

# MONTGOMERY PARKS GUIDE

SUMMER 2023



CLASSES. PROGRAMS. ACTIVITIES. EVENTS.







## MONTGOMERY PARKS | SUMMER 2023

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**Programs are subject to change.**

**For the most up-to-date listings visit:** [MontgomeryParks.org](https://MontgomeryParks.org)



# MONTGOMERY PARKS DIRECTORY

## ATHLETIC FIELDS

Visit [Athletic Fields](#) for reservation information.

## ARCHERY

### [South Germantown Recreational Park](#)

18045 Central Park Circle, Boyds, MD 20841

### [Rock Creek Regional Park](#)

5700 Needwood Lake Circle, Rockville, MD 20855

## BASKETBALL, TENNIS & PICKLEBALL COURTS (OUTDOOR)

Visit [Sports](#) for a list of court locations.

## BOATING

### [Black Hill Boats](#)

20920 Lake Ridge Drive, Boyds, MD 20841 • 301-528-3466

### [Lake Needwood Boats](#)

15700 Needwood Lake Circle, Rockville, MD 20855  
301-563-7540

## CAMPING

### [Little Bennett Campground](#)

23705 Frederick Road, Clarksburg, MD 20871  
301-528-3430

### [Robert C. McDonell Campground](#)

7701 Tuckerman Lane, Rockville, MD 20854 • 301-495-2525

Visit [Rentals and Permits](#) for additional camping options.

## CAROUSEL

### [Ovid Hazen Wells Carousel](#)

2002 Shorefield Road, Wheaton, MD 20902

## COMMUNITY GARDENS

Visit [Community Gardens](#) for information.

## CULTURAL & HISTORIC ATTRACTIONS

Visit [History in the Parks](#) for more information.

### [Agricultural History Farm Park](#)

18400 Muncaster Road, Derwood, MD 20855  
301-840-5120

### [Kingsley Schoolhouse](#)

24472 Clarksburg Road, Clarksburg, MD 20871  
301-650-4373

### [Josiah Henson Museum & Park](#)

11410 Old Georgetown Road, North Bethesda, MD 20852  
301-765-8790

### [Oakley Cabin African American Museum](#)

3610 Brookeville Road, Olney, MD 20832  
301-650-4373

### [Woodlawn Manor Cultural Park](#) and [Underground Railroad Experience Trail](#)

16501 Norwood Road, Sandy Spring, MD 20860  
301-929-5989

## DOG PARKS

### [Black Hill Regional Park Dog Park](#)

20930 Lake Ridge Drive, Boyds, MD 20841  
On Picnic Lane, SE of boat rentals on Lake Ridge Drive

### [Cabin John Regional Park Dog Park](#)

7400 Tuckerman Lane, Bethesda, MD 20817

### [Dewey Local Park Dog Park](#)

1720 Dewey Road, Silver Spring, MD 20906

### [Ellsworth Urban Park Dog Park](#)

621 Ellsworth Drive, Silver Spring, MD 20910

### [Olney Manor Recreational Park Dog Park](#)

16601 Georgia Avenue, Olney, MD 20832

### [Piedmont Woods Local Park Dog Park](#)

12835 Snowden Farm Parkway, Clarksburg, MD 20871

### [Ridge Road Recreational Park Dog Park](#)

21155 Frederick Road, Germantown, MD 20876

### [Wheaton Regional Park Dog Park](#)

11710 Orebaugh Avenue, Wheaton, MD 20902

## DRIVING RANGE/GOLF

### [South Germantown Driving Range](#)

18045 Central Park Circle, Boyds, MD 20841  
301-670-4670

## EVENT CENTERS

*Ideal venues for weddings, special events, meetings and more!*

### [Brookside Gardens](#)

1800 Glenallan Avenue, Wheaton, MD 20902  
301-962-1404

Email: [Event.Manager@MontgomeryParks.org](mailto:Event.Manager@MontgomeryParks.org)

### [The Lodge at Little Seneca Creek](#)

14500-A Clopper Road, Boyds, MD 20841  
301-528-6010

Email: [SenecaLodge@MontgomeryParks.org](mailto:SenecaLodge@MontgomeryParks.org)

### [Rockwood Manor Retreats and Events](#)

11001 MacArthur Boulevard, Potomac, MD 20854  
301-563-7510

Email: [RockwoodManor@MontgomeryParks.org](mailto:RockwoodManor@MontgomeryParks.org)

## GARDENS

### Brookside Gardens

1800 Glenallen Avenue, Wheaton, MD 20902  
301-962-1400 general information  
301-962-1404 event rentals

### McCrillis Gardens

6910 Greentree Road, Bethesda, MD 20817  
301-962-1455

## GOLF

*Golf courses are operated by the [Montgomery County Revenue Authority](https://www.montgomerycountyparks.org/).*

### Little Bennett Golf Course

25900 Prescott Road Clarksburg, Maryland 20871  
301-253-1515

### Needwood Golf Course

6724 Needwood Road, Derwood, MD 20855  
301-948-1075

### Northwest Park Golf Course

15711 Layhill Road, Silver Spring, MD 20906  
301-598-6100

### Sligo Creek Golf Course

9701 Sligo Creek Parkway, Silver Spring, MD 20901  
301-585-6006

## HORSEBACK RIDING & STABLES

*Equestrian facilities are managed by private operators through partnerships with M-NCPPC.*

### Callithea Farm Park

15000 River Road, Potomac, MD 20854  
301-977-8010

### Meadowbrook Riding Stables

8200 Meadowbrook Lane, Chevy Chase, MD 20815  
301-589-9026

### Potomac Horse Center

14211 Quince Orchard Road, N. Potomac, MD 20878

### Rickman Farm Horse Park

17320 Moore Road, Boyds, MD 20841  
301-349-0075

### Wheaton Regional Park Stables

1101 Glenallen Avenue, Wheaton, MD 20902  
301-622-2424

### Woodstock Equestrian Park

20100 Darnestown Road, Beallsville, MD 20839  
301-495-2525

## ICE SKATING

### Cabin John Ice Rink

10610 Westlake Drive, Rockville, MD 20852  
301-765-8620

### Wheaton Ice Arena

11717 Orebaugh Avenue, Wheaton, MD 20902  
301-905-3000

## MINIATURE GOLF

### South Germantown Miniature Golf

18056 Central Park Circle, Boyds, MD 20841  
301-670-4680

## NATURE CENTERS

### Black Hill Visitor Center

20926 Lake Ridge Drive, Boyds, MD 20841  
301-528-3492

### Brookside Nature Center

1400 Glenallen Avenue, Wheaton, MD 20902  
301-962-1480

### Locust Grove Nature Center

7777 Democracy Boulevard, Bethesda, MD 20817  
301-765-8660

### Maydale Nature Classroom

1638 Maydale Drive, Colesville, MD 20905  
301-962-1496

### Meadowside Nature Center

5100 Meadowside Lane, Rockville, MD 20855  
301-258-4030

## PARK ACTIVITY BUILDINGS & PICNIC SHELTERS

Visit [Park Permits](https://www.montgomerycountyparks.org/park-permits/) for rental information.

## SKATING AND BMX

### *In-line Hockey Rink*

### Dewey Local Park

11720 Dewey Road, Veirs Mill, MD 20906

### Ridge Road Recreational Park

21155, Frederick Road, Germantown, MD 20876

### *Mountain Bike and BMX Pump Track*

### South Germantown Recreational Park

18045 Central Park Circle, Boyds, MD 20841



## SKATING AND BMX (CONTINUED)

### Skate Park

#### Fairland Recreational Park

#### The Pit at Fairland Bike Park

3928 Greencastle Road  
Fairland, MD 20866

#### Olney Manor Skate Park

16601 Georgia Avenue, Olney, MD 20832

#### Takoma-Piney Branch Local Park

2 Darwin Avenue Takoma Park, MD 20910

#### Woodside Urban Park

8800 Georgia Avenue, Silver Spring, MD 20910

## SPLASH PARK

#### South Germantown SplashPark

18056 Central Park Circle, Boyds, MD 20841  
301-670-4680

## TENNIS (INDOOR)

#### Pauline Betz Addie Tennis Center

7801 Democracy Boulevard, Bethesda, MD 20817  
301-765-8650

#### Wheaton Indoor Tennis

11715 Orebaugh Avenue, Wheaton, MD 20902  
301-905-3030

#### Montgomery TennisPlex\*

18010 Central Park Circle, Boyds, MD 20841  
240-477-4430z

*\* This facility is managed by a private operator through a partnership with M-NCPPC. Please contact them directly for more information.*

## TRAILS

Visit [Trails](#) for maps and detailed information about the more than 250 miles of trails in Montgomery Parks.

## TRAINS (MINIATURE)

#### Cabin John Miniature Train

7410 Tuckerman Lane, Rockville, MD 20852  
301-765-8670 • 301-650-2880 party rentals

#### Wheaton Train and Carousel

2002 Shorefield Road, Wheaton, MD 20902  
301-563-7545 • 301-650-2880 party rentals

## TURF FIELD

200' x 85' covered synthetic turf playing field; rent for soccer, lacrosse, futsal, parties and more.

#### Wheaton Sports Pavilion

11751 Orebaugh Avenue, Wheaton, MD 20902  
301-905-3070

## CONTACT INFORMATION

#### Montgomery Parks

2425 Reddie Drive, Wheaton, MD 20902

#### Customer Service

General park Information or to report maintenance requests or concern:

Call: 301-495-2595

Email: [Info@MontgomeryParks.org](mailto:Info@MontgomeryParks.org)

#### Permits & Rentals

Call: 301-495-2525

Email: [ParkPermits@MontgomeryParks.org](mailto:ParkPermits@MontgomeryParks.org)

#### Volunteer Opportunities

Call: 301-495-2504

Email: [ParksVolunteers@MontgomeryParks.org](mailto:ParksVolunteers@MontgomeryParks.org)

#### RainoutLine

Call: 301-579-5610 for Athletic Fields

Call: 240-270-0008 for Trail Conditions

#### Park Police

Call: 301-949-8010, Emergency call 911

Twitter: [@ParkPolice](https://twitter.com/ParkPolice)

## ACCESSIBILITY

#### Program Access & Inclusion Services

For inquiries regarding inclusion services, programs, and accommodations, please contact the Program Access office:

Call: 301-495-2477

MD Relay: 7-1-1 or 800-552-7724

Email: [ProgramAccess@MontgomeryParks.org](mailto:ProgramAccess@MontgomeryParks.org)

**ONE website  
ONE account**  
for both Recreation & Parks  
Registration, Reservations & More!

**Active**  
MONTGOMERY

[ActiveMontgomery.org](https://ActiveMontgomery.org)  
Create your account today!



## WAYS TO REGISTER

### Online

Click the Course # link next to each program in this guide to register for that program or visit **ActiveMONTGOMERY**

### By Mail

Fill out and sign the registration form and mail it to:  
ActiveMONTGOMERY  
2425 Reddie Drive, 10th Floor  
Wheaton, MD 20902

### Questions?

Call: 301-495-2580  
Monday–Friday, 8:30 am–4:30 pm  
Email: [Info@ActiveMONTGOMERY.org](mailto:Info@ActiveMONTGOMERY.org)

## REGISTRATION DATES

**Summer Programs: May 15, 6:30 am**  
**Ice/Tennis Summer Term: June 13, 6:30 am**





# VOLUNTEER IN PARKS *Naturally!*

## Volunteering in Montgomery Parks is such a natural thing to do!

Volunteering in Montgomery Parks is such a natural thing to do! We love the folks in our communities who get involved — and we think you'll love working with us, too.

Check out some of our summer volunteer opportunities below, and visit [ParksVolunteers.org](http://ParksVolunteers.org) for even more. **Apply today!**

*Thank you  
for all you do.*

★ *Stream Striders, Watershed Cleanup Leaders – Training provided*

Teach and lead volunteer groups in park cleanups, and show why it is important to keep our parks and streams litter free!

★ *Weed Warrior for a Day*

Work with Weed Warrior supervisors and help save the forest from non-native, invasive plants! Take what you learn and keep native plants in your neighborhood alive and growing.

★ *Ice Skating Instructional Assistant*

Help Group Lesson Instructors in our “Learn to Skate” program for children, looking for **experienced skaters!**

★ *Nature Center Gardeners*

Help us keep the gardens at our Nature Centers looking lovely.

★ *Nature Center Hosts*

Volunteers Hosts welcome visitors to our nature centers, and assist with program registrations. They help staff keep the Nature Centers running smoothly. Weekend help needed as well!

★ *Kingsley School House Docents, Clarksburg -*

Lead visitors in old fashioned lessons on the three “Rs” – reading, ’riting & ’rithmetic at our historic one-room schoolhouse.

★ *Oakley Cabin Docents, Brookeville -*

Give tours of our 19th-century cabin that was home to free African Americans from Emancipation to the 20th century.

Looking for a great team building project for a corporate get-together, scout group, school project or other type of group?

Depending upon the size and age, location and availability of your group AND availability our staff, we have projects that could include:

- Park Cleanups
- Invasive Plant Removal (Weed Warriors!)
- Natural Surface Trail Work
- Nature Centers Projects
- Special Event assistance
- Planting native plants
- Gardening/Weeding/Mulching
- Playground Maintenance



*We ♥ our  
volunteers!*

[ParksVolunteers.org](http://ParksVolunteers.org) | 301-495-2504



# Trails open? Game on?

Montgomery Parks  
has you covered.

When inclement weather occurs, use the **RainoutLine** system to get instant information on Montgomery Parks trails and athletic fields.

Three ways to access RainoutLine:

- ❶ **Phone:** Trail Conditions: 240-270-0008 or Athletic Field Status: 301-579-5610
- ❷ **Online:** Go to **[MontgomeryParks.org/RainoutLine](https://montgomeryparks.org/RainoutLine)**
- ❸ **App:** Download the free mobile app for your smartphone.

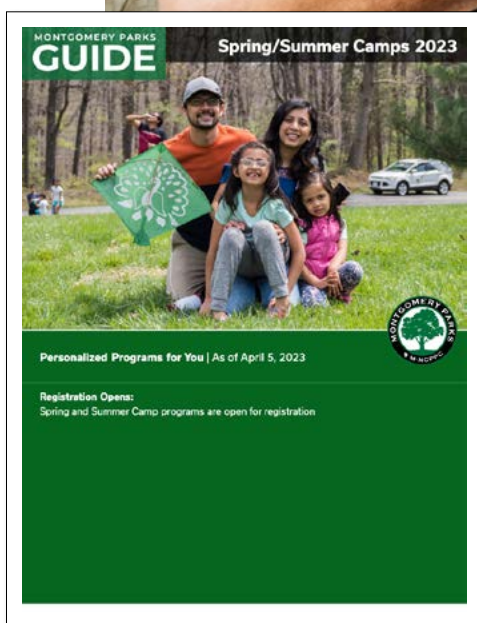
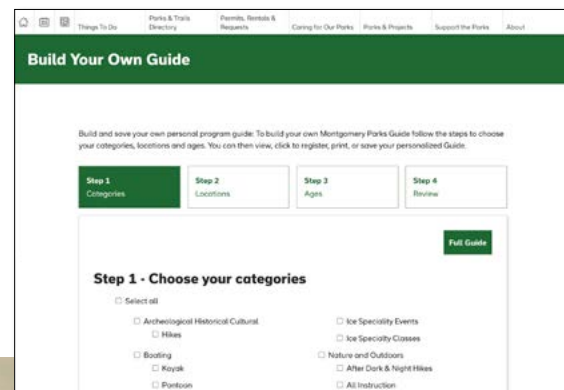
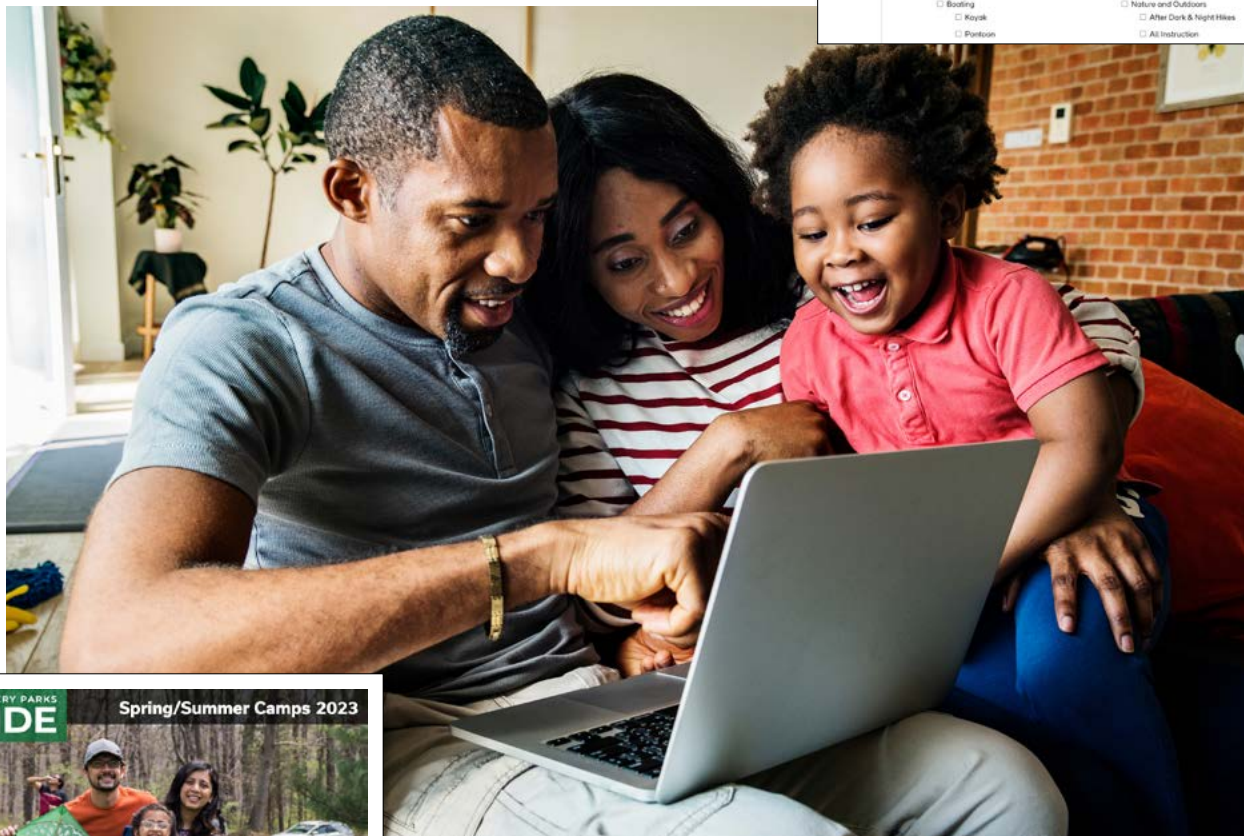
**[MontgomeryParks.org/RainoutLine](https://montgomeryparks.org/RainoutLine)**





**NEW!**

# Build Your Own Guide!



- The new online Build Your Own Guide tool allows you to create a digital program guide customized to your specific interests.
- In just three easy steps, you can select the program categories, locations and age ranges you prefer, and then download or print your personalized guide at home.

**[MontgomeryParks.org/Your-Guide](https://MontgomeryParks.org/Your-Guide)**





# Montgomery Parks... the perfect place to gather!



BIRTHDAY PARTIES • RECEPTIONS • REUNIONS •  
NEIGHBORHOOD GATHERINGS • BUSINESS MEETINGS



**Park Activity Buildings available  
year-round**

**Picnic Shelters available  
to rent April 1–October 31**

Convenient and affordable, our **Park Activity Buildings** and **Picnic Shelters** provide all the amenities needed to make your next event enjoyable and hassle-free!



View availability  
and book online at  
[ActiveMontgomery.org](https://ActiveMontgomery.org)

## **Contact the Park Permits Office for rental information**

P: Monday–Friday, 8:30am–5pm | 301.495.2525

E: [ParkPermits@MontgomeryParks.org](mailto:ParkPermits@MontgomeryParks.org) | W: [ParkPermits.org](https://ParkPermits.org)

2425 Reddie Drive, 2nd Floor | Wheaton, MD 20902



[MontgomeryParks.org](https://MontgomeryParks.org)



# The natural choice for your special event!

Our event centers are the ideal venues for picture-perfect weddings, elegant celebrations, successful retreats, and more!

Available year-round at affordable rates.



## **BROOKSIDE GARDENS**

*50 acres of stunning garden areas*

1800 Glenallan Avenue | Wheaton, MD 20902  
301-962-1404 | [BrooksideGardens.org](http://BrooksideGardens.org)  
[event.manager@montgomeryparks.org](mailto:event.manager@montgomeryparks.org)



Brookside Gardens

## **THE LODGE AT LITTLE SENECA CREEK**

*Rustic charm and beautiful panoramic views*

14500-A Clopper Road | Boyds, MD 20841  
301-670-3282 | [LodgeatSeneca.org](http://LodgeatSeneca.org)  
[senecalodge@montgomeryparks.org](mailto:senecalodge@montgomeryparks.org)



The Lodge at Little Seneca Creek

## **ROCKWOOD MANOR RETREATS & EVENTS**

*Serene estate just six minutes from the Capital Beltway*

11001 MacArthur Boulevard | Potomac, MD 20854  
301-563-7510 | [RockwoodManor.org](http://RockwoodManor.org)  
[rockwoodmanor@montgomeryparks.org](mailto:rockwoodmanor@montgomeryparks.org)



Rockwood Manor

Now Booking Overnight Stays

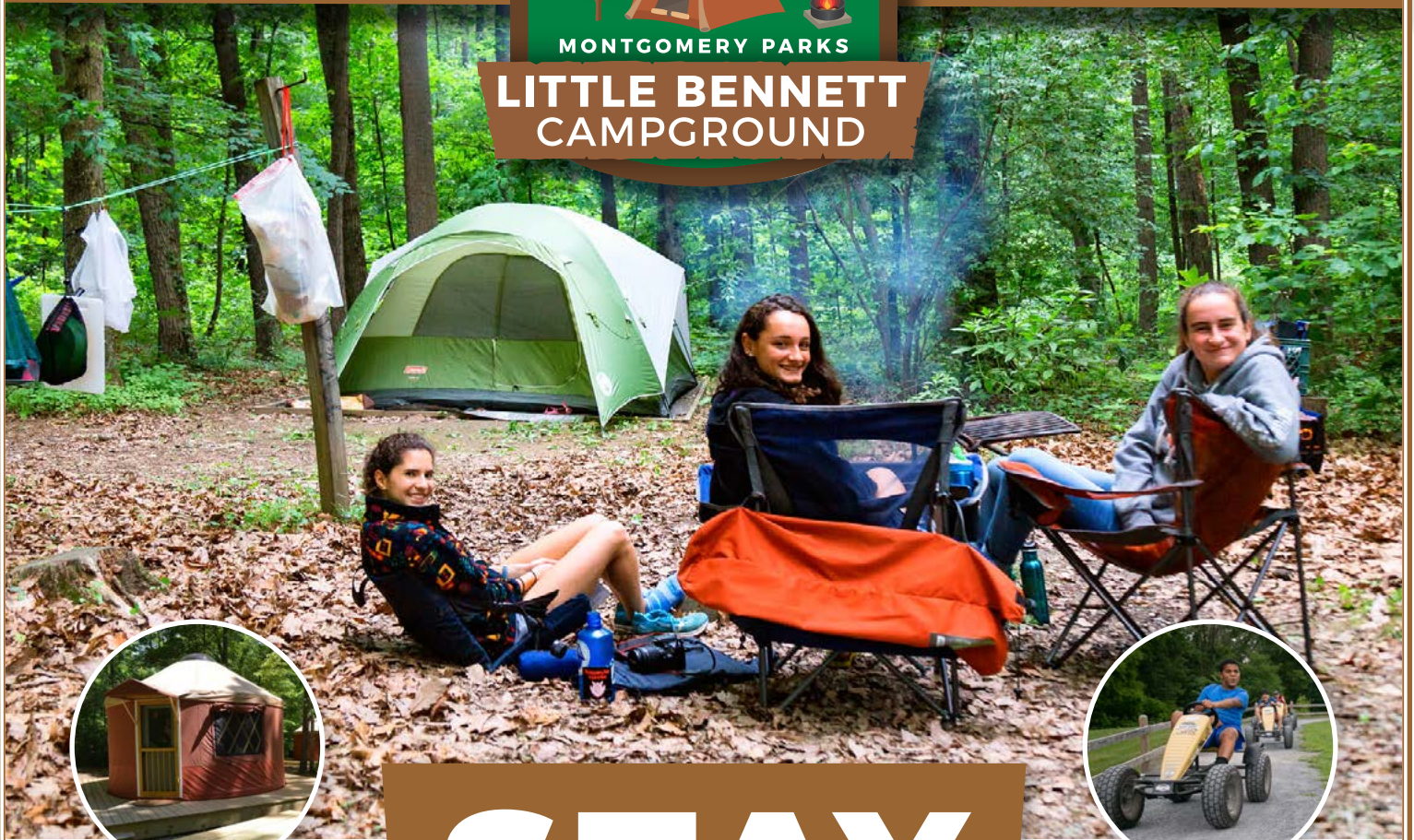
[ParkEventCenters.org](http://ParkEventCenters.org)







## LITTLE BENNETT CAMPGROUND



Range of  
accommodations  
including campsites,  
cabins, and yurts,  
to fit your needs

# STAY — & — PLAY

## OPEN YEAR-ROUND

[ MINIMUM 2-NIGHT STAY ]

Hiking and biking  
trails, pedal kart  
track, jumping pillow,  
laser tag, outdoor  
movies, arts & crafts,  
and more!



**LITTLE BENNETT CAMPGROUND**  
23705 Frederick Road | Clarksburg, MD 20871  
[LittleBennettCampground.org](http://LittleBennettCampground.org)





YOUR NEXT  
*Adventure*  
STARTS HERE

**WORK**  
— FOR —  
**MONTGOMERY  
PARKS**

# NOW HIRING

**Full-Time and Part-Time  
Positions in Park Operations,  
Management, Administration  
and more!**

## Career & Full-Time Positions

- Park Maintenance
- Skilled Trades
- Heavy Equipment
- CDL Drivers
- Park Police Officers
- Admin Support
- IT - Telecom
- Horticulture
- Engineering/Planning
- Natural Resources

## Part-Time & Seasonal Staff Positions

Event Staff, Administration, Athletics Instructors,  
Camp Staff, Maintenance, Park Education

We offer a **competitive compensation package** with **exceptional benefits** that will provide security for you and your family through every stage of life.

Have Questions? Email us at  
[MCP-ParksCareers@montgomeryparks.org](mailto:MCP-ParksCareers@montgomeryparks.org)



To view all our open positions, scan the QR code or go to  
[MoCoParks.org/jobs](https://MoCoParks.org/jobs)







# All Aboard!

Enjoy a scenic two-mile ride on a Miniature Train or take a spin on the historic Ovid Hazen Wells Carousel.

For schedule and ticket information visit [MontgomeryParks.org/Trains](https://MontgomeryParks.org/Trains)



## **CABIN JOHN MINIATURE TRAIN**

Cabin John Regional Park 7410 Tuckerman Lane, Rockville, MD 20852

## **WHEATON MINIATURE TRAIN & CAROUSEL**

Wheaton Regional Park 2000 Shorefield Road Wheaton, MD 20902







# Latino Conservation Week

July 15 - 23, 2023



For the full list of events,  
scan the QR code or visit:

**[MoCoParks.org/LatinoConservationWeek](https://MoCoParks.org/LatinoConservationWeek)**

*Para la lista completa de eventos,  
escanea el código QR o visita:*

**[MoCoParks.org/LatinoConservationWeek](https://MoCoParks.org/LatinoConservationWeek)**

**LATINO**   
**CONSERVATION WEEK**  
Disfrutando y Conservando Nuestra Tierra





CELEBRATE

# Juneteenth

AT MONTGOMERY PARKS



**Josiah Henson Museum & Park**

11410 Old Georgetown Rd  
North Bethesda, MD 20852



**Woodlawn Manor Cultural Park**

16501 Norwood Rd  
Sandy Spring, MD 20860

— OPEN WITH SPECIAL HOURS ON MONDAY, JUNE 19 —

## The Annual Scotland Juneteenth Heritage Festival

Montgomery Parks is proud to cosponsor this festival, featuring a children's carnival and music performance, as well as art exhibitions, food, sports, and presentations on Black history in the region.

— MONDAY, JUNE 19 —

Cabin John Regional Park, Cabin John Village,  
and the Scotland community on Seven Locks Road

For more information: [juneteenthscotland.org](http://juneteenthscotland.org)





MONTGOMERY PARKS



Throughout the summer season, Montgomery Parks is hosting **Parks Playhouse** — a series of free, live performances to celebrate the artistry of great local artists, troupes, and groups.

**The summer lineup includes:**

PRIDE and Spanish-speaking stand-up comedy events with Improbable Comedy, classic vaudeville and Shakespearean theater, music performances featuring the Dueling Pianos, Nighthawks, and so much more! Performances will be rolling throughout the summer at different park locations.



**For little art lovers,** Montgomery Parks is also hosting Parks Playhouse Junior — with live performances geared to kids ages three through twelve.



For more information, scan the QR code with your smartphone or visit [MoCoParks.org/ParksPlayhouse](https://MoCoParks.org/ParksPlayhouse)



A person with long dark hair and sunglasses is holding a large rainbow Pride flag high above their head with both arms. They are wearing a black t-shirt with a logo that says "PRIDE CENTER serving the LGBTQ Community". The background shows a blurred outdoor setting with green trees and a white tent structure.

# CELEBRATE PRIDE OUTSIDE!

## **Pride Awareness Hike**

**June 18, 2023 | 10 am**

**Martin Luther King Jr. Recreational Park**

Celebrate diversity, inclusivity, and self-expression in a safe and welcoming environment. Hike along the Paint Branch Trail and then socialize with your fellow hikers. Light snacks will be provided or feel free to bring your own picnic. Registration encouraged.

[MoCoParks.org/PrideHike](https://mocoparks.org/PrideHike)



MONTGOMERY PARKS

# AGRICULTURAL HISTORY FARM PARK

Park grounds and trails open dawn to dusk daily.

See the past, present, and future of Montgomery County's rich farming heritage at the **Agricultural History Farm Park**. This scenic 455-acre park features rolling hills, open fields, an apple orchard, and a variety of farm animals.

Visit our website at **[AgHistoryFarm.org](http://AgHistoryFarm.org)** for current programming and event information.



**AGRICULTURAL HISTORY FARM PARK**

18400 Muncaster Road | Derwood, MD 20855

301-840-5120 | [AgHistoryFarm.org](http://AgHistoryFarm.org)



MONTGOMERY PARKS

WALK-INS WELCOME

# Josiah Henson Museum & Park



**Admission required. Tickets available onsite.**  
**Open Friday through Sunday**  
For hours and information visit [JosiahHenson.org](https://JosiahHenson.org)



Josiah Henson Museum & Park tells the story about the life and challenges of Reverend Josiah Henson, enslavement in Maryland, and the ongoing struggles of racial equality and justice.

Visit the museum and experience interactive multimedia exhibits. Explore the park and engage in personal or group reflection. Discover the archaeological sites throughout the park. Visit [JosiahHenson.org](https://JosiahHenson.org) for program and event information.



## JOSIAH HENSON MUSEUM & PARK

11410 Old Georgetown Road North  
Bethesda, Maryland 20852

301-765-8790 | [JosiahHenson.org](https://JosiahHenson.org)

Visitor Parking at Wall Local Park, 5900 Executive Blvd



JOSIAH  
HENSON  
MUSEUM  
& PARK



Montgomery Parks is dedicated to providing quality services and programs that are inclusive and accessible to all. ADA: [MontgomeryParks.org/accessibility](https://MontgomeryParks.org/accessibility)  
Non-Discrimination: [MontgomeryParks.org/about/parks/](https://MontgomeryParks.org/about/parks/)

f t i @MontgomeryParks  
[facebook.com/josiahhensonmuseum](https://facebook.com/josiahhensonmuseum)





**JOSIAH HENSON MUSEUM & PARK**

11410 Old Georgetown Road | North Bethesda, MD 20852

301-765-8790

Open Friday through Sunday

For hours and information visit [JosiahHenson.org](https://JosiahHenson.org)



## SPECIAL EVENT

### Special Opening - Juneteenth

What better way to celebrate the National Holiday known as Juneteenth, than to visit the museum dedicated to man, Reverend Josiah Henson, who traveled along the Underground Railroad freeing 118 former enslaved persons. The museum will be open for “Special Hours” on Monday, June 19. Self-guided tours and special hands-on activities will be available for families. Admission, \$4 for children and seniors, and \$5 for adults. Tickets available onsite.

*Josiah Henson Museum and Park*

[Click to Register](#)

Jun 19	Mon	10a-4p	Free with paid admission	All Ages		<a href="#">PJHMP0002-200002</a>
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## HISTORICAL PROGRAMS

### Archaeology Family Day

Join us for a day of exploration and fun, as the entire family learns about archaeology and how it tells the story of life of Josiah Henson and others and helps to explain the past. There will be hands-on activities for the entire family throughout the day.

*Josiah Henson Museum and Park*

[Click to Register](#)

Aug 19	Sat	12-4p	Free with paid admission	All Ages	1 Class	<a href="#">PJHMP0002-200001</a>
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### Archaeology Tour

Join an archaeologist for a guided tour of the grounds at Josiah Henson Museum and Park to learn about the features and artifacts that inform our understanding of Rev. Josiah Henson’s life at the Riley Plantation. This 30-minute tour is appropriate for ages 6 and up. Pre-registration is not required. Admission, \$3 per person available onsite on the day of tour. Does not include admission to museum.

*Josiah Henson Museum and Park*

[Click to Register](#)

Jun 11	Sun	1-1:30p	\$3	Ages 4 and up	1 Class	<a href="#">PJHMP0003-200001</a>
Jun 24	Sat	1-1:30p	\$3	Ages 4 and up	1 Class	<a href="#">PJHMP0003-200002</a>
Jul 9	Sun	1-1:30p	\$3	Ages 4 and up	1 Class	<a href="#">PJHMP0003-200003</a>
Jul 22	Sat	1-1:30p	\$3	Ages 4 and up	1 Class	<a href="#">PJHMP0003-200004</a>
Aug 13	Sun	1-1:30p	\$3	Ages 4 and up	1 Class	<a href="#">PJHMP0003-200005</a>
Aug 26	Sat	1-1:30p	\$3	Ages 4 and up	1 Class	<a href="#">PJHMP0003-200006</a>

## History Hour

This lecture series for adult audiences will feature local historians, educators and more as they share their knowledge of local and regional history. Each event will feature a new subject with a presentation that may include video, slide shows or other interpretive aides. This month's program features a presentation by author, David Goodrich as he recounts his journey featured in his book, "On Freedom Road: Bicycle Explorations and Reckonings on the Underground Railroad." Arrive early and take a self-guided tour of Josiah Henson and Park. Doors open at 5pm. This is an adult program and will take place at the Josiah Henson Museum and Park visitor center. Refreshments provided. Admission, \$5 per person. Tickets available onsite.

*Josiah Henson Museum and Park*

[Click to Register](#)

Jun 21	Wed	6-7p	\$5	Ages 12 and up	1 Class	<a href="#">PJHMP0001-200001</a>
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## SPEAKER SERIES

### Foodie Fridays

Foodie Fridays is a monthly speaker series featuring farmers, educators, community organizers, food lovers, and changemakers. Each month, we will have presentations that highlight why food matters and the many ways the food system impacts residents of Montgomery County and the surrounding region. Attendees will have a chance to engage with regional food system experts and community members. Admission includes light refreshments, including one alcoholic beverage for adults 21 and older with identification, as well as a ticket to the Josiah Henson Museum (\$5 value) that is redeemable during regular museum hours. Check-in and refreshments from 6:30-6:50pm. Speaker starts promptly at 7:00pm. Parking is only available at the Kennedy Shriver Aquatic Center, 1.5 blocks away at 5900 Executive Boulevard, North Bethesda, with limited accessible parking at the museum.

*Josiah Henson Museum and Park*

[Click to Register](#)

Jun 23	Fri	6:30-8:30p	\$10	All Ages	1 Class	<a href="#">PJHMP0005-200001</a>
Jul 28	Fri	6:30-8:30p	\$10	All Ages	1 Class	<a href="#">PJHMP0005-200002</a>
Aug 25	Fri	6:30-8:30p	\$10	All Ages	1 Class	<a href="#">PJHMP0005-200003</a>





A photograph of the Oakley Cabin, a historic log cabin with a stone chimney and a wooden porch, set in a wooded area with autumn foliage. The cabin is constructed of horizontal log staves and has a steep gabled roof. A prominent stone chimney is on the left side. A wooden porch with a railing and stairs leads to the entrance. The surrounding area is grassy with fallen leaves, and a rustic wooden fence is visible in the background.

MONTGOMERY PARKS

**FREE  
GUIDED  
TOURS**

April through October  
2nd and 4th Saturdays  
12 - 4 pm

# Oakley Cabin

## African American Museum & Park

Explore the rich history of Oakley Cabin's African American roadside community. Learn how these tenant farm families lived and worked on this historic site from emancipation well into the 20th century. Their culture and traditions heavily influenced those of surrounding communities, and their story is deeply woven into Montgomery County's history. At the center of this site is Oakley Cabin, now serves as a living history museum.

Visit [OakleyCabin.org](http://OakleyCabin.org) for current programming and event information.

### BECOME A VOLUNTEER TOUR GUIDE!

Share your love of history, the great outdoors, and agriculture with visitors of all ages. Volunteer opportunities meet SSL requirements. FREE training provided.

Register online at [HistoryInTheParks.org](http://HistoryInTheParks.org).

### OAKLEY CABIN AFRICAN AMERICAN MUSEUM & PARK

3610 Brookeville Road | Olney, MD 20832

[HistoryInTheParks.org](http://HistoryInTheParks.org) | 301-650-4373





WOODLAWN MANOR CULTURAL PARK

# WOODLAWN MUSEUM

Exhibits illustrate Montgomery County's agricultural history, enslaved and free black communities, the Quaker experience and the Underground Railroad.

Open April–November  
Friday & Saturday: 10 am–4 pm

Tickets can be purchased  
on-site



## The Underground Railroad Experience Trail

This simulated trail provides information about the Underground Railroad and the 19th century history of Sandy Spring and Montgomery County.

Visitors can explore the two-mile natural surface trail on a self-guided hike or purchase tickets for a scheduled guided hike.

For more information and a schedule of guided hikes visit: [WoodlawnManor.org](http://WoodlawnManor.org)

### WOODLAWN MANOR CULTURAL PARK

16501 Norwood Road | Sandy Spring, MD 20860

MCP-WoodlawnPrograms@montgomeryparks.org

301-929-5989 | [WoodlawnManor.org](http://WoodlawnManor.org)



WOODLAWN MANOR  
CULTURAL PARK





MONTGOMERY PARKS

# 55+ PROGRAMS



Montgomery Parks 55+ programs are designed with the growing population of older adults in mind. Try something new in one of our beautiful park locations.

Visit [MoCoParks.org/55andbetter](https://MoCoParks.org/55andbetter) for a complete list of programs.



## Never Grow Up: Playdates for 55+

Come out and play at Montgomery Parks! Spend time outdoors sipping coffee/tea, playing games, sharing stories and laughs with friends during a themed activity.

*Johnson's Local Park*

[Click to Register](#)

### Laugh yoga

Jun 21	Wed	10-11:30a	Free	Ages 55 and up	1 Class	<a href="#">PPACC0002-100004</a>
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### Benefits of Herbs

Jul 19	Wed	10-11:30a	Free	Ages 55 and up	1 Class	<a href="#">PPACC0002-100005</a>
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### Classic lawn games

Aug 23	Wed	10-11:30a	Free	Ages 55 and up	1 Class	<a href="#">PPACC0002-100006</a>
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## Explorers: Power of Nature

This program is designed to combine the physical and cognitive benefits of exercise with the calming and restorative power of nature. These walks are perfect for anyone looking to relieve physical and mental fatigue from sedentary living and a technological lifestyle. We incorporate breathing, reflection, vigorous walking, and periodic fitness movements to help you connect with your body and the natural environment. This program is suitable for all fitness levels. We recommend walking poles to assist with balance and posture and improve strength and endurance. Please note locations will vary and details will be emailed prior to each scheduled walk.

*Locations vary*

[Click to Register](#)

Jun 22 - July 27	Thu	9-11a	Free	Ages 55 and up	6 Classes	<a href="#">PPACC0007-200001</a>
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# *Brookside* GARDENS



**BROOKSIDE GARDENS**

1800 Glenallan Avenue | Wheaton, MD 20902

301-962-1400

[BrooksideGardens.org](https://BrooksideGardens.org)





## SPECIAL EVENTS

### Summer Twilight Concert Series

Join us each Tuesday evening in June for a series of musical performances set in the beauty of the Gardens! Admission is free, and no registration is required. Bring your friends and family, and don't forget your chairs, blankets, and picnics (allowed in the Gardens on concert evenings only). Food trucks will also be available for your dining pleasure.

#### *Brookside Gardens*

##### **Natty Beaux Swing Band / Swing**

Jun 6	Tue	6:30-8p	Free	All Ages	1 Class	No registration required
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##### **Sandra Dean Band / Classic Rock**

Jun 13	Tue	6:30-8p	Free	All Ages	1 Class	No registration required
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##### **Blue Funk Band / Funk**

Jun 20	Tue	6:30-8p	Free	All Ages	1 Class	No registration required
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##### **Son Horizonte / Salsa, Latin Jazz**

Jun 27	Tue	6:30-8p	Free	All Ages	1 Class	No registration required
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### Shakespeare In the Garden

Enjoy an outdoor production of the Tempest that's part pirate tale and part romantic comedy. A storm shipwrecks a colorful cast of characters on a faraway island where romance and revenge play center stage. Bring a picnic or enjoy the food trucks onsite. Recommended for ages 8 and up.

#### *Brookside Gardens*

##### **Shakespeare In the Garden: The Tempest**

Jul 9	Sun	6:30-8p	Free	All Ages	1 Class	No registration required
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## Afternoon Tea at McCrillis Gardens

Join us for a traditional English afternoon tea at McCrillis Gardens hidden in a quiet tree-lined neighborhood near the heart of Bethesda. McCrillis Gardens was named one of the 7 most insta-worthy gardens in the DC region by Washington Gardener Magazine. The gardens are best known for their remarkable collection of mature ornamental trees, shrubs and perennials that offer year-round color and texture. Enjoy a private tour of the gardens followed by an Afternoon tea in the Great Room at McCrillis House. Your taste buds will be tempted with a pot of your choice of tea, scones served with Devon creme and jam, up to four savory tea sandwiches, and a delectable assortment of desserts. Start a new tradition with family and friends!

### McCrillis Gardens

[Click to Register](#)

Jun 3	Sat	1-3:30p	\$50	Ages 13 and up	1 Class	<a href="#">PBG0021-200001</a>
Jun 4	Sun	1-3:30p	\$50	Ages 13 and up	1 Class	<a href="#">PBG0021-200002</a>

## HEALTH AND WELLNESS

### Tai Chi at Brookside Gardens

*Instructor: Charles Votaw*

**\*Note: No walk-ins will be accepted. Class size limited to 20 people.**

Tai Chi is an ancient, Chinese form of exercise perfect for adults seeking stress reduction while strengthening muscles, improving balance, and increasing flexibility. The Forms are repetitive patterns that emphasize slow, flowing motions and controlled movements. Classes will help beginners to learn the Forms while providing regular practitioners the guidance of an experienced instructor. FOBG: \$10

### Brookside Gardens

[Click to Register](#)

Jun 7	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0029-200001</a>
Jun 14	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0029-200002</a>
Jun 21	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0029-200003</a>
Jun 28	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0029-200004</a>
Jul 5	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0029-200005</a>
Jul 12	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0029-200006</a>
Jul 19	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0029-200007</a>
Jul 26	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0029-200008</a>
Aug 2	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0029-200009</a>
Aug 9	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0029-200010</a>
Aug 16	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0029-200011</a>

## Gentle Yoga at Brookside Gardens

*Instructor: Sherry Weber*

These series of classes feature foundational yoga poses that are designed to support better breathing, walking, and space orientation. Yoga movements help build muscle, bone density and core strength while improving balance, posture, and flexibility. Mats are not included. \*Note: No walk-ins will be accepted. Class size limited to 25 people. FOBG: \$10

### Brookside Gardens

[Click to Register](#)

Jun 1	Thu	10-11a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0030-200001</a>
Jun 8	Thu	10-11a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0030-200002</a>
Jun 15	Thu	10-11a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0030-200003</a>
Jun 22	Thu	10-11a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0030-200004</a>
Jun 29	Thu	10-11a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0030-200005</a>
Jul 6	Thu	10-11a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0030-200006</a>
Jul 13	Thu	10-11a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0030-200007</a>
Jul 20	Thu	10-11a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0030-200008</a>
Jul 27	Thu	10-11a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0030-200009</a>
Aug 3	Thu	10-11a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0030-200010</a>
Aug 10	Thu	10-11a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0030-200011</a>
Aug 17	Thu	10-11a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0030-200012</a>
Aug 24	Thu	10-11a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0030-200013</a>





## Yoga at Brookside Gardens

*Instructor: Tanory Ateek*

Enjoy yoga held in a peaceful setting under the cover of the Japanese Tea House. Designed to increase flexibility and physical strength and to cultivate mental focus, these classes are a beautiful and relaxing way to begin your weekend. Mats are not included. \*Note: No walk-ins will be accepted. Class size limited to 25 people. FOBG: \$10

*Brookside Gardens*

[Click to Register](#)

Jun 3	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0031-200001</a>
Jun 10	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0031-200002</a>
Jun 17	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0031-200003</a>
Jun 24	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0031-200004</a>
Jul 1	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0031-200005</a>
Jul 8	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0031-200006</a>
Jul 15	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0031-200007</a>
Jul 22	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0031-200008</a>
Jul 29	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0031-200009</a>
Aug 5	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0031-200010</a>
Aug 12	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0031-200011</a>
Aug 19	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0031-200012</a>

## Shinrin-yoku: The Art of Forest Bathing

*Instructor: Ana Ka'ahanui, certified Forest Therapy Guide*

Connect with nature through a forest bathing walk among the vivid colors and rich fragrances of summer blooms. Stroll the grounds and neighboring forest at a measured pace that allows you to notice the small miracles of nature unfolding. We'll close the walk by enjoying hot tea and healthy snacks. FOBG: \$27

*Brookside Gardens*

[Click to Register](#)

Jun 18	Sun	10a-12p	\$30	Ages 18 and up	1 Class	<a href="#">PBG0022-200001</a>
Jun 24	Sat	9:30-11:30a	\$30	Ages 18 and up	1 Class	<a href="#">PBG0022-200002</a>

## GARDEN TOURS AND DAY TRIPS

### Pollinator Meadow Tour

*Meet at the bottom of the stairs leading up to the Brookside Nature Center (1400 Glenallan Avenue, Wheaton, MD 20902)*

*Brookside Nature Center & Brookside Gardens staff*

Celebrate National Pollinator Week as we wander through an open meadow of beautiful perennials swarming with pollinators. Learn about mid-Atlantic native plants you can plant to help support beneficial insects while adding beauty. FOBG: \$8

*Brookside Gardens*

[Click to Register](#)

Jun 20	Tue	2-3:15p	\$10	Ages 18 and up	1 Class	<a href="#">PBG0043-200001</a>
Jun 22	Thu	10-11:15a	\$10	Ages 18 and up	1 Class	<a href="#">PBG0043-200002</a>

## HANDS ON WORKSHOPS

### Miniature Hostas

*Joan O'Rourke, Brookside Gardens volunteer*

These gems of the horticultural world are as diverse as they are charming. Though small in size, they offer an array of texture, shape, and color. Learn more about the many varieties available and how to care for them as you plant a container of your own. FOBG: \$50

*Brookside Gardens*

[Click to Register](#)

Jun 15	Thu	2-3:30p	\$55	Ages 18 and up	1 Class	<a href="#">PBG0092-200001</a>
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## SPEAKER SERIES

NOTE: These programs are offered virtually as live, online webinars through the Zoom platform with audience Q & A. After registering, a link will be emailed to you 24 hours prior to the live webinar. A recording of the lecture will be sent to registrants to access online for up to 30 days. Please ensure your Active Montgomery account is updated with your correct email address.

### Sustainable Gardening Practices

*Instructor: Jeanette Proudfoot, Brookside Gardens staff*

Sustainable gardening is one of the most effective ways to benefit not only the environment but our health as well. Learn practical strategies to reduce your lawn's footprint and convert it to a more ecofriendly garden. Topics covered include planting guidelines, soil health, organic amendments, and garden maintenance. We'll explore the drawbacks of traditional gardening methods and how ecological practices can save on resources, avoid harmful chemicals, and support local wildlife. FOBG: \$10

*Virtual*

[Click to Register](#)

Jun 17	Sat	10-11:30a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0045-200001</a>
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### How Native Plant Cultivars Affect Pollinators

*Instructor: Annie White, founder, Nectar Landscape Design Studio and adjunct professor, University of Vermont*

Annie will highlight her groundbreaking research on the disparity in ecological benefits between straight species native plants and cultivars that have been bred for enhanced bloom, color, or other characteristics. Learn how to navigate the growing availability of cultivars based on which one's best support pollinators and provide more nectar over a longer bloom time. FOBG: \$10

*Virtual*

[Click to Register](#)

Jun 24	Sat	10-11:30a	\$12	Ages 18 and up	1 Class	<a href="#">PBG0096-200001</a>
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### Common Garden Pests & Diseases

*Carol Allen, faculty member, Department of Plant Sciences, University of Maryland*

Pests and diseases can be significant concerns for home gardeners. Learn to recognize the symptoms of plant disease, the conditions that cause it, and when and how to apply organic and chemical measures. Distinguish between harmful and beneficial insects while exploring pest life cycles and applications of natural, biological, and chemical controls. FOBG: \$10

*Virtual*

[Click to Register](#)

Jul 15	Sat	10a-12p	\$12	Ages 18 and up	1 Class	<a href="#">PBG0097-200001</a>
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SPONSORED BY FRIENDS OF BROOKSIDE GARDENS

# SUMMER TWILIGHT CONCERT SERIES

**FREE!**

Dance the night away with this series of musical performances set in the beauty of the Gardens!

\* **Natty Beaux Swing Band** | Big Band / Swing  
Tuesday, June 6 | 6:30 – 8:00 pm

\* **Sandra Dean Band** | Classic Rock  
Tuesday, June 13 | 6:30 – 8:00 pm

\* **Blue Funk Band** | R&B / Pop / Rock  
Tuesday, June 20 | 6:30 – 8:00 pm

\* **Son Horizonte** | Latin Pop  
Tuesday, June 27 | 6:30 – 8:00 pm



Bring your friends and family, and don't forget your chairs, blankets, and picnics (allowed in the Gardens on concert evenings only). Food trucks will also be available for your dining pleasure. Admission is free, and no registration is required.



For more information,  
scan the QR code or go to  
**MoCoParks.org/**  
**TwilightConcerts**

## BROOKSIDE GARDENS

1800 Glenallan Avenue | Wheaton, MD 20902  
301-962-1400 | [BrooksideGardens.org](http://BrooksideGardens.org)



*Friends*  
BROOKSIDE GARDENS

*Brookside*  
GARDENS







Nature Programs



**BLACK HILL NATURE PROGRAMS**

20926 Lake Ridge Drive | Boyds, MD 20841

301-528-3493

[BlackHillNature.org](https://BlackHillNature.org)



## BOATING

### Lake Tour by Kayak

Want to watch wildlife or just enjoy a peaceful paddle? Then join us for a leisurely kayak tour of Little Seneca Lake. We could see beaver, herons, maybe even a bald eagle. We'll supply boats, paddles, and PFD's, but you can bring your own PFD (Type III or V) if you have one. And don't forget to bring water, sunscreen, and extra shoes to change into after. You can expect to get your feet wet and your clothes a bit damp. Basic paddling experience is necessary (this is not a lesson). Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required. FOBH \$29

*Black Hill Visitor Center*

[Click to Register](#)

Jun 5	Mon	6:30-8:30p	\$30	Ages 12 and up	1 Class	<a href="#">PBHVC0008-200001</a>
Jun 14	Wed	6:30-8:30p	\$30	Ages 12 and up	1 Class	<a href="#">PBHVC0008-200002</a>
Jun 18	Sun	8-10a	\$30	Ages 12 and up	1 Class	<a href="#">PBHVC0008-200003</a>
Jun 28	Wed	6:30-8:30p	\$30	Ages 12 and up	1 Class	<a href="#">PBHVC0008-200004</a>
Jul 11	Tue	6:30-8:30p	\$30	Ages 12 and up	1 Class	<a href="#">PBHVC0008-200005</a>
Jul 16	Sun	10:30a-12:30p	\$30	Ages 12 and up	1 Class	<a href="#">PBHVC0008-200006</a>
Jul 19	Wed	6:30-8:30p	\$30	Ages 12 and up	1 Class	<a href="#">PBHVC0008-200007</a>
Aug 13	Sun	8-10a	\$30	Ages 12 and up	1 Class	<a href="#">PBHVC0008-200008</a>
Aug 16	Wed	6-8p	\$30	Ages 12 and up	1 Class	<a href="#">PBHVC0008-200009</a>
Aug 30	Wed	6-8p	\$30	Ages 12 and up	1 Class	<a href="#">PBHVC0008-200010</a>

### History of Boyds Kayak Tour

Join us and the Historical Society of Boyds to take a kayak tour back in history. We'll paddle the lake, visiting spots to learn the history of the area from local experts. We'll also take some time to see what creatures are stirring around the lake. We'll supply boats, paddles, and PFD's, but you can bring your own PFD (Type III or V) if you have one. And don't forget to bring water, sunscreen, and extra shoes to change into after. You can expect to get your feet wet and your clothes a bit damp. Basic paddling experience is necessary (this is not a lesson). Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required. FOBH \$29

*Black Hill Visitor Center*

[Click to Register](#)

Jul 7	Fri	6:30p-8:30p	\$30	Ages 14 and up	1 Class	<a href="#">PBHVC0008-200011</a>
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## 55+ Lake Tour by Kayak

Want to watch wildlife or just enjoy a peaceful paddle? Then join us for a leisurely kayak tour of Little Seneca Lake. We could see beaver, herons, maybe even a bald eagle. We'll supply boats, paddles, and PFD's. Adaptive equipment will be available to assist participants in getting in and out of the kayak. Please wear a hat, water sandals or shoes (no flip-flops, please) and bring water and sunscreen. You can expect to get your feet wet and your clothes a bit damp. Basic paddling experience is necessary (this is not a lesson). Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required. FOBH \$29

*Black Hill Visitor Center*

[Click to Register](#)

Jun 18	Sun	10:30a-12:30p	\$30	Ages 55 and up	1 Class	<a href="#">PBHVC0008-200012</a>
Jul 16	Sun	8-10a	\$30	Ages 55 and up	1 Class	<a href="#">PBHVC0008-200013</a>
Aug 13	Sun	10:30a-12:30p	\$30	Ages 55 and up	1 Class	<a href="#">PBHVC0008-200014</a>

## Beginning Recreational Kayaking

Kayaking is even more fun than it looks! Come learn how to paddle on flat water in recreational solo kayaks on Little Seneca Lake. Learn basic strokes, entries and exits, boat control, and more, taught by certified American Canoe Association instructors. We won't roll, but you'll get wet, so dress accordingly. All necessary equipment provided but if you have your own PFD (Type III or V), you can bring it along. Please wear a hat, water sandals or shoes (no flip-flops, please) and bring water and sunscreen. You must be able to swim. Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required.

*Black Hill Visitor Center*

[Click to Register](#)

Jun 7	Wed	6:30-8:30p	\$60	Ages 12 and up	1 Class	<a href="#">PBHVC0030-200001</a>
Jun 11	Sun	8-10a	\$60	Ages 12 and up	1 Class	<a href="#">PBHVC0030-200002</a>
Jul 9	Sun	10:30-12:30p	\$60	Ages 12 and up	1 Class	<a href="#">PBHVC0030-200003</a>
Jul 12	Wed	6:30-8:30p	\$60	Ages 12 and up	1 Class	<a href="#">PBHVC0030-200004</a>

## Beginning Recreational Kayaking for Older Adults

Kayaking is even more fun than it looks (plus it has numerous health and physical benefits)! Come learn how to paddle on flat water in recreational solo kayaks on Little Seneca Lake. Learn basic strokes, entries and exits, boat control, and more, taught by certified American Canoe Association instructors. You may get wet, so dress accordingly. All necessary equipment provided and adaptive equipment will be available for those needing assistance getting in and out of the kayak. Please wear a hat, water sandals or shoes (no flip-flops, please) and bring water and sunscreen. You must be able to swim. Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required.

*Black Hill Visitor Center*

[Click to Register](#)

Jun 11	Wed	10:30a-12:30p	\$55	Ages 55 and up	1 Class	<a href="#">PBHVC0030-200007</a>
Jul 9	Sun	8-10a	\$55	Ages 55 and up	1 Class	<a href="#">PBHVC0030-200008</a>
Aug 9	Sun	6-8p	\$55	Ages 55 and up	1 Class	<a href="#">PBHVC0030-200009</a>

## FISHING

### Family Fishing Fun!

Fishing is fun for the whole family and for all abilities! We'll show you how to set up a simple bobber rig, bait your hook, and give you some tips on casting. We'll provide the bait and rigging supplies; you just need to catch the fish! We have fishing poles you can borrow, but if you have your own bring it along. Anglers of all abilities are welcome. All registrants 16 and over must have a current MD fishing license. Meet at the pontoon boat dock by the boat rentals. Registration required. Please register only those planning to fish. FOBH \$11

*Black Hill Visitor Center*

[Click to Register](#)

Jun 10	Sat	9-11a	\$12	Ages 3 and up	1 Class	<a href="#">PBHVC0003-200001</a>
Jun 23	Fri	9-11a	\$12	Ages 3 and up	1 Class	<a href="#">PBHVC0003-200002</a>
Jun 25	Sun	9-11a	\$12	Ages 3 and up	1 Class	<a href="#">PBHVC0003-200003</a>
Aug 3	Thu	9-11a	\$12	Ages 3 and up	1 Class	<a href="#">PBHVC0003-200004</a>
Aug 22	Tue	6-8p	\$12	Ages 3 and up	1 Class	<a href="#">PBHVC0003-200005</a>
Aug 26	Sat	9-11a	\$12	Ages 3 and up	1 Class	<a href="#">PBHVC0003-200006</a>



## Fishing with the Li'l Ones

Let's go fishin'! We'll provide poles and bait, then see what we can catch off the dock at Little Seneca Lake. Meet at the pontoon boat dock by the boat rentals. Registration required. FOBH \$6

*Black Hill Visitor Center*

[Click to Register](#)

Jun 9	Fri	9-10:30a	\$7	Ages 3 to 6	1 Class	<a href="#">PBHVC0004-200001</a>
Jun 29	Thu	9-10:30a	\$7	Ages 3 to 6	1 Class	<a href="#">PBHVC0004-200002</a>
Aug 17	Thu	9-10:30a	\$7	Ages 3 to 6	1 Class	<a href="#">PBHVC0004-200003</a>
Aug 24	Thu	9-10:30a	\$7	Ages 3 to 6	1 Class	<a href="#">PBHVC0004-200004</a>

## SPECIAL EVENTS

### Storytelling by the Lake: Adam Booth

Come join award winning storyteller Adam Booth as he tells original stories that blend traditional mountain folklore, music, and an awareness of contemporary Appalachia. There's nothing like a great story on a lovely afternoon, in a cozy and beautiful location.

*Black Hill Visitor Center*

[Click to Register](#)

Aug 23	Wed	4-5p	Free	All Ages	1 Class	<a href="#">PBHVC0069-200001</a>
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## HEALTH AND WELLNESS

### Outdoor Kids Yoga

Nature and yoga provide essential therapeutic benefits to children of all ages. Join a certified Child Light yoga instructor and explore varying themes in nature that will help children become more at ease in their world. Class takes place outside next to the Visitor Center. Accompanying adult is free. FOBH \$5

*Black Hill Visitor Center*

[Click to Register](#)

Jul 26	Wed	10-11a	\$6	Ages 2 to 6	1 Class	<a href="#">PBHVC0045-200001</a>
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### Outdoor Kids Yoga at Clarkmont Park

Nature and yoga provide essential therapeutic benefits to children of all ages. Join a certified Child Light yoga instructor and explore varying themes in nature that will help children become more at ease in their world. The class takes place at the picnic shelter in Clarkmont Park, 13905 Stilt St, Boyds, MD 20841. Accompanying adult is free. FOBH \$5

*Clarkmont Park*

[Click to Register](#)

Aug 15	Tue	10-11a	\$6	Ages 2 to 6	1 Class	<a href="#">PBHVC0045-200002</a>
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## HIKES, SCAVENGER HUNTS & CAMPFIRES

### Play Day in the Park

Toddlers of all abilities are invited to explore the exciting natural world around the Visitor Center. Families will explore at their own pace using nature play prompts that will remain out for the duration of the program. Visit the front entrance of the Visitor Center to begin your journey through our most accessible areas of the park which are stroller friendly, with shaded areas and locations to rest. All ages are welcome but prompts and materials are geared towards children aged one to three. Registration required.

*Black Hill Visitor Center*

[Click to Register](#)

Jun 1	Thu	11a-12p	Free	Ages 6 mos to 3 yrs	1 Class	<a href="#">PBHVC0012-200001</a>
Jul 21	Fri	11a-12p	Free	Ages 6 mos to 3 yrs	1 Class	<a href="#">PBHVC0012-200002</a>
Aug 25	Fri	11a-12p	Free	Ages 6 mos to 3 yrs	1 Class	<a href="#">PBHVC0012-200003</a>

### Babes in a Backpack

Let's go outside and hike to improve fitness, play in nature, and experience the great outdoors as a family. You will meet a naturalist at the meet up spot and set out on a trail that will have nature play and fun learning prompts along the way. These hikes are designed for adults with young children. Most trails are not stroller accessible, so you'll need a backpack or carrier for younger kids and non-walkers. Please register everyone attending no later than 24 hours before the hike so we can email you with the hike's location and other important information.

*Black Hill Visitor Center*

[Click to Register](#)

Jun 5	Mon	10a-12p	Free	All Ages	1 Class	<a href="#">PBHVC0051-200001</a>
Jul 7	Fri	10a-12p	Free	All Ages	1 Class	<a href="#">PBHVC0051-200002</a>
Aug 29	Tue	10a-12p	Free	All Ages	1 Class	<a href="#">PBHVC0051-200003</a>

### Campfires at Black Hill

There is nothing like being at a campfire under the stars. Join a naturalist for themed songs, stories, games, and of course, s'mores around a fire. Bring a blanket if it's chilly. Meet at the campfire area by Shelter F on Parking Lot 3, in Black Hill Regional Park. Registration required for all attending. FOBH \$5

*Black Hill Visitor Center*

[Click to Register](#)

Jun 10	Sat	7:30-8:30p	\$6	Ages 1 and up	1 Class	<a href="#">PBHVC0002-200001</a>
Jul 22	Sat	7:30-8:30p	\$6	Ages 1 and up	1 Class	<a href="#">PBHVC0002-200002</a>
Aug 19	Sat	7-8p	\$6	Ages 1 and up	1 Class	<a href="#">PBHVC0002-200003</a>



## Sprinklers, Bubbles & Rainbows!

Come play in our backyard! Dance and run through sprinklers. Make bubbles with giant bubble wands. Splash in water play stations designed for the littlest of revelers. This is what summer is all about! Bring sunscreen, a towel and a change of clothes.

*Black Hill Visitor Center*

[Click to Register](#)

Jun 24	Sat	1-4p	Free	All Ages	1 Class	<a href="#">PBHVC0046-200001</a>
Jul 15	Sat	1-4p	Free	All Ages	1 Class	<a href="#">PBHVC0046-200002</a>

## Stream Adventures

What lives in a stream? Wade into the water and use nets to see what insects, fish, frogs, and other animals we can find. Please wear boots or closed-toe shoes that you don't mind getting wet (no flip-flops, please!). All children must be accompanied by an adult. Meet at the gravel Boat Launch parking lot on Black Hill Road. Registration required. FOBH \$6

*Black Hill Visitor Center*

[Click to Register](#)

Jun 27	Tue	1:30-3p	\$7	Ages 2 to 12	1 Class	<a href="#">PBHVC0026-200001</a>
Jul 25	Tue	1:30-3p	\$7	Ages 2 to 12	1 Class	<a href="#">PBHVC0026-200002</a>



## Bug Hunt

Come get your bug on, hunting for insects of all shapes, sizes, and colors in the meadow. Bring your catch back to the naturalist to help identify and learn more about what you found. Be sure to wear sunscreen, a hat, and bring along some water to drink. Nets and other equipment provided. Drop by anytime during program hours. Accompanying adults are free.

*Black Hill Visitor Center*

[Click to Register](#)

Jul 1	Sat	1-4p	\$7	Ages 6 and up	1 Class	<a href="#">PBHVC0079-200001</a>
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## Firefly Search & Night Hike

Join a naturalist for a night hike and firefly search at Black Hill Regional Park. Bring your bug boxes for catching these awesome insects. Meet at the Visitor Center for a brief talk, and then we'll head out into the twilight. FOBH \$6

*Black Hill Visitor Center*

[Click to Register](#)

Jul 5	Wed	8:30-10p	\$7	Ages 2 to 12	1 Class	<a href="#">PBHVC0078-200001</a>
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## Something Awesome!

Nature is awesome, cool, and super-fun! We'll celebrate the nature around us with awesome family activities. Let your curiosity guide you with this self-led program. Pick up materials at the Visitor Center and let the adventures begin!

*Black Hill Visitor Center*

[Click to Register](#)

Jul 8	Sat	1-4p	Free	All Ages	1 Class	<a href="#">PBHVC0028-200001</a>
Jul 23	Sun	1:30-4:30p	Free	All Ages	1 Class	<a href="#">PBHVC0028-200002</a>
Jul 29	Sat	12-4p	Free	All Ages	1 Class	<a href="#">PBHVC0028-200003</a>
Aug 20	Sun	1:30-4:30p	Free	All Ages	1 Class	<a href="#">PBHVC0028-200004</a>

## Moth Night

Are you interested in observing the nocturnal insects that call Black Hill home? Join us in getting to know Black Hill's wildlife by going mothing! Mothing is using a light to attract various moth species to a white sheet for closer observation and identification. Please dress and prepare for walking in the dark. Headlamps and chairs are recommended. Meet at the gravel Boat Launch parking lot on Black Hill Road. Registration is required but drop in anytime during the program hours and come and go as you please! FOBH \$13

*Black Hill Visitor Center*

[Click to Register](#)

Jul 15	Sat	11p-2a	\$14	Ages 12 and up	1 Class	<a href="#">PBHVC0076-200001</a>
Aug 5	Sat	11p-2a	\$14	Ages 12 and up	1 Class	<a href="#">PBHVC0076-200002</a>



## Play Day at Clarkmont Park

Toddlers of all abilities are invited to explore nature in our Urban Parks. Families will explore at their own pace using nature play prompts and materials to help you explore the exciting natural world around the urban park with your toddler. Siblings are welcome, too. Join us at 13905 Stilt St, Boyds, MD 20841.

*Clarkmont Local Park*

[Click to Register](#)

Jul 27	Thu	11a-12p	Free	Ages 6 mos to 3 yrs	1 Class	<a href="#">PBHVC0058-200001</a>
Aug 31	Thu	11a-12p	Free	Ages 6 mos to 3 yrs	1 Class	<a href="#">PBHVC0058-200002</a>

## Nature Hunt

Let's take "I Spy" to the next level in the great outdoors. Drop by the Visitor Center, pick up a scavenger hunt sheet, get some helpful hints, and head out on a hunt for natural treasures! When you've finished, come back to the Visitor Center to get a prize. Drop by anytime during program hours!

*Black Hill Visitor Center*

[Click to Register](#)

Aug 12	Sat	1-4p	Free	All Ages	1 Class	<a href="#">PBHVC0011-200001</a>
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## Fun with Furs

Have you ever wondered what the animals in your backyard felt like? Have a chance to see and feel animal furs up close with a naturalist. Learn the anatomy of deer and other wildlife up close with hands-on examples. Stop by anytime during program hours.

*Black Hill Visitor Center*

[Click to Register](#)

Aug 26	Sat	1-4p	Free	All Ages	1 Class	<a href="#">PBHVC0077-200001</a>
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## TRIPS AND TOURS

### Black Hill Van Trips: Chanticleer Garden

Travel by van to a unique 35-acre pleasure garden near Philadelphia, featuring courtyards of tropical, perennial, and container plantings, water gardens, fountains, and ponds. Also featured are vegetable and woodland gardens, as well as The Ruin garden, among others. We will walk on trails of various surfaces, some being uneven and hilly. Bring a bagged lunch, water, comfortable shoes, binoculars, and sunscreen. Also bring money for quick supper stop on the way home. FOBH \$58

*Black Hill Visitor Center*

[Click to Register](#)

Aug 23	Wed	9a-8p	\$60	Ages 18 and up	1 Class	<a href="#">PBHVC0057-200001</a>
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MONTGOMERY PARKS

# MUDFEST

**JUNE 17, 2023 | 11AM-3PM**

**\$20 / Car**

**Get down and dirty, jumping, slipping, and sliding in giant mud pits! Cook up a mud pie, make mud art, and play games! This muddy fun will be great for the whole family.**

*\*This is a rain or shine event!*

*\*Severe Weather Date of June 18.*

**SAVE  
THE  
DATE**

## **WOODSTOCK EQUESTRIAN PARK**

20207 Darnestown Road | Beallsville, MD 20842

301-528-3480 | [BlackHillNature.org](https://BlackHillNature.org)

f t i #MoCoMudFest



Nature Programs







**BROOKSIDE NATURE CENTER**

1400 Glenallan Ave | Wheaton, MD 20902  
301-962-1480  
[BrooksideNature.org](https://www.BrooksideNature.org)



## ART & CRAFTING

### Inspired by Nature: Collage

Use twigs, leaves, buds, flowers and other natural materials to create a nature-inspired collage. We'll gather materials and use them to create a lasting piece of art to display at home. All attendees must register.

*Brookside Nature Center*

[Click to Register](#)

Aug 5	Sat	10a-11:30a	\$25	Ages 18 and up	1 Class	<a href="#">PBNC0039-200001</a>
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## HIKES, SCAVENGER HUNTS & CAMPFIRES

### Family Fire Night

Join a Park Naturalist for a nighttime campfire. Bring your favorite campfire snack for roasting and meet friends and neighbors around the fire. Adults and children must register.

*Brookside Nature Center*

[Click to Register](#)

Aug 11	Fri	6:30 - 8:30pm	\$7	Ages 6 and up	1 Class	<a href="#">PBNC0070-200001</a>
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### Treasure Hunting in Wheaton Regional Park

Geocaching is a fun way to get outside and explore. With the help of a Park Naturalist, participants will hike Wheaton Regional Park looking for and finding caches. Make sure to dress for the weather and for natural surface trail conditions. Bring your cellular phone, water bottle and trail snacks. Adults and children must register.

*Brookside Nature Center*

[Click to Register](#)

Aug 12	Sat	10a-12p	\$7	Ages 8 and up	1 Class	<a href="#">PBNC0041-200001</a>
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### Park In The Dark

Who's out and about in Wheaton Regional Park once the sun sets? Join us for an evening experience to find out! Please note that each month focuses on a different theme. We'll explore the park in the dark on a gentle hike best for ages five and up. Adults and children must register.

*Brookside Nature Center*

[Click to Register](#)

#### Fireflies

Jun 2	Fri	8p-9p	\$7	Ages 5 and up	1 Class	<a href="#">PBNC0051-200001</a>
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#### Maryland Moths

Jul 14	Fri	8:30 - 9:30p	\$7	Ages 5 and up	1 Class	<a href="#">PBNC0051-200002</a>
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#### Bats

Aug 25	Fri	7:30 - 8:30p	\$7	Ages 5 and up	1 Class	<a href="#">PBNC0051-200003</a>
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## LIFE LONG LEARNERS

### Retirees in Service to the Environment - RISE Series - **PROGRAM CANCELED**

Want to learn more about the larger environmental issues of today? Looking for a way to make an impact in your community? Would you like to do both along with a group of other motivated long life learners? Then join us at Locust Grove and Brookside Nature Centers for the RISE program- Retirees In Service to the Environment. You can join us for viewing lectures on each topic from nationally recognized scientific speakers to learn about a different topic each week, then be part of a project to use your new knowledge to address local issues. The in-person viewing parties at the Nature Centers will provide tea, a large screen TV with high speed internet connection for viewing, and a Naturalist to facilitate discussion and answer additional questions each week.

This environmental education program was developed the Cornell University Institute for Translational Research on Aging and is being implemented nationally in partnership with Mather: Ways to Age Well, and the Village to Village Network. Please register here to receive both registration for the viewing parties at the Nature Centers and the RISE program as a whole. FREE

**Week 1:** @Locust Grove Nature Center 6/24, 9-11:30am: Intro Workshop- welcome to the program, leadership, communication, scientific research literacy

**Week 2:** @Brookside Nature Center 7/1, 9-11:30am: climate change overview

**Week 3:** @Locust Grove Nature Center 7/8, 9-11:30am: climate change taking action

**Week 4:** @Brookside Nature Center 7/15, 9-11:30am: water quality

**Week 5:** @Locust Grove Nature Center 7/22, 9-11:30am: waste management/composting

**Week 6:** @Brookside Nature Center 7/29, 9-11:30am: energy use/ alternative energy

**Week 7:** @Locust Grove Nature Center 8/5, 9-11:30am: health and environment

**Week 8:** @Locust Grove Nature Center 8/12, 9-11:30am: Capstone Project planning

*Brookside Nature Center and Locust Grove Nature Center*

[Click to Register](#)

Jun 24 - Aug 12	Sat	9 - 11:30 a	Free	Ages 55 and up	8 Classes	<a href="#">PBNC0071-200001</a>
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## NATURE, OUTDOOR EXPLORATION AND SKILLS

### Feed me! Feed me!

What's a toad's favorite food? Join us to find out what turtles love to nibble or what a wiggly worm has for a snack! Feeding time at the nature center is limited to just 10 people, so sign up to reserve a seat for this free program. All attendees must register.

#### Brookside Nature Center

[Click to Register](#)

Jun 4	Sun	3:30 - 3:45p	Free	Ages 6 and up	1 Class	<a href="#">PBNC004-200001</a>
Jun 11	Sun	3:30 - 3:45p	Free	Ages 6 and up	1 Class	<a href="#">PBNC004-200002</a>
Jun 18	Sun	3:30 - 3:45p	Free	Ages 6 and up	1 Class	<a href="#">PBNC004-200003</a>
Jul 2	Sun	3:30 - 3:45p	Free	Ages 6 and up	1 Class	<a href="#">PBNC004 -200004</a>
Jul 9	Sun	3:30 - 3:45p	Free	Ages 6 and up	1 Class	<a href="#">PBNC004- 200005</a>
Jul 16	Sun	3:30 - 3:45p	Free	Ages 6 and up	1 Class	<a href="#">PBNC004- 200006</a>
Jul 23	Sun	3:30 - 3:45p	Free	Ages 6 and up	1 Class	<a href="#">PBNC004- 200007</a>
Jul 30	Sun	3:30 - 3:45p	Free	Ages 6 and up	1 Class	<a href="#">PBNC004-200008</a>
Aug 6	Sun	3:30 - 3:45p	Free	Ages 6 and up	1 Class	<a href="#">PBNC004- 200009</a>
Aug 13	Sun	3:30 - 3:45p	Free	Ages 6 and up	1 Class	<a href="#">PBNC004 -200010</a>
Aug 20	Sun	3:30 - 3:45p	Free	Ages 6 and up	1 Class	<a href="#">PBNC004 -200011</a>
Aug 27	Sun	3:30 - 3:45p	Free	Ages 6 and up	1 Class	<a href="#">PBNC004 -200012</a>





## Morning at the Stream

What better way to cool off on a hot summer day than to spend some time at the stream? Bring your water shoes and we'll bring the buckets, nets, and other equipment needed to explore and have fun at the stream! Register each child. A guardian must attend.

*Brookside Nature Center*

[Click to Register](#)

Jul 8	Sat	10:30a-12p	\$7	Ages 3 to 11	1 Class	<a href="#">PBNC0069-200001</a>
Aug 19	Sat	10:30a-12p	\$7	Ages 3 to 11	1 Class	<a href="#">PBNC0069-200002</a>

## MULTI-LINGUAL

### Charla de Tortuga

CELEBRANDO LA SEMANA DE CONSERVACIÓN LATINA: ¡Visite a nuestras tortugas embajadoras! Observe a nuestras tortugas de caja estirar las patas y luego aprende sobre su comportamiento, los retos de la conservación y las características físicas que las convierten en reptiles tan fascinantes. Adultos y niños deben inscribirse.

*Brookside Nature Center*

[Click to Register](#)

Jul 15	10:30a-11a	Free	All Ages	1 Class	<a href="#">PBNC0068-20001</a>
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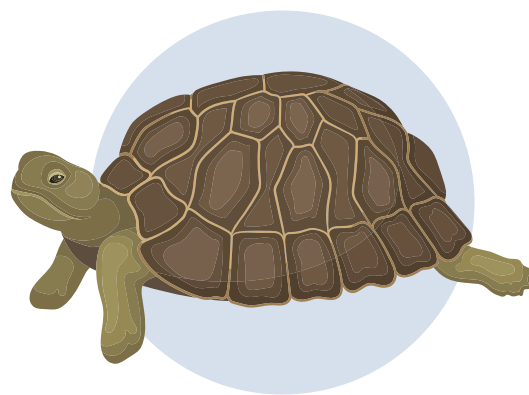


# Drop-in Summer Programs

**Free | No Registration Required**

## Turtle Talk

Visit our turtle ambassadors in their outdoor enrichment enclosure. Watch our Eastern box turtles stretch their legs and then learn about their behavior, conservation challenges and the physical features that make them such fascinating reptiles. Rain cancels program.



**Saturdays | 1:30pm to 2pm**

June 10; July 1, 8, 15, 22, 29; August 5, 12, 19, 26

## Honeybee 101

Join a member of the Montgomery County Beekeepers Association to learn all about honeybees. What makes honeybees unique? What are they doing at this time of year? What does a beekeeper do to care for the hive? And what can you do to support all kinds of bees at home? Meet at the indoor honeybee hive.



**Sundays | 1:30pm to 2pm**

June 4, 11, 18; July 2, 9, 16, 23, 30; August 6, 13, 20, 27

**BROOKSIDE NATURE CENTER**

1400 Glenallan Ave. | Wheaton, Maryland 20902

301-962-1480 | [BrooksideNature.org](http://BrooksideNature.org)







**LOCUST GROVE NATURE CENTER**

7777 Democracy Blvd | Bethesda, MD 20817

301-765-8660

[LocustGroveNature.org](https://LocustGroveNature.org)

## ART & CRAFTING

### Create Your Own Stepping Stone

Join a naturalist as you learn to make your very own artistic stepping stone. During these programs you will have a chance to make your own stepping stones to take home. We will provide the materials- all you need to do is create. We will also be offering time slots for those 21 and older who wish to enjoy a wine and cheeseboard while creating their stepping stone. Please register for a time slot to start, and register per person who wishes to make a stone (fee covers program and materials). Each child must have an adult remain with them for the program as they will need assistance, but adults can also register if you would like to make a stone.

*Locust Grove Nature Center*

[Click to Register](#)

#### Mosaic

Jun 11	Sun	2-2:30p	\$15	Ages 5 and up	1 Class	<a href="#">PLGNC0025-200001</a>
Jun 11	Sun	2:30-3p	\$15	Ages 5 and up	1 Class	<a href="#">PLGNC0025-200002</a>
Jun 11	Sun	3-3:30p	\$15	Ages 5 and up	1 Class	<a href="#">PLGNC0025-200003</a>
Jun 11	Sun	3:30-4p	\$15	Ages 5 and up	1 Class	<a href="#">PLGNC0025-200004</a>

#### Create Your Own Stepping Stone-Mosaic and Sip

Jun 11	Sun	6:30-7p	\$25	Ages 21 and up	1 Class	<a href="#">PLGNC0025-200005</a>
Jun 11	Sun	7-7:30p	\$25	Ages 21 and up	1 Class	<a href="#">PLGNC0025-200006</a>
Jun 11	Sun	7:30-8p	\$25	Ages 21 and up	1 Class	<a href="#">PLGNC0025-200007</a>

#### Paint

Jul 9	Sun	2-2:30p	\$15	Ages 5 and up	1 Class	<a href="#">PLGNC0025-200008</a>
Jul 9	Sun	2:30-3p	\$15	Ages 5 and up	1 Class	<a href="#">PLGNC0025-200009</a>
Jul 9	Sun	3-3:30p	\$15	Ages 5 and up	1 Class	<a href="#">PLGNC0025-200010</a>
Jul 9	Sun	3:30-4p	\$15	Ages 5 and up	1 Class	<a href="#">PLGNC0025-200011</a>

#### Paint and Sip

Jul 9	Sun	6:30-7p	\$25	Ages 21 and up	1 Class	<a href="#">PLGNC0025-200012</a>
Jul 9	Sun	7-7:30p	\$25	Ages 21 and up	1 Class	<a href="#">PLGNC0025-200013</a>
Jul 9	Sun	7:30-8p	\$25	Ages 21 and up	1 1 Class	<a href="#">PLGNC0025-200014</a>

#### Mosaic

Aug 20	Sun	2-2:30p	\$15	Ages 5 and up	1 Class	<a href="#">PLGNC0025-200015</a>
Aug 20	Sun	2:30-3p	\$15	Ages 5 and up	1 Class	<a href="#">PLGNC0025-200016</a>
Aug 20	Sun	3-3:30p	\$15	Ages 5 and up	1 Class	<a href="#">PLGNC0025-200017</a>
Aug 20	Sun	3:30-4p	\$15	Ages 5 and up	1 Class	<a href="#">PLGNC0025-200018</a>



## Create Your Own Stepping Stone (continued)

*Locust Grove Nature Center*

[Click to Register](#)

### Mosaic and Sip

Aug 20	Sun	6:30-7p	\$25	Ages 21 and up	1 Class	<a href="#">PLGNC0025-200019</a>
Aug 20	Sun	7-7:30p	\$25	Ages 21 and up	1 Class	<a href="#">PLGNC0025-200020</a>
Aug 20	Sun	7:30-8p	\$25	Ages 21 and up	1 Class	<a href="#">PLGNC0025-200021</a>

## HIKES, SCAVENGER HUNTS & CAMPFIRES

### Full Moon Fridays

Join us for the magic of the full moon for a hike and campfire on each Friday nearest the full moon. Feel free to bring your own hot dogs or food to warm over the fire, and we'll provide marshmallows. Please register and pay for adults and children.

*Locust Grove Nature Center*

[Click to Register](#)

Jun 2	Fri	6:30-8p	\$8	Ages 5 and up	1 Class	<a href="#">PLGNC0001-200001</a>
Jul 7	Fri	6:30-8p	\$8	Ages 5 and up	1 Class	<a href="#">PLGNC0001-200002</a>
Aug 4	Fri	6:30-8p	\$8	Ages 5 and up	1 Class	<a href="#">PLGNC0001-200003</a>

### Summer Solstice Guided Labyrinth Walk & Campfire

Come enjoy the start of summer at Locust Grove Nature Center. Find your inner peace as you walk amongst nature in our labyrinth. As you enjoy the warmth of the fire, you will have the opportunity to create your own music with our selection of natural instruments, and roast your own marshmallow. Appropriate for both adults and children. Registration is required, please register both children and adults. Fee is \$6.

*Locust Grove Nature Center*

[Click to Register](#)

Jun 21	Wed	6:30-8pm	\$6	6 and up	1 Class	<a href="#">PLGNC0012-200001</a>
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## Hike & Seek Orienteering

Looking for a little adventure? Follow the clues and work together with your family to solve a new nature-themed puzzle each month in Hike and Seek. To help us space traffic on the trails, please register your group by selecting a starting time. This month, we're hiding little caches around the park for you to find. The free mobile app will lead you to these hidden places. Register by Friday, August 11, to schedule your time slot and to receive a prize for completing the hunt. We cannot accept drop-ins on the day of the program. Natural surface trails are not stroller accessible. Severe weather cancels the program. \$3 per person. Please register both adults and children over the age of 2.

*Locust Grove Nature Center*

[Click to Register](#)

Aug 13	Sun	1-1:30p	\$3	All Ages	1 Class	<a href="#">PLGNC0045-200001</a>
Aug 13	Sun	1:15-1:45pm	\$3	All Ages	1 Class	<a href="#">PLGNC0045-200002</a>
Aug 13	Sun	1:30-2pm	\$3	All Ages	1 Class	<a href="#">PLGNC0045-200003</a>
Aug 13	Sun	1:45-2:15pm	\$3	All Ages	1 Class	<a href="#">PLGNC0045-200004</a>
Aug 13	Sun	2-2:30pm	\$3	All Ages	1 Class	<a href="#">PLGNC0045-200005</a>
Aug 13	Sun	2:15-2:45pm	\$3	All Ages	1 Class	<a href="#">PLGNC0045-200006</a>
Aug 13	Sun	2:30-3pm	\$3	All Ages	1 Class	<a href="#">PLGNC0045-200007</a>
Aug 13	Sun	2:45-3:15pm	\$3	All Ages	1 Class	<a href="#">PLGNC0045-200008</a>
Aug 13	Sun	3-3:30pm	\$3	All Ages	1 Class	<a href="#">PLGNC0045-200009</a>
Aug 13	Sun	3:15-3:45pm	\$3	All Ages	1 Class	<a href="#">PLGNC0045-200010</a>
Aug 13	Sun	3:30-4pm	\$3	All Ages	1 Class	<a href="#">PLGNC0045-200011</a>

## NATURE, OUTDOOR EXPLORATION, AND SKILLS

### Birding for All

Birding is for anyone with a passion for nature. Join us for an afternoon of birding at Locust Grove Nature Center. We will start off the program with a brief introduction to birding, along with helpful birding tips. Then for those who wish to practice their birding tips, can join a naturalist on a guided walk on our trails. Another naturalist will also remain at the bird feeders with those who wish to remain on our back deck. Binoculars are recommended, however we will provide binoculars if needed. This program celebrates Pride Month by providing a safe and welcoming learning environment for all participants who would like to join, especially for members of the LGBTQIA+ community, BIPOC identities, and accessibility communities.

*Locust Grove Nature Center*

[Click to Register](#)

Jun 10	Sat	4:30-6p	Free	Ages 18 and up	1 Class	<a href="#">PLGNC0044-200001</a>
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## Morning Tweets and Tea

Do you have an interest in birding? Then join us for a morning of bird watching at Cabin John Regional Park. Bring a thermos of your favorite breakfast beverage to enjoy as you learn beginner birding techniques. Bring your own pair of binoculars or borrow a pair from the nature center, we will show you how to use them. Registration is required for this program.

[Locust Grove Nature Center](#)

[Click to Register](#)

Jun 17	Sat	9-10am	Free	Ages 18 and up	1 Class	<a href="#">PLGNC0024-200001</a>
Jul 29	Sat	9-10am	Free	Ages 18 and up	1 Class	<a href="#">PLGNC0024-200002</a>
Aug 19	Sat	9-10am	Free	Ages 18 and up	1 Class	<a href="#">PLGNC0024-200003</a>





**MAYDALE NATURE CLASSROOM**

1638 Maydale Drive | Colesville, MD 20905

301-962-1496

[MaydaleNature.org](https://www.MaydaleNature.org)



## HIKES, SCAVENGER HUNTS & CAMPFIRES

### Maydale Campfires

Enjoy a summer evening around the campfire with your family while taking in the sights and sounds of nature. Each campfire is unique with its own theme. Register for one or the entire series.

[Maydale Nature Classroom](#)

[Click to Register](#)

#### Campfire Cookout: Fire and Ice

Jul 20	Thu	6-7p	\$6	Ages 3 and up	1 Class	<a href="#">PMAY0017-200001</a>
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#### Campfire Cookout: S'mores Galore

Aug 3	Thu	6-7p	\$6	Ages 3 and up	1 Class	<a href="#">PMAY0017-200002</a>
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### Maydale Hikes and Scavenger Hunts

Explore the great outdoors with a naturalist-led hike. Whether you are looking for a family-friendly hike around Maydale, or want to learn about nocturnal animals during a night hike, or enjoy a scavenger hunt with your family there is a hike for you.

[Maydale Nature Classroom](#)

[Click to Register](#)

#### End of Summer Night Hike

Aug 26	Sat	8:30-9:30p	\$6	Ages 6 and up	1 Class	<a href="#">PMAY0006-200001</a>
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## NATURE, OUTDOOR EXPLORATION, AND SKILLS

### Creek Critter Search

Wade in the water to see what's wimming, diving, and living in the creek. Adults and children should wear shoes you don't mind getting wet (for your safety no flip-flops or backless sandals). Children must be accompanied by an adult, especially in the water.

[Maydale Nature Classroom](#)

[Click to Register](#)

Jun 22	Thu	1:30-2:30p	\$4	Ages 6 to 10	1 Class	<a href="#">PMAY0018-200001</a>
Jul 20	Thu	1:30-2:30p	\$4	Ages 6 to 10	1 Class	<a href="#">PMAY0018-200002</a>
Aug 3	Thu	1:30-2:30p	\$4	Ages 6 to 10	1 Class	<a href="#">PMAY0018-200003</a>

## Insect Investigations: Pollinating Pairs!

They pollinate the food we eat, keep other insect pests in check, and act as sanitation experts, cleaning up our waste. Learn more about these important creatures and how they help.

*Maydale Nature Classroom*

[Click to Register](#)

Jun 17	Sat	12:30-1:30p	Free	Ages 3 to 10	1 Class	<a href="#">PMAY0008-200001</a>
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## Soil Sleuths!

Soil supports life! Join us as we survey different soil samples at Maydale to determine if their properties are sustainable for all plants and animals.

*Maydale Nature Classroom*

[Click to Register](#)

Jul 15	Sat	12:30-2p	Free	Ages 6 and up	1 Class	<a href="#">PMAY0020-200001</a>
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## Bonkers for Bats

Join us as we try and sneak a peak of these mysterious nighttime creatures. We'll talk about the different bats in our area, issues they're facing, and what they might be up to on a summer's evening.

*Maydale Nature Classroom*

[Click to Register](#)

Aug 5	Sat	8:30-9:30p	\$6	Ages 6 and up	1 Class	<a href="#">PMAY0019-200001</a>
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## PLAYTIME OR STORYTIME

### Storytime at Maydale

Join a naturalist for a reading of a seasonal story, participate in a hike, and make a craft to take home. Enroll in the entire series or individual sessions.

*Maydale Nature Classroom*

[Click to Register](#)

#### Around One Log

Jun 20	Tue	10-11a	\$6	Ages 3 to 7	1 Class	<a href="#">PMAY0004-200001</a>
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#### Near One Cattail

Jul 18	Tue	10-11a	\$6	Ages 3 to 7	1 Class	<a href="#">PMAY0004-200002</a>
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#### On One Flower

Aug 1	Tue	10-11a	\$6	Ages 3 to 7	1 Class	<a href="#">PMAY0004-200004</a>
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**MEADOWSIDE NATURE CENTER**

5100 Meadowside Lane | Rockville, Maryland 20855

301-258-4030

[MeadowsideNature.org](https://MeadowsideNature.org)



## SPECIAL EVENTS

### Celebrate International Fairy Day

B.Y.O. Fairy Wings and fly down the trail, on this self-led fairy house scavenger hunt. Each hidden house will provide a clue that unlocks the power of the magical flower fairy growing spell! Bring back your answer to the nature center and create a wildflower seed bomb to unleash beauty wherever you roam.

*Meadowside Nature Center*

[Click to Register](#)

Jun 24	Sat	12-12:30p	\$7	All Ages	1 Class	<a href="#">PMNC0077-200001</a>
Jun 24	Sat	12:30-1p	\$7	All Ages	1 Class	<a href="#">PMNC0077-200002</a>
Jun 24	Sat	2-2:30p	\$7	All Ages	1 Class	<a href="#">PMNC0077-200003</a>
Jun 24	Sat	2:30-3p	\$7	All Ages	1 Class	<a href="#">PMNC0077-200004</a>

### Shakespeare in the Parks: The Tempest

The Maryland-National Capital Park and Planning Commission's Arts and Cultural Heritage Division will be producing Shakespeare in the Parks for 2023. We are proud to announce our ten-year anniversary celebration tour with the show that started it all, The Tempest, directed by founding Artistic Director Christopher Dwyer. This 1980s-infused tale follows Prospero, who is stranded on a deserted island in the Mediterranean with his daughter Miranda, narrowly escaping his evil brother. He now comes to grips with a life he left behind and whether to enact revenge on his brother who has just washed up on shore. Complete with magic, faeries, and physical storytelling, this fast-paced 90-minute outdoor adventure is perfect for the entire family. Bring your lawn chair, a picnic, and enjoy the Bard under the stars.

*Meadowside Nature Center*

Jul 8	Sat	7:30-9p	Free	All Ages	Registration not required	
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## ART & CRAFTING

### Seed Bombs

It's an MCPS early release day! Celebrate with tiny "green grenades" of native herb, flower, and vegetable seeds that create pockets of beauty and habitats for pollinators in your garden! Come make your own seed bombs using colored paper and native wildflower seeds and take them home to plant in your garden or neighborhood.

*Meadowside Nature Center*

[Click to Register](#)

Jun 16	Fri	2-3p	\$7	Ages 4 and up	1 Class	<a href="#">PMNC0080-200001</a>
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## Kindness Rocks!

Celebrate World Rock Day by creating beautiful kindness rocks with pictures and inspirational messages. After decorating rocks, join park naturalists for a short hike to place your rocks along the trail and uncover kindness rocks that might be hiding for YOU to find. Participants will each take home a kindness rock to make your neighborhood shine a little brighter.

*Meadowside Nature Center*

[Click to Register](#)

Jul 15	Sat	11a-12:30p	\$8	All Ages	1 Class	<a href="#">PMNC0073-200001</a>
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## Citronella Candle Making

Need to get rid of those pesky mosquitoes? Try insect repellent, the natural way! Make and pour your own citronella soy candle to ward off mosquitoes in your backyard. Each participant will be able to take home one 10oz candle.

*Meadowside Nature Center*

[Click to Register](#)

Aug 19	Sat	10-11a	\$7	Ages 14 and up	1 Class	<a href="#">PMNC0081-200001</a>
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## HIKES, SCAVENGER HUNTS & CAMPFIRES

### Sparks, Stories, & S'mores

Summer means campfire sparks, picture book stories, and toasty s'mores! Sit around a campfire as you listen to a story about the wildlife around you. After the story, roast your own marshmallow, or two! Please register everyone, including an accompanying adult, for this program.

*Meadowside Nature Center*

[Click to Register](#)

<b>Fish</b>						
Jun 3	Sat	10-10:30a	\$3	All Ages	1 Class	<a href="#">PMNC0074-200001</a>

<b>Birds</b>						
Jul 22	Sat	10-10:30a	\$3	All Ages	1 Class	<a href="#">PMNC0075-200001</a>

<b>Meadow life</b>						
Aug 19	Sat	10-10:30a	\$3	All Ages	1 Class	<a href="#">PMNC0076-200001</a>

### Frog Tunes

What glows in the dark, sings love songs, and changes shape? Come and learn about amazing amphibian adaptations through campfire storytelling, marshmallow roasting, and a night hike down to the pond! Flashlights recommended. Program content designed for ages 5 and up, all are welcome.

*Meadowside Nature Center*

[Click to Register](#)

Jun 9	Fri	8-9:15p	\$7	All Ages	1 Class	<a href="#">PMNC0078-200001</a>
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## Firefly Campfire & Night Hike

Marvel at Maryland's fireflies with a naturalist led night hike and campfire. We'll search for fireflies, discuss how these magical creatures light up the night sky, and celebrate with a cozy campfire and roasted marshmallows.

*Meadowside Nature Center*

[Click to Register](#)

Jun 17	Sat	8-9:30p	\$8	All Ages	1 Class	<a href="#">PMNC0071-200001</a>
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## Nature Folklore Hike

Why do owls have a reputation for being wise? Why are ladybugs considered a sign of good luck? Learn the fascinating folklore about Maryland's flora and fauna with a naturalist led stroll around Meadowside's forest and meadows.

*Meadowside Nature Center*

[Click to Register](#)

Jul 1	Sat	12-1p	\$7	Ages 12 and up	1 Class	<a href="#">PMNC0072-200001</a>
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## Choose Your Own Trail Adventure: Quest of the Owl

Celebrate International Owl Awareness Day! Discover the secret life and challenges of owls as you make your way through story choices that portray a typical owl's night on this choose your own adventure-style trail quest! Owls that survive the night can come back to the nature center for a prize! All are welcome but the program content is designed for ages 5-10 years old.

*Meadowside Nature Center*

[Click to Register](#)

Aug 4	Fri	4:30-5:30p	\$3	All Ages	1 Class	<a href="#">PMNC0079-200001</a>
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## SPEAKER SERIES, WORKSHOPS, OR DISCUSSIONS

### Raptor Caretaker Chat

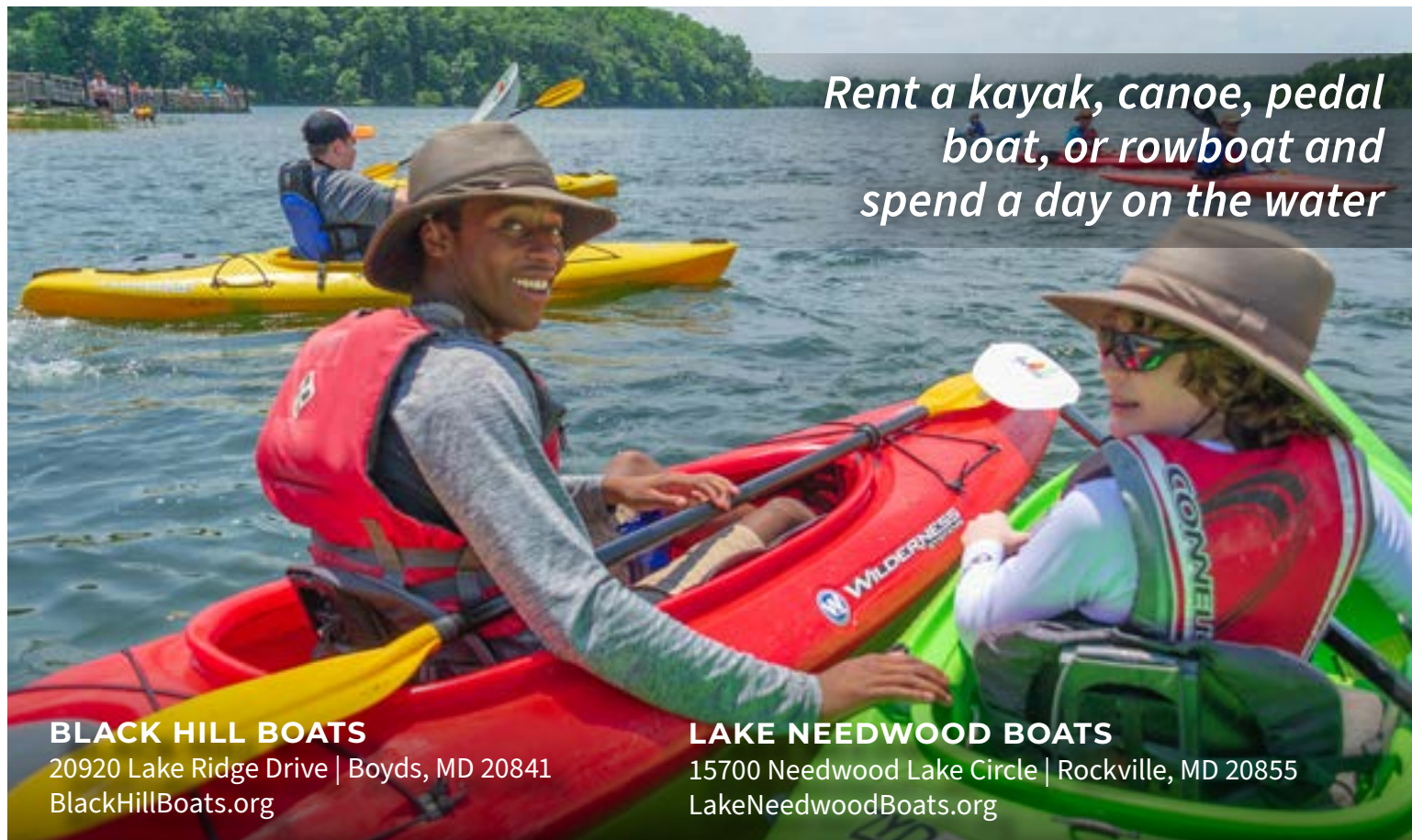
What does it take to care for a raptor? Come and learn how our Naturalist Staff care for our amazing birds of prey! Discover what raptors eat for lunch, what raptors do for fun, and how trainers build relationships with these incredible animals.

*Meadowside Nature Center*

[Click to Register](#)

Jun 10	Sat	10:30-11a	Free	All Ages	1 Class	<a href="#">PMNC0031-200001</a>
Jul 29	Sat	10:30-11a	Free	All Ages	1 Class	<a href="#">PMNC0031-200002</a>
Aug 19	Sat	10:30-11a	Free	All Ages	1 Class	<a href="#">PMNC0031-200003</a>





*Rent a kayak, canoe, pedal boat, or rowboat and spend a day on the water*

**BLACK HILL BOATS**

20920 Lake Ridge Drive | Boyds, MD 20841  
BlackHillBoats.org

**LAKE NEEDWOOD BOATS**

15700 Needwood Lake Circle | Rockville, MD 20855  
LakeNeedwoodBoats.org

★ **NOW OPEN FOR THE SUMMER** ★



*Cool off in the 280-jet water maze or challenge yourself to a round of miniature golf*

**SOUTH GERMANTOWN SPLASHPARK & MINIGOLF**

18056 Central Park Circle | Boyds, MD 20841  
SplashandGolf.com







**SOUTH GERMANTOWN DRIVING RANGE**  
18045 Central Park Circle | Boyds, MD 20841  
301-670-4670  
[SGDrivingRange.org](https://SGDrivingRange.org)



## GOLF

### Parent and Child Golf

Golf is a great game for kids to start early, and you will have a great time learning together. With the help of a Montgomery County Golf Academy Certified Instructor, you and your child (age 7-15) will learn the basics of golf, including proper stance, grip, chipping, putting, driving, and more. If you are already a golfer, the instructor will work with you at your level to help you improve your game. Fee covers one child and one adult; register the child only. Fee covers instruction, loaner clubs and balls.

#### South Germantown Driving Range

[Click to Register](#)

Jun 17 - Jul 15	Sat	11a-12p	\$120	Ages 7 to 15	4 Classes	<a href="#">PSGDR2015-100001</a>
Jun 17 - Jul 15	Sat	12-1p	\$120	Ages 7 to 15	4 Classes	<a href="#">PSGDR2015-100002</a>
Jun 17 - Jul 15	Sat	4:30-5:30p	\$120	Ages 7 to 15	4 Classes	<a href="#">PSGDR2015-100003</a>
Jul 29 - Aug 19	Sat	11a-12p	\$120	Ages 7 to 15	4 Classes	<a href="#">PSGDR2015-100004</a>
Jul 29 - Aug 19	Sat	12-1p	\$120	Ages 7 to 15	4 Classes	<a href="#">PSGDR2015-100005</a>
Jul 29 - Aug 19	Sat	4:30-5:30p	\$120	Ages 7 to 15	4 Classes	<a href="#">PSGDR2015-100006</a>

### Beginning Golf, Junior

If you have always wanted to try golf or have not played in years and want to pick it up again, this is an easy, inexpensive way to get into the sport. For just \$99, you will get four weeks of professional instruction from a Montgomery County Golf Academy Certified Instructor, and learn the basics of golf: proper stance, grip, chipping, putting, driving, golf etiquette, and more. Fee covers loaner clubs and balls. Class sizes are small (no more than 8 students), so you are sure to get a good bit of personal attention.

#### South Germantown Driving Range

[Click to Register](#)

Jun 17 - Jul 15	Sat	3:30-4:30p	\$99	Ages 7 to 15	4 Classes	<a href="#">PSGDR2011-100001</a>
Jul 29 - Aug 19	Sat	3:30-4:30p	\$99	Ages 7 to 15	4 Classes	<a href="#">PSGDR2011-100002</a>

### Junior Golf Clinic

One day clinics are a great way for your junior golfer to learn and gradually improve skills on a month-to-month basis. Each month we will offer various clinics, each focusing on a particular swing or golf skill. You choose which classes you want and register and pay for them at one time. It's golf à la carte! Visit our website or check the Clubhouse for specific skills schedule.

#### South Germantown Driving Range

[Click to Register](#)

Jun 24 - Jun 24	Sat	1-2p	\$15	Ages 7 to 15	4 Classes	<a href="#">PSGDR2012-100003</a>
Jul 15 - Jul 15	Sat	1-2p	\$15	Ages 7 to 15	4 Classes	<a href="#">PSGDR2012-100004</a>
Aug 5 - Aug 5	Sat	1-2p	\$15	Ages 7 to 15	4 Classes	<a href="#">PSGDR2012-100005</a>
Aug 19 - Aug 19	Sat	1-2p	\$15	Ages 7 to 15	4 Classes	<a href="#">PSGDR2012-100006</a>

## Beginning Golf, Adult

If you have always wanted to try golf or have not played in years and want to pick it up again, this is an easy, inexpensive way to get into the sport. For just \$99, you will get four weeks of professional instruction from a Montgomery County Golf Academy Certified Instructor, and learn the basics of golf: proper stance, grip, chipping, putting, driving, golf etiquette, and more. Fee covers loaner clubs and balls. Class sizes are small (no more than 8 students), so you are sure to get a good bit of personal attention.

### *South Germantown Driving Range*

[Click to Register](#)

Jun 13 - Jul 4	Tue	5:30-6:30p	\$99	Ages 18 and up	4 Classes	<a href="#">PSGDR2010-100001</a>
Jun 15 - Jul 6	Thu	5:30-6:30p	\$99	Ages 18 and up	4 Classes	<a href="#">PSGDR2010-100002</a>
Jun 17 - Jul 15	Sat	2:30-3:30p	\$99	Ages 18 and up	4 Classes	<a href="#">PSGDR2010-100003</a>
Jul 25 - Aug 15	Tue	5:30-6:30p	\$99	Ages 18 and up	4 Classes	<a href="#">PSGDR2010-100004</a>
Jul 27 - Aug 17	Thu	5:30-6:30p	\$99	Ages 18 and up	4 Classes	<a href="#">PSGDR2010-100005</a>
Jul 29 - Aug 19	Sat	2:30-3:30p	\$99	Ages 18 and up	4 Classes	<a href="#">PSGDR2010-100006</a>

## ARCHERY

### Parent and Child Archery

Whether you are a novice, or you shoot better than Robin Hood, this class is for parent/guardian and their children interested in the sport of archery. It is a really FUN way for boys and girls to learn about archery in a positive learning environment involving both parent and child! Participants should wear comfortable clothing. This is an outdoor class, so participants should dress accordingly. Fee covers one child and one adult; register the child only.

### *South Germantown Driving Range*

[Click to Register](#)

Jun 17 - Jul 15	Sat	12:30-2p	\$65	Ages 7 to 15	4 Classes	<a href="#">PSGDR2004-100001</a>
Jun 11 - Jul 9	Sun	12:30-2p	\$65	Ages 7 to 15	4 Classes	<a href="#">PSGDR2004-100002</a>
Jul 29 - Aug 19	Sat	12:30-2p	\$65	Ages 7 to 15	4 Classes	<a href="#">PSGDR2004-100003</a>
Jul 23 - Aug 13	Sun	12:30-2p	\$65	Ages 7 to 15	4 Classes	<a href="#">PSGDR2004-100004</a>



## Beginner Archery

Interested in learning archery? Participants will learn basic skills and safety instruction. You will learn how to hold, aim, draw, and shoot a bow. We will introduce or build on participant's current knowledge/skills of archery and provide time to practice each new skill. We will supply all the equipment, a safe place to shoot, and a Certified Instructor to guide you. Please bring a water bottle and dress for the weather.

### *South Germantown Driving Range*

[Click to Register](#)

Jul 29 - Aug 19	Sat	2-3:30p	\$50	Ages 8 to 15	4 Classes	<a href="#">PSGDR2001-100001</a>
Jun 11 - Jul 9	Sun	2-3:30p	\$50	Ages 8 to 15	4 Classes	<a href="#">PSGDR2001-100002</a>
Jun 17 - Jul 15	Sat	2-3:30p	\$50	Ages 8 to 15	4 Classes	<a href="#">PSGDR2001-100003</a>
Jul 23 - Aug 13	Sun	2-3:30p	\$50	Ages 8 to 15	4 Classes	<a href="#">PSGDR2001-100004</a>

## Intermediate Archery

Prerequisite: Passed Beginner Archery Interested in more archery? Intermediate archery focuses on the draw cycle. You will learn how to anchor, transfer/hold, aim, and release/follow through. We will supply all the equipment, a safe place to shoot, and a Certified Instructor to guide you. Please bring a water bottle and dress for the weather.

### *South Germantown Driving Range*

[Click to Register](#)

Jun 17 - Jul 15	Sat	3:30-5p	\$50	Ages 8 to 15	4 Classes	<a href="#">PSGDR2003-100001</a>
Jun 11 - Jul 9	Sun	3:30-5p	\$50	Ages 8 to 15	4 Classes	<a href="#">PSGDR2003-100002</a>
Jul 23 - Aug 13	Sun	3:30-5p	\$50	Ages 8 to 15	4 Classes	<a href="#">PSGDR2003-100003</a>
Jul 29 - Aug 19	Sat	3:30-5p	\$50	Ages 8 to 15	4 Classes	<a href="#">PSGDR2003-100004</a>





**CABIN JOHN ICE RINK**

10610 Westlake Dr | Rockville, MD 20852  
301-765-8620  
[CabinJohnIce.org](https://CabinJohnIce.org)

**WHEATON ICE ARENA**

11717 Orebaugh Ave | Wheaton, MD 20902  
301-905-3000  
[WheatonIceArena.org](https://WheatonIceArena.org)



**CLASS DATES**

Registration Opens June 13, 6:30 am

Registration Dates: June 13 - 22

Class Dates: June 24–August 8

No Classes: July 1–4

**On your first day of class...**

- Check in at the Group Lesson area in the rink lobby.
- Wear one pair of thin long socks that cover your ankles.
- Helmets and gloves are highly recommended for safety.
- Arrive at the rink 30 minutes early for your first lesson, and 15–20 minutes early for subsequent lessons to have time to get skates on properly.
- Pick up your skates at the skate exchange. Ask for one size smaller than your sneaker size. You'll have better balance and protections against injuries.

**EVENTS AND IMPORTANT DATES:**

- June 19- Open for public skating
- July 4- Rinks are closed

**COURSE FEES COVER**

1. Six instructed group lessons
2. Skate rental
3. A practice pass good for public skating admissions and skate rental during the lesson series

**PLEASE NOTE**

- No make-ups or refunds for missed lessons.
- Please read course descriptions carefully and select courses that match the skater's ability and experience. At the end of each class series, the skater will receive an evaluation form recommending the class that should be taken in the future.
- If you see a class you like, register! Classes may be canceled or combined if a minimum enrollment is not met.
- If you wish to practice on the same day as your lesson, please see the public skating schedules before signing up
- Skaters will receive a ribbon award at the end of the course.

# PUBLIC SESSIONS

Visit our websites for schedules and pricing.

[CabinJohnIce.org](https://CabinJohnIce.org)  
[WheatonIceArena.org](https://WheatonIceArena.org)



## ICE SKATING

### Parent and Tot Ice Skating

Skating is fun, and great exercise for you and your child! This class teaches toddlers (ages 3-5) beginning skating skills with Mom or Dad right there to help them feel safe. We'll teach your child how to fall down and get up, and march while moving on the ice. Parents will need basic skating skills in order to skate with their child. Fee covers registration for child and parent, skate rental for child and parent, and a practice card good for admission to six public skate sessions to practice skills learned in class. Register only the child for the course. Equipment Required: Helmet & Gloves.

#### *Cabin John Ice Rink*

[Click to Register](#)

Jun 25 - Aug 6	Sun	12-12:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-212001</a>
Jun 28 - Aug 2	Wed	10-10:30a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-212002</a>
Jun 24 - Aug 5	Sat	9:45-10:15a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-212003</a>

#### *Wheaton Ice Arena*

[Click to Register](#)

Jun 28 - Aug 3	Wed	4-4:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0100-215001</a>
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### Preschool Ice Skating 1 (Beginner)

This class is designed for children ages 3-5 who are beginning skaters. Skaters will learn how to sit and stand up on skates (off and on the ice); march in place; march forward; glide on two feet; and dip in place. Fee includes rental skates and a practice card good for admission to six public skate sessions for the skater to practice skills learned in class. Equipment required: Helmet and gloves

#### *Cabin John Ice Rink*

[Click to Register](#)

Jun 25 - Aug 6	Sun	12-12:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-212001</a>
Jun 28 - Aug 2	Wed	10-10:30a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-212002</a>
Jun 24 - Aug 5	Sat	9:45-10:15a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-212003</a>
Jun 26 - Aug 7	Mon	3:30-4p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-212004</a>

#### *Wheaton Ice Arena*

[Click to Register](#)

Jun 25 - Aug 6	Sun	1:15-1:45p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-215001</a>
Jun 29 - Aug 3	Thu	5-5:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-215002</a>
Jun 24 - Aug 5	Sat	12:30-1p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0101-215003</a>



## Preschool Ice Skating 2

Prerequisite: Preschool Ice Skating 1. This skating class is for children between the ages of 3-5. Skaters will learn how to march followed by a long glide, dip while moving, backward wiggles, forward two-foot swizzles, beginning snowplow stop, and a two-foot hop in place. Fee includes rental skates and a practice card good for admission to six public skate sessions for the skater to practice skills learned in class. Equipment Required: Helmet & Gloves

### *Cabin John Ice Rink*

[Click to Register](#)

Jun 25 - Aug 6	Sun	12-12:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-212001</a>
Jun 27 - Aug 1	Tue	10-10:30a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-212002</a>
Jun 27 - Aug 1	Tue	1-1:30p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-212003</a>
Jun 24 - Aug 5	Sat	9:45-10:15a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-212004</a>

### *Wheaton Ice Arena*

[Click to Register](#)

Jun 25 - Aug 6	Sun	1:15-1:45p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-215001</a>
Jun 29 - Aug 3	Thu	5:30-6p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0102-215002</a>

## Preschool Ice Skating 3

Prerequisite: Preschool Ice Skating 2. This class is for skaters ages 3-5. Skater will learn forward skating, forward one-foot glides, forward and backward swizzles, a snowplow stop, and curves. Fee includes skate rental and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment Required: Helmet & Gloves.

### *Cabin John Ice Rink*

[Click to Register](#)

Jun 25 - Aug 6	Sun	12:30-1p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-212001</a>
Jun 27 - Aug 1	Tue	10-10:30a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-212002</a>
Jun 27 - Aug 1	Tue	12:30-1p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-212003</a>
Jun 24 - Aug 5	Sat	9:45-10:15a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-212004</a>
Jun 25 - Aug 6	Sun	1:30-2p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-212005</a>

### *Wheaton Ice Arena*

[Click to Register](#)

Jun 25 - Aug 6	Sun	1:45-2:15p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-215001</a>
Jun 29 - Aug 4	Thu	4:30-5p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0103-215003</a>

## Preschool Ice Skating 4

Prerequisite: Preschool Ice Skating 3. This class is for skaters ages 3-5. Skater will learn forward skating, backward two-foot glides, backward swizzles, rocking horse, two-foot turns from forward to backward in place, and two-foot hop. Fee includes skate rental and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment Required: Helmet & Gloves.

### Cabin John Ice Rink

[Click to Register](#)

Jun 25 - Aug 6	Sun	12:30-1p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0104-212001</a>
Jun 27 - Aug 1	Tue	10-10:30a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0104-212002</a>
Jun 27 - Aug 1	Tue	12:30-1p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0104-212003</a>
Jun 24 - Aug 5	Sat	9:45-10:15a	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0104-212004</a>
Jun 25 - Aug 6	Sun	1:30-2p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0104-212005</a>

### Wheaton Ice Arena

[Click to Register](#)

Jun 25 - Aug 6	Sun	1:45-2:15p	\$114	Ages 3 to 5	6 Classes	<a href="#">PICE0104-215001</a>
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## Preschool Skating Superstars

For skaters ages 4-8, who have completed Preschool Skating Level 2 or 3 or Youth Level 1, this 3-week class offers a high-energy fun time on the ice. Class starts with an on ice warm-up to music, followed by focused skating technique work. Engaging games and colorful obstacle courses strengthen forward/backward skating, turns and stopping skills. Students listen, learn, and practice their ice skating skills in an encouraging, joyful space. Series will run for 3 weeks on Sunday.

### Wheaton Ice Arena

[Click to Register](#)

Jun 24 - Jul 15	Sat	11:30a-12:15p	\$86	Ages 3 to 5	3 Classes	<a href="#">PICE0105-215001</a>
Jul 22 - Aug 5	Sat	11:30a-12:15p	\$86	Ages 3 to 5	3 Classes	<a href="#">PICE0105-215002</a>





## Youth Ice Skating 1 (Beginner)

This class is for beginner skaters ages 6-12. Skaters will learn how to sit on the ice and stand up, march forward across the ice, forward two-foot glide, dip, forward swizzles, backward wiggles, beginning snowplow stops, and a two-foot hop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet & gloves are required (bike helmet is fine).

### *Cabin John Ice Rink*

[Click to Register](#)

Jun 25 - Aug 6	Sun	12:30-1p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-212001</a>
Jun 25 - Aug 6	Sun	1:30-2p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-212002</a>
Jun 26 - Aug 7	Mon	3:30-4p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-212003</a>
Jun 27 - Aug 1	Tue	1-1:30p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-212004</a>
Jun 28 - Aug 2	Wed	4:30-5p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-212005</a>
Jun 29 - Aug 3	Thu	3:30-4p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-212006</a>
Jun 24 - Aug 5	Sat	11:15-11:45a	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-212007</a>

### *Wheaton Ice Arena*

[Click to Register](#)

Jun 25 - Aug 6	Sun	1:15-1:45p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-215001</a>
Jun 29 - Aug 3	Thu	6:15-6:45p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-215002</a>
Jun 24 - Aug 5	Sat	1:30-2p	\$114	Ages 6 to 12	6 Classes	<a href="#">PICE0201-215003</a>

## Youth Ice Skating 2

Prerequisite: Passed Youth Ice Skating 1 or Preschool Ice Skating 4. This class is for skaters ages 4-12. Skaters will learn forward one-foot glides, backward two-foot glide, rocking horse, scooter pushes, backward swizzles, a two-foot turn from forward to backward in place, and a moving snowplow stop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

### *Cabin John Ice Rink*

[Click to Register](#)

Jun 25 - Aug 6	Sun	12:30-1p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-212000</a>
Jun 25 - Aug 6	Sun	1-1:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-212001</a>
Jun 25 - Aug 6	Sun	2-2:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-212002</a>
Jun 26 - Aug 7	Mon	4-4:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-212003</a>
Jun 27 - Aug 1	Tue	1:30-2p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-212004</a>
Jun 28 - Aug 2	Wed	4:30-5p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-212005</a>
Jun 29 - Aug 3	Thu	4-4:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-212006</a>
Jun 24 - Aug 5	Sat	11:15-11:45a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-212007</a>

## Youth Ice Skating 2 (continued)

*Wheaton Ice Arena*

[Click to Register](#)

Jun 25 - Aug 6	Sun	1:15-1:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-215001</a>
Jun 29 - Aug 3	Thu	6:15-6:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-215004</a>
Jun 24 - Aug 5	Sat	1-1:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0202-215005</a>

## Youth Ice Skating 3

Prerequisite: Passed Youth Ice Skating 2. Skaters will learn forward stroking, forward half-swizzle pumps on a circle, moving forward to backward two-foot turns, backward one-foot glides, backward snowplow stop, forward slaloms, and forward pivot. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

*Cabin John Ice Rink*

[Click to Register](#)

Jun 25 - Aug 6	Sun	12:30-1p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-212000</a>
Jun 25 - Aug 6	Sun	1-1:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-212001</a>
Jun 25 - Aug 6	Sun	2-2:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-212002</a>
Jun 26 - Aug 7	Mon	4-4:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-212003</a>
Jun 27 - Aug 1	Tue	1:30-2p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-212004</a>
Jun 28 - Aug 2	Wed	4-4:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-212005</a>
Jun 29 - Aug 3	Thu	4-4:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-212006</a>
Jun 24 - Aug 5	Sat	11:15-11:45a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-212007</a>

*Wheaton Ice Arena*

[Click to Register](#)

Jun 25 - Aug 6	Sun	1:45-2:15p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-215001</a>
Jun 29 - Aug 3	Thu	6:15-6:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0203-215003</a>





## Youth Ice Skating 4

Prerequisite: Passed Youth Ice Skating 3. Skaters will learn forward outside and inside edges on a circle (R and L), forward crossovers, backward half-swizzle pumps on a circle, backward one-foot glides, beginning two-foot spin, and forward lunges. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

### *Cabin John Ice Rink*

[Click to Register](#)

Jun 25 - Aug 6	Sun	12-12:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-212001</a>
Jun 25 - Aug 6	Sun	1-1:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-212002</a>
Jun 26 - Aug 7	Mon	4:30-5p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-212003</a>
Jun 27 - Aug 1	Tue	2-2:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-212004</a>
Jun 28 - Aug 2	Wed	4-4:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-212005</a>
Jun 29 - Aug 3	Thu	4:30-5p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-212006</a>
Jun 24 - Aug 5	Sat	11:15-11:45a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-212007</a>

### *Wheaton Ice Arena*

[Click to Register](#)

Jun 25 - Aug 6	Sun	1:45-2:15p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-215001</a>
Jun 29 - Aug 3	Thu	6:15-6:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0204-215002</a>

## Youth Ice Skating 5

Prerequisite: Passed Youth Ice Skating 4. Skaters will learn backward outside and inside edges on a circle (R and L), backward crossovers, forward outside three-turns, advanced two-foot spin, hockey stop, and side toe hop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

### *Cabin John Ice Rink*

[Click to Register](#)

Jun 25 - Aug 6	Sun	12-12:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0205-212001</a>
Jun 25 - Aug 6	Sun	1-1:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0205-212002</a>
Jun 26 - Aug 7	Mon	4:30-5p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0205-212003</a>
Jun 27 - Aug 1	Tue	2-2:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0205-212004</a>
Jun 28 - Aug 2	Wed	3:30-4p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0205-212005</a>
Jun 29 - Aug 3	Thu	4:30-5p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0205-212006</a>
Jun 24 - Aug 5	Sat	11:15-11:45a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0205-212007</a>

### *Wheaton Ice Arena*

[Click to Register](#)

Jun 25 - Aug 6	Sun	2:15-2:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0205-215001</a>
Jun 29 - Aug 3	Thu	6:15-6:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0205-215002</a>

## Youth Ice Skating 6

Prerequisite: Passed Youth Ice Skating 5. Skaters will learn forward inside three-turns, moving backward to forward two-foot turns on a circle, backward stroking, T-stop, bunny hops, forward spiral on a straight line, beginning one-foot spin, and shoot the duck. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class.

### Cabin John Ice Rink

[Click to Register](#)

Jun 25 - Aug 6	Sun	1:30-2:15p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0206-212000</a>
Jun 26 - Aug 7	Mon	5-5:45p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0206-212001</a>
Jun 28 - Aug 2	Wed	3:15-4p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0206-212002</a>
Jun 29 - Aug 3	Thu	5-5:45p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0206-212003</a>
Jun 24 - Aug 5	Sat	9-9:45a	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0206-212004</a>

### Wheaton Ice Arena

[Click to Register](#)

Jun 25 - Aug 6	Sun	2:15-2:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0206-215001</a>
Jun 29 - Aug 3	Thu	6:15-6:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0206-215002</a>

## August Beginner Accelerated Class

Cool off in August at the ice rink! This class will meet for five days to learn the basics of beginning ice skating including falling down and getting up, skating forward, skating backward, beginning stops and turns. Fee includes skate rental and practice card good for six public skating admissions. Helmets and gloves are required (bike helmets are fine).

### Cabin John Ice Rink

[Click to Register](#)

Aug 7 - Aug 11	Mon - Fri	11:45a-12:30p	\$114	Ages 4 to 12	5 Classes	<a href="#">PCJ12023-212001</a>
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## Teen and Adult Ice Skating 1

This class is for beginner teen & adult skaters. Learn falling & recovery, forward marching, forward two-foot glide, forward swizzles, one forward/one backward swizzle, dip, and forward snowplow stop. Fee includes skate rental (if needed) plus a skating practice card. Helmet & gloves are strongly recommended.

### Cabin John Ice Rink

[Click to Register](#)

Jun 25 - Aug 6	Sun	2-2:30p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0220-212001</a>
Jun 29 - Aug 3	Thu	6:45-7:15p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0220-212002</a>
Jun 24 - Aug 5	Sat	9:45-10:15a	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0220-212003</a>

### Wheaton Ice Arena

[Click to Register](#)

Jun 25 - Aug 6	Sun	1:45p-2:15p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0220-215001</a>
Jun 29 - Aug 3	Thu	7:15-7:45p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0220-215003</a>



## Teen and Adult Ice Skating 2

Prerequisite: Passed Teen and Adult Ice Skating 1. Learn forward skating, forward one-foot glides, forward slalom, backward skating, backward swizzles, and two-foot turns in place. Fee includes skate rental (if needed) plus a skating practice card.

### *Cabin John Ice Rink*

[Click to Register](#)

Jun 25 - Aug 6	Sun	2-2:30p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0221-212001</a>
Jun 29 - Aug 3	Thu	6:45-7:15p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0221-212002</a>
Jun 24 - Aug 5	Sat	9:45-10:15a	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0221-212003</a>

### *Wheaton Ice Arena*

[Click to Register](#)

Jun 25 - Aug 6	Sun	2:15-2:45p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0221-215001</a>
Jun 29 - Aug 3	Thu	7:15-7:45p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0221-215003</a>

## Teen and Adult Ice Skating 3

Prerequisite: Passed Teen and Adult Ice Skating 2. Learn forward stroking, forward half-swizzle pumps on circle, moving forward to backward and backward to forward two-foot turn on a circle, backward skating & glide, forward chasses on a circle, and backward snowplow stop. Fee includes skate rental (if needed) plus a skating practice card.

### *Cabin John Ice Rink*

[Click to Register](#)

June 28 - July 26	Wed	6:15-7p	\$142.50	Ages 13 and up	5 Classes	<a href="#">PICE0222-212001</a>
Jun 24 - Aug 5	Sat	9-9:45a	\$171	Ages 13 and up	6 Classes	<a href="#">PICE0222-212002</a>

### *Wheaton Ice Arena*

[Click to Register](#)

Jun 29 - Aug 3	Thu	7:15-7:45p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0222-215002</a>
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## Teen and Adult Ice Skating 4

Prerequisite: Passed Teen and Adult Ice Skating 3. Learn forward outside & inside edges on a circle, forward crossovers, backward one-foot glides, backward half swizzle pumps on a circle and Hockey stop. Fee includes skate rental (if needed) plus a skating practice card.

### *Cabin John Ice Rink*

[Click to Register](#)

June 28 - July 26	Wed	6:15-7p	\$142.50	Ages 13 and up	5 Classes	<a href="#">PICE0223-212001</a>
Jun 24 - Aug 5	Sat	9-9:45a	\$171	Ages 13 and up	6 Classes	<a href="#">PICE0223-212002</a>

### *Wheaton Ice Arena*

[Click to Register](#)

Jun 29 - Aug 3	Thu	7:15-7:45p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0223-215002</a>
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## Teen and Adult Ice Skating Advanced

Passed Teen and Adult Ice Skating 4. Learn back edges on a circle, backward crossovers, outside three-turn, swing rolls, advanced stroking with crossovers forwards & backwards, forward inside three-turns, forward outside to inside change of edge power pulls, T-stop, Lunge, and two-foot to one-foot spins. Fee includes skate rental (if needed) plus a skating practice card.

### *Cabin John Ice Rink*

[Click to Register](#)

June 28 - July 26	Wed	6:15-7p	\$142.50	Ages 13 and up	5 Classes	<a href="#">PICE0224-212001</a>
Jun 24 - Aug 5	Sat	9-9:45a	\$171	Ages 13 and up	6 Classes	<a href="#">PICE0224-212002</a>

### *Wheaton Ice Arena*

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Jun 28 - Aug 2	Wed	5:30-6:15p	\$171	Ages 13 and up	6 Classes	<a href="#">PICE0224-215001</a>
Jun 29 - Aug 3	Thu	7:15-7:45p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0224-215002</a>

## Teen and Adult Free Skate

Prerequisite: Passed Teen and Adult Ice Skating Advanced. This class will focus on introductory free skating skills including beginner jumps and spins. Fee includes skate rental (if needed) plus a skating practice card.

### *Cabin John Ice Rink*

[Click to Register](#)

June 28 - July 26	Wed	6:15-7p	\$142.50	Ages 13 and up	5 Classes	<a href="#">PICE0225-212001</a>
Jun 24 - Aug 5	Sat	9-9:45a	\$171	Ages 13 and up	6 Classes	<a href="#">PICE0225-212002</a>

### *Wheaton Ice Arena*

[Click to Register](#)

Jun 28 - Aug 2	Wed	5:30-6:15p	\$171	Ages 13 and up	6 Classes	<a href="#">PICE0225-215001</a>
Jun 29 - Aug 3	Thu	7:15-7:45p	\$114	Ages 13 and up	6 Classes	<a href="#">PICE0225-215002</a>

## Pre Free Skate

Prerequisite: Passed Youth Ice Skating 6. Skaters will learn forward inside open mohawk, backward outside edge to forward outside edge transition on a circle, ballet jump, backward crossovers to backward outside edge glides, combination step sequences, one-foot upright spin, mazurka, and waltz jump. Fee includes skate rental and a practice card good for admission to public skate sessions to practice skills learned in class.

### *Cabin John Ice Rink*

[Click to Register](#)

Jun 26 - Aug 7	Mon	5-5:45p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0300-212001</a>
Jun 29 - Aug 3	Thu	5-5:45p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0300-212003</a>
Jun 24 - Aug 5	Sat	9-9:45a	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0300-212004</a>

### *Wheaton Ice Arena*

[Click to Register](#)

Jun 25 - Aug 6	Sun	2:15-2:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0300-215001</a>
Jun 29 - Aug 3	Thu	6:45-7:15p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0300-215002</a>



## Free Skate 1

Prerequisite: Passed Pre Free Skate. Learn forward power stroking, forward outside & inside consecutive edges, backward outside three-turns, upright one-foot spin from back crossovers, half flip, toe loop, and waltz jump combinations. Fee includes skate rental (if needed) plus a skating practice card.

### *Cabin John Ice Rink*

[Click to Register](#)

Jun 26 - Aug 7	Mon	6-6:45p	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0310-212001</a>
Jun 29 - Aug 3	Thu	6-6:45p	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0310-212002</a>
Jun 24 - Aug 5	Sat	10:30-11:15a	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0310-212003</a>

### *Wheaton Ice Arena*

[Click to Register](#)

Jun 25 - Aug 6	Sun	2:15-2:45p	\$114	Ages 5 and up	6 Classes	<a href="#">PICE0310-215001</a>
Jun 29 - Aug 3	Thu	6:45-7:15p	\$114	Ages 5 and up	6 Classes	<a href="#">PICE0310-215002</a>

## Free Skate 2

Prerequisite: Passed Free Skate 1. Skaters will learn basic back outside and back inside consecutive edges, forward outside and inside spirals on an axis, backward inside three-turns, beginning back spin, half lutz, and salchow. Fee includes skate rental (if needed) plus a skating practice card.

### *Cabin John Ice Rink*

[Click to Register](#)

Jun 26 - Aug 7	Mon	6-6:45p	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0312-212001</a>
Jun 29 - Aug 3	Thu	6-6:45p	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0312-212002</a>
Jun 24 - Aug 5	Sat	10:30-11:15a	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0312-212003</a>

### *Wheaton Ice Arena*

[Click to Register](#)

Jun 29 - Aug 3	Thu	6:45-7:15p	\$114	Ages 5 and up	6 Classes	<a href="#">PICE0312-215002</a>
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## Free Skate 3

Prerequisite: Passed Free Skate 2. Skaters will learn alternating back crossovers to backward outside edges, alternating mohawk/crossover sequence, waltz three turns, advanced back spin, loop jump, waltz jump/toe loop combination and salchow/toe loop combination. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions.

### *Cabin John Ice Rink*

[Click to Register](#)

Jun 26 - Aug 7	Mon	6:45-7:30p	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0314-212001</a>
Jun 24 - Aug 5	Sat	10:30-11:15a	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0314-212003</a>

### *Wheaton Ice Arena*

[Click to Register](#)

Jun 29 - Aug 3	Thu	6:45-7:15p	\$114	Ages 5 and up	6 Classes	<a href="#">PICE0314-215002</a>
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## Free Skate 4

Prerequisite: Passed Free Skate 3. Skaters will learn forward power three-turns, waltz eight, forward upright to backward upright spin, sit spin, half loop, flip, and split jump. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions to practice skills learned in class.

### *Cabin John Ice Rink*

[Click to Register](#)

Jun 26 - Aug 7	Mon	6:45-7:30p	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0316-212001</a>
Jun 24 - Aug 5	Sat	10:30-11:15a	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0316-212003</a>

### *Wheaton Ice Arena*

[Click to Register](#)

Jun 29 - Aug 3	Thu	6:45-7:15p	\$114	Ages 5 and up	6 Classes	<a href="#">PICE0316-215002</a>
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## Free Skate 5

Prerequisite: Passed Free Skate 4. Skaters will learn backward power three-turns, five-step mohawk sequence, camel spin, waltz jump/loop jump combination, lutz, and loop/loop jump combination. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions to practice skills learned in class.

### *Cabin John Ice Rink*

[Click to Register](#)

Jun 26 - Aug 7	Mon	7:30-8:15p	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0318-212001</a>
Jun 24 - Aug 5	Sat	10:30-11:15a	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0318-212003</a>

### *Wheaton Ice Arena*

[Click to Register](#)

Jun 29 - Aug 5	Thu	6:45-7:15p	\$114	Ages 5 and up	6 Classes	<a href="#">PICE0318-215001</a>
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## Free Skate 6

Prerequisite: Passed Free Skate 5. Skaters will learn forward power pulls, creative step sequence, camel/sit spin combination, layback or cross foot spin, waltz jump/half loop/salchow combination, axel exercises, and backward outside pivot. Fee includes skate rental (if needed) plus a practice card good for admission to public skate session to practice skills learned in class.

### *Cabin John Ice Rink*

[Click to Register](#)

Jun 26 - Aug 7	Mon	7:30-8:15p	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0320-212001</a>
Jun 24 - Aug 5	Sat	10:30-11:15a	\$171	Ages 5 and up	6 Classes	<a href="#">PICE0320-212003</a>

### *Wheaton Ice Arena*

[Click to Register](#)

Jun 29 - Aug 3	Thu	6:45-7:15p	\$114	Ages 5 and up	6 Classes	<a href="#">PICE0320-215001</a>
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## Aspire Figure Skating Academy

The Aspire Academy is for figure skaters at the Pre Free Skate level and higher. This 30-minute weekly session will include sessions on power stroking, advanced turns, spins, jumps, choreography, ice dance, moves in the field, and performance. It's goal is to allow additional ice time and group instruction to our figure skaters (youth and adult) and this can be taken in addition to your regular free skate class. We will offer an off ice session during each series for parents and skaters to talk about topics such as figure skating topics such as equipment, testing, and competition.

*Wheaton Ice Arena*

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### Aspire Figure Skating Academy

Jun 28 - Aug 2	Wed	5:30-6:15p	\$171	Ages 13 and up	6 Classes	<a href="#">PICE0321-215001</a>
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### Aspire Axel Clinic

Jun 28 - Aug 2	Wed	5:30-6:15p	\$171	Ages 13 and up	6 Classes	<a href="#">PICE0321-215002</a>
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## High Turns and Edges

This class is for skaters on the pre-juvenile moves in the field level and higher. Class will focus on edges and turns at these levels of moves tests including back three turns, double threes, backward power threes, brackets, and twizzles.

*Wheaton Ice Arena*

[Click to Register](#)

Jun 29 - Aug 3	Thu	7:15-7:45p	\$114	Ages 6 and up	6 Classes	<a href="#">PICE0334-215001</a>
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## ICE HOCKEY

### Hockey 1

Prerequisite: Passed Youth Ice Skating 1 or Preschool Ice Skating 4. Skater will learn falling and getting up in hockey skates, proper stance, march forward across the ice, 8-10 steps, forward two-foot glide, dip, forward swizzles, T-push to a two-foot glide, front to back turns, and snowplow stop. Fee includes skate rental, and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, flat stick cut to skater's height, and hockey skates.

#### *Cabin John Ice Rink*

[Click to Register](#)

Jun 27 - Aug 1	Tue	5-5:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0351-212001</a>
Jun 28 - Aug 2	Wed	5:15-5:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0351-212002</a>
Jun 24 - Aug 5	Sat	10-10:30a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0351-212003</a>

#### *Wheaton Ice Arena*

[Click to Register](#)

Jun 25 - Aug 6	Sun	1:15-1:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0351-215001</a>
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### Hockey 2

Prerequisite: Passed Hockey 1. Skaters will learn strides using 45-degree v push, forward one-foot push and glides, forward alternating C-cuts, backward hustles to glides on two feet, backward swizzles, backward alternating C-cuts, moving skateboard push, and moving snowplow stop. Fee includes skate rental, and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shin guards, hockey gloves, flat stick cut to skater's height, and hockey skates.

#### *Cabin John Ice Rink*

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Jun 27 - Aug 1	Tue	5-5:30p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0352-212001</a>
Jun 28 - Aug 2	Wed	5:15-5:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0352-212002</a>
Jun 24 - Aug 5	Sat	10-10:30a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0352-212003</a>

#### *Wheaton Ice Arena*

[Click to Register](#)

Jun 25 - Aug 6	Sun	1:15-1:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0352-215001</a>
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## Hockey 3

Prerequisite: Passed Hockey 2. Skaters will learn lateral crossover march, forward C-cuts on a circle, forward outside and inside edges on half circles, backward C-cuts, backward snowplow stops, forward stop-starts, and one-foot forward snowplow stops. Fee includes skate rental and a practice card good for admission to public sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, curved stick cut to skater's height, and hockey skates.

### *Cabin John Ice Rink*

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Jun 27 - Aug 1	Tue	5:30-6:15p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0353-212001</a>
Jun 28 - Aug 2	Wed	5:45-6:30p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0353-212002</a>
Jun 24 - Aug 5	Sat	8:15-9a	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0353-212003</a>

### *Wheaton Ice Arena*

[Click to Register](#)

Jun 25 - Aug 6	Sun	2:15-2:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0353-215001</a>
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## Hockey 4

Prerequisite: Passed Hockey 3. Skaters will learn quick starts using V-starts, backward one-foot glides, forward and backward crossovers, forward to backward Mohawk pivots, and hockey stops. Fee includes skate rental and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, curved stick cut to skater's height, and hockey skates.

### *Cabin John Ice Rink*

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Jun 27 - Aug 1	Tue	5:30-6:15p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0354-212001</a>
Jun 28 - Aug 2	Wed	5:45-6:30p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0354-212002</a>
Jun 24 - Aug 5	Sat	8:15-9a	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0354-212003</a>

### *Wheaton Ice Arena*

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Jun 25 - Aug 6	Sun	2:15-2:45p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0354-215001</a>
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## Hockey Advanced

Prerequisite: Passed Hockey 4. Skaters will learn powerful backward C-cuts, alternating forward and backward crossovers, forward power hockey turns, lateral pivots, fast stops and starts, and fast backward skating with quick backward V-stops. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates.

*Cabin John Ice Rink*

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Jun 27 - Aug 1	Tue	6:15-7p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0355-212001</a>
Jun 28 - Aug 2	Wed	6:45-7:30p	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0355-212002</a>
Jun 24 - Aug 5	Sat	8:15-9a	\$171	Ages 4 to 12	6 Classes	<a href="#">PICE0355-212003</a>

## Teen and Adult Hockey 1

Prerequisite: Passed Teen & Adult 1 in hockey skates. Learn the fundamentals of hockey skating including alternating forward and backward c-cuts, backward swizzles, one-foot snowplow stop, lateral crossover march, forward c-cuts on a circle, and turns from forward to backward. Skaters will also learn skating with a puck and beginning passing and stickhandling skills. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates (rental hockey skates are available).

*Cabin John Ice Rink*

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Jun 24 - Aug 5	Sat	9:15-10a	\$171	Ages 13 and up	6 Classes	<a href="#">PICE0357-212001</a>
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## Teen and Adult Hockey 2

Prerequisite: Passed Teen & Adult Hockey 1. This class will focus on more advanced skating skills including backward crossovers, hockey stops, forward power hockey turns, fast stops & starts, backward V-stops, and forward to backward mohawk pivots. Skaters will also learn hockey techniques, rules, and game play including some scrimmage time. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates (rental hockey skates are available).

*Cabin John Ice Rink*

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Jun 28 - Aug 2	Wed	7:30-8:15p	\$171	Ages 13 and up	6 Classes	<a href="#">PICE0358-212001</a>
Jun 24 - Aug 5	Sat	8:15-9a	\$171	Ages 13 and up	6 Classes	<a href="#">PICE0358-212002</a>

## Stickhandling and Passing

Prerequisite: Passed Hockey 1. This class focuses on proper technique for stickhandling and passing. Skaters will learn individual skills including proper grips and maneuvering with a puck as well as fundamental passing skills with other players. No game experience is needed. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Full gear required.

*Cabin John Ice Rink*

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Jun 24 - Aug 5	Sat	10:30-11a	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0360-212001</a>
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*Wheaton Ice Arena*

[Click to Register](#)

Jun 25 - Aug 6	Sun	1:45-2:15p	\$114	Ages 4 to 12	6 Classes	<a href="#">PICE0360-215001</a>
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**PAULINE BETZ ADDIE TENNIS CENTER**  
 7801 Democracy Blvd | Bethesda, MD 20817  
 301-765-8650  
[CabinJohnTennis.org](https://CabinJohnTennis.org)

**WHEATON INDOOR TENNIS**  
 11715 Orebaugh Ave | Wheaton, MD 20902  
 301-905-3030  
[WheatonTennis.org](https://WheatonTennis.org)



Programs are subject to change.  
For the most up-to-date listings visit:  
[CabinJohnTennis.org](https://CabinJohnTennis.org) or [WheatonTennis.org](https://WheatonTennis.org)

### CLASS DATES

Registration Opens June 13, 6:30 am

Registration Dates: June 13 - 22

Class Dates: June 24 - August 8

No Classes: July 1 - 4

### On your first day of class...

- Bring a racquet and water bottle.
- Wear proper footwear and athletic clothes.

### COURSE FEES COVER

- Six group lessons
- Starter racquet's available for purchase

### PLEASE NOTE

- No make-ups or refunds for missed lessons.
- Please read course descriptions carefully and select courses that match player ability and experience.
- At the end of each class series, the player will receive an evaluation recommending your next class.
- If you see a class you like, register!  
Classes may be canceled if a minimum enrollment is not met.

## Parent & Child Tennis

Our youngest beginners, with the help of a parent, will practice basic tennis skills through fun exercises and games that can be continued outside of class. Fee covers one adult and one child; register the child only. (Red Court/Red Balls; loaner racquets available)

### *Pauline Betz Addie Tennis Center*

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Jun 25 - Aug 6	Sun	2-3p	\$150	Ages 4 to 7	6 Classes	<a href="#">PTEN0001-210004</a>
Jun 27 - Aug 8	Tue	5-6p	\$150	Ages 4 to 7	6 Classes	<a href="#">PTEN0001-210005</a>

### *Wheaton Indoor Tennis*

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Jun 25 - Aug 6	Sun	12-1p	\$129	Ages 4 to 7	6 Classes	<a href="#">PTEN0001-216003</a>
Jun 26 - Aug 7	Mon	6-7p	\$129	Ages 4 to 7	6 Classes	<a href="#">PTEN0001-216004</a>

## Youth Tennis, Beginner 5-7

Group lesson class for the young beginner who has limited or no prior tennis experience. Class teaches basic strokes and promotes cooperative play through games and skill-building activities. Instruction for ages 5-7 focuses on hand-eye coordination, movement, and basic tennis strokes. (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Jun 28 - Aug 2	Wed	5-6p	\$141	Ages 5 to 7	6 Classes	<a href="#">PTEN0005-210012</a>
Jun 25 - Aug 6	Sun	9-10a	\$141	Ages 5 to 7	6 Classes	<a href="#">PTEN0005-210013</a>

### *Wheaton Indoor Tennis*

[Click to Register](#)

Jun 28 - Aug 2	Wed	5-6p	\$117	Ages 5 to 7	6 Classes	<a href="#">PTEN0005-216011</a>
Jun 24 - Aug 5	Sat	10-11a	\$117	Ages 5 to 7	6 Classes	<a href="#">PTEN0005-216012</a>

## Youth Tennis, Intermediate 5-7

Prerequisite: Passed Beginner level. For the developing player who can rally on the Red Court but needs additional work on stroke production, tennis specific footwork, and situational play. Skill building continues with increased emphasis on cooperative drills. (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

### *Pauline Betz Addie Tennis Center*

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Jun 25 - Aug 6	Sun	10-11a	\$141	Ages 5 to 7	6 Classes	<a href="#">PTEN0010-210023</a>
Jun 28 - Aug 2	Wed	5-6p	\$141	Ages 5 to 7	6 Classes	<a href="#">PTEN0010-210024</a>



## Youth Tennis, Beginner 7-10

Group lesson class for the young beginner who has limited or no prior tennis experience. Class teaches basic strokes and promotes cooperative play through games and skill-building activities. Instruction for ages 7-10 focuses on racquet control drills, sending and receiving, rallying skills, and ABCs (agility, balance, and coordination). (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Jun 24 - Aug 5	Sat	9-10a	\$141	Ages 7 to 10	6 Classes	<a href="#">PTEN0015-210032</a>
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### *Wheaton Indoor Tennis*

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Jun 25 - Aug 6	Sun	11-12p	\$117	Ages 7 to 10	6 Classes	<a href="#">PTEN0015-216031</a>
Jun 26 - Aug 7	Mon	5-6p	\$117	Ages 7 to 10	6 Classes	<a href="#">PTEN0015-216034</a>

## Youth Tennis, Intermediate 7-10

Prerequisite: Passed Beginner level. For the developing player who can rally on the Red Court but needs additional work on stroke production, tennis specific footwork, and situational play. Skill building continues with increased emphasis on cooperative drills. (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Jun 24 - Aug 5	Sat	10-11a	\$141	Ages 7 to 10	6 Classes	<a href="#">PTEN0020-210042</a>
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### *Wheaton Indoor Tennis*

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Jun 29 - Aug 3	Thu	5-6p	\$117	Ages 7 to 10	6 Classes	<a href="#">PTEN0020-216042</a>
Jun 24 - Aug 5	Sat	9-10a	\$117	Ages 7 to 10	6 Classes	<a href="#">PTEN0020-216043</a>

## Youth Tennis, Advanced 7-10

Prerequisite: Passed Youth Tennis, Intermediate. For players who can rally consistently and comfortably engage in point play against a variety of players. Focus will be on improving movement, positioning, concentration, focus, shot placement, and closing points. (Combination of Red Court/Red Balls and Orange Court/Orange Balls); may incorporate use of Green Dot Ball for players ready to transition from the Orange Court to full court play)

### *Pauline Betz Addie Tennis Center*

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Jun 24 - Aug 5	Sat	11a-12p	\$150	Ages 7 to 10	6 Classes	<a href="#">PTEN0025-210051</a>
Jun 28 - Aug 2	Wed	6-7p	\$150	Ages 7 to 10	6 Classes	<a href="#">PTEN0025-210053</a>

## Beginner 1 Tennis, Middle School

Prerequisite: For beginners who have never played before or have not played recently. The goal of this class is to teach fundamentals of the game, including etiquette and vocabulary, rules, positioning, and scorekeeping. Players will learn basic mechanics for hitting groundstrokes, volleys, overheads and serves. May incorporate use of Orange and Green Dot Balls to reinforce development, consistency, and control.

### *Pauline Betz Addie Tennis Center*

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Jun 25 - Aug 6	Sun	12-1p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0040-210081</a>
Jun 26 - Aug 7	Mon	6-7p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0040-210082</a>

### *Wheaton Indoor Tennis*

[Click to Register](#)

Jun 27 - Aug 8	Tue	5-6p	\$117	Ages 11 to 14	6 Classes	<a href="#">PTEN0040-216083</a>
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## Beginner 2 Tennis, Middle School

Prerequisite: Passed Beginner 1 Tennis or player with recent playing experience seeking a refresher on fundamentals. Class includes a review of tennis etiquette and vocabulary, safety, rules, and scoring. Continued focus on footwork, positioning, and directional control. Additional time will be spent on drills and situational play. Groundstrokes, volleys, overheads, and serves will be critiqued.

### *Pauline Betz Addie Tennis Center*

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Jun 24 - Aug 5	Sat	12-1p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0045-210092</a>
Jun 25 - Aug 6	Sun	1-2p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0045-210093</a>

## Intermediate Tennis, Middle School

Prerequisite: Passed Beginner 2. Players have experience in the fundamentals of tennis and are ready to work on consistency, accuracy, and technical mastery of strokes and footwork. The focus will be on drills and play situations to improve rallying skills and overall level of play.

### *Pauline Betz Addie Tennis Center*

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Jun 24 - Aug 5	Sat	1-2p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0050-210101</a>
Jun 25 - Aug 6	Sun	1-2p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0050-210102</a>
Jun 29 - Aug 3	Thu	6-7p	\$141	Ages 11 to 14	6 Classes	<a href="#">PTEN0050-210104</a>

### *Wheaton Indoor Tennis*

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Jun 28 - Aug 2	Wed	12-1p	\$117	Ages 11 to 14	6 Classes	<a href="#">PTEN0050-216101</a>
Jun 28 - Aug 2	Wed	6-7p	\$117	Ages 11 to 14	6 Classes	<a href="#">PTEN0050-216102</a>



## Beginner 1 Tennis, High School

Prerequisite: For beginners who have never played before or have not played recently. The goal of this class is to teach fundamentals of the game, including etiquette and vocabulary, rules, positioning, and scorekeeping. Players will learn basic mechanics for hitting groundstrokes, volleys, overheads and serves. May incorporate use of Orange and Green Dot Balls to reinforce development, consistency, and control.

*Pauline Betz Addie Tennis Center*

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Jun 26 - Aug 7	Mon	6-7p	\$141	Ages 15 to 18	6 Classes	<a href="#">PTEN0055-210113</a>
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*Wheaton Indoor Tennis*

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Jun 24 - Aug 5	Sat	11a-12p	\$117	Ages 15 to 18	6 Classes	<a href="#">PTEN0055-216111</a>
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## Beginner 2 Tennis, High School

Prerequisite: Passed Beginner 1 Tennis or player with recent playing experience seeking a refresher on fundamentals. Class includes a review of tennis etiquette and vocabulary, safety, rules, and scoring. Continued focus on footwork, positioning, and directional control. Additional time will be spent on drills and situational play. Groundstrokes, volleys, overheads, and serves will be critiqued.

*Pauline Betz Addie Tennis Center*

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Jun 27 - Aug 8	Tue	6-7p	\$141	Ages 15 to 18	6 Classes	<a href="#">PTEN0060-210124</a>
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## Intermediate Tennis, High School

Prerequisite: Passed Beginner 2. Players have experience in the fundamentals of tennis and are ready to work on consistency, accuracy, and technical mastery of strokes and footwork. The focus will be on drills and play situations to improve rallying skills and overall level of play.

*Pauline Betz Addie Tennis Center*

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Jun 24 - Aug 5	Sat	1-2p	\$141	Ages 15 to 18	6 Classes	<a href="#">PTEN0065-210131</a>
Jun 28 - Aug 2	Wed	6-7p	\$141	Ages 15 to 18	6 Classes	<a href="#">PTEN0065-210132</a>

## Advanced Match Play, Middle School

Prerequisite: Passed Intermediate 2, More Match Play, or Instructor Approval. For competitive players training for tournaments and/or school team tennis. Focus on enhancing footwork and agility, stroke production, and use of offensive and defensive shots. Additional emphasis on physical conditioning, mental preparedness, and sportsmanship.

*Pauline Betz Addie Tennis Center*

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Jun 24 - Aug 5	Sat	12-1p	\$150	Ages 11 to 14	6 Classes	<a href="#">PTEN0080-210162</a>
Jun 25 - Aug 6	Sun	12-1p	\$150	Ages 11 to 14	6 Classes	<a href="#">PTEN0080-210163</a>

## Advanced Match Play Tennis, High School

Prerequisite: Passed Intermediate 2, More Match Play, or Instructor Approval. For competitive players training for tournaments and/or high school team tennis. Focus on enhancing footwork and agility, stroke production, and use of offensive and defensive shots. Additional emphasis on physical conditioning, mental preparedness, and sportsmanship.

*Pauline Betz Addie Tennis Center*

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Jun 25 - Aug 6	Sun	11a-12p	\$150	Ages 15 to 18	6 Classes	<a href="#">PTEN0085-210171</a>
Jun 28 - Aug 2	Wed	7-8p	\$150	Ages 15 to 18	6 Classes	<a href="#">PTEN0085-210173</a>

## Beginner 1 Tennis, Adult (NTRP 2.0)

Designed to turn adult beginners into tennis players. Students will enjoy one-hour lessons with our certified tennis coaches and learn the basics of tennis including the serve, forehand, backhand, and net play for singles and doubles featuring a Rally and Play approach.

*Pauline Betz Addie Tennis Center*

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Jun 29 - Aug 3	Thu	7-8p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0090-210186</a>
Jun 24 - Aug 5	Sat	11a-12p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0090-210191</a>
Jun 25 - Aug 6	Sun	10-11a	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0090-210192</a>

*Wheaton Indoor Tennis*

[Click to Register](#)

Jun 25 - Aug 6	Sun	9-10a	\$117	Ages 18 and up	6 Classes	<a href="#">PTEN0090-216183</a>
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## Beginner 2 Tennis, Adult (NTRP 2.5)

This player has played some tennis but needs additional instruction on basic skills and techniques. Rally and Play approach reinforces introduction to positioning, movement, and rules of play.

*Pauline Betz Addie Tennis Center*

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Jun 27 - Aug 8	Tue	7-8p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0095-210193</a>
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*Wheaton Indoor Tennis*

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Jun 27 - Aug 1	Tue	6-7p	\$117	Ages 18 and up	6 Classes	<a href="#">PTEN0095-216191</a>
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## Intermediate Tennis, Adult (NTRP 3.0)

Prerequisite: Passed Beginner 2, Adult. This player can keep the ball in play but needs to improve consistency of strokes and overall understanding of court positioning, strategy, and use of shots in various situations.

*Pauline Betz Addie Tennis Center*

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Jun 24 - Aug 5	Sat	10-11a	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0100-210202</a>
Jun 25 - Aug 6	Sun	11a-12p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0100-210203</a>
Jun 26 - Aug 7	Mon	7-8p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0100-210205</a>
Jun 27 - Aug 8	Tue	8-9p	\$141	Ages 18 and up	6 Classes	<a href="#">PTEN0100-210207</a>

*Wheaton Indoor Tennis*

[Click to Register](#)

Jun 26 - Aug 7	Mon	7-8p	\$117	Ages 18 and up	6 Classes	<a href="#">PTEN0100-216201</a>
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## Advanced Tennis, Adult (NTRP 4.0 & Up)

Prerequisite: Passed Intermediate or Instructor approval. A competitive clinic involving intense drilling, competitive situational games, and match play. Course will focus on finessing use of lobs, overheads, approach shots, and volleys. Student will also concentrate on hitting with power, spin, depth, and control.

*Pauline Betz Addie Tennis Center*

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Jun 25 - Aug 6	Sun	2-3p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0110-210222</a>
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*Wheaton Indoor Tennis*

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Jun 27 - Aug 8	Tue	7-8p	\$129	Ages 18 and up	6 Classes	<a href="#">PTEN0110-216221</a>
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## Match Play 3.0 Tennis

The 3.0 player is fairly consistent when hitting medium-paced shots but is not comfortable with all strokes and lacks execution when trying for directional control, depth, and pace. First half of class focuses on needed drills and skills. Class finishes with a session of supervised match play. Instructor reserves the right to transfer you up or down a level if you are not closely matched in skill level.

*Pauline Betz Addie Tennis Center*

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Jun 26 - Aug 7	Mon	7-9p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0115-210232</a>
Jun 27 - Aug 8	Tue	7-8p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0115-210233</a>
Jun 28 - Aug 2	Wed	8-9p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0115-210234</a>
Jun 29 - Aug 3	Thu	7-8p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0115-210235</a>

*Wheaton Indoor Tennis*

[Click to Register](#)

Jun 29 - Aug 3	Thu	6-8p	\$258	Ages 18 and up	6 Classes	<a href="#">PTEN0115-216232</a>
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## Match Play 3.5 Tennis

The 3.5 player has dependable strokes, but still lacks depth, variety, and the ability to alter distance of shots. Lack of confidence might limit the 3.5 player in effective use of lobs, overheads, approach shots, and volleys. This player is more comfortable at net, has improved court awareness, and is developing teamwork in doubles. First half of class focuses on needed drills and skills. Class finishes with a session of supervised match play. Instructor reserves the right to transfer you up or down a level if you are not closely matched in skill level.

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Jun 26 - Aug 7	Mon	8-9p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0120-210241</a>
Jun 27 - Aug 8	Tue	8-9p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0120-210242</a>
Jun 28 - Aug 2	Wed	7-9p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0120-210243</a>
Jun 29 - Aug 3	Thu	8-9p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0120-210244</a>

### *Wheaton Indoor Tennis*

[Click to Register](#)

Jun 29 - Aug 3	Thu	6-8p	\$258	Ages 18 and up	6 Classes	<a href="#">PTEN0120-216242</a>
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## Adult Cardio Tennis

This is a high energy class that combines the best features of the sport of tennis with cardiovascular exercise, delivering the ultimate, full body, calorie burning aerobic workout.

### *Pauline Betz Addie Tennis Center*

[Click to Register](#)

Jun 24 - Aug 5	Sat	9-10a	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0125-210253</a>
Jun 25 - Aug 6	Sun	9-10a	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0125-210254</a>
Jun 27 - Aug 8	Tue	6-7p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0125-210258</a>
Jun 29 - Aug 3	Thu	8-9p	\$150	Ages 18 and up	6 Classes	<a href="#">PTEN0125-210259</a>

### *Wheaton Indoor Tennis*

[Click to Register](#)

Jun 25 - Aug 6	Sun	10-11a	\$129	Ages 18 and up	6 Classes	<a href="#">PTEN0125-216251</a>
Jun 28 - Aug 2	Wed	7-8p	\$129	Ages 18 and up	6 Classes	<a href="#">PTEN0125-216252</a>



## REGISTRATION INFORMATION

for Montgomery Parks

### WAYS TO REGISTER

#### Online

Click the Course # link next to each program in this guide to register for that program or visit [ActiveMONTGOMERY.org](https://ActiveMONTGOMERY.org)

#### By Mail

Fill out and sign the registration form and mail it to:

ActiveMONTGOMERY  
2425 Reddie Drive, 10th Floor  
Wheaton, MD 20902

**In-person registration is currently suspended.**



Use [ActiveMONTGOMERY.org](https://ActiveMONTGOMERY.org) to register for activities (courses, camps, etc.); to reserve community centers, park activity buildings, and other facilities; and to purchase memberships offered by Montgomery Parks and Montgomery County Recreation.

### QUESTIONS?

**Call 301-495-2580**

Monday–Friday, 8:30 am– 4:30 pm  
[info@ActiveMONTGOMERY.org](mailto:info@ActiveMONTGOMERY.org)

#### Program Access & Inclusion Services

For inquiries regarding inclusion services, programs, and accommodations, please contact the Program Access office:

Phone: **301-495-2581**

MD Relay: **7-1-1 or 800-552-7724**

Email: [ProgramAccess@MontgomeryParks.org](mailto:ProgramAccess@MontgomeryParks.org)  
[MontgomeryParks.org/Accessibility](https://MontgomeryParks.org/Accessibility)

## PAYMENT INFORMATION

Full Payment must be made at time of registration. Do not submit registrations and/or payments to Parks Instructors.


**CHECKS & MONEY ORDERS:** Make checks and money orders payable to **ActiveMONTGOMERY**. Checks and money orders must include name, address and phone number. If your check is returned unpaid, your account will be debited for the original check amount, and electronically or via paper for the state's maximum allowable service fee.

Payment by check constitutes authorization of these transactions. you make revoke authorization by calling 800-666-5222, ext. 2 to arrange payment for any outstanding checks and service fees due. Please allow 2 weeks to receive a refund by check.

**CREDIT CARDS:** Visa, MasterCard, American Express and Discover are accepted. Registration form must include correct credit card number, expiration date, authorized signature and authorized total amount.

Montgomery Parks and Montgomery County Recreation reserve the right to pursue all available options to collect any funds owed as a result of a dishonored check or credit card, charges incurred due to unsubstantiated credit card disputes, or any outstanding debt.

## ACTIVITY WITHDRAWALS AND REFUNDS

Withdrawal Time Frame	Withdrawal Reason & Method	Refund Amount	Refund Form
Any	Activity <b>Canceled</b> by Parks or Recreation	<b>Full Refund</b>	Refund may be applied to customer's ActiveMONTGOMERY account; or returned in same form as payment rendered.
At least <b>5 (five) business days</b> before activity begins	Any reason, <b>ONLINE</b>	<b>Full Refund</b>	<b>If payment was made by credit card...</b> Refund will be applied to credit card.
			<b>If payment was made by check, cash, or money order...</b> Refund will be applied to customer's ActiveMONTGOMERY account.
	Any reason, <b>IN PERSON</b>	<b>Full Refund</b>	<b>Activity fee is \$25 or less...</b> Refund will be applied to customer's ActiveMONTGOMERY account.
			<b>Activity fee is \$26 or more...</b> Refund may be applied to customer's ActiveMONTGOMERY account, or refund check may be requested.
Less than <b>5 business days</b> before activity begins <i>No withdrawals may be made <b>ONLINE</b> less than five days before activity begins.</i>	<b>Parks:</b> Withdraw in person at the hosting facility. <b>Recreation:</b> Email Rec.FinanceOffice@MontgomeryCountyMD.gov or withdraw in person at Rec HDQ.	<b>Refund Less \$25 Withdrawal Fee</b>	<b>Activity fee is \$49 or less:</b> Refund will be applied to customer's ActiveMONTGOMERY account. <b>Activity fee is \$50 or more:</b> Refund may be applied to customer's ActiveMONTGOMERY account, or customer may request a refund check.
For classes/sessions missed by participant	No refund of any type will be issued		
After second session/class of activity has met			
After the final session of activity has met			

The withdrawal and refund policies above pertain to all Parks and Recreation activities and rentals, unless otherwise noted in the activity description or facility rental agreement.





Use this form to register for BOTH **Montgomery Parks** AND **Montgomery County Recreation** activities.\*  
Use este formulario para activides de **LOS DOS Montgomery Parks** Y **Montgomery County Recreation**.\*

\* Required Info | Info Requerida

## REGISTRATION FORM | FORMULARIO DE INSCRIPCIÓN

☐ Check here if this is a new address, phone number or email address. Please print. This form may be copied.

☐ Marque aquí si esta es una dirección nueva, teléfono o dirección de correo electrónico.  
Por favor imprima. Este formulario puede ser reproducido.

### PARENT/GUARDIAN | PADRE/GUARDIÁN

Last Name   Apellido *	First Name   Nombre *	Birthday   Fecha de nacimiento (mm/dd/yy) *	Email
Address   Dirección *		City   Ciudad *	State   Estado * ZIP   Código Postal *
Home Phone   Teléfono de Casa *		Work Phone   Teléfono de Trabajo	Cell Phone   Celular

### EMERGENCY CONTACT | EMERGENCIA CONTACTO

For participants under 18 | Participantes de 18

Name   Nombre	Relationship   Relación	Phone   Telf.
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Participant s Name (Last, First) Apellido y Nombre del Participante	Birthday (mm/dd/yy) Fecha de Nacimiento (mm/dd/yy)	Sex Sexo	Activity Name Nombre de la Actividad	Activity Number Número	Fees * Costo *

\*Non-County residents include an additional \$15 per participant, per activity for Montgomery County Recreation Department activities (not applicable for Parks activities)  
\*Incluya \$15 por participante, por actividades de Montgomery County Recreation si vive fuera del Condado (no aplica por actividades de Parques)

**Total Program Fees:  
Cantidad Total:**

To which ethnicity do you identify most?

#### PAYMENT OPTIONS\*

\* Required Info | Información requerida

- ☐ American Indian/Alaskan Native  
☐ Asian  
☐ Black or African American  
☐ Hispanic or Latino or Spanish Origin of Any Race  
☐ Native Hawaiian or Other Pacific Islander  
☐ White  
☐ Two or More Races  
☐ Other \_\_\_\_\_  
☐ Prefer not to answer

Total Program Fees \$ \_\_\_\_\_ CASH \$ \_\_\_\_\_  
Non-Resident/Other Fees \$ \_\_\_\_\_ Check # \_\_\_\_\_ \$ \_\_\_\_\_  
Total Fees Due \$ \_\_\_\_\_

Make checks and money orders payable to: **ActiveMONTGOMERY.**  
Mail checks to: **2425 Reedie Drive, 10<sup>th</sup> Floor, Wheaton, MD 20902**

Will you need an ADA (Americans with Disabilities Act) disability accommodation (trained support staff, sign language interpreters, companion, Braille/large print, adaptive equipment, assistive listening/auxiliary devices, and/or audio description?)

☐ Yes ☐ No

If YES, please see below:

#### ADA Requests for Montgomery Parks

To request an accommodation for M-NCPPC, Montgomery Parks programs you must contact the Program Access Office at 301-495-2477 or email [ProgramAccess@montgomeryparks.org](mailto:ProgramAccess@montgomeryparks.org).

#### ADA Requests for Montgomery County Recreation

To request an accommodation for Montgomery County Recreation, you must contact the Therapeutic Recreation and Inclusion Services Office at 240-777-6870 or email [rec.inclusion@montgomerycountymd.gov](mailto:rec.inclusion@montgomerycountymd.gov).

**IMPORTANT: Request should be made before the program begins.**

\*SIGNATURE IS REQUIRED\* | \*SE REQUIERE LA FIRMA\*

Participant or Parent/Guardian Signature | Participante o Padre/Guardián Firma \_\_\_\_\_ Date | Fecha \_\_\_\_\_

The participant assumes all risks associated with participation in the program; neither the County nor Montgomery Parks/M-NCPPC assumes any liability for injury or damages arising from participation in the program. Due to the strenuous nature of some activities, each participant is encouraged to consult his or her physician concerning fitness to participate in the program. The participant consents to emergency treatment. The participant also consents to the County and Montgomery Parks/M-NCPPC's use of the participant's image and likeness as shown in any photographs, videotapes, motion picture film, or electronic images, and any audio recordings made of the participant's voice in whatever way the County and Montgomery Parks/M-NCPPC desires, including television, print and Internet websites. Furthermore, the participant consents that such photographs, films, recordings, electronic images shall be the sole property of the County and Montgomery Parks/M-NCPPC. If the participant is a minor, the parent of guardian approves his or her participation in the program. Neither the instructor nor any staff are responsible for children prior to or after scheduled program.

El participante asume todos los riesgos asociados con la participación en el programa; ninguno ni el Condado ni Montgomery Parks/M-NCPPC asume cualquier responsabilidad de lesiones daños debido a su participación en el programa. Debido a la naturaleza persistente de algunas actividades se alienta a consultar con un médico, se alienta a que cada participante consulte con su doctor sobre su capacidad física de participar en el programa. El participante consiente el tratamiento de emergencia. El participante también consiente que el Condado y Montgomery Parks/M-NCPPC's utilice las imágenes del participante y la posibilidad de mostrar fotografías videos, películas o imágenes electrónicas, y cualquier grabación de audio que se haga de la voz del participante en cualquier forma que el Condado y Montgomery Parks/M-NCPPC desee, incluyendo televisión, impresos, páginas del internet. Además, el participante consiente que las fotos, películas, grabaciones, imágenes electrónicas serán propiedad única del Condado.