and become a renowned author and orator, even serving as one of the inspirations for Harriet Beecher Stowe's Uncle Tom's Cabin. Recommended for ages 12 and up. Admission is \$5 per person, light refreshments are provided. Tickets available online and onsite. Arrive early and take a self-guided tour of the museum. Doors open at 5pm. Parking is only available at Wall Local Park (5900 Executive Blvd. North Bethesda, MD 20852). Limited accessible parking onsite.

Josiah Henson Museum and Park

Jan 22	Thu	6 to 7pm	Ages 12 and up	\$5	1 Class	Purchase Tickets
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History Hour: Jubilee Voices Black History Month Concert

Join us in celebrating Black History Month with a concert by the renowned Jubilee Voices, part of the Washington Revels. Founded in 2010, the ensemble performs throughout the Washington D.C. metropolitan area, preserving African American history and traditions through unique programs that infuse history with a cappella music, drama, spoken word, and dance. Recommended for all ages. Admission is \$15 per person. Tickets available online and onsite. Arrive early and take a self-guided tour of the museum; doors open at 10 am. Parking is only available at Wall Local Park (5900 Executive Blvd. North Bethesda, MD 20852); an accessible Ride-On shuttle will be provided. Limited accessible parking onsite.

Josiah Henson Museum and Park

Feb 15	Sun	3 to 4pm	All Ages	\$15	1 Class	Purchase Tickets
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History Book Club

Commemorate 250 years of American independence by delving into diverse narratives and experiences that shaped this country. Through fiction and nonfiction, we'll examine our shared past and its impact on today. Meetings will be held online and facilitated by staff from the Josiah Henson Museum and Park. If you have any questions, please contact HensonPrograms@MontgomeryParks.org.

Josiah Henson Museum and Park

"James"						
Jan 14	Wed	6:30 to 8pm	All Ages	Free	1 Class	Join the Book Club

"All That She Carried"						
Feb 11	Wed	6:30 to 8pm	All Ages	Free	1 Class	Join the Book Club

"Hotel on the Corner of Bitter and Sweet"						
Mar 11	Wed	6:30 to 8pm	All Ages	Free	1 Class	Join the Book Club

MONTGOMERY PARKS

WALK-INS WELCOME

Josiah Henson Museum & Park



Admission required. Tickets available onsite.
Open Friday through Sunday
For hours and information visit JosiahHenson.org



Josiah Henson Museum & Park tells the story about the life and challenges of Reverend Josiah Henson, enslavement in Maryland, and the ongoing struggles of racial equality and justice.

Visit the museum and experience interactive multimedia exhibits. Explore the park and engage in personal or group reflection. Discover the archaeological sites throughout the park. Visit JosiahHenson.org for program and event information.



JOSIAH HENSON MUSEUM & PARK

11410 Old Georgetown Road
North Bethesda, Maryland 20852

301-765-8790 | JosiahHenson.org

Visitor Parking at Wall Local Park, 5900 Executive Blvd



JOSIAH
HENSON
MUSEUM
& PARK



Montgomery Parks is dedicated to providing quality services and programs that are inclusive and accessible to all. ADA: MontgomeryParks.org/accessibility
Non-Discrimination: MontgomeryParks.org/about/parks/

f @MontgomeryParks
facebook.com/josiahhensonmuseum

MONTGOMERY PARKS

Wood and Wine

at Oakley Cabin



Saturday, December 6, 2025 | 5 to 8 pm

Come to Oakley Cabin and join a workshop led by celebrated local artist, Anna Fogg, where you'll craft your own stunning, one-of-a-kind wooden art piece!

Your admission also includes curated seasonal drinks, delicious charcuterie spreads, and camaraderie around a cozy outdoor fire pit. Reserve your spot today to create, sip, and socialize!

**Event is open to adults
21 and up with limited
spots.**



Admission \$50 per person,
registration required.
For more information,
scan the QR code or go to
MoCoParks.org/woodandwine

OAKLEY CABIN AFRICAN AMERICAN MUSEUM & PARK

3610 Brookeville Road | Olney, MD 20832

301-650-4373 | **OakleyCabin.org**



WOODLAWN MANOR CULTURAL PARK



WOODLAWN MANOR
CULTURAL PARK

WOODLAWN MANOR CULTURAL PARK

16501 Norwood Road | Sandy Spring, MD 20860
MCP-WoodlawnPrograms@montgomeryparks.org
301-929-5989 | WoodlawnManor.org

Park grounds and trails open daily sunrise to sunset.
Free of charge.

WOODLAWN MUSEUM

Open April–November
Friday and Saturday 10am–4pm
Sunday 12–4pm
Fee Required.

SPECIAL EVENTS

Woodlawn Manor Yuletide Celebration

Woodlawn Manor celebrates the Yuletide 19th century style! Learn about 1800s holiday celebrations while exploring the Manor House 1st floor decked out with period inspired decorations. Try your hand at 19th century dancing, enjoy a tasting menu inspired by an 1840s holiday feast, and listen to readings of popular holiday poems of the period. Enjoy holiday carolers as you create your own Victorian greeting card, and play games of the era. Event held outdoors and indoors; guests should dress appropriately. Limited space, advance timed tickets required. Tickets available November 1 through December 3. Timed ticket entry provides access to food and festivities inside the Woodlawn Manor House. Recommended ages 10 and up. Tickets: \$20 per adult, \$15 per child (ages 6 to 17), children 5 and under - free. For more information call (301) 929-5989, or email mcp-Woodlawnprograms@montgomeryparks.org.

Woodlawn Manor Cultural Park

Dec 13	Sat	5 to 6pm	Ages 10 and up	\$15-\$20	Purchase Tickets
Dec 13	Sat	6 to 7pm	Ages 10 and up	\$15-\$20	Purchase Tickets

Black History Month Family Day

Children and families are welcome to drop-in to Black History Month Family Day. Hands-on activities will include playing traditional African music, sharing what freedom means to you, testing your knowledge of historical African American figures, and more! There will also be story times at 11:30 am and 1:30 pm. Part of a quarterly Family Day series. The event takes place inside the Woodlawn Manor House. Admission, FREE. No advanced reservation required. Recommended ages 6 and up. For more information or questions, call (301) 929-5989, or email mcp-Woodlawnprograms@montgomeryparks.org.

Woodlawn Manor Cultural Park

Feb 14	Sat	11am to 3pm	Ages 6 and up	Free	No registration required
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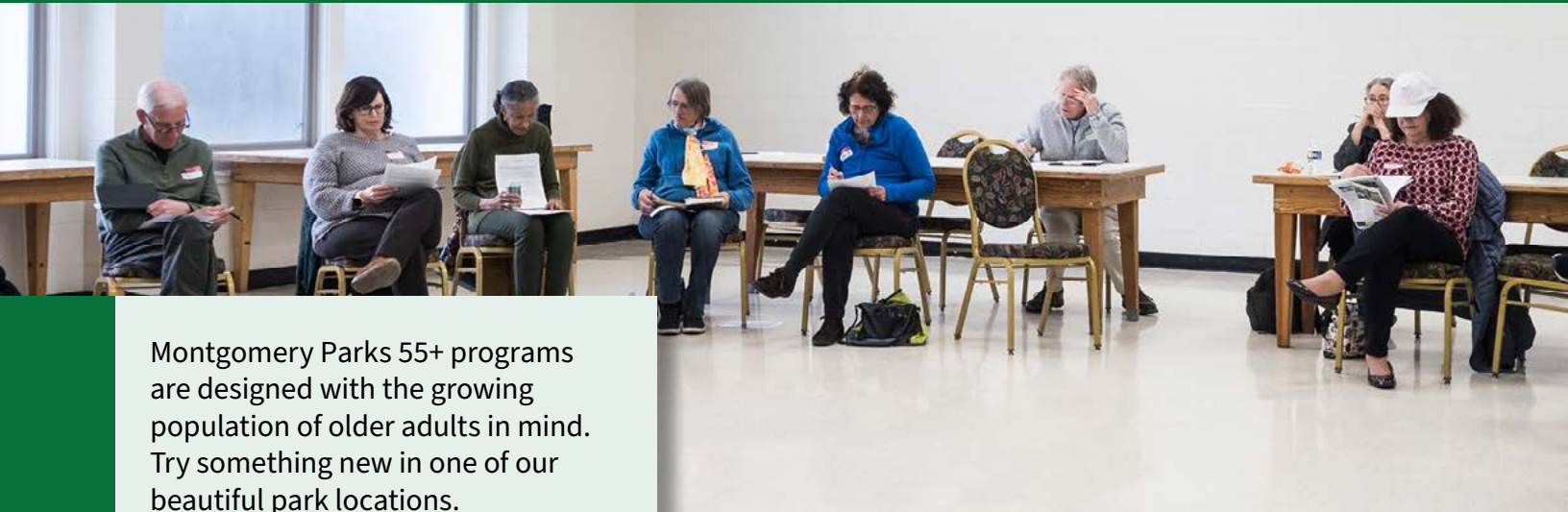
Tea at Woodlawn Manor

Woodlawn Manor Cultural Park invites you to an educational tea party! Enjoy a traditional Afternoon Tea in the parlor of Woodlawn Manor. Clarksville Caterers has crafted a menu featuring English Tea sandwiches, assorted pastries, and fresh fruit. As you sip on a special Woodlawn Blend of tea, learn about local Montgomery County freedom seeker, Josiah Henson, through a lecture by Diana Klein of the Josiah Henson Museum and Park. Appropriate for ages 12 and up. Manor House doors open at 1:45pm. Part of a quarterly series. Advance registration required. Registration closes Friday, February 6 at 5pm. For more information call (301) 929 - 5989, or email mcp-Woodlawnprograms@montgomeryparks.org.

Woodlawn Manor Cultural Park

Feb 21	Sat	2 to 4pm	Ages 12 and up	\$55	Purchase Tickets
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55+ PROGRAMS



Montgomery Parks 55+ programs are designed with the growing population of older adults in mind. Try something new in one of our beautiful park locations.

Visit [MoCoParks.org/55andbetter](https://moquiparks.org/55andbetter) for a complete list of programs.

PROGRAMS FOR ADULTS 55 AND UP

Socials for 55+: Holiday Herb and Citrus Ornaments

Celebrate the holiday season by creating natural, fragrant ornaments that bring cheer to your home or make thoughtful gifts. Participants will use dried herbs, citrus slices, and salt dough to craft unique, decorative ornaments. This hands-on workshop encourages creativity, conversation, and seasonal joy while highlighting the beauty of natural materials. Registration required.

Meadowbrook Local Park

[Click to Register](#)

Dec 5	Fri	10:30am-12pm	Ages 55 and over	\$9	1 class	PPACC0002-400005
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Nature Book Club

Join our 55+ Nature Book Club and become part of a community that celebrates the beauty of literature and the outdoors! Explore a range of books centered around nature, wildlife, conservation, and environmental issues. Please complete membership registration to stay updated on the meeting schedule, book information, and club announcements. Each month, our members vote on the next book to read, ensuring a diverse and engaging reading list.

Sligo Dennis Avenue Local Park

Dec 16	Tue	6-7:30p	Ages 55 and up	Free	Click to Register
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Virtual Meeting

Jan 20	Tue	6-7:30p	Ages 55 and up	Free	Click to Register
Feb 17	Tue	6-7:30p	Ages 55 and up	Free	Click to Register



Fun and inclusive programs tailored for individuals with disabilities and their community, aiming to increase leisure skills, foster independence, and encourage social connections.

ADAPTIVE PROGRAMS

Therapeutic Recreation Boccia

Come try boccia, a fun and inclusive indoor sport! This 6-week program is designed for participants with intellectual and developmental disabilities to learn the game, practice new skills, and enjoy playing with friends. Boccia is a seated sport that encourages teamwork, strategy, and social connection. Whether you want to play just for fun or enjoy a little friendly competition, this program is for you. All equipment is provided.

<i>Argyle Local Park</i>						Click to Register
Feb 12 - Mar 19	Thu	10:30am-12pm	Ages 18 and up	Free	6 classes	PPACC0021-400001

ADAPTIVE PROGRAMS

Adaptive Recreation- Boccia

Join us for a 6-week adaptive recreation program introducing boccia, a seated indoor sport. Designed for individuals with physical disabilities, this series provides instruction on the rules of the game, guided skill development, and opportunities to connect with others in a welcoming environment. Whether you are brand new to the sport or looking for a bit of friendly competition, the program can be tailored to your level of play. Boccia is a fun, inclusive sport that emphasizes strategy, coordination, and teamwork. All equipment is provided.

Argyle Local Park

[Click to Register](#)

Feb 12 - Mar 19	Thu	5-6pm	Ages 16 and up	Free	6 classes	PPACC0022-400001
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Campfire Chats

Gather around the fire for conversation. Campfire Chats is a therapeutic recreation program for transition-age youth and adults that blends the warmth of nature with supportive social engagement. Each session features open dialogue, reflective prompts, creative expression, and mindful moments - all in a relaxed, inclusive outdoor setting. This Campfire Chat will focus on building nature-themed sensory bottles. Smores and stories encouraged! Registration required to ensure materials are available for all participants.

Maydale Nature Classroom

[Click to Register](#)

Sensory Creations

Dec 10	Wed	10:30am-12pm	Ages 18 and up	Free	1 class	PPACC0020-400001
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Vision Boards for 2026

Jan 21	Wed	10:30am-12pm	Ages 18 and up	Free	1 class	PPACC0020-400002
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Birding

Feb 18	Wed	10:30am-12pm	Ages 18 and up	Free	1 class	PPACC0020-400003
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Trail Trekkers

Join Trail Trekkers, a 6-week inclusive walking program for individuals with intellectual and developmental disabilities, their friends, family, and community members. Walk along accessible trails in Wheaton Regional Park, enjoy nature, and connect with others. Share conversations, make new friends, and have fun while staying active outdoors. Registration for the full series is required.

Wheaton Regional Park

[Click to Register](#)

Feb 3-Mar 10	Tue	10:30-11:30am	Ages 18 and up	Free	6 classes	PPACC0014-400001
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FITNESS

Pilates Mat

A level 1 Pilates mat class taught following the traditional movements of Joseph Pilates, interspersed with contemporary movements. The emphasis is on core strengthening and toning.

Argyle Local Park

[Click to Register](#)

Dec 9 - Jan 20	Tue	10 to 10:45am	Ages 18 and up	\$70	7 classes	PPACT0022-400001
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Toddler and You Yoga

Dance, sing and frolic with your toddler while learning yoga poses, participating in creative movement and learning breathing exercises and other methods small children can use for self calming.

Tilden Woods Local Park

[Click to Register](#)

Dec 4-Mar 5	Thu	10 to 10:45am	Ages 2-5 plus one adult	\$144	12 classes	PPACT0006-400001
Dec 6-Mar 7	Sat	11:30am to 12:15pm	Ages 2-5 plus one adult	\$144	12 classes	PPACT0006-400002

Rise & Shine Flow Yoga

Rise & Shine Yoga is intended to gently wake up the body and mind, and set yourself up for a positive day ahead. These classes combine breathwork, movement, and mindful sequences to build strength, flexibility, and balance, which promotes both physical and mental well-being. Options will be offered in poses, enabling individuals of varying abilities to create a yoga practice that is accessible and safe.

Kensington Cabin Local Park

[Click to Register](#)

Dec 3-Feb 25	Wed	8:30 to 9:30am	Ages 18 and up	\$108	12 classes	PPACT0028-400002
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Tilden Woods Local Park

[Click to Register](#)

Dec 2-Feb 17	Tue	8:45 to 9:45am	Ages 18 and up	\$108	12 classes	PPACT0028-400001
Dec 4-Mar 5	Thu	8:45 to 9:45am	Ages 18 and up	\$108	12 classes	PPACT0028-400003

Yoga for Strength and Vitality

Focusing on building strength and flexibility to promote healthy aging for ages 55 and up. This class is mat-based, but will have chairs available to modify poses and make the practice accessible to most levels.

Kensington Cabin Local Park

[Click to Register](#)

Dec 4-Mar 5	Thu	1:15 to 2:15pm	Ages 55 and up	\$108	12 classes	PPACT0017-400003
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Tilden Woods Local Park

[Click to Register](#)

Dec 2-Feb 17	Tue	10 to 11am	Ages 55 and up	\$108	12 classes	PPACT0017-400001
Dec 4-Mar 5	Thu	11am to 12pm	Ages 55 and up	\$108	12 classes	PPACT0017-400002
Dec 6-Mar 7	Sat	10:15 to 11:15am	Ages 55 and up	\$108	12 classes	PPACT0017-400004



Your Inner Reset Yoga

Start your year with intention and balance. In this 45-minute midday yoga class, you'll be guided through a gentle flow of yoga postures to ease tension, paired with breathwork practices to center the mind and calm the nervous system. Each session will close with a short intention-setting practice, helping you align your energy and focus as you step into 2026. This four-week mini session offers a supportive midweek pause to reconnect with yourself and build habits that nurture your mind-body well-being. Perfect for all levels, whether you are new to yoga or seeking a mindful reset.

Kensington Cabin Local Park

[Click to Register](#)

Jan 7-28	Wed	12:15 to 1pm	Ages 18 and up	\$40	4 class	PPACT0029-400001
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POUND Fitness - **Canceled**

Unleash your inner Rockstar! POUND is a drumming-inspired cardio indoor workout that uses Ripstix (lightly weighted drumsticks) to tone your body. Infused with Pilates based movements, strength training and plyometrics, you'll leave class feeling alive, confident and strong! It's a perfect way to destress after your day. Let's jam to the beat of good music, move your body, and have fun!

Clarksburg Neighborhood Park

[Click to Register](#)

Jan 7-Feb 25	Wed	5 to 5:45pm	Ages 18 and up	\$72	8 classes	PPACT0004-400001
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EDUCATIONAL

iPhone 911: Settings for Personal Safety & Protection

This hands-on workshop will walk you through essential iPhone settings designed to protect your privacy, enhance your safety, and guard against scams and misuse. You'll work directly on your own device during the session, with a handout of key steps and suggestions to support what you learn. Bring your fully charged iPhone, and you'll leave with greater confidence, peace of mind, and practical tools to keep your information secure. Register for one or for all three of our iPhone workshops.

Kensington Cabin Local Park

[Click to Register](#)

Dec 10	Wed	10:30am to 12pm	Ages 55 and up	\$20	1 class	PPACT0030-400001
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iPhone Photo Library 101

Tired of endless scrolling through thousands of photos? Want to find that special picture of your loved one but can never remember where it is? This hands-on workshop will guide participants through the updated iPhone Photo Library, teaching them how to organize, store, and find their digital memories with ease. Learn how to sort and manage your photos, name the important people in your life, and curate meaningful albums around events, milestones, and loved ones. Whether your photo library feels out of control or you just want to feel more confident using the Photos app, this session offers simple, practical techniques to help you finally take charge of your digital collection. Bring your iPhone and your questions-you'll leave with a lighter camera roll and a clearer path to your favorite memories. Register for one or for all three of our iPhone workshops.

Kensington Cabin Local Park

[Click to Register](#)

Jan 14	Wed	2 to 3:30pm	Ages 55 and up	\$20	1 class	PPACT0031-400001
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From Boxes to Stories: How to Organize Your Printed Photos

Your family treasures aren't in the boxes-they are in the stories those photos tell. Facing bins of photos, albums, and slides can feel overwhelming. In this workshop, you'll learn practical steps to sort, cull, and organize your printed photos, slides, and memorabilia so they're ready for digitizing and easy for future generation to enjoy. Register for one or for all three of our iPhone workshops. Materials fee included. Each participant will receive supplies and resources to get started right away-making this the perfect project to tackle this winter!

Kensington Cabin Local Park

[Click to Register](#)

Feb 11	Wed	10:30am to 12pm	Ages 55 and up	\$20	1 class	PPACT0032-400001
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Brookside
GARDENS

BROOKSIDE GARDENS

1800 Glenallan Avenue | Wheaton, MD 20902

301-962-1400

BrooksideGardens.org

SPECIAL EVENTS

Garden After Dark: Holly Daze

Take a leisurely stroll through our annual Garden of Lights display, then come inside for wine, cheese and dessert. Create a festive holiday arrangement to commemorate your visit. Fee includes all refreshments, craft materials and admission to Garden of Lights for one person. FOBG \$50

Brookside Gardens

[Click to Register](#)

Dec 17	Wed	6:30 to 8:30pm	Ages 21 and up	\$55	1 class	PBG0068-400001
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GreenScapes Symposium

This will be offered as a series of live online lectures with audience Q&A incorporated into the program. All lectures will be recorded and made available for online viewing. The GreenScapes Symposium is an annual program organized by Brookside Gardens since 2004. The symposium will highlight the intersection of horticulture and environmental issues. Environmental stewardship is a core value of the Maryland-National Capital Park and Planning Commission (M-NCPPC), Brookside Gardens' parent organization. As such, we strive to provide timely information and viable solutions to environmental challenges. *\$50 Early Bird Fee expires Friday, January 9.

Brookside Gardens Virtual

[Click to Register](#)

Feb 13	Fri	9am to 4pm	Ages 18 and up	\$50-\$60*	1 class	PBG0057-400001
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YOUTH EDUCATION

Storytime in the Garden

Join us for an interactive story time followed by an outdoor exploration or activity for children ages 3 to 7. This is an outdoor story time, weather permitting. Adults must accompany children. Meet in the Outdoor Classroom located in the Children's Garden area and dress for the weather.

Brookside Gardens

[Click to Register](#)

Feb 7	Sat	10 to 10:45am	Ages 3 to 7	\$5	1 class	PBG0111-400005
Feb 14	Sat	10 to 10:45am	Ages 3 to 7	\$5	1 class	PBG0111-400006
Feb 21	Sat	10 to 10:45am	Ages 3 to 7	\$5	1 class	PBG0111-400007
Feb 28	Sat	10 to 10:45am	Ages 3 to 7	\$5	1 class	PBG0111-400008

Art Outside for Teens

A day off of school is the perfect time to go outside - join us for a full day of artistic fun for youth ages 11 to 14. Each session will include a variety of media and activities including nature photography, watercolor painting, and zine making. Bring a lunch and refillable water bottle. Required sign-in procedures and forms will be emailed to guardians prior to program start date. Meet in the Children's Classrooms in the Visitor Center. Please note: enrollment closes on the last business day before program date.

Brookside Gardens

[Click to Register](#)

Jan 26	Mon	9am to 3:30pm	Ages 11 to 14	\$45	1 class	PBG0194-400001
Feb 17	Tue	9am to 3:30pm	Ages 11 to 14	\$45	1 class	PBG0194-400002

Educator Workshop: Teaching with Plants

If you are an elementary or middle school teacher looking for ways to integrate hands-on gardening projects into your existing curriculum, this is the workshop for you. This free, virtual professional development session is led by skilled Brookside Gardens environmental educators and will provide useful tools, resources and ideas for how to start gardening with students tomorrow, either inside or out. This session counts towards the professional development requirement for the MAEOE Green School Application. After registering, participants will receive the link to join this virtual workshop.

Brookside Gardens Virtual

[Click to Register](#)

Jan 13	Tue	7 to 8pm	Ages 18 and up	Free	1 class	PBG0196-400001
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HEALTH AND WELLNESS

Tai Chi at Brookside Gardens

Instructor: Charles Votaw

Tai Chi is an ancient, Chinese form of exercise perfect for adults seeking stress reduction while strengthening muscles, improving balance and increasing flexibility. The Forms are repetitive patterns that emphasize slow, flowing motions and controlled movements. Classes will help beginners to learn the Forms while providing regular practitioners the guidance of an experienced instructor. No walk-ins will be accepted. Location: Brookside Gardens Visitor Center. Friends of Brookside Gardens (FOBG) \$12

Brookside Gardens

[Click to Register](#)

Dec 3	Wed	9:15 to 10:30am	Ages 18 and up	\$14	1 class	PBG0029-400001
Dec 10	Wed	9:15 to 10:30am	Ages 18 and up	\$14	1 class	PBG0029-400002
Jan 7	Wed	9:15 to 10:30am	Ages 18 and up	\$14	1 class	PBG0029-400003
Jan 14	Wed	9:15 to 10:30am	Ages 18 and up	\$14	1 class	PBG0029-400004
Jan 21	Wed	9:15 to 10:30am	Ages 18 and up	\$14	1 class	PBG0029-400005
Jan 28	Wed	9:15 to 10:30am	Ages 18 and up	\$14	1 class	PBG0029-400006
Feb 4	Wed	9:15 to 10:30am	Ages 18 and up	\$14	1 class	PBG0029-400007
Feb 11	Wed	9:15 to 10:30am	Ages 18 and up	\$14	1 class	PBG0029-400008
Feb 18	Wed	9:15 to 10:30am	Ages 18 and up	\$14	1 class	PBG0029-400009
Dec 17	Wed	9:15 to 10:30am	Ages 18 and up	\$14	1 class	PBG0029-400010



Gentle Yoga at Brookside Gardens

Instructor: Sherry Weber

These series of classes feature foundational yoga poses that are designed to support better breathing, walking, and space orientation. Yoga movements help build muscle, bone density and core strength while improving balance, posture and flexibility. Mats are not included. No walk-ins will be accepted. Location: Brookside Gardens Visitor Center. FOBG \$12

Brookside Gardens

[Click to Register](#)

Dec 4	Thu	10 to 11am	Ages 18 and up	\$14	1 class	PBG0030-400001
Dec 11	Thu	10 to 11am	Ages 18 and up	\$14	1 class	PBG0030-400002
Dec 18	Thu	10 to 11am	Ages 18 and up	\$14	1 class	PBG0030-400003
Jan 8	Thu	10 to 11am	Ages 18 and up	\$14	1 class	PBG0030-400004
Jan 15	Thu	10 to 11am	Ages 18 and up	\$14	1 class	PBG0030-400005
Jan 22	Thu	10 to 11am	Ages 18 and up	\$14	1 class	PBG0030-400006
Jan 29	Thu	10 to 11am	Ages 18 and up	\$14	1 class	PBG0030-400007
Feb 5	Thu	10 to 11am	Ages 18 and up	\$14	1 class	PBG0030-400008
Feb 12	Thu	10 to 11am	Ages 18 and up	\$14	1 class	PBG0030-400009
Feb 19	Thu	10 to 11am	Ages 18 and up	\$14	1 class	PBG0030-400010
Feb 26	Thu	10 to 11am	Ages 18 and up	\$14	1 class	PBG0030-400011

Yoga at Brookside Gardens

Instructor: Tanory Ateek

Designed to increase flexibility and physical strength and to cultivate mental focus, these classes are a beautiful and relaxing way to begin your weekend. Mats are not included. No walk-ins will be accepted. Location: Brookside Gardens Visitor Center. FOBG \$12

Brookside Gardens

[Click to Register](#)

Dec 6	Sat	9:30 to 10:30am	Ages 18 and up	\$14	1 class	PBG0031-400004
Dec 13	Sat	9:30 to 10:30am	Ages 18 and up	\$14	1 class	PBG0031-400009
Dec 20	Sat	9:30 to 10:30am	Ages 18 and up	\$14	1 class	PBG0031-400010
Jan 10	Sat	9:30 to 10:30am	Ages 18 and up	\$14	1 class	PBG0031-400002
Jan 17	Sat	9:30 to 10:30am	Ages 18 and up	\$14	1 class	PBG0031-400003
Jan 31	Sat	9:30 to 10:30am	Ages 18 and up	\$14	1 class	PBG0031-400005
Feb 7	Sat	9:30 to 10:30am	Ages 18 and up	\$14	1 class	PBG0031-400006
Feb 14	Sat	9:30 to 10:30am	Ages 18 and up	\$14	1 class	PBG0031-400007
Feb 21	Sat	9:30 to 10:30am	Ages 18 and up	\$14	1 class	PBG0031-400008

New Year Retreat at Brookside Gardens

Instructor: Tanory Ateek

Bring in 2026 with peace and intention! Treat yourself to a day of yoga, meditation practices, and creative visioning for your new year. We'll use both indoor and outdoor garden spaces (weather permitting). Participants are welcome to bring their lunches and Brookside Gardens will provide an assortment of teas. FOBG \$85

[Brookside Gardens](#)

[Click to Register](#)

Jan 4	Sun	10am to 3pm	Ages 18 and up	\$95	1 class	PBG0018-400001
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GARDEN TOURS

Brookside Gardens Winter Tour

Kristin Davey, Brookside Gardens staff

Winter brings a different dimension to the gardens that is sometimes overlooked by visitors. Walk and talk with a garden expert to uncover the “bones of the garden” without the distraction of leaves or flowers. Explore the architectural elements that shape the gardens including woody plants, hardscape and other components of design. FOBG \$10

[Brookside Gardens](#)

[Click to Register](#)

Feb 18	Wed	10:30am to 12pm	Ages 18 and up	\$12	1 class	PBG0061-400001
Feb 20	Fri	10:30am to 12pm	Ages 18 and up	\$12	1 class	PBG0061-400002

HANDS ON WORKSHOPS

Festive Centerpieces

Instructor: Jason Gedeik, Brookside Gardens staff

Make a long-lasting beautiful centerpiece using fresh greens! The centerpieces will include a candle and seasonal decorations. Fee includes all materials for two centerpieces. FOBG \$50

[Brookside Gardens](#)

[Click to Register](#)

Dec 4	Thu	1:30 to 3:30pm	Ages 18 and up	\$55	1 class	PBG0066-400002
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Introduction to Plant Propagation

Nate Roehrich, Brookside Gardens staff

Learn about plant propagation in our state-of-the-art greenhouse facilities. You'll discover how to produce your own houseplants inexpensively and easily from start to finish. We'll review the best techniques and plants to propagate from cuttings. Participants will get to take a few potted cuttings to grow at home. FOBG \$40

[Brookside Gardens](#)

[Click to Register](#)

Jan 31	Sat	10:30am to 12pm	Ages 18 and up	\$45	1 class	PBG0016-400001
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SPEAKER SERIES, WORKSHOPS, OR DISCUSSIONS

American Roots: Lessons and Inspiration from the Designers Reimagining Our Home Gardens

Speaker: Teresa Woodard, author

Join Teresa as she delves into the new American design aesthetic that embraces regional cultures, plants, and growing conditions. Enjoy a visual journey of exceptional designers and their home gardens covering all the regions of the country. You'll discover new design influences and take home innovative design tips and plant suggestions. NOTE: This is a live, Zoom lecture with audience Q&A. After registering, a link will be emailed to you 24 hours prior to the live webinar. Recordings will be made available to students.

[Brookside Gardens Virtual](#)

[Click to Register](#)

Dec 11	Thu	7 to 8:30pm	Ages 18 and up	Free	1 class	PBG0209-400001
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Growing Older, Gardening Smarter

Speaker Kathy Jentz, editor of Washington Gardener Magazine

As we age, gardening can stay joyful and comfortable with the right adjustments. Discover practical strategies for modifying your landscape and gardening practices to accommodate physical changes and mobility challenges. We'll explore how ergonomic tools, raised beds, and easy-access designs can help. Learn how to keep your body flexible and safe so you can continue gardening with ease and confidence. NOTE: This is a live, Zoom lecture with audience Q&A. After registering, a link will be emailed to you 24 hours prior to the live webinar. Recordings will be made available to students. FOBG \$12

[Brookside Gardens Virtual](#)

[Click to Register](#)

Jan 15	Thu	7 to 8:30pm	Ages 18 and up	\$15	1 class	PBG0211-400001
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How Plants Shaped the World - An Evolutionary Journey

Speaker: Raymond Carter, Brookside Gardens Staff

Journey through millions of years of evolution in this fascinating lecture. Discover how the plant, fungi and animal kingdoms co-evolved to create the complex ecosystems we know today. Afterward, enjoy a guided tour of the conservatory, where living examples reveal the remarkable adaptations shaped by time and environment. FOBG \$22

Brookside Gardens						Click to Register
Jan 24	Sat	10:30am to 12:30pm	Ages 18 and up	\$25	1 class	PBG0210-400001

Everything You Wanted to Know About Pruning

Josh Demers, Brookside Gardens Staff

Discover how to keep your shrubs and trees healthier for longer. Gain invaluable pruning advice for a variety of ornamental trees and bushes to maintain healthy specimens, improve plant structure, reduce hazards and rejuvenate old growth. Participants are invited to submit questions with photos related to their home landscapes, which will be addressed during the final portion of class. FOBG \$22

Brookside Gardens						Click to Register
Feb 7	Sat	10am to 12:30pm	Ages 18 and up	\$25	1 class	PBG0063-400001



MONTGOMERY PARKS

Garden of Lights

AT BROOKSIDE GARDENS

November 21, 2025, through January 4, 2026

(Closed November 24–27, December 24–25, January 1)

Brookside Gardens transforms into a magical winter wonderland for the annual Garden of Lights display.

Stroll through the one-half mile, outdoor, walk through exhibit and enjoy the twinkling lights and glimmering one-of-a-kind displays adorning the flowerbeds and grounds throughout the 50 acre horticultural gem in Wheaton.

- ✧ Shop for unique seasonal items at the Gift Shop
- ✧ Hot chocolate and light snacks available for purchase

Tickets: Timed-entry tickets available at GardenofLights.org

- ✧ Sun - Thur: **\$13.99** per person (includes \$1.99 service fee)
- ✧ Fri - Sat: **\$16.99** per person (includes \$1.99 service fee)
- ✧ Ages 5 and under are **free**
- ✧ Visitors must arrive within their half-hour time slot
- ✧ Advance sale tickets only

BROOKSIDE GARDENS

1500 and 1800 Glenallan Avenue | Wheaton, Maryland 20902
301-962-1400 | BrooksideGardens.org

Brookside
GARDENS





BLACK HILL
DISCOVERY CENTER



BLACK HILL DISCOVERY CENTER

20926 Lake Ridge Drive | Boyds, MD 20841

301-528-3493

[BlackHillDiscovery.org](https://www.BlackHillDiscovery.org)

SPECIAL EVENTS

Celebration Station

Join us for a seasonal celebration! We'll have fun activities from hiking to making crafts, all designed for family fun.

Bring Nature's Treasures to your Table

Join us at the Discovery Center where we will supply all the greenery and nature's treasures for you to make a holiday centerpiece. Bring your own gloves and clippers if you like, but we will have some to use. Feel free to bring a bagged supper if you like. Friends of Black Hill Nature Programs (FOBH) Free

Black Hill Discovery Center

[Click to Register](#)

Dec 16	Tue	4:30-6:30pm	Ages 18 and up	\$30	1 class	PBHDC0095-400003
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Winter Solstice Lantern Making

Create a lantern using old-time tinsmithing techniques to light the long winter nights. Children must have an adult helper. FOBH \$6

Black Hill Discovery Center

[Click to Register](#)

Dec 20	Sat	1:30-2:30pm	Ages 7 to 12	\$7	1 class	PBHDC0095-400002
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New Year's at Noon Family Celebration

Ring in the New Year at the Discovery Center with a variety of arts and crafts activities, a campfire with s'mores, and of course, a noon countdown to ring in the New Year! Registration required. Meet at the Discovery Center. FOBH \$9

Black Hill Discovery Center

[Click to Register](#)

Dec 31	Wed	10:30am-12pm	Ages 3 to 10	\$10	1 class	PBHDC0095-400001
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For the Love of Birds Art Exhibit

Black Hill Discovery Center is hosting the art exhibit "For the Love of Birds: Climate and a Changing Landscape" sponsored by the Friends of Black Hill Nature Programs. This art exhibit tells the story of how birds will be affected by climate change, with different habitats illustrated through canvas photography and supported by interpretive signage and glass birds. Exhibit runs Saturday, January 10 through Sunday, March 1. Drop in during our regular Discovery Center hours to view the exhibit, or join us at a special program.

For the Love of Birds Art Exhibit

Drop in and visit the exhibit during Discovery Center Hours. NO REGISTRATION IS REQUIRED. Exhibit is free.

Black Hill Discovery Center

Jan 10-Mar 1	Fri-Sun	10am-5pm	All ages	Free		PBHDC0111-400001
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For the Love of Birds Art Exhibit (continued)

For the Love of Birds Art Exhibit Opening Reception

Come enjoy art, sunset, mocktails and snacks with us as we open the art exhibit “For the Love of Birds” sponsored by the Friends of Black Hill Nature Programs. Meet Artist Caroline Blizzard and get the first look at this moving exhibit telling the story of birds affected by climate change through glass and photography. No registration required. Exhibit runs through Sunday, March 1.

Black Hill Discovery Center

Jan 9	Fri	5-7pm	All ages	Free	1 class	PBHDC0111-400002
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For the Love of Birds Art Exhibit - Meet the Artist

Meet Artist Caroline Blizzard and hear the story of this moving art exhibit of birds affected by climate change through glass and photography. You can also make your own inspired art piece and enjoy some morning snacks and coffee. No registration required.

Black Hill Discovery Center

Jan 10	Sat	10-11am	All ages	Free	1 class	PBHDC0111-400003
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For the Love of Birds Art Exhibit - Birding with the Artist

Enjoy a little birding and a small hike with the artist Caroline Blizzard. We will end the hike back at the Discovery Center so you can enjoy the exhibit.

Black Hill Discovery Center

Jan 10	Sat	11am-12pm	Ages 12 and up	Free	1 class	PBHDC0111-400004
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Waterfowl Viewing from the Deck & Bird Blind

Join a naturalist at the Discovery Center to enjoy the “For the Love of Birds” art exhibit and then to watch the waterfowl on Little Seneca Lake. Afterwards we’ll take a short walk to the bird blind for a closer look. We can provide binoculars and scopes but bring your own if you have them. Dress for the weather. Meet at the Discovery Center. FOBH \$11

Black Hill Discovery Center

[Click to Register](#)

Jan 20	Tue	3-5pm	Ages 18 and up	\$12	1 class	PBHDC0111-400005
Feb 12	Thu	3-5pm	Ages 18 and up	\$12	1 class	PBHDC0111-400006

ART AND CRAFTING

Deck the Halls

Come to the Discovery Center and help decorate for the holiday season. Bring an ornament to donate or one that you made to hang on our tree, or just help hang our own nature-themed decorations. We’ll also make snowflakes to hang in the windows. You can drop by anytime during program hours.

Black Hill Discovery Center

[Click to Register](#)

Dec 6	Sat	1:30-4pm	All Ages	Free	1 class	PBHDC0061-400001
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Make It & Take It

Drop by the Discovery Center and have some fun! We'll have easy-to-make seasonal crafts that you can make and take home. Registration required - please register only those making the craft. Stop in anytime during program hours!

[Black Hill Discovery Center](#)

[Click to Register](#)

Nature Ornaments

Dec 13	Sat	1:30-3pm	All Ages	\$2	1 class	PBHDC0063-400001
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Suncatchers

Jan 17	Sat	1:30-3pm	All Ages	\$2	1 class	PBHDC0063-400005
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Birdfeeder

Jan 24	Sat	1:30-3pm	All Ages	\$2	1 class	PBHDC0063-400004
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Snowflakes

Feb 21	Sat	1:30-3pm	All Ages	\$2	1 class	PBHDC0063-400002
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String Art Creations

Feb 28	Sat	1:30-3pm	All Ages	\$2	1 class	PBHDC0063-400006
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EARLY CHILDHOOD AND PRESCHOOL

Preschool in the Park

We believe children belong outside and that they learn best by playing and experiencing the world around them. This program is a 24 session (no class on March 31 and April 2), drop-off, preschool program designed to foster your child's creativity, sense of self, and love of the outdoors. Classes will be outdoors. Children must be potty-trained by the start of the program and bring their own snacks with them. A welcome letter with more information will be sent once you register.

[Black Hill Discovery Center](#)

[Click to Register](#)

Feb 17-May 14	Tue & Thu	9am-12pm	Ages 3.5 to 6	\$600	24 classes	PBHDC0052-400001
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PLAYTIME OR STORYTIME

Time for Tots: "Waiting for Snow"

Enjoy a seasonal story, make a craft to go with the story and then go outside to explore nature with a park naturalist. Registration required. Today's story is "Waiting for Snow" by Marsha Diane Arnold. FOBH \$6

[Black Hill Discovery Center](#)

[Click to Register](#)

Dec 16	Tue	10-11am	Ages 2 to 5	\$7	1 class	PBHDC0022-400001
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Pics in the Park

Strike a pose and say cheese! Drop by for a unique photo op at the Discovery Center. We'll provide some fun props, and a staff member will take your photo on instant film, just like those original instant photos (shaking optional). Take home a memory you will never forget. No registration required; drop in anytime during program hours. Supplies are limited; first come, first served.

Black Hill Discovery Center

Feb 14	Sat	2-4pm	All Ages	Free	1 class	PBHDC0087-400001
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Play Day in the Park

Toddlers of all abilities are invited to explore the exciting natural world in and around the Discovery Center. Families will explore at their own pace using nature play prompts that will remain out for the duration of the program. All ages are welcome but prompts and materials are geared towards children aged one to three. Registration required.

Black Hill Discovery Center

[Click to Register](#)

Dec 12	Fri	11am-12pm	Ages 6 mos to 3 yrs	Free	1 class	PBHDC0012-400001
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Homeschool: Forest Thrills & Skills

Come join us for a woodland adventure full of adventurous play, nature lessons, and wild skills. Each month we'll explore what nature has to show us and spend some time learning new wild skills. We will also have time, space, and materials for unstructured play in the woods around our campfire circle. Students will be able to self-select what they would like to focus on from the activities provided. We will meet at the campfire area by Shelter F on Parking Lot 3, in Black Hill Regional Park. FOBH \$13

Black Hill Discovery Center

[Click to Register](#)

Dec 17	Wed	1:30-3:30pm	Ages 6 to 14	\$14	1 class	PBHDC0056-400001
Jan 21	Wed	1:30-3:30pm	Ages 6 to 14	\$14	1 class	PBHDC0056-400002
Feb 18	Wed	1:30-3:30pm	Ages 6 to 14	\$14	1 class	PBHDC0056-400003

NATURE, OUTDOOR EXPLORATION, AND SKILLS

Wild Forest Time

Do you dream of building forts in the woods or climbing a tree? Maybe you want to learn about woodland critters or create some art in the woods. Join us for a time to explore the woods how you want to. We'll supply some materials and a space to create and explore, you supply the imagination and sense of adventure! Drop in at our campfire circle area any time during the program to join in on the fun. Meet at the campfire area by Shelter F on Parking Lot 3, in Black Hill Regional Park. Registration required.

Black Hill Discovery Center

[Click to Register](#)

Dec 14	Sun	2-3:30pm	Ages 3 and up	Free	1 class	PBHDC0024-400001
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Nature Girls Club

Girls belong in nature, enjoying outdoor adventures! Join us for a girl-centered Nature Girls Club. There are three in-person sessions with a Park Naturalist that will focus on exploring nature, trying out outdoor skills, and nature journaling. Meetings are monthly. Registration required.

Black Hill Discovery Center

[Click to Register](#)

Dec 12, Jan 23, Feb 20	Fri	5-7pm	Ages 8 to 12	\$42	3 classes	PBHDC0010-400001
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TOAD! Teen Outdoor Adventure Days: Teen Caving Excursion

Join us for the day as we work our way through the twists and turns of a wild cave learning about local geology. Please make sure to bring plenty of water, lunch, a hat, and extra shoes/clothes to change into after. FOBH \$88

Black Hill Discovery Center

[Click to Register](#)

Jan 26	Mon	9am-5pm	Ages 12 to 15	\$90	1 class	PBHDC0106-400001
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Eco-Teen Challenge

In this series, we'll complete STEM challenges while learning about our local ecosystems.

Wild Engineers

Beavers build dams, reshape landscapes, and create entire ecosystems—just like real engineers! Discover their incredible skills, then build your own dam in a fun STEM challenge. FOBH \$7

Location TBD

[Click to Register](#)

Dec 20	Sat	10-11:30am	Ages 11 to 13	\$8	1 class	PBHDC0110-400001
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Geocache Adventure

Grab a GPS and get ready to explore! We're hitting the trails on a hunt to uncover hidden geocaches scattered throughout the park. Each cache is a mystery waiting to be solved – can you find them all? Dress for adventure: comfy clothes, sturdy shoes, and a spirit of exploration are a must! FOBH \$7

Location TBD

[Click to Register](#)

Jan 17	Sat	10-11:30am	Ages 11 to 13	\$8	1 class	PBHDC0110-400002
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A Fishy Adventure: Building a Better Water Filter

Discover how our local watersheds support wildlife and explore how our everyday actions affect these vital ecosystems. Then, dive into a hands-on STEM activity by building your own water filter! FOBH \$7

Location TBD

[Click to Register](#)

Feb 28	Sat	10-11:30am	Ages 11 to 13	\$8	1 class	PBHDC0110-400003
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Birding at Black Hill

Ready to spread your wings? Discover the joy of birding and join us for one of our birding programs! Whether you're a seasoned birder or just starting out, we offer hikes and activities for all experience levels. Beginners are always welcome!

Birding for Beginners

Want to join the 96 million other bird-watching Americans, but don't know where to start? We'll start with the basics of bird identification and go over how to select and use binoculars. Then we'll go do some birding! If you have your own binoculars, please bring them along. And be sure to dress for the weather. Meet at the Discovery Center. FOBH \$11

[Black Hill Discovery Center](#)

[Click to Register](#)

Jan 3	Sat	9am-12pm	Ages 16 and up	\$12	1 class	PBHDC0060-400002
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Waterfowl Hike

Meet at the Discovery Center and we'll take a van to the Ten Mile Creek area of Black Hill Regional Park. We will hike the trails at the north end of the cove to see which waterfowl are visiting Little Seneca Lake. Dress for the weather and wear hiking shoes. Bring binoculars or borrow ours. FOBH \$6

[Black Hill Discovery Center](#)

[Click to Register](#)

Jan 14	Wed	10:30am-12pm	Ages 18 and up	\$7	1 class	PBHDC0060-400003
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Birding for the Family

Come to the Discovery Center and learn about our winged visitors at our bird feeding stations. Then we'll take a short hike to our bird blind to see which waterfowl are on the lake and make a treat for you to take home for your backyard birds. Binoculars and guidebooks are supplied, but you can also bring your own. Register only those making bird treats. We'll be using nuts and peanut products. FOBH \$13

[Black Hill Discovery Center](#)

[Click to Register](#)

Feb 17	Tue	3-5pm	Ages 2 and up	\$14	1 class	PBHDC0060-400009
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Fun with Furs

Have you ever wondered what the animals in your backyard felt like? Have a chance to see and feel animal furs up close with a naturalist. Learn the anatomy of deer and other wildlife up close with hands-on examples. Stop by anytime during program hours.

[Black Hill Discovery Center](#)

[Click to Register](#)

Dec 21	Sun	1-3pm	All Ages	Free	1 class	PBHDC0077-400001
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HIKES, SCAVENGER HUNTS, AND CAMPFIRES

Babes in a Backpack

Let's go outside and hike to improve fitness, play in nature, and experience the great outdoors as a family. You will meet a naturalist at the meet up spot and set out on a trail that will have nature play and fun learning prompts along the way. These hikes are designed for adults with young children. Most trails are not stroller accessible, so you'll need a backpack or carrier for younger kids and non-walkers. Please register everyone attending no later than 24 hours before the hike so we can contact you with the hike's location and other important information. There is a \$2 fee for adults, children are free.

[Black Hill Discovery Center](#)

[Click to Register](#)

Dec 17	Wed	10am-12pm	All Ages	Free	1 class	PBHDC0051-400001
Jan 23	Fri	10am-12pm	All Ages	Free	1 class	PBHDC0051-400002
Feb 20	Fri	10am-12pm	All Ages	Free	1 class	PBHDC0051-400003

Outdoor Skills Workshop: Fire Building Skills

Hoping to start the fire at your next cookout or campfire? From start to finish, we will go over how to build a fire, how to keep it going, and how to safely put it out. We will discuss best practices for making fires safely. This program will use matches and is ideal for both novices to fire building and those looking to get more practice. Participants will each get to practice at their own level and have a campfire treat. Please register all participants. Meet at the campfire area by Shelter F on Parking Lot 3, in Black Hill Regional Park. Park in Lot 3 and follow the orange cones to the campfire circle. FOBH \$13

[Black Hill Discovery Center](#)

[Click to Register](#)

Dec 30	Tue	1-3pm	Ages 5 and up	\$14	1 class	PBHDC0090-400001
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Hike Club

The first rule of Hike Club - have fun! Improve your fitness, make new friends, and experience trails and scenery we don't often make time to immerse ourselves in. We welcome all ages, though young children must be able to walk at least 3 miles or be carried. Most trails are not stroller accessible and are easy to moderate in difficulty. Please register no later than 24 hours before the hike so we can contact you with the hike's location and other important information. Registration required.

[Black Hill Discovery Center](#)

[Click to Register](#)

Dec 13	Sat	9-11am	All Ages	\$2	1 class	PBHDC0007-400001
Feb 21	Sat	9-11am	All Ages	\$2	1 class	PBHDC0007-400002

Hike Club: Birder Edition

The first rule of Hike Club - have fun! Improve your fitness, make new friends, and experience trails and scenery we don't often make time to immerse ourselves in. While we hike today, we'll be looking for birds, and waterfowl in particular. We have binoculars you can borrow, or you can bring your own. We welcome all ages, though young children must be able to walk at least 3 miles or be carried. Most trails are not stroller accessible and are easy to moderate in difficulty. Please register no later than 24 hours before the hike so we can contact you with the hike's location and other important information. Registration required.

[Black Hill Discovery Center](#)

[Click to Register](#)

Jan 24	Sat	9-11am	All Ages	\$2	1 class	PBHDC0007-400003
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Wild Child Hike

This isn't your average walk in the woods. Scamper like a squirrel, balance like a billy goat, and run like a rabbit through the park. We'll be on and off the trail as we go on a hiking adventure. Wear shoes and clothes you don't mind getting dirty. Be sure to sign up 24 hours ahead so we can contact you with the meeting location. Registration required. FOBH \$6

[Black Hill Discovery Center](#)

[Click to Register](#)

Jan 26	Mon	10-11:30am	Ages 4 to 12	\$7	1 class	PBHDC0016-400001
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Owl Prowl

Nature doesn't sleep once the sun goes down. Go for a walk with us to see who is out and about after sunset. Hikes are approximately one mile or less. Join us for a post-sunset stroll where we'll look and listen for owls. Dress warmly and please, no flashlights. Meet at the gravel parking lot by the boat launch on Black Hill Road. FOBH \$6

[Black Hill Discovery Center](#)

[Click to Register](#)

Feb 2	Mon	5:30-6:30pm	Ages 8 and up	\$7	1 class	PBHDC0062-400004
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Explore A Park

New to the area or just want to get out for a hike? Explore different parks in Montgomery County with an experienced naturalist. Length of hike and trail difficulty varies from site to site.

Little Bennett Regional Park

Today we'll explore Little Bennett Regional Park, the largest park in our system, with over a dozen historical sites and over 25 miles of scenic natural surface trails. The length of this moderate hike depends on the pace and size of the group. Meeting location will be emailed to participants closer to the date of the hike.

[Little Bennett Regional Park](#)

[Click to Register](#)

Dec 18	Thu	9-11am	Ages 18 and up	\$2	1 class	PBHDC0065-400002
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Explore A Park (continued)

Rachel Carson Conservation Park

Today we'll explore Rachel Carson Conservation Park, one of the county's premier conservation areas, walking through meadows, forest and along the Hawlings River. The length of this moderate hike depends on the pace and size of the group. Meet at the parking area, 22201 Zion Rd, Brookeville, MD.

Rachel Carson Conservation Park

[Click to Register](#)

Feb 27	Fri	9-11am	Ages 18 and up	\$2	1 class	PBHDC0065-400001
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GARDENING AND NATIVE PLANTS

Winter Native Plant Sowing

Are you interested in starting your own native plants, even if you don't have a greenhouse? Then join us to make your own native seed winter sowing containers. We will provide the materials, and you choose the seeds to try. Stop in any time during the program. Supplies are limited.

Black Hill Discovery Center

[Click to Register](#)

Feb 7	Sat	1-3pm	All Ages	Free	1 class	PBHDC0097-400001
Feb 8	Sun	1-3pm	All Ages	Free	1 class	PBHDC0097-400002

SPEAKER SERIES, WORKSHOPS, OR DISCUSSIONS

Black Hill Bookworms

Are you looking for a community of like-minded readers that enjoy science and nature books? Then join the Black Hill Discovery Center Bookworms! Our book discussion group meets in-person every fourth Thursday of the month, with a few exceptions. Books will focus on environmental, conservation, and nature-related topics including non-fiction and fiction titles. Group members will have the chance to help select future books. Please register for each discussion you plan to attend so that we can contact you ahead of the meet-up. Please feel free to bring dinner or snacks with you to have during the discussion. All selected books are available through the Montgomery County Public Library. If you need help finding a copy to read or have any questions, please contact Christy.Korzen@MontgomeryParks.org. Book discussions may take place online in case of inclement weather.

Black Hill Discovery Center

[Click to Register](#)

"The Home Place: Memoirs of a Colored Man's Love Affair with Nature" by J. Drew Lanham

Dec 11	Thu	6-7:30pm	Ages 16 and up	Free	1 class	PBHDC0104-400001
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"Crow Talk" by Eileen Garvin

Jan 22	Thu	6-7:30pm	Ages 16 and up	Free	1 class	PBHDC0104-400002
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"An Immense World: How Animal Senses Reveal the Hidden Realms Around Us" by Ed Yong

Feb 26	Thu	6-7:30pm	Ages 16 and up	Free	1 class	PBHDC0104-400003
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DAY TRIP AND TOURS

Eagle Watching at Conowingo Dam

Conowingo Dam in Harford County is a terrific area to observe bald eagles. Travel by van with a park naturalist to enjoy a day of bird watching along the Susquehanna River. Dress in layers for the weather and bring a bagged lunch and snacks. Binoculars and viewing scopes provided, but feel free to bring your own. FOBH \$48

Black Hill Discovery Center

[Click to Register](#)

Dec 10	Wed	8am-4pm	Ages 18 and up	\$50	1 class	PBHDC0057-400001
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Jug Bay and Merkle NRMA

Join us for a trip to the Jug Bay Natural Area and Merkle Natural Resources Management Area to observe visiting winter waterfowl. We'll travel the Chesapeake Bay Critical Area Driving Tour, a four-mile route connecting the two parks featuring educational displays, observation towers, and a 1,000-foot-long wooden bridge across the marsh. Bring a bagged lunch, water, binoculars, and money for dessert on the way home. Dress for the weather (layers are best) and wear comfortable hiking shoes. FOBH \$48

Black Hill Discovery Center

[Click to Register](#)

Jan 11	Sun	9am-5pm	Ages 18 and up	\$50	1 class	PBHDC0057-400002
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Hike at Lake Roland

We will travel by van to Baltimore's Lake Roland Park Historic District. Centered on Lake Roland in the Jones Falls valley, the park has 503 acres of exceptionally diverse ecosystems including wetlands, meadows, and mature hardwood forests. Most significant is the environmentally sensitive serpentine barrens in the Bare Hills area, home to many rare and endangered species of flora and fauna. Lake Roland is historically significant, with not one, but two National Register Historic Districts! Wear hiking shoes, bring a bagged lunch, and dress for the weather. FOBH \$38

Black Hill Discovery Center

[Click to Register](#)

Feb 25	Wed	9am-3pm	Ages 18 and up	\$40	1 class	PBHDC0057-400006
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For the Love of Birds

This interactive exhibit from artists Julie Turrentine and Caroline Blizzard uses canvas photography, interpretive signage, and glass to explore the impact of climate change on our native songbirds, raptors, and waterfowl.

Sponsored by the Friends of Black Hill Nature Programs.

**Exhibit runs January 10
to March 1.**

Drop in during our regular
Discovery Center hours
**Friday through Sunday,
10 a.m. to 5p.m.**

BLACK HILL DISCOVERY CENTER

20926 Lake Ridge Drive | Boyds, MD 20841

301-528-3493 | BlackHillDiscovery.org





BROOKSIDE
NATURE CENTER



BROOKSIDE NATURE CENTER

1400 Glenallan Ave | Wheaton, MD 20902

301-962-1480

BrooksideNature.org

ART & CRAFTING

Family Nature Art

Join a Park Naturalist to collect natural items around Wheaton Regional Park and turn them into an artistic masterpiece. Adults and children must register. Inclement weather could cancel this program. Be sure to check Brooksidenature.org for day-of event status.

Brookside Nature Center

[Click to Register](#)

Jan 10	Sat	2 to 4pm	Ages 6 and up	\$10	1 class	PBNC0061-400004
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LGBTQ+ Crafting Night: Vision Board & Intention Setting

Join LGBTQ+ naturalists and others in your community for a chill evening of nature, cozy hot drinks, and crafting. The majority of the program will be held indoors with a short stroll in nature to offer inspiration for our 2026 intention and vision boards. All crafting materials will be provided; new crafters encouraged to attend.

Brookside Nature Center

[Click to Register](#)

Jan 9	Fri	6 to 8pm	Ages 18 and up	\$15	1 class	PBNC0116-400001
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EARLY CHILDHOOD AND PRESCHOOL

Crafty Little Naturalist

Join a Park Naturalist for a crafty hour. The Park Naturalist will lead participants in a nature craft creation to make and take home. Children must register and bring their favorite adult. Inclement weather could cancel this program. Be sure to check Brooksidenature.org for day-of event status.

Brookside Nature Center

[Click to Register](#)

Pinecones

Dec 3	Wed	10:30 to 11:30am	Ages 3 to 5	\$7	1 class	PBNC0011-400006
Dec 17	Wed	10:30 to 11:30am	Ages 3 to 5	\$7	1 class	PBNC0011-400007

Stained Glass

Jan 7	Wed	10:30 to 11:30am	Ages 3 to 5	\$7	1 class	PBNC0011-400008
Jan 21	Wed	10:30 to 11:30am	Ages 3 to 5	\$7	1 class	PBNC0011-400009

Little Explorers

Let's read stories, sing songs, and take mini-hikes meant for the youngest legs! Please note: The Little Explorers programs scheduled in the same month will have the same topic and activities. Register each child, a guardian must attend.

[Brookside Nature Center](#)

[Click to Register](#)

Hibernation

Dec 10	Wed	10:30 to 11:15am	1.5 to 2 years old	\$7	1 class	PBNC0073-400008
Dec 31	Wed	10:30 to 11:15am	1.5 to 2 years old	\$7	1 class	PBNC0073-400009

Snow

Jan 14	Wed	10:30 to 11:15am	1.5 to 2 years old	\$7	1 class	PBNC0073-400010
Jan 28	Wed	10:30 to 11:15am	1.5 to 2 years old	\$7	1 class	PBNC0073-400011

SCHOOL BREAK PROGRAM

School's Out, Nature's In!

School's out! Join us for a fun day of nature-themed activities in Wheaton Regional Park! We'll explore outdoors, play group games, enjoy lunch around the campfire, create a few projects to take home, and make some new friends! Register each child.

[Brookside Nature Center](#)

[Click to Register](#)

Feb 17	Tue	9am to 3:30pm	Ages 6 to 11	\$75	1 class	PBNC0059-400002
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HIKES, SCAVENGER HUNTS, AND CAMPFIRES

Evergreen Tree Identification Hike

Winter is the time when our evergreens shine! Maybe you know that every evergreen tree isn't a pine, but is it a cypress? A juniper? A cedar? Join us on a hike through Wheaton Regional Park to take a closer look at evergreens.

[Brookside Nature Center](#)

[Click to Register](#)

Dec 13	Sat	2:30 to 4pm	Ages 18 and up	\$10	1 class	PBNC0025-400002
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Campfire 101

Have you ever wanted to learn how to start a campfire? Join a Park Naturalist and learn different ways to stack your logs, different lighting techniques, and fire safety. Participants are encouraged to bring a campfire snack for roasting. All attendees must register. Inclement weather could cancel this program. Be sure to check Brooksidenature.org for day-of event status.

Brookside Nature Center

[Click to Register](#)

Dec 27	Sat	1 to 3pm	Ages 8 and up	\$10	1 class	PBNC0019-400002
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Tracks and Traces

We'll explore why animals can be tough to find when it's cold out and learn about the tracks, traces, and other clues animals leave behind when they can't be found! We'll take a short hike to put our new knowledge to work and make a craft project to help remember what we've learned! Register each child, a guardian must attend.

Brookside Nature Center

[Click to Register](#)

Jan 3	Sat	2:30 to 3:30pm	Ages 5 to 11	\$7	1 class	PBNC0031-400002
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Maple Sugar Walk

Hike with a naturalist to the maple tree grove and learn how sugar maple sap is collected and transformed into maple syrup! This is an indoor and outdoor program on natural surface trails. All attendees must register. Inclement weather could cancel this program. Be sure to check Brooksidenature.org for day-of event status.

Brookside Nature Center

[Click to Register](#)

Feb 7	Sat	1 to 2pm	Ages 6 and up	\$7	1 class	PBNC0037-400042
Feb 7	Sat	3 to 4pm	Ages 6 and up	\$7	1 class	PBNC0037-400043
Feb 8	Sun	1 to 2pm	Ages 6 and up	\$7	1 class	PBNC0037-400044
Feb 8	Sun	3 to 4pm	Ages 6 and up	\$7	1 class	PBNC0037-400045
Feb 14	Sat	1 to 2pm	Ages 6 and up	\$7	1 class	PBNC0037-400046
Feb 14	Sat	3 to 4pm	Ages 6 and up	\$7	1 class	PBNC0037-400047
Feb 15	Sun	1 to 2pm	Ages 6 and up	\$7	1 class	PBNC0037-400048
Feb 15	Sun	3 to 4pm	Ages 6 and up	\$7	1 class	PBNC0037-400049
Feb 21	Sat	1 to 2pm	Ages 6 and up	\$7	1 class	PBNC0037-400050
Feb 21	Sat	3 to 4pm	Ages 6 and up	\$7	1 class	PBNC0037-400051
Feb 22	Sun	1 to 2pm	Ages 6 and up	\$7	1 class	PBNC0037-400052
Feb 22	Sun	3 to 4pm	Ages 6 and up	\$7	1 class	PBNC0037-400053

BROOKSIDE NATURE CENTER

Drop-in Weekend Programs

Free | No Registration Required

Creature Feature

Dec. 6, 13, 20, 27, 2025

Jan. 2 (Friday), 3, 10, 17, 24, and 31, 2026

1:30 - 2:00 pm | All Ages

Join us for an up-close encounter with one of our animal ambassadors. Why do they live at the nature center? What would their wild counterparts be doing at this time of year? We'll answer these questions and more. No registration required.



BROOKSIDE NATURE CENTER

1400 Glenallan Ave. | Wheaton, Maryland 20902

301-962-1480 | [BrooksideNature.org](https://www.BrooksideNature.org)





LOCUST GROVE
NATURE CENTER

LOCUST GROVE NATURE CENTER

7777 Democracy Blvd | Bethesda, MD 20817

301-765-8660

LocustGroveNature.org

HIKES, SCAVENGER HUNTS, AND CAMPFIRES

Full Moon Fridays

Join us for the magic of the full moon for a hike and campfire on each Friday nearest to the full moon. Feel free to bring your own hotdogs to warm over the fire and we'll provide marshmallows. The program will be mainly outdoors with a hiking component. All hikes will be on natural surface trails. Trails steepness varies and some trails will only be accessible with stairs. All attendees must register.

Locust Grove Nature Center

[Click to Register](#)

Dec 5	Fri	5:30-7pm	Ages 5 and up	\$8	1 class	PLGNC0001-400001
Jan 2	Fri	5:30-7pm	Ages 5 and up	\$8	1 class	PLGNC0001-400002
Feb 6	Fri	5:30-7pm	Ages 5 and up	\$8	1 class	PLGNC0001-400003

NATURE, OUTDOOR EXPLORATION, AND SKILLS

Project FeederWatch

Are you interested in birding? Do you want to be part of a national community science project? Then, join us at Locust Grove Nature Center for Project FeederWatch. Project FeederWatch is a seasonal community science project, where participants count the different species of birds that flock to a bird feeder. All levels of birders are welcome. We advise you to dress appropriately for the weather and to bring your binoculars if you have them. Registration is encouraged, just so we can notify participants of cancellations. You are not required to attend all the sessions in the season, come to as many as you like. If you have any questions, please feel free to send an email to MCP-LocustGrove@MontgomeryParks.org.

Locust Grove Nature Center

[Click to Register](#)

Dec 4-Feb 26	Thu	11am-12pm	Ages 18 and up	Free	13 classes	PLGNC0018-400001
Dec 5-Feb 27	Fri	11am-12pm	Ages 18 and up	Free	13 classes	PLGNC0018-400002



W.A.N.D.E.R. Wild Teas and Solstice Celebration

Did you know many local plants make a flavorful infusion when steeped in hot water? Introduce your tastebuds to a sampling of natural teas like spicebush, sweetbay magnolia, and turkey tails. Go on a walk in the woods and learn how to identify these plants as we discuss the safety and ethics of foraging for wild foods. Finally, we'll learn how to dry, prepare, and package wild herbs as teas. This workshop is designed to empower beginners in learning practical and fun outdoor skills. No experience required; beginners are encouraged! Each participant will also create and take home their own custom blend of loose-leaf tea in a giftable bag (\$10 value). Please register in advance and dress for the weather, as we will be outside for a portion of the program. WANDER – Women And Non-Binary individuals Deepening their Environmental Relationships, offers empowering hands-on programs that provide accessible and practical knowledge in various outdoor activities.

WANDER is an invitation to explore, learn, and thrive in the great outdoors. Our workshops cover outdoor skills such as shelter building, campfire cooking, fire building, foraging, wildlife identification, and more!

[Locust Grove Nature Center](#)

[Click to Register](#)

Dec 13	Sat	4-6pm	Ages 18 and up	\$20	1 class	PLGNC0050-400001
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Great Backyard Bird Count

Celebrate the Great Backyard Bird Count at Locust Grove Nature Center. Started in 1998, the Great Backyard Bird Count was one of the first online community science projects, dedicated to collecting data to better understand birds. So come and join us on our back deck with a naturalist to count the different species of birds that call Locust Grove Nature Center home. We will also have a self-serve tea station available for participants. All levels of birders welcome, we recommend bringing your own pair of binoculars, but we will have some to borrow at the nature center if needed. Inclement weather will cancel this program, registration is required.

[Locust Grove Nature Center](#)

[Click to Register](#)

Feb 13	Fri	9-10am	Ages 18 and up	Free	1 class	PLGNC0044-400001
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SPEAKER SERIES, WORKSHOPS, OR DISCUSSIONS

Nature Book Club: Cozy Nature Book Chat

Good books and hot drinks, what's not to love. Join a naturalist for our Cozy Nature Book Chats. Meet fellow nature book worms as we will discuss our favorite nature books, while enjoying a hot beverage in the nature center. Books about nature or conservation with LGBTQ and BIPOC authors encouraged. Registration is required for this program.

[Locust Grove Nature Center](#)

[Click to Register](#)

Dec 14	Sun	4:30-5:30pm	Ages 18 and up	Free	1 class	PLGNC0051-400001
Jan 11	Sun	4:30-5:30pm	Ages 18 and up	Free	1 class	PLGNC0051-400002
Feb 8	Sun	4:30-5:30pm	Ages 18 and up	Free	1 class	PLGNC0051-400003

MAYDALE NATURE CLASSROOM



MAYDALE
NATURE CLASSROOM



MAYDALE NATURE CLASSROOM

1638 Maydale Drive | Colesville, MD 20905

301-962-1496

MaydaleNature.org

PLAYTIME OR STORYTIME

Playtime in the Park

Bring your little ones indoors for a time of creative play. Materials for coloring, molding, crafting, and building will be available. There will be books and puppets for role play too. This program is self-guided. Register each child. All minors must be accompanied by an adult.

Maydale Nature Classroom

[Click to Register](#)

Dec 17	Wed	11am-12pm	Ages 3 and up	\$5	1 class	PMAY0040-400001
Jan 21	Wed	11am-12pm	Ages 3 and up	\$5	1 class	PMAY0040-400002
Feb 18	Wed	11am-12pm	Ages 3 and up	\$5	1 class	PMAY0040-400003

HIKES, SCAVENGER HUNTS, AND CAMPFIRES

Evening Stroll For the Whole Family (Dogs Welcome)

We invite you on a walk to experience the sights, sounds, and scents of winter. Friendly leashed dogs that are vaccinated are also permitted on this leisurely walk. All attendees must register.

Maydale Nature Classroom

[Click to Register](#)

Dec 5	Fri	4:30-5:15pm	Ages 6 and up	Free	1 class	PMAY0038-400001
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NATURE, OUTDOOR EXPLORATION, AND SKILLS

Winter Wanderers & Cozy Sleepers

Embark on a delightful winter adventure as we uncover the secret lives of the animals that call Maydale Conservation Park home. Join us for an engaging discussion on their clever winter habits. Bundle up for a scenic walk through the meadow and trails, where we'll hunt for fascinating clues of wildlife activity in the crisp, fresh air. All attendees must register.

Maydale Nature Classroom

[Click to Register](#)

Jan 10	Sat	11am-12pm	Ages 6 and up	\$7	1 class	PMAY0041-400001
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Celebrating Nature With Premier Pro (includes 5 distinct programs)

Get ready for a creative nature adventure! This hands-on program combines outdoor exploration with video editing—starting with an in-person session on January 31 (10:30am–11:45am), where you’ll brainstorm nature topics and capture photos and videos on your cell phone. Continue with four lively Thursday evening online sessions in February (5th, 12th, 19th, and 26th, 4pm–5:15pm), learning editing tricks in Adobe Premiere Pro. By the end, you’ll craft a captivating 3-4 minute video on a nature theme of your choice. Please note you will need to get your own Premier Pro subscription to attend the program. Adventure and inspiration awaits!

[Maydale Nature Classroom](#)

[Click to Register](#)

Jan 31	Sat	10:30-11:34am	Ages 18 and up	\$120	5 classes	PMAY0043-400001
Feb 5, 12, 19, 26	Thu	4-5:15pm				

MINDFULNESS AND WELLNESS

Looking Back, Moving Forward: Celebrating Wins & Setting New Goals

As this year comes to an end let’s take some time to reflect and dream about what might come next. The program includes a reflective walk and creative art journaling activities to help guide your thoughts. All attendees must register.

[Maydale Nature Classroom](#)

[Click to Register](#)

Dec 13	Sat	10:30am-12pm	Ages 18 and up	\$25	1 class	PMAY0039-400001
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Paws With A Therapy Dog

If you just need a little boost, a bit of laughter or just a break from your daily routine stop by to meet a friendly canine! Therapy dogs are not service dogs. They are simply dogs trained to provide comfort, affection, and support to individuals in various settings such as schools, hospitals or nursing homes. All attendees must register. Minors must be accompanied by an adult.

[Maydale Nature Classroom](#)

[Click to Register](#)

Jan 15	Thu	12-1pm	Ages 3 and up	Free	1 class	PMAY0042-400001
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MEADOWSIDE
NATURE CENTER



MEADOWSIDE NATURE CENTER

5100 Meadowside Lane | Rockville, Maryland 20855

301-258-4030

[MeadowsideNature.org](https://www.MeadowsideNature.org)

SPECIAL EVENTS

Holiday Handoff

Need to get some holiday shopping done without the kids? This drop-off program is for you. We'll provide snacks, crafts, songs, and a movie to keep your kids in a jolly spirit while you prepare for the holidays or simply enjoy some time to yourself!

Meadowside Nature Center

[Click to Register](#)

Dec 5	Fri	5:30-8pm	Ages 3 to 12	\$20	1 class	PMNC0123-400001
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Taste and Test the Skies Trivia

There's a whole universe to explore (beyond the horizon). Why not do it from the comfort of a nature center? Join us in a trivia on phenomena of the night sky, accompanied with a topical tasting of meads from Rockville's local meadery Clear Skies Brewing. Trivia will include references to pop culture, music, literature, history, politics, astronomy, flora and fauna, and much more! Weather permitting, the trivia and tasting will conclude with a short night hike to experience a dark sky with a telescope and binoculars.

Meadowside Nature Center

[Click to Register](#)

Dec 6	Sat	4-6:30pm	Ages 21 and up	\$25	1 class	PMNC0214-400001
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Winter Watch Party

Put on your coziest pajamas and head inside Meadowside Nature Center for an evening full of fun! Sip hot cocoa, make a craft, and watch a cozy winter movie in the warmth and comfort of the nature center.

Meadowside Nature Center

[Click to Register](#)

Dec 12	Fri	6-7:30pm	Ages 7 and up	\$10	1 class	PMNC0210-400001
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Trivia Night

Shake off the winter blues and warm up with us! Join the fun at Meadowside Nature Center for boozy hot cocoa, snacks, and a lively game of trivia. It's the perfect way to spend a chilly evening with friends. Registration includes one alcoholic beverage, so grab your spot and get ready to test your knowledge!

Meadowside Nature Center

[Click to Register](#)

Jan 9	Fri	7-8pm	Ages 21 and up	\$15	1 class	PMNC0212-400001
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Kids Book Club and Watch Party: The Wild Robot

Get cozy this winter with a book club just for kids! We'll have lively discussion about the characters, events and nature themes in the popular children's chapter book, "The Wild Robot," by Peter Brown. After our book club, stick around for popcorn and streaming of the film adaption of "The Wild Robot" (Rated PG). Please register only child participants.

Meadowside Nature Center

[Click to Register](#)

Jan 24	Sat	4-6pm	Ages 7 to 10	\$10	1 class	PMNC0215-400001
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ART AND CRAFTING

Valentine's Cards for the Animals

Show our animal ambassadors a little love this Valentine's Day by writing them a card! These cards will be incorporated into their daily enrichment, which you can view in their enclosures from our Nature Nook and Raptor Deck. Registration is not required for this free drop-in program.

Meadowside Nature Center

Feb 11-13	Wed-Fri	11am-2pm	All Ages	Free	3 classes	PMNC0213-400001
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Zinemaking Workshop

A blank page is freedom to create a world. Imagine what you could do with eight of them? Join Meadowside for a workshop on creating a zine. This is a self-published booklet of art that can be a stand-alone piece or reproduced on a copy machine. Zines can be simple or complex, contain collages, doodles, scribbles, poetry, quotes, reflections, anything the creator wants to create. All art and zine-making abilities are welcome. Meadowside Nature Center staff will walk you through the basics, offer a few guiding prompts exploring nature themes, and then open the space to create. At the end, we will have an optional share out and a few opportunities for our budding zinesters to display their work in the coming months.

Meadowside Nature Center

[Click to Register](#)

Feb 14	Sat	1-3pm	Ages 16 and up	Free	1 class	PMNC0157-400001
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PLAYTIME OR STORYTIME

Storytime with the Animals

Meet one of Meadowside Nature Center's animal ambassadors and sit down with them to listen to a story!

Meadowside Nature Center

[Click to Register](#)

Dec 10	Wed	10:30-11am	Ages 6 and under	Free	1 class	PMNC0169-400001
Jan 14	Wed	10:30-11am	Ages 6 and under	Free	1 class	PMNC0169-400002
Feb 11	Wed	10:30-11am	Ages 6 and under	Free	1 class	PMNC0169-400003



Musical Shadow Puppet Show

Join shadow puppeteer and musician Phillip McKnight and friends inside the nature center for a whimsical adventure! You'll be transported to a magical world as they perform a nature-themed "cranky" shadow puppet show. Watch as the lights dim and shadow puppets come to life, taking you on an enchanting journey through winding trails or across sparkling seas. Phillip will narrate the story and play original ukulele music, making this an experience you won't forget! This show is open to all ages and is suitable for a younger audience. Register each child, adult companion included in the fee.

[Meadowside Nature Center](#)

[Click to Register](#)

Dec 13	Sat	4-5pm	All Ages	\$10	1 class	PMNC0211-400001
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School's Out Camp

No school? Spend the day in School's Out Camp at Meadowside Nature Center! Campers will play games, go for hikes, craft and more while making new friends and memories

[Meadowside Nature Center](#)

[Click to Register](#)

Feb 16	Mon	9am-3:30pm	Ages 6 to 10	\$65	1 class	PMNC0217-400001
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NATURE , OUTDOOR EXPLORATION, AND SKILLS

Christmas Bird Count

Get ready to brave the cold for a great cause! Join Meadowside Nature Center's team for Audubon's annual Christmas Bird Count, a nationwide effort taking place from December 14 through January 5. You'll join tens of thousands of volunteers across the nation in this long-running wildlife census, collecting critical data that helps assess the health of bird populations and informs conservation actions. Registered participants will receive an email in early December with the exact meeting location and other important details. The program is held at Meadowside Nature Center.

[Meadowside Nature Center](#)

[Click to Register](#)

Dec 13	Sat	7-9am	All Ages	Free	1 class	PMNC0046-400001
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Hawks & Hot Chocolate

Make your own gourmet hot cocoa and take a sip as you listen to a Naturalist led raptor talk.

[Meadowside Nature Center](#)

[Click to Register](#)

Jan 26	Mon	11-11:30am	All Ages	\$3	1 class	PMNC0121-400001
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SPEAKER SERIES, WORKSHOPS, OR DISCUSSIONS

Raptor Identification

Not a creature was stirring...or was one? In the winter, raptors - also called birds of prey - are stirring quite a bit! They are out looking for a territory and a mate, and with the trees still bare it's the perfect time to see them. Join us in this online class to learn tips and tricks for identifying local owls, hawks, falcons, and vultures and build ID skills to flex as a birder. The class will end in a raptor-watching hike at Meadowside Nature Center on a date determined by the students.

Meadowside Nature Center

[Click to Register](#)

Jan 14-Feb 4	Wed	7-8pm	Ages 16 and up	\$40	4 classes	PMNC0216-400001
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Raptor Caretaker Chats

Come and learn how our Naturalist Staff care for our amazing birds of prey! Discover what raptors eat for lunch, what raptors do for fun, and how trainers build relationships with these incredible animals.

Meadowside Nature Center

[Click to Register](#)

Dec 6	Sat	2-2:45pm	All Ages	Free	1 class	PMNC0044-400001
Dec 13	Sat	2-2:45pm	All Ages	Free	1 class	PMNC0044-400002
Dec 20	Sat	2-2:45pm	All Ages	Free	1 class	PMNC0044-400003
Jan 3	Sat	2-2:45pm	All Ages	Free	1 class	PMNC0044-400004
Jan 10	Sat	2-2:45pm	All Ages	Free	1 class	PMNC0044-400005
Jan 17	Sat	2-2:45pm	All Ages	Free	1 class	PMNC0044-400006
Feb 14	Sat	2-2:45pm	All Ages	Free	1 class	PMNC0044-400007
Feb 21	Sat	2-2:45pm	All Ages	Free	1 class	PMNC0044-400008
Feb 28	Sat	2-2:45pm	All Ages	Free	1 class	PMNC0044-400009



ICE SKATING



**Cabin John
Ice Rink**



**Wheaton
Ice Arena**



CABIN JOHN ICE RINK

10610 Westlake Dr | Rockville, MD 20852

301-765-8620

CabinJohnIce.org

WHEATON ICE ARENA

11717 Orebaugh Ave | Wheaton, MD 20902

301-905-3000

WheatonIceArena.org

CLASS DATES

Winter I

- Registration Dates - Dec 22 to Jan 1
- Class Dates - Jan 3 to Feb 13

Winter II

- Registration Dates - Feb 14 to 19
- Class Dates - Feb 21 - Apr 12
- No Classes - Mar 28 - Apr 5

On your first day of class...

- Check in at the Group Lesson area in the rink lobby.
- Wear one pair of thin long socks that cover your ankles.
- Bring any additional equipment noted in your class description.
- Arrive at the rink 30 minutes early for your first lesson, and 15–20 minutes early for subsequent lessons to have time to get skates on properly.
- Pick up your skates at the skate exchange. Ask for one size smaller than your sneaker size. You'll have better balance and protections against injuries.

PUBLIC SESSIONS

Visit our websites for schedules and pricing.

CabinJohnIce.org
WheatonIceArena.org



**Cabin John
Ice Rink**



**Wheaton
Ice Arena**

EVENTS AND IMPORTANT DATES:

- Rinks Closed: Nov 27 and Dec 25
- Rinks close at 3 pm on Dec 24 and 31
- Rinks open at noon on Jan 1
- Winter Ice Shows: Cabin John - Dec 13 at 6:15 pm
Wheaton - Dec 21 at 1:15 pm

COURSE FEES COVER

1. Six instructed group lessons
2. Skate rental
3. A practice pass good for public skating admissions and skate rental during the lesson series

PLEASE NOTE

- No make-ups or refunds for missed lessons.
- Please read course descriptions carefully and select courses that match the skater's ability and experience. At the end of each class series, the skater will receive an evaluation form recommending the class that should be taken in the future.
- If you see a class you like, register! Classes may be canceled or combined if a minimum enrollment is not met.
- If you wish to practice on the same day as your lesson, please see the public skating schedules before signing up
- Skaters will receive a ribbon award at the end of the course.



ICE SKATING

Parent and Tot Ice Skating

Skating is fun, and great exercise for you and your child! This class teaches toddlers (ages 3 to 5) beginning skating skills with Mom or Dad right there to help them feel safe. We'll teach your child how to fall down and get up, and march while moving on the ice. Parents will need basic skating skills in order to skate with their child. Fee covers registration for child and parent, skate rental for child and parent, and a practice card good for admission to six public skate sessions to practice skills learned in class. Register only the child for the course. Equipment Required: Helmet & Gloves.

Winter Term I: *Cabin John Ice Rink*[Click to Register](#)

Jan 4-Feb 8	Sun	11-11:30am	Ages 3 to 5	\$120	6 classes	PICE0100-412000
Jan 4-Feb 8	Sun	11:30am-12pm	Ages 3 to 5	\$120	6 classes	PICE0100-412001
Jan 7-Feb 11	Wed	4:30-5pm	Ages 3 to 5	\$120	6 classes	PICE0100-412002
Jan 3-Feb 7	Sat	10:30-11am	Ages 3 to 5	\$120	6 classes	PICE0100-412003
Jan 3-Feb 7	Sat	11:15-11:45am	Ages 3 to 5	\$120	6 classes	PICE0100-412004
Jan 9-Feb 13	Fri	11:30am-12pm	Ages 3 to 5	\$120	6 classes	PICE0100-412006

Winter Term I: *Wheaton Ice Arena*[Click to Register](#)

Jan 4-Feb 8	Sun	1:15-1:45pm	Ages 3 to 5	\$120	6 classes	PICE0100-415001
Jan 7-Feb 11	Wed	12-12:30pm	Ages 3 to 5	\$120	6 classes	PICE0100-415004
Jan 8-Feb 12	Thu	4-4:30pm	Ages 3 to 5	\$120	6 classes	PICE0100-415006
Jan 8-Feb 12	Thu	5:45-6:15pm	Ages 3 to 5	\$120	6 classes	PICE0100-415007
Jan 3-Feb 7	Sat	11:45am-12:15pm	Ages 3 to 5	\$120	6 classes	PICE0100-415008

Winter Term II: *Cabin John Ice Rink*[Click to Register](#)

Feb 22-Apr 12	Sun	11-11:30am	Ages 3 to 5	\$120	6 classes	PICE0100-422001
Feb 22-Apr 12	Sun	11:30am-12pm	Ages 3 to 5	\$120	6 classes	PICE0100-422003
Feb 25-Apr 8	Wed	4:30-5pm	Ages 3 to 5	\$120	6 classes	PICE0100-422009
Feb 27-Apr 10	Fri	11:30am-12pm	Ages 3 to 5	\$120	6 classes	PICE0100-422011
Feb 21-Apr 11	Sat	10:30-11am	Ages 3 to 5	\$120	6 classes	PICE0100-422013
Feb 21-Apr 11	Sat	11:15-11:45am	Ages 3 to 5	\$120	6 classes	PICE0100-422015

Winter I: ☐ ☐ Winter II: ☐ ☐

Parent and Tot Ice Skating (continued)

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 22-Apr 12	Sun	1:15-1:45pm	Ages 3 to 5	\$120	6 classes	PICE0100-425003
Feb 25-Apr 8	Wed	12-12:30pm	Ages 3 to 5	\$120	6 classes	PICE0100-425006
Feb 26-Apr 9	Thu	4-4:30pm	Ages 3 to 5	\$120	6 classes	PICE0100-425007
Feb 26-Apr 9	Thu	5:45-6:15pm	Ages 3 to 5	\$120	6 classes	PICE0100-425008
Feb 21-Apr 11	Sat	11:45am-12:15pm	Ages 3 to 5	\$120	6 classes	PICE0100-425011

Preschool Ice Skating 1 (Beginner)

This class is designed for children ages 3-5 who are beginning skaters. Skaters will learn how to sit and stand up on skates (off and on the ice); march in place; march forward; glide on two feet; and dip in place. Fee includes rental skates and a practice card good for admission to six public skate sessions for the skater to practice skills learned in class. Equipment required: Helmet and gloves (bike helmet is fine).

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 4-Feb 8	Sun	10:30-11am	Ages 3 to 5	\$120	6 classes	PICE0101-412001
Jan 4-Feb 8	Sun	11:30am-12pm	Ages 3 to 5	\$120	6 classes	PICE0101-412002
Jan 4-Feb 8	Sun	2:45-3:15pm	Ages 3 to 5	\$120	6 classes	PICE0101-412003
Jan 6-Feb 10	Tue	4-4:30pm	Ages 3 to 5	\$120	6 classes	PICE0101-412004
Jan 7-Feb 11	Wed	3:30-4pm	Ages 3 to 5	\$120	6 classes	PICE0101-412005
Jan 9-Feb 13	Fri	11:30am-12pm	Ages 3 to 5	\$120	6 classes	PICE0101-412006
Jan 9-Feb 13	Fri	3:30-4pm	Ages 3 to 5	\$120	6 classes	PICE0101-412007
Jan 3-Feb 7	Sat	10:30-11am	Ages 3 to 5	\$120	6 classes	PICE0101-412008
Jan 3-Feb 7	Sat	11:45am-12:15pm	Ages 3 to 5	\$120	6 classes	PICE0101-412009
Jan 3-Feb 7	Sat	4-4:30pm	Ages 3 to 5	\$120	6 classes	PICE0101-412012

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 4-Feb 8	Sun	1:15-1:45pm	Ages 3 to 5	\$120	6 classes	PICE0101-415000
Jan 7-Feb 11	Wed	12-12:30pm	Ages 3 to 5	\$120	6 classes	PICE0101-415004
Jan 8-Feb 12	Thu	4-4:30pm	Ages 3 to 5	\$120	6 classes	PICE0101-415006
Jan 8-Feb 12	Thu	5:45-6:15pm	Ages 3 to 5	\$120	6 classes	PICE0101-415007
Jan 3-Feb 7	Sat	11:45am-12:15pm	Ages 3 to 5	\$120	6 classes	PICE0101-415012

Winter I: ☐ ☐ Winter II: ☐ ☐

Preschool Ice Skating 1 (Beginner) (continued)

Winter Term II: *Cabin John Ice Rink*[Click to Register](#)

Feb 22-Apr 12	Sun	10:30-11am	Ages 3 to 5	\$120	6 classes	PICE0101-422000
Feb 22-Apr 12	Sun	11:30am-12pm	Ages 3 to 5	\$120	6 classes	PICE0101-422001
Feb 22-Apr 12	Sun	2:45-3:15pm	Ages 3 to 5	\$120	6 classes	PICE0101-422003
Feb 24-Apr 7	Tue	4-4:30pm	Ages 3 to 5	\$120	6 classes	PICE0101-422005
Feb 25-Apr 8	Wed	3:30-4pm	Ages 3 to 5	\$120	6 classes	PICE0101-422009
Feb 27-Apr 10	Fri	11:30am-12pm	Ages 3 to 5	\$120	6 classes	PICE0101-422011
Feb 27-Apr 10	Fri	3:30-4pm	Ages 3 to 5	\$120	6 classes	PICE0101-422012
Feb 21-Apr 11	Sat	10:30-11am	Ages 3 to 5	\$120	6 classes	PICE0101-422013
Feb 21-Apr 11	Sat	11:45am-12:15pm	Ages 3 to 5	\$120	6 classes	PICE0101-422017
Feb 21-Apr 11	Sat	4-4:30pm	Ages 3 to 5	\$120	6 classes	PICE0101-422018

Winter Term II: *Wheaton Ice Arena*[Click to Register](#)

Feb 22-Apr 12	Sun	1:15-1:45pm	Ages 3 to 5	\$120	6 classes	PICE0101-425001
Feb 25-Apr 8	Wed	12-12:30pm	Ages 3 to 5	\$120	6 classes	PICE0101-425006
Feb 26-Apr 9	Thu	4-4:30pm	Ages 3 to 5	\$120	6 classes	PICE0101-425007
Feb 26-Apr 9	Thu	5:45-6:15pm	Ages 3 to 5	\$120	6 classes	PICE0101-425008
Feb 21-Apr 11	Sat	11:45am-12:15pm	Ages 3 to 5	\$120	6 classes	PICE0101-425011

Preschool Ice Skating 2

Prerequisite: Preschool Ice Skating 1. This skating class is for children between the ages of 3-5. Skaters will learn how to march followed by a long glide, dip while moving, backward wiggles, forward two-foot swizzles, beginning snowplow stop, and a two-foot hop in place. Fee includes rental skates and a practice card good for admission to six public skate sessions for the skater to practice skills learned in class. Equipment Required: Helmet & Gloves (bike helmet is fine).

Winter Term I: *Cabin John Ice Rink*[Click to Register](#)

Jan 4-Feb 8	Sun	10:30-11am	Ages 3 to 5	\$120	6 classes	PICE0102-412000
Jan 4-Feb 8	Sun	11-11:30am	Ages 3 to 5	\$120	6 classes	PICE0102-412001
Jan 4-Feb 8	Sun	11:30am-12pm	Ages 3 to 5	\$120	6 classes	PICE0102-412001a
Jan 4-Feb 8	Sun	2:45-3:15pm	Ages 3 to 5	\$120	6 classes	PICE0102-412002
Jan 6-Feb 10	Tue	4-4:30pm	Ages 3 to 5	\$120	6 classes	PICE0102-412003
Jan 7-Feb 11	Wed	3:30-4pm	Ages 3 to 5	\$120	6 classes	PICE0102-412004
Jan 9-Feb 13	Fri	3:30-4pm	Ages 3 to 5	\$120	6 classes	PICE0102-412005

Winter I: ☐ ☐ Winter II: ☐ ☐

Preschool Ice Skating 2 (continued)

Winter Term I: *Cabin John Ice Rink*[Click to Register](#)

Jan 3-Feb 7	Sat	10:30-11am	Ages 3 to 5	\$120	6 classes	PICE0102-412006
Jan 3-Feb 7	Sat	11:45am-12:15pm	Ages 3 to 5	\$120	6 classes	PICE0102-412007
Jan 3-Feb 7	Sat	4-4:30pm	Ages 3 to 5	\$120	6 classes	PICE0102-412008

Winter Term I: *Wheaton Ice Arena*[Click to Register](#)

Jan 4-Feb 8	Sun	1:15-1:45pm	Ages 3 to 5	\$120	6 classes	PICE0102-415001
Jan 7-Feb 11	Wed	12:30-1pm	Ages 3 to 5	\$120	6 classes	PICE0102-415003
Jan 8-Feb 12	Thu	4:30-5pm	Ages 3 to 5	\$120	6 classes	PICE0102-415004
Jan 8-Feb 12	Thu	5:45-6:15pm	Ages 3 to 5	\$120	6 classes	PICE0102-415005
Jan 3-Feb 7	Sat	11:45am-12:15pm	Ages 3 to 5	\$120	6 classes	PICE0102-415006

Winter Term II: *Cabin John Ice Rink*[Click to Register](#)

Feb 22-Apr 12	Sun	10:30-11am	Ages 3 to 5	\$120	6 classes	PICE0102-422000
Feb 22-Apr 12	Sun	11-11:30am	Ages 3 to 5	\$120	6 classes	PICE0102-422001
Feb 22-Apr 12	Sun	11:30am-12pm	Ages 3 to 5	\$120	6 classes	PICE0102-422002
Feb 22-Apr 12	Sun	2:45-3:15pm	Ages 3 to 5	\$120	6 classes	PICE0102-422003
Feb 24-Apr 7	Tue	4-4:30pm	Ages 3 to 5	\$120	6 classes	PICE0102-422005
Feb 25-Apr 8	Wed	3:30-4pm	Ages 3 to 5	\$120	6 classes	PICE0102-422009
Feb 27-Apr 10	Fri	3:30-4pm	Ages 3 to 5	\$120	6 classes	PICE0102-422012
Feb 21-Apr 11	Sat	10:30-11am	Ages 3 to 5	\$120	6 classes	PICE0102-422015
Feb 21-Apr 11	Sat	11:45am-12:15pm	Ages 3 to 5	\$120	6 classes	PICE0102-422016
Feb 21-Apr 11	Sat	4-4:30pm	Ages 3 to 5	\$120	6 classes	PICE0102-422017

Winter Term II: *Wheaton Ice Arena*[Click to Register](#)

Feb 22-Apr 12	Sun	1:15-1:45pm	Ages 3 to 5	\$120	6 classes	PICE0102-425004
Feb 25-Apr 8	Wed	12:30-1pm	Ages 3 to 5	\$120	6 classes	PICE0102-425006
Feb 26-Apr 9	Thu	4:30-5pm	Ages 3 to 5	\$120	6 classes	PICE0102-425008
Feb 26-Apr 9	Thu	5:45-6:15pm	Ages 3 to 5	\$120	6 classes	PICE0102-425010
Feb 21-Apr 11	Sat	11:45am-12:15pm	Ages 3 to 5	\$120	6 classes	PICE0102-425013

Winter I: ☐ ☐ Winter II: ☐ ☐

Preschool Ice Skating 3

Prerequisite: Preschool Ice Skating 2. This class is for skaters ages 3-5. Skater will learn forward skating, forward one-foot glides, forward and backward swizzles, a snowplow stop, and curves. Fee includes skate rental and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment Required: Helmet & Gloves.

Winter Term I: <i>Cabin John Ice Rink</i>							Click to Register
Jan 6-Feb 10	Tue	4-4:30pm	Ages 3 to 5	\$120	6 classes	PICE0103-412000	
Jan 4-Feb 8	Sun	10:30-11am	Ages 3 to 5	\$120	6 classes	PICE0103-412001	
Jan 4-Feb 8	Sun	11-11:30am	Ages 3 to 5	\$120	6 classes	PICE0103-412002	
Jan 4-Feb 8	Sun	2:45-3:15pm	Ages 3 to 5	\$120	6 classes	PICE0103-412003	
Jan 7-Feb 11	Wed	3:30-4pm	Ages 3 to 5	\$120	6 classes	PICE0103-412004	
Jan 9-Feb 13	Fri	3:30-4pm	Ages 3 to 5	\$120	6 classes	PICE0103-412006	
Jan 3-Feb 7	Sat	10:30-11am	Ages 3 to 5	\$120	6 classes	PICE0103-412007	
Jan 3-Feb 7	Sat	11:45am-12:15pm	Ages 3 to 5	\$120	6 classes	PICE0103-412008	
Jan 3-Feb 7	Sat	4-4:30pm	Ages 3 to 5	\$120	6 classes	PICE0103-412009	
Winter Term I: <i>Wheaton Ice Arena</i>							Click to Register
Jan 4-Feb 8	Sun	1:15-1:45pm	Ages 3 to 5	\$120	6 classes	PICE0103-415001	
Jan 7-Feb 11	Wed	12:30-1pm	Ages 3 to 5	\$120	6 classes	PICE0103-415002	
Jan 8-Feb 12	Thu	4:30-5pm	Ages 3 to 5	\$120	6 classes	PICE0103-415003	
Jan 8-Feb 12	Thu	5:45-6:15pm	Ages 3 to 5	\$120	6 classes	PICE0103-415004	
Jan 3-Feb 7	Sat	11:45am-12:15pm	Ages 3 to 5	\$120	6 classes	PICE0103-415008	
Winter Term II: <i>Cabin John Ice Rink</i>							Click to Register
Feb 22-Apr 12	Sun	10:30-11am	Ages 3 to 5	\$120	6 classes	PICE0103-422001	
Feb 22-Apr 12	Sun	11-11:30am	Ages 3 to 5	\$120	6 classes	PICE0103-422002	
Feb 22-Apr 12	Sun	2:45-3:15pm	Ages 3 to 5	\$120	6 classes	PICE0103-422003	
Feb 24-Apr 7	Tue	4-4:30pm	Ages 3 to 5	\$120	6 classes	PICE0103-422005	
Feb 25-Apr 8	Wed	3:30-4pm	Ages 3 to 5	\$120	6 classes	PICE0103-422009	
Feb 27-Apr 10	Fri	3:30-4pm	Ages 3 to 5	\$120	6 classes	PICE0103-422011	
Feb 21-Apr 11	Sat	10:30-11am	Ages 3 to 5	\$120	6 classes	PICE0103-422012	
Feb 21-Apr 11	Sat	11:45am-12:15pm	Ages 3 to 5	\$120	6 classes	PICE0103-422015	
Feb 21-Apr 11	Sat	4-4:30pm	Ages 3 to 5	\$120	6 classes	PICE0103-422017	

Winter I: ☐ ☐ Winter II: ☐ ☐

Preschool Ice Skating 3 (continued)

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 21-Apr 11	Sat	11:45am-12:15pm	Ages 3 to 5	\$120	6 classes	PICE0103-425001
Feb 22-Apr 12	Sun	1:15-1:45pm	Ages 3 to 5	\$120	6 classes	PICE0103-425002
Feb 25-Apr 8	Wed	12:30-1pm	Ages 3 to 5	\$120	6 classes	PICE0103-425003
Feb 26-Apr 9	Thu	4:30-5pm	Ages 3 to 5	\$120	6 classes	PICE0103-425004
Feb 26-Apr 9	Thu	5:45-6:15pm	Ages 3 to 5	\$120	6 classes	PICE0103-425005

Preschool Ice Skating 4

Prerequisite: Preschool Ice Skating 3. This class is for skaters ages 3-5. Skater will learn forward skating, backward two-foot glides, backward swizzles, rocking horse, two-foot turns from forward to backward in place, and two-foot hop. Fee includes skate rental and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment Required: Helmet & Gloves. (bike helmet is fine).

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 4-Feb 8	Sun	10:30-11am	Ages 3 to 5	\$120	6 classes	PICE0104-412000
Jan 4-Feb 8	Sun	2:45-3:15pm	Ages 3 to 5	\$120	6 classes	PICE0104-412001
Jan 6-Feb 10	Tue	4-4:30pm	Ages 3 to 5	\$120	6 classes	PICE0104-412003
Jan 7-Feb 11	Wed	3:30-4pm	Ages 3 to 5	\$120	6 classes	PICE0104-412004
Jan 9-Feb 13	Fri	3:30-4pm	Ages 3 to 5	\$120	6 classes	PICE0104-412005
Jan 3-Feb 7	Sat	10:30-11am	Ages 3 to 5	\$120	6 classes	PICE0104-412006
Jan 3-Feb 7	Sat	11:45am-12:15pm	Ages 3 to 5	\$120	6 classes	PICE0104-412007
Jan 3-Feb 7	Sat	4-4:30pm	Ages 3 to 5	\$120	6 classes	PICE0104-412008

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 4-Feb 8	Sun	1:15-1:45pm	Ages 3 to 5	\$120	6 classes	PICE0104-415001
Jan 8-Feb 12	Thu	5:45-6:15pm	Ages 3 to 5	\$120	6 classes	PICE0104-415002
Jan 3-Feb 7	Sat	11:45am-12:15pm	Ages 3 to 5	\$120	6 classes	PICE0104-415004

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 22-Apr 12	Sun	10:30-11am	Ages 3 to 5	\$120	6 classes	PICE0104-422001
Feb 22-Apr 12	Sun	2:45-3:15pm	Ages 3 to 5	\$120	6 classes	PICE0104-422003
Feb 24-Apr 7	Tue	4-4:30pm	Ages 3 to 5	\$120	6 classes	PICE0104-422009
Feb 25-Apr 8	Wed	3:30-4pm	Ages 3 to 5	\$120	6 classes	PICE0104-422011
Feb 27-Apr 10	Fri	3:30-4pm	Ages 3 to 5	\$120	6 classes	PICE0104-422012
Feb 21-Apr 11	Sat	10:30-11am	Ages 3 to 5	\$120	6 classes	PICE0104-422016

Winter I: ☐ ☐ Winter II: ☐ ☐

Preschool Ice Skating 4 (continued)

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 21-Apr 11	Sat	11:45am-12:15pm	Ages 3 to 5	\$120	6 classes	PICE0104-422017
Feb 21-Apr 11	Sat	4-4:30pm	Ages 3 to 5	\$120	6 classes	PICE0104-422018

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 22-Apr 12	Sun	1:15-1:45pm	Ages 3 to 5	\$120	6 classes	PICE0104-425001
Feb 26-Apr 9	Thu	5:45-6:15pm	Ages 3 to 5	\$120	6 classes	PICE0104-425003
Feb 21-Apr 11	Sat	11:45am-12:15pm	Ages 3 to 5	\$120	6 classes	PICE0104-425004

Skating Superstars

For skaters ages 4 to 8, who have completed Preschool Skating Level 4, this class offers a high-energy fun time on the ice, focusing on Youth 1 and 2 skills. Class starts with an on ice warm-up to music, followed by focused skating technique work. Engaging games and colorful obstacle courses strengthen forward/backward skating, turns and stopping skills. Students listen, learn, and practice their ice skating skills in an encouraging, joyful space.

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 4-Feb 8	Sun	1:15-1:45pm	Ages 4 to 8	\$120	6 classes	PICE0105-415001
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Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 22-Apr 12	Sun	1:15-1:45pm	Ages 4 to 8	\$120	6 classes	PICE0105-425001
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Youth Ice Skating 1 (Beginner)

This class is for beginner skaters ages 6-11. Skaters will learn how to sit on the ice and stand up, march forward across the ice, forward two-foot glide, dip, forward swizzles, backward wiggles, beginning snowplow stops, and a two-foot hop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet & gloves are required (bike helmet is fine).

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 5-Feb 9	Mon	4-4:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-412000
Jan 4-Feb 8	Sun	12-12:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-412001
Jan 4-Feb 8	Sun	2:15-2:45pm	Ages 6 to 11	\$120	6 classes	PICE0201-412002
Jan 5-Feb 9	Mon	5-5:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-412003
Jan 5-Feb 9	Mon	5-5:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-412004
Jan 6-Feb 10	Tue	4:30-5pm	Ages 6 to 11	\$120	6 classes	PICE0201-412005
Jan 6-Feb 10	Tue	4:30-5pm	Ages 6 to 11	\$120	6 classes	PICE0201-412006
Jan 7-Feb 11	Wed	4-4:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-412007
Jan 8-Feb 12	Thu	4-4:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-412008
Jan 8-Feb 12	Thu	4:30-5pm	Ages 6 to 11	\$120	6 classes	PICE0201-412009

Winter I: ☐ ☐ Winter II: ☐ ☐

ICE SKATING

Youth Ice Skating 1 (Beginner) (continued)

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 9-Feb 13	Fri	4-4:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-412011
Jan 9-Feb 13	Fri	4:30-5pm	Ages 6 to 11	\$120	6 classes	PICE0201-412012
Jan 3-Feb 7	Sat	11:15-11:45am	Ages 6 to 11	\$120	6 classes	PICE0201-412013
Jan 3-Feb 7	Sat	12:30-1pm	Ages 6 to 11	\$120	6 classes	PICE0201-412014
Jan 3-Feb 7	Sat	12:30-1pm	Ages 6 to 11	\$120	6 classes	PICE0201-412015
Jan 3-Feb 7	Sat	1:30-2pm	Ages 6 to 11	\$120	6 classes	PICE0201-412016
Jan 3-Feb 7	Sat	2-2:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-412017
Jan 3-Feb 7	Sat	2-2:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-412018

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 4-Feb 8	Sun	1:45-2:15pm	Ages 6 to 11	\$120	6 classes	PICE0201-415001
Jan 6-Feb 10	Tue	1-1:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-415004
Jan 7-Feb 11	Wed	1-1:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-415006
Jan 8-Feb 12	Thu	5-5:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-415008
Jan 8-Feb 12	Thu	6:15-6:45pm	Ages 6 to 11	\$120	6 classes	PICE0201-415010
Jan 9-Feb 13	Fri	5:30-6pm	Ages 6 to 11	\$120	6 classes	PICE0201-415014
Jan 3-Feb 7	Sat	11:15-11:45am	Ages 6 to 11	\$120	6 classes	PICE0201-415019

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 22-Apr 12	Sun	12-12:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-422001
Feb 22-Apr 12	Sun	2:15-2:45pm	Ages 6 to 11	\$120	6 classes	PICE0201-422002
Feb 23-Apr 6	Mon	4-4:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-422003
Feb 23-Apr 6	Mon	5-5:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-422004
Feb 23-Apr 6	Mon	5-5:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-422005
Feb 24-Apr 7	Tue	4:30-5pm	Ages 6 to 11	\$120	6 classes	PICE0201-422007
Feb 24-Apr 7	Tue	4:30-5pm	Ages 6 to 11	\$120	6 classes	PICE0201-422009
Feb 25-Apr 8	Wed	4-4:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-422012
Feb 26-Apr 9	Thu	4-4:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-422014
Feb 27-Apr 10	Fri	4-4:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-422016
Feb 27-Apr 10	Fri	4:30-5pm	Ages 6 to 11	\$120	6 classes	PICE0201-422018
Feb 21-Apr 11	Sat	11:15-11:45am	Ages 6 to 11	\$120	6 classes	PICE0201-422020
Feb 21-Apr 11	Sat	12:30-1pm	Ages 6 to 11	\$120	6 classes	PICE0201-422021

Winter I: ☐ ☐ Winter II: ☐ ☐

Youth Ice Skating 1 (Beginner) (continued)

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 21-Apr 11	Sat	12:30-1pm	Ages 6 to 11	\$120	6 classes	PICE0201-422023
Feb 21-Apr 11	Sat	1:30-2pm	Ages 6 to 11	\$120	6 classes	PICE0201-422024
Feb 21-Apr 11	Sat	2-2:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-422025
Feb 21-Apr 11	Sat	2-2:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-422026

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 22-Apr 12	Sun	1:45-2:15pm	Ages 6 to 11	\$120	6 classes	PICE0201-425001
Feb 24-Apr 7	Tue	1-1:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-425003
Feb 25-Apr 8	Wed	1-1:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-425004
Feb 26-Apr 9	Thu	5-5:30pm	Ages 6 to 11	\$120	6 classes	PICE0201-425006
Feb 26-Apr 9	Thu	6:15-6:45pm	Ages 6 to 11	\$120	6 classes	PICE0201-425007
Feb 27-Apr 10	Fri	5:30-6pm	Ages 6 to 11	\$120	6 classes	PICE0201-425011
Feb 21-Apr 11	Sat	11:15-11:45am	Ages 6 to 11	\$120	6 classes	PICE0201-425016

Youth Ice Skating 2

Prerequisite: Passed Youth Ice Skating 1 or Preschool Ice Skating 4. Skaters will learn forward one-foot glides, backward two-foot glide, rocking horse, scooter pushes, backward swizzles, a two-foot turn from forward to backward in place, and a moving snowplow stop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 8-Feb 12	Thu	4-4:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-412001
Jan 4-Feb 8	Sun	12-12:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-412002
Jan 4-Feb 8	Sun	2:15-2:45pm	Ages 4 to 11	\$114	6 classes	PICE0202-412003
Jan 5-Feb 9	Mon	4-4:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-412004
Jan 5-Feb 9	Mon	4:30-5pm	Ages 4 to 11	\$120	6 classes	PICE0202-412005
Jan 5-Feb 9	Mon	5:30-6pm	Ages 4 to 11	\$120	6 classes	PICE0202-412006
Jan 6-Feb 10	Tue	5-5:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-412007
Jan 7-Feb 11	Wed	4-4:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-412008
Jan 7-Feb 11	Wed	5-5:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-412009
Jan 9-Feb 13	Fri	4-4:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-412010
Jan 9-Feb 13	Fri	4:30-5pm	Ages 4 to 11	\$120	6 classes	PICE0202-412011
Jan 3-Feb 7	Sat	1-1:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-412012

Winter I: ☐ ☐ Winter II: ☐ ☐

ICE SKATING

Youth Ice Skating 2 (continued)

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 3-Feb 7	Sat	1:30-2pm	Ages 4 to 11	\$120	6 classes	PICE0202-412013
Jan 3-Feb 7	Sat	3:30-4pm	Ages 4 to 11	\$120	6 classes	PICE0202-412014

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 4-Feb 8	Sun	1:45-2:15pm	Ages 4 to 11	\$120	6 classes	PICE0202-415001
Jan 6-Feb 10	Tue	1-1:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-415002
Jan 7-Feb 11	Wed	1-1:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-415003
Jan 8-Feb 12	Thu	5-5:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-415004
Jan 8-Feb 12	Thu	6:15-6:45pm	Ages 4 to 11	\$120	6 classes	PICE0202-415006
Jan 9-Feb 13	Fri	6-6:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-415010
Jan 3-Feb 7	Sat	11:15-11:45am	Ages 4 to 11	\$120	6 classes	PICE0202-415011

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 22-Apr 12	Sun	12-12:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-422001
Feb 22-Apr 12	Sun	2:15-2:45pm	Ages 4 to 11	\$120	6 classes	PICE0202-422002
Feb 23-Apr 6	Mon	4-4:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-422003
Feb 23-Apr 6	Mon	4:30-5pm	Ages 4 to 11	\$120	6 classes	PICE0202-422004
Feb 23-Apr 6	Mon	5:30-6pm	Ages 4 to 11	\$120	6 classes	PICE0202-422007
Feb 24-Apr 7	Tue	5-5:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-422009
Feb 25-Apr 8	Wed	4-4:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-422011
Feb 25-Apr 8	Wed	5-5:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-422012
Feb 26-Apr 9	Thu	4-4:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-422014
Feb 26-Apr 9	Thu	4:30-5pm	Ages 4 to 11	\$120	6 classes	PICE0202-422016
Feb 27-Apr 10	Fri	4-4:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-422017
Feb 27-Apr 10	Fri	4:30-5pm	Ages 4 to 11	\$120	6 classes	PICE0202-422018
Feb 21-Apr 11	Sat	11:15-11:45am	Ages 4 to 11	\$120	6 classes	PICE0202-422023
Feb 21-Apr 11	Sat	1-1:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-422024
Feb 21-Apr 11	Sat	1:30-2pm	Ages 4 to 11	\$120	6 classes	PICE0202-422025
Feb 21-Apr 11	Sat	3:30-4pm	Ages 4 to 11	\$120	6 classes	PICE0202-422026

Winter I: ☐ ☐ Winter II: ☐ ☐

Youth Ice Skating 2 (continued)

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 22-Apr 12	Sun	1:45-2:15pm	Ages 4 to 11	\$120	6 classes	PICE0202-425003
Feb 24-Apr 7	Tue	1-1:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-425004
Feb 25-Apr 8	Wed	1-1:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-425006
Feb 26-Apr 9	Thu	5-5:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-425008
Feb 26-Apr 9	Thu	6:15-6:45pm	Ages 4 to 11	\$120	6 classes	PICE0202-425010
Feb 27-Apr 10	Fri	6-6:30pm	Ages 4 to 11	\$120	6 classes	PICE0202-425014
Feb 21-Apr 11	Sat	11:15-11:45am	Ages 4 to 11	\$120	6 classes	PICE0202-425015

Youth Ice Skating 3

Prerequisite: Passed Youth Ice Skating 2. Skaters will learn forward stroking, forward half-swizzle pumps on a circle, moving forward to backward two-foot turns, backward one-foot glides, backward snowplow stop, forward slaloms, and forward pivot. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 9-Feb 13	Fri	4:30-5pm	Ages 4 to 11	\$120	6 classes	PICE0203-412000
Jan 4-Feb 8	Sun	10-10:30am	Ages 4 to 11	\$120	6 classes	PICE0203-412002
Jan 4-Feb 8	Sun	2:15-2:45pm	Ages 4 to 11	\$120	6 classes	PICE0203-412003
Jan 5-Feb 9	Mon	4-4:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-412004
Jan 5-Feb 9	Mon	5-5:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-412005
Jan 6-Feb 10	Tue	4:30-5pm	Ages 4 to 11	\$120	6 classes	PICE0203-412006
Jan 7-Feb 11	Wed	4-4:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-412007
Jan 8-Feb 12	Thu	4-4:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-412008
Jan 9-Feb 13	Fri	4-4:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-412009
Jan 3-Feb 7	Sat	11:15-11:45am	Ages 4 to 11	\$120	6 classes	PICE0203-412010
Jan 3-Feb 7	Sat	12:30-1pm	Ages 4 to 11	\$120	6 classes	PICE0203-412011
Jan 3-Feb 7	Sat	1:30-2pm	Ages 4 to 11	\$120	6 classes	PICE0203-412012
Jan 3-Feb 7	Sat	2-2:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-412013
Jan 8-Feb 12	Thu	5-5:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-412014

Winter I: ☐ ☐ Winter II: ☐ ☐

ICE SKATING

Youth Ice Skating 3 (continued)

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 4-Feb 8	Sun	1:45-2:15pm	Ages 4 to 11	\$120	6 classes	PICE0203-415001
Jan 6-Feb 10	Tue	1-1:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-415002
Jan 7-Feb 11	Wed	1-1:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-415003
Jan 8-Feb 12	Thu	6:15-6:45pm	Ages 4 to 11	\$120	6 classes	PICE0203-415005
Jan 9-Feb 13	Fri	6:30-7pm	Ages 4 to 11	\$120	6 classes	PICE0203-415007
Jan 3-Feb 7	Sat	11:15-11:45am	Ages 4 to 11	\$120	6 classes	PICE0203-415009

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 22-Apr 12	Sun	10-10:30am	Ages 4 to 11	\$120	6 classes	PICE0203-422001
Feb 22-Apr 12	Sun	2:15-2:45pm	Ages 4 to 11	\$120	6 classes	PICE0203-422002
Feb 23-Apr 6	Mon	4-4:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-422005
Feb 23-Apr 6	Mon	5-5:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-422007
Feb 24-Apr 7	Tue	4:30-5pm	Ages 4 to 11	\$120	6 classes	PICE0203-422009
Feb 25-Apr 8	Wed	4-4:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-422011
Feb 26-Apr 9	Thu	4-4:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-422014
Feb 26-Apr 9	Thu	5-5:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-422015
Feb 27-Apr 10	Fri	4-4:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-422017
Feb 27-Apr 10	Fri	4:30-5pm	Ages 4 to 11	\$120	6 classes	PICE0203-422018
Feb 21-Apr 11	Sat	11:15-11:45am	Ages 4 to 11	\$120	6 classes	PICE0203-422025
Feb 21-Apr 11	Sat	12:30-1pm	Ages 4 to 11	\$120	6 classes	PICE0203-422026
Feb 21-Apr 11	Sat	1:30-2pm	Ages 4 to 11	\$120	6 classes	PICE0203-422027
Feb 21-Apr 11	Sat	2-2:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-422028

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 22-Apr 12	Sun	1:45-2:15pm	Ages 4 to 11	\$120	6 classes	PICE0203-425001
Feb 24-Apr 7	Tue	1-1:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-425003
Feb 25-Apr 8	Wed	1-1:30pm	Ages 4 to 11	\$120	6 classes	PICE0203-425004
Feb 26-Apr 9	Thu	6:15-6:45pm	Ages 4 to 11	\$120	6 classes	PICE0203-425006
Feb 27-Apr 10	Fri	6:30-7pm	Ages 4 to 11	\$120	6 classes	PICE0203-425008
Feb 21-Apr 11	Sat	11:15-11:45am	Ages 4 to 11	\$120	6 classes	PICE0203-425009

Winter I: ☐ ☐ Winter II: ☐ ☐

ICE SKATING

Youth Ice Skating 4

Prerequisite: Passed Youth Ice Skating 3. Skaters will learn forward outside and inside edges on a circle (R and L), forward crossovers, backward half-swizzle pumps on a circle, backward one-foot glides, beginning two-foot spin, and forward lunges. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

Winter Term I: <i>Cabin John Ice Rink</i>							Click to Register
Jan 4-Feb 8	Sun	10-10:30am	Ages 4 to 11	\$120	6 classes	PICE0204-412001	
Jan 4-Feb 8	Sun	12-12:30pm	Ages 4 to 11	\$120	6 classes	PICE0204-412002	
Jan 5-Feb 9	Mon	4:30-5pm	Ages 4 to 11	\$120	6 classes	PICE0204-412003	
Jan 5-Feb 9	Mon	5:30-6pm	Ages 4 to 11	\$120	6 classes	PICE0204-412004	
Jan 6-Feb 10	Tue	5-5:30pm	Ages 4 to 11	\$120	6 classes	PICE0204-412005	
Jan 7-Feb 11	Wed	5-5:30pm	Ages 4 to 11	\$120	6 classes	PICE0204-412006	
Jan 8-Feb 12	Thu	4:30-5pm	Ages 4 to 11	\$120	6 classes	PICE0204-412007	
Jan 9-Feb 13	Fri	5-5:30pm	Ages 4 to 11	\$120	6 classes	PICE0204-412008	
Jan 3-Feb 7	Sat	10:30-11am	Ages 4 to 11	\$120	6 classes	PICE0204-412009	
Jan 3-Feb 7	Sat	1-1:30pm	Ages 4 to 11	\$120	6 classes	PICE0204-412010	
Jan 3-Feb 7	Sat	3:30-4pm	Ages 4 to 11	\$120	6 classes	PICE0204-412011	

Winter Term I: <i>Wheaton Ice Arena</i>							Click to Register
Jan 4-Feb 8	Sun	1:45-2:15pm	Ages 4 to 11	\$120	6 classes	PICE0204-415001	
Jan 8-Feb 12	Thu	6:15-6:45pm	Ages 4 to 11	\$120	6 classes	PICE0204-415004	
Jan 3-Feb 7	Sat	11:15-11:45am	Ages 4 to 11	\$120	6 classes	PICE0204-415006	

Winter Term II: <i>Cabin John Ice Rink</i>							Click to Register
Feb 22-Apr 12	Sun	10-10:30am	Ages 4 to 11	\$120	6 classes	PICE0204-422001	
Feb 22-Apr 12	Sun	12-12:30pm	Ages 4 to 11	\$120	6 classes	PICE0204-422002	
Feb 23-Apr 6	Mon	4:30-5pm	Ages 4 to 11	\$120	6 classes	PICE0204-422003	
Feb 23-Apr 6	Mon	5:30-6pm	Ages 4 to 11	\$120	6 classes	PICE0204-422004	
Feb 24-Apr 7	Tue	5-5:30pm	Ages 4 to 11	\$120	6 classes	PICE0204-422011	
Feb 25-Apr 8	Wed	5-5:30pm	Ages 4 to 11	\$120	6 classes	PICE0204-422012	
Feb 26-Apr 9	Thu	4:30-5pm	Ages 4 to 11	\$120	6 classes	PICE0204-422014	
Feb 27-Apr 10	Fri	5-5:30pm	Ages 4 to 11	\$120	6 classes	PICE0204-422016	
Feb 21-Apr 11	Sat	10:30-11am	Ages 4 to 11	\$120	6 classes	PICE0204-422017	
Feb 21-Apr 11	Sat	1-1:30pm	Ages 4 to 11	\$120	6 classes	PICE0204-422019	
Feb 21-Apr 11	Sat	3:30-4pm	Ages 4 to 11	\$120	6 classes	PICE0204-422021	

Winter I: ☐ ☐ Winter II: ☐ ☐

ICE SKATING

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 22-Apr 12	Sun	1:45-2:15pm	Ages 4 to 11	\$120	6 classes	PICE0204-425004
Feb 26-Apr 9	Thu	6:15-6:45pm	Ages 4 to 11	\$120	6 classes	PICE0204-425010
Feb 21-Apr 11	Sat	11:15-11:45am	Ages 4 to 11	\$120	6 classes	PICE0204-425012

Youth Ice Skating 5

Prerequisite: Passed Youth Ice Skating 4. Skaters will learn backward outside and inside edges on a circle (R and L), backward crossovers, forward outside three-turns, advanced two-foot spin, hockey stop, and side toe hop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 4-Feb 8	Sun	10-10:30am	Ages 4 to 11	\$120	6 classes	PICE0205-412000
Jan 5-Feb 9	Mon	4:30-5pm	Ages 4 to 11	\$120	6 classes	PICE0205-412001
Jan 5-Feb 9	Mon	5:30-6pm	Ages 4 to 11	\$120	6 classes	PICE0205-412002
Jan 6-Feb 10	Tue	5-5:30pm	Ages 4 to 11	\$120	6 classes	PICE0205-412003
Jan 7-Feb 11	Wed	5-5:30pm	Ages 4 to 11	\$120	6 classes	PICE0205-412004
Jan 3-Feb 7	Sat	10:30-11am	Ages 4 to 11	\$120	6 classes	PICE0205-412005
Jan 8-Feb 12	Thu	4:30-5pm	Ages 4 to 11	\$120	6 classes	PICE0205-412006
Jan 9-Feb 13	Fri	5-5:30pm	Ages 4 to 11	\$120	6 classes	PICE0205-412007
Jan 3-Feb 7	Sat	1-1:30pm	Ages 4 to 11	\$120	6 classes	PICE0205-412009
Jan 3-Feb 7	Sat	3:30-4pm	Ages 4 to 11	\$120	6 classes	PICE0205-412010

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 4-Feb 8	Sun	1:45-2:15pm	Ages 4 to 11	\$120	6 classes	PICE0205-415001
Jan 8-Feb 12	Thu	6:15-6:45pm	Ages 4 to 11	\$120	6 classes	PICE0205-415004
Jan 3-Feb 7	Sat	11:15-11:45am	Ages 4 to 11	\$120	6 classes	PICE0205-415005

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 22-Apr 12	Sun	10-10:30am	Ages 4 to 11	\$120	6 classes	PICE0205-422000
Feb 23-Apr 6	Mon	4:30-5pm	Ages 4 to 11	\$120	6 classes	PICE0205-422002
Feb 23-Apr 6	Mon	5:30-6pm	Ages 4 to 11	\$120	6 classes	PICE0205-422003
Feb 24-Apr 7	Tue	5-5:30pm	Ages 4 to 11	\$120	6 classes	PICE0205-422004
Feb 25-Apr 8	Wed	5-5:30pm	Ages 4 to 11	\$120	6 classes	PICE0205-422005
Feb 26-Apr 9	Thu	4:30-5pm	Ages 4 to 11	\$120	6 classes	PICE0205-422006
Feb 27-Apr 10	Fri	5-5:30pm	Ages 4 to 11	\$120	6 classes	PICE0205-422007
Feb 21-Apr 11	Sat	10:30-11am	Ages 4 to 11	\$120	6 classes	PICE0205-422008

Winter I: ☐ ☐ Winter II: ☐ ☐

Youth Ice Skating 5 (continued)

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 21-Apr 11	Sat	1-1:30pm	Ages 4 to 11	\$120	6 classes	PICE0205-422009
Feb 21-Apr 11	Sat	3:30-4pm	Ages 4 to 11	\$120	6 classes	PICE0205-422010

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 22-Apr 12	Sun	1:45-2:15pm	Ages 4 to 11	\$120	6 classes	PICE0205-425004
Feb 26-Apr 9	Thu	6:15-6:45pm	Ages 4 to 11	\$120	6 classes	PICE0205-425007
Feb 21-Apr 11	Sat	11:15-11:45am	Ages 4 to 11	\$120	6 classes	PICE0205-425009

Youth Ice Skating 6

Prerequisite: Passed Youth Ice Skating 5. Skaters will learn forward inside three-turns, moving backward to forward two-foot turns on a circle, backward stroking, T-stop, bunny hops, forward spiral on a straight line, beginning one-foot spin, and shoot the duck. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 8-Feb 12	Thu	5:45-6:30pm	Ages 4 to 11	\$180	6 classes	PICE0206-412002
Jan 3-Feb 7	Sat	9:45-10:30am	Ages 4 to 11	\$180	6 classes	PICE0206-412003
Jan 3-Feb 7	Sat	2:45-3:30pm	Ages 4 to 11	\$180	6 classes	PICE0206-412004

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 4-Feb 8	Sun	1:45-2:15pm	Ages 4 to 11	\$120	6 classes	PICE0206-415001
Jan 8-Feb 12	Thu	6:15-6:45pm	Ages 4 to 11	\$120	6 classes	PICE0206-415002
Jan 3-Feb 7	Sat	11:15-11:45am	Ages 4 to 11	\$120	6 classes	PICE0206-415004

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 26-Apr 9	Thu	5:45-6:30pm	Ages 4 to 11	\$180	6 classes	PICE0206-422005
Feb 21-Apr 11	Sat	9:45-10:30am	Ages 4 to 11	\$180	6 classes	PICE0206-422006
Feb 21-Apr 11	Sat	2:45-3:30pm	Ages 4 to 11	\$180	6 classes	PICE0206-422007

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 22-Apr 12	Sun	1:45-2:15pm	Ages 4 to 11	\$120	6 classes	PICE0206-425004
Feb 26-Apr 9	Thu	6:15-6:45pm	Ages 4 to 11	\$120	6 classes	PICE0206-425007
Feb 21-Apr 11	Sat	11:15-11:45am	Ages 4 to 11	\$120	6 classes	PICE0206-425008

Winter I: ☐ ☐ Winter II: ☐ ☐

Teens and Tweens Ice Skating 1

This class is for beginner skaters ages 12-17. Skaters will learn how to sit on the ice and stand up, march forward across the ice, forward two-foot glide, dip, forward swizzles, backward wiggles, beginning snowplow stops, and a two-foot hop. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet & gloves are required.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 4-Feb 8	Sun	12:45-1:30pm	Ages 12 to 17	\$180	6 classes	PICE0231-412001
Jan 5-Feb 9	Mon	8:15-9pm	Ages 12 to 17	\$180	6 classes	PICE0231-412004
Jan 3-Feb 7	Sat	9-9:45am	Ages 12 to 17	\$180	6 classes	PICE0231-412007

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 4-Feb 8	Sun	2:15-2:45pm	Ages 12 to 17	\$120	6 classes	PICE0231-415000
Jan 6-Feb 10	Tue	1:30-2pm	Ages 12 to 17	\$120	6 classes	PICE0231-415002
Jan 7-Feb 11	Wed	1:30-2pm	Ages 12 to 17	\$120	6 classes	PICE0231-415004
Jan 8-Feb 12	Thu	7:15-7:45pm	Ages 12 to 17	\$120	6 classes	PICE0231-415006
Jan 3-Feb 7	Sat	10:45-11:15am	Ages 12 to 17	\$120	6 classes	PICE0231-415008

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 22-Apr 12	Sun	12:45-1:30pm	Ages 12 to 17	\$180	6 classes	PICE0231-422001
Feb 23-Apr 6	Mon	8:15-9pm	Ages 12 to 17	\$180	6 classes	PICE0231-422004
Feb 21-Apr 11	Sat	9-9:45am	Ages 12 to 17	\$180	6 classes	PICE0231-422007

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 22-Apr 12	Sun	2:15-2:45pm	Ages 12 to 17	\$120	6 classes	PICE0231-425000
Feb 24-Apr 7	Tue	1:30-2pm	Ages 12 to 17	\$120	6 classes	PICE0231-425002
Feb 25-Apr 8	Wed	1:30-2pm	Ages 12 to 17	\$120	6 classes	PICE0231-425004
Feb 26-Apr 9	Thu	7:15-7:45pm	Ages 12 to 17	\$120	6 classes	PICE0231-425006
Feb 21-Apr 11	Sat	10:45-11:15am	Ages 12 to 17	\$120	6 classes	PICE0231-425008

Winter I: ☐ ☐ Winter II: ☐ ☐

Teens and Tweens Ice Skating 2

Prerequisite: Passed Tweens & Teens 1. Skaters will learn forward one-foot glides, backward two-foot glide, rocking horse, scooter pushes, backward swizzles, a two-foot turn from forward to backward in place, and a moving snowplow stop. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 4-Feb 8	Sun	12:45-1:30pm	Ages 12 to 17	\$180	6 classes	PICE0232-412001
Jan 5-Feb 9	Mon	8:15-9pm	Ages 12 to 17	\$180	6 classes	PICE0232-412004
Jan 3-Feb 7	Sat	9-9:45am	Ages 12 to 17	\$180	6 classes	PICE0232-412007

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 4-Feb 8	Sun	2:15-2:45pm	Ages 12 to 17	\$120	6 classes	PICE0232-415000
Jan 6-Feb 10	Tue	1:30-2pm	Ages 12 to 17	\$120	6 classes	PICE0232-415002
Jan 7-Feb 11	Wed	1:30-2pm	Ages 12 to 17	\$120	6 classes	PICE0232-415004
Jan 8-Feb 12	Thu	7:15-7:45pm	Ages 12 to 17	\$120	6 classes	PICE0232-415006
Jan 3-Feb 7	Sat	10:45-11:15am	Ages 12 to 17	\$120	6 classes	PICE0232-415008

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 22-Apr 12	Sun	12:45-1:30pm	Ages 12 to 17	\$180	6 classes	PICE0232-422001
Feb 23-Apr 6	Mon	8:15-9pm	Ages 12 to 17	\$180	6 classes	PICE0232-422004
Feb 21-Apr 11	Sat	9-9:45am	Ages 12 to 17	\$180	6 classes	PICE0232-422007

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 22-Apr 12	Sun	2:15-2:45pm	Ages 12 to 17	\$120	6 classes	PICE0232-425000
Feb 24-Apr 7	Tue	1:30-2pm	Ages 12 to 17	\$120	6 classes	PICE0232-425002
Feb 25-Apr 8	Wed	1:30-2pm	Ages 12 to 17	\$120	6 classes	PICE0232-425004
Feb 26-Apr 9	Thu	7:15-7:45pm	Ages 12 to 17	\$120	6 classes	PICE0232-425006
Feb 21-Apr 11	Sat	10:45-11:15am	Ages 12 to 17	\$120	6 classes	PICE0232-425008

Winter I: ☐ ☐ Winter II: ☐ ☐

Teens and Tweens Ice Skating 3

Prerequisite: Passed Tweens & Teens 2 and for ages 12-17. Skaters will learn forward stroking, forward half-swizzle pumps on a circle, moving forward to backward two-foot turns, backward one-foot glides, backward snowplow stop, forward slaloms, and forward pivot. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 4-Feb 8	Sun	12:45-1:30pm	Ages 12 to 17	\$180	6 classes	PICE0233-412001
Jan 5-Feb 9	Mon	8:15-9pm	Ages 12 to 17	\$180	6 classes	PICE0233-412004
Jan 3-Feb 7	Sat	9-9:45am	Ages 12 to 17	\$180	6 classes	PICE0233-412007

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 4-Feb 8	Sun	2:15-2:45pm	Ages 12 to 17	\$120	6 classes	PICE0233-415000
Jan 8-Feb 12	Thu	7:15-7:45pm	Ages 12 to 17	\$120	6 classes	PICE0233-415002
Jan 3-Feb 7	Sat	10:45-11:15am	Ages 12 to 17	\$120	6 classes	PICE0233-415004

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 22-Apr 12	Sun	12:45-1:30pm	Ages 12 to 17	\$180	6 classes	PICE0233-422001
Feb 23-Apr 6	Mon	8:15-9pm	Ages 12 to 17	\$180	6 classes	PICE0233-422004
Feb 21-Apr 11	Sat	9-9:45am	Ages 12 to 17	\$180	6 classes	PICE0233-422007

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 22-Apr 12	Sun	2:15-2:45pm	Ages 12 to 17	\$120	6 classes	PICE0233-425000
Feb 26-Apr 9	Thu	7:15-7:45pm	Ages 12 to 17	\$120	6 classes	PICE0233-425002
Feb 21-Apr 11	Sat	10:45-11:15am	Ages 12 to 17	\$120	6 classes	PICE0233-425004



Winter I: ☐ ☐ Winter II: ☐ ☐

Teens and Tweens Ice Skating 4

Prerequisite: Passed Tweens & Teens 3 and for ages 12-17. Skaters will learn forward outside and inside edges on a circle (R and L), forward crossovers, backward half-swizzle pumps on a circle, backward one-foot glides, beginning two-foot spin, and forward lunges. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Winter Term I: *Cabin John Ice Rink* [Click to Register](#)

Jan 4-Feb 8	Sun	1:30-2:15pm	Ages 12 to 17	\$180	6 classes	PICE0234-412001
Jan 5-Feb 9	Mon	6-6:45pm	Ages 12 to 17	\$180	6 classes	PICE0234-412004
Jan 3-Feb 7	Sat	11-11:45am	Ages 12 to 17	\$180	6 classes	PICE0234-412007

Winter Term I: *Wheaton Ice Arena* [Click to Register](#)

Jan 4-Feb 8	Sun	2:15-2:45pm	Ages 12 to 17	\$120	6 classes	PICE0234-415000
Jan 8-Feb 12	Thu	7:15-7:45pm	Ages 12 to 17	\$120	6 classes	PICE0234-415002
Jan 3-Feb 7	Sat	10:45-11:15am	Ages 12 to 17	\$120	6 classes	PICE0234-415004

Winter Term II: *Cabin John Ice Rink* [Click to Register](#)

Feb 22-Apr 12	Sun	1:30-2:15pm	Ages 12 to 17	\$180	6 classes	PICE0234-422001
Feb 23-Apr 6	Mon	6-6:45pm	Ages 12 to 17	\$180	6 classes	PICE0234-422004
Feb 21-Apr 11	Sat	11-11:45am	Ages 12 to 17	\$180	6 classes	PICE0234-422007

Winter Term II: *Wheaton Ice Arena* [Click to Register](#)

Feb 22-Apr 12	Sun	2:15-2:45pm	Ages 12 to 17	\$120	6 classes	PICE0234-425000
Feb 26-Apr 9	Thu	7:15-7:45pm	Ages 12 to 17	\$120	6 classes	PICE0234-425002
Feb 21-Apr 11	Sat	10:45-11:15am	Ages 12 to 17	\$120	6 classes	PICE0234-425004

Teens and Tweens Ice Skating 5

Prerequisite: Passed Tweens & Teens 4 and for ages 12-17. Skaters will learn backward outside and inside edges on a circle (R and L), backward crossovers, forward outside three-turns, advanced two-foot spin, hockey stop, and side toe hop. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Winter Term I: *Cabin John Ice Rink* [Click to Register](#)

Jan 4-Feb 8	Sun	1:30-2:15pm	Ages 12 to 17	\$180	6 classes	PICE0235-412001
Jan 5-Feb 9	Mon	6-6:45pm	Ages 12 to 17	\$180	6 classes	PICE0235-412004
Jan 3-Feb 7	Sat	11-11:45am	Ages 12 to 17	\$180	6 classes	PICE0235-412007

Winter I: ☐ ☐ Winter II: ☐ ☐

Teens and Tweens Ice Skating 5 (continued)

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 4-Feb 8	Sun	2:15-2:45pm	Ages 12 to 17	\$120	6 classes	PICE0235-415000
Jan 8-Feb 12	Thu	7:15-7:45pm	Ages 12 to 17	\$120	6 classes	PICE0235-415002
Jan 3-Feb 7	Sat	10:45-11:15am	Ages 12 to 17	\$120	6 classes	PICE0235-415004

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 22-Apr 12	Sun	1:30-2:15pm	Ages 12 to 17	\$180	6 classes	PICE0235-422001
Feb 23-Apr 6	Mon	6-6:45pm	Ages 12 to 17	\$180	6 classes	PICE0235-422004
Feb 21-Apr 11	Sat	11-11:45am	Ages 12 to 17	\$180	6 classes	PICE0235-422007

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 22-Apr 12	Sun	2:15-2:45pm	Ages 12 to 17	\$120	6 classes	PICE0235-425000
Feb 26-Apr 9	Thu	7:15-7:45pm	Ages 12 to 17	\$120	6 classes	PICE0235-425002
Feb 21-Apr 11	Sat	10:45-11:15am	Ages 12 to 17	\$120	6 classes	PICE0235-425004

Teens and Tweens Ice Skating 6

Prerequisite: Passed Tweens & Teens 5 and for ages 12-17. Skaters will learn forward inside three-turns, moving backward to forward two-foot turns on a circle, backward stroking, T-stop, bunny hops, forward spiral on a straight line, beginning one-foot spin, and shoot the duck. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 4-Feb 8	Sun	1:30-2:15pm	Ages 12 to 17	\$180	6 classes	PICE0236-412001
Jan 5-Feb 9	Mon	6-6:45pm	Ages 12 to 17	\$180	6 classes	PICE0236-412004
Jan 3-Feb 7	Sat	11-11:45am	Ages 12 to 17	\$180	6 classes	PICE0236-412007

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 4-Feb 8	Sun	2:15-2:45pm	Ages 12 to 17	\$120	6 classes	PICE0236-415000
Jan 8-Feb 12	Thu	7:15-7:45pm	Ages 12 to 17	\$120	6 classes	PICE0236-415002
Jan 3-Feb 7	Sat	10:45-11:15am	Ages 12 to 17	\$120	6 classes	PICE0236-415004

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 22-Apr 12	Sun	1:30-2:15pm	Ages 12 to 17	\$180	6 classes	PICE0236-422001
Feb 23-Apr 6	Mon	6-6:45pm	Ages 12 to 17	\$180	6 classes	PICE0236-422004
Feb 21-Apr 11	Sat	11-11:45am	Ages 12 to 17	\$180	6 classes	PICE0236-422007

Winter I: ☐ ☐ Winter II: ☐ ☐

Teens and Tweens Ice Skating 6 (continued)

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 22-Apr 12	Sun	2:15-2:45pm	Ages 12 to 17	\$120	6 classes	PICE0236-425000
Feb 26-Apr 9	Thu	7:15-7:45pm	Ages 12 to 17	\$120	6 classes	PICE0236-425002
Feb 21-Apr 11	Sat	10:45-11:15am	Ages 12 to 17	\$120	6 classes	PICE0236-425004

Adult Ice Skating 1

This class is for beginner skaters ages 18 and older. Skaters will learn how to sit on the ice and stand up, march forward across the ice, forward two-foot glide, dip, forward swizzles, backward wiggles, beginning snowplow stops, and a two-foot hop. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet & gloves are required.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 4-Feb 8	Sun	12:45-1:30pm	Ages 18 and up	\$180	6 classes	PICE0241-412001
Jan 5-Feb 9	Mon	8:15-9pm	Ages 18 and up	\$180	6 classes	PICE0241-412004
Jan 8-Feb 12	Thu	1:15-2pm	Ages 18 and up	\$180	6 classes	PICE0241-412005
Jan 3-Feb 7	Sat	9-9:45am	Ages 18 and up	\$180	6 classes	PICE0241-412006

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 4-Feb 8	Sun	2:15-2:45pm	Ages 18 and up	\$120	6 classes	PICE0241-415000
Jan 6-Feb 10	Tue	12-12:30pm	Ages 18 and up	\$120	6 classes	PICE0241-415002
Jan 8-Feb 12	Thu	7:15-7:45pm	Ages 18 and up	\$120	6 classes	PICE0241-415004
Jan 3-Feb 7	Sat	10:45-11:15am	Ages 18 and up	\$120	6 classes	PICE0241-415006

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 22-Apr 12	Sun	12:45-1:30pm	Ages 18 and up	\$180	6 classes	PICE0241-422001
Feb 23-Apr 6	Mon	8:15-9pm	Ages 18 and up	\$180	6 classes	PICE0241-422004
Feb 26-Apr 9	Thu	1:15-2pm	Ages 18 and up	\$180	6 classes	PICE0241-422005
Feb 21-Apr 11	Sat	9-9:45am	Ages 18 and up	\$180	6 classes	PICE0241-422006

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 22-Apr 12	Sun	2:15-2:45pm	Ages 18 and up	\$120	6 classes	PICE0241-425000
Feb 24-Apr 7	Tue	12-12:30pm	Ages 18 and up	\$120	6 classes	PICE0241-425002
Feb 26-Apr 9	Thu	7:15-7:45pm	Ages 18 and up	\$120	6 classes	PICE0241-425004
Feb 21-Apr 11	Sat	10:45-11:15am	Ages 18 and up	\$120	6 classes	PICE0241-425006

Winter I: ☐ ☐ Winter II: ☐ ☐

Adult Ice Skating 2

Prerequisite: Passed Adult 1 and for ages 18 and older. Skaters will learn forward one-foot glides, backward two-foot glide, rocking horse, scooter pushes, backward swizzles, a two-foot turn from forward to backward in place, and a moving snowplow stop. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 4-Feb 8	Sun	12:45-1:30pm	Ages 18 and up	\$180	6 classes	PICE0242-412001
Jan 5-Feb 9	Mon	8:15-9pm	Ages 18 and up	\$180	6 classes	PICE0242-412004
Jan 8-Feb 12	Thu	1:15-2pm	Ages 18 and up	\$180	6 classes	PICE0242-412005
Jan 3-Feb 7	Sat	9-9:45am	Ages 18 and up	\$180	6 classes	PICE0242-412006

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 4-Feb 8	Sun	2:15-2:45pm	Ages 18 and up	\$120	6 classes	PICE0242-415000
Jan 6-Feb 10	Tue	12-12:30pm	Ages 18 and up	\$120	6 classes	PICE0242-415002
Jan 8-Feb 12	Thu	7:15-7:45pm	Ages 18 and up	\$120	6 classes	PICE0242-415004
Jan 3-Feb 7	Sat	10:45-11:15am	Ages 18 and up	\$120	6 classes	PICE0242-415006

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 22-Apr 12	Sun	12:45-1:30pm	Ages 18 and up	\$180	6 classes	PICE0242-422001
Feb 23-Apr 6	Mon	8:15-9pm	Ages 18 and up	\$180	6 classes	PICE0242-422004
Feb 26-Apr 9	Thu	1:15-2pm	Ages 18 and up	\$180	6 classes	PICE0242-422005
Feb 21-Apr 11	Sat	9-9:45am	Ages 18 and up	\$180	6 classes	PICE0242-422007

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 22-Apr 12	Sun	2:15-2:45pm	Ages 18 and up	\$120	6 classes	PICE0242-425000
Feb 24-Apr 7	Tue	12-12:30pm	Ages 18 and up	\$120	6 classes	PICE0242-425002
Feb 26-Apr 9	Thu	7:15-7:45pm	Ages 18 and up	\$120	6 classes	PICE0242-425004
Feb 21-Apr 11	Sat	10:45-11:15am	Ages 18 and up	\$120	6 classes	PICE0242-425006

Winter I: ☐ ☐ Winter II: ☐ ☐

Adult Ice Skating 3

Prerequisite: Passed Adult 2 and for ages 18 and older. Skaters will learn forward stroking, forward half-swizzle pumps on a circle, moving forward to backward two-foot turns, backward one-foot glides, backward snowplow stop, forward slaloms, and forward pivot. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Winter Term I: *Cabin John Ice Rink* [Click to Register](#)

Jan 4-Feb 8	Sun	12:45-1:30pm	Ages 18 and up	\$180	6 classes	PICE0243-412001
Jan 5-Feb 9	Mon	8:15-9pm	Ages 18 and up	\$180	6 classes	PICE0243-412002
Jan 8-Feb 12	Thu	1:15-2pm	Ages 18 and up	\$180	6 classes	PICE0243-412005
Jan 3-Feb 7	Sat	9-9:45am	Ages 18 and up	\$180	6 classes	PICE0243-412006

Winter Term I: *Wheaton Ice Arena* [Click to Register](#)

Jan 4-Feb 8	Sun	2:15-2:45pm	Age 18 and up	\$120	6 classes	PICE0243-415001
Jan 6-Feb 10	Tue	12:30-1pm	Age 18 and up	\$120	6 classes	PICE0243-415002
Jan 8-Feb 12	Thu	7:15-7:45pm	Age 18 and up	\$120	6 classes	PICE0243-415004
Jan 3-Feb 7	Sat	10:45-11:15am	Age 18 and up	\$120	6 classes	PICE0243-415006

Winter Term II: *Cabin John Ice Rink* [Click to Register](#)

Feb 22-Apr 12	Sun	12:45-1:30pm	Ages 18 and up	\$180	6 classes	PICE0243-422001
Feb 23-Apr 6	Mon	8:15-9pm	Ages 18 and up	\$180	6 classes	PICE0243-422002
Feb 26-Apr 9	Thu	1:15-2pm	Ages 18 and up	\$180	6 classes	PICE0243-422005
Feb 21-Apr 11	Sat	9-9:45am	Ages 18 and up	\$180	6 classes	PICE0243-422006

Winter Term II: *Wheaton Ice Arena* [Click to Register](#)

Feb 22-Apr 12	Sun	2:15-2:45pm	Ages 18 and up	\$120	6 classes	PICE0243-425001
Feb 24-Apr 7	Tue	12:30-1pm	Ages 18 and up	\$120	6 classes	PICE0243-425002
Feb 26-Apr 9	Thu	7:15-7:45pm	Ages 18 and up	\$120	6 classes	PICE0243-425004
Feb 21-Apr 11	Sat	10:45-11:15am	Ages 18 and up	\$120	6 classes	PICE0243-425006

Winter I: ☐ ☐ Winter II: ☐ ☐

Adult Ice Skating 4

Prerequisite: Passed Adult 3 and for ages 18 and older. Skaters will learn forward outside and inside edges on a circle (R and L), forward crossovers, backward half-swizzle pumps on a circle, backward one-foot glides, beginning two-foot spin, and forward lunges. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Winter Term I: <i>Cabin John Ice Rink</i>							Click to Register
Jan 4-Feb 8	Sun	1:30-2:15pm	Ages 18 and up	\$180	6 classes	PICE0244-412001	
Jan 5-Feb 9	Mon	6-6:45pm	Ages 18 and up	\$180	6 classes	PICE0244-412002	
Jan 8-Feb 12	Thu	12:30-1:15pm	Ages 18 and up	\$180	6 classes	PICE0244-412005	
Jan 3-Feb 7	Sat	9:45-10:30am	Ages 18 and up	\$180	6 classes	PICE0244-412006	
Winter Term I: <i>Wheaton Ice Arena</i>							Click to Register
Jan 4-Feb 8	Sun	2:15-2:45pm	Ages 18 and up	\$120	6 classes	PICE0244-415001	
Jan 6-Feb 10	Tue	12:30-1pm	Ages 18 and up	\$120	6 classes	PICE0244-415002	
Jan 8-Feb 12	Thu	7:15-7:45pm	Ages 18 and up	\$120	6 classes	PICE0244-415004	
Jan 3-Feb 7	Sat	10:45-11:15am	Ages 18 and up	\$120	6 classes	PICE0244-415006	
Winter Term II: <i>Wheaton Ice Arena</i>							Click to Register
Feb 22-Apr 12	Sun	1:30-2:15pm	Ages 18 and up	\$180	6 classes	PICE0244-422001	
Feb 23-Apr 6	Mon	6-6:45pm	Ages 18 and up	\$180	6 classes	PICE0244-422002	
Feb 26-Apr 9	Thu	12:30-1:15pm	Ages 18 and up	\$180	6 classes	PICE0244-422005	
Feb 21-Apr 11	Sat	9:45-10:30am	Ages 18 and up	\$180	6 classes	PICE0244-422006	
Winter Term II: <i>Wheaton Ice Arena</i>							Click to Register
Feb 22-Apr 12	Sun	2:15-2:45pm	Ages 18 and up	\$120	6 classes	PICE0244-425001	
Feb 24-Apr 7	Tue	12:30-1pm	Ages 18 and up	\$120	6 classes	PICE0244-425002	
Feb 26-Apr 9	Thu	7:15-7:45pm	Ages 18 and up	\$120	6 classes	PICE0244-425004	
Feb 21-Apr 11	Sat	10:45-11:15am	Ages 18 and up	\$120	6 classes	PICE0244-425006	

Winter I: ☐ ☐ Winter II: ☐ ☐

Adult Ice Skating 5

Prerequisite: Passed Adult 4 and for ages 18+. Skaters will learn backward outside and inside edges on a circle (R and L), backward crossovers, forward outside three-turns, advanced two-foot spin, hockey stop, and side toe hop. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 4-Feb 8	Sun	1:30-2:15pm	Ages 18 and up	\$180	6 classes	PICE0245-412001
Jan 5-Feb 9	Mon	6-6:45pm	Ages 18 and up	\$180	6 classes	PICE0245-412002
Jan 8-Feb 12	Thu	12:30-1:15pm	Ages 18 and up	\$180	6 classes	PICE0245-412005
Jan 3-Feb 7	Sat	9:45-10:30am	Ages 18 and up	\$180	6 classes	PICE0245-412006

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 4-Feb 8	Sun	2:15-2:45pm	Ages 18 and up	\$120	6 classes	PICE0245-415001
Jan 8-Feb 12	Thu	7:15-7:45pm	Ages 18 and up	\$120	6 classes	PICE0245-415004
Jan 3-Feb 7	Sat	10:45-11:15am	Ages 18 and up	\$120	6 classes	PICE0245-415006

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 22-Apr 12	Sun	1:30-2:15pm	Ages 18 and up	\$180	6 classes	PICE0245-422001
Feb 23-Apr 6	Mon	6-6:45pm	Ages 18 and up	\$180	6 classes	PICE0245-422002
Feb 26-Apr 9	Thu	12:30-1:15pm	Ages 18 and up	\$180	6 classes	PICE0245-422005
Feb 21-Apr 11	Sat	9:45-10:30am	Ages 18 and up	\$180	6 classes	PICE0245-422006

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 22-Apr 12	Sun	2:15-2:45pm	Ages 18 and up	\$120	6 classes	PICE0245-425001
Feb 26-Apr 9	Thu	7:15-7:45pm	Ages 18 and up	\$120	6 classes	PICE0245-425004
Feb 21-Apr 11	Sat	10:45-11:15am	Ages 18 and up	\$120	6 classes	PICE0245-425006

Winter I: ☐ ☐ Winter II: ☐ ☐

Adult Ice Skating 6

Prerequisite: Passed Adult 5 and for ages 18+. Skaters will learn forward inside three-turns, moving backward to forward two-foot turns on a circle, backward stroking, T-stop, bunny hops, forward spiral on a straight line, beginning one-foot spin, and shoot the duck. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 4-Feb 8	Sun	1:30-2:15pm	Ages 18 and up	\$180	6 classes	PICE0246-412001
Jan 5-Feb 9	Mon	6-6:45pm	Ages 18 and up	\$180	6 classes	PICE0246-412002
Jan 8-Feb 12	Thu	12:30-1:15pm	Ages 18 and up	\$180	6 classes	PICE0246-412005
Jan 3-Feb 7	Sat	9:45-10:30am	Ages 18 and up	\$180	6 classes	PICE0246-412006

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 4-Feb 8	Sun	2:15-2:45pm	Ages 18 and up	\$120	6 classes	PICE0246-415001
Jan 8-Feb 12	Thu	7:15-7:45pm	Ages 18 and up	\$120	6 classes	PICE0246-415004
Jan 3-Feb 7	Sat	10:45-11:15am	Ages 18 and up	\$120	6 classes	PICE0246-415006

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 22-Apr 12	Sun	1:30-2:15pm	Ages 18 and up	\$180	6 classes	PICE0246-422001
Feb 23-Apr 6	Mon	6-6:45pm	Ages 18 and up	\$180	6 classes	PICE0246-422002
Feb 26-Apr 9	Thu	12:30-1:15pm	Ages 18 and up	\$180	6 classes	PICE0246-422005
Feb 21-Apr 11	Sat	9:45-10:30am	Ages 18 and up	\$180	6 classes	PICE0246-422006

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 22-Apr 12	Sun	2:15-2:45pm	Ages 18 and up	\$120	6 classes	PICE0246-425001
Feb 26-Apr 9	Thu	7:15-7:45pm	Ages 18 and up	\$120	6 classes	PICE0246-425004
Feb 21-Apr 11	Sat	10:45-11:15am	Ages 18 and up	\$120	6 classes	PICE0246-425006

Adult Free Skate

Prerequisite: Passed Adult 6 and for ages 18+. This class will focus on introductory free skating skills including beginner jumps and spins. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 5-Feb 9	Mon	7:30-8:15pm	Ages 18 and up	\$180	6 classes	PICE0247-412001
Jan 8-Feb 12	Thu	11:45am-12:30pm	Ages 18 and up	\$180	6 classes	PICE0247-412005
Jan 3-Feb 7	Sat	9:45-10:30am	Ages 18 and up	\$180	6 classes	PICE0247-412006

Winter I: ☐ ☐ Winter II: ☐ ☐

Adult Free Skate (continued)

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 23-Apr 6	Mon	7:30-8:15pm	Ages 18 and up	\$180	6 classes	PICE0247-422001
Feb 26-Apr 9	Thu	11:45am-12:30pm	Ages 18 and up	\$180	6 classes	PICE0247-422005
Feb 21-Apr 11	Sat	9:45-10:30am	Ages 18 and up	\$180	6 classes	PICE0247-422006

Adult Figures

Prerequisite: Adult 5 and for ages 18 and older. Learn the history and tracing of compulsory figures. This is the oldest form of figure skating originating from over 200 years ago. Skaters will learn the forward outside and inside eight, forward waltz eight, backward outside eight, and various serpentine eights. This class will be split into a beginning and advanced group. Fee is \$120 and includes six 30-minute lessons, skate rental, and a practice card for six public session admission to practice.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 5-Feb 9	Mon	7-7:30pm	Ages 18 and up	\$120	6 classes	PICE0260-412001
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Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 23-Apr 6	Mon	7-7:30pm	Ages 18 and up	\$120	6 classes	PICE0260-422001
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Pre Free Skate

Prerequisite: Passed Youth Ice Skating 6. Skaters will learn forward inside open mohawk, backward outside edge to forward outside edge transition on a circle, ballet jump, backward crossovers to backward outside edge glides, combination step sequences, one-foot upright spin, mazurka, and waltz jump. Fee includes skate rental and a practice card good for admission to public skate sessions to practice skills learned in class.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 3-Feb 7	Sat	9:45-10:30am	Ages 4 to 12	\$180	6 classes	PICE0300-412003
Jan 3-Feb 7	Sat	2:45-3:30pm	Ages 4 to 12	\$180	6 classes	PICE0300-412004
Jan 8-Feb 12	Thu	5:45-6:30pm	Ages 4 to 12	\$180	6 classes	PICE0300-412005

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 4-Feb 8	Sun	1:45-2:15pm	Ages 4 to 12	\$120	6 classes	PICE0300-415001
Jan 8-Feb 12	Thu	6:15-6:45pm	Ages 4 to 12	\$120	6 classes	PICE0300-415002
Jan 3-Feb 7	Sat	11:15-11:45am	Ages 4 to 12	\$120	6 classes	PICE0300-415003

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 26-Apr 9	Thu	5:45-6:30pm	Ages 4 to 12	\$180	6 classes	PICE0300-422005
Feb 21-Apr 11	Sat	9:45-10:30am	Ages 4 to 12	\$180	6 classes	PICE0300-422006
Feb 21-Apr 11	Sat	2:45-3:30pm	Ages 4 to 12	\$180	6 classes	PICE0300-422007

Winter I: ☐ ☐ Winter II: ☐ ☐

ICE SKATING

Pre Free Skate (continued)

Winter Term II: <i>Wheaton Ice Arena</i>							Click to Register
Feb 22-Apr 12	Sun	1:45-2:15pm	Ages 4 to 12	\$120	6 classes	PICE0300-425004	
Feb 26-Apr 9	Thu	6:15-6:45pm	Ages 4 to 12	\$120	6 classes	PICE0300-425005	

Free Skate 1

Prerequisite: Passed Pre Free Skate. Learn forward power stroking, forward outside & inside consecutive edges, backward outside three-turns, upright one-foot spin from back crossovers, half flip, toe loop, and waltz jump combinations. Fee includes skate rental (if needed) plus a skating practice card.

Winter Term I: <i>Cabin John Ice Rink</i>							Click to Register
Jan 8-Feb 12	Thu	6:45-7:30pm	Ages 5 and up	\$180	6 classes	PICE0310-412002	
Jan 3-Feb 7	Sat	11-11:45am	Ages 5 and up	\$180	6 classes	PICE0310-412003	
Jan 3-Feb 7	Sat	2:45-3:30pm	Ages 5 and up	\$180	6 classes	PICE0310-412004	

Winter Term I: <i>Wheaton Ice Arena</i>							Click to Register
Jan 8-Feb 12	Thu	6:45-7:15pm	Ages 5 and up	\$120	6 classes	PICE0310-415002	

Winter Term II: <i>Cabin John Ice Rink</i>							Click to Register
Feb 26-Apr 9	Thu	6:45-7:30pm	Ages 5 and up	\$180	6 classes	PICE0310-422005	
Feb 21-Apr 11	Sat	11-11:45am	Ages 5 and up	\$180	6 classes	PICE0310-422006	
Feb 21-Apr 11	Sat	2:45-3:30pm	Ages 5 and up	\$180	6 classes	PICE0310-422007	

Winter Term II: <i>Wheaton Ice Arena</i>							Click to Register
Feb 26-Apr 9	Thu	6:45-7:15pm	Ages 5 and up	\$120	6 classes	PICE0310-425007	

Free Skate 2

Prerequisite: Passed Free Skate 1. Skates will learn basic back outside and back inside consecutive edges, forward outside and inside spirals on an axis, backward inside three-turns, beginning back spin, half lutz, and salchow. Fee includes skate rental (if needed) plus a skating practice card.

Winter Term I: <i>Cabin John Ice Rink</i>							Click to Register
Jan 8-Feb 12	Thu	6:45-7:30pm	Ages 5 and up	\$180	6 classes	PICE0312-412002	
Jan 3-Feb 7	Sat	11-11:45am	Ages 5 and up	\$180	6 classes	PICE0312-412003	

Winter Term I: <i>Wheaton Ice Arena</i>							Click to Register
Jan 8-Feb 12	Thu	6:45-7:15pm	Ages 5 and up	\$120	6 classes	PICE0312-415002	

Winter Term II: <i>Cabin John Ice Rink</i>							Click to Register
Feb 26-Apr 9	Thu	5:45-6:30pm	Ages 5 and up	\$180	6 classes	PICE0312-422005	
Feb 21-Apr 11	Sat	11-11:45am	Ages 5 and up	\$180	6 classes	PICE0312-422006	

Winter I: ☐ ☐ Winter II: ☐ ☐

ICE SKATING

Free Skate 2 (continued)

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 26-Apr 9	Thu	6:45-7:15pm	Ages 5 and up	\$120	6 classes	PICE0312-425005
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Free Skate 3

Prerequisite: Passed Free Skate 2. Skaters will learn alternating back crossovers to backward outside edges, alternating mohawk/crossover sequence, waltz three turns, advanced back spin, loop jump, waltz jump/toe loop combination and salchow/toe loop combination. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 8-Feb 12	Thu	6:45-7:30pm	Ages 5 and up	\$180	6 classes	PICE0314-412002
Jan 3-Feb 7	Sat	11-11:45am	Ages 5 and up	\$180	6 classes	PICE0314-412003

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 8-Feb 12	Thu	6:45-7:15pm	Ages 5 and up	\$120	6 classes	PICE0314-415001
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Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 26-Apr 9	Thu	6:45-7:30pm	Ages 5 and up	\$180	6 classes	PICE0314-422005
Feb 21-Apr 11	Sat	11-11:45am	Ages 5 and up	\$180	6 classes	PICE0314-422006

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 26-Apr 9	Thu	6:45-7:15pm	Ages 5 and up	\$120	6 classes	PICE0314-425005
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Free Skate 4

Prerequisite: Passed Free Skate 3. Skaters will learn forward power three-turns, waltz eight, forward upright to backward upright spin, sit spin, half loop, flip, and split jump. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions to practice skills learned in class.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 8-Feb 12	Thu	8-8:45pm	Ages 5 and up	\$180	6 classes	PICE0316-412002
Jan 3-Feb 7	Sat	11-11:45am	Ages 5 and up	\$180	6 classes	PICE0316-412003

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 8-Feb 12	Thu	6:45-7:15pm	Ages 5 and up	\$120	6 classes	PICE0316-415001
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Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 26-Apr 9	Thu	8-8:45pm	Ages 5 and up	\$180	6 classes	PICE0316-422005
Feb 21-Apr 11	Sat	11-11:45am	Ages 5 and up	\$180	6 classes	PICE0316-422006

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 26-Apr 9	Thu	6:45-7:15pm	Ages 5 and up	\$120	6 classes	PICE0316-425005
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Winter I: ☐ ☐ Winter II: ☐ ☐

ICE SKATING

Free Skate 5

Prerequisite: Passed Free Skate 4. Skaters will learn backward power three-turns, five-step mohawk sequence, camel spin, waltz jump/loop jump combination, lutz, and loop/loop jump combination. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions to practice skills learned in class.

Winter Term I: <i>Cabin John Ice Rink</i>							Click to Register
Jan 8-Feb 12	Thu	8-8:45pm	Ages 5 and up	\$180	6 classes	PICE0318-412001	
Jan 3-Feb 7	Sat	11-11:45am	Ages 5 and up	\$180	6 classes	PICE0318-412002	
Winter Term I: <i>Wheaton Ice Arena</i>							Click to Register
Jan 8-Feb 12	Thu	6:45-7:15pm	Ages 5 and up	\$120	6 classes	PICE0318-415001	
Winter Term II: <i>Cabin John Ice Rink</i>							Click to Register
Feb 26-Apr 9	Thu	8-8:45pm	Ages 5 and up	\$180	6 classes	PICE0318-422004	
Feb 21-Apr 11	Sat	11-11:45am	Ages 5 and up	\$180	6 classes	PICE0318-422006	
Winter Term II: <i>Wheaton Ice Arena</i>							Click to Register
Feb 26-Apr 9	Thu	6:45-7:15pm	Ages 5 and up	\$120	6 classes	PICE0318-425005	

Free Skate 6

Prerequisite: Passed Free Skate 5. Skaters will learn forward power pulls, creative step sequence, camel/sit spin combination, layback or cross foot spin, waltz jump/half loop/salchow combination, axel exercises, and backward outside pivot. Fee includes skate rental (if needed) plus a practice card good for admission to public skate session to practice skills learned in class.

Winter Term I: <i>Cabin John Ice Rink</i>							Click to Register
Jan 8-Feb 12	Thu	8-8:45pm	Ages 5 and up	\$180	6 classes	PICE0320-412001	
Jan 3-Feb 7	Sat	11-11:45am	Ages 5 and up	\$180	6 classes	PICE0320-412002	
Winter Term I: <i>Wheaton Ice Arena</i>							Click to Register
Jan 8-Feb 12	Thu	6:45-7:15pm	Ages 5 and up	\$120	6 classes	PICE0320-415005	
Winter Term II: <i>Cabin John Ice Rink</i>							Click to Register
Feb 26-Apr 9	Thu	8-8:45pm	Ages 5 and up	\$180	6 classes	PICE0320-422004	
Feb 21-Apr 11	Sat	11-11:45am	Ages 5 and up	\$180	6 classes	PICE0320-422006	
Winter Term II: <i>Wheaton Ice Arena</i>							Click to Register
Feb 26-Apr 9	Thu	6:45-7:15pm	Ages 5 and up	\$120	6 classes	PICE0320-425005	

Winter I: ☐ ☐ Winter II: ☐ ☐

Wheaton Aspire Figure Skating Program

The Aspire program is for children who are accelerating through the standard levels and have a strong interest in figure skating.

Winter Term I: <i>Wheaton Ice Arena</i>							Click to Register
Jan 7-Feb 11	Wed	6-6:45pm	Ages 6 and up	\$180	6 classes	PICE0321-415000	
Jan 7-Feb 11	Wed	6-6:45pm	Ages 6 and up	\$180	6 classes	PICE0321-415001	
Jan 7-Feb 11	Wed	6-6:45pm	Ages 13 and up	\$180	6 classes	PICE0321-415002	
Winter Term II: <i>Wheaton Ice Arena</i>							Click to Register
Feb 25-Apr 8	Wed	6-6:45pm	Ages 6 and up	\$180	6 classes	PICE0321-425000	
Feb 25-Apr 8	Wed	6-6:45pm	Ages 6 and up	\$180	6 classes	PICE0321-425001	
Feb 25-Apr 8	Wed	6-6:45pm	Ages 13 and up	\$180	6 classes	PICE0321-425002	

Wheaton Aspire Figure Skating Program

The Aspire program is for children who are accelerating through the standard levels and have a strong interest in figure skating.

Winter Term I: <i>Cabin John Ice Rink</i>							Click to Register
Jan 3-Feb 7	Sat	9:10-10:15am	Ages 7 to 12	\$180	6 classes	PICE0322-412001	
Jan 8-Feb 12	Thu	4:30-5:30pm	Ages 6 to 11	\$180	6 classes	PICE0322-412002	
Jan 4-Feb 8	Sun	4-5pm	Ages 4 to 6	\$180	6 classes	PICE0322-412005	
Winter Term II: <i>Cabin John Ice Rink</i>							Click to Register
Feb 21-Apr 11	Sat	9:10-10:15am	Ages 7 to 12	\$180	6 classes	PICE0322-422001	
Feb 26-Apr 9	Thu	4:30-5:30pm	Ages 6 to 10	\$180	6 classes	PICE0322-422002	
Feb 25-Apr 8	Wed	4:30-5:30pm	Ages 4 to 6	\$180	6 classes	PICE0322-422005	

Beginner Spins

Prerequisite: Minimum Youth 6 level and for ages 6-Adult. For skaters between the Pre Free Skate and Free Skate 3 levels. The beginning spin class is a 30-minute class designed for skaters to focus on establishing their spin technique. Proper positioning, centering, speed, and skating skills are a necessity to achieving all phases of a well-rounded spin. Skaters will focus on these phases while learning the upright spin, beginning sit spin, change foot spin, and exercises to strengthen and enhance future spin positions such as the camel and layback spin. Fee includes six 30-minute lessons, skate rental, and a practice card for six public session admission to practice.

Winter Term I: <i>Cabin John Ice Rink</i>							Click to Register
Jan 8-Feb 12	Thu	7:30-8pm	Ages 6 and up	\$120	6 classes	PICE0324-412001	
Jan 3-Feb 7	Sat	10:30-11am	Ages 6 and up	\$120	6 classes	PICE0324-412002	

Winter I: ☐ ☐ Winter II: ☐ ☐

Beginner Spins (continued)

Winter Term II: <i>Cabin John Ice Rink</i>						Click to Register
Feb 26-Apr 9	Thu	7:30-8pm	Ages 6 and up	\$120	6 classes	PICE0324-422001
Feb 21-Apr 11	Sat	10:30-11am	Ages 6 and up	\$120	6 classes	PICE0324-422002

Advanced Spins

Prerequisite: Free Skate 4 and for ages 6-Adult. Skaters taking advanced spins should have already taken the beginning spins class or received permission to move into the advanced spins class. This class is a continuation of the beginner spins class and will focus on the camel spin, layback spin, beginning combination spins, understanding beginning spin levels and features. Fee includes six 30-minute lessons, skate rental, and a practice card for six public session admission to practice.

Winter Term I: <i>Cabin John Ice Rink</i>						Click to Register
Jan 8-Feb 12	Thu	7:30-8pm	Ages 6 and up	\$120	6 classes	PICE0325-412000
Jan 3-Feb 7	Sat	10:30-11am	Ages 6 and up	\$120	6 classes	PICE0325-412001

Winter Term II: <i>Cabin John Ice Rink</i>						Click to Register
Feb 26-Apr 9	Thu	7:30-8pm	Ages 6 and up	\$120	6 classes	PICE0325-422002
Feb 21-Apr 11	Sat	10:30-11am	Ages 6 and up	\$120	6 classes	PICE0325-422006

Off Ice Boost for Figure Skaters

This off-ice warm-up class is designed specifically for Aspire skaters to prepare their bodies before stepping onto the ice. Through dynamic stretching and light cardio, skaters will activate muscles, increase mobility, and elevate their heart rate, setting the stage for a strong and focused on-ice session. It's the perfect way to transition from everyday movement to skating readiness, helping you feel energized and confident the moment your blades hit the rink.

Winter Term I: <i>Wheaton Ice Arena</i>						Click to Register
Jan 7-Feb 11	Wed	5:30-5:45pm	Ages 6 and up	\$60	6 classes	PICE0338-415000
Jan 8-Feb 12	Thu	7:30-8pm	Ages 6 and up	\$120	6 classes	PICE0338-415002
Jan 3-Feb 7	Sat	11-11:30am	Ages 6 and up	\$120	6 classes	PICE0338-415004

Winter Term II: <i>Wheaton Ice Arena</i>						Click to Register
Feb 25-Apr 8	Wed	5:30-5:45pm	Ages 6 and up	\$60	6 classes	PICE0338-425000
Feb 26-Apr 9	Thu	7:30-8pm	Ages 6 and up	\$120	6 classes	PICE0338-425002
Feb 21-Apr 11	Sat	11-11:30am	Ages 6 and up	\$120	6 classes	PICE0338-425004

Winter I: ☐ ☐ Winter II: ☐ ☐

ICE HOCKEY

Teens and Tweens Free Skate

Tweens & Teens Free Skate - Prerequisite: Passed Tweens & Teens 6. This class will focus on introductory free skating skills including beginner jumps and spins. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Winter Term I: <i>Cabin John Ice Rink</i>							Click to Register
Jan 5-Feb 9	Mon	7:30-8:15pm	Ages 12 to 17	\$180	6 classes	PICE0347-412001	
Jan 3-Feb 7	Sat	9:45-10:30am	Ages 12 to 17	\$180	6 classes	PICE0347-412005	
Winter Term II: <i>Cabin John Ice Rink</i>							Click to Register
Feb 23-Apr 6	Mon	7:30-8:15pm	Ages 12 to 17	\$180	6 classes	PICE0347-422001	
Feb 21-Apr 11	Sat	9:45-10:30am	Ages 12 to 17	\$180	6 classes	PICE0347-422005	

ICE HOCKEY

Tots with Sticks

Prerequisite: Must have already passed Preschool 1. Can't get your child to put that stick down? We want to put a hockey stick in their hands instead. This class is geared for the high-energy toddler who likes to move, bang, and bash. We will teach them to skate and how to shoot a hockey puck. Skaters will follow the Preschool 2 curriculum. Equipment Required: Caged Hockey Helmet. Gloves/Mittens. Strongly Suggested Equipment: knee pads, elbow pads, and shin guards. Fee includes six lessons, skate rental, and a practice card for public session admission to practice.

Winter Term I: <i>Cabin John Ice Rink</i>							Click to Register
Jan 6-Feb 10	Tue	6-6:45 pm	Ages 3 to 6	\$180	6 classes	PICE0112-412002	
Jan 7-Feb 11	Wed	6:15-7pm	Ages 3 to 6	\$180	6 classes	PICE0112-412004	
Jan 9-Feb 13	Fri	1:15-2pm	Ages 3 to 6	\$180	6 classes	PICE0112-412006	
Jan 3-Feb 7	Sat	9:45-10:30am	Ages 3 to 6	\$180	6 classes	PICE0112-412008	
Winter Term I: <i>Wheaton Ice Arena</i>							Click to Register
Jan 4-Feb 8	Sun	1:15-1:45pm	Ages 3 to 6	\$120	6 classes	PICE0112-415001	
Winter Term II: <i>Cabin John Ice Rink</i>							Click to Register
Feb 24-Apr 7	Tue	6-6:45 pm	Ages 3 to 6	\$180	6 classes	PICE0112-422000	
Feb 25-Apr 8	Wed	6:15-7pm	Ages 3 to 6	\$180	6 classes	PICE0112-422001	
Feb 27-Apr 10	Fri	1:15-2pm	Ages 3 to 6	\$180	6 classes	PICE0112-422002	
Feb 21-Apr 11	Sat	9:45-10:30am	Ages 3 to 6	\$180	6 classes	PICE0112-422003	
Winter Term II: <i>Wheaton Ice Arena</i>							Click to Register
Feb 22-Apr 12	Sun	1:15-1:45pm	Ages 3 to 6	\$120	6 classes	PICE0112-425001	

Winter I: ☐ ☐ Winter II: ☐ ☐

Kinder Sticks

Must have passed Preschool 2 and Tots with Sticks. Kinder Sticks expands on the beginning skating skills taught through Tots with Sticks program and aims to prepare young skater for Hockey 1. Skaters will follow the Preschool 3 and 4 curriculums. Equipment Required: Caged Hockey Helmet. Gloves/Mittens. Strongly Suggested Equipment: knee pads, elbow pads, and shin guards. Fee is \$180 and includes six 45-minute lessons, skate rental, and a practice card for public session admission to practice.

Winter Term I: <i>Cabin John Ice Rink</i>						Click to Register
Jan 6-Feb 10	Tue	6:15-7pm	Ages 4 to 6	\$180	6 classes	PICE0113-412000
Jan 7-Feb 11	Wed	6:15-7pm	Ages 4 to 6	\$180	6 classes	PICE0113-412001
Jan 9-Feb 13	Fri	1:15-2pm	Ages 4 to 6	\$180	6 classes	PICE0113-412002
Jan 3-Feb 7	Sat	9:45-10:30am	Ages 4 to 6	\$180	6 classes	PICE0113-412003
Winter Term II: <i>Cabin John Ice Rink</i>						Click to Register
Feb 24-Apr 7	Tue	6:15-7pm	Ages 4 to 6	\$180	6 classes	PICE0113-422000
Feb 25-Apr 8	Wed	6:15-7pm	Ages 4 to 6	\$180	6 classes	PICE0113-422002
Feb 27-Apr 10	Fri	1:15-1:45pm	Ages 4 to 6	\$180	6 classes	PICE0113-422004
Feb 21-Apr 11	Sat	9:45-10:30am	Ages 4 to 6	\$180	6 classes	PICE0113-422006

Hockey 1

Prerequisite: Passed Youth Ice Skating 1 or Preschool Ice Skating 4. Skater will learn falling and getting up in hockey skates, proper stance, march forward across the ice, 8-10 steps, forward two-foot glide, dip, forward swizzles, T-push to a two-foot glide, front to back turns, and snowplow stop. Fee includes skate rental, and a practice card good for admission to six public skate sessions to practice skills learned in class.

Winter Term I: <i>Cabin John Ice Rink</i>						Click to Register
Jan 6-Feb 10	Tue	5:30-6pm	Ages 4 to 12	\$120	6 classes	PICE0351-412001
Jan 7-Feb 11	Wed	7-7:45pm	Ages 4 to 12	\$120	6 classes	PICE0351-412002
Jan 3-Feb 7	Sat	10:30-11am	Ages 4 to 12	\$120	6 classes	PICE0351-412003
Winter Term I: <i>Wheaton Ice Arena</i>						Click to Register
Jan 3-Feb 7	Sat	11:15-11:45am	Ages 4 to 12	\$120	6 classes	PICE0351-415002
Winter Term II: <i>Cabin John Ice Rink</i>						Click to Register
Feb 24-Apr 7	Tue	5:30-6pm	Ages 4 to 12	\$120	6 classes	PICE0351-422010
Feb 25-Apr 8	Wed	7-7:30pm	Ages 4 to 12	\$120	6 classes	PICE0351-422012
Feb 21-Apr 11	Sat	10:30-11am	Ages 4 to 12	\$120	6 classes	PICE0351-422015
Winter Term II: <i>Wheaton Ice Arena</i>						Click to Register
Feb 21-Apr 11	Sat	11:15-11:45am	Ages 4 to 12	\$120	6 classes	PICE0351-425002

Winter I: ☐ ☐ Winter II: ☐ ☐

Hockey 2

Prerequisite: Passed Hockey 1. Skaters will learn strides using 45-degree v push, forward one-foot push and glides, forward alternating C-cuts, backward hustles to glides on two feet, backward swizzles, backward alternating C-cuts, moving skateboard push, and moving snowplow stop. Fee includes skate rental, and a practice card good for admission to six public skate sessions to practice skills learned in class.

Winter Term I: <i>Cabin John Ice Rink</i>						Click to Register
Jan 6-Feb 10	Tue	5:30-6pm	Ages 4 to 12	\$120	6 classes	PICE0352-412001
Jan 7-Feb 11	Wed	7-7:45pm	Ages 4 to 12	\$120	6 classes	PICE0352-412002
Jan 3-Feb 7	Sat	10:30-11am	Ages 4 to 12	\$120	6 classes	PICE0352-412003
Winter Term I: <i>Wheaton Ice Arena</i>						Click to Register
Jan 3-Feb 7	Sat	11:15-11:45am	Ages 4 to 12	\$120	6 classes	PICE0352-415001
Winter Term II: <i>Cabin John Ice Rink</i>						Click to Register
Feb 24-Apr 7	Tue	5:30-6pm	Ages 4 to 12	\$120	6 classes	PICE0352-422010
Feb 25-Apr 8	Wed	7-7:30pm	Ages 4 to 12	\$120	6 classes	PICE0352-422012
Feb 21-Apr 11	Sat	10:30-11am	Ages 4 to 12	\$120	6 classes	PICE0352-422014
Winter Term II: <i>Wheaton Ice Arena</i>						Click to Register
Feb 21-Apr 11	Sat	11:15-11:45am	Ages 4 to 12	\$120	6 classes	PICE0352-425002

Hockey 3

Prerequisite: Passed Hockey 2. Skaters will learn lateral crossover march, forward C-cuts on a circle, forward outside and inside edges on half circles, backward C-cuts, backward snowplow stops, forward stop-starts, and one-foot forward snowplow stops. Fee includes skate rental and a practice card good for admission to public sessions to practice skills learned in class.

Winter Term I: <i>Cabin John Ice Rink</i>						Click to Register
Jan 6-Feb 10	Tue	7-7:45pm	Ages 4 to 12	\$180	6 classes	PICE0353-412001
Jan 7-Feb 11	Wed	5:30-6:15pm	Ages 4 to 12	\$180	6 classes	PICE0353-412002
Jan 3-Feb 7	Sat	8:15-9am	Ages 4 to 12	\$180	6 classes	PICE0353-412003
Winter Term I: <i>Wheaton Ice Arena</i>						Click to Register
Jan 3-Feb 7	Sat	10:45-11:15am	Ages 4 to 12	\$120	6 classes	PICE0353-415001
Winter Term II: <i>Cabin John Ice Rink</i>						Click to Register
Feb 24-Apr 7	Tue	7-7:45pm	Ages 4 to 12	\$180	6 classes	PICE0353-422010
Feb 25-Apr 8	Wed	5:30-6:15pm	Ages 4 to 12	\$180	6 classes	PICE0353-422012
Feb 21-Apr 11	Sat	8:15-9am	Ages 4 to 12	\$180	6 classes	PICE0353-422014
Winter Term II: <i>Wheaton Ice Arena</i>						Click to Register
Feb 21-Apr 11	Sat	10:45-11:15am	Ages 4 to 12	\$120	6 classes	PICE0353-425001

Winter I: ☐ ☐ Winter II: ☐ ☐

Hockey 4

Prerequisite: Passed Hockey 3. Skaters will learn quick starts using V-starts, backward one-foot glides, forward and backward crossovers, forward to backward Mohawk pivots, and hockey stops. Fee includes skate rental and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, curved stick cut to skater's height, and hockey skates.

Winter Term I: *Cabin John Ice Rink* [Click to Register](#)

Jan 6-Feb 10	Tue	7-7:45pm	Ages 4 to 12	\$180	6 classes	PICE0354-412001
Jan 7-Feb 11	Wed	5:30-6:15pm	Ages 4 to 12	\$180	6 classes	PICE0354-412002
Jan 3-Feb 7	Sat	7:45-8:30am	Ages 4 to 12	\$180	6 classes	PICE0354-412003

Winter Term I: *Wheaton Ice Arena* [Click to Register](#)

Jan 3-Feb 7	Sat	10:45-11:15am	Ages 4 to 12	\$120	6 classes	PICE0354-415001
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Winter Term II: *Cabin John Ice Rink* [Click to Register](#)

Feb 24-Apr 7	Tue	7-7:45pm	Ages 4 to 12	\$180	6 classes	PICE0354-422010
Feb 25-Apr 8	Wed	5:30-6:15pm	Ages 4 to 12	\$180	6 classes	PICE0354-422012
Feb 21-Apr 11	Sat	8:15-9am	Ages 4 to 12	\$180	6 classes	PICE0354-422014

Winter Term II: *Wheaton Ice Arena* [Click to Register](#)

Feb 21-Apr 11	Sat	10:45-11:15am	Ages 4 to 12	\$120	6 classes	PICE0354-425001
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Hockey Advanced

Prerequisite: Passed Hockey 4. Skaters will learn powerful backward C-cuts, alternating forward and backward crossovers, forward power hockey turns, lateral pivots, fast stops and starts, and fast backward skating with quick backward V-stops. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates.

Winter Term I: *Cabin John Ice Rink* [Click to Register](#)

Jan 6-Feb 10	Tue	8:15-9pm	Ages 4 to 12	\$180	6 classes	PICE0355-412001
Jan 7-Feb 11	Wed	7:45-8:30pm	Ages 4 to 12	\$180	6 classes	PICE0355-412002
Jan 3-Feb 7	Sat	8:15-9am	Ages 4 to 12	\$180	6 classes	PICE0355-412003

Winter Term II: *Cabin John Ice Rink* [Click to Register](#)

Feb 24-Apr 7	Tue	8:15-9pm	Ages 4 to 12	\$180	6 classes	PICE0355-422010
Feb 25-Apr 8	Wed	7:45-8:30pm	Ages 4 to 12	\$180	6 classes	PICE0355-422012
Feb 21-Apr 11	Sat	8:15-9am	Ages 4 to 12	\$180	6 classes	PICE0355-422014

Winter I: ☐ ☐ Winter II: ☐ ☐



Come Skating!

Public skating sessions are offered daily
at our two indoor rinks

Visit CabinJohnIce.org
and WheatonIceArena.org
for public skating session
times and details.

**Special public skating
sessions include:**

- Adult Skate
- Parent and Tot Skate
- Family Skate

Holiday Hours:

Nov. 27 - Closed
Dec. 24 - Closes at 3 pm
Dec. 25 - Closed
Dec. 31 - Closes at 3 pm
Jan. 1 - Opens at 12 pm



**Cabin John
Ice Rink**



**Wheaton
Ice Arena**



Teen and Adult Hockey 1

Prerequisite: Passed Teen & Adult 1 in hockey skates. Learn the fundamentals of hockey skating including alternating forward and backward c-cuts, backward swizzles, one-foot snowplow stop, lateral crossover march, forward c-cuts on a circle, and turns from forward to backward. Skaters will also learn skating with a puck and beginning passing and stickhandling skills. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates (rental hockey skates are available).

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 3-Feb 7	Sat	8:15-9am	Ages 13 and up	\$180	6 classes	PICE0357-412001
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Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 21-Apr 11	Sat	8:15-9am	Ages 13 and up	\$180	6 classes	PICE0357-422014
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Teen and Adult Hockey 2

Prerequisite: Passed Teen & Adult Hockey 1. This class will focus on more advanced skating skills including backward crossovers, hockey stops, forward power hockey turns, fast stops & starts, backward V-stops, and forward to backward mohawk pivots. Skaters will also learn hockey techniques, rules, and game play including some scrimmage time. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates (rental hockey skates are available).

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 7-Feb 11	Wed	8:30-9:15pm	Ages 13 and up	\$180	6 classes	PICE0358-412001
Jan 3-Feb 7	Sat	8:15-9am	Ages 13 and up	\$180	6 classes	PICE0358-412002

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 25-Apr 8	Wed	8:30-9:15pm	Ages 13 and up	\$180	6 classes	PICE0358-422012
Feb 21-Apr 11	Sat	8:15-9am	Ages 13 and up	\$180	6 classes	PICE0358-422014

Scrimmage

Prerequisite: Passed Hockey 3. This hands-on instructional class focuses on key elements of hockey. Skaters will learn rules of the game, enhance their skills, and practice through a series of scrimmages. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Full gear, including neck guard required.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 6-Feb 10	Tue	7:45-8:15pm	Ages 9 to 12	\$120	6 classes	PICE0362-412001
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Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 24-Apr 7	Tue	7:45-8:15pm	Ages 9 to 12	\$120	6 classes	PICE0362-422001
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Winter I: ☐ ☐ Winter II: ☐ ☐

Hockey Stickhandling and Scrimmage

Prerequisite: Passed Hockey 2. This advanced hockey class will focus on technique for stickhandling and passing getting through the offensive zone and putting the puck in the net. Topics covered will include shooting techniques and accuracy, speed and agility, stickhandling, skating in open ice, receiving passes, and defending the puck. Full gear required. Ages: 5 to12

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 3-Feb 7	Sat	9-9:30am	Ages 5 to 12	\$120	6 classes	PICE0364-412000
Jan 3-Feb 7	Sat	9-9:30am	Ages 13 and up	\$120	6 classes	PICE0364-412001

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 21-Apr 11	Sat	9-9:30am	Ages 5 to 12	\$120	6 classes	PICE0364-422004
Feb 21-Apr 11	Sat	9-9:30am	Ages 13 and up	\$120	6 classes	PICE0364-422006

Hockey Power Skating

Improve your conditioning and skating skills. This class will focus on stride length, take-offs and acceleration, agility skating, and edge work. Skaters must have passed Teen and Adult Hockey 1

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 3-Feb 7	Sat	9-9:30am	Ages 13 and up	\$120	6 classes	PICE0365-412002
Jan 3-Feb 7	Sat	9-9:30am	Ages 13 and up	\$120	6 classes	PICE0365-412003

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 3-Feb 7	Sat	11:45am-12:15pm	Ages 6 to 12	\$120	6 classes	PICE0365-415001
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Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 21-Apr 11	Sat	9-9:30am	Ages 13 and up	\$120	6 classes	PICE0365-422002
Feb 21-Apr 11	Sat	9-9:30am	Ages 13 and up	\$120	6 classes	PICE0365-422004

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 21-Apr 11	Sat	11:45am-12:15pm	Ages 6 to 12	\$120	6 classes	PICE0365-425001
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Our Pro Shops offer a full line of skating equipment and services.

- CCM Hockey skates and equipment
 - Figure skates
 - Skating apparel and accessories
 - Hockey gear sizing and fitting
 - Skate services including sharpening, heat molding, blade mounting, and stretching
- Discounts available for students enrolled in group lessons



Winter I: ☐ ☐ Winter II: ☐ ☐



**Pauline Betz Addie
Tennis Center**



**Wheaton
Indoor Tennis**



PAULINE BETZ ADDIE TENNIS CENTER
7801 Democracy Blvd | Bethesda, MD 20817
301-765-8650
PBATennis.org

WHEATON INDOOR TENNIS
11715 Orebaugh Ave | Wheaton, MD 20902
301-905-3030
WheatonTennis.org

Programs are subject to change.
For the most up-to-date listings visit:
PBATennis.org or WheatonTennis.org

CLASS DATES

Winter I:

Registration Dates - Dec 22 to Jan 1
Class Dates - Jan 3 to Feb 13

Winter II:

Registration Dates - Feb 14 to 19
Winter II Class Dates - Feb 21 - Apr 12
No Classes - Mar 28 - Apr 5

On your first day of class...

- Bring a racquet and water bottle.
- Wear proper footwear and athletic clothes.

COURSE FEES COVER

- Six group lessons
- Starter racquets available for purchase

PLEASE NOTE

- No make-ups or refunds for missed lessons.
- Please read course descriptions carefully and select courses that match player ability and experience.
- At the end of each class series, the player will receive an evaluation recommending your next class.
- If you see a class you like, register!
Classes may be canceled if a minimum enrollment is not met.

IMPORTANT DATES:

- Facility closed: Nov 27 and Dec 25
- Facility closes at 3pm on Dec 24 and 31



TENNIS

SPECIAL EVENTS

Winter Break Tennis Days

Take time over winter break to develop your tennis game in this fun and challenging daily event. Or register for multiple days for a memorable and productive week. Children will be grouped by age and experience. Using personal instruction, group games, and drills, we'll teach beginning and intermediate level players all the fundamentals: forehand, backhand and overhead strokes, serves and volleys, scorekeeping, names and meanings of the lines, and more. Add some footwork drills and cardio exercise, and your inner champion is sure to emerge! Sneakers are a must. Please bring a non-perishable lunch, snacks for break time, and a refillable water bottle each day.

Pauline Betz Addie Tennis Center

[Click to Register](#)

Dec 29	Mon	9am-5pm	Ages 8 to 14	\$75	1 Class	PTEN0300-410261
Dec 30	Tue	9am-5pm	Ages 8 to 14	\$75	1 Class	PTEN0300-410262
Dec 31	Wed	9am-5pm	Ages 8 to 14	\$75	1 Class	PTEN0300-410263
Jan 2	Fri	9am-5pm	Ages 8 to 14	\$75	1 Class	PTEN0300-410264

Wheaton Indoor Tennis

[Click to Register](#)

Dec 29	Mon	9am-5pm	Ages 8 to 14	\$75	1 Class	PTEN0300-416261
Dec 30	Tue	9am-5pm	Ages 8 to 14	\$75	1 Class	PTEN0300-416262
Dec 31	Wed	9am-5pm	Ages 8 to 14	\$75	1 Class	PTEN0300-416263
Jan 2	Fri	9am-5pm	Ages 8 to 14	\$75	1 Class	PTEN0300-416264

School's Out Tennis Days

Advantage In when school's out! Join us for the day or the whole week for this enriching and immersive tennis experience. Participants will build skills while making memories and developing a love for the game in a welcoming and engaging environment. All levels welcome. Players will be grouped by age and ability. Beginners will learn to rally and play. More advanced players will develop technical and tactical skills. Please wear athletic clothes and shoes and bring a water bottle, lunch, and snack.

Pauline Betz Addie Tennis Center

[Click to Register](#)

Jan 19	Mon	9am-5pm	Ages 8 to 14	\$75	1 Class	PTEN0300-410281
Feb 16	Mon	9am-5pm	Ages 8 to 14	\$75	1 Class	PTEN0300-410282

Wheaton Indoor Tennis

[Click to Register](#)

Jan 19	Mon	9am-5pm	Ages 8 to 14	\$75	1 Class	PTEN0300-416281
Feb 16	Mon	9am-5pm	Ages 8 to 14	\$75	1 Class	PTEN0300-416282

Spring Break Tennis Days

Take time over spring break to develop your tennis game in this fun and challenging daily event. Or register for all five days for a memorable and productive week. Children will be grouped by age and experience. Using personal instruction, group games, and drills, we'll teach beginning and intermediate level players all the fundamentals: forehand, backhand and overhead strokes, serves and volleys, scorekeeping, names and meanings of the lines, and more. Add some footwork drills and cardio exercise, and your inner champion is sure to emerge! Sneakers are a must. Please bring a non-perishable lunch, snacks for break time, and a refillable water bottle each day.

Winter Term II: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Mar 30	Mon	9am-5pm	Ages 8 to 14	\$75	1 Class	PTEN0300-420281
Mar 31	Tue	9am-5pm	Ages 8 to 14	\$75	1 Class	PTEN0300-420282
Apr 1	Wed	9am-5pm	Ages 8 to 14	\$75	1 Class	PTEN0300-420283
Apr 2	Thu	9am-5pm	Ages 8 to 14	\$75	1 Class	PTEN0300-420284
Apr 3	Fri	9am-5pm	Ages 8 to 14	\$75	1 Class	PTEN0300-420285

Winter Term II: *Wheaton Indoor Tennis*

[Click to Register](#)

Mar 30	Mon	9am-5pm	Ages 8 to 14	\$75	1 Class	PTEN0300-426271
Mar 31	Tue	9am-5pm	Ages 8 to 14	\$75	1 Class	PTEN0300-426272
Apr 1	Wed	9am-5pm	Ages 8 to 14	\$75	1 Class	PTEN0300-426273
Apr 2	Thu	9am-5pm	Ages 8 to 14	\$75	1 Class	PTEN0300-426274
Apr 3	Fri	9am-5pm	Ages 8 to 14	\$75	1 Class	PTEN0300-426275



Winter I: ☐ ☐ Winter II: ☐ ☐

Parent & Child Tennis (Ages 4-5)

Our youngest beginners, with the help of a parent, will practice basic tennis skills through fun exercises and games that can be continued outside of class. Fee covers one adult and one child; register the child only. (Red Court/Red Balls; loaner racquets available)

Winter Term I: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Jan 4-Feb 8	Sun	9-10am	Ages 4 to 5	\$156	6 classes	PTEN0001-410012
Jan 5-Feb 9	Mon	5-6pm	Ages 4 to 5	\$156	6 classes	PTEN0001-410014
Jan 6-Feb 10	Tue	5-6pm	Ages 4 to 5	\$156	6 classes	PTEN0001-410016
Jan 7-Feb 11	Wed	4-5pm	Ages 4 to 5	\$156	6 classes	PTEN0001-410017
Jan 8-Feb 12	Thu	4-5pm	Ages 4 to 5	\$156	6 classes	PTEN0001-410019
Jan 8-Feb 12	Thu	5-6pm	Ages 4 to 5	\$156	6 classes	PTEN0001-410020

Winter Term I: *Wheaton Indoor Tennis*

[Click to Register](#)

Jan 3-Feb 7	Sat	9-10am	Ages 4 to 5	\$135	6 classes	PTEN0001-416006
Jan 5-Feb 9	Mon	6-7pm	Ages 4 to 5	\$135	6 classes	PTEN0001-416008
Jan 7-Feb 11	Wed	5-6pm	Ages 4 to 5	\$135	6 classes	PTEN0001-416009

Winter Term II: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Feb 22-Apr 12	Sun	9-10am	Ages 4 to 5	\$156	6 classes	PTEN0001-420012
Feb 24-Apr 7	Tue	4-5pm	Ages 4 to 5	\$156	6 classes	PTEN0001-420015
Feb 21-Apr 11	Sat	9-10am	Ages 4 to 5	\$156	6 classes	PTEN0001-420017
Feb 26-Apr 9	Thu	4-5pm	Ages 4 to 5	\$156	6 classes	PTEN0001-420019
Feb 26-Apr 9	Thu	5-6pm	Ages 4 to 5	\$156	6 classes	PTEN0001-420020

Winter Term II: *Wheaton Indoor Tennis*

[Click to Register](#)

Feb 21-Apr 11	Sat	9-10am	Ages 4 to 5	\$135	6 classes	PTEN0001-426006
Feb 23-Apr 6	Mon	6-7pm	Ages 4 to 5	\$135	6 classes	PTEN0001-426008
Feb 25-Apr 8	Wed	5-6pm	Ages 4 to 5	\$135	6 classes	PTEN0001-426009

Winter I: ☐ ☐ Winter II: ☐ ☐

Youth Tennis, Beginner 6-8

Group lesson class for the young beginner who has limited or no prior tennis experience. Class teaches basic strokes and promotes cooperative play through games and skill-building activities. Instruction for ages 6-8 focuses on hand-eye coordination, movement, and basic tennis strokes. Instruction for ages 9-10 focuses on racquet control drills, sending and receiving, rallying skills, and ABCs (agility, balance, and coordination). (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

Winter Term I: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Jan 4-Feb 8	Sun	10-11am	Ages 6 to 8	\$150	6 classes	PTEN0005-410024
Jan 3-Feb 7	Sat	9-10am	Ages 6 to 8	\$150	6 classes	PTEN0005-410025
Jan 5-Feb 9	Mon	6-7pm	Ages 6 to 8	\$150	6 classes	PTEN0005-410026
Jan 7-Feb 11	Wed	6-7pm	Ages 6 to 8	\$150	6 classes	PTEN0005-410027

Winter Term I: *Wheaton Indoor Tennis*

[Click to Register](#)

Jan 8-Feb 12	Thu	6-7pm	Ages 6 to 8	\$132	6 classes	PTEN0005-416016
Jan 3-Feb 7	Sat	10-11am	Ages 6 to 8	\$132	6 classes	PTEN0005-416017
Jan 4-Feb 8	Sun	11am-12pm	Ages 6 to 8	\$132	6 classes	PTEN0005-416018
Jan 6-Feb 10	Tue	5-6pm	Ages 6 to 8	\$132	6 classes	PTEN0005-416020

Winter Term II: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Feb 22-Apr 12	Sun	9-10am	Ages 6 to 8	\$150	6 classes	PTEN0005-420024
Feb 23-Apr 6	Mon	5-6pm	Ages 6 to 8	\$150	6 classes	PTEN0005-420025
Feb 24-Apr 7	Tue	5-6pm	Ages 6 to 8	\$150	6 classes	PTEN0005-420026
Feb 25-Apr 8	Wed	4-5pm	Ages 6 to 8	\$150	6 classes	PTEN0005-420027
Feb 26-Apr 9	Thu	4-5pm	Ages 6 to 8	\$150	6 classes	PTEN0005-420028

Winter Term II: *Wheaton Indoor Tennis*

[Click to Register](#)

Feb 26-Apr 9	Thu	6-7pm	Ages 6 to 8	\$132	6 classes	PTEN0005-426016
Feb 21-Apr 11	Sat	10-11am	Ages 6 to 8	\$132	6 classes	PTEN0005-426017
Feb 22-Apr 12	Sun	11am-12pm	Ages 6 to 8	\$132	6 classes	PTEN0005-426018
Feb 24-Apr 7	Tue	5-6pm	Ages 6 to 8	\$132	6 classes	PTEN0005-426020

Winter I: ☐ ☐ Winter II: ☐ ☐

Youth Tennis, Intermediate 6-8

Prerequisite: Passed Beginner level. For the developing player who can rally on the Red Court but needs additional work on stroke production, tennis specific footwork, and situational play. Skill building continues with increased emphasis on cooperative drills. (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

Winter Term I: *Pauline Betz Addie Tennis Center*

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Jan 5-Feb 9	Mon	5-6pm	Ages 6 to 8	\$150	6 classes	PTEN0010-410026
Jan 6-Feb 10	Tue	5-6pm	Ages 6 to 8	\$150	6 classes	PTEN0010-410027
Jan 7-Feb 11	Wed	5-6pm	Ages 6 to 8	\$150	6 classes	PTEN0010-410028
Jan 8-Feb 12	Thu	4-5pm	Ages 6 to 8	\$150	6 classes	PTEN0010-410030

Winter Term I: *Wheaton Indoor Tennis*

[Click to Register](#)

Jan 6-Feb 10	Tue	6-7p	Ages 6 to 8	\$132	6 classes	PTEN0010-416030
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Winter Term II: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Feb 21-Apr 11	Sat	10-11am	Ages 6 to 8	\$150	6 classes	PTEN0010-420025
Feb 23-Apr 6	Mon	5-6pm	Ages 6 to 8	\$150	6 classes	PTEN0010-420026
Feb 24-Apr 7	Tue	5-6pm	Ages 6 to 8	\$150	6 classes	PTEN0010-420027
Feb 25-Apr 8	Wed	5-6pm	Ages 6 to 8	\$150	6 classes	PTEN0010-420028
Feb 26-Apr 9	Thu	4-5pm	Ages 6 to 8	\$150	6 classes	PTEN0010-420029

Winter Term II: *Wheaton Indoor Tennis*

[Click to Register](#)

Feb 24-Apr 7	Tue	6-7pm	Ages 6 to 8	\$132	6 classes	PTEN0010-420030
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Youth Tennis, Beginner 9-10

Group lesson class for the young beginner who has limited or no prior tennis experience. Class teaches basic strokes and promotes cooperative play through games and skill-building activities. Instruction for ages 6-8 focuses on hand-eye coordination, movement, and basic tennis strokes. Instruction for ages 9-10 focuses on racquet control drills, sending and receiving, rallying skills, and ABCs (agility, balance, and coordination). (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

Winter Term I: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Jan 5-Feb 9	Mon	6-7pm	Ages 9 to 10	\$150	6 classes	PTEN0015-410036
Jan 6-Feb 10	Tue	6-7pm	Ages 9 to 10	\$150	6 classes	PTEN0015-410037
Jan 8-Feb 12	Thu	6-7pm	Ages 9 to 10	\$150	6 classes	PTEN0015-410039
Jan 11 - Feb 15	Sun	1-2pm	Ages 9 to 10	\$150	6 classes	PTEN0015-410035
Jan 11 - Feb 15	Sun	9-10am	Ages 9 to 10	\$150	6 classes	PTEN0015-410038

Winter I: ☐ ☐ Winter II: ☐ ☐

Youth Tennis, Beginner 9-10 (continued)

Winter Term I: *Wheaton Indoor Tennis*

[Click to Register](#)

Jan 8-Feb 12	Thu	5-6pm	Ages 9 to 10	\$132	6 classes	PTEN0015-416037
Jan 4-Feb 8	Sun	9-10am	Ages 9 to 10	\$132	6 classes	PTEN0015-416038
Jan 5-Feb 9	Mon	6-7pm	Ages 9 to 10	\$132	6 classes	PTEN0015-416039
Jan 3-Feb 7	Sat	9-10am	Ages 9 to 10	\$132	6 classes	PTEN0015-416040
Jan 7-Feb 11	Wed	6-7pm	Ages 9 to 10	\$132	6 classes	PTEN0015-416041

Winter Term II: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Feb 21-Apr 11	Sat	11am-12pm	Ages 9 to 10	\$150	6 classes	PTEN0015-420035
Feb 23-Apr 6	Mon	6-7pm	Ages 9 to 10	\$150	6 classes	PTEN0015-420036
Feb 24-Apr 7	Tue	6-7pm	Ages 9 to 10	\$150	6 classes	PTEN0015-420037
Feb 25-Apr 8	Wed	6-7pm	Ages 9 to 10	\$150	6 classes	PTEN0015-420038
Feb 26-Apr 9	Thu	6-7pm	Ages 9 to 10	\$150	6 classes	PTEN0015-420039

Winter Term II: *Wheaton Indoor Tennis*

[Click to Register](#)

Feb 22-Apr 12	Sun	9-10am	Ages 9 to 10	\$132	6 classes	PTEN0015-426038
Feb 23-Apr 6	Mon	6-7pm	Ages 9 to 10	\$132	6 classes	PTEN0015-426039
Feb 21-Apr 11	Sat	9-10am	Ages 9 to 10	\$132	6 classes	PTEN0015-426040
Feb 25-Apr 8	Wed	6-7pm	Ages 9 to 10	\$132	6 classes	PTEN0015-426041
Feb 26-Apr 9	Thu	5-6pm	Ages 9 to 10	\$132	6 classes	PTEN0015-426037

Youth Tennis, Intermediate 9-10

Prerequisite: Passed Beginner level. For the developing player who can rally on the Orange Court but needs additional work on stroke production, tennis specific footwork, and situational play. Skill building continues with increased emphasis on cooperative drills. (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

Winter Term I: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Jan 4-Feb 8	Sun	10-11am	Ages 9 to 10	\$150	6 classes	PTEN0020-410046
Jan 8-Feb 12	Thu	4-5pm	Ages 9 to 10	\$150	6 classes	PTEN0020-410047
Jan 6-Feb 10	Tue	6-7pm	Ages 9 to 10	\$150	6 classes	PTEN0020-410048
Jan 7-Feb 11	Wed	6-7pm	Ages 9 to 10	\$150	6 classes	PTEN0020-410049
Jan 8-Feb 12	Thu	6-7pm	Ages 9 to 10	\$150	6 classes	PTEN0020-410050

Winter I: ☐ ☐ Winter II: ☐ ☐

Youth Tennis, Intermediate 9-10 (continued)

Winter Term I: *Wheaton Indoor Tennis*

[Click to Register](#)

Jan 5-Feb 9	Mon	5-6pm	Ages 9 to 10	\$132	6 classes	PTEN0020-416044
Jan 8- Feb 12	Thu	5-6pm	Ages 9 to 10	\$132	6 classes	PTEN0020-416045
Jan 3-Feb 7	Sat	11am-12pm	Ages 9 to 10	\$132	6 classes	PTEN0020-416046

Winter Term II: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Feb 22-Apr 12	Sun	10-11am	Ages 9 to 10	\$150	6 classes	PTEN0020-420046
Feb 23-Apr 6	Mon	6-7pm	Ages 9 to 10	\$150	6 classes	PTEN0020-420047
Feb 24-Apr 7	Tue	6-7pm	Ages 9 to 10	\$150	6 classes	PTEN0020-420048
Feb 25-Apr 8	Wed	6-7pm	Ages 9 to 10	\$150	6 classes	PTEN0020-420049
Feb 26-Apr 9	Thu	6-7pm	Ages 9 to 10	\$150	6 classes	PTEN0020-420050

Winter Term II: *Wheaton Indoor Tennis*

[Click to Register](#)

Feb 23-Apr 6	Mon	5-6pm	Ages 9 to 10	\$132	6 classes	PTEN0020-426044
Feb 26-Apr 9	Thu	5-6pm	Ages 9 to 10	\$132	6 classes	PTEN0020-426045
Feb 21-Apr 11	Sat	11am-12pm	Ages 9 to 10	\$132	6 classes	PTEN0020-426046

Youth Tennis, Advanced 9-10

Prerequisite: Passed Youth Tennis, Intermediate. For players who can rally consistently and comfortably engage in point play against a variety of players. Focus will be on improving movement, positioning, concentration, focus, shot placement, and closing points. (Combination of Red Court/Red Balls and Orange Court/Orange Balls); may incorporate use of Green Dot Ball for players ready to transition from the Orange Court to full court play)

Winter Term I: *Pauline Betz Addie Tennis Center*

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Jan 5-Feb 9	Mon	6-7pm	Ages 9 to 10	\$156	6 classes	PTEN0025-410055
Jan 6-Feb 10	Tue	6-7pm	Ages 9 to 10	\$156	6 classes	PTEN0025-410056
Jan 7-Feb 11	Wed	6-7pm	Ages 9 to 10	\$156	6 classes	PTEN0025-410057
Jan 8-Feb 12	Thu	6-7pm	Ages 9 to 10	\$156	6 classes	PTEN0025-410058

Winter Term I: *Wheaton Indoor Tennis*

[Click to Register](#)

Jan 11 - Feb 15	Sun	1-2pm	Ages 9 to 10	\$135	6 classes	PTEN0025-416055
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Winter I: ☐ ☐ Winter II: ☐ ☐

Youth Tennis, Advanced 9-10 (continued)

Winter Term II: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Feb 23-Apr 6	Mon	6-7pm	Ages 9 to 10	\$156	6 classes	PTEN0025-420055
Feb 24-Apr 7	Tue	6-7pm	Ages 9 to 10	\$156	6 classes	PTEN0025-420056
Feb 25-Apr 8	Wed	6-7pm	Ages 9 to 10	\$156	6 classes	PTEN0025-420057
Feb 26-Apr 9	Thu	6-7pm	Ages 9 to 10	\$156	6 classes	PTEN0025-420058

Winter Term II: *Wheaton Indoor Tennis*

[Click to Register](#)

Feb 22-Apr 12	Sun	1-2pm	Ages 9 to 10	\$135	6 classes	PTEN0025-426055
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Youth Tennis, Intro to Match Play 9-10

Supervised match-play for players in our Orange Intermediate and Advanced Programs.

Winter Term I: *Wheaton Indoor Tennis*

[Click to Register](#)

Jan 10 - Feb 14	Sat	11am-12pm	Ages 9 to 10	\$135	6 classes	PTEN0030-416062
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Winter Term II: *Wheaton Indoor Tennis*

[Click to Register](#)

Feb 28 - Apr 11	Sat	11am-12pm	Ages 9 to 10	\$135	6 classes	PTEN0030-426062
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Youth Tennis, Beginner 11-12

Prerequisite: For beginners who have never played before or have not played recently. The goal of this class is to teach fundamentals of the game, including etiquette and vocabulary, rules, positioning, and scorekeeping. Players will learn basic mechanics for hitting groundstrokes, volleys, overheads and serves. May incorporate use of Orange and Green Dot Balls to reinforce development, consistency, and control.

Winter Term I: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Jan 4-Feb 8	Sun	11am-12pm	Ages 11 to 12	\$150	6 classes	PTEN0040-410085
Jan 5-Feb 9	Mon	4-5pm	Ages 11 to 12	\$150	6 classes	PTEN0040-410086
Jan 7-Feb 11	Wed	7-8pm	Ages 11 to 12	\$150	6 classes	PTEN0040-416087
Jan 9 - Feb 13	Fri	4-5pm	Ages 11 to 12	\$150	6 classes	PTEN0040-410084

Winter Term I: *Wheaton Indoor Tennis*

[Click to Register](#)

Jan 7-Feb 11	Wed	6-7pm	Ages 11 to 12	\$132	6 classes	PTEN0040-416084
Jan 4-Feb 8	Sun	10-11am	Ages 11 to 12	\$132	6 classes	PTEN0040-416085

Winter Term II: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Feb 22-Apr 12	Sun	11am-12pm	Ages 11 to 12	\$150	6 classes	PTEN0040-420085
Feb 23-Apr 6	Mon	4-5pm	Ages 11 to 12	\$150	6 classes	PTEN0040-420086
Feb 21-Apr 11	Sat	12-1pm	Ages 11 to 12	\$150	6 classes	PTEN0040-420087

Winter I: ☐ ☐ Winter II: ☐ ☐

Youth Tennis, Beginner 11-12 (continued)

Winter Term II: *Wheaton Indoor Tennis*

[Click to Register](#)

Feb 25-Apr 8	Wed	6-7pm	Ages 11 to 12	\$132	6 classes	PTEN0040-426084
Feb 22-Apr 12	Sun	10-11am	Ages 11 to 12	\$132	6 classes	PTEN0040-426085

Youth Tennis, Intermediate 11-12

Prerequisite: Passed Beginner Tennis or player with recent playing experience seeking a refresher on fundamentals. Class includes a review of tennis etiquette and vocabulary, safety, rules, and scoring. Continued focus on footwork, positioning, and directional control. Additional time will be spent on drills and situational play. Groundstrokes, volleys, overheads, and serves will be critiqued.

Winter Term I: *Pauline Betz Addie Tennis Center*

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Jan 4-Feb 8	Sun	12-1pm	Ages 11 to 12	\$150	6 classes	PTEN0045-410096
Jan 3-Feb 7	Sat	10-11am	Ages 11 to 12	\$150	6 classes	PTEN0045-410097
Jan 5-Feb 9	Mon	4-5pm	Ages 11 to 12	\$150	6 classes	PTEN0045-410098

Winter Term I: *Wheaton Indoor Tennis*

[Click to Register](#)

Jan 4-Feb 8	Sun	11am-12pm	Ages 11 to 12	\$132	6 classes	PTEN0045-416094
Jan 7-Feb 11	Wed	5-6pm	Ages 11 to 12	\$132	6 classes	PTEN0045-416095
Jan 5-Feb 9	Mon	5-6pm	Ages 11 to 12	\$132	6 classes	PTEN0045-416096

Winter Term II: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Feb 27-Apr 10	Fri	6-7pm	Ages 11 to 12	\$150	6 classes	PTEN0045-420096
Feb 23-Apr 6	Mon	4-5pm	Ages 11 to 12	\$150	6 classes	PTEN0045-420097

Winter Term II: *Wheaton Indoor Tennis*

[Click to Register](#)

Feb 22-Apr 12	Sun	11am-12pm	Ages 11 to 12	\$132	6 classes	PTEN0045-426094
Feb 25-Apr 8	Wed	5-6pm	Ages 11 to 12	\$132	6 classes	PTEN0045-426095
Feb 23-Apr 6	Mon	5-6pm	Ages 11 to 12	\$132	6 classes	PTEN0045-426096

Youth Tennis, Advanced 11-12

Prerequisite: Passed Intermediate Tennis. Players have experience in the fundamentals of tennis and are ready to work on consistency, accuracy, and technical mastery of strokes and footwork. The focus will be on drills and play situations to improve rallying skills and overall level of play.

Winter Term I: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Jan 3-Feb 7	Sat	11am-1pm	Ages 11 to 12	\$312	6 classes	PTEN0050-410105
Jan 5-Feb 9	Mon	4-6pm	Ages 11 to 12	\$312	6 classes	PTEN0050-410106
Jan 7-Feb 11	Wed	4-6pm	Ages 11 to 12	\$312	6 classes	PTEN0050-410107

Winter I: ☐ ☐ Winter II: ☐ ☐

Youth Tennis, Advanced 11-12 (continued)

Winter Term I: *Wheaton Indoor Tennis*

[Click to Register](#)

Jan 6 - Feb 17	Tue	5-7pm	Ages 11 to 12	\$270	6 classes	PTEN0050-416105
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Winter Term II: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Feb 27-Apr 10	Fri	4-6pm	Ages 11 to 12	\$312	6 classes	PTEN0050-420105
Feb 25-Apr 8	Wed	4-6pm	Ages 11 to 12	\$312	6 classes	PTEN0050-420107

Winter Term II: *Wheaton Indoor Tennis*

[Click to Register](#)

Feb 24-Apr 7	Tue	5-7pm	Ages 11 to 12	\$270	6 classes	PTEN0050-426105
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Teen Tennis, Beginner 13-17

Prerequisite: For beginners who have never played before or have not played recently. The goal of this class is to teach fundamentals of the game, including etiquette and vocabulary, rules, positioning, and scorekeeping. Players will learn basic mechanics for hitting groundstrokes, volleys, overheads and serves. May incorporate use of Orange and Green Dot Balls to reinforce development, consistency, and control.

Winter Term I: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Jan 6-Feb 10	Tue	4-5pm	Ages 13 to 17	\$150	6 classes	PTEN0055-410114
Jan 8-Feb 12	Thu	5-6pm	Ages 13 to 17	\$150	6 classes	PTEN0055-410115
Jan 4-Feb 8	Sun	11am-12pm	Ages 13 to 17	\$150	6 classes	PTEN0055-410116

Winter Term I: *Wheaton Indoor Tennis*

[Click to Register](#)

Jan 8-Feb 12	Thu	6-7pm	Ages 13 to 17	\$132	6 classes	PTEN0055-416113
Jan 3-Feb 7	Sat	12-1pm	Ages 13 to 17	\$132	6 classes	PTEN0055-416114

Winter Term II: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Feb 21-Apr 11	Sat	1-2pm	Ages 13 to 17	\$141	6 classes	PTEN0055-420114
Feb 26-Apr 9	Thu	5-6pm	Ages 13 to 17	\$147	6 classes	PTEN0055-420115
Feb 22-Apr 12	Sun	11am-12pm	Ages 13 to 17	\$147	6 classes	PTEN0055-420116

Winter Term II: *Wheaton Indoor Tennis*

[Click to Register](#)

Feb 26-Apr 9	Thu	6-7pm	Ages 13 to 17	\$132	6 classes	PTEN0055-426113
Feb 21-Apr 11	Sat	12-1pm	Ages 13 to 17	\$132	6 classes	PTEN0055-426114

Winter I: ☐ ☐ Winter II: ☐ ☐

Teen Tennis, Intermediate 13-17

Prerequisite: Passed Beginner Tennis or player with recent playing experience seeking a refresher on fundamentals. Class includes a review of tennis etiquette and vocabulary, safety, rules, and scoring. Continued focus on footwork, positioning, and directional control. Additional time will be spent on drills and situational play. Groundstrokes, volleys, overheads, and serves will be critiqued.

Winter Term I: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Jan 6-Feb 10	Tue	4-5pm	Ages 13 to 17	\$150	6 classes	PTEN0060-410125
Jan 8-Feb 12	Thu	5-6pm	Ages 13 to 17	\$150	6 classes	PTEN0060-410126

Winter Term I: *Wheaton Indoor Tennis*

[Click to Register](#)

Jan 4-Feb 8	Sun	1-2pm	Ages 13 to 17	\$132	6 classes	PTEN0060-416125
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Winter Term II: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Feb 24-Apr 7	Tue	4-5pm	Ages 13 to 17	\$150	6 classes	PTEN0060-420125
Feb 26-Apr 9	Thu	5-6pm	Ages 13 to 17	\$150	6 classes	PTEN0060-420126

Winter Term II: *Wheaton Indoor Tennis*

[Click to Register](#)

Feb 22-Apr 12	Sun	1-2pm	Ages 13 to 17	\$132	6 classes	PTEN0060-426125
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Teen Tennis, Advanced 13-17

Prerequisite: Passed Intermediate Tennis. Players have experience in the fundamentals of tennis and are ready to work on consistency, accuracy, and technical mastery of strokes and footwork. The focus will be on drills and play situations to improve rallying skills and overall level of play.

Winter Term I: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Jan 6-Feb 10	Tue	4-6pm	Ages 13 to 17	\$312	6 classes	PTEN0065-410133
Jan 7-Feb 11	Wed	4-6pm	Ages 13 to 17	\$312	6 classes	PTEN0065-410134

Winter Term I: *Wheaton Indoor Tennis*

[Click to Register](#)

Jan 3-Feb 7	Sat	12-1pm	Ages 13 to 17	\$135	6 classes	PTEN0065-416132
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Winter Term II: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Feb 24-Apr 7	Tue	4-6pm	Ages 13 to 17	\$312	6 classes	PTEN0065-420133
Feb 25-Apr 8	Wed	4-6pm	Ages 13 to 17	\$312	6 classes	PTEN0065-420134

Winter Term II: *Wheaton Indoor Tennis*

[Click to Register](#)

Feb 21-Apr 11	Sat	12-1pm	Ages 13 to 17	\$135	6 classes	PTEN0065-426132
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Winter I: ☐ ☐ Winter II: ☐ ☐

Junior Match Play

Supervised match-play for players in our Teen Intermediate and Advanced Programs.

Winter Term I: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Jan 9-Feb 13	Fri	5-6pm	Ages 13 to 17	\$156	6 classes	PTEN0130-410006
Jan 9-Feb 13	Fri	6-7pm	Ages 9 to 10	\$156	6 classes	PTEN0130-410001
Jan 10-Feb 14	Sat	1-3pm	Ages 11 to 12	\$156	6 classes	PTEN0130-410003

Winter Term I: *Wheaton Indoor Tennis*

[Click to Register](#)

Jan 9-Feb 13	Fri	4-6pm	Ages 11 to 12	\$270	6 classes	PTEN0130-416002
Jan 9-Feb 13	Fri	4-6pm	Ages 13 to 17	\$270	6 classes	PTEN0130-416003

Winter Term II: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Feb 27-Apr 10	Fri	7-8pm	Ages 13 to 17	\$156	6 classes	PTEN0130-420006
Feb 28-Apr 11	Sat	3-5pm	Ages 11 to 12	\$156	6 classes	PTEN0130-420003

Winter Term II: *Wheaton Indoor Tennis*

[Click to Register](#)

Feb 27-Apr 10	Fri	4-6pm	Ages 13 to 17	\$270	6 classes	PTEN0130-426003
Feb 27-Apr 10	Fri	4-6pm	Ages 11 to 12	\$270	6 classes	PTEN0130-426004

Adult Beginner 1 Tennis, NTRP 1.0

Winter Term I: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Jan 3-Feb 7	Sat	10-11am	Ages 18 and up	\$150	6 classes	PTEN0090-410190
Jan 7-Feb 11	Wed	11am-12pm	Ages 18 and up	\$150	6 classes	PTEN0090-410191
Jan 4-Feb 8	Sun	9-10am	Ages 18 and up	\$150	6 classes	PTEN0090-410192
Jan 5-Feb 9	Mon	10-11am	Ages 18 and up	\$150	6 classes	PTEN0090-410193
Jan 5-Feb 9	Mon	7-8pm	Ages 18 and up	\$150	6 classes	PTEN0090-410194
Jan 6-Feb 10	Tue	11am-12pm	Ages 18 and up	\$150	6 classes	PTEN0090-410195
Jan 7-Feb 11	Wed	7-8pm	Ages 18 and up	\$150	6 classes	PTEN0090-410196
Jan 8-Feb 12	Thu	7-8pm	Ages 18 and up	\$150	6 classes	PTEN0090-410197
Jan 9-Feb 13	Fri	10-11am	Ages 18 and up	\$150	6 classes	PTEN0090-410189

Winter Term I: *Wheaton Indoor Tennis*

[Click to Register](#)

Jan 8-Feb 12	Thu	7-8pm	Ages 18 and up	\$132	6 classes	PTEN0090-416186
Jan 7-Feb 11	Wed	7-8pm	Ages 18 and up	\$132	6 classes	PTEN0090-416188
Jan 6-Feb 10	Tue	8-9pm	Ages 18 and up	\$132	6 classes	PTEN0090-416189
Jan 11 - Feb 15	Sun	9-10am	Ages 18 and up	\$132	6 classes	PTEN0090-416187

Winter I: ☐ ☐ Winter II: ☐ ☐

Adult Beginner 1 Tennis, NTRP 1.0 (continued)

Winter Term II: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Feb 21-Apr 11	Sat	10-11am	Ages 18 and up	\$150	6 classes	PTEN0090-420190
Feb 22-Apr 12	Sun	9-10am	Ages 18 and up	\$150	6 classes	PTEN0090-420192
Feb 23-Apr 6	Mon	10-11am	Ages 18 and up	\$150	6 classes	PTEN0090-420193
Feb 23-Apr 6	Mon	7-8pm	Ages 18 and up	\$150	6 classes	PTEN0090-420194
Feb 24-Apr 7	Tue	11am-12pm	Ages 18 and up	\$150	6 classes	PTEN0090-420195
Feb 25-Apr 8	Wed	7-8pm	Ages 18 and up	\$150	6 classes	PTEN0090-420196
Feb 26-Apr 9	Thu	7-8pm	Ages 18 and up	\$150	6 classes	PTEN0090-420197
Mar 6 - Apr 17	Fri	12-1pm	Ages 18 and up	\$150	6 classes	PTEN0090-420188

Winter Term II: *Wheaton Indoor Tennis*

[Click to Register](#)

Feb 26-Apr 9	Thu	6-7pm	Ages 18 and up	\$132	6 classes	PTEN0090-426186
Feb 22-Apr 12	Sun	9-10am	Ages 18 and up	\$132	6 classes	PTEN0090-426187
Feb 25-Apr 8	Wed	7-8pm	Ages 18 and up	\$132	6 classes	PTEN0090-426188
Feb 24-Apr 7	Tue	8-9pm	Ages 18 and up	\$132	6 classes	PTEN0090-426189

Adult Beginner 2 Tennis, NTRP 2.5

This player has played some tennis but needs additional instruction on basic skills and techniques. Rally and Play approach reinforces introduction to positioning, movement, and rules of play.

Winter Term I: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Jan 3-Feb 7	Sat	11am-12pm	Ages 18 and up	\$150	6 classes	PTEN0095-410198
Jan 4-Feb 8	Sun	10-11am	Ages 18 and up	\$150	6 classes	PTEN0095-410199
Jan 5-Feb 9	Mon	7-8pm	Ages 18 and up	\$150	6 classes	PTEN0095-410200
Jan 6-Feb 10	Tue	10-11am	Ages 18 and up	\$150	6 classes	PTEN0095-410201
Jan 7-Feb 11	Wed	10-11am	Ages 18 and up	\$150	6 classes	PTEN0095-410202
Jan 8-Feb 12	Thu	7-8pm	Ages 18 and up	\$150	6 classes	PTEN0095-410203

Winter Term I: *Wheaton Indoor Tennis*

[Click to Register](#)

Jan 6-Feb 10	Tue	7-8pm	Ages 18 and up	\$132	6 classes	PTEN0095-416200
Jan 5-Feb 9	Mon	11am-12pm	Ages 18 and up	\$132	6 classes	PTEN0095-416201
Jan 3-Feb 7	Sat	1-2pm	Ages 18 and up	\$132	6 classes	PTEN0095-416202

Winter I: ☐ ☐ Winter II: ☐ ☐

Adult Beginner 2 Tennis, NTRP 2.5 (continued)

Winter Term II: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Feb 21-Apr 11	Sat	11am-12pm	Ages 18 and up	\$150	6 classes	PTEN0095-420198
Feb 22-Apr 12	Sun	10-11am	Ages 18 and up	\$150	6 classes	PTEN0095-420199
Feb 23-Apr 6	Mon	7-8pm	Ages 18 and up	\$150	6 classes	PTEN0095-420200
Feb 24-Apr 7	Tue	10-11am	Ages 18 and up	\$150	6 classes	PTEN0095-420201
Feb 25-Apr 8	Wed	10-11am	Ages 18 and up	\$150	6 classes	PTEN0095-420202
Feb 26-Apr 9	Thu	7-8pm	Ages 18 and up	\$150	6 classes	PTEN0095-420203

Winter Term II: *Wheaton Indoor Tennis*

[Click to Register](#)

Feb 24-Apr 7	Tue	7-8pm	Ages 18 and up	\$132	6 classes	PTEN0095-426200
Feb 23-Apr 6	Mon	11am-12pm	Ages 18 and up	\$132	6 classes	PTEN0095-426201
Feb 21-Apr 11	Sat	1-2pm	Ages 18 and up	\$132	6 classes	PTEN0095-426202

Adult Intermediate Tennis, NTRP 3.0

Prerequisite: Passed Beginner 2, Adult. This player can keep the ball in play but needs to improve consistency of strokes and overall understanding of court positioning, strategy, and use of shots in various situations.

Winter Term I: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Jan 3-Feb 7	Sat	12-1pm	Ages 18 and up	\$150	6 classes	PTEN0100-410211
Jan 4-Feb 8	Sun	12-1pm	Ages 18 and up	\$150	6 classes	PTEN0100-410212
Jan 5-Feb 9	Mon	11am-12pm	Ages 18 and up	\$150	6 classes	PTEN0100-410213
Jan 6-Feb 10	Tue	7-8pm	Ages 18 and up	\$150	6 classes	PTEN0100-410214

Winter Term I: *Wheaton Indoor Tennis*

[Click to Register](#)

Jan 4-Feb 8	Sun	12-1pm	Ages 18 and up	\$132	6 classes	PTEN0100-416206
Jan 6-Feb 10	Tue	11am-12pm	Ages 18 and up	\$132	6 classes	PTEN0100-416207
Jan 5-Feb 9	Mon	7-8pm	Ages 18 and up	\$132	6 classes	PTEN0100-416209
Jan 3-Feb 7	Sat	1-2pm	Ages 18 and up	\$132	6 classes	PTEN0100-416210
Jan 7-Feb 11	Wed	7-8pm	Ages 18 and up	\$132	6 classes	PTEN0100-416211

Winter Term II: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Feb 21-Apr 11	Sat	12-1pm	Ages 18 and up	\$150	6 classes	PTEN0100-420211
Feb 22-Apr 12	Sun	12-1pm	Ages 18 and up	\$150	6 classes	PTEN0100-420212
Feb 23-Apr 6	Mon	11am-12pm	Ages 18 and up	\$150	6 classes	PTEN0100-420213
Feb 24-Apr 7	Tue	7-8pm	Ages 18 and up	\$150	6 classes	PTEN0100-420214

Winter I: ☐ ☐ Winter II: ☐ ☐

Adult Intermediate Tennis, NTRP 3.0 (continued)

Winter Term II: *Wheaton Indoor Tennis*

[Click to Register](#)

Feb 22-Apr 12	Sun	12-1pm	Ages 18 and up	\$132	6 classes	PTEN0100-426206
Feb 24-Apr 7	Tue	11am-12pm	Ages 18 and up	\$132	6 classes	PTEN0100-426207
Feb 21-Apr 11	Sat	1-2pm	Ages 18 and up	\$132	6 classes	PTEN0100-426210
Feb 25-Apr 8	Wed	7-8pm	Ages 18 and up	\$132	6 classes	PTEN0100-426211

Adult Intermediate Tennis, NTRP 3.5

Prerequisite: Passed Intermediate 3.0, Adult. Learn to hit with a higher shot quality that keeps opponents neutral or at a disadvantage more often on serves and returns, during baseline exchanges and when approaching and at the net. Learn to make better, 'high percentage' decisions as to when to attack, defend, or stay neutral.

Winter Term I: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Jan 8 - Feb 19	Thu	10-11a	Ages 18 and up	\$150	6 classes	PTEN0105-410301
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Winter Term I: *Wheaton Indoor Tennis*

[Click to Register](#)

Jan 4 - Feb 8	Sun	12-1pm	Ages 18 and up	\$132	6 classes	PTEN0105-416303
Jan 5-Feb 9	Mon	8-9pm	Ages 18 and up	\$132	6 classes	PTEN0105-416301

Winter Term II: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Feb 28-Apr 11	Sat	2-3pm	Ages 18 and up	\$150	6 classes	PTEN0105-420301
Feb 21-Apr 11	Sat	1-2pm	Ages 18 and up	\$150	6 classes	PTEN0105-420302

Winter Term II: *Wheaton Indoor Tennis*

[Click to Register](#)

Feb 23-Apr 6	Mon	8-9pm	Ages 18 and up	\$132	6 classes	PTEN0105-426301
Feb 22 - Apr 12	Sun	12-1pm	Ages 18 and up	\$132	6 classes	PTEN0105-426303

Adult Advanced Tennis, NTRP 4.0+

Prerequisite: Passed Intermediate 3.5 or Instructor approval. A competitive clinic involving intense drilling, competitive situational games, and match play. Course will focus on finessing use of lobs, overheads, approach shots, and volleys. Student will also concentrate on hitting with power, spin, depth, and control.

Winter Term I: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Jan 6-Feb 10	Tue	7-8pm	Ages 18 and up	\$156	6 classes	PTEN0110-410228
Jan 8-Feb 12	Thu	7-8pm	Ages 18 and up	\$156	6 classes	PTEN0110-410229
Jan 4-Feb 8	Sun	11am-12pm	Ages 18 and up	\$156	6 classes	PTEN0110-410277
Jan 7-Feb 11	Wed	8-9pm	Ages 18 and up	\$156	6 classes	PTEN0110-410320
Jan 10 - Feb 14	Sat	9-10am	Ages 18 and up	\$156	6 classes	PTEN0110-410226

Winter I: ☐ ☐ Winter II: ☐ ☐

Adult Advanced Tennis, NTRP 4.0+ (continued)

Winter Term I: *Wheaton Indoor Tennis*

[Click to Register](#)

Jan 5 - Feb 9	Mon	8-9pm	Ages 18 and up	\$135	6 classes	PTEN0110-416223
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Winter Term II: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Feb 24-Apr 7	Tue	7-8pm	Ages 18 and up	\$156	6 classes	PTEN0110-420228
Feb 26-Apr 9	Thu	7-8pm	Ages 18 and up	\$156	6 classes	PTEN0110-420229
Feb 22-Apr 12	Sun	11am-12pm	Ages 18 and up	\$156	6 classes	PTEN0110-420272
Feb 25-Apr 8	Wed	8-9pm	Ages 18 and up	\$156	6 classes	PTEN0110-420320

Winter Term II: *Wheaton Indoor Tennis*

[Click to Register](#)

Mar 2 - Apr 6	Mon	8-9pm	Ages 18 and up	\$135	6 classes	PTEN0110-426223
Feb 26-Apr 9	Thu	11am-12pm	Ages 18 and up	\$135	6 classes	PTEN0110-426224
Feb 22-Apr 12	Sun	12-1pm	Ages 18 and up	\$135	6 classes	PTEN0110-426225

Adult Match Play 3.0 Tennis

The 3.0 player is fairly consistent when hitting medium-paced shots but is not comfortable with all strokes and lacks execution when trying for directional control, depth, and pace. First half of class focuses on needed drills and skills. Class finishes with a session of supervised match play. Instructor reserves the right to transfer you up or down a level if you are not closely matched in skill level.

Winter Term I: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Jan 9-Feb 13	Fri	11am-12pm	Ages 18 and up	\$156	6 classes	PTEN0115-410236
Jan 4-Feb 8	Sun	1-2pm	Ages 18 and up	\$156	6 classes	PTEN0115-410237
Jan 5-Feb 9	Mon	8-9pm	Ages 18 and up	\$156	6 classes	PTEN0115-410238
Jan 8-Feb 12	Thu	8-9pm	Ages 18 and up	\$156	6 classes	PTEN0115-410239

Winter Term I: *Wheaton Indoor Tennis*

[Click to Register](#)

Jan 8-Feb 12	Thu	7-9pm	Ages 18 and up	\$270	6 classes	PTEN0115-416223
Jan 7-Feb 18	Wed	10am-12pm	Ages 18 and up	\$270	6 classes	PTEN0115-416234

Winter Term II: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Feb 27-Apr 10	Fri	11am-12pm	Ages 18 and up	\$156	6 classes	PTEN0115-420236
Feb 22-Apr 12	Sun	1-2pm	Ages 18 and up	\$156	6 classes	PTEN0115-420237
Feb 23-Apr 6	Mon	8-9pm	Ages 18 and up	\$156	6 classes	PTEN0115-420238
Feb 26-Apr 9	Thu	8-9pm	Ages 18 and up	\$156	6 classes	PTEN0115-420239

Winter Term II: *Wheaton Indoor Tennis*

[Click to Register](#)

Feb 26-Apr 9	Thu	7-9pm	Ages 18 and up	\$270	6 classes	PTEN0115-426223
Feb 25-Apr 8	Wed	10am-12pm	Ages 18 and up	\$270	6 classes	PTEN0115-426234

Winter I: ☐ ☐ Winter II: ☐ ☐

Adult Match Play 3.5 Tennis

The 3.5 player has dependable strokes, but still lacks depth, variety, and the ability to alter distance of shots. Lack of confidence might limit the 3.5 player in effective use of lobs, overheads, approach shots, and volleys. This player is more comfortable at net, has improved court awareness, and is developing teamwork in doubles. First half of class focuses on needed drills and skills. Class finishes with a session of supervised match play. Instructor reserves the right to transfer you up or down a level if you are not closely matched in skill level.

Winter Term I: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Jan 4-Feb 8	Sun	2-4pm	Ages 18 and up	\$312	6 classes	PTEN0120-410245
Jan 6-Feb 10	Tue	8-9pm	Ages 18 and up	\$156	6 classes	PTEN0120-410246

Winter Term I: *Wheaton Indoor Tennis*

[Click to Register](#)

Jan 6-Feb 17	Tue	7-9pm	Ages 18 and up	\$270	6 classes	PTEN0120-416242
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Winter Term II: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Feb 22-Apr 12	Sun	2-4pm	Ages 18 and up	\$312	6 classes	PTEN0120-420245
Feb 24-Apr 7	Tue	8-9pm	Ages 18 and up	\$156	6 classes	PTEN0120-420246

Winter Term II: *Wheaton Indoor Tennis*

[Click to Register](#)

Feb 24-Apr 7	Tue	7-9pm	Ages 18 and up	\$270	6 classes	PTEN0120-426242
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Adult Cardio Tennis

This is a high energy class that combines the best features of the sport of tennis with cardiovascular exercise, delivering the ultimate, full body, calorie burning aerobic workout.

Winter Term I: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Jan 5-Feb 9	Mon	12-1pm	Ages 18 and up	\$156	6 classes	PTEN0125-410270
Jan 5-Feb 9	Mon	7-8pm	Ages 18 and up	\$156	6 classes	PTEN0125-410271
Jan 6-Feb 10	Tue	12-1pm	Ages 18 and up	\$156	6 classes	PTEN0125-410272
Jan 6-Feb 10	Tue	7-8pm	Ages 18 and up	\$156	6 classes	PTEN0125-410273
Jan 7-Feb 11	Wed	7-8pm	Ages 18 and up	\$156	6 classes	PTEN0125-410276
Jan 7-Feb 11	Wed	12-1pm	Ages 18 and up	\$156	6 classes	PTEN0125-410275
Jan 8-Feb 12	Thu	11am-12pm	Ages 18 and up	\$156	6 classes	PTEN0125-410262
Jan 9 - Feb 13	Fri	12-1pm	Ages 18 and up	\$156	6 classes	PTEN0125-410265
Jan 11 - Feb 15	Sun	12-1pm	Ages 18 and up	\$156	6 classes	PTEN0125-410268
Jan 11 - Feb 15	Sun	8-9am	Ages 18 and up	\$156	6 classes	PTEN0125-410267

Winter I: ☐ ☐ Winter II: ☐ ☐

Adult Cardio Tennis (continued)

Winter Term I: *Wheaton Indoor Tennis*

[Click to Register](#)

Jan 11 - Feb 15	Sun	10-11am	Ages 18 and up	\$135	6 classes	PTEN0125-416254
Jan 5-Feb 16	Mon	7-8pm	Ages 18 and up	\$135	6 classes	PTEN0125-416255
Jan 7-Feb 18	Wed	8-9pm	Ages 18 and up	\$135	6 classes	PTEN0125-416256
Jan 10 - Feb 14	Sat	10-11am	Ages 18 and up	\$135	6 classes	PTEN0125-416257
Jan 6-Feb 17	Tue	10-11am	Ages 18 and up	\$135	6 classes	PTEN0125-416258

Winter Term II: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Feb 21-Apr 11	Sat	9-10am	Ages 18 and up	\$156	6 classes	PTEN0125-420264
Feb 27-Apr 10	Fri	10-11am	Ages 18 and up	\$156	6 classes	PTEN0125-420265
Feb 22-Apr 12	Sun	10-11am	Ages 18 and up	\$156	6 classes	PTEN0125-420267
Feb 22-Apr 12	Sun	12-1pm	Ages 18 and up	\$156	6 classes	PTEN0125-420268
Feb 23-Apr 6	Mon	12-1pm	Ages 18 and up	\$156	6 classes	PTEN0125-420270
Feb 23-Apr 6	Mon	7-8pm	Ages 18 and up	\$156	6 classes	PTEN0125-420271
Feb 24-Apr 7	Tue	12-1pm	Ages 18 and up	\$156	6 classes	PTEN0125-420272
Feb 24-Apr 7	Tue	7-8pm	Ages 18 and up	\$156	6 classes	PTEN0125-420273
Feb 25-Apr 8	Wed	11am-12pm	Ages 18 and up	\$156	6 classes	PTEN0125-420274
Feb 25-Apr 8	Wed	12-1pm	Ages 18 and up	\$156	6 classes	PTEN0125-420275
Feb 25-Apr 8	Wed	7-8pm	Ages 18 and up	\$156	6 classes	PTEN0125-420276
Feb 26-Apr 9	Thu	10-11am	Ages 18 and up	\$156	6 classes	PTEN0125-420277

Winter Term II: *Wheaton Indoor Tennis*

[Click to Register](#)

Feb 23-Apr 6	Mon	7-8pm	Ages 18 and up	\$135	6 classes	PTEN0125-426255
Feb 25-Apr 8	Wed	8-9pm	Ages 18 and up	\$135	6 classes	PTEN0125-426256
Feb 24-Apr 7	Tue	10-11am	Ages 18 and up	\$135	6 classes	PTEN0125-426258

Winter I: ☐ ☐ Winter II: ☐ ☐

PICKLEBALL

Pickleball Youth Beginner 9-12

Winter Term I: <i>Wheaton Indoor Tennis</i>						Click to Register
Jan 4-Feb 8	Sun	9-10am	Ages 9 to 12	\$132	6 classes	PTEN0700-416700
Winter Term II: <i>Wheaton Indoor Tennis</i>						Click to Register
Feb 22-Apr 12	Sun	9-10am	Ages 9 to 12	\$132	6 classes	PTEN0700-426700

Pickleball Youth Intermediate 9-12

Winter Term I: <i>Wheaton Indoor Tennis</i>						Click to Register
Jan 4-Feb 8	Sun	12-1pm	Ages 9 to 12	\$132	6 classes	PTEN0701-416710
Winter Term II: <i>Wheaton Indoor Tennis</i>						Click to Register
Feb 22-Apr 12	Sun	12-1pm	Ages 9 to 12	\$132	6 classes	PTEN0701-426710

Pickleball Teen Beginner 13-17

Discover the basics and start your pickleball journey! This class is perfect for newcomers (ages 13-18) to pickleball who want to learn the fundamentals. We cover essential rules, paddle grips, basic strokes, serving techniques, and court positioning. You'll gain confidence through fun drills and guided play, setting a solid foundation for future improvement.

Winter Term I: <i>Wheaton Indoor Tennis</i>						Click to Register
Jan 4-Feb 8	Sun	10-11am	Ages 13 to 17	\$132	6 classes	PTEN0720-416720
Winter Term II: <i>Wheaton Indoor Tennis</i>						Click to Register
Feb 22-Apr 12	Sun	10-11am	Ages 13 to 17	\$132	6 classes	PTEN0720-426720



Winter I: ☐ ☐ Winter II: ☐ ☐

Pickleball Teen Intermediate 13-17

Take your skills to the next level with intermediate techniques and strategies. Designed for players who have a basic understanding of pickleball and want to improve their game. This class focuses on refining strokes, developing consistent serves and returns, enhancing footwork, and learning tactical positioning. Expect dynamic drills and gameplay scenarios to boost your confidence and competitiveness.

Winter Term I: *Wheaton Indoor Tennis*

[Click to Register](#)

Jan 4-Feb 8	Sun	11am-12pm	Ages 13 to 17	\$132	6 classes	PTEN0721-416730
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Winter Term II: *Wheaton Indoor Tennis*

[Click to Register](#)

Feb 22-Apr 12	Sun	11am-12pm	Ages 13 to 17	\$132	6 classes	PTEN0721-426730
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Pickleball Adult Beginner

Winter Term I: *Wheaton Indoor Tennis*

[Click to Register](#)

Jan 6 - Feb 10	Tue	5-6pm	Ages 18 and up	\$132	6 classes	PTEN0750-416750
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Winter Term II: *Wheaton Indoor Tennis*

[Click to Register](#)

Feb 24-Apr 7	Tue	5-6pm	Ages 18 and up	\$132	6 classes	PTEN0750-426750
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Pickleball Adult Intermediate

Winter Term I: *Wheaton Indoor Tennis*

[Click to Register](#)

Jan 6 - Feb 10	Tue	6-7pm	Ages 18 and up	\$132	6 classes	PTEN0750-416760
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Winter Term II: *Wheaton Indoor Tennis*

[Click to Register](#)

Feb 24-Apr 7	Tue	6-7pm	Ages 18 and up	\$132	6 classes	PTEN0751-426760
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Winter I: ☐ ☐ Winter II: ☐ ☐