# Cultivate Bloom with

**Brookside Gardens!** 



#### **Brookside Gardens**

1800 Glenallan Avenue Wheaton, Maryland 20902 BrooksideGardens.org

#### **Hours**

Gardens: Sunrise-Sunset Conservatories: Mar. 1-Oct. 31:

> 10:00 am-5:00 pm Nov. 1-Feb. 28 10:00 am-4:00 pm

Visitor Center: Mar. 1-Oct. 31:

9:00 am-5:00 pm Nov. 1-Feb. 28 9:00 am-4:00 pm

# Master Gardeners — Plant Clinics at Brookside Gardens

April-Nov.: Wednesdays 1:00-4:00 pm Saturday 10:00 am-1:00 pm Sunday 1:00-4:00 pm

#### The Shop at Brookside Gardens

**Visitor Center** 

Mar. 1–Oct. 31: 10:00 am–4:30 pm Nov. 1–Feb. 28: 10:00 am–3:30 pm

#### **McCrillis Gardens**

6910 Greentree Road, Bethesda, MD 20817

#### **Friends of Brookside Gardens**

1800 Glenallan Avenue Wheaton, Maryland 20902 FriendsofBrooksideGardens.org

Editor: Ellen Bennett	301-962-1402
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Facility Rental	301-962-1404
McCrillis Gardens	301-962-1455
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Sponsorships/donations	301-962-1402





## Letter from the Director:



While we are looking forward to the upcoming capital projects to rebuild the Conservatory and renovate the Formal Gardens, we are also excited to share ongoing refinements to our plant collections and garden maintenance. As we move continuously toward more sustainable gardening practices, two areas of focus are the Rose Garden and invasive plant removal from the Gardens in general. In the Rose Garden, our horticulturists are taking a holistic approach to create a more beautiful and life-sustaining garden. During the

next year, they are experimenting with several actions, including discontinuing the use of synthetic chemicals, determining the most disease resistant varieties, developing a more efficient watering system, and redesigning the space to incorporate a more diverse plant palette. These actions will result in healthier roses and more pollinating and beneficial insects.

We are also addressing the use of some ornamental plants that have become non-native invaders of our natural landscapes. Some, like leatherleaf mahonia (*Mahonia bealei*) and nandina (*Nandina domestica*), are being removed throughout the garden. Other species will be addressed when we undertake garden renovations. And we are convening our volunteers to help us tackle those non-native invasive plants that have escaped into the surrounding woodlands, like holly-leaf osmanthus (*Osmanthus heterophyllus*), burning bush (*Euonymous alatus*), and higan cherry (*Prunus subhirtella*). It's a multi-pronged approach that will take time, but, like the Rose Garden, will result in a healthier environment for human visitors and the native creatures who call Brookside Gardens home.

Happy Gardening!

**Stephanie Oberle**, Director



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## **Welcome New Staff!**



**Liz Bullock** joined Brookside Gardens as the Children's Education Manager in January. Before joining Montgomery Parks, she taught middle school science for 4 years at Lowell School in DC and 6 years at Green Acres School in Rockville, Maryland. She is passionate about supporting young leaders to be curious about the natural world and participate as environmental justice activists and citizen scientists in their local community. Prior to teaching, Liz served as the Program Support Specialist for NOAA's Teacher at Sea Program in Silver Spring, Maryland. Liz loved supporting educators as they went to sea and joined one of NOAA's research missions in 2011 for an ecosystem monitoring cruise off the coast of Florida on the R/V Walton Smith to investigate changes to the Gulf Region after the BP Oil Spill in the previous year. She holds a master's degree in environmental science and policy and a bachelor's degree in international development and resource management from Clark University in Worcester, MA. When she isn't teaching, she loves hiking in the woods and spending time with her pets – a dog named Jethro, and a parrot, named "The Colonel."



Christopher Elenstar returned to Brookside Gardens in January as Assistant Director for Horticulture. He previously worked as a horticulturist and is thrilled to be back with the amazing staff and dynamic gardens. He will oversee the outdoor landscapes and plant collections at Brookside and McCrillis Gardens. With a bachelor's degree in Turfgrass Science from Penn State University, Christopher started his career working at golf courses, but quickly realized that he wanted to go a different direction in horticulture. After earning a master's degree in Environmental Biology from Hood College, his career path moved into plant nurseries, a private estate, and several public gardens. Now he focuses on healthy ecosystems, native flora and fauna, and sustainable practices in beautifully interactive landscapes. Christopher looks forward to being a part of the positive changes shaping the future of Brookside Gardens and Montgomery Parks.

## Summer 2023 Interns



#### **Ashia S Bunkley**

Ashia joined the Brookside Gardens team as a part of the internship program during the summer of 2023. She is a graduate from the University of Maryland, College Park campus with a Bachelor of Science degree in Environmental Horticulture. She lives in Bowie, Maryland where she worked at Patuxent Nursery for 2 years; while there she maintained tropical and house plants, then moved on to caring for her first love, perennials. She is looking to gain as much field experience as possible in hopes of furthering her education and skill level in her career, which could potentially open some amazing doors for her in the future. She was truly excited to take part in this wonderful opportunity at Brookside Gardens.



#### Laura Crocker

Laura is from Frederick, Maryland, and is a rising junior at the University of Maryland (UMD), majoring in Landscape Architecture as well as Plant Biology. During the semester she is involved in undergraduate research at the UMD Soil Quality Research Lab, aiding in research that assesses the ability of various cover crops to minimize runoff and leaching of nitrogen and phosphorus. She has always loved nature, biology, and art and is specifically passionate about designing sustainable landscapes without sacrificing cultural aesthetics. Ever since she was a kid, she found herself happiest surrounded by plants, and she still spends the majority of her time outside hammocking, running, hiking, and snowboarding. She was incredibly excited to get to know the staff and learn more about sustainable gardening and design while at Brookside Gardens!



#### **Greg Garin**

A passion sparked in a Plants & People class inspired Greg to switch from studying English to Plant Science. He graduated from Howard Community College in May and will continue studying at the University of Maryland in the fall. Greg absolutely loves native plants and enjoys learning about the fascinating intricacies of nature. He firmly believes both ecology and environmental science need implementation and recognition in school systems around the world as foundational pillars of education. Greg aspires to be a teacher and has had the privilege of working with children in multiple settings: from being a ski instructor in Red River, New Mexico, to serving as assistant teacher in a Montessori school. In his (rather sparse) spare time, Greg enjoys being with his dog Snoopy, spending time with family and playing mahjong, reading particularly old books, playing guitar, and just being outside.



#### Jessica Sutter

Jessica is currently studying Environmental Horticulture at the University of Maryland, where she will be a senior next year. She is also a member of the UMD Track & Field team where she throws the javelin – go Terps! She is originally from New Jersey (the garden state) and this is her first summer in Maryland! She had previous experience working on a small organic farm, where she propagated and harvested just about every fruit and vegetable you could imagine – yes, even heirloom honey dew melon. She was excited to have new experiences at Brookside Gardens and to be able to apply what she learned in the classroom! She hoped to learn more about ornamental plants and landscape design, as well as plant identification and propagation during her internship.

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## A New Mural for the Gardens!



Osbel Sussman Pena was chosen by a Community Selection Panel to create a new mural for Brookside Gardens. The Gardens worked with the Arts and Humanities Council of Montgomery County to bring the mural to life. This extraordinary addition to the gardens was generously funded by the Sheldon and Audrey Katz Foundation in memory of Betsy Thomas, longtime volunteer and past President of the Friends of Brookside Gardens.



Painting the mural was physically demanding for Osbel, from painting the ceiling on a ladder to adding intricate details at the base while almost lying on the ground.



Detail from the final mural, which Osbel describes as "exuberant flora of Art Nouveau [that] takes on a Caribbean character giving it a tropical twist." To see the entire mural, plan a visit to the Gardens soon! A community celebration of the mural is being planned for fall.



The mural base layer completely transformed the Underlook area from gray and dark to bright and cheery!

# 2023 Butterfly Walk Additions

Brookside Gardens' Butterfly Walk is lined with a wide selection of native pollinator plants. The soil in this area is ideal for the milkweed (*Asclepias spp.*), beebalm (*Monarda didyma*), *Coreopsis spp.*, turtleheads (*Chelone spp.*), and Joe-pye weed (*Eutrochium purpureum*) planted here. Native plants supply the best, most reliable food and shelter for our native pollinators. However, this does not prevent us from including a few exotic annuals, as long as they do not disrupt our local ecosystem. Butterflies, moths, and bees can partake in the occasional sip of *Lantana spp.*, *Salvia spp.*, or Zinnia spp. nectar in moderation. In the spring we intersperse annuals among the mid-Atlantic region natives, resulting in cheery color for our human visitors and Central American (the native region for zinnia, lantana, and salvia) cuisine for our insect visitors.

Based on our existing interpretive signage along the Butterfly Walk, we were presented with several opportunities to expand on already-vetted ideas. Because the plants are so healthy and prolific, I chose to scale-up some of the abiotic (non-living) elements to make them more visible. We have two goals in this part of the garden: 1) Attract and provide for pollinators, and 2) Engage and inform the public.

Whenever a single display can serve two purposes it is more successful. Our bulkier basking rocks serve double duty as a mini crevice garden, furnishing space for both pollinators to bask and plants to thrive. The more prodigious puddling area provides the bubbling water essential to every garden that serves pollinators. And the newly designed woodpile offers a wider space for more butterflies by bringing Norwegian-style round wood stacks to Maryland (using local wood, of course!). All the materials used in improving the Butterfly Walk were repurposed from previous displays. Sandpaper and exterior paint even allowed us to liven up a few sturdy, but weathered, ceramic containers and sculptures. Most of what we do in the Butterfly Walk can be replicated in this region, so please let these projects spark ideas for your home garden.

-Thomas Crawley, Horticulturist 1



## Thank You Donors!

The Montgomery Parks Foundation and the Friends of Brookside Gardens would like to thank all the generous donors to Brookside Gardens from December 15, 2022 to June 1, 2023. Your gifts have been invaluable in providing resources, programming, and additional support to the Gardens. To learn more about making a donation to support Brookside Gardens, please visit MontgomeryParksFoundation.org/donate-now/ or FriendsOfBrooksideGardens.org

#### **GENERAL DONATIONS**

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**Concert Series** 

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**SPECIAL PROJECTS** 

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Gene Millar

# **Donor Profile: Christine McNerney**



"Serene, beautiful, and makes me feel good!" That is how long-time Brookside Gardens visitor and volunteer, Christine McNerney, describes Brookside Gardens. After moving to Montgomery County from New York in the mid-1980s, Christine discovered beauty in the local neighborhood park she could walk to with her friends and family. Brookside Gardens, with its diverse

green spaces, family-friendly programming, and special events, quickly became one of her favorite places to spend her free-time.

Christine saw the value that Brookside Gardens provided the larger Montgomery County community, especially during the COVID-19 pandemic. During this time, the number of visitors to the Gardens increased substantially. Community members were looking for fun, safe places to get outside, play and explore – Brookside Gardens was a clear answer to meet these needs. However, with this increase in visitors, Christine noticed that her beloved Brookside was experiencing more wear-and-tear than normal. She recognized that Brookside had a greater need than the resources they received from government funding and

decided to become a monthly donor through the Montgomery Parks Foundation's Seedling Society. Christine appreciates that she can choose to register as a monthly donor so she can "set it and forget it." Having her gifts auto-donate each month makes it easier for her and allows Brookside the additional flexibility to provide for unexpected needs when they arise!

Beyond donating financially, Christine also donates her time and talents to make the Gardens better for everyone. In 2019, several years after her retirement from the federal government as a cartographer, Christine began volunteering every week at Brookside Gardens' information desk. Each morning, before taking up her post, Christine walks the grounds, so she knows where to find all the newest blooms. She loves being able to share her enthusiasm for the Gardens while directing patrons to these beautiful spots where they can relax, reflect, and reconnect in nature.

Christine's passion for Brookside Gardens is clear to all those she encounters — her enthusiasm and love for the Gardens is contagious and keeps patrons coming back year-after-year!

If you are interested in joining the Seedling Society, please contact Anna Joyce at anna.joyce@montgomeryparks.org or 301-495-2511.

# Volunteer Update: Corporate Volunteer Groups



It's understood that volunteering with co-workers can foster benefits such as well-being and sense of purpose, not to mention physical and mental health. Through volunteer projects, corporations can better engage their employees, promote collaboration, and connect with their local communities

In the spring of 2023, a group from Warner Bros. Discovery completed a volunteer service project at Brookside Gardens. The crew showed up eager and energized, removing hundreds of daffodil and hyacinth bulbs and giant root masses of *Arundo donax*, a very large and persistent grass, from the Yew Garden.

Kristin Davey, Brookside Gardens' Horticulturist, stressed the importance of teamwork and group projects, remarking how much the volunteer group was able to accomplish in just a few hours. "With [Warner Bros. Discovery], we were able to clear beds and prepare them for our summer annual displays."

The volunteer crew also assisted with the redesign of the Viburnum Garden by planting 350 four-inch *Acorus gramineus* and 30 shrubs. "Even while digging through solid mats of root, the group never wavered," said Josh Demers, Brookside Gardens' Horticulturist. "We planted more than my initial goal!"

When corporations volunteer at Brookside Gardens, their employees express a deeper interest in environmentalism and an appreciation for public gardens. In turn, Brookside Gardens relies on the support of volunteer groups from organizations such as Warner Bros. Discovery, who have consistently shown up to help in the Gardens.

If you are interested in a group volunteer service project, please contact Kevin Stewart at **Kevin.Stewart@MontgomeryParks.org**.

-Kevin Stewart, Volunteer Program Manager

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## **Fall Twilight Concert Series**

Wednesdays in September | 6:00 – 7:30 pm Free; no registration required

Sponsored by the Montgomery Parks
Foundation

Dance the night away with this series of musical performances set in the beauty of the Gardens! Bring your friends and family, and don't forget your chairs, blankets, and picnics (allowed in the Gardens on concert evenings only). Food trucks will also be available for your dining pleasure.

#### The High and Wides

Bluegrass

Wednesday | September 6 | 6:00 – 7:30 pm Visitor Center Lawn

#### Ocho de Bastos

Latin Pop

Wednesday | September 13 | 6:00 – 7:30 pm Visitor Center Lawn

#### **Allen Ambush Jazz Quartet**

Jazz

Wednesday | September 20 | 6:00 - 7:30 pm Visitor Center Lawn

#### **Patty Reese Band**

Classic Rock

Wednesday | September 27 | 6:00 – 7:30 pm Visitor Center Lawn

#### ☑ ■ GreenScapes 2024

Sponsored by Friends of Brookside Gardens
Friday | February 16 | 9:30 am - 4:30 pm
#PBG0057 400001

Early Bird Fee expires Friday, January 12: \$45 Regular Fee starts Saturday, January 13: \$55

Note: This will be offered as a series of live online lectures with audience Q&A incorporated into the program. All lectures will be recorded and made available for online viewing.

The GreenScapes Symposium is an annual program organized by Brookside Gardens since 2004. The symposium will highlight the intersection of horticulture and environmental issues. Environmental stewardship is a core value of the Maryland-National Capital Park and Planning Commission (M-NCPPC),

Brookside Gardens' parent organization. As such, we strive to provide timely information and viable solutions to environmental challenges.

# Fall & Winter Conservatory Displays

#### **Autumn Display**

Blooming chrysanthemums and colorful tropical plants will surround you in the Autumn Display. Revel in the Chrysanthemum colors of yellows, pinks, lavenders, plum purples and whites. Softer tones of blues and yellows interspersed with bold purples, silvers, and reds will mingle with the flowers and foliage of *Heuchera, Pennisetum*, Lavender, and Salvias. Invigorate your senses with the zest of exotic elegance.

#### **South Conservatory:**

Saturday, September 30 – Thursday, November 2

#### **North Conservatory:**

Saturday, September 30 – Sunday, November 26

#### Winter Garden Railway Display

In a partnership with the Washington Virginia Maryland Garden Railway Society, the Garden Railway Exhibit returns! G-scale trains and custom model buildings create a magical miniature landscape of Montgomery County landmarks. A festive fusion of colors will mix warm with cold: shining silvers, snowy whites, and icy blues along with touches of pink poinsettias will collectively create a winter wonderland in the North house, while in the South house, spicy red poinsettias accompanied by splashes of yellows will warm the eye.

#### **South Conservatory:**

Saturday, November 25 – Sunday, December 31 North Conservatoyr:

Saturday, December 2 - Sunday, January 28

## **Your Event at the Gardens**

#### **Fall Vendor Showcase**

Sunday | November 19 | 11:00 am – 2:00 pm Free | PBG0080-300002

#### **Registration Required**

Planning your dream wedding or family celebration? Come see why Brookside Gardens will be your last stop. Get a tour of the different spaces of the gardens, talk to staff, learn about the different packages all while meeting local professionals and vendors. Enjoy samples from caterers, meet local photographers, sign up for vendor discounts, and enter the door prize raffle. Pre-registrants will receive a Swag Bag upon arrival (one per couple/family) including a free bonus raffle ticket!

#### **We Speak Weddings**

Sunday | February 11 | 10:30 am - 1:00 pm \$25 | PBG0081-400002 Registration required

Kick start your wedding planning this winter with Brookside Gardens! Let the experts help you plan your big day. From creating your budget to selecting the right vendors, we'll guide you through this fun and exciting process with helpful tips and tricks gathered from our years of experience hosting unique and beautiful weddings. Registration includes a continental breakfast and packet of information to take home. Ages 18+

# Plant Society Shows and Sales

#### **National Cactus & Succulent Society**

Cactus and Succulent Show and Sale Saturday | August 5 | 10:00 am – 4:00 pm

#### Friends of Brookside Gardens Plant Sale

Saturday | September 9
Members Only 8:00 – 10:00 am
Public 10:00 am – 4:00 pm\*
\*Until Supplies run out

# National Capital Dahlia Society Dahlia Show and Sale

Show: Saturday | September 23 | 2:00 – 5:00 pm

Sunday | September 24 | 9:00 am - 3:00 pm Sale: Sunday | September 24 | 3:00 - 5:00 pm

#### Mycological Association of Washington Mushroom Fair

Sunday | October 15 | 12:00 - 5:00 pm

**Washington Gardener Magazine** 

# FOBG 2023 Fundraiser: Brunch with Birds and Blooms

Saturday | November 18 | 10:00 am - 2:00 pm (see page 17 for details)

#### **Art Exhibits\***

Brookside Gardens Visitor Center See inside front cover for hours

Laurel Art Guild | Mixed Media Wendy Shiau | Bold Watercolor August 14 – September 17

## Pate' Painters | Watercolor to Mixed Media

September 18 - October 22

#### Ahmed Alkarkhi | Paintings Mixed Media Miriam Cutelis | Oil Collage

October 23 – December 3

Carolyn Copper | Photography Angela Puglisi | Watercolor Debbie Miller | Plein Air

December 4 – January 21

#### Mike Cohen | Animal Photography Hiral Joshi & Swati Jain | Mixed Media

January 22 - March 17

\*Visit BrooksideGardens.org under Special Events for updates on art receptions!



#### **VIRTUAL, LIVE CLASSES**

▼ This symbol indicates classes that are offered virtually as live, online webinars though the Zoom platform with audience Q & A. After registering, a link will be emailed to you 24 hours prior to the live webinar. Recordings will be made available to students. Please ensure your Active Montgomery account is updated with your correct email address.

#### FRIENDS OF BROOKSIDE GARDENS (FOBG) DISCOUNTS

Look for special FOBG program pricing on many adult classes for members of the Friends of Brookside Gardens, a nonprofit organization established to support the mission of the Gardens.

For information about joining the Friends of Brookside Gardens, visit www.FriendsofBrooksideGardens.org or call 301-962-1400 to request a brochure.

#### SPECIAL FOCUS TRACKS

Look for the following symbols highlighting specific tracks designed to offer more in-depth educational opportunities:

- Sustainability Programs a focus on making our homes and gardens "greener."
- **Gardener's Focus** for experienced gardeners who want to increase their knowledge through advanced cultivation and management techniques.
- Landscape Design for those wishing to develop skills to compose beautiful and functional garden spaces through the artful juxtaposition of plants and hardscape elements.

#### **Speaker Series**

Sponsored by Friends of Brookside Gardens
Programs free, but registration required
Each year Brookside Gardens welcomes
nationally and internationally known
horticulturists, botanists, authors, and speakers
to explore a wide range of topics.

#### A World of Discovery: How Science and Heart Can Make You a More Ecological Gardener

Wednesday | November 8 | 6:30 – 8:00 pm FREE | #PBG0113 300001

#### **Auditorium**

Nancy Lawson, author, Master Naturalist, founder of The Humane Gardener, LLC
Have you ever wondered how plants and animals perceive the world around them?
Unfortunately, in our urban areas, noise, light and odor pollution can have many unintended consequences. Learn how to expand your gardening focus beyond visual appeal to create landscapes that mitigate these disruptions and offer sensory refuges for wildlife.

# V Freedom Farmers: Agricultural Resistance and the Black Freedom Movement

Saturday | February 3 | 10:00 – 11:30 am FREE | #PBG0119 400001 Live Zoom Webinar (online recording provided to registrants) Dr. Monica White, author and Associate Professor of Environmental Justice, University of Wisconsin

Join Dr. White as she expands the historical narrative of the Black freedom struggle to embrace the work, roles, and contributions of southern Black farmers. While many view agriculture as a site of oppression and exploitation of Black people, this lecture will reveal agriculture as a site of resistance. You'll gain a historical foundation that adds meaning and context to the current food justice/sovereignty movements in America.

#### **Horticulture Classes**

#### Registration required

Note: All horticulture classes will be held online using Zoom unless otherwise noted. Recordings of online lectures will be made available to students. After registering, a link will be emailed to you 24 hours prior to the live webinar. Please ensure your Active Montgomery account is updated with your correct email address.

# ■ Native Flowers, Fruits, and Foliage for Fall

Saturday | September 23 | 10:00 – 11:30 am \$15 | FOBG \$12 | #PBG0114 300001

Elaine Mills, Virginia Cooperative Extension Master Gardener

Struggling to find long-lasting blooms and colorful foliage for your fall garden? We'll

explore 40 plants native to the mid-Atlantic region, including perennials, ground covers, vines, shrubs, and trees that support local wildlife and offer fall beauty. You'll learn the characteristics and maintenance tips specific to these native plants, including design ideas.

# ■ Elevating Your Garden with Unusual Bulbs, Rhizomes and Tubers

#### Saturday | October 7 | 10:00 – 11:30 am \$15 | FOBG \$12 | #PBG0116 300001

Kathy Jentz, Washington Gardener Magazine
Tired of the same old daffodil and tulip
displays? Explore more than 25 of the
lesser-known bulbs, rhizomes, and tubers
that flourish in our region throughout each
season. Discover how to force bulbs for the
holidays and brighten indoors with early spring
blooms. You'll learn design strategies, plant
combinations, and growing tips to create
a dynamic garden with these unusual yet
versatile plants.

# ▼ The Unsung Season: Gardens in Winter

# Saturday | October 21 | 10:00 – 11:30 am \$15 | FOBG \$12 | #PBG0115 300001

Karen Bussolini, author, principal of Enchanted Gardens

Be inspired to garden for winter in new ways! Big structures carry the garden when details are buried under snow, evergreens provide color and form, seedheads and pods lend punctuation and texture, and many

herbaceous plants persist well into winter. Explore design strategies and beautiful plant combinations that provide interest way past the first frost.

#### Expert Strategies for Winterizing Your Garden

#### Saturday | November 4 | 10:00 am – 12:00 pm \$25 | FOBG \$22 | #PBG0117 300001 Adult Classroom

Christopher Elenstar, Brookside Gardens Staff Wintertime is often overlooked, yet seasoned gardeners know that preparation in late fall can reap many rewards. Discover maintenance strategies that will lengthen your garden's seasonal interest while preparing for spring. Learn how to improve your soil, provide shelter and food for wildlife, and protect outdoor plants. This program combines in-class learning with outdoor exploration of Brookside Gardens.

#### ■ Everything You Wanted to Know About Pruning

#### Saturday | February 10 | 10:00 am - 12:00 pm \$15 | FOBG \$12 | #PBG0063 400001

Josh Demers, Brookside Gardens Staff
You'll discover how to keep your plants, trees,
and shrubs healthier for longer. Learn all about
the whys, hows, and whens of pruning a variety
of specimens in your garden. Gain invaluable
advice and experience on how to make proper
pruning cuts on trees and shrubs of various sizes
to achieve structural corrections and rejuvenate
old overgrown plants.

#### **Garden Tours**

Registration required for all tours.

#### **Behind-the-Scenes Greenhouse Tour**

Wednesday | September 20 | 10:00 – 11:15 am \$12 | FOBG \$10 | #PBG0003 300001 OR

Friday | September 22 | 1:00 – 2:15 pm \$12 | FOBG \$10 | #PBG0003 300002 Address and parking logistics will be sent after registration.

Nate Roehrich, Greenhouse Manager, Brookside Gardens

Opened in 2018, the O'Rourke Greenhouse consists of four growing areas totaling 10,000 square feet under glass. Participants will take a closer look at the state-of-the-art technology that enables the greenhouse staff to grow a variety of beautiful plants year-round while getting a sneak peek at the thousands of plants being grown for the garden displays.

#### **Glory of Fall Garden Tour**

Thursday | October 26 | 1:00 – 2:30 pm \$12 | FOBG \$10 | #PBG0059 300001 OR

Friday | October 27 | 10:00 – 11:30 am \$12 | FOBG \$10 | #PBG0059 300002 Meet at the Visitor Center Entrance

Josh Demers, Brookside Gardens Staff
Discover a whole new garden brought on by
the changing Autumn season. This walking
tour highlights the spectacular fall colors in
the woody and herbaceous plant collections

with a closer look at our staff's favorite fall blooming perennials like asters, coneflowers, sedums, and grasses.

#### **Chrysanthemum Tour**

#### Wednesday | November 1 | 11:00 – 12:15 pm \$12 | FOBG \$10 | #PBG0060 300001 Brookside Gardens Conservatories

Nate Roehrich, Greenhouse Manager, Brookside Gardens

Explore fall blooming chrysanthemums and colorful tropical plants in the Conservatory. This year's display is inspired by the autumn harvest with foliage and fruits of amaranth, ornamental grasses, and peppers. It will be a brilliant crescendo to the colorful garden year!

#### **Winter Tour**

Friday | January 26 | 1:00 – 2:30 pm \$12 | FOBG \$10 | #PBG0061 400001 OR

#### Saturday | January 27 | 10:00 – 11:30 am \$12 | FOBG \$10 | #PBG0061 400002 Meet at the Visitor Center Entrance

Kristin Davey, Brookside Gardens Staff
Winter brings a different dimension to the
gardens that is sometimes overlooked by
visitors. Walk and talk with a garden expert to
uncover the "bones of the garden" without the
distraction of leaves or flowers. Explore the
architectural elements that shape the gardens
including woody plants, hardscape, and other
components of design.





#### **Hands-on Workshops**

#### **Registration required**

All hands-on workshops will be held in-person at the Visitor Center.

#### Mixed Winter Container

#### Thursday | November 16 | 10:30 am – 12:00 pm \$75 | FOBG \$67 | PBG0064 300001 Adult Classroom

Joan O'Rourke, Brookside Gardens Volunteer Create a container garden with plants that can withstand winter's harshest conditions while providing you with a beautiful respite from the dull weather. Mix dwarf evergreens with a splash of vibrant violas for some late season color. Cost covers materials, including a 14-inch container (or bring your own favorite).

#### **Festive Fresh Greens**

#### **Auditorium**

Joan O'Rourke, Brookside Gardens Volunteer Make a long-lasting beautiful centerpiece or wreath using fresh greens! Come Wednesday to make wreaths, Thursday to make centerpieces, or come both days. Learn to make an evergreen wreath for your front door, complete with a pinecone and bow accents. The centerpieces will include a candle and seasonal decorations. Fee includes all materials for one wreath or two centerpieces.

#### **Festive Wreaths**

Wednesday | December 6 | 10:00 am - 12:00 pm \$55 | FOBG \$50 | #PBG0065 400001

#### **Festive Centerpieces**

Thursday | December 7 | 10:00 am - 12:00 pm \$55 | FOBG \$50 | #PBG0066 400001

#### Garden After Dark: Holly Daze

Wednesday | December 13 | 6:30 – 8:30 pm \$55 | FOBG \$50 | #PBG0068 400001 Ages 21+

#### Adult Classroom

**Brookside Gardens Staff** 

Take a leisurely stroll through our annual Garden of Lights display, then come inside for wine, cheese, and dessert. Create a festive holiday ornament to commemorate your visit. Fee includes all refreshments, ornament, and admission to Garden of Lights for one person.

#### Miniature Zen Garden

Saturday | January 20 | 10:00 – 11:30 am \*Inclement weather makeup date: Sunday January 28 | 10:00 – 11:30 am \$50 | FOBG \$45 | #PBG0118 400001 Adult Classroom

Kathy Jentz, Washington Gardener Magazine Bring a sense of peace and calm to your home by creating your own miniature Zen Garden. This therapeutic and educational activity includes a tray, sand, pebbles, small plants, as well as Japanese-inspired ornaments. Find serenity by creating and changing patterns in the sand. You'll get tips on growing and maintaining your new garden.

# Introduction to Plant Propagation – Tropical Houseplants

Saturday | February 3 | 10:00 am - 12:00 pm \*Inclement weather makeup date: Saturday February 10 | 10:00 am - 12:00 pm \$45 | FOBG \$40 | #PBG0016 400001 Greenhouse - address/directions sent after registration

Nate Roehrich, Greenhouse Manager, Brookside Gardens

Learn about plant propagation in our state-ofthe-art greenhouse facilities. You'll discover how to produce your own houseplants inexpensively and easily from start to finish. We'll review the best techniques and plants to propagate from cuttings. Participants will take a few potted cuttings from the greenhouse to grow at home.

#### **Health and Wellness**

Registration required. No walk-ins accepted.

#### Gentle Yoga

Thursdays | September 7 – February 29 10:00 – 11:00 am \$14 | FOBG \$12 | #PBG0030 Japanese Tea House (September – October) or Visitor Center (November – February) Sherry Weber

This series of classes features foundational yoga poses that are designed to support better breathing, walking, and space orientation. Yoga movements help build muscle, bone density and core strength while improving balance, posture, and flexibility. Mats are not included.

#### Yoga

Saturdays | September 9 - October 28 and January 6 - February 24 | 9:30 - 10:30 am \$14 | FOBG \$12 | #PBG0031 Japanese Tea House (September – October) or Visitor Center (January - February)

Tanory Ateek

Designed to increase flexibility and physical strength and to cultivate mental focus, these classes are a beautiful and relaxing way to begin your weekend. Mats are not included.

#### **Strolls for Well-Being**

\$75

Saturdays | September 9, October 7, November 4 | 10:00 - 11:30 am #PBG0033 300001

Tuesdays | September 26, October 24, and November 14 | 11:00 am - 12:30 pm #PBG0033 300002

Wednesdays | September 27, October 25, and November 15 | 11:00 am - 12:30 pm #PBG0033 300003

#### **Visitor Center**

Brookside Gardens Staff

Connect with your inner self through Strolls for Well-Being, a program promoting emotional healing and wellness through nature. Over eight weeks, you'll complete twelve garden walks individually and on your own schedule, guided by a beautiful 110-page journal with readings and writing prompts encouraging presence and reflection. Those struggling with difficulty, stress, or transition may particularly benefit. Dates are for group meetings where you'll receive important materials and share insights with others. Further information: www.brooksidegardens.org/wellness. \*Strolls materials were created by mental health professionals, but Brookside Gardens is

#### **Half-day Mindfulness Retreat**

not a mental health service provider.

Sunday | September 10 | 9:00 am - 1:00 pm \$65 | FOBG \$59 | #PBG0018 300001 **Meet at Visitor Center Entrance** 

Tanory Ateek

With her signature curiosity and playful approach, Tanory will guide you through a half-day of stress relieving practices, including gentle yoga; walking and seated meditation; and the meditative way of the labyrinth.

Whether you are new to meditation or a seasoned practitioner, this retreat will provide a chance to slow down, connect to nature in new ways, and rekindle a deeper sense of peace and wonder in your life.

#### Tai Chi

Charles Votaw

Wednesdays | September 13 - February 21 9:00 - 10:15 am \$14 | FOBG \$12 | #PBG0029 Japanese Tea House (September – October) or Visitor Center (November – February)

Tai Chi is an ancient, Chinese form of exercise perfect for adults seeking stress reduction while strengthening muscles, improving balance, and increasing flexibility. The Forms are repetitive patterns that emphasize slow, flowing motions and controlled movements. Classes will help beginners to learn the Forms while providing regular practitioners the guidance of an experienced instructor.

#### **Full Moon Walk**

Friday | September 29 | 7:00 – 8:30 pm \$25 | FOBG \$22 | #PBG0002 300001 **Meet at Visitor Center Entrance** 

Jason Gedeik, Brookside Gardens Staff Explore Brookside Gardens by moon light as we tour gardens, streams, and woods after dark, discovering seasonal garden highlights and friendly nighttime wildlife. Wear sturdy shoes and comfortable clothes as we will

#### Shinrin-yoku: The Art of Forest Bathing

Saturday | October 28 | 9:30 - 11:30 am \$35 | FOBG \$30 | #PBG0022 300001 OR

#### Saturday | November 4 | 9:30 - 11:30 am \$35 | FOBG \$30 | #PBG0022 300002 Meet at Visitor Center Entrance

Ana Ka'ahanui, certified Forest Therapy Guide Connect with nature through a forest bathing walk among the beautiful fall colors. Stroll the grounds and neighboring forest at a measured pace that allows you to notice the small miracles of nature unfolding. We'll close the walk by enjoying hot tea and healthy snacks.

#### **New Year Retreat**

Sunday | January 7 | 10:00 am - 3:00 pm \$75 | FOBG \$68 | #PBG0018 400001 **Meet at Visitor Center Entrance** 

Tanory Ateek

Bring in 2024 with peace and intention! Treat yourself to a day of yoga, meditation practices, and creative visioning for your new year. We'll use both indoor and outdoor garden spaces (weather permitting). Participants are welcome to bring their lunches, and Brookside Gardens will provide an assortment of teas.



#### **CHILDREN & FAMILIES**







#### Children's Day

Sponsored by Friends of Brookside Gardens
Sunday | September 17 | 11:00 am - 2:00 pm
Free | #PBG0077 300004
Registration encouraged but not required.

Explore the science and art of gardening through child-driven art projects and engaging science activities. Groups will rotate through our outdoor activity stations designed to educate and entertain. Bring your friends, family, and picnics (only allowed during this special event).

#### Yoga Sprouts!

Saturdays | September 9 — October 28 (No class Sept. 16) 10:00 — 10:45 am \$7 | Ages 3 — 9 | #PBG0078 Meet at South Terrace

Bring your little ones to this series of fun, garden related yoga movement classes. Physical exercise and mindfulness will awaken your senses, boost your energy, and give you good garden vibes to start your day! Classes are outdoors and either moved indoors or canceled in cases of inclement weather. Bring your own mat or borrow one of ours. Adults must accompany children.

#### Storytime in the Garden

Sunday | October 15 | 10:00 – 10:45 am #PBG0111 300001 Saturday | November 4 | 10:00 – 10:45 am #PBG0111 300002 \$5 | Ages 3 – 7 Outdoor Classroom (in Children's Garden area) Join us for an interactive story time followed by an outdoor exploration or activity for children ages 3-7. This is an outdoor story time, weather permitting. Adults must accompany children.

#### **Botanical Creatures and Cartoons**

Sunday | October 22 | 10:00 – 11:30 am \$10 | Ages 8 – 12 | #PBG0110 300001 Children's Classroom

Brookside Gardens Staff
Imagine a world where plant adaptations
give gardens special super-powers or unlock
hidden talents! Expand your knowledge of
botany and horticulture while activating
your creativity and artistic skills. Thomas
Crawley, an expert horticulturist, and cartoon
enthusiast, leads this exploration of the science
and art behind plant adaptations in the garden
as you illustrate your own cartoon creatures
adapted to extreme environments. Beginner
scientists and beginner cartoonists welcome.

# Children's Garden "Explore Maryland!"

Experience a unique mini-Maryland in our children's garden, Explore Maryland! From the mountains to the ocean, Explore Maryland! is an opportunity for children to explore a beautiful garden, pretend among mountain boulders, play in an old farmhouse, cook in a kitchen, boat in the sea, and gain knowledge about Maryland's natural history, flora, and fauna.



## FOBG 2023 Fundraiser

Brunch, with Birds and Blooms

Saturday, November 18, 2023, 10 am - 2 pm

Brookside Gardens Auditorium \$125 per person (+ service fee) Registration via Eventbrite, Sep. 10 - Nov. 7

#### **Guest Speakers:**

Sara Hallager, Curator of Birds Brian Evans, Migratory Bird Ecologist

#### Smithsonian's National Zoo



#### **Event Highlights:**

- Elegant brunch with mimosas
- Live harp music
- Raffle
- Learn about the region's migratory birds and how you can help with their conservation
- Not to be missed event!!







Register online ActiveMontgomery.org. Register by mail: Mail or drop off this form and check to Brookside Gardens, 1800 Glenallan Avenue, Wheaton, MD 20902

* Required Info REGISTRATION FORM									
Check here if this is a new address, phone number or email address since your last registration. Please print or type. This form may be copied.									
PARENT/GUARDIAN			Email *						
Last Name*	First Name	rst Name *							
Address *		City *		State *		ZIP*			
Home Phone *	Work Phone	Work Phone		Cell Phone		Birthday (mm/dd/yy) *			
EMERGENCY CONTACT For participants under 18									
Name			Relationship			Phone			
Participant s Name (Last, First)		Birthday (mm/dd/yy)	Gender	Activity Name		Activity Nu	mber	Fees *	
Total Program Fees:									
To which race do you identify most?		/MENT OPTIONS*							
□ Asian □ Black  Total Programs Fees \$									
<ul><li>Caucasian</li><li>Native American</li></ul>	No	Non-Resident/Other Fees \$ Check #				\$			
<ul><li>Pacific Island Alaskan</li><li>Other</li></ul>		Total Fees Due \$							
Are you Hispanic or Latino?   ✓ Yes ✓ No									
Will you need an ADA (Americans wit equipment, assistive listening/auxilian				ined support staff, sign language inter	preters, c	ompanion, Br	aille/large pı	rint, adaptive	
□ Yes   No									
If YES, please see below:									
ADA Requests for Montgomery Parks To request an accommodation for M-N you must contact the Program Access ProgramAccess@montgomeryparks.or	CPPC, Mon Office at 30								
		IMPORTANT: Reque	est should b	e made before the program begins.					
*SIGNATURE IS REQUIRED* Participant or Parent/Guardian Signature							Date		

The participant assumes all risks associated with participation in the program; Montgomery Parks/M-NCPPC does not assume any liability for injury or damages arising from participation in the program. Due to the strenuous nature of some activities, each participant is encouraged to consult his or her physician concerning fitness to participate in the program. The participant consents to emergency treatment. The participant also consents to Montgomery Parks/M-NCPPC's use of the participant's image and likeness as shown in any photographs, videotapes, motion picture film, or electronic images, and any audio recordings made of the participant's voice in whatever way Montgomery Parks/M-NCPPC desires, including television, print and Internet websites. Furthermore, the participant consents that such photographs, films, recordings, electronic images shall be the sole property of Montgomery Parks/M-NCPPC. If the participant is a minor, the parent of guardian approves his or her participation in the program. Neither the instructor nor any staff are responsible for children prior to or after scheduled program.

#### **Important Registration Information**

- 1. You must open an ActiveMONTGOMERY account in order to register for any program.
- We regret that it is not possible to include babies or children in classes designed for adults, unless specified.
- All programs will run rain or shine, unless a rain date is listed; for cancellation information call 301-962-1451.
- FOBG members should enter the discounted FOBG rate in the Fee column. For information about joining FOBG, call 301-962-1435 or check brooksidegardens.org.
- Confirmation of your registration will be made by mail or email. If an event is filled to capacity, your check will be returned and your name placed on a waiting list. You will be contacted by phone if an opening occurs.
- Deadline for registration is 7 days prior to event date, unless otherwise stated. Participants will be enrolled in the order received.

**Refund Policy:** For details regarding the refund policy, please visit https://MontgomeryParks.org/classes-camps/activity-withdrawals-and-refunds/

#### **PROGRAMS BY DATE**

Date	Program	Course #	Fee	FOBG	Page No.
9/6/2023	Fall Twilight Concert Series**	No registration	FREE	FREE	10
9/7/2023	Gentle Yoga at Brookside Gardens**	PBG0030 300001	\$14	\$12	14
9/9/2023	Yoga at Brookside Gardens**	PBG0031 300001	\$14	\$12	15
9/9/2023	Strolls for Well-Being*/**	PBG0033 300001	\$75	\$75	15
9/9/2023	Yoga Sprouts**	PBG0078 300001	\$7	\$7	16
9/10/2023	Half-Day Mindfulness Retreat	PBG0018 300001	\$65	\$59	15
9/13/2023	Tai Chi at Brookside Gardens**	PBG0029 300001	\$14	\$12	15
9/17/2023	Children's Day	PBG0077 300004	FREE	FREE	16
9/20/2023	Behind-the-Scenes Greenhouse Tour**	PBG0003 300001	\$12	\$10	13
9/23/2023	Native Flowers, Fruits, and Foliage for Fall	PBG0114 300001	\$15	\$12	12
9/29/2023	Full Moon Walk	PBG0002 300001	\$25	\$22	15
10/7/2023	Elevating Your Garden with Unusual Bulbs, Rhizomes and Tubers	PBG0116 300001	\$15	\$12	12
10/15/2023	Storytime in the Garden**	PBG0111 300001	\$5	\$5	16
10/21/2023	The Unsung Season: Gardens in Winter	PBG0115 300001	\$15	\$12	12
10/22/2023	Botanical Creatures and Cartoons	PBG0110 300001	\$10	\$10	16
10/26/2023	Glory of Fall Garden Tour**	PBG0059 300001	\$12	\$10	13
10/28/2023	Shinrin-yoku: The Art of Forest Bathing**	PBG0022 300001	\$35	\$30	15
11/1/2023	Chrysanthemum Tour	PBG0060 300001	\$12	\$10	13
11/4/2023	Expert Strategies for Winterizing Your Garden	PBG0117 300001	\$25	\$22	13
11/8/2023	A World of Discovery: How Science and Heart Can Make You a				
	More Ecological Gardener	PBG0113 300001	FREE	FREE	12
11/16/2023	Mixed Winter Container	PBG0064 300001	\$75	\$67	14
12/6/2023	Festive Fresh Wreaths	PBG0065 400001	\$55	\$50	14
12/7/2023	Festive Fresh Centerpieces	PBG0066 400001	\$55	\$50	14
12/13/2023	Garden After Dark: Holly Daze	PBG0068 400001	\$55	\$50	14
1/7/2024	New Year Retreat	PBG0018 400001	\$75	\$68	15
1/20/2024	Miniature Zen Garden	PBG0018 400001	\$50	\$45	14
1/26/2024	Brookside Gardens Winter Tour	PBG0061 400001	\$12	\$10	13
2/3/2024	Freedom Farmers: Agricultural Resistance and the				
	Black Freedom Movement	PBG0119 400001	FREE	FREE	12
2/3/2024	Introduction to Plant Propagation - Tropical Houseplants	PBG0016 400001	\$45	\$40	14
2/10/2024	Everything You Wanted to Know About Pruning	PBG0063 400001	\$15	\$12	13
2/16/2024	GreenScapes Symposium	PBG0057 400001	\$55	\$45***	10

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