







MONTGOMERY PARKS | FALL 2024

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Programs are subject to change. For the most up-to-date listings visit: MontgomeryParks.org

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MONTGOMERY PARKS DIRECTORY

ATHLETIC FIELDS

Visit Athletic Fields for reservation information.

ARCHERY

South Germantown Recreational Park

18045 Central Park Circle, Boyds, MD 20841

Rock Creek Regional Park

5700 Needwood Lake Circle, Rockville, MD 20855

BIKE PARKS

South Germantown Bike Park

18045 Central Park Circle, Boyds, MD 20841

The Pit at Fairland Bike Park

3928 Greencastle Road Fairland, MD 20866

Wheaton Gravity Mountain Bike Park

2000 Shorefield Road in Wheaton, MD 20902

BOATING

Black Hill Boats

20920 Lake Ridge Drive, Boyds, MD 20841 • 301-528-3466

Lake Needwood Boats

15700 Needwood Lake Circle, Rockville, MD 20855 301-563-7540

CAMPING

Little Bennett Campground

23705 Frederick Road, Clarksburg, MD 20871 301-528-3430

Robert C. McDonell Campground

7701 Tuckerman Lane, Rockville, MD 20854 301-495-2525

Visit Rentals and Permits for additional camping options.

CAROUSEL

Ovid Hazen Wells Carousel

2002 Shorefield Road, Wheaton, MD 20902

COMMUNITY GARDENS

Visit **Community Gardens** for information.

CULTURAL & HISTORIC ATTRACTIONS

Visit History in the Parks for more information.

Agricultural History Farm Park

18400 Muncaster Road, Derwood, MD 20855 301-670-4660

Kingsley Schoolhouse

24472 Clarksburg Road, Clarksburg, MD 20871 301-650-4373

Josiah Henson Museum & Park

11410 Old Georgetown Road, North Bethesda, MD 20852 301-765-8790

Oakley Cabin African American Museum

3610 Brookeville Road, Olney, MD 20832 301-650-4373

Woodlawn Manor Cultural Park and **Underground Railroad Experience Trail**

16501 Norwood Road, Sandy Spring, MD 20860 301-929-5989

DOG PARKS

Black Hill Regional Park Dog Park

20930 Lake Ridge Drive, Boyds, MD 20841 On Picnic Lane, SE of boat rentals on Lake Ridge Drive

Cabin John Regional Park Dog Park

7400 Tuckerman Lane, Bethesda, MD 20817

Columbia Local Park

14900 Old Columbia Pike, Burtonsville, MD 20866

Dewey Local Park Dog Park

1720 Dewey Road, Silver Spring, MD 20906

Ellsworth Urban Park Dog Park

621 Ellsworth Drive, Silver Spring, MD 20910

Olney Manor Recreational Park Dog Park

16601 Georgia Avenue, Olney, MD 20832

Piedmont Woods Local Park Dog Park

12835 Snowden Farm Parkway, Clarksburg, MD 20871

Ridge Road Recreational Park Dog Park

21155 Frederick Road, Germantown, MD 20876

Wheaton Regional Park Dog Park

11710 Orebaugh Avenue, Wheaton, MD 20902

DRIVING RANGE/GOLF

South Germantown Driving Range

18045 Central Park Circle, Boyds, MD 20841 301-670-4670



EVENT CENTERS

Ideal venues for weddings, special events, meetings and more!

Brookside Gardens

1800 Glenallan Avenue, Wheaton, MD 20902 301-962-1404

Email: Event.Manager@MontgomeryParks.org

The Lodge at Little Seneca Creek

14500-A Clopper Road, Boyds, MD 20841

301-528-6010

Email: SenecaLodge@MontgomeryParks.org

Rockwood Manor Retreats and Events

11001 MacArthur Boulevard, Potomac, MD 20854

301-563-7510

Email: RockwoodManor@MontgomeryParks.org

GARDENS

Brookside Gardens

1800 Glenallan Avenue, Wheaton, MD 20902 301-962-1400 general information

301-962-1404 event rentals

McCrillis Gardens

6910 Greentree Road, Bethesda, MD 20817 301-962-1455

GOLF

Golf courses are operated by the Montgomery County Revenue Authority.

Little Bennett Golf Course

25900 Prescott Road Clarksburg, MD 20871 301-253-1515

Needwood Golf Course

6724 Needwood Road, Derwood, MD 20855 301-948-1075

Northwest Park Golf Course

15711 Layhill Road, Silver Spring, MD 20906 301-598-6100

Sligo Creek Golf Course

9701 Sligo Creek Parkway, Silver Spring, MD 20901 301-585-6006

HORSEBACK RIDING & STABLES

Equestrian facilities are managed by private operators through partnerships with M-NCPPC.

Callithea Farm Park

15000 River Road, Potomac, MD 20854 301-977-8010

Meadowbrook Riding Stables

8200 Meadowbrook Lane, Chevy Chase, MD 20815 301-589-9026

Rickman Farm Horse Park

17320 Moore Road, Boyds, MD 20841 301-349-0075

Wheaton Regional Park Stables

1101 Glenallen Avenue, Wheaton, MD 20902 301-622-2424

Woodstock Equestrian Park

20100 Darnestown Road, Beallsville, MD 20839 301-495-2525

ICE SKATING

Cabin John Ice Rink

10610 Westlake Drive, Rockville, MD 20852 301-765-8620

Wheaton Ice Arena

11717 Orebaugh Avenue, Wheaton, MD 20902 301-905-3000

IN LINE HOCKEY RINKS

Dewey Local Park

11720 Dewey Road, Veirs Mill, MD 20906

Ridge Road Recreational Park

21155 Frederick Road, Germantown, MD 20876

MINIATURE GOLF

South Germantown Miniature Golf

18056 Central Park Circle, Boyds, MD 20841 301-670-4680

NATURE CENTERS

Black Hill Discovery Center

20926 Lake Ridge Drive, Boyds, MD 20841 301-528-3492

Brookside Nature Center

1400 Glenallan Avenue, Wheaton, MD 20902 301-962-1480

Locust Grove Nature Center

7777 Democracy Boulevard, Bethesda, MD 20817 301-765-8660

Maydale Nature Classroom

1638 Maydale Drive, Colesville, MD 20905 301-962-1496

Meadowside Nature Center

5100 Meadowside Lane, Rockville, MD 20855 301-258-4030



PARK ACTIVITY BUILDINGS & PICNIC SHELTERS

Visit Park Permits for rental information.

SKATE PARKS

Olney Manor Recreational Park

16601 Georgia Avenue, Olney, MD 20832

Takoma-Piney Branch Local Park

2 Darwin Avenue Takoma Park, MD 20910

Woodside Urban Park

8800 Georgia Avenue, Silver Spring, MD 20910

SPLASH PARK

South Germantown SplashPark

18056 Central Park Circle, Boyds, MD 20841 301-670-4680

SPORTS COURTS (OUTDOOR)

Visit **Sports** for a list of outdoor basketball, tennis, pickleball, and soccer courts.

TENNIS (INDOOR)

Pauline Betz Addie Tennis Center

7801 Democracy Boulevard, Bethesda, MD 20817 301-765-8650

Wheaton Indoor Tennis

11715 Orebaugh Avenue, Wheaton, MD 20902 301-905-3030

Montgomery TennisPlex*

18010 Central Park Circle, Boyds, MD 20841 240-477-4430z

* This facility is managed by a private operator through a partnership with M-NCPPC. Please contact them directly for more information.

TRAILS

Visit **Trails** for maps and detailed information about the more than 250 miles of trails in Montgomery Parks.

TRAINS (MINIATURE)

Cabin John Miniature Train

7410 Tuckerman Lane, Rockville, MD 20852 301-765-8670 • 301-650-2880 party rentals

Wheaton Train and Carousel

2002 Shorefield Road, Wheaton, MD 20902 301-563-7545 • 301-650-2880 party rentals

TURF FIELD

200' x 85' covered synthetic turf playing field; rent for soccer, lacrosse, futsal, parties and more.

Wheaton Sports Pavilion

11751 Orebaugh Avenue, Wheaton, MD 20902 301-905-3070

CONTACT INFORMATION

Montgomery Parks

2425 Reedie Drive, Wheaton, MD 20902

Customer Service

General park Information or to report maintenance requests or concern:

Call: 301-495-2595

Email: Info@MontgomeryParks.org

Permits & Rentals

Call: 301-495-2525

Email: ParkPermits@MontgomeryParks.org

Volunteer Opportunities

Call: 301-495-2504

Email: ParksVolunteers@MontgomeryParks.org

RainoutLine

Call: 301-579-5610 for Athletic Fields Call: 240-270-0008 for Trail Conditions

Park Police

Call: 301-949-8010, Emergency call 911

Twitter: @ParkPolice

ACCESSIBILITY

Program Access & Inclusion Services

For inquiries regarding inclusion services, programs, and accommodations, please contact the Program Access office:

Call: 301-495-2477

MD Relay: 7-1-1 or 800-552-7724

Email: ProgramAccess@MontgomeryParks.org

ONE website **ONE** account

for both Recreation & Parks Registration, Reservations & More!



ActiveMontgomery.org Create your account today!









WAYS TO REGISTER

Online

Click the Course # link next to each program in this guide to register for that program or visit **ActiveMONTGOMERY.org**

By Mail

Download a **registration form** and mail to: ActiveMONTGOMERY 2425 Reedie Drive, 10th Floor Wheaton, MD 20902

Questions?

Call: 301-495-2580 Monday-Friday, 8:30 am-4:30 pm Visit ActiveMontgomery.org for answers to frequently-asked-questions.

REGISTRATION DATES

Fall Programs: Aug 12, 6:30 am Ice/Tennis Fall Term I: Aug 20, 6:30 am Ice/Tennis Fall Term II: Oct 21, 6:30 am



Thank you do. Por all you do.

Volunteering in Montgomery Parks is such a natural thing to do!

We love the folks in our community who get involved—and we think you'll love volunteering with us too. Check out some of our Fall opportunities below, and go to **ParksVolunteers.org** to see all of our most up to date postings!

SPECIAL EVENTS

- * Children's Weekend, Brookside Gardens, September 21
 Help kids celebrate the beauty of the gardens through
 crafts, games and art!
- **★** Emancipation Weekend Events, November 1-3, Historic Sites in Parks

Help us celebrate this historic day in Maryland history by volunteering at one of our historic locations.

- * Harvest Festival, Agricultural History Farm Park, October 5

 Demonstrate crafts and activities from our agricultural past!
- ★ Halloween Eye Spy Trains, Cabin John and Wheaton Regional Parks, October Weekends

Help families with "spying" all of our not-so-scary Halloween characters while they enjoy a train ride through the parks!

★ Haunted Trail, Little Bennett Campground, October Weekends

Get spooky at one of our scare stations along the trail! Or come the week before it opens, to help with setting up the trail!

* Help keep our Parks clean, and free of non-native invasive plants at one of these workdays this fall!

Park Cleanups, September – November Weed Warrior Workday Events - All year

LONG TERM

★ Kingsley Schoolhouse Docent/TourGuide, Little Bennett

Give tours showing what learning was like in a historic one-room schoolhouse in Froggy Hollow.

★ Oakley Cabin Docent/Tour Guide, Brookeville/Olney

Give tours of our cabin that was once home to free African Americans from Emancipation to the 20th century.

* Stream Striders, Watershed Cleanup Leaders

Teach groups about why it is important to keep our parks and streams litter free

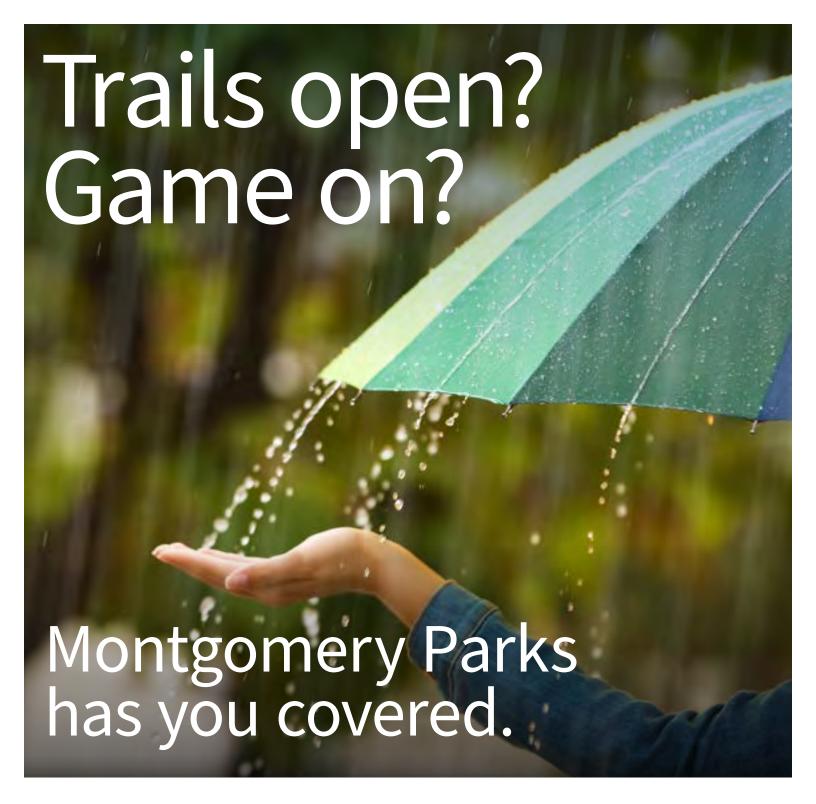
* Instructional Ice Skating Aides, Cabin John and Wheaton Ice Arenas

Assist instructors and be an extra pair of hands for group lessons – skating experience required









When inclement weather occurs, use the **RainoutLine** system to get instant information on Montgomery Parks trails and athletic fields.

Three ways to access RainoutLine:

• Phone: Trail Conditions: 240-270-0008 or Athletic Field Status: 301-579-5610

Online: Go to MontgomeryParks.org/RainoutLine

3 App: Download the free mobile app for your smartphone.

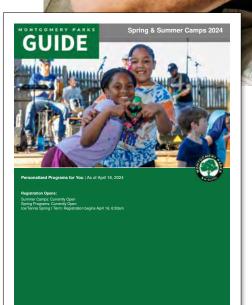




Build Your Own Guide!

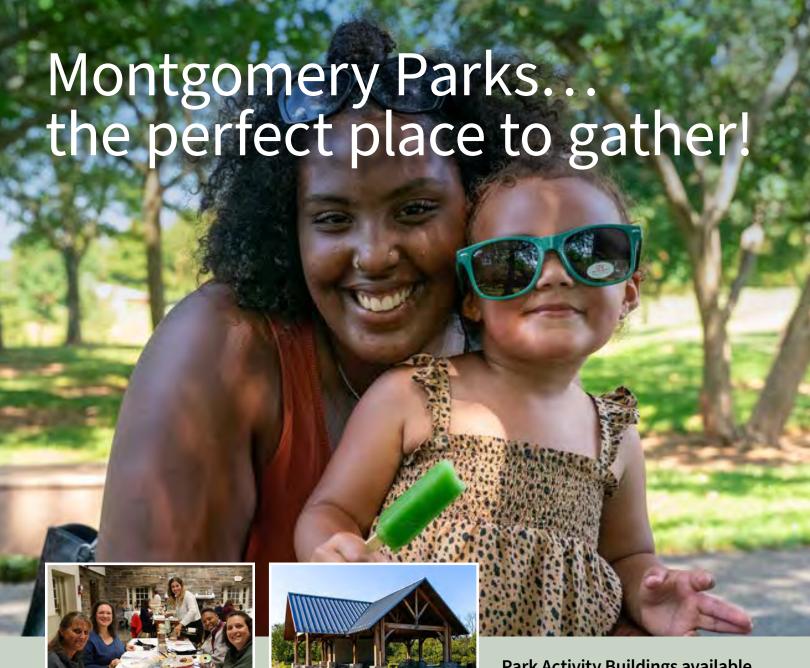






- The new online Build Your Own Guide tool allows you to create a digital program guide customized to your specific interests.
- In just three easy steps, you can select the program categories, locations and age ranges you prefer, and then download or print your personalized guide at home.





BIRTHDAY PARTIES • RECEPTIONS • REUNIONS • NEIGHBORHOOD GATHERINGS • BUSINESS MEETINGS

Park Activity Buildings available year-round

Picnic Shelters available to rent April 1–October 31

Convenient and affordable, our **Park Activity Buildings** and **Picnic Shelters** provide all the amenities needed to make your next event enjoyable and hassle-free!



View availability and book online at ActiveMontgomery.org

Contact the Park Permits Office for rental information

P: Monday–Friday, 8:30am–5pm | 301.495.2525 E: ParkPermits@MontgomeryParks.org | W: Par

E: ParkPermits@MontgomeryParks.org | W: <u>ParkPermits.org</u> 2425 Reedie Drive, 2nd Floor | Wheaton, MD 20902



The natural choice for your special event!

Our event centers are the ideal venues for picture-perfect weddings, elegant celebrations, successful retreats, and more!

Available year-round at affordable rates.



BROOKSIDE GARDENS

50 acres of stunning garden areas

1800 Glenallan Avenue | Wheaton, MD 20902 301-962-1404 | <u>BrooksideGardens.org</u> event.manager@montgomeryparks.org

THE LODGE AT LITTLE SENECA CREEK

Rustic charm and beautiful panoramic views

14500-A Clopper Road | Boyds, MD 20841 301-670-3282 | <u>LodgeatSeneca.org</u> <u>senecalodge@montgomeryparks.org</u>

ROCKWOOD MANOR RETREATS & EVENTS

Serene estate just six minutes from the Capital Beltway

11001 MacArthur Boulevard | Potomac, MD 20854 301-563-7510 | <u>RockwoodManor.org</u> <u>rockwoodmanor@montgomeryparks.org</u> The Lodge at Little Seneca Creek

Now Booking Overnight Stays

Rockwood Manor

Brookside Gardens

ParkEventCenters.org





Range of accommodations including campsites, cabins, and yurts, to fit your needs

STAY -&-PLAY

OPEN YEAR-ROUND

[MINIMUM 2-NIGHT STAY]



Hiking and biking trails, pedal kart track, jumping pillow, laser tag, outdoor movies, arts & crafts, and more!



LITTLE BENNETT CAMPGROUND 23705 Frederick Road | Clarksburg, MD 20871 LittleBennettCampground.org





NOW HIRING

Full-Time and Part-Time
Positions in Park Operations,
Management, Administration
and more!

Career & Full-Time Positions

- Park Maintenance
- Skilled Trades
- Heavy Equipment
- CDL Drivers
- Park Police Officers
- Admin Support
- IT Telecom
- Horticulture
- Engineering/Planning
- Natural Resources

Part-Time & Seasonal Staff Positions

Event Staff, Administration, Athletics Instructors, Camp Staff, Maintenance, Park Education

We offer a **competitive compensation package** with **exceptional benefits** that will provide security for you and your family through every stage of life.

Have Questions? Email us at MCP-ParksCareers@montgomeryparks.org





To view all our open positions, scan the QR code or go to MoCoParks.org/jobs



MONTGOMERY PARKS



Take a Halloween-themed ride aboard our miniature trains!

Each rider is given an "Eye Spy" card with seasonal items to look for during the ride.

Ticket includes additional activities around the Train Station.

Kids under 2 ride free with a paying adult.





Hike, drink, and enjoy the scenery of Lake Needwood at the Parks Ale Trail!



Saturday, September 21 | 11 am-3 pm Lake Needwood, Rock Creek Regional Park 15700 Needwood Lake Circle | Rockville, MD 20855





Live Music, Beer, Food, and More!

For more information scan the QR code or visit:

MoCoParks.org/ParksAleTrail





CELEBRATE

MARYLAND'S EMANCIPATION DAY

MARYLAND FREE!

Slavery Forever Abolished—Proclamation of Gov. Bradford—The New Constitution Adopted—The Soldiers' Votes—Opinion of the Governor. November 1, 1864

NOVEMBER 1-3, 2024 | VARIOUS LOCATIONS

Visit historic sites across Montgomery and Prince George's Counties to commemorate the 160th anniversary of the end of slavery in Maryland.

Special programming include tours, music, crafts, storytelling and more!















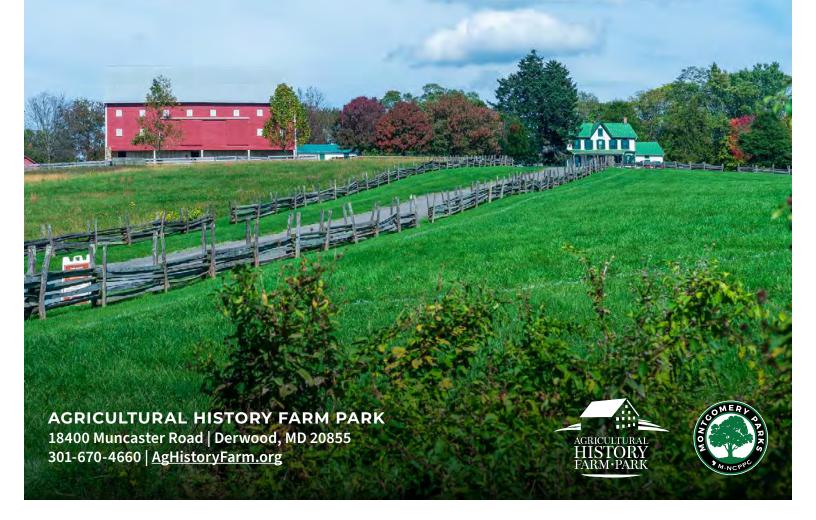


AGRICULTURAL HISTORY FARM PARK

Park grounds and trails open daily sunrise to sunset.

See the past, present, and future of Montgomery County's rich farming heritage at the **Agricultural History Farm Park**. This scenic 455-acre park features rolling hills, open fields, an apple orchard, and a variety of farm animals.

Visit <u>AgHistoryFarm.org</u> for programming and event information.



Admission \$20* per car CASH ONLY



AGRICULTURAL HISTORY FARM PARK

HARVEST FESTIVAL

SATURDAY, OCTOBER 5 | 11 AM TO 4 PM





VOLUNTEERS NEEDED!

An SSL-Approved Opportunity
Call 301-495-3591 or visit
ParksVolunteers.org to find out more!

Farm animals, crafts, hay rides, history, music, food, and more!

*Additional fees for some activities Call for bus/van rates.

AGRICULTURAL HISTORY FARM PARK 18400 Muncaster Road | Derwood, MD 20855 301-670-4660 | AgHistoryFarm.org





Friends of



MONTGOMERY PARKS

WALK-INS WELCOME

Josiah Henson Museum & Park

Admission required. Tickets available onsite.

Open Friday through Sunday

For hours and information visit JosiahHenson.org



Josiah Henson Museum & Park tells the story about the life and challenges of Reverend Josiah Henson, enslavement in Maryland, and the ongoing struggles of racial equality and justice. Visit the museum and experience interactive multimedia exhibits. Explore the park and engage in personal or group reflection. Discover the archaeological sites throughout the park. Visit **JosiahHenson.org** for program and event information.



JOSIAH HENSON MUSEUM & PARK

11410 Old Georgetown Road North Bethesda, Maryland 20852 301-765-8790 | **JosiahHenson.org** Visitor Parking at Wall Local Park, 5900 Executive Blvd







Montgomery Parks is dedicated to providing quality services and programs that are inclusive and accessible to all. ADA: MontgomeryParks.org/accessibility Non-Discrimination: MontgomeryParks.org/about/parks/







SPECIAL EVENT

Nature on Wheels: Nature Center Pop Up

We are bringing the nature center to you! Come talk with a naturalist about the park, explore natural objects, ask questions and try out biology-themed activities. This is a walk-up event providing a 20 to 30 minute experience. The Nature On Wheels vehicle is hosting this event at the Josiah Henson Museum and Park.

Josiah Henson Museum and Park

110V 10 3011 11d-2p All Ages 11ee 1 Class <u>FEOIICOO-11-300003</u>		Nov 10	Sun	11a-2p	All Ages	Free	1 Class	PLGNC0041-300003
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ARCHAEOLOGICAL, HISTORICAL & CULTURAL

Archaeology Tour

Join us for a guided tour of the grounds at the Josiah Henson Museum and Park to learn about the features and artifacts that inform our understanding of Rev. Josiah Henson's life at the Riley Plantation. This 30-minute tour is appropriate for ages 6 and up. Pre-registration is not required. Cost: \$3 per person, available on-site on the day of tour. Does not include admission to museum.

Josiah Henson Museum and Park

Sep 14	Sat	1-1:30p	Ages 6 and up	\$3	1 Class	PJHMP0003-300001
Oct 12	Sat	1-1:30p	Ages 6 and up	\$3	1 Class	PJHMP0003-300002
Nov 9	Sat	1-1:30p	Ages 6 and up	\$3	1 Class	PJHMP0003-300003







SPEAKER SERIES

History Hour

This lecture series features local historians, educators and more who will share their knowledge of local and regional history. Arrive early and take a self-guided tour of the museum. Doors open at 5pm. This program will take place at the Josiah Henson Museum and Park Visitor Center. Refreshments provided. Admission, \$5 per person. Tickets available onsite and online. Parking is only located at Wall Local Park, 5900 Executive Blvd.

Josiah Henson Museum and Park

Women of the	Women of the Underground Railroad: African American Experiences of Maryland										
Sep 19	Thu	6-7p	Ages 13 and up	\$5	1 Class	<u>Purchase Tickets</u>					
The Voices of Woodlawn Manor: A 200-Year-Old Cultural Site											
Oct 17 Thu 6-7p Ages 13 and up \$5 1 Class <u>Purchase Tickets</u>											

Foodie Fridays

Foodie Fridays, organized by Montgomery Parks Community Garden Program, is a monthly speaker series focused on highlighting food-related topics as well as how the food system impacts residents of Montgomery County. This year, the series will focus on the five senses: hearing, smelling, tasting, feeling, and seeing. Speakers will share stories of the region's foodways, explore the role of pollinators in agriculture, discuss forest agriculture and foraging, demonstrate the connections between food and mental health, and envision the future of farming in Montgomery County. Attendees will have a chance to engage with regional food system experts and community members over light food and refreshments.

Josiah Henson Museum and Park

Hear the Past: Historical Foodways in Montgomery County / Learn how Montgomery County's history has shaped the food system we see today.

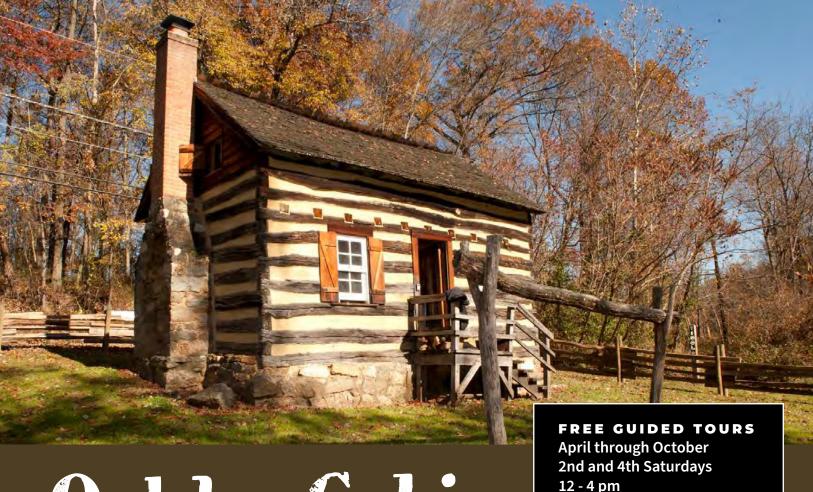
Sep 27	Fri	6:30-8:30p	All Ages	\$15	1 Class	<u>Purchase Tickets</u>		
See the Future Verms Formers in Montagement County / Envision the future of equivalence in								

See the Future: Young Farmers in Montgomery County / Envision the future of agriculture in Montgomery County with a panel of young farmers who are reimagining the food system.

Oct 25 Fri 6:30-8:30p All Ages	\$15	1 Class	Purchase Tickets
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Oakley Cabin

African American Museum & Park

Learn about the African American roadside community that lived and worked on this historic site from emancipation well into the 20th century. Their culture and traditions heavily influenced those of surrounding communities, and their story is deeply woven into Montgomery County's history.

Visit **OakleyCabin.org** for current programming and event information.

BECOME A VOLUNTEER TOUR GUIDE!

Share your love of history, the great outdoors, and agriculture with visitors of all ages. Volunteer opportunities meet SSL requirements. FREE training provided.

Register online at **ParksVolunteers.org**.

Visiting the park when the cabin is closed?

Visitors can learn about the history of the cabin through the Oakley Cabin Augmented Reality Experience. Scan a series of QR codes on-site for an immersive learning experience.



OAKLEY CABIN AFRICAN AMERICAN MUSEUM & PARK

3610 Brookeville Road | Olney, MD 20832 <u>OakleyCabin.org</u> | 301 650 4373





WOODLAWN MUSEUM

Self-guided exhibits illustrate Montgomery County's agricultural history, enslaved and free black communities, the Quaker experience and the Underground Railroad.

Open April–November

Friday & Saturday: 10 am-4 pm;

Sunday: 12-4 pm

\$5 adults, \$4 children/seniors

Purchase tickets onsite





Woodlawn Manor House

Take a guided tour of the 19th century Woodlawn Manor House and learn about Palmer family that oversaw the farm for nearly 100 years. Learn about the grounds and historic outbuildings and the role they played in this successful farm.

Tour includes interior and exterior spaces, including optional spaces that are not ADA accessible.

Open April–November by guided tour only. Tours offered Saturdays, 11 am and 2 pm; Sundays, 1 pm. Tour length 45 minutes.

\$5 per person. Purchase tickets onsite.

WOODLAWN MANOR CULTURAL PARK

16501 Norwood Road | Sandy Spring, MD 20860 MCP-WoodlawnPrograms@montgomeryparks.org 301-929-5989 | WoodlawnManor.org









SPECIAL EVENTS

Fall Harvest Family Day

Kids and families of all ages are welcome to drop-in to the Fall Harvest Family Day. Enjoy free admission to the Woodlawn Museum and hands-on activities include churning butter, filling a harvest basket, and decorating a cardboard pumpkin. All things that make a 19th century farm work! Part of a quarterly Family Day series. The event takes place in Woodlawn's internal and external spaces. Guests should dress accordingly.

Woodlawn Manor Cultural Park

Click to Register

Oct 12	Sat	11a-3p	All Ages	Free	1 Class	PWMVC0007-300001

Maryland Emancipation Day Celebration

Maryland Emancipation Day was first celebrated on November 4, 1864. It marked the change in the Maryland State Congress to free all enslaved people from their bondage. Join us on Saturday, November 2 for free admission to the Woodlawn Museum. Check in at the Visitor Center. There will also be a special double offering of our Underground Railroad Experience Trail Guided Hikes at 10 am and 1 pm. Hike tickets can be purchased on **ActiveMontgomery.org**.

Woodlawn Manor Cultural Park

Click to Register

Sat All Ages Free 1 Class PWMVC0007-300002 Nov 2 10a-4p







Guided Hike on the Underground Railroad Experience Trail

Learn about the experience of 19th century freedom seekers and Montgomery County residents in a guided hike of the Underground Railroad Experience Trail. Discover techniques used for navigation, eluding detection, and finding food/shelter on the perilous journey. Hike covers 2 miles on a natural surface hiking trail; not ADA accessible or appropriate for all strollers. Dress appropriately. Content appropriate for ages 7 and up; fee charged for ages 6 and up. Registration highly encouraged; cut of 12 noon day before program. Limited walk-in availability; sold at the Woodlawn Visitor Center.

Woodlawn Man	Woodlawn Manor Cultural Park								
Sep 7	Sat	10-11:30a	Ages 6 and up	\$8	<u>Purchase Tickets</u>				
Sep 14	Sat	10-11:30a	Ages 6 and up	\$8	<u>Purchase Tickets</u>				
Sep 21	Sat	10-11:30a	Ages 6 and up	\$8	<u>Purchase Tickets</u>				
Sep 28	Sat	10-11:30a	Ages 6 and up	\$8	<u>Purchase Tickets</u>				
Oct 5	Sat	10-11:30a	Ages 6 and up	\$8	<u>Purchase Tickets</u>				
Oct 12	Sat	10-11:30a	Ages 6 and up	\$8	<u>Purchase Tickets</u>				
Oct 19	Sat	10-11:30a	Ages 6 and up	\$8	<u>Purchase Tickets</u>				
Oct 26	Sat	10-11:30a	Ages 6 and up	\$8	<u>Purchase Tickets</u>				
Nov 2	Sat	10-11:30a	Ages 6 and up	\$8	<u>Purchase Tickets</u>				
Nov 2	Sat	1-2:30pm	Ages 6 and up	\$8	<u>Purchase Tickets</u>				
Nov 9	Sat	10-11:30a	Ages 6 and up	\$8	<u>Purchase Tickets</u>				
Nov 16	Sat	10-11:30a	Ages 6 and up	\$8	<u>Purchase Tickets</u>				
Nov 23	Sat	10-11:30a	Ages 6 and up	\$8	<u>Purchase Tickets</u>				
Nov 30	Sat	10-11:30a	Ages 6 and up	\$8	<u>Purchase Tickets</u>				











PROGRAMS FOR ADULTS 55 AND UP

Sip and Bloom: Teacup Gardens

Designed for participants aged 55 and better, this unique event invites you to bring your favorite teacup(s) and transform it into a charming mini garden. Enjoy a relaxed, social atmosphere as we provide all the plants and materials you need to craft your personalized teacup garden. Share stories, sip on refreshments, and connect with others in our community while engaging in this fun and nurturing activity. Light refreshments such as tea, fruit, and pastry will be provided. Registration required for all.

Meadowbrook L	Local Park					Click to Register
Sep 6	Fri	11a-12:30p	Ages 55 and up	\$15	1 Class	PPACC0002-300003

Game Night

Play and connect at our Socials for 55+: Game Night, an evening where participants come together to enjoy a diverse mix of board games, card games, and puzzles in a welcoming Parks setting. Whether you're a seasoned game enthusiast or just looking for some light-hearted fun, this event offers a fantastic opportunity for families, friends, and individuals to connect through the joy of play. Bring your favorite game or discover new ones. Light refreshments will be provided. Participants are welcome to bring their own snacks. Registration required for all.

Tilden Woods Lo	Click to Register					
Sep 27	Fri	6-8p	Ages 55 and up	\$2	1 Class	PPACC0002-300004

Exploring Watercolor and Neopastels

In this beginner-friendly session, we'll explore the vibrant world of watercolor and Neo Pastels. Engage in guided drawing activities suitable for all skill levels, where everyone can create their interpretation of the same image. No prior art experience necessary. Art supplies are provided. Registration is required.

North Four Cor	Click to Register					
Oct 4	Fri	3-4:30p	Ages 55 and up	\$25	1 Class	PPACC0002-300006

Gourd Homes for Bird-Friendly Crafting

Socials for 55+ is a program tailored for individuals aged 55+, and in this session you'll create charming birdhouses using natural materials like acorns and squash. This creative session is perfect for nature lovers looking to craft and enhance their outdoor spaces. All materials are provided. No crafting experience is necessary. Registration required.

Agricultural His	tory Farm F	Park				Click to Register
Oct 21	Mon	11a-12:30p	Ages 55 and up	\$8	1 Class	PPACC0002-300001



The Art of Bird Carving

Join us for an engaging afternoon with a local artist who has a deep passion for birds and a talent for transforming wood into beautiful bird carvings. The event begins with the artist sharing their love for birds and the stories behind their unique fascination with these winged wonders. You'll have the opportunity to admire a stunning collection of the artist's hand-carved birds, each piece capturing the intricate details and vibrant spirit of its real-life counterpart. The highlight of the program is a live demonstration offering a glimpse into their creative process. Snacks and light refreshments will be provided. Registration required for all.

Veirs Mill Local I	Park					Click to Register
Oct 24	Thu	10-11:30a	Ages 55 and up	Free	1 Class	PPACC0002-300002

Eco-Friendly Holiday Hacks

Socials for 55+ is a program tailored for individuals aged 55+, and in this session craft beautiful decorations from recycled materials, explore innovative green gift wrapping, conserve energy, and discover ecoconscious gift ideas that honor your commitment to the planet. Make this holiday season memorable and kind to our planet. Extra supplies will be provided, but we encourage participants to bring their own recycled materials. Registration required for all.

Maydale Natur	Click to Register					
Nov 6	Wed	10-11:30a	Ages 55 and up	\$6	1 Class	PPACC0002-300005

Strong & Fit

Join us as we partner with Age Well Senior Fitness to promote physical fitness and wellness. Participants will utilize our beautiful open space, trails, and outdoor fitness equipment to improve their balance, muscular strength, and flexibility while enjoying the benefits of exercising in a natural environment. Instructors have specialized training to provide a safe and effective workout that meets the unique needs of active adults 55+. Soak up the Vitamin D and stay active and healthy. While modifications will be provided to meet the various levels of fitness, this program is designed for individuals who can walk independently without using assistive mobility devices. Participants should bring their own mat and water. 2-5 lb weights will be provided. Participants may bring their own hand weights if desired. Registration required.

Wheaton Region	Click to Register					
Sep 17-Oct 22	Tue	10-11a	Ages 55 and up	Free	6 Classes	PPACC0008-300001



Beginning Recreational Kayaking for Older Adults

Kayaking is even more fun that it looks, plus it has numerous health and physical benefits! Come learn how to paddle on flat water in recreational solo kayaks on Little Seneca Lake. Learn basic strokes, entries and exits, boat control, and more, taught by certified American Canoe Association instructors. You may get wet, so dress accordingly. All necessary equipment provided, and adaptive equipment will be available for those needing assistance getting in and out of the kayak. Please wear a hat, water sandals or shoes (no flip-flops, please) and bring water and sunscreen. Expect to get your feet wet and your clothes a bit damp. You must be able to swim. Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required.

Black Hill	Discovery	y Center
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Click to Register

Sep 11 Wed 3-5p Ages 55 and up \$55 1 Class

55+ Lake Tour by Kayak

Want to watch wildlife or just enjoy a peaceful paddle? Then join us for a leisurely kayak tour of Little Seneca Lake. We could see beaver, herons, maybe even a bald eagle. We'll supply boats, paddles, and PFD's. Adaptive equipment will be available to assist participants in getting in and out of the kayak. Please wear a hat, water sandals or shoes (no flip-flops, please) and bring water and sunscreen. You can expect to get your feet wet and your clothes a bit damp. Basic paddling experience is necessary (this is not a lesson). Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required.

Black Hill Disco	Click to Register					
Sep 29	Sun	9-11a	Ages 55 and up	\$30	1 Class	PPACC0009-300001

Nature Book Club

Join our 55+ Nature Book Club and become part of a community that celebrates the beauty of literature and the outdoors! Explore a range of books centered around nature, wildlife, conservation, and environmental issues. Each month, our members vote on the next book to read, ensuring a diverse and engaging reading list. Light refreshments will be provided. Registration is required.

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SIIAO	Dennis	AVENIIE	Neiannornoc	na Park I	Activity Buildina

Click to Register

Sep 17	Tue	6-7:30p	Ages 55 and up	Free	Click to Register
Oct 15	Tue	6-7:30p	Ages 55 and up	Free	Click to Register
Nov 19	Tue	6-7:30p	Ages 55 and up	Free	Click to Register

Find additional programs for Adults 55 and older in the Park Academy Series, pages 36-39.





Montgomery Parks is committed to delivering appropriate and reasonable inclusive services, modifications, and physical accessibility to support the participation of individuals with disabilities.

Many of our large special events include sign language interpretation, shuttle cart, and/or sensory tent.

For information on individual services including use of companions, trained support staff, adaptive equipment and more visit MontgomeryParks.org/Accessibility

ADAPTIVE PROGRAMS

Adaptive Paddling Program

Enjoy an inclusive evening on the water with our new Adaptive Paddling Program. This program is designed for individuals with disabilities and their family or friends, providing an accessible and accommodating experience. To join the program, please register the individual with a disability and indicate the number of guests accompanying them in the custom question during the registration process. Our program includes all the necessary gear to ensure your comfort and confidence on the river such as life jackets and paddles. Trained and friendly staff will accompany you on the water to ensure a safe and enjoyable program. The program takes place on calm, flat water, creating a relaxed and safe environment for participants. Registration required.

Black Hill Disco	very Center					Click to Register
Sep 18	Wed	4-7p	Ages 16 and up	Free	1 Class	PPACC0005-300001

Trail Trekkers

Walk and connect with Trail Trekkers – an organized, inclusive walking club sponsored by Montgomery Parks! This free program, designed for individuals with disabilities and their friends, family, and community members, will take place at various accessible trails within Montgomery County, providing participants with the opportunity to immerse themselves in diverse natural surroundings and engage in conversations with fellow trekkers while creating long-lasting friendships.

					Click to Learn More
First Thursday of the month	Thu	4p	Ages 16-26	Free	<u>Link to membership</u>
First Thursday of the month	Thu	11a	Ages 16 and up	Free	<u>Link to membership</u>

LEARN ABOUT ADDITIONAL ADAPTIVE PROGRAMS OFFERED THIS FALL

Adaptive Recreation - Gardening 101 at Black Hill Discovery Center - Page 68 Spooktacular Party: An American Sign Language Event at Meadowside Nature Center Page 96 Therapeutic Ice Skating 1 at Cabin John Ice Rink Page 121



Individuals 50+ are invited to attend FREE programs and activities to help Go, Grow and Get Active!

Signature Event

Monday, September 30, 2024 | 9 am-1 pm

Nancy H. Dacek North Potomac Community Recreation 13850 Travilah Road, Rockville, MD 20850

Join us as we celebrate aging together! Activities include Zumba, Laugh Circles, Pickleball demos, mahjong basics, rock climbing and so much more! Advanced registration is required. Visit MoCoParks.org/SignatureEvent



Better With Age Comedy Special October 1, 2024 | 12:30-2p

Martin Luther King Jr. Recreational Park 1120 Jackson Road | Silver Spring, MD 20904 MoCoParks.org/BetterwithAge

Join us for a free outdoor comedy show curated by Silver Spring's Improbable Comedy. Comedians will cover topics about the trials and tribulations that come with aging, family, friendships, relationships, and more!

Montgomery Explorers Walk Maryland Day* October 2, 2024 | 10a

South Germantown Recreational Park 18041 Central Park Circle | Boyds, MD 20841

Enjoy a scenic walk followed by a delicious lunch, music, and fun games and activities. It's a perfect opportunity to unwind, connect with fellow walkers, and celebrate the spirit of community and wellness!

*Open to Montgomery Explorers members only. Become a member of the free walking club today! <u>MoCoParks.org/Explorers</u>













Birdability Week

Celebrate the beauty of birds and enjoy a welcoming and inclusive birding experience.



Sunday, October 27, 2024 10a-12p | Ray's Meadow Local Park 2901 East-West Hwy | Chevy Chase, MD 20815

FREE

People of all abilities and ages are invited to celebrate Birdability Week with a funfilled afternoon of birding activities. Discover the diverse bird species that call Montgomery Parks home and learn about the services provided to make your birding experiences accessible.

Knowledgeable naturalists will guide you through bird identification techniques and provide fascinating insights into the avian world.

Additional programs including bird walks, workshops, and presentations will take place throughout the week.

For more information visit: MoCoParks.org/Birdability











Yoga for Strength and Vitality

Focusing on building strength and flexibility to promote healthy aging. This class is mat-based, but will have chairs available to modify poses and make the practice accessible to most levels. *NOTE: Participants should be able to get up and down from a mat without assistance. Please bring a yoga mat. Classes are held in the Tilden Woods Local Park Activity Building located on park grounds. Registration is required. No walk-ins will be accepted.

Tilden Woods Local Park Click to Register

Sep 3-Nov 5 Tue 10-11a Ages 55 and up \$80 10 Classes PPACT0017-300001

POUND Fitness

Unleash your inner Rockstar! POUND is a drumming-inspired cardio indoor workout that uses Ripstix (lightly weighted drumsticks) to tone your body. Infused with Pilates based movements, strength training and plyometrics, you'll leave class feeling alive, confident and strong! Let's jam to the beat of good music, move your body, and have fun! *NOTE: Please bring a yoga mat. Ripstix's will be provided by the instructor for in class use. Classes are held in the Norbeck-Muncaster Mill Neighborhood Park Activity Building located on park grounds. Park in the designated Norbeck-Muncaster Mill Neighborhood Park parking lot ONLY. Registration required. No walk-ins will be accepted.

Norbeck-Muncaster Mill Neighborhood Park

Click to Register

Sep 4-Oc	t 23	Wed	5-5:45p	Ages 18 and up	\$64	8 Classes	PPACT0004-300001
Sep 7-Oc	t 26	Sat	10-10:45a	Ages 18 and up	\$64	8 Classes	PPACT0004-300002



Toddler and You Yoga

Dance, sing and frolic with your toddler while learning yoga poses, participating in creative movement and learning breathing exercises and other methods small children can use for self calming. *NOTE: Class will not be held on Thursday, October 3. Please bring a yoga mat. Classes are held in the Tilden Woods Local Park Activity Building located on park grounds. Registration is required. No walk-ins will be accepted.

Tilden Woods Local Park Click to Register

Sep 5-Nov 14 Thu 10:30-11:15a Ages 2 to 5 plus one adult \$120 10 Classes PPACT0006-300001

Balance and Mobility

In our Balance & Mobility series, participants will work on balance related fitness and flexibility in a lowimpact, energizing and fun way. We'll work on various single leg movements, foot and ankle strength, base of support and center of gravity work. We will primarily stand and use chairs for these movements. After the 8 week series of classes, participants can expect to feel improvements in balance, foot and ankle stability, and overall confidence when walking and performing other daily movements. While this class is aimed at older adults focused on healthy aging, it's never too early to add Balance & Mobility to your fitness routine! *NOTE: Classes are held in the Clarksburg Neighborhood Park Activity Building located on park grounds. Registration is required. No walk-ins will be accepted.

Clarksburg Neighborhood Park

Click to Register

PPACT0016-300001 Sep 5-Oct 24 Thu 11a-12p Ages 18 and up \$80 8 Classes

Breath and Movement Flow Yoga

In this active outdoor Viniyoga-Inspired Flow class, we focus on the movement of our breath to initiate movement of our body into postures, which are oriented around Sun Salutations. In each class we will move progressively from simple and easy postures to more complex and difficult ones. This practice will promote strength, stability, flexibility, skeletal alignment, and mid-body connection through the breath. *NOTE: Class will not meet on Saturday, October 19. Please bring a yoga mat. In the event of inclement weather class will be held in the Quince Orchard Valley Neighborhood Park Activity Building located on park grounds. Registration is required. No walk-ins will be accepted.

Quince Orchard Valley Neighborhood Park

Click to Register

\$40 PPACT0007-300001 Oct 5-Nov 2 Ages 16 and up 4 Classes Sat 10-11a



Teen Yoga Flow

All levels vinyasa yoga classes designed for teens between ages 14-18 to teach basic yoga poses, breathing techniques, stretching and relaxation. No experience or equipment needed. Students will focus on linking conscious breathing with a mindful flow to create strength, peace, and flexibility in a fun atmosphere with good music. Yoga mats will be provided. *NOTE: Classes will be held in the Glenmont Local Park Activity Building on park grounds. Registration required. No walk-ins will be accepted.

Glenmont Local	Glenmont Local Park									
Oct 3-Dec 12	Thu	3-4:15p	Ages 14 to 18	\$54	9 Classes	PPACT0015-300001				
Oct 5-Dec 14	Sat	11a-12:15p	Ages 14 to 18	\$54	9 Classes	PPACT0015-300002				

DANCE

Partnering Dancing 101

Let's partner up and learn basic Merengue, Club Swing and Waltz dance steps with a partner to music. Picture this: a beautiful Autumn evening...time to decompress outdoors and invest in yourself. Maybe this class will be a unique date night activity, a new way to connect with others, a fun new hobby, or for overall wellness and fitness, No matter your reason-all are welcomed. Come join us Monday evenings for Partner Dancing 101 in the park! *NOTE: Everyone must have a partner to register. Partners must register as individuals. Registration required. No walk-ins will be accepted.

Arora Hills Local	Park				Click to Register	
Sep 9-Oct 28	Mon	5:30-6:30p	Ages 18 and up	\$64	8 Classes	PPACT0011-300001

TREE CLIMBING

Canopy Connection

EmBARK on a tree climbing adventure into the treetops, reach out and touch the trees. Remember the days when climbing a tree was a form of exercise. Come climb a tree with the professionals and have fun again. This hands-on course offers a unique opportunity to learn the basics of ropes, how to tie basic knots, proper techniques to ascend ropes, and safety equipment used for tree climbing. * NOTE: Proper clothing is required. Participants must wear long pants and sturdy athletic shoes. Tree climbing is physically demanding, Participants must be able to get up and down from a mat and support yourself. Drink plenty of water the night before the climb and bring a water bottle along to the climb to help prevent dehydration. Registration is required. No walk-ins accepted.

Washington Sc	Click to Register					
Sep 11	Wed	9a-12p	Ages 55 and up	\$50	1 Class	PPACT0013-300001
Oct 9	Wed	9a-12p	Ages 55 and up	\$50	1 Class	PPACT0013-300002







Climb It

EmBARK on a tree climbing adventure into the treetops, reach out and touch the trees. This hands-on course for teens offers a unique opportunity to learn the basics of ropes, how to tie basic knots, proper techniques to ascend ropes, and safety equipment used for tree climbing. Take time to talk with the professionals and learn how this can be a career path. * NOTE: Proper clothing is required. Participants must wear long pants and sturdy athletic shoes. Tree climbing is physically demanding, Participants must be able to get up and down from a mat and support yourself. Drink plenty of water the night before the climb and bring a water bottle along to the climb to help prevent dehydration. Registration is required. No walk-ins accepted.

Washington Sq	uare Neig	ghborhood Par			Click to Register	
Oct 18	Fri	9a-12p	Ages 14 to 18	\$50	1 Class	PPACT0014-300002

EDUCATIONAL

Introduction to Robotics and Coding

Life is more fun with robots! Bring out the inventive engineer in your child in this exciting robotics and coding course. Students will use communication, critical thinking, collaboration, and creativity to program a robot using block or text based programming language. Students will receive their own personal robot which they will keep for hours of fun after the course is over. *NOTE: Classes are held in Park Activity Buildings located on park grounds. Registration is required. No walk-ins will be accepted.

Indian Spring T	dian Spring Terrace Local Park										
Sep 21	Sat	10a-1p	Ages 11 to 13	\$50	1 Class	PPACT0012-300001					
Pilgrim Hills Local Park											
Sep 28	Sat	10a-1p	Ages 11 to 13	\$50	1 Class	PPACT0012-300002					
Sligo Ave Neigh	Sligo Ave Neighborhood Park										
Oct 5	Sat	10a-1p	Ages 11 to 13	\$50	1 Class	PPACT0012-300003					







SPECIAL EVENTS

Fall Twilight Concert Series

Join us each Wednesday evening in September for a series of musical performances set in the beauty of the Gardens! Bring your friends and family, and don't forget your chairs, blankets, and picnics (allowed in the Gardens on concert evenings only). Alcoholic beverages of any kind are prohibited. Food trucks will also be available for your dining pleasure. Admission is free, and no registration is required.

Brookside Gardens

Kiti Gartner & the Drifting Valentines / Rockabilly/Classic Country/Western Swing										
Sep 4	Wed	6-7:30p	All Ages	Free	1 Class	PBG0112-300001				
YötRöx / 70's & 80	O's Rock Hits									
Sep 11	Wed	6-7:30p	All Ages	Free	1 Class	PBG0112-300002				
David Bach Cons	ort / World Co	ontemporary/Jaz	Z							
Sep 18	Wed	6-7:30p	All Ages	Free	1 Class	PBG0112-300003				
René Ibañez & Cubano Groove / Latin/Cuban										
Sep 25	Wed	6-7:30p	All Ages	Free	1 Class	PBG0112-300004				

Children's Day

Explore the science and art of gardening through child-driven art projects and engaging science activities. Participants will rotate through outdoor activity stations designed to educate and entertain. Bring your fiends, family and picnics (only allowed during this special event). Registration encouraged, but not required. Drop-ins welcome.

Br	rookside Gardens						Click to Register
	Sep 21	Sat	10a-2p	All Ages	Free	1 Class	PBG0077-300005

BOOtanica

Celebrate the fall season and the spirit of Halloween with botanical-themed fun for the whole family. Dress in your favorite costume, trick-or-treat at the indoor activity stations, participate in arts-and-crafts projects, and conduct hands-on investigations to learn more about the spooky science of the fall season. Registration required for the participating child. One parent/caregiver must accompany child for the duration of event but does not need to register.

Brookside Gardens						Click to Register
Oct 27	Sun	3-5p	Ages 18 and under	\$15	1 Class	PBG0165-300001



Fall Vendor Showcase

Planning your dream wedding or family celebration? Come see why Brookside Gardens will be your last stop. Get a tour of the different garden spaces, talk to staff, learn about the different packages all while meeting local professionals and vendors. Enjoy samples from caterers, meet local photographers, sign up for vendor discounts, and enter the door prize raffle. Pre-registrants will receive a Swag Bag upon arrival (one per couple/family) including a free bonus raffle ticket!

Brookside Gardens

Nov 17	Sun	11a-2p	All Ages	Free	PBG0081-400002
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EARLY CHILDHOOD AND PRESCHOOL

Yoga Sprouts!

Bring your little ones to this series of fun, garden-related yoga movement classes. Physical exercise and mindfulness will awaken your senses, boost your energy, and give you good garden vibes to start your day. Classes are outdoors and either moved indoors or canceled in cases of inclement weather. Bring your own mat or borrow one of ours. Adults must accompany children. Meet at the South Terrace.

Brookside Gardens	5					Click to Register
Sep 7	Sat	10-10:45a	Ages 3 to 9	\$7	1 Class	PBG0078-300001
Sep 28	Sat	10-10:45a	Ages 3 to 9	\$7	1 Class	PBG0078-300003
Oct 5	Sat	10-10:45a	Ages 3 to 9	\$7	1 Class	PBG0078-300004
Oct 12	Sat	10-10:45a	Ages 3 to 9	\$7	1 Class	PBG0078-300005
Oct 19	Sat	10-10:45a	Ages 3 to 9	\$7	1 Class	PBG0078-300006
Oct 26	Sat	10-10:45a	Ages 3 to 9	\$7	1 Class	PBG0078-300007
Sep 14	Sat	10-10:45a	Ages 3 to 9	\$7	1 Class	PBG0078-300008

ENVIRONMENTAL EDUCATION

Butterflies of Brookside (Year Round)

As the summer winds down, monarchs, swallowtails, and other butterflies are busy in the gardens. Stop at the"hot spots" along the trail to identify different butterfly species, snap a few photos, and record observations in the nature journal provided. Children ages 4 to 14 must register and be accompanied by at least one caregiver for the duration of the program (two caregivers per child maximum). Dress for the weather.

Brookside Gardens						Click to Register
Sep 7	Sat	10-11a	Ages 4 to 14	\$7	1 Class	PBG0127-300001



Botanical Creatures and Cartoons

Imagine a world where plant adaptations give gardens special super-powers or unlocked hidden talents! Expand your knowledge of botany and horticulture while activating your creativity and artistic skills. Thomas Crawley, an expert horticulturist, and cartoon enthusiast, leads this exploration of the science and art behind plant adaptations in the garden as you illustrate your own cartoon creatures adapted to extreme environments. Beginner scientists and beginner cartoonists between the ages of 8-12 welcome.

Brookside Gardens						Click to Register
Oct 5	Sat	10-11:30a	Ages 8 to 12	\$10	1 Class	PBG0110-300002

Botany Basics

Brookside Gardens is the perfect case study for young scientists and biology enthusiasts. Join one of our expert instructors for a closer look at the science behind the plant communities and local ecosystems that keep the gardens thriving. Drop off your intrepid investigator for an hour of outdoor observations and handson botany. Dress for the weather.

Brookside Gardens	Click to Register					
Oct 19	Sat	11a-12p	Ages 9 to 12	\$7	1 Class	PBG0164-300001
Oct 26	Sat	11a-12p	Ages 9 to 12	\$7	1 Class	PBG0164-300002

Storytime in the Garden

Join us for an interactive story time followed by an outdoor exploration or activity for children ages 3-7. This is an outdoor story time, weather permitting. Adults must accompany children. Meet in the Outdoor Classroom located in the Children's Garden area and dress for the weather.

Brookside Gardens	5					Click to Register
Oct 20	Sun	10-10:45a	Ages 3 to 7	\$5	1 Class	PBG0111-300001
Nov 2	Sat	10-10:45a	Ages 3 to 7	\$5	1 Class	PBG0111-300002
Nov 16	Sat	10-10:45a	Ages 3 to 7	\$5	1 Class	PBG0111-300003

Garden Explorers (Year Round)

Take a garden walk with one of our instructors and explore botany, nature, and all the outdoors has to offer. Curiosity, seasonal changes, and botanical variety will guide the content of the day and the route we take through the gardens. Meet in the Visitor Center at the start of class and dress for the weather.

Brookside Gardens	<u> </u>					Click to Register
Oct 20	Sun	11a-12p	Ages 8 to 10	\$7	1 Class	PBG0126-300001
Nov 10	Sun	11a-12p	Ages 8 to 10	\$7	1 Class	PBG0126-300002
Nov 17	Sun	11a-12p	Ages 8 to 10	\$7	1 Class	PBG0126-300003





Junior Gardeners

Bring your Junior Gardener to this program for seasonal gardening activities, stories, crafts, and garden walks for children ages 3 to 5. We will meet in the outdoor classroom area located in the Children's Garden, weather permitting. Adults must accompany children. Dress for the weather.

Brookside Gardens	Click to Register					
Oct 25	Fri	1:30-2:30p	Ages 3 to 5	\$7	1 Class	PBG0166-300001
Nov 15	Fri	1:30-2:30p	Ages 3 to 5	\$7	1 Class	PBG0166-300002
Nov 22	Fri	1:30-2:30p	Ages 3 to 5	\$7	1 Class	PBG0166-300003

School's Outside for Teens

A day off from school is the perfect time to go outside - join us for a full day of garden fun for youth ages 11–14. Each session will include a variety of activities including games, hands-on botany, arts and crafts, and garden walks. Bring a lunch and refillable water bottle. Required forms will be emailed to guardians prior to program start date.

Brookside Gardens						Click to Register	
Nov 4	Mon	9a-3:30p	Ages 11-14	\$45	1 Class	PBG0167-300001	Ī
Nov 5	Tues	9a-3:30p	Ages 11-14	\$45	1 Class	PBG0167-300002	



HEALTH AND WELLNESS

Tai Chi at Brookside Gardens

Instructor: Charles Votaw

Tai Chi is an ancient, Chinese form of exercise perfect for adults seeking stress reduction while strengthening muscles, improving balance and increasing flexibility. The Forms are repetitive patterns that emphasize slow, flowing motions and controlled movements. Classes will help beginners to learn the Forms while providing regular practitioners the guidance of an experienced instructor. No walk-ins will be accepted. Japanese Tea House (September - October) or Brookside Gardens Visitor Center (mid-October - February) FOBG \$12

Bro	okside Gardens						Click to Register
	Sep 11	Wed	9-10:15a	Ages 18 and up	\$14	1 Class	PBG0029-300001
	Sep 18	Wed	9-10:15a	Ages 18 and up	\$14	1 Class	PBG0029-300002
	Sep 25	Wed	9-10:15a	Ages 18 and up	\$14	1 Class	PBG0029-300003
	Oct 2	Wed	9-10:15a	Ages 18 and up	\$14	1 Class	PBG0029-300004
	Oct 9	Wed	9-10:15a	Ages 18 and up	\$14	1 Class	PBG0029-300005
	Oct 16	Wed	9-10:15a	Ages 18 and up	\$14	1 Class	PBG0029-300006
	Oct 23	Wed	9-10:15a	Ages 18 and up	\$14	1 Class	PBG0029-300007
	Oct 30	Wed	9-10:15a	Ages 18 and up	\$14	1 Class	PBG0029-300008
	Nov 6	Wed	9-10:15a	Ages 18 and up	\$14	1 Class	PBG0029-300009
	Nov 13	Wed	9-10:15a	Ages 18 and up	\$14	1 Class	PBG0029-300010
	Nov 20	Wed	9-10:15a	Ages 18 and up	\$14	1 Class	PBG0029-300011







Gentle Yoga at Brookside Gardens

Instructor: Sherry Weber

These series of classes feature foundational yoga poses that are designed to support better breathing, walking, and space orientation. Yoga movements help build muscle, bone density and core strength while improving balance, posture and flexibility. Mats are not included. No walk-ins will be accepted. Location: Japanese Tea House (September - October) or Brookside Gardens Visitor Center (mid-October - February) FOBG \$12

Brookside Gardens	S					Click to Register
Sep 5	Thu	10-11a	Ages 18 and up	\$14	1 Class	PBG0030-300001
Sep 12	Thu	10-11a	Ages 18 and up	\$14	1 Class	PBG0030-300002
Sep 19	Thu	10-11a	Ages 18 and up	\$14	1 Class	PBG0030-300003
Sep 26	Thu	10-11a	Ages 18 and up	\$14	1 Class	PBG0030-300004
Oct 3	Thu	10-11a	Ages 18 and up	\$14	1 Class	PBG0030-300005
Oct 10	Thu	10-11a	Ages 18 and up	\$14	1 Class	PBG0030-300006
Oct 17	Thu	10-11a	Ages 18 and up	\$14	1 Class	PBG0030-300007
Oct 24	Thu	10-11a	Ages 18 and up	\$14	1 Class	PBG0030-300008
Oct 31	Thu	10-11a	Ages 18 and up	\$14	1 Class	PBG0030-300009
Nov 7	Thu	10-11a	Ages 18 and up	\$14	1 Class	PBG0030-300010
Nov 14	Thu	10-11a	Ages 18 and up	\$14	1 Class	PBG0030-300011
Nov 21	Thu	10-11a	Ages 18 and up	\$14	1 Class	PBG0030-300012



Yoga at Brookside Gardens

Instructor: Tanory Ateek

Designed to increase flexibility and physical strength and to cultivate mental focus, these classes are a beautiful and relaxing way to begin your weekend. Mats are not included. No walk-ins will be accepted. Location: Japanese Tea House (September - October) or Brookside Gardens Visitor Center (mid-October -February) FOBG \$12

Brookside Gardens						Click to Register
Sep 7	Sat	9:30-10:30a	Ages 18 and up	\$14	1 Class	PBG0031-300001
Sep 14	Sat	9:30-10:30a	Ages 18 and up	\$14	1 Class	PBG0031-300002
Sep 21	Sat	9:30-10:30a	Ages 18 and up	\$14	1 Class	PBG0031-300003
Sep 28	Sat	9:30-10:30a	Ages 18 and up	\$14	1 Class	PBG0031-300004
Oct 5	Sat	9:30-10:30a	Ages 18 and up	\$14	1 Class	PBG0031-300005
Oct 12	Sat	9:30-10:30a	Ages 18 and up	\$14	1 Class	PBG0031-300006
Oct 19	Sat	9:30-10:30a	Ages 18 and up	\$14	1 Class	PBG0031-300007
Oct 26	Sat	9:30-10:30a	Ages 18 and up	\$14	1 Class	PBG0031-300008
Nov 2	Sat	9:30-10:30a	Ages 18 and up	\$14	1 Class	PBG0031-300009
Nov 9	Sat	9:30-10:30a	Ages 18 and up	\$14	1 Class	PBG0031-300010
Nov 16	Sat	9:30-10:30a	Ages 18 and up	\$14	1 Class	PBG0031-300011

Shinrin-yoku: The Art of Forest Bathing

Instructor: Ana Ka'ahanui, certified Forest Therapy Guide

Connect with nature through a forest bathing walk among the beautiful fall colors. Stroll the grounds and neighboring forest at a measured pace that allows you to notice the small miracles of nature unfolding. We'll close the walk by enjoying hot tea and healthy snacks. FOBG \$30

Brook	Brookside Gardens							
	Oct 26	Sat	9:30-11:30a	Ages 18 and up	\$35	1 Class	PBG0022-300001	
	Nov 3	Sun	10a-12p	Ages 18 and up	\$35	1 Class	PBG0022-300002	

Half-day Mindfulness Retreat

Instructor: Tanory Ateek

Tanory will guide you through a half-day of stress relieving practices, including gentle yoga; walking and seated meditation; and the meditative way of the labyrinth. Whether you are new to meditation or a seasoned practitioner, this retreat will provide a chance to slow down, connect to nature in new ways and rekindle a deeper sense of peace and wonder in your life. FOBG \$59

Brookside Gardens						Click to Register
Sep 22	Sun	9a-1p	Ages 18 and up	\$65	1 Class	PBG0018-300001



Strolls for Well-Being at Brookside Gardens

Connect with and care for your inner self through the Strolls for Well-Being, an evidence based program that promotes emotional healing and wellness through connection to nature. Over the course of eight weeks, you will complete twelve walks individually in Brookside Gardens, on your own schedule and with a beautiful full-color, 110-page journal as your guide. Each walk has its own theme, reflected in the journal with readings and writing prompts encouraging you to slow down, be present, and look inward. Those struggling with difficulty, stress, or transition may particularly benefit. Dates listed are for group meetings at the beginning, middle, and end of the program, where you will receive important information/materials and share insights with other participants (before registering, please be sure that you can commit to attending all three sessions). Further information available at www.brooksidegardens.org/wellness. Note: Strolls for Well-Being and accompanying materials were created by mental health professionals but Brookside Gardens is not a mental health service provider.

Brookside Gardens						Click to Register
Sep 7-Nov 2	Sat	10-11:30a	Ages 18 and up	\$75	3 Classes	PBG0033-300001
Sep 24-Nov 19	Tue	11a-12:30p	Ages 18 and up	\$75	3 Classes	PBG0033-300002
Sep 25-Nov 20	Wed	11a-12:30p	Ages 18 and up	\$75	3 Classes	PBG0033-300003

Guided Mindfulness Walks

Instructor: Tania Lanning, Integrative Therapist

Tania will lead a series of special walks focused on mindfulness in nature. Participants will receive a small blank journal and will want to be comfortable walking and sitting on grass. Sign up for one or all three! FOBG \$25

Brookside Garden	S		,			Click to Register				
Walk 1: Connections in Nature										
Sep 5	Thu	10a-12p	Ages 18 and up	\$28	1 Class	PBG0108-300001				
Walk 2: Family Mindfulness and Nature										
Sep 8	Sun	10a-12p	All Ages	\$28	1 Class	PBG0168-300001				
Walk 3: Self-Care in Nature										
Sep 17	Tue	10a-12p	Ages 18 and up	\$28	1 Class	PBG0109-300001				

Pranic Healing in Nature

Instructor: Charu Chundury, certified Pranic Healing Instructor

Nature is teeming with life-force also known as prana. Learn how to recharge by harnessing this energy and helping release pain, stress, and anxiety. This self-healing experience combines breathwork, meditation and instruction of prana and chakra concepts. Program involves standing, sitting, and lying down. Please bring a blanket and dress for the outdoors. FOBG \$30

Brookside Gardens						Click to Register
Oct 5	Sat	9:30-11:30a	Ages 18 and up	\$35	1 Class	PBG0151-300001



GARDEN AFTER DARK

Wild at Home with Hilton Carter

Speaker: Hilton Carter, author, plant-stylist, designer, and social influencer

Looking for ways to liven up your decor with tropical plants? Enjoy sipping botanical mocktails as Hilton offers tropical house plant care and propagation methods while sharing his wild journey in greenery. Books and houseplants will be available in the gift shop, and a book signing will follow the talk. FOBG \$26

Brookside Gardens Visitor Center Auditorium

Click to Register

N. c C	ام ۱۸۸	7 0.20-	A 12 d	ĊOO	1 ()	DDC01E4 200001
Nov 6	Wed	7-8:30p	Ages 12 and up	\$30	1 Class	PBG0154-300001

HORTICULTURE CLASSES & SPEAKER SERIES

These classes are offered virtually as live, online webinars though the Zoom platform with audience Q & A. After registering, a link will be emailed to you 24 hours prior to the live webinar. Recordings will be made available to students. Please ensure your Active Montgomery account is updated with your correct email address.

Native Alternatives to Overused Foundation Plants

Instructor: Elaine Mills, Virginia Cooperative Extension Master Gardener

Review a variety of native trees, shrubs, vines, and perennials that offer alternatives to overused foundation plants. These can help frame a home and anchor the garden while also providing food and shelter for pollinators and birds. Attractive features, care requirements and ideas for landscape uses will be presented for each plant. FOBG \$12

Brookside Gardens Virtual Click to Register Ages 18 and up Sep 26 Thu 7-8:30p \$15 1 Class PBG0156-300001

Native Specialist Bees

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Instructor: Heather Holm, biologist, pollinator conservationist and award-winning author

The monarch butterfly is probably the most famous insect specialist feeding only on milkweed, but did you know that many native bees are also specialists? Studying these native plant-bee specializations and their overlapping habitat requirements will help your garden support more pollinators. Threats such as habitat loss and climate change will also be covered. FOBG \$12

Brookside Gardens	Virtual					Click to Register
Oct 10	Thu	7-8:30p	Ages 18 and up	\$15	1 Class	PBG0157-300001



Dealing with Deer and Other Mammal Pests in Your Garden

Instructor: Kathy Jentz, editor of Washington Gardener Magazine

Bambi may be cute, but he would love to make a feast of your garden. Learn some proven and humane tactics to keep your edible and ornamental gardens safe from deer, rabbits, rats, squirrels, groundhogs and other warm-blooded creatures. Kathy will also touch upon design strategies and plant selections. FOBG \$12

Brookside Gardens Virtual

Click to Register

Oct 24 Thu 7-8:30p Ages 18 and up \$15 1 Class PBG0153-300001

Heaven is a Garden: Serenity by Design

Speaker: Jan Johnsen, author and landscape designer

Drawing on ancient traditions and contemporary horticultural practices, Jan reveals design strategies for creating serenity and relaxation in the landscape. Enjoy this journey of stunning garden visuals while learning new concepts like how to identify a "power spot" in your garden, the importance of cardinal directions, and how forms and shapes affect our sense of wellbeing. Plant list provided to participants.

Brookside Gardens Virtual

Click to Register

Oct 30 Wed 7-8:30p Ages 18 and up Free 1 Class PBG0155-300
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HANDS ON WORKSHOPS

Botanical Tile Casting

Instructor: Sue Fierston, teaching artist and president of the International Nature Printing Society

Capture the beauty of fall in a tile! Create botanical tiles with flowers, grasses, and leaves collected at home or select options while touring Brookside Gardens with the instructor. In the first session, you'll cast two 8 x 8-inch tiles. During the second session, you will unmold your tiles and finish them by sanding, polishing and painting. FOBG \$72

Brookside Gardens Click to Register

Sep 12 and 19	Thu	10a 1a	Agos 10 and un	ĊΟΛ	2 Claccoc	PBG0093-300001
Sep 12 and 19	HIIU	10a-1p	Ages to and up	λο υ	Z Classes	PDG0033-300001



Crafting Wall Art With Natural Forest Elements

Instructor: Daphne Lee and David Lanxner, owners of PotahtoHome

Bring the beauty of nature into your home by creating a unique piece of moss wall art. Using moss, cork bark, preserved mushrooms and other natural materials, design your own masterpiece that requires no additional watering! You'll take home an 8 x 10-inch framed moss art creation. All materials are provided. FOBG \$67

Brookside Gardens						Click to Register
Oct 19	Sat	10:30a-12p	Ages 18 and up	\$75	1 Class	PBG0152-300001

Mixed Winter Container

Instructor: Jason Gedeik, Brookside Gardens staff

Create a container garden with plants that can withstand winter's harshest conditions while providing you with a beautiful respite from the dull weather. Mix dwarf evergreens with a splash of vibrant violas for some late season color. Cost covers materials, including a 14-inch container (or bring your own favorite). FOBG \$67

Brookside Gardens						Click to Register
Nov 6	Wed	10:30-11:30a	Ages 18 and up	\$75	1 Class	PBG0064-300001

Takuga: Botanical Prints in Ink and Watercolor

Instructor: Sue Fierston, teaching artist and president of the International Nature Printing Society

Explore the Japanese art of Takuga, the intersection between printmaking and watercolor! Students will use special ink to hand-print leaves, flowers, or vegetables, and then paint with watercolor. Create artwork on a variety of printmaking papers, ready for framing or cards. Bring materials from your garden or select from options provided in class. FOBG \$50

Brookside Gardens						Click to Register
Nov 14	Thu	10a-1p	Ages 18 and up	\$55	1 Class	PBG0158-300001

GARDEN OR FACILITY TOURS

Guided Bird Walk at Brookside Gardens

Tour quide: Emily Williams, avian ecologist

Did you know that 168 bird species have been sighted at Brookside Gardens? Marvel at the fall migration and bring your binoculars to look for warblers, Baltimore orioles, orchard orioles, red-winged blackbirds and many more! FOBG \$10

Brookside Gardens						Click to Register
Sep 15	Sun	9-10:30a	Ages 18 and up	\$12	1 Class	PBG0133-300001
Sep 17	Tue	9-10:30a	Ages 18 and up	\$12	1 Class	PBG0133-300002





Brookside Gardens Greenhouse Tour

Tour guide: Nate Roehrich, Brookside Gardens staff

Opened in 2018, the O'Rourke Greenhouse consists of four growing areas totaling 10,000 square feet under glass. Participants will take a closer look at the state-of-the-art technology that enables staff to grow a variety of beautiful plants year-round while getting a sneak peek at the fall chrysanthemums being grown for displays. FOBG \$10

Brookside Gardens						Click to Register
Sep 18	Wed	10:30-11:45a	Ages 18 and up	\$12	1 Class	PBG0003-300001
Sep 20	Fri	1-2:15p	Ages 18 and up	\$12	1 Class	PBG0003-300002

Glory of Fall Garden Tour

Tour quide: Josh Demers, Brookside Gardens staff

Discover a whole new garden brought on by the changing Autumn season. This walking tour highlights the spectacular fall colors in the woody and herbaceous plant collections with a closer look at our staff's favorite fall blooming perennials like asters, coneflowers, sedums, and grasses. FOBG \$10

Brookside	Gardens						Click to Register
Oct	t 29	Tue	1-2:30p	Ages 18 and up	\$12	1 Class	PBG0059-300001
Oc	t 31	Thu	10:30a-12p	Ages 18 and up	\$12	1 Class	PBG0059-300002

Chrysanthemum Tour

Tour quide: Raymond Carter, Brookside Gardens staff

You'll enjoy this display inspired by the autumn harvest with foliage and fruits of amaranth, ornamental grasses, and peppers. In honor of the Chinese Year of the Dragon, we're growing a specialty dragon form out of an array of chrysanthemums to celebrate. It will be a brilliant crescendo to the colorful garden year! FOBG \$10

Brooksiae Garaens						Click to Register
Oct 30	Wed	11a-12:15p	Ages 18 and up	\$12	1 Class	PBG0060-300001



LIVING FIELD LABS

This series features tours of home gardens that serve as real-world case studies of landscape projects. Onsite discussions with homeowners and Brookside Gardens staff will offer applicable lessons in design and maintenance.

Plant lists provided for each Field Lab.

Living Field Lab: From Monoculture Lawn to A Diverse Landscape

This two-acre garden teeming with perennials, more than 100 trees, and 6 ponds offers lessons in converting a monoculture lawn into a diverse landscape. Discover strategies to edit your garden in response to the challenges and opportunities that come from an evolving environment over time. Understand how site-specific factors in a part-sun/shade garden determine plant selections and maintenance approaches. FOBG \$22

Darnestown, MD (address sent after registration)

Click to Register

Ages 18 and up \$25 1 Class PBG0142-300001 Sep 14 Sat 10a-12p

Living Field Lab: Creative Garden Rooms & Hardscaping

This historic community offers an oasis of beautiful gardens amidst urban development. We'll cover transitioning a garden from shade to sun due to tree losses. Soil amendments, deer fencing and layering native and non-native plants will also be addressed. Learn practical strategies to define garden areas and increase access through pathways, hardscaping options and garden rooms. FOBG \$22

Washington Grove, MD (address sent after registration)

\$25 Oct 9 Wed 10:30a-12:30p Ages 18 and up 1 Class PBG0142-300002





LOCAL FIELD TRIPS

Hoyles Mill Conservation Park Walking Tour

Tour guide: Ryan Colliton, vegetation ecology & management unit leader, Montgomery Parks

Learn about the unique geological makeup of this park resulting in fertile soil that supports a rich diversity of plants and wildlife. Enjoy fall-blooming natives like solidago, asters and sedges while looking out for scarlet tanagers, Canada warblers and red-shouldered hawks. Prepare for this active hike with sturdy shoes and a water bottle! FOBG \$22

Hoyles Mill Conservation Park (address sent after registration)

Click to Register

\$25 Tue 10:30a-12p Ages 18 and up 1 Class PBG0160-300001 Sep 17

Button Farm Living History Museum Tour

Tour guide: Tony Cohen, founder and president, The Menare Foundation

Visit Maryland's only hands-on history center depicting 19th century slave plantation life and the inspirational story of the Underground Railroad. Explore the daily operations of farm life in the 1850s through a variety of sensory experiences. Unearth the period when enslaved labor shaped the landscape and modern agricultural technology had not yet been developed. FOBG \$22

Button Farm Living History Center (address sent after registration)

Click to Register

\$25 1 Class PBG0159-300001 Sep 28 Sat 10:30a-12p Ages 18 and up





Join us each Wednesday evening in September for a musical performance set in the beauty of Brookside Gardens.

- Kiti Gartner & the Drifting Valentines
 Rockabilly/Classic Country/Western Swing
 September 4 | 6–7:30pm
- YötRöx

 70's & 80's Rock Hits

 September 11 | 6-7:30pm
- David Bach Consort
 World Contemporary/Jazz
 September 18 | 6-7:30pm
- René Ibañez & Cubano Groove Latin/Cuban
 September 25 | 6-7:30pm

Don't forget your chairs, blankets, and picnics (allowed in the Gardens on concert evenings only). Food trucks will begin selling at 5pm. Smoking and alcoholic beverages are prohibited.

All concerts located on the Visitor Center lawn.







For more information, scan the QR code or go to MoCoParks.org/
FallTwilightConcerts



1800 Glenallan Avenue | Wheaton, MD 20902 BrooksideGardens.org



SPONSORED BY FRIENDS OF BROOKSIDE GARDENS

Child Ten's

SATURDAY, SEPTEMBER 21, 2024 | 10 AM - 2 PM



Explore the science and art of gardening through child-driven art projects and engaging science activities.

Participants will rotate through outdoor activity stations designed to educate and entertain. Bring your friends and family. Picnics allowed only during this special event.

Registration is encouraged but not required.



BROOKSIDE GARDENS 1800 Glenallan Avenue | Wheaton, Maryland 20902

BrooksideGardens.org









November 22, 2024, through January 5, 2025

(Closed November 25-28, December 24-25, January 1)

Brookside Gardens transforms into a magical winter wonderland for the annual Garden of Lights display.

Stroll through the one-half mile, outdoor, walk through exhibit and enjoy the twinkling lights and glimmering one-of-a-kind displays adorning the flowerbeds and grounds throughout the 50 acre horticultural gem in Wheaton.

- \divideontimes Shop for unique seasonal items at the Gift Shop
- * Hot chocolate and light snacks available for purchase

Tickets: Timed-entry tickets available at <u>GardenofLights.org</u>

- * \$10 per person, ages 5 and older
- * Visitors must arrive within their half-hour time slot
- * Advance sale tickets only.

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BROOKSIDE GARDENS

1500 and 1800 Glenallan Avenue | Wheaton, Maryland 20902 301-962-1400 | BrooksideGardens.org









SPECIAL EVENTS

Harpists at the Discovery Center

Join us for an afternoon of beautiful harp music and the natural beauty of Black Hill all around you. No need to register; just come to the Discovery Center and enjoy.

Black Hill	Discovery	Center
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Sep 15	Sun	12-1p	All Ages	Free	1 Class	PBHDC0082-300001
Oct 6	Sun	12-1p	All Ages	Free	1 Class	PBHDC0082-300002
Nov 17	Sun	12-1p	All Ages	Free	1 Class	PBHDC0082-300003

Public Lands Day Park Cleanup

National Public Lands Day is a celebration of one of our most precious resources: our public parks and trails. Please join us a day early in celebrating Public Lands Day by helping to clean up Black Hill Regional Park for people and wildlife to enjoy. Whether you are looking for SSL hours or just want to spend the afternoon giving back, you won't believe how good it feels to be a good steward! Groups are also welcome. Parents must accompany children 13 and under. Interested groups should email Katie. Festa@Montgomeryparks.org. Registration is required. Please register at www.ParksVolunteers.org.

Black Hill Discovery Center

Click to Register

Sep 27 Fri 2-5p Ages 3 and up Free 1 Class PBHDC0053-300001

SEED Classroom Open House

Come check out the brand-new SEED Classroom at Black Hill! This innovative learning space is designed for Sustainable Education Every Day (SEED), find out what makes this building sustainable and get inspired to learn what sustainable actions you may be able to accomplish in your own home. Enjoy our native garden and outdoor fun for the little ones. Drop in anytime during program hours. Parking is limited at the SEED Classroom. Overflow parking is available at the parking lot by Shelter A. Cross the road to the Root Trail to walk to the SEED Classroom.

SEED Classroom Click to Register

Sep 28	Sat	1-4p	All ages	Free	1 Class	PBHDC0091-300001
Oct 6	Sun	1-4p	All ages	Free	1 Class	PBHDC0091-300002
Nov 3	Sun	1-4p	All ages	Free	1 Class	PBHDC0091-300003







Earth Bench 10th Anniversary Celebration

Join us at the Discovery Center for a celebration of the Black Hill Earth Bench. Ten years ago, our Earth Bench was built using 1,000 lbs. of recycled materials including bricks made of plastic trash, broken concrete, bamboo, clay, stone, and recycled tile mosaics. Two hundred and sixty-five volunteers from our community, including families, Friends of Black Hill members, and local students, worked 1,100 hours to create a unique bench, which has become a gathering place to enjoy the fabulous view of the meadow, lake, and gorgeous sunsets. We hope to see many of you that contributed to this amazing project enjoyed by so many visitors. Event details will be posted later.

Black Hill Discovery	y Center
	' '

Click to Register

Oct 5	Sat	1-3p	All ages	Free	1 Class	PBHDC0092-300001

Witchy Paddle

Calling all witches! Pack your potions and dust off your brooms! Join us for our costumed paddle of Little Seneca Lake. Don your best witchy wear, bring your own boat, and meet up with other witches for a sunset paddle followed by a campfire, s'mores, and cider. Meet up at 5pm at the beach in front of the boat rental building in Black Hill Regional Park. Witchy paddling begins at 5:30, with the campfire at 6:30pm. You must BRING YOUR OWN paddleboard, kayak, or canoe, and appropriate paddle, as well as safety gear and PFDs.

Black Hill Discove	ry Center					Click to Register
Oct 26	Sat	5-7:30p	Ages 12 and up	Free	1 Class	PBHDC0080-300001

BOATING

Beginning Recreational Kayaking

Kayaking is even more fun that it looks! Come learn how to paddle on flat water in recreational solo kayaks on Little Seneca Lake. Learn basic strokes, entries and exits, boat control, and more, taught by certified American Canoe Association instructors. We won't roll, but you'll get wet, so dress accordingly. All necessary equipment provided but if you have your own PFD (Type III or V), you can bring it along. Please wear a hat, water sandals or shoes (no flip-flops, please) and bring water and sunscreen. Expect to get your feet wet and your clothes a bit damp. You must be able to swim. Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required.

Black Hill Discove	ry Center					Click to Register
Sep 11	Wed	5:30-7:30p	Ages 12 and up	\$55	1 Class	PBHVC0030-300001



Lake Tour by Kayak

Want to watch wildlife or just enjoy a peaceful paddle? Then join us for a leisurely kayak tour of Little Seneca Lake. We could see beaver, herons, maybe even a bald eagle. We'll supply boats, paddles, and PFD's, but you can bring your own PFD (Type III or V) if you have one. And don't forget to bring water, sunscreen, and extra shoes to change into after. You can expect to get your feet wet and your clothes a bit damp. Basic paddling experience is necessary (THIS IS NOT A LESSON). Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required. FOBH \$29

Black Hil	l Discovery	Center

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Sep 26	Thu	5-7p	Ages 12 and up	\$30	1 Class	PBHDC0008-300001
Sep 29	Sun	11:30a-1:30p	Ages 12 and up	\$30	1 Class	PBHDC0008-300002

Bats & Beavers Pontoon Boat Cruise

Join us for a sunset cruise aboard the pontoon boat. We'll search for beaver lodges and feeding sites, and hopefully see some beavers! As the sun sets, we'll use our bat detector to help us find feeding bats. Please register and pay for all participants. You may want to bring a jacket or sweater as it is often cooler on the boat. Meet at the pontoon boat dock, by the boat rentals. Registration required. FOBH \$7

Black Hill Discovery Center

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Sep 10	Tue	6-7:30p	Ages 6 and up	\$8	1 Class	PBHDC0027-300001
Sep 18	Wed	6-7:30p	Ages 6 and up	\$8	1 Class	PBHDC0027-300002
Oct 8	Tue	5-6:30p	Ages 6 and up	\$8	1 Class	PBHDC0027-300003

Birds & Bats & Beavers Pontoon Boat Cruise

Join us during Birdability Week for a sunset cruise aboard the pontoon boat. While we search for beaver lodges and feeding sites, we'll also keep an eye, and ear, out for birds. Maybe we'll get to see some early winter waterfowl! As the sun sets, we'll use our bat detector to help us find feeding bats. Please register and pay for all participants. You may want to bring a jacket or sweater as it is often cooler on the boat. Meet at the pontoon boat dock, by the boat rentals. The pontoon boat and dock are accessible and accessible parking is available by the dock. EnChroma glasses available upon request. Registration required. FOBH \$7

Click to Register

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Oct 24	Thu	5-6:30p	Ages 6 and up	\$8	1 Class	PBHDC0027-300004
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Afternoon on the Pontoon

Enjoy a leisurely cruise on our pontoon boat on Little Seneca Lake looking for local wildlife such as beaver, deer, otter, herons, and osprey. Please register and pay for all participants. Meet at the pontoon boat dock by the boat rental area. Be sure to bring an extra jacket or blanket, as it's often cooler on the water. FOBH \$6

Black Hill Discove	ry Center					Click to Register
Oct 3	Thu	1:30-2:30p	Ages 6 and up	\$7	1 Class	PBHDC0054-300001
Oct 12	Sat	1:30-3p	Ages 6 and up	\$8	1 Class	PBHDC0054-300002
Oct 18	Fri	1:30-2:30p	Ages 6 and up	\$7	1 Class	PBHDC0054-300003
Nov 2	Sat	1:30-2:30p	Ages 6 and up	\$7	1 Class	PBHDC0054-300004
Nov 2	Sat	3:30-4:30p	Ages 6 and up	\$7	1 Class	PBHDC0054-300005

Early Morning Pontoon Cruise

Wildlife are busy in the early morning hours and the lighting is great for photos. Join us during Birdability Week for an early morning pontoon tour for some birding and photography, or just a lovely morning cruise on Little Seneca Lake. Please register and pay for all participants. You may want to bring a jacket or sweater as it is often cooler on the boat. Meet at the pontoon boat dock, by the boat rentals. The pontoon boat and dock are accessible and accessible parking is available by the dock. EnChroma glasses available upon request. Registration required. FOBH \$7

Βl	ack Hill Discover	ry Center					Click to Register
	Oct 25	Fri	8:30-10a	Ages 18 and up	\$8	1 Class	PBHDC0085-300001

FISHING

Family Fishing Fun!

Fishing is fun for the whole family and for all abilities! We'll show you how to set up a simple bobber rig, bait your hook, and give you some tips on casting. We'll provide the bait and rigging supplies; you just need to catch the fish! We have fishing poles you can borrow, but if you have your own bring it along. Anglers of all abilities are welcome. All registrants 16 and over must have a current MD fishing license. Meet at the pontoon boat dock by the boat rentals. Registration required. Please register only those planning to fish. FOBH \$13

Black Hill Discover	Click to Register					
Sep 27	Fri	5-7p	Ages 3 and up	\$14	1 Class	PBHDC0003-300001
Oct 18	Fri	9-11a	Ages 3 and up	\$14	1 Class	PBHDC0003-300002







Fishing with the Li'l Ones

Let's go fishin'! We'll provide poles and bait, then see what we can catch off the dock at Little Seneca Lake. Meet at the pontoon boat dock by the boat rentals. Registration required. FOBH \$7

Black Hill Discove	Click to Register					
Sep 13	Fri	10-11:30a	Ages 3 to 6	\$8	1 Class	PBHDC0004-300001
Oct 9	Wed	10-11:30a	Ages 3 to 6	\$8	1 Class	PBHDC0004-300002

ART AND CRAFTING

Make It & Take It: Turkey Time

Drop by the Discovery Center and have some fun! We'll have easy-to-make seasonal crafts that you can make and take home. Today we'll be making a turkey craft. Stop in anytime during program hours! Registration required - please register only those making the craft.

Black Hill Discove		Click to Register				
Nov 16	Sat	1:30-3p	All Ages	\$2	1 Class	PBHDC0063-300001

NATURE, OUTDOOR EXPLORATION, AND SKILLS

Outdoor Skills Workshop: Fall Foraging for Women and Non-Binary Individuals

Join us to learn about common edible plants that are best foraged in the fall months. We will learn basic plant identification using a key. This workshop is designed to empower beginners in learning fun and practical outdoor skills. No experience required; beginners are encouraged! Please dress for the weather, as we will be outside for most of the program. Registration required. Meeting location will be emailed to participants.

Black Hill Discove	Click to Register					
Sep 7	Sat	10a-12p	Ages 18 and up	\$15	1 Class	PBHDC0090-300001



Stream Adventures

What lives in a stream? Wade into the water and use nets to see what insects, fish, frogs, and other animals we can find. Please wear boots or closed-toe shoes that you don't mind getting wet (no flip-flops, please!). All children must be accompanied by an adult. Meet at the gravel Boat Launch parking lot on Black Hill Road. Registration required. FOBH \$7

Black Hill Discove	ery Center				_	Click to Register
Sep 11	Wed	1:30-3p	Ages 2 to 12	\$8	1 Class	PBHDC0026-300001

Nature Girls Club

Girls belong in nature, enjoying outdoor adventures! Join us for a girl-centered Nature Girls Club. There are three in-person sessions with a Park Naturalist that will focus on exploring nature, trying out outdoor skills, and nature journaling. Meetings are monthly. Registration required.

Black Hill Discovery	Click to Register					
Sep 13, Oct 18, Nov 15	Fri	5-7p	Ages 9 to 12	\$42	3 Classes	PBHDC0010-300001

DIY Nature Exploration

Stop by the Discovery Center Information Desk to pick up a themed pack and start exploring Black Hill Regional Park. Let your curiosity lead you as you follow the activities. No registration required; drop in anytime during program hours. Supplies are limited and loaned out first come, first served. One pack per family. Please return packs by 3 pm.

Black Hill Discov	ery Center					Click to Register
Sep 14	Sat	11a-1p	Ages 6 and up	Free	1 Class	PBHDC0084-300001

Babes in a Backpack

Let's go outside and hike to improve fitness, play in nature, and experience the great outdoors as a family. You will meet a naturalist at the meet up spot and set out on a trail that will have nature play and fun learning prompts along the way. These hikes are designed for adults with young children. Most trails are not stroller accessible, so you'll need a backpack or carrier for younger kids and non-walkers. Please register everyone attending no later than 24 hours before the hike so we can contact you with the hike's location and other important information.

Black Hill Discove	Click to Register					
Sep 16	Mon	10a-12p	All Ages	Free	1 Class	PBHDC0051-300001
Oct 14	Mon	10a-12p	All Ages	Free	1 Class	PBHDC0051-300002
Nov 7	Thu	10a-12p	All Ages	Free	1 Class	PBHDC0051-300003



Bug Hunt

Come get your bug on, hunting for insects of all shapes, sizes, and colors in the meadow. Bring your catch back to the naturalist to help identify and learn more about what you found. Be sure to wear sunscreen, a hat, and bring along some water to drink. Nets and other equipment provided. Drop by anytime during program hours. Registration required; accompanying adults are free.

Black Hill Discove	Click to Register					
Sep 17	Tue	2-3p	Ages 1 and up	\$7	1 Class	PBHDC0079-300001
Oct 8	Tue	2-3p	Ages 1 and up	\$7	1 Class	PBHDC0079-300002
Nov 4	Mon	2-3p	Ages 1 and up	\$7	1 Class	PBHDC0079-300003

Play Day in the Park at the Discovery Center

Toddlers of all abilities are invited to explore the exciting natural world around the Discovery Center. Families will explore at their own pace using nature play prompts that will remain out for the duration of the program. Visit the front entrance of the Discovery Center to begin your journey through our most accessible areas of the park which are stroller friendly, with shaded areas and locations to rest. All ages are welcome but prompts and materials are geared towards children aged one to three. Registration required. Meet at the Discovery Center.

Blac	ck Hill Discov	Click to Register					
	Sep 19	Thu	11a-12p	Ages 6 mos to 3 yrs	Free	1 Class	PBHDC0012-300001
	Oct 11	Fri	11a-12p	Ages 6 mos to 3 yrs	Free	1 Class	PBHDC0012-300002
	Nov 26	Tue	11a-12p	Ages 6 mos to 3 yrs	Free	1 Class	PBHDC0012-300003

Play Day in the Park at SEED

Toddlers of all abilities are invited to explore the exciting natural world around the SEED Classroom. Families will explore at their own pace using nature play prompts that will remain out for the duration of the program. All ages are welcome but prompts and materials are geared towards children aged one to three. Registration required. Parking is limited at the SEED Classroom. Overflow parking is available at the parking lot by Shelter A. Cross the road to the Root Trail to walk to the SEED Classroom. Meet at the SEED Classroom.

SEED Classroom						Click to Register
Sep 13	Fri	11a-12p	Ages 6 mos to 3 yrs	Free	1 Class	PBHDC0012-300004
Oct 23	Wed	11a-12p	Ages 6 mos to 3 yrs	Free	1 Class	PBHDC0012-300005
Nov 15	Fri	11a-12p	Ages 6 mos to 3 yrs	Free	1 Class	PBHDC0012-300006



Homeschool: Forest Thrills & Skills

Come join us for a woodland adventure full of adventurous play, nature lessons, and wild skills. Each month we'll explore what nature has to show us and spend some time learning new wild skills. We will also have time, space, and materials for unstructured play in the woods around our campfire circle. Students will be able to self-select what they would like to focus on from the activities provided. We will meet at the SEED Classroom, in Black Hill Regional Park. FOBH \$13

<u>S</u>	EED Classroom						Click to Register
	Sep 19	Thu	1:30-3:30p	Ages 6 to 14	\$14	1 Class	PBHDC0056-300001
	Oct 16	Wed	1:30-3:30p	Ages 6 to 14	\$14	1 Class	PBHDC0056-300002
	Nov 13	Wed	1:30-3:30p	Ages 6 to 14	\$14	1 Class	PBHDC0056-300003

Pics in the Park: Halloween Edition

Bring a costume and pose with pumpkins! Drop by for a unique photo op at the Discovery Center. We'll provide some fun props, and a staff member will take your photo on instant film, just like those original instant photos (shaking optional). Take home a memory you will never forget. No registration required; drop in anytime during program hours. Supplies are limited; first come, first served.

В	lack Hill Discove	ry Center					Click to Register
	Oct 27	Sun	1-4p	All Ages	Free	1 Class	PBHDC0087-300001

Wild Forest Time

Do you dream of building forts in the woods, or climbing a tree? Maybe you want to learn about woodland critters or create some art in the woods. Join us for a time to explore the woods how you want to. We'll supply some materials and a space to create and explore, you supply the imagination and sense of adventure! Drop in at our campfire circle area any time during the program to join in on the fun. Meet at the campfire area by Shelter F on Parking Lot 3, in Black Hill Regional Park. Registration required.

Black Hill Discove	ry Center					Click to Register
Nov 10	Sun	2-3:30p	Ages 3 and up	Free	1 Class	PBHDC0024-300001

Birding at Black Hill

Want to join the 45 million other bird-watching Americans, but don't know where to start? We'll start with the basics of bird identification and go over how to select and use binoculars. Then we'll go do some birding! If you have your own binoculars, please bring them along. And be sure to dress for the weather. Meet at the SEED Classroom. FOBH \$11

S	EED Classroom						Click to Register
	Nov 30	Sat	9a-12p	Ages 16 and up	\$12	1 Class	PBHDC0060-300002



HIKES, SCAVENGER HUNTS & CAMPFIRES

Campfires at Black Hill

There is nothing like being at a campfire under the stars. Join a naturalist for themed songs, stories, games, and of course, s'mores around a fire. Bring a blanket if it's chilly. Meet at the campfire area by Shelter F on Parking Lot 3, in Black Hill Regional Park. Registration required for all attending. FOBH \$6

В	lack Hill Discove	Click to Register					
	Sep 21	Sat	6-7p	Ages 1 and up	\$7	1 Class	PBHDC0002-300001
	Oct 19	Sat	5:30-6:30p	Ages 1 and up	\$7	1 Class	PBHDC0002-300002
	Nov 16	Sat	4-5p	Ages 1 and up	\$7	1 Class	PBHDC0002-300003

Wild Child Hike

This isn't your average walk in the woods. Scamper like a squirrel, balance like a billy goat, and run like a rabbit through the park. We'll be on and off the trail as we go on a hiking adventure. Wear shoes and clothes you don't mind getting dirty. Be sure to sign up 24 hours ahead so we can contact you with the meeting location. Registration required. FOBH \$7 MEETING LOCATION WILL BE EMAILED

Black Hill	Discovery	Center					Click to Register
Nov	/ 5	Tue	1:30-3p	Ages 4 to 12	\$8	1 Class	PBHDC0016-300001

Hike Club: Black HIll

The first rule of Hike Club - have fun! Improve your fitness, make new friends, and experience trails and scenery we don't often make time to immerse ourselves in. We welcome all ages, though young children must be able to walk at least 3 miles or be carried. Most trails are not stroller accessible and are easy to moderate in difficulty. Please register no later than 24 hours before the hike so we can contact you with the hike's location and other important information. Registration required. MEETING LOCATION WILL BE EMAILED.

Bl	ack Hill Discove	ry Center					Click to Register
	Nov 16	Sat	9-11a	All Ages	\$2	1 Class	PBHDC0007-300001

Geocaching Adventure

Join in on a treasure hunt in the park! Learn about what geocaching is and join a naturalist on a hike through the park, on and off-trail, hunting for hidden treasures. GPS units provided. Participants will be emailed about the meeting location.

Black Hill Discove	ry Center					Click to Register
Nov 17	Sun	1-2:30p	Ages 9 and up	\$8	1 Class	PBHDC0089-300001



THERAPEUTIC RECREATION

Adaptive Recreation - Gardening 101

Gardening has been proven to improve physical health, mental wellness, and cognitive ability! Join us for this 5-session series to learn how to grow native plants, herbs, or vegetables. This program is designed to support aspiring gardeners with disabilities. We will supply guidance and all materials, including accessible garden beds, worktables, and ergonomic garden tools. At the end of our program, you will have acquired the skills, and plants, to take home and continue your garden adventures. Participants will be asked to complete a Modification Intake Form upon registration to ensure appropriate support from Program Access. Registration required.

Black Hill Discover	y Center					Click to Register
Sep 5-Oct 10	Thu	4-5p	Ages 18 and up	\$30	5 Classes	PBHDC0015-300001

TRIPS AND TOURS

Black Hill Van Trips: Museum of the Shenandoah Valley

Join us on a van trip to the Museum of the Shenandoah Valley in Winchester, Virginia. At 214 acres, it is the largest green space in the city of Winchester, where the art, history, and culture of the Shenandoah Valley is interpreted. And the Glen Burnie House, with its surrounding seven-acre gardens, remain an important part of this year-round regional history complex. During our visit, we'll tour the historic Glen Burnie House and the galleries, which feature art and furniture collected by the original families through the years as well as new art exhibits. After, we'll explore the gardens and hike the trails on our own. Bring your picnic lunch to enjoy in the gardens. Be sure to dress for the weather and wear comfortable hiking shoes. FOBH \$58

Black Hill Discove	ry Center					Click to Register
Oct 15	Tue	8a-5p	Ages 18 and up	\$60	1 Class	PBHDC0057-300001

Black Hill Van Trips: Bombay Hook National Wildlife Refuge

Join a naturalist on this day trip to the Bombay Hook National Wildlife Refuge Center in Delaware for some outstanding viewing of snow geese, dabbling ducks, and eagles. Fee includes transportation from Black Hill Discovery Center. Please bring binoculars, warm clothing, a lunch, and money for a quick dinner stop on the way home. FOBH \$58

Black Hill Discove	ry Center					Click to Register
Nov 14	Thu	10a-8:30p	Ages 18 and up	\$60	1 Class	PBHDC0057-300003









NATURE & OUTDOORS

Little Explorers

Join us as we read stories, sing songs, engage in hands-on play, and take mini-hikes meant for the littlest legs! Please note: The Little Explorers programs scheduled in the same month will have the same topic and activities. Register each child, a guardian must attend.

В	rookside N	Click to Register					
	Sep 7	Sat	10:30-11:15a	Ages 18 months to 2 years old	\$7	1 Class	PBNC0073-300004
	Sep 18	Wed	10:30-11:15a	Ages 18 months to 2 years old	\$7	1 Class	PBNC0073-300005
	Oct 9	Wed	10:30-11:15a	Ages 18 months to 2 years old	\$7	1 Class	PBNC0073-300006
	Oct 23	Wed	10:30-11:15a	Ages 18 months to 2 years old	\$7	1 Class	PBNC0073-300007
	Nov 2	Sat	10:30-11:15a	Ages 18 months to 2 years old	\$7	1 Class	PBNC0073-300008
	Nov 13	Wed	10:30-11:15a	Ages 18 months to 2 years old	\$7	1 Class	PBNC0073-300009

Trail Buddies

Discover nature while hiking along the trails in Wheaton Regional Park! Preschoolers will have the opportunity to work on important skills with other preschoolers and their favorite adults. We'll meet new trail buddies as we increase our hiking ability little by little. Register each child, a guardian must attend.

Brookside	Brookside Nature Center								
Sep 11	Wed	10:30-11:30a	Ages 3 to 5	\$7	1 Class	PBNC0016-300026			
Oct 2	Wed	10:30-11:30a	Ages 3 to 5	\$7	1 Class	PBNC0016-300027			
Oct 16	Wed	10:30-11:30a	Ages 3 to 5	\$7	1 Class	PBNC0016-300028			
Nov 6	Wed	10:30-11:30a	Ages 3 to 5	\$7	1 Class	PBNC0016-300029			
Nov 20	Wed	10:30-11:30a	Ages 3 to 5	\$7	1 Class	PBNC0016-300030			



School's Out, Nature's In!

School's out! Join us for a fun day of nature-themed activities in Wheaton Regional Park! We'll explore outdoors, play group games, enjoy lunch around the campfire, create a few projects to take home, and make some new friends! All attendees must register. Meet at the nature center! Registration closes on Monday, October 28.

Brookside	e Nature Ce	nter		Click to Register		
Nov 4	Mon	9a-3:30p	Ages 6 to 11	\$75	1 Class	PBNC0054-300001

Park In The Dark

Who's out and about in Wheaton Regional Park once the sun sets? Join us for an evening experience to find out! Please note that each month focuses on a different theme! Adults and children must register.

Brookside N	Brookside Nature Center								
Sep 13	Fri	7:30-8:30p	Ages 5 and up	\$7	1 Class	PBNC0051-300003			
Oct 18	Fri	7-8p	Ages 5 and up	\$7	1 Class	PBNC0051-300004			
Nov 8	Fri	5:30-6:30p	Ages 5 and up	\$7	1 Class	PBNC0051-300005			

Oak Tree Identification and Hike

There are more than ten native species of oak tree that call our region home! Join a park naturalist as we get to know what makes each of them unique. We'll begin with an introduction to identification indoors. Then we'll head out for a hike 1-2 mile hike in Wheaton Regional Park on natural surface trails! All attendees must register.

Brookside Na	Brookside Nature Center					Click to Register
Oct 5	Sat	9:30a-12p	Ages 18 and up	\$15	1 Class	PBNC0088-300001

Inspired by Nature: Art Journaling

Are you fascinated by nature? Do you love being creative? In this program you get to combine your two passions! A short nature walk will be followed by the creation of a nature inspired art journal. The tools to practice mixed media techniques such as doodling, drawing, painting, collage and more, will be provided. All attendees must register.

Brookside Nature Ce	Brookside Nature Center					
Oct 19 Sat	10a-12:30p	Ages 18 and up	\$35	1 Class	PBNC0074-300002	







Beginning Birding for Every Body

Join a Brookside naturalist and learn the basics of birding on our frustration-free bird practice trail. Our wildlife pond boardwalk is accessible for all budding birders. Stroll or roll to each bird station and learn proper use of binoculars, how to navigate a field guide and what to look for and at as you step into the wide world of birding! Rain cancels the program. All attendees must register.

Brookside N	ature Cei	nter				Click to Register
Oct 26	Sat	9-10a	Ages 18 and up	\$7	1 Class	PBNC0003-300004

Sunrise Hike

What better way to start the day than with a refreshing hike in Wheaton Regional Park! Join other early risers to see who's out and about as the sun is rising. We will be hiking approximately 3 miles on natural surface trails. All attendees must register.

Brookside Nature Ce	Prookside Nature Center					
Oct 29 Tue	6:45-8:15a	Ages 55 and up	\$7	1 Class	PBNC0087-300001	

Ready, Set, Go!

Back by popular demand with all new missions! Embark on an adults only, nature-themed, evening scavenger hunt at Brookside Nature Center and on the trails of Wheaton Regional Park. Teams of five will complete a series of missions using the GooseChase app on your smart device. Make sure to pre-register for this exciting program as space is limited. All attendees must register.

Brookside N		Click to Register			
Nov 1	Fri	7-9p	Ages 18 and up	\$15 1 Class	PBNC0083-300001

Bark and Buds Tree Hike

Learn how to use bark and buds for tree identification. Practice indoors and then use your skills along the trails of Wheaton Regional Park. All attendees must register.

Brookside Nature Center						Click to Register
Nov 9	Sat	10a-12p	Ages 18 and up	\$8	1 Class	PBNC0046-300002



Treasure Hunting in Wheaton Regional Park

Geocaching is a fun way to get outside and explore. With the help of a Park Naturalist, participants will hike Wheaton Regional Park looking for and finding caches. Make sure to dress for the weather and for natural surface trail conditions. Bring your cellular phone, water bottle and trail snacks. Adults and children must register. Inclement weather could cancel this program. Be sure to check Brooksidenature.org for day-of event status.

Brookside Nature Center Click to Register

Nov 23	Sat	10a-12p	Ages 8 and up	\$7	1 Class	PBNC0041-300001
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MULTI-LINGUAL PROGRAM

Escapadas de Tortugas

¡Hemos perdido una de nuestras tortugas de caja! ¿Puedes ayudarnos a encontrarla? Estamos seguros de que está por aquí. Ha dejado pistas que nos indican dónde ha estado. Si seguimos las pistas, seguro que la encontramos y la traemos sana y salva. ¡Ayúdanos, por favor! En grupos de cuatro, participa en una divertida búsqueda de tesoros en los terrenos del Centro de la Naturaleza Brookside. Esta actividad debería durar menos de una hora. Adultos y niños deben inscribirse. English translation is also available for this program.

Brookside Nature Center Click to Register

Sat 10:30a-12p Ages 8 and up \$5 1 Class PBNC0072-300002 Sep 14



BROOKSIDE NATURE CENTER

Drop-in Weekend Programs

Free | No Registration Required

Creature Feature

Sept 7, 21; Oct 5, 12; November 16, 30 1:30pm-2:00pm All Ages

Join us for an up-close encounter with one of our animal ambassadors! Why do they live at the nature center? What would their wild counterparts be doing at this time of year? We'll answer these questions and more!



Turtle Talk

September 14, 28 1:30pm-2:00pm All Ages

Visit our Eastern box turtle ambassadors in their outdoor enclosure! Watch them stretch their legs and learn about their behavior, conservation challenges, and the physical features that make them such fascinating reptiles.













SPECIAL EVENTS

Native Plant Sale

Beautify your backyard with native plants! Ask the experts your questions about growing low-maintenance and pest-resistant varieties that help attract wildlife to your garden. Shop a unique selection of the highest quality plants and seeds. This in-person sale will be held at Pope Farm Nursery 7400 Airpark Rd. in Gaithersburg (Note: Pope Farm Nursery is only open to the public for the plant sale).

Free Admission. No Registration Required. Sales support educational programs at Locust Grove Nature Center.

Pope Farm Nursery

Sep 21-22 Sat & Sun 1	10a-2p	PLGNC0004-300001
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Nativescaping

Join us for one or all of our #PlantNative nativescaping program series to learn how to incorporate native plants into your landscape. Each class session will include exercises that build a portion of your nativescaping plan.

Getting started with Native Plants: Nativescaping 101

Why Plant Native? Heard of native plants and want to know why they are so important or how to select and plant them? Join us for this Nativescaping 101 introductory class to get started in the #PlantNative series. Learn about definitions, benefits of native plants, creating ecological landscaping, and how to do this in ways that work in your yard or HOA property.

Locust Grove N		Click to Register				
Sep 8	Sun	2-4p	Ages 18 and up	\$20	1 Class	PLGNC0040-300002

Right Plant, Right Place: Habitat Preferences and Design

Where do plants prefer? What kind of "look" would you like to design? Explore the needs of plants, how they fit your space, and how to plant communities while creating an aesthetic that works for you.

Locust Grove No	Click to Register					
Sep 11	Wed	6-8p	Ages 18 and up	\$20	1 Class	PLGNC0040-300003

When the time is right: Seasonality in the Nativescape

How do you know when to plant? And when your plants will be at their showiest? Learn how time is an element in design and how native plants follow different growth patterns. Plan for color, blooms, and textures throughout the year and discover the best times to divide, prune, and add to your native landscape.

Locust Grove Na	Click to Register					
Sep 13	Fri	6-8p	Ages 18 and up	\$20	1 Class	PLGNC0040-300004



Gardening with your body: getting in the dirt without the hurt

Looking for the healing effect of gardening without the pain of overdoing it? Join this workshop to learn about tools, techniques, and practices to help you garden with your body and enjoy gardening (with vegetables or natives) for years to come! We'll explore preparation, pacing, biomechanics, recovery, and many layers beyond just "accessible gardening". Wear comfortable clothes as we will try some gentle stretches and movement that you can use each time you go outside.

Locust Grove No	Locust Grove Nature Center							
Sep 15	Sun	2-4p	Ages 18 and up	\$20	1 Class	PLGNC0040-300001		

Nativescaping with Wildlife: Balance welcome and unwelcome visitors

Who do you want to attract and who do you need to exclude? From attracting pollinators to birds, chipmunks to toads, learn how to invite the wildlife you would like to have in your landscape. Explore techniques to exclude or dissuade the wildlife you'd rather not have visiting, such as deer or rabbits.

Locust Grove N	Locust Grove Nature Center							
Sep 18	Wed	6-8p	Ages 18 and up	\$20	1 Class	PLGNC0040-300005		

#PlantNative Full Series registration

Join us for the whole series and get one class free. When you complete the series, you will have a full plan for your nativescape so that you can #PlantNative this year!

L	ocust Grove N	ature Center		Click to Register		
	Sep 8-18	various dates/times	Ages 18 and up	\$80	5 Classes	PLGNC0040-300006

ART AND CRAFTING

Art in Nature: Sip and Sketch

Enjoy a glass of wine and an evening of nature journaling at the nature center. Join a naturalist in a guided nature journaling session and learn how to observe the flora and fauna around you. Please make sure you have a sketchpad and a pencil for this program. Alcoholic and non-alcoholic beverages will be provided along with a cheeseboard. Please email us a week in advance if there are any dietary restrictions. You must be over 21 to register for this program. Registration is required for this program.

Locust Grove Na	Click to Register					
Sep 27	Fri	5-7p	Ages 21 and up	\$25	1 Class	PLGNC0031-300001



MINDFULNESS & WELLNESS

Forest Bathing

Forest bathing promotes wellness through deepening our connection to natural environments. Based on the Japanese practice of Shinrin-Yoku, which translates as "taking in the atmosphere of the forest." This 2-hour session, led by certified forest therapy guide Adria S. Zeldin, will guide you through mindfulnessbased sensory invitations to help you slow down, awaken your senses, and reconnect with nature. Please dress comfortably with the weather in mind. We will be outdoors and moving slowly so you may want to bring extra layers. There may be times that you wish to sit, so a blanket or mat may make your experience more enjoyable. This trail difficulty is moderate. The trail is on natural surfaces with dirt, rock and rut. Trails steepness varies and some trails will only be accessible with stairs. Registration required for 18 and up.

Locust Grove No	Click to Register					
Sep 28	Sat	10a-12p	Ages 18 and up	\$10	1 Class	PLGNC0015-300002
Oct 19	Sat	10a-12p	Ages 18 and up	\$10	1 Class	PLGNC0015-300003
Nov 16	Sat	10a-12p	Ages 18 and up	\$10	1 Class	PLGNC0015-300004

GARDENING & NATIVE PLANTS

Wildflower Walks

Fall is a rainbow of wildflowers, from goldenrods to asters in every shade of purple. Take a leisurely stroll through the park with our Master Naturalists who will interpret this last spectacular show of color before the changing of the seasons. Space is limited and registration is required. Participants should be able to walk on natural surface trails, which may have some steep inclines.

Locust Grove Na	Click to Register					
Sep 15	Sun	10-11:30a	Ages 16 and up	\$7	1 Class	PLGNC0022-300001
Oct 20	Sun	10-11:30a	Ages 16 and up	\$7	1 Class	PLGNC0022-300002

Pollinator Programs: Butterfly Bonanza

Butterflies abound in September! Join a naturalist as we explore the meadow and look for butterfly eggs, caterpillars, chrysalis and butterflies. Learn how important butterflies are as pollinators for all of our favorite fall flowers. Registration is required for this program. Fee is per person.

Locust Grove Na		Click to Register				
Sep 15	Sun	4-5p	All Ages	\$7	1 Class	PLGNC0032-300002



PLAYTIME OR STORYTIME

Nature Kids Care

Need a break? Drop the kids for a Nature Night In and enjoy 3 hours away! We'll have a fun filled night with age appropriate natured based games, a picnic dinner, a hike and campfire if weather permits or a nature themed movie night if it's rainy. Children must be potty trained and dressed appropriately for weather. Please pack a nut-free dinner, snack, and a water.

Locust Grove No	Locust Grove Nature Center								
Sep 7	Sat	4-7p	Ages 4 to10	\$20	1 Class	PLGNC0042-300001			
Oct 12	Sat	4-7p	Ages 4 to 10	\$20	1 Class	PLGNC0042-300002			
Nov 9	Sat	4-7p	Ages 4 to 10	\$20	1 Class	PLGNC0042-300003			

HIKES, SCAVENGER HUNTS & CAMPFIRES

Baby and Me Nature Walks

Studies show that babies as young as a few weeks old thrive with daily outside time. So pack your baby in a carrier and join us for a low-key nature walk lead by one of our naturalists. Get to know other local parents while enjoying the fresh air and beauty of Cabin John forest. Fee is for one child and their adult for the entire Fall session, which meets Thursdays from September 12th to October 17th, with October 24th for weather makeup (6 classes).

Locust Grove Nati	ure Center		Click to Register			
Sep 12-Oct 17	Thu	12-1p	Age 0 to 1.5	\$45	6 Classes	PLGNC0008-300001

Nature Families

In this 10-week session, Caregivers will have the chance to play, create and learn right alongside their little nature explorers. Each one-and-a-half hour class will include a hike, storytime and hands-on, nature-based activities that encourages imaginative play, curiosity, and cooperation. The majority of each class will be outdoors (barring extreme weather) so be sure to dress appropriately! Fee is for one child and their adult for the entire Fall session, which meets Thursdays from September 12th to November 14th, with November 21st for weather makeup (10 classes).

Locust Grove Natu	ıre Cente	r		Click to Register		
Sep 12-Nov 14	Thu	10-11:30a	Ages 1.5 to 3.5	\$150	10 Classes	PLGNC0007-300001



Full Moon Fridays

Join us for the magic of the full moon for a hike and campfire on each Friday nearest to the full moon. Feel free to bring your own hotdogs to warm over the fire and we'll provide marshmallows. The program will be mainly outdoors with a hiking component. All hikes will be on natural surface trails. Trails steepness varies and some trails will only be accessible with stairs. All attendees must register.

Locust Grove Na	Click to Register					
Sep 13	Fri	6:30-8p	Ages 5 and up	\$8	1 Class	PLGNC0001-300001
Oct 18	Fri	6:30-8p	Ages 5 and up	\$8	1 Class	PLGNC0001-300002
Nov 15	Fri	5:30-7p	Ages 5 and up	\$8	1 Class	PLGNC0001-300003

Little Creepy Critters Costume Campfire

Snakes, spiders, and toads... do these critters give you the jitters? We'll celebrate nature's creepiest with a special presentation featuring our live animal ambassadors. Then come around the campfire to roast a sweet marshmallow treat. Costumes encouraged! Each registration is for one child and their adult.

Locust Grove No	Locust Grove Nature Center								
Oct 26	Sat	11a-12p	Ages 3 to 7	\$8	1 Class	PLGNC0028-300001			
Oct 27	Sun	11a-12p	Ages 3 to 7	\$8	1 Class	PLGNC0028-300003			

OUTDOOR SKILLS WORKSHOP

Making Fire

In the wilderness, fire is survival. Learn to start a campfire using only what you find outside and without the use of matches. No experience required, beginners are welcome, for ages 6 and up. Please register each child and adult. This program is meant for those eager to learn campfire making skills, each child should be registered and accompanied by a registered adult caregiver since both will be learning campfire making skills side by side.

Locust Grove Na	ture Center		Click to Register			
Nov 3	Sun	10a-12p	Ages 6 and up	\$5	1 Class	PLGNC0027-300001



W.A.N.D.E.R. Birding Basics for Women and Non-binary Individuals

Whether at home in our backyards or traveling afar, birds bring us joy anywhere we go! Learn how to begin or take your birdwatching to the next level. We'll cover: How to use binoculars (frustration-free tips!), How to look at a bird using field marks, Common backyard birds, Tips for finding birds on the trail. Bring your binoculars if you have them, or borrow one of our pairs. This workshop is designed to empower beginners in learning practical and fun outdoor skills. No experience required; beginners are encouraged! Please register in advance and dress for the weather, as we will be outside for a portion of the program.

Locust Grove No	ature Cente		Click to Register			
Oct 12	Sat	10a-12p	Ages 16 and up	\$12	1 Class	PLGNC0027-300002

BIRDING

Morning Tweets and Tea

Do you have an interest in birding? Then join us for a morning of bird watching at Cabin John Regional Park. Enjoy a cup of freshly brewed tea from our tea station as you learn beginner birding techniques, or bring a thermos of your favorite breakfast beverage. Bring your own pair of binoculars or borrow a pair from the nature center, we will show you how to use them. Registration is required for this program.

Locust Grove No	Locust Grove Nature Center								
Sep 6	Fri	9-10a	Ages 18 and up	Free	1 Class	PLGNC0024-300001			
Oct 4	Fri	9-10a	Ages 18 and up	Free	1 Class	PLGNC0024-300002			
Nov 8	Fri	9-10a	Ages 18 and up	Free	1 Class	PLGNC0024-300003			

Project FeederWatch

Are you interested in birding? Do you want to be part of a national community science project? Then, join us at Locust Grove Nature Center for Project FeederWatch. Project FeederWatch is a seasonal community science project, where participants count the different species of birds that flock to a bird feeder. All levels of birders are welcome. We advise you to dress appropriately for the weather and to bring your binoculars if you have them. Registration is encouraged, just so we can notify participants of cancellations. You are not required to attend all the session in the season, come to as many as you like. If you have any questions, please feel free to send an email to MCP-LocustGrove@MontgomeryParks.org. For the month of November, we will not meet on November 28 and November 29 in honor of the holiday.

L	Locust Grove Na	Click to Register					
	Nov 7-28	Thu	11a-12p	Ages 5 and up	Free	4 Classes	PLGNC0018-300001
	Nov 1-29	Fri	11a-12p	Ages 5 and up	Free	5 Classes	PLGNC0018-300002



Birding: E-Bird Tutorial

In celebration of Birdability Week, Locust Grove Nature Center will be hosting a tutorial on the eBird app. Learn how to use the app and have the chance to practice using eBird at our bird feeders or on an optional walk in the park. Our trail difficulty is moderate. All of our trails are on natural surfaces with dirt, rock and rut. Trails steepness varies and some trails will only be accessible with stairs.

Locust Grove Nature Center Click to Register

Oct 23 Wed 4-5:30p Ages 18 and up Free 1 Class PLGNC0044-300001

Birding: The Art of Birds

Discover the beauty of birds through the art of nature journaling. Learn how nature journaling not only allows us to observe birds in their habitats but also deepen our connection to birds and the natural world. . We encourage participants to bring their own sketch pad and art supplies. This program is in celebration of Birdability Week, all levels of birders welcome. Registration is required.

Locust Grove Nature Center Click to Register

Fri 1 Class Oct 25 4-5:30p Ages 18 and up Free PLGNC0044-300002







NATURE ON WHEELS

Nature Center Pop-Up

We are bringing the nature center to you! Come talk with a naturalist and explore the natural world through various programs with our Nature on Wheels. The Nature On Wheels vehicle will host this event. The meeting location will be updated closer to the event date. Registration is encouraged, but walk-ins are welcome.

Laytonia Red	creational Po	Click to Register				
Sep 8	Sun	12-3p	All Ages	Free	1 Class	PLGNC0041-300001
Winding Cree	ek Local Par	k				
Oct 13	Sun	12-3p	All Ages	Free	1 Class	PLGNC0041-300002

Josiah Henson Museum and Park will be hosting a special Nature Center Pop-Up on November 10, see page 20 for details.

Hikes to Parks Unkown: Seniors 55+ Beginner

Join a Park Naturalist for an off-site hike and get to know a new park! Includes 1 hr hike and social chat at the end. The Nature on Wheels vehicle will provide seating, water and bathroom access (using stairs). This event is for beginner hikers with more emphasis on nature interpretation. Trail is selected for level or grassy walking surface and distance will be under 1.5 miles. Slopes on these trails can be moderate. The meeting location will be updated closer to the event date. Registration is required.

Laytonia Red	creational P	Click to Register							
Sep 8	Sun	9:30-11a	Ages 55 and up	\$10	1 Class	PLGNC0041-300004			
Winding Cre	Winding Creek Local Park								
Oct 13	Sun	9:30-11a	Ages 55 and up	\$10	1 Class	PLGNC0041-300005			
Ken-Gar Palisades Park									
Nov 10	Sun	9:30-11a	Ages 55 and up	\$10	1 Class	PLGNC0041-300006			







Hikes to Parks Unkown: Seniors 55+ Intermediate

Join a Park Naturalist for an off-site hike and get to know a new park! Includes 80 minute hike and social chat at the end. The Nature on Wheels vehicle will provide seating, water and bathroom access (using stairs). This event is for experienced hikers. Trail may be rocky or steep and distance will be over 2 miles. The meeting location will be updated closer to the event date. Registration is required.

Cabin John L	ocal Park					Click to Register		
Sep 6	Fri	1-2:30p	Ages 55 and up	\$10	1 Class	PLGNC0041-300007		
Fairland Recreational Park.								
Oct 11	Fri	1-2:30p	Ages 55 and up	\$10	1 Class	PLGNC0041-300008		
Bucklodge Conservation Park								
Nov 8	Fri	1-2:30p	Ages 55 and up	\$10	1 Class	PLGNC0041-300009		

FALL NATIVE DLANT SALES

Beautify your backyard and be a good neighbor to wildlife with native plants.



Locust Grove Nature Center

#PlantNative Series

Join us for a series of classes to learn about and create your own nativescaping plan leading up to the plant sale.

In-Person Sales Only September 21 and 22 | 10am – 2pm

Pope Farm Nursery 7400 Airpark Road | Gaithersburg, MD 20905 Please note Pope Farm is only open to the public during sale hours.

MoCoParks.org/LGPlantNative



Sales support educational programs at Locust Grove Nature Center.



Maydale Nature Classroom

1638 Maydale Drive | Colesville, MD 20905

Online Sales Only Sale begins Monday, August 26

Plant pickup on Saturday, September 14 at Maydale Nature Classroom

MaydaleNature.org



Sales support educational programs at Maydale Nature Classroom.













SPECIAL EVENTS

Fall Events at Maydale

Fall is filled with festivities. Join us as we press fresh apple cider, make pumpkin bird feeders, create a scarecrow for your front yard, make creepy crafts, and go on a spooky skull hike.

Maydale Nature	e Classrooi	<u>m</u>				Click to Register
Apple Cider Pr	essing					
Oct 5	Sat	11a-12p	Ages 3 and up	\$7	1 Class	PMAY0021-300001
Pumpkin Bird	Feeders					
Oct 12	Sat	10:30-11:30a	Ages 3 to 12	\$7	1 Class	PMAY0021-300002
Scarecrow Ma	king					
Oct 12	Sat	2:30-3:30p	Ages 3 to 12	\$7	1 Class	PMAY0021-300003
Spooky Skull I	Hike					
Oct 19	Sat	10a-12p	Ages 3 to 12	\$2	1 Class	PMAY0021-300004
Halloween Ani	imal "Cre	epy Crawlies"				
Oct 19	Sat	2-3p	Ages 3 to 12	\$6	1 Class	PMAY0021-300005

Maydale Nature Classroom: Native Plant Sale

Growing native plants encourages beneficial insects, birds, and other wildlife in your community. Support your back-yard ecosystem with this fundraising event benefiting Maydale Nature Classroom. Online sales run Monday August 26th through Monday September 9th with plant pickup Saturday, September 14th. Online sales only. To learn more or purchase plants please visit www.MaydaleNature.org and select Native Plant Sales.

Maydale Nature Classroom

Learn more

Aug 26 - Sep 9 PMAY0007-300001

STORYTIME

Storytime at Maydale

Join a naturalist for a reading of a seasonal story, participate in a hike, and make a craft to take home. Enroll in the entire series or individual sessions.

Maydale Natur	Click to Register					
Every Autum	n Comes the	e Bear				
Sep 17	Tue	10-11a	Ages 3 to 5	\$6	1 Class	PMAY0004-300001
Oh No, Wooly	Bear!					
Oct 15	Tue	10-11a	Ages 3 to 5	\$6	1 Class	PMAY0004-300002
Leaf Man						
Oct 22	Tue	10-11a	Ages 3 to 5	\$6	1 Class	PMAY0004-300003
The Green Go	urd					
Oct 29	Tue	10-11a	Ages 3 to 5	\$6	1 Class	PMAY0004-300004

NATURE & OUTDOORS

Nature Explorers

These classes are designed to teach young children and their caregivers more about wildlife and nature right in their own backyards through activities, explorations, games, hikes, and take-home crafts.

Maydale Nature	Click to Register					
Tracks 101						
Sep 26	Thu	10:30-11:30a	Ages 3 to 5	\$6	1 Class	PMAY0009-300006
Amazing Ants						
Oct 10	Thu	10:30-11:30a	Ages 3 to 5	\$6	1 Class	PMAY0009-300007
Leaping for Le	aves					
Oct 24	Thu	10:30-11:30a	Ages 3 to 5	\$6	1 Class	PMAY0009-300008
Super Seeds						
Nov 7	Thu	10:30-11:30a	Ages 3 to 5	\$6	1 Class	PMAY0009-300009
Turtle Talk						
Nov 21	Thu	10:30-11:30a	Ages 3 to 5	\$6	1 Class	PMAY0009-300005



Maydale Hikes and Scavenger Hunts

Explore the great outdoors with a naturalist-led hike. Whether you are looking for a family-friendly hike around Maydale, want to learn about nocturnal animals during a night hike, or enjoy a scavenger hunt with your family there is a hike for you.

Mayd	ale	Nature	C_{l}	lassroom
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Click to Register

Night Hike						
Sep 20	Fri	8-9p	Ages 6 and up	\$4	1 Class	PMAY0006-300001
Fall Scavenge	r Hunt!					
Nov 16	Sat	10:30-11:30a	Ages 3 to 12	\$2	1 Class	PMAY0006-300002

Teen High Adventure Excursions

When MCPS is out of school, why not have your teen join us for an outdoor adventure! In this series, we'll hike, kayak, and bike our way through some of the most interesting nature locales in our area! All programs begin and end at Maydale Nature Classroom and transportation is provided to and from each location. Sign up for one or all of the programs!

Maydo	ale N	ature	Clo	assroom
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Click to Register

the C&O Ca	nal Towpath						
Thu	9a-4p	Ages 12 to 15	\$50	1 Class	PMAY0033-300001		
Kayaking on Seneca Creek							
Fri	9a-4p	Ages 12 to 15	\$50	1 Class	PMAY0033-300002		
Hiking at Great Falls							
Mon	9a-3:30p	Ages 12 to 15	\$50	1 Class	PMAY0033-300003		
	Thu Seneca Cre Fri at Falls	Seneca Creek Fri 9a-4p at Falls	Thu 9a-4p Ages 12 to 15 Seneca Creek Fri 9a-4p Ages 12 to 15 at Falls	Thu 9a-4p Ages 12 to 15 \$50 Seneca Creek Fri 9a-4p Ages 12 to 15 \$50 at Falls	Thu 9a-4p Ages 12 to 15 \$50 1 Class Seneca Creek Fri 9a-4p Ages 12 to 15 \$50 1 Class at Falls		

Nature Matters

Spend the evening with area experts as they share their expertise and knowledge of local nature and conservation topics. This series sheds light on the relationships and challenges of urbanization and wildlife in Montgomery County. Evening includes light fare.

Maya	ale	Nature	Classroom	,
IVICIVCI	<i>uic</i> .		CHUSSICULI	

Click to Register

Alien Invader	s: Non Nativ	ve Invasive pla	nts and how you ca	n help		
Sep 5	Thu	6:45-8p	Ages 18 and up	Free	1 Class	PMAY0032-300001
Eyes on Paint	Branch: Ex	ploring your l	ocal watershed			
Oct 24	Thu	6:45-8p	Ages 18 and up	Free	1 Class	PMAY0032-300002



MAYDALE NATURE CLASSROOM'S

Community Celebration

Saturday, November 2 | 1 to 4 pm

Join Montgomery Parks for the annual community celebration at Maydale Nature Classroom.

ACTIVITIES INCLUDE:

- Live Music
- Seasonal Crafts and Activities
- Campfire and S'mores
- Appearance by Smokey Bear















ART

Etch and Sip: Craft Brews

Make your own pieces of functional nature-themed art and enjoy your next drink in style! During this handson program you will be provided with the instructions, materials, and stencils needed to create your own personalized pint glass using the process of chemical glass etching. Be sure to join us for a craft beer and to learn about Maryland's fascinating beer brewing history! Please note that this program uses the process of chemical glass etching. All necessary safety equipment will be provided.

Meadowside No	ature Center					Click to Register
Sep 28	Sat	3-5p	Ages 21 and up	\$20	1 Class	PMNC0144-300001

Pumpkin Decorating

Join us on this day off from school to make beautiful pumpkins to adorn your house, yard, or porch! Join us as we decorate pumpkins using craft materials such as paint, glitter, markers, and more! Each participant will take home one pumpkin.

Meadowside No	ature Center					Click to Register	
Oct 18	Fri	1-2p	Ages 4 and up	\$10	1 Class	PMNC0092-300001	

Tiny Terrariums

Bring a little bit of nature inside your home to last you all winter long! Create a magical living landscape inside a mason jar using live plants, stones, and more. Each participant will take home a mason jar terrarium containing a live plant.

Meadowside N	ature Center					Click to Register
Nov 16	Sat	2-3p	Ages 9 and up	\$9	1 Class	PMNC0146-300001

FISHING

Family Fishing at Lake Frank

Wet your line at our introduction to family fishing hosted at Lake Needwood. A park naturalist will show you how to tie and bait your hook, go over casting, and show you how to remove a fish without even touching it. We will provide the bait and loan you tackle and a fishing pole, but you're welcome to bring your own gear. Anglers of all abilities are welcome, and we will fish from a floating dock. All registrants 16 and over must have a current MD fishing license. Registration is required for those who plan to fish and participate in activities. Companions who support a registered angler do not need to register themself. A companion is someone who will assist a registered angler during the entire program but will not actually fish or participate independently in the activities.

Lake Needwood	d Boats					Click to Register
Sep 28	Sat	10a-12p	Ages 16 and up	\$15	1 Class	PMNC0150-300001



NATURE & OUTDOORS

Women's Fire Making Class

Let's make some sparks to start a fire! Join a naturalist and learn how to use a ferro rod, magnesium, and magnifying glass to make a spark. Help the spark grow by learning what natural items are available and discover everyday items found at home that work as fuel. You will also learn three different ways to structure firewood to encourage a lasting flame. This outdoor program will be canceled due to wind or rain.

Meadowside No	ature Centei	r				Click to Register
Sep 7	Sat	10a-12p	Ages 16 and up	\$25	1 Class	PMNC0028-300001

Vulture Awareness Day Celebration

Celebrate nature's cleanup crew by finding out what it takes to be a vulture! Fly through the forest on this self-guided ultimate scavenger hunt and find the hidden vultures. Answer trivia, solve puzzles, and learn some vulture jokes as you "carrion" down the trail. When you finish your trail challenge come and see our vulture ambassador from the Nature Playspace, and try a tasty vulture treat!

Meadowside	Nature Center					Click to Register
Sep 9	Mon	4-5p	All Ages	\$7	1 Class	PMNC0143-300001

Gardening for Wildlife

Learn how to make your outdoor space a sanctuary for Maryland wildlife. We'll explore how to choose the best plants for your space and which plants are the most helpful to birds, butterflies and other wildlife. Discover why gardening with intention is one of the most impactful methods for climate resilience and how you can be a climate hero in your own backyard! Each participant will receive a coupon for a free plant at Locust Grove Nature Center's upcoming native plant sale.

Meadowside Nat	ure Center					Click to Register
Sep 13	Fri	5-6p	Ages 16 and up	\$10	1 Class	PMNC0149-300001

Cast your Ballot for Nature

Celebrate the 2024 election season with the charismatic candidates of Meadowside (our reptile, amphibian and feathered friends)! Learn about what makes these nominees so special and cast a vote for your favorite animal ambassador.

٨	1eadowside No	Click to Register					
	Nov 2	Sat	11a-12p	All Ages	\$7	1 Class	PMNC0154-300001



HIKES, SCAVENGER HUNTS & CAMPFIRES

Pints for Plants: Native Plant Beer Hike

Hike and taste five different local brews along Meadowside's beautiful trails. Learn the science behind how native trees support our favorite drinks and the life of the forest.

<u>Meadowside No</u>	ature Center					Click to Register
Sep 14	Sat	3-4p	Ages 21 and up	\$15	1 Class	PMNC0147-300001

LGBTQ+ History Month Hike and Campfire

Celebrate LGBTQ+ History Month in nature! Join us on a gentle, naturalist-led hike around Meadowside grounds as we honor the milestones of our collective memory and explore the natural world through the lens of queer ecology.

٨	1eadowside No	Click to Register					
Ī	Oct 18	Fri	7-8p	All Ages	\$7	1 Class	PMNC0152-300001

Ghost Pirates of Rock Creek- Trail Treasure Hunt

Ahoy! Looking for a fun afternoon of trail adventure? Join the ghost pirate crew of Rock Creek on this day off from school and find the clues that lead you to the hidden treasure. Trails are natural surfaces with possible roots and rocks. Trails may be at an incline.

Meadowside No		Click to Register				
Oct 18	Fri	3-4p	All Ages	\$7	1 Class	PMNC0151-300001

Fall Foliage Frolic

Get outside and enjoy the stunning colors of fall on a leisurely hike through the forest. Find your favorite fall colors with a scavenger hunt, and join us after for a campfire, cider, and s'mores!

Meadowside No	Click to Register					
Oct 25	Fri	5-6:30p	All Ages	\$7	1 Class	PMNC0145-300001



Lights Out! Campfire

Looking for a way to help wildlife and have some fun? Sign up for the Lights Out Challenge. When you register you'll be given a gameboard to track how many times you turn your outdoor lights off by 11pm. Participants who are successful for two weeks can join us for a campfire celebration of s'mores and a starlit hike down to the Meadowside pond. Register all participants interested in completing the challenge and who plan to attend the campfire.

Meadowside Nat	ture Center					Click to Register
Nov 8	Fri	7-8p	All Ages	\$3	1 Class	PMNC0103-300001

Family Full Moon Night Hike

Walk the woods of Meadowside during this guided full moon night hike. Explore how your senses change at night as you participate in activities along the trail. Participants will hike outside, without flashlights on uneven ground which may have roots, rocks, and other trip hazards. The hike will be about 1 mile and walked at a slow pace. Please register all participants.

Meadowside Nature (Center				Click to Register
Nov 15 F	ri 6-7p	Ages 6 and up	Free	1 Class	PMNC0155-300001

PROGRAMS IN AMERICAN SIGN LANGUAGE

Spooktacular Party: An American Sign Language Event

There's something "spooky" happening at Meadowside! Join a naturalist for an hour of fun-filled activities designed for the whole family. Participants will play games, make crafts, read a book, and enjoy snacks. Spoken instructions will be interpreted by a qualified ASL interpreter. All are welcome to attend. Choose one session and register all who will attend. You will only be allowed to attend your registered session.

Meadowside No	Click to Register					
Oct 25	Fri	6-7p	All Ages	\$7	1 Class	PMNC0153-300001
Oct 25	Fri	7:30-8:30p	All Ages	\$7	1 Class	PMNC0153-300002



SPEAKER SERIES

Raptor Chat: Raptors on the Move

Come see some of Meadowside Nature Center's raptor ambassadors. Learn which of Maryland's raptors would be on the move and how you can help migrating birds.

Meadowside N	Click to Register					
Sep 2	Mon	12-12:30p	All Ages	Free	1 Class	PMNC0148-300001
Sep 9	Mon	12-12:30p	All Ages	Free	1 Class	PMNC0148-300002
Sep 16	Mon	12-12:30p	All Ages	Free	1 Class	PMNC0148-300003
Sep 30	Mon	12-12:30p	All Ages	Free	1 Class	PMNC0148-300004
Oct 7	Mon	12-12:30p	All Ages	Free	1 Class	PMNC0148-300005
Oct 21	Mon	12-12:30p	All Ages	Free	1 Class	PMNC0148-300006
Oct 28	Mon	12-12:30p	All Ages	Free	1 Class	PMNC0148-300007
Nov 4	Mon	12-12:30p	All Ages	Free	1 Class	PMNC0148-300008
Nov 25	Mon	12-12:30p	All Ages	Free	1 Class	PMNC0148-300009

Raptor Caretaker Chats

What does it take to care for a raptor? Come and learn how our Naturalist Staff care for our amazing birds of prey! Discover what raptors eat for lunch, what raptors do for fun, and how trainers build relationships with these incredible animals. *Note the Sep 28 and Nov 30 sessions have been canceled.

Meadowside No	ature Cente	r				Click to Register
Sep 7	Sat	12-12:30p	All Ages	Free	1 Class	PMNC0044-300001
Sep 14	Sat	12-12:30p	All Ages	Free	1 Class	PMNC0044-300002
Sep 21	Sat	12-12:30p	All Ages	Free	1 Class	PMNC0044-300003
Sep 28*	Sat	12-12:30p	All Ages	Free	1 Class	PMNC0044-300004
Oct 5	Sat	12-12:30p	All Ages	Free	1 Class	PMNC0044-300005
Oct 12	Sat	12-12:30p	All Ages	Free	1 Class	PMNC0044-300006
Oct 19	Sat	12-12:30p	All Ages	Free	1 Class	PMNC0044-300007
Nov 9	Sat	12-12:30p	All Ages	Free	1 Class	PMNC0044-300008
Nov 16	Sat	12-12:30p	All Ages	Free	1 Class	PMNC0044-300009
Nov 23	Sat	12-12:30p	All Ages	Free	1 Class	PMNC0044-300010
Nov 30*	Sat	12-12:30p	All Ages	Free	1 Class	PMNC0044-300011







GOLF

Parent and Child Golf

Golf is a great game for kids to start early, and you will have a great time learning together. With the help of a Montgomery County Golf Academy Certified Instructor, you and your child (age 7-15) will learn the basics of golf, including proper stance, grip, chipping, putting, driving, and more. If you are already a golfer, the instructor will work with you at your level to help you improve your game. Fee covers one child and one adult; register the child only. Fee covers instruction, loaner clubs and balls.

South Germantow	Click to Register					
Sep 14-Oct 5	Sat	11a-12p	Ages 7 to 15	\$120	4 Classes	PSGDR2015-301001
Sep 14-Oct 5	Oct 5 Sat 12-1p		Ages 7 to 15	\$120	4 Classes	PSGDR2015-301002
Sep 14-Oct 5	Oct 5 Sat 4:30-5:30p		Ages 7 to 15 \$120 4 C		4 Classes	PSGDR2015-301003
Oct 19-Nov 9	9 Sat 11a-12p		Ages 7 to 15 \$120 4 C		4 Classes	PSGDR2015-301004
Oct 19-Nov 9	Sat	12-1p	Ages 7 to 15	\$120	4 Classes	PSGDR2015-301005
Oct 19-Nov 9	Sat	4:30-5:30p	Ages 7 to 15	\$120	4 Classes	PSGDR2015-301006

Beginning Golf, Junior

If you have always wanted to try golf or have not played in years and want to pick it up again, this is an easy, inexpensive way to get into the sport. For just \$99, you will get four weeks of professional instruction from a Montgomery County Golf Academy Certified Instructor, and learn the basics of golf: proper stance, grip, chipping, putting, driving, golf etiquette, and more. Fee covers loaner clubs and balls. Class sizes are small (no more than 8 students), so you are sure to get a good bit of personal attention.

South Germantown Driving Range Click to Register							
Sep 14-Oct 5	Sat	3:30-4:30p	Ages 7 to 15	\$99	4 Classes	PSGDR2011-301001	
Oct 19-Nov 9	Sat	3:30-4:30p	Ages 7 to 15	\$99	4 Classes	PSGDR2011-301002	



Beginning Golf, Adult

If you have always wanted to try golf or have not played in years and want to pick it up again, this is an easy, inexpensive way to get into the sport. For just \$99, you will get four weeks of professional instruction from a Montgomery County Golf Academy Certified Instructor, and learn the basics of golf: proper stance, grip, chipping, putting, driving, golf etiquette, and more. Fee covers loaner clubs and balls. Class sizes are small (no more than 8 students), so you are sure to get a good bit of personal attention.

South	Germantown	Driving	Range

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Sep 10-Oct 1	Tue	5:30-6:30p	Ages 18 and up	\$99	4 Classes	PSGDR2010-301001
Sep 12-Oct 3	Thu	5:30-6:30p	Ages 18 and up	\$99	4 Classes	PSGDR2010-301002
Sep 14-Oct 5	Sat	2:30-3:30p	Ages 18 and up	\$99	4 Classes	PSGDR2010-301003
Oct 15-Nov 5	Tue	5:30-6:30p	Ages 18 and up	\$99	4 Classes	PSGDR2010-301004
Oct 17-Nov 7	Thu	5:30-6:30p	Ages 18 and up	\$99	4 Classes	PSGDR2010-301005
Oct 19-Nov 9	Sat	2:30-3:30p	Ages 18 and up	\$99	4 Classes	PSGDR2010-301006

ARCHERY

Parent and Child Archery

Whether you are a novice, or you shoot better than Robin Hood, this class is for parent/guardian and their children interested in the sport of archery. It is a really FUN way for boys and girls to learn about archery in a positive learning environment involving both parent and child! Participants should wear comfortable clothing. This is an outdoor class, so participants should dress accordingly. Fee covers one child and one adult; register the child only.

South Germantown Driving Range

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	 n III	$R = \Sigma$	ister
\sim	 		1000

Sep 7-28	Sat	12:30-2p	Ages 7 to 15	\$65	4 Classes	PSGDR2004-301001
Oct 12-Nov 2	Sat	12:30-2p	Ages 7 to 15	\$65	4 Classes	PSGDR2004-301002
Sep 8-29	Sun	12:30-2p	Ages 7 to 15	\$65	4 Classes	PSGDR2004-301003
Oct 13-Nov 3	Sun	12:30-2p	Ages 7 to 15	\$65	4 Classes	PSGDR2004-301004







Level 1 Archery

Interested in learning archery? Participants will learn basic skills and safety instruction. You will learn how to hold, aim, draw, and shoot a bow. We will introduce or build on participant's current knowledge/skills of archery and provide time to practice each new skill. We will supply all the equipment, a safe place to shoot, and a Certified Instructor to guide you. Please bring a water bottle and dress for the weather.

South Germantow	Click to Register					
Sep 7-28	Sat	2-3:30p	Ages 8 to 15	\$50	4 Classes	PSGDR2001-301001
Sep 8-29	Sun	2-3:30p	Ages 8 to 15	\$50	4 Classes	PSGDR2001-301002
Oct 12-Nov 2	Sat	2-3:30p	Ages 8 to 15	\$50	4 Classes	PSGDR2001-301003
Oct 13-Nov 3	Sun	2-3:30p	Ages 8 to 15	\$50	4 Classes	PSGDR2001-301004

Level 2 Archery

Prerequisite: Passed Level 1 Archery Interested in more archery? Intermediate archery focuses on the draw cycle. You will learn how to anchor, transfer/hold, aim, and release/follow through. We will supply all the equipment, a safe place to shoot, and a Certified Instructor to guide you. Please bring a water bottle and dress for the weather.

Journ Germantown Driving Range	South	Germantown	Driving	Range
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Cl	ic	k t	0	Reg	iste	er

Sep 7-28	Sat	3:30-5p	Ages 8 to 15	\$50	4 Classes	PSGDR2003-301001
Sep 8-29	Sun	3:30-5p	Ages 8 to 15	\$50	4 Classes	PSGDR2003-301002
Oct 12-Nov 2	Sat	3:30-5p	Ages 8 to 15	\$50	4 Classes	PSGDR2003-301003
Oct 13-Nov 3	Sun	3:30-5p	Ages 8 to 15	\$50	4 Classes	PSGDR2003-301004









CABIN JOHN ICE RINK

10610 Westlake Dr | Rockville, MD 20852 301-765-8620 **CabinJohnIce.org**

WHEATON ICE ARENA

11717 Orebaugh Ave | Wheaton, MD 20902 301-905-3000 WheatonIceArena.org



CLASS DATES

Fall I:

Registration Dates: Aug 20 - Sep 4 Class Dates: Sep 9 - Oct 26 No classes: Oct 2, 3, 11, 12

Fall II:

Registration Dates: Oct 21 - 29 Classe Dates: Nov 1 - Dec 19 No classes: Nov 27 - Dec 1

On your first day of class...

- Check in at the Group Lesson area in the rink lobby.
- Wear one pair of thin long socks that cover your ankles.
- Helmets and gloves are highly recommended for safety.
- Arrive at the rink 30 minutes early for your first lesson, and 15-20 minutes early for subsequent lessons to have time to get skates on properly.
- Pick up your skates at the skate exchange. Ask for one size smaller than your sneaker size. You'll have better balance and protections against injuries.

EVENTS AND IMPORTANT DATES:

- Rink Closed: Nov 28 and Dec 25
- Rink closes at 3 pm on Dec 24 and 31
- Halloween Skates: Oct 25
- Winter Ice Shows: Cabin John Dec 14 at 6:15 pm

COURSE FEES COVER

- 1. Six instructed group lessons
- 2. Skate rental
- 3. A practice pass good for public skating admissions and skate rental during the lesson series

PLEASE NOTE

- No make-ups or refunds for missed lessons.
- Please read course descriptions carefully and select courses that match the skater's ability and experience. At the end of each class series, the skater will receive an evaluation form recommending the class that should be taken in the future.
- If you see a class you like, register! Classes may be canceled or combined if a minimum enrollment is not met.
- If you wish to practice on the same day as your lesson, please see the public skating schedules before signing up
- Skaters will receive a ribbon award at the end of the course.

PUBLIC SESSIONS

Visit our websites for schedules and pricing.

CabinJohnIce.org WheatonIceArena.org







SPECIAL EVENTS

School's out Skate Day

No school? No problem! On many of the days Montgomery County Public Schools are off School's Out Skate Days are on! Bring your kids (ages 6-12) for a Skate Day full of supervised activities. The day includes a group ice skating lesson, practice skating time, arts & crafts, and fun games. Skaters will need to pack a lunch will be emailed camp forms prior to the skate day.

Cabin John Ice	Rink					Click to Register	
Oct 3	Thu	9a-5p	Ages 6 to 12	\$75	1 Class	PICE2000-302020	
Dec 26	Thu	9a-5p	Ages 6 to 12	\$75	1 Class	PICE2000-302021	
Dec 27	Fri	9a-5p	Ages 6 to 12	\$75	1 Class	PICE2000-302022	
Dec 30	Mon	9a-5p	Ages 6 to 12	\$75	1 Class	PICE2000-302023	
Wheaton Ice Arena							
Oct 3	Thu	9a-5p	Ages 6 to 12	\$75	1 Class	PICE2000-305020	

Not So Spooky Skate

Come celebrate Halloween at Cabin John! Skaters should come in costume so they can trick or treat at the rink, participate in the costume contest, and do some Halloween crafts. Organized on ice activities including a costume parade and skating that will take place on the NHL rink from 4:30-6:15 pm. Registration includes public skate admission, skate rental, and crafts in the party rooms. Skaters under the age of 6 should have a parent participate in the public skating and craft portion of the program. Please register the child only.

C	abin John Ice F	Click to Register								
	Oct 25	Fri	4:30-6:30p	Ages 3 to 12	\$12	1 Class	PICE2020-302010			
V	Wheaton Ice Arena									
	Oct 25	Fri	5:30-7p	Ages 3 to 12	\$12	1 Class	PICE2020-305010			





ICE SKATING

Parent and Tot Ice Skating

Skating is fun, and great exercise for you and your child! This class teaches toddlers (ages 3-5) beginning skating skills with Mom or Dad right there to help them feel safe. We'll teach your child how to fall down and get up, and march while moving on the ice. Parents will need basic skating skills in order to skate with their child. Fee covers registration for child and parent, skate rental for child and parent, and a practice card good for admission to six public skate sessions to practice skills learned in class. Register only the child for the course. Equipment Required: Helmet & Gloves.

Fall Term I: Cabin John Ice Rink Click to Register									
Sep 15-Oct 20	Sun	11-11:30a	Ages 3 to 5	\$114	6 Classes	PICE0100-312000			
Sep 15-Oct 20	Sun	11:30a-12p	Ages 3 to 5	\$114	6 Classes	PICE0100-312001			
Sep 13-Oct 25	Fri	11:30a-12p	Ages 3 to 5	\$114	6 Classes	PICE0100-312002			
Sep 14-Oct 26	Sat	10:45-11:15a	Ages 3 to 5	\$114	6 Classes	PICE0100-312004			
Sep 14-Oct 26	Sat	11:45a-12:15p	Ages 3 to 5	\$114	6 Classes	PICE0100-312005			
Fall Term I: Whee	Fall Term I: Wheaton Ice Arena								
Sep 15-Oct 20	Sun	1:15-1:45p	Ages 3 to 5	\$114	6 Classes	PICE0100-315001			
Sep 11-Oct 23	Wed	12:30-1p	Ages 3 to 5	\$114	6 Classes	PICE0100-315002			
Sep 12-Oct 24	Thu	5-5:30p	Ages 3 to 5	\$114	6 Classes	PICE0100-315003			
Sep 14-Oct 26	Sat	11:15-11:45a	Ages 3 to 5	\$114	6 Classes	PICE0100-315004			
Sep 14-Oct 26	Sat	11:45a-12:15p	Ages 3 to 5	\$114	6 Classes	PICE0100-315008			
Fall Term II: Cab	in John I	ce Rink							
Nov 3-Dec 15	Sun	11-11:30a	Ages 3 to 5	\$114	6 Classes	PICE0100-322000			
Nov 3-Dec 15	Sun	11:30a-12p	Ages 3 to 5	\$114	6 Classes	PICE0100-322001			
Nov 1-Dec 13	Fri	11:30a-12p	Ages 3 to 5	\$114	6 Classes	PICE0100-322002			
Nov 2-Dec 14	Sat	10:45-11:15a	Ages 3 to 5	\$114	6 Classes	PICE0100-322004			
Nov 2-Dec 14	Sat	11:45a-12:15p	Ages 3 to 5	\$114	6 Classes	PICE0100-322005			
Fall Term II: Whe	aton Ice	Arena							
Nov 3-Dec 15	Sun	1:15-1:45p	Ages 3 to 5	\$114	6 Classes	PICE0100-325001			
Nov 6-Dec 18	Wed	12:30-1p	Ages 3 to 5	\$114	6 Classes	PICE0100-325004			
Nov 7-Dec 19	Thu	5-5:30p	Ages 3 to 5	\$114	6 Classes	PICE0100-325006			
Nov 2-Dec 14	Sat	11:15-11:45a	Ages 3 to 5	\$114	6 Classes	PICE0100-325007			
Nov 2-Dec 14	Sat	11:45a-12:15p	Ages 3 to 5	\$114	6 Classes	PICE0100-325008			

Fall I:

Fall II:

105



Preschool Ice Skating 1 (Beginner)

This class is designed for children ages 3-5 who are beginning skaters. Skaters will learn how to sit and stand up on skates (off and on the ice); march in place; march forward; glide on two feet; and dip in place. Fee includes rental skates and a practice card good for admission to six public skate sessions for the skater to practice skills learned in class. Equipment required: Helmet and gloves

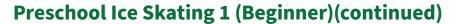
Fall Term I: Cabin John Ice Rink Click to Register								
Sep 15-Oct 20	Sun	10:30-11a	Ages 3 to 5	\$114	6 Classes	PICE0101-312001		
Sep 15-Oct 20	Sun	2:30-3p	Ages 3 to 5	\$114	6 Classes	PICE0101-312003		
Sep 10-Oct 15	Tue	4-4:30p	Ages 3 to 5	\$114	6 Classes	PICE0101-312004		
Sep 11-Oct 23	Wed	3:30-4p	Ages 3 to 5	\$114	6 Classes	PICE0101-312005		
Sep 13-Oct 25	Fri	11:30a-12p	Ages 3 to 5	\$114	6 Classes	PICE0101-312006		
Sep 13-Oct 25	Fri	3:30-4p	Ages 3 to 5	\$114	6 Classes	PICE0101-312007		
Sep 14-Oct 26	Sat	10:45-11:15a	Ages 3 to 5	\$114	6 Classes	PICE0101-312008		
Sep 14-Oct 26	Sat	11:45a-12:15p	Ages 3 to 5	\$114	6 Classes	PICE0101-312009		
Sep 14-Oct 26	Sat	3:30-4p	Ages 3 to 5	\$114	6 Classes	PICE0101-312010		
Fall Term I: Whee	aton Ice A	Arena						
Sep 15-Oct 20	Sun	1:15-1:45p	Ages 3 to 5	\$114	6 Classes	PICE0101-315001		
Sep 15-Oct 20	Sun	2:15-2:45p	Ages 3 to 5	\$114	6 Classes	PICE0101-315002		
Sep 11-Oct 23	Wed	12:30-1p	Ages 3 to 5	\$114	6 Classes	PICE0101-315004		
Sep 12-Oct 24	Thu	5-5:30p	Ages 3 to 5	\$114	6 Classes	PICE0101-315005		
Sep 12-Oct 24	Thu	5:45-6:15p	Ages 3 to 5	\$114	6 Classes	PICE0101-315006		
Sep 14-Oct 26	Sat	11:15-11:45a	Ages 3 to 5	\$114	6 Classes	PICE0101-315008		
Sep 14-Oct 26	Sat	11:45a-12:15p	Ages 3 to 5	\$114	6 Classes	PICE0101-315009		
Fall Term II: Cabi	in John Id	ce Rink						
Nov 3-Dec 15	Sun	10:30-11a	Ages 3 to 5	\$114	6 Classes	PICE0101-322001		
Nov 3-Dec 15	Sun	2:30-3p	Ages 3 to 5	\$114	6 Classes	PICE0101-322003		
Nov 5-Dec 10	Tue	4-4:30p	Ages 3 to 5	\$114	6 Classes	PICE0101-322004		
Nov 6-Dec 18	Wed	3:30-4p	Ages 3 to 5	\$114	6 Classes	PICE0101-322005		
Nov 1-Dec 13	Fri	11:30a-12p	Ages 3 to 5	\$114	6 Classes	PICE0101-322006		
Nov 1-Dec 13	Fri	3:30-4p	Ages 3 to 5	\$114	6 Classes	PICE0101-322007		
Nov 2-Dec 14	Sat	10:45-11:15a	Ages 3 to 5	\$114	6 Classes	PICE0101-322008		
Nov 2-Dec 14	Sat	11:45a-12:15p	Ages 3 to 5	\$114	6 Classes	PICE0101-322009		
Nov 2-Dec 14	Sat	3:30-4p	Ages 3 to 5	\$114	6 Classes	PICE0101-322010		

Fall I:

Fall II:

106





Fall Term II: Whe	Fall Term II: Wheaton Ice Arena								
Nov 3-Dec 15	Sun	1:15-1:45p	Ages 3 to 5	\$114	6 Classes	PICE0101-325001			
Nov 3-Dec 15	Sun	2:15-2:45p	Ages 3 to 5	\$114	6 Classes	PICE0101-325002			
Nov 6-Dec 18	Wed	12:30-1p	Ages 3 to 5	\$114	6 Classes	PICE0101-325004			
Nov 7-Dec 19	Thu	5-5:30p	Ages 3 to 5	\$114	6 Classes	PICE0101-325005			
Nov 7-Dec 19	Thu	5:45-6:15p	Ages 3 to 5	\$114	6 Classes	PICE0101-325006			
Nov 2-Dec 14	Sat	11:15-11:45a	Ages 3 to 5	\$114	6 Classes	PICE0101-325008			
Nov 2-Dec 14	Sat	11:45a-12:15p	Ages 3 to 5	\$114	6 Classes	PICE0101-325010			

Preschool Ice Skating 2

Prerequisite: Preschool Ice Skating 1. This skating class is for children between the ages of 3-5. Skaters will learn how to march followed by a long glide, dip while moving, backward wiggles, forward two-foot swizzles, beginning snowplow stop, and a two-foot hop in place. Fee includes rental skates and a practice card good for admission to six public skate sessions for the skater to practice skills learned in class. Equipment Required: Helmet & Gloves

Fall Term I: Cabi	Click to Register					
Sep 15-Oct 20	Sun	10:30-11a	Ages 3 to 5	\$114	6 Classes	PICE0102-312000
Sep 15-Oct 20	Sun	11-11:30a	Ages 3 to 5	\$114	6 Classes	PICE0102-312001
Sep 15-Oct 20	Sun	11:30a-12p	Ages 3 to 5	\$114	6 Classes	PICE0102-312002
Sep 15-Oct 20	Sun	2:30-3p	Ages 3 to 5	\$114	6 Classes	PICE0102-312003
Sep 10-Oct 15	Tue	4-4:30p	Ages 3 to 5	\$114	6 Classes	PICE0102-312004
Sep 11-Oct 23	Wed	3:30-4p	Ages 3 to 5	\$114	6 Classes	PICE0102-312005
Sep 13-Oct 25	Fri	3:30-4p	Ages 3 to 5	\$114	6 Classes	PICE0102-312006
Sep 14-Oct 26	Sat	10:45-11:15a	Ages 3 to 5	\$114	6 Classes	PICE0102-312007
Sep 14-Oct 26	Sat	3:30-4p	Ages 3 to 5	\$114	6 Classes	PICE0102-312008

Fall I:

Fall II:



Preschool Ice Skating 2 (continued)

Sep 15-Oct 20 Sun 1:15-1:45p Ages 3 to 5 \$114 6 Classes PICE0102-315001 Sep 15-Oct 20 Sun 2:15-2:45p Ages 3 to 5 \$114 6 Classes PICE0102-315002 Sep 11-Oct 23 Wed 12-12:30p Ages 3 to 5 \$114 6 Classes PICE0102-315004 Sep 12-Oct 24 Thu 4:30-5p Ages 3 to 5 \$114 6 Classes PICE0102-315005 Sep 12-Oct 24 Thu 5:45-6:15p Ages 3 to 5 \$114 6 Classes PICE0102-315006 Sep 14-Oct 26 Sat 11:15-11:45a Ages 3 to 5 \$114 6 Classes PICE0102-315007 Sep 14-Oct 26 Sat 11:45-12:15p Ages 3 to 5 \$114 6 Classes PICE0102-315000 Fall Term II: Cabin John Ice Rink Nov 3-Dec 15 Sun 10:30-11a Ages 3 to 5 \$114 6 Classes PICE0102-322000 Nov 3-Dec 15 Sun 11:30a-12p Ages 3 to 5 \$114 6 Classes PICE0102-322000 Nov 3-Dec 15 Sun 2:3	Fall Term I: Whe	Fall Term I: Wheaton Ice ArenaClick to Register								
Sep 11-Oct 23 Wed 12-12:30p Ages 3 to 5 \$114 6 Classes PICE0102-315004 Sep 12-Oct 24 Thu 4:30-5p Ages 3 to 5 \$114 6 Classes PICE0102-315005 Sep 12-Oct 24 Thu 5:45-6:15p Ages 3 to 5 \$114 6 Classes PICE0102-315006 Sep 14-Oct 26 Sat 11:15-11:45a Ages 3 to 5 \$114 6 Classes PICE0102-315007 Sep 14-Oct 26 Sat 11:45a-12:15p Ages 3 to 5 \$114 6 Classes PICE0102-315008 Fall Term II: Cabin John Ice Rink Nov 3-Dec 15 Sun 10:30-11a Ages 3 to 5 \$114 6 Classes PICE0102-322000 Nov 3-Dec 15 Sun 11:30a-12p Ages 3 to 5 \$114 6 Classes PICE0102-322001 Nov 3-Dec 15 Sun 11:30a-12p Ages 3 to 5 \$114 6 Classes PICE0102-322002 Nov 3-Dec 15 Sun 2:30-3p Ages 3 to 5 \$114 6 Classes PICE0102-322002 Nov 5-Dec 10 Tue	Sep 15-Oct 20	Sun	1:15-1:45p	Ages 3 to 5	\$114	6 Classes	PICE0102-315001			
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Sep 14-Oct 26 Sat 11:15-11:45a Ages 3 to 5 \$114 6 Classes PICE0102-315007 Sep 14-Oct 26 Sat 11:45a-12:15p Ages 3 to 5 \$114 6 Classes PICE0102-315008 Fall Term II: Cabin John Ice Rink Nov 3-Dec 15 Sun 10:30-11a Ages 3 to 5 \$114 6 Classes PICE0102-322000 Nov 3-Dec 15 Sun 11-11:30a Ages 3 to 5 \$114 6 Classes PICE0102-322001 Nov 3-Dec 15 Sun 11:30a-12p Ages 3 to 5 \$114 6 Classes PICE0102-322002 Nov 3-Dec 15 Sun 2:30-3p Ages 3 to 5 \$114 6 Classes PICE0102-322002 Nov 5-Dec 10 Tue 4-4:30p Ages 3 to 5 \$114 6 Classes PICE0102-322003 Nov 6-Dec 18 Wed 3:30-4p Ages 3 to 5 \$114 6 Classes PICE0102-322005 Nov 1-Dec 14 Sat 3:30-4p Ages 3 to 5 \$114 6 Classes PICE0102-322007	Sep 12-Oct 24	Thu	4:30-5p	Ages 3 to 5	\$114	6 Classes	PICE0102-315005			
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Nov 3-Dec 15 Sun 2:30-3p Ages 3 to 5 \$114 6 Classes PICE0102-322003 Nov 5-Dec 10 Tue 4-4:30p Ages 3 to 5 \$114 6 Classes PICE0102-322004 Nov 6-Dec 18 Wed 3:30-4p Ages 3 to 5 \$114 6 Classes PICE0102-322005 Nov 1-Dec 13 Fri 3:30-4p Ages 3 to 5 \$114 6 Classes PICE0102-322006 Nov 2-Dec 14 Sat 10:45-11:15a Ages 3 to 5 \$114 6 Classes PICE0102-322007 Nov 2-Dec 14 Sat 3:30-4p Ages 3 to 5 \$114 6 Classes PICE0102-322007 Nov 2-Dec 14 Sat 3:30-4p Ages 3 to 5 \$114 6 Classes PICE0102-322008 Fall Term II: Wheaton Ice Arena Nov 3-Dec 15 Sun 1:15-1:45p Ages 3 to 5 \$114 6 Classes PICE0102-325001 Nov 3-Dec 15 Sun 2:15-2:45p Ages 3 to 5 \$114 6 Classes PICE0102-325002 Nov 6-Dec 18 Wed 12-12:30p	Nov 3-Dec 15	Sun	11-11:30a	Ages 3 to 5	\$114	6 Classes	PICE0102-322001			
Nov 5-Dec 10 Tue 4-4:30p Ages 3 to 5 \$114 6 Classes PICE0102-322004 Nov 6-Dec 18 Wed 3:30-4p Ages 3 to 5 \$114 6 Classes PICE0102-322005 Nov 1-Dec 13 Fri 3:30-4p Ages 3 to 5 \$114 6 Classes PICE0102-322006 Nov 2-Dec 14 Sat 10:45-11:15a Ages 3 to 5 \$114 6 Classes PICE0102-322007 Nov 2-Dec 14 Sat 3:30-4p Ages 3 to 5 \$114 6 Classes PICE0102-322008 Fall Term II: Wheaton Ice Arena Nov 3-Dec 15 Sun 1:15-1:45p Ages 3 to 5 \$114 6 Classes PICE0102-325001 Nov 3-Dec 15 Sun 2:15-2:45p Ages 3 to 5 \$114 6 Classes PICE0102-325002 Nov 6-Dec 18 Wed 12-12:30p Ages 3 to 5 \$114 6 Classes PICE0102-325004 Nov 7-Dec 19 Thu 4:30-5p Ages 3 to 5 \$114 6 Classes PICE0102-325006 Nov 2-Dec 14 Sat 11:15-11:45a	Nov 3-Dec 15	Sun	11:30a-12p	Ages 3 to 5	\$114	6 Classes	PICE0102-322002			
Nov 6-Dec 18 Wed 3:30-4p Ages 3 to 5 \$114 6 Classes PICE0102-322005 Nov 1-Dec 13 Fri 3:30-4p Ages 3 to 5 \$114 6 Classes PICE0102-322006 Nov 2-Dec 14 Sat 10:45-11:15a Ages 3 to 5 \$114 6 Classes PICE0102-322007 Nov 2-Dec 14 Sat 3:30-4p Ages 3 to 5 \$114 6 Classes PICE0102-322008 Fall Term II: Wheaton Ice Arena Nov 3-Dec 15 Sun 1:15-1:45p Ages 3 to 5 \$114 6 Classes PICE0102-325001 Nov 3-Dec 15 Sun 2:15-2:45p Ages 3 to 5 \$114 6 Classes PICE0102-325002 Nov 6-Dec 18 Wed 12-12:30p Ages 3 to 5 \$114 6 Classes PICE0102-325004 Nov 7-Dec 19 Thu 4:30-5p Ages 3 to 5 \$114 6 Classes PICE0102-325006 Nov 2-Dec 14 Sat 11:15-11:45a Ages 3 to 5 \$114 6 Classes PICE0102-325006	Nov 3-Dec 15	Sun	2:30-3p	Ages 3 to 5	\$114	6 Classes	PICE0102-322003			
Nov 1-Dec 13 Fri 3:30-4p Ages 3 to 5 \$114 6 Classes PICE0102-322006 Nov 2-Dec 14 Sat 10:45-11:15a Ages 3 to 5 \$114 6 Classes PICE0102-322007 Nov 2-Dec 14 Sat 3:30-4p Ages 3 to 5 \$114 6 Classes PICE0102-322008 Fall Term II: Wheaton Ice Arena Nov 3-Dec 15 Sun 1:15-1:45p Ages 3 to 5 \$114 6 Classes PICE0102-325001 Nov 3-Dec 15 Sun 2:15-2:45p Ages 3 to 5 \$114 6 Classes PICE0102-325002 Nov 6-Dec 18 Wed 12-12:30p Ages 3 to 5 \$114 6 Classes PICE0102-325004 Nov 7-Dec 19 Thu 4:30-5p Ages 3 to 5 \$114 6 Classes PICE0102-325005 Nov 7-Dec 19 Thu 5:45-6:15p Ages 3 to 5 \$114 6 Classes PICE0102-325006 Nov 2-Dec 14 Sat 11:15-11:45a Ages 3 to 5 \$114 6 Classes PICE0102-325007	Nov 5-Dec 10	Tue	4-4:30p	Ages 3 to 5	\$114	6 Classes	PICE0102-322004			
Nov 2-Dec 14 Sat 10:45-11:15a Ages 3 to 5 \$114 6 Classes PICE0102-322007 Nov 2-Dec 14 Sat 3:30-4p Ages 3 to 5 \$114 6 Classes PICE0102-322008 Fall Term II: Wheaton Ice Arena Nov 3-Dec 15 Sun 1:15-1:45p Ages 3 to 5 \$114 6 Classes PICE0102-325001 Nov 3-Dec 15 Sun 2:15-2:45p Ages 3 to 5 \$114 6 Classes PICE0102-325002 Nov 6-Dec 18 Wed 12-12:30p Ages 3 to 5 \$114 6 Classes PICE0102-325004 Nov 7-Dec 19 Thu 4:30-5p Ages 3 to 5 \$114 6 Classes PICE0102-325005 Nov 7-Dec 19 Thu 5:45-6:15p Ages 3 to 5 \$114 6 Classes PICE0102-325006 Nov 2-Dec 14 Sat 11:15-11:45a Ages 3 to 5 \$114 6 Classes PICE0102-325007	Nov 6-Dec 18	Wed	3:30-4p	Ages 3 to 5	\$114	6 Classes	PICE0102-322005			
Nov 2-Dec 14 Sat 3:30-4p Ages 3 to 5 \$114 6 Classes PICE0102-322008 Fall Term II: Wheaton Ice Arena Nov 3-Dec 15 Sun 1:15-1:45p Ages 3 to 5 \$114 6 Classes PICE0102-325001 Nov 3-Dec 15 Sun 2:15-2:45p Ages 3 to 5 \$114 6 Classes PICE0102-325002 Nov 6-Dec 18 Wed 12-12:30p Ages 3 to 5 \$114 6 Classes PICE0102-325004 Nov 7-Dec 19 Thu 4:30-5p Ages 3 to 5 \$114 6 Classes PICE0102-325005 Nov 7-Dec 19 Thu 5:45-6:15p Ages 3 to 5 \$114 6 Classes PICE0102-325006 Nov 2-Dec 14 Sat 11:15-11:45a Ages 3 to 5 \$114 6 Classes PICE0102-325007	Nov 1-Dec 13	Fri	3:30-4p	Ages 3 to 5	\$114	6 Classes	PICE0102-322006			
Fall Term II: Wheaton Ice Arena Nov 3-Dec 15 Sun 1:15-1:45p Ages 3 to 5 \$114 6 Classes PICE0102-325001 Nov 3-Dec 15 Sun 2:15-2:45p Ages 3 to 5 \$114 6 Classes PICE0102-325002 Nov 6-Dec 18 Wed 12-12:30p Ages 3 to 5 \$114 6 Classes PICE0102-325004 Nov 7-Dec 19 Thu 4:30-5p Ages 3 to 5 \$114 6 Classes PICE0102-325005 Nov 7-Dec 19 Thu 5:45-6:15p Ages 3 to 5 \$114 6 Classes PICE0102-325006 Nov 2-Dec 14 Sat 11:15-11:45a Ages 3 to 5 \$114 6 Classes PICE0102-325007	Nov 2-Dec 14	Sat	10:45-11:15a	Ages 3 to 5	\$114	6 Classes	PICE0102-322007			
Nov 3-Dec 15 Sun 1:15-1:45p Ages 3 to 5 \$114 6 Classes PICE0102-325001 Nov 3-Dec 15 Sun 2:15-2:45p Ages 3 to 5 \$114 6 Classes PICE0102-325002 Nov 6-Dec 18 Wed 12-12:30p Ages 3 to 5 \$114 6 Classes PICE0102-325004 Nov 7-Dec 19 Thu 4:30-5p Ages 3 to 5 \$114 6 Classes PICE0102-325005 Nov 7-Dec 19 Thu 5:45-6:15p Ages 3 to 5 \$114 6 Classes PICE0102-325006 Nov 2-Dec 14 Sat 11:15-11:45a Ages 3 to 5 \$114 6 Classes PICE0102-325007	Nov 2-Dec 14	Sat	3:30-4p	Ages 3 to 5	\$114	6 Classes	PICE0102-322008			
Nov 3-Dec 15 Sun 2:15-2:45p Ages 3 to 5 \$114 6 Classes PICE0102-325002 Nov 6-Dec 18 Wed 12-12:30p Ages 3 to 5 \$114 6 Classes PICE0102-325004 Nov 7-Dec 19 Thu 4:30-5p Ages 3 to 5 \$114 6 Classes PICE0102-325005 Nov 7-Dec 19 Thu 5:45-6:15p Ages 3 to 5 \$114 6 Classes PICE0102-325006 Nov 2-Dec 14 Sat 11:15-11:45a Ages 3 to 5 \$114 6 Classes PICE0102-325007	Fall Term II: Whe	eaton Ice	Arena							
Nov 6-Dec 18 Wed 12-12:30p Ages 3 to 5 \$114 6 Classes PICE0102-325004 Nov 7-Dec 19 Thu 4:30-5p Ages 3 to 5 \$114 6 Classes PICE0102-325005 Nov 7-Dec 19 Thu 5:45-6:15p Ages 3 to 5 \$114 6 Classes PICE0102-325006 Nov 2-Dec 14 Sat 11:15-11:45a Ages 3 to 5 \$114 6 Classes PICE0102-325007	Nov 3-Dec 15	Sun	1:15-1:45p	Ages 3 to 5	\$114	6 Classes	PICE0102-325001			
Nov 7-Dec 19 Thu 4:30-5p Ages 3 to 5 \$114 6 Classes PICE0102-325005 Nov 7-Dec 19 Thu 5:45-6:15p Ages 3 to 5 \$114 6 Classes PICE0102-325006 Nov 2-Dec 14 Sat 11:15-11:45a Ages 3 to 5 \$114 6 Classes PICE0102-325007	Nov 3-Dec 15	Sun	2:15-2:45p	Ages 3 to 5	\$114	6 Classes	PICE0102-325002			
Nov 7-Dec 19 Thu 5:45-6:15p Ages 3 to 5 \$114 6 Classes PICE0102-325006 Nov 2-Dec 14 Sat 11:15-11:45a Ages 3 to 5 \$114 6 Classes PICE0102-325007	Nov 6-Dec 18	Wed	12-12:30p	Ages 3 to 5	\$114	6 Classes	PICE0102-325004			
Nov 2-Dec 14 Sat 11:15-11:45a Ages 3 to 5 \$114 6 Classes <u>PICE0102-325007</u>	Nov 7-Dec 19	Thu	4:30-5p	Ages 3 to 5	\$114	6 Classes	PICE0102-325005			
3	Nov 7-Dec 19	Thu	5:45-6:15p	Ages 3 to 5	\$114	6 Classes	PICE0102-325006			
Nov 2-Dec 14 Sat 11:45a-12:15p Ages 3 to 5 \$114 6 Classes <u>PICE0102-325008</u>	Nov 2-Dec 14	Sat	11:15-11:45a	Ages 3 to 5	\$114	6 Classes	PICE0102-325007			
	Nov 2-Dec 14	Sat	11:45a-12:15p	Ages 3 to 5	\$114	6 Classes	PICE0102-325008			

Fall I:

Fall II:

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Preschool Ice Skating 3

Prerequisite: Preschool Ice Skating 2. This class is for skaters ages 3-5. Skater will learn forward skating, forward one-foot glides, forward and backward swizzles, a snowplow stop, and curves. Fee includes skate rental and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment Required: Helmet & Gloves.

Sep 15-Oct 20 Sun 10:30-11a Ages 3 to 5 \$114 6 Class Sep 15-Oct 20 Sup 11:30a-13p Ages 3 to 5 \$114 6 Class	sses <u>PICE0103-312001</u>
Son 15 Oct 20 Sup 11,200 12n Ages 2 to 5 \$114 C Class	
Sep 15-Oct 20 Sun 11:30a-12p Ages 3 to 5 \$114 6 Class	sses <u>PICE0103-312002</u>
Sep 15-Oct 20 Sun 2:30-3p Ages 3 to 5 \$114 6 Class	sses <u>PICE0103-312003</u>
Sep 11-Oct 23 Wed 4-4:30p Ages 3 to 5 \$114 6 Class	sses <u>PICE0103-312004</u>
Sep 13-Oct 25 Fri 3:30-4p Ages 3 to 5 \$114 6 Class	sses <u>PICE0103-312005</u>
Sep 14-Oct 26 Sat 11:45a-12:15p Ages 3 to 5 \$114 6 Class	sses <u>PICE0103-312006</u>
Sep 14-Oct 26 Sat 4-4:30p Ages 3 to 5 \$114 6 Class	sses <u>PICE0103-312007</u>
Fall Term I: Wheaton Ice Arena	
Sep 15-Oct 20 Sun 1:15-1:45p Ages 3 to 5 \$114 6 Class	sses <u>PICE0103-315001</u>
Sep 11-Oct 23 Wed 12-12:30p Ages 3 to 5 \$114 6 Class	sses <u>PICE0103-315003</u>
Sep 12-Oct 24 Thu 4:30-5p Ages 3 to 5 \$114 6 Class	sses <u>PICE0103-315004</u>
Sep 12-Oct 24 Thu 5:45-6:15p Ages 3 to 5 \$114 6 Class	sses <u>PICE0103-315005</u>
Sep 14-Oct 26 Sat 11:15-11:45a Ages 3 to 5 \$114 6 Class	sses <u>PICE0103-315006</u>
Fall Term II: Cabin John Ice Rink	
Nov 3-Dec 15 Sun 10:30-11a Ages 3 to 5 \$114 6 Class	sses <u>PICE0103-322001</u>
Nov 3-Dec 15 Sun 11:30a-12p Ages 3 to 5 \$114 6 Class	sses <u>PICE0103-322002</u>
Nov 3-Dec 15 Sun 2:30-3p Ages 3 to 5 \$114 6 Class	sses <u>PICE0103-322003</u>
Nov 6-Dec 18 Wed 4-4:30p Ages 3 to 5 \$114 6 Class	sses <u>PICE0103-322004</u>
Nov 1-Dec 13 Fri 3:30-4p Ages 3 to 5 \$114 6 Class	sses <u>PICE0103-322005</u>
Nov 2-Dec 14 Sat 11:45a-12:15p Ages 3 to 5 \$114 6 Class	sses <u>PICE0103-322006</u>
Nov 2-Dec 14 Sat 4-4:30p Ages 3 to 5 \$114 6 Class	sses <u>PICE0103-322007</u>
Fall Term II: Wheaton Ice Arena	
Nov 3-Dec 15 Sun 1:15-1:45p Ages 3 to 5 \$114 6 Class	sses <u>PICE0103-325001</u>
Nov 6-Dec 18 Wed 12-12:30p Ages 3 to 5 \$114 6 Class	sses <u>PICE0103-325002</u>
Nov 7-Dec 19 Thu 4:30-5p Ages 3 to 5 \$114 6 Class	sses <u>PICE0103-325003</u>
Nov 7-Dec 19 Thu 5:45-6:15p Ages 3 to 5 \$114 6 Class	sses <u>PICE0103-325004</u>
Nov 2-Dec 14 Sat 11:15-11:45a Ages 3 to 5 \$114 6 Class	sses <u>PICE0103-325005</u>

Fall I:



Preschool Ice Skating 4

Prerequisite: Preschool Ice Skating 3. This class is for skaters ages 3-5. Skater will learn forward skating, backward two-foot glides, backward swizzles, rocking horse, two-foot turns from forward to backward in place, and two-foot hop. Fee includes skate rental and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment Required: Helmet & Gloves.

Fall Term I: Cabi	in John Ice	Rink				Click to Register
Sep 15-Oct 20	Sun	11-11:30a	Ages 3 to 5	\$114	6 Classes	PICE0104-312001
Sep 11-Oct 23	Wed	4-4:30p	Ages 3 to 5	\$114	6 Classes	PICE0104-312003
Sep 14-Oct 26	Sat	4-4:30p	Ages 3 to 5	\$114	6 Classes	PICE0104-312005
Fall Term I: Whe	aton Ice Ai	rena				
Sep 15-Oct 20	Sun	1:15-1:45p	Ages 3 to 5	\$114	6 Classes	PICE0104-315001
Sep 12-Oct 24	Thu	5:45-6:15p	Ages 3 to 5	\$114	6 Classes	PICE0104-315004
Fall Term II: Cab	oin John Ic	e Rink				
Nov 3-Dec 15	Sun	11-11:30a	Ages 3 to 5	\$114	6 Classes	PICE0104-322001
Nov 6-Dec 18	Wed	4-4:30p	Ages 3 to 5	\$114	6 Classes	PICE0104-322003
Nov 2-Dec 14	Sat	4-4:30p	Ages 3 to 5	\$114	6 Classes	PICE0104-322005
Fall Term II: Whe	eaton Ice A	Arena				
Nov 3-Dec 15	Sun	1:15-1:45p	Ages 3 to 5	\$114	6 Classes	PICE0104-325001
Nov 6-Dec 18	Wed	12-12:30p	Ages 3 to 5	\$114	6 Classes	PICE0104-325003
Nov 7-Dec 19	Thu	5:45-6:15p	Ages 3 to 5	\$114	6 Classes	PICE0104-325004





Fall I:



Skating Superstars

For skaters ages 4-8, who have completed Preschool Skating Level 2 or 3 or Youth Level 1, this 3-week class offers a high-energy fun time on the ice. Class starts with an on ice warm-up to music, followed by focused skating technique work. Engaging games and colorful obstacle courses strengthen forward/ backward skating, turns and stopping skills. Students listen, learn, and practice their ice skating skills in an encouraging, joyful space.

	-							
Fall Term I: Whee	Fall Term I: Wheaton Ice Arena							
Sep 15-Oct 20	Sun	12:15-1p	Ages 3 to 8	\$171	6 Classes	PICE0105-315001		
Sep 15-Oct 20	Sun	11:15a-12p	Ages 3 to 8	\$171	6 Classes	PICE0105-315002		
Sep 14-Oct 26	Sat	10:45-11:30a	Ages 3 to 8	\$171	6 Classes	PICE0105-315003		
Sep 14-Oct 26	Sat	11:30a-12:15p	Ages 3 to 8	\$171	6 Classes	PICE0105-315004		
Fall Term II: Whe	aton Ice	Arena						
Nov 3-Dec 15	Sun	12:15-1p	Ages 3 to 8	\$171	6 Classes	PICE0105-325001		
Nov 3-Dec 15	Sun	11:15a-12p	Ages 3 to 8	\$171	6 Classes	PICE0105-325002		
Nov 2-Dec 14	Sat	10:45-11:30a	Ages 3 to 8	\$171	6 Classes	PICE0105-325003		
Nov 2-Dec 14	Sat	11:30a-12:15p	Ages 3 to 8	\$171	6 Classes	PICE0105-325004		



Fall I: Fall II:



Youth Ice Skating 1 (Beginner)

This class is for beginner skaters ages 6-12. Skaters will learn how to sit on the ice and stand up, march forward across the ice, forward two-foot glide, dip, forward swizzles, backward wiggles, beginning snowplow stops, and a two-foot hop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet & gloves are required (bike helmet is fine).

Fall Term I: Cabin John Ice Rink Click to Reg						
Sep 15-Oct 20	Sun	12:45-1:15p	Ages 6 to 12	\$114	6 Classes	PICE0201-312001
Sep 15-Oct 20	Sun	3-3:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-312003
Sep 9-Oct 14	Mon	4-4:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-312005
Sep 10-Oct 15	Tue	4-4:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-312006
Sep 11-Oct 23	Wed	4:30-5p	Ages 6 to 12	\$114	6 Classes	PICE0201-312007
Sep 11-Oct 23	Wed	5-5:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-312008
Sep 12-Oct 24	Thu	4-4:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-312009
Sep 13-Oct 25	Fri	12-12:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-312010
Sep 13-Oct 25	Fri	4-4:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-312011
Sep 13-Oct 25	Fri	4:30-5p	Ages 6 to 12	\$114	6 Classes	PICE0201-312012
Sep 14-Oct 26	Sat	11:15-11:45a	Ages 6 to 12	\$114	6 Classes	PICE0201-312013
Sep 14-Oct 26	Sat	12:30-1p	Ages 6 to 12	\$114	6 Classes	PICE0201-312014
Sep 14-Oct 26	Sat	1:30-2p	Ages 6 to 12	\$114	6 Classes	PICE0201-312015
Sep 14-Oct 26	Sat	2-2:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-312016
Sep 14-Oct 26	Sat	3:30-4p	Ages 6 to 12	\$114	6 Classes	PICE0201-312017
Sep 14-Oct 26	Sat	4-4:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-312018
Fall Term I: Whee	aton Ice A	rena				
Sep 15-Oct 20	Sun	1:15-1:45p	Ages 6 to 12	\$114	6 Classes	PICE0201-315001
Sep 15-Oct 20	Sun	1:45-2:15p	Ages 6 to 12	\$114	6 Classes	PICE0201-315002
Sep 10-Oct 15	Tue	1-1:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-315003
Sep 11-Oct 23	Wed	1-1:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-315004
Sep 12-Oct 24	Thu	4-4:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-315005
Sep 12-Oct 24	Thu	5:45-6:15p	Ages 6 to 12	\$114	6 Classes	PICE0201-315006
Sep 12-Oct 24	Thu	6:15-6:45p	Ages 6 to 12	\$114	6 Classes	PICE0201-315007
Sep 13-Oct 25	Fri	5:30-6p	Ages 6 to 12	\$114	6 Classes	PICE0201-315008
Sep 14-Oct 26	Sat	11:15-11:45a	Ages 6 to 12	\$114	6 Classes	PICE0201-315009
Sep 14-Oct 26	Sat	11:45a-12:15p	Ages 6 to 12	\$114	6 Classes	PICE0201-315010

Fall I:



Youth Ice Skating 1 (Beginner) (continued)

Fall Term II: Cab	oin John Id	ce Rink				Click to Register
Nov 3-Dec 15	Sun	12:45-1:15p	Ages 6 to 12	\$114	6 Classes	PICE0201-322001
Nov 3-Dec 15	Sun	3-3:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-322003
Nov 5-Dec 10	Tue	4:30-5p	Ages 6 to 12	\$114	6 Classes	PICE0201-322004
Nov 4-Dec 9	Mon	4-4:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-322005
Nov 5-Dec 10	Tue	4-4:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-322006
Nov 6-Dec 18	Wed	5-5:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-322007
Nov 6-Dec 18	Wed	4:30-5p	Ages 6 to 12	\$114	6 Classes	PICE0201-322008
Nov 7-Dec 19	Thu	4-4:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-322009
Nov 1-Dec 13	Fri	12-12:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-322010
Nov 1-Dec 13	Fri	4-4:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-322011
Nov 1-Dec 13	Fri	4:30-5p	Ages 6 to 12	\$114	6 Classes	PICE0201-322013
Nov 2-Dec 14	Sat	11:15-11:45a	Ages 6 to 12	\$114	6 Classes	PICE0201-322014
Nov 2-Dec 14	Sat	1:30-2p	Ages 6 to 12	\$114	6 Classes	PICE0201-322016
Nov 2-Dec 14	Sat	2-2:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-322017
Nov 2-Dec 14	Sat	3:30-4p	Ages 6 to 12	\$114	6 Classes	PICE0201-322018
Nov 2-Dec 14	Sat	4-4:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-322019
Nov 6-Dec 18	Wed	5-5:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-322020
Fall Term II: Whe	eaton Ice	Arena				
Nov 3-Dec 15	Sun	1:15-1:45p	Ages 6 to 12	\$114	6 Classes	PICE0201-325001
Nov 3-Dec 15	Sun	1:45-2:15p	Ages 6 to 12	\$114	6 Classes	PICE0201-325002
Nov 5-Dec 10	Tue	1-1:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-325003
Nov 6-Dec 18	Wed	1-1:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-325004
Nov 7-Dec 19	Thu	4-4:30p	Ages 6 to 12	\$114	6 Classes	PICE0201-325005
Nov 7-Dec 19	Thu	5:45-6:15p	Ages 6 to 12	\$114	6 Classes	PICE0201-325006
Nov 7-Dec 19	Thu	6:15-6:45p	Ages 6 to 12	\$114	6 Classes	PICE0201-325007
Nov 1-Dec 13	Fri	5:30-6p	Ages 6 to 12	\$114	6 Classes	PICE0201-325008
Nov 2-Dec 14	Sat	11:15-11:45a	Ages 6 to 12	\$114	6 Classes	PICE0201-325011
Nov 2-Dec 14	Sat	11:45a-12:15p	Ages 6 to 12	\$114	6 Classes	PICE0201-325012

Fall I:



Youth Ice Skating 2

Prerequisite: Passed Youth Ice Skating 1 or Preschool Ice Skating 4. This class is for skaters ages 4-12. Skaters will learn forward one-foot glides, backward two-foot glide, rocking horse, scooter pushes, backward swizzles, a two-foot turn from forward to backward in place, and a moving snowplow stop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Fall Term I: Cabi	n John Ice		Click to Register			
Sep 15-Oct 20	Sun	12-12:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-312001
Sep 15-Oct 20	Sun	12:45-1:15p	Ages 4 to 12	\$114	6 Classes	PICE0202-312002
Sep 9-Oct 14	Mon	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0202-312003
Sep 9-Oct 14	Mon	4-4:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-312004
Sep 10-Oct 15	Tue	5-5:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-312005
Sep 11-Oct 23	Wed	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0202-312006
Sep 12-Oct 24	Thu	4-4:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-312007
Sep 12-Oct 24	Thu	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0202-312008
Sep 13-Oct 25	Fri	4-4:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-312009
Sep 14-Oct 26	Sat	9-9:30a	Ages 4 to 12	\$114	6 Classes	PICE0202-312010
Sep 14-Oct 26	Sat	11:15-11:45a	Ages 4 to 12	\$114	6 Classes	PICE0202-312011
Sep 14-Oct 26	Sat	12:30-1p	Ages 4 to 12	\$114	6 Classes	PICE0202-312012
Sep 14-Oct 26	Sat	1-1:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-312013
Sep 14-Oct 26	Sat	1:30-2p	Ages 4 to 12	\$114	6 Classes	PICE0202-312014
Sep 13-Oct 25	Fri	12-12:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-312015
Fall Term I: Whee	aton Ice A	rena				
Sep 15-Oct 20	Sun	1:15-1:45p	Ages 4 to 12	\$114	6 Classes	PICE0202-315000
Sep 15-Oct 20	Sun	1:45-2:15p	Ages 4 to 12	\$114	6 Classes	PICE0202-315001
Sep 10-Oct 15	Tue	1-1:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-315002
Sep 11-Oct 23	Wed	1-1:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-315003
Sep 12-Oct 24	Thu	5:45-6:15p	Ages 4 to 12	\$114	6 Classes	PICE0202-315004
Sep 12-Oct 24	Thu	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0202-315005
Sep 13-Oct 25	Fri	6-6:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-315006
Sep 14-Oct 26	Sat	11:15-11:45a	Ages 4 to 12	\$114	6 Classes	PICE0202-315007
Sep 14-Oct 26	Sat	11:45a-12:15p	Ages 4 to 12	\$114	6 Classes	PICE0202-315008

Fall I:



Youth Ice Skating 2 (continued)

Fall Term II: Cab	oin John I	ce Rink				Click to Register
Nov 3-Dec 15	Sun	12-12:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-322001
Nov 3-Dec 15	Sun	12:45-1:15p	Ages 4 to 12	\$114	6 Classes	PICE0202-322002
Nov 1-Dec 13	Fri	12-12:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-322003
Nov 4-Dec 9	Mon	4-4:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-322004
Nov 5-Dec 10	Tue	5-5:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-322005
Nov 6-Dec 18	Wed	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0202-322006
Nov 7-Dec 19	Thu	4-4:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-322007
Nov 7-Dec 19	Thu	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0202-322008
Nov 1-Dec 13	Fri	4-4:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-322009
Nov 2-Dec 14	Sat	9-9:30a	Ages 4 to 12	\$114	6 Classes	PICE0202-322010
Nov 2-Dec 14	Sat	11:15-11:45a	Ages 4 to 12	\$114	6 Classes	PICE0202-322011
Nov 2-Dec 14	Sat	12:30-1p	Ages 4 to 12	\$114	6 Classes	PICE0202-322012
Nov 2-Dec 14	Sat	1-1:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-322013
Nov 2-Dec 14	Sat	1:30-2p	Ages 4 to 12	\$114	6 Classes	PICE0202-322014
Nov 3-Dec 15	Sun	2:45-3:15p	Ages 4 to 12	\$114	6 Classes	PICE0202-322015
Nov 4-Dec 9	Mon	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0202-322016
Fall Term II: Who	eaton Ice	Arena				
Nov 3-Dec 15	Sun	1:15-1:45p	Ages 4 to 12	\$114	6 Classes	PICE0202-325000
Nov 3-Dec 15	Sun	1:45-2:15p	Ages 4 to 12	\$114	6 Classes	PICE0202-325001
Nov 5-Dec 10	Tue	1-1:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-325002
Nov 6-Dec 18	Wed	1-1:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-325003
Nov 7-Dec 19	Thu	5:45-6:15p	Ages 4 to 12	\$114	6 Classes	PICE0202-325004
Nov 7-Dec 19	Thu	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0202-325005
Nov 1-Dec 13	Fri	6-6:30p	Ages 4 to 12	\$114	6 Classes	PICE0202-325006
Nov 2-Dec 14	Sat	11:15-11:45a	Ages 4 to 12	\$114	6 Classes	PICE0202-325007
Nov 2-Dec 14	Sat	11:45a-12:15p	Ages 4 to 12	\$114	6 Classes	PICE0202-325008

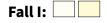
Fall I:



Youth Ice Skating 3

Prerequisite: Passed Youth Ice Skating 2. Skaters will learn forward stroking, forward half-swizzle pumps on a circle, moving forward to backward two-foot turns, backward one-foot glides, backward snowplow stop, forward slaloms, and forward pivot. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

Fall Term I: Cabi	n John Ic	e Rink				Click to Register
Sep 15-Oct 20	Sun	10-10:30a	Ages 4 to 12	\$114	6 Classes	PICE0203-312001
Sep 15-Oct 20	Sun	12:45-1:15p	Ages 4 to 12	\$114	6 Classes	PICE0203-312002
Sep 9-Oct 14	Mon	4-4:30p	Ages 4 to 12	\$114	6 Classes	PICE0203-312004
Sep 10-Oct 15	Tue	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0203-312005
Sep 11-Oct 23	Wed	5-5:30p	Ages 4 to 12	\$114	6 Classes	PICE0203-312006
Sep 12-Oct 24	Thu	4-4:30p	Ages 4 to 12	\$114	6 Classes	PICE0203-312007
Sep 13-Oct 25	Fri	4-4:30p	Ages 4 to 12	\$114	6 Classes	PICE0203-312008
Sep 13-Oct 25	Fri	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0203-312009
Sep 14-Oct 26	Sat	9-9:30a	Ages 4 to 12	\$114	6 Classes	PICE0203-312010
Sep 14-Oct 26	Sat	11:15-11:45a	Ages 4 to 12	\$114	6 Classes	PICE0203-312011
Sep 14-Oct 26	Sat	12:30-1p	Ages 4 to 12	\$114	6 Classes	PICE0203-312012
Sep 14-Oct 26	Sat	1:30-2p	Ages 4 to 12	\$114	6 Classes	PICE0203-312013
Fall Term I: Whee	aton Ice A	Arena				
Sep 15-Oct 20	Sun	1:45-2:15p	Ages 4 to 12	\$114	6 Classes	PICE0203-315001
Sep 10-Oct 15	Tue	1:30-2p	Ages 4 to 12	\$114	6 Classes	PICE0203-315002
Sep 12-Oct 24	Thu	5:45-6:15p	Ages 4 to 12	\$114	6 Classes	PICE0203-315003
Sep 12-Oct 24	Thu	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0203-315004
Sep 13-Oct 25	Fri	6:30-7p	Ages 4 to 12	\$114	6 Classes	PICE0203-315005
Sep 14-Oct 26	Sat	10:45-11:15a	Ages 4 to 12	\$114	6 Classes	PICE0203-315006
Sep 14-Oct 26	Sat	11:45a-12:15p	Ages 4 to 12	\$114	6 Classes	PICE0203-315007







Youth Ice Skating 3 (continued)

Fall Term II: Cab	Fall Term II: Cabin John Ice Rink					
Nov 3-Dec 15	Sun	10-10:30a	Ages 4 to 12	\$114	6 Classes	PICE0203-322001
Nov 3-Dec 15	Sun	12:45-1:15p	Ages 4 to 12	\$114	6 Classes	PICE0203-322002
Nov 4-Dec 9	Mon	4-4:30p	Ages 4 to 12	\$114	6 Classes	PICE0203-322004
Nov 5-Dec 10	Tue	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0203-322005
Nov 6-Dec 18	Wed	5-5:30p	Ages 4 to 12	\$114	6 Classes	PICE0203-322006
Nov 7-Dec 19	Thu	4-4:30p	Ages 4 to 12	\$114	6 Classes	PICE0203-322007
Nov 1-Dec 13	Fri	4-4:30p	Ages 4 to 12	\$114	6 Classes	PICE0203-322008
Nov 1-Dec 13	Fri	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0203-322009
Nov 2-Dec 14	Sat	9-9:30a	Ages 4 to 12	\$114	6 Classes	PICE0203-322010
Nov 2-Dec 14	Sat	11:15-11:45a	Ages 4 to 12	\$114	6 Classes	PICE0203-322011
Nov 2-Dec 14	Sat	12:30-1p	Ages 4 to 12	\$114	6 Classes	PICE0203-322012
Nov 2-Dec 14	Sat	1:30-2p	Ages 4 to 12	\$114	6 Classes	PICE0203-322013
Fall Term II: Whe	eaton Ice	Arena				
Nov 3-Dec 15	Sun	1:45-2:15p	Ages 4 to 12	\$114	6 Classes	PICE0203-325001
Nov 5-Dec 10	Tue	1:30-2p	Ages 4 to 12	\$114	6 Classes	PICE0203-325003
Nov 7-Dec 19	Thu	5:45-6:15p	Ages 4 to 12	\$114	6 Classes	PICE0203-325004
Nov 7-Dec 19	Thu	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0203-325005
Nov 1-Dec 13	Fri	6:30-7p	Ages 4 to 12	\$114	6 Classes	PICE0203-325006
Nov 2-Dec 14	Sat	10:45-11:15a	Ages 4 to 12	\$114	6 Classes	PICE0203-325007
Nov 2-Dec 14	Sat	11:45a-12:15p	Ages 4 to 12	\$114	6 Classes	PICE0203-325008

Youth Ice Skating 4

Prerequisite: Passed Youth Ice Skating 3. Skaters will learn forward outside and inside edges on a circle (R and L), forward crossovers, backward half-swizzle pumps on a circle, backward one-foot glides, beginning two-foot spin, and forward lunges. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

Fall Term I: Cabi	Click to Register					
Sep 15-Oct 20	Sun	10-10:30a	Ages 4 to 12	\$114	6 Classes	PICE0204-312001
Sep 15-Oct 20	Sun	12-12:30p	Ages 4 to 12	\$114	6 Classes	PICE0204-312002
Sep 9-Oct 14	Mon	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0204-312003
Sep 10-Oct 15	Tue	5-5:30p	Ages 4 to 12	\$114	6 Classes	PICE0204-312004

Fall I:



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Youth Ice Skating 4 (continued)							
Fall Term I: Cabin John Ice Rink Click to Register							
Sep 11-Oct 23	Wed	5:30-6p	Ages 4 to 12	\$114	6 Classes	PICE0204-312005	
Sep 12-Oct 24	Thu	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0204-312006	
Sep 13-Oct 25	Fri	5-5:30p	Ages 4 to 12	\$114	6 Classes	PICE0204-312007	
Sep 14-Oct 26	Sat	10:30-11a	Ages 4 to 12	\$114	6 Classes	PICE0204-312009	
Sep 14-Oct 26	Sat	1-1:30p	Ages 4 to 12	\$114	6 Classes	PICE0204-312010	
Sep 14-Oct 26	Sat	2-2:30p	Ages 4 to 12	\$114	6 Classes	PICE0204-312011	
Fall Term I: Whe	aton Ice A	rena					
Sep 15-Oct 20	Sun	1:45-2:15p	Ages 4 to 12	\$114	6 Classes	PICE0204-315001	
Sep 10-Oct 15	Tue	1:30-2p	Ages 4 to 12	\$114	6 Classes	PICE0204-315002	
Sep 12-Oct 24	Thu	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0204-315003	
Sep 14-Oct 26	Sat	10:45-11:15a	Ages 4 to 12	\$114	6 Classes	PICE0204-315005	
Fall Term II: Cab	in John Id	e Rink					
Nov 3-Dec 15	Sun	10-10:30a	Ages 4 to 12	\$114	6 Classes	PICE0204-322001	
Nov 3-Dec 15	Sun	12-12:30p	Ages 4 to 12	\$114	6 Classes	PICE0204-322002	
Nov 4-Dec 9	Mon	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0204-322003	
Nov 5-Dec 10	Tue	5-5:30p	Ages 4 to 12	\$114	6 Classes	PICE0204-322004	
Nov 6-Dec 18	Wed	5:30-6p	Ages 4 to 12	\$114	6 Classes	PICE0204-322005	
Nov 7-Dec 19	Thu	4:30-5p	Ages 4 to 12	\$114	6 Classes	PICE0204-322006	
Nov 1-Dec 13	Fri	5-5:30p	Ages 4 to 12	\$114	6 Classes	PICE0204-322007	
Nov 2-Dec 14	Sat	10:30-11a	Ages 4 to 12	\$114	6 Classes	PICE0204-322009	
Nov 2-Dec 14	Sat	1-1:30p	Ages 4 to 12	\$114	6 Classes	PICE0204-322010	
Nov 2-Dec 14	Sat	2-2:30p	Ages 4 to 12	\$114	6 Classes	PICE0204-322011	
Fall Term II: Whe	eaton Ice /	Arena					
Nov 3-Dec 15	Sun	1:45-2:15p	Ages 4 to 12	\$114	6 Classes	PICE0204-325001	
Nov 5-Dec 10	Tue	1:30-2p	Ages 4 to 12	\$114	6 Classes	PICE0204-325002	
Nov 7-Dec 19	Thu	5:45-6:15p	Ages 4 to 12	\$114	6 Classes	PICE0204-325003	
Nov 7-Dec 19	Thu	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0204-325004	
Nov 2-Dec 14	Sat	10:45-11:15a	Ages 4 to 12	\$114	6 Classes	PICE0204-325005	

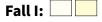
Fall I:



Youth Ice Skating 5

Prerequisite: Passed Youth Ice Skating 4. Skaters will learn backward outside and inside edges on a circle (R and L), backward crossovers, forward outside three-turns, advanced two-foot spin, hockey stop, and side toe hop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

C 15 0 100 C 10 10 00 A A 1 10			Fall Term I: Cabin John Ice Rink Click to Register								
Sep 15-Oct 20 Sun 10-10:30a Ages 4 to 12	\$114	6 Classes	PICE0205-312000								
Sep 15-Oct 20 Sun 12-12:30p Ages 4 to 12	\$114	6 Classes	PICE0205-312001								
Sep 9-Oct 14 Mon 4:30-5p Ages 4 to 12	\$114	6 Classes	PICE0205-312002								
Sep 10-Oct 15 Tue 5-5:30p Ages 4 to 12	\$114	6 Classes	PICE0205-312003								
Sep 11-Oct 23 Wed 5:30-6p Ages 4 to 12	\$114	6 Classes	PICE0205-312004								
Sep 12-Oct 24 Thu 4:30-5p Ages 4 to 12	\$114	6 Classes	PICE0205-312005								
Sep 13-Oct 25 Fri 5-5:30p Ages 4 to 12	\$114	6 Classes	PICE0205-312006								
Sep 14-Oct 26 Sat 10:30-11a Ages 4 to 12	\$114	6 Classes	PICE0205-312008								
Sep 14-Oct 26 Sat 1-1:30p Ages 4 to 12	\$114	6 Classes	PICE0205-312009								
Sep 14-Oct 26 Sat 2-2:30p Ages 4 to 12	\$114	6 Classes	PICE0205-312010								
Fall Term I: Wheaton Ice Arena											
Sep 15-Oct 20 Sun 1:45-2:15p Ages 4 to 12	\$114	6 Classes	PICE0205-315001								
Sep 12-Oct 24 Thu 6:15-6:45p Ages 4 to 12	\$114	6 Classes	PICE0205-315002								
Sep 14-Oct 26 Sat 10:45-11:15a Ages 4 to 12	\$114	6 Classes	PICE0205-315004								
Fall Term II: Cabin John Ice Rink											
Nov 3-Dec 15 Sun 10-10:30a Ages 4 to 12	\$114	6 Classes	PICE0205-322000								
Nov 3-Dec 15 Sun 12-12:30p Ages 4 to 12	\$114	6 Classes	PICE0205-322001								
Nov 4-Dec 9 Mon 4:30-5p Ages 4 to 12	\$114	6 Classes	PICE0205-322002								
Nov 5-Dec 10 Tue 5-5:30p Ages 4 to 12	\$114	6 Classes	PICE0205-322003								
Nov 6-Dec 18 Wed 5:30-6p Ages 4 to 12	\$114	6 Classes	PICE0205-322004								
Nov 7-Dec 19 Thu 4:30-5p Ages 4 to 12	\$114	6 Classes	PICE0205-322005								
Nov 1-Dec 13 Fri 5-5:30p Ages 4 to 12	\$114	6 Classes	PICE0205-322006								
Nov 2-Dec 14 Sat 10:30-11a Ages 4 to 12	\$114	6 Classes	PICE0205-322008								
Nov 2-Dec 14 Sat 1-1:30p Ages 4 to 12	\$114	6 Classes	PICE0205-322009								
Nov 2-Dec 14 Sat 2-2:30p Ages 4 to 12	\$114	6 Classes	PICE0205-322010								
Nov 5-Dec 10 Tue 5-5:30p Ages 4 to 12	\$114	6 Classes	PICE0205-322011								





Youth Ice Skating 5 (continued)

Fall Term II: Whe	Click to Register					
Nov 3-Dec 15	Sun	1:45-2:15p	Ages 4 to 12	\$114	6 Classes	PICE0205-325001
Nov 7-Dec 19	Thu	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0205-325002
Nov 2-Dec 14	Sat	10:45-11:15a	Ages 4 to 12	\$114	6 Classes	PICE0205-325005

Youth Ice Skating 6

Prerequisite: Passed Youth Ice Skating 5. Skaters will learn forward inside three-turns, moving backward to forward two-foot turns on a circle, backward stroking, T-stop, bunny hops, forward spiral on a straight line, beginning one-foot spin, and shoot the duck. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class.

Fall Term I: Cabi	all Term I: Cabin John Ice Rink Click to Register									
Sep 9-Oct 14	Mon	5-5:45p	Ages 4 to 12	\$171	6 Classes	PICE0206-312002				
Sep 12-Oct 24	Thu	5:45-6:30p	Ages 4 to 12	\$171	6 Classes	PICE0206-312003				
Sep 14-Oct 26	Sat	9:45-10:30a	Ages 4 to 12	\$171	6 Classes	PICE0206-312004				
Sep 14-Oct 26	Sat	2:45-3:30p	Ages 4 to 12	\$171	6 Classes	PICE0206-312005				
Fall Term I: Wheaton Ice Arena										
Sep 15-Oct 20	Sun	2:15-2:45p	Ages 4 to 12	\$114	6 Classes	PICE0206-315001				
Sep 12-Oct 24	Thu	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0206-315002				
Sep 14-Oct 26	Sat	10:45-11:15a	Ages 4 to 12	\$114	6 Classes	PICE0206-315003				
Fall Term II: Cab	in John Id	ce Rink								
Nov 3-Dec 15	Sun	1:45-2:30p	Ages 4 to 12	\$171	6 Classes	PICE0206-322001				
Nov 4-Dec 9	Mon	5-5:45p	Ages 4 to 12	\$171	6 Classes	PICE0206-322002				
Nov 7-Dec 19	Thu	5:45-6:30p	Ages 4 to 12	\$171	6 Classes	PICE0206-322003				
Nov 2-Dec 14	Sat	9:45-10:30a	Ages 4 to 12	\$171	6 Classes	PICE0206-322004				
Nov 2-Dec 14	Sat	2:45-3:30p	Ages 4 to 12	\$171	6 Classes	PICE0206-322005				
Fall Term II: Whe	Fall Term II: Wheaton Ice Arena									
Nov 3-Dec 15	Sun	2:15-2:45p	Ages 4 to 12	\$114	6 Classes	PICE0206-325001				
Nov 7-Dec 19	Thu	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0206-325002				
Nov 2-Dec 14	Sat	10:45-11:15a	Ages 4 to 12	\$114	6 Classes	PICE0206-325003				

Fall I:



Therapeutic Ice Skating 1

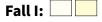
Ages 18 and under. This beginning ice skating class is for people with cognitive and/or developmental disabilities who want to learn how to ice skate. Skaters will learn proper technique to fall on the ice and recover, skate forward, and stop safely. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet and gloves are required.

Fall Term I: Cabi	Fall Term I: Cabin John Ice Rink								
Sep 14-Oct 26	Sat	9-9:30a	Ages 4 to 18	\$114	6 Classes	PICE0215-312001			
Fall Term II: Cabin John Ice Rink									
Nov 2-Dec 14	Sat	9-9:30a	Ages 4 to 18	\$114	6 Classes	PICE0215-322001			

Teen and Adult Ice Skating 1

This class is for beginner teen & adult skaters. Learn falling & recovery, forward marching, forward two-foot glide, forward swizzles, one forward/one backward swizzle, dip, and forward snowplow stop. Fee includes skate rental (if needed) plus a skating practice card. Helmet & gloves are strongly recommended.

Fall Term I: Cabin John Ice Rink Click to Register									
Sep 15-Oct 20	Sun	1:15-1:45p	Ages 13 and up	\$114	6 Classes	PICE0220-312001			
Sep 12-Oct 24	Thu	1:15-1:45p	Ages 13 and up	\$114	6 Classes	PICE0220-312002			
Sep 12-Oct 24	Thu	7:30-8p	Ages 13 and up	\$114	6 Classes	PICE0220-312003			
Sep 14-Oct 26	Sat	8:30-9a	Ages 13 and up	\$114	6 Classes	PICE0220-312004			
Sep 14-Oct 26	Sat	9-9:30a	Ages 13 and up	\$114	6 Classes	PICE0220-312005			
Fall Term I: Whee	Fall Term I: Wheaton Ice Arena								
Sep 15-Oct 20	Sun	1:45-2:15p	Ages 13 and up	\$114	6 Classes	PICE0220-315001			
Sep 10-Oct 15	Tue	12-12:30p	Ages 13 and up	\$114	6 Classes	PICE0220-315002			
Sep 12-Oct 24	Thu	7:15-7:45p	Ages 13 and up	\$114	6 Classes	PICE0220-315003			
Sep 14-Oct 26	Sat	11:45a-12:15p	Ages 13 and up	\$114	6 Classes	PICE0220-315004			
Fall Term II: Cab	in John Id	ce Rink							
Nov 3-Dec 15	Sun	1:15-1:45p	Ages 13 and up	\$114	6 Classes	PICE0220-322001			
Nov 7-Dec 19	Thu	1:15-1:45p	Ages 13 and up	\$114	6 Classes	PICE0220-322002			
Nov 7-Dec 19	Thu	7:30-8p	Ages 13 and up	\$114	6 Classes	PICE0220-322003			
Nov 2-Dec 14	Sat	8:30-9a	Ages 13 and up	\$114	6 Classes	PICE0220-322004			
Nov 2-Dec 14	Sat	9-9:30a	Ages 13 and up	\$114	6 Classes	PICE0220-322005			
						·			



Fall II:

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Teen and Adult Ice Skating 1 (continued)

Fa	ill Term II: Whe	Click to Register					
1	Nov 3-Dec 15	Sun	1:45-2:15p	Ages 13 and up	\$114	6 Classes	PICE0220-325001
1	Nov 5-Dec 10	Tue	12-12:30p	Ages 13 and up	\$114	6 Classes	PICE0220-325002
1	Nov 7-Dec 19	Thu	7:15-7:45p	Ages 13 and up	\$114	6 Classes	PICE0220-325003
1	Nov 1-Dec 13	Fri	12-12:30p	Ages 13 and up	\$114	6 Classes	PICE0220-325004
1	Nov 2-Dec 14	Sat	11:45a-12:15p	Ages 13 and up	\$114	6 Classes	PICE0220-325005

Teen and Adult Ice Skating 2

Prerequisite: Passed Teen and Adult Ice Skating 1. Learn forward skating, forward one-foot glides, forward slalom, backward skating, backward swizzles, and two-foot turns in place. Fee includes skate rental (if needed) plus a skating practice card.

Fall Term I: Cabii	Fall Term I: Cabin John Ice Rink Click to Register								
Sep 15-Oct 20	Sun	1:15-1:45p	Ages 13 and up	\$114	6 Classes	PICE0221-312000			
Sep 12-Oct 24	Thu	1:15-1:45p	Ages 13 and up	\$114	6 Classes	PICE0221-312001			
Sep 12-Oct 24	Thu	7:30-8p	Ages 13 and up	\$114	6 Classes	PICE0221-312002			
Sep 14-Oct 26	Sat	8:30-9a	Ages 13 and up	\$114	6 Classes	PICE0221-312003			
Sep 14-Oct 26	Sat	9-9:30a	Ages 13 and up	\$114	6 Classes	PICE0221-312004			
Fall Term I: Whee	Fall Term I: Wheaton Ice Arena								
Sep 15-Oct 20	Sun	1:45-2:15p	Ages 13 and up	\$114	6 Classes	PICE0221-315001			
Sep 10-Oct 15	Tue	12-12:30p	Ages 13 and up	\$114	6 Classes	PICE0221-315002			
Sep 12-Oct 24	Thu	7:15-7:45p	Ages 13 and up	\$114	6 Classes	PICE0221-315003			
Sep 14-Oct 26	Sat	11:45a-12:15p	Ages 13 and up	\$114	6 Classes	PICE0221-315004			
Fall Term II: Cab	in John Id	ce Rink							
Nov 7-Dec 19	Thu	1:15-1:45p	Ages 13 and up	\$114	6 Classes	PICE0221-322001			
Nov 7-Dec 19	Thu	7:30-8p	Ages 13 and up	\$114	6 Classes	PICE0221-322002			
Nov 2-Dec 14	Sat	8:30-9a	Ages 13 and up	\$114	6 Classes	PICE0221-322003			
Nov 2-Dec 14	Sat	9-9:30a	Ages 13 and up	\$114	6 Classes	PICE0221-322004			
Nov 3-Dec 15	Sun	1:15-1:45p	Ages 13 and up	\$114	6 Classes	PICE0221-322005			

Fall I:

Fall II:

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Teen and Adult Ice Skating 2 (continued)

Fall Term II: Whe	all Term II: Wheaton Ice Arena									
Nov 3-Dec 15	Sun	1:45-2:15p	Ages 13 and up	\$114	6 Classes	PICE0221-325001				
Nov 5-Dec 10	Tue	12-12:30p	Ages 13 and up	\$114	6 Classes	PICE0221-325002				
Nov 7-Dec 19	Thu	7:15-7:45p	Ages 13 and up	\$114	6 Classes	PICE0221-325003				
Nov 1-Dec 13	Fri	12-12:30p	Ages 13 and up	\$114	6 Classes	PICE0221-325004				
Nov 2-Dec 14	Sat	11:45a-12:15p	Ages 13 and up	\$114	6 Classes	PICE0221-325005				

Teen and Adult Ice Skating 3

Prerequisite: Passed Teen and Adult Ice Skating 2. Learn forward stroking, forward half-swizzle pumps on circle, moving forward to backward and backward to forward two-foot turn on a circle, backward skating & glide, forward chasses on a circle, and backward snowplow stop. Fee includes skate rental (if needed) plus a skating practice card.

Fall Term I: Cabi	Fall Term I: Cabin John Ice Rink Clic								
Sep 15-Oct 20	Sun	1:45-2:30p	Ages 13 and up	\$171	6 Classes	PICE0222-312000			
Sep 12-Oct 24	Thu	12:30-1:15p	Ages 13 and up	\$171	6 Classes	PICE0222-312001			
Sep 12-Oct 24	Thu	8-8:45p	Ages 13 and up	\$171	6 Classes	PICE0222-312002			
Sep 14-Oct 26	Sat	9:45-10:30a	Ages 13 and up	\$171	6 Classes	PICE0222-312003			
Fall Term I: Wheaton Ice Arena									
Sep 15-Oct 20	Sun	2:15-2:45p	Ages 13 and up	\$114	6 Classes	PICE0222-315001			
Sep 10-Oct 15	Tue	12:30-1p	Ages 13 and up	\$114	6 Classes	PICE0222-315002			
Sep 12-Oct 24	Thu	7:15-7:45p	Ages 13 and up	\$114	6 Classes	PICE0222-315003			
Sep 14-Oct 26	Sat	11:15-11:45a	Ages 13 and up	\$114	6 Classes	PICE0222-315004			
Fall Term II: Cab	in John Id	ce Rink							
Nov 3-Dec 15	Sun	1:45-2:30p	Ages 13 and up	\$171	6 Classes	PICE0222-322000			
Nov 7-Dec 19	Thu	12:30-1:15p	Ages 13 and up	\$171	6 Classes	PICE0222-322001			
Nov 7-Dec 19	Thu	8-8:45p	Ages 13 and up	\$171	6 Classes	PICE0222-322002			
Nov 2-Dec 14	Sat	9:45-10:30a	Ages 13 and up	\$171	6 Classes	PICE0222-322003			
Fall Term II: Whe	eaton Ice	Arena							
Nov 3-Dec 15	Sun	2:15-2:45p	Ages 13 and up	\$114	6 Classes	PICE0222-325001			
Nov 5-Dec 10	Tue	12:30-1p	Ages 13 and up	\$114	6 Classes	PICE0222-325002			
Nov 7-Dec 19	Thu	7:15-7:45p	Ages 13 and up	\$114	6 Classes	PICE0222-325003			
Nov 2-Dec 14	Sat	11:15-11:45a	Ages 13 and up	\$114	6 Classes	PICE0222-325004			

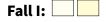
Fall I:



Teen and Adult Ice Skating 4

Prerequisite: Passed Teen and Adult Ice Skating 3. Learn forward outside & inside edges on a circle, forward crossovers, backward one-foot glides, backward half swizzle pumps on a circle and Hockey stop. Fee includes skate rental (if needed) plus a skating practice card.

Fall Term I: Cabin	Fall Term I: Cabin John Ice Rink Click to Register									
Sep 15-Oct 20	Sun	1:45-2:30p	Ages 13 and up	\$171	6 Classes	PICE0223-312000				
Sep 12-Oct 24	Thu	12:30-1:15p	Ages 13 and up	\$171	6 Classes	PICE0223-312001				
Sep 12-Oct 24	Thu	8-8:45p	Ages 13 and up	\$171	6 Classes	PICE0223-312002				
Sep 14-Oct 26	Sat	9:45-10:30a	Ages 13 and up	\$171	6 Classes	PICE0223-312003				
Fall Term I: Wheaton Ice Arena										
Sep 15-Oct 20	Sun	2:15-2:45p	Ages 13 and up	\$114	6 Classes	PICE0223-315001				
Sep 10-Oct 15	Tue	12:30-1p	Ages 13 and up	\$114	6 Classes	PICE0223-315002				
Sep 12-Oct 24	Thu	7:15-7:45p	Ages 13 and up	\$114	6 Classes	PICE0223-315003				
Sep 14-Oct 26	Sat	11:15-11:45a	Ages 13 and up	\$114	6 Classes	PICE0223-315004				
Fall Term II: Cab	in John Id	ce Rink								
Nov 3-Dec 15	Sun	1:45-2:30p	Ages 13 and up	\$171	6 Classes	PICE0223-322000				
Nov 7-Dec 19	Thu	12:30-1:15p	Ages 13 and up	\$171	6 Classes	PICE0223-322001				
Nov 7-Dec 19	Thu	8-8:45p	Ages 13 and up	\$171	6 Classes	PICE0223-322002				
Nov 2-Dec 14	Sat	9:45-10:30a	Ages 13 and up	\$171	6 Classes	PICE0223-322003				
Fall Term II: Whe	aton Ice	Arena								
Nov 3-Dec 15	Sun	2:15-2:45p	Ages 13 and up	\$114	6 Classes	PICE0223-325001				
Nov 5-Dec 10	Tue	12:30-1p	Ages 13 and up	\$114	6 Classes	PICE0223-325002				
Nov 7-Dec 19	Thu	7:15-7:45p	Ages 13 and up	\$114	6 Classes	PICE0223-325003				
Nov 2-Dec 14	Sat	11:15-11:45a	Ages 13 and up	\$114	6 Classes	PICE0223-325004				





Teen and Adult Ice Skating Advanced

Passed Teen and Adult Ice Skating 4. Learn back edges on a circle, backward crossovers, outside three-turn, swing rolls, advanced stroking with crossovers forwards & backwards, forward inside three-turns, forward outside to inside change of edge power pulls, T-stop, Lunge, and two-foot to one-foot spins. Fee includes skate rental (if needed) plus a skating practice card.

Fall Term I: Cabi	Fall Term I: Cabin John Ice Rink Click to Register									
Sep 9-Oct 14	Mon	8:15-9p	Ages 13 and up	\$171	6 Classes	PICE0224-312001				
Sep 12-Oct 24	Thu	11:45a-12:30p	Ages 13 and up	\$171	6 Classes	PICE0224-312002				
Sep 14-Oct 26	Sat	9:45-10:30a	Ages 13 and up	\$171	6 Classes	PICE0224-312003				
Fall Term I: Wheaton Ice Arena										
Sep 12-Oct 24	Thu	7:15-7:45p	Ages 13 and up	\$114	6 Classes	PICE0224-315003				
Sep 14-Oct 26	Sat	10:45-11:15a	Ages 13 and up	\$114	6 Classes	PICE0224-315004				
Fall Term II: Cab	in John Id	ce Rink								
Nov 4-Dec 9	Mon	8:15-9p	Ages 13 and up	\$171	6 Classes	PICE0224-322001				
Nov 2-Dec 14	Sat	9:45-10:30a	Ages 13 and up	\$171	6 Classes	PICE0224-322002				
Nov 7-Dec 19	Thu	11:45a-12:30p	Ages 13 and up	\$171	6 Classes	PICE0224-322003				
Fall Term II: Wheaton Ice Arena										
Nov 7-Dec 19	Thu	7:15-7:45p	Ages 13 and up	\$114	6 Classes	PICE0224-325003				
Nov 2-Dec 14	Sat	10:45-11:15a	Ages 13 and up	\$114	6 Classes	PICE0224-325004				



Fall I: Fall II:



Teen and Adult Free Skate

Prerequisite: Passed Teen and Adult Ice Skating Advanced. This class will focus on introductory free skating skills including beginner jumps and spins. Fee includes skate rental (if needed) plus a skating practice card.

Fall Term I: Cabi	Fall Term I: Cabin John Ice Rink Click to Register									
Sep 14-Oct 26	Sat	9:45-10:30a	Ages 13 and up	\$171	6 Classes	PICE0225-312001				
Sep 9-Oct 14	Mon	8:15-9p	Ages 13 and up	\$171	6 Classes	PICE0225-312002				
Sep 12-Oct 24	Thu	11:45a-12:30p	Ages 13 and up	\$171	6 Classes	PICE0225-312003				
Fall Term I: Wheaton Ice Arena										
Sep 12-Oct 24	Thu	6:45-7:15p	Ages 13 and up	\$114	6 Classes	PICE0225-315001				
Sep 14-Oct 26	Sat	10:45-11:15a	Ages 13 and up	\$114	6 Classes	PICE0225-315002				
Fall Term II: Cab	in John Id	ce Rink								
Nov 2-Dec 14	Sat	9:45-10:30a	Ages 13 and up	\$171	6 Classes	PICE0225-322001				
Nov 4-Dec 9	Mon	8:15-9p	Ages 13 and up	\$171	6 Classes	PICE0225-322002				
Nov 7-Dec 19	Thu	11:45a-12:30p	Ages 13 and up	\$171	6 Classes	PICE0225-322003				
Fall Term II: Wheaton Ice Arena										
Nov 7-Dec 19	Thu	6:45-7:15p	Ages 13 and up	\$114	6 Classes	PICE0225-325001				
Nov 2-Dec 14	Sat	10:45-11:15a	Ages 13 and up	\$114	6 Classes	PICE0225-325002				

Teen and Adult Turns and Edges

Prerequisite: Passed Teen and Adult 3. This class is an introduction skating FUNdamentals, body alignment, and technique. Skaters will work on stroking, turns, edges, connecting steps and how to make all of it, look effortless. It is meant to compliment skaters in levels Teen and Adult 3 and above.

Fall Term I: Cabin John Ice Rink

Sep 14-Oct 26	Sat	10:30-11a	Ages 13 and up	\$114	6 Classes	PICE0226-312001		
Fall Term II: Cabin John Ice Rink								
Nov 2-Dec 14	Sat	10:30-11a	Ages 13 and up	\$114	6 Classes	PICE0226-322001		

Fall I:



Pre Free Skate

Prerequisite: Passed Youth Ice Skating 6. Skaters will learn forward inside open mohawk, backward outside edge to forward outside edge transition on a circle, ballet jump, backward crossovers to backward outside edge glides, combination step sequences, one-foot upright spin, mazurka, and waltz jump. Fee includes skate rental and a practice card good for admission to public skate sessions to practice skills learned in class.

Fa	Fall Term I: Cabin John Ice RinkClick to Register								
9	Sep 9-Oct 21	Mon	5-5:45p	Ages 4 to 12	\$171	6 Classes	PICE0300-312001		
S	ep 14-Oct 26	Sat	9:45-10:30a	Ages 4 to 12	\$171	6 Classes	PICE0300-312002		
S	ep 14-Oct 26	Sat	2:45-3:30p	Ages 4 to 12	\$171	6 Classes	PICE0300-312003		
S	ep 15-Oct 20	Sun	1:45-2:30p	Ages 4 to 12	\$171	6 Classes	PICE0300-312004		
9	Sep 9-Oct 14	Mon	5-5:45p	Ages 4 to 12	\$171	6 Classes	PICE0300-312005		
Fa	Fall Term I: Wheaton Ice Arena								
S	ep 15-Oct 20	Sun	2:15-2:45p	Ages 4 to 17	\$114	6 Classes	PICE0300-315001		
S	ep 12-Oct 24	Thu	6:15-6:45p	Ages 4 to 17	\$114	6 Classes	PICE0300-315002		
S	ep 14-Oct 26	Sat	10:45-11:15a	Ages 4 to 17	\$114	6 Classes	PICE0300-315003		
Fa	ll Term II: Cab	in John Ic	e Rink						
	Nov 4-Dec 9	Mon	5-5:45p	Ages 4 to 12	\$171	6 Classes	PICE0300-322001		
1	Nov 2-Dec 14	Sat	9:45-10:30a	Ages 4 to 12	\$171	6 Classes	PICE0300-322002		
١	Nov 2-Dec 14	Sat	2:45-3:30p	Ages 4 to 12	\$171	6 Classes	PICE0300-322003		
١	lov 3-Dec 15	Sun	1:45-2:30p	Ages 4 to 12	\$171	6 Classes	PICE0300-322004		
Fa	ll Term II: Whe	eaton Ice A	Arena						
١	lov 3-Dec 15	Sun	2:15-2:45p	Ages 4 to 17	\$114	6 Classes	PICE0300-325001		
1	Nov 7-Dec 19	Thu	6:15-6:45p	Ages 4 to 17	\$114	6 Classes	PICE0300-325002		
1	Nov 2-Dec 14	Sat	10:45-11:15a	Ages 4 to 17	\$114	6 Classes	PICE0300-325003		





Fall I:



Prerequisite: Passed Pre Free Skate. Learn forward power stroking, forward outside & inside consecutive edges, backward outside three-turns, upright one-foot spin from back crossovers, half flip, toe loop, and waltz jump combinations. Fee includes skate rental (if needed) plus a skating practice card.

Fall Term I: Cabin John Ice Rink Click to Register									
Sep 9-Oct 14	Mon	6-6:45p	Ages 5 and up	\$171	6 Classes	PICE0310-312001			
Sep 12-Oct 24	Thu	5:45-6:30p	Ages 5 and up	\$171	6 Classes	PICE0310-312002			
Sep 14-Oct 26	Sat	11-11:45a	Ages 5 and up	\$171	6 Classes	PICE0310-312003			
Sep 14-Oct 26	Sat	2:45-3:30p	Ages 5 and up	\$171	6 Classes	PICE0310-312004			
Fall Term I: Wheat	Fall Term I: Wheaton Ice Arena								
Sep 15-Oct 20	Sun	2:15-2:45p	Ages 5 and up	\$114	6 Classes	PICE0310-315001			
Sep 12-Oct 24	Thu	6:45-7:15p	Ages 5 and up	\$114	6 Classes	PICE0310-315002			
Sep 14-Oct 26	Sat	10:45-11:15a	Ages 5 and up	\$114	6 Classes	PICE0310-315003			
Fall Term II: Cabin John Ice Rink									
Nov 4-Dec 9	Mon	6-6:45p	Ages 5 and up	\$171	6 Classes	PICE0310-322001			
Nov 7-Dec 19	Thu	5:45-6:30p	Ages 5 and up	\$171	6 Classes	PICE0310-322002			
Nov 2-Dec 14	Sat	11-11:45a	Ages 5 and up	\$171	6 Classes	PICE0310-322003			
Nov 2-Dec 14	Sat	2:45-3:30p	Ages 5 and up	\$171	6 Classes	PICE0310-322004			
Fall Term II: Whea	ton Ice	Arena							
Nov 3-Dec 15	Sun	2:15-2:45p	Ages 5 and up	\$114	6 Classes	PICE0310-325001			
Nov 7-Dec 19	Thu	6:45-7:15p	Ages 5 and up	\$114	6 Classes	PICE0310-325002			
Nov 2-Dec 14	Sat	10:45-11:15a	Ages 5 and up	\$114	6 Classes	PICE0310-325003			



Fall I:



Prerequisite: Passed Free Skate 1. Skates will learn basic back outside and back inside consecutive edges, forward outside and inside spirals on an axis, backward inside three-turns, beginning back spin, half lutz, and salchow. Fee includes skate rental (if needed) plus a skating practice card.

Fall Term I: Cabi	all Term I: Cabin John Ice Rink								
Sep 9-Oct 14	Mon	6-6:45p	Ages 5 and up	\$171	6 Classes	PICE0312-312001			
Sep 12-Oct 24	Thu	5:45-6:30p	Ages 5 and up	\$171	6 Classes	PICE0312-312002			
Sep 14-Oct 26	Sat	11-11:45a	Ages 5 and up	\$171	6 Classes	PICE0312-312003			
Fall Term I: Wheaton Ice Arena									
Sep 12-Oct 24	Thu	6:45-7:15p	Ages 5 and up	\$114	6 Classes	PICE0312-315002			
Fall Term II: Cab	in John Ic	e Rink							
Nov 4-Dec 9	Mon	6-6:45p	Ages 5 and up	\$171	6 Classes	PICE0312-322001			
Nov 7-Dec 19	Thu	5:45-6:30p	Ages 5 and up	\$171	6 Classes	PICE0312-322002			
Nov 2-Dec 14	Sat	11-11:45a	Ages 5 and up	\$171	6 Classes	PICE0312-322003			
Fall Term II: Whe	Fall Term II: Wheaton Ice Arena								
Nov 7-Dec 19	Thu	6:45-7:15p	Ages 5 and up	\$114	6 Classes	PICE0312-325002			

Free Skate 3

Prerequisite: Passed Free Skate 2. Skaters will learn alternating back crossovers to backward outside edges, alternating mohawk/crossover sequence, waltz three turns, advanced back spin, loop jump, waltz jump/toe loop combination and salchow/toe loop combination. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions.

Fall Term I: Cabi	Fall Term I: Cabin John Ice Rink								
Sep 9-Oct 14	Mon	6:45-7:30p	Ages 5 and up	\$171	6 Classes	PICE0314-312001			
Sep 12-Oct 24	Thu	6:30-7:15p	Ages 5 and up	\$171	6 Classes	PICE0314-312002			
Sep 14-Oct 26	Sat	11-11:45a	Ages 5 and up	\$171	6 Classes	PICE0314-312003			
Fall Term I: Wheaton Ice Arena									
Sep 12-Oct 24	Thu	6:45-7:15p	Ages 5 and up	\$114	6 Classes	PICE0314-315002			
Fall Term II: Cabin John Ice Rink									
Nov 4-Dec 9	Mon	6:45-7:30p	Ages 5 and up	\$171	6 Classes	PICE0314-322001			
Nov 7-Dec 19	Thu	6:30-7:15p	Ages 5 and up	\$171	6 Classes	PICE0314-322002			
Nov 2-Dec 14	Sat	11-11:45a	Ages 5 and up	\$171	6 Classes	PICE0314-322003			
Fall Term II: Whe	Fall Term II: Wheaton Ice Arena								
Nov 7-Dec 19	Thu	6:45-7:15p	Ages 5 and up	\$114	6 Classes	PICE0314-325002			
Fall I: Fall II:									



Prerequisite: Passed Free Skate 3. Skaters will learn forward power three-turns, waltz eight, forward upright to backward upright spin, sit spin, half loop, flip, and split jump. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions to practice skills learned in class.

Fall Term I: Cabi	all Term I: Cabin John Ice Rink								
Sep 9-Oct 14	Mon	6:45-7:30p	Ages 5 and up	\$171	6 Classes	PICE0316-312001			
Sep 12-Oct 24	Thu	6:30-7:15p	Ages 5 and up	\$171	6 Classes	PICE0316-312002			
Sep 14-Oct 26	Sat	11-11:45a	Ages 5 and up	\$171	6 Classes	PICE0316-312003			
Fall Term I: Whee	Fall Term I: Wheaton Ice Arena								
Sep 12-Oct 24	Thu	6:45-7:15p	Ages 5 and up	\$114	6 Classes	PICE0316-315001			
Fall Term II: Cab	in John Ic	e Rink							
Nov 4-Dec 9	Mon	6:45-7:30p	Ages 5 and up	\$171	6 Classes	PICE0316-322001			
Nov 7-Dec 19	Thu	6:30-7:15p	Ages 5 and up	\$171	6 Classes	PICE0316-322002			
Nov 2-Dec 14	Sat	11-11:45a	Ages 5 and up	\$171	6 Classes	PICE0316-322003			
Fall Term II: Wheaton Ice Arena									
Nov 7-Dec 19	Thu	6:45-7:15p	Ages 5 and up	\$114	6 Classes	PICE0316-325001			

Free Skate 5

Prerequisite: Passed Free Skate 4. Skaters will learn backward power three-turns, five-step mohawk sequence, camel spin, waltz jump/loop jump combination, lutz, and loop/loop jump combination. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions to practice skills learned in class.

Fall Term I: Cabi	all Term I: Cabin John Ice Rink									
Sep 9-Oct 14	Mon	7:30-8:15p	Ages 5 and up	\$171	6 Classes	PICE0318-312001				
Sep 14-Oct 26	Sat	11-11:45a	Ages 5 and up	\$171	6 Classes	PICE0318-312002				
Fall Term I: Wheaton Ice Arena										
Sep 12-Oct 24	Thu	6:45-7:15p	Ages 5 and up	\$114	6 Classes	PICE0318-315001				
Fall Term II: Cab	Fall Term II: Cabin John Ice Rink									
Nov 4-Dec 9	Mon	7:30-8:15p	Ages 5 and up	\$171	6 Classes	PICE0318-322001				
Nov 2-Dec 14	Sat	11-11:45a	Ages 5 and up	\$171	6 Classes	PICE0318-322002				
Fall Term II: Wheaton Ice Arena										
Nov 7-Dec 19	Thu	6:45-7:15p	Ages 5 and up	\$114	6 Classes	PICE0318-325001				
		·	·		·	·				





Prerequisite: Passed Free Skate 5. Skaters will learn forward power pulls, creative step sequence, camel/ sit spin combination, layback or cross foot spin, waltz jump/half loop/salchow combination, axel exercises, and backward outside pivot. Fee includes skate rental (if needed) plus a practice card good for admission to public skate session to practice skills learned in class.

Fall Term I: Cabi	Ill Term I: Cabin John Ice Rink								
Sep 9-Oct 14	Mon	7:30-8:15p	Ages 5 and up	\$171	6 Classes	PICE0320-312001			
Sep 14-Oct 26	Sat	11-11:45a	Ages 5 and up	\$171	6 Classes	PICE0320-312002			
Fall Term I: Wheaton Ice Arena									
Sep 12-Oct 24	Thu	6:45-7:15p	Ages 5 and up	\$114	6 Classes	PICE0320-315001			
Fall Term II: Cabin John Ice Rink									
Nov 4-Dec 9	Mon	7:30-8:15p	Ages 5 and up	\$171	6 Classes	PICE0320-322001			
Nov 2-Dec 14	Sat	11-11:45a	Ages 5 and up	\$171	6 Classes	PICE0320-322002			
Fall Term II: Wheaton Ice Arena									
Nov 7-Dec 19	Thu	6:45-7:15p	Ages 5 and up	\$114	6 Classes	PICE0320-325001			

Cabin John Aspire Figure Skating Program

The Aspire program is for children who are accelerating through the standard levels and have a strong interest in figure skating. Each class includes and on ice and office instructional segment.

Fall Term I: Cabi	n John Ice	Click to Register							
Aspire Figure Sk	cating								
Sep 14-Oct 26	Sat	8:30-9:30a	Ages 7 to 12	\$171	PICE0322-312001				
Aspire Youth									
Sep 12-Oct 24	Thu	4:30-5:45p	Ages 6 to 10	\$171	PICE0322-312002				
Aspire Preschoo	ol								
Sep 15-Oct 20	Sun	2:30-3:30p	Ages 4 to 6	\$171	PICE0322-312005				
Fall Term II: Cab	in John Ic	e Rink							
Aspire Figure Sk	cating								
Nov 2-Dec 14	Sat	8:30-9:30a	Ages 7 to 12	\$171	PICE0322-322001				
Aspire Youth									
Nov 7-Dec 19	Thu	4:30-5:45p	Ages 6 to 10	\$171	PICE0322-322002				
Aspire Preschoo	Aspire Preschool								
Nov 3-Dec 15	Sun	2:30-3:30p	Ages 4 to 6	\$171	PICE0322-322005				

Fall I: Fall II:



Wheaton Aspire Figure Skating Program

The Aspire program is for children who are accelerating through the standard levels and have a strong interest in figure skating.

Fall Term I: Cabi	all Term I: Cabin John Ice Rink								
Aspire Youth									
Sep 11-Oct 23	Wed	6-6:45p	Ages 6 and up	\$171	6 Classes	PICE0321-315000			
Aspire Figure Skating									
Sep 11-Oct 23	Wed	6-6:45p	Ages 6 and up	\$171	6 Classes	PICE0321-315001			
Aspire Adult									
Sep 11-Oct 23	Wed	6-6:45p	Ages 14 and up	\$171	6 Classes	PICE0321-315002			
Fall Term II: Whe	eaton Ice A	rena							
Aspire Youth									
Nov 6-Dec 18	Wed	6-6:45p	Ages 6 and up	\$171	6 Classes	PICE0321-325000			
Aspire Figure SI	kating			,					
Nov 6-Dec 18	Wed	6-6:45p	Ages 6 and up	\$171	6 Classes	PICE0321-325001			
Aspire Adult									
Nov 6-Dec 18	Wed	6-6:45p	Ages 14 and up	\$171	6 Classes	PICE0321-325002			

Advanced Spins

This class is for skaters at the Free Skate 4 and higher level and will focus on advanced spins. (Skaters should be comfortable with scratch spin, sit spin, and beginning camel spin). Class will focus on learning basic spin features, combination spins, and flying spins. Fee includes a practice card good for admission to six public skating sessions.

Fall Term I: Cabi	fall Term I: Cabin John Ice Rink								
Sep 14-Oct 26	Sat	10:30-11a	Ages 6 and up	\$114	6 Classes	PICE0325-312001			
Fall Term I: Wheaton Ice Arena									
Sep 12-Oct 24	Thu	7:15-7:45p	Ages 6 and up	\$114	6 Classes	PICE0325-315001			
Fall Term II: Cab	Fall Term II: Cabin John Ice Rink								
Nov 2-Dec 14	Sat	10:30-11a	Ages 6 and up	\$114	6 Classes	PICE0325-322001			
Fall Term II: Wheaton Ice Arena									
Nov 7-Dec 19	Thu	7:15-7:45p	Ages 6 and up	\$114	6 Classes	PICE0325-325001			

Fall I:



Skating Skills

Prerequisite: Passed Basic 6. In these classes, skaters will work on power, edge quality, extension of line, quick and precise skating movements and pre-preliminary and preliminary moves in the field patterns. Fee includes skate rental (if needed) plus a skating practice card.

Fall Term I: Cabi	all Term I: Cabin John Ice Rink									
Sep 14-Oct 26	Sat	10:30-11a	Ages 6 and up	\$114	6 Classes	PICE0333-312001				
Fall Term I: Wheaton Ice Arena										
Sep 12-Oct 24	Thu	7:15-7:45p	Ages 6 and up	\$114	6 Classes	PICE0333-315001				
Fall Term II: Cab	Fall Term II: Cabin John Ice Rink									
Nov 2-Dec 14	Sat	10:30-11a	Ages 6 and up	\$114	6 Classes	PICE0333-322001				
Fall Term II: Wheaton Ice Arena										
Nov 7-Dec 19	Thu	7:15-7:45p	Ages 6 and up	\$114	6 Classes	PICE0333-325001				

Ice Dance

This class will introduce you to basic ice dancing steps, posture, dance positions and timing. Skaters will learn basic ice dance steps including progressives, swing rolls, chasses, slide chasses, and closed mohawks. They will also learn the steps and partnering holds for dances in the preliminary and pre-bronze levels (US Figure Skating levels).

Fall Term I: Cabir	Fall Term I: Cabin John Ice Rink							
Sep 14-Oct 26	Sat	10:30-11a	Ages 6 and up	\$114	6 Classes	PICE0336-312001		
Fall Term II: Cabin John Ice Rink								
Nov 2-Dec 14	Sat	10:30-11a	Ages 6 and up	\$114	6 Classes	PICE0336-322001		





Fall I: Fall II:



ICE HOCKEY

Hockey 1

Prerequisite: Passed Youth Ice Skating 1 or Preschool Ice Skating 4. Skater will learn falling and getting up in hockey skates, proper stance, march forward across the ice, 8-10 steps, forward two-foot glide, dip, forward swizzles, T-push to a two-foot glide, front to back turns, and snowplow stop. Fee includes skate rental, and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, flat stick cut to skater's height, and hockey skates.

Fall Term I: Cabi	ll Term I: Cabin John Ice Rink							
Sep 10-Oct 15	Tue	5:30-6p	Ages 4 to 12	\$114	6 Classes	PICE0351-312001		
Sep 11-Oct 23	Wed	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0351-312002		
Sep 14-Oct 26	Sat	9:30-10a	Ages 4 to 12	\$114	6 Classes	PICE0351-312003		
Sep 14-Oct 26	Sat	10:15-10:45a	Ages 4 to 12	\$114	6 Classes	PICE0351-312004		
Fall Term I: Wheaton Ice Arena								
Sep 15-Oct 20	Sun	1:15-1:45p	Ages 4 to 12	\$114	6 Classes	PICE0351-315001		
Fall Term II: Cab	in John Ic	re Rink						
Nov 5-Dec 10	Tue	5:30-6p	Ages 4 to 12	\$114	6 Classes	PICE0351-322001		
Nov 6-Dec 18	Wed	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0351-322002		
Nov 2-Dec 14	Sat	10:15-10:45a	Ages 4 to 12	\$114	6 Classes	PICE0351-322003		
Nov 2-Dec 14	Sat	9:30-10a	Ages 4 to 12	\$114	6 Classes	PICE0351-322004		
Fall Term II: Whe	eaton Ice /	Arena						
Nov 3-Dec 15	Sun	1:15-1:45p	Ages 4 to 12	\$114	6 Classes	PICE0351-325001		

Hockey 2

Prerequisite: Passed Hockey 1. Skaters will learn strides using 45-degree v push, forward one-foot push and glides, forward alternating C-cuts, backward hustles to glides on two feet, backward swizzles, backward alternating C-cuts, moving skateboard push, and moving snowplow stop. Fee includes skate rental, and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shin guards, hockey gloves, flat stick cut to skater's height, and hockey skates.

Fall Term I: Cabi	all Term I: Cabin John Ice Rink							
Sep 10-Oct 15	Tue	5:30-6p	Ages 4 to 12	\$114	6 Classes	PICE0352-312001		
Sep 11-Oct 23	Wed	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0352-312002		
Sep 14-Oct 26	Sat	9:30-10a	Ages 4 to 12	\$114	6 Classes	PICE0352-312003		
Sep 14-Oct 26	Sat	10:15-10:45a	Ages 4 to 12	\$114	6 Classes	PICE0352-312004		

Fall I: Fall II:



Hockey 2 (continued)

Fall Term I: Whe	all Term I: Wheaton Ice Arena							
Sep 15-Oct 20	Sun	1:15-1:45p	Ages 4 to 12	\$114	6 Classes	PICE0352-315001		
Fall Term II: Cabin John Ice Rink								
Nov 5-Dec 10	Tue	5:30-6p	Ages 4 to 12	\$114	6 Classes	PICE0352-322001		
Nov 6-Dec 18	Wed	6:15-6:45p	Ages 4 to 12	\$114	6 Classes	PICE0352-322002		
Nov 2-Dec 14	Sat	10:15-10:45a	Ages 4 to 12	\$114	6 Classes	PICE0352-322003		
Nov 2-Dec 14	Sat	9:30-10a	Ages 4 to 12	\$114	6 Classes	PICE0352-322004		
Fall Term II: Wheaton Ice Arena								
Nov 3-Dec 15	Sun	1:15-1:45p	Ages 4 to 12	\$114	6 Classes	PICE0352-325001		

Hockey 3

Prerequisite: Passed Hockey 2. Skaters will learn lateral crossover march, forward C-cuts on a circle, forward outside and inside edges on half circles, backward C-cuts, backward snowplow stops, forward stop-starts, and one-foot forward snowplow stops. Fee includes skate rental and a practice card good for admission to public sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, curved stick cut to skater's height, and hockey skates.

Fall Term I: Cabi	l Term I: Cabin John Ice Rink							
Sep 10-Oct 15	Tue	6:15-7p	Ages 4 to 12	\$171	6 Classes	PICE0353-312001		
Sep 11-Oct 23	Wed	6:45-7:30p	Ages 4 to 12	\$171	6 Classes	PICE0353-312002		
Sep 14-Oct 26	Sat	7:45-8:30a	Ages 4 to 12	\$171	6 Classes	PICE0353-312003		
Fall Term I: Whee	Fall Term I: Wheaton Ice Arena							
Sep 15-Oct 20	Sun	1:45-2:15p	Ages 4 to 12	\$114	6 Classes	PICE0353-315001		
Fall Term II: Cab	in John Ic	e Rink						
Nov 5-Dec 10	Tue	6:15-7p	Ages 4 to 12	\$171	6 Classes	PICE0353-322001		
Nov 6-Dec 18	Wed	6:45-7:30p	Ages 4 to 12	\$171	6 Classes	PICE0353-322002		
Nov 2-Dec 14	Sat	7:45-8:30a	Ages 4 to 12	\$171	6 Classes	PICE0353-322003		
Fall Term II: Whe	Fall Term II: Wheaton Ice Arena							
Nov 3-Dec 15	Sun	1:45-2:15p	Ages 4 to 12	\$114	6 Classes	PICE0353-325001		

Fall I:



Hockey 4

Prerequisite: Passed Hockey 3. Skaters will learn quick starts using V-starts, backward one-foot glides, forward and backward crossovers, forward to backward Mohawk pivots, and hockey stops. Fee includes skate rental and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, curved stick cut to skater's height, and hockey skates.

Fall Term I: Cabi	n John Ice	Rink				Click to Register		
Sep 10-Oct 15	Tue	7-7:45p	Ages 4 to 12	\$171	6 Classes	PICE0354-312001		
Sep 11-Oct 23	Wed	6:45-7:30p	Ages 4 to 12	\$171	6 Classes	PICE0354-312002		
Sep 14-Oct 26	Sat	7:45-8:30a	Ages 4 to 12	\$171	6 Classes	PICE0354-312003		
Fall Term I: Wheaton Ice Arena								
Sep 15-Oct 20	Sun	1:45-2:15p	Ages 4 to 12	\$114	6 Classes	PICE0354-315001		
Fall Term II: Cab	Fall Term II: Cabin John Ice Rink							
Nov 5-Dec 10	Tue	7-7:45p	Ages 4 to 12	\$171	6 Classes	PICE0354-322001		
Nov 6-Dec 18	Wed	6:45-7:30p	Ages 4 to 12	\$171	6 Classes	PICE0354-322002		
Nov 2-Dec 14	Sat	7:45-8:30a	Ages 4 to 12	\$171	6 Classes	PICE0354-322003		
Fall Term II: Wheaton Ice Arena								
Nov 3-Dec 15	Sun	1:45-2:15p	Ages 4 to 12	\$114	6 Classes	PICE0354-325001		

Hockey Advanced

Prerequisite: Passed Hockey 4. Skaters will learn powerful backward C-cuts, alternating forward and backward crossovers, forward power hockey turns, lateral pivots, fast stops and starts, and fast backward skating with quick backward V-stops. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates.

Fall Term I: Cabi	ill Term I: Cabin John Ice Rink							
Sep 10-Oct 15	Tue	7:45-8:30p	Ages 4 to 12	\$171	6 Classes	PICE0355-312001		
Sep 11-Oct 23	Wed	7:30-8:15p	Ages 4 to 12	\$171	6 Classes	PICE0355-312002		
Sep 14-Oct 26	Sat	7:45-8:30a	Ages 4 to 12	\$171	6 Classes	PICE0355-312003		
Fall Term II: Cab	Fall Term II: Cabin John Ice Rink							
Nov 5-Dec 10	Tue	7:45-8:30p	Ages 4 to 12	\$171	6 Classes	PICE0355-322001		
Nov 6-Dec 18	Wed	7:30-8:15p	Ages 4 to 12	\$171	6 Classes	PICE0355-322002		
Nov 2-Dec 14	Sat	7:45-8:30a	Ages 4 to 12	\$171	6 Classes	PICE0355-322003		

Fall I:



Teen and Adult Hockey 1

Prerequisite: Passed Teen & Adult 1 in hockey skates. Learn the fundamentals of hockey skating including alternating forward and backward c-cuts, backward swizzles, one-foot snowplow stop, lateral crossover march, forward c-cuts on a circle, and turns from forward to backward. Skaters will also learn skating with a puck and beginning passing and stickhandling skills. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates (rental hockey skates are available).

Fall Term I: Cabi	Fall Term I: Cabin John Ice Rink							
Sep 14-Oct 26	Sat	8:30-9a	Ages 13 and up	\$114	6 Classes	PICE0357-312001		
Fall Term II: Cabin John Ice Rink								
Nov 2-Dec 14	Sat	8:30-9a	Ages 13 and up	\$114	6 Classes	PICE0357-322001		

Teen and Adult Hockey 2

Prerequisite: Passed Teen & Adult Hockey 1. This class will focus on more advanced skating skills including backward crossovers, hockey stops, forward power hockey turns, fast stops & starts, backward V-stops, and forward to backward mohawk pivots. Skaters will also learn hockey techniques, rules, and game play including some scrimmage time. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates (rental hockey skates are available).

Fall Term I: Cabi	all Term I: Cabin John Ice Rink							
Sep 11-Oct 23	Wed	8:30-9:15p	Ages 13 and up	\$171	6 Classes	PICE0358-312001		
Sep 14-Oct 26	Sat	7:45-8:30a	Ages 13 and up	\$171	6 Classes	PICE0358-312002		
Fall Term II: Cab	Fall Term II: Cabin John Ice Rink							
Nov 6-Dec 18	Wed	8:30-9:15p	Ages 13 and up	\$171	6 Classes	PICE0358-322001		
Nov 2-Dec 14	Sat	7:45-8:30a	Ages 13 and up	\$171	6 Classes	PICE0358-322002		





Fall I: Fall II:



Hockey Offensive Skills

Prerequisite: Passed Hockey 3. This advanced hockey class will focus on getting through the offensive zone and putting the puck in the net. Topics covered will include shooting techniques, speed and agility, stickhandling, skating in open ice, receiving passes, and defending the puck. Full gear required.

Fall Term I: Cabi	Fall Term I: Cabin John Ice Rink							
Sep 15-Oct 20	Sun	2:15-2:45p	Ages 5 to 12	\$114	6 Classes	PICE0361-315001		
Fall Term II: Wheaton Ice Arena								
Nov 3-Dec 15	Sun	2:15-2:45p	Ages 5 to 12	\$114	6 Classes	PICE0361-325001		

Scrimmage

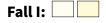
Prerequisite: Passed Hockey 2. This hands-on instructional class focuses on key elements of hockey. Skaters will learn rules of the game, enhance their skills, and practice through a series of scrimmages. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Full gear required.

Fall Term I: Cabi	all Term I: Cabin John Ice Rink							
Sep 14-Oct 26	Sat	8:30-9a	Ages 9 to 13	\$114	6 Classes	PICE0362-312100		
Sep 14-Oct 26	Sat	9-9:30a	Ages 9 to 13	\$114	6 Classes	PICE0362-312200		
Fall Term II: Cabin John Ice Rink								
Nov 2-Dec 14	Sat	8:30-9a	Ages 9 to 13	\$114	6 Classes	PICE0362-322100		
Nov 2-Dec 14	Sat	9-9:30a	Ages 9 to 13	\$114	6 Classes	PICE0362-322200		

Hockey Power Skating

Improve your conditioning and skating skills. This class will focus on stride length, take-offs and acceleration, agility skating, and edge work. Skaters must have passed Teen and Adult Hockey 1

Fall Term I: Cabi	Fall Term I: Cabin John Ice Rink							
Sep 14-Oct 26	Sat	8:30-9a	Ages 13 and up	\$114	6 Classes	PICE0365-312001		
Fall Term II: Cabin John Ice Rink								
Nov 2-Dec 14	Sat	8:30-9a	Ages 13 and up	\$114	6 Classes	PICE0365-322001		







PAULINE BETZ ADDIE TENNIS CENTER

7801 Democracy Blvd | Bethesda, MD 20817 301-765-8650 **PBATennis.org**

WHEATON INDOOR TENNIS

11715 Orebaugh Ave | Wheaton, MD 20902 301-905-3030 WheatonTennis.org



Programs are subject to change. For the most up-to-date listings visit:

PBATennis.org or WheatonTennis.org

CLASS DATES

Fall I:

Registration Dates: Aug 20 - Sep 4 Class Dates: Sep 9 - Oct 26

Fall II:

Registration Dates: Oct 21 - 29 Class Dates: Nov 1 - Dec 19

On your first day of class...

- Bring a racquet and water bottle.
- Wear proper footwear and athletic clothes.

COURSE FEES COVER

- Six group lessons
- Starter racquet's available for purchase

PLEASE NOTE

- No make-ups or refunds for missed lessons.
- Please read course descriptions carefully and select courses that match player ability and experience.
- At the end of each class series, the player will receive an evaluation recommending your next class.
- If you see a class you like, register! Classes may be canceled if a minimum enrollment is not met.



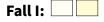


TENNIS

Parent & Child Tennis

Our youngest beginners, with the help of a parent, will practice basic tennis skills through fun exercises and games that can be continued outside of class. Fee covers one adult and one child; register the child only. (Red Court/Red Balls; loaner racquets available)

Sep 13-Oct 25 Fri 5-6p Ages 4 to 7 \$150 6 Classes PTEN0001-310002 Sep 14-Oct 26 Sat 2-3p Ages 4 to 7 \$150 6 Classes PTEN0001-310003 Sep 15-Oct 20 Sun 2-3p Ages 4 to 7 \$150 6 Classes PTEN0001-310004 Sep 10-Oct 15 Tue 5-6p Ages 4 to 7 \$150 6 Classes PTEN0001-310005 Sep 11-Oct 23 Wed 5-6p Ages 4 to 7 \$150 6 Classes PTEN0001-310006 Fall Term II: Wheaton Indoor Tennis Sep 11-Oct 23 Wed 6-7p Ages 4 to 7 \$129 6 Classes PTEN0001-316001 Sep 14-Oct 26 Sat 12-1p Ages 4 to 7 \$129 6 Classes PTEN0001-316002 Sep 9-Oct 14 Mon 6-7p Ages 4 to 7 \$129 6 Classes PTEN0001-316003 Sep 15-Oct 20 Sun 1-2p Ages 4 to 7 \$129 6 Classes PTEN0001-316003 Sep 15-Oct 20 Sun 1-2p Ages 4 to 7 \$150 <th>Fall Term I: Pau</th> <th>line Betz</th> <th>Addie Tennis Center</th> <th></th> <th></th> <th></th> <th>Click to Register</th>	Fall Term I: Pau	line Betz	Addie Tennis Center				Click to Register
Sep 15-Oct 20 Sun 2-3p Ages 4 to 7 \$150 6 Classes PTEN0001-310004 Sep 10-Oct 15 Tue 5-6p Ages 4 to 7 \$150 6 Classes PTEN0001-310005 Sep 11-Oct 23 Wed 5-6p Ages 4 to 7 \$120 6 Classes PTEN0001-310006 Fall Term I: Wheaton Indoor Tennis Sep 11-Oct 23 Wed 6-7p Ages 4 to 7 \$129 6 Classes PTEN0001-316001 Sep 14-Oct 26 Sat 12-1p Ages 4 to 7 \$129 6 Classes PTEN0001-316002 Sep 9-Oct 14 Mon 6-7p Ages 4 to 7 \$129 6 Classes PTEN0001-316003 Sep 15-Oct 20 Sun 1-2p Ages 4 to 7 \$129 6 Classes PTEN0001-316003 Sep 15-Oct 20 Sun 1-2p Ages 4 to 7 \$129 6 Classes PTEN0001-316003 Fall Term II: Pauline Betz Addie Tennis Center Nov 2-Dec 14 Sat 2-3p Ages 4 to 7 \$150 6 Cla	Sep 13-Oct 25	Fri	5-6p	Ages 4 to 7	\$150	6 Classes	PTEN0001-310002
Sep 10-Oct 15 Tue 5-6p Ages 4 to 7 \$150 6 Classes PTEN0001-310005 Sep 11-Oct 23 Wed 5-6p Ages 4 to 7 \$150 6 Classes PTEN0001-310006 Fall Term I: Wheaton Indoor Tennis Sep 11-Oct 23 Wed 6-7p Ages 4 to 7 \$129 6 Classes PTEN0001-316001 Sep 14-Oct 26 Sat 12-1p Ages 4 to 7 \$129 6 Classes PTEN0001-316002 Sep 9-Oct 14 Mon 6-7p Ages 4 to 7 \$129 6 Classes PTEN0001-316003 Sep 15-Oct 20 Sun 1-2p Ages 4 to 7 \$129 6 Classes PTEN0001-316003 Sep 15-Oct 20 Sun 1-2p Ages 4 to 7 \$129 6 Classes PTEN0001-316003 Nov 1-Dec 13 Fri 5-6p Ages 4 to 7 \$150 6 Classes PTEN0001-320002 Nov 2-Dec 14 Sat 2-3p Ages 4 to 7 \$150 6 Classes PTEN0001-320005							





Youth Tennis, Beginner 5-7

Group lesson class for the young beginner who has limited or no prior tennis experience. Class teaches basic strokes and promotes cooperative play through games and skill-building activities. Instruction for ages 5-7 focuses on hand-eye coordination, movement, and basic tennis strokes. Instruction for ages 7-10 focuses on racquet control drills, sending and receiving, rallying skills, and ABCs (agility, balance, and coordination). (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

Fall Term I: Pau	ıline Betz	Addie Tennis Center				Click to Register		
Sep 9-Oct 14	Mon	4-5p	Ages 5 to 7	\$141	6 Classes	PTEN0005-310011		
Sep 15-Oct 20	Sun	9-10a	Ages 5 to 7	\$141	6 Classes	PTEN0005-310012		
Sep 14-Oct 26	Sat	9-10a	Ages 5 to 7	\$141	6 Classes	PTEN0005-310013		
Sep 11-Oct 23	Wed	4-5p	Ages 5 to 7	\$141	6 Classes	PTEN0005-310014		
Fall Term I: Whe	eaton Ind	oor Tennis						
Sep 12-Oct 24	Thu	6-7p	Ages 5 to 7	\$117	6 Classes	PTEN0005-316005		
Sep 14-Oct 26	Sat	1-2p	Ages 5 to 7	\$117	6 Classes	PTEN0005-316006		
Sep 15-Oct 20	Sun	11a-12p	Ages 5 to 7	\$117	6 Classes	PTEN0005-316007		
Sep 9-Oct 14	Mon	5-6p	Ages 5 to 7	\$117	6 Classes	PTEN0005-316008		
Sep 10-Oct 15	Tue	5-6p	Ages 5 to 7	\$117	6 Classes	PTEN0005-316041		
Fall Term II: Pa	Fall Term II: Pauline Betz Addie Tennis Center							
Nov 4-Dec 9	Mon	5-6p	Ages 5 to 7	\$141	6 Classes	PTEN0005-320011		
Nov 3-Dec 15	Sun	9-10a	Ages 5 to 7	\$141	6 Classes	PTEN0005-320012		
Nov 2-Dec 14	Sat	9-10a	Ages 5 to 7	\$141	6 Classes	PTEN0005-320013		
Nov 7-Dec 19	Thu	4-5p	Ages 5 to 7	\$141	6 Classes	PTEN0005-320014		
Nov 6-Dec 18	Wed	4-5p	Ages 5 to 7	\$141	6 Classes	PTEN0005-320015		
Nov 6-Dec 18	Wed	6-7p	Ages 5 to 7	\$141	6 Classes	PTEN0005-320016		
Nov 2-Dec 14	Sat	12-1p	Ages 5 to 7	\$141	6 Classes	PTEN0005-320023		
Fall Term II: Wh	eaton Ind	door Tennis						
Nov 7-Dec 19	Thu	6-7p	Ages 5 to 7	\$117	6 Classes	PTEN0005-326005		
Nov 2-Dec 14	Sat	1-2p	Ages 5 to 7	\$117	6 Classes	PTEN0005-326006		
Nov 3-Dec 15	Sun	11a-12p	Ages 5 to 7	\$117	6 Classes	PTEN0005-326007		
Nov 4-Dec 9	Mon	5-6p	Ages 5 to 7	\$117	6 Classes	PTEN0005-326008		
Nov 5-Dec 10	Tue	5-6p	Ages 5 to 7	\$117	6 Classes	PTEN0005-326041		

Fall I:



Youth Tennis, Intermediate 5-7

Prerequisite: Passed Beginner level. For the developing player who can rally on the Red Court but needs additional work on stroke production, tennis specific footwork, and situational play. Skill building continues with increased emphasis on cooperative drills. (Combination of Red Court/Red Balls and Orange Court/ Orange Balls; loaner racquets available)

Fall Term I: Pau	line Betz A	Addie Tennis Cente	er			Click to Register
Sep 13-Oct 25	Fri	5-6p	Ages 5 to 7	\$141	6 Classes	PTEN0010-310021
Sep 14-Oct 26	Sat	10-11a	Ages 5 to 7	\$141	6 Classes	PTEN0010-310022
Sep 15-Oct 20	Sun	10-11a	Ages 5 to 7	\$141	6 Classes	PTEN0010-310023
Sep 11-Oct 23	Wed	5-6p	Ages 5 to 7	\$141	6 Classes	PTEN0010-310024
Fall Term II: Pa	uline Betz	Addie Tennis Cent	ter			
Nov 1-Dec 13	Fri	5-6p	Ages 5 to 7	\$141	6 Classes	PTEN0010-320021
Nov 2-Dec 14	Sat	10-11a	Ages 5 to 7	\$141	6 Classes	PTEN0010-320022
Nov 3-Dec 15	Sun	10-11a	Ages 5 to 7	\$141	6 Classes	PTEN0010-320023
Nov 6-Dec 18	Wed	5-6p	Ages 5 to 7	\$141	6 Classes	PTEN0010-320025

Youth Tennis, Beginner 7-10

Group lesson class for the young beginner who has limited or no prior tennis experience. Class teaches basic strokes and promotes cooperative play through games and skill-building activities. Instruction for ages 5-7 focuses on hand-eye coordination, movement, and basic tennis strokes. Instruction for ages 7-10 focuses on racquet control drills, sending and receiving, rallying skills, and ABCs (agility, balance, and coordination). (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

Fall Term I: Pau	line Betz	Addie Tennis Center	r			Click to Register
Sep 10-Oct 15	Tue	4-5p	Ages 7 to 10	\$141	6 Classes	PTEN0015-310031
Sep 14-Oct 26	Sat	9-10a	Ages 7 to 10	\$141	6 Classes	PTEN0015-310032
Sep 15-Oct 20	Sun	9-10a	Ages 7 to 10	\$141	6 Classes	PTEN0015-310033
Sep 9-Oct 14	Mon	5-6p	Ages 7 to 10	\$141	6 Classes	PTEN0015-310034
Fall Term I: Whe	aton Ind	loor Tennis				
Sep 9-Oct 14	Mon	5-6p	Ages 7 to 10	\$117	6 Classes	PTEN0015-316009
Sep 12-Oct 24	Thu	5-6p	Ages 7 to 10	\$117	6 Classes	PTEN0015-316010
Sep 14-Oct 26	Sat	11a-12p	Ages 7 to 10	\$117	6 Classes	PTEN0015-316011
Sep 15-Oct 20	Sun	9-10a	Ages 7 to 10	\$117	6 Classes	PTEN0015-316012
Sep 10-Oct 15	Tue	6-7p	Ages 7 to 10	\$117	6 Classes	PTEN0015-316013
Sep 11-Oct 23	Wed	6-7p	Ages 7 to 10	\$117	6 Classes	PTEN0015-316050

Fall I:



Youth Tennis, Beginner 7-10 (continued)

Fall Term II: Pal	uline Betz	Addie Tennis Cent	ter			Click to Register
Nov 5-Dec 10	Tue	4-5p	Ages 7 to 10	\$141	6 Classes	PTEN0015-320031
Nov 2-Dec 14	Sat	9-10a	Ages 7 to 10	\$141	6 Classes	PTEN0015-320032
Nov 3-Dec 15	Sun	9-10a	Ages 7 to 10	\$141	6 Classes	PTEN0015-320033
Nov 4-Dec 9	Mon	5-6p	Ages 7 to 10	\$141	6 Classes	PTEN0015-320035
Fall Term II: Wh	eaton Inc	loor Tennis				
Nov 6-Dec 18	Wed	6-7p	Ages 7 to 10	\$117	6 Classes	PTEN0015-326009
Nov 7-Dec 19	Thu	5-6p	Ages 7 to 10	\$117	6 Classes	PTEN0015-326010
Nov 2-Dec 14	Sat	11a-12p	Ages 7 to 10	\$117	6 Classes	PTEN0015-326011
Nov 3-Dec 15	Sun	9-10a	Ages 7 to 10	\$117	6 Classes	PTEN0015-326012
Nov 4-Dec 9	Mon	5-6p	Ages 7 to 10	\$117	6 Classes	PTEN0015-326013
Nov 5-Dec 10	Tue	6-7p	Ages 7 to 10	\$117	6 Classes	PTEN0015-326043

Youth Tennis, Intermediate 7-10

Prerequisite: Passed Beginner level. For the developing player who can rally on the Red Court but needs additional work on stroke production, tennis specific footwork, and situational play. Skill building continues with increased emphasis on cooperative drills. (Combination of Red Court/Red Balls and Orange Court/ Orange Balls; loaner racquets available)

Fall Term I: Pau	line Betz	Addie Tennis Center				Click to Register
Sep 13-Oct 25	Fri	5-6p	Ages 7 to 10	\$141	6 Classes	PTEN0020-310041
Sep 14-Oct 26	Sat	10-11a	Ages 7 to 10	\$141	6 Classes	PTEN0020-310042
Sep 15-Oct 20	Sun	10-11a	Ages 7 to 10	\$141	6 Classes	PTEN0020-310043
Sep 9-Oct 14	Mon	5-6p	Ages 7 to 10	\$141	6 Classes	PTEN0020-310044
Sep 12-Oct 24	Thu	6-7p	Ages 7 to 10	\$141	6 Classes	PTEN0020-310045
Fall Term I: Whe	eaton Ind	oor Tennis				
Sep 11-Oct 23	Wed	5-6p	Ages 7 to 10	\$117	6 Classes	PTEN0020-316014
Sep 12-Oct 24	Thu	6-7p	Ages 7 to 10	\$117	6 Classes	PTEN0020-316015
Sep 14-Oct 26	Sat	9-10a	Ages 7 to 10	\$117	6 Classes	PTEN0020-316016

Fall I:



Youth Tennis, Intermediate 7-10 (continued)

Fall Term II: Pauline Betz Addie Tennis Center Click to Register									
Nov 1-Dec 13	Fri	5-6p	Ages 7 to 10	\$141	6 Classes	PTEN0020-320041			
Nov 2-Dec 14	Sat	10-11a	Ages 7 to 10	\$141	6 Classes	PTEN0020-320042			
Nov 3-Dec 15	Sun	10-11a	Ages 7 to 10	\$141	6 Classes	PTEN0020-320043			
Nov 7-Dec 19	Thu	6-7p	Ages 7 to 10	\$141	6 Classes	PTEN0020-320045			
Nov 4-Dec 9	Mon	5-6p	Ages 7 to 10	\$141	6 Classes	PTEN0020-320046			
Fall Term II: Wh	neaton Ind	loor Tennis							
Nov 6-Dec 18	Wed	5-6p	Ages 7 to 10	\$117	6 Classes	PTEN0020-326014			
Nov 7-Dec 19	Thu	6-7p	Ages 7 to 10	\$117	6 Classes	PTEN0020-326015			
Nov 2-Dec 14	Sat	9-10a	Ages 7 to 10	\$117	6 Classes	PTEN0020-326016			

Youth Tennis, Advanced 7-10

Prerequisite: Passed Youth Tennis, Intermediate. For players who can rally consistently and comfortably engage in point play against a variety of players. Focus will be on improving movement, positioning, concentration, focus, shot placement, and closing points. (Combination of Red Court/Red Balls and Orange Court/Orange Balls); may incorporate use of Green Dot Ball for players ready to transition from the Orange Court to full court play)

Fall Term 1: Pauline Betz Addie Tennis Center Click to Register									
Sep 14-Oct 26	Sat	11a-12p	Ages 7 to 10	\$150	6 Classes	PTEN0025-310051			
Sep 11-Oct 23	Wed	4-5p	Ages 7 to 10	\$150	6 Classes	PTEN0025-310054			
Sep 13-Oct 25	Fri	6-7p	Ages 7 to 10	\$150	6 Classes	PTEN0025-310055			
Fall Term II: Pa	uline Betz	Addie Tennis Cen	ter						
Nov 2-Dec 14	Sat	11a-12p	Ages 7 to 10	\$150	6 Classes	PTEN0025-320051			
Nov 6-Dec 18	Wed	4-5p	Ages 7 to 10	\$150	6 Classes	PTEN0025-320055			
Nov 1-Dec 13	Fri	6-7p	Ages 7 to 10	\$150	6 Classes	PTEN0025-320056			

Fall I:



Youth Tennis, Intro to Match Play 7-10

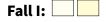
Prerequisite: Passed Youth Tennis, Intermediate. It's time to put your skills into play. Learn the basics of match play using the USTA's Junior Team Tennis (JTT) format, where everyone earns points for the team. The focus will be on positioning, serve-and-return, and movement in both singles and doubles using a combination of Red and Orange Ball formats based on age and ability level.

Fall Term I: Pauline Betz Addie Tennis Center Click to Register									
Sep 14-Oct 26	Sat	3-4p	Ages 7 to 10	\$150	6 Classes	PTEN0030-310061			
Sep 9-Oct 14	Mon	5-6p	Ages 7 to 10	\$150	6 Classes	PTEN0030-310062			
Sep 10-Oct 15	Tue	5-6p	Ages 7 to 10	\$150	6 Classes	PTEN0030-310063			
Sep 11-Oct 23	Wed	5-6p	Ages 7 to 10	\$150	6 Classes	PTEN0030-310064			
Fall Term I: Wheaton Indoor Tennis									
Sep 14-Oct 26	Sat	10a-12p		\$258	6 Classes	PTEN0030-316061			
Fall Term II: Pal	Fall Term II: Pauline Betz Addie Tennis Center								
Nov 2-Dec 14	Sat	3-4p	Ages 7 to 10	\$150	6 Classes	PTEN0030-320061			
Nov 4-Dec 9	Mon	4-5p	Ages 7 to 10	\$150	6 Classes	PTEN0030-320062			
Nov 5-Dec 10	Tue	5-6p	Ages 7 to 10	\$150	6 Classes	PTEN0030-320063			
Nov 6-Dec 18	Wed	5-6p	Ages 7 to 10	\$150	6 Classes	PTEN0030-320064			
Fall Term II: Wh	Fall Term II: Wheaton Indoor Tennis								
Nov 2-Dec 14	Sat	10a-12p	Ages 7 to 10	\$258	6 Classes	PTEN0030-326061			

Youth Tennis, More Match Play 7-10

Prerequisite: Passed Intro to Match Play or Instructor approval. Continue building your on-court confidence while playing matches for fun with friends in your class. In addition to improving upon positioning, strategy, movement, and shot selection, instruction will include how to construct and close out points. By the end of this class, you will be ready to take your game to a more competitive level.

Fall Term I: Pauline Betz Addie Tennis CenterClick to Register									
Sep 9-Oct 14	Mon	6-7p	Ages 7 to 10	\$150	6 Classes	PTEN0035-310073			
Sep 10-Oct 15	Tue	6-7p	Ages 7 to 10	\$150	6 Classes	PTEN0035-310074			
Fall Term II: Pauline Betz Addie Tennis Center									
Nov 4-Dec 9	Mon	6-7p	Ages 7 to 10	\$150	6 Classes	PTEN0035-320073			
Nov 5-Dec 10	Tue	6-7p	Ages 7 to 10	\$150	6 Classes	PTEN0035-320075			





Beginner 1 Tennis, Middle School

Prerequisite: For beginners who have never played before or have not played recently. The goal of this class is to teach fundamentals of the game, including etiquette and vocabulary, rules, positioning, and scorekeeping. Players will learn basic mechanics for hitting groundstrokes, volleys, overheads and serves. May incorporate use of Orange and Green Dot Balls to reinforce development, consistency, and control.

Fall Term I: Pauline Betz Addie Tennis Center Click to Register									
Sep 15-Oct 20	Sun	12-1p	Ages 11 to 14	\$141	6 Classes	PTEN0040-310081			
Sep 9-Oct 14	Mon	6-7p	Ages 11 to 14	\$141	6 Classes	PTEN0040-310082			
Sep 10-Oct 15	Tue	5-6p	Ages 11 to 14	\$141	6 Classes	PTEN0040-310083			
Fall Term I: Wheaton Indoor Tennis									
Sep 12-Oct 24	Thu	5-6p	Ages 11 to 14	\$117	6 Classes	PTEN0040-316017			
Sep 15-Oct 20	Sun	10-11a	Ages 11 to 14	\$117	6 Classes	PTEN0040-316018			
Sep 9-Oct 14	Mon	6-7p	Ages 11 to 14	\$117	6 Classes	PTEN0040-316019			
Fall Term II: Pauline Betz Addie Tennis Center									
Nov 3-Dec 15	Sun	12-1p	Ages 11 to 14	\$141	6 Classes	PTEN0040-320081			
Nov 4-Dec 9	Mon	6-7p	Ages 11 to 14	\$141	6 Classes	PTEN0040-320082			
Nov 5-Dec 10	Tue	5-6p	Ages 11 to 14	\$141	6 Classes	PTEN0040-320083			
Fall Term II: Wheaton Indoor Tennis									
Nov 7-Dec 19	Thu	5-6p	Ages 11 to 14	\$117	6 Classes	PTEN0040-326017			
Nov 3-Dec 15	Sun	10-11a	Ages 11 to 14	\$117	6 Classes	PTEN0040-326018			
Nov 4-Dec 9	Mon	6-7p	Ages 11 to 14	\$117	6 Classes	PTEN0040-326019			

Beginner 2 Tennis, Middle School

Prerequisite: Passed Beginner 1 Tennis or player with recent playing experience seeking a refresher on fundamentals. Class includes a review of tennis etiquette and vocabulary, safety, rules, and scoring. Continued focus on footwork, positioning, and directional control. Additional time will be spent on drills and situational play. Groundstrokes, volleys, overheads, and serves will be critiqued.

Fall Term I: Pau	Fall Term I: Pauline Betz Addie Tennis Center								
Sep 14-Oct 26	Sat	2-3p	Ages 11 to 14	\$141	6 Classes	PTEN0045-310091			
Sep 13-Oct 25	Fri	6-7p	Ages 11 to 14	\$141	6 Classes	PTEN0045-310092			
Sep 12-Oct 24	Thu	5-6p	Ages 11 to 14	\$141	6 Classes	PTEN0045-310093			
Sep 15-Oct 20	Sun	1-2p	Ages 11 to 14	\$141	6 Classes	PTEN0045-310094			

Fall I:



Beginner 2 Tennis, Middle School (continued)

Fall Term II: Pauline Betz Addie Tennis Center Click to Register									
Nov 2-Dec 14	Sat	2-3p	Ages 11 to 14	\$141	6 Classes	PTEN0045-320091			
Nov 1-Dec 13	Fri	6-7p	Ages 11 to 14	\$141	6 Classes	PTEN0045-320092			
Nov 7-Dec 19	Thu	5-6p	Ages 11 to 14	\$141	6 Classes	PTEN0045-320093			
Nov 3-Dec 15	Sun	1-2p	Ages 11 to 14	\$141	6 Classes	PTEN0045-320094			

Intermediate Tennis, Middle School

Prerequisite: Passed Beginner 2. Players have experience in the fundamentals of tennis and are ready to work on consistency, accuracy, and technical mastery of strokes and footwork. The focus will be on drills and play situations to improve rallying skills and overall level of play.

Fall Term I: Pauline Betz Addie Tennis Center Click to Register									
Sun	1-2p	Ages 11 to 14	\$141	6 Classes	PTEN0050-310102				
Wed	6-7p	Ages 11 to 14	\$141	6 Classes	PTEN0050-310103				
Thu	6-7p	Ages 11 to 14	\$141	6 Classes	PTEN0050-310104				
Fall Term I: Wheaton Indoor Tennis									
Sun	12-1p	Ages 11 to 14	\$117	6 Classes	PTEN0050-316020				
Wed	5-6p		\$117	6 Classes	PTEN0050-316039				
Fall Term II: Pauline Betz Addie Tennis Center									
Sat	1-2p	Ages 11 to 14	\$141	6 Classes	PTEN0050-320101				
Sun	1-2p	Ages 11 to 14	\$141	6 Classes	PTEN0050-320102				
Wed	6-7p	Ages 11 to 14	\$141	6 Classes	PTEN0050-320103				
Thu	6-7p	Ages 11 to 14	\$141	6 Classes	PTEN0050-320104				
Fall Term II: Wheaton Indoor Tennis									
Sun	12-1p	Ages 11 to 14	\$117	6 Classes	PTEN0050-326020				
Wed	5-6p	Ages 11 to 14	\$117	6 Classes	PTEN0050-326039				
	Sun Wed Thu Paton Indo Sun Wed Wed Sat Sun Wed Thu Eaton Indo Sun	Sun 1-2p Wed 6-7p Thu 6-7p Paton Indoor Tennis Sun 12-1p Wed 5-6p Uline Betz Addie Tennis Cente Sat 1-2p Sun 1-2p Wed 6-7p Thu 6-7p eaton Indoor Tennis Sun 12-1p	Sun 1-2p Ages 11 to 14 Wed 6-7p Ages 11 to 14 Thu 6-7p Ages 11 to 14 Paton Indoor Tennis Ages 11 to 14 Sun 12-1p Ages 11 to 14 Wed 5-6p Ages 11 to 14 Ages 11 to 14 Sun 1-2p Ages 11 to 14 Wed 6-7p Ages 11 to 14 Thu 6-7p Ages 11 to 14 Peaton Indoor Tennis Ages 11 to 14	Sun 1-2p Ages 11 to 14 \$141 Wed 6-7p Ages 11 to 14 \$141 Thu 6-7p Ages 11 to 14 \$141 Patricular Sun 12-1p Ages 11 to 14 \$117 Wed 5-6p \$117 Wed 5-6p \$117 Wed 5-6p \$141 Sun 1-2p Ages 11 to 14 \$141 Wed 6-7p Ages 11 to 14 \$141 Thu 6-7p Ages 11 to 14 \$141 Wed 6-7p Ages 11 to 14 \$141 Wed 6-7p Ages 11 to 14 \$141 Wed 6-7p Ages 11 to 14 \$141	Sun 1-2p Ages 11 to 14 \$141 6 Classes Wed 6-7p Ages 11 to 14 \$141 6 Classes Thu 6-7p Ages 11 to 14 \$141 6 Classes Vactor Indoor Tennis Ages 11 to 14 \$117 6 Classes Wed 5-6p \$117 6 Classes Ved 5-6p \$117 6 Classes Ved 5-4p Ages 11 to 14 \$141 6 Classes Sun 1-2p Ages 11 to 14 \$141 6 Classes Wed 6-7p Ages 11 to 14 \$141 6 Classes Thu 6-7p Ages 11 to 14 \$141 6 Classes eaton Indoor Tennis Sun 12-1p Ages 11 to 14 \$117 6 Classes				

Fall I:



Beginner 1 Tennis, High School

Prerequisite: For beginners who have never played before or have not played recently. The goal of this class is to teach fundamentals of the game, including etiquette and vocabulary, rules, positioning, and scorekeeping. Players will learn basic mechanics for hitting groundstrokes, volleys, overheads and serves. May incorporate use of Orange and Green Dot Balls to reinforce development, consistency, and control.

Fall Term I: Pauline Betz Addie Tennis Center Click to Register									
Mon	7-8p	Ages 15 to 18	\$141	6 Classes	PTEN0055-310113				
Thu	5-6p	Ages 15 to 18	\$141	6 Classes	PTEN0055-310116				
Fri	7-8p	Ages 15 to 18	\$141	6 Classes	PTEN0055-31015				
Fall Term I: Wheaton Indoor Tennis									
Sat	10-11a	Ages 15 to 18	\$117	6 Classes	PTEN0055-316022				
ıline Betz	Addie Tennis Cer	nter							
Mon	7-8p	Ages 15 to 18	\$141	6 Classes	PTEN0055-320113				
Thu	5-6p	Ages 15 to 18	\$141	6 Classes	PTEN0055-320117				
Fri	7-8p	Ages 15 to 18	\$141	6 Classes	PTEN0055-32015				
Fall Term II: Wheaton Indoor Tennis									
Sat	10-11a	Ages 15 to 18	\$117	6 Classes	PTEN0055-326022				
	Mon Thu Fri aton Indo Sat Uline Betz Mon Thu Fri eaton Indo	Mon 7-8p Thu 5-6p Fri 7-8p aton Indoor Tennis Sat 10-11a uline Betz Addie Tennis Cer Mon 7-8p Thu 5-6p Fri 7-8p eaton Indoor Tennis	Mon 7-8p Ages 15 to 18 Thu 5-6p Ages 15 to 18 Fri 7-8p Ages 15 to 18 aton Indoor Tennis Sat 10-11a Ages 15 to 18 Iline Betz Addie Tennis Center Mon 7-8p Ages 15 to 18 Thu 5-6p Ages 15 to 18 Fri 7-8p Ages 15 to 18 eaton Indoor Tennis	Mon 7-8p Ages 15 to 18 \$141 Thu 5-6p Ages 15 to 18 \$141 Fri 7-8p Ages 15 to 18 \$141 aton Indoor Tennis Sat 10-11a Ages 15 to 18 \$117 aline Betz Addie Tennis Center Mon 7-8p Ages 15 to 18 \$141 Thu 5-6p Ages 15 to 18 \$141 Fri 7-8p Ages 15 to 18 \$141 eaton Indoor Tennis	Mon 7-8p Ages 15 to 18 \$141 6 Classes Thu 5-6p Ages 15 to 18 \$141 6 Classes Fri 7-8p Ages 15 to 18 \$141 6 Classes aton Indoor Tennis Sat 10-11a Ages 15 to 18 \$117 6 Classes Iline Betz Addie Tennis Center Mon 7-8p Ages 15 to 18 \$141 6 Classes Thu 5-6p Ages 15 to 18 \$141 6 Classes Fri 7-8p Ages 15 to 18 \$141 6 Classes eaton Indoor Tennis				

Beginner 2 Tennis, High School

Prerequisite: Passed Beginner 1 Tennis or player with recent playing experience seeking a refresher on fundamentals. Class includes a review of tennis etiquette and vocabulary, safety, rules, and scoring. Continued focus on footwork, positioning, and directional control. Additional time will be spent on drills and situational play. Groundstrokes, volleys, overheads, and serves will be critiqued.

Fall Term I: Pau	Fall Term I: Pauline Betz Addie Tennis Center								
Sep 10-Oct 15	Tue	6-7p	Ages 15 to 18	\$141	6 Classes	PTEN0060-310124			
Sep 9-Oct 14	Mon	6-7p	Ages 15 to 18	\$141	6 Classes	PTEN0060-310126			
Fall Term II: Pauline Betz Addie Tennis Center									
Nov 5-Dec 10	Tue	6-7p	Ages 15 to 18	\$141	6 Classes	PTEN0060-320124			
Nov 4-Dec 9	Mon	6-7p	Ages 15 to 18	\$141	6 Classes	PTEN0060-320127			

Fall I:

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Intermediate Tennis, High School

Prerequisite: Passed Beginner 2. Players have experience in the fundamentals of tennis and are ready to work on consistency, accuracy, and technical mastery of strokes and footwork. The focus will be on drills and play situations to improve rallying skills and overall level of play.

Fall Term I: Pau	Fall Term I: Pauline Betz Addie Tennis Center									
Sep 14-Oct 26	Sat	1-2p	Ages 15 to 18	\$141	6 Classes	PTEN0065-310131				
Sep 11-Oct 23	Wed	6-7p	Ages 15 to 18	\$141	6 Classes	PTEN0065-310132				
Fall Term II: Pauline Betz Addie Tennis Center										
Nov 2-Dec 14	Sat	1-2p	Ages 15 to 18	\$141	6 Classes	PTEN0065-320131				
Nov 6-Dec 18	Wed	6-7p	Ages 15 to 18	\$141	6 Classes	PTEN0065-320132				

Advanced Match Play, Middle School

Prerequisite: Passed Intermediate 2, More Match Play, or Instructor Approval. For competitive players training for tournaments and/or school team tennis. Focus on enhancing footwork and agility, stroke production, and use of offensive and defensive shots. Additional emphasis on physical conditioning, mental preparedness, and sportsmanship.

Fall Term I: Pau	all Term I: Pauline Betz Addie Tennis Center Click to Register									
Sep 13-Oct 25	Fri	4-5p	Ages 11 to 14	\$150	6 Classes	PTEN0080-310161				
Sep 14-Oct 26	Sat	2-3p	Ages 11 to 14	\$150	6 Classes	PTEN0080-310162				
Sep 15-Oct 20	Sun	3-4p	Ages 11 to 14	\$150	6 Classes	PTEN0080-310163				
Sep 10-Oct 15	Tue	6-7p	Ages 11 to 14	\$150	6 Classes	PTEN0080-310164				
Fall Term I: Wheaton Indoor Tennis										
Sep 13-Oct 25	Fri	4-6p	Ages 11 to 14	\$258	6 Classes	PTEN0080-316023				
Sep 14-Oct 26	Sat	12-2p	Ages 11 to 14	\$258	6 Classes	PTEN0080-316066				
Fall Term II: Pauline Betz Addie Tennis Center										
Nov 1-Dec 13	Fri	4-5p	Ages 11 to 14	\$150	6 Classes	PTEN0080-320161				
Nov 2-Dec 14	Sat	2-3p	Ages 11 to 14	\$150	6 Classes	PTEN0080-320162				
Nov 3-Dec 15	Sun	3-4p	Ages 11 to 14	\$150	6 Classes	PTEN0080-320163				
Nov 5-Dec 10	Tue	6-7p	Ages 11 to 14	\$150	6 Classes	PTEN0080-320164				
Fall Term II: Wh	Fall Term II: Wheaton Indoor Tennis									
Nov 1-Dec 13	Fri	4-6p	Ages 11 to 14	\$258	6 Classes	PTEN0080-326023				
Nov 2-Dec 14	Sat	12-2p	Ages 11 to 14	\$258	6 Classes	PTEN0080-326066				

Fall I: Fall II:



Advanced Match Play Tennis, High School

Prerequisite: Passed Intermediate 2, More Match Play, or Instructor Approval. For competitive players training for tournaments and/or high school team tennis. Focus on enhancing footwork and agility, stroke production, and use of offensive and defensive shots. Additional emphasis on physical conditioning, mental preparedness, and sportsmanship.

Fall Term I: Paul	line Betz .	Addie Tennis Cent	er			Click to Register
Sep 15-Oct 20	Sun	11a-12p	Ages 15 to 18	\$150	6 Classes	PTEN0085-310171
Sep 12-Oct 24	Thu	5-6p	Ages 15 to 18	\$150	6 Classes	PTEN0085-310172
Sep 11-Oct 23	Wed	7-8p	Ages 15 to 18	\$150	6 Classes	PTEN0085-310173
Fall Term I: Whe	aton Indo	oor Tennis				
Sep 13-Oct 25	Fri	4-6p	Ages 15 to 18	\$258	6 Classes	PTEN0085-316025
Fall Term II: Pau	ıline Betz	Addie Tennis Cen	ter			
Nov 3-Dec 15	Sun	11a-12p	Ages 15 to 18	\$150	6 Classes	PTEN0085-320171
Nov 7-Dec 19	Thu	5-6p	Ages 15 to 18	\$150	6 Classes	PTEN0085-320172
Nov 6-Dec 18	Wed	7-8p	Ages 15 to 18	\$150	6 Classes	PTEN0085-320173
Fall Term II: Whe	eaton Ind	loor Tennis				
Nov 1-Dec 13	Fri	4-6p	Ages 15 to 18	\$258	6 Classes	PTEN0085-326025
Nov 5-Dec 10	Tue	5-7p		\$258	6 Classes	PTEN0085-326026

Beginner 1 Tennis, Adult (NTRP 2.0)

Designed to turn adult beginners into tennis players. Students will enjoy one-hour lessons with our certified tennis coaches and learn the basics of tennis including the serve, forehand, backhand, and net play for singles and doubles featuring a Rally and Play approach.

Fall Term I: Pauline Betz Addie Tennis Center						Click to Register
Sep 13-Oct 25	Fri	7-8p	Ages 18 and up	\$141	6 Classes	PTEN0090-310181
Sep 14-Oct 26	Sat	10-11a	Ages 18 and up	\$141	6 Classes	PTEN0090-310182
Sep 15-Oct 20	Sun	10-11a	Ages 18 and up	\$141	6 Classes	PTEN0090-310183
Sep 10-Oct 15	Tue	7-8p	Ages 18 and up	\$141	6 Classes	PTEN0090-310184
Sep 11-Oct 23	Wed	10-11a	Ages 18 and up	\$141	6 Classes	PTEN0090-310185
Sep 12-Oct 24	Thu	7-8p	Ages 18 and up	\$141	6 Classes	PTEN0090-310186
Sep 9-Oct 14	Mon	12-1p	Ages 18 and up	\$141	6 Classes	PTEN0090-310196

Fall I:



Beginner 1 Tennis, Adult (NTRP 2.0) (continued)

Fall Term I: Whe	eaton Indo	oor Tennis				Click to Register
Sep 11-Oct 23	Wed	7-8p	Ages 18 and up	\$117	6 Classes	PTEN0090-316027
Sep 12-Oct 24	Thu	7-8p	Ages 18 and up	\$117	6 Classes	PTEN0090-316028
Sep 15-Oct 20	Sun	9-10a	Ages 18 and up	\$117	6 Classes	PTEN0090-316029
Fall Term II: Pa	uline Betz	Addie Tennis Cer	nter			
Nov 1-Dec 13	Fri	7-8p	Ages 18 and up	\$141	6 Classes	PTEN0090-320181
Nov 2-Dec 14	Sat	10-11a	Ages 18 and up	\$141	6 Classes	PTEN0090-320182
Nov 3-Dec 15	Sun	10-11a	Ages 18 and up	\$141	6 Classes	PTEN0090-320183
Nov 5-Dec 10	Tue	7-8p	Ages 18 and up	\$141	6 Classes	PTEN0090-320184
Nov 6-Dec 18	Wed	10-11a	Ages 18 and up	\$141	6 Classes	PTEN0090-320185
Nov 7-Dec 19	Thu	7-8p	Ages 18 and up	\$141	6 Classes	PTEN0090-320186
Nov 4-Dec 9	Mon	12-1p	Ages 18 and up	\$141	6 Classes	PTEN0090-320196
Fall Term II: Wh	neaton Ind	loor Tennis				
Nov 6-Dec 18	Wed	7-8p	Ages 18 and up	\$117	6 Classes	PTEN0090-326027
Nov 7-Dec 19	Thu	7-8p	Ages 18 and up	\$117	6 Classes	PTEN0090-326028
Nov 3-Dec 15	Sun	9-10a	Ages 18 and up	\$117	6 Classes	PTEN0090-326029
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Beginner 2 Tennis, Adult (NTRP 2.5)

This player has played some tennis but needs additional instruction on basic skills and techniques. Rally and Play approach reinforces introduction to positioning, movement, and rules of play.

Fall Term I: Pauline Betz Addie Tennis Center						Click to Register
Sep 14-Oct 26	Sat	11a-12p	Ages 18 and up	\$141	6 Classes	PTEN0095-310191
Sep 15-Oct 20	Sun	11a-12p	Ages 18 and up	\$141	6 Classes	PTEN0095-310192
Sep 10-Oct 15	Tue	8-9p	Ages 18 and up	\$141	6 Classes	PTEN0095-310193
Sep 11-Oct 23	Wed	11a-12p	Ages 18 and up	\$141	6 Classes	PTEN0095-310194
Sep 12-Oct 24	Thu	12-1p	Ages 18 and up	\$141	6 Classes	PTEN0095-310195
Sep 10-Oct 15	Tue	11a-12p	Ages 18 and up	\$141	6 Classes	PTEN0095-310196
Fall Term I: Whe	eaton Ind	oor Tennis				
Sep 9-Oct 14	Mon	11a-12p	Ages 18 and up	\$117	6 Classes	PTEN0095-316030
Sep 10-Oct 15	Tue	7-8p	Ages 18 and up	\$117	6 Classes	PTEN0095-316032

Fall I:



Beginner 2 Tennis, Adult (NTRP 2.5) (continued)

Fall Term II: Pal	Click to Register					
Nov 2-Dec 14	Sat	11a-12p	Ages 18 and up	\$141	6 Classes	PTEN0095-320191
Nov 3-Dec 15	Sun	11a-12p	Ages 18 and up	\$141	6 Classes	PTEN0095-320192
Nov 5-Dec 10	Tue	8-9p	Ages 18 and up	\$141	6 Classes	PTEN0095-320193
Nov 6-Dec 18	Wed	11a-12p	Ages 18 and up	\$141	6 Classes	PTEN0095-320194
Nov 7-Dec 19	Thu	12-1p	Ages 18 and up	\$141	6 Classes	PTEN0095-320195
Nov 5-Dec 10	Tue	11a-12p	Ages 18 and up	\$141	6 Classes	PTEN0095-320196
Fall Term II: Wh	eaton Ind	door Tennis				
Nov 4-Dec 9	Mon	11a-12p	Ages 18 and up	\$117	6 Classes	PTEN0095-326030
Nov 5-Dec 10	Tue	7-8p	Ages 18 and up	\$117	6 Classes	PTEN0095-326032

Intermediate Tennis, Adult (NTRP 3.0)

Prerequisite: Passed Beginner 2, Adult. This player can keep the ball in play but needs to improve consistency of strokes and overall understanding of court positioning, strategy, and use of shots in various situations.

Fall Term I: Pau	line Betz	Addie Tennis Cent	<u>ter</u>			Click to Register
Sep 13-Oct 25	Fri	11a-12p	Ages 18 and up	\$141	6 Classes	PTEN0100-310101
Sep 15-Oct 20	Sun	1-2p	Ages 18 and up	\$141	6 Classes	PTEN0100-310102
Sep 11-Oct 23	Wed	6-7p	Ages 18 and up	\$141	6 Classes	PTEN0100-310103
Sep 12-Oct 24	Thu	6-7p	Ages 18 and up	\$141	6 Classes	PTEN0100-310104
Sep 9-Oct 14	Mon	7-8p	Ages 18 and up	\$141	6 Classes	PTEN0100-310105
Sep 10-Oct 15	Tue	12-1p	Ages 18 and up	\$141	6 Classes	PTEN0100-310106
Sep 10-Oct 15	Tue	8-9p	Ages 18 and up	\$141	6 Classes	PTEN0100-310107
Sep 12-Oct 24	Thu	11a-12p	Ages 18 and up	\$141	6 Classes	PTEN0100-310110
Sep 9-Oct 14	Mon	11a-12p	Ages 18 and up	\$141	6 Classes	PTEN0100-310210
Fall Term I: Whe	aton Ind	loor Tennis				
Sep 10-Oct 15	Tue	11a-12p	Ages 18 and up	\$117	6 Classes	PTEN0100-316033
Sep 11-Oct 23	Wed	7-8p	Ages 18 and up	\$117	6 Classes	PTEN0100-316034
Sep 15-Oct 20	Sun	11a-12p	Ages 18 and up	\$117	6 Classes	PTEN0100-316040

Fall I:



Intermediate Tennis, Adult (NTRP 3.0) (continued)

Fall Term II: Pal	Click to Register					
Nov 1-Dec 13	Fri	11a-12p	Ages 18 and up	\$141	6 Classes	PTEN0100-320101
Nov 3-Dec 15	Sun	1-2p	Ages 18 and up	\$141	6 Classes	PTEN0100-320102
Nov 7-Dec 19	Thu	6-7p	Ages 18 and up	\$141	6 Classes	PTEN0100-320104
Nov 4-Dec 9	Mon	7-8p	Ages 18 and up	\$141	6 Classes	PTEN0100-320105
Nov 5-Dec 10	Tue	12-1p	Ages 18 and up	\$141	6 Classes	PTEN0100-320106
Nov 5-Dec 10	Tue	8-9p	Ages 18 and up	\$141	6 Classes	PTEN0100-320107
Nov 6-Dec 18	Wed	7-8p	Ages 18 and up	\$141	6 Classes	PTEN0100-320109
Nov 7-Dec 19	Thu	11a-12p	Ages 18 and up	\$141	6 Classes	PTEN0100-320195
Nov 4-Dec 9	Mon	11a-12p	Ages 18 and up	\$141	6 Classes	PTEN0100-320210
Fall Term II: Wh	eaton Inc	door Tennis				
Nov 5-Dec 10	Tue	11a-12p	Ages 18 and up	\$117	6 Classes	PTEN0100-326033
Nov 6-Dec 18	Wed	7-8p	Ages 18 and up	\$117	6 Classes	PTEN0100-326034
Nov 3-Dec 15	Sun	11a-12p	Ages 18 and up	\$117	6 Classes	PTEN0100-326040

Advanced Tennis, Adult (NTRP 4.0 & Up)

Prerequisite: Passed Intermediate or Instructor approval. A competitive clinic involving intense drilling, competitive situational games, and match play. Course will focus on finessing use of lobs, overheads, approach shots, and volleys. Student will also concentrate on hitting with power, spin, depth, and control.

Fall Term I: Pau	Fall Term I: Pauline Betz Addie Tennis Center						
Sep 14-Oct 26	Sat	3-4p	Ages 18 and up	\$150	6 Classes	PTEN0110-310221	
Sep 15-Oct 20	Sun	2-3p	Ages 18 and up	\$150	6 Classes	PTEN0110-310222	
Sep 9-Oct 14	Mon	8-9p	Ages 18 and up	\$150	6 Classes	PTEN0110-310223	
Sep 11-Oct 23	Wed	7-8p	Ages 18 and up	\$150	6 Classes	PTEN0110-310225	
Fall Term I: Wheaton Indoor Tennis							
Sep 9-Oct 14	Mon	8-9p	Ages 18 and up	\$129	6 Classes	PTEN0110-316042	
Fall Term II: Pal	uline Betz	Addie Tennis Cen	ter				
Nov 2-Dec 14	Sat	3-4p	Ages 18 and up	\$150	6 Classes	PTEN0110-320221	
Nov 3-Dec 15	Sun	2-3p	Ages 18 and up	\$150	6 Classes	PTEN0110-320222	
Nov 4-Dec 9	Mon	8-9p	Ages 18 and up	\$150	6 Classes	PTEN0110-320223	
Nov 6-Dec 18	Wed	8-9p	Ages 18 and up	\$150	6 Classes	PTEN0110-320225	
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Fall I:



Advanced Tennis, Adult (NTRP 4.0 & Up) (continued)

Fall Term II: Wheaton Indoor Tennis Click to Register

Nov 4-Dec 9 Mon 8-9p	Ages 18 and up \$1	129 6 Classes	PTEN0110-326042
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Match Play 3.0 Tennis

The 3.0 player is fairly consistent when hitting medium-paced shots but is not comfortable with all strokes and lacks execution when trying for directional control, depth, and pace. First half of class focuses on needed drills and skills. Class finishes with a session of supervised match play. Instructor reserves the right to transfer you up or down a level if you are not closely matched in skill level.

Fall Term I: Pauline Betz Addie Tennis Center						Click to Register
Sep 15-Oct 20	Sun	2-3p	Ages 18 and up	\$150	6 Classes	PTEN0115-310231
Sep 9-Oct 14	Mon	7-9p	Ages 18 and up	\$300	6 Classes	PTEN0115-310232
Sep 10-Oct 15	Tue	7-8p	Ages 18 and up	\$150	6 Classes	PTEN0115-310233
Sep 11-Oct 23	Wed	8-9p	Ages 18 and up	\$150	6 Classes	PTEN0115-310234
Sep 12-Oct 24	Thu	7-8p	Ages 18 and up	\$150	6 Classes	PTEN0115-310235
Fall Term II: Pauline Betz Addie Tennis Center						
Nov 3-Dec 15	Sun	2-3n	Ages 18 and up	\$150	6 Classes	PTEN0115-320231

Nov 3-Dec 15	Sun	2-3p	Ages 18 and up	\$150	6 Classes	PTEN0115-320231
Nov 4-Dec 9	Mon	7-9p	Ages 18 and up	\$300	6 Classes	PTEN0115-320232
Nov 5-Dec 10	Tue	7-8p	Ages 18 and up	\$150	6 Classes	PTEN0115-320233
Nov 6-Dec 18	Wed	8-9p	Ages 18 and up	\$150	6 Classes	PTEN0115-320234
Nov 7-Dec 19	Thu	7-8p	Ages 18 and up	\$150	6 Classes	PTEN0115-320235

Match Play 3.5 Tennis

The 3.5 player has dependable strokes, but still lacks depth, variety, and the ability to alter distance of shots. Lack of confidence might limit the 3.5 player in effective use of lobs, overheads, approach shots, and volleys. This player is more comfortable at net, has improved court awareness, and is developing teamwork in doubles. First half of class focuses on needed drills and skills. Class finishes with a session of supervised match play. Instructor reserves the right to transfer you up or down a level if you are not closely matched in skill level.

Fall Term I: Pauline Betz Addie Tennis Center	Click to Register

Sep 9-Oct 14	Mon	8-9p	Ages 18 and up	\$150	6 Classes	PTEN0120-310241
Sep 10-Oct 15	Tue	8-9p	Ages 18 and up	\$150	6 Classes	PTEN0120-310242
Sep 11-Oct 23	Wed	7-9p	Ages 18 and up	\$300	6 Classes	PTEN0120-310243
Sep 12-Oct 24	Thu	8-9p	Ages 18 and up	\$150	6 Classes	PTEN0120-310244

Fall I:	Fall II:	



Match Play 3.5 Tennis (continued)

Fall Term	I: Pauline Betz Addie Tennis Center	
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Click to Register

Nov 4-Dec 9	Mon	8-9p	Ages 18 and up	\$150	6 Classes	PTEN0120-320241
Nov 5-Dec 10	Tue	8-9p	Ages 18 and up	\$150	6 Classes	PTEN0120-320242
Nov 6-Dec 18	Wed	7-9p	Ages 18 and up	\$300	6 Classes	PTEN0120-320243
Nov 7-Dec 19	Thu	8-9p	Ages 18 and up	\$150	6 Classes	PTEN0120-320244

Adult Cardio Tennis

This is a high energy class that combines the best features of the sport of tennis with cardiovascular exercise, delivering the ultimate, full body, calorie burning aerobic workout.

Fall Term I: Paul	Click to Register					
Sep 13-Oct 25	Fri	10-11a	Ages 18 and up	\$150	6 Classes	PTEN0125-310251
Sep 13-Oct 25	Fri	6-7p	Ages 18 and up	\$150	6 Classes	PTEN0125-310252
Sep 14-Oct 26	Sat	9-10a	Ages 18 and up	\$150	6 Classes	PTEN0125-310253
Sep 15-Oct 20	Sun	9-10a	Ages 18 and up	\$150	6 Classes	PTEN0125-310254
Sep 9-Oct 14	Mon	10-11a	Ages 18 and up	\$150	6 Classes	PTEN0125-310255
Sep 10-Oct 15	Tue	10-11a	Ages 18 and up	\$150	6 Classes	PTEN0125-310256
Sep 12-Oct 24	Thu	10-11a	Ages 18 and up	\$150	6 Classes	PTEN0125-310257
Sep 10-Oct 15	Tue	7-8p	Ages 18 and up	\$150	6 Classes	PTEN0125-310258
Sep 12-Oct 24	Thu	8-9p	Ages 18 and up	\$150	6 Classes	PTEN0125-310259
Sep 14-Oct 26	Sat	1-2p	Ages 18 and up	\$150	6 Classes	PTEN0125-310260
Sep 13-Oct 25	Fri	9-10a	Ages 18 and up	\$150	6 Classes	PTEN0125-310261
Sep 11-Oct 23	Wed	12-1p	Ages 18 and up	\$150	6 Classes	PTEN0125-310295
Fall Term I: Wheaton Indoor Tennis						
Sep 11-Oct 23	Wed	8-9p	Ages 18 and up	\$129	6 Classes	PTEN0125-316036
Sep 15-Oct 20	Sun	10-11a	Ages 18 and up	\$129	6 Classes	PTEN0125-316037
Sep 9-Oct 14	Mon	7-8p	Ages 18 and up	\$129	6 Classes	PTEN0125-316038

Fall I:

6 Classes



Adult Cardio Tennis (continued)

Fall Term II: Pal	Click to Register					
Nov 1-Dec 13	Fri	10-11a	Ages 18 and up	\$150	6 Classes	PTEN0125-320251
Nov 1-Dec 13	Fri	6-7p	Ages 18 and up	\$150	6 Classes	PTEN0125-320252
Nov 2-Dec 14	Sat	9-10a	Ages 18 and up	\$150	6 Classes	PTEN0125-320253
Nov 3-Dec 15	Sun	9-10a	Ages 18 and up	\$150	6 Classes	PTEN0125-320254
Nov 4-Dec 9	Mon	10-11a	Ages 18 and up	\$150	6 Classes	PTEN0125-320255
Nov 5-Dec 10	Tue	10-11a	Ages 18 and up	\$150	6 Classes	PTEN0125-320256
Nov 7-Dec 19	Thu	10-11a	Ages 18 and up	\$150	6 Classes	PTEN0125-320257
Nov 5-Dec 10	Tue	7-8p	Ages 18 and up	\$150	6 Classes	PTEN0125-320258
Nov 7-Dec 19	Thu	8-9p	Ages 18 and up	\$150	6 Classes	PTEN0125-320259
Nov 1-Dec 13	Fri	9-10a	Ages 18 and up	\$150	6 Classes	PTEN0125-320261
Nov 3-Dec 15	Sun	11a-12p	Ages 18 and up	\$150	6 Classes	PTEN0125-320262
Nov 6-Dec 18	Wed	12-1p	Ages 18 and up	\$150	6 Classes	PTEN0125-320296
Nov 2-Dec 14	Sat	9-10a	Ages 18 and up	\$150	6 Classes	PTEN0125-320778
Fall Term II: Wheaton Indoor Tennis						
Nov 7-Dec 19	Thu	7-8p	Ages 18 and up	\$129	6 Classes	PTEN0125-326036
Nov 3-Dec 15	Sun	10-11a	Ages 18 and up	\$129	6 Classes	PTEN0125-326037



Fall I: Fall II:

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REGISTRATION INFORMATION FOR MONTGOMERY PARKS

Ways to Register

Online

Click the Course # link next to each program in this guide to register for that program or visit **ActiveMONTGOMERY.org**

By Mail

Download a **registration form** and mail to: ActiveMONTGOMERY 2425 Reedie Drive, 10th Floor Wheaton, MD 20902



Questions?

Call 301-495-2580

Monday-Friday, 8:30 am- 4:30 pm

Program Access & Inclusion Services

For inquiries regarding inclusion services, programs, and accommodations, please contact the Program Access office:

Phone: 301-495-2581

MD Relay: 7-1-1 or 800-552-7724

Email: ProgramAccess@MontgomeryParks.org

MontgomeryParks.org/Accessibility

Payment Information

Full Payment must be made at time of registration. Do not submit registrations and/or payments to Parks Instructors.

CHECKS & MONEY ORDERS: Make checks and money orders payable to **ActiveMONTGOMERY**. Checks and money orders must include name, address and phone number. If your check is returned unpaid, your account will be debited for the original check amount, and electronically or via paper for the state's maximum allowable service fee.

Payment by check constitutes authorization of these transactions. you make revoke authorization by calling 800-666-5222, ext. 2 to arrange payment for any outstanding checks and service fees due. Please allow 2 weeks to receive a refund by check.

CREDIT CARDS: Visa, MasterCard, American Express and Discover are accepted. Registration form must include correct credit card number, expiration date, authorized signature and authorized total amount.

Montgomery Parks and Montgomery County Recreation reserve the right to pursue all available options to collect any funds owed as a result of a dishonored check or credit card, charges incurred due to unsubstantiated credit card disputes, or any outstanding debt.

Withdrawals and Refunds

Visit the **Montgomery Parks Activity Withdrawls** and Refund webpage for complete details.