

MONTGOMERY PARKS
GUIDE
SPRING 2026



CLASSES. PROGRAMS. ACTIVITIES. EVENTS.



MONTGOMERY PARKS PROGRAM GUIDE | SPRING 2026

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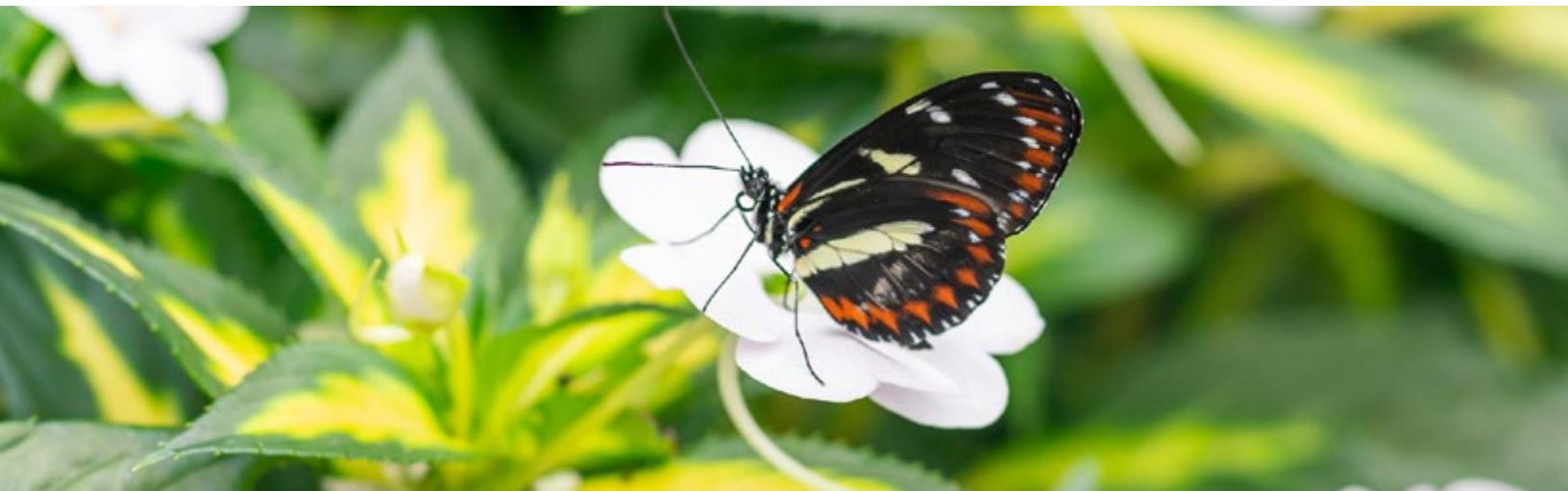
**Programs are subject to change.
For the most up-to-date listings visit:
[MontgomeryParks.org](#)**

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Register Online

Click the Course # link next to each program in this guide to register for that program or visit ActiveMONTGOMERY.org

Register By Mail

Download a [registration form](#) and mail to:

ActiveMONTGOMERY
2425 Reddie Drive, 10th Floor
Wheaton, MD 20902

Questions?

Call: 301-495-2580

Monday–Friday, 8:30 am–4:30 pm

Visit ActiveMONTGOMERY.org for answers to frequently-asked-questions.

Program Access & Inclusion Services

For inquiries regarding inclusion services and accommodations, contact the Program Access office:

Phone: **301-495-2581**

MD Relay: **7-1-1**

Email: ProgramAccess@MontgomeryParks.org

MontgomeryParks.org/Accessibility

REGISTRATION DATES

Spring Programs: February 17, 6:30 am

Ice/Tennis Spring Term: April 13, 6:30 am



Payment, Withdrawals, and Refunds

Visit the [Montgomery Parks Activity Withdrawals and Refund webpage](#) for complete details.

MONTGOMERY PARKS DIRECTORY

ATHLETIC FIELDS

Visit [Athletic Fields](#) for reservation information.

ARCHERY

[South Germantown Recreational Park](#)

18045 Central Park Circle, Boyds, MD 20841

[Rock Creek Regional Park](#)

5700 Needwood Lake Circle, Rockville, MD 20855

BIKE PARKS

[South Germantown Bike Park](#)

18045 Central Park Circle, Boyds, MD 20841

[The Pit at Fairland Bike Park](#)

3928 Greencastle Road Fairland, MD 20866

[Wheaton Gravity Mountain Bike Park](#)

2000 Shorefield Road in Wheaton, MD 20902

BOATING

[Black Hill Boats](#)

20920 Lake Ridge Drive, Boyds, MD 20841 • 301-528-3466

[Lake Needwood Boats](#)

15700 Needwood Lake Circle, Rockville, MD 20855
301-563-7540

CAMPING

[Little Bennett Campground](#)

23705 Frederick Road, Clarksburg, MD 20871
301-528-3430

[Robert C. McDonell Campground](#)

7701 Tuckerman Lane, Rockville, MD 20854
301-495-2525

Visit [Rentals and Permits](#) for additional camping options.

COMMUNITY GARDENS

Visit [Community Gardens](#) for information.

CULTURAL & HISTORIC ATTRACTIONS

Visit [History in the Parks](#) for more information.

[Agricultural History Farm Park](#)

18400 Muncaster Road, Derwood, MD 20855
301-670-4660

[Kingsley Schoolhouse](#)

24472 Clarksburg Road, Clarksburg, MD 20871
301-650-4373

[Josiah Henson Museum & Park](#)

11410 Old Georgetown Road, North Bethesda, MD 20852
301-765-8790

[Oakley Cabin African American Museum & Park](#)

3610 Brookeville Road, Olney, MD 20832
301-650-4373

[Woodlawn Manor Cultural Park and](#)

[Underground Railroad Experience Trail](#)

16501 Norwood Road, Sandy Spring, MD 20860
301-929-5989

DOG PARKS

[Black Hill Regional Park](#)

20930 Lake Ridge Drive, Boyds, MD 20841
On Picnic Lane, SE of boat rentals on Lake Ridge Drive

[Cabin John Regional Park](#)

7400 Tuckerman Lane, Bethesda, MD 20817

[Columbia Local Park](#)

14900 Old Columbia Pike, Burtonsville, MD 20866

[Dewey Local Park](#)

1720 Dewey Road, Silver Spring, MD 20906

[Ellsworth Urban Park](#)

621 Ellsworth Drive, Silver Spring, MD 20910

[Olney Manor Recreational Park](#)

16601 Georgia Avenue, Olney, MD 20832

[Piedmont Woods Local Park](#)

12835 Snowden Farm Parkway, Clarksburg, MD 20871

[Ridge Road Recreational Park](#)

21155 Frederick Road, Germantown, MD 20876

[Wheaton Regional Park](#)

11710 Orebaugh Avenue, Wheaton, MD 20902

DRIVING RANGE/GOLF

[South Germantown Driving Range](#)

18045 Central Park Circle, Boyds, MD 20841
301-670-4670

EVENT CENTERS

Ideal venues for weddings, special events, meetings and more!

[Brookside Gardens](#)

1800 Glenallan Avenue, Wheaton, MD 20902
301-962-1404

Email: Event.Manager@MontgomeryParks.org

MONTGOMERY PARKS DIRECTORY

[The Lodge at Little Seneca Creek](#)

14500-A Clopper Road, Boyds, MD 20841
301-528-6010

Email: SenecaLodge@MontgomeryParks.org

[Rockwood Manor Retreats and Events](#)

11001 MacArthur Boulevard, Potomac, MD 20854
301-563-7510

Email: RockwoodManor@MontgomeryParks.org

GARDENS

[Brookside Gardens](#)

1800 Glenallan Avenue, Wheaton, MD 20902
301-962-1400 general information
301-962-1404 event rentals

[McCrillis Gardens](#)

6910 Greentree Road, Bethesda, MD 20817
301-962-1455

GOLF

Golf courses are operated by the [Montgomery County Revenue Authority](#).

[Little Bennett Golf Course](#)

25900 Prescott Road Clarksburg, MD 20871
301-253-1515

[Needwood Golf Course](#)

6724 Needwood Road, Derwood, MD 20855
301-948-1075

[Northwest Park Golf Course](#)

15711 Layhill Road, Silver Spring, MD 20906
301-598-6100

[Sligo Creek Golf Course](#)

9701 Sligo Creek Parkway, Silver Spring, MD 20901
301-585-6006

HORSEBACK RIDING & STABLES

Equestrian facilities are managed by private operators through partnerships with M-NCPBC.

[Callithea Farm Park](#)

15000 River Road, Potomac, MD 20854
301-977-8010

[Meadowbrook Riding Stables](#)

8200 Meadowbrook Lane, Chevy Chase, MD 20815
301-589-9026

[Rickman Farm Horse Park](#)

17320 Moore Road, Boyds, MD 20841
301-349-0075

[Wheaton Regional Park Stables](#)

1101 Glenallen Avenue, Wheaton, MD 20902
301-622-2424

[Woodstock Equestrian Park](#)

20100 Darnestown Road, Beallsville, MD 20839
301-495-2525

ICE SKATING

[Cabin John Ice Rink](#)

10610 Westlake Drive, Rockville, MD 20852
301-765-8620

[Wheaton Ice Arena](#)

11717 Orebaugh Avenue, Wheaton, MD 20902
301-905-3000

IN-LINE HOCKEY RINKS

[Dewey Local Park](#)

11720 Dewey Road, Veirs Mill, MD 20906

[Ridge Road Recreational Park](#)

21155 Frederick Road, Germantown, MD 20876

MINIATURE GOLF

[South Germantown Miniature Golf](#)

18056 Central Park Circle, Boyds, MD 20841
301-670-4680

NATURE CENTERS

[Black Hill Discovery Center](#)

20926 Lake Ridge Drive, Boyds, MD 20841
301-528-3492

[Brookside Nature Center](#)

1400 Glenallan Avenue, Wheaton, MD 20902
301-962-1480

[Locust Grove Nature Center](#)

7777 Democracy Boulevard, Bethesda, MD 20817
301-765-8660

[Maydale Nature Classroom](#)

1638 Maydale Drive, Colesville, MD 20905
301-962-1496

[Meadowside Nature Center](#)

5100 Meadowside Lane, Rockville, MD 20855
301-258-4030

MONTGOMERY PARKS DIRECTORY

PARK ACTIVITY BUILDINGS & PICNIC SHELTERS

Visit [Park Permits](#) for rental information.

SKATE PARKS

[Olney Manor Recreational Park](#)

16601 Georgia Avenue, Olney, MD 20832

[Takoma-Piney Branch Local Park](#)

2 Darwin Avenue Takoma Park, MD 20910

[Woodside Urban Park](#)

8800 Georgia Avenue, Silver Spring, MD 20910

SPLASH PARK

[South Germantown SplashPark](#)

18056 Central Park Circle, Boyds, MD 20841

301-670-4680

SPORTS COURTS (OUTDOOR)

Visit [Sports](#) for a list of outdoor basketball, tennis, pickleball, and soccer courts.

TENNIS (INDOOR)

[Pauline Betz Addie Tennis Center](#)

7801 Democracy Boulevard, Bethesda, MD 20817
301-765-8650

[Wheaton Indoor Tennis](#)

11715 Orebaugh Avenue, Wheaton, MD 20902
301-905-3030

[Montgomery TennisPlex*](#)

18010 Central Park Circle, Boyds, MD 20841
240-477-4430z

* This facility is managed by a private operator through a partnership with M-NCPPC. Please contact them directly for more information.

TRAILS

Visit [Trails](#) for maps and detailed information about the more than 250 miles of trails in Montgomery Parks.

TRAINS (MINIATURE)

[Cabin John Miniature Train](#)

7410 Tuckerman Lane, Rockville, MD 20852
301-765-8670 • 301-650-2880 party rentals

[Wheaton Train and Carousel](#)

2002 Shorefield Road, Wheaton, MD 20902
301-563-7545 • 301-650-2880 party rentals

TURF FIELD

200' x 85' covered synthetic turf playing field; rent for soccer, lacrosse, futsal, parties and more.

[Wheaton Sports Pavilion](#)

11751 Orebaugh Avenue, Wheaton, MD 20902
301-905-3070

CONTACT INFORMATION

[Montgomery Parks](#)

2425 Reddie Drive, Wheaton, MD 20902

[Customer Service](#)

Park information, maintenance requests, or concerns:

Call: 301-495-2595

Email: Info@MontgomeryParks.org

[Permits & Rentals](#)

Call: 301-495-2525

Email: ParkPermits@MontgomeryParks.org

[Volunteer Opportunities](#)

Call: 301-495-2504

Email: ParksVolunteers@MontgomeryParks.org

[Rainout Line](#)

Call: 301-579-5610 for Athletic Fields

Call: 240-270-0008 for Trail Conditions

[Park Police](#)

Call: 301-949-8010, Emergency call 911

Twitter: [@ParkPolice](#)

ACCESSIBILITY

[Program Access & Inclusion Services](#)

For inquiries regarding inclusion services, programs, and accommodations, please contact the Program Access office:

Call: 301-495-2477

MD Relay: 7-1-1

Email: ProgramAccess@MontgomeryParks.org



**ONE website
ONE account
for both Recreation & Parks
Registration, Reservations
and More!**
ActiveMontgomery.org
Create your account today!



Make a difference with Montgomery Parks!

- Join a clean-up at your neighborhood park, or assist at one of our historic sites, ice rinks, tennis centers, nature centers, gardens, or campground.
- Indoor and outdoor opportunities available year-round!
- Students can earn Student Service Learning (SSL) hours.
- Great for team building - including corporate, school, and scout groups.

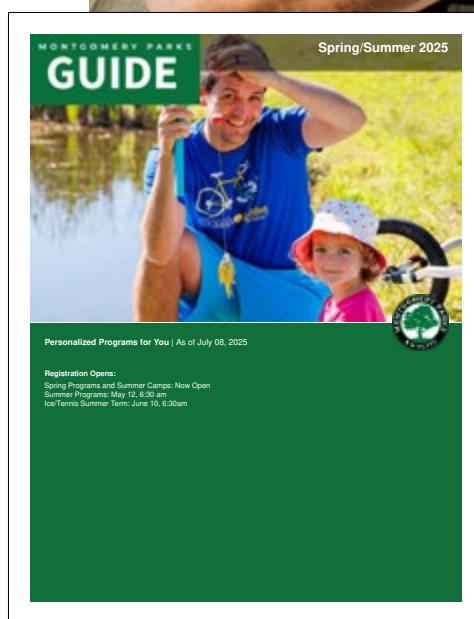
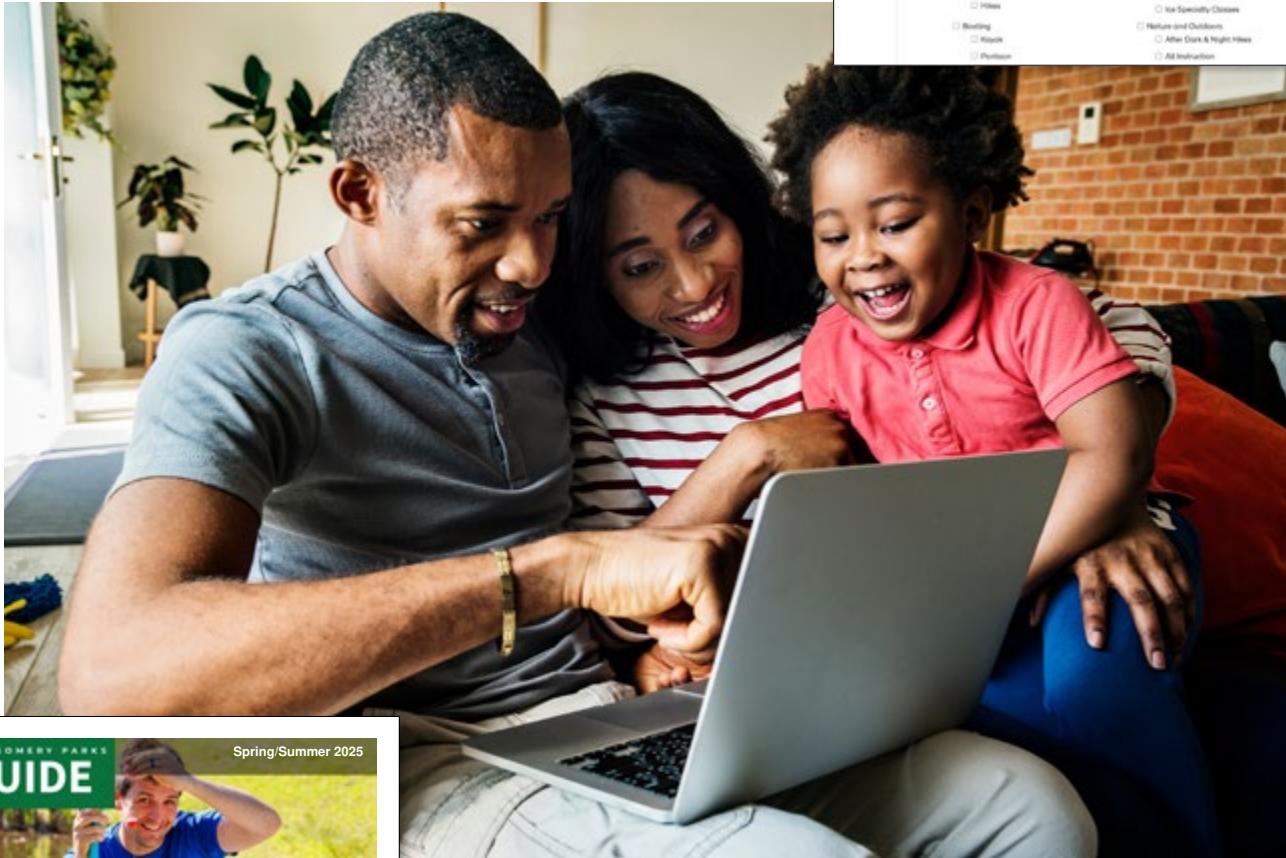


Visit ParksVolunteers.org for a complete list of opportunities or call 301-495-2504.

We  our
volunteers!



Build Your Own Guide!



- The new online Build Your Own Guide tool allows you to create a digital program guide customized to your specific interests.
- In just three easy steps, you can select the program categories, locations and age ranges you prefer, and then download or print your personalized guide at home.

MontgomeryParks.org/Your-Guide



Montgomery Parks... the perfect place to gather!



BIRTHDAY PARTIES • RECEPTIONS • REUNIONS •
NEIGHBORHOOD GATHERINGS • BUSINESS MEETINGS

**Park Activity Buildings available
year-round**

**Picnic Shelters available
to rent April 1–October 31**

Park Activity Buildings and Picnic Shelters
provide all the amenities needed to make your
next event enjoyable and hassle-free!



View availability
and book online at
ActiveMontgomery.org

Contact the Park Permits Office

Monday–Friday, 8:30am–5pm | 301.495.2525
ParkPermits@MontgomeryParks.org | ParkPermits.org
2425 Reddie Drive, 2nd Floor | Wheaton, MD 20902



The natural choice for your special event!

Our event centers are the ideal venues for picture-perfect weddings, elegant celebrations, successful retreats, and more!

Available year-round at affordable rates.

BROOKSIDE GARDENS

50 acres of stunning garden areas

1800 Glenallan Avenue | Wheaton, MD 20902
301-962-1404 | BrooksideGardens.org
event.manager@montgomeryparks.org



THE LODGE AT LITTLE SENECA CREEK

Rustic charm and beautiful panoramic views

14500-A Clopper Road | Boyds, MD 20841
301-670-3282 | LodgeatSeneca.org
senecalodge@montgomeryparks.org



Brookside Gardens



The Lodge at Little Seneca Creek

Now Booking Overnight Stays

ROCKWOOD MANOR RETREATS & EVENTS

Serene estate just six minutes from the Capital Beltway

11001 MacArthur Boulevard | Potomac, MD 20854
301-563-7510 | RockwoodManor.org
rockwoodmanor@montgomeryparks.org



Rockwood Manor

ParkEventCenters.org





LITTLE BENNETT CAMPGROUND



Range of accommodations including campsites, cabins, and yurts, to fit your needs

STAY —&— PLAY

[MINIMUM 2-NIGHT STAY]

Hiking and biking trails, pedal kart track, jumping pillow, laser tag, outdoor movies, arts & crafts, and more!



LITTLE BENNETT CAMPGROUND
23705 Frederick Road | Clarksburg, MD 20871
LittleBennettCampground.org



Open daily March 30 to April 3
and on April weekends
9:30 am to 4:30 pm

SPRING EYE SPY TRAINS



Can you find 'em all?

Mark off spring-themed items placed along the tracks with your "Eye Spy" card.

Located at both Cabin John and Wheaton Regional Parks

- Great for families! Each child under 2 rides free with a paying adult.
- Purchase tickets beginning March 16 online at ActiveMontgomery.org or at the train station the day of your ride.
- Ticket includes activities around the station.

Learn more by visiting MontgomeryParks.org/Trains





MONTGOMERY PARKS

Shine Brighter Together

AUTISM ACCEPTANCE MONTH

Free
Family-
Friendly
Event



Games,
storytime,
crafts, and
more!

April is Autism Acceptance Month!

Join Montgomery Parks in celebrating Autism Acceptance Month with a fun-filled, family-friendly event open to everyone!

April 18, 2026* | 11 am to 2 pm

Wheaton Regional Park | 2000 Shorefield Road | Wheaton, Maryland 20902

*Event Rain Date: April 19, 2026

For more information,
scan the QR code
or visit:

[MoCoParks.org/
ShineBrighter](https://MoCoParks.org/ShineBrighter)



Exciting Activities:
Face painting,
games, temporary
tattoos, sensory-
friendly story time,
performances,
hands on crafts
and more!

Creative Fun:
Contribute to
a collaborative
art project
celebrating unity.

Learn and Connect:
Discover resources
from local
organizations and
learn about creating
a more inclusive
community.

For more information, contact Ashlyn Thompson at
Ashlyn.Thompson@montgomeryparks.org or 301-495-2551.

Montgomery Parks is dedicated to providing
quality services and programs that are
inclusive and accessible to all.

ADA: MontgomeryParks.org/accessibility
Non-Discrimination: MontgomeryParks.org/about/parks/



— CAN'T MISS — **SPRING EVENTS**

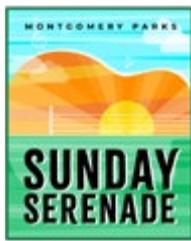


ACOUSTICS AND ALES

March 14, April 17, May 21

Locations vary

Join us for an outdoor happy hour with live music, locally crafted beer, and food.



SUNDAY SERENADE

Mar 22, 29, Apr 19, 26 | 10 to 11:30 am

Cabin John Regional Park

Ease into your Sunday on a high note with the soothing sounds of R&B, jazz, funk and southern soul.



Sligo Creek Fest

May 2 | 11 am to 3 pm

Sligo Creek Parkway (Dennis Ave. to University Blvd.)

Sligo Creek Parkway transforms into a vibrant street festival filled with music, food, and fun for all ages.



Parks Playhouse Junior

May 18 to August 2 | 10 to 11 am

Locations vary

Come out to enjoy one hour of immersive, kid-centric entertainment!

ARCHAEOLOGY DAY

Saturday, May 2, 2026 | 10 am to 3pm



**Get a glimpse into
the world of an
archaeologist!**

This free, family-friendly day is filled with hands-on activities, demonstrations, games, costumed interpreters, food trucks, music, and more!



**NEEDWOOD MANSION AT ROCK CREEK
REGIONAL PARK**

6700 Needwood Road | Derwood, MD 20855
MoCoParks.org/ArchaeologyDay



EARTH MONTH AT OUR NATURE CENTERS

Join us throughout April for eco-friendly activities, educational programs, and hands-on experiences that celebrate the earth and inspire conservation!

PROGRAM SPOTLIGHT:

Black Hill Discovery Center

Share Fair

April 18 | All Ages

Looking for a sustainable way to declutter? Bring your once-loved items and share them with others—completely free!

Brookside Nature Center

Warm Up Woods Hike

April 11 | Ages 18 and up

We'll hike approximately 2 to 3 miles on natural surface trails searching for and learning about ephemeral wildflowers. It's a magical time to be in the woods!

Locust Grove Nature Center

#PlantNative

Nativescaping Series

April 12, 19 and May 3 | Ages 18 and up

Learn how to incorporate native plants into your landscape in this three part series.

For a complete list of programs visit
MontgomeryParks.org/Events



BLACK HILL
DISCOVERY CENTER



BROOKSIDE
NATURE CENTER



LOCUST GROVE
NATURE CENTER



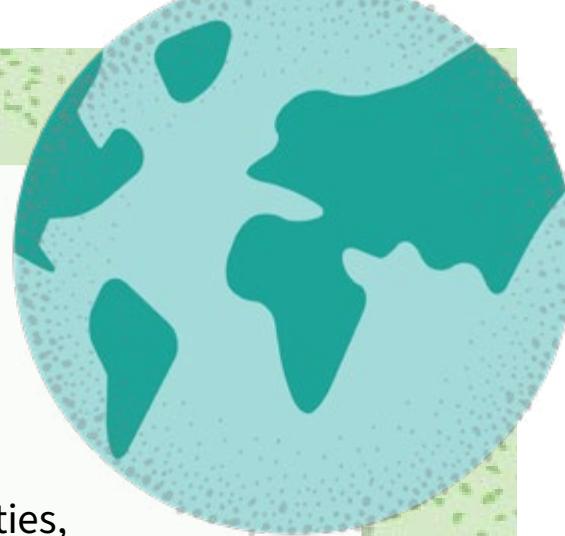
MAYDALE
NATURE CLASSROOM



MEADOWSIDE
NATURE CENTER



MONTGOMERY PARKS
M-NCPSC



Maydale Nature Classroom

The Hummingbirds are Coming!

April 9 | Ages 3 to 5

The ruby-throats are on their way north! Learn how to attract them into your yard, and make a feeder to take home.

Meadowside Nature Center

Earth Day with the Owls

April 22 | All Ages

Learn how owls contribute to a healthy ecosystem and create a take-home seed bomb to attract pollinators to your yard!

Community Science Festival

April 25 | All Ages

Join us at Rock Creek Regional Park for a celebration of natural science. Hone your observation skills through interactive demonstrations and hands-on activities with professional scientists and naturalists.

11am: City Nature Challenge Guided Hike

1 pm: Caminata guiada en español para el City Nature Challenge.

AGRICULTURAL HISTORY FARM PARK



AGRICULTURAL HISTORY FARM PARK
18400 Muncaster Road | Derwood, MD 20855
301-670-4660 | AgHistoryFarm.org

SPECIAL EVENTS

Trivia Night at the Barn

Put your knowledge to the test with Trivia Night at the Barn! Gather your friends, bring your thinking caps, and enjoy an evening of friendly competition in our rustic setting. Questions will span a variety of fun categories so there's something for trivia buffs of all kinds – whether you're a casual guesser or a seasoned quiz master. Enjoy a selection of adult beverages from our on-site vendor, plus each registration includes one free drink voucher to kick off your night! Come for the challenge, stay for the laughs, and enjoy a lively night out in a one-of-a-kind atmosphere. Prizes await the top contestants, so sharpen those skills and get ready to play! The event will take place in the big red barn – just follow the gravel road up the hill and park in the grassy lot marked "Visitor Parking."

| | |
|---------------------------------------|-----------------------------------|
| <i>Agricultural History Farm Park</i> | Click to Register |
| Apr 28 | Tue |

6 to 8pm

Ages 21 and up

\$25

1 class

[PAHFP0025-100001](#)

Ag. Education Tailgate Day

Join us for our annual Ag. Education Tailgate Day, a fun-filled event for homeschoolers of all ages! Explore the world of agriculture through engaging presentations by agricultural experts, mobile learning centers, local farms, businesses, government groups, and nonprofits. Students will learn about farming, the impact of agriculture on the environment, science, history, and careers in land-based industries. In addition up to 20 educational stations, enjoy hands-on activities, historic games, crafting opportunities, and a chance to interact with farm animals. This year, we've added some more education stations, vendors and fun activities that you won't want to miss! We've also changed up our pricing to make the event more affordable for families – the cost for students is \$10 each, and their parents/guardians are free. Don't forget to bring water bottles to stay hydrated. Food and drinks will be available for purchase.

| | |
|---------------------------------------|-----------------------------------|
| <i>Agricultural History Farm Park</i> | Click to Register |
| May 15 | Fri |

11am to 3pm

Ages 5 to 18

\$10

1 class

[PAHFP0012-100002](#)

THERAPEUTIC RECREATION

Inclusive Sensory Saturday

The Farm Park is partnering with Program Access to offer an inclusive experience for visitors with sensory sensitivities. Each month, the program will feature a different theme with multiple sensory stations to interact with welcoming people of all abilities. A supportive staff along with a variety of alternative seating, fidget tools, and other sensory-friendly materials will be provided to ensure a comfortable and inclusive experience for everyone.

| | |
|---------------------------------------|-----------------------------------|
| <i>Agricultural History Farm Park</i> | Click to Register |
| Mar 14 | Sat |

10am to 12pm

All Ages

\$7

1 class

[PAHFP0007-100004](#)

Apr 11

Sat

10am to 12pm

All Ages

\$7

1 class

[PAHFP0007-100005](#)

May 9

Sat

10am to 12pm

All Ages

\$7

1 class

[PAHFP0007-100006](#)

PLAYTIME OR STORYTIME

Little Farmer Storytime

Join us for Little Farmer Storytime, a special hour just for little ones ages 5 years old and under and their loved ones. Here at the farm park, fun farm-related stories will be read out loud. It's a great way to learn about farm animals, plants, and all the wonderful things that happen on a farm! Comfy seating where little ones can enjoy the story will be offered. Whether you're a family who loves farms or just wants to spend some time in nature, this is the perfect way to enjoy a story together in a relaxing and friendly environment. The \$7 fee is per child – their accompanying adults are free. This program will be held on the historic side of the farm park, rain or shine, please dress accordingly for weather and bring water if needed.

| <i>Agricultural History Farm Park</i> | | | | | | Click to Register |
|---------------------------------------|-----|------------|------------------|-----|---------|-----------------------------------|
| Mar 6 | Fri | 10 to 11am | Ages 5 and under | \$7 | 1 class | PAHFP0011-100007 |
| Mar 21 | Sat | 10 to 11am | Ages 5 and under | \$7 | 1 class | PAHFP0011-100008 |
| Apr 3 | Fri | 10 to 11am | Ages 5 and under | \$7 | 1 class | PAHFP0011-100009 |
| Apr 18 | Sat | 10 to 11am | Ages 5 and under | \$7 | 1 class | PAHFP0011-100010 |
| May 1 | Fri | 10 to 11am | Ages 5 and under | \$7 | 1 class | PAHFP0011-100011 |
| May 16 | Sat | 10 to 11am | Ages 5 and under | \$7 | 1 class | PAHFP0011-100012 |

Little Farm Explorers

Introduce your little one to the wonders of the Farm Park with Little Farm Explorers! This gentle, hour-long program invites children age 5 and under, and their adult companions, to enjoy a guided nature walk around the Farm Park. Together, we'll explore the sights, sounds, and textures of the natural world – spotting plants and wildlife, discovering seasonal changes, and encouraging curiosity every step of the way. Each walk is paced with young adventurers in mind, offering plenty of opportunities to observe, wonder and learn through simple sensory experiences. Please dress for the weather, wear comfortable shoes, and bring water. We will meet on the historic side of the farm park: turn right at the gravel road and park in the grassy "Visitor Parking" lot, then proceed to the big red barn to meet your guides.

| <i>Agricultural History Farm Park</i> | | | | | | Click to Register |
|---------------------------------------|-----|----------|------------------|-----|---------|-----------------------------------|
| Mar 11 | Wed | 1 to 2pm | Ages 5 and under | \$7 | 1 class | PAHFP0022-100001 |
| Mar 25 | Wed | 1 to 2pm | Ages 5 and under | \$7 | 1 class | PAHFP0022-100002 |
| Apr 8 | Wed | 1 to 2pm | Ages 5 and under | \$7 | 1 class | PAHFP0022-100003 |
| Apr 22 | Wed | 1 to 2pm | Ages 5 and under | \$7 | 1 class | PAHFP0022-100004 |
| May 5 | Tue | 1 to 2pm | Ages 5 and under | \$7 | 1 class | PAHFP0022-100005 |
| May 19 | Tue | 1 to 2pm | Ages 5 and under | \$7 | 1 class | PAHFP0022-100006 |

AGRICULTURAL HISTORY FARM PARK



Little Farm Friends

Spark your child's curiosity about farm life with Little Farm Friends! Each session brings farm animals to life through engaging, interactive learning. Designed for children age 5 and under, this engaging program introduces young learners to the wonderful world of farm animals. Each class highlights a different animal, giving little ones the chance to explore what makes that creature unique – how it looks, moves, sounds, and helps out on the farm. This program will take place in the big red barn. Just follow the gravel road up toward the barn and park in the grassy area marked "Visitor Parking." Remember to dress for the weather and bring water.

| <i>Agricultural History Farm Park</i> | | | | | | Click to Register |
|---------------------------------------|-----|------------|------------------|------|---------|----------------------------------|
| Mar 20 | Fri | 10 to 11am | Ages 5 and under | \$10 | 1 class | PAHFP0023-100001 |
| Apr 17 | Fri | 10 to 11am | Ages 5 and under | \$10 | 1 class | PAHFP0023-100002 |
| May 22 | Fri | 10 to 11am | Ages 5 and under | \$10 | 1 class | PAHFP0023-100003 |

NATURE & OUTDOORS

Junior Historians

Step into the past and discover history in a fun, immersive way with Junior Historians! This program series is designed for ages 5-8, and invites young learners to explore history through interactive activities and playful discovery. Each session combines historical learning with practical, hands-on activities that bring history to life. Each class will cover a different theme, with a special emphasis on the Farm Park's unique history, encouraging children to learn by touching, trying, and experiencing real tools, techniques, and traditions from long ago. Your child will leave with a richer understanding of history and a greater appreciation for the simple joys of farm life. This spring, we have an exciting set of themes for the children to learn about! We will announce each week's theme on our Facebook page and website. This is a drop off program, but parents are welcome to stay during the class. Please be sure to dress for the weather and bring water.

| <i>Agricultural History Farm Park</i> | | | | | | Click to Register |
|---------------------------------------|-----|----------|-------------|------|---------|----------------------------------|
| Mar 9 | Mon | 1 to 3pm | Ages 5 to 8 | \$15 | 1 class | PAHFP0020-100001 |
| Apr 6 | Mon | 1 to 3pm | Ages 5 to 8 | \$15 | 1 class | PAHFP0020-100003 |
| Apr 20 | Mon | 1 to 3pm | Ages 5 to 8 | \$15 | 1 class | PAHFP0020-100004 |
| May 4 | Mon | 1 to 3pm | Ages 5 to 8 | \$15 | 1 class | PAHFP0020-100005 |
| May 26 | Tue | 1 to 3pm | Ages 5 to 8 | \$15 | 1 class | PAHFP0020-100006 |

AGRICULTURAL HISTORY FARM PARK

Homeschool History

Step back in time and experience the past in a truly immersive way with Homeschool History at the Farm Park! This program series combines historical learning with practical, hands-on activities that bring history to life. Each class will cover a different theme, with a special emphasis on the Farm Park's unique history, and students will gain a deeper understanding of historical practices by actively engaging with the tools, techniques and ideas used in day-to-day life. Your child will leave with a richer understanding of history and a greater appreciation for the simple joys of farm life. This spring, we have a new set of exciting themes for the children to learn about! We will announce each week's theme on our Facebook page and website. This is a drop off program, but parents are welcome to hang around the Farm Park during the class. Please be sure to dress for the weather and bring water.

| <i>Agricultural History Farm Park</i> | | | | | | Click to Register |
|---------------------------------------|-----|----------|--------------|------|---------|----------------------------------|
| Mar 12 | Thu | 1 to 3pm | Ages 8 to 14 | \$15 | 1 class | PAHFP0009-100006 |
| Mar 26 | Thu | 1 to 3pm | Ages 8 to 14 | \$15 | 1 class | PAHFP0009-100007 |
| Apr 9 | Thu | 1 to 3pm | Ages 8 to 14 | \$15 | 1 class | PAHFP0009-100008 |
| Apr 23 | Thu | 1 to 3pm | Ages 8 to 14 | \$15 | 1 class | PAHFP0009-100009 |
| May 28 | Thu | 1 to 3pm | Ages 8 to 14 | \$15 | 1 class | PAHFP0009-100010 |

Hands-On History

Discover the joy of creating with Hands-On History! In this dynamic program, kids will dive into the skills and crafts of the past as they explore a variety of traditional hands-on activities. From wood carving and leather working to paper making, basket weaving and more, each session offers a new opportunity for young crafters to learn, create and connect with history in a tangible way. Guided by engaging instructors, participants will gain confidence as they work with real tools and materials – experiencing firsthand how everyday items were crafted long before modern technology. Each session brings a fresh project and a chance to explore a different historical technique.

| <i>Agricultural History Farm Park</i> | | | | | | Click to Register |
|---------------------------------------|-----|----------|--------------|------|---------|----------------------------------|
| Mar 15 | Sun | 1 to 3pm | Ages 8 to 14 | \$15 | 1 class | PAHFP0021-100001 |
| Mar 29 | Sun | 1 to 3pm | Ages 8 to 14 | \$15 | 1 class | PAHFP0021-100002 |
| Apr 12 | Sun | 1 to 3pm | Ages 8 to 14 | \$15 | 1 class | PAHFP0021-100003 |
| Apr 26 | Sun | 1 to 3pm | Ages 8 to 14 | \$15 | 1 class | PAHFP0021-100004 |
| May 10 | Sun | 1 to 3pm | All Ages | \$15 | 1 class | PAHFP0021-100005 |

AGRICULTURAL HISTORY FARM PARK

Hiking Histories

Come explore the Farm Park's unique trails while uncovering its rich past with Hiking Histories! This 2–3 hour guided hike takes participants along the Farm Park's 5.5 miles of trails, blending outdoor exploration with engaging historical insights. As we hike through meadows, woodlands and historic landscapes, you'll learn about the people, places and events that shaped the area – bringing local history to life in a vivid and memorable way. Perfect for curious hikers and history enthusiasts alike, Hiking Histories offers a refreshing mix of exercise, discovery and a deeper understanding of the land beneath your feet. We'll meet in front of the big red barn on the historic side of the Farm Park – just follow the gravel road up toward the barn and park in the grassy lot marked "Visitor Parking." Be sure to dress for the weather, wear sturdy footwear, and bring water.

| <i>Agricultural History Farm Park</i> | | | | | | Click to Register |
|---------------------------------------|-----|-------------|----------|------|---------|----------------------------------|
| Mar 31 | Tue | 11am to 2pm | All Ages | \$12 | 1 class | PAHFP0024-100001 |
| Apr 14 | Tue | 11am to 2pm | All Ages | \$12 | 1 class | PAHFP0024-100002 |
| May 12 | Tue | 11am to 2pm | All Ages | \$12 | 1 class | PAHFP0024-100003 |

Spring Steps

Come join us this spring for a fun walk around the farm park to see the beauty of nature waking up from its winter slumber! Friendly guides will show you parts of the park you might not have seen before or that look different with each season. We will walk in almost all kinds of weather. If the weather is really bad, we will send an email to let you know if the walk is canceled. Please check the weather and wear clothes that fit the day. We will meet at the activity center. When you get to the park's main road, continue straight towards the modern building and park in one of the paved lots. The walk is easy and slow, but bring water and be ready to walk on natural paths that might be uneven.

| <i>Agricultural History Farm Park</i> | | | | | | Click to Register |
|---------------------------------------|-----|----------|----------|-----|---------|----------------------------------|
| May 6 | Wed | 1 to 2pm | All Ages | \$7 | 1 class | PAHFP0013-100005 |
| May 13 | Wed | 1 to 2pm | All Ages | \$7 | 1 class | PAHFP0013-100006 |
| May 20 | Wed | 1 to 2pm | All Ages | \$7 | 1 class | PAHFP0013-100007 |
| May 27 | Wed | 1 to 2pm | All Ages | \$7 | 1 class | PAHFP0013-100008 |



MONTGOMERY PARKS

WALK-INS WELCOME

Josiah Henson Museum & Park



Admission required. Tickets available onsite.

Open Friday through Sunday

For hours and information visit JosiahHenson.org



Josiah Henson Museum & Park tells the story about the life and challenges of Reverend Josiah Henson, enslavement in Maryland, and the ongoing struggles of racial equality and justice.

Visit the museum and experience interactive multimedia exhibits. Explore the park and engage in personal or group reflection. Discover the archaeological sites throughout the park. Visit JosiahHenson.org for program and event information.



JOSIAH HENSON MUSEUM & PARK

11410 Old Georgetown Road
North Bethesda, Maryland 20852

301-765-8790 | JosiahHenson.org

Visitor Parking at Wall Local Park, 5900 Executive Blvd



JOSIAH
HENSON
MUSEUM
& PARK



Montgomery Parks is dedicated to providing quality services and programs that are inclusive and accessible to all. ADA: MontgomeryParks.org/accessibility
Non-Discrimination: MontgomeryParks.org/about/parks/

f @MontgomeryParks
facebook.com/josiahhensonmuseum

JOSIAH HENSON MUSEUM & PARK



JOSIAH
HENSON
MUSEUM
& PARK



JOSIAH HENSON MUSEUM & PARK

11410 Old Georgetown Road | North Bethesda, MD 20852
301-765-8790

Open Friday through Sunday
For hours and information visit JosiahHenson.org

JOSIAH HENSON MUSEUM & PARK

Please note: Parking for the Josiah Henson Museum and Park is available one and a half blocks away at Wall Local Park, 5900 Executive Boulevard, North Bethesda. Limited accessible parking is available on site at the museum.

SPECIAL EVENTS

Spring Break for History

The kids may be out of school but the learning continues with an interactive history lesson at Josiah Henson Museum and Park. The museum will be open Special Hours on Wednesday, April 1 and Thursday, April 2, 10am to 1pm. Self-guided tours and special hands-on activities will be available for families. Admission, \$6 for children and seniors, and \$7 for adults. Tickets available onsite.

Josiah Henson Museum and Park

| | | | | | |
|------------|-------------|-------------|---------------|---------|----------------------------------|
| Apr 1 to 2 | Wed and Thu | 10am to 1pm | Ages 4 and up | \$6-\$7 | PJHMP0002-100002 |
|------------|-------------|-------------|---------------|---------|----------------------------------|

History of Play

Even in the most challenging times, children find a way to play. Join us as we celebrate playfulness through the centuries at the Josiah Henson Museum and Park! History of Play activities will be available outside in our park and are free. To view the museum, admission is required: \$6 seniors, \$7 adults, \$6 youth ages 6 to 17, Free for children 5 and under. Parking for the Josiah Henson Museum and Park is located at 5900 Executive Blvd.

Josiah Henson Museum and Park

| | | | | | |
|------------|------------|-------------|---------------|---------|----------------------------------|
| Apr 1 to 5 | Wed to Sun | 10am to 4pm | Ages 4 and up | \$6-\$7 | PJHMP0002-100001 |
|------------|------------|-------------|---------------|---------|----------------------------------|

SPEAKER SERIES, WORKSHOPS, OR DISCUSSIONS

History Hour: “Josiah Henson at Newport Mills”

On March 26, local history writer Robert Engelman will share the story of slavery—with names and stories of some of those enslaved—in the place of his childhood and adolescence. His research area stretches from Kengar-Palisades Park near Kensington to Wheaton Triangle in southern Montgomery County. It includes the historic Newport Mills, where Rev. Josiah Henson experienced conversion to Christianity at age 18, a touchstone of the stories Engelman will relate. The area also played a role in indigenous, early colonial, and Civil War history. Engelman’s research objectives are to help us connect to the humanity of those locally enslaved and to better understand the places we live as land and sites of human relations evolving over centuries of time. Recommended for ages 12 and up. Admission is \$5 per person, light refreshments are provided. Tickets available online and onsite. Arrive early and take a self-guided tour of the museum. Doors open at 5pm. Parking is only available at Wall Local Park (5900 Executive Blvd. North Bethesda, MD 20852). Limited accessible parking onsite.

Josiah Henson Museum and Park

| | | | | | |
|--------|-----|------|----------------|-----|----------------------------------|
| Mar 26 | Thu | 6-7p | Ages 12 and up | \$5 | Purchase Tickets |
|--------|-----|------|----------------|-----|----------------------------------|

History Book Club

Commemorate 250 years of American independence by delving into diverse narratives and experiences that shaped this country. Through fiction and nonfiction, we'll examine our shared past and its impact on today. Meetings will be held online and facilitated by staff from the Josiah Henson Museum and Park. If you have any questions, please contact HensonPrograms@MontgomeryParks.org.

Virtual

“Hotel on the Corner of Bitter and Sweet” by Jamie Ford

| | | | | | | |
|--------|-----|---------------|----------|------|---------|------------------------------------|
| Mar 11 | Wed | 6:30 to 8:30p | All Ages | Free | 1 class | Join the Book Club |
|--------|-----|---------------|----------|------|---------|------------------------------------|

“The Warmth of Other Suns” by Isabel Wilkerson

| | | | | | | |
|-------|-----|---------------|----------|------|---------|------------------------------------|
| Apr 8 | Wed | 6:30 to 8:30p | All Ages | Free | 1 class | Join the Book Club |
|-------|-----|---------------|----------|------|---------|------------------------------------|

“97 Orchard: An Edible History of Five Immigrant Families in One New York Tenement” by Jane Ziegelman

| | | | | | | |
|--------|-----|---------------|----------|------|---------|------------------------------------|
| May 13 | Wed | 6:30 to 8:30p | All Ages | Free | 1 class | Join the Book Club |
|--------|-----|---------------|----------|------|---------|------------------------------------|

ARCHAEOLOGICAL, HISTORICAL & CULTURAL

Archaeology Tour

Join us for a guided tour of the grounds at Josiah Henson Museum and Park to learn about the features and artifacts that inform our understanding of Rev. Josiah Henson's life at the Riley Plantation. This 30-minute tour is appropriate for ages 6 and up. Pre-registration is not required. Admission, \$3 per person. Tickets available onsite on the day of tour. Does not include admission to museum.

Josiah Henson Museum and Park

| | | | | | | |
|--------|-----|-------------|---------------|-----|---------|----------------------------------|
| Apr 4 | Sat | 1 to 1:30pm | Ages 6 and up | \$3 | 1 class | PJHMP0003-100001 |
| Apr 11 | Sat | 1 to 1:30pm | Ages 6 and up | \$3 | 1 class | PJHMP0003-100002 |
| Apr 18 | Sat | 1 to 1:30pm | Ages 6 and up | \$3 | 1 class | PJHMP0003-100003 |
| Apr 25 | Sat | 1 to 1:30pm | Ages 6 and up | \$3 | 1 class | PJHMP0003-100004 |
| May 9 | Sat | 1 to 1:30pm | Ages 4 and up | \$3 | 1 class | PJHMP0003-100005 |



FREE GUIDED TOURS
April through October
2nd and 4th Saturdays
12 to 4 pm



Oakley Cabin

African American Museum & Park

Learn about the African American roadside community that lived and worked on this historic site from emancipation well into the 20th century. Their culture and traditions heavily influenced those of surrounding communities, and their story is deeply woven into Montgomery County's history.



Visiting when the cabin is closed?

Learn about the history of the cabin through the Oakley Cabin Augmented Reality Experience. Scan a series of QR codes onsite for an immersive learning experience.



Celebrating African Rhythms through Dance & Song

Saturday, April 11 | 12 to 4pm

Join us for a free dance workshop featuring the vibrant African rhythms from West Africa, the Caribbean, Europe, and the Americas. Enjoy tours of the historic 19th-century log cabin. Bring the family for a day of fun!

OAKLEY CABIN AFRICAN AMERICAN MUSEUM & PARK

3610 Brookeville Road | Olney, MD 20832 | OakleyCabin.org | 301-650-4373

Share your love of history. Volunteer Opportunities Available.
ParksVolunteers.org



MONTGOMERY PARKS

Wood and Wine

at Oakley Cabin
African American Museum & Park



Saturday, March 21, 2026 | 4 to 7 pm

**Unleash your creative side
at historic Oakley Cabin.**

Celebrated local artist, AnnA Fogg, will inspire you in creating your own, one-of-a-kind wooden wreath.

While you work, enjoy curated seasonal drinks, delicious charcuterie spreads, and camaraderie around the hearth to fuel your inspiration. Your admission includes an exclusive, handmade artisan mug. Spaces are limited to ensure a personal, hands-on experience. Suitable for general audience, prior art experience not required.

Ages 21 and up.
\$50 per person,
registration required.



For more information,
scan the QR code or go to
MoCoParks.org/woodandwine

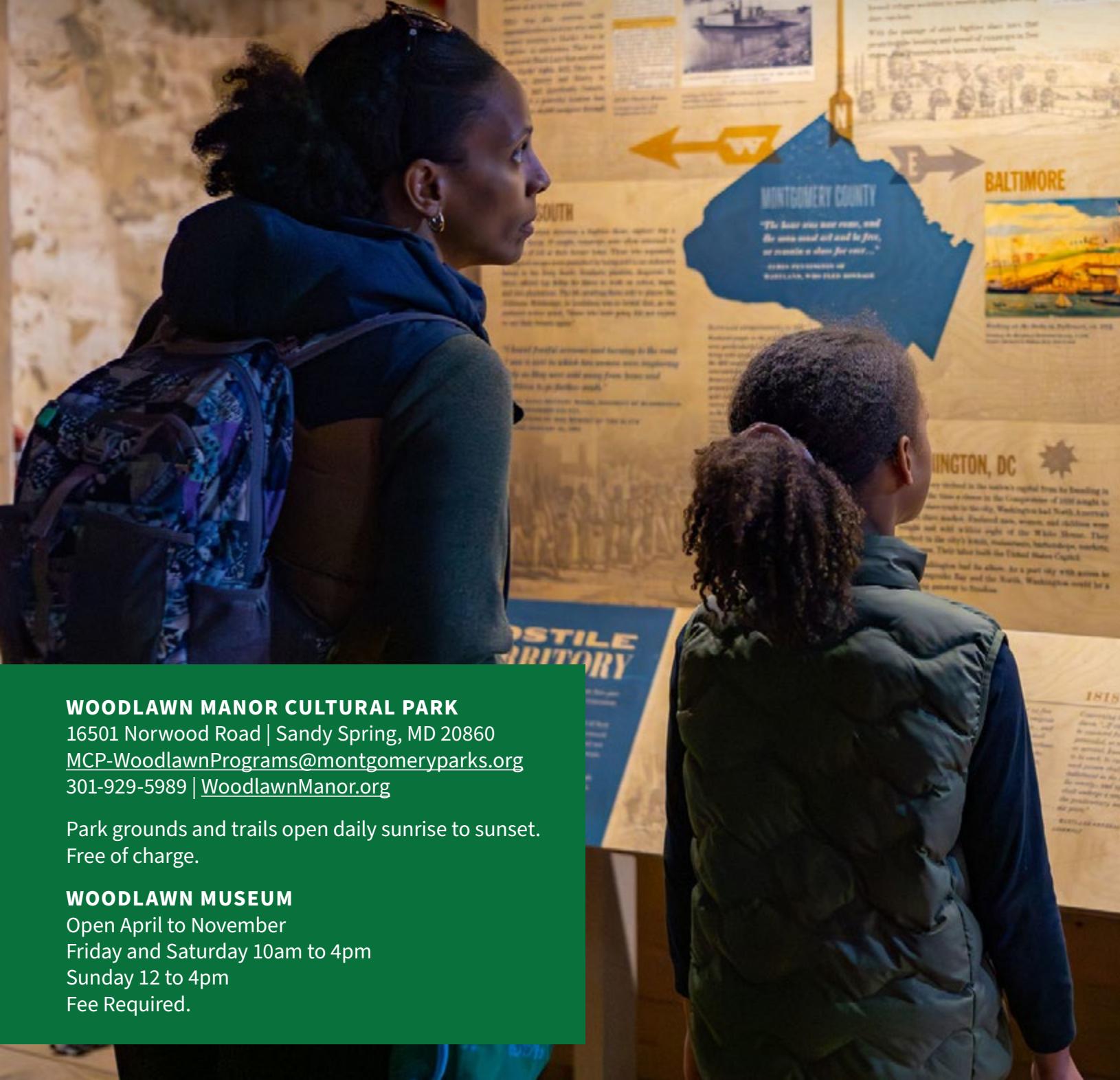
OAKLEY CABIN AFRICAN AMERICAN MUSEUM & PARK
3610 Brookeville Road | Olney, MD 20832
301-650-4373 | OakleyCabin.org



WOODLAWN MANOR CULTURAL PARK



WOODLAWN MANOR
CULTURAL PARK



WOODLAWN MANOR CULTURAL PARK

16501 Norwood Road | Sandy Spring, MD 20860
MCP-WoodlawnPrograms@montgomeryparks.org
301-929-5989 | WoodlawnManor.org

Park grounds and trails open daily sunrise to sunset.
Free of charge.

WOODLAWN MUSEUM

Open April to November
Friday and Saturday 10am to 4pm
Sunday 12 to 4pm
Fee Required.

SPECIAL EVENTS

Spring Break for History

The kids may be out of school but continue the learning experience with special spring break hours at Woodlawn Manor Cultural Park this week! Woodlawn Museum: Open Special Hours (Thu) April 2, 10am to 4pm. Admission: \$7 adults, \$6 seniors and children, children 5 and under free. Tickets sold at Visitor Center. Special Guided Hike on Underground Railroad Experience Trail will be offered April 3 and April 4 at 10 am. Separate registration and admission are required. See Guided Hike program listing on [page 31](#) for more details.

Woodlawn Manor Cultural Park

| | | | |
|------------|------------|-------------|----------|
| Apr 2 to 4 | Thu to Sat | 10am to 4pm | All Ages |
|------------|------------|-------------|----------|

Tea at Woodlawn Manor - Women's History Month

Woodlawn Manor Cultural Park invites you to an educational tea party! Enjoy a traditional Afternoon Tea in the parlor of Woodlawn Manor. Clarksville Caterers has crafted a menu featuring English Tea sandwiches, assorted pastries, and fresh fruit. As you sip on a special Woodlawn Blend of tea, learn about the female figures of Woodlawn and the Underground Railroad through a lecture by Education Program Manager, Christian Murgia. Appropriate for ages 12 and up. Manor House doors open at 1:45pm. Part of a quarterly series. Admission: \$55 per person, advance registration required at www.ActiveMontgomery.org. Registration closes Friday, February 27 at 5pm. For more information call (301) 929-5989, or email MCP-WoodlawnPrograms@MontgomeryParks.org

Woodlawn Manor Cultural Park

| | | | | | |
|--------|-----|----------|----------------|------|----------------------------------|
| Mar 14 | Sat | 2 to 4pm | Ages 12 and up | \$55 | Purchase Tickets |
|--------|-----|----------|----------------|------|----------------------------------|

Tea at Woodlawn Manor - Mother's Day

Woodlawn Manor Cultural Park invites you to an educational tea party! Enjoy a traditional Afternoon Tea in the parlor of Woodlawn Manor. Clarksville Caterers has crafted a menu featuring English Tea sandwiches, assorted pastries, and fresh fruit. As you sip on a special Woodlawn Blend of tea, make your own flower bouquet, and craft Mother's Day cards to take home! Appropriate for ages 12 and up. Manor House doors open at 1:45pm. Admission: \$55 per person, advance registration required at www.ActiveMontgomery.org. Registration closes Friday, April 24 at 5pm. For more information call (301) 929-5989, or email MCP-WoodlawnPrograms@MontgomeryParks.org

Woodlawn Manor Cultural Park

| | | | | | |
|-------|-----|----------|----------------|------|----------------------------------|
| May 9 | Sat | 2 to 4pm | Ages 12 and up | \$55 | Purchase Tickets |
|-------|-----|----------|----------------|------|----------------------------------|



WOODLAWN MANOR CULTURAL PARK

Women of Woodlawn Walking Tour

In celebration of Women's History Month, this special "Women of Woodlawn" tour will explore societal norms of women from the early 1800s to the 1970s and provide a rare glimpse of original 19th century documents not normally on display. The guided tour includes interior and exterior spaces, including optional spaces that are not ADA accessible. Tours are available at 1pm and 3pm and are approximately 45 minutes. Appropriate for ages 12 and up. Guests must check in at the Visitor Center. Admission, \$5 per person. Advanced registration highly recommended at www.ActiveMontgomery.org. Advanced registration closes Wednesday, March 25 at 5pm. Limited tickets will be available to purchase the day-of at the Visitor Center.

Woodlawn Manor Cultural Park

| | | | | | |
|--------|-----|-------------|----------------|-----|----------------------------------|
| Mar 28 | Sat | 1 to 1:45pm | Ages 12 and up | \$5 | Purchase Tickets |
| Mar 28 | Sat | 3 to 3:45pm | Ages 12 and up | \$5 | Purchase Tickets |

HIKES

Guided Hikes on the Underground Railroad Experience Trail

Learn about the experience of 19th century freedom seekers and Montgomery County residents in a guided hike of the Underground Railroad Experience Trail. Discover techniques used for navigation, eluding detection, and finding food/shelter on the perilous journey. Hike covers 2 miles on a natural surface hiking trail; not ADA accessible or appropriate for all strollers. Dress appropriately. Content appropriate for ages 7 and up; fee charged for ages 6 and up. Advanced registration highly encouraged. Online ticket sales close day before hike at 12 noon. Limited tickets sold day-of at the Visitor Center.

Woodlawn Manor Cultural Park

| | | | | | |
|--------|-----|---------------|---------------|----------|----------------------------------|
| Apr 3 | Sat | 10 to 11:30am | Ages 6 and up | \$8-\$10 | Purchase Tickets |
| Apr 4 | Sat | 10 to 11:30am | Ages 6 and up | \$8-\$10 | Purchase Tickets |
| Apr 18 | Sat | 10 to 11:30am | Ages 6 and up | \$8-\$10 | Purchase Tickets |
| May 2 | Sat | 10 to 11:30am | Ages 6 and up | \$8-\$10 | Purchase Tickets |
| May 16 | Sat | 10 to 11:30am | Ages 6 and up | \$8-\$10 | Purchase Tickets |

Twilight Treks

Learn historical context and techniques used to navigate the way North to freedom including the challenges and opportunities nighttime travel presented. Traverse the trail with the help of stars and moonlight while learning which plants were helpful along the journey. Participants are highly encouraged to bring a flashlight and wear light colored or reflective clothing. Woodlawn Museum admission included; please arrive 30 minutes prior to the start of the hike to explore the museum. Hike covers approx. 2 miles and lasts 1 ½ hours. The trail is not ADA accessible and too difficult for strollers. Appropriate for ages 15 and up. Twilight Treks are held the last Saturday of the month, May through October, at sunset. Admission: \$10 for adults, \$8 for seniors and children. Advanced registration required by 5 pm Wednesday before hike. For more information call (301) 929-5989, or email MCP-WoodlawnPrograms@MontgomeryParks.org.

Woodlawn Manor Cultural Park

| | | | | | |
|--------|-----|-------------|----------------|----------|----------------------------------|
| May 30 | Sat | 7 to 8:30pm | Ages 15 and up | \$8-\$10 | Purchase Tickets |
|--------|-----|-------------|----------------|----------|----------------------------------|

WOODLAWN MANOR CULTURAL PARK

WOODLAWN MUSEUM

Self-guided exhibits illustrate Montgomery County's agricultural history, enslaved and free black communities, the Quaker experience and the Underground Railroad.

Open April to November
Friday and Saturday: 10 am to 4 pm;
Sunday: 12 to 4 pm
Closed Sunday, April 5
\$7 adults, \$6 children/seniors
Free for ages 5 and under
Tickets sold at Visitor Center



Woodlawn Manor House

Take a guided tour of the 19th century Woodlawn Manor House and learn about the Palmer family that oversaw the farm for nearly 100 years. Learn about the grounds and historic outbuildings and the role they played in this successful farm.

Tour includes indoor and outdoor spaces, including optional spaces that are not ADA accessible.

Open April to November by guided tour only.
Tours offered Saturdays, 11 am and 2 pm; Sundays, 1 pm.
(Closed Sunday, April 5)
Tour length 45 minutes.

\$5 per person. Tickets sold at Visitor Center.

WOODLAWN MANOR CULTURAL PARK

16501 Norwood Road | Sandy Spring, MD 20860
MCP-WoodlawnPrograms@montgomeryparks.org
301-929-5989 | WoodlawnManor.org



WOODLAWN MANOR
CULTURAL PARK



Every park has a past— and a story worth sharing.

The **Remarkable Montgomery: Untold Stories** program collaborates with communities to share stories of the county's rich and diverse history. Ensuring all voices are heard and every story told honors the past, celebrates communities, and deepens connections to beloved places.

Walk & Talk: Queer History & Ecology

Sunday, May 17 | 6:30 to 8:30pm
Sligo Avenue Neighborhood Park

Among the tree-lined streets and park trails of Takoma Park are queer histories and ecologies waiting to be discovered. During a two-mile walk, you'll learn about significant local events and people who made an impact on LGBTQ+ culture and history. We'll also consider our queer animal neighbors as we dive into the budding field of queer ecology. This program involves a two-mile walk on sidewalks, neighborhood streets, paved parks trails, and some grass. There are gradual, yet moderate inclines along the route. Children under 16 must be accompanied by an adult.

Ages 13 and up: \$10 per person

Register on [ActiveMontgomery.org](https://www.ActiveMontgomery.org)

Activity Number: [PARCH0009-100001](#)



Zelma Smith's class at Norbeck Elementary School



Ms. Hopkins at bat for the Emory Grove All-Stars softball team, ca. 1975



Senior Girl Scouts at Rockwood

Photo credits: (top to bottom) Courtesy Nina H. Clarke and Lillian B. Brown; Photo by Michael Johnson; Courtesy Marler Studio

Explore Untold Stories online.
MontgomeryParks.org/UntoldStories



PARK ACADEMY SERIES



FITNESS

Rise & Shine Flow Yoga

Rise & Shine Flow Yoga is intended to gently wake up the body and mind, and set yourself up for a positive day ahead. These classes combine breathwork, movement, and mindful sequences to build strength, flexibility, and balance, which promotes both physical and mental well-being. Options will be offered in poses, enabling individuals of varying abilities to create a yoga practice that is accessible and safe.

Tilden Woods Local Park

[Click to Register](#)

| | | | | | | |
|-----------------|-----|----------------|----------------|-------|------------|----------------------------------|
| Mar 3 to May 26 | Tue | 8:45 to 9:45am | Ages 18 and up | \$108 | 12 classes | PPACT0028-100001 |
|-----------------|-----|----------------|----------------|-------|------------|----------------------------------|

Kensington Cabin Local Park

[Click to Register](#)

| | | | | | | |
|-----------------|-----|----------------|----------------|-------|------------|----------------------------------|
| Mar 4 to May 27 | Wed | 8:30 to 9:30am | Ages 18 and up | \$108 | 12 classes | PPACT0028-100002 |
|-----------------|-----|----------------|----------------|-------|------------|----------------------------------|

55+ Yoga for Strength and Vitality

Focusing on building strength and flexibility to promote healthy aging for ages 55 and up. This class is mat-based, but will have chairs available to modify poses and make the practice accessible to most levels.

Tilden Woods Local Park

[Click to Register](#)

| | | | | | | |
|-----------------|-----|------------|----------------|-------|------------|----------------------------------|
| Mar 3 to May 26 | Tue | 10 to 11am | Ages 55 and up | \$108 | 12 classes | PPACT0017-100001 |
|-----------------|-----|------------|----------------|-------|------------|----------------------------------|

| | | | | | | |
|------------------|-----|------------|----------------|------|------------|----------------------------------|
| Mar 12 to May 28 | Thu | 10 to 11am | Ages 55 and up | \$90 | 10 classes | PPACT0017-100002 |
|------------------|-----|------------|----------------|------|------------|----------------------------------|

| | | | | | | |
|------------------|-----|------------------|----------------|------|------------|----------------------------------|
| Mar 14 to May 30 | Sat | 10:30 to 11:30am | Ages 55 and up | \$90 | 10 classes | PPACT0017-100004 |
|------------------|-----|------------------|----------------|------|------------|----------------------------------|

Kensington Cabin Local Park

[Click to Register](#)

| | | | | | | |
|------------------|-----|--------------------|----------------|------|------------|----------------------------------|
| Mar 12 to May 28 | Thu | 11:30am to 12:30pm | Ages 55 and up | \$90 | 10 classes | PPACT0017-100003 |
|------------------|-----|--------------------|----------------|------|------------|----------------------------------|

PARK ACADEMY SERIES

Toddler and You Yoga

Dance, sing and frolic with your toddler while learning yoga poses, participating in creative movement and learning breathing exercises and other methods small children can use for self calming.

Tilden Woods Local Park

[Click to Register](#)

| | | | | | | |
|------------------|-----|--------------------|----------------------------|-------|------------|----------------------------------|
| Mar 12 to May 28 | Thu | 9 to 9:45am | Ages 2 to 5 plus one adult | \$120 | 10 classes | PPACT0006-100001 |
| Mar 14 to May 30 | Sat | 11:45am to 12:30pm | Ages 2 to 5 plus one adult | \$120 | 10 classes | PPACT0006-100002 |

Pilates Mat

A level 1 Pilates mat class taught following the traditional movements of Joseph Pilates, interspersed with contemporary movements. The emphasis is on core strengthening and toning.

Argyle Local Park

[Click to Register](#)

| | | | | | | |
|------------------|-----|---------------|----------------|------|-----------|----------------------------------|
| Mar 17 to May 12 | Tue | 10 to 10:45am | Ages 18 and up | \$80 | 8 classes | PPACT0022-100001 |
| Mar 26 to May 21 | Thu | 12 to 12:45pm | Ages 18 and up | \$80 | 8 classes | PPACT0022-100002 |

POUND Fitness

Unleash your inner Rockstar! POUND is a drumming-inspired cardio outdoor workout that uses Ripstix (lightly weighted drumsticks) to tone your body. Infused with Pilates based movements, strength training and plyometrics, you'll leave class feeling alive, confident and strong! It's a perfect way to destress after your day. Let's jam to the beat of good music, move your body, and have fun!

Southeast Olney Local Park

[Click to Register](#)

| | | | | | | |
|------------------|-----|---------------|----------------|------|-----------|----------------------------------|
| Mar 19 to Apr 30 | Thu | 11 to 11:45am | Ages 18 and up | \$54 | 6 classes | PPACT0004-100003 |
|------------------|-----|---------------|----------------|------|-----------|----------------------------------|

Jog to Yoga

Welcome spring with mindful movement and conditioning. This one-hour, midday class combines running fundamentals with yoga's restorative qualities to help you ease into a running routine with confidence. Drawing on the instructor's experience as a yoga teacher and running coach, each session will start with dynamic warm-up exercises, followed by a progressive sequence of walks/jogs around the local park and adjacent Rock Creek Park. Each class will conclude with a cool-down featuring gentle yoga postures designed to support mobility and ease tension. The class is perfect for anyone seeking to learn a more mindful approach to running that prioritizes proper conditioning and active recovery.

Meadowbrook Local Park

[Click to Register](#)

| | | | | | | |
|----------------|-----|-----------|----------------|------|-----------|----------------------------------|
| Apr 8 to May 6 | Wed | 12 to 1pm | Ages 18 and up | \$50 | 5 classes | PPACT0034-100001 |
|----------------|-----|-----------|----------------|------|-----------|----------------------------------|

DANCE

MitranDe Bhangra Dance

Bhangra is a vibrant and energetic folk dance that originated in the Punjab region of India. Originally performed to celebrate the harvest, Bhangra has evolved into a powerful form of expression, blending music, rhythm, and movement. Today, it's not only a cultural treasure—it's also an incredible way to stay active. With its high-energy-moves and upbeat music, Bhangra provides an excellent cardio workout, helps improve coordination, and uplifts your spirit. It's a dynamic art form that's both fun and easy to learn, making it perfect for all fitness levels and backgrounds. MitranDe Bhangra Dance class is passionate about sharing the joy and energy of Bhangra with everyone creating a welcoming, stress-free, and fun environment where people can learn, dance, and connect.

Clarksburg Neighborhood Park

[Click to Register](#)

| | | | | | | |
|-----------------|-----|----------|----------------|------|-----------|----------------------------------|
| Mar 3 to Apr 21 | Tue | 6 to 7pm | Ages 16 and up | \$80 | 8 classes | PPACT0033-100001 |
|-----------------|-----|----------|----------------|------|-----------|----------------------------------|

HORTICULTURE PROGRAMS

Canopy Connection for 55+

EmbARK on a tree climbing adventure into the treetops, reach out and touch the trees. Remember the days when climbing a tree was a form of exercise. Come climb a tree with the professionals and have fun again. This hands-on course offers a unique opportunity to learn the basics of ropes, how to tie basic knots, proper techniques to ascend ropes, and safety equipment used for tree climbing.

Clarksburg Neighborhood Park

[Click to Register](#)

| | | | | | | |
|--------|-----|-------------|----------------|------|---------|----------------------------------|
| May 15 | Fri | 9am to 12pm | Ages 55 and up | \$75 | 1 class | PPACT0013-100001 |
|--------|-----|-------------|----------------|------|---------|----------------------------------|

Canopy Connection for Teens

EmbARK on a tree climbing adventure into the treetops, reach out and touch the trees. This hands-on course for teens offers a unique opportunity to learn the basics of ropes, how to tie basic knots, proper techniques to ascend ropes, and safety equipment used for tree climbing.

Clarksburg Neighborhood Park

[Click to Register](#)

| | | | | | | |
|--------|-----|-------------|---------------|------|---------|----------------------------------|
| Apr 17 | Fri | 9am to 12pm | Ages 14 to 18 | \$20 | 1 class | PPACT0014-100001 |
|--------|-----|-------------|---------------|------|---------|----------------------------------|



55+ PROGRAMS



Montgomery Parks 55+ programs are designed with the growing population of older adults in mind. Try something new in one of our beautiful park locations.

Visit MoCoParks.org/55andbetter for a complete list of programs.



PROGRAMS FOR ADULTS 55 AND UP

Socials for 55+: Seed Starting and Culinary Herbs

Socials for 55+ is a program tailored for individuals aged 55+. Grow your green thumb and your social circle! Participants will plant easy culinary herbs, learn simple care tips, and explore fun ways to use fresh herbs at home. The goal of this program is to build confidence in gardening while fostering social connection and wellness. A detailed reminder will be sent the week of the program.

Meadowbrook Local Park

[Click to Register](#)

| | | | | | | |
|--------|-----|-----------------|----------------|-----|---------|----------------------------------|
| Mar 13 | Fri | 10:30am to 12pm | Ages 55 and up | \$6 | 1 class | PPACC0002-100010 |
|--------|-----|-----------------|----------------|-----|---------|----------------------------------|

Socials for 55+: Solar Printing

Socials for 55+ is a program tailored for individuals aged 55+. Enjoy a creative afternoon using sunlight to make beautiful botanical prints. Participants will arrange natural materials, prepare sun-sensitive paper or fabric, and watch their designs develop as they soak up the sun. The goal of this program is to spark creativity while fostering social connection and a sense of relaxation. A detailed reminder will be sent the week of the program.

Meadowbrook Local Park

[Click to Register](#)

| | | | | | | |
|-------|-----|-----------------|----------------|-----|---------|----------------------------------|
| May 8 | Fri | 10:30am to 12pm | Ages 55 and up | \$6 | 1 class | PPACC0002-100011 |
|-------|-----|-----------------|----------------|-----|---------|----------------------------------|

55+ PROGRAMS

Nature Book Club

Join our 55+ Nature Book Club and become part of a community that celebrates the beauty of literature and the outdoors! Explore a range of books centered around nature, wildlife, conservation, and environmental issues. Please complete membership registration to stay updated on the meeting schedule, book information, and club announcements. Each month, our members vote on the next book to read, ensuring a diverse and engaging reading list.

Sligo Dennis Avenue Local Park

| | | | | | |
|----------------|------|-------------|----------------|------|-----------------------------------|
| Mar 17 | Tues | 6 to 7:30pm | Ages 55 and up | Free | Click to Register |
| <i>Virtual</i> | | | | | |
| Apr 21 | Tues | 6 to 7:30pm | Ages 55 and up | Free | Click to Register |
| May 19 | Tues | 6 to 7:30pm | Ages 55 and up | Free | Click to Register |

55+ Kayaking for Beginners

Kayaking is even more fun than it looks, plus it has numerous health and physical benefits! Come learn how to paddle on flat water in recreational solo kayaks on Little Seneca Lake. Learn basic strokes, entries and exits, boat control, and more, taught by certified American Canoe Association instructors. You may get wet, so dress accordingly. All necessary equipment provided, and adaptive equipment will be available for those needing assistance getting in and out of the kayak. Please wear a hat, water sandals or shoes (no flip-flops, please) and bring water and sunscreen. Expect to get your feet wet and your clothes a bit damp. You must be able to swim. Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required.

Black Hill Discovery Center

[Click to Register](#)

| | | | | | | |
|--------|-----|-----------|----------------|------|---------|----------------------------------|
| May 5 | Tue | 3 to 5pm | Ages 55 and up | \$60 | 1 class | PPACC0010-100001 |
| May 10 | Sun | 12 to 2pm | Ages 55 and up | \$60 | 1 class | PPACC0010-100002 |
| May 19 | Tue | 3 to 5pm | Ages 55 and up | \$60 | 1 class | PPACC0010-100003 |

55+ Lake Tour by Kayak

Want to watch wildlife or just enjoy a peaceful paddle? Then join us for a leisurely kayak tour of Little Seneca Lake. We could see beaver, herons, maybe even a bald eagle. We'll supply boats, paddles, and PFD's. Adaptive equipment will be available to assist participants in getting in and out of the kayak. Please wear a hat, water sandals or shoes (no flip-flops, please) and bring water and sunscreen. You can expect to get your feet wet and your clothes a bit damp. Basic paddling experience is necessary (this is not a lesson). Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required.

Black Hill Discovery Center

[Click to Register](#)

| | | | | | | |
|--------|-----|----------|----------------|------|---------|----------------------------------|
| May 24 | Sun | 3 to 5pm | Ages 55 and up | \$30 | 1 class | PPACC0009-100001 |
|--------|-----|----------|----------------|------|---------|----------------------------------|

View additional programs for Adults 55 and up throughout the guide:

- **55+ Yoga for Strength and Vitality** - [Page 34](#)
- **Afternoon on the Pontoon at Black Hill Regional Park** - [Page 67](#)
- **Hikes to Parks Unknown** - [Page 94](#)
- **Mindfulness Walk** - [Page 80](#)
- **Roots to Rocks for 55+** - [Page 111](#)

ADAPTIVE PROGRAMS



Fun and inclusive programs tailored for individuals with disabilities and their community, aiming to increase leisure skills, foster independence, and encourage social connections.



MOUNTAIN BIKING

Montgomery Parks Program Access Office is proud to partner with our Natural Surface Trails team, Catalyst Sports, and Mid-Atlantic Off Road Enthusiasts to provide community members with disabilities the opportunity to experience mountain biking.

Our programs are designed for:

- First-time riders who want to learn the sport
- Returning riders looking to build skills and confidence
- Experienced riders ready to tackle longer and more technical trails

Please review each program description carefully to select the one that best matches your experience and skill level. For questions, contact our Inclusion & Adaptive Sports Specialist

Adaptive Mountain Biking Clinic

All experience levels are welcome to join Montgomery Parks, Catalyst Sports and the Mid-Atlantic Off Road Enthusiasts to take part in the thrill of mountain biking. A variety of adaptive mountain bikes will be available for participants with disabilities to borrow, ensuring you have the right equipment to fit your needs. Detailed information about available bikes, eligibility requirements, and trails at Wheaton Regional Park will be provided upon registration and on our event webpage. Each 90-minute session will include transfer and bike fitting, instruction on the bike, and time to ride the trails. Volunteer ride leaders and support riders will guide participants on the trails and help ensure a safe ride. Sign up for your preferred session time, 10:30AM-12:00PM or 1:00PM- 2:30PM, during registration. We will confirm your time slot based on bike availability. Participants must complete an adaptive sports intake form and consultation before attending. Registration is required.

Wheaton Regional Park

[Click to Register](#)

Mar 28

Sat

10:30am to 2:30pm

Ages 16 and up

Free

1 class

[PPACC0019-100001](#)

ADAPTIVE PROGRAMS

Adaptive Mountain Biking Roots to Rocks Group Ride

Returning riders seeking to build skills and confidence are welcome to join our beginner-friendly Adaptive Mountain Biking Roots-to-Rocks Group Ride, part of Montgomery Parks' Roots-to-Rocks mountain biking program. This family-friendly, "party pace" ride is designed to be safe, inclusive, and enjoyable for all participants. Riders will be accompanied by volunteer support riders to ensure a positive experience on rides averaging 5 miles. Participants can sign up to ride our Lasher Recumbent Handcycle or TerraTrike Recumbent Foot-Pedal Trike, depending on which bike best fits their needs. Registration is required. Two adaptive bikes are available:

Lasher Recumbent Handcycle: An all-terrain handcycle designed for comfort and control, featuring adjustable seat settings, hand-operated braking, steering, and propulsion, with power assist for challenging terrain. This bike is suitable for riders with grip strength to use a hand brake, and transfers require some lower limb flexibility. The riding position is seated, recumbent, and low, offering a stable and enjoyable ride for all skill levels.

TerraTrike All Terrain with Power Assist: A foot-pedaled e-assist recumbent bike designed for trail riding in a seated position. It features a wide range of gears and power assist to handle hills, with a wide track for added balance. This bike is suitable for riders who can pedal but require the stability and seating position of a recumbent trike. Grip strength is needed to operate the brakes.

| <i>Wheaton Regional Park</i> | | | | | | Click to Register |
|--|-----|--------------|----------------|------|---------|-----------------------------------|
| Apr 3 | Fri | 5 to 7pm | Ages 16 and up | Free | 1 class | PPACC0012-100001 |
| <i>Oak Ridge Conservation Park</i> | | | | | | Click to Register |
| Apr 19 | Sun | 10am to 12pm | Ages 16 and up | Free | 1 class | PPACC0012-100002 |
| <i>Great Seneca Stream Valley Park</i> | | | | | | Click to Register |
| May 7 | Thu | 5 to 7pm | Ages 16 and up | Free | 1 class | PPACC0012-100003 |
| <i>Blockhouse Point Conservation Point</i> | | | | | | Click to Register |
| May 23 | Sat | 5 to 7pm | Ages 16 and up | Free | 1 class | PPACC0012-100004 |



Lasher Recumbent Handcycle



TerraTrike All Terrain with Power Assist

ADAPTIVE PROGRAMS

Adaptive Mountain Biking Group Ride

Experienced returning riders looking to tackle longer or more technical trails are welcome to join our Adaptive Mountain Biking Group Rides. These monthly rides, offered in partnership with Catalyst Sports and the Mid-Atlantic Off Road Enthusiasts, provide opportunities for fun, social rides for both adaptive athletes and mountain biking volunteers. Multiple pace groups may be offered, with rides averaging 8–10 miles. Riders will be accompanied by volunteer ride leaders and support riders to ensure a safe and supportive experience. Information about available handcycle, foot-pedal, and prone bikes can be found on the program webpage. Bike assignments are based on availability on a first-come, first-served basis. Registration is required.

| | | | | | | |
|--|-----|-------------|----------------|------|---------|-----------------------------------|
| Little Bennett Regional Park | | | | | | Click to Register |
| Apr 17 | Fri | 5:30 to 7pm | Ages 16 and up | Free | 1 class | PPACC0026-100001 |
| Fairland Recreational Park | | | | | | Click to Register |
| May 22 | Fri | 5:30 to 7pm | Ages 16 and up | Free | 1 class | PPACC0026-100002 |

KAYAKING

Adaptive Kayaking Clinic

Participants with disabilities are welcome to join our Adaptive Kayaking Clinic on the calm, flat waters of Seneca Creek and the Potomac River. Offered in partnership with Team River Runner, the program provides supportive and adaptive equipment such as transfer benches, hand and wrist supports, stabilizing outriggers, and supportive seating systems to enhance access and comfort for participants who benefit from physical supports. Certified instructors, trained volunteers, and staff ensure a safe and enjoyable experience. Each registered participant can bring one guest by answering the custom question during registration. Participants must complete an adaptive sports intake form and consultation before attending. All essential gear, including PFDs and paddles, are provided. Registration is required.

| | | | | | | |
|---|-----|-------------|----------------|------|---------|-----------------------------------|
| Seneca Landing Special Park | | | | | | Click to Register |
| Apr 29 | Wed | 5:30 to 7pm | Ages 16 and up | Free | 1 class | PPACC0005-100001 |
| May 20 | Wed | 5:30 to 7pm | Ages 16 and up | Free | 1 class | PPACC0005-100002 |



MEANINGFUL DAY

Montgomery Parks' Meaningful Day programs offer adults with intellectual and developmental disabilities free opportunities to stay active and connect with the community while enjoying the great outdoors.

Meaningful Day: Campfire Chats

Gather around the fire for conversation. Campfire Chats is a therapeutic recreation program for adults with intellectual and developmental disabilities, friends, family, and community members that blends the warmth of nature with supportive social engagement. Each session features open dialogue, reflective prompts, creative expression, and mindful moments—all in a relaxed, inclusive outdoor setting. Smores and stories encouraged! Objective: Improve self-esteem, social skills, and wellness. Registration is required.

Maydale Nature Classroom

[Click to Register](#)

The Beginning of Spring

| | | | | | | |
|--------|-----|-----------------|----------------|------|---------|----------------------------------|
| Mar 25 | Wed | 10:30am to 12pm | Ages 18 and up | Free | 1 class | PPACC0020-100001 |
|--------|-----|-----------------|----------------|------|---------|----------------------------------|

Identifying Flowers and Trees

| | | | | | | |
|--------|-----|-----------------|----------------|------|---------|----------------------------------|
| Apr 29 | Wed | 10:30am to 12pm | Ages 18 and up | Free | 1 class | PPACC0020-100002 |
|--------|-----|-----------------|----------------|------|---------|----------------------------------|

Unfurling Ferns

| | | | | | | |
|--------|-----|-----------------|----------------|------|---------|----------------------------------|
| May 20 | Wed | 10:30am to 12pm | Ages 18 and up | Free | 1 class | PPACC0020-100003 |
|--------|-----|-----------------|----------------|------|---------|----------------------------------|

Meaningful Day: Therapeutic Recreation Bocce

Join Program Access and Special Olympics MD for a 6-week bocce league at Wheaton Regional Park! Up the course of the program, participants with intellectual and developmental disabilities will have the opportunity to learn the game, build social skills, and improve their personal fitness. On the last day, we will celebrate participants with an award ceremony. Registration for the whole series is required. Objective: Participants will improve fine motor skills, physical fitness, and team building skills. Registration for the full series is required. Please bring a reusable water bottle with you. Registration for the full series is required.

Wheaton Regional Park

[Click to Register](#)

| | | | | | | |
|-----------------|-----|-----------------|----------------|------|-----------|----------------------------------|
| Apr 30 to Jun 4 | Thu | 10:30am to 12pm | Ages 18 and up | Free | 6 classes | PPACC0015-100001 |
|-----------------|-----|-----------------|----------------|------|-----------|----------------------------------|

Meaningful Day: Trail Trekkers

Join Trail Trekkers, an inclusive walking program for individuals with disabilities, their friends, family, and community members. Explore accessible trails in Wheaton Regional Park alongside a Master Naturalist. Share conversations, make new friends, and have fun while staying active outdoors. Registration required. A detailed email will be sent the week of the program as a reminder.

Wheaton Regional Park

[Click to Register](#)

| | | | | | | |
|------------------|-----|------------------|----------------|------|-----------|----------------------------------|
| Mar 24 to Apr 28 | Tue | 10:30 to 11:30am | Ages 18 and up | Free | 6 classes | PPACC0014-100002 |
|------------------|-----|------------------|----------------|------|-----------|----------------------------------|

THERAPEUTIC RECREATION

Meaningful Day: Therapeutic Recreation Kayaking Lesson

Join our Therapeutic Recreation Kayaking Lesson for adults with intellectual and developmental disabilities for a fun and inclusive learning experience on the calm waters of Little Seneca Lake. These lessons are designed for first-time kayakers or participants looking to build skills and confidence, with instruction focused on developing the skills needed to kayak independently. Certified instructors, trained volunteers, and staff will ensure a safe and enjoyable program. Each registered participant can bring one companion with them by answering the custom question during registration. Participants must complete an adaptive sports intake form and consultation before attending. All necessary equipment, including PFDs and paddles, is provided. Registration is required.

Black Hill Discovery Center

[Click to Register](#)

| | | | | | | |
|--------|-----|--------------|----------------|------|---------|----------------------------------|
| May 6 | Wed | 10am to 12pm | Ages 18 and up | Free | 1 class | PPACC0013-100001 |
| May 13 | Wed | 10am to 12pm | Ages 18 and up | Free | 1 class | PPACC0013-100002 |

Meaningful Day: Therapeutic Recreation Kayaking Tour

Returning participants with intellectual and developmental disabilities who are ready to use their kayaking skills to explore the calm waters of Little Seneca Lake are welcome to sign up for our Therapeutic Recreation Kayaking Tour. Participants will enjoy a guided tour, paddling longer distances with breaks to observe wildlife along the way. Certified instructors, trained volunteers, and staff will lead and support participants to ensure a safe and enjoyable experience. Each registered participant can bring one companion by answering the custom question during registration. All necessary equipment, including PFDs and paddles, is provided. Registration is required.

Black Hill Discovery Center

[Click to Register](#)

| | | | | | | |
|--------|-----|--------------|----------------|------|---------|----------------------------------|
| May 26 | Tue | 10am to 12pm | Ages 18 and up | Free | 1 class | PPACC0025-100001 |
|--------|-----|--------------|----------------|------|---------|----------------------------------|

Veterans Gardening Club

The Veterans Gardening Club offers a welcoming space for veterans to build basic gardening skills while connecting with peers through shared experiences. Participants will work with herbs and small produce using hands-on, beginner-friendly activities that encourage learning, conversation, and teamwork. The program focuses on skill-building, social connection, and well-being in a relaxed, supportive environment. Program meets every other week on Mondays (March 30, April 13, April 27, and May 11). Registration required.

Maydale Nature Classroom

[Click to Register](#)

| | | | | | | |
|------------------|-----|-------------|----------------|------|-----------|----------------------------------|
| Mar 30 to May 11 | Mon | 4 to 5:30pm | Ages 18 and up | Free | 7 classes | PPACC0024-100001 |
|------------------|-----|-------------|----------------|------|-----------|----------------------------------|

View additional Therapeutic Recreation Programs throughout the guide:

- **Adaptive Recreation – Gardening 101** - [Page 75](#)
- **Inclusive Sensory Saturday** - [Page 18](#)



BROOKSIDE GARDENS

1800 Glenallan Avenue | Wheaton, MD 20902
301-962-1400
BrooksideGardens.org

SPECIAL EVENTS

DC Environmental Film Festival – Screening & Panel Discussion

Brookside Gardens and the DC Environmental Film Festival present a screening of *Gardening for the Planet*, a documentary showcasing the power of native plant gardening to combat biodiversity loss and climate change. Stay for a panel of regional experts discussing native plant choices, sustainability, and conservation, and learn how you can make a difference right in your own backyard. Registration required.

Brookside Gardens

[Click to Register](#)

Apr 9

Thu

6:30 to 8:15pm

All ages

Free

1 class

[PBG0134-100001](#)

Brookside Gardens and Friends of Brookside Gardens Plant Sale

Get a head start on spring gardening! You'll appreciate the high-quality perennials, shrubs, and small trees grown at Montgomery Parks' Pope Farm and local nurseries. Enjoy a wide selection of plants, including native ecotypes, and get expert advice from staff horticulturalists. Proceeds support ongoing efforts to beautify Brookside Gardens.

Brookside Gardens

Apr 19

Sun

10am to 12pm

Earth Day

Celebrate Earth Day at Brookside Gardens on April 26 with activities geared toward children and their families. Explore the science and art of sustainability through child-driven projects, plantings, and crafts. Registration is encouraged but not required.

Brookside Gardens

[Click to Register](#)

Apr 26

Sun

10am to 2pm

All Ages

Free

[PBG0128-100003](#)



EARLY CHILDHOOD AND PRESCHOOL**Yoga Sprouts**

Bring your little ones to this series of fun, garden-related yoga movement classes. Physical exercise and mindfulness will awaken your senses, boost your energy, and give you good garden vibes to start your day. Classes are outdoors and either moved indoors or canceled in cases of inclement weather. Bring your own mat or borrow one of ours. Adults must accompany children. Meet at the South Terrace before walking with the instructor to the outdoor class location in the Woodland Glen.

| <i>Brookside Gardens</i> | | | | | | | Click to Register |
|--------------------------|-----|---------------|-------------|-----|---------|--------------------------------|-----------------------------------|
| Apr 18 | Sat | 10 to 10:45am | Ages 3 to 9 | \$7 | 1 class | PBG0078-100025 | |
| May 2 | Sat | 10 to 10:45am | Ages 3 to 9 | \$7 | 1 class | PBG0078-100026 | |
| May 9 | Sat | 10 to 10:45am | Ages 3 to 9 | \$7 | 1 class | PBG0078-100027 | |
| May 16 | Sat | 10 to 10:45am | Ages 3 to 9 | \$7 | 1 class | PBG0078-100028 | |
| May 23 | Sat | 10 to 10:45am | Ages 3 to 9 | \$7 | 1 class | PBG0078-100029 | |
| May 30 | Sat | 10 to 10:45am | Ages 3 to 9 | \$7 | 1 class | PBG0078-100030 | |
| Jun 6 | Sat | 10 to 10:45am | Ages 3 to 9 | \$7 | 1 class | PBG0078-200006 | |

Storytime in the Garden

Join us for an interactive story time followed by an outdoor exploration or activity for children ages 3-7. Adults must accompany children. Meet in the Outdoor Classroom located in the Children's Garden area.

| <i>Brookside Gardens</i> | | | | | | | Click to Register |
|--------------------------|-----|---------------|-------------|-----|---------|--------------------------------|-----------------------------------|
| Mar 29 | Sun | 10 to 10:45am | Ages 3 to 7 | \$5 | 1 class | PBG0111-100014 | |
| Apr 12 | Sun | 10 to 10:45am | Ages 3 to 7 | \$5 | 1 class | PBG0111-100015 | |
| Apr 13 | Mon | 10 to 10:45am | Ages 3 to 7 | \$5 | 1 class | PBG0111-100016 | |
| Apr 20 | Mon | 10 to 10:45am | Ages 3 to 7 | \$5 | 1 class | PBG0111-100017 | |
| May 11 | Mon | 10 to 10:45am | Ages 3 to 7 | \$5 | 1 class | PBG0111-100018 | |
| May 17 | Sun | 10 to 10:45am | Ages 3 to 7 | \$5 | 1 class | PBG0111-100019 | |
| May 18 | Mon | 10 to 10:45am | Ages 3 to 7 | \$5 | 1 class | PBG0111-100020 | |
| Jun 14 | Sun | 10 to 10:45am | Ages 3 to 7 | \$5 | 1 class | PBG0111-200001 | |

YOUTH EDUCATION**Youth Nature Photography**

Take a closer look at the natural world through the lens of a camera in this beginner-friendly program. Learn tips and strategies for getting the most out of your outdoor photos and learn about nature along the way. Bring your camera (phone cameras count) or borrow one of ours. Meet in the Visitor Center and dress for the weather.

| <i>Brookside Gardens</i> | | | | | | Click to Register |
|--------------------------|-----|--------------|---------------|-----|---------|-----------------------------------|
| Mar 29 | Sun | 11am to 12pm | Ages 11 to 16 | \$7 | 1 class | PBG0174-100002 |
| May 31 | Sun | 11am to 12pm | Ages 11 to 16 | \$7 | 1 class | PBG0174-100003 |

Art Outside for Teens

A day off of school is the perfect time to come to the Gardens – join us for a full day of artistic fun for youth ages 11 to 14. Each session will include a variety of media and activities including nature photography, watercolor painting, and zine making. Bring a lunch and refillable water bottle. Required sign-in procedures and forms will be emailed to guardians prior to program start date. Please note: enrollment closes on the last business day before program date. Enrollment will close on Friday, 3/27 for the program on Monday, 3/30. Meet in the Children's Classrooms in the Visitor Center and dress for the weather.

| <i>Brookside Gardens</i> | | | | | | Click to Register |
|--------------------------|-----|---------------|---------------|------|---------|-----------------------------------|
| Mar 30 | Mon | 9am to 3:30pm | Ages 11 to 14 | \$45 | 1 class | PBG0194-100001 |
| Mar 31 | Tue | 9am to 3:30pm | Ages 11 to 14 | \$45 | 1 class | PBG0194-100002 |
| Apr 15 | Wed | 9am to 3:30pm | Ages 11 to 14 | \$45 | 1 class | PBG0194-100003 |

Birding in the Garden

Take a bird walk with an expert instructor and learn the basics of using binoculars, listening for bird calls, using field guides and digital tools, and looking carefully in all directions. Stop at the spots in the garden that are most attractive for local birds and learn more about them. Borrow a pair of our binoculars or bring your own (optional). Meet in the Visitor Center and dress for the weather.

| <i>Brookside Gardens</i> | | | | | | Click to Register |
|--------------------------|-----|-------------|--------------|-----|---------|-----------------------------------|
| Apr 12 | Sun | 9 to 9:45am | Ages 8 to 16 | \$7 | 1 class | PBG0173-100002 |
| May 17 | Sun | 9 to 9:45am | Ages 8 to 16 | \$7 | 1 class | PBG0173-100003 |
| Jun 14 | Sun | 9 to 9:45am | Ages 8 to 16 | \$7 | 1 class | PBG0173-200001 |

BROOKSIDE GARDENS

Green Careers Panel Discussion

Join us for a virtual panel discussion and hear from passionate individuals who support the environment through their careers. This virtual program is most applicable to high school and middle school students, but it will be engaging and useful for all! Get inspired by experts, hear their career journeys, and explore potential career fields that support sustainability, climate solutions, environmental science, conservation, and more. A free prize drawing will be held at the end of the program and participants will receive copies of the online resources shared by the panelists. Prior to the program, the webinar link and information needed to join the virtual panel discussion will be emailed to registered participants.

Brookside Gardens Virtual

[Click to Register](#)

Mar 4

Wed

6 to 7pm

Ages 8 to 18

Free

1 class

[PBG0214-100001](#)

Educator Workshop: Data and Art Together in the Classroom

If you are a middle or high school teacher looking for ways to integrate art and visualizations into your existing data-driven science curriculum, this is the workshop for you. This free, virtual professional development session is led by Jill Pelto, expert artist and science communicator. In addition to incorporating data directly into paintings to engage broad audiences using climate and conservation graphs, Jill's work is valuable to educators who want to maintain rigorous scientific standards in their classroom and empower students to tell their "data story" in an appealing way. She will provide useful tools, resources and ideas for how to use data-driven art projects with students tomorrow, either inside or out. This session is not for children; rather, it is a workshop for educators who routinely work with children. This session counts towards the professional development requirement for the MAEOE Green School Application.

Brookside Gardens Virtual

[Click to Register](#)

Mar 18

Wed

7 to 8pm

Ages 18 and up

Free

1 class

[PBG0215-100001](#)

HEALTH AND WELLNESS

Tai Chi at Brookside Gardens

Instructor: Charles Votaw

Tai Chi is an ancient, Chinese form of exercise perfect for adults seeking stress reduction while strengthening muscles, improving balance, and increasing flexibility. The Forms are repetitive patterns that emphasize slow, flowing motions and controlled movements. Classes will help beginners to learn the Forms while providing regular practitioners the guidance of an experienced instructor. Location: Brookside Gardens Visitor Center (March - April) or Japanese Tea House (May – August). FOBG \$12

Brookside Gardens

[Click to Register](#)

Mar 4

Wed

9:15 to 10:30am

Ages 18 and up

\$14

1 class

[PBG0029-100001](#)

Mar 11

Wed

9:15 to 10:30am

Ages 18 and up

\$14

1 class

[PBG0029-100002](#)

Mar 18

Wed

9:15 to 10:30am

Ages 18 and up

\$14

1 class

[PBG0029-100003](#)

Mar 25

Wed

9:15 to 10:30am

Ages 18 and up

\$14

1 class

[PBG0029-100004](#)

Apr 15

Wed

9:15 to 10:30am

Ages 18 and up

\$14

1 class

[PBG0029-100005](#)

BROOKSIDE GARDENS

Tai Chi at Brookside Gardens (continued)

| Brookside Gardens | | | | | | | Click to Register |
|-------------------|-----|-----------------|----------------|------|---------|--------------------------------|-------------------|
| Apr 22 | Wed | 9:15 to 10:30am | Ages 18 and up | \$14 | 1 class | PBG0029-100006 | |
| Apr 29 | Wed | 9:15 to 10:30am | Ages 18 and up | \$14 | 1 class | PBG0029-100007 | |
| May 6 | Wed | 9:15 to 10:30am | Ages 18 and up | \$14 | 1 class | PBG0029-100008 | |
| May 13 | Wed | 9:15 to 10:30am | Ages 18 and up | \$14 | 1 class | PBG0029-100009 | |
| May 20 | Wed | 9:15 to 10:30am | Ages 18 and up | \$14 | 1 class | PBG0029-100010 | |
| May 27 | Wed | 9:15 to 10:30am | Ages 18 and up | \$14 | 1 class | PBG0029-100011 | |

Gentle Yoga at Brookside Gardens

Instructor: Sherry Weber

These series of classes feature foundational yoga poses that are designed to support better breathing, walking, and space orientation. Yoga movements help build muscle, bone density and core strength while improving balance, posture, and flexibility. Mats are not included. Location: Brookside Gardens Visitor Center (March - April) or Japanese Tea House (May – August). FOBG \$12

| Brookside Gardens | | | | | | | Click to Register |
|-------------------|-----|------------|----------------|------|---------|--------------------------------|-------------------|
| Mar 5 | Thu | 10 to 11am | Ages 18 and up | \$14 | 1 class | PBG0030-100001 | |
| Mar 12 | Thu | 10 to 11am | Ages 18 and up | \$14 | 1 class | PBG0030-100002 | |
| Mar 19 | Thu | 10 to 11am | Ages 18 and up | \$14 | 1 class | PBG0030-100003 | |
| Mar 26 | Thu | 10 to 11am | Ages 18 and up | \$14 | 1 class | PBG0030-100004 | |
| Apr 2 | Thu | 10 to 11am | Ages 18 and up | \$14 | 1 class | PBG0030-100005 | |
| Apr 9 | Thu | 10 to 11am | Ages 18 and up | \$14 | 1 class | PBG0030-100006 | |
| Apr 16 | Thu | 10 to 11am | Ages 18 and up | \$14 | 1 class | PBG0030-100007 | |
| Apr 23 | Thu | 10 to 11am | Ages 18 and up | \$14 | 1 class | PBG0030-100008 | |
| Apr 30 | Thu | 10 to 11am | Ages 18 and up | \$14 | 1 class | PBG0030-100009 | |
| May 7 | Thu | 10 to 11am | Ages 18 and up | \$14 | 1 class | PBG0030-100010 | |
| May 14 | Thu | 10 to 11am | Ages 18 and up | \$14 | 1 class | PBG0030-100011 | |
| May 21 | Thu | 10 to 11am | Ages 18 and up | \$14 | 1 class | PBG0030-100012 | |
| May 28 | Thu | 10 to 11am | Ages 18 and up | \$14 | 1 class | PBG0030-100013 | |

BROOKSIDE GARDENS

Yoga at Brookside Gardens

Instructor: Tanory Ateek

For those who want to continue their practice throughout the colder months, we're bringing our popular Saturday yoga series indoors. Designed to increase flexibility and physical strength and to cultivate mental focus, these classes are a beautiful and relaxing way to begin your weekend. Mats are not included. Location: Brookside Gardens Visitor Center (March - April) or Japanese Tea House (May – August). FOBG \$12

| <i>Brookside Gardens</i> | | | | | | Click to Register |
|--------------------------|-----|-----------------|----------------|------|---------|-----------------------------------|
| Mar 7 | Sat | 9:30 to 10:30am | Ages 18 and up | \$14 | 1 class | PBG0031-100001 |
| Mar 14 | Sat | 9:30 to 10:30am | Ages 18 and up | \$14 | 1 class | PBG0031-100002 |
| Mar 21 | Sat | 9:30 to 10:30am | Ages 18 and up | \$14 | 1 class | PBG0031-100003 |
| Mar 28 | Sat | 9:30 to 10:30am | Ages 18 and up | \$14 | 1 class | PBG0031-100004 |
| Apr 4 | Sat | 9:30 to 10:30am | Ages 18 and up | \$14 | 1 class | PBG0031-100005 |
| Apr 11 | Sat | 9:30 to 10:30am | Ages 18 and up | \$14 | 1 class | PBG0031-100006 |
| Apr 18 | Sat | 9:30 to 10:30am | Ages 18 and up | \$14 | 1 class | PBG0031-100007 |
| Apr 25 | Sat | 9:30 to 10:30am | Ages 18 and up | \$14 | 1 class | PBG0031-100008 |
| May 2 | Sat | 9:30 to 10:30am | Ages 18 and up | \$14 | 1 class | PBG0031-100009 |
| May 9 | Sat | 9:30 to 10:30am | Ages 18 and up | \$14 | 1 class | PBG0031-100010 |
| May 16 | Sat | 9:30 to 10:30am | Ages 18 and up | \$14 | 1 class | PBG0031-100011 |
| May 23 | Sat | 9:30 to 10:30am | Ages 18 and up | \$14 | 1 class | PBG0031-100012 |
| May 30 | Sat | 9:30 to 10:30am | Ages 18 and up | \$14 | 1 class | PBG0031-100013 |

Guided Mindfulness Walks

Instructor: Tania Lanning, Integrative Wellness Therapist, MS LCPC

Enjoy a series of special walks and talks on mindfulness in nature. Each participant receives a small journal—dress for the weather to fully enjoy the experience. Sign up for one or all four sessions! FOBG \$25

| <i>Brookside Gardens</i> | | | | | | Click to Register |
|---|-----|--------------|----------------|------|---------|-----------------------------------|
| Walk 1: Connections in Nature | | | | | | |
| Mar 22 | Sun | 10am to 12pm | Ages 18 and up | \$28 | 1 class | PBG0108 100001 |
| Walk 2: Self Care in Nature | | | | | | |
| Mar 29 | Sun | 10am to 12pm | Ages 18 and up | \$28 | 1 class | PBG0109 100001 |
| Walk 3: Mindfulness and Family in Nature | | | | | | |
| Apr 3 | Fri | 10am to 12pm | All Ages | \$28 | 1 class | PBG0168 100001 |
| Walk 4: Mindfulness and Motherhood in Nature | | | | | | |
| May 22 | Fri | 10am to 12pm | All Ages | \$28 | 1 class | PBG0125 100001 |

Let Nature Be Your Superpower: Cultivating Resilience and Wisdom in Everyday Life

Speaker: Melanie Choukas-Bradley, Author, Naturalist, and Certified Nature and Forest Therapy Guide

These days it's easy to feel overwhelmed and disconnected. Yet when our lives feel fractured and our prospects uncertain, we can tap into a powerful source of wisdom and resilience: Nature. In this class you will learn how to strengthen and deepen your connection with Nature in everyday ways that will comfort and inspire. We'll explore how to tap into the interconnected relationships and extraordinary attributes of Nature's flora and fauna – and discover the many ways this can empower you. Our instructor will share lessons she has learned from her own Nature connections as well as the latest health research on the mental and physical benefits of spending time in Nature. Together as a class, we'll share our ideas and practices, collectively recognizing and celebrating what may be our greatest and most under-appreciated superpower: Nature. After the class discussion, we'll head outdoors for a guided exploration of the gardens and hands-on exercises that will deepen your connection with Nature. Melanie's books will be available for purchase, and she will be signing copies after the class. FOBG \$32

Brookside Gardens

[Click to Register](#)

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|--------|-----|--------------|----------------|------|---------|--------------------------------|
| Apr 12 | Sun | 10am to 12pm | Ages 18 and up | \$36 | 1 class | PBG0233-100001 |
|--------|-----|--------------|----------------|------|---------|--------------------------------|

Strolls for Well-Being

Soak up nature's healing wisdom in this evidence-based mindful walking program. Over eight weeks, take twelve self-guided garden walks using a custom guidebook with themed readings, poetry, and journaling prompts. Three group meetings provide materials and a chance to share insights. Especially helpful for those navigating stress, grief, or life transitions. Learn more: BrooksideGardens.org/wellness.

Brookside Gardens

[Click to Register](#)

| | | | | | | |
|------------------------|-----|-----------------|----------------|------|---------|--------------------------------|
| Apr 14, May 12, Jun 9 | Thu | 11am to 12:30pm | Ages 18 and up | \$75 | 1 class | PBG0033-100001 |
| Apr 15, May 13, Jun 10 | Wed | 11am to 12:30pm | Ages 18 and up | \$75 | 1 class | PBG0033-200001 |
| Apr 18, May 16, Jun 13 | Sat | 10 to 11:30am | Ages 18 and up | \$75 | 1 class | PBG0033-300001 |



Shinrin-yoku: The Art of Forest Bathing

Instructor: Ana Ka'ahanui, Certified Forest Therapy Guide

Connect with nature through a forest bathing walk among the beautiful springtime blossoms and newly leafing trees. Stroll the grounds and neighboring forest at a measured pace that allows you to notice the small miracles of nature unfolding. We'll close the walk by enjoying hot tea and healthy snacks.

About Forest Bathing: The Forest Agency of Japan began promoting forest bathing, or shinrin-yoku, in the 1980s as a response to the stresses of urban living and long work hours. This nature-oriented mindfulness practice, which is rooted in the traditional Japanese reverence for the natural world, has since become popular all up the world, bringing joy and improved mental and physical health to millions of people. Numerous health studies have confirmed forest bathing's benefits and doctors and nurses in our region are taking note. Many are prescribing "Nature" to their patients. **Location:** This in-person event meets at the Brookside Gardens Visitor Center Entrance located at 1800 Glenallan Avenue, Wheaton, MD 20902. FOBG \$30

Brookside Gardens

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|--------|-----|-----------------|----------------|------|---------|--------------------------------|
| May 3 | Sun | 10am to 12pm | Ages 18 and up | \$35 | 1 class | PBG0022-100001 |
| May 16 | Sat | 9:30 to 11:30am | Ages 18 and up | \$35 | 1 class | PBG0022-100002 |

Shinrin-yoku: Mobility Friendly Forest Bathing

Instructor: Ana Ka'ahanui, Certified Forest Therapy Guide

Experience the restorative power of nature on a gentle, shorter forest bathing walk designed for those with mobility support needs. Enjoy beautiful blossoms, remarkable trees, and rich fragrances at a comfortable pace with minimal walking. **Location:** This in-person event meets at the Brookside Gardens Visitor Center Entrance located at 1800 Glenallan Avenue, Wheaton, MD 20902. FOBG \$30

Brookside Gardens

[Click to Register](#)

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|--------|-----|---------------|----------------|------|---------|--------------------------------|
| May 12 | Tue | 10 to 11:30am | Ages 18 and up | \$35 | 1 class | PBG0231-100001 |
|--------|-----|---------------|----------------|------|---------|--------------------------------|

Half-Day Mindfulness Retreat at Brookside Gardens

Instructor: Tanory Ateek

With her signature curiosity and playful approach, Tanory will guide you through a half-day of stress relieving practices, including gentle yoga; walking and seated meditation; and the meditative way of the labyrinth. Whether you are new to meditation or a seasoned practitioner, this retreat will provide a chance to slow down, connect to nature in new ways, and rekindle a deeper sense of peace and wonder in your life. FOBG \$63

Brookside Gardens

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|--------|-----|------------------|----------------|------|---------|--------------------------------|
| May 17 | Sun | 9:15am to 1:15pm | Ages 18 and up | \$70 | 1 class | PBG0018-100001 |
|--------|-----|------------------|----------------|------|---------|--------------------------------|

GARDEN OR FACILITY TOURS

Conservatory Tour: Conservation and Collection Curation

Tour guide: Raymond Carter, Conservatory Manager, Brookside Gardens

Escape the winter chill and explore thoughtfully redesigned spaces showcasing rare tropical and subtropical plants. Discover conservation stories of incredible species and learn how collaborations with leading botanical institutions support education, plant health, and the protection of critically endangered plants—all amid the beauty of gardens under glass. FOBG \$10

Brookside Gardens

[Click to Register](#)

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|-------|-----|---------------|----------------|------|---------|--------------------------------|
| Mar 4 | Wed | 10 to 11:15am | Ages 18 and up | \$12 | 1 class | PBG0229-100001 |
|-------|-----|---------------|----------------|------|---------|--------------------------------|

Behind-the-Scenes Greenhouse Tour

Tour guide: Angelus Bullock, Greenhouse Manager, Brookside Gardens

Opened in 2018, the O'Rourke Greenhouse consists of four growing areas totaling 10,000 square feet under glass. Participants will take a closer look at the state-of-the-art technology that enables the greenhouse staff to grow a variety of beautiful plants year-round while getting a sneak peek at the thousands of plants being grown for the garden displays. NOTE: Address and parking logistics will be sent after registration. FOBG \$10

Brookside Gardens

[Click to Register](#)

| | | | | | | |
|--------|-----|------------------|----------------|------|---------|--------------------------------|
| Apr 14 | Tue | 2 to 3:15pm | Ages 18 and up | \$12 | 1 class | PBG0003-100001 |
| Apr 16 | Thu | 10:30 to 11:45am | Ages 18 and up | \$12 | 1 class | PBG0003-100002 |

McCullis Gardens Spring Tour

Tour guide: Karl Quimby, Horticulturist, Brookside Gardens

Enjoy a tour of McCullis Gardens, a naturalistic five-acre estate tucked into a Bethesda neighborhood. Donated to Montgomery Parks in 1978 and managed by Brookside Gardens, it features a multitude of blooming azaleas, rhododendrons, magnolias, stewartia, redbuds and spring ephemerals. Experience the rich tapestry of spring hues and textures woven throughout this historic garden. FOBG \$10

McCullis Gardens

[Click to Register](#)

| | | | | | | |
|--------|-----|-----------------|----------------|------|---------|--------------------------------|
| Apr 21 | Tue | 1 to 2:30pm | Ages 18 and up | \$12 | 1 class | PBG0020-100001 |
| Apr 25 | Sat | 10:30am to 12pm | Ages 18 and up | \$12 | 1 class | PBG0020-100002 |

Azalea & Rhododendron Tour

Tour guide: Keely Shaughnessy, Horticulturist, Brookside Gardens

Join us for a walking tour of Brookside Gardens' late spring blooming shrubs and deciduous plants. Explore our colorful collection of azaleas and rhododendrons while learning how to incorporate them into your own home garden. FOBG \$10

Brookside Gardens

[Click to Register](#)

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|--------|-----|-------------|----------------|------|---------|--------------------------------|
| Apr 23 | Thu | 1 to 2:15pm | Ages 18 and up | \$12 | 1 class | PBG0001-100001 |
|--------|-----|-------------|----------------|------|---------|--------------------------------|

BROOKSIDE GARDENS

Guided Bird Walk at Brookside Gardens

Tour guide: Emily Williams, Avian Ecologist

Did you know that 168 bird species have been sighted at Brookside Gardens? Marvel at the spring migration and bring your binoculars to look for warblers, Baltimore Orioles and Orchard Orioles, Red-winged Blackbirds, and many more! Meet at Visitor Center Entrance. FOBG \$10

| Brookside Gardens | | | | | | Click to Register |
|-------------------|-----|-------------|----------------|------|---------|-----------------------------------|
| May 2 | Sat | 8 to 9:30am | Ages 18 and up | \$12 | 1 class | PBG0133-100001 |
| May 6 | Wed | 7:30 to 9am | Ages 18 and up | \$12 | 1 class | PBG0133-100002 |

Guided Bird Walk – Celebrating Black Birders Week

Tour Guide: Maria-Elena Montero, Vice President, Programming, DC Bird Alliance

Join Brookside Gardens and the DC Bird Alliance as we celebrate Black Birders Week, supporting and increasing the visibility of black birders. Learn about the amazing variety of birds that make their homes in these gardens while helping to build a welcoming community. FOBG \$10

| Brookside Gardens | | | | | | Click to Register |
|-------------------|-----|-------------|----------------|------|---------|-----------------------------------|
| May 27 | Wed | 8 to 9:30am | Ages 18 and up | \$12 | 1 class | PBG0186-100002 |

LOCAL FIELD TRIPS

Royce Hanson Conservation Park at Broad Run

Tour guide: Ryan Colliton, Vegetation Ecology & Management Unit Leader, Montgomery Parks

Explore the newly opened Royce Hanson Conservation Park at Broad Run, a 477-acre preserve protecting wetlands, meadows, and reforested woodlands. discover unique native plants like putty root orchid, yellow corydalis, jack-in-the-pulpit, and Virginia pennywort, and walk through some of the oldest intact forests in our park system. Learn how conservation efforts sustain wildlife and biodiversity. FOBG \$27

| Royce Hanson Conservation Park at Broad Run | | | | | | Click to Register |
|---|-----|--------------|----------------|------|---------|-----------------------------------|
| Apr 15 | Wed | 10am to 12pm | Ages 18 and up | \$30 | 1 class | PBG0219-100001 |



HORTICULTURAL CLASSES

Registration required. Note: All horticulture classes will be held online via Zoom unless otherwise noted. Recordings of lectures will be available to students. After registering, a link will be emailed 24 hours before the live webinar. Please ensure your Active Montgomery account has your correct email.

Introduction to Landscape Design: Session I

Instructor: Jason Gedeik, Adult Education Manager, Brookside Gardens

Whether you're looking to upgrade your existing garden or develop an entirely new area, you'll learn the fundamentals of landscape design to create functional, enjoyable, and beautiful outdoor spaces.

Session I: Learn practical steps to approach the design process, including site analysis, creating a concept design, and determining the functional goals for your space. You'll understand why the environmental conditions of your landscape are key to a successful design that keeps your plants healthy, minimizes garden maintenance, and reduces costs. Real-world case studies will bring these concepts to life. FOBG \$12

Brookside Gardens Virtual

[Click to Register](#)

Mar 5

Thu

7 to 9pm

Ages 18 and up

\$15

1 class

[PBG0012-100001](#)

Introduction to Landscape Design: Session II

Instructor: Jason Gedeik, Adult Education Manager, Brookside Gardens

Session II: Learn to implement core design elements like color, texture, form, line, and scale to create a beautiful and functional landscape. Design concepts like seasonality and layering will be explored through real-world case studies. Plant combinations and lists will also be examined that address site-specific challenges like sun vs. shade and dry vs. wet conditions. FOBG \$12

Brookside Gardens Virtual

[Click to Register](#)

Mar 19

Thu

7 to 9pm

Ages 18 and up

\$15

1 class

[PBG0013-100001](#)

Azalea & Sapling Transplanting Workshop

Instructor: Karl Quimby, Horticulturist, Brookside Gardens

Join an experienced horticulturist for a hands-on demonstration of transplanting azaleas and woody seedlings. Learn how to increase your transplant success rate to improve growing conditions, enhance blooms, and reduce competition. Gain tools to determine when and where to transplant, reposition plants, and preserve cherished heirlooms. FOBG \$22

Brookside Gardens

[Click to Register](#)

Mar 12

Thu

10:30am to 12:30pm

Ages 18 and up

\$25

1 class

[PBG0220-100001](#)

BROOKSIDE GARDENS

Branching Out: Dead Hedges for Beauty and Function in the Garden

Instructor: Beto Diaz Galvan & Thomas Crawley, Horticulturists, Brookside Gardens

Horticulturists discover how natural branches and plant materials can be transformed into beautiful dead hedges, garden borders, and sculptural features. The first half is an indoor lecture covering practical techniques and design ideas. Then we'll explore new garden sites outdoors, seeing these rustic, eco-friendly structures in action, enhancing the garden while providing habitat for wildlife. FOBG \$22

Brookside Gardens

[Click to Register](#)

Mar 14

Sat

10am to 12pm

Ages 18 and up

\$25

1 class

[PBG0222-100001](#)

Cultivating Ecology: A Practical Guide to Sustainable Garden Design

Instructor: Drew Asbury, Horticulturist, Brookside Gardens

Horticulturist discover practical ways to transform your yard into a thriving, sustainable landscape. Drawing from the presenter's own garden, this talk explores phased planning, habitat-rich garden bed design, and how to choose native plants suited to your conditions. Learn actionable strategies that increase ecological value, support wildlife, and help you move confidently toward eco-friendly gardening practices. FOBG \$12

Brookside Gardens Virtual

[Click to Register](#)

Apr 1

Wed

7 to 8:30pm

Ages 18 and up

\$15

1 class

[PBG0226-100001](#)

Soluciones para aguas pluviales y diseño sostenible para jardines omésticos

Instructor: Personal de Montgomery County Department of Environmental Protection

Aprenda cómo los entornos naturales de conservación y los jardines pluviales pueden ayudar a gestionar las aguas pluviales en propiedades residenciales. Explore estrategias para dimensionar proyectos, estimar plantas y crear planes de plantación eficaces. Descubra plantas autóctonas que reducen la escorrentía y favorecen a los polinizadores y la fauna silvestre. Descubra cómo optar al programa RainScapes Rewards Rebate y solicite árboles de sombra gratuitos a través de Tree Montgomery. Plantas autóctonas gratuitas disponibles para los participantes.

Brookside Gardens

[Click to Register](#)

Apr 11

Sat

10am to 12pm

Ages 18 and up

Free

1 class

[PBG0230-100001](#)

The Wildlife Value of Natives and Native Cultivars in Mt. Cuba Center's Trial Garden

Instructor: Sam Hoadley, Manager of Horticultural Research, Mt. Cuba Center

Explore native plant species and cultivars from Mt. Cuba's trials that make beautiful and ecologically valuable additions to your garden. Take a deep dive into the insect and pollinator observations from the concluded evaluations of monarda, phlox, echinacea, wild hydrangea, vernonia, and solidago and get a preview of the pollinator data from ongoing trials including oakleaf hydrangeas and Pycnanthemum. In addition, get a sneak peek at the Asclepias trial which is being evaluated for both pollinator value and its capacity as a larval host plant for monarch caterpillars. FOBG \$12

Brookside Gardens Virtual

[Click to Register](#)

Apr 16

Thu

7 to 8:30pm

Ages and up

\$15

1 class

[PBG0221-100001](#)

RainScape Your Yard – Session I: Evaluating Stormwater Solutions for Home Landscapes

Instructor: Montgomery County Department of Environmental Protection Staff

A RainScape is a landscape or design technique that helps reduce stormwater runoff from individual properties. RainScape projects can include rain gardens, conservation landscapes, green roofs, and permeable pavements. The Montgomery County Department of Environmental Protection offers a rebate program for approved RainScape projects for homeowners. To be eligible for a rebate, participants must apply and be approved for installation based on a submitted plan before projects are installed. These two sessions are intended to help homeowners create a RainScape design plan. Classes are open to anyone regardless if applying for a RainScape rebate. FOBG \$12

Session I: Learn how environmentally friendly landscapes, such as conservation landscapes and rain gardens, can help manage stormwater issues on residential properties. We'll review steps to planning a RainScape including site evaluation and determining the type and scale of project that best suits your needs.

Brookside Gardens Virtual

[Click to Register](#)

Apr 30

Thu

7 to 9pm

Ages 18 and up

\$15

1 class

[PBG0015-100001](#)

RainScape Your Yard – Session II: Plants & Landscape Design for RainScapes Gardens

Instructor: Montgomery County Department of Environmental Protection Staff

Session II: Explore strategies to properly size a garden project, estimate plant quantities, and create an effective planting plan. Study the range of native plants for managing water runoff and supporting pollinators and wildlife. Learn the steps to develop and submit a plan that qualifies for the RainScapes Rewards Rebate. Registrants will receive a selection of free native plants to take home. FOBG \$22

Brookside Gardens

[Click to Register](#)

May 17

Sun

10am to 12pm

Ages 18 and up

\$25

1 class

[PBG0015-100002](#)

Container Gardening with Native Plants

Instructor: Elaine Mills, Virginia Cooperative Extension Master Gardener

Gardeners with planting space limited to patios, decks, or balconies can still create miniature habitats for pollinators and birds by incorporating native plants. Join us to learn which plant species are suitable for use in containers while providing the best wildlife support. She offers tips on containers, soil, and plant maintenance and illustrates a wide variety of attractive plant combinations, using ferns, grasses, sedges, perennials, and even small shrubs. FOBG \$12

Brookside Gardens Virtual

[Click to Register](#)

May 7

Thu

7 to 8:30pm

Ages 18 and up

\$15

1 class

[PBG0225-100001](#)

BROOKSIDE GARDENS

Butterfly Gardening Made Easy: How to Support All Life Stages

Instructor: Carlos Rodriguez, Horticulturist, Brookside Gardens

Butterflies are declining worldwide, but gardeners can help. This lecture introduces key strategies for supporting Mid-Atlantic species, including understanding butterfly life cycles, recognizing species of concern, choosing appropriate host and nectar plants, integrating natives into existing gardens, and using design elements that create effective habitat. Learn practical steps to sustain butterflies at every life stage. FOBG \$22

Brookside Gardens

[Click to Register](#)

| | | | | | | |
|--------|-----|--------------|----------------|------|---------|--------------------------------|
| May 14 | Thu | 10am to 12pm | Ages 18 and up | \$25 | 1 class | PBG0223-100001 |
|--------|-----|--------------|----------------|------|---------|--------------------------------|

Perfect Fit: Trees & Shrubs for Compact Gardens

*Instructor: Kathy Jentz, Author of *The Urban Garden*, Editor and Publisher of *Washington Gardener Magazine**

Discover the possibilities of planting small trees and large shrubs in compact urban or suburban spaces. Tailored for the Mid-Atlantic, this selection includes natives, edibles, and hardy ornamentals that thrive in heat, pollution, and urban stress—from full sun to deep shade. Even patios and containers can host trees that transform your landscape. FOBG \$12

Brookside Gardens Virtual

[Click to Register](#)

| | | | | | | |
|--------|-----|-------------|----------------|------|---------|--------------------------------|
| May 28 | Thu | 7 to 8:30pm | Ages 18 and up | \$15 | 1 class | PBG0224-100001 |
|--------|-----|-------------|----------------|------|---------|--------------------------------|

HANDS ON WORKSHOPS

White Line Woodcut: Turning Carved Lines into Colorful Prints

Instructor: Sue Fierston, Teaching Artist and President of the International Nature Printing Society

White line woodcuts, also known as Provincetown prints, use a unique American printmaking technique developed in Provincetown, Massachusetts, in the early 20th century. The process involves printing multi-color images from a single block of wood. In this workshop, we will trace a 6 x 8-inch simple drawing or photo onto a wood block and cut the line drawing into the block using a woodcut gouge. These cuts become the white lines in the final print. We will paint the spaces between the lines with watercolor and hand-print the image onto printmakers' paper using a wooden or metal spoon. By the end of class, you'll have at least one unique print, a hand-carved woodblock, and supplies to continue the process at home. FOBG \$54

Brookside Gardens

[Click to Register](#)

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|--------|-----|-------------|----------------|------|---------|--------------------------------|
| Mar 18 | Wed | 10am to 1pm | Ages 18 and up | \$60 | 1 class | PBG0217-100001 |
|--------|-----|-------------|----------------|------|---------|--------------------------------|

Introduction to Botanical Art: Painting Spring Ephemerals with Watercolors

Instructor: Joan Ducore, Botanical Illustrator and Instructor

Discover the art and science of botanical illustration in this hands-on workshop. Learn drawing and watercolor techniques tailored to plants, including brush handling, flat and graded washes, and wet-in-wet methods. Benefit from expert demonstrations and a variety of interactive class exercises. Prepared flower images and finished painting provide a reference as you create your own watercolor. Level: Beginner FOBG \$86

Brookside Gardens

[Click to Register](#)

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|--------|-----|-------------------|----------------|------|---------|--------------------------------|
| Apr 25 | Sat | 10:30am to 2:30pm | Ages 18 and up | \$95 | 1 class | PBG0218-100001 |
|--------|-----|-------------------|----------------|------|---------|--------------------------------|

Summer Perennial Container Workshop

Instructor: Ashia Bunkley, Greenhouse Technician, Brookside Gardens

Create a vibrant perennial container that thrives in sun and partly sunny conditions, bursting with year-round color. Craft a kaleidoscope of blooms and foliage using compact, hardy plants—salvia, dianthus, echinacea, heuchera, and more—chosen for heat tolerance, winter toughness, and potential deer resistance. You'll love this planter, returning each year with radiant color. FOBG \$50

Brookside Gardens

[Click to Register](#)

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|--------|-----|---------------|----------------|------|---------|--------------------------------|
| May 19 | Tue | 10 to 11:30am | Ages 18 and up | \$55 | 1 class | PBG0227-100001 |
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SPEAKER SERIES, WORKSHOPS, OR DISCUSSIONS

Immigrants and the Creation of American Gardening

Speaker: Wambui Ippolito, Horticulturist and Landscape Designer

Immigrants have profoundly shaped American gardening traditions. From introducing new plants to transforming design practices, their influence on our landscapes is lasting and complex. In this lecture, Wambui Ippolito explores immigrant landscape histories and their impact on land management and gardening, offering fresh insights into how cultural exchange continues to redefine the American garden. NOTE: This class is offered virtually as a live, online webinar through the Zoom platform with audience Q & A. After registering, a link will be emailed to you 24 hours prior to the live webinar. A recording of the lecture will be sent to registrants to access online for up to 30 days. Please ensure your Active Montgomery account is updated with your correct email address.

Brookside Gardens Virtual

[Click to Register](#)

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|--------|-----|-------------|----------------|------|---------|--------------------------------|
| Mar 25 | Wed | 7 to 8:30pm | Ages 18 and up | Free | 1 class | PBG0228-100001 |
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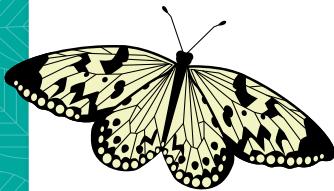


the butterfly experience

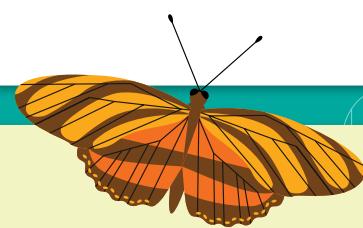
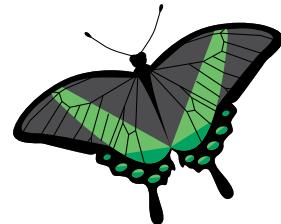
AT BROOKSIDE GARDENS

April 1 to September 7, 2026 | Daily, 9 am to 3 pm

Step into Brookside Gardens' South Conservatory and experience the beauty of hundreds of live butterflies fluttering around you.



Learn about the stages of metamorphosis, the important role butterflies play in a healthy ecosystem, and how you can ensure butterflies thrive in your own garden.



All visitors must have a ticket for a specific date and entry time.

Tickets available mid-February.
For more information visit:
MoCoParks.org/butterfly

Tickets:

- Under age 3: Free
- Ages 3 to 12: \$10.99
(ticket fee \$9 plus \$1.99 service charge)
- Ages 13+: \$15.99
(ticket fee \$14 plus \$1.99 service charge)

BROOKSIDE GARDENS

1800 Glenallan Avenue | Wheaton, MD 20902
301-962-1420 | BrooksideGardens.org

Brookside
GARDENS



SPRING NATIVE PLANT SALES

Beautify your backyard and be a good neighbor to wildlife with native plants.



Maydale Nature Classroom

1638 Maydale Drive | Colesville, Maryland 20905

Online sale only, sale begins Friday, April 3

Plant pick up on Saturday, April 25 at Maydale Nature Classroom

For more information visit MaydaleNature.org



MAYDALE
NATURE CLASSROOM



Black Hill Discovery Center

20926 Lake Ridge Drive | Boyds, Maryland 20841



BLACK HILL
DISCOVERY CENTER

Shop in-person May 2 | 9 am to 4 pm*

*9 to 11am reserved for Friends of Black Hill Nature Programs

May 3 | 9am to 3pm

Wide selection of plants including natives germinated from locally collected seeds.

For more information visit FriendsofBlackHillNature.org



Locust Grove Nature Center

Shop in-person May 16 and 17 | 10 am to 2 pm

Pope Farm Nursery

7400 Airpark Road | Gaithersburg, Maryland 20905

Please note Pope Farm is only open to the public during sale hours.

For more information visit MoCoParks.org/LGPlantNative

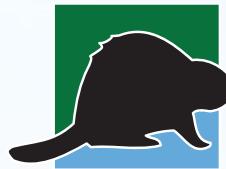


LOCUST GROVE
NATURE CENTER



Sales support nature programming at Montgomery Parks.

BLACK HILL DISCOVERY CENTER



BLACK HILL
DISCOVERY CENTER



BLACK HILL DISCOVERY CENTER

20926 Lake Ridge Drive | Boyds, MD 20841

301-528-3493

BlackHillDiscovery.org

SPECIAL EVENTS

Beaver Day Celebration

Join us as we celebrate North America's largest rodent and engineering marvel, the beaver. This celebration will include crafts, games, activities, and even a visit from Black Hill Discovery Center's adorable mascot Betty the Beaver. Bring your family and be part of the fun!

Black Hill Discovery Center

[Click to Register](#)

Apr 6

Mon

10am to 1pm

Ages 3 to 14

Free

1 class

[PBHDC0115-100001](#)

Garden Day

Discover the joys and benefits of gardening! Drop by the Discovery Center to ask questions about gardening and get your Gardening Info Pack about invasive and native plants, pollinators, and gardening for wildlife. Included will be a take-home activity for kids. Please register for this FREE program so that we can prepare enough Gardening Info Packs (one per family). Sorry, but we won't be able to distribute info packs to anyone that hasn't registered. Registration required (please register one person per household).

Black Hill Discovery Center

[Click to Register](#)

Apr 12

Sun

11am to 3pm

All Ages

Free

1 class

[PBHDC0005-100001](#)

Share Fair

Looking for a sustainable choice this Earth Month? Clear out your closets and give your items away to someone new at our Share Fair at Black Hill Discovery Center! Have a coat you know someone will love, but it's just not right for you? Have a game your kids played when they were younger, but hasn't been touched for years? Give your once-loved items a second life by participating in our bi-annual Share Fair! "Givers" will use the trunks of their cars or bring their own tables, hanging racks, etc. to display items being given away, trunk-or-treat style. Be as creative and elaborate as you like! Attendees not bringing items can drop by anytime to browse, seek, and claim an amazing find. Givers and attendees will vote for the Giver with the best set up and most unique finds. THIS IS AN ENTIRELY FREE EVENT, MEANING ITEMS SHOULD BE FREELY GIVEN AWAY. NO SALES, BARTERING, OR EXCHANGES OF ITEMS ARE PERMITTED.

Registration is required for each Giver group/family and guarantees two parking spaces worth of space per registration. Please register only one adult PER group/family. We encourage those interested in bringing items to join together to make the most of the space. Givers can also browse the other offerings throughout the event. Attendees interested in "shopping" but not bringing their own goods do not need to register. Items brought to the Share Fair should be clean, in usable condition, and have all parts. Anything unclaimed at the end of the event will go back with each registrant. Please contact Christy.Korzen@MontgomeryParks.org with any questions.

Black Hill Discovery Center

[Click to Register](#)

Apr 18

Sat

10am to 12pm

All Ages Event-Only
Register Adult

Free

1 class

[PBHDC0105-100001](#)

BLACK HILL DISCOVERY CENTER



Native Plant Sale

The native plant sale hosted by the Friends of Black Hill Nature Programs (FOBH) is back again this spring! Most plants are grown by our volunteer gardeners with all proceeds of the sale supporting Black Hill Discovery Center and Seed Classroom. The sale will take place on Saturday and Sunday, May 2 and 3, at the Black Hill Discovery Center. Members get to shop early 9 to 11 am on Saturday! For a plant list, how to become a member, and further details about the sale, check out the Friends of Black Hill Nature Programs website FriendsofBlackHillNature.org.

*9 to 11am on May 2 reserved for Friends of Black Hill Nature Program members

Black Hill Discovery Center

| | | | |
|-------|-----|-------------|----------|
| May 2 | Sat | 9am to 4pm* | All Ages |
| May 3 | Sun | 9am to 3pm | All Ages |

Harpists at the Discovery Center

Join us for an afternoon of beautiful harp music and the natural beauty of Black Hill all around you. No need to register; just come to the Discovery Center and enjoy.

Black Hill Discovery Center

| | | | | | | |
|--------|-----|-----------|----------|------|---------|----------------------------------|
| Mar 15 | Sun | 12 to 1pm | All Ages | Free | 1 class | PBHDC0082-100001 |
|--------|-----|-----------|----------|------|---------|----------------------------------|

ART & CRAFTING

Make It & Take It

Drop by the Discovery Center and have some fun! We'll have easy-to-make seasonal crafts that you can make and take home. Registration required – please register only those making the craft. Stop in anytime during program hours!

Black Hill Discovery Center

[Click to Register](#)

Feeling Froggy

| | | | | | | |
|--------|-----|-------------|----------|-----|---------|----------------------------------|
| Apr 11 | Sat | 1:30 to 3pm | All Ages | \$2 | 1 class | PBHDC0063-100001 |
|--------|-----|-------------|----------|-----|---------|----------------------------------|

Spring Bouquet

| | | | | | | |
|--------|-----|--------------|----------|-----|---------|----------------------------------|
| Mar 20 | Fri | 10am to 12pm | All Ages | \$2 | 1 class | PBHDC0063-100002 |
|--------|-----|--------------|----------|-----|---------|----------------------------------|

SPEAKER SERIES, WORKSHOPS, OR DISCUSSIONS

Black Hill Bookworms

Are you looking for a community of like-minded readers that enjoy science and nature books? Then join the Black Hill Discovery Center Bookworms! Our book discussion group meets in person on the fourth Thursday of each month, except on select occasions. Books will focus on environmental, conservation, and nature-related topics including non-fiction and fiction titles. Group members have the chance to help select future books. Please register for each discussion you plan to attend so that we can contact you ahead of the meet-up. Please feel free to bring dinner or snacks with you to have during the discussion. All selected books are available through the Montgomery County Public Library. If you need help finding a copy to read or have any questions, please contact Christy.Korzen@MontgomeryParks.org. Book discussions may take place online in case of inclement weather.

Black Hill Discovery Center

[Click to Register](#)

“Rosalie Edge, Hawk of Mercy: The Activist who Saved Nature from the Conservationists”

| | | | | | | |
|--------|-----|-------------|----------------|------|---------|----------------------------------|
| Mar 26 | Thu | 6 to 7:30pm | Ages 16 and up | Free | 1 class | PBHDC0104-100001 |
|--------|-----|-------------|----------------|------|---------|----------------------------------|

“The Great Transition”

| | | | | | | |
|--------|-----|-------------|----------------|------|---------|----------------------------------|
| Apr 23 | Thu | 6 to 7:30pm | Ages 16 and up | Free | 1 class | PBHDC0104-100002 |
|--------|-----|-------------|----------------|------|---------|----------------------------------|

“Medicine Wheel for the Planet: A Journey toward Personal and Ecological Healing”

| | | | | | | |
|--------|-----|-------------|----------------|------|---------|----------------------------------|
| May 21 | Thu | 6 to 7:30pm | Ages 16 and up | Free | 1 class | PBHDC0104-100003 |
|--------|-----|-------------|----------------|------|---------|----------------------------------|

BOATING

Lake Tour by Kayak

Want to watch wildlife or just enjoy a peaceful paddle? Then join us for a leisurely kayak tour of Little Seneca Lake. We could see beaver, herons, maybe even a bald eagle. We'll supply boats, paddles, and PFD's, but you can bring your own PFD (Type III or V) if you have one. And don't forget to bring water, sunscreen, and extra shoes to change into after. You can expect to get your feet wet and your clothes a bit damp. Basic paddling experience is necessary (THIS IS NOT A LESSON). Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required. Registrants 15 and under must be accompanied by an adult. FOBH \$29

Black Hill Discovery Center

[Click to Register](#)

| | | | | | | |
|--------|-----|----------|----------------|------|---------|----------------------------------|
| May 12 | Tue | 6 to 8pm | Ages 12 and up | \$30 | 1 class | PBHDC0008-100001 |
|--------|-----|----------|----------------|------|---------|----------------------------------|

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|--------|-----|-----------|----------------|------|---------|----------------------------------|
| May 24 | Sun | 12 to 2pm | Ages 12 and up | \$30 | 1 class | PBHDC0008-100002 |
|--------|-----|-----------|----------------|------|---------|----------------------------------|

BLACK HILL DISCOVERY CENTER

Full Moon Paddle

On this Full Moon Paddle, we'll enjoy the evening sunset and the full moon from the stillness of the waters of Little Seneca Lake. We will be paddling after dark so you may want to bring a headlamp or flashlight to walk back to your car. Lights for the kayaks will be provided.

Black Hill Discovery Center

[Click to Register](#)

| | | | | | | |
|--------|-----|----------------|----------------|------|---------|----------------------------------|
| May 2 | Sat | 7 to 9pm | Ages 12 and up | \$30 | 1 class | PBHDC0008-100005 |
| May 30 | Sat | 7:30 to 9:30pm | Ages 12 and up | \$30 | 1 class | PBHDC0008-100006 |

Kayaking for Beginners

Kayaking is even more fun than it looks! Come learn how to paddle on flat water in recreational solo kayaks on Little Seneca Lake. Learn basic strokes, entries and exits, boat control, and more, taught by certified American Canoe Association instructors. We won't roll, but you'll get wet, so dress accordingly. All necessary equipment provided but if you have your own PFD (Type III or V), you can bring it along. Please wear a hat, water sandals or shoes (no flip-flops, please) and bring water and sunscreen. Expect to get your feet wet and your clothes a bit damp. You must be able to swim. Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required.

Black Hill Discovery Center

[Click to Register](#)

| | | | | | | |
|--------|-----|-----------|----------------|------|---------|----------------------------------|
| May 5 | Tue | 6 to 8pm | Ages 12 and up | \$60 | 1 class | PBHDC0030-100001 |
| May 10 | Sun | 9 to 11am | Ages 12 and up | \$60 | 1 class | PBHDC0030-100002 |
| May 19 | Tue | 6 to 8pm | Ages 12 and up | \$60 | 1 class | PBHDC0030-100003 |

A Monumental Paddle

Come view the iconic monuments of Washington D.C. by kayak. We will travel by van from Black Hill to the Tidal Basin and then enjoy fabulous views as we paddle upriver past monuments, the Kennedy Center, and Georgetown. Bring a bagged lunch to enjoy when we stop at Roosevelt Island for a break. You should be proficient at strokes and comfortable paddling for a few hours, at a time. We'll do a quick review of moving water safety and maneuvers. This is not a paddling trip for novices, and it is not instructional. Fee covers kayaks, paddles, PFD, dry bag, and round-trip transportation. FOBH \$95.

Black Hill Discovery Center

[Click to Register](#)

| | | | | | | |
|--------|-----|------------|----------------|-------|---------|----------------------------------|
| May 17 | Sun | 8am to 5pm | Ages 18 and up | \$100 | 1 class | PBHDC0073-100001 |
|--------|-----|------------|----------------|-------|---------|----------------------------------|



BLACK HILL DISCOVERY CENTER



Bats & Beavers Pontoon Boat Cruise

Join us for a sunset cruise aboard the pontoon boat. We'll search for beaver lodges and feeding sites, and hopefully see some beavers! As the sun sets, we'll use our bat detector to help us find feeding bats. Please register and pay for all participants. You may want to bring a jacket or sweater as it is often cooler on the boat. Meet at the pontoon boat dock, by the boat rentals. Registration required. FOBH \$7

Black Hill Discovery Center

[Click to Register](#)

| | | | | | | |
|--------|-----|-------------|---------------|-----|---------|----------------------------------|
| Apr 14 | Tue | 6:30 to 8pm | Ages 6 and up | \$8 | 1 class | PBHDC0027-100001 |
| May 11 | Mon | 7 to 8:30pm | Ages 6 and up | \$8 | 1 class | PBHDC0027-100002 |
| May 20 | Wed | 7 to 8:30pm | Ages 6 and up | \$8 | 1 class | PBHDC0027-100003 |
| May 26 | Tue | 7 to 8:30pm | Ages 6 and up | \$8 | 1 class | PBHDC0027-100004 |

Early Morning Pontoon Cruise

Join us for an early morning pontoon tour for some birding and photography, or just a lovely morning cruise on Little Seneca Lake. Wildlife are busy in the early morning hours and the lighting is great for photos. Please register and pay for all participants. You may want to bring a jacket or sweater as it is often cooler on the boat. Meet at the pontoon boat dock, by the boat rentals. Registration required. FOBH \$9

Black Hill Discovery Center

[Click to Register](#)

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|--------|-----|--------------|----------------|------|---------|----------------------------------|
| Apr 17 | Fri | 8:30 to 10am | Ages 18 and up | \$10 | 1 class | PBHDC0085-100001 |
|--------|-----|--------------|----------------|------|---------|----------------------------------|

Afternoon on the Pontoon 55+ Cruise

Enjoy a leisurely cruise on our pontoon boat on Little Seneca Lake looking for local wildlife such as beavers, deer, otter, herons, and osprey. Please register and pay for all participants. Meet at the pontoon boat dock by the boat rental area. Be sure to bring an extra jacket or blanket, as it's often cooler on the water. FOBH \$7

Black Hill Discovery Center

[Click to Register](#)

| | | | | | | |
|--------|-----|----------------|----------------|-----|---------|----------------------------------|
| May 7 | Thu | 2:30 to 3:30pm | Ages 55 and up | \$8 | 1 class | PBHDC0054-100001 |
| May 21 | Thu | 2:30 to 3:30pm | Ages 55 and up | \$8 | 1 class | PBHDC0054-100002 |

BLACK HILL DISCOVERY CENTER

Storytime on the Lake

Join us aboard the pontoon boat to hear a story and scout out the wonders of Little Seneca Lake! Designed for children ages 3 to 5, accompanied by an adult. (no younger siblings, please). We'll provide the required PFDs for all children to wear. Please register and pay for every participant. Meet at the pontoon boat dock, by the boat rentals. FOBH \$6

Springtime on the Lake

The lake comes alive with activity in the spring. We will read a fun story about springtime and then head out in search of signs of spring.

Black Hill Discovery Center

[Click to Register](#)

| | | | | | | |
|--------|-----|------------------|---------------|-----|---------|----------------------------------|
| Apr 21 | Tue | 10:30 to 11:30am | Ages 3 and up | \$7 | 1 class | PBHDC0116-100001 |
|--------|-----|------------------|---------------|-----|---------|----------------------------------|

Beavers

We will search the shoreline for beaver lodges and other signs of beaver activity and learn about what beaver families like to do.

Black Hill Discovery Center

[Click to Register](#)

| | | | | | | |
|-------|-----|------------------|---------------|-----|---------|----------------------------------|
| May 5 | Tue | 10:30 to 11:30am | Ages 3 and up | \$7 | 1 class | PBHDC0116-100002 |
|-------|-----|------------------|---------------|-----|---------|----------------------------------|

Turtles

Search for a variety of turtles that call the lake home and learn about what they like to do.

Black Hill Discovery Center

[Click to Register](#)

| | | | | | | |
|--------|-----|------------------|---------------|-----|---------|----------------------------------|
| May 19 | Tue | 10:30 to 11:30am | Ages 3 and up | \$7 | 1 class | PBHDC0116-100003 |
|--------|-----|------------------|---------------|-----|---------|----------------------------------|

FISHING

Family Fishing Fun

Fishing is fun for the whole family and for all abilities! We'll show you how to set up a simple bobber rig, bait your hook, and give you some tips on casting. We'll provide the bait and rigging supplies; you just need to catch the fish! We have fishing poles you can borrow, but if you have your own bring it along. Anglers of all abilities are welcome. All registrants 16 and up must have a current MD fishing license. Meet at the pontoon boat dock by the boat rentals. Registration required. Please register only those planning to fish. FOBH \$14

Black Hill Discovery Center

[Click to Register](#)

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|--------|-----|----------------|---------------|------|---------|----------------------------------|
| Apr 1 | Wed | 2 to 4pm | Ages 3 and up | \$15 | 1 class | PBHDC0003-100001 |
| Apr 3 | Fri | 1:30 to 3:30pm | Ages 3 and up | \$15 | 1 class | PBHDC0003-100002 |
| May 21 | Thu | 6 to 8pm | Ages 3 and up | \$15 | 1 class | PBHDC0003-100003 |
| May 27 | Wed | 9 to 11am | Ages 3 and up | \$15 | 1 class | PBHDC0003-100004 |

BLACK HILL DISCOVERY CENTER

Fishing with the Li'l Ones

Let's go fishin'! We'll provide poles and bait, then see what we can catch off the dock at Little Seneca Lake. Meet at the pontoon boat dock by the boat rentals. Registration required. FOBH \$7

Black Hill Discovery Center

[Click to Register](#)

| | | | | | | |
|--------|-----|---------------|-------------|-----|---------|----------------------------------|
| May 15 | Fri | 10 to 11:30am | Ages 3 to 6 | \$8 | 1 class | PBHDC0004-100001 |
|--------|-----|---------------|-------------|-----|---------|----------------------------------|

PLAYTIME OR STORYTIME

Play Day in the Park

Toddlers of all abilities are invited to explore the exciting natural world in and around the Discovery Center. Families will explore at their own pace using nature play prompts that will remain out for the duration of the program. All ages are welcome but prompts and materials are geared towards children aged one to three. Registration required.

Black Hill Discovery Center

[Click to Register](#)

| | | | | | | |
|--------|-----|--------------|---------------------|------|---------|----------------------------------|
| Mar 27 | Fri | 11am to 12pm | Ages 6 mos to 3 yrs | Free | 1 class | PBHDC0012-100001 |
| Apr 24 | Fri | 11am to 12pm | Ages 6 mos to 3 yrs | Free | 1 class | PBHDC0012-100002 |
| May 8 | Fri | 11am to 12pm | Ages 6 mos to 3 yrs | Free | 1 class | PBHDC0012-100003 |

Time for Tots

Enjoy a seasonal story, make a craft to go with the story and then go outside to explore nature with a park naturalist. Registration required. FOBH \$6

Black Hill Discovery Center

[Click to Register](#)

“Possum and the Peeper”

| | | | | | | |
|--------|-----|------------|-------------|-----|---------|----------------------------------|
| Mar 25 | Wed | 10 to 11am | Ages 2 to 5 | \$7 | 1 class | PBHDC0022-100001 |
|--------|-----|------------|-------------|-----|---------|----------------------------------|

“The Nest that Wren Built”

| | | | | | | |
|--------|-----|------------|-------------|-----|---------|----------------------------------|
| Apr 29 | Wed | 10 to 11am | Ages 2 to 5 | \$7 | 1 class | PBHDC0022-100002 |
|--------|-----|------------|-------------|-----|---------|----------------------------------|

Pics in the Park

Strike a pose and say cheese! Drop by for a unique photo op at the Discovery Center. We'll provide some fun props, and a staff member will take your photo on instant film, just like those original instant photos (shaking optional). Take home a memory you will never forget. No registration required; drop in anytime during program hours. Supplies are limited; first come, first served.

Black Hill Discovery Center

[Click to Register](#)

| | | | | | | |
|--------|-----|----------|----------|------|---------|----------------------------------|
| May 16 | Sat | 1 to 4pm | All Ages | Free | 1 class | PBHDC0087-100001 |
|--------|-----|----------|----------|------|---------|----------------------------------|

NATURE, OUTDOOR EXPLORATION, AND SKILLS**Homeschool: Forest Thrills & Skills**

Come join us for a woodland adventure full of wonderful play, nature lessons, and wild skills. Each month we will explore what nature has to show us and spend some time learning new wild skills. We will also have time, space, and materials for unstructured play in the woods around our campfire circle. Students will be able to self-select what they would like to focus on from the activities provided. We will meet at the campfire area by Shelter F on Parking Lot 3, in Black Hill Regional Park. FOBH \$13

Black Hill Discovery Center[Click to Register](#)

| | | | | | | |
|--------|-----|----------------|--------------|------|---------|----------------------------------|
| Mar 18 | Wed | 1:30 to 3:30pm | Ages 6 to 14 | \$14 | 1 class | PBHDC0056-100001 |
| Apr 22 | Wed | 1:30 to 3:30pm | Ages 6 to 14 | \$14 | 1 class | PBHDC0056-100002 |
| May 20 | Wed | 1:30 to 3:30pm | Ages 6 to 14 | \$14 | 1 class | PBHDC0056-100003 |

Nature Girls Club

Girls belong in nature, enjoying outdoor adventures! Join us for a girl-centered Nature Girls Club. There are three in-person sessions with a Park Naturalist that will focus on exploring nature, trying out outdoor skills, and nature journaling. Meetings are monthly. Registration required.

Black Hill Discovery Center[Click to Register](#)

| | | | | | | |
|-----------------------|-----|----------|--------------|------|-----------|----------------------------------|
| Mar 27, Apr 24, May 8 | Fri | 5 to 7pm | Ages 8 to 12 | \$42 | 3 classes | PBHDC0010-100001 |
|-----------------------|-----|----------|--------------|------|-----------|----------------------------------|



BLACK HILL DISCOVERY CENTER

Stream Adventures

What lives in a stream? Wade into the water and use nets to see what insects, fish, frogs, and other animals we can find. Please wear boots or closed-toe shoes that you don't mind getting wet (no flip-flops, please!). All children must be accompanied by an adult. Meet at the gravel Boat Launch parking lot on Black Hill Road. Registration required. FOBH \$6

| Black Hill Discovery Center | | | | | | Click to Register |
|---|-----|-------------|--------------|-----|---------|-----------------------------------|
| Apr 25 | Sat | 2 to 3:30pm | Ages 2 to 12 | \$7 | 1 class | PBHDC0026-100001 |
| May 2 | Sat | 2 to 3:30pm | Ages 2 to 12 | \$7 | 1 class | PBHDC0026-100002 |
| May 30 | Sat | 2 to 3:30pm | Ages 2 to 12 | \$7 | 1 class | PBHDC0026-100003 |

Birding for Beginners

Want to join the 96 million other bird-watching Americans, but don't know where to start? We'll start with the basics of bird identification and go over how to select and use binoculars. Then we'll go do some birding! If you have your own binoculars, please bring them along. And be sure to dress for the weather. Meeting location will be determined closer to the date; participants will be notified by email. FOBH \$11

| Black Hill Discovery Center | | | | | | Click to Register |
|---|-----|-------------|----------------|------|---------|-----------------------------------|
| Apr 4 | Sat | 9am to 12pm | Ages 16 and up | \$12 | 1 class | PBHDC0060-100001 |
| May 23 | Sat | 9am to 12pm | Ages 16 and up | \$12 | 1 class | PBHDC0060-100002 |

TOAD! Teen Outdoor Adventure Days

Have your teen join us for outdoor adventures! In this series, we'll hike, paddle, and wade our way through some of the most interesting nature locales in our area! Sign up for one or all the programs!

Outdoor Skills

Come and join your peers for a day outside! We will hike the trails, practice our fire building skills, and cook our lunches over the fire. Additional activities may include geocaching, whittling, cordage (making rope out of plant fibers), shelter building, and fishing depending on the weather and the group's specific interests. FOBH \$48.

| Black Hill Discovery Center | | | | | | Click to Register |
|---|-----|---------------|---------------|------|---------|-----------------------------------|
| Apr 15 | Wed | 9am to 3:30pm | Ages 12 to 15 | \$50 | 1 class | PBHDC0106-100001 |

Evening Paddle on Little Seneca Lake

Join us as we explore the waters of Little Seneca Lake in kayaks! After safety instructions, we'll paddle in search of herons, beavers, and maybe even a bald eagle! No prior kayaking experience is necessary. We will supply boats, paddles, and life vests. Please make sure to bring plenty of water and extra shoes/clothes to change into after. We will get wet! Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required. FOBH \$29

| Black Hill Discovery Center | | | | | | Click to Register |
|---|-----|----------|---------------|------|---------|-----------------------------------|
| May 1 | Fri | 6 to 8pm | Ages 13 to 15 | \$30 | 1 class | PBHDC0106-100002 |

BLACK HILL DISCOVERY CENTER

Wet and Wild Watersheds

Celebrate World Water Day at the Discovery Center by learning about what happens to water after it rains. Use our small-scale model to see what makes a watershed and how water moves through it. Pretend to be a beaver and see how their dams affect rivers and streams. Explore the impacts we have on watersheds and what we can do to help. Drop in anytime during program hours.

Black Hill Discovery Center

[Click to Register](#)

Mar 22

Sun

1 to 3pm

Ages 6 and up

Free

1 class

[PBHDC0113-100001](#)

Eagle Nest Engineering

Time to think like a bald eagle! Try to build an eagle nest on your own or with a group. See for yourself what it takes to build a nest big and strong enough for an eagle to stand on and soft enough to hold an egg. Make your own small nest to take home.

Black Hill Discovery Center

[Click to Register](#)

Apr 2

Thu

1 to 3pm

Ages 6 and up

Free

1 class

[PBHDC0114-100001](#)

HIKES, SCAVENGER HUNTS, AND CAMPFIRES

Hike Club

The first rule of Hike Club – have fun! Improve your fitness, make new friends, and experience trails and scenery we don't often make time to immerse ourselves in. We welcome all ages, though young children must be able to walk at least 3 miles or be carried. Most trails are not stroller accessible and are easy to moderate in difficulty. Please register no later than 24 hours before the hike so we can contact you with the hike's location and other important information. Registration required.

Black Hill Discovery Center

[Click to Register](#)

Mar 7

Sat

1:30 to 3:30pm

All Ages

\$2

1 class

[PBHDC0007-100001](#)

Apr 11

Sat

9 to 11am

All Ages

\$2

1 class

[PBHDC0007-100002](#)

Woodcock Walk

Little Bennett Regional Park is a wonderful spot to enjoy the spring display dance of the American Woodcock. Meet a naturalist at the Kingsley Parking Area for an evening walk, where we will also look for wood frogs, spring peepers, and spring migrants. Bring binoculars and a camp chair. Meet at Kingsley Parking area in Little Bennett Regional Park, 24758 Clarksburg Rd., Clarksburg, MD 20871. Registration required. FOBH \$13

Little Bennett Regional Park

[Click to Register](#)

Mar 6

Fri

5 to 7pm

Ages 18 and up

\$14

1 class

[PBHDC0019-100001](#)

Mar 11

Wed

6 to 8pm

Ages 18 and up

\$14

1 class

[PBHDC0019-100002](#)

BLACK HILL DISCOVERY CENTER

Babes in a Backpack

Let's go outside and hike to improve fitness, play in nature, and experience the great outdoors as a family. You will meet a naturalist at the meet up spot and set out on a trail that will have nature play and fun learning prompts along the way. These hikes are designed for adults with young children. Most trails are not stroller accessible, so you'll need a backpack or carrier for younger kids and non-walkers. Please register everyone attending no later than 24 hours before the hike so we can contact you with the hike's location and other important information.

Black Hill Discovery Center

[Click to Register](#)

| | | | | | | |
|--------|-----|--------------|----------|-----------|---------|----------------------------------|
| Mar 11 | Wed | 10am to 12pm | All Ages | \$2/adult | 1 class | PBHDC0051-100001 |
| Apr 8 | Wed | 10am to 12pm | All Ages | \$2/adult | 1 class | PBHDC0051-100002 |
| May 13 | Wed | 10am to 12pm | All Ages | \$2/adult | 1 class | PBHDC0051-100003 |

Herp Hunt at Rachel Carson

Spring is such an exciting time of year, with plants and animals all waking up from their winter slumber. And it's one of the best times to go looking for herps (reptiles and amphibians). We'll trek through the fields and woods of Rachel Carson Conservation Park to a vernal pool looking for tadpoles, frogs, and salamanders and maybe we'll even get to see some snakes too! Meet at Rachel Carson Conservation Park, 22201 Zion Road, Brookeville, MD Registration required. FOBH \$6

Rachel Carson Conservation Park

[Click to Register](#)

| | | | | | | |
|--------|-----|---------------|--------------|-----|---------|----------------------------------|
| Mar 20 | Fri | 10 to 11:30am | Ages 6 to 12 | \$7 | 1 class | PBHDC0006-100002 |
| Mar 31 | Tue | 3:30 to 5pm | Ages 6 to 12 | \$7 | 1 class | PBHDC0006-100003 |

Salamanders Went Out on a Rainy Night

Once a year, on warm, rainy nights, elusive spotted salamanders migrate to breeding pools to mate and lay eggs. Sign up now to join us on that UNKNOWN March date and we'll call you the day of the hike. Wear shoes or boots that can get muddy, dress for the weather, and bring a flashlight. Children should be comfortable walking in the woods at night. The hike is about 1-mile roundtrip. Please register all participants. Be sure your contact information is updated and correct. When contacted on the day of the hike, registrants will need to confirm their attendance with a staff member. Meet at Rachel Carson Conservation Park, 22201 Zion Road, Brookeville, MD. Registration required.

Rachel Carson Conservation Park

[Click to Register](#)

| | | | | | | |
|---------|-----|-------------|---------------|------|---------|----------------------------------|
| Mar TBD | TBD | 7:30 to 9pm | Ages 6 and up | Free | 1 class | PBHDC0014-100001 |
|---------|-----|-------------|---------------|------|---------|----------------------------------|



BLACK HILL DISCOVERY CENTER

Explore A Park

New to the area or just want to get out for a hike? Explore different parks in Montgomery County with an experienced naturalist. Length of hike and trail difficulty varies from site to site.

Rachel Carson Conservation Park

Today we'll explore Rachel Carson Conservation Park, one of the county's premier conservation areas, walking through meadows, forest and along the Hawlings River. The length of this moderate hike depends on the pace and size of the group. Meet at the parking area, 22201 Zion Rd, Brookeville, MD.

Rachel Carson Conservation Park

[Click to Register](#)

| | | | | | | |
|--------|-----|-----------------|----------------|-----|---------|----------------------------------|
| Mar 27 | Fri | 9:30 to 11:30am | Ages 18 and up | \$2 | 1 class | PBHDC0065-100001 |
|--------|-----|-----------------|----------------|-----|---------|----------------------------------|

Dickerson Conservation Park

Today we'll explore Dickerson Conservation Park, a 304-acre park situated between the Potomac River and the C&O Canal and home to Maryland's largest tree, an American Sycamore. We should also see beautiful spring ephemeral wildflowers as we hike. Trails can be muddy, so please wear appropriate shoes, and you may want to bring a hiking pole as well. Meeting location is 20700 Martinsburg Road, Dickerson, MD 20842.

Dickerson Conservation Park

[Click to Register](#)

| | | | | | | |
|--------|-----|--------------|----------------|-----|---------|----------------------------------|
| Apr 20 | Mon | 10am to 12pm | Ages 18 and up | \$2 | 1 class | PBHDC0065-100002 |
|--------|-----|--------------|----------------|-----|---------|----------------------------------|

Block House Point Conservation Park

This park is one of Montgomery Parks' Best Natural Areas, including mature upland forest, floodplain forest, palustrine wetlands, streams, river-rock outcrops, at least nine species of threatened, endangered, or watchlist plants, a diversity of wildlife and grand views of the Potomac River and C&O Canal. There are numerous trails that were once used as a wartime transportation system for supplies in the Civil War and remnants of the blockhouses from that era. Meet at 14750 River Road, Darnestown, MD 20854.

Block House Point Conservation Park

[Click to Register](#)

| | | | | | | |
|-------|-----|--------------|----------------|-----|---------|----------------------------------|
| May 5 | Tue | 10am to 12pm | Ages 18 and up | \$2 | 1 class | PBHDC0065-100003 |
|-------|-----|--------------|----------------|-----|---------|----------------------------------|

Campfires at Black Hill

There is nothing like being at a campfire under the stars. Join a naturalist for themed songs, stories, games, and of course, s'mores around a fire. Bring a blanket if it's chilly. Meet at the campfire area by Shelter F on Parking Lot 3, in Black Hill Regional Park. Registration required for all attending. FOBH \$6

Black Hill Discovery Center

[Click to Register](#)

| | | | | | | |
|--------|-----|----------------|---------------|-----|---------|----------------------------------|
| Mar 28 | Sat | 6:30 to 7:30pm | Ages 1 and up | \$7 | 1 class | PBHDC0002-100001 |
| Apr 18 | Sat | 7 to 8pm | Ages 1 and up | \$7 | 1 class | PBHDC0002-100002 |
| May 30 | Sat | 7:30 to 8:30pm | Ages 1 and up | \$7 | 1 class | PBHDC0002-100003 |

BLACK HILL DISCOVERY CENTER

Nature Hunt

Let's take "I Spy" to the next level in the great outdoors. Drop by the Visitor Center, pick up a scavenger hunt sheet, get some helpful hints, and head out on a hunt for natural treasures! When you've finished, come back to the Discovery Center to get a prize. Registration is required but drop by anytime during program hours!

[Black Hill Discovery Center](#)

[Click to Register](#)

Apr 1

Wed

10am to 12pm

All Ages

Free

1 class

[PBHDC0011-100001](#)

THERAPEUTIC RECREATION

Adaptive Recreation – Gardening 101

Gardening has been proven to improve physical health, mental wellness, and cognitive ability! Join us for this 6-session series to learn how to grow native plants, herbs, or vegetables. This program is designed to support aspiring gardeners with disabilities. We will supply guidance and all materials, including accessible garden beds, worktables, and ergonomic garden tools. At the end of our program, you will have acquired the skills, and plants, to take home and continue your garden adventures. Participants will be asked to complete a Modification Intake Form upon registration to ensure appropriate support from Program Access. Meeting dates are: March 5, 19, April 2, 16, 30, May 14, 28. Registration required.

[Black Hill Discovery Center](#)

[Click to Register](#)

Mar 5 to May 28

Thu

4 to 5pm

Ages 18 and up

\$50

7 classes

[PBHDC0015-100001](#)

VOLUNTEER DAYS

Volunteer Days

We need your help at the park! Join us for a variety of projects which can earn Student Service Learning hours or come out to help because it just feels good to volunteer. Parents must accompany children 13 and under. Groups are welcome. Interested groups should email Katie.Festa@MontgomeryParks.org. Registration required. Please register at www.ParksVolunteers.org.

Mystery Project

[Black Hill Discovery Center](#)

[Click to Register](#)

Mar 31

Tue

1 to 3pm

Ages 5 and up

Free

1 class

[PBHDC0029-100001](#)

May 3

Sun

2 to 4pm

Ages 5 and up

Free

1 class

[PBHDC0029-100002](#)

May 27

Wed

10am to 12pm

Ages 5 and up

Free

1 class

[PBHDC0029-100004](#)

BLACK HILL DISCOVERY CENTER



Volunteer Days (continued)

Earth Day Clean-up

Join us in recognizing Earth Day through a volunteer park cleanup at Black Hill Discovery Center. Help beautify your community green spaces, keep litter out of our streams, and protect wildlife. We will provide bags and gloves. Wear close-toed shoes/boots and clothes that can get dirty. Bring a reusable water bottle. SSL hour forms will be provided!

Black Hill Discovery Center

[Click to Register](#)

Apr 22

Wed

4 to 6pm

Ages 5 and up

Free

1 class

[PBHDC0029-100003](#)

DAY TRIPS OR TOURS

Black Hill Van Trips

Join us for a van trip to local and regional natural sites. We may go hiking, visit native gardens, go birding, or visit interesting cultural and historical sites. Trips vary in length but are always done in small groups by van.

Chanticleer Garden

Today we travel to a unique 35-acre pleasure garden near Philadelphia, featuring courtyards of tropical, perennial, and container plantings, water gardens, fountains, and ponds. Also featured are vegetable and woodland gardens, The Ruin Garden, among others. We will walk on trails of various surfaces, some being uneven and hilly. Bring a bagged lunch, water, comfortable walking shoes, binoculars, and sunscreen. Also bring money for a quick supper stop on the way home. FOBH \$68

Black Hill Discovery Center

[Click to Register](#)

May 6

Wed

9am to 8pm

Ages 18 and up

\$70

1 class

[PBHDC0057-100003](#)

Blandy Experimental Farm

Today we are traveling to the 172-acre State Arboretum of Virginia which is centrally located in the Blandy Experimental Farm. We will take a Garden Tour and hike their Native Plant Trail as well as visit other areas in the Arboretum. Bring a bagged lunch, water, hat, sunscreen, bug spray, and any other items you'll need to be comfortable for the day. FOBH: \$58

Black Hill Discovery Center

[Click to Register](#)

Apr 21

Tue

8am to 5pm

Ages 18 and up

\$60

1 class

[PBHDC0057-100004](#)

MONTGOMERY PARKS

MUDFEST

JUNE 13, 2026 | 11AM - 3PM

\$20/Car

Get down and dirty, jumping, slipping, and sliding in giant mud pits! Cook up a mud pie, make mud art, and play games! This muddy fun is great for the whole family.

*This is a rain or shine event!

SAVE
THE
DATE

WOODSTOCK EQUESTRIAN PARK

20207 Darnestown Road | Beallsville, MD 20842

301-528-3480 | BlackHillDiscovery.org



BROOKSIDE NATURE CENTER



BROOKSIDE
NATURE CENTER



BROOKSIDE NATURE CENTER

1400 Glenallan Ave | Wheaton, MD 20902

301-962-1480

BrooksideNature.org

HIKES, SCAVENGER HUNTS & CAMPFIRES

Treasure Hunting in Wheaton Regional Park

Geocaching is a fun way to get outside and explore. With the help of a park naturalist, participants will hike Wheaton Regional Park looking for and finding caches. Make sure to dress for the weather and for natural surface trail conditions. Bring your cellular phone, water bottle and trail snacks. Adults and children must register.

Brookside Nature Center

[Click to Register](#)

| | | | | | | |
|-------|-----|-----------------------|---------------|------|---------|---------------------------------|
| Mar 7 | Sat | 10:30am to 12:30pm | Ages 8 and up | \$10 | 1 class | PBNC0041-100001 |
|-------|-----|-----------------------|---------------|------|---------|---------------------------------|

Nature Hike and Seek: Buds

Join a Park Naturalist and seek the many natural wonders of Wheaton Regional Park. Preschoolers and their favorite adult will have the opportunity to collect, count and sort different natural materials (pre-math), recognize shapes and patterns in nature (art) and develop social skills like sharing and cooperation. Register each child, a guardian must attend.

Brookside Nature Center

[Click to Register](#)

| | | | | | | |
|--------|-----|------------------|-------------|-----|---------|---------------------------------|
| Mar 18 | Wed | 10:30 to 11:30am | Ages 3 to 5 | \$7 | 1 class | PBNC0042-100017 |
|--------|-----|------------------|-------------|-----|---------|---------------------------------|

Warm Up Woods Hike

Search for and learn about ephemeral wildflowers that take advantage of the early spring sunshine that reaches the forest floor. It's a magical time to be in the woods! We'll hike approximately 2-3 miles on natural surface trails. All attendees must register. Meet at Wheaton Park Stables.

Brookside Nature Center

[Click to Register](#)

| | | | | | | |
|--------|-----|-----------------|----------------|------|---------|---------------------------------|
| Apr 11 | Sat | 10:30am to 12pm | Ages 18 and up | \$10 | 1 class | PBNC0092-100002 |
|--------|-----|-----------------|----------------|------|---------|---------------------------------|

Sunrise Hike

What better way to start the day than with a refreshing hike in Wheaton Regional Park! Join other early risers to see who's out and about as the sun is rising. We will be hiking approximately 3 miles on natural surface trails. Meet at Shorefield Area of Wheaton Regional Park. All attendees must register.

Brookside Nature Center

[Click to Register](#)

| | | | | | | |
|--------|-----|-------------|----------------|-----|---------|---------------------------------|
| Apr 17 | Fri | 6 to 7:30am | Ages 18 and up | \$7 | 1 class | PBNC0087-100001 |
|--------|-----|-------------|----------------|-----|---------|---------------------------------|

Evening Campfire

Meet your neighbors around the campfire! Learn a bit about living with local wildlife, roast a marshmallow, play some games, and take a guided evening hike (optional). Marshmallows and roasting sticks provided, bring other treats if you'd like! All attendees ages 3 and up must register; no registration required under 3.

Brookside Nature Center

[Click to Register](#)

| | | | | | | |
|-------|-----|-------------|---------------|-----|---------|---------------------------------|
| May 2 | Sat | 7 to 8:30pm | Ages 3 and up | \$7 | 1 class | PBNC0053-100001 |
|-------|-----|-------------|---------------|-----|---------|---------------------------------|

Mindfulness Walk

Join a naturalist for a guided meditation while walking the beautiful grounds of the Nature Center. Learn and practice techniques to tune into your body and find peace in the present moment. Includes tea/coffee. This program is part of a 3-week series. Participants are welcome to register for individual sessions or for the full series.

Brookside Nature Center

[Click to Register](#)

| | | | | | | |
|--------|-----|----------|----------------|------|---------|---------------------------------|
| May 8 | Fri | 1 to 2pm | Ages 55 and up | Free | 1 class | PBNC0122-200001 |
| May 15 | Fri | 1 to 2pm | Ages 55 and up | Free | 1 class | PBNC0122-200002 |
| May 22 | Fri | 1 to 2pm | Ages 55 and up | Free | 1 class | PBNC0122-200003 |

Nature Hike and Seek: Colors

Join a Park Naturalist and seek the many natural wonders of Wheaton Regional Park. Preschoolers and their favorite adult will have the opportunity to collect, count and sort different natural materials (pre-math), recognize shapes and patterns in nature (art) and develop social skills like sharing and cooperation. Register each child, a guardian must attend.

Brookside Nature Center

[Click to Register](#)

| | | | | | | |
|--------|-----|------------------|-------------|-----|---------|---------------------------------|
| May 13 | Wed | 10:30 to 11:30am | Ages 3 to 5 | \$7 | 1 class | PBNC0042-100018 |
| May 27 | Wed | 10:30 to 11:30am | Ages 3 to 5 | \$7 | 1 class | PBNC0042-100019 |

NATURE, OUTDOOR EXPLORATION, AND SKILLS

Make & Take: Kites

Do March winds really bring April showers? We'll learn why spring can be one of the windiest times of year and explore how and why the wind blows. We'll also make our own kites to take home! Register each child, a guardian must attend.

Brookside Nature Center

[Click to Register](#)

| | | | | | | |
|--------|-----|----------------|---------------|------|---------|---------------------------------|
| Mar 21 | Sat | 2:30 to 3:30pm | Ages 5 and up | \$10 | 1 class | PBNC0117-100001 |
|--------|-----|----------------|---------------|------|---------|---------------------------------|

Little Explorers

Let's read stories, sing songs, and take mini-hikes meant for the youngest legs! Please note: The Little Explorers programs scheduled in the same month will have the same topic and activities. Register each child, a guardian must attend.

Brookside Nature Center

[Click to Register](#)

Worms

| | | | | | | |
|--------|-----|------------------|--------------------------|-----|---------|---------------------------------|
| Mar 11 | Wed | 10:30 to 11:15am | 18 months to 2 years old | \$7 | 1 class | PBNC0073-100007 |
| Mar 25 | Wed | 10:30 to 11:15am | 18 months to 2 years old | \$7 | 1 class | PBNC0073-100008 |

Wheaton Regional Park - Shorefield Area

[Click to Register](#)

Birds

| | | | | | | |
|--------|-----|------------------|--------------------------|-----|---------|---------------------------------|
| Apr 8 | Wed | 10:30 to 11:15am | 18 months to 2 years old | \$7 | 1 class | PBNC0073-100009 |
| Apr 22 | Wed | 10:30 to 11:15am | 18 months to 2 years old | \$7 | 1 class | PBNC0073-100010 |

Brookside Nature Center

[Click to Register](#)

Flowers

| | | | | | | |
|--------|-----|------------------|--------------------------|-----|---------|---------------------------------|
| May 6 | Wed | 10:30 to 11:15am | 18 months to 2 years old | \$7 | 1 class | PBNC0073-100011 |
| May 16 | Sat | 10:30 to 11:15am | 18 months to 2 years old | \$7 | 1 class | PBNC0073-100012 |
| May 20 | Wed | 10:30 to 11:15am | 18 months to 2 years old | \$7 | 1 class | PBNC0073-100013 |

Campfire Cooking

Join a park naturalist to cook over an open fire. Supplies to cook three items will be provided. Participants are encouraged to bring any other campfire snack for roasting. All attendees must register.

Brookside Nature Center

[Click to Register](#)

| | | | | | | |
|-------|-----|--------------------|---------------|------|---------|---------------------------------|
| May 2 | Sat | 10:30am to 12:30pm | Ages 8 and up | \$15 | 1 class | PBNC0110-100001 |
|-------|-----|--------------------|---------------|------|---------|---------------------------------|

Afternoon at the Stream

A warm day is a great time to cool off at the stream! Bring your water shoes and we'll bring the buckets, nets, and other equipment needed to explore and have fun! Meet at Wheaton Park Stables. All attendees ages 3 and up must register; no registration required under 3.

Brookside Nature Center

[Click to Register](#)

| | | | | | | |
|--------|-----|----------|---------------|-----|---------|---------------------------------|
| May 16 | Sat | 2 to 3pm | Ages 3 and up | \$7 | 1 class | PBNC0066-100001 |
|--------|-----|----------|---------------|-----|---------|---------------------------------|

Drop-in Weekend Programs

Free | No Registration Required

Creature Feature

March 14, 28; May 9, 23 | 1:30 to 2:00 pm

All Ages

Join us for an up-close encounter with one of our animal ambassadors. Why do they live at the nature center? What would their wild counterparts be doing at this time of year? We'll answer these questions and more.



Turtle Talk

May 2, 16, 30 | 1:30 to 2:00 pm

All Ages

Watch our Eastern box turtle stretch their legs in their outdoor enclosure! Learn about the big role they play in our forests and communities.



Community Hike

March 14, May 9 - Brookside Nature Center

April 18 - Northwest Branch

Times: 10:30 to 11:30 am

Ages 7 and up

Join a park naturalist for an introductory hike to get to know the trails in Wheaton Regional Park! The hike is limited to the first 20 guests to arrive.



MONTGOMERY PARKS

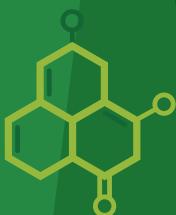


COMMUNITY SCIENCE FESTIVAL

Saturday, April 25, 2026
10 am to 2 pm
Rock Creek Regional Park



For more information
scan the QR code or go to
MoCoParks.org/CSFestival



MontgomeryParks.org

LOCUST GROVE NATURE CENTER



LOCUST GROVE
NATURE CENTER



LOCUST GROVE NATURE CENTER

7777 Democracy Blvd | Bethesda, MD 20817

301-765-8660

LocustGroveNature.org

SPECIAL EVENTS

Community Science Festival

Join us for the return of the Community Science Festival- a celebration of natural science and engaging the community as we take part in the global City Nature Challenge bioblitz as part of team Washington DC! Learning and fun for all ages at this free event- registration not required but registration guarantees you a free takeaway item. Take part in hands-on and minds-on discovery with the Nature on Wheels, environmental exhibitors, walks and talks with naturalists as well as our Teens Engaged and Empowered in Nature Stewardship program interns. If you just love nature from the sidewalk outside your door to the vast expanses of our parks, this is the event for you.

Rock Creek Regional Park

[Click to Register](#)

Apr 25

Sat

10am to 2pm

All Ages

Free

1 class

[PLGNC0053-100001](#)

Spring Native Plant Sale

Beautify your backyard with native plants! Shop a unique selection of the highest quality plants. Ask the experts your questions about growing low-maintenance and pest-resistant varieties that help attract wildlife to your garden. Free Admission. No Registration Required. Sales support educational programs at Locust Grove Nature Center. This in-person sale will be held at Pope Farm Nursery 7400 Airpark Rd. in Gaithersburg (Note: Pope Farm Nursey is open to the public during these sale hours only).

Pope Farm Nursery

May 16 to 17 Sat and Sun 10am to 2pm

ART & CRAFTING

Art in Nature

Learn how to connect with the natural world through art.

Locust Grove Nature Center

[Click to Register](#)

Nature Drawing-Skulls, Tracks and Scat

Mar 7

Sat

4:30 to 6pm

Ages 16 and up

Free

1 class

[PLGNC0031-100007](#)

Nature Journaling for Kids-Skulls, Tracks and Scat

Mar 28

Sat

4:30 to 6pm

Ages 8 to 15

Free

1 class

[PLGNC0031-100010](#)

Nature Journaling for Adults-Skulls, Tracks and Scat

Mar 28

Sat

4:30 to 6pm

Ages 16 and up

Free

1 class

[PLGNC0031-100011](#)

Nature Drawing-Nests and Eggs

Apr 4

Sat

4:30 to 6pm

Ages 16 and up

Free

1 class

[PLGNC0031-100008](#)

Tea Time with Grandmother Sycamore

Apr 19

Sun

4:30 to 5:30pm

Ages 5 to 8

\$8

1 class

[PLGNC0031-100006](#)

LOCUST GROVE NATURE CENTER



Art in Nature (continued)

Locust Grove Nature Center

[Click to Register](#)

Nature Journaling for Kids-Nests and Eggs

| | | | | | | |
|--------|-----|-------------|--------------|------|---------|----------------------------------|
| Apr 25 | Sat | 4:30 to 6pm | Ages 8 to 15 | Free | 1 class | PLGNC0031-100012 |
|--------|-----|-------------|--------------|------|---------|----------------------------------|

Nature Journaling for Adults-Nests and Eggs

| | | | | | | |
|--------|-----|-------------|----------------|------|---------|----------------------------------|
| Apr 25 | Sat | 4:30 to 6pm | Ages 16 and up | Free | 1 class | PLGNC0031-100013 |
|--------|-----|-------------|----------------|------|---------|----------------------------------|

Nature Drawing-Insects and Bugs

| | | | | | | |
|-------|-----|-------------|----------------|------|---------|----------------------------------|
| May 2 | Sat | 4:30 to 6pm | Ages 16 and up | Free | 1 class | PLGNC0031-100009 |
|-------|-----|-------------|----------------|------|---------|----------------------------------|

Nature Journaling for Kids-Insects and Bugs

| | | | | | | |
|--------|-----|-------------|--------------|------|---------|----------------------------------|
| May 23 | Sat | 4:30 to 6pm | Ages 8 to 15 | Free | 1 class | PLGNC0031-100014 |
|--------|-----|-------------|--------------|------|---------|----------------------------------|

Nature Journaling for Adults-Insects and Bugs

| | | | | | | |
|--------|-----|-------------|----------------|------|---------|----------------------------------|
| May 23 | Sat | 4:30 to 6pm | Ages 16 and up | Free | 1 class | PLGNC0031-100015 |
|--------|-----|-------------|----------------|------|---------|----------------------------------|

Nature Art Spring Celebration

| | | | | | | |
|--------|-----|----------|----------------|-----|---------|----------------------------------|
| May 30 | Sat | 5 to 7pm | Ages 16 and up | \$7 | 1 class | PLGNC0031-100016 |
|--------|-----|----------|----------------|-----|---------|----------------------------------|

PLAYTIME OR STORYTIME

Nature Night In

Need a break? Drop the kids for a Nature Night In and enjoy 3 hours away! We'll have a fun filled night with age appropriate nature based games, a picnic dinner, a hike and campfire if weather permits or a nature themed movie night if it's rainy. Children must be potty trained and dressed appropriately for weather. Please pack a nut-free dinner, snack, and a water.

Locust Grove Nature Center

[Click to Register](#)

| | | | | | | |
|--------|-----|----------|--------------|------|---------|----------------------------------|
| Mar 14 | Sat | 4 to 7pm | Ages 4 to 10 | \$25 | 1 class | PLGNC0042-100001 |
|--------|-----|----------|--------------|------|---------|----------------------------------|

| | | | | | | |
|--------|-----|----------|--------------|------|---------|----------------------------------|
| Apr 18 | Sat | 4 to 7pm | Ages 4 to 10 | \$25 | 1 class | PLGNC0042-100002 |
|--------|-----|----------|--------------|------|---------|----------------------------------|

| | | | | | | |
|-------|-----|----------|--------------|------|---------|----------------------------------|
| May 9 | Sat | 4 to 7pm | Ages 4 to 10 | \$25 | 1 class | PLGNC0042-100003 |
|-------|-----|----------|--------------|------|---------|----------------------------------|

GARDENING & NATIVE PLANTS

Wildflower Walks

For just a few magical weeks in the Spring, the forest floor is studded with our most beautiful woodland wildflowers, including spring beauties, bluebells, and bloodroot. Take a leisurely stroll through the park with our Master Naturalists who will interpret this spectacular show before it disappears entirely (at least until next spring!). Now a three part series, you may join us for one class or sign up for all three to watch the season unfold before your eyes. This trail difficulty is moderate. The trail is on natural surfaces with dirt, rock and rut. Trails steepness varies and some trails will only be accessible with stairs.

Locust Grove Nature Center

[Click to Register](#)

| | | | | | | |
|--------|-----|---------------|----------------|-----|---------|----------------------------------|
| Mar 22 | Sun | 10 to 11:30am | Ages 16 and up | \$7 | 1 class | PLGNC0022-100001 |
| Apr 12 | Sun | 10 to 11:30am | Ages 16 and up | \$7 | 1 class | PLGNC0022-100002 |
| May 3 | Sun | 10 to 11:30am | Ages 16 and up | \$7 | 1 class | PLGNC0022-100003 |

#PlantNative Nativescaping Series

Check out our nativescaping programs and learn how to incorporate native plants into your landscape.

Locust Grove Nature Center

[Click to Register](#)

Getting started with Native Plants: Nativescaping 101

| | | | | | | |
|--------|-----|----------|----------------|------|---------|----------------------------------|
| Mar 29 | Sun | 2 to 4pm | Ages 18 and up | \$20 | 1 class | PLGNC0040-100001 |
|--------|-----|----------|----------------|------|---------|----------------------------------|

Gardening with your body: Getting in the dirt without the hurt

| | | | | | | |
|--------|-----|----------|----------------|------|---------|----------------------------------|
| May 10 | Sun | 2 to 4pm | Ages 18 and up | \$20 | 1 class | PLGNC0040-100006 |
|--------|-----|----------|----------------|------|---------|----------------------------------|

#PlantNative three class series:

April 12 - When the time is right: Seasonality in the Nativescape

April 19 - Right Plant Right Place: Habitat Preferences and Design

May 3 - Nativescaping with Wildlife: Balance welcome and unwelcome visitors

| | | | | | | |
|-------------------|-----|----------|----------------|------|-----------|----------------------------------|
| Apr 12, 19; May 3 | Sun | 2 to 4pm | Ages 18 and up | \$50 | 3 classes | PLGNC0040-100002 |
|-------------------|-----|----------|----------------|------|-----------|----------------------------------|

LOCUST GROVE NATURE CENTER



MINDFULNESS & WELLNESS

Spring Forest Bathing

Forest bathing promotes wellness through deepening our connection to natural environments. Based on the Japanese practice of Shinrin-Yoku, which translates as “taking in the atmosphere of the forest.”. This 2-hour session, led by certified forest therapy guide Adria S. Zeldin, will guide you through mindfulness-based sensory invitations to help you slow down, awaken your senses, and reconnect with nature. Please dress comfortably with the weather in mind. We will be outdoors and moving slowly so you may want to bring extra layers. This trail difficulty is moderate. The trail is on natural surfaces with dirt, rock and rut. Trails steepness varies and some trails will only be accessible with stairs. Inclement weather will cancel this program. Registration required for 18 and up

Locust Grove Nature Center

[Click to Register](#)

| | | | | | | |
|---------|-----|--------------|----------------|------|---------|----------------------------------|
| Apr 25 | Sat | 10am to 12pm | Ages 18 and up | \$10 | 1 class | PLGNC0015-100001 |
| May 16 | Sat | 10am to 12pm | Ages 18 and up | \$10 | 1 class | PLGNC0015-100002 |
| June 20 | Sat | 10am to 12pm | Ages 18 and up | \$10 | 1 class | PLGNC0015-100003 |

HIKES, SCAVENGER HUNTS & CAMPFIRES

Nature Families- Spring

In this 10-week session, caregivers will have the chance to play, create and learn right alongside their little nature explorers. Each hour class will include a hike, storytime and hands-on, nature-based activities that encourages imaginative play, curiosity, and cooperation. No class April 2 and hold May 21 for weather makeup (10 classes).

Locust Grove Nature Center

[Click to Register](#)

| | | | | | | |
|-----------------|-----|-----------------|---------------|-------|------------|----------------------------------|
| Mar 5 to May 14 | Thu | 10:30am to 12pm | Ages 1.5 to 3 | \$150 | 10 classes | PLGNC0007-100001 |
|-----------------|-----|-----------------|---------------|-------|------------|----------------------------------|

Baby and Me Nature Walks

Studies show that babies as young as a few weeks old thrive with daily outside time. Join us for a guided nature walk on the trails of Cabin John Park. Get to know other local parents and caregivers while enjoying the fresh and spending quality time with baby. Trails are not stroller accessible so baby must be in a carrier.

Locust Grove Nature Center

[Click to Register](#)

| | | | | | | |
|-----------------|-----|------------|--------------------|------|-----------|----------------------------------|
| Apr 8 to May 13 | Wed | 10 to 11am | Ages 1.5 and under | \$45 | 6 classes | PLGNC0008-100001 |
|-----------------|-----|------------|--------------------|------|-----------|----------------------------------|

LOCUST GROVE NATURE CENTER

Family Nature Hikes

Join a Master Naturalist for an easy walk through the woods. Along the way, we'll look for wildlife, wildflowers, and anything else of interest as the park transitions into spring. Please register every member of your group in advance. Walk takes place on natural surface trails. Rain cancels the program.

| <i>Locust Grove Nature Center</i> | | | | | | Click to Register |
|-----------------------------------|-----|------------|---------------|-----|---------|-----------------------------------|
| Mar 21 | Sat | 10 to 11am | Ages 6 and up | \$7 | 1 class | PLGNC0006-100001 |
| Apr 11 | Sat | 10 to 11am | Ages 6 and up | \$7 | 1 class | PLGNC0006-100002 |
| May 2 | Sat | 10 to 11am | Ages 6 and up | \$7 | 1 class | PLGNC0006-100003 |

Full Moon Fridays

Join us for the magic of the full moon for a hike and campfire on each Friday nearest the full moon.

| <i>Locust Grove Nature Center</i> | | | | | | Click to Register |
|-----------------------------------|-----|-------------|---------------|-----|---------|-----------------------------------|
| Mar 6 | Fri | 6:30 to 8pm | Ages 5 and up | \$8 | 1 class | PLGNC0001-100001 |
| Apr 3 | Fri | 6:30 to 8pm | Ages 5 and up | \$8 | 1 class | PLGNC0001-100002 |
| May 1 | Fri | 6:30 to 8pm | Ages 5 and up | \$8 | 1 class | PLGNC0001-100003 |

NATURE, OUTDOOR EXPLORATION, AND SKILLS

Project FeederWatch

Are you interested in birding? Do you want to be part of a national community science project? Then, join us at Locust Grove Nature Center for Project FeederWatch. Project FeederWatch is a seasonal community science project, where participants count the different species of birds that flock to a bird feeder. All levels of birders are welcome. We advise you to dress appropriately for the weather and to bring your binoculars if you have them. Registration is encouraged, just so we can notify participants of cancellations. You are not required to attend all the sessions in the season, come to as many as you like. If you have any questions, please feel free to send an email to MCP-LocustGrove@MontgomeryParks.org.

| <i>Locust Grove Nature Center</i> | | | | | | Click to Register |
|-----------------------------------|-----|--------------|----------------|------|-----------|-----------------------------------|
| FeederWatch Thursdays | | | | | | |
| Mar 5 to Apr 23 | Thu | 11am to 12pm | Ages 18 and up | Free | 8 classes | PLGNC0018-100001 |
| FeederWatch Fridays | | | | | | |
| Mar 6 to Apr 24 | Fri | 11am to 12pm | Ages 18 and up | Free | 8 classes | PLGNC0018-100002 |

LOCUST GROVE NATURE CENTER

Morning Tweets and Tea

Do you have an interest in birding? Then join us for a morning of bird watching and bird themed discussions at Locust Grove Nature Center. Bring a thermos of your favorite breakfast beverage to enjoy as you learn about the world of birds. Registration is required for this program.

Locust Grove Nature Center

[Click to Register](#)

Morning Tweets & Tea- Learning Birdsong

| | | | | | | |
|-------|-----|-----------|----------------|------|---------|----------------------------------|
| Mar 6 | Fri | 9 to 10am | Ages 18 and up | Free | 1 class | PLGNC0024-100001 |
|-------|-----|-----------|----------------|------|---------|----------------------------------|

Morning Tweets & Tea-Nests and Eggs

| | | | | | | |
|-------|-----|-----------|----------------|------|---------|----------------------------------|
| Apr 3 | Fri | 9 to 10am | Ages 18 and up | Free | 1 class | PLGNC0024-100002 |
|-------|-----|-----------|----------------|------|---------|----------------------------------|

Morning Tweets & Tea-Native Plants and Birds

| | | | | | | |
|-------|-----|-----------|----------------|------|---------|----------------------------------|
| May 1 | Fri | 9 to 10am | Ages 18 and up | Free | 1 class | PLGNC0024-100003 |
|-------|-----|-----------|----------------|------|---------|----------------------------------|

Community Science Night Hike

So much happens in the park after dark! Nighttime is often the best chance to encounter wildlife such as owls, foxes, bats, and frogs. Join a Naturalist for a guided wildlife-monitoring walk and help document the species that make their home here. Each session introduces participants to the iNaturalist app (please download ahead of time), which we'll use to record photos and sounds of the plants and animals we discover. Observations you make during these walks directly contribute to several long-running ecological surveys in our park—ongoing projects that help staff track changes in wildlife populations, evaluate habitat health, and decide where conservation efforts are most needed. This is a casual, welcoming program designed for adults of all backgrounds—no previous nature knowledge required. Severe weather cancels the program. Walks take place near sunset on natural-surface trails (not wheelchair accessible). Please bring a flashlight and dress for an evening in the woods.

Locust Grove Nature Center

[Click to Register](#)

| | | | | | | |
|--------|-----|-------------|----------------|------|---------|----------------------------------|
| Mar 7 | Sat | 6 to 7:30pm | Ages 16 and up | Free | 1 class | PLGNC0013-100002 |
| Apr 4 | Sat | 7:30 to 9pm | Ages 16 and up | Free | 1 class | PLGNC0013-100003 |
| May 2 | Sat | 7:30 to 9pm | Ages 16 and up | Free | 1 class | PLGNC0013-100004 |
| May 30 | Sat | 8 to 9:30pm | Ages 16 and up | Free | 1 class | PLGNC0013-100005 |

Walk with a Master Naturalist

Join a Master Naturalist for an easy walk through the woods. Along the way, we'll look for wildlife, wildflowers, and anything else of interest as the park transitions into autumn. This program is intended for participants 55+ but friends and family of all ages are welcome. Please register every member of your group in advance. Walk takes place on natural surface trails. Rain cancels the program.

Locust Grove Nature Center

[Click to Register](#)

| | | | | | | |
|--------|-----|--------------|----------------|-----|---------|----------------------------------|
| Mar 26 | Thu | 9:30 to 11am | Ages 18 and up | \$7 | 1 class | PLGNC0039-100001 |
| Apr 16 | Thu | 9:30 to 11am | Ages 18 and up | \$7 | 1 class | PLGNC0039-100002 |
| May 7 | Thu | 9:30 to 11am | Ages 18 and up | \$7 | 1 class | PLGNC0039-100003 |

LOCUST GROVE NATURE CENTER

LGBTQIA + Nature Hike

Come and explore nature with your little ones with our Rainbow Nature Families programs, all families welcome.

Locust Grove Nature Center

[Click to Register](#)

| | | | | | | |
|--------|-----|-----------------|---------------|------|---------|----------------------------------|
| Mar 29 | Sun | 11:30am-12:30pm | Ages 5 and up | Free | 1 class | PLGNC0056-100001 |
|--------|-----|-----------------|---------------|------|---------|----------------------------------|

Migratory Bird Watch

Celebrate World Migratory Bird Day here at Locust Grove Nature Center. Join us as we keep track of the different migratory birds that pass through the park this time of year. Ask our naturalist any bird related questions as well. All levels of birders welcome, you are welcome to bring your own pair of binoculars, the nature center will have pairs to borrow if necessary. Registration is required for this program.

Locust Grove Nature Center

[Click to Register](#)

| | | | | | | |
|-------|-----|-------------|----------------|------|---------|----------------------------------|
| May 9 | Sat | 7:30 to 9am | Ages 18 and up | Free | 1 class | PLGNC0002-100003 |
|-------|-----|-------------|----------------|------|---------|----------------------------------|

Queer Ecology

Join a naturalist to learn about Queer Ecology, an interdisciplinary field that challenges traditional binary views to show the complexity of the natural world. There will be a short presentation and discussion followed by a nature hike.

Locust Grove Nature Center

[Click to Register](#)

| | | | | | | |
|--------|-----|----------------|----------------|------|---------|----------------------------------|
| May 24 | Sun | 4:30 to 5:30pm | Ages 18 and up | Free | 1 class | PLGNC0055-100001 |
|--------|-----|----------------|----------------|------|---------|----------------------------------|

DAY TRIPS AND TOURS

Mt. Cuba Botanical Garden Spring Ephemerals Trip

Join us for a special spring excursion to Mt. Cuba Center—a must-see destination for every native-plant enthusiast and anyone who's even a little native-plant curious. We've chosen this date to catch the spectacular peak of their spring ephemeral wildflowers, one of the most magical times of year in their renowned woodland gardens.

Our trip begins with bus transportation from Locust Grove Nature Center, departing at 9:00am. After a two-hour drive, we'll arrive in Hockessin, Delaware for a private group tour of Mt. Cuba's native plant collections and their research-focused study garden. Following the tour, we'll enjoy a group picnic on the lawn—please bring a bagged lunch—and then you'll have a couple of hours to explore the gardens on your own or with a small group. We'll depart Mt. Cuba at 3:00pm and return to Locust Grove by 5:00pm. Expect to spend most of the day outdoors, walking on mulched or natural-surface trails, some of which include gentle hills. Bring weather-appropriate layers (including a waterproof shell), comfortable outdoor walking shoes, a hiking pole if you prefer, a packed lunch, and a reusable water bottle. We'll provide snacks for the road. Come experience the best of spring in one of the region's finest native plant gardens!

Locust Grove Nature Center

[Click to Register](#)

| | | | | | | |
|-------|-----|------------|----------------|------|---------|----------------------------------|
| May 1 | Fri | 9am to 5pm | Ages 18 and up | \$70 | 1 class | PLGNC0054-100001 |
|-------|-----|------------|----------------|------|---------|----------------------------------|



Spring Break Stewardship Team

Locust Grove Nature Center

Spend spring break in a beautiful outdoor setting while learning about native wildflowers, park stewardship, and habitat restoration!

Teen volunteers will work together as a team to remove invasive weeds, plant native wildflowers, and tend to the Locust Grove Nature Center's gardens and trails.

March 30 to April 3

10am to 2pm daily

Ages 14 to 17

- **SSL hours provided.**
- **No prior experience required - just a willingness to work outdoors.**



Learn more at
MoCoParks.org/teenstewards

LOCUST GROVE NATURE CENTER

7777 Democracy Blvd | Bethesda, MD 20817

301-765-8660 | LocustGroveNature.org



NATURE ON WHEELS



NATURE ON WHEELS

At a park near you!

301-765-8665 | MoCoParks.org/NoW

NATURE & OUTDOORS

Nature Center Pop-Up

We are bringing the nature center to you! Come talk with a naturalist and explore the natural world through various programs with our Nature on Wheels.

Fairland Recreational Park

[Click to Register](#)

| | | | | | |
|--------|-----|-----------|----------|------|----------------------------------|
| Mar 15 | Sun | 12 to 3pm | All Ages | Free | PLGNC0034-100001 |
|--------|-----|-----------|----------|------|----------------------------------|

Needwood Mansion

[Click to Register](#)

| | | | | | |
|--------|-----|-----------|----------|------|----------------------------------|
| Apr 19 | Sun | 12 to 3pm | All Ages | Free | PLGNC0034-100002 |
|--------|-----|-----------|----------|------|----------------------------------|

Laytonia Recreational Park

| | | | | | |
|-------|-----|-----------|----------|------|----------------------------------|
| May 3 | Sun | 12 to 3pm | All Ages | Free | PLGNC0034-100003 |
|-------|-----|-----------|----------|------|----------------------------------|

Hike to Parks Unknown: 55+ Beginner

Join a Park Naturalist for an off-site hike and get to know a new park! Includes 1 hour hike. The Nature on Wheels vehicle will provide seating, water and bathroom access (using stairs). This event is for beginner hikers with more emphasis on nature interpretation. Trail is selected for level or grassy walking surface and distance will be under 1.5 miles. Slopes on these trails can be moderate.

Fairland Recreational Park

[Click to Register](#)

| | | | | | | |
|--------|-----|--------------|----------------|------|---------|----------------------------------|
| Mar 15 | Sun | 9:30 to 11am | Ages 55 and up | \$10 | 1 class | PLGNC0041-100004 |
|--------|-----|--------------|----------------|------|---------|----------------------------------|

Needwood Mansion

| | | | | | | |
|--------|-----|--------------|----------------|------|---------|----------------------------------|
| Apr 19 | Sun | 9:30 to 11am | Ages 55 and up | \$10 | 1 class | PLGNC0041-100005 |
|--------|-----|--------------|----------------|------|---------|----------------------------------|

Laytonia Recreational Park

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|--------|-----|--------------|----------------|------|---------|----------------------------------|
| May 10 | Sun | 9:30 to 11am | Ages 55 and up | \$10 | 1 class | PLGNC0041-100006 |
|--------|-----|--------------|----------------|------|---------|----------------------------------|

Hike to Parks Unknown: 55+ Intermediate

Join a Park Naturalist for an off-site hike and get to know a new park! Includes a 90 minute hike. The Nature on Wheels vehicle will provide seating, water and bathroom access (using stairs). This event is for experienced hikers. Trail may be rocky or steep and distance will be around 2 miles. Look for the Nature On Wheels vehicle.

Rachel Carson Conservation Park

[Click to Register](#)

| | | | | | | |
|--------|-----|-------------|----------------|------|---------|----------------------------------|
| Mar 13 | Fri | 1 to 2:30pm | Ages 55 and up | \$10 | 1 class | PLGNC0041-100001 |
|--------|-----|-------------|----------------|------|---------|----------------------------------|

Bucklodge Conservation Park

| | | | | | | |
|--------|-----|-------------|----------------|------|---------|----------------------------------|
| Apr 17 | Fri | 1 to 2:30pm | Ages 55 and up | \$10 | 1 class | PLGNC0041-100002 |
|--------|-----|-------------|----------------|------|---------|----------------------------------|

Lois Y Green Conservation Park

| | | | | | | |
|-------|-----|-------------|----------------|------|---------|----------------------------------|
| May 8 | Fri | 1 to 2:30pm | Ages 55 and up | \$10 | 1 class | PLGNC0041-100003 |
|-------|-----|-------------|----------------|------|---------|----------------------------------|



MAYDALE NATURE CLASSROOM



MAYDALE NATURE CLASSROOM

1638 Maydale Drive | Colesville, MD 20905

301-962-1496

MaydaleNature.org

MAYDALE NATURE CLASSROOM

PLAYTIME OR STORYTIME

Discover and Share Nature Finds

Have you found an interesting leaf or seed, or perhaps snapped a photo of an animal track or other sign of wildlife in the park? Bring your discovery along—this gathering welcomes curiosity and wonder. If you’re unsure what you’ve found, guidebooks, the naturalist, and fellow visitors are ready to help. And if you haven’t anything to show, simply stop by to see what others have uncovered or to explore the naturalist’s fascinating collection—you may well leave inspired by nature’s variety.

| <i>Maydale Nature Classroom</i> | | | | | | | Click to Register |
|---------------------------------|-----|------------------|----------|------|---------|---------------------------------|-----------------------------------|
| Mar 5 | Thu | 10:30 to 11:15am | All ages | Free | 1 class | PMAY0046-100001 | |
| Apr 2 | Thu | 10:30 to 11:15am | All ages | Free | 1 class | PMAY0046-100002 | |

Salamander Stroll

Enjoy a naturalist-led nature hike as we stroll through the woods looking for salamanders! Learn about some amazing salamander abilities and where they like to hide through a story-time and a super salamander craft. This program is intended for children 3-5 with their accompanying guardians.

| <i>Maydale Nature Classroom</i> | | | | | | | Click to Register |
|---------------------------------|-----|------------------|-------------|-----|---------|---------------------------------|-----------------------------------|
| Apr 17 | Fri | 10:30 to 11:30am | Ages 3 to 5 | \$7 | 1 class | PMAY0047-100001 | |

Adventures in Nesting!

Celebrate Migratory Bird Day with this creative nest building and egg dyeing challenge. Participants will enjoy a short “migration” hike to find a local birds and create a nest and egg of their own to take home.

| <i>Maydale Nature Classroom</i> | | | | | | | Click to Register |
|---------------------------------|-----|------------------|-------------|-----|---------|---------------------------------|-----------------------------------|
| May 7 | Thu | 10:30 to 11:30am | Ages 3 to 5 | \$7 | 1 class | PMAY0048-100001 | |

MINDFULNESS & WELLNESS

Paws With A Therapy Dog

If you just need a little boost, a bit of laughter or just a break from your daily routine stop by to meet a friendly canine! Therapy dogs are not service dogs. They are simply dogs trained to provide comfort, affection, and support to individuals in various settings such as schools, hospitals or nursing homes. All attendees must register. Minors must be accompanied by an adult.

| <i>Maydale Nature Classroom</i> | | | | | | | Click to Register |
|---------------------------------|-----|------------------|---------------|------|---------|---------------------------------|-----------------------------------|
| Mar 6 | Fri | 10:30 to 11:30am | Ages 3 and up | Free | 1 class | PMAY0042-100001 | |
| Apr 3 | Fri | 10:30 to 11:30am | Ages 3 and up | Free | 1 class | PMAY0042-100002 | |
| May 1 | Fri | 10:30 to 11:30am | Ages 3 and up | Free | 1 class | PMAY0042-100003 | |

HIKES, SCAVENGER HUNTS, AND CAMPFIRES

My Large Dog & Me Hike

Calling all large dog (over 25lbs) parents! Put on your sneakers and dress for the outdoors! Bring your fur babies along for this adult only hike on natural surface trails. Hike will begin with brief introductions for our more social companions. All dogs must be on-leash, up to date on vaccinations and familiar with being around other dogs and people. All attendees must register.

Maydale Nature Classroom

[Click to Register](#)

Mar 14

Sat

10 to 11am

Ages 18 and up

Free

1 class

[PMAY0045-100001](#)

NATURE, OUTDOOR EXPLORATION, AND SKILLS

Night Hike!

Bring your flashlights and join us as we hike through the woods, meadow, and ponds of Maydale exploring the sights, sounds, and stars that surround us! Who knows what we might find! All participants ages 6 and up must register, including adults.

Maydale Nature Classroom

[Click to Register](#)

Mar 6

Fri

7 to 8pm

Ages 6 and up

\$7

1 class

[PMAY0051-100001](#)

St. Patrick's Day Leprechaun Hunt

A leprechaun is on the loose at Maydale! Come with us as we follow his trail, and perhaps find some of the "gold" he's left behind along the way!

Maydale Nature Classroom

[Click to Register](#)

Mar 17

Tue

10:30 to 11:30am

Ages 3 to 5

\$7

1 class

[PMAY0052-100001](#)

It's Finally Spring Nature Hike

It's finally spring! Join a naturalist in search of the changing sights and sounds of the new season. During our hike through forest, meadows, and ponds of Maydale, we'll keep our eyes open for birds, insects, wildflowers, and (hopefully) a frog or two. All participants, including adults, need to register.

Maydale Nature Classroom

[Click to Register](#)

Mar 21

Sat

10:30 to 11:30am

Ages 3 and up

\$7

1 class

[PMAY0049-100001](#)

MAYDALE NATURE CLASSROOM



The Hummingbirds are Coming!

The ruby-throats are on their way north! Learn more about these hummers as we track their progress into our area. We'll learn how to attract them into your yard, and make a feeder to take home.

Maydale Nature Classroom

[Click to Register](#)

| | | | | | | |
|-------|-----|------------------|-------------|-----|---------|---------------------------------|
| Apr 9 | Thu | 10:30 to 11:15am | Ages 3 to 5 | \$7 | 1 class | PMAY0050-100001 |
|-------|-----|------------------|-------------|-----|---------|---------------------------------|

Family Fishing Fun!

Join us as we set out on a half mile walk to one of our local fishing holes! Once there, we'll provide you with your own fishing pole, bobber, and bait, as well as teach you a few basics, including casting and reeling, and you're all set! Please note that we catch and release fish and that there is no bathroom or water at the pond.

Maydale Nature Classroom

[Click to Register](#)

| | | | | | | |
|--------|-----|--------------|--------------|------|---------|---------------------------------|
| Apr 19 | Sun | 10am to 12pm | Ages 6 to 12 | \$12 | 1 class | PMAY0031-100002 |
|--------|-----|--------------|--------------|------|---------|---------------------------------|

ART & CRAFTING

Upcycled Art: Paper

Immerse yourself in the experience of creating, dyeing and molding paper clay. Imbue your creation with essential oils and use natural elements to add finishing touches. Don't miss out on the chance to transform trash into treasure! Shredded paper will be used to create a decorative planter. Participants will need to return on a different date to pick up their planter. All attendees must register. Inclement weather could cancel this program.

Maydale Nature Classroom

[Click to Register](#)

| | | | | | | |
|--------|-----|-----------------|----------------|------|---------|---------------------------------|
| May 16 | Sat | 10am to 12:30pm | Ages 18 and up | \$25 | 1 class | PMAY0044-100001 |
|--------|-----|-----------------|----------------|------|---------|---------------------------------|

MONTGOMERY PARKS

WaterFest

Maydale Nature Classroom

Saturday, June 6, 2026
11 am to 2 pm
Maydale Nature Classroom

Come make a splash while learning about your local watershed through crafts, games, exhibits, and activities.

Crafts and Activities Include:

- Rainstick making and shaking
- Fish print creations
- Bubble Fun
- Water Cycle Adventures
- Spring Crafts



For more information scan the QR code or go to MoCoParks.org/WaterFest



MAYDALE NATURE CLASSROOM
1638 Maydale Drive | Colesville, MD 20905
MaydaleNature.org



MEADOWSIDE NATURE CENTER



MEADOWSIDE
NATURE CENTER



MEADOWSIDE NATURE CENTER

5100 Meadowside Lane | Rockville, Maryland 20855

301-258-4030

MeadowsideNature.org

MEADOWSIDE NATURE CENTER



SPECIAL EVENTS

In Search of the Gold: St. Patrick's Day Scavenger Hunt

Follow the rainbow down the trail as you celebrate St. Patrick's Day. During this self-guided hike, you will search for clovers, make a rainbow, and look for chocolate coins! Please register all children. Each registration includes one adult companion.

Meadowside Nature Center

[Click to Register](#)

| | | | | | | |
|--------|-----|--------------|---------------|-----|---------|---------------------------------|
| Mar 14 | Sat | 11am to 12pm | Ages 4 and up | \$7 | 1 class | PMNC0172-100001 |
|--------|-----|--------------|---------------|-----|---------|---------------------------------|

Spring Egg Hunt

Look around for magical eggs on the grounds of Meadowside Nature Center during this self-led egg hunt. Collect your eggs and turn them in for a prize! Participants are encouraged to bring their own egg basket. There are two sessions available for different age groups. Session 1 is for ages 0-5 years, and session 2 is for ages 6-10 years. Please register all children participating. This event takes place at Meadowside Nature Center.

Meadowside Nature Center

[Click to Register](#)

| | | | | | | |
|--------|-----|----------|------------------|-----|---------|---------------------------------|
| Mar 27 | Fri | 2 to 3pm | Ages 5 and under | \$7 | 1 class | PMNC0225-100001 |
| Mar 27 | Fri | 4 to 5pm | Ages 6 to 10 | \$7 | 1 class | PMNC0225-100002 |

Happy Hour on the Raptor Deck

Join us for an evening of snacks and socialization in the ambiance of our raptor deck. Sip on beer or wine, pot a native plant, and maybe add some new friends to your flock! Registration includes one potted plant, snacks, and two alcoholic beverages. Due to the consumption of alcohol this program is for adults 21 years of age or older. This event takes place at Meadowside Nature Center.

Meadowside Nature Center

[Click to Register](#)

| | | | | | | |
|--------|-----|----------|----------------|------|---------|---------------------------------|
| Apr 24 | Fri | 5 to 6pm | Ages 21 and up | \$25 | 1 class | PMNC0234-100001 |
|--------|-----|----------|----------------|------|---------|---------------------------------|

ART & CRAFTING

Microbial Art

Create a living masterpiece in a petri dish! Join us and the Baltimore Under Ground Science Space (BUGSS) in a workshop that uses cultivated, colorful microbes as a medium for striking miniature pieces of art. Whether you want to paint a smiley face, abstract shapes, an animal, or a landscape – this living art adventure is up to you. This workshop will be hosted indoors in a classroom setting. Guests will not be able to take their art home. Rather, the bacteria will grow into fabulous works of art in a lab. BUGSS will send an email with the final results!

Meadowside Nature Center

[Click to Register](#)

| | | | | | | |
|--------|-----|-----------------|---------------|------|---------|---------------------------------|
| Mar 14 | Sat | 11am to 12:30pm | Ages 7 and up | \$15 | 1 class | PMNC0224-100001 |
|--------|-----|-----------------|---------------|------|---------|---------------------------------|

Queer Crafting Night

Join us at Meadowside Nature Center for an evening of crafting and queerness. Make a nature collage, sculpt with clay, paint a toad abode- whatever you decide to create, we'll provide the materials (and snacks!). We'll also venture out for an optional sunset stroll to how marvel at all the ways queerness is alive and well in nature.

Meadowside Nature Center

[Click to Register](#)

| | | | | | | |
|-------|-----|-------------|----------------|------|---------|---------------------------------|
| Apr 3 | Fri | 7 to 8:30pm | Ages 18 and up | \$10 | 1 class | PMNC0229-100001 |
|-------|-----|-------------|----------------|------|---------|---------------------------------|

Kindness Rocks!

Spread some kindness in our park and at home by decorating rocks with beautiful pictures and inspirational messages. After decorating rocks, join a park naturalist for a short hike to place your rocks along the trail and uncover kindness rocks that might be hiding for YOU to find. Participants will take home a kindness rock to make your neighborhood shine a little brighter. Please register all children attending. This event takes place at Meadowside Nature Center.

Meadowside Nature Center

[Click to Register](#)

| | | | | | | |
|--------|-----|--------------|----------|-----|---------|---------------------------------|
| May 16 | Sat | 11am to 12pm | All Ages | \$7 | 1 class | PMNC0073-100001 |
|--------|-----|--------------|----------|-----|---------|---------------------------------|

PLAYTIME OR STORYTIME

Storytime with the Animals

Meet one of Meadowside Nature Center's animal ambassadors and sit down with them to listen to a story!

Meadowside Nature Center

[Click to Register](#)

| | | | | | | |
|--------|-----|---------------|------------------|------|---------|---------------------------------|
| Mar 11 | Wed | 10:30 to 11am | Ages 6 and under | Free | 1 class | PMNC0169-100001 |
|--------|-----|---------------|------------------|------|---------|---------------------------------|

| | | | | | | |
|-------|-----|---------------|------------------|------|---------|---------------------------------|
| Apr 8 | Wed | 10:30 to 11am | Ages 6 and under | Free | 1 class | PMNC0169-100002 |
|-------|-----|---------------|------------------|------|---------|---------------------------------|

| | | | | | | |
|--------|-----|---------------|------------------|------|---------|---------------------------------|
| May 13 | Wed | 10:30 to 11am | Ages 6 and under | Free | 1 class | PMNC0169-100003 |
|--------|-----|---------------|------------------|------|---------|---------------------------------|

Storytime Around the Campfire

Bring a blanket and circle around the campfire as a naturalist reads aloud a story. After the story, it will be time to roast a marshmallow and make a tasty treat. This program is best for a young audience. Please register all children. Each registration includes one adult companion.

Meadowside Nature Center

[Click to Register](#)

May 2

Sat

10 to 11am

All Ages

\$7

1 class

[PMNC0235-100001](#)

MINDFULNESS & WELLNESS

Gong and Frog Sound Bath

Immerse yourself in the vibrations of nature, channeled through the ancient instrument of gong. Deep vibrations will resonate with the natural environment and serve as a sonic massage on the body, mind, and spirit. Bring a yoga mat or blanket and hydrating beverage to tuck in for a relaxation journey at Rock Creek Regional Park. Then, we'll hop into the expanse of nature to follow the calls of frogs into the park. Weather permitting, this experience will be offered outside under the shade of trees on a level surface, either a deck or lawn area with a short walk to the location. The nighttime exploration of frog calls will involve a hike down a hill on an uneven trail. Guests will be equipped with flashlights and can opt out of the night hike. Guests are encouraged to bring their own mat or blanket.

Meadowside Nature Center

[Click to Register](#)

Apr 4

Sat

6:30 to 8pm

Ages 9 and up

\$20

1 class

[PMNC0238-100001](#)

All Bodies, All Levels Flow

Move your body, wherever your body is at. This all bodies, all levels flow will guide yogis new and experienced through gentle movements. Whether you're seated or grounded, follow along to give your body a needed stretch and a gentle push of energy to get the blood flowing. This class will be offered in one of two ADA accessible spaces, depending on the weather. Those are outside under the shade of trees on a level wooden deck or inside a classroom. Guests can conduct this yoga flow in a seated position or on a mat on the floor. Guests are encouraged to bring their own mat or surface to flow on.

Meadowside Nature Center

[Click to Register](#)

Apr 16

Thu

5 to 6pm

Ages 16 and up

\$15

1 class

[PMNC0231-100001](#)

May 7

Thu

5 to 6pm

Ages 16 and up

\$15

1 class

[PMNC0231-100002](#)

HIKES, SCAVENGER HUNTS & CAMPFIRES

Spring Ephemeral Wildflower Hike

Take a stroll to spot spring ephemerals popping up from beneath the leaves this spring. On this self-guided hike, you'll spot bloodroot, mayapple, violets and more as you learn the ecological relationships these fleeting blooms have with the plants, animals and fungi of the forest.

Meadowside Nature Center

[Click to Register](#)

Apr 13 to 26 Mon-Sun 10am to 3pm

All Ages

Free

[PMNC0227-100001](#)

Rainbow Nature Families

Join us for an exciting evening designed specifically for LGBTQ+ families to connect, relax, and enjoy the beauty of nature together! We will start the evening with a campfire and s'mores and then gather on the trail for an evening night hike down to the frog pond. This program celebrates the diversity of our families and provides a safe, welcoming space for everyone—parents, guardians, and children of all ages. Please register all participants.

Meadowside Nature Center

[Click to Register](#)

| | | | | | | |
|--------|-----|----------|----------|-----|---------|---------------------------------|
| Apr 18 | Sat | 6 to 7pm | All Ages | \$7 | 1 class | PMNC0233-100001 |
|--------|-----|----------|----------|-----|---------|---------------------------------|

NATURE, OUTDOOR EXPLORATION, AND SKILLS

Star Party

Join the National Capital Astronomers and Meadowside Nature Center to gaze upon the stars at this nighttime watch party! Viewing scopes and binoculars will be provided for guests to observe planets, the moon, stars, and more. The viewing area is on an open lawn; guests must walk about five minutes along uneven trail to reach the viewing area.

Meadowside Nature Center

[Click to Register](#)

| | | | | | | |
|--------|-----|--------------|---------------|------|---------|---------------------------------|
| Mar 28 | Sat | 7:30 to 9pm | Ages 7 and up | Free | 1 class | PMNC0226-100001 |
| May 23 | Sat | 8:30 to 10pm | Ages 7 and up | Free | 1 class | PMNC0226-100002 |

Let's Do Something Wacky!

Finish out spring break with some wild activities! Join a naturalist who has designed the hour around conducting experiments, making something squishy, and launching marshmallows into the air. Wear clothing you can get dirty, this is sure to be a good time.

Meadowside Nature Center

[Click to Register](#)

| | | | | | | |
|-------|-----|--------------|-------------|------|---------|---------------------------------|
| Apr 3 | Fri | 11am to 12pm | Ages 6 to 9 | \$10 | 1 class | PMNC0228-100001 |
|-------|-----|--------------|-------------|------|---------|---------------------------------|

Happy Hatch Day Party

Help us wish our birds a happy hatch day! On this day off from school, get ready to play some games, make our birds a hatch day gift, and have a tasty snack while meeting our raptor ambassadors. After the party, go home with your own raptor themed goodie bag. Please register all children attending. This event takes place at Meadowside Nature Center.

Meadowside Nature Center

[Click to Register](#)

| | | | | | | |
|--------|-----|--------------|----------|------|---------|---------------------------------|
| Apr 15 | Wed | 11am to 12pm | All Ages | \$10 | 1 class | PMNC0230-100001 |
|--------|-----|--------------|----------|------|---------|---------------------------------|

MEADOWSIDE NATURE CENTER



Evening at the Frog Pond

Calling all nature nerds! Experience Maryland's native frog population with a naturalist-led evening at Meadowside's study pond. We'll immerse ourselves in the chorus of frog calls while we look for eggs, tadpoles and frogs in and around the pond. By the end of the evening, you'll learn how to identify various frog species by their calls and one simple conservation action to help protect these vital members of our ecosystem.

Meadowside Nature Center

[Click to Register](#)

| | | | | | | |
|--------|-----|----------|----------------|-----|---------|---------------------------------|
| Apr 17 | Fri | 7 to 8pm | Ages 18 and up | \$7 | 1 class | PMNC0232-100001 |
|--------|-----|----------|----------------|-----|---------|---------------------------------|

Earth Day with the Owls

Come celebrate Earth Day with the owls! While observing the owls on the raptor deck, we will learn about their amazing adaptations and how they contribute to a healthy ecosystem. Then, make your own contribution to a healthy environment and create a take-home seed bomb to attract pollinators to your yard!

Meadowside Nature Center

[Click to Register](#)

| | | | | | | |
|--------|-----|----------------|----------|-----|---------|---------------------------------|
| Apr 22 | Wed | 4:30 to 5:30pm | All Ages | \$7 | 1 class | PMNC0182-100001 |
|--------|-----|----------------|----------|-----|---------|---------------------------------|

W.A.N.D.E.R. – Deepening their Environmental Relationships: Shelter Building

Ever wanted to build a shelter in the woods? Now's your chance to learn how to do just that. You will learn tips for choosing a safe shelter site, how to forage materials and the various types of shelters that offer protection from the elements. You will have the opportunity to practice these skills on Meadowside grounds by foraging for natural materials and building a shelter of your own. Each participant will also receive a waterproof tarp (\$10 value) to take home. Welcome to W.A.N.D.E.R. – Women And Non-binary individuals Deepening their Environmental Relationships, an empowering hands-on program that provides accessible and practical knowledge in various outdoor activities.

Meadowside Nature Center

[Click to Register](#)

| | | | | | | |
|-------|-----|--------------|----------------|------|---------|---------------------------------|
| May 9 | Sat | 10am to 12pm | Ages 18 and up | \$25 | 1 class | PMNC0236-100001 |
|-------|-----|--------------|----------------|------|---------|---------------------------------|

School's Out – Butterfly Gardening for Kids

May is a great time to get your butterfly garden ready for summer. Find out what native plants attract the most butterflies, and what native plants attract specific species of butterflies. Then help us put these important plants in Meadowside gardens. Each participant will leave with a native plant to help continue their butterfly gardening journey.

Meadowside Nature Center

[Click to Register](#)

May 27

Wed

11am to 12pm

Ages 6 to 10

\$10

1 class

[PMNC0237-100001](#)

SPEAKER SERIES WORKSHOPS OR DISCUSSIONS

Raptor Caretaker Chats

Come and learn how our Naturalist Staff care for our amazing birds of prey! Discover what raptors eat for lunch, what raptors do for fun, and how trainers build relationships with these incredible animals.

Meadowside Nature Center

[Click to Register](#)

| | | | | | | |
|--------|-----|-------------|----------|------|---------|---------------------------------|
| Mar 7 | Sat | 2 to 2:45pm | All Ages | Free | 1 class | PMNC0044-100001 |
| Mar 14 | Sat | 2 to 2:45pm | All Ages | Free | 1 class | PMNC0044-100002 |
| Mar 21 | Sat | 2 to 2:45pm | All Ages | Free | 1 class | PMNC0044-100003 |
| Mar 28 | Sat | 2 to 2:45pm | All Ages | Free | 1 class | PMNC0044-100004 |
| May 9 | Sat | 2 to 2:45pm | All Ages | Free | 1 class | PMNC0044-100005 |
| May 16 | Sat | 2 to 2:45pm | All Ages | Free | 1 class | PMNC0044-100006 |
| May 23 | Sat | 2 to 2:45pm | All Ages | Free | 1 class | PMNC0044-100007 |
| May 30 | Sat | 2 to 2:45pm | All Ages | Free | 1 class | PMNC0044-100008 |



Rent a kayak,
canoe, pedal
boat, or
rowboat and
spend a day
on the water



BLACK HILL BOATS

20920 Lake Ridge Drive | Boyds, MD 20841
BlackHillBoats.org

LAKE NEEDWOOD BOATS

15700 Needwood Lake Circle | Rockville, MD 20855
LakeNeedwoodBoats.org

★ OPENING MEMORIAL DAY WEEKEND ★

Cool off in
the 280-jet
water maze
or challenge
yourself to
a round of
miniature golf



SOUTH GERMANTOWN SPLASHPARK & MINIGOLF

18056 Central Park Circle | Boyds, MD 20841
SplashandGolf.com





ROOTS TO ROCKS



MOUNTAIN BIKING

A limited number of bikes and helmets are available to borrow for all Roots to Rocks programs. For those who bring their own bicycle, please ensure that the bike is in safe working order prior to attending the program. Participants must wear closed toe shoes and provide their own water bottle/hydration pack. It is also recommended that participants wear sunscreen, bike gloves, and above the ankle socks. Reminder to check the email Inbox associated with the registered participant prior to the event for information specific to your program. In the event of inclement weather, we will either cancel our program or adjust it to accommodate. If we must cancel a program, we will do our best to notify you 24 hours in advance.

Roots to Rocks - Learn to Ride

This is a perfect way to learn the basics of biking from certified bike coaches. We have a limited number of bikes and helmets available to borrow (we will ask to hold something as collateral during the program – cell phone/credit card/etc.). For those who bring their own bicycle, ensure that the bike is in safe working order PRIOR to attending the group ride. Program requirements: Ages 6 and up, must bring a positive attitude, get ready to have fun!

Fairland Recreational Park

[Click to Register](#)

| | | | | | | |
|--------|-----|--------------|---------------|------|---------|----------------------------------|
| Apr 11 | Sat | 10am to 12pm | Ages 6 and up | Free | 1 class | PPSDT0001-100001 |
|--------|-----|--------------|---------------|------|---------|----------------------------------|

Black Hill Regional Park

| | | | | | | |
|--------|-----|--------------|---------------|------|---------|----------------------------------|
| Apr 26 | Sun | 10am to 12pm | Ages 6 and up | Free | 1 class | PPSDT0001-100002 |
|--------|-----|--------------|---------------|------|---------|----------------------------------|

Potomac Horse Center

| | | | | | | |
|--------|-----|--------------|---------------|------|---------|----------------------------------|
| May 16 | Sat | 10am to 12pm | Ages 6 and up | Free | 1 class | PPSDT0001-100003 |
|--------|-----|--------------|---------------|------|---------|----------------------------------|

Roots to Rocks - Mountain Bike Group Ride

This is a no rider left behind group ride – think “party pace.” There will likely be some “session-ing” and skills instruction along the way. This is a perfect way to meet other riders and build skills on your bike. Program pre-requisites: Ages 6 and up, must know how to ride a bicycle, must know how to operate a bicycle with gears/hand brakes (no coaster brakes).

(*) indicates adaptive mountain bikes can be reserved for this ride. See [page 40](#) for more details, or contact our Program Access team 301-495-2581, ProgramAccess@MontgomeryParks.org

Wheaton Regional Park

[Click to Register](#)

| | | | | | | |
|--------|-----|----------|---------------|------|---------|----------------------------------|
| Apr 3* | Fri | 5 to 7pm | Ages 6 and up | Free | 1 class | PPSDT0002-100001 |
|--------|-----|----------|---------------|------|---------|----------------------------------|

Little Bennett Regional Park

| | | | | | | |
|-------|-----|----------|---------------|------|---------|----------------------------------|
| Apr 9 | Thu | 5 to 7pm | Ages 6 and up | Free | 1 class | PPSDT0002-100002 |
|-------|-----|----------|---------------|------|---------|----------------------------------|

North Branch SVU 4

| | | | | | | |
|--------|-----|----------|---------------|------|---------|----------------------------------|
| Apr 16 | Thu | 5 to 7pm | Ages 6 and up | Free | 1 class | PPSDT0002-100003 |
|--------|-----|----------|---------------|------|---------|----------------------------------|

Oak Ridge Conservation Park

| | | | | | | |
|---------|-----|--------------|---------------|------|---------|----------------------------------|
| Apr 19* | Sun | 10am to 12pm | Ages 6 and up | Free | 1 class | PPSDT0002-100012 |
|---------|-----|--------------|---------------|------|---------|----------------------------------|

Ten Mile Creek Conservation Park

| | | | | | | |
|--------|-----|----------|---------------|------|---------|----------------------------------|
| Apr 24 | Fri | 5 to 7pm | Ages 6 and up | Free | 1 class | PPSDT0002-100004 |
|--------|-----|----------|---------------|------|---------|----------------------------------|

Needwood Mansion

| | | | | | | |
|--------|-----|----------|---------------|------|---------|----------------------------------|
| Apr 30 | Thu | 5 to 7pm | Ages 6 and up | Free | 1 class | PPSDT0002-100005 |
|--------|-----|----------|---------------|------|---------|----------------------------------|

Great Seneca Stream Valley Park

| | | | | | | |
|--------|-----|----------|---------------|------|---------|----------------------------------|
| May 7* | Thu | 5 to 7pm | Ages 6 and up | Free | 1 class | PPSDT0002-100006 |
|--------|-----|----------|---------------|------|---------|----------------------------------|

Muddy Branch SVU 3

| | | | | | | |
|--------|-----|----------|---------------|------|---------|----------------------------------|
| May 14 | Thu | 5 to 7pm | Ages 6 and up | Free | 1 class | PPSDT0002-100007 |
|--------|-----|----------|---------------|------|---------|----------------------------------|

Block House Point Conservation Park

| | | | | | | |
|---------|-----|--------------|---------------|------|---------|----------------------------------|
| May 23* | Sat | 10am to 12pm | Ages 6 and up | Free | 1 class | PPSDT0002-100008 |
|---------|-----|--------------|---------------|------|---------|----------------------------------|



ROOTS TO ROCKS

Roots to Rocks - Mountain Bike Park Days

Come out to the bike park to hang out and ride with the Roots to Rocks coaches! We will be “session-ing” the pump track, features and progressive jumps with some individualized skills instruction along the way. This is a perfect way to meet other riders and build skills on your bike. Requirements Ages 6+, must know how to ride a bicycle.

| South Germantown Recreational Park | | | | | | Click to Register |
|--|-----|--------------|---------------|------|---------|-----------------------------------|
| Apr 4 | Sat | 1 to 3pm | Ages 6 and up | Free | 1 class | PPSDT0002-100010 |
| Fairland Recreational Park | | | | | | |
| May 9 | Sat | 1 to 3pm | Ages 6 and up | Free | 1 class | PPSDT0002-100011 |
| Wheaton Regional Park | | | | | | |
| May 31 | Sun | 10am to 12pm | Ages 6 and up | Free | 1 class | PPSDT0002-100009 |

Roots to Rocks - Bike Park Clinics

This is a perfect way to expand on your skills aboard a bicycle from certified bike coaches. Depending on the location you can expect a program that includes: bike set up and safety, body position, shifting and cadence, looking ahead, effective braking and more!. Please pay attention to the location of the program as some programs will require dirt tires. Requirements: Ages 6+, must already know how to ride a bicycle with gears, must bring a positive attitude - get ready to have fun!

| South Germantown Recreational Park | | | | | | Click to Register |
|--|-----|--------------|---------------|------|---------|-----------------------------------|
| Apr 4 | Sat | 10am to 12pm | Ages 6 and up | Free | 1 class | PPSDT0003-100001 |
| Fairland Recreational Park | | | | | | |
| May 9 | Sat | 10am to 12pm | Ages 6 and up | Free | 1 class | PPSDT0003-100002 |

Roots to Rocks for 55+

Join the Roots to Rocks team for a mountain bike ride exclusively for folks 55+. Our instructors will go over the basics of bikes and bike handling skills in a supportive environment. These rides are great for people who have some riding experience, but you don't need to be a seasoned veteran. This is a perfect way to learn the basics of biking from certified bike coaches. Program requirements: Ages 55 and up, must bring a positive attitude, get ready to have fun!

| Black Hill Regional Park | | | | | | Click to Register |
|--|-----|----------|----------------|------|---------|-----------------------------------|
| May 29 | Fri | 5 to 7pm | Ages 55 and up | Free | 1 class | PPSDT0004-100001 |

GOLF AND ARCHERY



SOUTH GERMANTOWN
Driving Range



SOUTH GERMANTOWN DRIVING RANGE

18045 Central Park Circle | Boyds, MD 20841

301-670-4670

SGDrivingRange.org

GOLF

Spring Break Golf Camp

What a fun way to spend Spring Break! Monday through Thursday at the Driving Range, campers will learn how to putt, chip, pitch, drive and use irons and woods with the help of a Montgomery County Golf Academy instructor. On Friday, we'll play a 9-hole tournament at Needwood Golf Course, Golf equipment will be provided to those who don't have their own golf clubs.

South Germantown Driving Range

[Click to Register](#)

| | | | | | | |
|-----------------|------------|-------------|--------------|-------|-----------|----------------------------------|
| Mar 30 to Apr 3 | Mon to Fri | 9am to 12pm | Ages 9 to 14 | \$225 | 5 classes | PSGDR0018-100001 |
|-----------------|------------|-------------|--------------|-------|-----------|----------------------------------|

Parent and Child Golf

Golf is a great game for kids to start early, and you will have a great time learning together. With the help of a Montgomery County Golf Academy Certified Instructor, you and your child (age 7-15) will learn the basics of golf, including proper stance, grip, chipping, putting, driving, and more. If you are already a golfer, the instructor will work with you at your level to help you improve your game. Fee covers one child and one adult; register the child only. Fee covers instruction, loaner clubs and balls.

South Germantown Driving Range

[Click to Register](#)

| | | | | | | |
|------------------|-----|----------------|--------------|-------|-----------|----------------------------------|
| Mar 21 to Apr 11 | Sat | 11am to 12pm | Ages 7 to 15 | \$140 | 4 classes | PSGDR0015-100001 |
| Mar 21 to Apr 11 | Sat | 12 to 1pm | Ages 7 to 15 | \$140 | 4 classes | PSGDR0015-100002 |
| Mar 21 to Apr 11 | Sat | 4:30 to 5:30pm | Ages 7 to 15 | \$140 | 4 classes | PSGDR0015-100003 |
| Apr 25 to May 16 | Sat | 11am to 12pm | Ages 7 to 15 | \$140 | 4 classes | PSGDR0015-100004 |
| Apr 25 to May 16 | Sat | 12 to 1pm | Ages 7 to 15 | \$140 | 4 classes | PSGDR0015-100005 |
| Apr 25 to May 16 | Sat | 4:30 to 5:30pm | Ages 7 to 15 | \$140 | 4 classes | PSGDR0015-100006 |

Beginner Golf, Junior

If you have always wanted to try golf or have not played in years and want to pick it up again, this is an easy, inexpensive way to get into the sport. You will get four weeks of professional instruction from a Montgomery County Golf Academy Certified Instructor, and learn the basics of golf: proper stance, grip, chipping, putting, driving, golf etiquette, and more. Fee covers loaner clubs and balls. Class sizes are small (no more than 8 students), so you are sure to get a good bit of personal attention. Ages 7-15

South Germantown Driving Range

[Click to Register](#)

| | | | | | | |
|------------------|-----|----------------|--------------|-------|-----------|----------------------------------|
| Mar 21 to Apr 11 | Sat | 3:30 to 4:30pm | Ages 7 to 15 | \$120 | 4 classes | PSGDR0011-100001 |
| Apr 25 to May 16 | Sat | 3:30 to 4:30pm | Ages 7 to 15 | \$120 | 4 classes | PSGDR0011-100002 |

GOLF AND ARCHERY

Beginner Golf, Adult

If you have always wanted to try golf or have not played in years and want to pick it up again, this is an easy, inexpensive way to get into the sport. You will get four weeks of professional instruction from a Montgomery County Golf Academy Certified Instructor, and learn the basics of golf: proper stance, grip, chipping, putting, driving, golf etiquette, and more. Fee covers loaner clubs and balls. Class sizes are small (no more than 8 students), so you are sure to get a good bit of personal attention.

South Germantown Driving Range

[Click to Register](#)

| | | | | | | |
|------------------|-----|----------------|----------------|-------|-----------|----------------------------------|
| Mar 17 to Apr 7 | Tue | 5:30 to 6:30pm | Ages 18 and up | \$120 | 4 classes | PSGDR0010-100001 |
| Mar 19 to Apr 9 | Thu | 5:30 to 6:30pm | Ages 18 and up | \$120 | 4 classes | PSGDR0010-100002 |
| Mar 21 to Apr 11 | Sat | 2:30 to 3:30pm | Ages 18 and up | \$120 | 4 classes | PSGDR0010-100003 |
| Apr 21 to May 12 | Tue | 5:30 to 6:30pm | Ages 18 and up | \$120 | 4 classes | PSGDR0010-100004 |
| Apr 23 to May 14 | Thu | 5:30 to 6:30pm | Ages 18 and up | \$120 | 4 classes | PSGDR0010-100005 |
| Apr 25 to May 16 | Sat | 2:30 to 3:30pm | Ages 18 and up | \$120 | 4 classes | PSGDR0010-100006 |

Parent and Child Archery

Whether you are a novice, or you shoot better than Robin Hood, this class is for parent/guardian and their children interested in the sport of archery. It is a really FUN way for boys and girls to learn about archery in a positive learning environment involving both parent and child! Participants should wear comfortable clothing. This is an outdoor class, so participants should dress accordingly. Fee covers one child and one adult; register the child only.

South Germantown Driving Range

[Click to Register](#)

| | | | | | | |
|------------------|-----|--------------|--------------|------|-----------|----------------------------------|
| Mar 21 to Apr 11 | Sat | 12:30 to 2pm | Ages 7 to 15 | \$75 | 4 classes | PSGDR0004-100001 |
| Mar 22 to Apr 19 | Sun | 12:30 to 2pm | Ages 7 to 15 | \$75 | 4 classes | PSGDR0004-100002 |
| Apr 25 to May 16 | Sat | 12:30 to 2pm | Ages 7 to 15 | \$75 | 4 classes | PSGDR0004-100003 |
| Apr 26 to May 24 | Sun | 12:30 to 2pm | Ages 7 to 15 | \$75 | 4 classes | PSGDR0004-100004 |



GOLF AND ARCHERY

Youth Archery

Interested in learning archery? Participants will learn basic skills and safety instruction. You will learn how to hold, aim, draw, and shoot a bow. We will introduce or build on participant's current knowledge/skills of archery and provide time to practice each new skill. We will supply all the equipment, a safe place to shoot, and a Certified Instructor to guide you. Please bring a water bottle and dress for the weather.

South Germantown Driving Range

[Click to Register](#)

| | | | | | | |
|------------------|-----|-------------|--------------|------|-----------|----------------------------------|
| Apr 25 to May 16 | Sat | 2 to 3:30pm | Ages 8 to 15 | \$60 | 4 classes | PSGDR0001-100001 |
| Mar 22 to Apr 19 | Sun | 2 to 3:30pm | Ages 8 to 15 | \$60 | 4 classes | PSGDR0001-100002 |
| Mar 21 to Apr 11 | Sat | 2 to 3:30pm | Ages 8 to 15 | \$60 | 4 classes | PSGDR0001-100003 |
| Apr 26 to May 24 | Sun | 2 to 3:30pm | Ages 8 to 15 | \$60 | 4 classes | PSGDR0001-100004 |

Adult Archery

Adult archery focuses on the draw cycle. You will learn how to anchor, transfer/hold, aim, and release/follow through. We will supply all the equipment, a safe place to shoot, and a Certified Instructor to guide you. Please bring a water bottle and dress for the weather.

South Germantown Driving Range

[Click to Register](#)

| | | | | | | |
|------------------|-----|-------------|----------------|------|-----------|----------------------------------|
| Mar 21 to Apr 11 | Sat | 3:30 to 5pm | Ages 16 and up | \$60 | 4 classes | PSGDR0003-100001 |
| Mar 22 to Apr 19 | Sun | 3:30 to 5pm | Ages 16 and up | \$60 | 4 classes | PSGDR0003-100002 |
| Apr 26 to May 24 | Sun | 3:30 to 5pm | Ages 16 and up | \$60 | 4 classes | PSGDR0003-100003 |
| Apr 25 to May 16 | Sat | 3:30 to 5pm | Ages 16 and up | \$60 | 4 classes | PSGDR0003-100004 |





**Cabin John
Ice Rink**



**Wheaton
Ice Arena**



CABIN JOHN ICE RINK

10610 Westlake Dr | Rockville, MD 20852
301-765-8620
CabinJohnIce.org

WHEATON ICE ARENA

11717 Orebaugh Ave | Wheaton, MD 20902
301-905-3000
WheatonIceArena.org

CLASS DATES

Registration Dates: April 13 to 20

Class Dates: April 22 to June 8

No Classes: May 22 to 25

On your first day of class...

- Check in at the Group Lesson area in the rink lobby to pick up your practice card.
- Wear one pair of thin long socks that cover your ankles.
- Helmets and gloves are highly recommended for safety.
- Arrive at the rink 30 minutes early for your first lesson, and 15–20 minutes early for subsequent lessons to have time to get skates on properly.
- Pick up your skates at the skate exchange. Ask for one size smaller than your sneaker size. You'll have better balance and protections against injuries.

EVENTS AND IMPORTANT DATES:

- Rinks Closed: April 5; May 23, 24, and 25

COURSE FEES COVER

1. Six instructed group lessons
2. Skate rental
3. A practice pass good for public skating admissions and skate rental during the lesson series

PLEASE NOTE

- No make-ups or refunds for missed lessons.
- Please read course descriptions carefully and select courses that match the skater's ability and experience. At the end of each class series, the skater will receive an evaluation form recommending the class that should be taken in the future.
- If you see a class you like, register! Classes may be canceled or combined if a minimum enrollment is not met.
- If you wish to practice on the same day as your lesson, please see the public skating schedules before signing up
- Skaters will receive a ribbon award at the end of the course.

PUBLIC SESSIONS

Visit our websites for schedules and pricing.

CabinJohnIce.org
WheatonIceArena.org



Cabin John
Ice Rink



Wheaton
Ice Arena



ICE SKATING



ICE SKATING: SPECIAL EVENTS

Spring Break Advanced Freestyle Camp

Prerequisite: Passed Free Skate 6 & working on an axel jump. The Advanced Free Skate Camp is designed for athletes who are currently competing and testing through the U.S. Figure Skating pipeline. Spend the week learning drills that will improve your jump entrances and exits. Learn the bullet points for improving your GOE (grade of execution) on jumps and breakdown of points for combinations and sequences. Spins technique will be focused on daily and will include, strengthening and understanding spin features, levels, and improving GOE (grade of execution). Edgework, exercises and advanced transitions will also be focused on daily. Off Ice classes will include a variety of topics. Some examples include, improving balance and coordination for jump landing and spin positions. Understanding and maximizing program components, managing the “inner athlete,” and maintaining a healthy balance between schoolwork, skating, and life outside the ice rink. Groups will be divided by current competitive (or testing) level both on and off the ice.

Cabin John Ice Rink

[Click to Register](#)

| | | | | | | |
|--------|-----|------------|--------------|------|---------|---------------------------------|
| Mar 30 | Mon | 9am to 1pm | Ages 6 to 17 | \$60 | 1 class | PCJI2022-102020 |
| Mar 31 | Tue | 9am to 1pm | Ages 6 to 17 | \$60 | 1 class | PCJI2022-102021 |
| Apr 1 | Wed | 9am to 1pm | Ages 6 to 17 | \$60 | 1 class | PCJI2022-102022 |
| Apr 2 | Thu | 9am to 1pm | Ages 6 to 17 | \$60 | 1 class | PCJI2022-102023 |
| Apr 3 | Fri | 9am to 1pm | Ages 6 to 17 | \$60 | 1 class | PCJI2022-102024 |

Spring into Skating Camp

Skaters will be grouped by level for a daily skating lesson. They will also receive an introduction to off ice training focusing on balance and flexibility. In addition to skating skills, this clinic's focus all about making friends and having fun!

Wheaton Ice Arena

[Click to Register](#)

| | | | | | | |
|--------|-----|-------------------|--------------|------|---------|---------------------------------|
| Mar 30 | Mon | 8:30am to 12:30pm | Ages 6 to 14 | \$60 | 1 class | PWIA2001-115000 |
| Mar 31 | Tue | 8:30am to 12:30pm | Ages 6 to 14 | \$60 | 1 class | PWIA2001-115002 |
| Apr 1 | Wed | 8:30am to 12:30pm | Ages 6 to 14 | \$60 | 1 class | PWIA2001-115003 |
| Apr 2 | Thu | 8:30am to 12:30pm | Ages 6 to 14 | \$60 | 1 class | PWIA2001-115006 |
| Apr 3 | Fri | 8:30am to 12:30pm | Ages 6 to 14 | \$60 | 1 class | PWIA2001-115008 |

ICE SKATING CLASSES

Parent and Tot Ice Skating

Skating is fun, and great exercise for you and your child! This class teaches toddlers (ages 3 to 5) beginning skating skills with Mom or Dad right there to help them feel safe. We'll teach your child how to fall down and get up, and march while moving on the ice. Parents will need basic skating skills in order to skate with their child. Fee covers registration for child and parent, skate rental for child and parent, and a practice card good for admission to six public skate sessions to practice skills learned in class. Register only the child for the course. Equipment Required: Helmet & Gloves.

Cabin John Ice Rink

[Click to Register](#)

| | | | | | | |
|------------------|-----|------------------|-------------|-------|-----------|---------------------------------|
| Apr 26 to Jun 7 | Sun | 11 to 11:30am | Ages 3 to 5 | \$120 | 6 classes | PICE0100-112001 |
| Apr 26 to Jun 7 | Sun | 11:30am to 12pm | Ages 3 to 5 | \$120 | 6 classes | PICE0100-112002 |
| Apr 22 to May 27 | Wed | 4:30 to 5pm | Ages 3 to 5 | \$120 | 6 classes | PICE0100-112004 |
| Apr 24 to Jun 5 | Fri | 11:30am to 12pm | Ages 3 to 5 | \$120 | 6 classes | PICE0100-112005 |
| Apr 25 to Jun 6 | Sat | 10:30 to 11am | Ages 3 to 5 | \$120 | 6 classes | PICE0100-112006 |
| Apr 25 to Jun 6 | Sat | 11:15 to 11:45am | Ages 3 to 5 | \$120 | 6 classes | PICE0100-112007 |

Wheaton Ice Arena

[Click to Register](#)

| | | | | | | |
|------------------|-----|--------------------|-------------|-------|-----------|---------------------------------|
| Apr 26 to Jun 7 | Sun | 1:15 to 1:45pm | Ages 3 to 5 | \$120 | 6 classes | PICE0100-115003 |
| Apr 22 to May 27 | Wed | 12 to 12:30pm | Ages 3 to 5 | \$120 | 6 classes | PICE0100-115004 |
| Apr 23 to May 28 | Thu | 4 to 4:30pm | Ages 3 to 5 | \$120 | 6 classes | PICE0100-115005 |
| Apr 23 to May 28 | Thu | 5:45 to 6:15pm | Ages 3 to 5 | \$120 | 6 classes | PICE0100-115006 |
| Apr 25 to Jun 6 | Sat | 11:45am to 12:15pm | Ages 3 to 5 | \$120 | 6 classes | PICE0100-115007 |

Preschool Ice Skating 1

This class is designed for children ages 3 to 5 who are beginning skaters. Skaters will learn how to sit and stand up on skates (off and on the ice); march in place; march forward; glide on two feet; and dip in place. Fee includes rental skates and a practice card good for admission to six public skate sessions for the skater to practice skills learned in class. Equipment required: Helmet and gloves

Cabin John Ice Rink

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| | | | | | | |
|------------------|-----|-----------------|-------------|-------|-----------|---------------------------------|
| Apr 26 to Jun 7 | Sun | 10:30 to 11am | Ages 3 to 5 | \$120 | 6 classes | PICE0101-112001 |
| Apr 26 to Jun 7 | Sun | 11:30am to 12pm | Ages 3 to 5 | \$120 | 6 classes | PICE0101-112002 |
| Apr 26 to Jun 7 | Sun | 2:45 to 3:15pm | Ages 3 to 5 | \$120 | 6 classes | PICE0101-112003 |
| Apr 28 to Jun 2 | Tue | 4 to 4:30pm | Ages 3 to 5 | \$120 | 6 classes | PICE0101-112004 |
| Apr 22 to May 27 | Wed | 3:30 to 4pm | Ages 3 to 5 | \$120 | 6 classes | PICE0101-112005 |
| Apr 24 to Jun 5 | Fri | 3:30 to 4pm | Ages 3 to 5 | \$120 | 6 classes | PICE0101-112006 |
| Apr 25 to Jun 6 | Sat | 10:30 to 11am | Ages 3 to 5 | \$120 | 6 classes | PICE0101-112007 |

ICE SKATING

Preschool Ice Skating 1 (continued)

| Cabin John Ice Rink | | | | | | | Click to Register |
|---------------------|-----|--------------------|-------------|-------|-----------|---------------------------------|-------------------|
| Apr 25 to Jun 6 | Sat | 11:45am to 12:15pm | Ages 3 to 5 | \$120 | 6 classes | PICE0101-112008 | |
| Apr 25 to Jun 6 | Sat | 2 to 2:30pm | Ages 3 to 5 | \$120 | 6 classes | PICE0101-112009 | |
| Wheaton Ice Arena | | | | | | | Click to Register |
| Apr 26 to Jun 7 | Sun | 1:15 to 1:45pm | Ages 3 to 5 | \$120 | 6 classes | PICE0101-115004 | |
| Apr 22 to May 27 | Wed | 12 to 12:30pm | Ages 3 to 5 | \$120 | 6 classes | PICE0101-115005 | |
| Apr 23 to May 28 | Thu | 4 to 4:30pm | Ages 3 to 5 | \$120 | 6 classes | PICE0101-115006 | |
| Apr 23 to May 28 | Thu | 5:45 to 6:15pm | Ages 3 to 5 | \$120 | 6 classes | PICE0101-115007 | |
| Apr 25 to Jun 6 | Sat | 11:45am to 12:15pm | Ages 3 to 5 | \$120 | 6 classes | PICE0101-115010 | |

Preschool Ice Skating 2

Prerequisite: Preschool Ice Skating 1. This skating class is for children between the ages of 3 to 5. Skaters will learn how to march followed by a long glide, dip while moving, backward wiggles, forward two-foot swizzles, beginning snowplow stop, and a two-foot hop in place. Fee includes rental skates and a practice card good for admission to six public skate sessions for the skater to practice skills learned in class. Equipment Required: Helmet & Gloves

| Cabin John Ice Rink | | | | | | | Click to Register |
|---------------------|-----|--------------------|-------------|-------|-----------|---------------------------------|-------------------|
| Apr 26 to Jun 7 | Sun | 10:30 to 11am | Ages 3 to 5 | \$120 | 6 classes | PICE0102-112000 | |
| Apr 26 to Jun 7 | Sun | 11 to 11:30am | Ages 3 to 5 | \$120 | 6 classes | PICE0102-112001 | |
| Apr 26 to Jun 7 | Sun | 2:45 to 3:15pm | Ages 3 to 5 | \$120 | 6 classes | PICE0102-112002 | |
| Apr 28 to Jun 2 | Tue | 4 to 4:30pm | Ages 3 to 5 | \$120 | 6 classes | PICE0102-112004 | |
| Apr 22 to May 27 | Wed | 3:30 to 4pm | Ages 3 to 5 | \$120 | 6 classes | PICE0102-112005 | |
| Apr 24 to Jun 5 | Fri | 3:30 to 4pm | Ages 3 to 5 | \$120 | 6 classes | PICE0102-112007 | |
| Apr 25 to Jun 6 | Sat | 10:30 to 11am | Ages 3 to 5 | \$120 | 6 classes | PICE0102-112008 | |
| Apr 25 to Jun 6 | Sat | 11:45am to 12:15pm | Ages 3 to 5 | \$120 | 6 classes | PICE0102-112009 | |
| Apr 25 to Jun 6 | Sat | 2 to 2:30pm | Ages 3 to 5 | \$120 | 6 classes | PICE0102-112010 | |
| Wheaton Ice Arena | | | | | | | Click to Register |
| Apr 26 to Jun 7 | Sun | 1:15 to 1:45pm | Ages 3 to 5 | \$120 | 6 classes | PICE0102-115002 | |
| Apr 22 to May 27 | Wed | 12:30 to 1pm | Ages 3 to 6 | \$120 | 6 classes | PICE0102-115004 | |
| Apr 23 to May 28 | Thu | 4:30 to 5pm | Ages 3 to 6 | \$120 | 6 classes | PICE0102-115008 | |
| Apr 23 to May 28 | Thu | 5:45 to 6:15pm | Ages 3 to 5 | \$120 | 6 classes | PICE0102-115009 | |
| Apr 25 to Jun 6 | Sat | 11:45am to 12:15pm | Ages 3 to 5 | \$120 | 6 classes | PICE0102-115011 | |

ICE SKATING

Preschool Ice Skating 3

Prerequisite: Preschool Ice Skating 2. This class is for skaters ages 3 to 5. Skater will learn forward skating, forward one-foot glides, forward and backward swizzles, a snowplow stop, and curves. Fee includes skate rental and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment Required: Helmet & Gloves.

Cabin John Ice Rink

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| | | | | | | |
|------------------|-----|--------------------|-------------|-------|-----------|---------------------------------|
| Apr 26 to Jun 7 | Sun | 10:30 to 11am | Ages 3 to 5 | \$120 | 6 classes | PICE0103-112000 |
| Apr 26 to Jun 7 | Sun | 11 to 11:30am | Ages 3 to 5 | \$120 | 6 classes | PICE0103-112001 |
| Apr 26 to Jun 7 | Sun | 2:45 to 3:15pm | Ages 3 to 5 | \$120 | 6 classes | PICE0103-112002 |
| Apr 28 to Jun 2 | Tue | 4 to 4:30pm | Ages 3 to 5 | \$120 | 6 classes | PICE0103-112003 |
| Apr 22 to May 27 | Wed | 3:30 to 4pm | Ages 3 to 5 | \$120 | 6 classes | PICE0103-112005 |
| Apr 24 to Jun 5 | Fri | 3:30 to 4pm | Ages 3 to 5 | \$120 | 6 classes | PICE0103-112006 |
| Apr 25 to Jun 6 | Sat | 11:45am to 12:15pm | Ages 3 to 5 | \$120 | 6 classes | PICE0103-112007 |
| Apr 25 to Jun 6 | Sat | 10:30 to 11am | Ages 3 to 5 | \$120 | 6 classes | PICE0103-112008 |
| Apr 25 to Jun 6 | Sat | 2 to 2:30pm | Ages 3 to 5 | \$120 | 6 classes | PICE0103-112009 |

Wheaton Ice Arena

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| | | | | | | |
|------------------|-----|--------------------|-------------|-------|-----------|---------------------------------|
| Apr 26 to Jun 7 | Sun | 1:15 to 1:45pm | Ages 3 to 5 | \$120 | 6 classes | PICE0103-115002 |
| Apr 22 to May 27 | Wed | 12:30 to 1pm | Ages 3 to 5 | \$120 | 6 classes | PICE0103-115003 |
| Apr 23 to May 28 | Thu | 4:30 to 5pm | Ages 3 to 5 | \$120 | 6 classes | PICE0103-115004 |
| Apr 23 to May 28 | Thu | 5:45 to 6:15pm | Ages 3 to 5 | \$120 | 6 classes | PICE0103-115005 |
| Apr 25 to Jun 6 | Sat | 11:45am to 12:15pm | Ages 3 to 5 | \$120 | 6 classes | PICE0103-115006 |

Preschool Ice Skating 4

Prerequisite: Preschool Ice Skating 3. This class is for skaters ages 3 to 5. Skater will learn forward skating, backward two-foot glides, backward swizzles, rocking horse, two-foot turns from forward to backward in place, and two-foot hop. Fee includes skate rental and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment Required: Helmet & Gloves.

Cabin John Ice Rink

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| | | | | | | |
|------------------|-----|-----------------|-------------|-------|-----------|---------------------------------|
| Apr 26 to Jun 7 | Sun | 10:30 to 11am | Ages 3 to 5 | \$120 | 6 classes | PICE0104-112000 |
| Apr 26 to Jun 7 | Sun | 11:30am to 12pm | Ages 3 to 5 | \$120 | 6 classes | PICE0104-112001 |
| Apr 26 to Jun 7 | Sun | 2:45 to 3:15pm | Ages 3 to 5 | \$120 | 6 classes | PICE0104-112002 |
| Apr 28 to Jun 2 | Tue | 4 to 4:30pm | Ages 3 to 5 | \$120 | 6 classes | PICE0104-112003 |
| Apr 22 to May 27 | Wed | 3:30 to 4pm | Ages 3 to 5 | \$120 | 6 classes | PICE0104-112004 |
| Apr 24 to Jun 5 | Fri | 3:30 to 4pm | Ages 3 to 5 | \$120 | 6 classes | PICE0104-112005 |
| Apr 25 to Jun 6 | Sat | 10:30 to 11am | Ages 3 to 5 | \$120 | 6 classes | PICE0104-112006 |

ICE SKATING

Preschool Ice Skating 4 (continued)

| Cabin John Ice Rink | | | | | | | Click to Register |
|---------------------|-----|--------------------|-------------|-------|-----------|---------------------------------|-----------------------------------|
| Apr 25 to Jun 6 | Sat | 11:45am to 12:15pm | Ages 3 to 5 | \$120 | 6 classes | PICE0104-112007 | |
| Apr 25 to Jun 6 | Sat | 2 to 2:30pm | Ages 3 to 5 | \$120 | 6 classes | PICE0104-112008 | |
| Wheaton Ice Arena | | | | | | | Click to Register |
| Apr 26 to Jun 7 | Sun | 1:15 to 1:45pm | Ages 3 to 5 | \$120 | 6 classes | PICE0104-115003 | |
| Apr 23 to May 28 | Thu | 5:45 to 6:15pm | Ages 3 to 5 | \$120 | 6 classes | PICE0104-115004 | |
| Apr 25 to Jun 6 | Sat | 12 to 12:30pm | Ages 3 to 5 | \$120 | 6 classes | PICE0104-115005 | |

Skating Superstars

For skaters ages 4 to 8, who have completed Preschool Skating Level 3 or Youth Level 1, this 45-min class offers a high-energy fun time on the ice. Class starts with an on ice warm-up to music, followed by focused skating technique work. Engaging games and colorful obstacle courses strengthen forward/backward skating, turns and stopping skills and further independent practice.

| Wheaton Ice Arena | | | | | | | Click to Register |
|-------------------|-----|--------------------|-------------|-------|-----------|---------------------------------|-----------------------------------|
| Apr 26 to Jun 7 | Sun | 1:15 to 1:45pm | Ages 4 to 8 | \$120 | 6 classes | PICE0105-115004 | |
| Apr 25 to Jun 6 | Sat | 11:45am to 12:15pm | Ages 4 to 8 | \$120 | 6 classes | PICE0105-115006 | |

Youth Ice Skating 1

This class is for beginner skaters ages 6-11. Skaters will learn how to sit on the ice and stand up, march forward across the ice, forward two-foot glide, dip, forward swizzles, backward wiggles, beginning snowplow stops, and a two-foot hop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet & gloves are required (bike helmet is fine).

| Cabin John Ice Rink | | | | | | | Click to Register |
|---------------------|-----|------------------|--------------|-------|-----------|---------------------------------|-----------------------------------|
| Apr 26 to Jun 7 | Sun | 2:15 to 2:45pm | Ages 6 to 11 | \$120 | 6 classes | PICE0201-112002 | |
| Apr 27 to Jun 8 | Mon | 4 to 4:30pm | Ages 6 to 11 | \$120 | 6 classes | PICE0201-112003 | |
| Apr 27 to Jun 8 | Mon | 5 to 5:30pm | Ages 6 to 11 | \$120 | 6 classes | PICE0201-112004 | |
| Apr 28 to Jun 2 | Tue | 4:30 to 5pm | Ages 6 to 11 | \$120 | 6 classes | PICE0201-112005 | |
| Apr 22 to May 27 | Wed | 4 to 4:30pm | Ages 6 to 11 | \$120 | 6 classes | PICE0201-112006 | |
| Apr 23 to May 28 | Thu | 4 to 4:30pm | Ages 6 to 11 | \$120 | 6 classes | PICE0201-112007 | |
| Apr 24 to Jun 5 | Fri | 4 to 4:30pm | Ages 6 to 11 | \$120 | 6 classes | PICE0201-112009 | |
| Apr 24 to Jun 5 | Fri | 4:30 to 5pm | Ages 6 to 11 | \$120 | 6 classes | PICE0201-112010 | |
| Apr 25 to Jun 6 | Sat | 11:15 to 11:45am | Ages 6 to 11 | \$120 | 6 classes | PICE0201-112011 | |
| Apr 25 to Jun 6 | Sat | 12:30 to 1pm | Ages 6 to 11 | \$120 | 6 classes | PICE0201-112012 | |
| Apr 25 to Jun 6 | Sat | 12:30 to 1pm | Ages 6 to 11 | \$120 | 6 classes | PICE0201-112013 | |
| Apr 25 to Jun 6 | Sat | 1:30 to 2pm | Ages 6 to 11 | \$120 | 6 classes | PICE0201-112014 | |

ICE SKATING

Youth Ice Skating 1 (continued)

| Wheaton Ice Arena | | | | | | | Click to Register |
|-------------------|-----|------------------|--------------|-------|-----------|---------------------------------|-------------------|
| Apr 26 to Jun 7 | Sun | 1:45 to 2:15pm | Ages 6 to 11 | \$120 | 6 classes | PICE0201-115002 | |
| Apr 28 to Jun 2 | Tue | 1 to 1:30pm | Ages 6 to 11 | \$120 | 6 classes | PICE0201-115003 | |
| Apr 22 to May 27 | Wed | 1 to 1:30pm | Ages 6 to 11 | \$120 | 6 classes | PICE0201-115004 | |
| Apr 23 to May 28 | Thu | 5 to 5:30pm | Ages 6 to 11 | \$120 | 6 classes | PICE0201-115005 | |
| Apr 23 to May 28 | Thu | 6:15 to 6:45pm | Ages 6 to 11 | \$120 | 6 classes | PICE0201-115006 | |
| Apr 24 to Jun 5 | Fri | 5:30 to 6pm | Ages 6 to 11 | \$120 | 6 classes | PICE0201-115008 | |
| Apr 25 to Jun 6 | Sat | 11:15 to 11:45am | Ages 6 to 11 | \$120 | 6 classes | PICE0201-115010 | |

Youth Ice Skating 2

Prerequisite: Passed Youth Ice Skating 1 or Preschool Ice Skating 4. Skaters will learn forward one-foot glides, backward two-foot glide, rocking horse, scooter pushes, backward swizzles, a two-foot turn from forward to backward in place, and a moving snowplow stop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

| Cabin John Ice Rink | | | | | | | Click to Register |
|---------------------|-----|----------------|--------------|-------|-----------|---------------------------------|-------------------|
| Apr 26 to Jun 7 | Sun | 12 to 12:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0202-112001 | |
| Apr 26 to Jun 7 | Sun | 2:15 to 2:45pm | Ages 4 to 11 | \$120 | 6 classes | PICE0202-112002 | |
| Apr 27 to Jun 8 | Mon | 4 to 4:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0202-112003 | |
| Apr 27 to Jun 8 | Mon | 4:30 to 5pm | Ages 4 to 11 | \$120 | 6 classes | PICE0202-112004 | |
| Apr 27 to Jun 8 | Mon | 5:30 to 6pm | Ages 4 to 11 | \$120 | 6 classes | PICE0202-112005 | |
| Apr 28 to Jun 2 | Tue | 5 to 5:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0202-112006 | |
| Apr 22 to May 27 | Wed | 4 to 4:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0202-112007 | |
| Apr 22 to May 27 | Wed | 4:30 to 5pm | Ages 4 to 11 | \$120 | 6 classes | PICE0202-112008 | |
| Apr 23 to May 28 | Thu | 4 to 4:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0202-112010 | |
| Apr 23 to May 28 | Thu | 4:30 to 5pm | Ages 4 to 11 | \$120 | 6 classes | PICE0202-112011 | |
| Apr 24 to Jun 5 | Fri | 4 to 4:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0202-112012 | |
| Apr 24 to Jun 5 | Fri | 4:30 to 5pm | Ages 4 to 11 | \$120 | 6 classes | PICE0202-112013 | |
| Apr 25 to Jun 6 | Sat | 1 to 1:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0202-112015 | |
| Apr 25 to Jun 6 | Sat | 1:30 to 2pm | Ages 4 to 11 | \$120 | 6 classes | PICE0202-112016 | |

Youth Ice Skating 2 (continued)

| Wheaton Ice Arena | | | | | | | Click to Register |
|-------------------|-----|------------------|--------------|-------|-----------|---------------------------------|-------------------|
| Apr 26 to Jun 7 | Sun | 1:45 to 2:15pm | Ages 4 to 11 | \$120 | 6 classes | PICE0202-115002 | |
| Apr 28 to Jun 2 | Tue | 1 to 1:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0202-115003 | |
| Apr 22 to May 27 | Wed | 1 to 1:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0202-115004 | |
| Apr 23 to May 28 | Thu | 5 to 5:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0202-115007 | |
| Apr 23 to May 28 | Thu | 6:15 to 6:45pm | Ages 4 to 11 | \$120 | 6 classes | PICE0202-115008 | |
| Apr 24 to Jun 5 | Fri | 6 to 6:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0202-115010 | |
| Apr 25 to Jun 6 | Sat | 11:15 to 11:45am | Ages 4 to 11 | \$120 | 6 classes | PICE0202-115011 | |

Youth Ice Skating 3

Prerequisite: Passed Youth Ice Skating 2. Skaters will learn forward stroking, forward half-swizzle pumps on a circle, moving forward to backward two-foot turns, backward one-foot glides, backward snowplow stop, forward slaloms, and forward pivot. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

| Cabin John Ice Rink | | | | | | | Click to Register |
|---------------------|-----|------------------|--------------|-------|-----------|---------------------------------|-------------------|
| Apr 26 to Jun 7 | Sun | 10 to 10:30am | Ages 4 to 11 | \$120 | 6 classes | PICE0203-112001 | |
| Apr 26 to Jun 7 | Sun | 2:15 to 2:45pm | Ages 4 to 11 | \$120 | 6 classes | PICE0203-112002 | |
| Apr 27 to Jun 8 | Mon | 4 to 4:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0203-112004 | |
| Apr 27 to Jun 8 | Mon | 5 to 5:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0203-112005 | |
| Apr 28 to Jun 2 | Tue | 4:30 to 5pm | Ages 4 to 11 | \$120 | 6 classes | PICE0203-112006 | |
| Apr 22 to May 27 | Wed | 4 to 4:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0203-112007 | |
| Apr 23 to May 28 | Thu | 4 to 4:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0203-112008 | |
| Apr 24 to Jun 5 | Fri | 4 to 4:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0203-112009 | |
| Apr 24 to Jun 5 | Fri | 4:30 to 5pm | Ages 4 to 11 | \$120 | 6 classes | PICE0203-112010 | |
| Apr 25 to Jun 6 | Sat | 11:15 to 11:45am | Ages 4 to 11 | \$120 | 6 classes | PICE0203-112011 | |
| Apr 25 to Jun 6 | Sat | 12:30 to 1pm | Ages 4 to 11 | \$120 | 6 classes | PICE0203-112012 | |
| Apr 25 to Jun 6 | Sat | 1:30 to 2pm | Ages 4 to 11 | \$120 | 6 classes | PICE0203-112013 | |

ICE SKATING

Youth Ice Skating 3 (continued)

| Wheaton Ice Arena | | | | | | | Click to Register |
|-------------------|-----|------------------|--------------|-------|-----------|---------------------------------|-------------------|
| Apr 26 to Jun 7 | Sun | 1:45 to 2:15pm | Ages 4 to 11 | \$120 | 6 classes | PICE0203-115001 | |
| Apr 28 to Jun 2 | Tue | 1 to 1:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0203-115002 | |
| Apr 22 to May 27 | Wed | 1 to 1:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0203-115003 | |
| Apr 23 to May 28 | Thu | 6:15 to 6:45pm | Ages 4 to 11 | \$120 | 6 classes | PICE0203-115004 | |
| Apr 24 to Jun 5 | Fri | 6:30 to 7pm | Ages 4 to 11 | \$120 | 6 classes | PICE0203-115007 | |
| Apr 25 to Jun 6 | Sat | 11:15 to 11:45am | Ages 4 to 11 | \$120 | 6 classes | PICE0203-115009 | |

Youth Ice Skating 4

Prerequisite: Passed Youth Ice Skating 3. Skaters will learn forward outside and inside edges on a circle (R and L), forward crossovers, backward half-swizzle pumps on a circle, backward one-foot glides, beginning two-foot spin, and forward lunges. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

| Cabin John Ice Rink | | | | | | | Click to Register |
|---------------------|-----|---------------|--------------|-------|-----------|---------------------------------|-------------------|
| Apr 26 to Jun 7 | Sun | 10 to 10:30am | Ages 4 to 11 | \$120 | 6 classes | PICE0204-112001 | |
| Apr 26 to Jun 7 | Sun | 12 to 12:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0204-112002 | |
| Apr 27 to Jun 8 | Mon | 4:30 to 5pm | Ages 4 to 11 | \$120 | 6 classes | PICE0204-112003 | |
| Apr 27 to Jun 8 | Mon | 5:30 to 6pm | Ages 4 to 11 | \$120 | 6 classes | PICE0204-112004 | |
| Apr 28 to Jun 2 | Tue | 5 to 5:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0204-112006 | |
| Apr 22 to May 27 | Wed | 5 to 5:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0204-112008 | |
| Apr 23 to May 28 | Thu | 4:30 to 5pm | Ages 4 to 11 | \$120 | 6 classes | PICE0204-112009 | |
| Apr 24 to Jun 5 | Fri | 5 to 5:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0204-112011 | |
| Apr 25 to Jun 6 | Sat | 10:30 to 11am | Ages 4 to 11 | \$120 | 6 classes | PICE0204-112012 | |
| Apr 25 to Jun 6 | Sat | 1 to 1:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0204-112013 | |

| Wheaton Ice Arena | | | | | | | Click to Register |
|-------------------|-----|------------------|--------------|-------|-----------|---------------------------------|-------------------|
| Apr 26 to Jun 7 | Sun | 1:45 to 2:15pm | Ages 4 to 11 | \$120 | 6 classes | PICE0204-115000 | |
| Apr 23 to May 28 | Thu | 6:15 to 6:45pm | Ages 4 to 11 | \$120 | 6 classes | PICE0204-115002 | |
| Apr 25 to Jun 6 | Sat | 11:15 to 11:45am | Ages 4 to 11 | \$120 | 6 classes | PICE0204-115006 | |

ICE SKATING

Youth Ice Skating 5

Prerequisite: Passed Youth Ice Skating 4. Skaters will learn backward outside and inside edges on a circle (R and L), backward crossovers, forward outside three-turns, advanced two-foot spin, hockey stop, and side toe hop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

| Cabin John Ice Rink | | | | | | Click to Register |
|---------------------|-----|------------------|--------------|-------|-----------|---------------------------------|
| Apr 26 to Jun 7 | Sun | 10 to 10:30am | Ages 4 to 11 | \$120 | 6 classes | PICE0205-112001 |
| Apr 26 to Jun 7 | Sun | 12 to 12:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0205-112002 |
| Apr 27 to Jun 8 | Mon | 4:30 to 5pm | Ages 4 to 11 | \$120 | 6 classes | PICE0205-112003 |
| Apr 27 to Jun 8 | Mon | 5:30 to 6pm | Ages 4 to 11 | \$120 | 6 classes | PICE0205-112004 |
| Apr 28 to Jun 2 | Tue | 5 to 5:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0205-112005 |
| Apr 22 to May 27 | Wed | 5 to 5:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0205-112006 |
| Apr 23 to May 28 | Thu | 4:30 to 5pm | Ages 4 to 11 | \$120 | 6 classes | PICE0205-112007 |
| Apr 24 to Jun 5 | Fri | 5 to 5:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0205-112008 |
| Apr 25 to Jun 6 | Sat | 10:30 to 11am | Ages 4 to 11 | \$120 | 6 classes | PICE0205-112009 |
| Apr 25 to Jun 6 | Sat | 1 to 1:30pm | Ages 4 to 11 | \$120 | 6 classes | PICE0205-112010 |
| Wheaton Ice Arena | | | | | | Click to Register |
| Apr 26 to Jun 7 | Sun | 1:45 to 2:15pm | Ages 4 to 11 | \$120 | 6 classes | PICE0205-115000 |
| Apr 23 to May 28 | Thu | 6:15 to 6:45pm | Ages 4 to 11 | \$120 | 6 classes | PICE0205-115003 |
| Apr 25 to Jun 6 | Sat | 11:15 to 11:45am | Ages 4 to 11 | \$120 | 6 classes | PICE0205-115005 |

Youth Ice Skating 6

Prerequisite: Passed Youth Ice Skating 5. Skaters will learn forward inside three-turns, moving backward to forward two-foot turns on a circle, backward stroking, T-stop, bunny hops, forward spiral on a straight line, beginning one-foot spin, and shoot the duck. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class.

| Cabin John Ice Rink | | | | | | Click to Register |
|---------------------|-----|------------------|--------------|-------|-----------|---------------------------------|
| Apr 23 to May 28 | Thu | 5:45 to 6:30pm | Ages 4 to 11 | \$180 | 6 classes | PICE0206-112003 |
| Apr 25 to Jun 6 | Sat | 9:45 to 10:30am | Ages 4 to 11 | \$180 | 6 classes | PICE0206-112004 |
| Apr 25 to Jun 6 | Sat | 2:45 to 3:30pm | Ages 4 to 11 | \$180 | 6 classes | PICE0206-112005 |
| Wheaton Ice Arena | | | | | | Click to Register |
| Apr 26 to Jun 7 | Sun | 1:45 to 2:15pm | Ages 4 to 11 | \$120 | 6 classes | PICE0206-115001 |
| Apr 23 to May 28 | Thu | 6:15 to 6:45pm | Ages 4 to 11 | \$120 | 6 classes | PICE0206-115003 |
| Apr 25 to Jun 6 | Sat | 11:15 to 11:45am | Ages 4 to 11 | \$120 | 6 classes | PICE0206-115004 |

ICE SKATING

Teens and Tweens Ice Skating 1

This class is for beginner skaters ages 12-17. Skaters will learn how to sit on the ice and stand up, march forward across the ice, forward two-foot glide, dip, forward swizzles, backward wiggles, beginning snowplow stops, and a two-foot hop. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet & gloves are required.

| Cabin John Ice Rink | | | | | | | Click to Register |
|---------------------|-----|------------------|---------------|-------|-----------|---------------------------------|-------------------|
| Apr 26 to Jun 7 | Sun | 12:45 to 1:30pm | Ages 12 to 17 | \$180 | 6 classes | PICE0231-112001 | |
| Apr 27 to Jun 8 | Mon | 8:15 to 9pm | Ages 12 to 17 | \$180 | 6 classes | PICE0231-112002 | |
| Apr 25 to Jun 6 | Sat | 9 to 9:45am | Ages 12 to 17 | \$180 | 6 classes | PICE0231-112003 | |
| Wheaton Ice Arena | | | | | | | Click to Register |
| Apr 26 to Jun 7 | Sun | 2:15 to 2:45pm | Ages 12 to 17 | \$120 | 6 classes | PICE0231-115000 | |
| Apr 28 to Jun 2 | Tue | 1:30 to 2pm | Ages 12 to 17 | \$120 | 6 classes | PICE0231-115002 | |
| Apr 22 to May 27 | Wed | 1:30 to 2pm | Ages 12 to 17 | \$120 | 6 classes | PICE0231-115004 | |
| Apr 23 to May 28 | Thu | 7:15 to 7:45pm | Ages 12 to 17 | \$120 | 6 classes | PICE0231-115006 | |
| Apr 25 to Jun 6 | Sat | 10:45 to 11:15am | Ages 12 to 17 | \$120 | 6 classes | PICE0231-115008 | |

Teens and Tweens Ice Skating 2

Prerequisite: Passed Tweens & Teens 1. Skaters will learn forward one-foot glides, backward two-foot glide, rocking horse, scooter pushes, backward swizzles, a two-foot turn from forward to backward in place, and a moving snowplow stop. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

| Cabin John Ice Rink | | | | | | | Click to Register |
|---------------------|-----|------------------|---------------|-------|-----------|---------------------------------|-------------------|
| Apr 26 to Jun 7 | Sun | 12:45 to 1:30pm | Ages 12 to 17 | \$180 | 6 classes | PICE0232-112001 | |
| Apr 27 to Jun 8 | Mon | 8:15 to 9pm | Ages 12 to 17 | \$180 | 6 classes | PICE0232-112002 | |
| Apr 25 to Jun 6 | Sat | 9 to 9:45am | Ages 12 to 17 | \$180 | 6 classes | PICE0232-112003 | |
| Wheaton Ice Arena | | | | | | | Click to Register |
| Apr 26 to Jun 7 | Sun | 2:15 to 2:45pm | Ages 12 to 17 | \$120 | 6 classes | PICE0232-115000 | |
| Apr 28 to May 26 | Tue | 1:30 to 2pm | Ages 12 to 17 | \$120 | 6 classes | PICE0232-115002 | |
| Apr 22 to May 27 | Wed | 1:30 to 2pm | Ages 12 to 17 | \$120 | 6 classes | PICE0232-115004 | |
| Apr 23 to May 28 | Thu | 7:15 to 7:45pm | Ages 12 to 17 | \$120 | 6 classes | PICE0232-115006 | |
| Apr 25 to Jun 6 | Sat | 10:45 to 11:15am | Ages 12 to 17 | \$120 | 6 classes | PICE0232-115008 | |

ICE SKATING

Teens and Tweens Ice Skating 3

Prerequisite: Passed Tweens & Teens 2 and for ages 12-17. Skaters will learn forward stroking, forward half-swizzle pumps on a circle, moving forward to backward two-foot turns, backward one-foot glides, backward snowplow stop, forward slaloms, and forward pivot. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Cabin John Ice Rink

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| | | | | | | |
|-----------------|-----|-----------------|---------------|-------|-----------|---------------------------------|
| Apr 26 to Jun 7 | Sun | 12:45 to 1:30pm | Ages 12 to 17 | \$180 | 6 classes | PICE0233-112001 |
| Apr 27 to Jun 8 | Mon | 8:15 to 9pm | Ages 12 to 17 | \$180 | 6 classes | PICE0233-112002 |
| Apr 25 to Jun 6 | Sat | 9 to 9:45am | Ages 12 to 17 | \$180 | 6 classes | PICE0233-112003 |

Wheaton Ice Arena

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| | | | | | | |
|------------------|-----|------------------|---------------|-------|-----------|---------------------------------|
| Apr 26 to Jun 7 | Sun | 2:15 to 2:45pm | Ages 12 to 17 | \$120 | 6 classes | PICE0233-115000 |
| Apr 23 to May 28 | Thu | 7:15 to 7:45pm | Ages 12 to 17 | \$120 | 6 classes | PICE0233-115002 |
| Apr 25 to Jun 6 | Sat | 10:45 to 11:15am | Ages 12 to 17 | \$120 | 6 classes | PICE0233-115004 |

Teens and Tweens Ice Skating 4

Prerequisite: Passed Tweens & Teens 3 and for ages 12-17. Skaters will learn forward outside and inside edges on a circle (R and L), forward crossovers, backward half-swizzle pumps on a circle, backward one-foot glides, beginning two-foot spin, and forward lunges. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Cabin John Ice Rink

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| | | | | | | |
|-----------------|-----|----------------|---------------|-------|-----------|---------------------------------|
| Apr 26 to Jun 7 | Sun | 1:30 to 2:15pm | Ages 12 to 17 | \$180 | 6 classes | PICE0234-112001 |
| Apr 27 to Jun 8 | Mon | 6 to 6:45pm | Ages 12 to 17 | \$180 | 6 classes | PICE0234-112002 |
| Apr 25 to Jun 6 | Sat | 11 to 11:45am | Ages 12 to 17 | \$180 | 6 classes | PICE0234-112003 |

Wheaton Ice Arena

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| | | | | | | |
|------------------|-----|------------------|---------------|-------|-----------|---------------------------------|
| Apr 26 to Jun 7 | Sun | 2:15 to 2:45pm | Ages 12 to 17 | \$120 | 6 classes | PICE0234-115000 |
| Apr 23 to May 28 | Thu | 7:15 to 7:45pm | Ages 12 to 17 | \$120 | 6 classes | PICE0234-115002 |
| Apr 25 to Jun 6 | Sat | 10:45 to 11:15am | Ages 12 to 17 | \$120 | 6 classes | PICE0234-115004 |

ICE SKATING

Teens and Tweens Ice Skating 5

Prerequisite: Passed Tweens & Teens 4 and for ages 12-17. Skaters will learn backward outside and inside edges on a circle (R and L), backward crossovers, forward outside three-turns, advanced two-foot spin, hockey stop, and side toe hop. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

| Cabin John Ice Rink | | | | | | | Click to Register |
|---------------------|-----|------------------|---------------|-------|-----------|---------------------------------|-------------------|
| Apr 26 to Jun 7 | Sun | 1:30 to 2:15pm | Ages 12 to 17 | \$180 | 6 classes | PICE0235-112001 | |
| Apr 27 to Jun 8 | Mon | 6 to 6:45pm | Ages 12 to 17 | \$180 | 6 classes | PICE0235-112002 | |
| Apr 25 to Jun 6 | Sat | 11 to 11:45am | Ages 12 to 17 | \$180 | 6 classes | PICE0235-112003 | |
| Wheaton Ice Arena | | | | | | | Click to Register |
| Apr 26 to Jun 7 | Sun | 2:15 to 2:45pm | Ages 12 to 17 | \$120 | 6 classes | PICE0235-115000 | |
| Apr 23 to May 28 | Thu | 7:15 to 7:45pm | Ages 12 to 17 | \$120 | 6 classes | PICE0235-115002 | |
| Apr 25 to Jun 6 | Sat | 10:45 to 11:15am | Ages 12 to 17 | \$120 | 6 classes | PICE0235-115004 | |

Teens and Tweens Ice Skating 6

Prerequisite: Passed Tweens & Teens 5 and for ages 12-17. Skaters will learn forward inside three-turns, moving backward to forward two-foot turns on a circle, backward stroking, T-stop, bunny hops, forward spiral on a straight line, beginning one-foot spin, and shoot the duck. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

| Cabin John Ice Rink | | | | | | | Click to Register |
|---------------------|-----|------------------|---------------|-------|-----------|---------------------------------|-------------------|
| Apr 26 to Jun 7 | Sun | 1:30 to 2:15pm | Ages 12 to 17 | \$180 | 6 classes | PICE0236-112001 | |
| Apr 27 to Jun 8 | Mon | 6 to 6:45pm | Ages 12 to 17 | \$180 | 6 classes | PICE0236-112002 | |
| Apr 25 to Jun 6 | Sat | 11 to 11:45am | Ages 12 to 17 | \$180 | 6 classes | PICE0236-112003 | |
| Wheaton Ice Arena | | | | | | | Click to Register |
| Apr 26 to Jun 7 | Sun | 2:15 to 2:45pm | Ages 12 to 17 | \$120 | 6 classes | PICE0236-115000 | |
| Apr 23 to May 28 | Thu | 7:15 to 7:45pm | Ages 12 to 17 | \$120 | 6 classes | PICE0236-115002 | |
| Apr 25 to Jun 6 | Sat | 10:45 to 11:15am | Ages 12 to 17 | \$120 | 6 classes | PICE0236-115004 | |

ICE SKATING

Adult Ice Skating 1

This class is for beginner skaters ages 18 and older. Skaters will learn how to sit on the ice and stand up, march forward across the ice, forward two-foot glide, dip, forward swizzles, backward wiggles, beginning snowplow stops, and a two-foot hop. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet & gloves are required.

| Cabin John Ice Rink | | | | | | Click to Register |
|---------------------|-----|------------------|----------------|-------|-----------|---------------------------------|
| Apr 26 to Jun 7 | Sun | 12:45 to 1:30pm | Ages 18 and up | \$180 | 6 classes | PICE0241-112001 |
| Apr 27 to Jun 8 | Mon | 8:15 to 9pm | Ages 18 and up | \$180 | 6 classes | PICE0241-112002 |
| Apr 23 to May 28 | Thu | 1:15 to 2pm | Ages 18 and up | \$180 | 6 classes | PICE0241-112003 |
| Apr 25 to Jun 6 | Sat | 9 to 9:45am | Ages 18 and up | \$180 | 6 classes | PICE0241-112004 |
| Wheaton Ice Arena | | | | | | Click to Register |
| Apr 26 to Jun 7 | Sun | 2:15 to 2:45pm | Ages 18 and up | \$120 | 6 classes | PICE0241-115000 |
| Apr 28 to Jun 2 | Tue | 12 to 12:30pm | Ages 18 and up | \$120 | 6 classes | PICE0241-115002 |
| Apr 23 to May 28 | Thu | 7:15 to 7:45pm | Ages 18 and up | \$120 | 6 classes | PICE0241-115004 |
| Apr 25 to Jun 6 | Sat | 10:45 to 11:15am | Ages 18 and up | \$120 | 6 classes | PICE0241-115006 |

Adult Ice Skating 2

Prerequisite: Passed Adult 1 and for ages 18 and older. Skaters will learn forward one-foot glides, backward two-foot glide, rocking horse, scooter pushes, backward swizzles, a two-foot turn from forward to backward in place, and a moving snowplow stop. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

| Cabin John Ice Rink | | | | | | Click to Register |
|---------------------|-----|------------------|----------------|-------|-----------|---------------------------------|
| Apr 26 to Jun 7 | Sun | 12:45 to 1:30pm | Ages 18 and up | \$180 | 6 classes | PICE0242-112001 |
| Apr 27 to Jun 8 | Mon | 8:15 to 9pm | Ages 18 and up | \$180 | 6 classes | PICE0242-112002 |
| Apr 23 to May 28 | Thu | 1:15 to 2pm | Ages 18 and up | \$180 | 6 classes | PICE0242-112003 |
| Apr 25 to Jun 6 | Sat | 9 to 9:45am | Ages 18 and up | \$180 | 6 classes | PICE0242-112004 |
| Wheaton Ice Arena | | | | | | Click to Register |
| Apr 26 to Jun 7 | Sun | 2:15 to 2:45pm | Ages 18 and up | \$120 | 6 classes | PICE0242-115000 |
| Apr 28 to Jun 2 | Tue | 12 to 12:30pm | Ages 18 and up | \$120 | 6 classes | PICE0242-115002 |
| Apr 23 to May 28 | Thu | 7:15 to 7:45pm | Ages 18 and up | \$120 | 6 classes | PICE0242-115004 |
| Apr 25 to Jun 6 | Sat | 10:45 to 11:15am | Ages 18 and up | \$120 | 6 classes | PICE0242-115006 |

ICE SKATING

Adult Ice Skating 3

Prerequisite: Passed Adult 2 and for ages 18 and older. Skaters will learn forward stroking, forward half-swizzle pumps on a circle, moving forward to backward two-foot turns, backward one-foot glides, backward snowplow stop, forward slaloms, and forward pivot. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Cabin John Ice Rink

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| | | | | | | |
|------------------|-----|-----------------|----------------|-------|-----------|---------------------------------|
| Apr 26 to Jun 7 | Sun | 12:45 to 1:30pm | Ages 18 and up | \$180 | 6 classes | PICE0243-112001 |
| Apr 27 to Jun 8 | Mon | 8:15 to 9pm | Ages 18 and up | \$180 | 6 classes | PICE0243-112002 |
| Apr 23 to May 28 | Thu | 1:15 to 2pm | Ages 18 and up | \$180 | 6 classes | PICE0243-112003 |
| Apr 25 to Jun 6 | Sat | 9 to 9:45am | Ages 18 and up | \$180 | 6 classes | PICE0243-112004 |

Wheaton Ice Arena

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| | | | | | | |
|------------------|-----|------------------|----------------|-------|-----------|---------------------------------|
| Apr 26 to Jun 7 | Sun | 2:15 to 2:45pm | Ages 18 and up | \$120 | 6 classes | PICE0243-115001 |
| Apr 28 to Jun 2 | Tue | 12:30 to 1pm | Ages 18 and up | \$120 | 6 classes | PICE0243-115002 |
| Apr 23 to May 28 | Thu | 7:15 to 7:45pm | Ages 18 and up | \$120 | 6 classes | PICE0243-115004 |
| Apr 25 to Jun 6 | Sat | 10:45 to 11:15am | Ages 18 and up | \$120 | 6 classes | PICE0243-115006 |

Adult Ice Skating 4

Prerequisite: Passed Adult 3 and for ages 18 and older. Skaters will learn forward outside and inside edges on a circle (R and L), forward crossovers, backward half-swizzle pumps on a circle, backward one-foot glides, beginning two-foot spin, and forward lunges. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Cabin John Ice Rink

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| | | | | | | |
|------------------|-----|-----------------|----------------|-------|-----------|---------------------------------|
| Apr 26 to Jun 7 | Sun | 1:30 to 2:15pm | Ages 18 and up | \$180 | 6 classes | PICE0244-112001 |
| Apr 27 to Jun 8 | Mon | 6 to 6:45pm | Ages 18 and up | \$180 | 6 classes | PICE0244-112002 |
| Apr 23 to May 28 | Thu | 12:30 to 1:15pm | Ages 18 and up | \$180 | 6 classes | PICE0244-112003 |
| Apr 25 to Jun 6 | Sat | 9:45 to 10:30am | Ages 18 and up | \$180 | 6 classes | PICE0244-112004 |

Wheaton Ice Arena

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| | | | | | | |
|------------------|-----|------------------|----------------|-------|-----------|---------------------------------|
| Apr 26 to Jun 7 | Sun | 2:15 to 2:45pm | Ages 18 and up | \$120 | 6 classes | PICE0244-115001 |
| Apr 28 to Jun 2 | Tue | 12:30 to 1pm | Ages 18 and up | \$120 | 6 classes | PICE0244-115002 |
| Apr 23 to May 28 | Thu | 7:15 to 7:45pm | Ages 18 and up | \$120 | 6 classes | PICE0244-115004 |
| Apr 25 to Jun 6 | Sat | 10:45 to 11:15am | Ages 18 and up | \$120 | 6 classes | PICE0244-115006 |

ICE SKATING

Adult Ice Skating 5

Prerequisite: Passed Adult 4 and for ages 18 and older. Skaters will learn backward outside and inside edges on a circle (R and L), backward crossovers, forward outside three-turns, advanced two-foot spin, hockey stop, and side toe hop. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

| Cabin John Ice Rink | | | | | | Click to Register |
|---------------------|--|--|--|--|--|-------------------|
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|------------------|-----|-----------------|----------------|-------|-----------|---------------------------------|
| Apr 26 to Jun 7 | Sun | 1:30 to 2:15pm | Ages 18 and up | \$180 | 6 classes | PICE0245-112001 |
| Apr 27 to Jun 8 | Mon | 6 to 6:45pm | Ages 18 and up | \$180 | 6 classes | PICE0245-112002 |
| Apr 23 to May 28 | Thu | 12:30 to 1:15pm | Ages 18 and up | \$180 | 6 classes | PICE0245-112003 |
| Apr 25 to Jun 6 | Sat | 9:45 to 10:30am | Ages 18 and up | \$180 | 6 classes | PICE0245-112004 |

| Wheaton Ice Arena | | | | | | Click to Register |
|-------------------|--|--|--|--|--|-------------------|
|-------------------|--|--|--|--|--|-------------------|

| | | | | | | |
|------------------|-----|------------------|----------------|-------|-----------|---------------------------------|
| Apr 26 to Jun 7 | Sun | 2:15 to 2:45pm | Ages 18 and up | \$120 | 6 classes | PICE0245-115001 |
| Apr 23 to May 28 | Thu | 7:15 to 7:45pm | Ages 18 and up | \$120 | 6 classes | PICE0245-115004 |
| Apr 25 to Jun 6 | Sat | 10:45 to 11:15am | Ages 18 and up | \$120 | 6 classes | PICE0245-115006 |

Adult Ice Skating 6

Prerequisite: Passed Adult 5 and for ages 18 and older. Skaters will learn forward inside three-turns, moving backward to forward two-foot turns on a circle, backward stroking, T-stop, bunny hops, forward spiral on a straight line, beginning one-foot spin, and shoot the duck. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

| Cabin John Ice Rink | | | | | | Click to Register |
|---------------------|--|--|--|--|--|-------------------|
|---------------------|--|--|--|--|--|-------------------|

| | | | | | | |
|------------------|-----|-----------------|----------------|-------|-----------|---------------------------------|
| Apr 26 to Jun 7 | Sun | 1:30 to 2:15pm | Ages 18 and up | \$180 | 6 classes | PICE0246-112001 |
| Apr 27 to Jun 8 | Mon | 6 to 6:45pm | Ages 18 and up | \$180 | 6 classes | PICE0246-112002 |
| Apr 23 to May 28 | Thu | 12:30 to 1:15pm | Ages 18 and up | \$180 | 6 classes | PICE0246-112003 |
| Apr 25 to Jun 6 | Sat | 9:45 to 10:30am | Ages 18 and up | \$180 | 6 classes | PICE0246-112004 |

| Wheaton Ice Arena | | | | | | Click to Register |
|-------------------|--|--|--|--|--|-------------------|
|-------------------|--|--|--|--|--|-------------------|

| | | | | | | |
|------------------|-----|------------------|----------------|-------|-----------|---------------------------------|
| Apr 26 to Jun 7 | Sun | 2:15 to 2:45pm | Ages 18 and up | \$120 | 6 classes | PICE0246-115001 |
| Apr 23 to May 28 | Thu | 7:15 to 7:45pm | Ages 18 and up | \$120 | 6 classes | PICE0246-115004 |
| Apr 25 to Jun 6 | Sat | 10:45 to 11:15am | Ages 18 and up | \$120 | 6 classes | PICE0246-115006 |

ICE SKATING

Adult Free Skate

Prerequisite: Passed Adult 6 and for ages 18+. This class will focus on introductory free skating skills including beginner jumps and spins. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

| Cabin John Ice Rink | | | | | | | Click to Register |
|---------------------|-----|--------------------|----------------|-------|-----------|---------------------------------|-------------------|
| Apr 27 to Jun 8 | Mon | 7:30 to 8:15pm | Ages 18 and up | \$180 | 6 classes | PICE0247-112001 | |
| Apr 23 to May 28 | Thu | 11:45am to 12:30pm | Ages 18 and up | \$180 | 6 classes | PICE0247-112002 | |
| Apr 25 to Jun 6 | Sat | 9:45 to 10:30am | Ages 18 and up | \$180 | 6 classes | PICE0247-112003 | |
| Wheaton Ice Arena | | | | | | | Click to Register |
| Apr 23 to May 28 | Thu | 7:15 to 7:45pm | Ages 18 and up | \$120 | 6 classes | PICE0247-115000 | |

Adult Figures

Prerequisite: Adult 5 and for ages 18 and older. Learn the history and tracing of compulsory figures. This is the oldest form of figure skating originating from over 200 years ago. Skaters will learn the forward outside and inside eight, forward waltz eight, backward outside eight, and various serpentine eights. This class will be split into a beginning and advanced group. Fee is \$120 and includes six 30-minute lessons, skate rental, and a practice card for six public session admission to practice.

| Cabin John Ice Rink | | | | | | | Click to Register |
|---------------------|-----|-------------|----------------|-------|-----------|---------------------------------|-------------------|
| Apr 27 to Jun 8 | Mon | 7 to 7:30pm | Ages 18 and up | \$120 | 6 classes | PICE0260-112001 | |

Pre Free Skate

Prerequisite: Passed Youth Ice Skating 6. Skaters will learn forward inside open mohawk, backward outside edge to forward outside edge transition on a circle, ballet jump, backward crossovers to backward outside edge glides, combination step sequences, one-foot upright spin, mazurka, and waltz jump. Fee includes skate rental and a practice card good for admission to public skate sessions to practice skills learned in class.

| Cabin John Ice Rink | | | | | | | Click to Register |
|---------------------|-----|-----------------|--------------|-------|-----------|---------------------------------|-------------------|
| Apr 23 to May 28 | Thu | 5:45 to 6:30pm | Ages 4 to 16 | \$180 | 6 classes | PICE0300-112002 | |
| Apr 25 to Jun 6 | Sat | 9:45 to 10:30am | Ages 4 to 16 | \$180 | 6 classes | PICE0300-112003 | |
| Apr 25 to Jun 6 | Sat | 2:45 to 3:30pm | Ages 4 to 16 | \$180 | 6 classes | PICE0300-112004 | |
| Wheaton Ice Arena | | | | | | | Click to Register |
| Apr 26 to Jun 7 | Sun | 1:45 to 2:15pm | Ages 4 to 17 | \$120 | 6 classes | PICE0300-115004 | |
| Apr 23 to May 28 | Thu | 6:45 to 7:15pm | Ages 4 to 17 | \$120 | 6 classes | PICE0300-115005 | |

ICE SKATING

Free Skate 1

Prerequisite: Passed Pre Free Skate. Learn forward power stroking, forward outside & inside consecutive edges, backward outside three-turns, upright one-foot spin from back crossovers, half flip, toe loop, and waltz jump combinations. Fee includes skate rental (if needed) plus a skating practice card.

| Cabin John Ice Rink | | | | | | | Click to Register |
|---------------------|-----|----------------|---------------|-------|-----------|---------------------------------|-------------------|
| Apr 23 to May 28 | Thu | 5:45 to 6:30pm | Ages 5 and up | \$180 | 6 classes | PICE0310-112004 | |
| Apr 23 to May 28 | Thu | 6:45 to 7:30pm | Ages 5 and up | \$180 | 6 classes | PICE0310-112005 | |
| Apr 25 to Jun 6 | Sat | 11 to 11:45am | Ages 5 and up | \$180 | 6 classes | PICE0310-112006 | |
| Apr 25 to Jun 6 | Sat | 2:45 to 3:30pm | Ages 5 and up | \$180 | 6 classes | PICE0310-112007 | |
| Wheaton Ice Arena | | | | | | | Click to Register |
| Apr 23 to May 28 | Thu | 6:45 to 7:15pm | Ages 5 and up | \$120 | 6 classes | PICE0310-115005 | |
| Apr 26 to Jun 7 | Sun | 1:45 to 2:15pm | Ages 5 and up | \$120 | 6 classes | PICE0310-115007 | |

Free Skate 2

Prerequisite: Passed Free Skate 1. Skates will learn basic back outside and back inside consecutive edges, forward outside and inside spirals on an axis, backward inside three-turns, beginning back spin, half lutz, and salchow. Fee includes skate rental (if needed) plus a skating practice card.

| Cabin John Ice Rink | | | | | | | Click to Register |
|---------------------|-----|----------------|---------------|-------|-----------|---------------------------------|-------------------|
| Apr 23 to May 28 | Thu | 6:45 to 7:30pm | Ages 5 and up | \$180 | 6 classes | PICE0312-112005 | |
| Apr 25 to Jun 6 | Sat | 11 to 11:45am | Ages 5 and up | \$180 | 6 classes | PICE0312-112006 | |
| Apr 25 to Jun 6 | Sat | 3:30 to 4:15pm | Ages 5 and up | \$180 | 6 classes | PICE0312-112007 | |
| Wheaton Ice Arena | | | | | | | Click to Register |
| Apr 23 to May 28 | Thu | 6:45 to 7:15pm | Ages 5 and up | \$120 | 6 classes | PICE0312-115006 | |

Free Skate 3

Prerequisite: Passed Free Skate 2. Skaters will learn alternating back crossovers to backward outside edges, alternating mohawk/crossover sequence, waltz three turns, advanced back spin, loop jump, waltz jump/toe loop combination and salchow/toe loop combination. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions.

| Cabin John Ice Rink | | | | | | | Click to Register |
|---------------------|-----|----------------|---------------|-------|-----------|---------------------------------|-------------------|
| Apr 23 to May 28 | Thu | 6:45 to 7:30pm | Ages 5 and up | \$180 | 6 classes | PICE0314-112005 | |
| Apr 25 to Jun 6 | Sat | 11 to 11:45am | Ages 5 and up | \$180 | 6 classes | PICE0314-112006 | |
| Apr 25 to Jun 6 | Sat | 3:30 to 4:15pm | Ages 5 and up | \$180 | 6 classes | PICE0314-112007 | |
| Wheaton Ice Arena | | | | | | | Click to Register |
| Apr 23 to May 28 | Thu | 6:45 to 7:15pm | Ages 5 and up | \$120 | 6 classes | PICE0314-115005 | |

ICE SKATING

Free Skate 4

Prerequisite: Passed Free Skate 3. Skaters will learn forward power three-turns, waltz eight, forward upright to backward upright spin, sit spin, half loop, flip, and split jump. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions to practice skills learned in class.

| Cabin John Ice Rink | | | | | | | Click to Register |
|---------------------|-----|----------------|---------------|-------|-----------|---------------------------------|-------------------|
| Apr 23 to May 28 | Thu | 8 to 8:45pm | Ages 5 and up | \$180 | 6 classes | PICE0316-112005 | |
| Apr 25 to Jun 6 | Sat | 11 to 11:45am | Ages 5 and up | \$180 | 6 classes | PICE0316-112006 | |
| Apr 25 to Jun 6 | Sat | 3:30 to 4:15pm | Ages 5 and up | \$180 | 6 classes | PICE0316-112007 | |
| Wheaton Ice Arena | | | | | | | Click to Register |
| Apr 23 to May 28 | Thu | 6:45 to 7:15pm | Ages 5 and up | \$120 | 6 classes | PICE0316-115005 | |

Free Skate 5

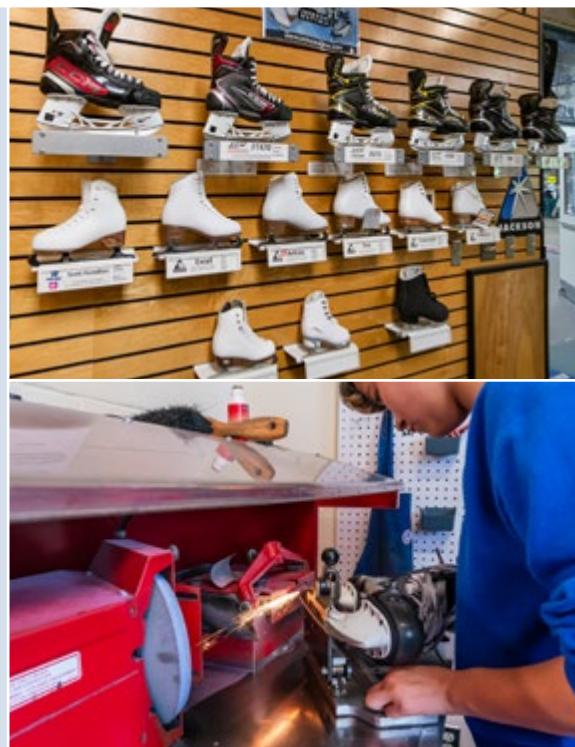
Prerequisite: Passed Free Skate 4. Skaters will learn backward power three-turns, five-step mohawk sequence, camel spin, waltz jump/loop jump combination, lutz, and loop/loop jump combination. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions to practice skills learned in class.

| Cabin John Ice Rink | | | | | | | Click to Register |
|---------------------|-----|----------------|---------------|-------|-----------|---------------------------------|-------------------|
| Apr 23 to May 28 | Thu | 8 to 8:45pm | Ages 5 and up | \$180 | 6 classes | PICE0318-112004 | |
| Apr 25 to Jun 6 | Sat | 11 to 11:45am | Ages 5 and up | \$180 | 6 classes | PICE0318-112006 | |
| Wheaton Ice Arena | | | | | | | Click to Register |
| Apr 23 to May 28 | Thu | 6:45 to 7:15pm | Ages 5 and up | \$120 | 6 classes | PICE0318-115005 | |

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- Figure skates
- Skating apparel and accessories
- Hockey gear sizing and fitting
- Skate services including sharpening, heat molding, blade mounting, and stretching

Discounts available for students enrolled in group lessons



ICE SKATING

Free Skate 6

Prerequisite: Passed Free Skate 5. Skaters will learn forward power pulls, creative step sequence, camel/sit spin combination, layback or cross foot spin, waltz jump/half loop/salchow combination, axel exercises, and backward outside pivot. Fee includes skate rental (if needed) plus a practice card good for admission to public skate session to practice skills learned in class.

| Cabin John Ice Rink | | | | | | Click to Register |
|-------------------------------------|-----|----------------|---------------|-------|-----------|-----------------------------------|
| Apr 23 to May 28 | Thu | 8 to 8:45pm | Ages 5 and up | \$180 | 6 classes | PICE0320-112004 |
| Apr 25 to Jun 6 | Sat | 11 to 11:45am | Ages 5 and up | \$180 | 6 classes | PICE0320-112006 |
| Wheaton Ice Arena | | | | | | Click to Register |
| Apr 23 to May 28 | Thu | 6:45 to 7:15pm | Ages 5 and up | \$120 | 6 classes | PICE0320-115005 |

Aspire Figure Skating

Aspire Figure Skating program is for young children between the ages of 7-12 who have passed the Pre Free Skate Level or have permission from the Cabin John Skating Director. Aspire is geared towards children who are already accelerating rapidly through our standard Youth Levels. Skaters in this program should have a strong interest in pursuing figure skating as a sport, as well as a desire to perform on the ice. This class meets for 20 minutes off ice and for 30 minutes on ice. Skaters will have an off-ice session in the dance studio from 8:30-8:50 am followed by an on ice session from 9:00-9:30 am on Olympic rink.

| Cabin John Ice Rink | | | | | | Click to Register |
|-------------------------------------|-----|----------------|--------------|-------|-----------|-----------------------------------|
| Apr 23 to May 28 | Thu | 4:30 to 5:30pm | Ages 7 to 12 | \$180 | 6 classes | PICE0322-112001 |

Aspire Youth

Aspire Youth program is for young children between the ages of 7-10 who have passed the Youth 2 Level or have permission from the Cabin John Skating Director. Aspire is geared towards children who are already accelerating rapidly through our standard Youth Levels. Skaters in this program should have a strong interest in pursuing figure skating as a sport, as well as a desire to perform on the ice. This class meets for 20 minutes off ice and for 30 minutes on ice. Skaters will have an off ice session in the dance studio from 4:30-4:50 pm and then be on the ice from 5:00-5:30 pm in the studio rink.

| Cabin John Ice Rink | | | | | | Click to Register |
|-------------------------------------|-----|----------------|--------------|-------|-----------|-----------------------------------|
| Apr 23 to May 28 | Thu | 4:30 to 5:30pm | Ages 6 to 10 | \$180 | 6 classes | PICE0322-112002 |

Aspire Youth Skating Academy

The Aspire Youth Academy is for figure skaters at the Youth 4 level and higher. This 45-minute weekly session will include sessions on power stroking, advanced turns, spins, jumps, choreography, ice dance, skating skills, and performance. It's goal is to allow additional ice time and group instruction to our figure skaters (youth and adult) and this can be taken in addition to your regular free skate class. We will offer an off ice session during each series for parents and skaters to talk about topics such as figure skating topics such as equipment, testing, and competition.

| Wheaton Ice Arena | | | | | | Click to Register |
|-----------------------------------|-----|-------------|---------------|-------|-----------|-----------------------------------|
| Apr 22 to May 27 | Wed | 6 to 6:45pm | Ages 6 and up | \$180 | 6 classes | PICE0321-115000 |

Aspire Figure Skating Academy

The Aspire Academy is for figure skaters at the Pre Free Skate level and higher. This 45-minute weekly session will include sessions on power stroking, advanced turns, spins, jumps, choreography, ice dance, skating skills, and performance. It's goal is to allow additional ice time and group instruction to our figure skaters (youth and adult) and this can be taken in addition to your regular free skate class. We will offer an off ice session during each series for parents and skaters to talk about topics such as figure skating topics such as equipment, testing, and competition.

Wheaton Ice Arena

[Click to Register](#)

Apr 22 to May 27 Wed

5:45 to 6:30pm

Ages 6 and up

\$180

6 classes

[PICE0321-115001](#)

Aspire Adult Skating Academy

The Aspire Adult Skating Academy is for teens and adults interested in Figure Skating and have completed Teen and Adult 4. This 45-minute weekly session will include sessions on stroking, turns, spins, jumps, skating skills, and performance. It's goal is to allow additional ice time and can be taken in addition to your regular class.

Wheaton Ice Arena

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Apr 22 to May 27 Wed

6 to 6:45pm

Ages 12 and up

\$180

6 classes

[PICE0321-115002](#)



Beginner Spins

Prerequisite: Minimum Youth 6 level and for ages 6-Adult. For skaters between the Pre Free Skate and Free Skate 3 levels. The beginning spin class is a 30-minute class designed for skaters to focus on establishing their spin technique. Proper positioning, centering, speed, and skating skills are a necessity to achieving all phases of a well-rounded spin. Skaters will focus on these phases while learning the upright spin, beginning sit spin, change foot spin, and exercises to strengthen and enhance future spin positions such as the camel and layback spin. Fee includes six 30-minute lessons, skate rental, and a practice card for six public session admission to practice.

Cabin John Ice Rink

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| | | | | | | |
|------------------|-----|---------------|---------------|-------|-----------|---------------------------------|
| Apr 23 to May 28 | Thu | 7:30 to 8pm | Ages 6 and up | \$120 | 6 classes | PICE0324-112000 |
| Apr 25 to Jun 6 | Sat | 10:30 to 11am | Ages 6 and up | \$120 | 6 classes | PICE0324-112001 |

Advanced Spins

This class is for skaters at the Free Skate 4 and higher level and will focus on advanced spins. (Skaters should be comfortable with scratch spin, sit spin, and beginning camel spin). Class will focus on learning basic spin features, combination spins, and flying spins. Fee includes a practice card good for admission to six public skating sessions.

Cabin John Ice Rink

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| | | | | | | |
|------------------|-----|---------------|---------------|-------|-----------|---------------------------------|
| Apr 23 to May 28 | Thu | 7:30 to 8pm | Ages 6 and up | \$120 | 6 classes | PICE0325-112000 |
| Apr 25 to Jun 6 | Sat | 10:30 to 11am | Ages 6 and up | \$120 | 6 classes | PICE0325-112001 |

Aspire Off Ice Warm-up

This off-ice warm-up class is designed specifically for Aspire skaters to prepare their bodies before stepping onto the ice. Through dynamic stretching and light cardio, skaters will activate muscles, increase mobility, and elevate their heart rate, setting the stage for a strong and focused on-ice session. It's the perfect way to transition from everyday movement to skating readiness, helping you feel energized and confident the moment your blades hit the rink.

Wheaton Ice Arena

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| | | | | | | |
|------------------|-----|----------------|---------------|------|-----------|---------------------------------|
| Apr 22 to May 27 | Wed | 5:30 to 5:45pm | Ages 6 and up | \$60 | 6 classes | PICE0338-115000 |
|------------------|-----|----------------|---------------|------|-----------|---------------------------------|

Off Ice Boost for Figure Skaters

This off-ice warm-up class is designed specifically for Aspire skaters to prepare their bodies before stepping onto the ice. Through dynamic stretching and light cardio, skaters will activate muscles, increase mobility, and elevate their heart rate, setting the stage for a strong and focused on-ice session. It's the perfect way to transition from everyday movement to skating readiness, helping you feel energized and confident the moment your blades hit the rink.

Wheaton Ice Arena

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| | | | | | | |
|------------------|-----|-------------|---------------|-------|-----------|---------------------------------|
| Apr 23 to May 28 | Thu | 7:30 to 8pm | Ages 6 and up | \$120 | 6 classes | PICE0338-115002 |
|------------------|-----|-------------|---------------|-------|-----------|---------------------------------|

ICE SKATING

FUNDamentals of Figure Skating

Join us for a fundamentals class that helps skaters polish their style while building power and confidence! We'll break down jumps and spins with creative drills that make learning feel fun and fresh. Each class kicks off with unique skating-skills patterns and challenges not covered in regular Freestyle lessons, giving skaters a chance to explore new techniques, sharpen their edges, and take their skating to the next level.

Wheaton Ice Arena

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| | | | | | | |
|------------------|-----|----------------|---------------|-------|-----------|---------------------------------|
| Apr 23 to May 28 | Thu | 7:15 to 7:45pm | Ages 6 and up | \$120 | 6 classes | PICE0340-115001 |
|------------------|-----|----------------|---------------|-------|-----------|---------------------------------|

Teens and Tweens Free Skate

Tweens & Teens Free Skate - Prerequisite: Passed Tweens & Teens 6. This class will focus on introductory free skating skills including beginner jumps and spins. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Cabin John Ice Rink

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| | | | | | | |
|-----------------|-----|----------------|---------------|-------|-----------|---------------------------------|
| Apr 27 to Jun 8 | Mon | 7:30 to 8:15pm | Ages 12 to 17 | \$180 | 6 classes | PICE0347-112001 |
|-----------------|-----|----------------|---------------|-------|-----------|---------------------------------|

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|-----------------|-----|-----------------|---------------|-------|-----------|---------------------------------|
| Apr 25 to Jun 6 | Sat | 9:45 to 10:30am | Ages 12 to 17 | \$180 | 6 classes | PICE0347-112002 |
|-----------------|-----|-----------------|---------------|-------|-----------|---------------------------------|

Wheaton Ice Arena

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| | | | | | | |
|------------------|-----|----------------|---------------|-------|-----------|---------------------------------|
| Apr 23 to May 28 | Thu | 6:45 to 7:15pm | Ages 12 to 17 | \$120 | 6 classes | PICE0347-115005 |
|------------------|-----|----------------|---------------|-------|-----------|---------------------------------|

Cabin John Spring Ice Show Clinic

This class will meet for six weeks to learn a group skating program to perform in the Cabin John Spring Ice Show on June 7 at 3:00 pm. Skaters will be placed into groups based on skating level and age. Skaters should be able to attend all six practices and the ice show performance.

Cabin John Ice Rink

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| | | | | | | |
|-----------------|-----|----------------|---------------|-------|-----------|---------------------------------|
| Apr 29 to Jun 3 | Wed | 6:15 to 7:15pm | Ages 4 and up | \$180 | 6 classes | PICE1010-112001 |
|-----------------|-----|----------------|---------------|-------|-----------|---------------------------------|

Wheaton Ice Show Clinic

This class will meet for five weeks to learn a group skating program to perform in the Wheaton Ice Arena Spring Ice Show on May 17 at 5:15pm. Skaters will be placed into groups based on skating level and age. Skaters should be able to attend all five practices and the ice show performance. Fee includes show registration and shirt to wear in the ice show.

Wheaton Ice Arena

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| | | | | | | |
|------------------|-----|----------------|---------------|-------|-----------|---------------------------------|
| Apr 12 to May 17 | Sun | 5:15 to 6:15pm | Ages 4 and up | \$120 | 6 classes | PICE1010-115001 |
|------------------|-----|----------------|---------------|-------|-----------|---------------------------------|

ICE HOCKEY

Tots with Sticks

Can't get your child to put that stick down!? Let's put a hockey stick in their hands instead. This class is geared for the high-energy toddler who likes to move, bang, and bash. We will teach them to skate and how to shoot a hockey puck! Helmet and gloves are required.

| Cabin John Ice Rink | | | | | | | Click to Register |
|---------------------|-----|-----------------|-------------|-------|-----------|---------------------------------|-------------------|
| Apr 28 to Jun 2 | Tue | 6:15 to 7pm | Ages 3 to 6 | \$180 | 6 classes | PICE0112-112000 | |
| Apr 22 to May 27 | Wed | 6:15 to 7pm | Ages 3 to 6 | \$180 | 6 classes | PICE0112-112001 | |
| Apr 24 to Jun 5 | Fri | 1:15 to 2pm | Ages 3 to 6 | \$180 | 6 classes | PICE0112-112002 | |
| Apr 25 to Jun 6 | Sat | 9:45 to 10:30am | Ages 3 to 6 | \$180 | 6 classes | PICE0112-112003 | |

| Wheaton Ice Arena | | | | | | | Click to Register |
|-------------------|-----|--------------------|-------------|-------|-----------|---------------------------------|-------------------|
| Apr 26 to Jun 7 | Sun | 1:15 to 1:45pm | Ages 3 to 6 | \$120 | 6 classes | PICE0112-115001 | |
| Apr 23 to May 28 | Thu | 5:45 to 6:15pm | Ages 3 to 6 | \$120 | 6 classes | PICE0112-115003 | |
| Apr 25 to Jun 6 | Sat | 11:45am to 12:15pm | Ages 3 to 6 | \$120 | 6 classes | PICE0112-115004 | |

Kinder Sticks

Must have passed Preschool 2 and Tots with Sticks. Kinder Sticks expands on the beginning skating skills taught through Tots with Sticks program and aims to prepare young skater for Hockey 1. Skaters will follow the Preschool 3 and 4 curriculums. Equipment Required: Caged Hockey Helmet. Gloves/Mittens. Strongly Suggested Equipment: knee pads, elbow pads, and shin guards. Fee is \$180 and includes six 45-minute lessons, skate rental, and a practice card for public session admission to practice.

| Cabin John Ice Rink | | | | | | | Click to Register |
|---------------------|-----|-----------------|-------------|-------|-----------|---------------------------------|-------------------|
| Apr 28 to Jun 2 | Tue | 6:15 to 7pm | Ages 4 to 6 | \$180 | 6 classes | PICE0113-112000 | |
| Apr 22 to May 27 | Wed | 6:15 to 7pm | Ages 4 to 6 | \$180 | 6 classes | PICE0113-112001 | |
| Apr 24 to Jun 5 | Fri | 1:15 to 2pm | Ages 4 to 6 | \$180 | 6 classes | PICE0113-112002 | |
| Apr 25 to Jun 6 | Sat | 9:45 to 10:30am | Ages 4 to 6 | \$180 | 6 classes | PICE0113-112003 | |

Hockey 1

Prerequisite: Passed Youth Ice Skating 1 or Preschool Ice Skating 4. Skater will learn falling and getting up in hockey skates, proper stance, march forward across the ice, 8-10 steps, forward two-foot glide, dip, forward swizzles, T-push to a two-foot glide, front to back turns, and snowplow stop. Fee includes skate rental, and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, flat stick cut to skater's height, and hockey skates.

Cabin John Ice Rink

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| | | | | | | |
|------------------|-----|---------------|--------------|-------|-----------|---------------------------------|
| Apr 28 to Jun 2 | Tue | 5:30 to 6pm | Ages 4 to 12 | \$120 | 6 classes | PICE0351-112001 |
| Apr 22 to May 27 | Wed | 7 to 7:30pm | Ages 4 to 12 | \$120 | 6 classes | PICE0351-112002 |
| Apr 25 to Jun 6 | Sat | 10:30 to 11am | Ages 4 to 12 | \$120 | 6 classes | PICE0351-112003 |

Wheaton Ice Arena

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|-----------------|-----|------------------|--------------|-------|-----------|---------------------------------|
| Apr 25 to Jun 6 | Sat | 11:15 to 11:45am | Ages 4 to 12 | \$120 | 6 classes | PICE0351-115002 |
|-----------------|-----|------------------|--------------|-------|-----------|---------------------------------|

Hockey 2

Prerequisite: Passed Hockey 1. Skaters will learn strides using 45-degree v push, forward one-foot push and glides, forward alternating C-cuts, backward hustles to glides on two feet, backward swizzles, backward alternating C-cuts, moving skateboard push, and moving snowplow stop. Fee includes skate rental, and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shin guards, hockey gloves, flat stick cut to skater's height, and hockey skates.

Cabin John Ice Rink

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| | | | | | | |
|------------------|-----|---------------|--------------|-------|-----------|---------------------------------|
| Apr 28 to Jun 2 | Tue | 5:30 to 6pm | Ages 4 to 12 | \$120 | 6 classes | PICE0352-112001 |
| Apr 22 to May 27 | Wed | 7 to 7:30pm | Ages 4 to 12 | \$120 | 6 classes | PICE0352-112002 |
| Apr 25 to Jun 6 | Sat | 10:30 to 11am | Ages 4 to 12 | \$120 | 6 classes | PICE0352-112003 |

Wheaton Ice Arena

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|-----------------|-----|------------------|--------------|-------|-----------|---------------------------------|
| Apr 25 to Jun 6 | Sat | 11:15 to 11:45am | Ages 4 to 12 | \$120 | 6 classes | PICE0352-115002 |
|-----------------|-----|------------------|--------------|-------|-----------|---------------------------------|



ICE HOCKEY

Hockey 3

Prerequisite: Passed Hockey 2. Skaters will learn lateral crossover march, forward C-cuts on a circle, forward outside and inside edges on half circles, backward C-cuts, backward snowplow stops, forward stop-starts, and one-foot forward snowplow stops. Fee includes skate rental and a practice card good for admission to public sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, curved stick cut to skater's height, and hockey skates.

Cabin John Ice Rink

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| | | | | | | |
|------------------|-----|----------------|--------------|-------|-----------|---------------------------------|
| Apr 28 to Jun 2 | Tue | 7 to 7:45pm | Ages 4 to 12 | \$180 | 6 classes | PICE0353-112001 |
| Apr 22 to May 27 | Wed | 5:30 to 6:15pm | Ages 4 to 12 | \$180 | 6 classes | PICE0353-112002 |
| Apr 25 to Jun 6 | Sat | 8:15 to 9am | Ages 4 to 12 | \$180 | 6 classes | PICE0353-112003 |

Wheaton Ice Arena

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|-----------------|-----|------------------|--------------|-------|-----------|---------------------------------|
| Apr 25 to Jun 6 | Sat | 10:45 to 11:15am | Ages 4 to 12 | \$120 | 6 classes | PICE0353-115001 |
|-----------------|-----|------------------|--------------|-------|-----------|---------------------------------|

Hockey 4

Prerequisite: Passed Hockey 3. Skaters will learn quick starts using V-starts, backward one-foot glides, forward and backward crossovers, forward to backward Mohawk pivots, and hockey stops. Fee includes skate rental and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, curved stick cut to skater's height, and hockey skates.

Cabin John Ice Rink

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| | | | | | | |
|------------------|-----|----------------|--------------|-------|-----------|---------------------------------|
| Apr 28 to Jun 2 | Tue | 7 to 7:45pm | Ages 4 to 12 | \$180 | 6 classes | PICE0354-112001 |
| Apr 22 to May 27 | Wed | 5:30 to 6:15pm | Ages 4 to 12 | \$180 | 6 classes | PICE0354-112002 |
| Apr 25 to Jun 6 | Sat | 8:15 to 9am | Ages 4 to 12 | \$180 | 6 classes | PICE0354-112003 |

Wheaton Ice Arena

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| | | | | | | |
|-----------------|-----|------------------|--------------|-------|-----------|---------------------------------|
| Apr 25 to Jun 6 | Sat | 10:45 to 11:15am | Ages 4 to 12 | \$120 | 6 classes | PICE0354-115001 |
|-----------------|-----|------------------|--------------|-------|-----------|---------------------------------|

Hockey Advanced

Prerequisite: Passed Hockey 4. Skaters will learn powerful backward C-cuts, alternating forward and backward crossovers, forward power hockey turns, lateral pivots, fast stops and starts, and fast backward skating with quick backward V-stops. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates.

Cabin John Ice Rink

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| | | | | | | |
|------------------|-----|----------------|--------------|-------|-----------|---------------------------------|
| Apr 28 to Jun 2 | Tue | 8:15 to 9pm | Ages 4 to 12 | \$180 | 6 classes | PICE0355-112001 |
| Apr 22 to May 27 | Wed | 7:45 to 8:30pm | Ages 4 to 12 | \$180 | 6 classes | PICE0355-112002 |
| Apr 25 to Jun 6 | Sat | 8:15 to 9am | Ages 4 to 12 | \$180 | 6 classes | PICE0355-112003 |

ICE HOCKEY

Teen and Adult Hockey 1

Prerequisite: Passed Teen & Adult 1 in hockey skates. Learn the fundamentals of hockey skating including alternating forward and backward c-cuts, backward swizzles, one-foot snowplow stop, lateral crossover march, forward c-cuts on a circle, and turns from forward to backward. Skaters will also learn skating with a puck and beginning passing and stickhandling skills. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates (rental hockey skates are available).

Cabin John Ice Rink

[Click to Register](#)

| | | | | | | |
|-----------------|-----|-------------|----------------|-------|-----------|---------------------------------|
| Apr 25 to Jun 6 | Sat | 8:15 to 9am | Ages 13 and up | \$120 | 6 classes | PICE0357-112001 |
|-----------------|-----|-------------|----------------|-------|-----------|---------------------------------|

Teen and Adult Hockey 2

Prerequisite: Passed Teen & Adult Hockey 1. This class will focus on more advanced skating skills including backward crossovers, hockey stops, forward power hockey turns, fast stops & starts, backward V-stops, and forward to backward mohawk pivots. Skaters will also learn hockey techniques, rules, and game play including some scrimmage time. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates (rental hockey skates are available).

Cabin John Ice Rink

[Click to Register](#)

| | | | | | | |
|------------------|-----|----------------|----------------|-------|-----------|---------------------------------|
| Apr 22 to May 27 | Wed | 8:30 to 9:15pm | Ages 13 and up | \$180 | 6 classes | PICE0358-112001 |
|------------------|-----|----------------|----------------|-------|-----------|---------------------------------|

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|-----------------|-----|-------------|----------------|-------|-----------|---------------------------------|
| Apr 25 to Jun 6 | Sat | 8:15 to 9am | Ages 13 and up | \$180 | 6 classes | PICE0358-112002 |
|-----------------|-----|-------------|----------------|-------|-----------|---------------------------------|

Advanced Scrimmage (Ages 8-13)

Passed Hockey 3. This hands-on instructional class focuses on key elements of hockey. Skaters will learn rules of the game, enhance their skills, and practice through a series of scrimmages. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Full gear required.

Cabin John Ice Rink

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| | | | | | | |
|-----------------|-----|----------------|--------------|-------|-----------|---------------------------------|
| Apr 28 to Jun 2 | Tue | 7:45 to 8:15pm | Ages 8 to 13 | \$120 | 6 classes | PICE0362-112004 |
|-----------------|-----|----------------|--------------|-------|-----------|---------------------------------|

Youth Stickhandling and Scrimmage

Prerequisite: Passed Hockey 2. This advanced hockey class will focus on technique for stickhandling and passing getting through the offensive zone and putting the puck in the net. Topics covered will include shooting techniques and accuracy, speed and agility, stickhandling, skating in open ice, receiving passes, and defending the puck. Full gear required. Ages 5 to 12.

Cabin John Ice Rink

[Click to Register](#)

| | | | | | | |
|-----------------|-----|-------------|--------------|-------|-----------|---------------------------------|
| Apr 25 to Jun 6 | Sat | 9 to 9:30am | Ages 5 to 12 | \$120 | 6 classes | PICE0364-112000 |
|-----------------|-----|-------------|--------------|-------|-----------|---------------------------------|

Adult Stickhandling and Scrimmage

Prerequisite: Passed Hockey 2. This advanced hockey class will focus on technique for stickhandling and passing getting through the offensive zone and putting the puck in the net. Topics covered will include shooting techniques and accuracy, speed and agility, stickhandling, skating in open ice, receiving passes, and defending the puck. Full gear required. Ages 18 and older.

Cabin John Ice Rink

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| | | | | | | |
|-----------------|-----|-------------|----------------|-------|-----------|---------------------------------|
| Apr 25 to Jun 6 | Sat | 9 to 9:30am | Ages 18 and up | \$120 | 6 classes | PICE0364-112001 |
|-----------------|-----|-------------|----------------|-------|-----------|---------------------------------|

Hockey Power Skating

Improve your conditioning and skating skills. This class will focus on stride length, take-offs and acceleration, agility skating, and edge work. Skaters must have passed Teen and Adult Hockey 1 or Youth Hockey 2.

Cabin John Ice Rink

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| | | | | | | |
|-----------------|-----|-------------|----------------|-------|-----------|---------------------------------|
| Apr 25 to Jun 6 | Sat | 9 to 9:30am | Ages 13 and up | \$120 | 6 classes | PICE0365-112000 |
|-----------------|-----|-------------|----------------|-------|-----------|---------------------------------|

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|-----------------|-----|-------------|--------------|-------|-----------|---------------------------------|
| Apr 25 to Jun 6 | Sat | 9 to 9:30am | Ages 6 to 12 | \$120 | 6 classes | PICE0365-112001 |
|-----------------|-----|-------------|--------------|-------|-----------|---------------------------------|

Youth Hockey Power Skating

Improve your conditioning and skating skills. This class will focus on stride length, take-offs and acceleration, agility skating, and edge work. Skaters must have passed Hockey 2.

Wheaton Ice Arena

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| | | | | | | |
|-----------------|-----|--------------------|--------------|-------|-----------|---------------------------------|
| Apr 25 to Jun 6 | Sat | 11:45am to 12:15pm | Ages 6 to 12 | \$120 | 6 classes | PICE0365-115001 |
|-----------------|-----|--------------------|--------------|-------|-----------|---------------------------------|





**Pauline Betz Addie
Tennis Center**



**Wheaton
Indoor Tennis**



PAULINE BETZ ADDIE TENNIS CENTER
7801 Democracy Blvd | Bethesda, MD 20817
301-765-8650
PBATennis.org

WHEATON INDOOR TENNIS
11715 Orebaugh Ave | Wheaton, MD 20902
301-905-3030
WheatonTennis.org

Programs are subject to change.
For the most up-to-date listings visit:
PBATennis.org or WheatonTennis.org

CLASS DATES

Registration Dates: April 13 to 20

Class Dates: April 22 to June 8

On your first day of class...

- Bring a racquet and water bottle.
- Wear proper footwear and athletic clothes.

COURSE FEES COVER

- Six group lessons

PLEASE NOTE

- No make-ups or refunds for missed lessons.
- Please read course descriptions carefully and select courses that match player ability and experience.
- At the end of each class series, the player will receive an evaluation recommending your next class.
- If you see a class you like, register! Classes may be canceled if a minimum enrollment is not met.
- Starter racquets available for purchase



TENNIS

TENNIS

Parent & Child Tennis (Ages 4-5)

Our youngest beginners, with the help of a parent, will practice basic tennis skills through fun exercises and games that can be continued outside of class. Fee covers one adult and one child; register the child only. (Red Court/Red Balls; loaner racquets available)

| <i>Pauline Betz Addie Tennis Center</i> | | | | | | Click to Register |
|---|-----|-----------|-------------|-------|-----------|-----------------------------------|
| Apr 26 to Jun 7 | Sun | 9 to 10am | Ages 4 to 5 | \$156 | 6 classes | PTEN0001-110012 |
| Apr 28 to Jun 2 | Tue | 5 to 6pm | Ages 4 to 5 | \$156 | 6 classes | PTEN0001-110016 |
| Apr 22 to May 27 | Wed | 5 to 6pm | Ages 4 to 5 | \$156 | 6 classes | PTEN0001-110018 |
| Apr 23 to May 28 | Thu | 5 to 6pm | Ages 4 to 5 | \$156 | 6 classes | PTEN0001-110020 |
| <i>Wheaton Indoor Tennis</i> | | | | | | Click to Register |
| Apr 25 to Jun 6 | Sat | 9 to 10am | Ages 4 to 5 | \$135 | 6 classes | PTEN0001-116006 |
| Apr 27 to Jun 8 | Mon | 6 to 7pm | Ages 4 to 5 | \$135 | 6 classes | PTEN0001-116008 |
| Apr 22 to May 27 | Wed | 5 to 6pm | Ages 4 to 5 | \$135 | 6 classes | PTEN0001-116009 |

Youth Tennis, Beginner 6-8

Group lesson class for the young beginner who has limited or no prior tennis experience. Class teaches basic strokes and promotes cooperative play through games and skill-building activities. Instruction for ages 6-8 focuses on hand-eye coordination, movement, and basic tennis strokes. Instruction for ages 9-10 focuses on racquet control drills, sending and receiving, rallying skills, and ABCs (agility, balance, and coordination). (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

| <i>Pauline Betz Addie Tennis Center</i> | | | | | | Click to Register |
|---|-----|--------------|-------------|-------|-----------|-----------------------------------|
| Apr 26 to Jun 7 | Sun | 9 to 10am | Ages 6 to 8 | \$150 | 6 classes | PTEN0005-110024 |
| Apr 27 to Jun 8 | Mon | 5 to 6pm | Ages 6 to 8 | \$150 | 6 classes | PTEN0005-110025 |
| Apr 28 to Jun 2 | Tue | 5 to 6pm | Ages 6 to 8 | \$150 | 6 classes | PTEN0005-110026 |
| Apr 22 to May 27 | Wed | 5 to 6pm | Ages 6 to 8 | \$150 | 6 classes | PTEN0005-110027 |
| <i>Wheaton Indoor Tennis</i> | | | | | | Click to Register |
| Apr 23 to May 28 | Thu | 6 to 7pm | Ages 6 to 8 | \$132 | 6 classes | PTEN0005-116016 |
| Apr 25 to Jun 6 | Sat | 10 to 11am | Ages 6 to 8 | \$132 | 6 classes | PTEN0005-116017 |
| Apr 26 to Jun 7 | Sun | 11am to 12pm | Ages 6 to 8 | \$132 | 6 classes | PTEN0005-116018 |
| Apr 28 to Jun 2 | Tue | 5 to 6pm | Ages 6 to 8 | \$132 | 6 classes | PTEN0005-116020 |

Youth Tennis, Intermediate 6–8

Prerequisite: Passed Beginner level. For the developing player who can rally on the Red Court but needs additional work on stroke production, tennis specific footwork, and situational play. Skill building continues with increased emphasis on cooperative drills. (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

| <i>Pauline Betz Addie Tennis Center</i> | | | | | | Click to Register |
|---|-----|------------|-------------|-------|-----------|-----------------------------------|
| Apr 26 to Jun 7 | Sun | 10 to 11am | Ages 6 to 8 | \$150 | 6 classes | PTEN0010-110025 |
| Apr 27 to Jun 8 | Mon | 5 to 6pm | Ages 6 to 8 | \$150 | 6 classes | PTEN0010-110026 |
| Apr 22 to Jun 3 | Wed | 4 to 5pm | Ages 6 to 8 | \$150 | 6 classes | PTEN0010-110027 |
| Apr 23 to May 28 | Thu | 5 to 6pm | Ages 6 to 8 | \$150 | 6 classes | PTEN0010-110029 |
| <i>Wheaton Indoor Tennis</i> | | | | | | Click to Register |
| Apr 28 to Jun 2 | Tue | 6 to 7pm | Ages 6 to 8 | \$132 | 6 classes | PTEN0010-116030 |
| Apr 23 to May 28 | Thu | 6 to 7pm | Ages 6 to 8 | \$132 | 6 classes | PTEN0010-116031 |

Youth Tennis, Beginner 9–10

Group lesson class for the young beginner who has limited or no prior tennis experience. Class teaches basic strokes and promotes cooperative play through games and skill-building activities. Instruction for ages 6–8 focuses on hand-eye coordination, movement, and basic tennis strokes. Instruction for ages 9–10 focuses on racquet control drills, sending and receiving, rallying skills, and ABCs (agility, balance, and coordination). (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

| <i>Pauline Betz Addie Tennis Center</i> | | | | | | Click to Register |
|---|-----|-----------|--------------|-------|-----------|-----------------------------------|
| Apr 25 to Jun 6 | Sat | 9 to 10am | Ages 9 to 10 | \$150 | 6 classes | PTEN0015-110035 |
| Apr 27 to Jun 8 | Mon | 6 to 7pm | Ages 9 to 10 | \$150 | 6 classes | PTEN0015-110036 |
| Apr 28 to Jun 2 | Tue | 6 to 7pm | Ages 9 to 10 | \$150 | 6 classes | PTEN0015-110037 |
| Apr 22 to May 27 | Wed | 6 to 7pm | Ages 9 to 10 | \$150 | 6 classes | PTEN0015-110038 |
| Apr 23 to May 28 | Thu | 6 to 7pm | Ages 9 to 10 | \$150 | 6 classes | PTEN0015-110039 |
| <i>Wheaton Indoor Tennis</i> | | | | | | Click to Register |
| Apr 23 to May 28 | Thu | 5 to 6pm | Ages 9 to 10 | \$132 | 6 classes | PTEN0015-116037 |
| Apr 26 to Jun 7 | Sun | 9 to 10am | Ages 9 to 10 | \$132 | 6 classes | PTEN0015-116038 |
| Apr 27 to Jun 8 | Mon | 6 to 7pm | Ages 9 to 10 | \$132 | 6 classes | PTEN0015-116039 |
| Apr 25 to Jun 6 | Sat | 9 to 10am | Ages 9 to 10 | \$132 | 6 classes | PTEN0015-116040 |
| Apr 22 to May 27 | Wed | 6 to 7pm | Ages 9 to 10 | \$132 | 6 classes | PTEN0015-116041 |

TENNIS

Youth Tennis, Intermediate 9-10

Prerequisite: Passed Beginner level. For the developing player who can rally on the Orange Court but needs additional work on stroke production, tennis specific footwork, and situational play. Skill building continues with increased emphasis on cooperative drills. (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

| <i>Pauline Betz Addie Tennis Center</i> | | | | | | Click to Register |
|---|-----|------------|--------------|-------|-----------|-----------------------------------|
| Apr 25 to Jun 6 | Sat | 10 to 11am | Ages 9 to 10 | \$150 | 6 classes | PTEN0020-110046 |
| Apr 27 to Jun 8 | Mon | 6 to 7pm | Ages 9 to 10 | \$150 | 6 classes | PTEN0020-110047 |
| Apr 28 to Jun 2 | Tue | 6 to 7pm | Ages 9 to 10 | \$150 | 6 classes | PTEN0020-110048 |
| Apr 22 to May 27 | Wed | 6 to 7pm | Ages 9 to 10 | \$150 | 6 classes | PTEN0020-110049 |
| Apr 23 to May 28 | Thu | 6 to 7pm | Ages 9 to 10 | \$150 | 6 classes | PTEN0020-110050 |

| <i>Wheaton Indoor Tennis</i> | | | | | | Click to Register |
|------------------------------|-----|----------|--------------|-------|-----------|-----------------------------------|
| Apr 27 to Jun 8 | Mon | 5 to 6pm | Ages 9 to 10 | \$132 | 6 classes | PTEN0020-116044 |
| Apr 23 to May 28 | Thu | 5 to 6pm | Ages 9 to 10 | \$132 | 6 classes | PTEN0020-116045 |

Youth Tennis, Advanced 9-10

Prerequisite: Passed Youth Tennis, Intermediate. For players who can rally consistently and comfortably engage in point play against a variety of players. Focus will be on improving movement, positioning, concentration, focus, shot placement, and closing points. (Combination of Red Court/Red Balls and Orange Court/Orange Balls); may incorporate use of Green Dot Ball for players ready to transition from the Orange Court to full court play)

| <i>Pauline Betz Addie Tennis Center</i> | | | | | | Click to Register |
|---|-----|----------|--------------|-------|-----------|-----------------------------------|
| Apr 27 to Jun 8 | Mon | 6 to 7pm | Ages 9 to 10 | \$156 | 6 classes | PTEN0025-110055 |
| Apr 28 to Jun 2 | Tue | 6 to 7pm | Ages 9 to 10 | \$156 | 6 classes | PTEN0025-110056 |
| Apr 22 to May 27 | Wed | 6 to 7pm | Ages 9 to 10 | \$156 | 6 classes | PTEN0025-110057 |
| Apr 23 to May 28 | Thu | 6 to 7pm | Ages 9 to 10 | \$156 | 6 classes | PTEN0025-110058 |

| <i>Wheaton Indoor Tennis</i> | | | | | | Click to Register |
|------------------------------|-----|----------|--------------|-------|-----------|-----------------------------------|
| Apr 26 to Jun 7 | Sun | 1 to 2pm | Ages 9 to 10 | \$135 | 6 classes | PTEN0025-116055 |

TENNIS

Youth Tennis, Beginner 11-12

Prerequisite: For beginners who have never played before or have not played recently. The goal of this class is to teach fundamentals of the game, including etiquette and vocabulary, rules, positioning, and scorekeeping. Players will learn basic mechanics for hitting groundstrokes, volleys, overheads and serves. May incorporate use of Orange and Green Dot Balls to reinforce development, consistency, and control.

| <i>Pauline Betz Addie Tennis Center</i> | | | | | | Click to Register |
|---|-----|------------|---------------|-------|-----------|-----------------------------------|
| Apr 24 to Jun 5 | Fri | 4 to 5pm | Ages 11 to 12 | \$150 | 6 classes | PTEN0040-110084 |
| Apr 25 to Jun 7 | Sat | 9 to 10am | Ages 11 to 12 | \$150 | 6 classes | PTEN0040-110085 |
| Apr 27 to Jun 8 | Mon | 4 to 5pm | Ages 11 to 12 | \$150 | 6 classes | PTEN0040-110086 |
| <i>Wheaton Indoor Tennis</i> | | | | | | Click to Register |
| Apr 22 to May 27 | Wed | 6 to 7pm | Ages 11 to 12 | \$132 | 6 classes | PTEN0040-116084 |
| Apr 26 to Jun 7 | Sun | 10 to 11am | Ages 11 to 12 | \$132 | 6 classes | PTEN0040-116085 |

Youth Tennis, Intermediate 11-12

Prerequisite: Passed Beginner Tennis or player with recent playing experience seeking a refresher on fundamentals. Class includes a review of tennis etiquette and vocabulary, safety, rules, and scoring. Continued focus on footwork, positioning, and directional control. Additional time will be spent on drills and situational play. Groundstrokes, volleys, overheads, and serves will be critiqued.

| <i>Pauline Betz Addie Tennis Center</i> | | | | | | Click to Register |
|---|-----|--------------|---------------|-------|-----------|-----------------------------------|
| Apr 24 to Jun 5 | Fri | 5 to 6pm | Ages 11 to 12 | \$150 | 6 classes | PTEN0045-110096 |
| Apr 27 to Jun 8 | Mon | 4 to 5pm | Ages 11 to 12 | \$150 | 6 classes | PTEN0045-110097 |
| Apr 22 to May 27 | Wed | 4 to 5pm | Ages 11 to 12 | \$150 | 6 classes | PTEN0045-110098 |
| <i>Wheaton Indoor Tennis</i> | | | | | | Click to Register |
| Apr 26 to Jun 7 | Sun | 11am to 12pm | Ages 11 to 12 | \$132 | 6 classes | PTEN0045-116094 |
| Apr 22 to May 27 | Wed | 5 to 6pm | Ages 11 to 12 | \$132 | 6 classes | PTEN0045-116095 |
| Apr 27 to Jun 8 | Mon | 5 to 6pm | Ages 11 to 12 | \$132 | 6 classes | PTEN0045-116096 |

Youth Tennis, Advanced 11-12

Prerequisite: Passed Intermediate Tennis. Players have experience in the fundamentals of tennis and are ready to work on consistency, accuracy, and technical mastery of strokes and footwork. The focus will be on drills and play situations to improve rallying skills and overall level of play.

| <i>Pauline Betz Addie Tennis Center</i> | | | | | | Click to Register |
|---|-----|----------|---------------|-------|-----------|-----------------------------------|
| Apr 24 to Jun 5 | Fri | 4 to 6pm | Ages 11 to 12 | \$312 | 6 classes | PTEN0050-110105 |
| Apr 27 to Jun 8 | Mon | 4 to 6pm | Ages 11 to 12 | \$312 | 6 classes | PTEN0050-110106 |
| Apr 22 to May 27 | Wed | 4 to 6pm | Ages 11 to 12 | \$312 | 6 classes | PTEN0050-110107 |
| <i>Wheaton Indoor Tennis</i> | | | | | | Click to Register |
| Apr 28 to Jun 2 | Tue | 5 to 7pm | Ages 11 to 12 | \$270 | 6 classes | PTEN0050-116105 |

Teen Tennis, Beginner 13-17

Prerequisite: For beginners who have never played before or have not played recently. The goal of this class is to teach fundamentals of the game, including etiquette and vocabulary, rules, positioning, and scorekeeping. Players will learn basic mechanics for hitting groundstrokes, volleys, overheads and serves. May incorporate use of Orange and Green Dot Balls to reinforce development, consistency, and control.

| <i>Pauline Betz Addie Tennis Center</i> | | | | | | Click to Register |
|---|-----|--------------|---------------|-------|-----------|-----------------------------------|
| Apr 28 to Jun 2 | Tue | 4 to 5pm | Ages 13 to 17 | \$150 | 6 classes | PTEN0055-110114 |
| Apr 23 to May 28 | Thu | 4 to 5pm | Ages 13 to 17 | \$150 | 6 classes | PTEN0055-110115 |
| Apr 26 to Jun 7 | Sun | 11am to 12pm | Ages 13 to 17 | \$150 | 6 classes | PTEN0055-110116 |
| <i>Wheaton Indoor Tennis</i> | | | | | | Click to Register |
| Apr 23 to May 28 | Thu | 7 to 8pm | Ages 13 to 17 | \$132 | 6 classes | PTEN0055-116113 |
| Apr 25 to Jun 6 | Sat | 12 to 1pm | Ages 13 to 17 | \$132 | 6 classes | PTEN0055-116114 |

Teen Tennis, Intermediate 13-17

Prerequisite: Passed Beginner Tennis or player with recent playing experience seeking a refresher on fundamentals. Class includes a review of tennis etiquette and vocabulary, safety, rules, and scoring. Continued focus on footwork, positioning, and directional control. Additional time will be spent on drills and situational play. Groundstrokes, volleys, overheads, and serves will be critiqued.

| <i>Pauline Betz Addie Tennis Center</i> | | | | | | Click to Register |
|---|-----|----------|---------------|-------|-----------|-----------------------------------|
| Apr 28 to Jun 2 | Tue | 4 to 5pm | Ages 13 to 17 | \$150 | 6 classes | PTEN0060-110125 |
| Apr 23 to May 28 | Thu | 4 to 5pm | Ages 13 to 17 | \$150 | 6 classes | PTEN0060-110126 |
| <i>Wheaton Indoor Tennis</i> | | | | | | Click to Register |
| Apr 26 to Jun 7 | Sun | 1 to 2pm | Ages 13 to 17 | \$132 | 6 classes | PTEN0060-116125 |

Teen Tennis, Advanced 13-17

Prerequisite: Passed Intermediate Tennis. Players have experience in the fundamentals of tennis and are ready to work on consistency, accuracy, and technical mastery of strokes and footwork. The focus will be on drills and play situations to improve rallying skills and overall level of play.

| <i>Pauline Betz Addie Tennis Center</i> | | | | | | Click to Register |
|---|-----|-----------|---------------|-------|-----------|-----------------------------------|
| Apr 28 to Jun 2 | Tue | 4 to 6pm | Ages 13 to 17 | \$312 | 6 classes | PTEN0065-110133 |
| Apr 23 to May 28 | Thu | 4 to 6pm | Ages 13 to 17 | \$312 | 6 classes | PTEN0065-110134 |
| <i>Wheaton Indoor Tennis</i> | | | | | | Click to Register |
| Apr 25 to Jun 6 | Sat | 12 to 1pm | Ages 13 to 17 | \$135 | 6 classes | PTEN0065-116132 |

TENNIS

Junior Match Play

Supervised match-play for players in our Orange Intermediate and Advanced Programs.

Pauline Betz Addie Tennis Center

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Youth Tennis, Match Play 9-10

| | | | | | | |
|-----------------|-----|-------------|--------------|-------|-----------|---------------------------------|
| Apr 24 to Jun 5 | Fri | 6 to 7pm | Ages 9 to 10 | \$150 | 6 classes | PTEN0130-110001 |
| Apr 25 to Jun 6 | Sat | 11am to 1pm | Ages 9 to 10 | \$312 | 6 classes | PTEN0130-110002 |

Youth Tennis, Match Play 11-12

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|-----------------|-----|----------|---------------|-------|-----------|---------------------------------|
| Apr 25 to Jun 6 | Sat | 3 to 5pm | Ages 11 to 12 | \$312 | 6 classes | PTEN0130-110003 |
|-----------------|-----|----------|---------------|-------|-----------|---------------------------------|

Teen Tennis, Match Play 13-17

| | | | | | | |
|-----------------|-----|----------|---------------|-------|-----------|---------------------------------|
| Apr 25 to Jun 6 | Sat | 1 to 3pm | Ages 13 to 17 | \$312 | 6 classes | PTEN0130-110005 |
| Apr 24 to Jun 5 | Fri | 5 to 6pm | Ages 13 to 17 | \$150 | 6 classes | PTEN0130-110006 |

Wheaton Indoor Tennis

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Youth Tennis, Match Play 9-10

| | | | | | | |
|-----------------|-----|--------------|--------------|-------|-----------|---------------------------------|
| Apr 25 to Jun 6 | Sat | 11am to 12pm | Ages 9 to 10 | \$135 | 6 classes | PTEN0030-116062 |
|-----------------|-----|--------------|--------------|-------|-----------|---------------------------------|

Youth Tennis, Match Play 11-12

| | | | | | | |
|-----------------|-----|----------|---------------|-------|-----------|---------------------------------|
| Apr 24 to Jun 5 | Fri | 4 to 6pm | Ages 11 to 12 | \$270 | 6 classes | PTEN0130-116002 |
|-----------------|-----|----------|---------------|-------|-----------|---------------------------------|

Teen Tennis, Match Play 13-17

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|-----------------|-----|----------|---------------|-------|-----------|---------------------------------|
| Apr 24 to Jun 5 | Fri | 4 to 6pm | Ages 13 to 17 | \$270 | 6 classes | PTEN0130-116003 |
|-----------------|-----|----------|---------------|-------|-----------|---------------------------------|

Adult Beginner 1 Tennis, NTRP 1.0

Designed to turn adult beginners into tennis players. Students will enjoy one-hour lessons with our certified tennis coaches and learn the basics of tennis including the serve, forehand, backhand, and net play for singles and doubles featuring a Rally and Play approach.

Pauline Betz Addie Tennis Center

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| | | | | | | |
|------------------|-----|--------------|----------------|-------|-----------|---------------------------------|
| Apr 24 to Jun 5 | Fri | 10 to 11am | Ages 18 and up | \$150 | 6 classes | PTEN0090-110189 |
| Apr 25 to Jun 6 | Sat | 12 to 1pm | Ages 18 and up | \$150 | 6 classes | PTEN0090-110190 |
| Apr 25 to Jun 6 | Sat | 4 to 5pm | Ages 18 and up | \$150 | 6 classes | PTEN0090-110191 |
| Apr 27 to Jun 8 | Mon | 7 to 8pm | Ages 18 and up | \$150 | 6 classes | PTEN0090-110194 |
| Apr 28 to Jun 2 | Tue | 11am to 12pm | Ages 18 and up | \$150 | 6 classes | PTEN0090-110195 |
| Apr 22 to May 27 | Wed | 7 to 8pm | Ages 18 and up | \$150 | 6 classes | PTEN0090-110196 |
| Apr 23 to May 28 | Thu | 7 to 8pm | Ages 18 and up | \$150 | 6 classes | PTEN0090-110197 |

Wheaton Indoor Tennis

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| | | | | | | |
|------------------|-----|-----------|----------------|-------|-----------|---------------------------------|
| Apr 23 to May 28 | Thu | 8 to 9pm | Ages 18 and up | \$132 | 6 classes | PTEN0090-116186 |
| Apr 26 to Jun 7 | Sun | 9 to 10am | Ages 18 and up | \$132 | 6 classes | PTEN0090-116187 |
| Apr 22 to May 27 | Wed | 7 to 8pm | Ages 18 and up | \$132 | 6 classes | PTEN0090-116188 |

TENNIS

Adult Beginner 2 Tennis, NTRP 2.5

This player has played some tennis but needs additional instruction on basic skills and techniques. Rally and Play approach reinforces introduction to positioning, movement, and rules of play.

| Pauline Betz Addie Tennis Center | | | | | | Click to Register |
|----------------------------------|-----|------------|----------------|-------|-----------|---------------------------------|
| Apr 25 to Jun 6 | Sat | 1 to 2pm | Ages 18 and up | \$150 | 6 classes | PTEN0095-110198 |
| Apr 26 to Jun 7 | Sun | 10 to 11am | Ages 18 and up | \$150 | 6 classes | PTEN0095-110199 |
| Apr 27 to Jun 8 | Mon | 7 to 8pm | Ages 18 and up | \$150 | 6 classes | PTEN0095-110200 |
| Apr 28 to Jun 2 | Tue | 10 to 11am | Ages 18 and up | \$150 | 6 classes | PTEN0095-110201 |
| Apr 22 to May 27 | Wed | 10 to 11am | Ages 18 and up | \$150 | 6 classes | PTEN0095-110202 |
| Apr 23 to May 28 | Thu | 7 to 8pm | Ages 18 and up | \$150 | 6 classes | PTEN0095-110203 |

| Wheaton Indoor Tennis | | | | | | Click to Register |
|-----------------------|-----|--------------|----------------|-------|-----------|---------------------------------|
| Apr 28 to Jun 2 | Tue | 7 to 8pm | Ages 18 and up | \$132 | 6 classes | PTEN0095-116200 |
| Apr 27 to Jun 8 | Mon | 11am to 12pm | Ages 18 and up | \$132 | 6 classes | PTEN0095-116201 |
| Apr 25 to Jun 6 | Sat | 1 to 2pm | Ages 18 and up | \$132 | 6 classes | PTEN0095-116202 |

Adult Intermediate Tennis, NTRP 3.0

Prerequisite: Passed Beginner 2, Adult. This player can keep the ball in play but needs to improve consistency of strokes and overall understanding of court positioning, strategy, and use of shots in various situations.

| Pauline Betz Addie Tennis Center | | | | | | Click to Register |
|----------------------------------|-----|--------------|----------------|-------|-----------|---------------------------------|
| Apr 25 to Jun 6 | Sat | 3 to 4pm | Ages 18 and up | \$150 | 6 classes | PTEN0100-110211 |
| Apr 26 to Jun 7 | Sun | 12 to 1pm | Ages 18 and up | \$150 | 6 classes | PTEN0100-110212 |
| Apr 27 to Jun 8 | Mon | 11am to 12pm | Ages 18 and up | \$150 | 6 classes | PTEN0100-110213 |
| Apr 28 to Jun 2 | Tue | 7 to 8pm | Ages 18 and up | \$150 | 6 classes | PTEN0100-110214 |

| Wheaton Indoor Tennis | | | | | | Click to Register |
|-----------------------|-----|--------------|----------------|-------|-----------|---------------------------------|
| Apr 26 to Jun 7 | Sun | 12 to 1pm | Ages 18 and up | \$132 | 6 classes | PTEN0100-116206 |
| Apr 28 to Jun 2 | Tue | 11am to 12pm | Ages 18 and up | \$132 | 6 classes | PTEN0100-116207 |
| Apr 22 to May 27 | Wed | 7 to 8pm | Ages 18 and up | \$132 | 6 classes | PTEN0100-116208 |
| Apr 27 to Jun 8 | Mon | 7 to 8pm | Ages 18 and up | \$132 | 6 classes | PTEN0100-116209 |
| Apr 25 to Jun 6 | Sat | 1 to 2pm | Ages 18 and up | \$132 | 6 classes | PTEN0100-116210 |

TENNIS

Adult Intermediate Tennis, NTRP 3.5

Prerequisite: Passed Intermediate 3.0, Adult. Learn to hit with a higher shot quality that keeps opponents neutral or at a disadvantage more often on serves and returns, during baseline exchanges and when approaching and at the net. Learn to make better, 'high percentage' decisions as to when to attack, defend, or stay neutral.

Pauline Betz Addie Tennis Center

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| | | | | | | |
|------------------|-----|----------|----------------|-------|-----------|---------------------------------|
| Apr 25 to Jun 6 | Sat | 2 to 3pm | Ages 18 and up | \$150 | 6 classes | PTEN0105-110301 |
| Apr 22 to May 27 | Wed | 7 to 8pm | Ages 18 and up | \$150 | 6 classes | PTEN0105-110302 |

Wheaton Indoor Tennis

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| | | | | | | |
|-----------------|-----|-----------|----------------|-------|-----------|---------------------------------|
| Apr 27 to Jun 8 | Mon | 8 to 9pm | Ages 18 and up | \$132 | 6 classes | PTEN0105-116301 |
| Apr 26 to Jun 7 | Sun | 12 to 1pm | Ages 18 and up | \$132 | 6 classes | PTEN0105-116303 |

Adult Advanced Tennis, NTRP 4.0+

Prerequisite: Passed Intermediate 3.5 or Instructor approval. A competitive clinic involving intense drilling, competitive situational games, and match play. Course will focus on finessing use of lobs, overheads, approach shots, and volleys. Student will also concentrate on hitting with power, spin, depth, and control.

Pauline Betz Addie Tennis Center

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| | | | | | | |
|------------------|-----|--------------|----------------|-------|-----------|---------------------------------|
| Apr 25 to Jun 6 | Sat | 11am to 12pm | Ages 18 and up | \$156 | 6 classes | PTEN0110-110226 |
| Apr 26 to Jun 7 | Sun | 11am to 12pm | Ages 18 and up | \$156 | 6 classes | PTEN0110-110227 |
| Apr 28 to Jun 2 | Tue | 7 to 8pm | Ages 18 and up | \$156 | 6 classes | PTEN0110-110228 |
| Apr 23 to May 28 | Thu | 7 to 8pm | Ages 18 and up | \$156 | 6 classes | PTEN0110-110229 |
| Apr 22 to May 27 | Wed | 8 to 9pm | Ages 18 and up | \$156 | 6 classes | PTEN0110-110230 |

Wheaton Indoor Tennis

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| | | | | | | |
|------------------|-----|--------------|----------------|-------|-----------|---------------------------------|
| Apr 27 to Jun 8 | Mon | 8 to 9pm | Ages 18 and up | \$135 | 6 classes | PTEN0110-116223 |
| Apr 23 to May 28 | Thu | 11am to 12pm | Ages 18 and up | \$135 | 6 classes | PTEN0110-116224 |



Adult Match Play 3.0 Tennis

The 3.0 player is fairly consistent when hitting medium-paced shots but is not comfortable with all strokes and lacks execution when trying for directional control, depth, and pace. First half of class focuses on needed drills and skills. Class finishes with a session of supervised match play. Instructor reserves the right to transfer you up or down a level if you are not closely matched in skill level.

| <i>Pauline Betz Addie Tennis Center</i> | | | | | | Click to Register |
|---|-----|--------------|----------------|-------|-----------|-----------------------------------|
| Apr 24 to Jun 5 | Fri | 11am to 12pm | Ages 18 and up | \$156 | 6 classes | PTEN0115-110236 |
| Apr 26 to Jun 7 | Sun | 1 to 2pm | Ages 18 and up | \$156 | 6 classes | PTEN0115-110237 |
| Apr 27 to Jun 8 | Mon | 8 to 9pm | Ages 18 and up | \$156 | 6 classes | PTEN0115-110238 |
| Apr 23 to May 28 | Thu | 8 to 9pm | Ages 18 and up | \$156 | 6 classes | PTEN0115-110239 |
| <i>Wheaton Indoor Tennis</i> | | | | | | Click to Register |
| Apr 23 to May 28 | Thu | 7 to 9pm | Ages 18 and up | \$270 | 6 classes | PTEN0115-116233 |
| Apr 22 to May 27 | Wed | 10am to 12pm | Ages 18 and up | \$270 | 6 classes | PTEN0115-116234 |

Adult Match Play 3.5 Tennis

The 3.5 player has dependable strokes, but still lacks depth, variety, and the ability to alter distance of shots. Lack of confidence might limit the 3.5 player in effective use of lobs, overheads, approach shots, and volleys. This player is more comfortable at net, has improved court awareness, and is developing teamwork in doubles. First half of class focuses on needed drills and skills. Class finishes with a session of supervised match play. Instructor reserves the right to transfer you up or down a level if you are not closely matched in skill level.

| <i>Pauline Betz Addie Tennis Center</i> | | | | | | Click to Register |
|---|-----|----------|----------------|-------|-----------|-----------------------------------|
| Apr 26 to Jun 7 | Sun | 2 to 4pm | Ages 18 and up | \$312 | 6 classes | PTEN0120-110245 |
| Apr 28 to Jun 2 | Tue | 8 to 9pm | Ages 18 and up | \$156 | 6 classes | PTEN0120-110246 |
| <i>Wheaton Indoor Tennis</i> | | | | | | Click to Register |
| Apr 28 to Jun 2 | Tue | 7 to 9pm | Ages 18 and up | \$270 | 6 classes | PTEN0120-116242 |



TENNIS

Adult Cardio Tennis

This is a high energy class that combines the best features of the sport of tennis with cardiovascular exercise, delivering the ultimate, full body, calorie burning aerobic workout.

| <i>Pauline Betz Addie Tennis Center</i> | | | | | | Click to Register |
|---|-----|--------------|----------------|-------|-----------|-----------------------------------|
| Apr 24 to Jun 5 | Fri | 12 to 1pm | Ages 18 and up | \$156 | 6 classes | PTEN0125-110265 |
| Apr 25 to Jun 6 | Sat | 10 to 11am | Ages 18 and up | \$156 | 6 classes | PTEN0125-110266 |
| Apr 26 to Jun 7 | Sun | 12 to 1pm | Ages 18 and up | \$156 | 6 classes | PTEN0125-110268 |
| Apr 27 to Jun 8 | Mon | 12 to 1pm | Ages 18 and up | \$156 | 6 classes | PTEN0125-110270 |
| Apr 27 to Jun 8 | Mon | 7 to 8pm | Ages 18 and up | \$156 | 6 classes | PTEN0125-110271 |
| Apr 28 to Jun 2 | Tue | 12 to 1pm | Ages 18 and up | \$156 | 6 classes | PTEN0125-110272 |
| Apr 28 to Jun 2 | Tue | 7 to 8pm | Ages 18 and up | \$156 | 6 classes | PTEN0125-110273 |
| Apr 22 to May 27 | Wed | 11am to 12pm | Ages 18 and up | \$156 | 6 classes | PTEN0125-110274 |
| Apr 22 to May 27 | Wed | 7 to 8pm | Ages 18 and up | \$156 | 6 classes | PTEN0125-110276 |
| Apr 23 to May 28 | Thu | 10 to 11am | Ages 18 and up | \$156 | 6 classes | PTEN0125-110277 |

| <i>Wheaton Indoor Tennis</i> | | | | | | Click to Register |
|------------------------------|-----|------------|----------------|-------|-----------|-----------------------------------|
| Apr 26 to Jun 7 | Sun | 10 to 11am | Ages 18 and up | \$135 | 6 classes | PTEN0125-116254 |
| Apr 27 to Jun 8 | Mon | 7 to 8pm | Ages 18 and up | \$135 | 6 classes | PTEN0125-116255 |
| Apr 22 to May 27 | Wed | 8 to 9pm | Ages 18 and up | \$135 | 6 classes | PTEN0125-116256 |
| Apr 25 to Jun 6 | Sat | 10 to 11am | Ages 18 and up | \$135 | 6 classes | PTEN0125-116257 |
| Apr 28 to Jun 2 | Tue | 10 to 11am | Ages 18 and up | \$135 | 6 classes | PTEN0125-116258 |

PICKLEBALL

Pickleball Youth Beginner 9–12

Discover the basics and start your pickleball journey! This class is perfect for newcomers to pickleball (ages 9–12) who want to learn the fundamentals. We cover essential rules, paddle grips, basic strokes, serving techniques, and court positioning. You'll gain confidence through fun drills and guided play, setting a solid foundation for future improvement.

| <i>Wheaton Indoor Tennis</i> | | | | | | Click to Register |
|------------------------------|-----|--------------|--------------|-------|-----------|-----------------------------------|
| Apr 25 to Jun 6 | Sat | 11am to 12pm | Ages 9 to 12 | \$132 | 6 classes | PTEN0700-116700 |

Pickleball Youth Intermediate 9-12

Take your skills to the next level with intermediate techniques and strategies. Designed for players (ages 9-12) who have a basic understanding of pickleball and want to improve their game. This class focuses on refining strokes, developing consistent serves and returns, enhancing footwork, and learning tactical positioning. Expect dynamic drills and gameplay scenarios to boost your confidence and competitiveness.

Wheaton Indoor Tennis

[Click to Register](#)

| | | | | | | |
|-----------------|-----|-----------|--------------|-------|-----------|---------------------------------|
| Apr 26 to Jun 7 | Sun | 12 to 1pm | Ages 9 to 12 | \$132 | 6 classes | PTEN0701-116710 |
|-----------------|-----|-----------|--------------|-------|-----------|---------------------------------|

Pickleball Teen Beginner 13-17

Discover the basics and start your pickleball journey! This class is perfect for newcomers (ages 13-18) to pickleball who want to learn the fundamentals. We cover essential rules, paddle grips, basic strokes, serving techniques, and court positioning. You'll gain confidence through fun drills and guided play, setting a solid foundation for future improvement.

Wheaton Indoor Tennis

[Click to Register](#)

| | | | | | | |
|-----------------|-----|------------|---------------|-------|-----------|---------------------------------|
| Apr 25 to Jun 6 | Sat | 10 to 11am | Ages 13 to 17 | \$132 | 6 classes | PTEN0720-116720 |
|-----------------|-----|------------|---------------|-------|-----------|---------------------------------|

Pickleball Teen Intermediate 13-17

Take your skills to the next level with intermediate techniques and strategies. Designed for players who have a basic understanding of pickleball and want to improve their game. This class focuses on refining strokes, developing consistent serves and returns, enhancing footwork, and learning tactical positioning. Expect dynamic drills and gameplay scenarios to boost your confidence and competitiveness.

Wheaton Indoor Tennis

[Click to Register](#)

| | | | | | | |
|-----------------|-----|--------------|---------------|-------|-----------|---------------------------------|
| Apr 26 to Jun 7 | Sun | 11am to 12pm | Ages 13 to 17 | \$132 | 6 classes | PTEN0721-116730 |
|-----------------|-----|--------------|---------------|-------|-----------|---------------------------------|

Pickleball Adult Beginner

Discover the basics and start your pickleball journey! This class is perfect for newcomers (adults 18+) to pickleball who want to learn the fundamentals. We cover essential rules, paddle grips, basic strokes, serving techniques, and court positioning. You'll gain confidence through fun drills and guided play, setting a solid foundation for future improvement.

Wheaton Indoor Tennis

[Click to Register](#)

| | | | | | | |
|-----------------|-----|----------|----------------|-------|-----------|---------------------------------|
| Apr 28 to Jun 2 | Tue | 5 to 6pm | Ages 18 and up | \$132 | 6 classes | PTEN0750-116750 |
|-----------------|-----|----------|----------------|-------|-----------|---------------------------------|

Pickleball Adult Intermediate

Take your skills to the next level with intermediate techniques and strategies. Designed for players (ages 18+) who have a basic understanding of pickleball and want to improve their game. This class focuses on refining strokes, developing consistent serves and returns, enhancing footwork, and learning tactical positioning. Expect dynamic drills and gameplay scenarios to boost your confidence and competitiveness.

Wheaton Indoor Tennis

[Click to Register](#)

| | | | | | | |
|-----------------|-----|----------|----------------|-------|-----------|---------------------------------|
| Apr 28 to Jun 2 | Tue | 6 to 7pm | Ages 18 and up | \$132 | 6 classes | PTEN0751-116760 |
|-----------------|-----|----------|----------------|-------|-----------|---------------------------------|



WHEATON SPORTS PAVILION

11751 Orebaugh Avenue | Wheaton, MD 20902
301-905-3070

WheatonSportsPavilion.org

SPORTS

School's Out Sport Days

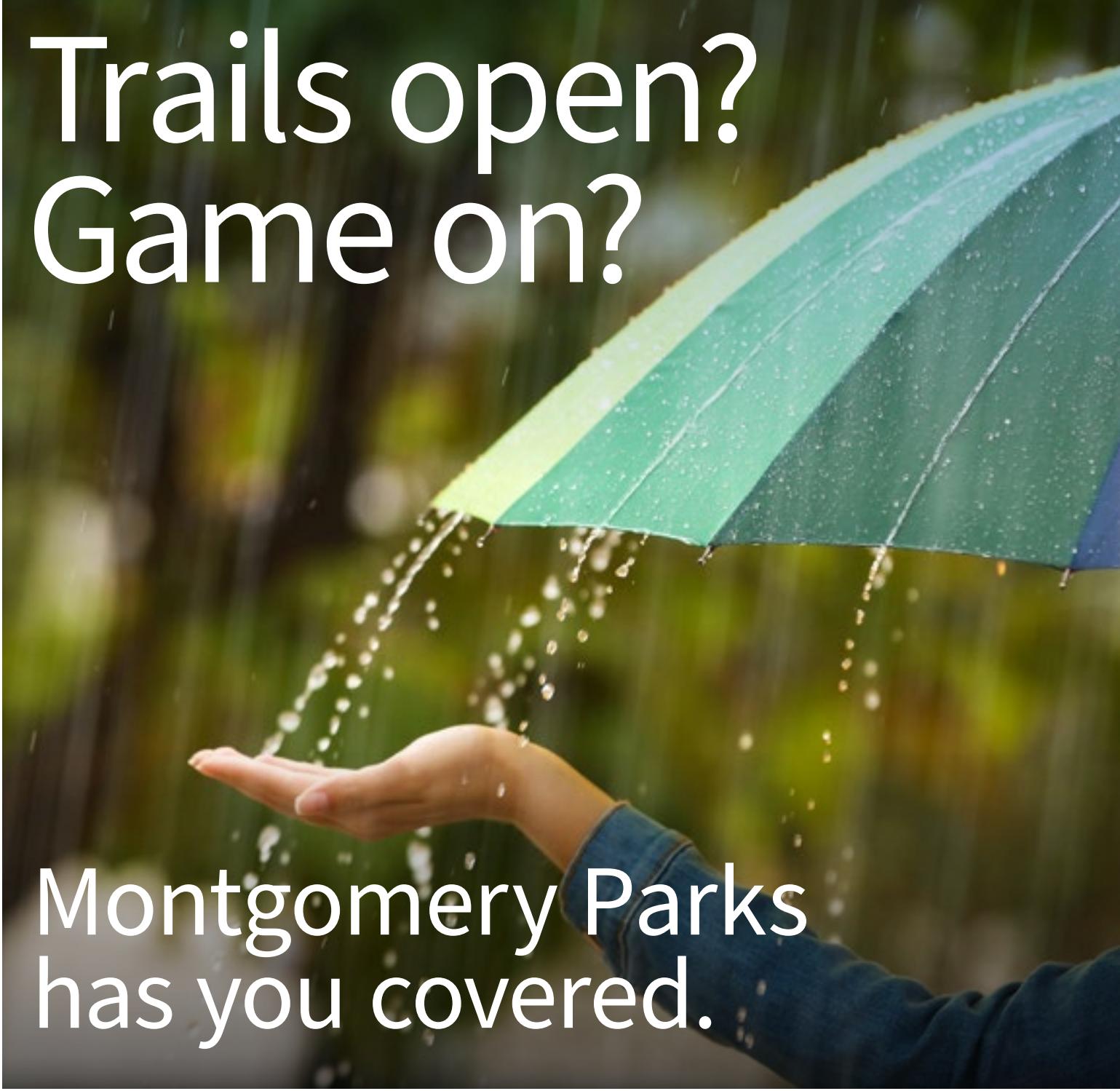
No school? No problem! On many of the days Montgomery County Public Schools are off, our brand-new School's Out Sport Days are on! Bring your kids (ages 6 to 12 years) for a day full of sporting fun. Each day is structured with different sports focusing on skill development, teamwork and sportsmanship, as well as arts and crafts, and other fun games. Participants will need to pack a lunch. Mandatory forms will be emailed and must be completed prior to the program day.

Wheaton Sports Pavilion

[Click to Register](#)

| | | | | | | |
|--------|-----|------------|--------------|-------|---------|---------------------------------|
| Mar 20 | Fri | 9am to 5pm | Ages 6 to 12 | \$100 | 1 class | PWSP0005-100001 |
| Mar 30 | Mon | 9am to 5pm | Ages 6 to 12 | \$100 | 1 class | PWSP0005-100002 |
| Mar 31 | Tue | 9am to 5pm | Ages 6 to 12 | \$100 | 1 class | PWSP0005-100003 |
| Apr 1 | Wed | 9am to 5pm | Ages 6 to 12 | \$100 | 1 class | PWSP0005-100004 |
| Apr 2 | Thu | 9am to 5pm | Ages 6 to 12 | \$100 | 1 class | PWSP0005-100005 |
| Apr 3 | Fri | 9am to 5pm | Ages 6 to 12 | \$100 | 1 class | PWSP0005-100006 |
| Apr 15 | Wed | 9am to 5pm | Ages 6 to 12 | \$100 | 1 class | PWSP0005-100007 |
| May 27 | Wed | 9am to 5pm | Ages 6 to 12 | \$100 | 1 class | PWSP0005-100008 |

Trails open? Game on?



Montgomery Parks
has you covered.

When inclement weather occurs, use the **RainoutLine** system to get instant information on Montgomery Parks trails and athletic fields.

Three ways to access RainoutLine:

- ① **Phone:** Trail Conditions: 240-270-0008 or Athletic Field Status: 301-579-5610
- ② **Online:** Go to MontgomeryParks.org/RainoutLine
- ③ **App:** Download the free mobile app for your smartphone.

MontgomeryParks.org/RainoutLine





WORK — FOR — MONTGOMERY PARKS

NOW HIRING

Full-Time and Part-Time Positions in Park Operations, Management, Administration and more!

Seasonal positions open to ages 16 and up

Career & Full-Time Positions

- Park Maintenance
- Skilled Trades
- Tree Workers
- Ice Rink Management
- Heavy Equipment
- Park Police Officers
- Admin Support
- Horticulture
- Construction Management

Part-Time & Seasonal Staff Positions

Summer Camp Staff, Tennis Facility Positions, Park Maintenance, Museum Educators, Horticulture and more

We offer a **competitive compensation package** with **exceptional benefits** that will provide security for you and your family through every stage of life.

Have Questions? Email us at

MCP-ParksCareers@montgomeryparks.org



To view all our open positions, scan the QR code or go to MoCoParks.org/jobs

