

MONTGOMERY PARKS
GUIDE
WINTER 2024-2025



CLASSES. PROGRAMS. ACTIVITIES. EVENTS.



MONTGOMERY PARKS PROGRAM GUIDE | WINTER 2024-2025

Agricultural & Historical Programs

- 18 [Agricultural History Farm Park](#)
- 19 [Josiah Henson Museum & Park](#)

Nature & Horticultural Programs

- 27 [Brookside Gardens](#)
- 35 [Black Hill Discovery Center](#)
- 47 [Brookside Nature Center](#)
- 53 [Locust Grove Nature Center](#)
- 55 [Maydale Nature Classroom](#)
- 58 [Meadowside Nature Center](#)
(building closed for renovations)

Sports Programs

- 64 [Ice Skating and Hockey at Cabin John and Wheaton Ice](#)
- 103 [Tennis at Pauline Betz Addie and Wheaton Indoor Tennis](#)

More to Do in the Parks

- 7 [Volunteer Opportunities](#)
- 8 [Rainout Line](#)
- 9 [Build Your Own Guide](#)
- 10 [Park Activity Buildings and Picnic Shelters](#)
- 11 [Event Centers](#)
- 12 [Little Bennett Campground](#)
- 13 [Campfire Ring Rentals](#)
- 14 [Montgomery Parks Employment](#)
- 15 [Summer Camps](#)
- 16 [Summer Camp Scholarship](#)
- 17 [Black History Month](#)
- 22 [Adults 55 and Up Programs](#)
- 24 [Park Academy Series](#)
- 34 [Garden of Lights](#)
- 52 [Drop-in Weekend Programs at Brookside Nature Center](#)
- 103 [Public Ice Skating](#)

Information & Registration

- 3 [Registration Information](#)
- 4 [Montgomery Parks Directory](#)



Programs are subject to change.
For the most up-to-date listings visit:
[MontgomeryParks.org](https://www.MontgomeryParks.org)





Register Online

Click the Course # link next to each program in this guide to register for that program or visit [ActiveMONTGOMERY.org](https://www.ActiveMONTGOMERY.org)

Register By Mail

Download a [registration form](#) and mail to:
ActiveMONTGOMERY
2425 Reddie Drive, 10th Floor
Wheaton, MD 20902

Questions?

Call: 301-495-2580
Monday–Friday, 8:30 am–4:30 pm
Visit [ActiveMONTGOMERY.org](https://www.ActiveMONTGOMERY.org) for answers to frequently-asked-questions.

Program Access & Inclusion Services

For inquiries regarding inclusion services and accommodations, contact the Program Access office:

Phone: **301-495-2581**
MD Relay: **7-1-1**
Email: ProgramAccess@MontgomeryParks.org
[MontgomeryParks.org/Accessibility](https://www.MontgomeryParks.org/Accessibility)

REGISTRATION DATES

Winter Programs: Nov 12, 6:30 am

Ice/Tennis Winter Term I: Dec 20, 6:30am

Ice/Tennis Winter Term II: Feb 14, 6:30am



Payment, Withdrawals, and Refunds

Visit the [Montgomery Parks Activity Withdrawals and Refund webpage](#) for complete details.

MONTGOMERY PARKS DIRECTORY

ATHLETIC FIELDS

Visit [Athletic Fields](#) for reservation information.

ARCHERY

[South Germantown Recreational Park](#)

18045 Central Park Circle, Boyds, MD 20841

[Rock Creek Regional Park](#)

5700 Needwood Lake Circle, Rockville, MD 20855

BIKE PARKS

[South Germantown Bike Park](#)

18045 Central Park Circle, Boyds, MD 20841

[The Pit at Fairland Bike Park](#)

3928 Greencastle Road Fairland, MD 20866

[Wheaton Gravity Mountain Bike Park](#)

2000 Shorefield Road in Wheaton, MD 20902

BOATING

[Black Hill Boats](#)

20920 Lake Ridge Drive, Boyds, MD 20841 • 301-528-3466

[Lake Needwood Boats](#)

15700 Needwood Lake Circle, Rockville, MD 20855
301-563-7540

CAMPING

[Little Bennett Campground](#)

23705 Frederick Road, Clarksburg, MD 20871
301-528-3430

[Robert C. McDonell Campground](#)

7701 Tuckerman Lane, Rockville, MD 20854
301-495-2525

Visit [Rentals and Permits](#) for additional camping options.

COMMUNITY GARDENS

Visit [Community Gardens](#) for information.

CULTURAL & HISTORIC ATTRACTIONS

Visit [History in the Parks](#) for more information.

[Agricultural History Farm Park](#)

18400 Muncaster Road, Derwood, MD 20855
301-670-4660

[Kingsley Schoolhouse](#)

24472 Clarksburg Road, Clarksburg, MD 20871
301-650-4373

[Josiah Henson Museum & Park](#)

11410 Old Georgetown Road, North Bethesda, MD 20852
301-765-8790

[Oakley Cabin African American Museum](#)

3610 Brookeville Road, Olney, MD 20832
301-650-4373

[Woodlawn Manor Cultural Park](#) and [Underground Railroad Experience Trail](#)

16501 Norwood Road, Sandy Spring, MD 20860
301-929-5989

DOG PARKS

[Black Hill Regional Park](#)

20930 Lake Ridge Drive, Boyds, MD 20841
On Picnic Lane, SE of boat rentals on Lake Ridge Drive

[Cabin John Regional Park](#)

7400 Tuckerman Lane, Bethesda, MD 20817

[Columbia Local Park](#)

14900 Old Columbia Pike, Burtonsville, MD 20866

[Dewey Local Park](#)

1720 Dewey Road, Silver Spring, MD 20906

[Ellsworth Urban Park](#)

621 Ellsworth Drive, Silver Spring, MD 20910

[Olney Manor Recreational Park](#)

16601 Georgia Avenue, Olney, MD 20832

[Piedmont Woods Local Park](#)

12835 Snowden Farm Parkway, Clarksburg, MD 20871

[Ridge Road Recreational Park](#)

21155 Frederick Road, Germantown, MD 20876

[Wheaton Regional Park](#)

11710 Orebaugh Avenue, Wheaton, MD 20902

DRIVING RANGE/GOLF

[South Germantown Driving Range](#)

18045 Central Park Circle, Boyds, MD 20841
301-670-4670

EVENT CENTERS

Ideal venues for weddings, special events, meetings and more!

[Brookside Gardens](#)

1800 Glenallan Avenue, Wheaton, MD 20902
301-962-1404

Email: Event.Manager@MontgomeryParks.org

MONTGOMERY PARKS DIRECTORY

[The Lodge at Little Seneca Creek](#)

14500-A Clopper Road, Boyds, MD 20841
301-528-6010

Email: SenecaLodge@MontgomeryParks.org

[Rockwood Manor Retreats and Events](#)

11001 MacArthur Boulevard, Potomac, MD 20854
301-563-7510

Email: RockwoodManor@MontgomeryParks.org

GARDENS

[Brookside Gardens](#)

1800 Glenallen Avenue, Wheaton, MD 20902
301-962-1400 general information
301-962-1404 event rentals

[McCrillis Gardens](#)

6910 Greentree Road, Bethesda, MD 20817
301-962-1455

GOLF

Golf courses are operated by the [Montgomery County Revenue Authority](#).

[Little Bennett Golf Course](#)

25900 Prescott Road Clarksburg, MD 20871
301-253-1515

[Needwood Golf Course](#)

6724 Needwood Road, Derwood, MD 20855
301-948-1075

[Northwest Park Golf Course](#)

15711 Layhill Road, Silver Spring, MD 20906
301-598-6100

[Sligo Creek Golf Course](#)

9701 Sligo Creek Parkway, Silver Spring, MD 20901
301-585-6006

HORSEBACK RIDING & STABLES

Equestrian facilities are managed by private operators through partnerships with M-NCPPC.

[Callithea Farm Park](#)

15000 River Road, Potomac, MD 20854
301-977-8010

[Meadowbrook Riding Stables](#)

8200 Meadowbrook Lane, Chevy Chase, MD 20815
301-589-9026

[Rickman Farm Horse Park](#)

17320 Moore Road, Boyds, MD 20841
301-349-0075

[Wheaton Regional Park Stables](#)

1101 Glenallen Avenue, Wheaton, MD 20902
301-622-2424

[Woodstock Equestrian Park](#)

20100 Darnestown Road, Beallsville, MD 20839
301-495-2525

ICE SKATING

[Cabin John Ice Rink](#)

10610 Westlake Drive, Rockville, MD 20852
301-765-8620

[Wheaton Ice Arena](#)

11717 Orebaugh Avenue, Wheaton, MD 20902
301-905-3000

IN-LINE HOCKEY RINKS

[Dewey Local Park](#)

11720 Dewey Road, Veirs Mill, MD 20906

[Ridge Road Recreational Park](#)

21155 Frederick Road, Germantown, MD 20876

MINIATURE GOLF

[South Germantown Miniature Golf](#)

18056 Central Park Circle, Boyds, MD 20841
301-670-4680

NATURE CENTERS

[Black Hill Discovery Center](#)

20926 Lake Ridge Drive, Boyds, MD 20841
301-528-3492

[Brookside Nature Center](#)

1400 Glenallen Avenue, Wheaton, MD 20902
301-962-1480

[Locust Grove Nature Center](#)

7777 Democracy Boulevard, Bethesda, MD 20817
301-765-8660

[Maydale Nature Classroom](#)

1638 Maydale Drive, Colesville, MD 20905
301-962-1496

[Meadowside Nature Center](#)

5100 Meadowside Lane, Rockville, MD 20855
301-258-4030

PARK ACTIVITY BUILDINGS & PICNIC SHELTERS

Visit [Park Permits](#) for rental information.

SKATE PARKS

[Olney Manor Recreational Park](#)

16601 Georgia Avenue, Olney, MD 20832

[Takoma-Piney Branch Local Park](#)

2 Darwin Avenue Takoma Park, MD 20910

[Woodside Urban Park](#)

8800 Georgia Avenue, Silver Spring, MD 20910

SPLASH PARK

[South Germantown SplashPark](#)

18056 Central Park Circle, Boyds, MD 20841

301-670-4680

SPORTS COURTS (OUTDOOR)

Visit [Sports](#) for a list of outdoor basketball, tennis, pickleball, and soccer courts.

TENNIS (INDOOR)

[Pauline Betz Addie Tennis Center](#)

7801 Democracy Boulevard, Bethesda, MD 20817

301-765-8650

[Wheaton Indoor Tennis](#)

11715 Orebaugh Avenue, Wheaton, MD 20902

301-905-3030

[Montgomery TennisPlex*](#)

18010 Central Park Circle, Boyds, MD 20841

240-477-4430z

* This facility is managed by a private operator through a partnership with M-NCPPC. Please contact them directly for more information.

TRAILS

Visit [Trails](#) for maps and detailed information about the more than 250 miles of trails in Montgomery Parks.

TRAINS (MINIATURE)

[Cabin John Miniature Train](#)

7410 Tuckerman Lane, Rockville, MD 20852

301-765-8670 • 301-650-2880 party rentals

[Wheaton Train and Carousel](#)

2002 Shorefield Road, Wheaton, MD 20902

301-563-7545 • 301-650-2880 party rentals

TURF FIELD

200' x 85' covered synthetic turf playing field; rent for soccer, lacrosse, futsal, parties and more.

[Wheaton Sports Pavilion](#)

11751 Orebaugh Avenue, Wheaton, MD 20902

301-905-3070

CONTACT INFORMATION

[Montgomery Parks](#)

2425 Reddie Drive, Wheaton, MD 20902

[Customer Service](#)

Park information, maintenance requests, or concerns:

Call: 301-495-2595

Email: Info@MontgomeryParks.org

[Permits & Rentals](#)

Call: 301-495-2525

Email: ParkPermits@MontgomeryParks.org

[Volunteer Opportunities](#)

Call: 301-495-2504

Email: ParksVolunteers@MontgomeryParks.org

[Rainout Line](#)

Call: 301-579-5610 for Athletic Fields

Call: 240-270-0008 for Trail Conditions

[Park Police](#)

Call: 301-949-8010, Emergency call 911

Twitter: [@ParkPolice](https://twitter.com/ParkPolice)

ACCESSIBILITY

[Program Access & Inclusion Services](#)

For inquiries regarding inclusion services, programs, and accommodations, please contact the Program Access office:

Call: 301-495-2477

MD Relay: 7-1-1

Email: ProgramAccess@MontgomeryParks.org



ONE website
ONE account
for both Recreation & Parks
Registration, Reservations
and More!
[ActiveMontgomery.org](https://www.ActiveMontgomery.org)
Create your account today!

Thank you
for all you do.

VOLUNTEER IN PARKS

Naturally!

Volunteering in Montgomery Parks is such a natural thing to do!

We love the folks in our community who get involved—and we think you'll love volunteering with us too. Check out some of our Winter opportunities below, and go to ParksVolunteers.org to see all of our most up to date postings!

- * **Honor the life and legacy of Dr. Martin Luther King Jr. by giving back.** Find Park Cleanups and other activities at ParksVolunteers.org.
- * **Weed Warrior Workdays** – Help save the trees from non-native invasive plants by joining one of our staff (or trained volunteer) led event.
- * **Help keep our Park watersheds clean by joining one of our staff-led cleanups, or hosting your own!**
- * **Park Police are looking for volunteers to assist in keeping our parks safe.** Training Academy starts in spring.
- * **Nature Center Gardeners** – Spring is coming and our native gardens are waking up. Gardeners help keep them attractive and appealing to park visitors and pollinators alike.

LONG TERM

- * **Kingsley Schoolhouse Docents, Clarksburg** – Share what a “schoolmaster” taught children of all ages in our historic one room schoolhouse.
- * **Oakley Cabin Docents, Olney** – Give tours of our 19th century cabin that was home to African Americans from the 1870s to the mid-20th century.
- * **Stream Striders, Watershed Cleanup Leaders – Winter Training**
Teach groups about why it is important to keep our parks and streams litter free.
- * **Instructional Ice Skating Aides, Cabin John Ice Rink, Wheaton Ice Arena** – Assist the Instructors with skating lessons and programs at the ice rinks. Skating experience is required.

We ♥ our
volunteers!



ParksVolunteers.org | 301-495-2504



Trails open? Game on?

Montgomery Parks
has you covered.

When inclement weather occurs, use the **RainoutLine** system to get instant information on Montgomery Parks trails and athletic fields.

Three ways to access RainoutLine:

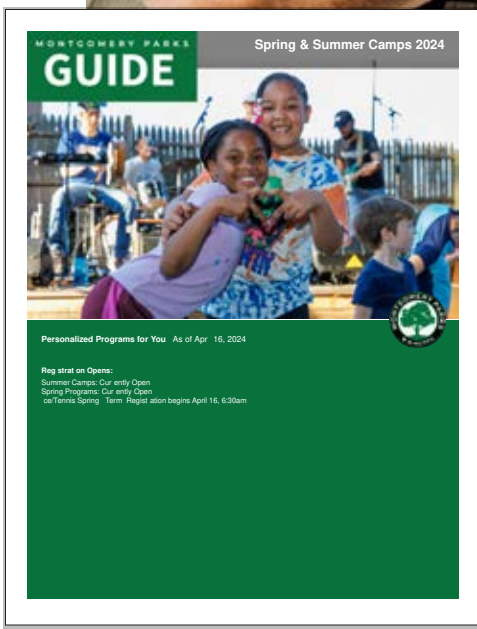
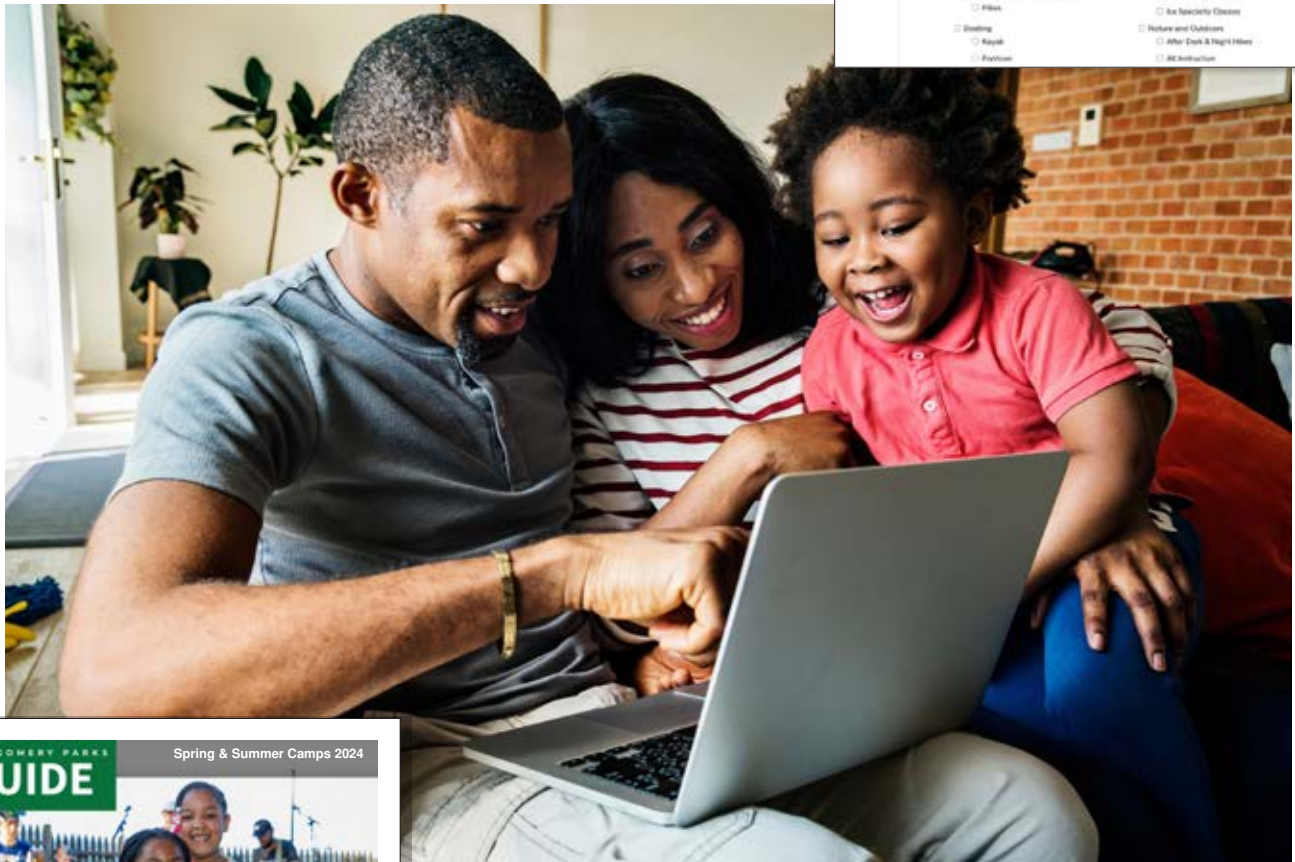
- 1 **Phone:** Trail Conditions: 240-270-0008 or Athletic Field Status: 301-579-5610
- 2 **Online:** Go to MontgomeryParks.org/RainoutLine
- 3 **App:** Download the free mobile app for your smartphone.

MontgomeryParks.org/RainoutLine

MONTGOMERY PARKS
Rainout Line



Build Your Own Guide!



- The new online Build Your Own Guide tool allows you to create a digital program guide customized to your specific interests.
- In just three easy steps, you can select the program categories, locations and age ranges you prefer, and then download or print your personalized guide at home.

MontgomeryParks.org/Your-Guide



Montgomery Parks... the perfect place to gather!



BIRTHDAY PARTIES • RECEPTIONS • REUNIONS •
NEIGHBORHOOD GATHERINGS • BUSINESS MEETINGS

Park Activity Buildings available
year-round

Picnic Shelters available
to rent April 1–October 31

Convenient and affordable, our **Park Activity Buildings** and **Picnic Shelters** provide all the amenities needed to make your next event enjoyable and hassle-free!



View availability
and book online at
ActiveMontgomery.org

Contact the Park Permits Office for rental information

P: Monday–Friday, 8:30am–5pm | 301.495.2525

E: ParkPermits@MontgomeryParks.org | W: ParkPermits.org

2425 Reddie Drive, 2nd Floor | Wheaton, MD 20902



MontgomeryParks.org

The natural choice for your special event!

Our event centers are the ideal venues for picture-perfect weddings, elegant celebrations, successful retreats, and more!

Available year-round at affordable rates.



BROOKSIDE GARDENS

50 acres of stunning garden areas

1800 Glenallan Avenue | Wheaton, MD 20902
301-962-1404 | BrooksideGardens.org
event.manager@montgomeryparks.org



Brookside Gardens

THE LODGE AT LITTLE SENECA CREEK

Rustic charm and beautiful panoramic views

14500-A Clopper Road | Boyds, MD 20841
301-670-3282 | LodgeatSeneca.org
senecalodge@montgomeryparks.org



The Lodge at Little Seneca Creek

ROCKWOOD MANOR RETREATS & EVENTS

Serene estate just six minutes from the Capital Beltway

11001 MacArthur Boulevard | Potomac, MD 20854
301-563-7510 | RockwoodManor.org
rockwoodmanor@montgomeryparks.org



Rockwood Manor

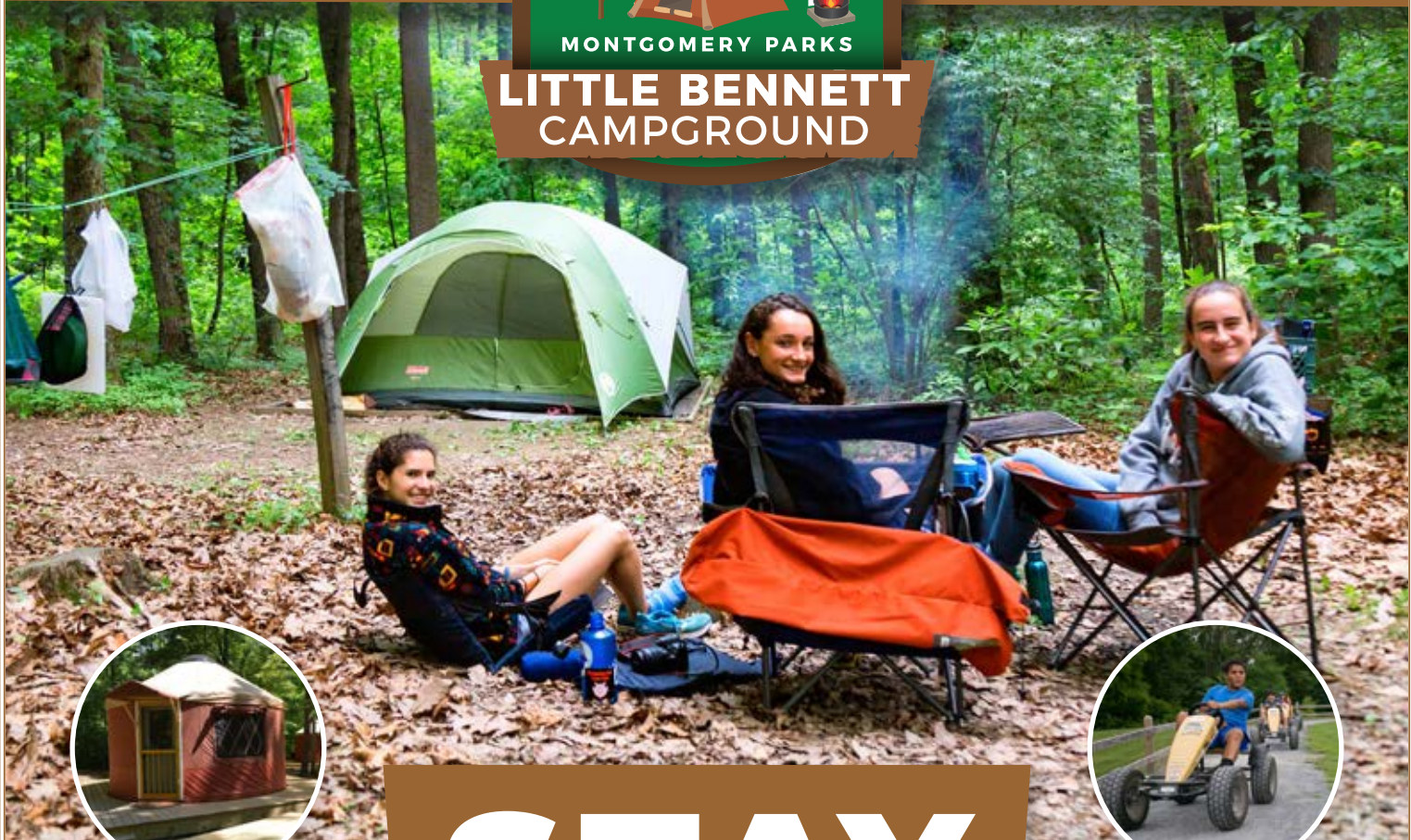
Now Booking Overnight Stays

ParkEventCenters.org





LITTLE BENNETT CAMPGROUND



STAY — & — PLAY

Range of accommodations including campsites, cabins, and yurts, to fit your needs

OPEN YEAR-ROUND

[MINIMUM 2-NIGHT STAY]

Hiking and biking trails, pedal kart track, jumping pillow, laser tag, outdoor movies, arts & crafts, and more!



LITTLE BENNETT CAMPGROUND
23705 Frederick Road | Clarksburg, MD 20871
LittleBennettCampground.org



CAMPFIRE RING RENTALS



Firewood and fire starting materials are included at some locations.

Enjoy a cozy gathering around the warm embers of a campfire roasting marshmallows and sharing stories with friends and family.

For more information and guidelines, visit MontgomeryParks.org/Campfire





WORK — FOR — MONTGOMERY PARKS

NOW HIRING

Full-Time and Part-Time
Positions in Park Operations,
Management, Administration
and more!

Career & Full-Time Positions

- Park Maintenance
- Skilled Trades
- Heavy Equipment
- CDL Drivers
- Park Police Officers
- Admin Support
- IT - Telecom
- Horticulture
- Engineering/Planning
- Natural Resources

Part-Time & Seasonal Staff Positions

Event Staff, Administration, Athletics Instructors,
Camp Staff, Maintenance, Park Education

We offer a **competitive compensation package** with **exceptional benefits** that will provide security for you and your family through every stage of life.

Have Questions? Email us at
MCP-ParksCareers@montgomeryparks.org



To view all our open positions, scan the QR code or go to MoCoParks.org/jobs



Mark Your Calendar!

Summer Camp Registration Begins January 21



Complete list of Summer Camps will be available in early January at MontgomeryParks.org/Camps or scan the QR code.



Summer Camp Scholarships are Available



**JUMP.
CLIMB.
PLAY.
DIG.
EXPLORE.**

The Marye Wells-Harley Dream Camp Scholarship Fund ensures that all children have access to an exciting Summer Camp experience!

Scholarships are available for Montgomery County residents aged 6-14.

Applications open January 14

For more information visit:

MontgomeryParks.org/Camps



MONTGOMERY PARKS
FOUNDATION

Black History Month *Family Days*

Visit Montgomery Parks' historic sites for special programs throughout the month of February.



Saturday, February 8 | 11 am – 3 pm Woodlawn Manor Cultural Park

16501 Norwood Rd
Sandy Spring, MD 20860

Enjoy hands on activities including compass making, share what freedom means to you, map your own family tree, and more! There will also be story times at 11:30 am and 1:30 pm. Kids and families of all ages are welcome to drop in. **FREE.**

WoodlawnManor.org



Saturday, February 22 | 10 am – 4 pm Josiah Henson Museum & Park

11410 Old Georgetown Rd
North Bethesda, MD 20852

Parking is located at Wall Local Park, 5900 Executive Blvd
North Bethesda, MD 20852.

Reverend Josiah Henson worked tirelessly throughout his life to advocate for freedom and education. Learn about Henson's contributions and what a child's life was like in Dawn, the settlement Henson created after taking his family to Canada via the Underground Railroad.

This family friendly event includes educational, hands on activities and is appropriate for all ages. **Free with paid museum admission.**

JosiahHenson.org

For complete schedule of events visit HistoryInTheParks.org.



MONTGOMERY PARKS

AGRICULTURAL HISTORY FARM PARK

Park grounds and trails open daily sunrise to sunset.

See the past, present, and future of Montgomery County's rich farming heritage at the **Agricultural History Farm Park**. This scenic 455-acre park features rolling hills, open fields, an apple orchard, and a variety of farm animals.

Visit AgHistoryFarm.org for programming and event information.

AGRICULTURAL HISTORY FARM PARK
18400 Muncaster Road | Derwood, MD 20855
301-670-4660 | AgHistoryFarm.org



MONTGOMERY PARKS

WALK-INS WELCOME

Josiah Henson Museum & Park



Admission required. Tickets available onsite.
Open Friday through Sunday
For hours and information visit JosiahHenson.org



Josiah Henson Museum & Park tells the story about the life and challenges of Reverend Josiah Henson, enslavement in Maryland, and the ongoing struggles of racial equality and justice.

Visit the museum and experience interactive multimedia exhibits. Explore the park and engage in personal or group reflection. Discover the archaeological sites throughout the park. Visit JosiahHenson.org for program and event information.



JOSIAH HENSON MUSEUM & PARK

11410 Old Georgetown Road
North Bethesda, Maryland 20852

301-765 8790 | JosiahHenson.org

Visitor Parking at Wall Local Park, 5900 Executive Blvd



JOSIAH
HENSON
MUSEUM
& PARK



Montgomery Parks is dedicated to providing quality services and programs that are inclusive and accessible to all. ADA: MontgomeryParks.org/accessibility
Non Discrimination: MontgomeryParks.org/about/parks/

f t i @MontgomeryParks
facebook.com/josiahhensonmuseum



JOSIAH
HENSON
MUSEUM
& PARK



JOSIAH HENSON MUSEUM & PARK

11410 Old Georgetown Road | North Bethesda, MD 20852

301-765 8790

Open Friday through Sunday

For hours and information visit [JosiahHenson.org](https://www.JosiahHenson.org)

SPECIAL OPENINGS

MLK Holiday

In honor of Martin Luther King, Jr's birthday, we have special hours on January 20th! Come visit us between 10 am and 4 pm to learn more about Underground Railroad Conductor & Montgomery County resident, Reverend Josiah Henson, and enjoy multimedia & hands on activities. Admission, \$4 for children and seniors, and \$5 for adults. Tickets available onsite. Guest parking is 1.5 blocks away at the Shriver Aquatic Center in Wall Local Park, located at 5900 Executive Boulevard.

Josiah Henson Museum and Park

[Learn more](#)

Jan 20	Mon	10a-4p	All Ages	PJHMP0002-400004
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President's Day

To commemorate Presidents' Day, we'll be open on February 17th between 10 am and 4 pm. Learn more about Underground Railroad Conductor & Montgomery County resident, Reverend Josiah Henson, and enjoy multimedia & hands on activities. Admission, \$4 for children and seniors, and \$5 for adults. Tickets available onsite. Guest parking is 1.5 blocks away at the Shriver Aquatic Center in Wall Local Park, located at 5900 Executive Boulevard.

[Josiah Henson Museum and Park](#)

[Learn more](#)

Feb 17	Mon	10a-4p	All Ages	PJHMP0002-400005
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Black History Month Family Day

Reverend Josiah Henson worked tirelessly throughout his life to advocate for freedom and education. This Saturday, come visit the Josiah Henson Museum and Park for educational, hands-on activities that demonstrate what a child's life was like in Dawn, the settlement he created after taking his family to Canada via the Underground Railroad. The family-friendly event is appropriate for all ages. Free with paid admission. Admission, \$4 for children and seniors, and \$5 for adults. Tickets available onsite. Guest parking is 1.5 blocks away at the Shriver Aquatic Center in Wall Local Park, located at 5900 Executive Boulevard.

[Josiah Henson Museum and Park](#)

[Learn more](#)

Feb 22	Sat	10a-4p	All Ages	PJHMP0002-400006
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SPEAKER SERIES

History Hour

This lecture series features local historians, educators and more who will share their knowledge of local and regional history. Arrive early and take a self-guided tour of the museum. Doors open at 5pm. This program will take place at the Josiah Henson Museum and Park Visitor Center. Refreshments provided. Admission, \$5 per person. Tickets available onsite and online. Parking is only located at Wall Local Park, 5900 Executive Blvd.

[Josiah Henson Museum and Park](#)

Josiah Henson: The Man, The Myth, and The Museum

Jan 23	Thu	6-7p	Ages 12 and up	\$5	1 Class	Purchase Tickets
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Thurgood Marshall: A Trail-Blazing Civil Rights Victory in Montgomery County

Feb 20	Thu	6-7p	Ages 12 and up	\$5	1 Class	Purchase Tickets
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Montgomery Parks 55+ programs are designed with the growing population of older adults in mind. Try something new in one of our beautiful park locations.

Visit [MoCoParks.org/55andbetter](https://www.mocoparks.org/55andbetter) for a complete list of programs.

PROGRAMS FOR ADULTS 55 AND UP

Socials for 55+: Making Nature Jewelry

Using materials such as stones, leaves, flowers, and wood, attendees learn how to design and assemble earrings, necklaces, bracelets, and other accessories. Suitable for all skill levels, the program aims to inspire a love for both artistic expression and environmental stewardship. Registration required.

Indian Spring Terrace Local Park

[Click to Register](#)

Dec 8	Sun	12-1:30p	Ages 55 and up	\$25	1 Class	PPACC0002-400001
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Socials for 55+: Green Dreams Vision Board

Turn your dreams and goals into a tangible vision while staying kind to the planet! This sustainable dream board workshop invites you to create personalized vision boards using recycled and eco-friendly materials. All materials are provided. No crafting experience is necessary. Register yourself and bring a friend for free!

Meadowbrook Local Park

[Click to Register](#)

Jan 17	Fri	11a-12:30p	Ages 55 and up	\$4	1 Class	PPACC0002-400002
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Socials for 55+: Pressed Flower Valentine's

Celebrate the beauty of nature and the spirit of Valentine's Day by creating your own unique pressed flower valentines and crafts! This hands-on workshop invites you to explore your creativity while crafting personalized, nature-inspired gifts and decorations. All materials are provided. No crafting experience is necessary. Register yourself and bring a friend for free!

Meadowbrook Local Park

[Click to Register](#)

Feb 7	Fri	11a-12:30p	Ages 55 and up	\$5	1 Class	PPACC0002-400003
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Socials for 55+: Winter Mixer

Join us for a cozy and fun-filled evening at the Winter Mixer for 55+! This event is designed to bring together individuals in the 55 and better community for a night of connection, laughter, and socialization. Whether you're looking to make new friends or reconnect with familiar faces, the Winter Mixer offers a variety of activities to help break the ice like nature trivia, happy hour style mocktails and snacks, music, conversation, and more. Register yourself and bring a friend for free!

Meadowbrook Local Park

[Click to Register](#)

Feb 15	Sat	3-5p	Ages 55 and up	\$10	1 Class	PPACC0002-400004
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Nature Book Club

Join our 55+ Nature Book Club and become part of a community that celebrates the beauty of literature and the outdoors! Explore a range of books centered around nature, wildlife, conservation, and environmental issues. Each month, our members vote on the next book to read, ensuring a diverse and engaging reading list. Light refreshments will be provided. Registration is required

Location TBD

[Click to Register](#)

Dec 17, Jan 21, Feb 18	Tue	6-7:30p	Ages 55 and up	Free		MoCoParks.org/55andbetter
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FITNESS

Yoga for Strength and Vitality

Focusing on building strength and flexibility to promote healthy aging for participants ages 55 and up. This class is mat-based, but will have chairs available to modify poses and make the practice accessible to most levels. *NOTE: Class will not be held on Tuesday, December 24 and Tuesday, December 31, 2024. This is a series of ten Tuesday classes. All classes in the series are included in the one registration fee. Classes in the series are not offered on an individual basis. Participants should be able to get up and down from a mat without assistance. Please bring a yoga mat. Classes are held indoors in the Tilden Woods Local Park Activity Building located on park grounds. Registration is required. No walk-ins will be accepted.

[Tilden Woods Local Park](#)

[Click to Register](#)

Dec 3 - Feb 18	Tues	10-11a	Ages 55 and up	\$90	10 Classes	PPACT0017-400001
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Toddler and You Yoga

Dance, sing and frolic with your toddler while learning yoga poses, participating in creative movement and learning breathing exercises and other methods small children can use for self calming. *NOTE: Class will not be held on Thursday, December 26, 2024. This is a series of ten Thursday classes. All classes in the series are included in the one registration fee. Classes in the series are not offered on an individual basis. Please bring a yoga mat. Classes are held in the Tilden Woods Local Park Activity Building located on park grounds. Registration is required. No walk-ins will be accepted.

[Tilden Woods Local Park](#)

[Click to Register](#)

Dec 5 - Feb 13	Thu	10:30-11:15a	Ages 2 to 5 plus one adult	\$120	10 Classes	PPACT0006-400001
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Toddler and You Yoga

Dance, sing and frolic with your toddler while learning yoga poses, participating in creative movement and learning breathing exercises and other methods small children can use for self calming. *NOTE: Class will not be held on Saturday, January 25, 2025. This is a series of eight Saturday classes. All classes in the series are included in the one registration fee. Classes in the series are not offered on an individual basis. Please bring a yoga mat. Classes are held in the Quince Orchard Valley Neighborhood Park Activity Building located on park grounds. Registration is required. No walk-ins will be accepted.

Quince Orchard Valley Neighborhood Park

[Click to Register](#)

Jan 4 - Mar 1	Sat	11:30a-12:15p	Ages 2 to 5 plus one adult	\$96	8 classes	PPACT0006-400002
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Breath and Movement Flow Yoga

In this active indoor Viniyoga-Inspired Flow class, we focus on the movement of our breath to initiate movement of our body into postures, which are oriented around Sun Salutations. In each class we will move progressively from simple and easy postures to more complex and difficult ones. This practice will promote strength, stability, flexibility, skeletal alignment, and mid-body connection through the breath. *NOTE: This is a series of four consecutive Saturday classes. Classes are held in the Quince Orchard Valley Neighborhood Park Activity Building on park grounds. All classes in the series are included in the one registration fee. Classes in the series are not offered on an individual basis. Please bring a yoga mat. Registration is required. No walk-ins will be accepted.

Quince Orchard Valley Neighborhood Park

[Click to Register](#)

Jan 4 - 25	Sat	10-11a	Ages 16 and up	\$40	4 Classes	PPACT0007-400001
Feb 1 - 22	Sat	10-11a	Ages 16 and up	\$40	4 Classes	PPACT0007-400002

POUND Fitness

Unleash your inner Rockstar! POUND is a drumming-inspired cardio indoor workout that uses Ripstix (lightly weighted drumsticks) to tone your body. Infused with Pilates based movements, strength training and plyometrics, you'll leave class feeling alive, confident and strong! It's a perfect way to destress after your day. Let's jam to the beat of good music, move your body, and have fun! *NOTE: This is a series of six consecutive Wednesday classes. All classes in the series are included in the one registration fee. Classes in the series are not offered on an individual basis. Please bring a yoga mat. Ripstix's will be provided by the instructor for in class use. Classes are held at 8301 Turkey Thicket Drive, Gaithersburg, MD in the Large Conference Room on the first floor of Building A. Street parking is available adjacent to the building. Registration is required. No walk-ins will be accepted.

Green Farm Maintenance Facility

[Click to Register](#)

Jan 8 - Feb 12	Wed	5-5:45p	Ages 18 and up	\$54	6 classes	PPACT0004-400001
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Balance and Mobility

In our Balance & Mobility series, participants will work on balance related fitness and flexibility in a low-impact, energizing and fun way. We'll work on various single leg movements, foot and ankle strength, base of support and center of gravity work. We will primarily stand and use chairs for these movements. After the four week series of indoor classes, participants can expect to feel improvements in balance, foot and ankle stability, and overall confidence when walking and performing other daily movements. While this class is aimed at adults focused on healthy aging, it's never too early to add Balance & Mobility to your fitness routine! This class is created and led by a Certified Personal Trainer and Senior Fitness and Functional Aging Specialist. *NOTE: This is a series of four consecutive Thursday classes. All classes in the series are included in the one registration fee. Classes in the series are not offered on an individual basis. Classes are held in the Clarksburg Neighborhood Park Activity Building located on park grounds. Registration is required. No walk-ins will be accepted

Clarksburg Neighborhood Park

[Click to Register](#)

Jan 9 - 30	Thu	11a-12p	Ages 18 and up	\$40	4 Classes	PPACT0016-400001
Feb 6-27	Thu	11a-12p	Ages 18 and up	\$40	4 Classes	PPACT0016-400002

Fitness Test

Come test your fitness! Our free Senior Fitness Test is for participants ages 55 and up. We will measure your endurance, strength and flexibility using five-standardized tests. At the end of the one hour indoor session you will learn how your fitness compares to others in your age group as well as what aspects of fitness you should focus on improving. The Senior Fitness Test is administered by a Senior Fitness Specialist/Functional Aging Specialist and Certified Personal Trainer. *NOTE: Class will be held in the Clarksburg Neighborhood Park Activity Building located on park grounds. Registration is required. No walk-ins will be accepted.

Clarksburg Neighborhood Park

[Click to Register](#)

Jan 18	Sat	11a-12p	Ages 55 and up	Free	1 Class	PPACT0018-400001
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Quince Orchard Valley Neighborhood Park

[Click to Register](#)

Jan 25	Sat	1-2p	Ages 55 and up	Free	1 Class	PPACT0018-400002
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EDUCATIONAL

Introduction to Robotics and Coding

Life is more fun with robots! Bring out the inventive engineer in your child in this exciting robotics and coding course. Students will use communication, critical thinking, collaboration, and creativity to program a robot using block or text based programming language. Students will receive their own personal robot which they will keep for hours of fun after the course is over. *NOTE: Class is held in the Meadowbrook Local Park Activity Building located on park grounds. Registration is required. No walk-ins will be accepted.

Meadowbrook Local Park

[Click to Register](#)

Jan 25	Sat	10a-1p	Ages 11 to 13	\$75	1 Class	PPACT0012-400001
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BROOKSIDE GARDENS

Brookside
GARDENS



BROOKSIDE GARDENS

1800 Glenallan Avenue | Wheaton, MD 20902

301-962-1400

BrooksideGardens.org

SPECIAL EVENTS

GreenScapes Symposium

Offered as a series of live online lectures with audience Q&A incorporated into the program. All lectures will be recorded and made available for online viewing. The GreenScapes Symposium is an annual program organized by Brookside Gardens since 2004. The symposium will highlight the intersection of horticulture and environmental issues. Environmental stewardship is a core value of the Maryland-National Capital Park and Planning Commission (M-NCPPC), Brookside Gardens’ parent organization. As such, we strive to provide timely information and viable solutions to environmental challenges. Early Bird Fee \$50 expires Fri, Jan 10.

Brookside Gardens Virtual

[Click to Register](#)

Feb 14	Fri	9a-4p	Ages 18 and up	Early Bird Fee \$50	1 Class	PBG0057-400001
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Garden After Dark: Holly Daze

Take a leisurely stroll through our annual Garden of Lights display, then come inside for wine, cheese and dessert. Create a festive holiday arrangement to commemorate your visit. Fee includes all refreshments, craft materials and admission to Garden of Lights for one person. FOBG Fee: \$50

Brookside Gardens

[Click to Register](#)

Dec 11	Wed	6:30-8:30p	Ages 21 and up	\$55	1 Class	PBG0068-400001
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We Speak Weddings Workshop

Learn how to plan your event at Brookside Gardens from A to Z. We walk you through a step-by-step process to planning your event. Steps include but are not limited to: Setting your budget, planning your guest list, creating a day of timeline, how to read vendor contracts, creating sample layouts, so easy Do-It-Yourself projects for those who are crafty, and how to build your own bar. You also get a chance to ask specific questions regarding your event! Though the class will be based for a Brookside Garden event, the workshop is open to anyone whether or not they are having an event at Brookside Gardens, and the step-by-step method can be used for any event.

Brookside Gardens

[Click to Register](#)

Feb 22	Sat	10:30a-1p	Ages 16 and up	\$10	1 Class	PBG0081-400002
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ENVIRONMENTAL EDUCATION

Storytime in the Garden

Join us for an interactive story time followed by an outdoor exploration or activity for children ages 3-7. Adults must accompany children. For classes in the fall, meet in the Outdoor Classroom located in the Children’s Garden area and dress for the weather. For winter classes, meet in the Visitor Center.

Brookside Gardens

[Click to Register](#)

Feb 1	Sat	10-10:45a	Ages 3 to 7	\$5	1 Class	PBG0111-400001
Feb 9	Sun	10-10:45a	Ages 3 to 7	\$5	1 Class	PBG0111-400002
Feb 15	Sat	10-10:45a	Ages 3 to 7	\$5	1 Class	PBG0111-400003
Feb 23	Sun	10-10:45a	Ages 3 to 7	\$5	1 Class	PBG0111-400004

HEALTH AND WELLNESS

Tai Chi at Brookside Gardens

Instructor: Charles Votaw

Tai Chi is an ancient, Chinese form of exercise perfect for adults seeking stress reduction while strengthening muscles, improving balance and increasing flexibility. The Forms are repetitive patterns that emphasize slow, flowing motions and controlled movements. Classes will help beginners to learn the Forms while providing regular practitioners the guidance of an experienced instructor. No walk-ins will be accepted. Location: Brookside Gardens Visitor Center. FOBG Fee: \$12

Brookside Gardens

[Click to Register](#)

Dec 4	Wed	9-10:15a	Ages 18 and up	\$14	1 Class	PBG0029-400001
Dec 11	Wed	9-10:15a	Ages 18 and up	\$14	1 Class	PBG0029-400002
Jan 8	Wed	9-10:15a	Ages 18 and up	\$14	1 Class	PBG0029-400003
Jan 15	Wed	9-10:15a	Ages 18 and up	\$14	1 Class	PBG0029-400004
Jan 22	Wed	9-10:15a	Ages 18 and up	\$14	1 Class	PBG0029-400005
Jan 29	Wed	9-10:15a	Ages 18 and up	\$14	1 Class	PBG0029-400006
Feb 5	Wed	9-10:15a	Ages 18 and up	\$14	1 Class	PBG0029-400007
Feb 12	Wed	9-10:15a	Ages 18 and up	\$14	1 Class	PBG0029-400008
Feb 19	Wed	9-10:15a	Ages 18 and up	\$14	1 Class	PBG0029-400009

Gentle Yoga at Brookside Gardens

Instructor: Sherry Weber

These series of classes feature foundational yoga poses that are designed to support better breathing, walking, and space orientation. Yoga movements help build muscle, bone density and core strength while improving balance, posture and flexibility. Mats are not included. No walk-ins will be accepted. Location: Brookside Gardens Visitor Center. FOBG Fee: \$12

Brookside Gardens

[Click to Register](#)

Dec 5	Thu	10-11a	Ages 18 and up	\$14	1 Class	PBG0030-400001
Dec 12	Thu	10-11a	Ages 18 and up	\$14	1 Class	PBG0030-400002
Dec 19	Thu	10-11a	Ages 18 and up	\$14	1 Class	PBG0030-400003
Jan 9	Thu	10-11a	Ages 18 and up	\$14	1 Class	PBG0030-400004
Jan 16	Thu	10-11a	Ages 18 and up	\$14	1 Class	PBG0030-400005
Jan 23	Thu	10-11a	Ages 18 and up	\$14	1 Class	PBG0030-400006
Jan 30	Thu	10-11a	Ages 18 and up	\$14	1 Class	PBG0030-400007
Feb 6	Thu	10-11a	Ages 18 and up	\$14	1 Class	PBG0030-400008
Feb 13	Thu	10-11a	Ages 18 and up	\$14	1 Class	PBG0030-400009
Feb 20	Thu	10-11a	Ages 18 and up	\$14	1 Class	PBG0030-400010
Feb 27	Thu	10-11a	Ages 18 and up	\$14	1 Class	PBG0030-400011

Yoga at Brookside Gardens

Instructor: Tanory Ateek

Designed to increase flexibility and physical strength and to cultivate mental focus, these classes are a beautiful and relaxing way to begin your weekend. Mats are not included. No walk-ins will be accepted. Location: Brookside Gardens Visitor Center. FOBG Fee: \$12

Brookside Gardens

[Click to Register](#)

Jan 4	Sat	9:30-10:30a	Ages 18 and up	\$14	1 Class	PBG0031-400001
Jan 11	Sat	9:30-10:30a	Ages 18 and up	\$14	1 Class	PBG0031-400002
Jan 18	Sat	9:30-10:30a	Ages 18 and up	\$14	1 Class	PBG0031-400003
Feb 1	Sat	9:30-10:30a	Ages 18 and up	\$14	1 Class	PBG0031-400005
Feb 8	Sat	9:30-10:30a	Ages 18 and up	\$14	1 Class	PBG0031-400006
Feb 15	Sat	9:30-10:30a	Ages 18 and up	\$14	1 Class	PBG0031-400007

New Year Retreat at Brookside Gardens

Instructor: Tanory Ateek

Bring in 2025 with peace and intention! Treat yourself to a day of yoga, meditation practices, and creative visioning for your new year. We'll use both indoor and outdoor garden spaces (weather permitting). Participants are welcome to bring their lunches and Brookside Gardens will provide an assortment of teas. Meet at Visitor Center Entrance. FOBG Fee: \$85

Brookside Gardens

[Click to Register](#)

Jan 5	Sun	9:30a-3:30p	Ages 18 and up	\$95	1 Class	PBG0018-400001
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GARDEN TOURS

Brookside Gardens Winter Tour

Kristin Davey, Brookside Gardens staff

Winter brings a different dimension to the gardens that is sometimes overlooked by visitors. Walk and talk with a garden expert to uncover the “bones of the garden” without the distraction of leaves or flowers. Explore the architectural elements that shape the gardens including woody plants, hardscape and other components of design. FOBG Fee: \$10

Brookside Gardens

[Click to Register](#)

Jan 23	Thu	1-2:30p	Ages 18 and up	\$12	1 Class	PBG0061-400001
Jan 24	Fri	10:30a-12p	Ages 18 and up	\$12	1 Class	PBG0061-400002

HORTICULTURAL CLASSES

Everything You Wanted to Know About Pruning

Instructor: Josh Demers, Brookside Gardens staff

You'll discover how to keep your plants, trees, and shrubs healthier for longer. Gain invaluable advice on proper pruning cuts for a variety of trees and shrubs of various sizes to achieve structural corrections and rejuvenate old growth. A tour of the garden specimens will further enhance the concepts. FOBG Fee: \$22

Brookside Gardens

[Click to Register](#)

Feb 8	Sat	10a-12:30p	Ages 18 and up	\$25	1 Class	PBG0063-400001
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HANDS ON WORKSHOPS

Festive Wreaths

Instructor: Jason Gedeik, Brookside Gardens staff

Make a long-lasting beautiful wreath using fresh greens! Learn to make an evergreen wreath for your front door, complete with a pinecone and bow accents. Fee includes all materials for one wreath. FOBG Fee: \$50

Brookside Gardens

[Click to Register](#)

Dec 4	Wed	10a-12p	Ages 18 and up	\$55	1 Class	PBG0065-400001
Dec 4	Wed	1:30-3:30p	Ages 18 and up	\$55	1 Class	PBG0065-400002

Festive Centerpieces

Instructor: Jason Gedeik, Brookside Gardens staff

Make a long-lasting beautiful centerpiece or wreath using fresh greens! The centerpieces will include a candle and seasonal decorations. Fee includes all materials for two centerpieces. FOBG Fee: \$50

Brookside Gardens

[Click to Register](#)

Dec 5	Thu	10a-12p	Ages 18 and up	\$55	1 Class	PBG0066-400001
Dec 5	Thu	1:30-3:30p	Ages 18 and up	\$55	1 Class	PBG0066-400002

Kokedama - The Art of Crafting Living Mossballs

Kathy Jentz, editor of Washington Gardener Magazine

Originating in Japan, Kokedama are living plant and moss balls. Traditionally displayed on a surface, they also look magical bound with string and hanging. Like bonsai, they can live for years with proper care. Enjoy the unique process of creating your own living art. Each participant will take home two Kokedama. FOBG Fee: \$45

Brookside Gardens

[Click to Register](#)

Jan 18	Sat	10:30a-12p	Ages 18 and up	\$50	1 Class	PBG0162-400001
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Introduction to Plant Propagation

Nate Roehrich, Brookside Gardens staff

Learn about plant propagation in our state-of-the-art greenhouse facilities. You'll discover how to produce your own houseplants inexpensively and easily from start to finish. We'll review the best techniques and plants to propagate from cuttings. Participants will get to take a few potted cuttings to grow at home.

FOBG Fee: \$41

Brookside Gardens

[Click to Register](#)

Feb 1	Sat	10a-12p	Ages 18 and up	\$45	1 Class	PBG0016-400001
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SPEAKER SERIES

These classes are offered virtually as live, online webinars through the Zoom platform with audience Q & A. After registering, a link will be emailed to you 24 hours prior to the live webinar. Recordings will be made available to students. Please ensure your Active Montgomery account is updated with your correct email address. Registration required.

The Plant Messiah: Adventures in Search of the World's Rarest Species

Carlos Magdalena, Tropical Senior Botanical Horticulturist at the Royal Botanic Gardens, Kew and author of "The Plant Messiah"

Enjoy tales of adventure from the Amazon to the jungles of Mauritius to the Australian Outback in search of rare and vulnerable plants. Discover groundbreaking lab techniques for rescuing species from extinction, encouraging them to propagate and thrive. You will appreciate plant diversity in a new light through stories about the secrets these incredible organisms contain.

Brookside Gardens Virtual

[Click to Register](#)

Dec 7	Sat	10:30a-12p	Ages 18 and up	Free	1 Class	PBG0163-400001
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Soil: The Story of a Black Mother's Garden

Camille Dungy, poet and author *Camille* recounts the seven-year odyssey to diversify her garden through the lens of being a Black mother living in a predominately white community. Through the metaphor of converting her garden from a monoculture lawn to a native prairie, she reveals how cultivating diverse perspectives in our national discourse about the environment is the best means of protecting it.

Brookside Gardens Virtual

[Click to Register](#)

Feb 5	Wed	7-8:30p	Ages 18 and up	Free	1 Class	PBG0161-400001
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BROOKSIDE GARDENS

Garden of Lights



November 22, 2024, through January 5, 2025

(Closed November 25-28, December 24-25, January 1)

Brookside Gardens transforms into a magical winter wonderland for the annual Garden of Lights display.

Stroll through the one-half mile, outdoor, walk through exhibit and enjoy the twinkling lights and glimmering one-of-a-kind displays adorning the flowerbeds and grounds throughout the 50 acre horticultural gem in Wheaton.

- * Shop for unique seasonal items at the Gift Shop
- * Hot chocolate and light snacks available for purchase

Tickets: Timed-entry tickets available at GardenofLights.org

- * \$10 per person, ages 5 and older
- * Visitors must arrive within their half hour time slot
- * Advance sale tickets only.

BROOKSIDE GARDENS

1500 and 1800 Glenallan Avenue | Wheaton, Maryland 20902
301-962-1400 | BrooksideGardens.org

Brookside
GARDENS





**BLACK HILL
DISCOVERY CENTER**



BLACK HILL NATURE PROGRAMS

20926 Lake Ridge Drive | Boyds, MD 20841

301 528 3493

BlackHillDiscovery.org

SPECIAL EVENTS

Harpists at the Discovery Center

Join us for an afternoon of beautiful harp music and the natural beauty of Black Hill all around you. No need to register; just come to the Discovery Center and enjoy.

Black Hill Discovery Center

Dec 15	Sun	12-1p	All Ages	Free	1 Class	PBHDC0082-400001
Jan 19	Sun	12-1p	All Ages	Free	1 Class	PBHDC0082-400002
Feb 16	Sun	12-1p	All Ages	Free	1 Class	PBHDC0082-400003

Magical Mornings at the Discovery Center

Come enjoy a cozy morning lakeside in the Discovery Center. Drop by to join in on today’s community activity! We will have hot cocoa, coffee, and tea to make it cozy while we enjoy each other’s company in a beautiful spot. Stop in anytime during program hours!

Black Hill Discovery Center

[Click to Register](#)

Crafty Time: Bring a crafting project you’ve been working on or a new project. If you don’t have a project, we will have some options for you to try.

Dec 15	Sun	9-11a	Ages 6 and up	Free	1 Class	PBHDC0094-400001
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Game Time: Bring a favorite game or try out one our games and play together.

Jan 5	Sun	9-11a	Ages 6 and up	Free	1 Class	PBHDC0094-400002
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Fabulous Fairies: Celebrate Fairy and Feather February. We will be making fairy furniture and inspired items. Bring a favorite craft or try some of our ideas.

Feb 23	Sun	9-11a	Ages 6 and up	Free	1 Class	PBHDC0094-400003
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Celebration Station: New Year’s Edition

Stop by the Discovery Center to warm up with some hot chocolate and cider and take time to savor the end of 2024. We will have coloring pages, stations to share what you are grateful for in 2024 and looking forward to in 2025, and binoculars for viewing our winter waterfowl. Stop by anytime during program hours and stay a little, or a while! Registration is encouraged so that we can provide enough supplies.

Black Hill Discovery Center

[Click to Register](#)

Dec 29	Sun	1-4p	All Ages	Free	1 Class	PBHDC0095-400001
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ART & CRAFTING

Deck the Halls

Come to the Discovery Center and help decorate for the holiday season. Bring an ornament to donate or one that you made to hang on our tree, or just help hang our own nature-themed decorations. We'll also make snowflakes to hang in the windows. You can drop by anytime during program hours.

Black Hill Discovery Center

[Click to Register](#)

Dec 7	Sat	1:30-4p	All Ages	Free	1 Class	PBHDC0061-400001
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Make It & Take It

Drop by the Discovery Center and have some fun! We'll have easy-to-make seasonal crafts that you can make and take home. Registration required, please register only those making the craft. Stop in anytime during program hours!

Black Hill Discovery Center

[Click to Register](#)

Nature Ornaments

Dec 14	Sat	1:30-3p	All Ages	\$2	1 Class	PBHDC0063-400001
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Snowflakes

Jan 25	Sat	1:30-3p	All Ages	\$2	1 Class	PBHDC0063-400002
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Birdfeeder

Feb 15	Sat	1:30-3p	All Ages	\$2	1 Class	PBHDC0063-400004
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Celebrating the Wee Folk

Come by the Discovery Center to enjoy all things fairies. Make a house, some furniture, or even a fairy to take home or to live in our Fairy Garden. We will supply the paints, materials, and some ideas but feel free to bring your own woodsy materials. Let your imagination be your guide. Children should be accompanied by an adult. Register only those that will be making crafts. FOBH \$13

Black Hill Discovery Center

[Click to Register](#)

Feb 4	Tue	4:30-6:30p	All Ages	\$14	1 Class	PBHDC0100-400001
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Feb 21	Fri	5-7p	All Ages	\$14	1 Class	PBHDC0100-400002
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PLAYTIME OR STORYTIME

Play Day in the Park

Toddlers of all abilities are invited to explore the exciting natural world in and around the Discovery Center. Families will explore at their own pace using nature play prompts that will remain out for the duration of the program. All ages are welcome but prompts and materials are geared towards children aged one to three. Registration required.

Black Hill Discovery Center

[Click to Register](#)

Dec 13	Fri	11a-12p	Ages 6 mos to 3 yrs	Free	1 Class	PBHDC0012-400001
Jan 17	Fri	11a-12p	Ages 6 mos to 3 yrs	Free	1 Class	PBHDC0012-400002
Feb 28	Fri	11a-12p	Ages 6 mos to 3 yrs	Free	1 Class	PBHDC0012-400003

Time for Tots

Enjoy a seasonal story, make a craft to go with the story and then go outside to explore nature with a park naturalist. Registration required. FOBH \$6

Black Hill Discovery Center

[Click to Register](#)

“Waiting for Snow” by Marsha Diane Arnold

Dec 19	Thu	10-11a	Ages 2 to 5	\$7	1 Class	PBHDC0022-400001
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“It’s Winter” by Linda Glaser

Jan 10	Fri	10-11a	Ages 2 to 5	\$7	1 Class	PBHDC0022-400002
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“The Valentine Bears” by Eve Bunting

Feb 14	Fri	10-11a	Ages 2 to 5	\$7	1 Class	PBHDC0022-400003
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Pics in the Park

Strike a pose and say cheese! Drop by for a unique photo op at the Discovery Center. We’ll provide some fun props, and a staff member will take your photo on instant film, just like those original instant photos (shaking optional). Take home a memory you will never forget. No registration required; drop in anytime during program hours. Supplies are limited; first come, first served.

Black Hill Discovery Center

[Click to Register](#)

Feb 1	Sat	2-4p	All Ages	Free	1 Class	PBHDC0087-400001
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NATURE, OUTDOOR EXPLORATIONS, AND SKILLS

Wild Forest Time

Do you dream of building forts in the woods or climbing a tree? Maybe you want to learn about woodland critters or create some art in the woods. Join us for a time to explore the woods how you want to. We'll supply some materials and a space to create and explore, you supply the imagination and sense of adventure! Drop in at our campfire circle area any time during the program to join in on the fun. Meet at the campfire area by Shelter F on Parking Lot 3, in Black Hill Regional Park. Registration required.

Black Hill Discovery Center

[Click to Register](#)

Dec 15	Sun	2-3:30p	Ages 3 and up	Free	1 Class	PBHDC0024-400001
Feb 23	Sun	2-3:30p	Ages 3 and up	Free	1 Class	PBHDC0024-400002

Babes in a Backpack

Let's go outside and hike to improve fitness, play in nature, and experience the great outdoors as a family. You will meet a naturalist at the meet up spot and set out on a trail that will have nature play and fun learning prompts along the way. These hikes are designed for adults with young children. Most trails are not stroller accessible, so you'll need a backpack or carrier for younger kids and non-walkers. Please register everyone attending no later than 24 hours before the hike so we can contact you with the hike's location and other important information. There is a \$2 fee for adults, children are free.

Black Hill Discovery Center

[Click to Register](#)

Dec 17	Tue	10a-12p	All Ages	\$2/Adult, Free/Child	1 Class	PBHDC0051-400001
Jan 21	Tue	10a-12p	All Ages	\$2/Adult, Free/Child	1 Class	PBHDC0051-400002
Feb 13	Thu	10a-12p	All Ages	\$2/Adult, Free/Child	1 Class	PBHDC0051-400003

Homeschool: Forest Thrills & Skills

Come join us for a woodland adventure full of adventurous play, nature lessons, and wild skills. Each month we'll explore what nature has to show us and spend some time learning new wild skills. We will also have time, space, and materials for unstructured play in the woods around our campfire circle. Students will be able to self-select what they would like to focus on from the activities provided. We will meet at the campfire area by Shelter F on Parking Lot 3, in Black Hill Regional Park. FOBH \$13

Black Hill Discovery Center

[Click to Register](#)

Dec 11	Wed	1:30-3:30p	Ages 6 to 14	\$14	1 Class	PBHDC0056-400001
Jan 15	Wed	1:30-3:30p	Ages 6 to 14	\$14	1 Class	PBHDC0056-400002
Feb 19	Wed	1:30-3:30p	Ages 6 to 14	\$14	1 Class	PBHDC0056-400003



Wild Child Hike

This isn't your average walk in the woods. Scamper like a squirrel, balance like a billy goat, and run like a rabbit through the park. We'll be on and off the trail as we go on a hiking adventure. Wear shoes and clothes you don't mind getting dirty. Be sure to sign up 24 hours ahead so we can contact you with the meeting location. Registration required. FOBH \$6

Black Hill Discovery Center

[Click to Register](#)

Jan 29	Wed	1:30-3p	Ages 4 to 12	\$7	1 Class	PBHDC0016-400001
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Nature Girls Club

Girls belong in nature, enjoying outdoor adventures! Join us for a girl-centered Nature Girls Club. There are three in-person sessions with a Park Naturalist that will focus on exploring nature, trying out outdoor skills, and nature journaling. Meetings are monthly. Registration required.

Black Hill Discovery Center

[Click to Register](#)

Dec 13, Jan 17, Feb 28	Fri	5-7p	Ages 8 to 11	\$42	3 Classes	PBHDC0010-400001
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GARDENING & NATIVE PLANTS

Winter Native Plant Sowing

Are you interested in starting your own native plants, even if you don't have a greenhouse? Then join us to make your own native seed winter sowing containers. We will provide the materials, and you choose the seeds to try. Stop in any time during the program. Supplies are limited.

Black Hill Discovery Center

[Click to Register](#)

Jan 4	Sat	1-3p	All Ages	Free	1 Class	PBHDC0097-400001
Jan 5	Sun	2-4p	All Ages	Free	1 Class	PBHDC0097-400002



VOLUNTEER

Martin Luther King Jr. Day Park Clean-up

Join us in recognizing Martin Luther King Jr. Day through a volunteer park cleanup at Black Hill Discovery Center. Help beautify your community green spaces, keep litter out of our streams, and protect wildlife. We will provide bags and gloves. Wear close-toed shoes/boots, long pants, and clothes that can get dirty. Bring a reusable water bottle. SSL hour forms will be provided! Parents must accompany children 13 and under. Groups are welcome. Interested groups should email Katie.Festa@MontgomeryParks.org. Registration is required. Please register at www.ParksVolunteers.org.

Black Hill Discovery Center

[Click to Register](#)

Jan 20	Mon	1-3p	Ages 3 and up	Free	1 Class	ParksVolunteers.org
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HIKES, SCAVENGER HUNTS & CAMPFIRES

Campfires at Black Hill

There is nothing like being at a campfire under the stars. Join a naturalist for themed songs, stories, games, and of course, s'mores around a fire. Meet at the campfire area by Shelter F on Parking Lot 3, in Black Hill Regional Park. Park in Lot 3 and follow the orange cones to the campfire circle. Bring a blanket if it's chilly. Registration required for all attending. FOBH \$6

Black Hill Discovery Center

[Click to Register](#)

Dec 7	Sat	3-4p	Ages 1 and up	\$7	1 Class	PBHDC0002-400001
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Hike Club

The first rule of Hike Club - have fun! Improve your fitness, make new friends, and experience trails and scenery we don't often make time to immerse ourselves in. We welcome all ages, though young children must be able to walk at least 3 miles or be carried. Most trails are not stroller accessible and are easy to moderate in difficulty. Please register no later than 24 hours before the hike so we can contact you with the hike's location and other important information. Registration required.

Black Hill Discovery Center

[Click to Register](#)

Dec 14	Sat	9-11a	All Ages	\$2	1 Class	PBHDC0007-400001
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Hike Club: Birder Edition

The first rule of Hike Club - have fun! Improve your fitness, make new friends, and experience trails and scenery we don't often make time to immerse ourselves in. While we hike today, we'll be looking for birds, and waterfowl in particular. We have binoculars you can borrow, or you can bring your own. We welcome all ages, though young children must be able to walk at least 3 miles or be carried. Most trails are not stroller accessible and are easy to moderate in difficulty. Please register no later than 24 hours before the hike so we can contact you with the hike's location and other important information. Registration required.

Black Hill Discovery Center

[Click to Register](#)

Jan 25	Sat	9-11a	All Ages	\$2	1 Class	PBHDC0007-400003
Feb 15	Sat	9-11a	All Ages	\$2	1 Class	PBHDC0007-400004

Night Hike

Join us for a post-sunset stroll where we'll look and listen for creatures that are most active at night. Hikes are approximately one mile or less. Dress warmly and please, no flashlights. Meet at the gravel parking lot by the boat launch on Black Hill Road. FOBH \$6

Black Hill Discovery Center

[Click to Register](#)

Dec 14	Sat	5-6p	Ages 8 and up	\$7	1 Class	PBHDC0062-400001
Jan 13	Mon	5-6p	Ages 8 and up	\$7	1 Class	PBHDC0062-400002
Feb 11	Tue	5:30-6:30p	Ages 8 and up	\$7	1 Class	PBHDC0062-400003

Fields, and Forests, and Friends, Oh My!

Come out to the Discovery Center and spend some time outdoors! We will explore the trails, play games in the fields and forests, and make the most of what Black Hill has to offer. Registration required. FOBH \$6.

Black Hill Discovery Center

[Click to Register](#)

Dec 30	Mon	1-2:30p	Ages 6 to 14	\$7	1 Class	PBHDC0096-400001
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First Day Hike

First Day Hikes are part of a nationwide initiative led by America’s State Parks to encourage people to get outdoors. On New Year’s Day, hundreds of free, guided hikes are organized in all 50 states. Join us at Black Hill Regional Park for a hike starting at the Black Hill Discovery Center.

Black Hill Discovery Center

[Click to Register](#)

First Day Hike for Families: This session is for families and will be stroller friendly.

Jan 1	Wed	1-3p	All Ages	Free	1 Class	PBHDC0064-400001
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First Day Hike for Adults: This session is for adults. We will be hiking easy to moderate, natural surface trails.

Jan 1	Wed	1-3p	Ages 18 and up	Free	1 Class	PBHDC0064-400002
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New Connections

New to the area or looking to make some new friends? Come out to Black Hill on your own, or with your family, and get to know us and others in your community! We will explore the park and take hiking breaks for icebreakers and some get-to-know-you games. This program is designed for all ages, though young children must be able to walk at least 2 miles or be carried. Most trails are not stroller accessible and are easy to moderate in difficulty. Meet at the Discovery Center and then we will head out on our adventure. Registration is required for all attending.

Black Hill Discovery Center

[Click to Register](#)

Jan 11	Sat	9:30-11:30a	All Ages	\$2	1 Class	PBHDC0098-400001
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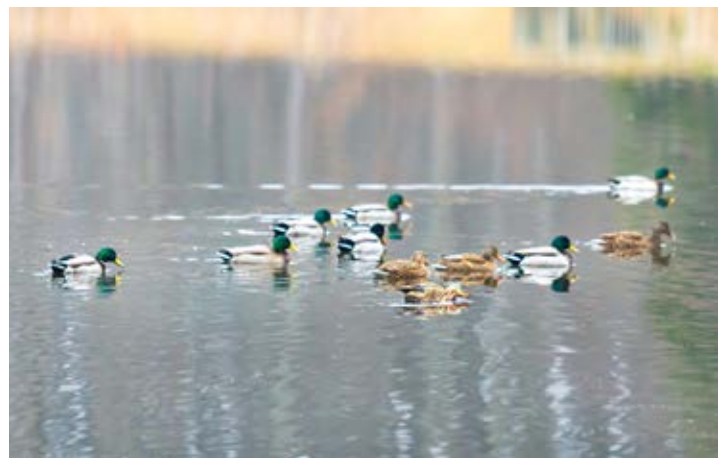
Tracks and Trails

Where are the animals in the wintertime? Come on a hike with one of our Black Hill staff and look for signs of animal life, from tracks to scat to the animals themselves! We’ll stop by the bird blind for some winter waterfowl viewing and explore the trails to see what animals may have recently been by. Registration required. FOBH \$6.

Black Hill Discovery Center

[Click to Register](#)

Feb 22	Sat	10-11:30a	Ages 4 to 12	\$7	1 Class	PBHDC0101-400001
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Birding for the Family

Come to the Discovery Center and learn about our winged visitors at our bird feeding stations. Then we’ll take a short hike to our bird blind to see which waterfowl are on the lake and make a treat for you to take home for your backyard birds. Binoculars and guidebooks are supplied, but you can also bring your own. Register only those making bird treats. We’ll be using nuts and peanut products. FOBH \$13

Black Hill Discovery Center

[Click to Register](#)

Dec 7	Sat	10a-12p	Ages 2 and up	\$14	1 Class	PBHDC0060-400001
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Birding for Beginners

Want to join the 96 million other bird-watching Americans, but don’t know where to start? We’ll start with the basics of bird identification and go over how to select and use binoculars. Then we’ll go do some birding! If you have your own binoculars, please bring them along. And be sure to dress for the weather. Meet at the Discovery Center. FOBH \$11

Black Hill Discovery Center

[Click to Register](#)

Jan 18	Sat	9a-12p	Ages 16 and up	\$12	1 Class	PBHDC0060-400002
Feb 1	Sat	9a-12p	Ages 16 and up	\$12	1 Class	PBHDC0060-400007

Waterfowl Hike

Meet at the Discovery Center and we'll take a van to the Ten Mile Creek area of Black Hill Regional Park. We will hike the trails at the north end of the cove to see which waterfowl are visiting Little Seneca Lake. Dress for the weather and wear hiking shoes. Bring binoculars or borrow ours. FOBH \$6

Black Hill Discovery Center

[Click to Register](#)

Feb 11	Tue	10-11:30a	Ages 18 and up	\$7	1 Class	PBHDC0060-400003
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Fun with Furs

Have you ever wondered what the animals in your backyard felt like? Have a chance to see and feel animal furs up close with a naturalist. Learn the anatomy of deer and other wildlife up close with hands-on examples. Stop by anytime during program hours.

Black Hill Discovery Center

[Click to Register](#)

Dec 21	Sat	1-3p	All Ages	Free	1 Class	PBHDC0077-400001
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Fire Building Skills

Hoping to start the fire at your next cookout or campfire? From start to finish, we will go over how to build a fire, how to keep it going, and how to safely put it out. We will discuss best practices for making fires safely. This program will use matches and is ideal for both novices to fire building and those looking to get more practice. Participants will each get to practice at their own level and even try out some fire challenges. There will also be a different campfire treat each time. Please register all participants. Meet at the campfire area by Shelter F on Parking Lot 3, in Black Hill Regional Park. Park in Lot 3 and follow the orange cones to the campfire circle. FOBH \$9.

Black Hill Discovery Center

[Click to Register](#)

Jan 11	Sat	2-4p	Ages 5 and up	\$10	1 Class	PBHDC0090-400001
Feb 22	Sat	2-4p	Ages 5 and up	\$10	1 Class	PBHDC0090-400002



DAY TRIP AND TOURS

Black Hill Van Trips: Farm Museum and Festival of Wreaths

Join us for a holiday tour of the Carroll County Farm Museum in Westminster including the farmhouse and grounds. We follow that up with a visit to the Carroll Arts Center to see the “Festival of Wreaths” display. Bring money for lunch at a local family style restaurant in between tours. Dress for the weather and walking the grounds of the farm museum. FOBH \$48

Black Hill Discovery Center

[Click to Register](#)

Dec 3	Tue	8:30a-4p	Ages 18 and up	\$50	1 Class	PBHDC0057-400005
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Black Hill Van Trips: Eagle Watching at Conowingo Dam

Conowingo Dam in Harford County is a terrific area to observe bald eagles. Travel by van with a park naturalist to enjoy a day of bird watching along the Susquehanna River. Dress in layers for the weather and bring a bagged lunch and snacks. Binoculars and viewing scopes provided, but feel free to bring your own. FOBH \$48

Black Hill Discovery Center

[Click to Register](#)

Dec 10	Tue	8a-4p	Ages 18 and up	\$50	1 Class	PBHDC0057-400001
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Black Hill Van Trips: Jug Bay and Merkle NRMA

Join us for a trip to the Jug Bay Natural Area and Merkle Natural Resources Management Area to observe visiting winter waterfowl. We’ll travel the Chesapeake Bay Critical Area Driving Tour, a four-mile route connecting the two parks featuring educational displays, observation towers, and a 1,000-foot-long wooden bridge across the marsh. Bring a bagged lunch, water, binoculars, and money for dessert on the way home. Dress for the weather (layers are best) and wear comfortable hiking shoes. FOBH \$48

Black Hill Discovery Center

[Click to Register](#)

Jan 12	Sun	9a-5p	Ages 18 and up	\$50	1 Class	PBHDC0057-400002
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Black Hill Van Trips: Eastern Neck Wildlife Refuge

We’re heading by van to the Eastern Shore to enjoy migrating waterfowl, bald eagles, and tundra swans that winter in Eastern Neck National Wildlife Refuge, located at the mouth of the Chester River and the Chesapeake Bay. It offers several hiking trails and boardwalks for us to explore. And hopefully we will enjoy a lovely sunset before we head home with a stop for dinner on the way. Bring a bagged lunch, water, money for dinner, and binoculars. Dress for the weather, layers are best, and wear comfortable hiking shoes. FOBH \$48

Black Hill Discovery Center

[Click to Register](#)

Feb 26	Wed	10:30a-8p	Ages 18 and up	\$50	1 Class	PBHDC0057-400004
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**BROOKSIDE
NATURE CENTER**



BROOKSIDE NATURE CENTER
1400 Glenallan Ave | Wheaton, MD 20902
301-962-1480
BrooksideNature.org

ART & CRAFTING

Tea, Snacks & Crafts Series

Join us for an unstructured time of creativity! Art supplies and crafting materials will be provided along with a few project ideas. Participants are also welcome to bring unfinished projects from home. Program will not meet on Dec 24 and Dec 31. All attendees must register. Inclement weather could cancel this program. Be sure to check BrooksideNature.org for day-of event status.

Brookside Nature Center

[Click to Register](#)

Dec 10-Jan 21	Tue	7-8:30p	Ages 55 and up	\$50	5 Classes	PBNC0091-400001
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Crafty Little Naturalist

Join a Park Naturalist for a crafty hour. The Park Naturalist will lead participants in a nature craft creation to make and take home. Children must register and bring their favorite adult. Inclement weather could cancel this program. Be sure to check BrooksideNature.org for day-of event status.

Brookside Nature Center

[Click to Register](#)

Dec 18	Wed	10:30-11:30a	Ages 3 to 5	\$7	1 Class	PBNC0011-400001
Jan 15	Wed	10-11a	Ages 3 to 5	\$7	1 Class	PBNC0011-400002

Family Nature Art

Join a Park Naturalist to collect natural items around Wheaton Regional Park and turn them into an artistic masterpiece. Adults and children must register. Inclement weather could cancel this program. Be sure to check BrooksideNature.org for day-of event status.

Brookside Nature Center

[Click to Register](#)

Dec 28	Sat	10-11:30a	Ages 6 and up	\$7	1 Class	PBNC0061-400001
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NATURE, OUTDOOR EXPLORATIONS, AND SKILLS

Little Explorers

Let’s read stories, sing songs, and take mini-hikes meant for the littlest legs! Please note: The Little Explorers programs scheduled in the same month will have the same topic and activities. Register each child, a guardian must attend. Inclement weather could cancel this program. Be sure to check BrooksideNature.org for day-of event status.

Brookside Nature Center

[Click to Register](#)

Dec 11	Wed	10:30-11:15a	Ages 18 to 35 months	\$7	1 Class	PBNC0073-400001
Dec 21	Sat	10:30-11:15a	Ages 18 to 35 months	\$7	1 Class	PBNC0073-400002
Jan 8	Wed	10:30-11:15a	Ages 18 to 35 months	\$7	1 Class	PBNC0073-400003
Jan 22	Wed	10:30-11:15a	Ages 18 to 35 months	\$7	1 Class	PBNC0073-400004
Jan 25	Sat	10:30-11:15a	Ages 18 to 35 months	\$7	1 Class	PBNC0073-400005
Feb 5	Wed	10:30-11:15a	Ages 18 to 35 months	\$7	1 Class	PBNC0073-400006
Feb 19	Wed	10:30-11:15a	Ages 18 to 35 months	\$7	1 Class	PBNC0073-400007

AFTER SCHOOL PROGRAMS

School’s Out, Nature’s In!

School’s out! Join us for a fun day of nature-themed activities in Wheaton Regional Park! We’ll explore outdoors, play group games, enjoy lunch around the campfire, create a few projects to take home, and make some new friends! Register each child. Registration closes on Friday, January 24th.

Brookside Nature Center

[Click to Register](#)

Jan 29	Wed	9a-3:30p	Ages 6 to 11	\$75	1 Class	PBNC0059-400001
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HIKES, SCAVENGER HUNTS, AND CAMPFIRES

Campfire 101

Have you ever wanted to learn how to start a campfire? Join a Park Naturalist and learn different ways to stack your logs, different lighting techniques, and fire safety. Participants are encouraged to bring a campfire snack for roasting. All attendees must register. Inclement weather could cancel this program. Be sure to check BrooksideNature.org for day-of event status.

Brookside Nature Center

[Click to Register](#)

Jan 18	Sat	10a-12p	Ages 8 and up	\$7	1 Class	PBNC0019-400001
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Evening Hike Series

Put on some layers and get outside to exercise! Join us for this adult only, fast-paced, evening hike on natural surface trails. Program will not meet on Dec 27 and Jan 3. All attendees must register. Inclement weather could cancel this program. Be sure to check BrooksideNature.org for day-of event status.

Brookside Nature Center

[Click to Register](#)

Dec 13-Jan 24	Fri	5:30-6:30p	Ages 18 and up	Free	5 Classes	PNBC0089-400001
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Winter Solstice Campfire

Let's honor the year's shortest day around the campfire! We'll roast marshmallows, enjoy S'mores, and create luminaries to take home to celebrate. All attendees must register. Inclement weather could cancel this program. Be sure to check BrooksideNature.org for day-of event status.

Brookside Nature Center

[Click to Register](#)

Dec 21	Sat	4-5:30p	Ages 3 and up	\$7	1 Class	PBNC0027-500001
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My Dog & Me Hike

Calling all dog parents! Put on your sneakers and dress for the outdoors! Bring your fur babies along on this leisurely hike, on natural surface trails, in Wheaton Regional Park. All dogs must be on-leash, up to date on vaccinations and familiar with being around other dogs and people. All attendees must register. Inclement weather could cancel this program. Be sure to check BrooksideNature.org for day-of event status.

Brookside Nature Center

[Click to Register](#)

Dec 14	Sat	10-11a	Ages 8 and up	FREE	1 Class	PBNC0090-400001
Dec 14	Sat	11:30a-12:30p	Ages 8 and up	FREE	1 Class	PBNC0090-400002
Jan 11	Sat	10-11a	Ages 18 and up	FREE	1 Class	PBNC0090-400003
Jan 11	Sat	11:30a-12:30p	Ages 18 and up	FREE	1 Class	PBNC0090-400004

Woodpeckers of Winter Hike

Hike with a naturalist in search of woodpeckers in Wheaton Regional Park. We'll listen for calls and look for signs that woodpeckers have been busy! Binoculars provided. All attendees must register. Inclement weather could cancel this program. Be sure to check BrooksideNature.org for day-of event status.

Brookside Nature Center

[Click to Register](#)

Jan 25	Sat	1-3p	Ages 18 and up	\$15	1 Class	PBNC0030-400001
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Maple Sugar Walk

Hike with a naturalist to the maple tree grove and learn how sugar maple sap is collected and transformed into maple syrup! This is an indoor and outdoor program on natural surface trails. All attendees must register. Inclement weather could cancel this program. Be sure to check BrooksideNature.org for day-of event status.

Brookside Nature Center

[Click to Register](#)

Feb 6	Thu	1:30-2:30p	Ages 6 and up	\$7	1 Class	PBNC0037-400001
Feb 13	Thu	1:30-2:30p	Ages 55 and up	\$7	1 Class	PBNC0037-400002
Feb 20	Thu	1:30-2:30p	Ages 6 and up	\$7	1 Class	PBNC0037-400003
Feb 8	Sat	1:30-2:30p	Ages 18 and up	\$7	1 Class	PBNC0037-400004
Feb 8	Sat	3:30-4:30p	Ages 6 and up	\$7	1 Class	PBNC0037-400005
Feb 9	Sun	1:30-2:30p	Ages 6 and up	\$7	1 Class	PBNC0037-400006
Feb 9	Sun	3:30-4:30p	Ages 6 and up	\$7	1 Class	PBNC0037-400007
Feb 15	Sat	3:30-4:30p	Ages 6 and up	\$7	1 Class	PBNC0037-400008
Feb 16	Sun	1:30-2:30p	Ages 6 and up	\$7	1 Class	PBNC0037-400009
Feb 16	Sun	3:30-4:30p	Ages 6 and up	\$7	1 Class	PBNC0037-400010
Feb 22	Sat	1:30-2:30p	Ages 6 and up	\$7	1 Class	PBNC0037-400011
Feb 22	Sat	3:30-4:30p	Ages 6 and up	\$7	1 Class	PBNC0037-400012
Feb 23	Sun	1:30-2:30p	Ages 18 and up	\$7	1 Class	PBNC0037-400013
Feb 23	Sun	3:30-4:30p	Ages 6 and up	\$7	1 Class	PBNC0037-400014
Feb 15	Sat	1:30-2:30p	Ages 6 and up	\$7	1 Class	PBNC0037-400015



BROOKSIDE NATURE CENTER

Drop-in Weekend Programs

Free | No Registration Required



Creature Feature

Saturdays - December 7, December 21, and January 5

1:30 – 2pm

All Ages

Join us for an up-close encounter with one of our animal ambassadors! Why do they live at the nature center? What would their wild counterparts be doing at this time of year? We'll answer these questions and more!

BROOKSIDE NATURE CENTER

1400 Glenallan Ave. | Wheaton, Maryland 20902

301-962-1480 | BrooksideNature.org





LOCUST GROVE
NATURE CENTER

LOCUST GROVE NATURE CENTER

7777 Democracy Blvd | Bethesda, MD 20817

301-765-8660

LocustGroveNature.org

NATURE, OUTDOOR EXPLORATIONS, AND SKILLS

Full Moon Fridays

Join us for the magic of the full moon for a hike and campfire on each Friday nearest to the full moon. Feel free to bring your own hotdogs to warm over the fire and we'll provide marshmallows. The program will be mainly outdoors with a hiking component. All hikes will be on natural surface trails. Trails steepness varies and some trails will only be accessible with stairs. All attendees must register.

Locust Grove Nature Center

[Click to Register](#)

Dec 13	Fri	5:30-7p	Ages 5 and up	\$8	1 Class	PLGNC0001-400003
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A Night Under the Stars

Come enjoy a night under the stars at Locust Grove Nature Center. Learn about the night sky on this Valentines day and warm-up by the fire with marshmallow roasting and a hard cider. This program is for ages 21 and up. Registration is required.

Locust Grove Nature Center

[Click to Register](#)

Feb 14	Fri	5:30-7p	Ages 21 and up	\$15	1 Class	PLGNC0001-400001
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Project FeederWatch

Are you interested in birding? Do you want to be part of a national community science project? Then, join us at Locust Grove Nature Center for Project FeederWatch. We advise you to dress appropriately for the weather and to bring your binoculars if you have them. Registration is encouraged, just so we can notify participants of cancellations. You are not required to attend all the sessions in the season, come to as many as you like. If you have any questions, please feel free to send an email to MCP-LocustGrove@MontgomeryParks.org. Project FeederWatch is a seasonal community science project, where participants count the different species of birds that flock to a bird feeder. All levels of birders are welcome.

[Locust Grove Nature Center](#)

[Click to Register](#)

FeederWatch Thursdays

Dec 5-Feb 27	Thu	11a-12p	Ages 5 and up	Free	13 Classes	PLGNC0018-400001
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FeederWatch Fridays

Dec 6-Feb 28	Fri	11a-12p	Ages 5 and up	Free	13 Classes	PLGNC0018-400002
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Great Backyard Bird Count

Celebrate the Great Backyard Bird Count at Locust Grove Nature Center. Started in 1998, the Great Backyard Bird Count was one of the first online community science projects, dedicated to collecting data to better understand birds. So come and join us as we count the different species of birds that call Locust Grove Nature Center home. All levels of birders welcome, we recommend bringing your own pair of binoculars, but we will have some to borrow at the nature center if needed. Registration is required. Inclement weather will cancel this program.

[Locust Grove Nature Center](#)

[Click to Register](#)

Feb 15	Sat	1-2p	Ages 5 and up	Free	1 Class	PLGNC0044-400001
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MAYDALE
NATURE CLASSROOM



MAYDALE NATURE CLASSROOM

1638 Maydale Drive | Colesville, MD 20905

301-962-1496

MaydaleNature.org

SPECIAL EVENTS

Winter Events at Maydale

Winter is full of celebrations. Join us as we celebrate the Winter Solstice by making lanterns, the holiday season by making nature ornaments, a Groundhog Day celebration, and a Celestial Star Party. Register for one or all of these family fun activities.

[Maydale Nature Classroom](#)

[Click to Register](#)

Winter Solstice Lantern Making

Dec 14	Sat	10:30-11:30a	Ages 6 to 12	\$7	1 Class	PMAY0023-400001
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Nature Ornaments

Dec 21	Sat	11a-12p	Ages 3 to 8	\$7	1 Class	PMAY0023-400002
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Winter Solstice Lantern-led Hike and Campfire

Dec 21	Sat	4:30-6p	Ages 6 and up	\$8	1 Class	PMAY0023-400004
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Groundhog Day Celebration!

Feb 2	Sun	10:30-11:30a	Ages 3 to 5	\$6	1 Class	PMAY0023-400005
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Star Party Celestial Celebration

Jan 25	Sat	7-8p	Ages 6 to 12	\$7	1 Class	PMAY0023-400006
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Smokey Bear New Year's Eve Countdown!

Celebrate New Year's Eve with Smokey Bear! Enjoy various activities, a campfire with s'mores, and of course, a noon countdown to ring in the New Year! Registration Required.

[Maydale Nature Classroom](#)

[Click to Register](#)

Dec 31	Tue	11a-1p	Ages 3 to 10	\$8	1 Class	PMAY0024-400001
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HIKES, SCAVENGER HUNTS, AND CAMPFIRES

(Almost) Full Moon Hike

Let's use the light of the nearly full moon to guide us on a hike through the woods, meadow, and ponds of Maydale as we explore the sights and sounds that surround us. Program will be all outdoors and will meet at the parking lot. Please make sure all participants ages 6 and up register.

[Maydale Nature Classroom](#)

[Click to Register](#)

Jan 11	Sat	7-8p	Ages 6 and up	\$6	1 Class	PMAY0006-400001
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Maydale Campfires

Enjoy time around the campfire with your family. Each campfire is unique with its own theme. Register for one or the entire series.

Maydale Nature Classroom

[Click to Register](#)

Winter Scavenger Hunt and Campfire

Dec 27	Fri	10:30a-12p	Ages 3 to 10	\$2	1 Class	PMAY0017-400001
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Winter Animals

Jan 12	Sun	2-3p	Ages 3 to 10	\$7	1 Class	PMAY0017-400003
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For the Love of Nature

Feb 9	Sun	2-3p	Ages 3 to 10	\$7	1 Class	PMAY0017-400002
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PLAYTIME OR STORYTIME

Storytime at Maydale

Join a naturalist for a reading of a seasonal story, participate in a hike, and make a craft to take home. Enroll in the entire series or individual sessions.

Maydale Nature Classroom

[Click to Register](#)

“The Mitten”

Dec 10	Tue	10-11a	Ages 3 to 5	\$6	1 Class	PMAY0004-400001
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“How the Sun Got to Coco’s House”

Dec 17	Tue	10-11a	Ages 3 to 5	\$6	1 Class	PMAY0004-400002
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“The Gingerbread Baby”

Dec 26	Thu	10-11a	Ages 3 to 5	\$6	1 Class	PMAY0004-400003
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“Bear Snores On”

Feb 4	Tue	10-11a	Ages 3 to 5	\$6	1 Class	PMAY0004-400004
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“Owl Babies”

Feb 11	Tue	10-11a	Ages 3 to 5	\$6	1 Class	PMAY0004-400005
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“In The Snow, Who’s Been Here?”

Feb 18	Tue	10-11a	Ages 3 to 5	\$6	1 Class	PMAY0004-400006
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MEADOWSIDE
NATURE CENTER



MEADOWSIDE NATURE CENTER

5100 Meadowside Lane | Rockville, Maryland 20855

301-258-4030

MeadowsideNature.org

SPECIAL EVENTS

Happy Noon Year's Eve

Happy "Noon" Year's Eve! Does your bedtime arrive before midnight, but you still want to celebrate the New Year? Then join us as we engage in fun-filled activities leading up to mid-day. Bring your favorite juice drink to toast to the New Year and we will provide the activities and a small snack. Please register all child participants; adult chaperones are free. Only participants that are pre-registered will be allowed to participate. Wait listers cannot be accommodated. This program will be held at Meadowside Nature Center.

Meadowside Nature Center

[Click to Register](#)

Dec 28	Sat	11a-12p	All Ages	\$7	1 Class	PMNC0047-400001
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ART & CRAFTING

Craft a Hiking Stick

Grown-ups need to play too! Join us for a relaxing and fun evening crafting hiking sticks at Meadowside Nature Center. We'll provide locally foraged sticks and all the materials needed to make your hiking stick shine on the trails. Decorate one for yourself or give as a gift this season!

Meadowside Nature Center

[Click to Register](#)

Dec 12	Thu	7-8p	Ages 18 and up	\$10	1 Class	PMNC0107-400001
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Paint and Sip: Holiday Ornaments

Sip on some wine and make your own pieces of functional nature-themed art for this holiday season! During this hands-on program you will be provided with the instructions and materials needed to create your own personalized holiday ornament. This event takes place at Meadowside Nature Center.

Meadowside Nature Center

[Click to Register](#)

Dec 13	Fri	5-6p	Ages 21 and up	\$20	1 Class	PMNC0166-400001
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Holiday Gift Wrapping Workshop

Learn how to upcycle your wrapping game at our holiday gift-wrapping workshop! Do you have some last-minute wrapping that needs done? Are you looking for creative, eco-friendly ways to make your gift stand out? This is the place to hang out and get some holiday wrapping done with people in your community, as well as learn a few tips and tricks to presenting the perfect gift.

Meadowside Nature Center

[Click to Register](#)

Dec 20	Fri	7-8p	All Ages	Free	1 Class	PMNC0167-400001
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Zinemaking Workshop

A blank page is freedom to create a world. Imagine what you could do with eight of them? Join Meadowside for a workshop on creating a zine. This is a self-published booklet of art that can be a stand-alone piece or reproduced on a copy machine. Zines can be simple or complex, contain collages, doodles, scribbles, poetry, quotes, reflections, anything the creator wants to create. All art and zine-making abilities are welcome. Meadowside Nature Center staff will walk you through the basics, offer a few guiding prompts exploring nature themes, and then open the space to create. At the end, we will have an optional share out and a few opportunities for our budding zinesters to display their work in the coming months.

Meadowside Nature Center

[Click to Register](#)

Jan 11	Sat	1-3p	Ages 16 and up	Free	1 Class	PMNC0157-400001
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Build Your Own Snow Globe

Create your own miniature winter wonderland and learn why cold winter weather is so important!

Meadowside Nature Center

[Click to Register](#)

Jan 20	Mon	10-11a	Ages 7 and up	\$7	1 Class	PMNC0168-400001
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PLAYTIME OR STORYTIME

Storytime with the Animals

Meet one of Meadowside Nature Center's animal ambassadors and sit down with them to listen to a story!

Meadowside Nature Center

[Click to Register](#)

Dec 9	Mon	11-11:30a	Ages 0 to 7	Free	1 Class	PMNC0169-400001
Jan 6	Mon	11-11:30a	Ages 0 to 7	Free	1 Class	PMNC0169-400002
Feb 10	Mon	11-11:30a	Ages 0 to 7	Free	1 Class	PMNC0169-400003

BIRDING

Virtual Winter Bird ID

All the cool kids are doing it...birding, that is! Want to catch up with the trend? Watching birds during the winter months is a great place to start. Join us to learn how to identify local species and begin building ID skills to flex as a birder.

Meadowside Nature Center

[Click to Register](#)

Jan 8	Wed	7-7:45p	Ages 16 and up	\$10	1 Class	PMNC0158-400001
Jan 22	Wed	7-7:45p	Ages 16 and up	\$10	1 Class	PMNC0158-400002
Feb 5	Wed	7-7:45p	Ages 16 and up	\$10	1 Class	PMNC0158-400003
Feb 19	Wed	7-7:45p	Ages 16 and up	\$10	1 Class	PMNC0158-400004

Christmas Bird Count

Each year from December 14 through January 5, tens of thousands of volunteers brave snow, wind, or rain, and take part Audubon’s Christmas Bird Count. Join Meadowside Nature Center in its effort to collect data in this long-running wildlife census to assess the health of bird populations, and to help guide conservation action. Meeting location and details will be emailed before December 14th to all registered participants. This program will be held at Meadowside Nature Center.

Meadowside Nature Center

[Click to Register](#)

Dec 14	Sat	7:30-9a	Ages 6 and up	Free	1 Class	PMNC0046-400001
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Hawks & Hot Chocolate

Make your own gourmet hot cocoa and take a sip as you listen to a Naturalist led raptor talk.

Meadowside Nature Center

[Click to Register](#)

Jan 29	Wed	1-1:30p	All Ages	\$3	1 Class	PMNC0121-400001
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Owl Babies

Winter is an important breeding time for Maryland’s owls. Join us as we celebrate these adorable owl babies with a morning of crafts, games and a gentle walk through the woods.

Meadowside Nature Center

[Click to Register](#)

Feb 5	Wed	10-11a	Ages 2 to 5	\$7	1 Class	PMNC0115-400001
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CONSERVATION

How to Keep Freshwater Clean

Join us in a workshop on the power of people and science to protect the “freshness” of our waterways. Road salt (sodium chloride) keeps us safe on roads and sidewalks but can be dangerous when it washes into creeks and streams. Fish, stream bugs, birds, frogs, salamanders, and even us humans are at risk when these waters become too salty! Fear not, for Salt Watch offers an easy way you and your neighbors can help. Meadowside Nature Center is hosting Salt Watch, an organization that teaches residents how to monitor road salt. Together, we will discuss road salt in our local environment, test water samples, and learn how to monitor road salt at home. This will be held indoors at Meadowside Nature Center.

Meadowside Nature Center

[Click to Register](#)

Dec 5	Thu	7-8p	Ages 13 and up	Free	1 Class	PMNC0156-400001
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HIKES, SCAVENGER HUNTS & CAMPFIRES

First Day Hike

Join hundreds who step out into the new year with a first day hike of 2025. We will walk about 2-3 miles the early afternoon on natural surface trails. Pending trail conditions, hiking locations will either be to hike around Lake Frank or a local trail near Meadowside and an email will be set with details to all registered participants.

Meadowside Nature Center

[Click to Register](#)

Jan 1	Wed	11a-12p	Ages 6 and up	Free	1 Class	PMNC0164-400001
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NATURE - OUTDOOR EXPLORATION AND SKILLS

Explore Earth's Dark Sky

Bundle up explore the night sky with Montgomery College at Meadowside. A NASA Solar System Ambassador will help orient you to the stories of the sky as you locate constellations and planets that can be seen this time of the year. You'll leave with a star chart and the ability to find celestial objects on your own.

Meadowside Nature Center

[Click to Register](#)

Dec 20	Fri	6-7p	All Ages	\$7	1 Class	PMNC0163-400001
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W.A.N.D.E.R. - Animal Tracks and Signs for Women and Non-binary individuals

Join us for a naturalist-led workshop and hike to explore the different types of clues that animals leave behind. Participants will learn how to read the forest to detect signs of animal activity and put these skills to work on the trail. This workshop is designed to empower beginners in learning practical and fun outdoor skills. Each participant will take home a pocket guide for identifying local animal tracks and signs. Please register in advance and dress for the weather, as we will be outside for a portion of the program. Women And Non-Binary individuals Deepening their Environmental Relationships (W.A.N.D.E.R), are empowering hands-on programs that provide accessible and practical knowledge in various outdoor activities. WANDER is an invitation to explore, learn, and thrive in the great outdoors.

Meadowside Nature Center

[Click to Register](#)

Jan 18	Sat	10a-12p	Ages 16 and up	\$20	1 Class	PMNC0165-400001
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SPEAKER SERIES WORKSHOPS OR DISCUSSIONS

Raptor Caretaker Chats

Come and learn how our Naturalist Staff care for our amazing birds of prey! Discover what raptors eat for lunch, what raptors do for fun, and how trainers build relationships with these incredible animals.

Meadowside Nature Center

[Click to Register](#)

Dec 7	Sat	12-12:45p	All Ages	Free	1 Class	PMNC0044-400001
Dec 14	Sat	12-12:45p	All Ages	Free	1 Class	PMNC0044-400002
Dec 21	Sat	12-12:45p	All Ages	Free	1 Class	PMNC0044-400003
Jan 4	Sat	12-12:45p	All Ages	Free	1 Class	PMNC0044-400004
Jan 11	Sat	12-12:45p	All Ages	Free	1 Class	PMNC0044-400005
Jan 18	Sat	12-12:45p	All Ages	Free	1 Class	PMNC0044-400006
Jan 25	Sat	12-12:45p	All Ages	Free	1 Class	PMNC0044-400007
Feb 1	Sat	12-12:45p	All Ages	Free	1 Class	PMNC0044-400008
Feb 15	Sat	12-12:45p	All Ages	Free	1 Class	PMNC0044-400009
Feb 22	Sat	12-12:45p	All Ages	Free	1 Class	PMNC0044-400010



ICE SKATING AND ICE HOCKEY

*Cabin John
Ice Rink*

wheaton
ICE ARENA



CABIN JOHN ICE RINK

10610 Westlake Dr | Rockville, MD 20852
301-765-8620
CabinJohnIce.org

WHEATON ICE ARENA

11717 Orebaugh Ave | Wheaton, MD 20902
301-905-3000
WheatonIceArena.org

CLASS DATES

Winter I:

Registration Dates: Dec. 20–Jan. 1

Class Dates: Jan. 3–Feb. 13

Winter II:

Registration Dates: Feb. 14–20

Class Dates: Feb. 22–Apr. 4

On your first day of class...

- Arrive at the rink 20-30 minutes early and check in at the Group Lesson area. You will pick up your lesson card, name tag, and have plenty of time to get your skates tied properly.
- Helmets and gloves are required for all Parent and Tot, Preschool, and Youth Ice Skating 1 classes (bike helmets are fine). Helmets and gloves are recommended for all Youth Ice Skating and Teen and Adult Ice skating classes for safety.
- Wear one pair of long thin socks that cover your ankles.
- Pick up your skates at the skate exchange. Ask for one size smaller than your sneaker size as skates should feel snug in your heel and ankles. This helps you have better balance and protects against injuries.

EVENTS AND IMPORTANT DATES:

- Rink closed Nov. 28 and Dec. 25
- Rink closes early at 3pm on Dec. 24 and 31
- Rink opens at 12pm on Jan. 1

COURSE FEES COVER

1. Six instructed group lessons
2. Skate rental
3. A practice card good for public skating admissions and skate rental during the class series as well as a pro shop discount

PLEASE NOTE

- No make-ups or refunds for missed lessons.
- Please read course descriptions carefully and select courses that match the skater's ability and experience. At the end of each class series, the skater will receive an evaluation form recommending the class that should be taken in the future.
- If you see a class you like, register! Classes may be canceled or combined if a minimum enrollment is not met.
- If you wish to practice on the same day as your lesson, please see the public skating schedules before signing up
- Skaters will receive a ribbon award at the end of the course.

PUBLIC SESSIONS

Visit our websites for schedules and pricing.

CabinJohnIce.org

WheatonIceArena.org



SPECIAL EVENTS

School's out Skate Day

No school? No problem! On many of the days Montgomery County Public Schools are off School's Out Skate Days are on! Bring your kids (ages 6-12) for a Skate Day full of supervised activities. The day includes a group ice skating lesson, practice skating time, arts & crafts, and fun games. Skaters will need to pack a lunch will be emailed camp forms prior to the skate day.

Cabin John Ice Rink

[Click to Register](#)

Jan 20	Mon	9a-5p	Ages 6 to 12	\$75	1 Class	PICE2000-402100
Jan 29	Wed	9a-5p	Ages 6 to 12	\$75	1 Class	PICE2000-402101
Feb 17	Mon	9a-5p	Ages 6 to 12	\$75	1 Class	PICE2000-402102

Wheaton Ice Arena

[Click to Register](#)

Jan 20	Mon	9a-5p	Ages 6 to 12	\$75	1 Class	PICE2000-405100
Jan 29	Wed	9a-5p	Ages 6 to 12	\$75	1 Class	PICE2000-405101
Feb 17	Mon	9a-5p	Ages 6 to 12	\$75	1 Class	PICE2000-405102

ICE SKATING

Parent and Tot Ice Skating

Skating is fun, and great exercise for you and your child! This class teaches toddlers (ages 3-5) beginning skating skills with Mom or Dad right there to help them feel safe. We'll teach your child how to fall down and get up, and march while moving on the ice. Parents will need basic skating skills in order to skate with their child. Fee covers registration for child and parent, skate rental for child and parent, and a practice card good for admission to six public skate sessions to practice skills learned in class. Register only the child for the course. Equipment Required: Helmet & Gloves.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 5-Feb 9	Sun	11-11:30a	Ages 3 to 5	\$114	6 Classes	PICE0100-412000
Jan 5-Feb 9	Sun	11:30a-12p	Ages 3 to 5	\$114	6 Classes	PICE0100-412001
Jan 8-Feb 12	Wed	11-11:30a	Ages 3 to 5	\$114	6 Classes	PICE0100-412002
Jan 4-Feb 8	Sat	10:30-11a	Ages 3 to 5	\$114	6 Classes	PICE0100-412003
Jan 4-Feb 8	Sat	10:45-11:15a	Ages 3 to 5	\$114	6 Classes	PICE0100-412004
Jan 7-Feb 11	Tue	4-4:30p	Ages 3 to 5	\$114	6 Classes	PICE0100-412007
Jan 4-Feb 8	Sat	11:45a-12:15p	Ages 3 to 5	\$114	6 Classes	PICE0100-412009

Winter I: Winter II:

ICE SKATING

Parent and Tot Ice Skating (continued)

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 5-Feb 9	Sun	1:15-1:45p	Ages 3 to 5	\$114	6 Classes	PICE0100-415001
Jan 8-Feb 12	Wed	12:30-1p	Ages 3 to 5	\$114	6 Classes	PICE0100-415004
Jan 9-Feb 13	Thu	4-4:30p	Ages 3 to 5	\$114	6 Classes	PICE0100-415006
Jan 4-Feb 8	Sat	11:15-11:45a	Ages 3 to 5	\$114	6 Classes	PICE0100-415008
Jan 4-Feb 8	Sat	11:45a-12:15p	Ages 3 to 5	\$114	6 Classes	PICE0100-415009

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 23-Mar 30	Sun	11-11:30a	Ages 3 to 5	\$114	6 Classes	PICE0100-422001
Feb 23-Mar 30	Sun	11:30a-12p	Ages 3 to 5	\$114	6 Classes	PICE0100-422003
Feb 25-Apr 1	Tue	4-4:30p	Ages 3 to 5	\$114	6 Classes	PICE0100-422005
Feb 26-Apr 2	Wed	11a-12p	Ages 3 to 5	\$114	6 Classes	PICE0100-422007
Feb 22-Mar 29	Sat	10:30-11a	Ages 3 to 5	\$114	6 Classes	PICE0100-422013
Feb 22-Mar 29	Sat	10:45-11:15a	Ages 3 to 5	\$114	6 Classes	PICE0100-422015
Feb 22-Mar 29	Sat	11:45a-12:15p	Ages 3 to 5	\$114	6 Classes	PICE0100-422017

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 23-Mar 30	Sun	1:15-1:45p	Ages 3 to 5	\$114	6 Classes	PICE0100-425003
Feb 26-Apr 2	Wed	12:30-1p	Ages 3 to 5	\$114	6 Classes	PICE0100-425006
Feb 27-Apr 3	Thu	4-4:30p	Ages 3 to 5	\$114	6 Classes	PICE0100-425008
Feb 22-Mar 29	Sat	11:15-11:45a	Ages 3 to 5	\$114	6 Classes	PICE0100-425010
Feb 22-Mar 29	Sat	11:45a-12:15p	Ages 3 to 5	\$114	6 Classes	PICE0100-425011

Preschool Ice Skating 1

This class is designed for children ages 3-5 who are beginning skaters. Skaters will learn how to sit and stand up on skates (off and on the ice); march in place; march forward; glide on two feet; and dip in place. Fee includes rental skates and a practice card good for admission to six public skate sessions for the skater to practice skills learned in class. Equipment required: Helmet and gloves. (bike helmet is fine).

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 5-Feb 9	Sun	10:30-11a	Ages 3 to 5	\$114	6 Classes	PICE0101-412001
Jan 5-Feb 9	Sun	2:30-3p	Ages 3 to 5	\$114	6 Classes	PICE0101-412002
Jan 7-Feb 11	Tue	4-4:30p	Ages 3 to 5	\$114	6 Classes	PICE0101-412004
Jan 8-Feb 12	Wed	3:30-4p	Ages 3 to 5	\$114	6 Classes	PICE0101-412005
Jan 3-Feb 7	Fri	3:30-4p	Ages 3 to 5	\$114	6 Classes	PICE0101-412006

Winter I: Winter II:

ICE SKATING

Preschool Ice Skating 1 (continued)

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 4-Feb 8	Sat	11:45a-12:15p	Ages 3 to 5	\$114	6 Classes	PICE0101-412008
Jan 4-Feb 8	Sat	10:45-11:15a	Ages 3 to 5	\$114	6 Classes	PICE0101-412009
Jan 4-Feb 8	Sat	3:30-4p	Ages 3 to 5	\$114	6 Classes	PICE0101-412012
Jan 5-Feb 9	Sun	11:30a-12p	Ages 3 to 5	\$114	6 Classes	PICE0101-412013

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 5-Feb 9	Sun	1:15-1:45p	Ages 3 to 5	\$114	6 Classes	PICE0101-415001
Jan 5-Feb 9	Sun	2:15-2:45p	Ages 3 to 5	\$114	6 Classes	PICE0101-415002
Jan 8-Feb 12	Wed	12:30-1p	Ages 3 to 5	\$114	6 Classes	PICE0101-415004
Jan 9-Feb 13	Thu	4-4:30p	Ages 3 to 5	\$114	6 Classes	PICE0101-415006
Jan 9-Feb 13	Thu	5:45-6:15p	Ages 3 to 5	\$114	6 Classes	PICE0101-415007
Jan 4-Feb 8	Sat	11:15-11:45a	Ages 3 to 5	\$114	6 Classes	PICE0101-415011
Jan 4-Feb 8	Sat	11:45a-12:15p	Ages 3 to 5	\$114	6 Classes	PICE0101-415012

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 23-Mar 30	Sun	11:30a-12p	Ages 3 to 5	\$114	6 Classes	PICE0101-422000
Feb 23-Mar 30	Sun	10:30-11a	Ages 3 to 5	\$114	6 Classes	PICE0101-422001
Feb 23-Mar 30	Sun	2:30-3p	Ages 3 to 5	\$114	6 Classes	PICE0101-422003
Feb 25-Apr 1	Tue	4-4:30p	Ages 3 to 5	\$114	6 Classes	PICE0101-422005
Feb 26-Apr 2	Wed	3:30-4p	Ages 3 to 5	\$114	6 Classes	PICE0101-422009
Feb 28-Apr 4	Fri	3:30-4p	Ages 3 to 5	\$114	6 Classes	PICE0101-422012
Feb 22-Mar 29	Sat	10:45-11:15a	Ages 3 to 5	\$114	6 Classes	PICE0101-422013
Feb 22-Mar 29	Sat	11:45a-12:15p	Ages 3 to 5	\$114	6 Classes	PICE0101-422017
Feb 22-Mar 29	Sat	3:30-4p	Ages 3 to 5	\$114	6 Classes	PICE0101-422018

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 23-Mar 30	Sun	1:15-1:45p	Ages 3 to 8	\$114	6 Classes	PICE0101-425001
Feb 23-Mar 30	Sun	2:15-2:45p	Ages 3 to 5	\$114	6 Classes	PICE0101-425004
Feb 26-Apr 2	Wed	12:30-1p	Ages 3 to 5	\$114	6 Classes	PICE0101-425006
Feb 27-Apr 3	Thu	4-4:30p	Ages 3 to 5	\$114	6 Classes	PICE0101-425007
Feb 27-Apr 3	Thu	5:45-6:15p	Ages 3 to 5	\$114	6 Classes	PICE0101-425008
Feb 22-Mar 29	Sat	11:15-11:45a	Ages 3 to 5	\$114	6 Classes	PICE0101-425010
Feb 22-Mar 29	Sat	11:45a-12:15p	Ages 3 to 5	\$114	6 Classes	PICE0101-425011

Winter I: Winter II:

Preschool Ice Skating 2

Prerequisite: Preschool Ice Skating 1. This skating class is for children between the ages of 3-5. Skaters will learn how to march followed by a long glide, dip while moving, backward wiggles, forward two-foot swizzles, beginning snowplow stop, and a two-foot hop in place. Fee includes rental skates and a practice card good for admission to six public skate sessions for the skater to practice skills learned in class. Equipment Required: Helmet & Gloves (bike helmet is fine).

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 5-Feb 9	Sun	10:30-11a	Ages 3 to 5	\$114	6 Classes	PICE0102-412000
Jan 5-Feb 9	Sun	11-11:30a	Ages 3 to 5	\$114	6 Classes	PICE0102-412001
Jan 5-Feb 9	Sun	2:30-3p	Ages 3 to 5	\$114	6 Classes	PICE0102-412002
Jan 7-Feb 11	Tue	4-4:30p	Ages 3 to 5	\$114	6 Classes	PICE0102-412003
Jan 8-Feb 12	Wed	3:30-4p	Ages 3 to 5	\$114	6 Classes	PICE0102-412004
Jan 3-Feb 7	Fri	3:30-4p	Ages 3 to 5	\$114	6 Classes	PICE0102-412005
Jan 4-Feb 8	Sat	10:45-11:15a	Ages 3 to 5	\$114	6 Classes	PICE0102-412006
Jan 4-Feb 8	Sat	11:45a-12:15p	Ages 3 to 5	\$114	6 Classes	PICE0102-412007
Jan 4-Feb 8	Sat	3:30-4p	Ages 3 to 5	\$114	6 Classes	PICE0102-412008
Jan 5-Feb 9	Sun	11:30a-12p	Ages 3 to 5	\$114	6 Classes	PICE0102-412011

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 5-Feb 9	Sun	1:15-1:45p	Ages 3 to 5	\$114	6 Classes	PICE0102-415001
Jan 5-Feb 9	Sun	2:15-2:45p	Ages 3 to 5	\$114	6 Classes	PICE0102-415002
Jan 8-Feb 12	Wed	12-12:30p	Ages 3 to 5	\$114	6 Classes	PICE0102-415003
Jan 9-Feb 13	Thu	4:30-5p	Ages 3 to 5	\$114	6 Classes	PICE0102-415004
Jan 9-Feb 13	Thu	5:45-6:15p	Ages 3 to 5	\$114	6 Classes	PICE0102-415005
Jan 4-Feb 8	Sat	11:15-11:45a	Ages 3 to 5	\$114	6 Classes	PICE0102-415006
Jan 4-Feb 8	Sat	11:45a-12:15p	Ages 3 to 5	\$114	6 Classes	PICE0102-415007

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 23-Mar 30	Sun	10:30-11a	Ages 3 to 5	\$114	6 Classes	PICE0102-422000
Feb 23-Mar 30	Sun	11-11:30a	Ages 3 to 5	\$114	6 Classes	PICE0102-422001
Feb 23-Mar 30	Sun	2:30-3p	Ages 3 to 5	\$114	6 Classes	PICE0102-422003
Feb 25-Apr 1	Tue	4-4:30p	Ages 3 to 5	\$114	6 Classes	PICE0102-422005
Feb 26-Apr 2	Wed	3:30-4p	Ages 3 to 5	\$114	6 Classes	PICE0102-422009
Feb 28-Apr 4	Fri	3:30-4p	Ages 3 to 5	\$114	6 Classes	PICE0102-422012
Feb 22-Mar 29	Sat	10:45-11:15a	Ages 3 to 5	\$114	6 Classes	PICE0102-422015

Winter I: Winter II:

Preschool Ice Skating 2 (continued)

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 22-Mar 29	Sat	11:45a-12:15p	Ages 3 to 5	\$114	6 Classes	PICE0102-422016
Feb 22-Mar 29	Sat	3:30-4p	Ages 3 to 5	\$114	6 Classes	PICE0102-422017

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 23-Mar 30	Sun	1:15-1:45p	Ages 3 to 5	\$114	6 Classes	PICE0102-425001
Feb 23-Mar 30	Sun	2:15-2:45p	Ages 3 to 5	\$114	6 Classes	PICE0102-425002
Feb 26-Apr 2	Wed	12-12:30p	Ages 3 to 5	\$114	6 Classes	PICE0102-425006
Feb 27-Apr 3	Thu	4:30-5p	Ages 3 to 5	\$114	6 Classes	PICE0102-425008
Feb 27-Apr 3	Thu	5:45-6:15p	Ages 3 to 5	\$114	6 Classes	PICE0102-425010
Feb 22-Mar 29	Sat	11:15-11:45a	Ages 3 to 5	\$114	6 Classes	PICE0102-425011
Feb 22-Mar 29	Sat	11:45a-12:15p	Ages 3 to 5	\$114	6 Classes	PICE0102-425013

Preschool Ice Skating 3

Prerequisite: Preschool Ice Skating 2. This class is for skaters ages 3-5. Skater will learn forward skating, forward one-foot glides, forward and backward swizzles, a snowplow stop, and curves. Fee includes skate rental and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment Required: Helmet & Gloves. (bike helmet is fine). Winter class registration opens on December 19, 2023 at 6:30 am.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 5-Feb 9	Sun	10:30-11a	Ages 3 to 5	\$114	6 Classes	PICE0103-412001
Jan 5-Feb 9	Sun	11:30a-12p	Ages 3 to 5	\$114	6 Classes	PICE0103-412002
Jan 5-Feb 9	Sun	2:30-3p	Ages 3 to 5	\$114	6 Classes	PICE0103-412003
Jan 8-Feb 12	Wed	4-4:30p	Ages 3 to 5	\$114	6 Classes	PICE0103-412004
Jan 3-Feb 7	Fri	3:30-4p	Ages 3 to 5	\$114	6 Classes	PICE0103-412006
Jan 4-Feb 8	Sat	4-4:30p	Ages 3 to 5	\$114	6 Classes	PICE0103-412008

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 5-Feb 9	Sun	1:15-1:45p	Ages 3 to 5	\$114	6 Classes	PICE0103-415001
Jan 8-Feb 12	Wed	12-12:30p	Ages 3 to 5	\$114	6 Classes	PICE0103-415002
Jan 9-Feb 13	Thu	4:30-5p	Ages 3 to 5	\$114	6 Classes	PICE0103-415003
Jan 9-Feb 13	Thu	5:45-6:15p	Ages 3 to 5	\$114	6 Classes	PICE0103-415004

Winter I: Winter II:

Preschool Ice Skating 3 (continued)

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 23-Mar 30	Sun	10:30-11a	Ages 3 to 5	\$114	6 Classes	PICE0103-422001
Feb 23-Mar 30	Sun	11:30a-12p	Ages 3 to 5	\$114	6 Classes	PICE0103-422002
Feb 23-Mar 30	Sun	2:30-3p	Ages 3 to 5	\$114	6 Classes	PICE0103-422003
Feb 26-Apr 2	Wed	4-4:30p	Ages 3 to 5	\$114	6 Classes	PICE0103-422009
Feb 28-Apr 4	Fri	3:30-4p	Ages 3 to 5	\$114	6 Classes	PICE0103-422012
Feb 22-Mar 29	Sat	4-4:30p	Ages 3 to 5	\$114	6 Classes	PICE0103-422017

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 22-Mar 29	Sat	11:15-11:45a	Ages 3 to 5	\$114	6 Classes	PICE0103-425001
Feb 23-Mar 30	Sun	1:15-1:45p	Ages 3 to 5	\$114	6 Classes	PICE0103-425002
Feb 26-Apr 2	Wed	12-12:30p	Ages 3 to 5	\$114	6 Classes	PICE0103-425003
Feb 27-Apr 3	Thu	4:30-5p	Ages 3 to 5	\$114	6 Classes	PICE0103-425004
Feb 27-Apr 3	Thu	5:45-6:15p	Ages 3 to 5	\$114	6 Classes	PICE0103-425005

Preschool Ice Skating 4

Prerequisite: Preschool Ice Skating 3. This class is for skaters ages 3-5. Skater will learn forward skating, backward two-foot glides, backward swizzles, rocking horse, two-foot turns from forward to backward in place, and two-foot hop. Fee includes skate rental and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment Required: Helmet & Gloves. (bike helmet is fine).

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 5-Feb 9	Sun	11-11:30a	Ages 3 to 5	\$114	6 Classes	PICE0104-412001
Jan 8-Feb 12	Wed	4-4:30p	Ages 3 to 5	\$114	6 Classes	PICE0104-412003
Jan 4-Feb 8	Sat	4-4:30p	Ages 3 to 5	\$114	6 Classes	PICE0104-412006

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 5-Feb 9	Sun	1:15-1:45p	Ages 3 to 5	\$114	6 Classes	PICE0104-415001
Jan 8-Feb 12	Wed	12-12:30p	Ages 3 to 5	\$114	6 Classes	PICE0104-415002
Jan 9-Feb 13	Thu	5:45-6:15p	Ages 3 to 5	\$114	6 Classes	PICE0104-415004

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 23-Mar 30	Sun	11-11:30a	Ages 3 to 5	\$114	6 Classes	PICE0104-422001
Feb 26-Apr 2	Wed	4-4:30p	Ages 3 to 5	\$114	6 Classes	PICE0104-422009
Feb 28-Apr 4	Fri	3:30-4p	Ages 3 to 5	\$114	6 Classes	PICE0104-422011
Feb 22-Mar 29	Sat	4-4:30p	Ages 3 to 5	\$114	6 Classes	PICE0104-422017

Winter I: Winter II:

Preschool Ice Skating 4 (continued)

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 23-Mar 30	Sun	1:15-1:45p	Ages 3 to 5	\$114	6 Classes	PICE0104-425001
Feb 26-Apr 2	Wed	12-12:30p	Ages 3 to 5	\$114	6 Classes	PICE0104-425003
Feb 27-Apr 3	Thu	5:45-6:15p	Ages 3 to 5	\$114	6 Classes	PICE0104-425004

Skating Superstars Low

For skaters ages 4-8, who have completed Preschool Skating Level 2 or 3 or Youth Level 1, this class offers a high-energy fun time on the ice. Class starts with an on ice warm-up to music, followed by focused skating technique work. Engaging games and colorful obstacle courses strengthen forward/backward skating, turns and stopping skills. Students listen, learn, and practice their ice skating skills in an encouraging, joyful space.

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 4-Feb 8	Sat	10:45-11:30a	Ages 3 to 8	\$171	6 Classes	PICE0105-415003
Jan 5-Feb 9	Sun	11:15a-12p	Ages 3 to 8	\$171	6 Classes	PICE0105-415001

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 22-Mar 29	Sat	10:45-11:30a	Ages 3 to 8	\$171	6 Classes	PICE0105-425012
Feb 23-Mar 30	Sun	11:15a-12p	Ages 3 to 8	\$171	6 Classes	PICE0105-425010

Skating Superstars High

For skaters ages 4-8, who have completed Preschool Skating Level 2 or 3 or Youth Level 1, this class offers a high-energy fun time on the ice. Class starts with an on ice warm-up to music, followed by focused skating technique work. Engaging games and colorful obstacle courses strengthen forward/backward skating, turns and stopping skills. Students listen, learn, and practice their ice skating skills in an encouraging, joyful space.

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 5-Feb 9	Sun	12:15-1p	Ages 3 to 8	\$171	6 Classes	PICE0105-415002
Jan 4-Feb 8	Sat	11:30a-12:15p	Ages 3 to 8	\$171	6 Classes	PICE0105-415005

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 22-Mar 29	Sat	11:30a-12:15p	Ages 3 to 8	\$171	6 Classes	PICE0105-425013
Feb 23-Mar 30	Sun	12:15-1p	Ages 3 to 8	\$171	6 Classes	PICE0105-425011

Winter I: Winter II:

ICE SKATING

Babes and Blades

Let us ease your child into ice skating with a low impact class that focuses on coordination, balance, and babes first steps. Using music, bubbles, games, and dancing, our professional ice-skating instructors will help make your child's first steps on the ice amazing. Bonus: We have story time at the end of each class with popcorn! Helmets and gloves required. Bike helmets are fine.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 3-Feb 7	Fri	11-11:45a	Ages 3 to 6	\$171	6 Classes	PICE0110-412002
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Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 28-Apr 4	Fri	11-11:45a	Ages 3 to 6	\$171	6 Classes	PICE0110-422002
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Youth Ice Skating 1

This class is for beginner skaters ages 6-12. Skaters will learn how to sit on the ice and stand up, march forward across the ice, forward two-foot glide, dip, forward swizzles, backward wiggles, beginning snowplow stops, and a two-foot hop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet & gloves are required (bike helmet is fine).

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 5-Feb 9	Sun	12:45-1:15p	Ages 6 to 12	\$114	6 Classes	PICE0201-412001
Jan 9-Feb 13	Thu	4-4:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-412002
Jan 5-Feb 9	Sun	3-3:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-412003
Jan 6-Feb 10	Mon	4-4:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-412004
Jan 7-Feb 11	Tue	4:30-5p	Ages 6 to 12	\$114	6 Classes	PICE0201-412005
Jan 7-Feb 11	Tue	4:30-5p	Ages 6 to 12	\$114	6 Classes	PICE0201-412006
Jan 8-Feb 12	Wed	4:30-5p	Ages 6 to 12	\$114	6 Classes	PICE0201-412007
Jan 8-Feb 12	Wed	5-5:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-412008
Jan 8-Feb 12	Wed	5-5:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-412009
Jan 3-Feb 7	Fri	4-4:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-412011
Jan 3-Feb 7	Fri	4:30-5p	Ages 6 to 12	\$114	6 Classes	PICE0201-412012
Jan 4-Feb 8	Sat	3:30-4p	Ages 6 to 12	\$114	6 Classes	PICE0201-412013
Jan 4-Feb 8	Sat	4-4:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-412014
Jan 4-Feb 8	Sat	11:15-11:45a	Ages 6 to 12	\$114	6 Classes	PICE0201-412015
Jan 4-Feb 8	Sat	12:30-1p	Ages 6 to 12	\$114	6 Classes	PICE0201-412016
Jan 4-Feb 8	Sat	1:30-2p	Ages 6 to 12	\$114	6 Classes	PICE0201-412017
Jan 4-Feb 8	Sat	2-2:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-412022

Winter I: Winter II:

Youth Ice Skating 1 (continued)

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 5-Feb 9	Sun	1:15-1:45p	Ages 6 to 12	\$114	6 Classes	PICE0201-415001
Jan 5-Feb 9	Sun	1:45-2:15p	Ages 6 to 12	\$114	6 Classes	PICE0201-415002
Jan 5-Feb 9	Sun	2:15-2:45p	Ages 6 to 12	\$114	6 Classes	PICE0201-415003
Jan 7-Feb 11	Tue	1-1:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-415004
Jan 8-Feb 12	Wed	1-1:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-415006
Jan 4-Feb 8	Sat	11:45a-12:15p	Ages 6 to 12	\$114	6 Classes	PICE0201-415008
Jan 9-Feb 13	Thu	5:45-6:15p	Ages 6 to 12	\$114	6 Classes	PICE0201-415009
Jan 9-Feb 13	Thu	6:15-6:45p	Ages 6 to 12	\$114	6 Classes	PICE0201-415010
Jan 9-Feb 13	Thu	6:15-6:45p	Ages 6 to 12	\$114	6 Classes	PICE0201-415012
Jan 3-Feb 7	Fri	12:30-1p	Ages 6 to 12	\$114	6 Classes	PICE0201-415013
Jan 3-Feb 7	Fri	5:30-6p	Ages 6 to 12	\$114	6 Classes	PICE0201-415014
Jan 3-Feb 7	Fri	6-6:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-415015
Jan 4-Feb 8	Sat	11:15-11:45a	Ages 6 to 12	\$114	6 Classes	PICE0201-415016
Jan 4-Feb 8	Sat	11:45a-12:15p	Ages 6 to 12	\$114	6 Classes	PICE0201-415017



Winter I: Winter II:

ICE SKATING

Youth Ice Skating 1 (continued)

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 23-Mar 30	Sun	12:45-1:15p	Ages 6 to 12	\$114	6 Classes	PICE0201-422002
Feb 23-Mar 30	Sun	3-3:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-422005
Feb 24-Mar 31	Mon	4-4:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-422007
Feb 25-Apr 1	Tue	4:30-5p	Ages 6 to 12	\$114	6 Classes	PICE0201-422009
Feb 25-Apr 1	Tue	4:30-5p	Ages 6 to 12	\$114	6 Classes	PICE0201-422011
Feb 26-Apr 2	Wed	4:30-5p	Ages 6 to 12	\$114	6 Classes	PICE0201-422012
Feb 26-Apr 2	Wed	5-5:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-422013
Feb 27-Apr 3	Thu	4-4:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-422014
Feb 26-Apr 2	Wed	5-5:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-422016
Feb 28-Apr 4	Fri	4-4:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-422018
Feb 28-Apr 4	Fri	4:30-5p	Ages 6 to 12	\$114	6 Classes	PICE0201-422020
Feb 22-Mar 29	Sat	11:15-11:45a	Ages 6 to 12	\$114	6 Classes	PICE0201-422023
Feb 22-Mar 29	Sat	12:30-12:45p	Ages 6 to 12	\$114	6 Classes	PICE0201-422024
Feb 22-Mar 29	Sat	2-2:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-422025
Feb 22-Mar 29	Sat	3:30-4p	Ages 6 to 12	\$114	6 Classes	PICE0201-422026
Feb 22-Mar 29	Sat	4-4:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-422027

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 23-Mar 30	Sun	1:15-1:45p	Ages 6 to 12	\$114	6 Classes	PICE0201-425000
Feb 23-Mar 30	Sun	1:45-2:15p	Ages 6 to 12	\$114	6 Classes	PICE0201-425001
Feb 25-Apr 1	Tue	1-1:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-425003
Feb 26-Apr 2	Wed	1-1:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-425004
Feb 27-Apr 3	Thu	5-5:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-425006
Feb 27-Apr 3	Thu	5:45-6:15p	Ages 6 to 12	\$114	6 Classes	PICE0201-425007
Feb 27-Apr 3	Thu	6:15-6:45p	Ages 6 to 12	\$114	6 Classes	PICE0201-425008
Feb 27-Apr 3	Thu	6:15-6:45p	Ages 6 to 12	\$114	6 Classes	PICE0201-425009
Feb 28-Apr 4	Fri	12:30-1p	Ages 6 to 12	\$114	6 Classes	PICE0201-425010
Feb 28-Apr 4	Fri	5:30-6p	Ages 6 to 12	\$114	6 Classes	PICE0201-425011
Feb 28-Apr 4	Fri	6-6:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-425012
Feb 22-Mar 29	Sat	11:15-11:45a	Ages 6 to 12	\$114	6 Classes	PICE0201-425015
Feb 22-Mar 29	Sat	11:45a-12:15p	Ages 6 to 12	\$114	6 Classes	PICE0201-425016

Winter I: Winter II:

ICE SKATING

Youth Ice Skating 2

Prerequisite: Passed Youth Ice Skating 1 or Preschool Ice Skating 4. This class is for skaters ages 4-12. Skaters will learn forward one-foot glides, backward two-foot glide, rocking horse, scooter pushes, backward swizzles, a two-foot turn from forward to backward in place, and a moving snowplow stop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 4-Feb 8	Sat	12:30-1p	Ages 4 to 12	\$114	6 Classes	PICE0202-412001
Jan 5-Feb 9	Sun	12:45-1:15p	Ages 4 to 12	\$114	6 Classes	PICE0202-412002
Jan 5-Feb 9	Sun	12-12:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-412003
Jan 6-Feb 10	Mon	4-4:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-412004
Jan 7-Feb 11	Tue	5-5:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-412005
Jan 8-Feb 12	Wed	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0202-412006
Jan 9-Feb 13	Thu	4-4:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-412007
Jan 3-Feb 7	Fri	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0202-412008
Jan 3-Feb 7	Fri	4-4:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-412009
Jan 4-Feb 8	Sat	9-9:30a	Ages 4 to 12	\$114	6 Classes	PICE0202-412010
Jan 4-Feb 8	Sat	11:15-11:45a	Ages 4 to 12	\$114	6 Classes	PICE0202-412011
Jan 4-Feb 8	Sat	1:30-2p	Ages 4 to 12	\$114	6 Classes	PICE0202-412012
Jan 4-Feb 8	Sat	1-1:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-412013
Jan 6-Feb 10	Mon	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0202-412014
Jan 9-Feb 13	Thu	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0202-412015

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 5-Feb 9	Sun	1:15-1:45p	Ages 4 to 12	\$114	6 Classes	PICE0202-415000
Jan 5-Feb 9	Sun	1:45-2:15p	Ages 4 to 12	\$114	6 Classes	PICE0202-415001
Jan 7-Feb 11	Tue	1-1:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-415002
Jan 8-Feb 12	Wed	1-1:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-415003
Jan 9-Feb 13	Thu	5-5:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-415004
Jan 9-Feb 13	Thu	5:45-6:15p	Ages 4 to 12	\$114	6 Classes	PICE0202-415005
Jan 9-Feb 13	Thu	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0202-415006
Jan 9-Feb 13	Thu	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0202-415007
Jan 3-Feb 7	Fri	12:30-1p	Ages 4 to 12	\$114	6 Classes	PICE0202-415008
Jan 3-Feb 7	Fri	5:30-6p	Ages 4 to 12	\$114	6 Classes	PICE0202-415009

Winter I: Winter II:

ICE SKATING

Youth Ice Skating 2 (continued)

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 3-Feb 7	Fri	6-6:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-415010
Jan 4-Feb 8	Sat	11:15-11:45a	Ages 4 to 12	\$114	6 Classes	PICE0202-415011
Jan 4-Feb 8	Sat	11:45a-12:15p	Ages 4 to 12	\$114	6 Classes	PICE0202-415012

Youth Ice Skating 1 (continued)

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 23-Mar 30	Sun	12-12:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-422001
Feb 23-Mar 30	Sun	12:45-1:15p	Ages 4 to 12	\$114	6 Classes	PICE0202-422002
Feb 24-Mar 31	Mon	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0202-422003
Feb 25-Apr 1	Tue	1:15-1:45p	Ages 4 to 12	\$114	6 Classes	PICE0202-422004
Feb 24-Mar 31	Mon	4-4:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-422007
Feb 26-Apr 2	Wed	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0202-422012
Feb 27-Apr 3	Thu	4-4:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-422014
Feb 28-Apr 4	Fri	4-4:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-422017
Feb 22-Mar 29	Sat	11:15-11:45a	Ages 4 to 12	\$114	6 Classes	PICE0202-422023
Feb 22-Mar 29	Sat	1-1:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-422024
Feb 22-Mar 29	Sat	1:30-2p	Ages 4 to 12	\$114	6 Classes	PICE0202-422025

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 23-Mar 30	Sun	1:15-1:45p	Ages 4 to 12	\$114	6 Classes	PICE0202-425001
Feb 23-Mar 30	Sun	1:45-2:15p	Ages 4 to 12	\$114	6 Classes	PICE0202-425003
Feb 25-Apr 1	Tue	1-1:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-425004
Feb 26-Apr 2	Wed	1-1:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-425006
Feb 27-Apr 3	Thu	5-5:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-425008
Feb 27-Apr 3	Thu	5:45-6:15p	Ages 4 to 12	\$114	6 Classes	PICE0202-425009
Feb 27-Apr 3	Thu	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0202-425010
Feb 27-Apr 3	Thu	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0202-425011
Feb 28-Apr 4	Fri	12:30-1p	Ages 4 to 12	\$114	6 Classes	PICE0202-425012
Feb 28-Apr 4	Fri	5:30-6p	Ages 4 to 12	\$114	6 Classes	PICE0202-425013
Feb 28-Apr 4	Fri	6-6:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-425014
Feb 22-Mar 29	Sat	11:15-11:45a	Ages 4 to 12	\$114	6 Classes	PICE0202-425015
Feb 22-Mar 29	Sat	11:45a-12:15p	Ages 4 to 12	\$114	6 Classes	PICE0202-425016

Winter I: Winter II:

ICE SKATING

Youth Ice Skating 3

Prerequisite: Passed Youth Ice Skating 2. Skaters will learn forward stroking, forward half-swizzle pumps on a circle, moving forward to backward two-foot turns, backward one-foot glides, backward snowplow stop, forward slaloms, and forward pivot. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 5-Feb 9	Sun	10-10:30a	Ages 4 to 12	\$114	6 Classes	PICE0203-412001
Jan 5-Feb 9	Sun	12:45-1:15p	Ages 4 to 12	\$114	6 Classes	PICE0203-412002
Jan 6-Feb 10	Mon	4-4:30p	Ages 4 to 12	\$114	6 Classes	PICE0203-412004
Jan 7-Feb 11	Tue	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0203-412005
Jan 8-Feb 12	Wed	5-5:30p	Ages 4 to 12	\$114	6 Classes	PICE0203-412006
Jan 9-Feb 13	Thu	4-4:30p	Ages 4 to 12	\$114	6 Classes	PICE0203-412007
Jan 3-Feb 7	Fri	4-4:30p	Ages 4 to 12	\$114	6 Classes	PICE0203-412008
Jan 3-Feb 7	Fri	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0203-412009
Jan 4-Feb 8	Sat	12:30-1p	Ages 4 to 12	\$114	6 Classes	PICE0203-412010
Jan 4-Feb 8	Sat	1:30-2p	Ages 4 to 12	\$114	6 Classes	PICE0203-412011
Jan 4-Feb 8	Sat	11:15-11:45a	Ages 4 to 12	\$114	6 Classes	PICE0203-412012
Jan 4-Feb 8	Sat	9-9:30a	Ages 4 to 12	\$114	6 Classes	PICE0203-412013

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 5-Feb 9	Sun	1:45-2:15p	Ages 4 to 12	\$114	6 Classes	PICE0203-415001
Jan 7-Feb 11	Tue	1-1:30p	Ages 4 to 12	\$114	6 Classes	PICE0203-415002
Jan 8-Feb 12	Wed	1:30-2p	Ages 4 to 12	\$114	6 Classes	PICE0203-415003
Jan 9-Feb 13	Thu	5:45-6:15p	Ages 4 to 12	\$114	6 Classes	PICE0203-415004
Jan 9-Feb 13	Thu	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0203-415005
Jan 3-Feb 7	Fri	1-1:30p	Ages 4 to 12	\$114	6 Classes	PICE0203-415006
Jan 3-Feb 7	Fri	6:30-7p	Ages 4 to 12	\$114	6 Classes	PICE0203-415007
Jan 4-Feb 8	Sat	10:45-11:15a	Ages 4 to 12	\$114	6 Classes	PICE0203-415008
Jan 4-Feb 8	Sat	11:45a-12:15p	Ages 4 to 12	\$114	6 Classes	PICE0203-415009

Winter I: Winter II:

ICE SKATING

Youth Ice Skating 3 (continued)

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 23-Mar 30	Sun	10-10:30a	Ages 4 to 12	\$114	6 Classes	PICE0203-422001
Feb 23-Mar 30	Sun	12:45-1:15p	Ages 4 to 12	\$114	6 Classes	PICE0203-422002
Feb 27-Apr 3	Thu	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0203-422005
Feb 24-Mar 31	Mon	4-4:30p	Ages 4 to 12	\$114	6 Classes	PICE0203-422007
Feb 25-Apr 1	Tue	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0203-422009
Feb 26-Apr 2	Wed	5-5:30p	Ages 4 to 12	\$114	6 Classes	PICE0203-422012
Feb 27-Apr 3	Thu	4-4:30p	Ages 4 to 12	\$114	6 Classes	PICE0203-422014
Feb 28-Apr 4	Fri	4-4:30p	Ages 4 to 12	\$114	6 Classes	PICE0203-422017
Feb 28-Apr 4	Fri	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0203-422018
Feb 22-Mar 29	Sat	9-9:30a	Ages 4 to 12	\$114	6 Classes	PICE0203-422024
Feb 22-Mar 29	Sat	11:15-11:45a	Ages 4 to 12	\$114	6 Classes	PICE0203-422025
Feb 22-Mar 29	Sat	12:30-1p	Ages 4 to 12	\$114	6 Classes	PICE0203-422026
Feb 22-Mar 29	Sat	1:30-2p	Ages 4 to 12	\$114	6 Classes	PICE0203-422027

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 23-Mar 30	Sun	1:45-2:15p	Ages 4 to 12	\$114	6 Classes	PICE0203-425001
Feb 25-Apr 1	Tue	1-1:30p	Ages 4 to 12	\$114	6 Classes	PICE0203-425003
Feb 26-Apr 2	Wed	1:30-2p	Ages 4 to 12	\$114	6 Classes	PICE0203-425004
Feb 27-Apr 3	Thu	5:45-6:15p	Ages 4 to 12	\$114	6 Classes	PICE0203-425005
Feb 27-Apr 3	Thu	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0203-425006
Feb 28-Apr 4	Fri	1-1:30p	Ages 4 to 12	\$114	6 Classes	PICE0203-425007
Feb 28-Apr 4	Fri	6:30-7p	Ages 4 to 12	\$114	6 Classes	PICE0203-425008
Feb 22-Mar 29	Sat	10:45-11:15a	Ages 4 to 12	\$114	6 Classes	PICE0203-425009
Feb 22-Mar 29	Sat	11:45a-12:15p	Ages 4 to 12	\$114	6 Classes	PICE0203-425010

Winter I: Winter II:

ICE SKATING

Youth Ice Skating 4

Prerequisite: Passed Youth Ice Skating 3. Skaters will learn forward outside and inside edges on a circle (R and L), forward crossovers, backward half-swizzle pumps on a circle, backward one-foot glides, beginning two-foot spin, and forward lunges. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 5-Feb 9	Sun	10-10:30a	Ages 4 to 12	\$114	6 Classes	PICE0204-412001
Jan 5-Feb 9	Sun	12-12:30p	Ages 4 to 12	\$114	6 Classes	PICE0204-412002
Jan 6-Feb 10	Mon	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0204-412003
Jan 7-Feb 11	Tue	5-5:30p	Ages 4 to 12	\$114	6 Classes	PICE0204-412004
Jan 8-Feb 12	Wed	5:30-6p	Ages 4 to 12	\$114	6 Classes	PICE0204-412005
Jan 9-Feb 13	Thu	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0204-412006
Jan 3-Feb 7	Fri	5-5:30p	Ages 4 to 12	\$114	6 Classes	PICE0204-412008
Jan 4-Feb 8	Sat	10:30-11a	Ages 4 to 12	\$114	6 Classes	PICE0204-412009
Jan 4-Feb 8	Sat	1-1:30p	Ages 4 to 12	\$114	6 Classes	PICE0204-412010
Jan 4-Feb 8	Sat	2-2:30p	Ages 4 to 12	\$114	6 Classes	PICE0204-412013

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 5-Feb 9	Sun	1:45-2:15p	Ages 4 to 12	\$114	6 Classes	PICE0204-415001
Jan 7-Feb 11	Tue	1:30-2p	Ages 4 to 12	\$114	6 Classes	PICE0204-415002
Jan 8-Feb 12	Wed	1:30-2p	Ages 4 to 12	\$114	6 Classes	PICE0204-415003
Jan 9-Feb 13	Thu	5:45-6:15p	Ages 4 to 12	\$114	6 Classes	PICE0204-415004
Jan 9-Feb 13	Thu	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0204-415005
Jan 4-Feb 8	Sat	10:45-11:15a	Ages 4 to 12	\$114	6 Classes	PICE0204-415006



Winter I: Winter II:

ICE SKATING

Youth Ice Skating 4 (continued)

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 23-Mar 30	Sun	10-10:30a	Ages 4 to 12	\$114	6 Classes	PICE0204-422001
Feb 23-Mar 30	Sun	12-12:30p	Ages 4 to 12	\$114	6 Classes	PICE0204-422002
Feb 24-Mar 31	Mon	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0204-422003
Feb 25-Apr 1	Tue	5-5:30p	Ages 4 to 12	\$114	6 Classes	PICE0204-422004
Feb 26-Apr 2	Wed	5:30-6p	Ages 4 to 12	\$114	6 Classes	PICE0204-422012
Feb 27-Apr 3	Thu	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0204-422014
Feb 28-Apr 4	Fri	5-5:30p	Ages 4 to 12	\$114	6 Classes	PICE0204-422016
Feb 22-Mar 29	Sat	10:30-11a	Ages 4 to 12	\$114	6 Classes	PICE0204-422019
Feb 22-Mar 29	Sat	1-1:30p	Ages 4 to 12	\$114	6 Classes	PICE0204-422020
Feb 22-Mar 29	Sat	2-2:30p	Ages 4 to 12	\$114	6 Classes	PICE0204-422021

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 23-Mar 30	Sun	1:45-2:15p	Ages 4 to 12	\$114	6 Classes	PICE0204-425004
Feb 25-Apr 1	Tue	1:30-2p	Ages 4 to 12	\$114	6 Classes	PICE0204-425007
Feb 26-Apr 2	Wed	1:30-2p	Ages 4 to 12	\$114	6 Classes	PICE0204-425008
Feb 27-Apr 3	Thu	5:45-6:15p	Ages 4 to 12	\$114	6 Classes	PICE0204-425009
Feb 27-Apr 3	Thu	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0204-425010
Feb 28-Apr 4	Fri	1-1:30p	Ages 4 to 12	\$114	6 Classes	PICE0204-425011
Feb 22-Mar 29	Sat	10:45-11:15a	Ages 4 to 12	\$114	6 Classes	PICE0204-425012



Winter I: Winter II:

ICE SKATING

Youth Ice Skating 5

Prerequisite: Passed Youth Ice Skating 4. Skaters will learn backward outside and inside edges on a circle (R and L), backward crossovers, forward outside three-turns, advanced two-foot spin, hockey stop, and side toe hop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 5-Feb 9	Sun	10-10:30a	Ages 4 to 12	\$114	6 Classes	PICE0205-412000
Jan 5-Feb 9	Sun	12-12:30p	Ages 4 to 12	\$114	6 Classes	PICE0205-412001
Jan 6-Feb 10	Mon	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0205-412002
Jan 7-Feb 11	Tue	5-5:30p	Ages 4 to 12	\$114	6 Classes	PICE0205-412003
Jan 8-Feb 12	Wed	5:30-6p	Ages 4 to 12	\$114	6 Classes	PICE0205-412004
Jan 9-Feb 13	Thu	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0205-412006
Jan 3-Feb 7	Fri	5-5:30p	Ages 4 to 12	\$114	6 Classes	PICE0205-412007
Jan 4-Feb 8	Sat	10:30-11a	Ages 4 to 12	\$114	6 Classes	PICE0205-412009
Jan 4-Feb 8	Sat	1-1:30p	Ages 4 to 12	\$114	6 Classes	PICE0205-412010
Jan 4-Feb 8	Sat	2-2:30p	Ages 4 to 12	\$114	6 Classes	PICE0205-412011

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 5-Feb 9	Sun	1:45-2:15p	Ages 4 to 12	\$114	6 Classes	PICE0205-415001
Jan 7-Feb 11	Tue	1:30-2p	Ages 4 to 12	\$114	6 Classes	PICE0205-415002
Jan 9-Feb 13	Thu	5:45-6:15p	Ages 4 to 12	\$114	6 Classes	PICE0205-415003
Jan 9-Feb 13	Thu	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0205-415004
Jan 4-Feb 8	Sat	10:45-11:15a	Ages 4 to 12	\$114	6 Classes	PICE0205-415005

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 23-Mar 30	Sun	10-10:30a	Ages 4 to 12	\$114	6 Classes	PICE0205-422000
Feb 23-Mar 30	Sun	12-12:30p	Ages 4 to 12	\$114	6 Classes	PICE0205-422001
Feb 24-Mar 31	Mon	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0205-422002
Feb 25-Apr 1	Tue	5-5:30p	Ages 4 to 12	\$114	6 Classes	PICE0205-422003
Feb 26-Apr 2	Wed	5:30-6p	Ages 4 to 12	\$114	6 Classes	PICE0205-422005
Feb 27-Apr 3	Thu	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0205-422006
Feb 28-Apr 4	Fri	5-5:30p	Ages 4 to 12	\$114	6 Classes	PICE0205-422007
Feb 22-Mar 29	Sat	10:30-11a	Ages 4 to 12	\$114	6 Classes	PICE0205-422008
Feb 22-Mar 29	Sat	1-1:30p	Ages 4 to 12	\$114	6 Classes	PICE0205-422009
Feb 22-Mar 29	Sat	2-2:30p	Ages 4 to 12	\$114	6 Classes	PICE0205-422010

Winter I: Winter II:

ICE SKATING

Youth Ice Skating 5 (continued)

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 23-Mar 30	Sun	1:45-2:15p	Ages 4 to 12	\$114	6 Classes	PICE0205-425004
Feb 25-Apr 1	Tue	1:30-2p	Ages 4 to 12	\$114	6 Classes	PICE0205-425005
Feb 27-Apr 3	Thu	5:45-6:15p	Ages 4 to 12	\$114	6 Classes	PICE0205-425006
Feb 27-Apr 3	Thu	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0205-425007
Feb 22-Mar 29	Sat	10:45-11:15a	Ages 4 to 12	\$114	6 Classes	PICE0205-425009

Youth Ice Skating 6

Prerequisite: Passed Youth Ice Skating 5. Skaters will learn forward inside three-turns, moving backward to forward two-foot turns on a circle, backward stroking, T-stop, bunny hops, forward spiral on a straight line, beginning one-foot spin, and shoot the duck. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 6-Feb 10	Mon	5-5:45p	Ages 4 to 12	\$171	6 Classes	PICE0206-412001
Jan 9-Feb 13	Thu	5:45-6:30p	Ages 4 to 12	\$171	6 Classes	PICE0206-412002
Jan 4-Feb 8	Sat	9:45-10:30a	Ages 4 to 12	\$171	6 Classes	PICE0206-412003
Jan 4-Feb 8	Sat	2:45-3:30p	Ages 4 to 12	\$171	6 Classes	PICE0206-412004

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 5-Feb 9	Sun	2:15-2:45p	Ages 4 to 12	\$114	6 Classes	PICE0206-415001
Jan 9-Feb 13	Thu	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0206-415002
Jan 9-Feb 13	Thu	7:15-7:45p	Ages 4 to 12	\$114	6 Classes	PICE0206-415003
Jan 4-Feb 8	Sat	10:45-11:15a	Ages 4 to 12	\$114	6 Classes	PICE0206-415004

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 24-Mar 31	Mon	5-5:45p	Ages 4 to 12	\$171	6 Classes	PICE0206-422004
Feb 27-Apr 3	Thu	5:45-6:30p	Ages 4 to 12	\$171	6 Classes	PICE0206-422005
Feb 22-Mar 29	Sat	9:45-10:30a	Ages 4 to 12	\$171	6 Classes	PICE0206-422006
Feb 22-Mar 29	Sat	2:45-3:30p	Ages 4 to 12	\$171	6 Classes	PICE0206-422007

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 23-Mar 30	Sun	2:15-2:45p	Ages 4 to 12	\$114	6 Classes	PICE0206-425004
Feb 27-Apr 3	Thu	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0206-425006
Feb 27-Apr 3	Thu	7:15-7:45p	Ages 4 to 12	\$114	6 Classes	PICE0206-425007
Feb 22-Mar 29	Sat	10:45-11:15a	Ages 4 to 12	\$114	6 Classes	PICE0206-425008

Winter I: Winter II:

Tweens and Teens Ice Skating

This class is specifically geared for skaters between the ages of 12-17 who have little to no skating experience. Skaters will cover up to the first 3 introductory levels (Youth 1-3) of beginning ice skating. This is a fast-paced class to help late starters catch up to the higher levels and advanced hockey classes. In an effort to maximize the full 6 weeks of instruction, participants are strongly encouraged to practice outside class time. Helmets and gloves are required (bike helmets are acceptable).

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 4-Feb 8	Sat	10:30-11:15a	Ages 12 to 17	\$171	6 Classes	PICE0210-412002
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Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 22-Mar 29	Sat	10:30-11:15a	Ages 12 to 17	\$171	6 Classes	PICE0210-422002
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Therapeutic Ice Skating 1

Ages 18 and under. This beginning ice skating class is for people with cognitive and/or developmental disabilities who want to learn how to ice skate. Skaters will learn proper technique to fall on the ice and recover, skate forward, and stop safely. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet and gloves are required.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 4-Feb 8	Sat	9-9:30a	Ages 4 to 18	\$114	6 Classes	PICE0215-412001
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Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 22-Mar 29	Sat	9-9:30a	Ages 4 to 18	\$114	6 Classes	PICE0215-422001
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Teen and Adult Ice Skating 1

This class is for beginner teen & adult skaters. Learn falling & recovery, forward marching, forward two-foot glide, forward swizzles, one forward/one backward swizzle, dip, and forward snowplow stop. Fee includes skate rental (if needed) plus a skating practice card. Helmet & gloves are strongly recommended.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 5-Feb 9	Sun	1:15-1:45p	Ages 13 and up	\$114	6 Classes	PICE0220-412001
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Jan 9-Feb 13	Thu	1:15-1:45p	Ages 13 and up	\$114	6 Classes	PICE0220-412002
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Jan 9-Feb 13	Thu	7:30-8p	Ages 13 and up	\$114	6 Classes	PICE0220-412003
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Jan 4-Feb 8	Sat	8:30-9a	Ages 13 and up	\$114	6 Classes	PICE0220-412004
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Jan 4-Feb 8	Sat	9-9:30a	Ages 13 and up	\$114	6 Classes	PICE0220-412005
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Winter I: Winter II:

ICE SKATING

Teen and Adult Ice Skating 1 (continued)

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 5-Feb 9	Sun	1:45-2:15p	Ages 13 and up	\$114	6 Classes	PICE0220-415001
Jan 7-Feb 11	Tue	12-12:30p	Ages 13 and up	\$114	6 Classes	PICE0220-415003
Jan 9-Feb 13	Thu	6:15-6:45p	Ages 13 and up	\$114	6 Classes	PICE0220-415006
Jan 9-Feb 13	Thu	7:15-7:45p	Ages 13 and up	\$114	6 Classes	PICE0220-415007
Jan 3-Feb 7	Fri	12-12:30p	Ages 13 and up	\$114	6 Classes	PICE0220-415008
Jan 4-Feb 8	Sat	11:45a-12:15p	Ages 13 and up	\$114	6 Classes	PICE0220-415010

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 23-Mar 30	Sun	1:15-1:45p	Ages 13 and up	\$114	6 Classes	PICE0220-422001
Feb 27-Apr 3	Thu	1:15-1:45p	Ages 13 and up	\$114	6 Classes	PICE0220-422003
Feb 27-Apr 3	Thu	7:30-8p	Ages 13 and up	\$114	6 Classes	PICE0220-422004
Feb 22-Mar 29	Sat	8:30-9a	Ages 13 and up	\$114	6 Classes	PICE0220-422005
Feb 22-Mar 29	Sat	9-9:30a	Ages 13 and up	\$114	6 Classes	PICE0220-422007

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 23-Mar 30	Sun	1:45-2:15p	Ages 13 and up	\$114	6 Classes	PICE0220-425001
Feb 25-Apr 1	Tue	12-12:30p	Ages 13 and up	\$114	6 Classes	PICE0220-425003
Feb 27-Apr 3	Thu	6:15-6:45p	Ages 13 and up	\$114	6 Classes	PICE0220-425005
Feb 27-Apr 3	Thu	7:15-7:45p	Ages 13 and up	\$114	6 Classes	PICE0220-425006
Feb 28-Apr 4	Fri	12-12:30p	Ages 13 and up	\$114	6 Classes	PICE0220-425007
Feb 22-Mar 29	Sat	11:45a-12:15p	Ages 13 and up	\$114	6 Classes	PICE0220-425008

Teen and Adult Ice Skating 2

Prerequisite: Passed Teen and Adult Ice Skating 1. Learn forward skating, forward one-foot glides, forward slalom, backward skating, backward swizzles, and two-foot turns in place. Fee includes skate rental (if needed) plus a skating practice card.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 5-Feb 9	Sun	1:15-1:45p	Ages 13 and up	\$114	6 Classes	PICE0221-412000
Jan 9-Feb 13	Thu	1:15-1:45p	Ages 13 and up	\$114	6 Classes	PICE0221-412001
Jan 9-Feb 13	Thu	7:30-8p	Ages 13 and up	\$114	6 Classes	PICE0221-412002
Jan 4-Feb 8	Sat	8:30-9a	Ages 13 and up	\$114	6 Classes	PICE0221-412003
Jan 4-Feb 8	Sat	9-9:30a	Ages 13 and up	\$114	6 Classes	PICE0221-412004

Winter I: Winter II:

ICE SKATING

Teen and Adult Ice Skating 2 (continued)

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 5-Feb 9	Sun	1:45-2:15p	Ages 13 and up	\$114	6 Classes	PICE0221-415001
Jan 7-Feb 11	Tue	12-12:30p	Ages 13 and up	\$114	6 Classes	PICE0221-415002
Jan 9-Feb 13	Thu	7:15-7:45p	Ages 13 and up	\$114	6 Classes	PICE0221-415004
Jan 3-Feb 7	Fri	12-12:30p	Ages 13 and up	\$114	6 Classes	PICE0221-415005
Jan 4-Feb 8	Sat	11:45a-12:15p	Ages 13 and up	\$114	6 Classes	PICE0221-415006

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 23-Mar 30	Sun	1:15-1:45p	Ages 13 and up	\$114	6 Classes	PICE0221-422002
Feb 27-Apr 3	Thu	1:15-1:45p	Ages 13 and up	\$114	6 Classes	PICE0221-422003
Feb 27-Apr 3	Thu	7:30-8p	Ages 13 and up	\$114	6 Classes	PICE0221-422004
Feb 22-Mar 29	Sat	8:30-9a	Ages 13 and up	\$114	6 Classes	PICE0221-422005

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 23-Mar 30	Sun	1:45-2:15p	Ages 13 and up	\$114	6 Classes	PICE0221-425001
Feb 25-Apr 1	Tue	12-12:30p	Ages 13 and up	\$114	6 Classes	PICE0221-425004
Feb 27-Apr 3	Thu	7:15-7:45p	Ages 13 and up	\$114	6 Classes	PICE0221-425005
Feb 28-Apr 4	Fri	12-12:30p	Ages 13 and up	\$114	6 Classes	PICE0221-425006
Feb 22-Mar 29	Sat	11:45a-12:15p	Ages 13 and up	\$114	6 Classes	PICE0221-425007

Teen and Adult Ice Skating 3

Prerequisite: Passed Teen and Adult Ice Skating 2. Learn forward stroking, forward half-swizzle pumps on circle, moving forward to backward and backward to forward two-foot turn on a circle, backward skating & glide, forward chasses on a circle, and backward snowplow stop. Fee includes skate rental (if needed) plus a skating practice card.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 5-Feb 9	Sun	1:45-2:30p	Ages 13 and up	\$171	6 Classes	PICE0222-412001
Jan 9-Feb 13	Thu	8-8:45p	Ages 13 and up	\$171	6 Classes	PICE0222-412002
Jan 4-Feb 8	Sat	9:45-10:30a	Ages 13 and up	\$171	6 Classes	PICE0222-412003

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 5-Feb 9	Sun	2:15-2:45p	Ages 13 and up	\$114	6 Classes	PICE0222-415001
Jan 7-Feb 11	Tue	12:30-1p	Ages 13 and up	\$114	6 Classes	PICE0222-415002
Jan 9-Feb 13	Thu	7:15-7:45p	Ages 13 and up	\$114	6 Classes	PICE0222-415003
Jan 4-Feb 8	Sat	11:15-11:45a	Ages 13 and up	\$114	6 Classes	PICE0222-415004

Winter I: Winter II:

ICE SKATING

Teen and Adult Ice Skating 3 (continued)

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 23-Mar 30	Sun	1:45-2:30p	Ages 13 and up	\$171	6 Classes	PICE0222-422002
Feb 27-Apr 3	Thu	12:30-1:15p	Ages 13 and up	\$171	6 Classes	PICE0222-422003
Feb 27-Apr 3	Thu	8-8:45p	Ages 13 and up	\$171	6 Classes	PICE0222-422004
Feb 22-Mar 29	Sat	9:45-10:30a	Ages 13 and up	\$171	6 Classes	PICE0222-422005

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 23-Mar 30	Sun	2:15-2:45p	Ages 13 and up	\$114	6 Classes	PICE0222-425003
Feb 25-Apr 1	Tue	12:30-1p	Ages 13 and up	\$114	6 Classes	PICE0222-425005
Feb 27-Apr 3	Thu	7:15-7:45p	Ages 13 and up	\$114	6 Classes	PICE0222-425006
Feb 22-Mar 29	Sat	11:15-11:45a	Ages 13 and up	\$114	6 Classes	PICE0222-425007

Teen and Adult Ice Skating 4

Prerequisite: Passed Teen and Adult Ice Skating 3. Learn forward outside & inside edges on a circle, forward crossovers, backward one-foot glides, backward half swizzle pumps on a circle and Hockey stop. Fee includes skate rental (if needed) plus a skating practice card.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Feb 27-Apr 3	Thu	12:30-1:15p	Ages 13 and up	\$171	6 Classes	PICE0223-2025
Jan 9-Feb 13	Thu	12:30-1:15p	Ages 13 and up	\$171	6 Classes	PICE0223-412001
Jan 9-Feb 13	Thu	8-8:45p	Ages 13 and up	\$171	6 Classes	PICE0223-412002
Jan 4-Feb 8	Sat	9:45-10:30a	Ages 13 and up	\$171	6 Classes	PICE0223-412003
Jan 5-Feb 9	Sun	1:45-2:30p	Ages 13 and up	\$171	6 Classes	PICE0223-412004

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 5-Feb 9	Sun	2:15-2:45p	Ages 13 and up	\$114	6 Classes	PICE0223-415001
Jan 7-Feb 11	Tue	12:30-1p	Ages 13 and up	\$114	6 Classes	PICE0223-415002
Jan 9-Feb 13	Thu	7:15-7:45p	Ages 13 and up	\$114	6 Classes	PICE0223-415003
Jan 4-Feb 8	Sat	11:15-11:45a	Ages 13 and up	\$114	6 Classes	PICE0223-415004

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 23-Mar 30	Sun	1:45-2:30p	Ages 13 and up	\$171	6 Classes	PICE0223-422002
Feb 27-Apr 3	Thu	12:30-1:15p	Ages 13 and up	\$171	6 Classes	PICE0223-422003
Feb 27-Apr 3	Thu	8-8:45p	Ages 13 and up	\$171	6 Classes	PICE0223-422004
Feb 22-Mar 29	Sat	9:45-10:30a	Ages 13 and up	\$171	6 Classes	PICE0223-422005

Winter I: Winter II:

Teen and Adult Ice Skating 4 (continued)

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 23-Mar 30	Sun	2:15-2:45p	Ages 13 and up	\$114	6 Classes	PICE0223-425003
Feb 25-Apr 1	Tue	12:30-1p	Ages 13 and up	\$114	6 Classes	PICE0223-425005
Feb 27-Apr 3	Thu	7:15-7:45p	Ages 13 and up	\$114	6 Classes	PICE0223-425006
Feb 22-Mar 29	Sat	11:15-11:45a	Ages 13 and up	\$114	6 Classes	PICE0223-425007

Teen and Adult Ice Skating Advanced

Passed Teen and Adult Ice Skating 4. Learn back edges on a circle, backward crossovers, outside three-turn, swing rolls, advanced stroking with crossovers forwards & backwards, forward inside three-turns, forward outside to inside change of edge power pulls, T-stop, Lunge, and two-foot to one-foot spins. Fee includes skate rental (if needed) plus a skating practice card.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 6-Feb 10	Mon	8:15-9p	Ages 13 and up	\$171	6 Classes	PICE0224-412001
Jan 9-Feb 13	Thu	11:45a-12:30p	Ages 13 and up	\$171	6 Classes	PICE0224-412002
Jan 4-Feb 8	Sat	9:45-10:30a	Ages 13 and up	\$171	6 Classes	PICE0224-412004

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 9-Feb 13	Thu	7:15-7:45p	Ages 13 and up	\$114	6 Classes	PICE0224-415002
Jan 4-Feb 8	Sat	10:45-11:15a	Ages 13 and up	\$114	6 Classes	PICE0224-415004

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 24-Mar 31	Mon	8:15-9p	Ages 13 and up	\$171	6 Classes	PICE0224-422004
Feb 27-Apr 3	Thu	11:45a-12:30p	Ages 13 and up	\$171	6 Classes	PICE0224-422005
Feb 22-Mar 29	Sat	9:45-10:30a	Ages 13 and up	\$171	6 Classes	PICE0224-422006

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 22-Mar 29	Sat	10:45-11:15a	Ages 13 and up	\$114	6 Classes	PICE0224-425002
Feb 27-Apr 3	Thu	7:15-7:45p	Ages 13 and up	\$114	6 Classes	PICE0224-425006

Winter I: Winter II:

ICE SKATING

Teen and Adult Free Skate

Prerequisite: Passed Teen and Adult Ice Skating Advanced. This class will focus on introductory free skating skills including beginner jumps and spins. Fee includes skate rental (if needed) plus a skating practice card.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 4-Feb 8	Sat	9:45-10:30a	Ages 13 and up	\$171	6 Classes	PICE0225-412001
Jan 6-Feb 10	Mon	8:15-9p	Ages 13 and up	\$171	6 Classes	PICE0225-412002
Jan 9-Feb 13	Thu	11:45a-12:30p	Ages 13 and up	\$171	6 Classes	PICE0225-412003

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 9-Feb 13	Thu	6:45-7:15p	Ages 13 and up	\$114	6 Classes	PICE0225-415001
Jan 4-Feb 8	Sat	10:45-11:15a	Ages 13 and up	\$114	6 Classes	PICE0225-415003

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 24-Mar 31	Mon	8:15-9p	Ages 13 and up	\$171	6 Classes	PICE0225-422002
Feb 27-Apr 3	Thu	11:45a-12:30p	Ages 13 and up	\$171	6 Classes	PICE0225-422003
Feb 22-Mar 29	Sat	9:45-10:30a	Ages 13 and up	\$171	6 Classes	PICE0225-422005

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 22-Mar 29	Sat	10:45-11:15a	Ages 13 and up	\$171	6 Classes	PICE0225-425002
Feb 27-Apr 3	Thu	6:45-7:15p	Ages 13 and up	\$114	6 Classes	PICE0225-425003

Seasoned Skater

Let our professional ice-skating instructors gracefully glide you through the beginning skating skills that will help you practice balance, coordination, and posture. The first 10 minutes of each class will be spent practicing off ice (on skates!) balancing exercises to help you find your center while on the ice. This class is for ages 50+ who want to find their inner Olympic spirit! Helmets and gloves are required (bike helmets are fine).

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 8-Feb 12	Wed	11:30a-12:15p	Ages 50 and older	\$171	6 Classes	PICE0227-412002
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Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 26-Apr 2	Wed	11:30a-12:15p	Ages 50 and older	\$171	6 Classes	PICE0227-422002
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Winter I: Winter II:

ICE SKATING

Pre Free Skate

Prerequisite: Passed Youth Ice Skating 6. Skaters will learn forward inside open mohawk, backward outside edge to forward outside edge transition on a circle, ballet jump, backward crossovers to backward outside edge glides, combination step sequences, one-foot upright spin, mazurka, and waltz jump. Fee includes skate rental and a practice card good for admission to public skate sessions to practice skills learned in class.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 6-Feb 10	Mon	5-5:45p	Ages 4 to 12	\$171	6 Classes	PICE0300-412001
Jan 4-Feb 8	Sat	9:45-10:30a	Ages 4 to 12	\$171	6 Classes	PICE0300-412003
Jan 4-Feb 8	Sat	2:45-3:30p	Ages 4 to 12	\$171	6 Classes	PICE0300-412004
Jan 5-Feb 9	Sun	1:45-2:30p	Ages 4 to 12	\$171	6 Classes	PICE0300-412005

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 5-Feb 9	Sun	2:15-2:45p	Ages 4 to 12	\$114	6 Classes	PICE0300-415001
Jan 9-Feb 13	Thu	6:45-7:15p	Ages 4 to 12	\$114	6 Classes	PICE0300-415002
Jan 4-Feb 8	Sat	10:45-11:15a	Ages 4 to 12	\$114	6 Classes	PICE0300-415003

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 23-Mar 30	Sun	1:45-2:30p	Ages 4 to 12	\$171	6 Classes	PICE0300-422001
Feb 24-Mar 31	Mon	5-5:45p	Ages 4 to 12	\$171	6 Classes	PICE0300-422004
Feb 22-Mar 29	Sat	9:45-10:30a	Ages 4 to 12	\$171	6 Classes	PICE0300-422006
Feb 22-Mar 29	Sat	2:45-3:30p	Ages 4 to 12	\$171	6 Classes	PICE0300-422007

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 23-Mar 30	Sun	2:15-2:45p	Ages 4 to 12	\$114	6 Classes	PICE0300-425004
Feb 27-Apr 3	Thu	6:45-7:15p	Ages 4 to 12	\$114	6 Classes	PICE0300-425005
Feb 22-Mar 29	Sat	10:45-11:15a	Ages 4 to 12	\$114	6 Classes	PICE0300-425007



Winter I: Winter II:

ICE SKATING

Free Skate 1

Prerequisite: Passed Pre Free Skate. Learn forward power stroking, forward outside & inside consecutive edges, backward outside three-turns, upright one-foot spin from back crossovers, half flip, toe loop, and waltz jump combinations. Fee includes skate rental (if needed) plus a skating practice card.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 6-Feb 10	Mon	6-6:45p	Ages 5 and up	\$171	6 Classes	PICE0310-412001
Jan 9-Feb 13	Thu	5:45-6:30p	Ages 5 and up	\$171	6 Classes	PICE0310-412002
Jan 4-Feb 8	Sat	11-11:45a	Ages 5 and up	\$171	6 Classes	PICE0310-412003
Jan 4-Feb 8	Sat	2:45-3:30p	Ages 5 and up	\$171	6 Classes	PICE0310-412004

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 5-Feb 9	Sun	2:15-2:45p	Ages 5 and up	\$114	6 Classes	PICE0310-415001
Jan 9-Feb 13	Thu	6:45-7:15p	Ages 5 and up	\$114	6 Classes	PICE0310-415002
Jan 4-Feb 8	Sat	10:45-11:15a	Ages 5 and up	\$114	6 Classes	PICE0310-415003

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 24-Mar 31	Mon	6-6:45p	Ages 5 and up	\$171	6 Classes	PICE0310-422004
Feb 27-Apr 3	Thu	5:45-6:30p	Ages 5 and up	\$171	6 Classes	PICE0310-422005
Feb 22-Mar 29	Sat	11-11:45a	Ages 5 and up	\$171	6 Classes	PICE0310-422006
Feb 22-Mar 29	Sat	2:45-3:30p	Ages 5 and up	\$171	6 Classes	PICE0310-422007

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 23-Mar 30	Sun	2:15-2:45p	Ages 5 and up	\$114	6 Classes	PICE0310-425005
Feb 27-Apr 3	Thu	6:45-7:15p	Ages 5 and up	\$114	6 Classes	PICE0310-425007
Feb 22-Mar 29	Sat	10:45-11:15a	Ages 5 and up	\$114	6 Classes	PICE0310-425008

Free Skate 2

Prerequisite: Passed Free Skate 1. Skates will learn basic back outside and back inside consecutive edges, forward outside and inside spirals on an axis, backward inside three-turns, beginning back spin, half lutz, and salchow. Fee includes skate rental (if needed) plus a skating practice card.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 6-Feb 10	Mon	6-6:45p	Ages 5 and up	\$171	6 Classes	PICE0312-412001
Jan 9-Feb 13	Thu	5:45-6:30p	Ages 5 and up	\$171	6 Classes	PICE0312-412002
Jan 4-Feb 8	Sat	11-11:45a	Ages 5 and up	\$171	6 Classes	PICE0312-412003

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 9-Feb 13	Thu	6:45-7:15p	Ages 5 and up	\$114	6 Classes	PICE0312-415002
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Winter I: Winter II:

ICE SKATING

Free Skate 2 (continued)

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 24-Mar 31	Mon	6-6:45p	Ages 5 and up	\$171	6 Classes	PICE0312-422004
Feb 27-Apr 3	Thu	5:45-6:30p	Ages 5 and up	\$171	6 Classes	PICE0312-422005
Feb 22-Mar 29	Sat	11-11:45a	Ages 5 and up	\$171	6 Classes	PICE0312-422006

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 23-Mar 30	Sun	2:15-2:45p	Ages 5 and up	\$114	6 Classes	PICE0312-425001
Feb 27-Apr 3	Thu	6:45-7:15p	Ages 5 and up	\$114	6 Classes	PICE0312-425005

Free Skate 3

Prerequisite: Passed Free Skate 2. Skaters will learn alternating back crossovers to backward outside edges, alternating mohawk/crossover sequence, waltz three turns, advanced back spin, loop jump, waltz jump/toe loop combination and salchow/toe loop combination. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 6-Feb 10	Mon	6:45-7:30p	Ages 5 and up	\$171	6 Classes	PICE0314-412001
Jan 9-Feb 13	Thu	6:30-7:15p	Ages 5 and up	\$171	6 Classes	PICE0314-412002
Jan 4-Feb 8	Sat	11-11:45a	Ages 5 and up	\$171	6 Classes	PICE0314-412003

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 9-Feb 13	Thu	6:45-7:15p	Ages 5 and up	\$114	6 Classes	PICE0314-415001
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Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 24-Mar 31	Mon	6:45-7:30p	Ages 5 and up	\$171	6 Classes	PICE0314-422004
Feb 27-Apr 3	Thu	6:45-7:30p	Ages 5 and up	\$171	6 Classes	PICE0314-422005
Feb 22-Mar 29	Sat	11-11:45a	Ages 5 and up	\$171	6 Classes	PICE0314-422006

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 27-Apr 3	Thu	6:45-7:15p	Ages 5 and up	\$114	6 Classes	PICE0314-425005
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Winter I: Winter II:

ICE SKATING

Free Skate 4

Prerequisite: Passed Free Skate 3. Skaters will learn forward power three-turns, waltz eight, forward upright to backward upright spin, sit spin, half loop, flip, and split jump. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions to practice skills learned in class.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 6-Feb 10	Mon	6:45-7:30p	Ages 5 and up	\$171	6 Classes	PICE0316-412001
Jan 9-Feb 13	Thu	6:30-7:15p	Ages 5 and up	\$171	6 Classes	PICE0316-412002
Jan 4-Feb 8	Sat	11-11:45a	Ages 5 and up	\$171	6 Classes	PICE0316-412003

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 9-Feb 13	Thu	6:45-7:15p	Ages 5 and up	\$114	6 Classes	PICE0316-415001
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Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 24-Mar 31	Mon	6:45-7:30p	Ages 5 and up	\$171	6 Classes	PICE0316-422004
Feb 27-Apr 3	Thu	6:45-7:30p	Ages 5 and up	\$171	6 Classes	PICE0316-422005
Feb 22-Mar 29	Sat	11-11:45a	Ages 5 and up	\$171	6 Classes	PICE0316-422006

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 27-Apr 3	Thu	6:45-7:15p	Ages 5 and up	\$114	6 Classes	PICE0316-425005
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Free Skate 5

Prerequisite: Passed Free Skate 4. Skaters will learn backward power three-turns, five-step mohawk sequence, camel spin, waltz jump/loop jump combination, lutz, and loop/loop jump combination. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions to practice skills learned in class.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 6-Feb 10	Mon	7:30-8:15p	Ages 5 and up	\$171	6 Classes	PICE0318-412001
Jan 4-Feb 8	Sat	11-11:45a	Ages 5 and up	\$171	6 Classes	PICE0318-412002

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 9-Feb 13	Thu	6:45-7:15p	Ages 5 and up	\$114	6 Classes	PICE0318-415001
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Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 24-Mar 31	Mon	7:30-8:15p	Ages 5 and up	\$171	6 Classes	PICE0318-422004
Feb 22-Mar 29	Sat	11-11:45a	Ages 5 and up	\$171	6 Classes	PICE0318-422006

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 27-Apr 3	Thu	6:45-7:15p	Ages 5 and up	\$114	6 Classes	PICE0318-425005
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Winter I: Winter II:

ICE SKATING

Free Skate 6

Prerequisite: Passed Free Skate 5. Skaters will learn forward power pulls, creative step sequence, camel/sit spin combination, layback or cross foot spin, waltz jump/half loop/salchow combination, axel exercises, and backward outside pivot. Fee includes skate rental (if needed) plus a practice card good for admission to public skate session to practice skills learned in class.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 6-Feb 10	Mon	7:30-8:15p	Ages 5 and up	\$171	6 Classes	PICE0320-412001
Jan 4-Feb 8	Sat	11-11:45a	Ages 5 and up	\$171	6 Classes	PICE0320-412002

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 9-Feb 13	Thu	6:45-7:15p	Ages 5 and up	\$114	6 Classes	PICE0320-415005
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Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 24-Mar 31	Mon	7:30-8:15p	Ages 5 and up	\$171	6 Classes	PICE0320-422004
Feb 22-Mar 29	Sat	11-11:45a	Ages 5 and up	\$171	6 Classes	PICE0320-422006

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 27-Apr 3	Thu	6:45-7:15p	Ages 5 and up	\$114	6 Classes	PICE0320-425005
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Cabin John Aspire Figure Skating Program

The Aspire program is for children who are accelerating through the standard levels and have a strong interest in figure skating. Each class includes and on ice and off ice instructional segment.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Aspire Figure Skating

Jan 4-Feb 8	Sat	8:30-9:30a	Ages 7 to 12	\$171	6 Classes	PICE0322-412001
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Aspire Youth

Jan 9-Feb 13	Thu	4:30-5:30p	Ages 6 to 10	\$171	6 Classes	PICE0322-412002
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Aspire Preschool

Jan 5-Feb 9	Sun	2:30-3:30p	Ages 4 to 6	\$171	6 Classes	PICE0322-412005
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Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Aspire Figure Skating

Feb 22-Mar 29	Sat	8:30-9:30a	Ages 7 to 12	\$171	6 Classes	PICE0322-422001
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Aspire Youth

Feb 27-Apr 3	Thu	4:30-5:30p	Ages 6 to 10	\$171	6 Classes	PICE0322-422002
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Aspire Preschool

Feb 23-Mar 30	Sun	2:30-3:30p	Ages 4 to 6	\$171	6 Classes	PICE0322-422005
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Winter I: Winter II:

Wheaton Aspire Figure Skating Program

The Aspire program is for children who are accelerating through the standard levels and have a strong interest in figure skating.

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Aspire Youth Ice Skating Academy

Jan 8-Feb 12	Wed	6-6:45p	Ages 6 and up	\$171	6 Classes	PICE0321-415000
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Aspire Skating Academy

Jan 8-Feb 12	Wed	6-6:45p	Ages 6 and up	\$171	6 Classes	PICE0321-415001
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Aspire Adult Skating Academy

Jan 8-Feb 12	Wed	6-6:45p	Ages 13 and up	\$171	6 Classes	PICE0321-415002
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Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Aspire Youth Ice Skating Academy

Feb 26-Apr 2	Wed	6-6:45p	Ages 6 and up	\$171	6 Classes	PICE0321-425000
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Aspire Skating Academy

Feb 26-Apr 2	Wed	6-6:45p	Ages 6 and up	\$171	6 Classes	PICE0321-425001
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Aspire Adult Skating Academy

Feb 26-Apr 2	Wed	6-6:45p	Ages 13 and up	\$171	6 Classes	PICE0321-425002
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Advanced Spins

This class is for skaters at the Free Skate 4 and higher level and will focus on advanced spins. (Skaters should be comfortable with scratch spin, sit spin, and beginning camel spin). Class will focus on learning basic spin features, combination spins, and flying spins. Fee includes a practice card good for admission to six public skating sessions.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 4-Feb 8	Sat	10:30-11a	Ages 6 and up	\$114	6 Classes	PICE0325-412001
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Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 9-Feb 13	Thu	7:15-7:45p	Ages 6 and up	\$114	6 Classes	PICE0325-415001
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Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 22-Mar 29	Sat	10:30-11a	Ages 6 and up	\$114	6 Classes	PICE0325-422006
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Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 27-Apr 3	Thu	7:15-7:45p	Ages 6 and up	\$114	6 Classes	PICE0325-425001
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Winter I: Winter II:

ICE SKATING / HOCKEY

Skating Skills (formerly Moves and Edges)

Prerequisite: Passed Basic 6. In these classes, skaters will work on power, edge quality, extension of line, quick and precise skating movements and pre-preliminary and preliminary moves in the field patterns. Fee includes skate rental (if needed) plus a skating practice card.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 4-Feb 8	Sat	10:30-11a	Ages 6 and up	\$114	6 Classes	PICE0333-412001
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Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 22-Mar 29	Sat	10:30-11a	Ages 6 and up	\$114	6 Classes	PICE0333-422006
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ICE HOCKEY

Tots with Sticks

Can't get your child to put that stick down!? Let's put a hockey stick in their hands instead. This class is geared for the high-energy toddler who likes to move, bang, and bash. We will teach them to skate and how to shoot a hockey puck! Helmet and gloves are required.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 3-Feb 7	Fri	11:45a-12:30p	Ages 3 to 6	\$171	6 Classes	PICE0112-412002
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Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 28-Apr 4	Fri	11:45a-12:30p	Ages 3 to 6	\$171	6 Classes	PICE0112-422002
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Hockey 1

Prerequisite: Passed Youth Ice Skating 1 or Preschool Ice Skating 4. Skater will learn falling and getting up in hockey skates, proper stance, march forward across the ice, 8-10 steps, forward two-foot glide, dip, forward swizzles, T-push to a two-foot glide, front to back turns, and snowplow stop. Fee includes skate rental, and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, flat stick cut to skater's height, and hockey skates. Skaters registered for Hockey 1 and 2 will get a 15% discount on in stock equipment purchased in the Cabin John Ice rink or Wheaton Ice Arena Pro Shops on the gear fitting days before the first class.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 7-Feb 11	Tue	5:30-6p	Ages 4 to 12	\$114	6 Classes	PICE0351-412001
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Jan 8-Feb 12	Wed	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0351-412002
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Jan 4-Feb 8	Sat	9:30-10a	Ages 4 to 12	\$114	6 Classes	PICE0351-412003
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Jan 4-Feb 8	Sat	10:15-10:45a	Ages 4 to 12	\$114	6 Classes	PICE0351-412004
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Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 5-Feb 9	Sun	1:15-1:45p	Ages 4 to 12	\$114	6 Classes	PICE0351-415001
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Winter I: Winter II:

Hockey 1 (continued)

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 25-Apr 1	Tue	5:30-6p	Ages 4 to 12	\$114	6 Classes	PICE0351-422010
Feb 26-Apr 2	Wed	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0351-422012
Feb 22-Mar 29	Sat	9:30-10a	Ages 4 to 12	\$114	6 Classes	PICE0351-422014
Feb 22-Mar 29	Sat	10:15-10:45a	Ages 4 to 12	\$114	6 Classes	PICE0351-422015

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 23-Mar 30	Sun	1:15-1:45p	Ages 4 to 12	\$114	6 Classes	PICE0351-425001
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Hockey 2

Prerequisite: Passed Hockey 1. Skaters will learn strides using 45-degree v push, forward one-foot push and glides, forward alternating C-cuts, backward hustles to glides on two feet, backward swizzles, backward alternating C-cuts, moving skateboard push, and moving snowplow stop. Fee includes skate rental, and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shin guards, hockey gloves, flat stick cut to skater's height, and hockey skates. Skaters registered for Hockey 1 and 2 will get a 15% discount on in stock equipment purchased in the Cabin John Ice rink or Wheaton Ice Arena Pro Shops on the gear fitting days before the first class.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 7-Feb 11	Tue	5:30-6p	Ages 4 to 12	\$114	6 Classes	PICE0352-412001
Jan 8-Feb 12	Wed	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0352-412002
Jan 4-Feb 8	Sat	9:30-10a	Ages 4 to 12	\$114	6 Classes	PICE0352-412003
Jan 4-Feb 8	Sat	10:15-10:45a	Ages 4 to 12	\$114	6 Classes	PICE0352-412004

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 5-Feb 9	Sun	1:15-1:45p	Ages 4 to 12	114	6 Classes	PICE0352-415001
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Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 25-Apr 1	Tue	5:30-6p	Ages 4 to 12	\$114	6 Classes	PICE0352-422010
Feb 26-Apr 2	Wed	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0352-422012
Feb 22-Mar 29	Sat	9:30-10a	Ages 4 to 12	\$114	6 Classes	PICE0352-422014
Feb 22-Mar 29	Sat	10:15-10:45a	Ages 4 to 12	\$114	6 Classes	PICE0352-422015

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 23-Mar 30	Sun	1:15-1:45p	Ages 4 to 12	114	6 Classes	PICE0352-425001
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Winter I: Winter II:

Hockey 3

Prerequisite: Passed Hockey 2. Skaters will learn lateral crossover march, forward C-cuts on a circle, forward outside and inside edges on half circles, backward C-cuts, backward snowplow stops, forward stop-starts, and one-foot forward snowplow stops. Fee includes skate rental and a practice card good for admission to public sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, curved stick cut to skater's height, and hockey skates.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 7-Feb 11	Tue	6:15-7p	Ages 4 to 12	\$171	6 Classes	PICE0353-412001
Jan 8-Feb 12	Wed	6:45-7:30p	Ages 4 to 12	\$171	6 Classes	PICE0353-412002
Feb 22-Mar 29	Sat	7:45-8:30a	Ages 4 to 12	\$171	6 Classes	PICE0353-412003

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 5-Feb 9	Sun	1:45-2:15p	Ages 4 to 12	\$114	6 Classes	PICE0353-415001
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Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 25-Apr 1	Tue	6:15-7p	Ages 4 to 12	\$171	6 Classes	PICE0353-422010
Feb 26-Apr 2	Wed	6:45-7:30p	Ages 4 to 12	\$171	6 Classes	PICE0353-422012
Feb 22-Mar 29	Sat	7:45-8:30a	Ages 4 to 12	\$171	6 Classes	PICE0353-422014

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 23-Mar 30	Sun	1:45-2:15p	Ages 4 to 12	\$114	6 Classes	PICE0353-425001
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Hockey 4

Prerequisite: Passed Hockey 3. Skaters will learn quick starts using V-starts, backward one-foot glides, forward and backward crossovers, forward to backward Mohawk pivots, and hockey stops. Fee includes skate rental and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, curved stick cut to skater's height, and hockey skates.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 7-Feb 11	Tue	7-7:45p	Ages 4 to 12	\$171	6 Classes	PICE0354-412001
Jan 8-Feb 12	Wed	6:45-7:30p	Ages 4 to 12	\$171	6 Classes	PICE0354-412002
Jan 4-Feb 8	Sat	7:45-8:30a	Ages 4 to 12	\$171	6 Classes	PICE0354-412003

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 5-Feb 9	Sun	1:45-2:15p	Ages 4 to 12	\$114	6 Classes	PICE0354-415001
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Winter I: Winter II:

Hockey 4 (continued)

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 25-Apr 1	Tue	7-7:45p	Ages 4 to 12	\$171	6 Classes	PICE0354-422010
Feb 26-Apr 2	Wed	6:45-7:30p	Ages 4 to 12	\$171	6 Classes	PICE0354-422012
Feb 22-Mar 29	Sat	7:45-8:30a	Ages 4 to 12	\$171	6 Classes	PICE0354-422014

Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 23-Mar 30	Sun	1:45-2:15p	Ages 4 to 12	\$114	6 Classes	PICE0354-425001
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Hockey Advanced

Prerequisite: Passed Hockey 4. Skaters will learn powerful backward C-cuts, alternating forward and backward crossovers, forward power hockey turns, lateral pivots, fast stops and starts, and fast backward skating with quick backward V-stops. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates.

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 7-Feb 11	Tue	7:45-8:30p	Ages 4 to 12	\$171	6 Classes	PICE0355-412001
Jan 8-Feb 12	Wed	7:30-8:15p	Ages 4 to 12	\$171	6 Classes	PICE0355-412002
Jan 4-Feb 8	Sat	7:45-8:30a	Ages 4 to 12	\$171	6 Classes	PICE0355-412003

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 25-Apr 1	Tue	7:45-8:30p	Ages 4 to 12	\$171	6 Classes	PICE0355-422010
Feb 26-Apr 2	Wed	7:30-8:15p	Ages 4 to 12	\$171	6 Classes	PICE0355-422012
Feb 22-Mar 29	Sat	7:45-8:30a	Ages 4 to 12	\$171	6 Classes	PICE0355-422014



Winter I: Winter II:

Teen and Adult Hockey 1

Prerequisite: Passed Teen & Adult 1 in hockey skates. Learn the fundamentals of hockey skating including alternating forward and backward c-cuts, backward swizzles, one-foot snowplow stop, lateral crossover march, forward c-cuts on a circle, and turns from forward to backward. Skaters will also learn skating with a puck and beginning passing and stickhandling skills. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates (rental hockey skates are available).

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 4-Feb 8	Sat	8:30-9a	Ages 13 and up	\$114	6 Classes	PICE0357-412001
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Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 22-Mar 29	Sat	8:30-9a	Ages 13 and up	\$114	6 Classes	PICE0357-422014
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Teen and Adult Hockey 2

Prerequisite: Passed Teen & Adult Hockey 1. This class will focus on more advanced skating skills including backward crossovers, hockey stops, forward power hockey turns, fast stops & starts, backward V-stops, and forward to backward mohawk pivots. Skaters will also learn hockey techniques, rules, and game play including some scrimmage time. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates (rental hockey skates are available).

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 8-Feb 12	Wed	8:30-9:15p	Ages 13 and up	\$171	6 Classes	PICE0358-412001
Jan 4-Feb 8	Sat	7:45-8:30a	Ages 13 and up	\$171	6 Classes	PICE0358-412002

Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 26-Apr 2	Wed	8:30-9:15p	Ages 13 and up	\$171	6 Classes	PICE0358-422012
Feb 22-Mar 29	Sat	7:45-8:30a	Ages 13 and up	\$171	6 Classes	PICE0358-422014

Youth Hockey Offensive Skills

Prerequisite: Passed Hockey 3. This advanced hockey class will focus on getting through the offensive zone and putting the puck in the net. Topics covered will include shooting techniques and accuracy, speed and agility, stickhandling, skating in open ice, receiving passes, and defending the puck. Full gear required.

Winter Term I: *Wheaton Ice Arena*

[Click to Register](#)

Jan 5-Feb 9	Sun	2:15-2:45p	Ages 5 to 12	\$114	6 Classes	PICE0361-415001
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Winter Term II: *Wheaton Ice Arena*

[Click to Register](#)

Feb 23-Mar 30	Sun	2:15-2:45p	Ages 5 to 12	\$114	6 Classes	PICE0361-425001
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Winter I: Winter II:

ICE HOCKEY

Scrimmage

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Hockey Scrimmage (Ages 9-13)

Jan 4-Feb 8	Sat	8:30-9a	Ages 9 to 13	\$114	6 Classes	PICE0362-412100
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Hockey Scrimmage (Ages 6-8)

Jan 4-Feb 8	Sat	9-9:30a	Ages 6 to 8	\$114	6 Classes	PICE0362-412200
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Hockey Advanced Scrimmage (9-13)

Jan 7-Feb 11	Tue	8:30-9p	Ages 9 to 13	\$114	6 Classes	PICE0362-412400
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Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Scrimmage Class (Ages 6-9)

Feb 22-Mar 29	Sat	8:30-9a	Ages 6 to 9	\$114	6 Classes	PICE0362-422014
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Scrimmage Class (Ages 10-12)

Feb 22-Mar 29	Sat	8:30-9a	Ages 10 to 12	\$114	6 Classes	PICE0362-422015
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Hockey Advanced Scrimmage (9-13)

Feb 25-Apr 1	Tue	8:30-9p	Ages 9 to 13	\$114	6 Classes	PICE0362-422401
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Teen and Adult Hockey Power Skating

Improve your conditioning and skating skills. This class will focus on stride length, take-offs and acceleration, agility skating, and edge work. Skaters must have passed Teen and Adult Hockey 1

Winter Term I: *Cabin John Ice Rink*

[Click to Register](#)

Jan 4-Feb 8	Sat	8:30-9a	Ages 13 and up	\$114	6 Classes	PICE0365-412002
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Winter Term II: *Cabin John Ice Rink*

[Click to Register](#)

Feb 22-Mar 29	Sat	8:30-9a	Ages 13 and up	\$114	6 Classes	PICE0365-422002
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Winter I: Winter II:



Come Skating!

Public skating sessions are offered daily at our two indoor rinks

Visit CabinJohnIce.org and WheatonIceArena.org for public skating session times and details.

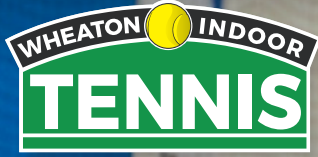
Special public skating sessions include:

- Adult Skate
- Parent and Tot Skate
- Family Skate

Holiday Hours:

Nov. 28 - Closed
Dec. 24 - Closes at 3 pm
Dec. 25 - Closed
Dec. 31 - Closes at 3 pm
Jan. 1 - Opens at 12 pm





PAULINE BETZ ADDIE TENNIS CENTER
7801 Democracy Blvd | Bethesda, MD 20817
301-765-8650
PBATennis.org

WHEATON INDOOR TENNIS
11715 Orebaugh Ave | Wheaton, MD 20902
301-905-3030
WheatonTennis.org

TENNIS

Programs are subject to change.
For the most up-to-date listings visit:
PBATennis.org or WheatonTennis.org

CLASS DATES

Winter I:

Registration Dates: Dec 20-Jan 1
Class Dates- Jan 3-Feb 13

Winter II:

Registration Dates: Feb 14-20
Class Dates: Feb 22-Apr 4

On your first day of class...

- Bring a racquet and water bottle.
- Wear proper footwear and athletic clothes.

COURSE FEES COVER

- Six group lessons
- Starter racquet's available for purchase

PLEASE NOTE

- No make-ups or refunds for missed lessons.
- Please read course descriptions carefully and select courses that match player ability and experience.
- At the end of each class series, the player will receive an evaluation recommending your next class.
- If you see a class you like, register!
Classes may be canceled if a minimum enrollment is not met.



TENNIS SPECIAL EVENTS

Spring Break Tennis Event

Take time over spring break to develop your tennis game in this fun and challenging daily event. Or register for all five days for a memorable and productive week. Children will be grouped by age and experience. Using personal instruction, group games, and drills, we'll teach beginning and intermediate level players all the fundamentals: forehand, backhand and overhead strokes, serves and volleys, scorekeeping, names and meanings of the lines, and more. Add some footwork drills and cardio exercise, and your inner champion is sure to emerge! Sneakers are a must. Please bring a non-perishable lunch, snacks for break time, and a refillable water bottle each day.

Pauline Betz Addie Tennis Center

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Apr 14	Mon	Ages 8 to 15	\$75	1 Class	9a-5p	PTEN0300-420001
Apr 15	Tue	Ages 8 to 15	\$75	1 Class	9a-5p	PTEN0300-420002
Apr 16	Wed	Ages 8 to 15	\$75	1 Class	9a-5p	PTEN0300-420003
Apr 17	Thu	Ages 8 to 15	\$75	1 Class	9a-5p	PTEN0300-420004
Apr 18	Fri	Ages 8 to 15	\$75	1 Class	9a-5p	PTEN0300-420005

Wheaton Indoor Tennis Center

[Click to Register](#)

Apr 14	Mon	Ages 8 to 15	\$75	1 Class	9a-5p	PTEN0300-426001
Apr 15	Tue	Ages 8 to 15	\$75	1 Class	9a-5p	PTEN0300-426002
Apr 16	Wed	Ages 8 to 15	\$75	1 Class	9a-5p	PTEN0300-426003
Apr 17	Thu	Ages 8 to 15	\$75	1 Class	9a-5p	PTEN0300-426004
Apr 18	Fri	Ages 8 to 15	\$75	1 Class	9a-5p	PTEN0300-426005

Round Robin

Coach organized mixers: These are fun low-key, social events with various formats.

Pauline Betz Addie Tennis Center

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Holiday Adult Round Robin (NTRP 3.0-3.5)

Dec 27	Fri	Ages 18 and up	\$30	1 Class	5-7p	PTEN0155-410313
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Tennis 4.0 Mixer

Jan 3	Fri	Ages 18 and up	\$30	1 Class	7-9p	PTEN0155-410001
Jan 31	Fri	Ages 18 and up	\$30	1 Class	7-9p	PTEN0155-410009
Feb 28	Fri	Ages 18 and up	\$30	1 Class	7-9p	PTEN0155-410017
Mar 28	Fri	Ages 18 and up	\$30	1 Class	7-9p	PTEN0155-410025

Round Robin (continued)

Tennis Daytime Mixer

Jan 9	Thu	Ages 18 and up	\$30	1 Class	10a-12p	PTEN0155-410002
Jan 16	Thu	Ages 18 and up	\$30	1 Class	10a-12p	PTEN0155-410004
Jan 23	Thu	Ages 18 and up	\$30	1 Class	10a-12p	PTEN0155-410006
Jan 30	Thu	Ages 18 and up	\$30	1 Class	10a-12p	PTEN0155-410008
Feb 6	Thu	Ages 18 and up	\$30	1 Class	10a-12p	PTEN0155-410010

Tennis Daytime Mixer

Feb 13	Thu	Ages 18 and up	\$30	1 Class	10a-12p	PTEN0155-410012
Feb 20	Thu	Ages 18 and up	\$30	1 Class	10a-12p	PTEN0155-410014
Feb 27	Thu	Ages 18 and up	\$30	1 Class	10a-12p	PTEN0155-410016
Mar 6	Thu	Ages 18 and up	\$30	1 Class	10a-12p	PTEN0155-410018
Mar 13	Thu	Ages 18 and up	\$30	1 Class	10a-12p	PTEN0155-410020
Mar 20	Thu	Ages 18 and up	\$30	1 Class	10a-12p	PTEN0155-410022
Mar 27	Thu	Ages 18 and up	\$30	1 Class	10a-12p	PTEN0155-410024
Apr 3	Thu	Ages 18 and up	\$30	1 Class	10a-12p	PTEN0155-410026
Apr 10	Thu	Ages 18 and up	\$30	1 Class	10a-12p	PTEN0155-410028
Apr 17	Thu	Ages 18 and up	\$30	1 Class	10a-12p	PTEN0155-410030

Tennis 3.0 Mixer

Jan 17	Fri	Ages 18 and up	\$30	1 Class	7-9p	PTEN0155-410005
Feb 14	Fri	Ages 18 and up	\$30	1 Class	7-9p	PTEN0155-410013
Mar 14	Fri	Ages 18 and up	\$30	1 Class	7-9p	PTEN0155-410021
Apr 11	Fri	Ages 18 and up	\$30	1 Class	7-9p	PTEN0155-410029

Tennis 2.5 Mixer

Jan 24	Fri	Ages 18 and up	\$30	1 Class	7-9p	PTEN0155-410007
Feb 21	Fri	Ages 18 and up	\$30	1 Class	7-9p	PTEN0155-410015
Mar 21	Fri	Ages 18 and up	\$30	1 Class	7-9p	PTEN0155-410023
Apr 18	Fri	Ages 18 and up	\$30	1 Class	7-9p	PTEN0155-410031

Tennis 3.5 Mixer

Jan 10	Fri	Ages 18 and up	\$30	1 Class	7-9p	PTEN0155-410003
Feb 7	Fri	Ages 18 and up	\$30	1 Class	7-9p	PTEN0155-410011
Mar 7	Fri	Ages 18 and up	\$30	1 Class	7-9p	PTEN0155-410019
Apr 4	Fri	Ages 18 and up	\$30	1 Class	7-9p	PTEN0155-410027

TENNIS CLASSES

Parent & Child Tennis (Ages 4-5)

Our youngest beginners, with the help of a parent, will practice basic tennis skills through fun exercises and games that can be continued outside of class. Fee covers one adult and one child; register the child only. (Red Court/Red Balls; loaner racquets available)

Winter Term I: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Jan 3 - Feb 7	Fri	Ages 4 to 5	\$150	6 classes	3-4p	PTEN0001-41002
Jan 5 - Feb 9	Sun	Ages 4 to 5	\$150	6 classes	9-10a	PTEN0001-41003
Jan 6 - Feb 10	Mon	Ages 4 to 5	\$150	6 classes	3-4p	PTEN0001-41004
Jan 6 - Feb 10	Mon	Ages 4 to 5	\$150	6 classes	5-6p	PTEN0001-41005
Jan 7 - Feb 11	Tue	Ages 4 to 5	\$150	6 classes	3-4p	PTEN0001-41006
Jan 7 - Feb 11	Tue	Ages 4 to 5	\$150	6 classes	5-6p	PTEN0001-41007
Jan 8 - Feb 12	Wed	Ages 4 to 5	\$150	6 classes	3-4p	PTEN0001-41008
Jan 8 - Feb 12	Wed	Ages 4 to 5	\$150	6 classes	5-6p	PTEN0001-41009
Jan 9 - Feb 13	Thu	Ages 4 to 5	\$150	6 classes	3-4p	PTEN0001-41010
Jan 9 - Feb 13	Thu	Ages 4 to 5	\$150	6 classes	5-6p	PTEN0001-41011

Winter Term I: *Wheaton Indoor Tennis Center*

[Click to Register](#)

Jan 4 - Feb 8	Sat	Ages 4 to 5	\$129	6 classes	12-1p	PTEN0001-416002
Jan 5 - Feb 9	Sun	Ages 4 to 5	\$129	6 classes	12-1p	PTEN0001-416003
Jan 6 - Feb 10	Mon	Ages 4 to 5	\$129	6 classes	6-7p	PTEN0001-416004
Jan 8 - Feb 12	Wed	Ages 4 to 5	\$129	6 classes	6-7p	PTEN0001-416005

Winter Term II: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Feb 21 - Mar 28	Fri	Ages 4 to 5	\$150	6 classes	3-4p	PTEN0001-42002
Feb 23 - Mar 30	Sun	Ages 4 to 5	\$150	6 classes	9-10a	PTEN0001-42003
Feb 24 - Mar 31	Mon	Ages 4 to 5	\$150	6 classes	3-4p	PTEN0001-42004
Feb 24 - Mar 31	Mon	Ages 4 to 5	\$150	6 classes	5-6p	PTEN0001-42005
Feb 25 - Apr 1	Tue	Ages 4 to 5	\$150	6 classes	3-4p	PTEN0001-42006
Feb 25 - Apr 1	Tue	Ages 4 to 5	\$150	6 classes	5-6p	PTEN0001-42007
Feb 26 - Apr 2	Wed	Ages 4 to 5	\$150	6 classes	3-4p	PTEN0001-42008
Feb 26 - Apr 2	Wed	Ages 4 to 5	\$150	6 classes	5-6p	PTEN0001-42009
Feb 27 - Apr 3	Thu	Ages 4 to 5	\$150	6 classes	3-4p	PTEN0001-42010
Feb 27 - Apr 3	Thu	Ages 4 to 5	\$150	6 classes	5-6p	PTEN0001-42011

Winter I: Winter II:

Parent & Child Tennis (Ages 4-5) (continued)

Winter Term II: *Wheaton Indoor Tennis Center*

[Click to Register](#)

Feb 22 - Mar 29	Sat	Ages 4 to 5	\$129	6 classes	12-1p	PTEN0001-426002
Feb 23 - Mar 30	Sun	Ages 4 to 5	\$129	6 classes	12-1p	PTEN0001-426003
Feb 24 - Mar 31	Mon	Ages 4 to 5	\$129	6 classes	6-7p	PTEN0001-426004
Feb 26 - Apr 2	Wed	Ages 4 to 5	\$129	6 classes	6-7p	PTEN0001-426005

Youth Tennis, Beginner 6-8

Group lesson class for the young beginner who has limited or no prior tennis experience. Class teaches basic strokes and promotes cooperative play through games and skill-building activities. Instruction for ages 6-8 focuses on hand-eye coordination, movement, and basic tennis strokes. (Combination of Red Court/Red Balls; loaner racquets available)

Winter Term I: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Jan 5 - Feb 9	Sun	Ages 6 to 8	\$141	6 classes	9-10a	PTEN0005-410011
Jan 6 - Feb 10	Mon	Ages 6 to 8	\$141	6 classes	5-6p	PTEN0005-410012
Jan 7 - Feb 11	Tue	Ages 6 to 8	\$141	6 classes	5-6p	PTEN0005-410013
Jan 8 - Feb 12	Wed	Ages 6 to 8	\$141	6 classes	5-6p	PTEN0005-410014
Jan 9 - Feb 13	Thu	Ages 6 to 8	\$141	6 classes	5-6p	PTEN0005-410016

Winter Term I: *Wheaton Indoor Tennis Center*

[Click to Register](#)

Jan 9 - Feb 13	Thu	Ages 6 to 8	\$117	6 classes	6-7p	PTEN0005-416011
Jan 4 - Feb 8	Sat	Ages 6 to 8	\$117	6 classes	1-2p	PTEN0005-416012
Jan 5 - Feb 9	Sun	Ages 6 to 8	\$117	6 classes	11a-12p	PTEN0005-416013
Jan 6 - Feb 10	Mon	Ages 6 to 8	\$117	6 classes	5-6p	PTEN0005-416014
Jan 7 - Feb 11	Tue	Ages 6 to 8	\$117	6 classes	5-6p	PTEN0005-416015

Winter Term II: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Feb 23 - Mar 30	Sun	Ages 6 to 8	\$141	6 classes	9-10a	PTEN0005-420011
Feb 24 - Mar 31	Mon	Ages 6 to 8	\$141	6 classes	5-6p	PTEN0005-420012
Feb 25 - Apr 1	Tue	Ages 6 to 8	\$141	6 classes	5-6p	PTEN0005-420013
Feb 26 - Apr 2	Wed	Ages 6 to 8	\$141	6 classes	5-6p	PTEN0005-420014
Feb 27 - Apr 3	Thu	Ages 6 to 8	\$141	6 classes	5-6p	PTEN0005-420016

Winter I: Winter II:

Youth Tennis, Beginner 6-8 (continued)

Winter Term II: *Wheaton Indoor Tennis Center*

[Click to Register](#)

Feb 27 - Apr 3	Thu	Ages 6 to 8	\$117	6 classes	6-7p	PTEN0005-426011
Feb 22 - Mar 29	Sat	Ages 6 to 8	\$117	6 classes	1-2p	PTEN0005-426012
Feb 23 - Mar 30	Sun	Ages 6 to 8	\$117	6 classes	11a-12p	PTEN0005-426013
Feb 24 - Mar 31	Mon	Ages 6 to 8	\$117	6 classes	5-6p	PTEN0005-426014
Feb 25 - Apr 1	Tue	Ages 6 to 8	\$117	6 classes	5-6p	PTEN0005-426015

Youth Tennis, Intermediate 6-8

Prerequisite: Passed Beginner level. For the developing player who can rally on the Red Court but needs additional work on stroke production, tennis specific footwork, and situational play. Skill building continues with increased emphasis on cooperative drills. (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

Winter Term I: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Jan 5 - Feb 9	Sun	Ages 6 to 8	\$141	6 classes	10-11a	PTEN0010-410021
Jan 6 - Feb 10	Mon	Ages 6 to 8	\$141	6 classes	5-6p	PTEN0010-410022
Jan 7 - Feb 11	Tue	Ages 6 to 8	\$141	6 classes	5-6p	PTEN0010-410023
Jan 8 - Feb 12	Wed	Ages 6 to 8	\$141	6 classes	5-6p	PTEN0010-410024
Jan 9 - Feb 13	Thu	Ages 6 to 8	\$141	6 classes	5-6p	PTEN0010-410025

Winter Term II: *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Feb 23 - Mar 30	Sun	Ages 6 to 8	\$141	6 classes	10-11a	PTEN0010-420021
Feb 24 - Mar 31	Mon	Ages 6 to 8	\$141	6 classes	5-6p	PTEN0010-420022
Feb 25 - Apr 1	Tue	Ages 6 to 8	\$141	6 classes	5-6p	PTEN0010-420023
Feb 26 - Apr 2	Wed	Ages 6 to 8	\$141	6 classes	5-6p	PTEN0010-420024
Feb 27 - Apr 3	Thu	Ages 6 to 8	\$141	6 classes	5-6p	PTEN0010-420025



Winter I: Winter II:

Youth Tennis, Beginner 9-10

Group lesson class for the young beginner who has limited or no prior tennis experience. Class teaches basic strokes and promotes cooperative play through games and skill-building activities. Instruction for ages 9-10 focuses on racquet control drills, sending and receiving, rallying skills, and ABCs (agility, balance, and coordination). (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquet's available)

Winter Term I: *Pauline Betz Addie Tennis Center*

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Jan 5 - Feb 9	Sun	Ages 9 to 10	\$141	6 classes	9-10a	PTEN0015-410031
Jan 6 - Feb 10	Mon	Ages 9 to 10	\$141	6 classes	6-7p	PTEN0015-410032
Jan 7 - Feb 11	Tue	Ages 9 to 10	\$141	6 classes	6-7p	PTEN0015-410033
Jan 8 - Feb 12	Wed	Ages 9 to 10	\$141	6 classes	6-7p	PTEN0015-410034
Jan 9 - Feb 13	Thu	Ages 9 to 10	\$141	6 classes	6-7p	PTEN0015-410035

Winter Term I: *Wheaton Indoor Tennis Center*

[Click to Register](#)

Jan 9 - Feb 13	Thu	Ages 9 to 10	\$117	6 classes	5-6p	PTEN0015-416031
Jan 4 - Feb 8	Sat	Ages 9 to 10	\$117	6 classes	11a-12p	PTEN0015-416032
Jan 5 - Feb 9	Sun	Ages 9 to 10	\$117	6 classes	9-10a	PTEN0015-416033
Jan 6 - Feb 10	Mon	Ages 9 to 10	\$117	6 classes	5-6p	PTEN0015-416034
Jan 8 - Feb 12	Wed	Ages 9 to 10	\$117	6 classes	6-7p	PTEN0015-416035
Jan 7 - Feb 11	Tue	Ages 9 to 10	\$117	6 classes	6-7p	PTEN0015-416036

Winter Term II: *Pauline Betz Addie Tennis Center*

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Feb 23 - Mar 30	Sun	Ages 9 to 10	\$141	6 classes	9-10a	PTEN0015-420031
Feb 24 - Mar 31	Mon	Ages 9 to 10	\$141	6 classes	6-7p	PTEN0015-420032
Feb 25 - Apr 1	Tue	Ages 9 to 10	\$141	6 classes	6-7p	PTEN0015-420033
Feb 26 - Apr 2	Wed	Ages 9 to 10	\$141	6 classes	6-7p	PTEN0015-420034
Feb 27 - Apr 3	Thu	Ages 9 to 10	\$141	6 classes	6-7p	PTEN0015-420035

Winter Term II: *Wheaton Indoor Tennis Center*

[Click to Register](#)

Feb 27 - Apr 3	Thu	Ages 9 to 10	\$117	6 classes	5-6p	PTEN0015-426031
Feb 23 - Mar 30	Sun	Ages 9 to 10	\$117	6 classes	9-10a	PTEN0015-426032
Feb 24 - Mar 31	Mon	Ages 9 to 10	\$117	6 classes	5-6p	PTEN0015-426033
Feb 22 - Mar 29	Sat	Ages 9 to 10	\$117	6 classes	11a-12p	PTEN0015-426034
Feb 25 - Apr 1	Tue	Ages 9 to 10	\$117	6 classes	6-7p	PTEN0015-426037
Feb 26 - Apr 2	Wed	Ages 9 to 10	\$117	6 classes	6-7p	PTEN0015-426035

Winter I: Winter II:

Youth Tennis, Intermediate 9-10

Prerequisite: Passed Beginner level. For the developing player who can rally on the Orange Court but needs additional work on stroke production, tennis specific footwork, and situational play. Skill building continues with increased emphasis on cooperative drills. (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

Winter Term I: *Pauline Betz Addie Tennis Center*

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Jan 5 - Feb 9	Sun	Ages 9 to 10	\$141	6 classes	10-11a	PTEN0020-410041
Jan 6 - Feb 10	Mon	Ages 9 to 10	\$141	6 classes	6-7p	PTEN0020-410042
Jan 7 - Feb 11	Tue	Ages 9 to 10	\$141	6 classes	6-7p	PTEN0020-410043
Jan 8 - Feb 12	Wed	Ages 9 to 10	\$141	6 classes	6-7p	PTEN0020-410044
Jan 9 - Feb 13	Thu	Ages 9 to 10	\$141	6 classes	6-7p	PTEN0020-410045

Winter Term I: *Wheaton Indoor Tennis Center*

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Jan 9 - Feb 13	Thu	Ages 9 to 10	\$117	6 classes	6-7p	PTEN0020-416041
Jan 4 - Feb 8	Sat	Ages 9 to 10	\$117	6 classes	9-10a	PTEN0020-416042
Jan 8 - Feb 12	Wed	Ages 9 to 10	\$117	6 classes	5-6p	PTEN0020-416043

Winter Term II: *Pauline Betz Addie Tennis Center*

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Feb 23 - Mar 30	Sun	Ages 9 to 10	\$141	6 classes	10-11a	PTEN0020-420041
Feb 24 - Mar 31	Mon	Ages 9 to 10	\$141	6 classes	6-7p	PTEN0020-420042
Feb 25 - Apr 1	Tue	Ages 9 to 10	\$141	6 classes	6-7p	PTEN0020-420043
Feb 26 - Apr 2	Wed	Ages 9 to 10	\$141	6 classes	6-7p	PTEN0020-420044
Feb 27 - Apr 3	Thu	Ages 9 to 10	\$141	6 classes	6-7p	PTEN0020-420045

Winter Term II: *Wheaton Indoor Tennis Center*

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Feb 26 - Apr 2	Wed	Ages 9 to 10	\$117	6 classes	5-6p	PTEN0020-426041
Feb 27 - Apr 3	Thu	Ages 9 to 10	\$117	6 classes	6-7p	PTEN0020-426042
Feb 22 - Mar 29	Sat	Ages 9 to 10	\$117	6 classes	9-10a	PTEN0020-426043



Winter I: Winter II:

Youth Tennis, Advanced 9-10

Prerequisite: Passed Youth Tennis, Intermediate. For players who can rally consistently and comfortably engage in point play against a variety of players. Focus will be on improving movement, positioning, concentration, focus, shot placement, and closing points. (Combination of Red Court/Red Balls and Orange Court/Orange Balls); may incorporate use of Green Dot Ball for players ready to transition from the Orange Court to full court play)

Winter Term I: *Pauline Betz Addie Tennis Center*

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Jan 6 - Feb 10	Mon	Ages 9 to 10	\$150	6 classes	6-7p	PTEN0025-410051
Jan 7 - Feb 11	Tue	Ages 9 to 10	\$150	6 classes	6-7p	PTEN0025-410052
Jan 8 - Feb 12	Wed	Ages 9 to 10	\$150	6 classes	6-7p	PTEN0025-410053
Jan 9 - Feb 13	Thu	Ages 9 to 10	\$150	6 classes	6-7p	PTEN0025-410054

Winter Term II: *Pauline Betz Addie Tennis Center*

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Feb 24 - Mar 31	Mon	Ages 9 to 10	\$150	6 classes	6-7p	PTEN0025-420051
Feb 25 - Apr 1	Tue	Ages 9 to 10	\$150	6 classes	6-7p	PTEN0025-420052
Feb 26 - Apr 2	Wed	Ages 9 to 10	\$150	6 classes	6-7p	PTEN0025-420053
Feb 27 - Apr 3	Thu	Ages 9 to 10	\$150	6 classes	6-7p	PTEN0025-420054

Youth Tennis, Match Play 9-10

Supervised match-play for players in our 9-10 Intermediate and Advanced Programs.

Winter Term I: *Pauline Betz Addie Tennis Center*

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Jan 3 - Feb 7	Fri	Ages 9 to 10	\$150	6 classes	6-7p	PTEN0130-410001
Jan 4 - Feb 8	Sat	Ages 9 to 10	\$300	6 classes	11a - 1p	PTEN0130-410002

Winter Term I: *Wheaton Indoor Tennis Center*

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Jan 4 - Feb 8	Sat	Ages 9 to 10	\$258	6 classes	10a-12p	PTEN0030-416062
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Winter Term II: *Pauline Betz Addie Tennis Center*

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Feb 21 - Mar 28	Fri	Ages 9 to 10	\$150	6 classes	6-7p	PTEN0130-420001
Feb 22 - Mar 29	Sat	Ages 9 to 10	\$300	6 classes	11a - 1p	PTEN0130-420002

Winter Term II: *Wheaton Indoor Tennis Center*

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Feb 22 - Mar 29	Sat	Ages 9 to 10	\$258	6 classes	10a-12p	PTEN0030-426062
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Winter I: Winter II:

Youth Tennis, Beginner 11-12

Prerequisite: For beginners who have never played before or have not played recently. The goal of this class is to teach fundamentals of the game, including etiquette and vocabulary, rules, positioning, and scorekeeping. Players will learn basic mechanics for hitting groundstrokes, volleys, overheads and serves. May incorporate use of Orange and Green Dot Balls to reinforce development, consistency, and control.

Winter Term I: *Pauline Betz Addie Tennis Center*

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Jan 3 - Feb 7	Fri	Ages 11 to 12	\$141	6 classes	4-5p	PTEN0040-410081
Jan 5 - Feb 9	Sun	Ages 11 to 12	\$141	6 classes	11a-12p	PTEN0040-410082
Jan 6 - Feb 10	Mon	Ages 11 to 12	\$141	6 classes	4-5p	PTEN0040-410083
Jan 8 - Feb 12	Wed	Ages 11 to 12	\$141	6 classes	4-5p	PTEN0040-410084

Winter Term I: *Wheaton Indoor Tennis Center*

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Jan 9 - Feb 13	Thu	Ages 11 to 12	\$117	6 classes	5-6p	PTEN0040-416082
Jan 5 - Feb 9	Sun	Ages 11 to 12	\$117	6 classes	10-11a	PTEN0040-416083
Jan 6 - Feb 10	Mon	Ages 11 to 12	\$117	6 classes	6-7p	PTEN0040-416084

Winter Term II: *Pauline Betz Addie Tennis Center*

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Feb 21 - Mar 28	Fri	Ages 11 to 12	\$141	6 classes	4-5p	PTEN0040-420081
Feb 23 - Mar 30	Sun	Ages 11 to 12	\$141	6 classes	11a-12p	PTEN0040-420082
Feb 24 - Mar 31	Mon	Ages 11 to 12	\$141	6 classes	4-5p	PTEN0040-420083
Feb 26 - Apr 2	Wed	Ages 11 to 12	\$141	6 classes	4-5p	PTEN0040-420084

Winter Term II: *Wheaton Indoor Tennis Center*

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Feb 27 - Apr 3	Thu	Ages 11 to 12	\$117	6 classes	5-6p	PTEN0040-426082
Feb 23 - Mar 30	Sun	Ages 11 to 12	\$117	6 classes	10-11a	PTEN0040-426083
Feb 24 - Mar 31	Mon	Ages 11 to 12	\$117	6 classes	6-7p	PTEN0040-426084



Winter I: Winter II:

Youth Tennis, Intermediate 11-12

Prerequisite: Passed Beginner Tennis or player with recent playing experience seeking a refresher on fundamentals. Class includes a review of tennis etiquette and vocabulary, safety, rules, and scoring. Continued focus on footwork, positioning, and directional control. Additional time will be spent on drills and situational play. Groundstrokes, volleys, overheads, and serves will be critiqued.

Winter Term I: *Pauline Betz Addie Tennis Center*

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Jan 3 - Feb 7	Fri	Ages 11 to 12	\$141	6 classes	4-5p	PTEN0045-410091
Jan 6 - Feb 10	Mon	Ages 11 to 12	\$141	6 classes	4-5p	PTEN0045-410092
Jan 8 - Feb 12	Wed	Ages 11 to 12	\$141	6 classes	4-5p	PTEN0045-410093

Winter Term I: *Wheaton Indoor Tennis Center*

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Jan 5 - Feb 9	Sun	Ages 11 to 12	\$117	6 classes	12-1p	PTEN0045-416101
Jan 6 - Feb 10	Mon	Ages 11 to 12	\$117	6 classes	12-1p	PTEN0045-416103
Jan 8 - Feb 12	Wed	Ages 11 to 12	\$117	6 classes	5-6p	PTEN0045-416102

Winter Term II: *Pauline Betz Addie Tennis Center*

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Feb 21 - Mar 28	Fri	Ages 11 to 12	\$141	6 classes	4-5p	PTEN0045-420091
Feb 24 - Mar 31	Mon	Ages 11 to 12	\$141	6 classes	4-5p	PTEN0045-420092
Feb 26 - Apr 2	Wed	Ages 11 to 12	\$141	6 classes	4-5p	PTEN0045-420093

Winter Term II: *Wheaton Indoor Tennis Center*

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Feb 23 - Mar 30	Sun	Ages 11 to 12	\$117	6 classes	12-1p	PTEN0045-426101
Feb 26 - Apr 2	Wed	Ages 11 to 12	\$117	6 classes	5-6p	PTEN0045-426102
Feb 24 - Mar 31	Mon	Ages 11 to 12	\$117	6 classes	7-8p	PTEN0045-426103

Youth Tennis, Advanced 11-12

Prerequisite: Passed Intermediate Tennis. Players have experience in the fundamentals of tennis and are ready to work on consistency, accuracy, and technical mastery of strokes and footwork. The focus will be on drills and play situations to improve rallying skills and overall level of play.

Winter Term I: *Pauline Betz Addie Tennis Center*

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Jan 3 - Feb 7	Fri	Ages 11 to 12	\$300	6 classes	4-6p	PTEN0050-410101
Jan 6 - Feb 10	Mon	Ages 11 to 12	\$300	6 classes	4-6p	PTEN0050-410102
Jan 8 - Feb 12	Wed	Ages 11 to 12	\$300	6 classes	4-6p	PTEN0050-410103

Winter Term II: *Pauline Betz Addie Tennis Center*

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Feb 21 - Mar 28	Fri	Ages 11 to 12	\$300	6 classes	4-6p	PTEN0050-420101
Feb 24 - Mar 31	Mon	Ages 11 to 12	\$300	6 classes	4-6p	PTEN0050-420102
Feb 26 - Apr 2	Wed	Ages 11 to 12	\$300	6 classes	4-6p	PTEN0050-420103

Winter I: Winter II:

Youth Tennis, Match Play 11-12

Supervised match-play for players in our 11-12 Intermediate and Advanced Programs.

Winter Term I: *Pauline Betz Addie Tennis Center*

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Jan 4 - Feb 8	Sat	Ages 11 to 12	\$300	6 classes	3-5p	PTEN0130-410003
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Winter Term I: *Wheaton Indoor Tennis Center*

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Jan 3 - Feb 7	Fri	Ages 11 to 12	\$258	6 classes	4-6p	PTEN0130-416002
Jan 4 - Feb 8	Sat	Ages 11 to 12	\$258	6 classes	12-2pm	PTEN0130-416001

Winter Term II: *Pauline Betz Addie Tennis Center*

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Feb 22 - Mar 29	Sat	Ages 11 to 12	\$300	6 classes	3-5p	PTEN0130-420003
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Winter Term II: *Wheaton Indoor Tennis Center*

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Feb 22 - Mar 29	Sat	Ages 11 to 12	\$258	6 classes	12-2pm	PTEN0130-426001
Feb 28 - Apr 4	Fri	Ages 11 to 12	\$258	6 classes	4-6p	PTEN0130-416002

Teen Tennis, Beginner 13-18

Prerequisite: For beginners who have never played before or have not played recently. The goal of this class is to teach fundamentals of the game, including etiquette and vocabulary, rules, positioning, and scorekeeping. Players will learn basic mechanics for hitting groundstrokes, volleys, overhands and serves. May incorporate use of Orange and Green Dot Balls to reinforce development, consistency, and control.

Winter Term I: *Pauline Betz Addie Tennis Center*

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Jan 7 - Feb 11	Tue	Ages 13 to 18	\$141	6 classes	4-5p	PTEN0055-410111
Jan 9 - Feb 13	Thu	Ages 13 to 18	\$141	6 classes	4-5p	PTEN0055-410112
Jan 5 - Feb 9	Sun	Ages 13 to 18	\$141	6 classes	11a - 12p	PTEN0055-410113

Winter Term I: *Wheaton Indoor Tennis Center*

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Jan 4 - Feb 8	Sat	Ages 13 to 18	\$117	6 classes	10-11 am	PTEN0055-416112
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Winter Term II: *Pauline Betz Addie Tennis Center*

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Feb 25 - Apr 1	Tue	Ages 13 to 18	\$141	6 classes	4-5p	PTEN0055-420111
Feb 27 - Apr 3	Thu	Ages 13 to 18	\$141	6 classes	4-5p	PTEN0055-420112
Feb 23 - Mar 30	Sun	Ages 13 to 18	\$141	6 classes	11a - 12p	PTEN0055-420114

Winter Term II: *Wheaton Indoor Tennis Center*

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Feb 22 - Mar 29	Sat	Ages 13 to 18	\$117	6 classes	10-11 am	PTEN0055-426112
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Winter I: Winter II:

Teen Tennis, Intermediate 13-18

Prerequisite: Passed Beginner Tennis or player with recent playing experience seeking a refresher on fundamentals. Class includes a review of tennis etiquette and vocabulary, safety, rules, and scoring. Continued focus on footwork, positioning, and directional control. Additional time will be spent on drills and situational play. Groundstrokes, volleys, overheads, and serves will be critiqued.

Winter Term I: *Pauline Betz Addie Tennis Center*

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Jan 7 - Feb 11	Tue	Ages 13 to 18	\$150	6 classes	4-5p	PTEN0060-410121
Jan 9 - Feb 13	Thu	Ages 13 to 18	\$150	6 classes	4-5p	PTEN0060-410122

Winter Term II: *Pauline Betz Addie Tennis Center*

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Feb 25 - Apr 1	Tue	Ages 13 to 18	\$150	6 classes	4-5p	PTEN0060-420121
Feb 27 - Apr 3	Thu	Ages 13 to 18	\$150	6 classes	4-5p	PTEN0060-420122

Teen Tennis, Advanced 13-18

Prerequisite: Passed Intermediate Tennis. Players have experience in the fundamentals of tennis and are ready to work on consistency, accuracy, and technical mastery of strokes and footwork. The focus will be on drills and play situations to improve rallying skills and overall level of play.

Winter Term I: *Pauline Betz Addie Tennis Center*

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Jan 7 - Feb 11	Tue	Ages 13 to 18	\$300	6 classes	4-6p	PTEN0065-410131
Jan 9 - Feb 13	Thu	Ages 13 to 18	\$300	6 classes	4-6p	PTEN0065-410132

Winter Term II: *Pauline Betz Addie Tennis Center*

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Feb 25 - Apr 1	Tue	Ages 13 to 18	\$300	6 classes	4-6p	PTEN0065-420131
Feb 27 - Apr 3	Thu	Ages 13 to 18	\$300	6 classes	4-6p	PTEN0065-420132



Winter I: Winter II:

Teen Tennis, Match Play 13-18

Supervised match-play for players in our Teen Intermediate and Advanced Programs.

Winter Term I: *Pauline Betz Addie Tennis Center*

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Jan 3 - Feb 7	Fri	Ages 13 to 18	\$150	6 classes	5-6p	PTEN0130-410004
Jan 4 - Feb 8	Sat	Ages 13 to 18	\$300	6 classes	1-3p	PTEN0130-410005

Winter Term I: *Wheaton Indoor Tennis Center*

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Jan 3 - Feb 7	Fri	Ages 13 to 18	\$258	6 classes	4-6p	PTEN0130-416003
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Winter Term II: *Pauline Betz Addie Tennis Center*

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Feb 21 - Mar 28	Fri	Ages 13 to 18	\$150	6 classes	5-6p	PTEN0130-420004
Feb 22 - Mar 29	Sat	Ages 13 to 18	\$300	6 classes	1-3p	PTEN0130-420005

Winter Term II: *Wheaton Indoor Tennis Center*

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Feb 28 - Apr 4	Fri	Ages 13 to 18	\$258	6 classes	4-6p	PTEN0130-426003
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Adult Beginner 1 Tennis, NTRP 1.0

Designed to turn adult beginners into tennis players. Students will enjoy one-hour lessons with our certified tennis coaches and learn the basics of tennis including the serve, forehand, backhand, and net play for singles and doubles featuring a Rally and Play approach.

Winter Term I: *Pauline Betz Addie Tennis Center*

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Jan 3 - Feb 7	Fri	Ages 18 and up	\$141	6 classes	10-11a	PTEN0090-410181
Jan 4 - Feb 8	Sat	Ages 18 and up	\$141	6 classes	12-1p	PTEN0090-410182
Jan 4 - Feb 8	Sat	Ages 18 and up	\$141	6 classes	4-5p	PTEN0090-410183
Jan 5 - Feb 9	Sun	Ages 18 and up	\$141	6 classes	9-10a	PTEN0090-410184
Jan 6 - Feb 10	Mon	Ages 18 and up	\$141	6 classes	10-11a	PTEN0090-410185
Jan 6 - Feb 10	Mon	Ages 18 and up	\$141	6 classes	7-8p	PTEN0090-410186
Jan 7 - Feb 11	Tue	Ages 18 and up	\$141	6 classes	11a - 12p	PTEN0090-410187
Jan 8 - Feb 12	Wed	Ages 18 and up	\$141	6 classes	7-8p	PTEN0090-410188
Jan 9 - Feb 13	Thu	Ages 18 and up	\$141	6 classes	7-8p	PTEN0090-410189

Winter Term I: *Wheaton Indoor Tennis Center*

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Jan 9 - Feb 13	Thu	Ages 18 and up	\$117	6 classes	7-8p	PTEN0090-416181
Jan 5 - Feb 9	Sun	Ages 18 and up	\$117	6 classes	9-10a	PTEN0090-416182
Jan 8 - Feb 12	Wed	Ages 18 and up	\$117	6 classes	7-8p	PTEN0090-416183

Winter I: Winter II:

Adult Beginner 1 Tennis, NTRP 1.0 (continued)

Winter Term II: *Pauline Betz Addie Tennis Center*

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Feb 21 - Mar 28	Fri	Ages 18 and up	\$141	6 classes	10-11a	PTEN0090-420181
Feb 22 - Mar 29	Sat	Ages 18 and up	\$141	6 classes	12-1p	PTEN0090-420182
Feb 22 - Mar 29	Sat	Ages 18 and up	\$141	6 classes	4-5p	PTEN0090-420183
Feb 23 - Mar 30	Sun	Ages 18 and up	\$141	6 classes	9-10a	PTEN0090-420184
Feb 24 - Mar 31	Mon	Ages 18 and up	\$141	6 classes	10-11a	PTEN0090-420185
Feb 24 - Mar 31	Mon	Ages 18 and up	\$141	6 classes	7-8p	PTEN0090-420186
Feb 25 - Apr 1	Tue	Ages 18 and up	\$141	6 classes	11a - 12p	PTEN0090-420187
Feb 26 - Apr 2	Wed	Ages 18 and up	\$141	6 classes	7-8p	PTEN0090-420188
Feb 27 - Apr 3	Thu	Ages 18 and up	\$141	6 classes	7-8p	PTEN0090-420189

Winter Term II: *Wheaton Indoor Tennis Center*

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Feb 27 - Apr 3	Thu	Ages 18 and up	\$117	6 classes	7-8p	PTEN0090-426181
Feb 23 - Mar 30	Sun	Ages 18 and up	\$117	6 classes	9-10a	PTEN0090-426182
Feb 26 - Apr 2	Wed	Ages 18 and up	\$117	6 classes	7-8p	PTEN0090-426183

Adult Beginner 2 Tennis, NTRP 2.5

This player has played some tennis but needs additional instruction on basic skills and techniques. Rally and Play approach reinforces introduction to positioning, movement, and rules of play.

Winter Term I: *Pauline Betz Addie Tennis Center*

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Jan 4 - Feb 8	Sat	Ages 18 and up	\$141	6 classes	1-2p	PTEN0095-410192
Jan 5 - Feb 9	Sun	Ages 18 and up	\$141	6 classes	10-11a	PTEN0095-410193
Jan 6 - Feb 10	Mon	Ages 18 and up	\$141	6 classes	7-8p	PTEN0095-410194
Jan 7 - Feb 11	Tue	Ages 18 and up	\$141	6 classes	10-11a	PTEN0095-410195
Jan 8 - Feb 12	Wed	Ages 18 and up	\$141	6 classes	10-11a	PTEN0095-410196
Jan 9 - Feb 13	Thu	Ages 18 and up	\$141	6 classes	7-8p	PTEN0095-410197

Winter Term I: *Wheaton Indoor Tennis Center*

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Jan 4 - Feb 8	Sat	Ages 18 and up	\$117	6 classes	9-10a	PTEN0095-416199
Jan 6 - Feb 10	Mon	Ages 18 and up	\$117	6 classes	11a-12p	PTEN0095-416191
Jan 7 - Feb 11	Tue	Ages 18 and up	\$117	6 classes	7-8p	PTEN0095-416192

Winter I: Winter II:

Adult Beginner 2 Tennis, NTRP 2.5 (continued)

Winter Term II: *Pauline Betz Addie Tennis Center*

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Feb 22 - Mar 29	Sat	Ages 18 and up	\$141	6 classes	1-2p	PTEN0095-420192
Feb 23 - Mar 30	Sun	Ages 18 and up	\$141	6 classes	10-11a	PTEN0095-420193
Feb 24 - Mar 31	Mon	Ages 18 and up	\$141	6 classes	7-8p	PTEN0095-420194
Feb 25 - Apr 1	Tue	Ages 18 and up	\$141	6 classes	10-11a	PTEN0095-420195
Feb 26 - Apr 2	Wed	Ages 18 and up	\$141	6 classes	10-11a	PTEN0095-420196
Feb 27 - Apr 3	Thu	Ages 18 and up	\$141	6 classes	7-8p	PTEN0095-420197

Winter Term II: *Wheaton Indoor Tennis Center*

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Feb 25 - Apr 1	Tue	Ages 18 and up	\$117	6 classes	7-8p	PTEN0095-426191
Feb 22 - Mar 29	Sat	Ages 18 and up	\$117	6 classes	9-10a	PTEN0095-426199
Feb 24 - Mar 31	Mon	Ages 18 and up	\$117	6 classes	11a-12p	PTEN0095-426194

Adult Intermediate Tennis, NTRP 3.0

Prerequisite: Passed Beginner 2, Adult. This player can keep the ball in play but needs to improve consistency of strokes and overall understanding of court positioning, strategy, and use of shots in various situations.

Pauline Betz Addie Tennis Center

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Jan 4 - Feb 8	Sat	Ages 18 and up	\$141	6 classes	3-4p	PTEN0100-410201
Jan 5 - Feb 9	Sun	Ages 18 and up	\$141	6 classes	12-1p	PTEN0100-410202
Jan 6 - Feb 10	Mon	Ages 18 and up	\$141	6 classes	11a-12p	PTEN0100-410203
Jan 7 - Feb 11	Tue	Ages 18 and up	\$141	6 classes	7-8p	PTEN0100-410204

Winter Term I: *Wheaton Indoor Tennis Center*

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Jan 5 - Feb 9	Sun	Ages 18 and up	\$117	6 classes	11a-12p	PTEN0100-416201
Jan 6 - Feb 10	Mon	Ages 18 and up	\$117	6 classes	11a-12p	PTEN0100-416208
Jan 7 - Feb 11	Tue	Ages 18 and up	\$117	6 classes	11a-12p	PTEN0100-416202
Jan 8 - Feb 12	Wed	Ages 18 and up	\$117	6 classes	7-8p	PTEN0100-416203

Winter I: Winter II:

Adult Intermediate Tennis, NTRP 3.0 (continued)

Winter Term II: *Pauline Betz Addie Tennis Center*

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Feb 22 - Mar 29	Sat	Ages 18 and up	\$141	6 classes	3-4p	PTEN0100-420201
Feb 23 - Mar 30	Sun	Ages 18 and up	\$141	6 classes	12-1p	PTEN0100-420202
Feb 24 - Mar 31	Mon	Ages 18 and up	\$141	6 classes	11a-12p	PTEN0100-420203
Feb 25 - Apr 1	Tue	Ages 18 and up	\$141	6 classes	7-8p	PTEN0100-420204

Winter Term II: *Wheaton Indoor Tennis Center*

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Feb 23 - Mar 30	Sun	Ages 18 and up	\$117	6 classes	11a-12p	PTEN0100-426201
Feb 25 - Apr 1	Tue	Ages 18 and up	\$117	6 classes	11a-12p	PTEN0100-426202
Feb 26 - Apr 2	Wed	Ages 18 and up	\$117	6 classes	7-8p	PTEN0100-426203
Feb 24 - Mar 31	Mon	Ages 18 and up	\$117	6 classes	7-8p	PTEN0100-426208

Adult Match Play 3.0 Tennis

The 3.0 player is fairly consistent when hitting medium-paced shots but is not comfortable with all strokes and lacks execution when trying for directional control, depth, and pace. First half of class focuses on needed drills and skills. Class finishes with a session of supervised match play. Instructor reserves the right to transfer you up or down a level if you are not closely matched in skill level.

Winter Term I: *Pauline Betz Addie Tennis Center*

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Jan 3 - Feb 7	Fri	Ages 18 and up	\$150	6 classes	11a-12p	PTEN0115-410231
Jan 5 - Feb 9	Sun	Ages 18 and up	\$150	6 classes	1-2p	PTEN0115-410232
Jan 6 - Feb 10	Mon	Ages 18 and up	\$150	6 classes	8-9p	PTEN0115-410233
Jan 9 - Feb 13	Thu	Ages 18 and up	\$150	6 classes	8-9p	PTEN0115-410234

Winter Term I: *Wheaton Indoor Tennis Center*

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Jan 9 - Feb 13	Thu	Ages 18 and up	\$258	6 classes	7-9p	PTEN0115-416231
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Winter Term II: *Pauline Betz Addie Tennis Center*

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Feb 21 - Mar 28	Fri	Ages 18 and up	\$150	6 classes	11a-12p	PTEN0115-420231
Feb 23 - Mar 30	Sun	Ages 18 and up	\$150	6 classes	1-2p	PTEN0115-420232
Feb 24 - Mar 31	Mon	Ages 18 and up	\$150	6 classes	8-9p	PTEN0115-420233
Feb 27 - Apr 3	Thu	Ages 18 and up	\$150	6 classes	8-9p	PTEN0115-420234

Winter Term II: *Wheaton Indoor Tennis Center*

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Feb 27 - Apr 3	Thu	Ages 18 and up	\$258	6 classes	7-9p	PTEN0115-426231
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Winter I: Winter II:

Adult Intermediate Tennis, NTRP 3.5

Prerequisite: Passed Intermediate 3.0, Adult. Learn to hit with a higher shot quality that keeps opponents neutral or at a disadvantage more often on serves and returns, during baseline exchanges and when approaching and at the net. Learn to make better, 'high percentage' decisions as to when to attack, defend, or stay neutral.

Winter Term I: <i>Pauline Betz Addie Tennis Center</i>							Click to Register
Jan 4 - Feb 8	Sat	Ages 18 and up	\$141	6 classes	2-3p	PTEN0105-410301	
Jan 8 - Feb 12	Wed	Ages 18 and up	\$141	6 classes	7-8p	PTEN0105-410302	
Winter Term II: <i>Pauline Betz Addie Tennis Center</i>							Click to Register
Feb 22 - Mar 29	Sat	Ages 18 and up	\$141	6 classes	2-3p	PTEN0105-420301	
Feb 26 - Apr 2	Wed	Ages 18 and up	\$141	6 classes	7-8p	PTEN0105-420302	

Adult Match Play 3.5 Tennis

The 3.5 player has dependable strokes, but still lacks depth, variety, and the ability to alter distance of shots. Lack of confidence might limit the 3.5 player in effective use of lobs, overheads, approach shots, and volleys. This player is more comfortable at net, has improved court awareness, and is developing teamwork in doubles. First half of class focuses on needed drills and skills. Class finishes with a session of supervised match play. Instructor reserves the right to transfer you up or down a level if you are not closely matched in skill level.

Winter Term I: <i>Pauline Betz Addie Tennis Center</i>							Click to Register
Jan 5 - Feb 9	Sun	Ages 18 and up	\$300	6 classes	2-4p	PTEN0120-410241	
Jan 7 - Feb 11	Tue	Ages 18 and up	\$150	6 classes	8-9p	PTEN0120-410242	
Winter Term I: <i>Wheaton Indoor Tennis Center</i>							Click to Register
Jan 7 - Feb 11	Tue	Ages 18 and up	\$258	6 classes	7-9p	PTEN0120-416241	
Winter Term II: <i>Pauline Betz Addie Tennis Center</i>							Click to Register
Feb 23 - Mar 30	Sun	Ages 18 and up	\$300	6 classes	2-4p	PTEN0120-420241	
Feb 25 - Apr 1	Tue	Ages 18 and up	\$150	6 classes	8-9p	PTEN0120-420242	
Winter Term II: <i>Wheaton Indoor Tennis Center</i>							Click to Register
Feb 25 - Apr 1	Tue	Ages 18 and up	\$258	6 classes	7-9p	PTEN0120-426241	

Winter I: Winter II:

Adult Advanced Tennis, NTRP 4.0+

Prerequisite: Passed Intermediate 3.5 or Instructor approval. A competitive clinic involving intense drilling, competitive situational games, and match play. Course will focus on finessing use of lobs, overheads, approach shots, and volleys. Student will also concentrate on hitting with power, spin, depth, and control.

Winter Term I: *Pauline Betz Addie Tennis Center*

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Jan 4 - Feb 8	Sat	Ages 18 and up	\$150	6 classes	11a-12p	PTEN0110-410221
Jan 5 - Feb 9	Sun	Ages 18 and up	\$150	6 classes	11a-12p	PTEN0110-410222
Jan 7 - Feb 11	Tue	Ages 18 and up	\$150	6 classes	7-8p	PTEN0110-410223
Jan 9 - Feb 13	Thu	Ages 18 and up	\$150	6 classes	7-8p	PTEN0110-410225

Winter Term I: *Wheaton Indoor Tennis Center*

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Jan 5 - Feb 9	Sun	Ages 18 and up	\$129	6 classes	12-1p	PTEN0110-416223
Jan 6 - Feb 10	Mon	Ages 18 and up	\$129	6 classes	8-9p	PTEN0110-416221
Jan 9 - Feb 13	Thu	Ages 18 and up	\$129	6 classes	10-11a	PTEN0110-416222

Winter Term II: *Pauline Betz Addie Tennis Center*

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Feb 22 - Mar 29	Sat	Ages 18 and up	\$150	6 classes	11a-12p	PTEN0110-420221
Feb 23 - Mar 30	Sun	Ages 18 and up	\$150	6 classes	11a-12p	PTEN0110-420222
Feb 25 - Apr 1	Tue	Ages 18 and up	\$150	6 classes	7-8p	PTEN0110-420223
Feb 27 - Apr 3	Thu	Ages 18 and up	\$150	6 classes	7-8p	PTEN0110-420225

Winter Term II: *Wheaton Indoor Tennis Center*

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Feb 24 - Mar 31	Mon	Ages 18 and up	\$129	6 classes	8-9p	PTEN0110-426221
Feb 27 - Apr 3	Thu	Ages 18 and up	\$129	6 classes	10-11a	PTEN0110-426222
Feb 23 - Mar 30	Sun	Ages 18 and up	\$129	6 classes	12-1p	PTEN0110-426223

Adult Match Play 4.0 Tennis

The 4.0 player has dependable strokes with directional control and the ability to alter depth of shots on both forehand and backhand sides during moderately paced play. This player also has the ability to use lobs, overheads, approach shots, and volleys with success. This player occasionally forces errors when serving. Points may be lost due to impatience. Teamwork in doubles is evident. Class finishes with a session of supervised match play. Instructor reserves the right to transfer you up or down a level if you are not closely matched in skill level.

Winter Term I: *Pauline Betz Addie Tennis Center*

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Jan 8 - Feb 12	Wed	Ages 18 and up	\$150	6 classes	8-9p	PTEN0110-410226
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Winter Term II: *Pauline Betz Addie Tennis Center*

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Feb 26 - Apr 2	Wed	Ages 18 and up	\$150	6 classes	8-9p	PTEN0110-420226
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Winter I: Winter II:

Adult Cardio Tennis

This is a high energy class that combines the best features of the sport of tennis with cardiovascular exercise, delivering the ultimate, full body, calorie burning aerobic workout.

Winter Term I: *Pauline Betz Addie Tennis Center*

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Jan 3 - Feb 7	Fri	Ages 18 and up	\$150	6 classes	9-10a	PTEN0125-410251
Jan 3 - Feb 7	Fri	Ages 18 and up	\$150	6 classes	12-1p	PTEN0125-410252
Jan 4 - Feb 8	Sat	Ages 18 and up	\$150	6 classes	7-8a	PTEN0125-410253
Jan 5 - Feb 9	Sun	Ages 18 and up	\$150	6 classes	8-9a	PTEN0125-410254
Jan 5 - Feb 9	Sun	Ages 18 and up	\$150	6 classes	12-1p	PTEN0125-410255
Jan 6 -Feb 10	Mon	Ages 18 and up	\$150	6 classes	9-10a	PTEN0125-410256
Jan 6 -Feb 10	Mon	Ages 18 and up	\$150	6 classes	12-1p	PTEN0125-410257
Jan 6 -Feb 10	Mon	Ages 18 and up	\$150	6 classes	7-8p	PTEN0125-410258
Jan 7 - Feb 11	Tue	Ages 18 and up	\$150	6 classes	12-1p	PTEN0125-410259
Jan 7 - Feb 11	Tue	Ages 18 and up	\$150	6 classes	7-8p	PTEN0125-410260
Jan 8 - Feb 12	Wed	Ages 18 and up	\$150	6 classes	9-10a	PTEN0125-410262
Jan 8 - Feb 12	Wed	Ages 18 and up	\$150	6 classes	12-1p	PTEN0125-410264
Jan 8 - Feb 12	Wed	Ages 18 and up	\$150	6 classes	7-8p	PTEN0125-410266
Jan 9 - Feb 13	Thu	Ages 18 and up	\$150	6 classes	9-10a	PTEN0125-410274

Winter Term I: *Wheaton Indoor Tennis Center*

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Jan 5 - Feb 9	Sun	Ages 18 and up	\$129	6 classes	10-11a	PTEN0125-416271
Jan 6 -Feb 10	Mon	Ages 18 and up	\$129	6 classes	7-8p	PTEN0125-416272
Jan 8 - Feb 12	Wed	Ages 18 and up	\$129	6 classes	8-9p	PTEN0125-416273
Jan 7 - Feb 11	Tue	Ages 18 and up	\$129	6 classes	10-11a	PTEN0125-416274



Winter I: Winter II:

Adult Cardio Tennis (continued)

Winter Term II: *Pauline Betz Addie Tennis Center*

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Feb 21 - Mar 28	Fri	Ages 18 and up	\$150	6 classes	9-10a	PTEN0125-420251
Feb 21 - Mar 28	Fri	Ages 18 and up	\$150	6 classes	12-1p	PTEN0125-420252
Feb 22 - Mar 29	Sat	Ages 18 and up	\$150	6 classes	7-8a	PTEN0125-420253
Feb 23 - Mar 30	Sun	Ages 18 and up	\$150	6 classes	8-9a	PTEN0125-420255
Feb 23 - Mar 30	Sun	Ages 18 and up	\$150	6 classes	12-1p	PTEN0125-420256
Feb 24 - Mar 31	Mon	Ages 18 and up	\$150	6 classes	9-10a	PTEN0125-420257
Feb 24 - Mar 31	Mon	Ages 18 and up	\$150	6 classes	12-1p	PTEN0125-420258
Feb 24 - Mar 31	Mon	Ages 18 and up	\$150	6 classes	7-8p	PTEN0125-420259
Feb 25 - Apr 1	Tue	Ages 18 and up	\$150	6 classes	12-1p	PTEN0125-420260
Feb 25 - Apr 1	Tue	Ages 18 and up	\$150	6 classes	7-8p	PTEN0125-420262
Feb 26 - Apr 2	Wed	Ages 18 and up	\$150	6 classes	9-10a	PTEN0125-420264
Feb 26 - Apr 2	Wed	Ages 18 and up	\$150	6 classes	12-1p	PTEN0125-420266
Feb 26 - Apr 2	Wed	Ages 18 and up	\$150	6 classes	7-8p	PTEN0125-420273
Feb 27 - Apr 3	Thu	Ages 18 and up	\$150	6 classes	9-10a	PTEN0125-420274

Winter Term II: *Wheaton Indoor Tennis Center*

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Feb 23 - Mar 30	Sun	Ages 18 and up	\$129	6 classes	10-11a	PTEN0125-426251
Feb 24 - Mar 31	Mon	Ages 18 and up	\$129	6 classes	7-8p	PTEN0125-426252
Feb 26 - Apr 2	Wed	Ages 18 and up	\$129	6 classes	8-9p	PTEN0125-426253
Feb 25 - Apr 1	Tue	Ages 18 and up	\$129	6 classes	10-11a	PTEN0125-426257



Winter I: Winter II: