

SUMMER 2022



MONTGOMERY PARKS **SUMMER 2022**

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Programs are subject to change. For the most up-to-date listings visit: MontgomeryParks.org



Summer 2022

Dear Friends,

Summer is here and there is a ton going on in the parks for kids, teens, families, and adults to enjoy!

It's the perfect time of year to get out on the water—visit Rock Creek Regional Park or Black Hill Regional Park to rent a canoe, kayak, rowboat or paddleboat. Cool off at the SplashPark or practice your swing at the Mini Golf course at South Germantown Recreational Park, spend a weekend camping at Little Bennett Regional Park, or just grab a blanket and some snacks and have a picnic at your neighborhood park.

This summer we have a new outdoor performing arts series in the parks, Parks Playhouse and Parks Playhouse Junior. Performances take place throughout the summer with live music, comedy, spoken word poetry, theater, and puppet shows featuring local artists!

On June 18, we will mark the birthday of Reverend Josiah Henson and Juneteenth with free admission to the Josiah Henson Museum and Park as well as activities and refreshments.

Wishing you a wonderful summer,

Casey Anderson

Chair, Montgomery County Planning Board Vice Chair, The Maryland-National Capital Park and Planning Commission







MONTGOMERY PARKS DIRECTORY

ATHLETIC FIELDS

To reserve an outdoor athletic field contact the Office of Community Use of Public Facilities • 240-777-2725 • MontgomeryCountyMD.gov/CUPF

ARCHERY

South Germantown Recreational Park

18045 Central Park Circle, Boyds, MD 20841

Rock Creek Regional Park

5700 Needwood Lake Circle Rockville, MD 20855

BASKETBALL, TENNIS & PICKLEBALL COURTS (OUTDOOR)

Visit montgomeryparks.org/sports for a list of outdoor courts. Courts are available to use on a first-come, first-served basis. To reserve an outdoor court • 301-495-2525 • ParkPermits.org

BOATING & FISHING

Black Hill Boats

20920 Lake Ridge Drive, Boyds, MD 20841 301-528-3466 • BlackHillBoats.org

Lake Needwood Boats

15700 Needwood Lake Circle, Rockville, MD 20855 301-563-7540 • LakeNeedwoodBoats.org

CAMPING

Little Bennett Campground AM

23705 Frederick Road, Clarksburg, MD 20871 301-528-3430 • LittleBennettCampground.org

Robert C. McDonell Campground

7701 Tuckerman Lane Rockville, MD 20854 301-495-2525 • ParkPermits.org

CAROUSEL

Ovid Hazen Wells Carousel

2002 Shorefield Road, Wheaton, MD 20902 WheatonTrainandCarousel.org

COMMUNITY GARDENS

Visit montgomeryparks.org/community-gardens for information

CULTURAL & HISTORIC ATTRACTIONS

Visit HistoryintheParks.org for more information and sites.

Agricultural History Farm Park

18400 Muncaster Road, Derwood, MD 20855 • 301-840-5120

Kingsley Schoolhouse

24472 Clarksburg Road Clarksburg, MD 20871 • 301-650-4373

Josiah Henson Museum & Park

11410 Old Georgetown Road, North Bethesda, MD 20852 • 301-765-8790

Oakley Cabin African American Museum

3610 Brookeville Road, Olney, MD 20832 • 301-650-4373

Underground Railroad Experience Trail

16501 Norwood Road, Sandy Spring, MD 20860 • 301-929-5989

Woodlawn Manor Cultural Park

16501 Norwood Road, Sandy Spring, MD 20860 • 301-929-5989

DOG PARKS

Black Hill Regional Park Dog Park

20930 Lake Ridge Drive, Boyds, MD 20841 On Picnic Lane, SE of boat rentals on Lake Ridge Dr.

Cabin John Regional Park Dog Park

7400 Tuckerman Lane, Bethesda, MD 20817

Dewey Local Park Dog Park

1720 Dewey Road Silver Spring, MD 20906

Ellsworth Urban Park Dog Park

621 Ellsworth Drive, Silver Spring, MD 20910

Olney Manor Recreational Park Dog Park

16601 Georgia Avenue, Olney, MD 20832

Ridge Road Recreational Park Dog Park

21155 Frederick Road, Germantown, MD 20876

Wheaton Regional Park Dog Park

11710 Orebaugh Avenue, Wheaton, MD 20902

DRIVING RANGE/GOLF

South Germantown Driving Range AM

18045 Central Park Circle, Boyds, MD 20841 301-670-4670 • SGDrivingRange.com

EVENT CENTERS

Montgomery Parks Event Centers are the natural choice for a wedding, anniversary, family reunion, retirement party, business meeting or retreat!

Brookside Gardens

1800 Glenallan Avenue, Wheaton, MD 20902 301-962-1404 • Event.Manager@MontgomeryParks.org ParkEventCenters.org or BrooksideGardens.org

Seneca Lodge

14500-A Clopper Road, Boyds, MD 20841 301-528-6010 • SenecaLodge@MontgomeryParks.org ParkEventCenters.org or LodgeatSeneca.org

Rockwood Manor

11001 MacArthur Boulevard, Potomac, MD 20854 301-563-7510 • RockwoodManor@MontgomeryParks.org ParkEventCenters.org or RockwoodManor.org

GARDENS

Brookside Gardens AM

1800 Glenallan Avenue, Wheaton, MD 20902 301-962-1400 general information • 301-962-1404 event rentals BrooksideGardens.org

McCrillis Gardens

6910 Greentree Road, Bethesda, MD 20817 301-962-1455 • McCrillisGardens.org

GOLF

Golf courses are operated by the Montgomery County Revenue Authority. Visit www.MCGGolf.com for information.

Little Bennett Golf Course

25900 Prescott Road Clarksburg, Maryland 20871 301-253-1515 • mcggolf.com/courses/little-bennett

Needwood Golf Course

6724 Needwood Road Derwood, MD 20855 301-948-1075 • mcggolf.com/courses/needwood

Northwest Park Golf Course

15711 Layhill Road Silver Spring, MD 20906 301-598-6100 • mcggolf.com/courses/northwest

Sligo Creek Golf Course

9701 Sligo Creek Parkway Silver Spring, MD 20901 301-585-6006 • mcggolf.com/courses/sligo-creek



HORSEBACK RIDING & STABLES

Equestrian facilities are managed by private operators through partnerships with M-NCPPC

Callithea Farm Park

15000 River Road Potomac, MD 20854 301-977-8010

Meadowbrook Riding Stables

8200 Meadowbrook Ln., Chevy Chase, MD 20815 301-589-9026 • MeadowbrookStables.org

Potomac Horse Center

14211 Quince Orchard Rd., N. Potomac, MD 20878

Rickman Farm Horse Park

17320 Moore Road, Boyds, MD 20841 301-349-0075 • GreatandSmallRide.org

Wheaton Regional Park Stables

1101 Glenallen Avenue, Wheaton, MD 20902 301-622-2424 • WheatonParkStables.com

Woodstock Equestrian Park

20100 Darnestown Road, Beallsville, MD 20839 301-495-2525 • ParkPermits.org

ICE SKATING

Cabin John Ice Rink AM

10610 Westlake Drive, Rockville, MD 20852 301-765-8620 · CabinJohnIce.org

Wheaton Ice Arena AM

11717 Orebaugh Avenue, Wheaton, MD 20902 301-905-3000 • Wheatonice.org

MINIATURE GOLF

South Germantown Miniature Golf

18056 Central Park Circle, Boyds, MD 20841 301-670-4680 • SplashandGolf.com

NATURE CENTERS

Black Hill Visitor Center AM

20926 Lake Ridge Drive, Boyds, MD 20841 301-528-3492 • BlackHillNature.org

Brookside Nature Center AM

1400 Glenallan Avenue, Wheaton, MD 20902 301-962-1480 • BrooksideNature.org

Locust Grove Nature Center AM

7777 Democracy Boulevard, Bethesda, MD 20817 301-765-8660 • LocustGroveNature.org

Maydale Nature Classroom AM

1638 Maydale Drive, Colesville, MD 20905 301-962-1496 • MaydaleNature.org

Meadowside Nature Center AM

5100 Meadowside Lane, Rockville, MD 20855 301-258-4030 · MeadowsideNature.org

PARK ACTIVITY BUILDINGS & **PICNIC SHELTERS**

Visit ParkPermits.org for rental information

SKATING & BMX

In-line Hockey Rink

Dewey Local Park

11720 Dewey Road, Veirs Mill, MD 20906

Ridge Road Recreational Park

21155, Frederick Road Germantown, MD 20876 Mountain Bike and BMX Pump Track

South Germantown Recreational Park

18045 Central Park Circle, Boyds, MD 20841

Skate Park

Olney Manor Skate Park

16601 Georgia Avenue, Olney, MD 20832

Takoma-Piney Branch Local Park

2 Darwin Avenue Takoma Park, MD 20910

Woodside Urban Park

8800 Georgia Avenue Silver Spring, MD 20910

SPLASH PARK

South Germantown SplashPark AM

18056 Central Park Circle, Boyds, MD 20841 301-670-4680 • SplashandGolf.com

TENNIS (INDOOR)

Pauline Betz Addie Tennis Center AM

7801 Democracy Boulevard, Bethesda, MD 20817 301-765-8650 • CabinJohnTennis.org

Wheaton Indoor Tennis AM

11715 Orebaugh Avenue, Wheaton, MD 20902 301-905-3030 · WheatonTennis.org

Montgomery TennisPlex*

18010 Central Park Circle, Boyds, MD 20841 240-477-4430 • MontgomeryTennisPlex.com

* This facility is managed by a private operator through a partnership with M-NCPPC. Please contact them directly for more information.

TRAILS

Visit MontgomeryParks.org/Trails for maps and detailed information about the more than 200 miles of trails in Montgomery Parks.

TRAINS (MINIATURE)

Cabin John Miniature Train AM

7410 Tuckerman Lane, Rockville, MD 20852 301-765-8670 • 301-650-2880 party rentals CabinJohnTrain.org

Wheaton Train and Carousel AM

2002 Shorefield Road, Wheaton, MD 20902 301-563-7545 • 301-650-2880 party rentals WheatonTrainandCarousel.org

TURF FIELD

200' x 85' covered synthetic turf playing field; rent for soccer, lacrosse, futsal, parties and more.

Wheaton Sports Pavilion AM

11751 Orebaugh Avenue, Wheaton, MD 20902 301-905-3070 · WheatonSportsPavilion.org

CONTACT INFORMATION

Montgomery Parks Headquarters

2425 Reedie Drive, Wheaton, MD 20902

W: MontgomeryParks.org

For the latest news and information follow @MontgomeryParks on Facebook, Twitter, LinkedIn, and Instagram

For general park Information or to report maintenance requests or concerns:

P: 301-495-2595

E: Info@MontgomeryParks.org

W: MontgomeryParks.org/Customer

For permits & rentals:

P: 301-495-2525

E: ParkPermits@MontgomeryParks.org

W: ParkPermits.org

For volunteeer opportunities:

W: ParksVolunteers.org

For up-to-date field and trail information:

Rainoutl ine

P: 301-579-5610 Athletic Fields

P: 240-270-0008 Trail Conditions

W: MontgomeryParks.org/Rainoutline

To contact Park Police:

P: 301-949-8010, emergency call 911

W: ParkPolice.org Twitter: @ParkPolice

ACCESSIBILITY

Program Access & Inclusion Services

For inquiries regarding inclusion services, programs, and accommodations, please contact the Program Access office:

P: 301-495-2477

MD Relay: 7-1-1 or 800-552-7724

E: ProgramAccess@MontgomeryParks.org W: MontgomeryParks.org/Accessibility







ActiveMONTGOMERY is a collaborative registration and reservation system for Montgomery Parks, Montgomery County Recreation, and Community Use of Public Facilities office.

ActiveMONTGOMERY recently launched a new and improved website.

- Visit ActiveMONTGOMERY.org to sign up for an account.
- Need help setting up your account?
 View the frequently asked questions at activemontgomery.blogspot.com
- Help Link: bit.ly/HowToActiveMONTGOMERY

REGISTRATION DATES

Summer Programs: May 16 Ice/Tennis Programs: June 14

WAYS TO REGISTER

Online

Click the Course # link next to each program in this guide to register for that program or visit

ActiveMONTGOMERY.org

By Mail

Fill out and sign the registration form and mail it to: ActiveMONTGOMERY 2425 Reedie Drive, 10th Floor Wheaton, MD 20902

In-person registration is currently suspended.

Questions?

Call 301-495-2580 Monday - Friday, 8:30 a.m. – 4:30 p.m. info@ActiveMONTGOMERY.org

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Volunteering in Montgomery Parks is such a natural thing to do!

Volunteering in Montgomery Parks is such a natural thing to do! We love the folks in our communities who get involved — and we think you'll love working with us, too.

Check out some of our summer volunteer opportunities below, and visit

ParksVolunteers.org for even more. Apply today!

Thank you for all you do.

- * Trail Workday Volunteers
 Weekends–Join us for a half-day
 volunteer project to help maintain
 and improve a portion of the
 200-mile natural surface trail
 network. It's a great way to enjoy
 the outdoors and be physically
 active while improving a valuable
 community resource.
- * Weed Warrior for a Day
 Work with Weed Warrior
 supervisors and help save the
 forest from invasive plants! Take
 what you learn and keep native
 plants in your neighborhood alive
 and growing.
- ★ Ice Skating Instructional Assistant Help Group Lesson Instructors in our "Learn to Skate" program for children, looking for experienced skaters!

- ★ Nature Center Gardeners Help us keep the gardens at our Nature Centers looking lovely.
- * Nature Center Hosts

 Volunteers Hosts welcome visitors
 to our nature centers, and assist
 with program registrations. They
 help staff keep the Nature Centers
 running smoothly. Weekend help
 needed as well!
- * Kingsley School House Docents, Clarksburg - Summer Training Lead visitors in old fashioned lessons on the three "Rs"-reading, 'riting & 'rithmetic at our historic one-room schoolhouse.
- * Oakley Cabin Docents,
 Brookeville Summer Training
 Give tours of our 19th-century
 cabin that was home to free
 African Americans from
 Emancipation to the 20th century.



BROOKSIDE GARDENS

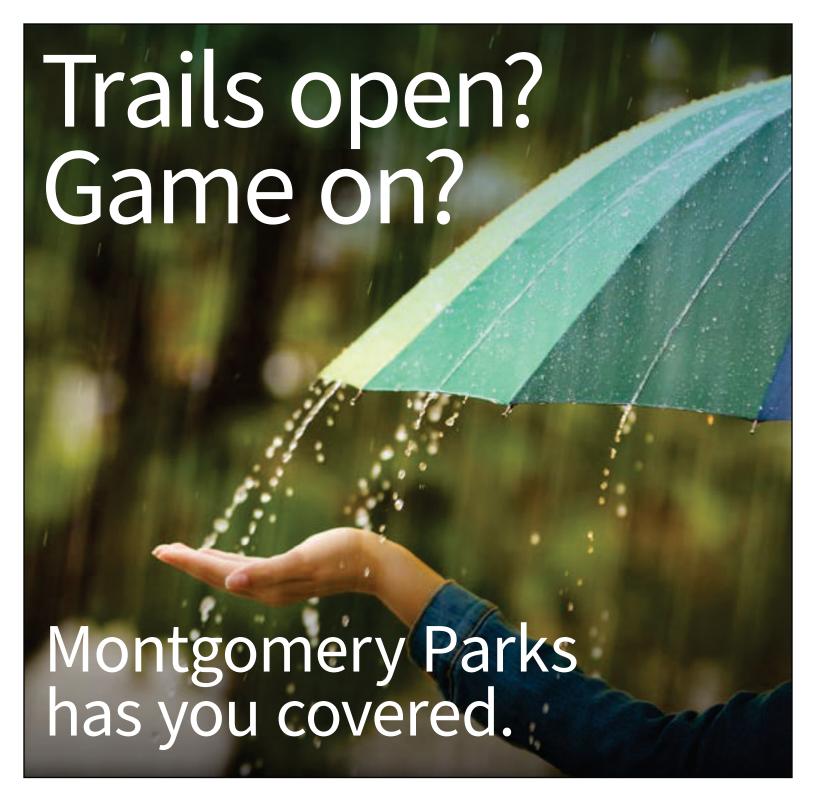
- * Birthday Party Assistants
 Help with set-up, clean-up, and
 craft/activities for parties, and
 help to make them run smoothly!
- * Special Event Monitors

 Assist staff indoors and outdoors
 throughout the year, making
 the Gardens a great place for
 our guests to hold a special
 wedding, anniversary parties,
 remembrance ceremonies and
 other events.
- * Gift Shop Assistants
 Assist by answering questions,
 restocking shelves and keeping
 the shop clean and orderly.
- * Summer Camp Volunteers

 Help our camp staff out with
 setup, cleanup and assisting
 campers with fun garden-related
 activities.







When inclement weather occurs, use the **RainoutLine** system to get instant information on Montgomery Parks trails and athletic fields.

Three ways to access RainoutLine:

• Phone: Trail Conditions: 240.270.0008 or Athletic Field Status: 301.579.5610

2 Online: Go to MontgomeryParks.org/RainoutLine.

3 App: Download the free mobile app for your smartphone.







Convenient and affordable, our **Park Activity Buildings** and **Picnic Shelters** provide all the amenities needed to make your next event enjoyable and hassle-free!



For more information, scan the QR code or go to ParkPermits.org.

BIRTHDAY PARTIES • BUSINESS MEETINGS • RECEPTIONS • REUNIONS • NEIGHBORHOOD GATHERINGS

Contact the Park Permits Office for rental information

P: Monday-Friday, 8:30am-5pm | 301.495.2525 E: ParkPermits@MontgomeryParks.org | W: ParkPermits.org

2425 Reedie Drive, 2nd Floor | Wheaton, MD 20902





* OPENING MEMORIAL DAY WEEKEND *



The natural choice for your special event!

Our event centers are the ideal venues for picture-perfect weddings, elegant celebrations, successful retreats, and more!

Available year-round at affordable rates.



BROOKSIDE GARDENS

50 acres of stunning garden areas

1800 Glenallan Avenue | Wheaton, MD 20902 301.962.1404 | BrooksideGardens.org event.manager@montgomeryparks.org

THE LODGE AT LITTLE SENECA CREEK

Rustic charm and beautiful panoramic views

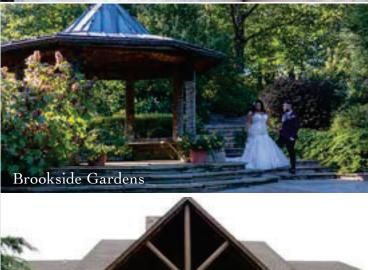
14500-A Clopper Road | Boyds, MD 20841 301.670.3282 | LodgeatSeneca.org senecalodge@montgomeryparks.org

ROCKWOOD MANOR

Serene estate just six minutes from the Capital Beltway

11001 MacArthur Boulevard | Potomac, MD 20854 301.563.7510 | RockwoodManor.org rockwoodmanor@montgomeryparks.org

ParkEventCenters.org



Now Booking Overnight Stays

The Lodge at Little Seneca Creek

MONTGOMERY PARKS

AGRICULTURAL HISTORY FARM PARK

Park grounds and trails open dawn to dusk daily.

See the past, present, and future of Montgomery County's rich farming heritage at the **Agricultural History Farm Park**. This scenic 455 acre park features rolling hills, open fields, an apple orchard, and a variety of farm animals.

Visit our website at **AgHistoryFarm.org** for current programming and event information.



MONTGOMERY PARKS

WALK-INS WELCOME

Josiah Henson Museum & Park

Admission required. Tickets available onsite.

Open Friday through Sunday | 10 am - 4 pm



Josiah Henson Museum & Park tells the story about the life and challenges of Reverend Josiah Henson, enslavement in Maryland, and the ongoing struggles of racial equality and justice. Visit the museum and experience interactive multimedia exhibits. Explore the park and engage in personal or group reflection. Discover the archaeological sites throughout the park. Visit **JosiahHenson.org** for program and event information.



JOSIAH HENSON MUSEUM & PARK

11410 Old Georgetown Road
North Bethesda, Maryland 20852
301.765.8790 | JosiahHenson.org
Visitor Parking at Wall Local Park, 5900 Executive Blvd

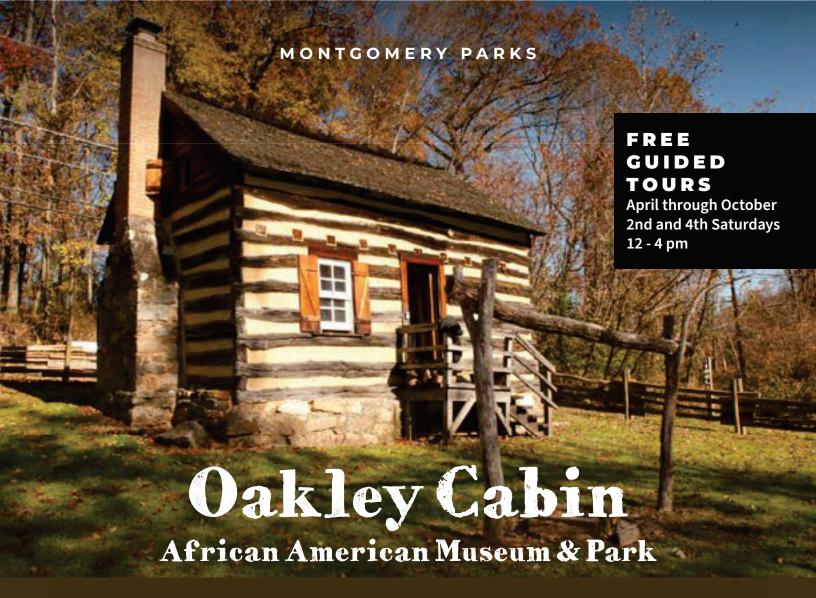






Montgomery Parks is dedicated to providing quality services and programs that are inclusive and accessible to all. ADA: MontgomeryParks.org/accessibility

Non-Discrimination: MontgomeryParks.org/about/parks/



Explore the rich history of Oakley Cabin's African American roadside community. Learn how these tenant farm families lived and worked on this historic site from emancipation well into the 20th century. Their culture and traditions heavily influenced those of surrounding communities, and their story is deeply woven into Montgomery County's history. At the center of this site is Oakley Cabin, now serves as a living history museum.

Visit **OakleyCabin.org** for current programming and event information.

BECOME A VOLUNTEER TOUR GUIDE!

Share your love of history, the great outdoors, and agriculture with visitors of all ages.

Volunteer opportunities meet SSL requirements. FREE training provided.

Register online at **HistoryInTheParks.org**.

OAKLEY CABIN AFRICAN AMERICAN MUSEUM & PARK

3610 Brookeville Road | Olney, MD 20832 HistoryInTheParks.org | 301 650 4373











ARCHAEOLOGICAL, HISTORICAL & CULTURAL

Guided Hike UGRR Trail

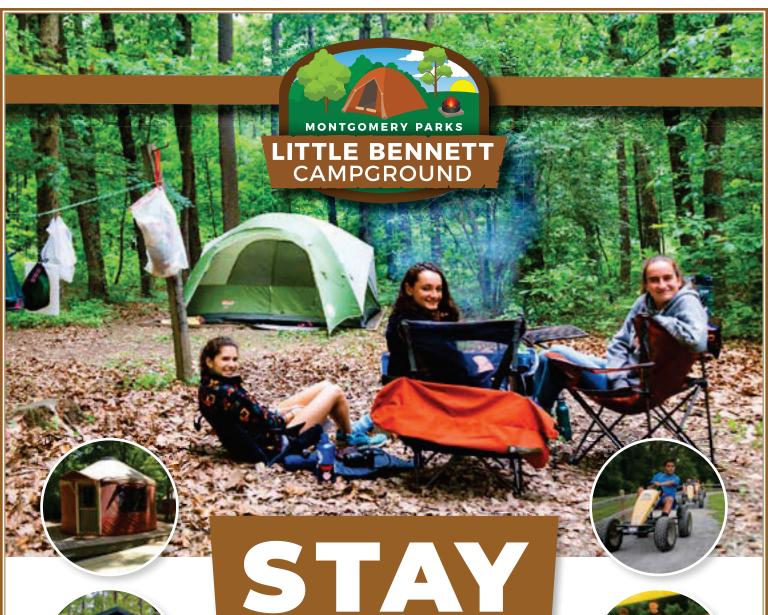
Learn about the experience of 19th century freedom seekers and Montgomery County residents in a guided hike of the Underground Railroad Experience Trail. Discover techniques used for navigation, eluding detection, and finding food/shelter on the perilous journey. Roundtrip hike is 2 miles along a natural surface trail. Program lasts approximately an hour and a half. Woodlawn Museum admission is included. UGRR Experience Trail is not ADA accessible. Advance registration required by 12 pm the day before hike. Limited Walk-In spaces depending upon pre-registration totals, tickets sold at the Visitor Center. If attendance is fewer than 6 participants, the program will be canceled and those who booked will be notified the afternoon prior to their scheduled hike. Program will be canceled for heavy rain/thunderstorms or poor trail conditions.

Woodlawn Manoi	/oodlawn Manor Cultural Park										
Jun 4	Sat	\$8	10-11:30a	Ages 6 and up	1 Class	PWMVC0005-200001					
Jun 18	Sat	\$8	10-11:30a	Ages 6 and up	1 Class	PWMVC0005-200002					
Jul 2	Sat	\$8	9:30-11a	Ages 6 and up	1 Class	PWMVC0005-200003					
Jul 16	Sat	\$8	9:30-11a	Ages 6 and up	1 Class	PWMVC0005-200004					
Aug 6	Sat	\$8	9:30-11a	Ages 6 and up	1 Class	PWMVC0005-200005					
Aug 20	Sat	\$8	9:30-11a	Ages 6 and up	1 Class	PWMVC0005-200006					

Twilight Trek

An evening version of our popular guided hikes on the Underground Railroad Experience Trail. Learn about the experience of 19th century freedom seekers and Montgomery County residents in a guided hike of the Underground Railroad Experience Trail. Discover techniques used to navigate the way north to freedom including the challenges and opportunities nighttime travel presented. Woodlawn Museum admission included. Twilight Trek participants should bring a flashlight and wear light colored or reflective clothing. Check-in and self-exploration of the Woodlawn Museum is available beginning at 6:30pm. Hike will begin promptly at 7 pm. Hike lasts an hour and a half covering approximately 2 miles of natural surface wooded trails. Woodlawn Museum admission included. All visitors must exit the property no later than 9 pm. Advanced registration highly recommended by 12 pm Friday before hike. Limited tickets sold night of hike at the Visitor Center. Twilight Treks are not available for group tour bookings.

Woodlawn Manoi	Woodlawn Manor Cultural Park										
Jul 9	Sat	\$8	6:30-8:30p	Ages 6 and up	1 Class	PWMVC0004-200001					
Aug 13	Sat	\$8	6:30-8:30p	Ages 6 and up	1 Class	PWMVC0004-200002					





Range of accommodations including campsites, cabins, and yurts, to fit your needs

STAY -&PLAY

OPEN YEAR-ROUND

[MINIMUM 2-NIGHT STAY]



Hiking and biking trails, pedal kart track, jumping pillow, laser tag, outdoor movies, arts & crafts, and more!



LITTLE BENNETT CAMPGROUND 23705 Frederick Road | Clarksburg, MD 20871 LittleBennettCampground.org



We're Hiring!

Join our amazing team at Montgomery Parks.





To view current job openings, scan the QR code or go to MoCoParks.org/jobs

What can you expect if you come to work with us?

- An exciting and fulfilling career.
- A diverse, talented and enthusiastic group of coworkers employed in a wide range of functions from natural resources and park management to engineering and architecture and everything in between.
- A compensation and benefits package featuring a defined retirement plan, generous annual, personal and sick leave, and medical and dental coverage.

Watch our Why Work at Parks video!

Persons hired for our agency must provide proof of being fully vaccinated for COVID-19 (with limited religious or medical exceptions)



Latino Conservation Week

July 16 - 24, 2022













For the full list of events, scan the QR code or visit:

MoCoParks.org/LCW2022

Para la lista completa de eventos, escanea el código QR o visita:

MoCoParks.org/LCW2022







Throughout the summer season, Montgomery Parks is hosting Parks Playhouse — a series of free, live performances to celebrate the artistry of great local artists, troupes, and groups.

The summer lineup includes:

themed comedy shows for Mother's Day and Pride Month with Improbable Comedy, classic Shakespeare plays, puppet theater companies, and so much more!

Performances will be rolling throughout the summer at different park locations.



For little art lovers,

Montgomery Parks is also hosting Parks Playhouse Junior — with live performances geared to kids ages three through twelve.







Enjoy a scenic two-mile ride on a Miniature Train or take a spin on the historic Ovid Hazen Wells Carousel.

For schedule and ticket information visit MontgomeryParks.org/Trains



CABIN JOHN MINIATURE TRAIN

Cabin John Regional Park 7410 Tuckerman Lane, Rockville, MD 20852

WHEATON MINIATURE TRAIN & CAROUSEL

Wheaton Regional Park 2000 Shorefield Road Wheaton, MD 20902





EXPLORE.

The Marye Wells-Harley
Dream Camp Scholarship
can help a child explore
and experience the joys of
summer camp.

Apply today for this community-funded scholarship which provides funding for young people ages 6-to-14 to attend summer camp.

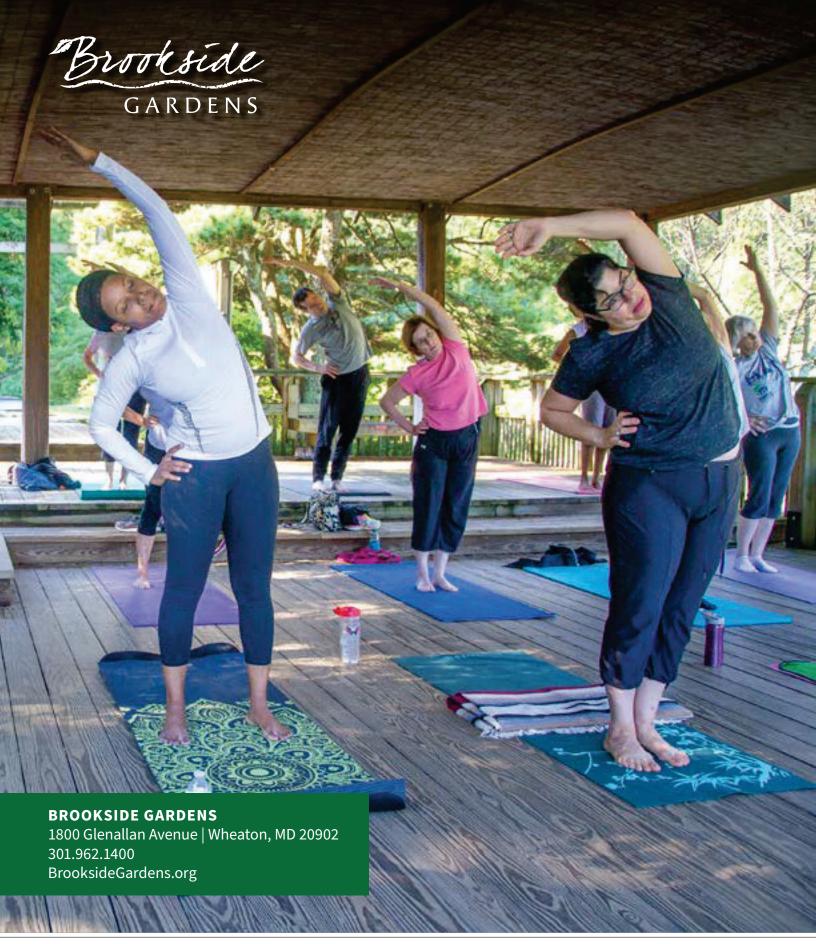
Apply today!



For more information or to apply, visit: **MontgomeryParks.org/Camps**









HEALTH & WELLNESS

Tai Chi at Brookside Gardens

Instructor: Charles Votaw

Tai Chi is an ancient, Chinese form of exercise perfect for adults seeking stress reduction while strengthening muscles, improving balance, and increasing flexibility. The repetitive patterns (Forms) emphasize slow, flowing motions and controlled movements. This series of introductory classes will help beginners learn the Forms while allowing regular practitioners to practice them under the cover of Brookside Gardens' pondside Japanese Tea House, FOBG \$10

Brookside Ga	rookside Gardens										
Jun 1	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	PBG0029-200001					
Jun 8	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	PBG0029-200002					
Jun 15	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	PBG0029-200003					
Jun 22	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	PBG0029-200004					
Jun 29	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	PBG0029-200005					
Jul 6	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	PBG0029-200006					
Jul 13	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	PBG0029-200007					
Jul 20	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	PBG0029-200008					
Jul 27	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	PBG0029-200009					
Aug 3	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	PBG0029-200010					
Aug 10	Wed	9-10:15a	\$12	Ages 18 and up	1 Class	PBG0029-200011					

Shinrin-yoku: The Art of Forest Bathing

Meet at the Visitor Center Entrance. Instructor: Ana Ka'ahanui, certified Forest Therapy Guide

During the April and May sessions you'll be led on a forest bathing walk through the springtime blossoms and leafing trees at Brookside Gardens. Experience the incomparable beauty of the springtime ephemerals as you stroll the grounds at a slow pace, stopping to smell the flowers, hear the birds, and ponder the many small miracles of spring unfolding. Participants in the June sessions will be stimulated by the vivid colors and rich fragrances of summer annuals and perennials including lush blooms in the rose garden. FOBG \$27

Brookside Gar	Click to Register	_					
Jun 12	Sun	10a-12p	\$30	Ages 18 and up	1 Class	PBG0022-200001	
Jun 18	Sat	9:30-11:30a	\$30	Ages 18 and up	1 Class	PBG0022-200002	



Gentle Yoga at Brookside Gardens

Instructor: Sherry Weber

These series of classes feature foundational yoga poses that are designed to support better breathing, walking, and space orientation. Yoga movements help build muscle, bone density and core strength while improving balance, posture, and flexibility. Mats are not included. FOBG \$10

Brookside Gai	Brookside Gardens Click to Register										
Jun 2	Thu	10-11a	\$12	Ages 18 and up	1 Class	PBG0030-200001					
Jun 9	Thu	10-11a	\$12	Ages 18 and up	1 Class	PBG0030-200002					
Jun 16	Thu	10-11a	\$12	Ages 18 and up	1 Class	PBG0030-200003					
Jun 23	Thu	10-11a	\$12	Ages 18 and up	1 Class	PBG0030-200004					
Jun 30	Thu	10-11a	\$12	Ages 18 and up	1 Class	PBG0030-200005					
Jul 7	Thu	10-11a	\$12	Ages 18 and up	1 Class	PBG0030-200006					
Jul 14	Thu	10-11a	\$12	Ages 18 and up	1 Class	PBG0030-200007					
Jul 21	Thu	10-11a	\$12	Ages 18 and up	1 Class	PBG0030-200008					
Jul 28	Thu	10-11a	\$12	Ages 18 and up	1 Class	PBG0030-200009					
Aug 4	Thu	10-11a	\$12	Ages 18 and up	1 Class	PBG0030-200010					
Aug 11	Thu	10-11a	\$12	Ages 18 and up	1 Class	PBG0030-200011					





Yoga at Brookside Gardens

*Note: No walk-ins will be accepted. Class size limited to 25 people. Instructor: Tanory Ateek

In-person yoga at Brookside Gardens is back! Come enjoy one or all 16 sessions of yoga held in a peaceful setting in an open field at the edge of a forest behind the Visitor Center. Designed to increase flexibility and physical strength and to cultivate mental focus, these classes are a beautiful and relaxing way to begin your weekend. Mats are not included. FOBG \$10

Brookside Gar	rookside Gardens									
Jun 4	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	PBG0031-200001				
Jun 11	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	PBG0031-200002				
Jun 18	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	PBG0031-200003				
Jun 25	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	PBG0031-200004				
Jul 2	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	PBG0031-200005				
Jul 9	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	PBG0031-200006				
Jul 16	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	PBG0031-200007				
Jul 23	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	PBG0031-200008				
Jul 30	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	PBG0031-200009				
Aug 6	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	PBG0031-200010				
Aug 13	Sat	9:30-10:30a	\$12	Ages 18 and up	1 Class	PBG0031-200011				

Half-Day Mindfulness Retreat at Brookside Gardens

Instructor: Tanory Ateek

Come enjoy a half-day of stress-relieving practices in the 50-acre peaceful sanctuary of Brookside Gardens. Tanory Ateek, long-time yoga teacher at Brookside Gardens, will bring her signature curiosity and playful approach to ancient meditative practices. Participants will have a chance to learn, discuss and practice different mindfulness techniques including gentle yoga; walking and seated meditation; and the meditative way of the labyrinth. Whether you are brand new to meditation or a seasoned meditator, this half-day retreat will provide a chance to slow down, connect to nature in new ways, and rekindle a deeper sense of peace and wonder in your life. Class size limited to 15 people to enhance the experience. FOBG \$54

Brookside Gar	Click to Register					
Jun 26	Sun	8:30a-12:30p	\$60	Ages 18 and up	1 Class	PBG0018-200001



GARDEN OR FACILITY TOURS

Summer Annual Container Design Tour

Keely Shaughnessy, Brookside Gardens Staff

Thrillers, fillers, and spillers, oh my! Join our experts as they highlight these three fundamental design concepts while enjoying a walking tour of the gorgeous summer annual containers located throughout the gardens. Learn about unique plant selections, the latest cultivars and how they perform in different garden settings. FOBG \$8

Brookside Gai	rookside Gardens									
Jul 13	Wed	10-11:30a	\$10	Ages 18 and up	1 Class	PBG0042-200001				
Jul 14	Thu	2-3:30p	\$10	Ages 18 and up	1 Class	PBG0042-200002				

FOOD AND DRINK

Afternoon Tea at McCrillis Gardens

Join us for a traditional English afternoon tea at McCrillis Gardens hidden in a quiet tree-lined neighborhood near the heart of Bethesda. McCrillis Gardens was named one of the 7 most insta-worthy gardens in the DC region by Washington Gardener Magazine. The gardens are best known for their remarkable collection of mature ornamental trees, shrubs and perennials that offer year-round color and texture. Enjoy a private tour of the gardens followed by a traditional English tea in the Great Room at McCrillis House. Your taste buds will be tempted with a pot of your choice of tea, scones served with Devon creme and jam, up to four savory tea sandwiches, and a delectable assortment of pastries. Start a new tradition with family and friends! Menu is subject to change and includes: 4 Savory Tea Sandwiches: Cucumber, Smoked Salmon, Chicken Salad, and Brie and Apple, 2 Scones: Plain and Cranberry Orange with Devon creme and Strawberry Preserves, 3 Pastries: Tropical Fruit Pannacotta, Blueberry Tartlet, Rose Macaron, Selections of Tea: Earls Grey, English Breakfast, Jasmine Green Tea, and Passion Fruit Peppermint Tea

Brookside Gai	Brookside Gardens									
Jun 4	Sat	1-3:30p	\$50	Ages 13 and Up	1 Class	PBG0021-200001				
Jun 5	Sun	1-3:30p	\$50	Ages 13 and Up	1 Class	PBG0021-200002				



SPEAKER SERIES, WORKSHOPS OR DISCUSSIONS

Ground Covers: Great Alternatives to Turf Grass

Kathy Jentz, Editor of Washington Gardener Magazine

Groundcovers are low-growing plants that serve many different purposes in the landscape from limiting weed growth to stabilizing slopes to adding texture to your garden. Maintaining a lawn of turf grass is one of the most expensive and time-consuming uses for your land. Constant mowing, fertilizing, weeding, watering, re-seeding, edging, and aerating not only eat up your resources but can be harsh on the environment. Lawns do not absorb water run-off as well as planting beds, and many of the chemicals used for maintenance are toxic to the nearby streambeds and Chesapeake Bay. Find out more about these beautiful, hard-working plants and the best kinds to use for the mid-Atlantic region. FOBG \$10

Brookside Gardens	Brookside Gardens								
Jun 2 Thu	6:30-8p	\$12	Ages 18 and up	1 Class	PBG0009-200001				

Creating Photograph Quality with Black Pencils & Watercolor on Drafting Film

Level: Intermediate to advanced (prior botanical art courses required).

Instructor: Alice Tangerini, botanical illustrator and instructor.

*Class held in Visitor Center Auditorium with each student at their own table. Fee includes specialized art supplies including Lumograph pencils in 2 grades, drafting film, matte acetate, and Bristol board.

Working with a combination of Black Lumograph pencils, film leads and watercolor on drafting film, participants will create a drawing of a flower with its stem and adjoining leaves. Students will be provided with cut flowers and color prints of the flowers as subject matter, learning translucent layering to create enhanced depth in botanical subjects and a more realistic appearance. The drawings will begin with a sketch on matte acetate using the color prints for tracing elements of the flower. The graphite layer will be done as a fully rendered drawing of the flower including values with color added in an underlying film layer. The drawing will be refined from observation of the fresh material. The Lumograph pencils have a deep black tonal range so that all the values can be made in the graphite layer. Watercolor is added as a tint in an underlying film layer with some additional back painting and touch ups on its own layer. Color pencils can also be used for additional highlights. This technique is designed to give the drawing the appearance of a hand tinted photograph. FOBG \$189

E	Brookside Ga	Click to Register					
	Jun 3 - 4	Fri, Sat	10 - 3:30p	\$210	Ages 18 and up	2 Classes	PBG0034-200001



Sustainable Gardening Practices

Instructor: Jeanette Proudfoot, Brookside Gardens Staff.

Sustainable gardening is one of the most necessary and effective practices to benefit not only the environment but our health as well. You'll learn the rules, methods, and tools that can be used to design and maintain a greener garden. Topics covered include native plant selections, companion planting, soil testing, organic amendments, seed saving, garden maintenance, and incorporating food or multi-functional flowers. You'll explore ways to transform your lawn into a landscape for biodiversity in addition to learning gardening practices that save on resources while avoiding chemicals and fertilizers. After discussion, participants will tour the Parking Garden to see how Brookside Gardens incorporates sustainable practices. FOBG \$10

Brookside Gardens	Brookside Gardens								
Jun 11 Sa	t 10 - 11:30a	\$12	Ages 18 and up	1 Class	PBG0045-200001				

Managing Pests While Protecting Pollinators

Instructor: Emily May, Pollinator Conservation Specialist, Xerces Society.

Learn effective strategies to manage pests while protecting pollinators in home landscapes. Along with providing flowering plants and undisturbed places to nest, home gardens also need to be protected from pesticides. This lecture will discuss some of the key pesticide concerns for pollinators and offer pest management tips for a variety of home landscapes. You'll learn helpful methods to make your garden more resilient to pest pressure plus information to help identify and respond to any pests that do arrive. FOBG \$10

Brookside Gardens	Click to Register				
Jun 18 Sat	10 - 11:30a	\$12	Ages 18 and up	1 Class	PBG0044-200001

Using Informed Plant Selection to Restore Pollinators and Songbirds

Instructor: Desiree Narango, PhD, conservation biologist

Functional food webs are essential for the successful conservation of ecological communities. In terrestrial systems, food webs are built on a foundation of co-evolved interactions between plants and their consumers. Efforts to restore urban and suburban green space, provide ecosystem services, and combat adverse impacts of development have resulted in widespread tree- and garden- planting efforts. Yet, little attention is given to the importance of plant identity for successfully supporting biodiversity. In this presentation, Dr. Narango will discuss the ecological and evolutionary relationships between plants, pollinators, and songbirds and highlight her recent research demonstrating that particular native plants are crucial for supporting local food webs. She will also share examples where species interaction data can provide quantitative metrics to inform planting guidelines to restore wildlife habitat in shared, living and working landscapes.

Brookside Gard	Click to Register					
Jun 25	Sat	10-11:30a	Free	Ages 18 and up	1 Class	PBG0037-200001



Black America and the Untold Stories of Our Country's Gardeners, Farmers, and Growers

Instructor: Abra Lee, national speaker, writer, and founder of Conquer the Soil.

Black Americans have always been trailblazers, leaders, and visionaries in the world of horticulture, yet their legacy often remains untold. From the first Black florist west of the Mississippi to an entomological artist extraordinaire to head gardeners, businesswomen, and academics who have led the way shaping future generations of horticulturists. Join Abra on a virtual road trip through American history as we celebrate iconic plant people across America and their historic achievements.

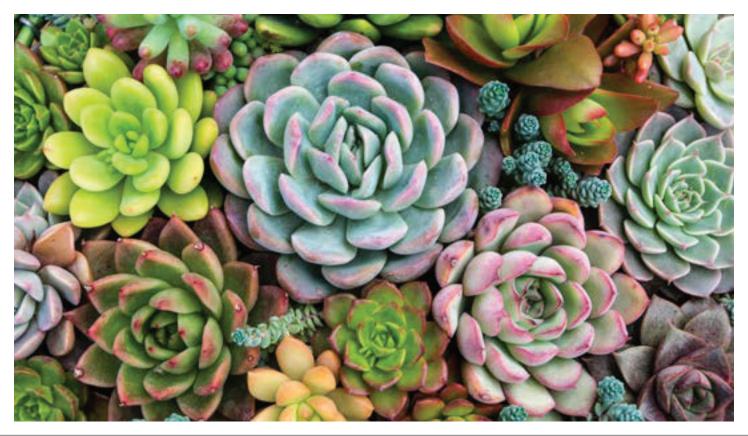
Е	Prookside Gai	Click to Register					
	Jul 9	Sat	10 - 11:30a	Free	Ages 18 and up	1 Class	PBG0038-200001

Succulent Container

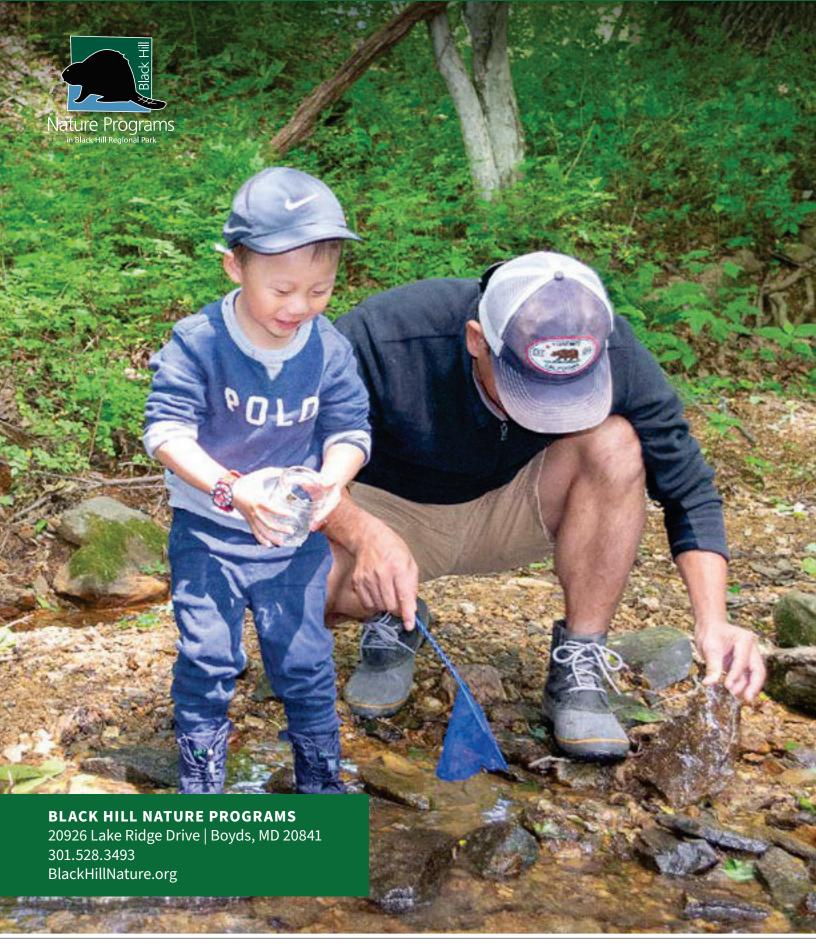
Instructor: Joan O'Rourke, Brookside Gardens Volunteer

Have you noticed how many succulents are being showcased in garden magazines and garden centers? Native to arid regions, succulents store water in their fleshy leaves enabling them to resist drought and extreme temperatures. These hardy plants require little watering and do well both inside the home or outside. Plant your own colorful and resilient container garden using specially selected low maintenance, yet gorgeous, succulents. FOBG \$45

Brookside Gardens Click to Register Jul 16 10-11:15a \$50 1 Class Sat Ages 18 and up PBG0046-200001









BOATING

Lake Tour by Kayak

Want to watch wildlife or just enjoy a peaceful paddle? Then join us for a leisurely kayak tour of Little Seneca Lake. We could see beaver, herons, maybe even a bald eagle. We'll supply boats, paddles, and PFD's, but you can bring your own PFD (Type III or V) if you have one. And don't forget to bring water, sunscreen, and extra shoes to change into after. Basic paddling experience is necessary (this is not a lesson), and you can expect to get a bit damp. Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required. FOBH \$29

Black Hill Visit	Black Hill Visitor Center									
Jun 4	Sat	9-11a	\$30	Ages 12 and up	1 Class	PBHVC0008-200001				
Jun 15	Wed	6:30-8:30p	\$30	Ages 12 and up	1 Class	PBHVC0008-200002				
Jun 18	Sat	9-11a	\$30	Ages 12 and up	1 Class	PBHVC0008-200003				
Jun 19	Sun	9-11a	\$30	Ages 12 and up	1 Class	PBHVC0008-200004				
Jul 17	Sun	9-11a	\$30	Ages 12 and up	1 Class	PBHVC0008-200005				
Jul 20	Wed	6:30-8:30p	\$30	Ages 12 and up	1 Class	PBHVC0008-200006				
Aug 13	Sat	9-11a	\$30	Ages 12 and up	1 Class	PBHVC0008-200007				
Aug 17	Wed	6-8p	\$30	Ages 12 and up	1 Class	PBHVC0008-200008				
Aug 27	Sat	9-11a	\$30	Ages 12 and up	1 Class	PBHVC0008-200009				

Beginning Recreational Kayaking

Kayaking is even more fun that it looks! Come learn how to paddle on flat water in recreational solo kayaks on Little Seneca Lake. Learn basic strokes, entries and exits, boat control, and more, taught by certified American Canoe Association instructors. We won't roll, but you'll get wet, so dress accordingly. All necessary equipment provided but if you have your own PFD (Type III or V), you can bring it along. Please wear a hat, water sandals or shoes (no flip-flops, please) and bring water and sunscreen. You must be able to swim. Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required.

В	lack Hill Visite	or Center					Click to Register
	Jun 8	Wed	6:30-8:30p	\$60	Ages 12 and up	1 Class	PBHVC0030-200001
	Jun 12	Sun	9-11a	\$60	Ages 12 and up	1 Class	PBHVC0030-200002
	Jul 13	Wed	6:30-8:30p	\$60	Ages 12 and up	1 Class	PBHVC0030-200003
	Aug 7	Sun	9-11a	\$60	Ages 12 and up	1 Class	PBHVC0030-200004
	Aug 10	Wed	6-8p	\$60	Ages 12 and up	1 Class	PBHVC0030-200005



Kayaking: Beyond the Basics 1

Finished the Beginning Recreational Kayaking class but want to learn more? Then it's time to move beyond the basics to refine what you've already learned and add more skills to boost your kayaking confidence. After a guick review of the basics, we move on to new strokes, learn boat control technique, and practice self- and assisted rescues. Along the way we'll introduce you to additional kayaking accessories that help expand your kayaking realm. This is a physically demanding lesson, and you will get completely wet during this lesson, so be sure to bring a change of clothes or wear a swimsuit under your clothes. Participants must be able to swim. Fee covers kayak, paddle, PFD, and dry bag. Meet in front of the gazebo by the pontoon boat dock and boat rental area. Completion of our Beginning Recreational Kayaking is highly recommended, this is not an introductory course.

Black Hill Visit	or Center					Click to Register
Aug 14	Sun	9a-1p	\$100	Ages 12 and up	1 Class	PBHVC0048-200001

Bats & Beavers Pontoon Boat Cruise

Join us for a sunset cruise aboard the pontoon boat. We'll search for beaver lodges and feeding sites, and hopefully see some beavers! As the sun sets, we'll use our bat detector to help us find feeding bats. Please register and pay for all participants. You may want to bring a jacket or sweater as it is often cooler on the boat. Meet at the pontoon boat dock, by the boat rentals. Registration required. FOBH \$6

Black Hill Visit	or Center					Click to Register
Jun 9	Thu	7-8:30p	\$7	Ages 6 and up	1 Class	PBHVC0027-200001
Jun 22	Wed	7:30-9p	\$7	Ages 6 and up	1 Class	PBHVC0027-200002
Jul 7	Thu	7:30-9p	\$7	Ages 6 and up	1 Class	PBHVC0027-200003
Jul 21	Thu	7:30-9p	\$7	Ages 6 and up	1 Class	PBHVC0027-200004
Aug 10	Wed	7-8:30p	\$7	Ages 6 and up	1 Class	PBHVC0027-200005

History of Boyds Pontoon Boat Tour

Join us and the Historical Society of Boyds to take a pontoon trip back in history. We'll cruise the lake, visiting spots to learn the history of the area from local experts. We'll also take some time to see what creatures are stirring around the lake. It could be chilly on the water so dress accordingly. Please register and pay for all participants. Meet at the pontoon boat dock, by the boat rentals. FOBH \$6

Black Hill Visitor Co	enter					Click to Register
Aug 21 S	Sun	6:30-8p	\$7	Ages 14 and up	1 Class	PBHVC0049-200001



HEALTH AND WELLNESS

Outdoor Kids Yoga

Nature and yoga provide essential therapeutic benefits to children of all ages. Join a certified Child Light yoga instructor and explore varying themes in nature that will help children become more at ease in their world. Class takes place outside next to the Visitor Center. Accompanying adult is free. FOBH \$5

Black Hill Vis	Click to Register					
Jun 12	Sun	9-10a	\$6	Ages 2 to 6	1 Class	PBHVC0045-200001
Jul 17	Sun	9-10a	\$6	Ages 2 to 6	1 Class	PBHVC0045-200002
Aug 7	Sun	9-10a	\$6	Ages 2 to 6	1 Class	PBHVC0045-200003

FISHING

Family Fishing Fun!

Fishing is fun for the whole family and for all abilities! We'll show you how to set up a simple bobber rig, bait your hook, and give you some tips on casting. We'll provide the bait and rigging supplies; you just need to catch the fish! We have fishing poles you can borrow, but if you have your own bring it along. Anglers of all abilities are welcome. All registrants 16 and over must have a current MD fishing license. Meet at the pontoon boat dock by the boat rentals. Registration required. Please register only those planning to fish. FOBH \$11

Black Hill Visit	Click to Register					
Jun 15	Wed	7-9p	\$12	Ages 3 and up	1 Class	PBHVC0003-200001
Jul 23	Sat	9-11a	\$12	Ages 3 and up	1 Class	PBHVC0003-200002
Aug 11	Thu	6-8p	\$12	Ages 3 and up	1 Class	PBHVC0003-200003

Fishing with the Li'l Ones

Let's go fishin'! We'll provide poles and bait, then see what we can catch off the dock at Little Seneca Lake. Meet at the pontoon boat dock by the boat rentals. Registration required. FOBH \$6

Black Hill Visit	Click to Register					
Jun 10	Fri	9-10:30a	\$7	Ages 3 to 6	1 Class	PBHVC0004-200001
Jul 27	Wed	9-10:30a	\$7	Ages 3 to 6	1 Class	PBHVC0004-200002
Aug 31	Wed	9-10:30a	\$7	Ages 3 to 6	1 Class	PBHVC0004-200003



HIKES, SCAVENGER HUNTS & CAMPFIRES

Campfires at Black Hill

There is nothing is like being at a campfire under the stars. Join a naturalist for themed songs, stories, games, and of course, s'mores around a fire. Bring a blanket if it's chilly. Meet at the campfire area by Shelter F on Parking Lot 3, in Black Hill Regional Park. Registration required for all attending. FOBH \$5

Black Hill Visito	Click to Register					
Jun 18	Sat	8-9p	\$6	Ages 1 and up	1 Class	PBHVC0002-200001
Jul 9	Sat	8-9p	\$6	Ages 1 and up	1 Class	PBHVC0002-200002
Aug 20	Sat	7:30-8:30p	\$6	Ages 1 and up	1 Class	PBHVC0002-200003

Hike Club

The first rule of Hike Club - have fun! Improve your fitness, make new friends, and experience trails and scenery we don't often make time to immerse ourselves in. We welcome all ages, though young children must be able to walk at least 3 miles or be carried. Most trails are not stroller accessible and are easy to moderate in difficulty. Please register no later than 24 hours before the hike so we can contact you with the hike's location and other important information. Registration required.

Black Hill Visito	or Center					Click to Register
Jun 12	Sun	1-2:30p	\$2	All Ages	1 Class	PBHVC0007-200001

Nature Hunt

Let's take "I Spy" to the next level in the great outdoors. Drop by the Visitor Center, pick up a scavenger hunt sheet, get some helpful hints, and head out on a hunt for natural treasures! When you've finished, come back to the Visitor Center to get a prize. Registration is required but drop by anytime during program hours!

Black Hill Visitor Center	<i>-</i>				Click to Register
Aug 28 Sun	1:30-3:30p	Free	All Ages	1 Class	PBHVC0011-200001



Babes in a Backpack

Let's go outside and hike to improve fitness, play in nature, and experience the great outdoors as a family. You will meet a naturalist at the meet up spot and set out on a trail that will have nature play and fun learning prompts along the way. These hikes are designed for adults with young children. Most trails are not stroller accessible, so you'll need a backpack or carrier for younger kids and non-walkers. Please register everyone attending no later than 24 hours before the hike so we can contact you with the hike's location and other important information.

Black Hill Visito	Click to Register					
Jun 16	Thu	10a-12p	\$2/adult	All Ages	1 Class	PBHVC0051-200001
Jul 8	Fri	10a-12p	\$2/adult	All Ages	1 Class	PBHVC0051-200002
Aug 24	Wed	10a-12p	\$2/adult	All Ages	1 Class	PBHVC0051-200003

NATURE, OUTDOOR EXPLORATION AND SKILLS

Stargazing For Starters

Are you curious about stargazing but unsure how to get started? We get it! There's so much to see in the night sky. We'll begin with the basic tools to start discovering the stars and beyond. Bring your own binoculars and chairs or blankets. Star maps will be provided. Rain date is July 30. Registration required.

Black Hill Visite	or Center					Click to Register
Jul 29	Fri	9-10p	\$6	Ages 10 and up	1 Class	PBHVC0017-200001

Wild Forest Time

Do you dream of building forts in the woods, or climbing a tree? Maybe you want to learn about woodland critters or create some art in the woods. Join us for a time to explore the woods how you want to. We'll supply some materials and a space to create and explore, you supply the imagination and sense of adventure! Drop in at our campfire circle area any time during the program to join in on the fun. Meet at the campfire area by Shelter F on Parking Lot 3, in Black Hill Regional Park. Registration required.

Black Hill Visito	or Center					Click to Register
Jul 10	Sun	1-3p	Free	Ages 3 and up	1 Class	PBHVC0024-200001



Stream Adventures

What lives in a stream? Wade into the water and use nets to see what insects, fish, frogs, and other animals we can find. Please wear boots or closed-toe shoes that you don't mind getting wet (no flip-flops, please!). All children must be accompanied by an adult. Meet at the gravel Boat Launch parking lot on Black Hill Road. Registration required. FOBH \$6

1	Black Hill Visit	or Center					Click to Register
	Jun 4	Sat	1:30-3p	\$7	Ages 2 to 12	1 Class	PBHVC0026-200001
	Jul 7	Thu	2-3:30p	\$7	Ages 2 to 12	1 Class	PBHVC0026-200002
	Jul 20	Wed	2-3:30p	\$7	Ages 2 to 12	1 Class	PBHVC0026-200003
	Jul 23	Sat	1:30-3p	\$7	Ages 2 to 12	1 Class	PBHVC0026-200004
	Aug 10	Wed	1:30-3p	\$7	Ages 2 to 12	1 Class	PBHVC0026-200005
	Aug 13	Sat	1:30-3p	\$7	Ages 2 to 12	1 Class	PBHVC0026-200006

Something Awesome!

Nature is awesome, cool, and super-fun! We'll celebrate the nature around us with awesome family activities. Let your curiosity guide you with this self-led program. Pick up materials at the Visitor Center and let the adventures begin! Registration required.

Black Hill Visite	or Center					Click to Register	
Jul 31	Sun	12-2p	Free	All Ages	1 Class	PBHVC0028-200001	Ī

Meadow Hunt

Let's take "I Spy" to the next level in the great outdoors. Drop by the Visitor Center, pick up a scavenger hunt sheet, get some helpful hints, and head off to the meadow to hunt for natural treasures! When you've finished, come back to the Visitor Center to get a prize. Registration is required but drop by anytime during program hours!

Black Hill Visite	Click to Register						
Jun 5	Sun	1:30-3p	Free	All Ages	1 Class	PBHVC0044-200001	
Aug 27	Sat	1:30 -3p	Free	All Ages	1 Class	PBHVC0044-200002	

International Mud Day Celebration

Join us as we celebrate International Mud Day. There is only one requirement: GET DIRTY! Go for a splash in our mud pit, cook up something delicious in the mud kitchen, create works of art with mud. Discover why mud is important for animals and plants, and its importance in our daily lives. Be prepared to wear clothes you can get dirty - really dirty - and have a change of clothes for after the fun is done.

Black Hill Visite	Black Hill Visitor Center								
Jun 26	Sun	11a-2p	Free	All Ages	1 Class	PBHVC0047-200001			



PLAYTIME OR STORYTIME

Play Day in the Park

Toddlers of all abilities are invited to explore the exciting natural world around the Visitor Center. Families will explore at their own pace using nature play prompts that will remain out for the duration of the program. Visit the front entrance of the visitor center to begin your journey through our most accessible areas of the park which are stroller friendly, with shaded areas and locations to rest. All ages are welcome but prompts and materials are geared towards children aged one to three. Registration required.

Black Hill Visito	Click to Register					
Jun 10	Fri	11a-2p	Free	Ages 6 mos to 3 yrs	1 Class	PBHVC0012-200001
Jul 12	Tue	11a-2p	Free	Ages 6 mos to 3 yrs	1 Class	PBHVC0012-200002
Aug 21	Sun	1:30-3:30p	Free	Ages 6 mos to 3 yrs	1 Class	PBHVC0012-200003

Sprinklers, Bubbles & Rainbows!

Come play in our backyard! Dance and run through sprinklers. Make bubbles with giant bubble wands. Splash in water play stations designed for the littlest of revelers. This is what summer is all about! Bring sunscreen, a towel and a change of clothes.

Black Hill Visit	Click to Register					
Jun 18	Sat	1:30-3:30p	Free	All Ages	1 Class	PBHVC0046-200001
Jul 17	Sun	1-3p	Free	All Ages	1 Class	PBHVC0046-200002
Aug 7	Sun	1-3p	Free	All Ages	1 Class	PBHVC0046-200003

Play Day at Germantown Town Center Urban Park

Toddlers of all abilities are invited to explore nature in our Urban Parks. Families will explore at their own pace using nature play prompts and materials to help you explore the exciting natural world around the urban park with your toddler. Siblings are welcome, too. Join us at 19840 Century Blvd., Germantown, MD 20874.

1	Black Hill Visite	Click to Register					
	Jun 22	Wed	11a-12p	Free	Ages 6 mos to 3 yrs	1 Class	PBHVC0050-200001
_	Jul 28	Thu	11a-12p	Free	Ages 6 mos to 3 yrs	1 Class	PBHVC0050-200002
	Aug 30	Tue	11a-12p	Free	Ages 6 mos to 3 yrs	1 Class	PBHVC0050-200003









HORTICULTURE PROGRAMS

Pollinator Meadow Tour

Did you know that behind Brookside Nature Center is an open field of perennials swarming with thousands of pollinators in the summer? Celebrate National Pollinator Week by joining a naturalist on this tour where you'll witness beautiful blooms and the pollinators that rely on them. Learn about some mid-Atlantic native plants you can incorporate into your garden to help support beneficial insects while adding beauty.

L	Brookside Natu	Click to Register					
	Jun 21	Tue	2-3:15p	\$10	Ages 18 and up	1 Class	PBG0043-200001
	Jun 23	Thu	10-11:15a	\$10	Ages 18 and up	1 Class	PBG0043-200002

MULTI-LINGUAL

Ardillas Voladoras

Las ardillas voladoras de Maryland son preciosas y abundantes en muchas zonas salvajes. Aunque estén activas todo el año, poca gente las ve porque sólo salen en la noche - son nocturnas. BNC estableció una estación de alimentación para que los visitantes puedan observar las ardillas de cerca. El programa empieza en la terraza superior del centro de la naturaleza (Nature Center) 30 minutos después del atardecer (cuando el cielo se oscurece). Si llueve, se cancele el programa. Program presented in Spanish.

Brookside Natu	Click to Register					
Jun 4	Jun 4 Sat 9-9:3		\$6	Ages 6 and up	1 Class	PBNC0002-100007
Jun 18	Sat	9-9:30p	\$6	Ages 6 and up	1 Class	PBNC0002-100008
Jul 2	Sat	9-9:30p	\$6	Ages 6 and up	1 Class	PBNC0002-100009
Aug 6	Sat	8:45-9:15p	\$6	Ages 6 and up	1 Class	PBNC0002-100010
Aug 20	Sat	8:30-9p	\$6	Ages 6 and up	1 Class	PBNC0002-100011
						·







NATURE, OUTDOORS & EXPLORATION

Feed me! Feed me!

What's a toad's favorite food? Join us to find out what turtles love to nibble or what a wiggly worm has for a snack! Feeding time at the nature center is limited to just 10 people, so sign up to reserve a seat for this free program. All attendees must register.

Brookside Natu	Brookside Nature Center Click to Register										
Jun 5	Sun	1:30-1:45p	Free	Ages 6 and up	1 Class	PBNC0004-100014					
Jun 12	Sun	1:30-1:45p	Free	Ages 6 and up	1 Class	PBNC0004-100015					
Jun 19	Sun	1:30-1:45p	Free	Ages 6 and up	1 Class	PBNC0004-100016					
Jun 26	Sun	1:30-1:45p	Free	Ages 6 and up	1 Class	PBNC0004-100017					
Jul 3	Sun	1:30-1:45p	Free	Ages 6 and up	1 Class	PBNC0004-100018					
Jul 10	Sun	1:30-1:45p	Free	Ages 6 and up	1 Class	PBNC0004-100019					
Jul 17	Sun	1:30-1:45p	Free	Ages 6 and up	1 Class	PBNC0004-100020					
Jul 24	Sun	1:30-1:45p	Free	Ages 6 and up	1 Class	PBNC0004-100021					
Jul 31	Sun	1:30-1:45p	Free	Ages 6 and up	1 Class	PBNC0004-100022					
Aug 7	Sun	1:30-1:45p	Free	Ages 6 and up	1 Class	PBNC0004-100023					
Aug 14	Sun	1:30-1:45p	Free	Ages 6 and up	1 Class	PBNC0004-100024					
Aug 21	Sun	1:30-1:45p	Free	Ages 6 and up	1 Class	PBNC0004-100025					
Aug 28	Sun	1:30-1:45p	Free	Ages 6 and up	1 Class	PBNC0004-100026					



Turtle Talk

Springtime Saturdays are a great time to soak up the sun - for people and Eastern box turtles! Come visit our outdoor Enrichment Enclosure and learn about the natural history and conservation challenges of these iconic reptiles from our "Turtle Talker" volunteers. You'll enjoy seeing our resident turtles explore the great outdoors in the Enrichment Enclosure. Rain cancels the event. All attendees must register

Brookside Natu	Brookside Nature Center Click to Register										
Jun 4	Sat	10:30-11a	Free	Ages 6 and up	1 Class	PBNC0009-100007					
Jun 11	Sat	10:30-11a	Free	Ages 6 and up	1 Class	PBNC0009-100008					
Jun 18	Sat	10:30-11a	Free	Ages 6 and up	1 Class	PBNC0009-100009					
Jun 25	Sat	10:30-11a	Free	Ages 6 and up	1 Class	PBNC0009-100010					
Jul 2	Sat	10:30-11a	Free	Ages 6 and up	1 Class	PBNC0009-100011					
Jul 9	Sat	10:30-11a	Free	Ages 6 and up	1 Class	PBNC0009-100012					
Jul 16	Sat	10:30-11a	Free	Ages 6 and up	1 Class	PBNC0009-100013					
Jul 23	Sat	10:30-11a	Free	Ages 6 and up	1 Class	PBNC0009-100014					
Jul 30	Sat	10:30-11a	Free	Ages 6 and up	1 Class	PBNC0009-100015					
Aug 6	Sat	10:30-11a	Free	Ages 6 and up	1 Class	PBNC0009-100016					
Aug 13	Sat	10:30-11a	Free	Ages 6 and up	1 Class	PBNC0009-100017					
Aug 20	Sat	10:30-11a	Free	Ages 6 and up	1 Class	PBNC0009-100018					
Aug 27	Sat	10:30-11a	Free	Ages 6 and up	1 Class	PBNC0009-100019					



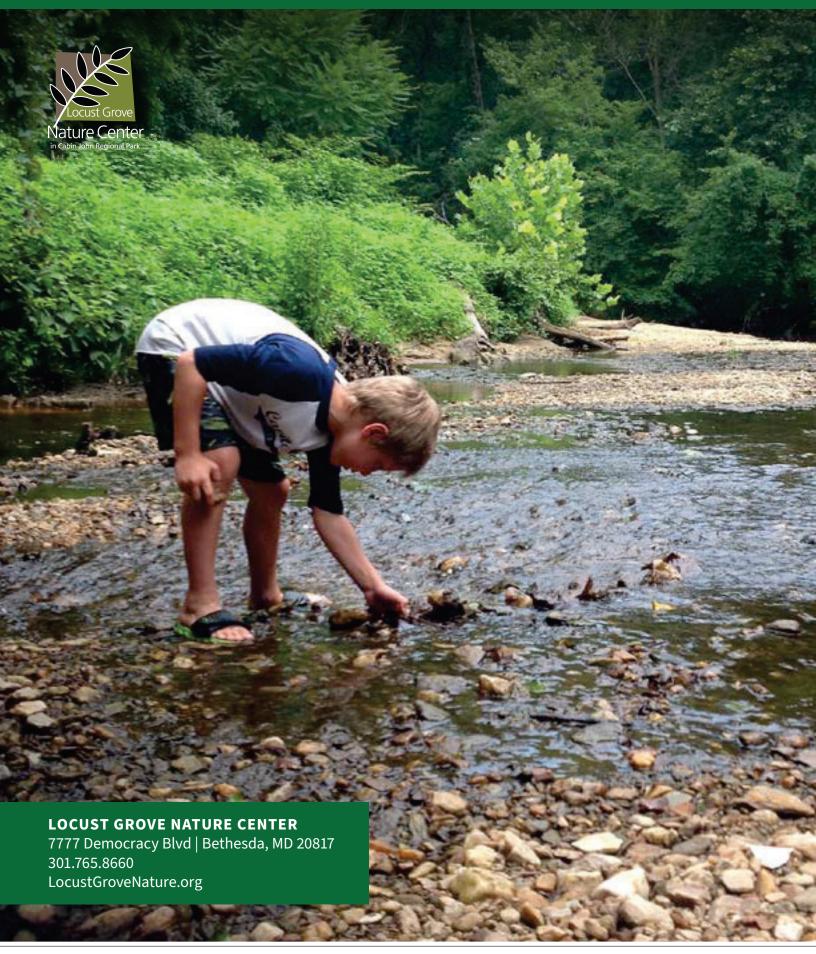


Flying Squirrels

Maryland Flying Squirrels are abundant and active year-round, but rarely seen in the wild because they are nocturnal. Join a naturalist for a viewing program on the Nature Center deck at our squirrel feeding station 30 minutes after sunset. Rain cancels the program. Registration is required for this program and limited to 15 people. All attendees must register.

Brookside Nature Center Click to Register									
Jun 1	Wed	9-9:30p	\$6	Ages 6 and up	1 Class	PBNC0010-100033			
Jun 3	Fri	9-9:30p	\$6	Ages 6 and up	1 Class	PBNC0010-100020			
Jun 10	Fri	9-9:30p	\$6	Ages 6 and up	1 Class	PBNC0010-100021			
Jun 15	Wed	9-9:30p	\$6	Ages 6 and up	1 Class	PBNC0010-100034			
Jun 17	Fri	9-9:30p	\$6	Ages 6 and up	1 Class	PBNC0010-100022			
Jun 24	Fri	9-9:30p	\$6	Ages 6 and up	1 Class	PBNC0010-100023			
Jun 29	Wed	9-9:30p	\$6	Ages 6 and up	1 Class	PBNC0010-100035			
Jul 1	Fri	9-9:30p	\$6	Ages 6 and up	1 Class	PBNC0010-100024			
Jul 8	Fri	9-9:30p	\$6	Ages 6 and up	1 Class	PBNC0010-100025			
Jul 13	Wed	9-9:30p	\$6	Ages 6 and up	1 Class	PBNC0010-100036			
Jul 15	Fri	9-9:30p	\$6	Ages 6 and up	1 Class	PBNC0010-100026			
Jul 22	Fri	9-9:30p	\$6	Ages 6 and up	1 Class	PBNC0010-100027			
Jul 27	Wed	9-9:30p	\$6	Ages 6 and up	1 Class	PBNC0010-100037			
Jul 29	Fri	9-9:30p	\$6	Ages 6 and up	1 Class	PBNC0010-100028			
Aug 5	Fri	8:45-9:15p	\$6	Ages 6 and up	1 Class	PBNC0010-100029			
Aug 10	Wed	8:45-9:15p	\$6	Ages 6 and up	1 Class	PBNC0010-100038			
Aug 12	Fri	8:30-9p	\$6	Ages 6 and up	1 Class	PBNC0010-100030			
Aug 19	Fri	8:30-9p	\$6	Ages 6 and up	1 Class	PBNC0010-100031			
Aug 24	Wed	8:30-9p	\$6	Ages 6 and up	1 Class	PBNC0010-100039			
Aug 26	Fri	8:30-9p	\$6	Ages 6 and up	1 Class	PBNC0010-100032			







ARTS & CRAFTING

Create Your Own Stepping Stone

Join a naturalist as you learn to make your very own artistic stepping stone. During this program you will have a chance to make two stepping stones, one for the nature center and one to take home. We will provide the materials- all you need to do is create. Please register for a time slot to start, and register per person who wishes to make a stone (fee covers program and materials). Each child must have an adult remain with them for the program as they will need assistance, but adults can also register if you would like to make a stone.

Locust Grove N	Click to Register					
Jun 19	Sun	\$15	3-3:30p	Ages 5 and up	1 Class	PLGNC0025-200001
Jun 19	Sun	\$15	3:30-4p	Ages 5 and up	1 Class	PLGNC0025-200002
Jun 19	Sun	\$15	4-4:30p	Ages 5 and up	1 Class	PLGNC0025-200003
Jun 19	Sun	\$15	4:30-5p	Ages 5 and up	1 Class	PLGNC0025-200004
Jun 19	Sun	\$15	5-5:30p	Ages 5 and up	1 Class	PLGNC0025-200005
Jul 24	Sun	\$15	3-3:30p	Ages 5 and up	1 Class	PLGNC0025-200006
Jul 24	Sun	\$15	3:30-4p	Ages 5 and up	1 Class	PLGNC0025-200007
Jul 24	Sun	\$15	4-4:30p	Ages 5 and up	1 Class	PLGNC0025-200008
Jul 24	Sun	\$15	4:30-5p	Ages 5 and up	1 Class	PLGNC0025-200009
Jul 24	Sun	\$15	5-5:30p	Ages 5 and up	1 Class	PLGNC0025-200010
Aug 21	Sun	\$15	3-3:30p	Ages 5 and up	1 Class	PLGNC0025-200011
Aug 21	Sun	\$15	3:30-4p	Ages 5 and up	1 Class	PLGNC0025-200012
Aug 21	Sun	\$15	4-4:30p	Ages 5 and up	1 Class	PLGNC0025-200013
Aug 21	Sun	\$15	4:30-5p	Ages 5 and up	1 Class	PLGNC0025-200014
Aug 21	Sun	\$15	5-5:30p	Ages 5 and up	1 Class	PLGNC0025-200015





HIKES, SCAVENGER HUNTS & CAMPFIRES

Full Moon Fridays

Join us for the magic of the full moon for a hike and campfire on each Friday nearest the full moon. Feel free to bring your own hot dogs or food to warm over the fire, and we'll provide marshmallows. Please register and pay for adults and children.

Locust Grove N	ocust Grove Nature Center										
Full Moon Fri	Full Moon Fridays-Welcome Summer										
Jun 10	Fri	\$8	6:30-8p	Ages 6 and up	1 Class	PLGNC0001-200001					
Full Moon Fri	days-Bug	Γime									
Jul 15	Fri	\$8	6:30-8p	Ages 6 and up	1 Class	PLGNC0001-200002					
Full Moon Fri	Full Moon Fridays-Amazing Amphibians and Rockin Reptiles										
Aug 12	Fri	\$8	6:30-8p	Ages 6 and up	1 Class	PLGNC0001-200003					

PLAYTIME OR STORYTIME

Read to a Critter

Bring your book or borrow one of ours to read to our animal ambassadors. Register for a timeslot for your family to read to our animals. 30 min per timeslot. Parents included (not a drop-off). Registration fee is \$2.

Locust Grove N	ocust Grove Nature Center Click to Register										
Jun 4	Sat	\$2	4-4:30p	Ages 4 to 8	1 Class	PLGNC0017-200001					
Jun 4	Sat	\$2	4:30-5p	Ages 4 to 8	1 Class	PLGNC0017-200002					
Jun 4	Sat	\$2	5-5:30p	Ages 4 to 8	1 Class	PLGNC0017-200003					
Jun 4	Sat	\$2	5:30-6p	Ages 4 to 8	1 Class	PLGNC0017-200004					
Jul 2	Sat	\$2	4-4:30p	Ages 4 to 8	1 Class	PLGNC0017-200005					
Jul 2	Sat	\$2	4:30-5p	Ages 4 to 8	1 Class	PLGNC0017-200006					
Jul 2	Sat	\$2	5-5:30p	Ages 4 to 8	1 Class	PLGNC0017-200007					
Jul 2	Sat	\$2	5:30-6p	Ages 4 to 8	1 Class	PLGNC0017-200008					
Aug 6	Sat	\$2	4-4:30p	Ages 4 to 8	1 Class	PLGNC0017-200009					
Aug 6	Sat	\$2	4:30-5p	Ages 4 to 8	1 Class	PLGNC0017-200010					
Aug 6	Sat	\$2	5-5:30p	Ages 4 to 8	1 Class	PLGNC0017-200011					
Aug 6	Sat	\$2	5:30-6p	Ages 4 to 8	1 Class	PLGNC0017-200012					



NATURE, OUTDOOR EXPLORATION AND SKILLS

Morning Tweets and Tea

Do you have an interest in birding? Then join us for a morning of bird watching at Cabin John Regional Park. Bring a thermos of your favorite breakfast beverage to enjoy as you learn beginner birding techniques. Bring your own pair of binoculars or borrow a pair from the nature center, we will show you how to use them. Registration is required for this program

Locust Grove N	Nature Center			Click to Register	
Jul 9	Sat	8-9a	Ages 18 and up	1 Class	PLGNC0024-200001
Jul 23	Sat	8-9a	Ages 18 and up	1 Class	PLGNC0024-200002
Aug 13	Sat	8-9a	Ages 18 and up	1 Class	PLGNC0024-200003
Aug 27	Sat	8-9a	Ages 18 and up	1 Class	PLGNC0024-200004













HIKES, SCAVENGER HUNTS & CAMPFIRES

Maydale Hikes

Explore the great outdoors with a naturalist-led hike. Whether you are looking for a family-friendly hike around Maydale, or want to learn about nocturnal animals during a night hike, or enjoy a scavenger hunt with your family there is a hike for you.

Maydale Nature Classroom Click to Register									
End of Summer Night Hike									
Aug 27	Sat	8:30-9:30p	\$6	Ages 6 and up	1 Class	PMAY0006-200001			
Summer Family Scavenger Hunt and Hike									
Jun 26	Sun	3-4p	\$6	Ages 3 to 10	1 Class	PMAY0006-200002			

Maydale Campfires

Enjoy a summer evening around the campfire with your family while taking in the sights and sounds of nature. Each campfire is unique with its own theme. Register for one or the entire series.

Maydale Nature Classroom Click to Register										
Campfire Cookout: Fire and Ice										
Jul 14	Thu	6-7p	\$6	Ages 3 and up	1 Class	PMAY0017-200001				
Campfire Cook	Campfire Cookout: S'mores Galore									
Aug 4	Thu	6-7p	\$6	Ages 3 and up	1 Class	PMAY0017-200002				



NATURE, OUTDOOR EXPLORATION AND SKILLS

Insect Investigations

They pollinate the food we eat, keep other insect pests in check, and act as sanitation experts, cleaning up our waste. Learn more about these important creatures and how they help. Sign up for one or the entire series of family-friendly programs.

Maydale Nature	Click to Register					
Pollinating Pai	rs!					
Jun 18	Sat	12:30-1:30p	Free	Ages 3 to 10	1 Class	PMAY0008-200001
Insect Indicato	rs!					
Jul 16	Sat	12:30-2p	Free	Ages 3 to 10	1 Class	PMAY0008-200002
Cricket Crawl						
Aug 5	Fri	8-9p	\$6	Ages 3 and up	1 Class	PMAY0008-200003

Creek Critter Search

Wade in the water to see whats swimming, diving, and living in the creek. Adults and children should wear shoes you don't mind getting wet (for your safety no flip-flops or backless sandals). Children most be accompanied by an adult, especially in the water.

Μ	aydale Nature	Click to Register					
	Jun 23	Thu	10:30-11:30a	\$6	Ages 6 to 10	1 Class	PMAY0018-200001
	Jul 21	Thu	10:30-11:30a	\$6	Ages 6 to 10	1 Class	PMAY0018-200002
	Aug 11	Thu	10:30-11:30a	\$6	Ages 6 to 10	1 Class	PMAY0018-200003





Bonkers for Bats

Join us as we try and sneak a peak of these mysterious night time creatures. We'll talk about the different bats in our area, issues they're facing, and what they might be up to on a summer's evening.

Maydale Nature	e Classroom	1				Click to Register
Aug 6	Sat	8:30-9:30p	\$6	Ages 6 and up	1 Class	PMAY0019-200001

Soil Sleuths!

Soil supports life! Join us as we survey different soil samples at Maydale to determine if their properties are sustainable for all plants and animals.

Maydale Natui	re Classroom					Click to Register
Aug 6	Sat	12:30-2p	Free	Ages 6 and up	1 Class	PMAY0020-200001

PLAYTIME OR STORYTIME

Storytime at Maydale

Join a naturalist for a reading of a seasonal story, participate in a hike, and make a craft to take home. Enroll in the entire series or individual sessions.

Maydale Nature	Maydale Nature Classroom Click to Register									
Around One Log										
Jun 7	Tue	10-11a	\$6	Ages 3 to 7	1 Class	PMAY0004-200001				
Near One Cattail										
Jun 21	Tue	10-11a	\$6	Ages 3 to 7	1 Class	PMAY0004-200002				
Under One Roc	·k									
Jul 12	Tue	10-11a	\$6	Ages 3 to 7	1 Class	PMAY0004-200003				
Beyond One Flower										
Jul 19	Tue	10-11a	\$6	Ages 3 to 7	1 Class	PMAY0004-200004				

MONTGOMERY PARKS

MEADOWSIDE NATURE CENTER

Trails open dawn to dusk daily.

Meadowside Nature Center is currently closed and undergoing renovations. New exhibits and improvements will provide an immersive experience for visitors that will spark curiosity, wonder, and awe about local nature.

Exciting new experiences are coming your way! Although Meadowside Nature Center will not be hosting summer programs in 2022, the trails surrounding the nature center will remain open to the public throughout renovations.

Have questions about the project and when we'll be open? For the most up-to-date information, please visit **MeadowsideNature.org**.









CABIN JOHN ICE RINK

10610 Westlake Dr | Rockville, MD 20852 301.765.8620 CabinJohnIce.org

WHEATON ICE ARENA

11717 Orebaugh Ave | Wheaton, MD 20902 301.905.3000 WheatonIceArena.org





CLASS DATES

Summer Session

Registration Dates: June 14 - 23 Class Dates: June 24 – Aug 8

On your first day of class...

- Check in at the Group Lesson area in the rink lobby.
- Wear one pair of thin socks.
- Helmets and gloves are highly recommended for safety.
- Arrive at the rink 30 minutes early for your first lesson, and 15 - 20 minutes early for subsequent lessons to have time to get skates on properly.
- Pick up your skates at the skate exchange. Ask for one size smaller than your sneaker size. You'll have better balance and protections against injuries.

PUBLIC SESSIONS

Slide into summer at a public ice skating session.

> Visit our websites for schedules and pricing.

CabinJohnIce.org WheatonIceArena.org





EVENTS AND IMPORTANT DATES:

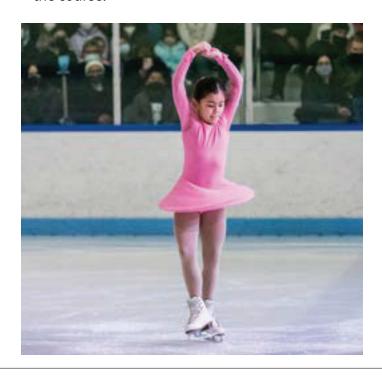
- Open for public skating throughout the summer
- No Classes July 2 4

COURSE FEES COVER

- 1. Five or six instructed group lessons
- 2. Skate rental
- 3. A practice pass good for public skating admissions and skate rental during the lesson series

PLEASE NOTE

- No make-ups or refunds for missed lessons.
- Please read course descriptions carefully and select courses that match the skater's ability and experience. At the end of each class series, the skater will receive an evaluation form recommending the class that should be taken in the future.
- If you see a class you like, register! Classes may be canceled or combined if a minimum enrollment is not met.
- If you wish to practice on the same day as your lesson, please see the public skating schedules before signing up
- Skaters will receive a ribbon award at the end of the course.





ICE SKATING

Parent and Tot Ice Skating

Skating is fun, and great exercise for you and your child! This class teaches toddlers (ages 3-5) beginning skating skills with Mom or Dad right there to help them feel safe. We'll teach your child how to fall down and get up, and march while moving on the ice. Parents will need basic skating skills in order to skate with their child. Fee covers registration for child and parent, skate rental for child and parent, and a practice card good for admission to six public skate sessions to practice skills learned in class. Register only the child for the course. Equipment Required: Helmet & Gloves.

Cabin John Ice Rink						Click to Register
Jun 26 - Aug 7	Sun	\$114	12-12:30p	Ages 3 to 5	6 Classes	PICE0100-212001
Jun 29 - Aug 3	Wed	\$114	10-10:30a	Ages 3 to 5	6 Classes	PICE0100-212002
Jun 25 - Aug 6	Sat	\$114	10:15-10:45a	Ages 3 to 5	6 Classes	PICE0100-212003
Wheaton Ice Arena						Click to Register
Jun 26 - Aug 7	Sun	\$114	10:30-11a	Ages 3 to 5	6 Classes	PICE0100-215001
Jun 25 - Aug 6	Sat	\$114	12:30-1p	Ages 3 to 5	6 Classes	PICE0100-215002

Preschool Ice Skating 1 (Beginner)

This class is designed for children ages 3-5 who are beginning skaters. Skaters will learn how to sit and stand up on skates (off and on the ice); march in place; march forward; glide on two feet; and dip in place. Fee includes rental skates and a practice card good for admission to six public skate sessions for the skater to practice skills learned in class. Equipment required: Helmet and gloves

Cabin John Ice Rink						Click to Register
Jun 26 - Aug 7	Sun	\$114	12-12:30p	Ages 3 to 5	6 Classes	PICE0101-212001
Jun 29 - Aug 3	Wed	\$114	10-10:30a	Ages 3 to 5	6 Classes	PICE0101-212002
Jun 25 - Aug 6	Sat	\$114	10:15-10:45a	Ages 3 to 5	6 Classes	PICE0101-212003
Jun 27 - Aug 8	Mon	\$114	3:30-4p	Ages 3 to 5	6 Classes	PICE0101-212004
Wheaton Ice Arena						Click to Register
Jun 26 - Aug 7	Sun	\$114	10:30-11a	Ages 3 to 5	6 Classes	PICE0101-215001
Jun 30 - Aug 4	Thu	\$114	5-5:30p	Ages 3 to 5	6 Classes	PICE0101-215002
Jun 25 - Aug 6	Sat	\$114	12:30-1p	Ages 3 to 5	6 Classes	PICE0101-215003



Preschool Ice Skating 2

Prerequisite: Preschool Ice Skating 1. This skating class is for children between the ages of 3-5. Skaters will learn how to march followed by a long glide, dip while moving, backward wiggles, forward two-foot swizzles, beginning snowplow stop, and a two-foot hop in place. Fee includes rental skates and a practice card good for admission to six public skate sessions for the skater to practice skills learned in class. Equipment Required: Helmet & Gloves

Cabin John Ice Rink						Click to Register
Jun 26 - Aug 7	Sun	\$114	12-12:30p	Ages 3 to 5	6 Classes	PICE0102-212001
Jun 28 - Aug 2	Tue	\$114	10-10:30a	Ages 3 to 5	6 Classes	PICE0102-212002
Jun 28 - Aug 2	Tue	\$114	1-1:30p	Ages 3 to 5	6 Classes	PICE0102-212003
Jun 25 - Aug 6	Sat	\$114	11:45a-12:15p	Ages 3 to 5	6 Classes	PICE0102-212004
Wheaton Ice Arena						Click to Register
Jun 26 - Aug 7	Sun	\$114	1:30-2p	Ages 3 to 5	6 Classes	PICE0102-215001
Jun 30 - Aug 4	Thu	\$114	5-5:30p	Ages 3 to 5	6 Classes	PICE0102-215002

Preschool Ice Skating 3

Prerequisite: Preschool Ice Skating 2. This class is for skaters ages 3-5. Skater will learn forward skating, forward one-foot glides, forward and backward swizzles, a snowplow stop, and curves. Fee includes skate rental and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment Required: Helmet & Gloves.

Cabin John Ice Rink						Click to Register
Jun 26 - Aug 7	Sun	\$114	12:30-1p	Ages 3 to 5	6 Classes	PICE0103-212001
Jun 28 - Aug 2	Tue	\$114	10-10:30a	Ages 3 to 5	6 Classes	PICE0103-212002
Jun 28 - Aug 2	Tue	\$114	12:30-1p	Ages 3 to 5	6 Classes	PICE0103-212003
Jun 25 - Aug 6	Sat	\$114	11:45a-12:15p	Ages 3 to 5	6 Classes	PICE0103-212004
Wheaton Ice Arena						Click to Register
Jun 26 - Aug 7	Sun	\$114	1:30-2p	Ages 3 to 5	6 Classes	PICE0103-215001
Jun 27 - Aug 8	Mon	\$114	1:30-2p	Ages 3 to 5	6 Classes	PICE0103-215002
Jun 30 - Aug 5	Thu	\$114	5-5:30p	Ages 3 to 5	6 Classes	PICE0103-215003
Jun 25 - Aug 6	Sat	\$114	1-1:30p	Ages 3 to 5	6 Classes	PICE0103-215004



Preschool Ice Skating 4

Prerequisite: Preschool Ice Skating 3. This class is for skaters ages 3-5. Skater will learn forward skating, backward two-foot glides, backward swizzles, rocking horse, two-foot turns from forward to backward in place, and two-foot hop. Fee includes skate rental and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment Required: Helmet & Gloves.

Cabin John Ice Rink						Click to Register
Jun 26 - Aug 7	Sun	\$114	12:30-1p	Ages 3 to 5	6 Classes	PICE0104-212001
Jun 28 - Aug 2	Tue	\$114	10-10:30a	Ages 3 to 5	6 Classes	PICE0104-212002
Jun 28 - Aug 2	Tue	\$114	12:30-1p	Ages 3 to 5	6 Classes	PICE0104-212003
Jun 25 - Aug 6	Sat	\$114	11:45a-12:15p	Ages 3 to 5	6 Classes	PICE0104-212004
Wheaton Ice Arena						Click to Register
Jun 26 - Aug 7	Sun	\$114	1:30-2p	Ages 3 to 5	6 Classes	PICE0104-215001
Jun 27 - Aug 8	Mon	\$114	1:30-2p	Ages 3 to 5	6 Classes	PICE0104-215002
Jun 25 - Aug 6	Sat	\$114	1-1:30p	Ages 3 to 5	6 Classes	PICE0104-215003

Youth Ice Skating 1 (Beginner)

This class is for beginner skaters ages 6-12. Skaters will learn how to sit on the ice and stand up, march forward across the ice, forward two-foot glide, dip, forward swizzles, backward wiggles, beginning snowplow stops, and a two-foot hop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet & gloves are required (bike helmet is fine).

Cabin John Ice Rink						Click to Register
Jun 26 - Aug 7	Sun	\$114	1-1:30p	Ages 6 to 12	6 Classes	PICE0201-212001
Jun 26 - Aug 7	Sun	\$114	2-2:30p	Ages 6 to 12	6 Classes	PICE0201-212002
Jun 27 - Aug 8	Mon	\$114	3:30-4p	Ages 6 to 12	6 Classes	PICE0201-212003
Jun 28 - Aug 2	Tue	\$114	1-1:30p	Ages 6 to 12	6 Classes	PICE0201-212004
Jun 29 - Aug 3	Wed	\$114	3:30-4p	Ages 6 to 12	6 Classes	PICE0201-212005
Jun 30 - Aug 4	Thu	\$114	3:30-4p	Ages 6 to 12	6 Classes	PICE0201-212006
Jun 25 - Aug 6	Sat	\$114	12:15-12:45p	Ages 6 to 12	6 Classes	PICE0201-212007
Wheaton Ice Arena						Click to Register
Jun 26 - Aug 7	Sun	\$114	11-11:30a	Ages 6 to 12	6 Classes	PICE0201-215001
Jun 30 - Aug 4	Thu	\$114	5:30-6p	Ages 6 to 12	6 Classes	PICE0201-215002
Jun 25 - Aug 6	Sat	\$114	1:30-2p	Ages 6 to 12	6 Classes	PICE0201-215003



Youth Ice Skating 2

Prerequisite: Passed Youth Ice Skating 1 or Preschool Ice Skating 4. This class is for skaters ages 4-12. Skaters will learn forward one-foot glides, backward two-foot glide, rocking horse, scooter pushes, backward swizzles, a two-foot turn from forward to backward in place, and a moving snowplow stop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Cabin John Ice Rink						Click to Register
Jun 26 - Aug 7	Sun	\$114	1-1:30p	Ages 4 to 12	6 Classes	PICE0202-212001
Jun 26 - Aug 7	Sun	\$114	2-2:30p	Ages 4 to 12	6 Classes	PICE0202-212002
Jun 27 - Aug 8	Mon	\$114	4-4:30p	Ages 4 to 12	6 Classes	PICE0202-212003
Jun 28 - Aug 2	Tue	\$114	1:30-2p	Ages 4 to 12	6 Classes	PICE0202-212004
Jun 29 - Aug 3	Wed	\$114	3:30-4p	Ages 4 to 12	6 Classes	PICE0202-212005
Jun 30 - Aug 4	Thu	\$114	4-4:30p	Ages 4 to 12	6 Classes	PICE0202-212006
Jun 25 - Aug 6	Sat	\$114	12:15-12:45p	Ages 4 to 12	6 Classes	PICE0202-212007
Jun 25 - Aug 6	Sat	\$114	1:15-1:45p	Ages 4 to 12	6 Classes	PICE0202-212008
Wheaton Ice Arena						Click to Register
Jun 26 - Aug 7	Sun	\$114	11-11:30a	Ages 4 to 12	6 Classes	PICE0202-215001
Jun 27 - Aug 8	Mon	\$114	1:30-2p	Ages 4 to 12	6 Classes	PICE0202-215002
Jun 29 - Aug 3	Wed	\$114	1:30-2p	Ages 4 to 12	6 Classes	PICE0202-215003
Jun 30 - Aug 4	Thu	\$114	5:30-6p	Ages 4 to 12	6 Classes	PICE0202-215004
Jun 25 - Aug 6	Sat	\$114	1:30-2p	Ages 4 to 12	6 Classes	PICE0202-215005

Youth Ice Skating 3

Prerequisite: Passed Youth Ice Skating 2. Skaters will learn forward stroking, forward half-swizzle pumps on a circle, moving forward to backward two-foot turns, backward one-foot glides, backward snowplow stop, forward slaloms, and forward pivot. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

Cabin John Ice Rink						Click to Register
Jun 26 - Aug 7	Sun	\$114	1-1:30p	Ages 4 to 12	6 Classes	PICE0203-212001
Jun 26 - Aug 7	Sun	\$114	1:30-2p	Ages 4 to 12	6 Classes	PICE0203-212002
Jun 27 - Aug 8	Mon	\$114	4-4:30p	Ages 4 to 12	6 Classes	PICE0203-212003
Jun 28 - Aug 2	Tue	\$114	1:30-2p	Ages 4 to 12	6 Classes	PICE0203-212004
Jun 29 - Aug 3	Wed	\$114	4:30-5p	Ages 4 to 12	6 Classes	PICE0203-212005
Jun 30 - Aug 4	Thu	\$114	4-4:30p	Ages 4 to 12	6 Classes	PICE0203-212006
Jun 25 - Aug 6	Sat	\$114	12:45-1:15p	Ages 4 to 12	6 Classes	PICE0203-212007



Youth Ice Skating 3 (continued)

Wheaton Ice Arena						Click to Register
Jun 26 - Aug 7	Sun	\$114	11:45a-12:15p	Ages 4 to 12	6 Classes	PICE0203-215001
Jun 29 - Aug 3	Wed	\$114	1:30-2p	Ages 4 to 12	6 Classes	PICE0203-215002
Jun 30 - Aug 4	Thu	\$114	6:15-6:45p	Ages 4 to 12	6 Classes	PICE0203-215003
Jun 25 - Aug 6	Sat	\$114	1:30-2p	Ages 4 to 12	6 Classes	PICE0203-215004

Youth Ice Skating 4

Prerequisite: Passed Youth Ice Skating 3. Skaters will learn forward outside and inside edges on a circle (R and L), forward crossovers, backward half-swizzle pumps on a circle, backward one-foot glides, beginning two-foot spin, and forward lunges. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

Cabin John Ice Rink						Click to Register
Jun 26 - Aug 7	Sun	\$114	12:30-1p	Ages 4 to 12	6 Classes	PICE0204-212001
Jun 26 - Aug 7	Sun	\$114	1:30-2p	Ages 4 to 12	6 Classes	PICE0204-212002
Jun 27 - Aug 8	Mon	\$114	4:30-5p	Ages 4 to 12	6 Classes	PICE0204-212003
Jun 28 - Aug 2	Tue	\$114	2-2:30p	Ages 4 to 12	6 Classes	PICE0204-212004
Jun 29 - Aug 3	Wed	\$114	4:30-5p	Ages 4 to 12	6 Classes	PICE0204-212005
Jun 30 - Aug 4	Thu	\$114	4:30-5p	Ages 4 to 12	6 Classes	PICE0204-212006
Jun 25 - Aug 6	Sat	\$114	12:45-1:15p	Ages 4 to 12	6 Classes	PICE0204-212007
Wheaton Ice Arena						Click to Register
Jun 26 - Aug 7	Sun	\$114	11:45a-12:15p	Ages 4 to 12	6 Classes	PICE0204-215001
Jun 30 - Aug 4	Thu	\$114	6:15-6:45p	Ages 4 to 12	6 Classes	PICE0204-215002





Youth Ice Skating 5

Prerequisite: Passed Youth Ice Skating 4. Skaters will learn backward outside and inside edges on a circle (R and L), backward crossovers, forward outside three-turns, advanced two-foot spin, hockey stop, and side toe hop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

Cabin John Ice Rink						Click to Register
Jun 26 - Aug 7	Sun	\$114	12:30-1p	Ages 4 to 12	6 Classes	PICE0205-212001
Jun 26 - Aug 7	Sun	\$114	1:30-2p	Ages 4 to 12	6 Classes	PICE0205-212002
Jun 27 - Aug 8	Mon	\$114	4:30-5p	Ages 4 to 12	6 Classes	PICE0205-212003
Jun 28 - Aug 2	Tue	\$114	2-2:30p	Ages 4 to 12	6 Classes	PICE0205-212004
Jun 29 - Aug 3	Wed	\$114	4:30-5p	Ages 4 to 12	6 Classes	PICE0205-212005
Jun 30 - Aug 4	Thu	\$114	4:30-5p	Ages 4 to 12	6 Classes	PICE0205-212006
Jun 25 - Aug 6	Sat	\$114	1:15-1:45p	Ages 4 to 12	6 Classes	PICE0205-212007
Wheaton Ice Arena						Click to Register
Jun 26 - Aug 7	Sun	\$114	11:45a-12:15p	Ages 4 to 12	6 Classes	PICE0205-215001
Jun 30 - Aug 4	Thu	\$114	6:15-6:45p	Ages 4 to 12	6 Classes	PICE0205-215002

Youth Ice Skating 6

Prerequisite: Passed Youth Ice Skating 5. Skaters will learn forward inside three-turns, moving backward to forward two-foot turns on a circle, backward stroking, T-stop, bunny hops, forward spiral on a straight line, beginning one-foot spin, and shoot the duck. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class.

Cabin John Ice Rink						Click to Register
Jun 27 - Aug 8	Mon	\$171	5-5:45p	Ages 4 to 12	6 Classes	PICE0206-212001
Jun 29 - Aug 3	Wed	\$171	4-4:45p	Ages 4 to 12	6 Classes	PICE0206-212002
Jun 30 - Aug 4	Thu	\$171	5-5:45p	Ages 4 to 12	6 Classes	PICE0206-212003
Jun 25 - Aug 6	Sat	\$171	9:30-10:15a	Ages 4 to 12	6 Classes	PICE0206-212004
Wheaton Ice Arena						Click to Register
Jun 26 - Aug 7	Sun	\$114	11:45a-12:15p	Ages 4 to 12	6 Classes	PICE0206-215001
Jun 30 - Aug 4	Thu	\$114	6:15-6:45p	Ages 4 to 12	6 Classes	PICE0206-215002



Teen and Adult Ice Skating 1

This class is for beginner teen & adult skaters. Learn falling & recovery, forward marching, forward two-foot glide, forward swizzles, one forward/one backward swizzle, dip, and forward snowplow stop. Fee includes skate rental (if needed) plus a skating practice card. Helmet & gloves are strongly recommended.

Cabin John Ice Rink						Click to Register
Jun 26 - Aug 7	Sun	\$114	2-2:30p	Ages 13 and up	6 Classes	PICE0220-212001
Jun 28 - Aug 2	Tue	\$114	6-6:30p	Ages 13 and up	6 Classes	PICE0220-212002
Jun 30 - Aug 4	Thu	\$114	6-6:30p	Ages 13 and up	6 Classes	PICE0220-212003
Wheaton Ice Arena						Click to Register
Jun 26 - Aug 7	Sun	\$114	11:45a-12:15p	Ages 13 and up	6 Classes	PICE0220-215001
Jun 30 - Aug 4	Thu	\$114	1:30-2p	Ages 13 and up	6 Classes	PICE0220-215002

Teen and Adult Ice Skating 2

Prerequisite: Passed Teen and Adult Ice Skating 1. Learn forward skating, forward one-foot glides, forward slalom, backward skating, backward swizzles, and two-foot turns in place. Fee includes skate rental (if needed) plus a skating practice card.

Cabin John Ice Rink						Click to Register
Jun 26 - Aug 7	Sun	\$114	2-2:30p	Ages 13 and up	6 Classes	PICE0221-212001
Jun 28 - Aug 2	Tue	\$114	6-6:30p	Ages 13 and up	6 Classes	PICE0221-212002
Jun 30 - Aug 4	Thu	\$114	6-6:30p	Ages 13 and up	6 Classes	PICE0221-212003
Wheaton Ice Arena						Click to Register
Jun 26 - Aug 7	Sun	\$114	11:45a-12:15p	Ages 13 and up	6 Classes	PICE0221-215001
Jun 30 - Aug 4	Thu	\$114	1:30-2p	Ages 13 and up	6 Classes	PICE0221-215002
Jun 30 - Aug 4	Thu	\$114	6:45-7:15p	Ages 13 and up	6 Classes	PICE0221-215003



Teen and Adult Ice Skating 3

Prerequisite: Passed Teen and Adult Ice Skating 2. Learn forward stroking, forward half-swizzle pumps on circle, moving forward to backward and backward to forward two-foot turn on a circle, backward skating & glide, forward chasses on a circle, and backward snowplow stop. Fee includes skate rental (if needed) plus a skating practice card.

Cabin John Ice Rink						Click to Register
Jun 30 - Aug 4	Thu	\$171	6:30-7:15p	Ages 13 and up	6 Classes	PICE0222-212001
Jun 25 - Aug 6	Sat	\$171	9:30-10:15a	Ages 13 and up	6 Classes	PICE0222-212002
Wheaton Ice Arena						Click to Register
Jun 26 - Aug 7	Sun	\$114	12:15-12:45p	Ages 13 and up	6 Classes	PICE0222-215001
Jun 30 - Aug 4	Thu	\$114	7:15-7:45p	Ages 13 and up	6 Classes	PICE0222-215002

Teen and Adult Ice Skating 4

Prerequisite: Passed Teen and Adult Ice Skating 3. Learn forward outside & inside edges on a circle, forward crossovers, backward one-foot glides, backward half swizzle pumps on a circle and Hockey stop. Fee includes skate rental (if needed) plus a skating practice card.

Cabin John Ice Rink						Click to Register
Jun 30 - Aug 4	Thu	\$171	6:30-7:15p	Ages 13 and up	6 Classes	PICE0223-212001
Jun 25 - Aug 6	Sat	\$171	9:30-10:15a	Ages 13 and up	6 Classes	PICE0223-212002
Wheaton Ice Arena						Click to Register
Jun 26 - Aug 7	Sun	\$114	12:15-12:45p	Ages 13 and up	6 Classes	PICE0223-215001
Jun 30 - Aug 4	Thu	\$114	7:15-7:45p	Ages 13 and up	6 Classes	PICE0223-215002

Teen and Adult Ice Skating Advanced

Passed Teen and Adult Ice Skating 4. Learn back edges on a circle, backward crossovers, outside three-turn, swing rolls, advanced stroking with crossovers forwards & backwards, forward inside three-turns, forward outside to inside change of edge power pulls, T-stop, Lunge, and two-foot to one-foot spins. Fee includes skate rental (if needed) plus a skating practice card.

Cabin John Ice Rink						Click to Register
Jun 30 - Aug 4	Thu	\$171	7:15-8p	Ages 13 and up	6 Classes	PICE0224-212001
Jun 25 - Aug 6	Sat	\$171	9:30-10:15a	Ages 13 and up	6 Classes	PICE0224-212002
Wheaton Ice Arena						Click to Register
Aug 7 - Aug 7	Sun	\$114	12:45-1:15p	Ages 13 and up	6 Classes	PICE0224-215001
Jun 30 - Aug 4	Thu	\$114	7:15-7:45p	Ages 13 and up	6 Classes	PICE0224-215002



Teen and Adult Free Skate

Prerequisite: Passed Teen and Adult Ice Skating Advanced. This class will focus on introductory free skating skills including beginner jumps and spins. Fee includes skate rental (if needed) plus a skating practice card.

Cabin John Ice Rink						Click to Register
Jun 30 - Aug 4	Thu	\$171	8-8:45p	Ages 13 and up	6 Classes	PICE0225-212001
Jun 25 - Aug 6	Sat	\$171	9:30-10:15a	Ages 13 and up	6 Classes	PICE0225-212002
Wheaton Ice Arena						Click to Register
Jun 26 - Aug 7	Sun	\$114	12:45-1:15p	Ages 13 and up	6 Classes	PICE0225-215001
Jun 30 - Aug 4	Thu	\$114	7:15-7:45p	Ages 13 and up	6 Classes	PICE0225-215002

Teen and Adult Turns and Edges

Prerequisite: Passed Teen and Adult 2. This class is an introduction skating FUNdamentals, body alignment, and technique. Skaters will work on stroking, turns, edges, connecting steps and how to make all of it, look effortless. It is meant to compliment skaters in levels Teen and Adult 2 and above.

V	Vheaton Ice Arena						Click to Register
	Jun 30 - Aug 4	Thu	\$114	6:45-7:15p	Ages 13 and up	6 Classes	PICE0226-215001

Pre Free Skate

Prerequisite: Passed Youth Ice Skating 6. Skaters will learn forward inside open mohawk, backward outside edge to forward outside edge transition on a circle, ballet jump, backward crossovers to backward outside edge glides, combination step sequences, one-foot upright spin, mazurka, and waltz jump. Fee includes skate rental and a practice card good for admission to public skate sessions to practice skills learned in class.

Cabin John Ice Rink						Click to Register
Jun 27 - Aug 8	Mon	\$171	5-5:45p	Ages 4 to 12	6 Classes	PICE0300-212001
Jun 29 - Aug 3	Wed	\$171	4-4:45p	Ages 4 to 12	6 Classes	PICE0300-212002
Jun 30 - Aug 4	Thu	\$171	5-5:45p	Ages 4 to 12	6 Classes	PICE0300-212003
Jun 25 - Aug 6	Sat	\$171	9:30-10:15a	Ages 4 to 12	6 Classes	PICE0300-212004
Wheaton Ice Arena						Click to Register
Jun 26 - Aug 7	Sun	\$114	11:45a-12:15p	Ages 4 to 12	6 Classes	PICE0300-215001
Jun 30 - Aug 4	Thu	\$114	6:15-6:45p	Ages 4 to 12	6 Classes	PICE0300-215002



Free Skate 1

Prerequisite: Passed Pre Free Skate. Learn forward power stroking, forward outside & inside consecutive edges, backward outside three-turns, upright one-foot spin from back crossovers, half flip, toe loop, and waltz jump combinations. Fee includes skate rental (if needed) plus a skating practice card.

Cabin John Ice Rink						Click to Register
Jun 27 - Aug 8	Mon	\$171	6-6:45p	Ages 5 and up	6 Classes	PICE0310-212001
Jun 29 - Aug 3	Wed	\$143	6:30-7:15p	Ages 5 and up	5 Classes	PICE0310-212002
Jun 25 - Aug 6	Sat	\$171	10:45-11:30a	Ages 5 and up	6 Classes	PICE0310-212003
Wheaton Ice Arena						Click to Register
Jun 26 - Aug 7	Sun	\$114	12:45-1:15p	Ages 5 and up	6 Classes	PICE0310-215001
Jun 30 -Aug 4	Thu	\$114	6:45-7:15p	Ages 5 and up	6 Classes	PICE0310-215002

Free Skate 2

Prerequisite: Passed Free Skate 1. Skates will learn basic back outside and back inside consecutive edges, forward outside and inside spirals on an axis, backward inside three-turns, beginning back spin, half lutz, and salchow. Fee includes skate rental (if needed) plus a skating practice card.

Cabin John Ice Rink						Click to Register
Jun 27 - Aug 8	Mon	\$171	6-6:45p	Ages 5 and up	6 Classes	PICE0312-212001
Jun 29 - Aug 3	Wed	\$143	6:30-7:15p	Ages 5 and up	5 Classes	PICE0312-212002
Jun 25 - Aug 6	Sat	\$171	10:45-11:30a	Ages 5 and up	6 Classes	PICE0312-212003
Wheaton Ice Arena						Click to Register
Jun 26 - Aug 7	Sun	\$114	12:45-1:45p	Ages 5 and up	6 Classes	PICE0312-215001
Jun 30 - Aug 4	Thu	\$114	6:45-7:15p	Ages 5 and up	6 Classes	PICE0312-215002

Free Skate 3

Prerequisite: Passed Free Skate 2. Skaters will learn alternating back crossovers to backward outside edges, alternating mohawk/crossover sequence, waltz three turns, advanced back spin, loop jump, waltz jump/toe loop combination and salchow/toe loop combination. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions.

(Cabin John Ice Rink						Click to Register
	Jun 27 - Aug 8	Mon	\$171	6:45-7:30p	Ages 5 and up	6 Classes	PICE0314-212001
	Jun 29 - Jul 27	Wed	\$143	6:30-7:15p	Ages 5 and up	5 Classes	PICE0314-212002
	Jun 25 - Aug 6	Sat	\$171	10:45-11:30a	Ages 5 and up	6 Classes	PICE0314-212003



Free Skate 3 (continued)

W	heaton Ice Arena	Click to Register					
	Jun 26 - Aug 7	Sun	\$114	12:45-1:15p	Ages 5 and up	6 Classes	PICE0314-215001
	Jun 30 - Aug 4	Thu	\$114	6:45-7:15p	Ages 5 and up	6 Classes	PICE0314-215002

Free Skate 4

Prerequisite: Passed Free Skate 3. Skaters will learn forward power three-turns, waltz eight, forward upright to backward upright spin, sit spin, half loop, flip, and split jump. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions to practice skills learned in class.

Cabin John Ice Rink						Click to Register
Jun 27 - Aug 8	Mon	\$171	6:45-7:30p	Ages 5 and up	6 Classes	PICE0316-212001
Jun 29 - Jul 27	Wed	\$143	6:30-7:15p	Ages 5 and up	5 Classes	PICE0316-212002
Jun 25 - Aug 6	Sat	\$171	10:45-11:30a	Ages 5 and up	6 Classes	PICE0316-212003
Wheaton Ice Arena						Click to Register
Jun 26 - Aug 7	Sun	\$114	12:45-1:15p	Ages 5 and up	6 Classes	PICE0316-215001
Jun 30 - Aug 4	Thu	\$114	6:45-7:15p	Ages 5 and up	6 Classes	PICE0316-215002

Free Skate 5

Prerequisite: Passed Free Skate 4. Skaters will learn backward power three-turns, five-step mohawk sequence, camel spin, waltz jump/loop jump combination, lutz, and loop/loop jump combination. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions to practice skills learned in class.

Cabin John Ice Rink						Click to Register
Jun 27 - Aug 8	Mon	\$171	7:30-8:15p	Ages 5 and up	6 Classes	PICE0318-212001
Jun 29 - Jul 27	Wed	\$143	6:30-7:15p	Ages 5 and up	5 Classes	PICE0318-212002
Jun 25 - Aug 6	Sat	\$171	10:45-11:30a	Ages 5 and up	6 Classes	PICE0318-212003

Free Skate 6

Prerequisite: Passed Free Skate 5. Skaters will learn forward power pulls, creative step sequence, camel/ sit spin combination, layback or cross foot spin, waltz jump/half loop/salchow combination, axel exercises, and backward outside pivot. Fee includes skate rental (if needed) plus a practice card good for admission to public skate session to practice skills learned in class.

Cabin John Ice Rink						Click to Register
Jun 27 - Aug 8	Mon	\$171	7:30-8:15p	Ages 5 and up	6 Classes	PICE0320-212001
Jun 29 - Jul 27	Wed	\$143	6:30-7:15p	Ages 5 and up	5 Classes	PICE0320-212002
Jun 25 - Aug 6	Sat	\$171	10:45-11:30a	Ages 5 and up	6 Classes	PICE0320-212003



ICE SPECIALTY CLASSES

Advanced Spins

This class is for skaters at the Free Skate 4 and higher level and will focus on advanced spins. (Skaters should be comfortable with scratch spin, sit spin, and beginning camel spin). Class will focus on learning basic spin features, combination spins, and flying spins. Fee includes a practice card good for admission to six public skating sessions.

V	Vheaton Ice Arena						Click to Register
	Jun 30 - Aug 4	Thu	\$114	7:15-7:45p	Ages 6 and up	6 Classes	PICE0325-215001

Components Class

Prerequisite: Must have passed Free Skate 2. This advanced figure skating class will help skaters develop their component mark. It will focus on educating the skater in improving their transitions, skating skills, performance, composition, and interpretation. Fee includes a practice card good for admission to 6 public skate sessions.

C	abin John Ice Rink						Click to Register
	Jun 25 - Aug 6	Sat	\$114	10:15-10:45a	Ages 6 and up	6 Classes	PICE0340-212006

High Turns and Edges

This class is for skaters on the pre-juvenile moves in the field level and higer. Class will focus on edges and turns at these levels of moves tests including back three turns, double threes, backward power threes, brackets, and twizzles.

Wheaton Ice Arena						Click to Register
Jun 30 - Aug 4	Thu	\$114	6:15-6:45p	Ages 6 and up	6 Classes	PICE0334-215001

Ice Dance

This class will introduce you to basic ice dancing steps, posture, dance positions and timing. Skaters will learn basic ice dance steps including progressives, swing rolls, chasses, slide chasses, and closed mohawks. They will also learn the steps and partnering holds for dances in the preliminary and pre-bronze levels (US Figure Skating levels).

(Cabin John Ice Rink						Click to Register
	Jun 25 - Aug 6	Sat	\$114	10:15-10:45a	Ages 6 and up	6 Classes	PICE0336-212006



Power Skating for Figure Skating

Improve your conditioning and skating skills. This class will focus on increasing skaters power, speed, and endurance. Skaters must have passed Pre Free Skate.

Ca	bin John Ice Rink						Click to Register
	Jun 25 - Aug 6	Sat	\$114	10:15-10:45a	Ages 6 and up	6 Classes	PICE0339-212001

Youth Low Turns and Edges

Prerequisite: Passed Basic 4. This class is an introduction skating FUNdamentals, body alignment, and technique. Skaters will work on stroking, turns, edges, and connecting steps and how to make all of it, look effortless. It is meant to compliment skaters in levels Basic 5, and Pre Free Skate.

Wheaton Ice Arena	Click to Register					
Jun 30 - Aug 4	Thu	\$114	6:45-7:15p	Ages 6 to 12	6 Classes	PICE0335-215001
Jun 26 - Aug 7	Sun	\$114	12:15-12:45p	Ages 6 to 12	6 Classes	PICE0335-215002





Hockey 1

Prerequisite: Passed Youth Ice Skating 1 or Preschool Ice Skating 4. Skater will learn falling and getting up in hockey skates, proper stance, march forward across the ice, 8-10 steps, forward two-foot glide, dip, forward swizzles, T-push to a two-foot glide, front to back turns, and snowplow stop. Fee includes skate rental, and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, flat stick cut to skater's height, and hockey skates.

Cabin John Ice Rink						Click to Register
Jun 28 - Aug 2	Tue	\$114	5-5:30p	Ages 4 to 12	6 Classes	PICE0351-212001
Jun 29 - Aug 3	Wed	\$114	5-5:30p	Ages 4 to 12	6 Classes	PICE0351-212002
Jun 25 - Aug 6	Sat	\$114	8:45-9:15a	Ages 4 to 12	6 Classes	PICE0351-212003
Wheaton Ice Arena						Click to Register
Jun 26 - Aug 7	Sun	\$114	12:15-12:45p	Ages 4 to 12	6 Classes	PICE0351-215001

Hockey 2

Prerequisite: Passed Hockey 1. Skaters will learn strides using 45-degree v push, forward one-foot push and glides, forward alternating C-cuts, backward hustles to glides on two feet, backward swizzles, backward alternating C-cuts, moving skateboard push, and moving snowplow stop. Fee includes skate rental, and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shin guards, hockey gloves, flat stick cut to skater's height, and hockey skates.

Cabin John Ice Rin	ık					Click to Register
Jun 28 - Aug 2	2 Tue	\$114	5-5:30p	Ages 4 to 12	6 Classes	PICE0352-212001
Jun 29 - Aug 3	B Wed	\$114	5-5:30p	Ages 4 to 12	6 Classes	PICE0352-212002
Jun 25 - Aug 6	S Sat	\$114	8:45-9:15a	Ages 4 to 12	6 Classes	PICE0352-212003
Wheaton Ice Areno	a					Click to Register
Jun 26 - Aug 7	7 Sun	\$114	12:45-12:45p	Ages 4 to 12	6 Classes	PICE0352-215001





Hockey 3

Prerequisite: Passed Hockey 2. Skaters will learn lateral crossover march, forward C-cuts on a circle, forward outside and inside edges on half circles, backward C-cuts, backward snowplow stops, forward stop-starts, and one-foot forward snowplow stops. Fee includes skate rental and a practice card good for admission to public sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, curved stick cut to skater's height, and hockey skates.

Cabin John Ice Rink						Click to Register
Jun 28 - Aug 2	Tue	\$171	5:30-6:15p	Ages 4 to 12	6 Classes	PICE0353-212001
Jun 29 - Aug 3	Wed	\$171	5:30-6:15p	Ages 4 to 12	6 Classes	PICE0353-212002
Jun 25 - Aug 6	Sat	\$171	8-8:45a	Ages 4 to 12	6 Classes	PICE0353-212003
Wheaton Ice Arena						Click to Register
Jun 26 - Aug 7	Sun	\$114	12:15-12:45p	Ages 4 to 12	6 Classes	PICE0353-215001

Hockey 4

Prerequisite: Passed Hockey 3. Skaters will learn quick starts using V-starts, backward one-foot glides, forward and backward crossovers, forward to backward Mohawk pivots, and hockey stops. Fee includes skate rental and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, curved stick cut to skater's height, and hockey skates.

Cabin John Ice Rink						Click to Register
Jun 28 - Aug 2	Tue	\$171	6:15-7p	Ages 4 to 12	6 Classes	PICE0354-212001
Jun 29 - Aug 3	Wed	\$171	6:15-7p	Ages 4 to 12	6 Classes	PICE0354-212002
Jun 25 - Aug 6	Sat	\$171	8-8:45a	Ages 4 to 12	6 Classes	PICE0354-212003
Wheaton Ice Arena Click						
Jun 26 - Aug 7	Sun	\$114	12:15-12:45p	Ages 4 to 12	6 Classes	PICE0354-215001



Hockey Advanced

Prerequisite: Passed Hockey 4. Skaters will learn powerful backward C-cuts, alternating forward and backward crossovers, forward power hockey turns, lateral pivots, fast stops and starts, and fast backward skating with quick backward V-stops. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates.

Cabin John Ice Rink	Click to Register					
Jun 28 - Aug 2	Tue	\$171	7-7:45p	Ages 4 to 12	6 Classes	PICE0355-212001
Jun 29 - Aug 3	Wed	\$171	7-7:45p	Ages 4 to 12	6 Classes	PICE0355-212002
Jun 25 - Aug 6	Sat	\$171	8-8:45a	Ages 4 to 12	6 Classes	PICE0355-212003

Teen and Adult Hockey 1

Prerequisite: Passed Teen & Adult 1 in hockey skates. Learn the fundamentals of hockey skating including alternating forward and backward c-cuts, backward swizzles, one-foot snowplow stop, lateral crossover march, forward c-cuts on a circle, and turns from forward to backward. Skaters will also learn skating with a puck and beginning passing and stickhandling skills. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates (rental hockey skates are available).

Cabin John Ice Rink						Click to Register
Jun 25 - Aug 6	Sat	\$171	9:15-10a	Ages 13 and up	6 Classes	PICE0357-212001

Teen and Adult Hockey 2

Prerequisite: Passed Teen & Adult Hockey 1. This class will focus on more advanced skating skills including backward crossovers, hockey stops, forward power hockey turns, fast stops & starts, backward V-stops, and forward to backward mohawk pivots. Skaters will also learn hockey techniques, rules, and game play including some scrimmage time. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates (rental hockey skates are available).

Cabin John Ice Rink						Click to Register
Jun 29 - Aug 3	Wed	\$171	8-8:45p	Ages 13 and up	6 Classes	PICE0358-212001
Jun 25 - Aug 6	Sat	\$171	8-8:45a	Ages 13 and up	6 Classes	PICE0358-212002



Stickhandling and Passing

Prerequisite: Passed Hockey 1. This class focuses on proper technique for stickhandling and passing. Skaters will learn individual skills including proper grips and maneuvering with a puck as well as fundamental passing skills with other players. No game experience is needed. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Full gear required.

Wheaton Ice Arena Click to Register Sun \$114 12:45-1:15p Ages 4 to 12 6 Classes PICE0360-215001 Jun 26 - Aug 7

Shoot and Score

Prerequisite: Passed Hockey 3. This advanced hockey class will focus on getting through the offensive zone and putting the puck in the net. Topics covered will include shooting techniques, speed and agility, stickhandling, skating in open ice, receiving passes, and defending the puck. Full gear required.

Cabin John Ice Rink Click to Register

Jun 25 - Aug 6 Sat \$114 8:45-9:15a Ages 5 to 12 6 Classes PICE0364-212001

Hockey Power Skating

Improve your conditioning and skating skills. This class will focus on stride length, take-offs and acceleration, agility skating, and edge work. Skaters must have passed Hockey 3

Cabin John Ice Rink Click to Register

6 Classes Jun 25 - Aug 6 Sat \$114 8:45-9:15a Ages 5 to 12 PICE0365-212001









GOLF

Beginning Golf, Adult

If you have always wanted to try golf or have not played in years and want to pick it up again, this is an easy, inexpensive way to get into the sport. For just \$99, you will get four weeks of professional instruction from a Montgomery County Golf Academy Certified Instructor, and learn the basics of golf: proper stance, grip, chipping, putting, driving, golf etiquette, and more. Fee covers loaner clubs and balls. Class sizes are small (no more than 8 students), so you are sure to get a good bit of personal attention.

3	South Germantown L	Click to Register					
	Jun 14 - Jul 15	Tue	\$99	5:30-6:30p	Ages 18 and up	4 Classes	PSGDR2010-100001
	Jun 16 - Jul 7	Thu	\$99	5:30-6:30p	Ages 18 and up	4 Classes	PSGDR2010-100002
	Jun 18 - Jul 16	Sat	\$99	2:30-3:30p	Ages 18 and up	4 Classes	PSGDR2010-100003
_	Jul 26 - Aug 16	Tue	\$99	5:30-6:30p	Ages 18 and up	4 Classes	PSGDR2010-100004
	Jul 28 - Aug 18	Thu	\$99	5:30-6:30p	Ages 18 and up	4 Classes	PSGDR2010-100005
	Jul 30 - Aug 20	Sat	\$99	2:30-3:30p	Ages 18 and up	4 Classes	PSGDR2010-100006

Beginning Golf, Junior

If you have always wanted to try golf or have not played in years and want to pick it up again, this is an easy, inexpensive way to get into the sport. For just \$99, you will get four weeks of professional instruction from a Montgomery County Golf Academy Certified Instructor, and learn the basics of golf: proper stance, grip, chipping, putting, driving, golf etiquette, and more. Fee covers loaner clubs and balls. Class sizes are small (no more than 8 students), so you are sure to get a good bit of personal attention.

South Germantown D	Click to Register						
Jun 18 - Jul 16	Sat	\$99	3:30-4:30p	Ages 7 to 15	4 Classes	PSGDR2011-100001	
Jul 30 - Aug 20	Sat	\$99	3:30-4:30p	Ages 7 to 15	4 Classes	PSGDR2011-100002	

Junior Golf Clinic

One day clinics are a great way for your junior golfer to learn and gradually improve skills on a month-tomonth basis. Each month we will offer various clinics, each focusing on a particular swing or golf skill. You choose which classes you want and register and pay for them at one time. It's golf a la carte! Visit our website or check the Clubhouse for specific skills schedule.

South Germantown	South Germantown Driving Range							
Jun 25	Sat	\$15	1-2p	Ages 7 to 15	1 Class	PSGDR2012-100003		
Jul 16	Sat	\$15	1-2p	Ages 7 to 15	1 Class	PSGDR2012-100004		
Aug 6	Sat	\$15	1-2p	Ages 7 to 15	1 Class	PSGDR2012-100005		
Aug 20	Sat	\$15	1-2p	Ages 7 to 15	1 Class	PSGDR2012-100006		



Parent and Child Golf

Golf is a great game for kids to start early, and you will have a great time learning together. With the help of a Montgomery County Golf Academy Certified Instructor, you and your child (age 7-14) will learn the basics of golf, including proper stance, grip, chipping, putting, driving, and more. If you are already a golfer, the instructor will work with you at your level to help you improve your game. Fee covers one child and one adult; register the child only. Fee covers instruction, loaner clubs and balls.

5	South Germantown D	Click to Register					
	Jun 18 - Jul 16	Sat	\$120	11a-12p	Ages 7 to 15	4 Classes	PSGDR2015-100001
	Jun 18 - Jul 16	Sat	\$120	12-1p	Ages 7 to 15	4 Classes	PSGDR2015-100002
	Jun 18 - Jul 16	Sat	\$120	4:30-5:30p	Ages 7 to 15	4 Classes	PSGDR2015-100003
	Jul 30 - Aug 20	Sat	\$120	11a-12p	Ages 7 to 15	4 Classes	PSGDR2015-100004
	Jul 30 - Aug 20	Sat	\$120	12-1p	Ages 7 to 15	4 Classes	PSGDR2015-100005
	Jul 30 - Aug 20	Sat	\$120	4:30-5:30p	Ages 7 to 15	4 Classes	PSGDR2015-100006

ARCHERY

Beginner Archery, Youth

Interested in learning archery? Participants will learn basic skills and safety instruction. You will learn how to hold, aim, draw, and shoot a bow. We will introduce or build on participant's current knowledge/skills of archery and provide time to practice each new skill. We will supply all the equipment, a safe place to shoot, and a Certified Instructor to guide you. Please bring a water bottle and dress for the weather.

South Germantown D		Click to Register				
Jul 30 - Aug 20	Sat	\$50	2-3:30p	Ages 8 to 15	4 Classes	PSGDR2001-100001
Jun 12 - Jul 10	Sun	\$50	2-3:30p	Ages 8 to 15	4 Classes	PSGDR2001-100002
Jun 18 - Jul 16	Sat	\$50	2-3:30p	Ages 8 to 15	4 Classes	PSGDR2001-100003
Jul 24 - Aug 14	Sun	\$50	2-3:30p	Ages 8 to 15	4 Classes	PSGDR2001-100004

Beginner Archery, Adult

Interested in learning archery? Participants will learn basic skills and safety instruction. You will learn how to hold, aim, draw, and shoot a bow. We will introduce or build on participant's current knowledge/skills of archery and provide time to practice each new skill. We will supply all the equipment, a safe place to shoot, and a Certified Instructor to guide you. Please bring a water bottle and dress for the weather.

3	south Germantown L	riving Ro	Click to Register				
	Jun 12 - Jul 10	Sun	\$50	10-11:30a	Ages 18 and up	4 Classes	PSGDR2002-100001
_	Jul 24 - Aug 14	Sun	\$50	10-11:30a	Ages 18 and up	4 Classes	PSGDR2002-100002





Intermediate Archery, Youth

Prerequisite: Passed Beginner Archery. Interested in more archery? Intermediate archery focuses on the draw cycle. You will learn how to anchor, transfer/hold, aim, and release/follow through. We will supply all the equipment, a safe place to shoot, and a Certified Instructor to guide you. Please bring a water bottle and dress for the weather.

S	outh Germantown D	Click to Register					
	Jun 18 - Jul 16	Sat	\$50	3:30-5p	Ages 8 to 15	4 Classes	PSGDR2003-100001
	Jun 12 - Jul 10	Sun	\$50	3:30-5p	Ages 8 to 15	4 Classes	PSGDR2003-100002
	Jul 24 - Aug 14	Sun	\$50	3:30-5p	Ages 8 to 15	4 Classes	PSGDR2003-100003
	Jul 30 - Aug 20	Sat	\$50	3:30-5p	Ages 8 to 15	4 Classes	PSGDR2003-100004

Parent and Child Archery

Whether you are a novice, or you shoot better than Robin Hood, this class is for parent/guardian and their children interested in the sport of archery. It is a really FUN way for boys and girls to learn about archery in a positive learning environment involving both parent and child! Participants should wear comfortable clothing. This is an outdoor class, so participants should dress accordingly. Fee covers one child and one adult; register the child only.

South Germantown L	Click to Register					
Jun 18 - Jul 16	Sat	\$65	12:30-2p	Ages 7 to 15	4 Classes	PSGDR2004-100001
Jun 12 - Jul 10	Sun	\$65	11:30a-1p	Ages 7 to 15	4 Classes	PSGDR2004-100002
Jul 30 - Aug 20	Sat	\$65	12:30-2p	Ages 7 to 15	4 Classes	PSGDR2004-100003
Jul 24 - Aug 14	Sun	\$65	11:30a-1p	Ages 7 to 15	4 Classes	PSGDR2004-100004







PAULINE BETZ ADDIE TENNIS CENTER 7801 Democracy Blvd | Bethesda, MD 20817 301.765.8650

CabinJohnTennis.org

WHEATON INDOOR TENNIS

11715 Orebaugh Ave | Wheaton, MD 20902 301.905.3030 WheatonTennis.org





Programs are subject to change. For the most up-to-date listings visit:

CabinJohnTennis.org or WheatonTennis.org

CLASS DATES Summer Session

Registration Dates: June 14 – 23 Class Dates: June 24 – Aug 8

On your first day of class...

- Bring a racquet and water bottle.
- Wear proper footwear and athletic clothes.

COURSE FEES COVER

- Six group lessons
- Starter racquet's available for purchase

PLEASE NOTE

- No make-ups or refunds for missed lessons.
- Please read course descriptions carefully and select courses that match player ability and experience.
- At the end of each class series, the player will receive an evaluation recommending your next class.
- If you see a class you like, register! Classes may be canceled if a minimum enrollment is not met.





TENNIS

Parent & Child Tennis

Our youngest beginners, with the help of a parent, will practice basic tennis skills through fun exercises and games that can be continued outside of class. Fee covers one adult and one child; register the child only. (Red Court/Red Balls; loaner racquets available)

Pauline Betz Addie 1	Pauline Betz Addie Tennis Center									
Jun 25 - Aug 6	Sat	\$150	2-3p	Ages 4 to 7	6 Classes	PTEN0001-210003				
Jun 26 - Aug 7	Sun	\$150	2-3p	Ages 4 to 7	6 Classes	PTEN0001-210004				
Jun 28 - Aug 2	Tue	\$150	5-6p	Ages 4 to 7	6 Classes	PTEN0001-210005				
Wheaton Indoor Ten	Wheaton Indoor Tennis									
Jun 25 - Aug 6	Sat	\$129	12-1p	Ages 4 to 7	6 Classes	PTEN0001-216002				
Jun 26 - Aug 7	Sun	\$129	12-1p	Ages 4 to 7	6 Classes	PTEN0001-216003				
Jun 27 - Aug 8	Mon	\$129	6-7p	Ages 4 to 7	6 Classes	PTEN0001-216004				

Youth Tennis, Beginner 5-7

Group lesson class for the young beginner who has limited or no prior tennis experience. Class teaches basic strokes and promotes cooperative play through games and skill-building activities. Instruction for ages 5-7 focuses on hand-eye coordination, movement, and basic tennis strokes. Instruction for ages 7-10 focuses on racquet control drills, sending and receiving, rallying skills, and ABCs (agility, balance, and coordination). (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

Pauline Betz Addie		Click to Register							
Jun 25 - Aug 6	Sat	\$141	9-10a	Ages 5 to 7	6 Classes	PTEN0005-210011			
Jun 29 - Aug 3	Wed	\$141	5-6p	Ages 5 to 7	6 Classes	PTEN0005-210012			
Jun 26 - Aug 7	Sun	\$141	9-10a	Ages 5 to 7	6 Classes	PTEN0005-210013			
Wheaton Indoor Ten	Wheaton Indoor Tennis								
Jun 29 - Aug 3	Wed	\$117	5-6p	Ages 5 to 7	6 Classes	PTEN0005-216011			
Jun 25 - Aug 6	Sat	\$117	1-2p	Ages 5 to 7	6 Classes	PTEN0005-216012			



Youth Tennis, Intermediate 5-7

Prerequisite: Passed Beginner level. For the developing player who can rally on the Red Court but needs additional work on stroke production, tennis specific footwork, and situational play. Skill building continues with increased emphasis on cooperative drills. (Combination of Red Court/Red Balls and Orange Court/ Orange Balls; loaner racquets available)

Pauline Betz Addie	auline Betz Addie Tennis Center							
Jun 25 - Aug 6	Sat	\$141	10-11a	Ages 5 to 7	6 Classes	PTEN0010-210022		
Jun 26 - Aug 7	Sun	\$141	10-11a	Ages 5 to 7	6 Classes	PTEN0010-210023		
Jun 29 - Aug 3	Wed	\$141	5-6p	Ages 5 to 7	6 Classes	PTEN0010-210024		

Youth Tennis, Beginner 7-10

Group lesson class for the young beginner who has limited or no prior tennis experience. Class teaches basic strokes and promotes cooperative play through games and skill-building activities. Instruction for ages 5-7 focuses on hand-eye coordination, movement, and basic tennis strokes. Instruction for ages 7-10 focuses on racquet control drills, sending and receiving, rallying skills, and ABCs (agility, balance, and coordination). (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

Pauline Betz Addie 7	Click to Register								
Jun 25 - Aug 6	Sat	\$141	9-10a	Ages 7 to 10	6 Classes	PTEN0015-210032			
Jun 26 - Aug 7	Sun	\$141	9-10a	Ages 7 to 10	6 Classes	PTEN0015-210033			
Wheaton Indoor Ten	Wheaton Indoor Tennis								
Jun 30 - Aug 4	Thu	\$117	5-6p	Ages 7 to 10	6 Classes	PTEN0015-216031			
Jun 27 - Aug 8	Mon	\$117	5-6p	Ages 7 to 10	6 Classes	PTEN0015-216034			

Youth Tennis, Intermediate 7-10

Prerequisite: Passed Beginner level. For the developing player who can rally on the Red Court but needs additional work on stroke production, tennis specific footwork, and situational play. Skill building continues with increased emphasis on cooperative drills. (Combination of Red Court/Red Balls and Orange Court/ Orange Balls; loaner racquets available)

Pauline Betz Addie	Click to Register					
Jun 25 - Aug 6	Sat	\$141	10-11a	Ages 7 to 10	6 Classes	PTEN0020-210042
Jun 26 - Aug 7	Sun	\$141	10-11a	Ages 7 to 10	6 Classes	PTEN0020-210043
Jun 27 - Aug 8	Mon	\$141	5-6p	Ages 7 to 10	6 Classes	PTEN0020-210044
Wheaton Indoor Ter	Click to Register					
Jun 29 - Aug 3	Wed	\$117	6-7p	Ages 7 to 10	6 Classes	PTEN0020-216041
Jun 29 - Aug 3 Jun 30 - Aug 4	Wed Thu	\$117 \$117	6-7p 6-7p	Ages 7 to 10 Ages 7 to 10	6 Classes 6 Classes	PTEN0020-216041 PTEN0020-216042



Youth Tennis, Advanced 7-10

Prerequisite: Passed Youth Tennis, Intermediate. For players who can rally consistently and comfortably engage in point play against a variety of players. Focus will be on improving movement, positioning, concentration, focus, shot placement, and closing points. (Combination of Red Court/Red Balls and Orange Court/Orange Balls); may incorporate use of Green Dot Ball for players ready to transition from the Orange Court to full court play)

Pauline Betz Addie Tennis Center

Click to Register

Jun 25 - Aug 6	Sat	\$150	11a-12p	Ages 7 to 10	6 Classes	PTEN0025-210051
Jun 27 - Aug 8	Mon	\$150	6-7p	Ages 7 to 10	6 Classes	PTEN0025-210052
Jun 29 - Aug 3	Wed	\$150	6-7p	Ages 7 to 10	6 Classes	PTEN0025-210053

Youth Tennis, Intro to Match Play 7-10

Prerequisite: Passed Youth Tennis, Intermediate. It's time to put your skills into play. Learn the basics of match play using the USTA's Junior Team Tennis (JTT) format, where everyone earns points for the team. The focus will be on positioning, serve-and-return, and movement in both singles and doubles using a combination of Red and Orange Ball formats based on age and ability level.

Pauline Betz Addie 1	Click to Register					
Jun 25 - Aug 6	Sat	\$150	3-4p	Ages 7 to 10	6 Classes	PTEN0030-210061

Youth Tennis, More Match Play 7-10

Mon

Prerequisite: Passed Intro to Match Play or Instructor approval. Continue building your on-court confidence while playing matches for fun with friends in your class. In addition to improving upon positioning, strategy, movement, and shot selection, instruction will include how to construct and close out points. By the end of this class, you will be ready to take your game to a more competitive level.

Ages 7 to 10

6-7p

\$150

Click to Register

PTEN0035-210073

6 Classes



Jun 27 - Aug 8



Beginner 1 Tennis, Middle School

Prerequisite: For beginners who have never played before or have not played recently. The goal of this class is to teach fundamentals of the game, including etiquette and vocabulary, rules, positioning, and scorekeeping. Players will learn basic mechanics for hitting groundstrokes, volleys, overheads and serves. May incorporate use of Orange and Green Dot Balls to reinforce development, consistency, and control.

P	auline Betz Addie 1	Click to Register					
	Jun 26 - Aug 7	Sun	\$141	12-1p	Ages 11 to 14	6 Classes	PTEN0040-210081
_	Jun 27 - Aug 8	Mon	\$141	6-7p	Ages 11 to 14	6 Classes	PTEN0040-210082
И	/heaton Indoor Ten	Click to Register					
	Jun 27 - Aug 8	Mon	\$117	5-6p	Ages 11 to 14	6 Classes	PTEN0040-216083

Beginner 2 Tennis, Middle School

Prerequisite: Passed Beginner 1 Tennis or player with recent playing experience seeking a refresher on fundamentals. Class includes a review of tennis etiquette and vocabulary, safety, rules, and scoring. Continued focus on footwork, positioning, and directional control. Additional time will be spent on drills and situational play. Groundstrokes, volleys, overheads, and serves will be critiqued.

Pauline Betz Addie	Click to Register					
Jun 25 - Aug 6	Sat	\$141	1-2p	Ages 11 to 14	6 Classes	PTEN0045-210092
Jun 26 - Aug 7	Sun	\$141	1-2p	Ages 11 to 14	6 Classes	PTEN0045-210093
Wheaton Indoor Ten	Click to Register					
Jun 29 - Aug 3	Wed	\$117	5-6p	Ages 11 to 14	6 Classes	PTEN0045-216091
Jun 26 - Aug 7	Sun	\$117	11a-12p	Ages 11 to 14	6 Classes	PTEN0045-216093

Intermediate Tennis, Middle School

Prerequisite: Passed Beginner 2. Players have experience in the fundamentals of tennis and are ready to work on consistency, accuracy, and technical mastery of strokes and footwork. The focus will be on drills and play situations to improve rallying skills and overall level of play.

Pauline Betz Addie	Pauline Betz Addie Tennis Center								
Jun 25 - Aug 6	Sat	\$141	1-2p	Ages 11 to 14	6 Classes	PTEN0050-210101			
Jun 26 - Aug 7	Sun	\$141	1-2p	Ages 11 to 14	6 Classes	PTEN0050-210102			
Jun 29 - Aug 3	Wed	\$141	6-7p	Ages 11 to 14	6 Classes	PTEN0050-210103			
Jun 30 - Aug 4	Thu	\$141	6-7p	Ages 11 to 14	6 Classes	PTEN0050-210104			
Wheaton Indoor Ter	Wheaton Indoor Tennis								
Jun 25 - Aug 6	Sat	\$117	2-3p	Ages 11 to 14	6 Classes	PTEN0050-216101			
Jun 27 - Aug 8	Mon	\$117	6-7p	Ages 11 to 14	6 Classes	PTEN0050-216102			



Beginner 1 Tennis, High School

Prerequisite: For beginners who have never played before or have not played recently. The goal of this class is to teach fundamentals of the game, including etiquette and vocabulary, rules, positioning, and scorekeeping. Players will learn basic mechanics for hitting groundstrokes, volleys, overheads and serves. May incorporate use of Orange and Green Dot Balls to reinforce development, consistency, and control.

Pauline Betz Addie 1	Tennis Cer	nter				Click to Register
Jun 27 - Aug 8	Mon	\$141	7-8p	Ages 15 to 18	6 Classes	PTEN0055-210113

Beginner 2 Tennis, High School

Prerequisite: Passed Beginner 1 Tennis or player with recent playing experience seeking a refresher on fundamentals. Class includes a review of tennis etiquette and vocabulary, safety, rules, and scoring. Continued focus on footwork, positioning, and directional control. Additional time will be spent on drills and situational play. Groundstrokes, volleys, overheads, and serves will be critiqued.

F	Pauline Betz Addie 1	Click to Register					
	Jun 28 - Aug 2	Tue	\$141	6-7p	Ages 15 to 18	6 Classes	PTEN0060-210124

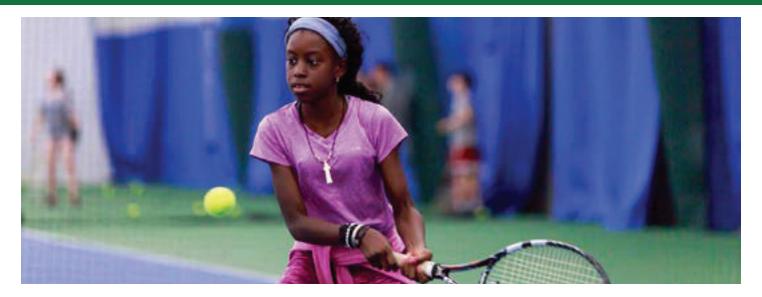
Intermediate Tennis, High School

Prerequisite: Passed Beginner 2. Players have experience in the fundamentals of tennis and are ready to work on consistency, accuracy, and technical mastery of strokes and footwork. The focus will be on drills and play situations to improve rallying skills and overall level of play.

Pauline Betz Addie T	Click to Register					
Jun 25 - Aug 6	Sat	\$141	1-2p	Ages 15 to 18	6 Classes	PTEN0065-210131
Jun 29 - Aug 3	Wed	\$141	6-7p	Ages 15 to 18	6 Classes	PTEN0065-210132







Intro to Match Play Tennis, Middle School

Prerequisite: Passed Intermediate Tennis or Instructor Approval. Time to put your skills into play. Learn the basics of match play using USTA's Junior Team Tennis (JTT) format. The focus will be on positioning and strategy for full court play in both singles and doubles. By the end of this class, you should be ready for the fun of playing official Junior Team Tennis on a team with new friends.

Wheaton Indoor Ten	Click to Register					
Jun 26 - Aug 7	Sun	\$129	1-2p	Ages 11 to 14	6 Classes	PTEN0070-216141

Advanced Match Play, Middle School

Prerequisite: Passed Intermediate 2, More Match Play, or Instructor Approval. For competitive players training for tournaments and/or school team tennis. Focus on enhancing footwork and agility, stroke production, and use of offensive and defensive shots. Additional emphasis on physical conditioning, mental preparedness, and sportsmanship.

F	Pauline Betz Addie 1	Click to Register					
	Jun 25 - Aug 6	Sat	\$150	2-3p	Ages 11 to 14	6 Classes	PTEN0080-210162
	Jun 26 - Aug 7	Sun	\$150	3-4p	Ages 11 to 14	6 Classes	PTEN0080-210163
	Jun 30 - Aug 4	Thu	\$150	5-6p	Ages 11 to 14	6 Classes	PTEN0080-210164

Advanced Match Play Tennis, High School

Prerequisite: Passed Intermediate 2, More Match Play, or Instructor Approval. For competitive players training for tournaments and/or high school team tennis. Focus on enhancing footwork and agility, stroke production, and use of offensive and defensive shots. Additional emphasis on physical conditioning, mental preparedness, and sportsmanship.

P	auline Betz Addie 1	Click to Register					
	Jun 26 - Aug 7	Sun	\$150	11a-12p	Ages 15 to 18	6 Classes	PTEN0085-210171
	Jun 29 - Aug 3	Wed	\$150	7-8p	Ages 15 to 18	6 Classes	PTEN0085-210173



Beginner 1 Tennis, Adult (NTRP 2.0)

Designed to turn adult beginners into tennis players. Students will enjoy one-hour lessons with our certified tennis coaches and learn the basics of tennis including the serve, forehand, backhand, and net play for singles and doubles featuring a Rally and Play approach.

I	Pauline Betz Addie 1	Click to Register						
	Jun 30 - Aug 4	Thu	\$141	7-8p	Ages 18 and up	6 Classes	PTEN0090-210186	
_	Jun 25 - Aug 6	Sat	\$141	2-3p	Ages 18 and up	6 Classes	PTEN0090-210191	
	Jun 26 - Aug 7	Sun	\$141	11a-12p	Ages 18 and up	6 Classes	PTEN0090-210192	
Wheaton Indoor Tennis Click to Regis								
	Jun 30 - Aug 4	Thu	\$117	6-7p	Ages 18 and up	6 Classes	PTEN0090-216182	
	Jun 26 - Aug 7	Sun	\$117	9-10a	Ages 18 and up	6 Classes	PTEN0090-216183	
	Jun 25 - Aug 6	Sat	\$117	1-2p	Ages 18 and up	6 Classes	PTEN0090-216184	

Beginner 2 Tennis, Adult (NTRP 2.5)

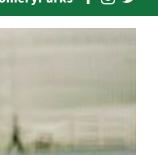
This player has played some tennis but needs additional instruction on basic skills and techniques. Rally and Play approach reinforces introduction to positioning, movement, and rules of play.

Pauline Betz Addie T	Click to Register					
Jun 28 - Aug 2	Tue	\$141	8-9p	Ages 18 and up	6 Classes	PTEN0095-210193
Wheaton Indoor Ten	Click to Register					
Jun 28 - Aug 2	Tue	\$117	7-8p	Ages 18 and up	6 Classes	PTEN0095-216191
Jun 26 - Aug 7	Sun	\$117	12-1p	Ages 18 and up	6 Classes	PTEN0095-216193

Intermediate Tennis, Adult (NTRP 3.0)

Prerequisite: Passed Beginner 2, Adult. This player can keep the ball in play but needs to improve consistency of strokes and overall understanding of court positioning, strategy, and use of shots in various situations.

Pauline Betz Addie Tennis Center					Click to Register	
Jun 25 - Aug 6	Sat	\$141	12-1p	Ages 18 and up	6 Classes	PTEN0100-210202
Jun 26 - Aug 7	Sun	\$141	12-1p	Ages 18 and up	6 Classes	PTEN0100-210203
Jun 27 - Aug 8	Mon	\$141	7-8p	Ages 18 and up	6 Classes	PTEN0100-210205
Jun 28 - Aug 2	Tue	\$141	8-9p	Ages 18 and up	6 Classes	PTEN0100-210207
Jun 29 - Aug 3	Wed	\$141	7-8p	Ages 18 and up	6 Classes	PTEN0100-210209
Wheaton Indoor Ten	nnis					Click to Register
Jun 27 - Aug 8	Mon	\$117	6-7p	Ages 18 and up	6 Classes	PTEN0100-216201
Jun 29 - Aug 3	Wed	\$117	7-8p	Ages 18 and up	6 Classes	PTEN0100-216203





Advanced Tennis, Adult (NTRP 4.0 & Up)

Prerequisite: Passed Intermediate or Instructor approval. A competitive clinic involving intense drilling, competitive situational games, and match play. Course will focus on finessing use of lobs, overheads, approach shots, and volleys. Student will also concentrate on hitting with power, spin, depth, and control.

Pauline Betz Addie Tennis Center						Click to Register	
Jun 26 - Aug 7	Sun	\$150	2-3p	Ages 18 and up	6 Classes	PTEN0110-210222	
Jun 27 - Aug 8	Mon	\$150	8-9p	Ages 18 and up	6 Classes	PTEN0110-210223	
Wheaton Indoor Tennis					Click to Register		
May 4 - Jun 8	Wed	\$129	8-9p	Ages 18 and up	6 Classes	PTEN0110-426222	
Jun 28 - Aug 2	Tue	\$129	8-9p	Ages 18 and up	6 Classes	PTEN0110-216221	

Match Play 3.0 Tennis

The 3.0 player is fairly consistent when hitting medium-paced shots but is not comfortable with all strokes and lacks execution when trying for directional control, depth, and pace. First half of class focuses on needed drills and skills. Class finishes with a session of supervised match play. Instructor reserves the right to transfer you up or down a level if you are not closely matched in skill level.

Pauline Betz Addie Tennis Center						Click to Register
Jun 26 - Aug 7	Sun	\$150	2-3p	Ages 18 and up	6 Classes	PTEN0115-210231
Jun 27 - Aug 8	Mon	\$150	7-9p	Ages 18 and up	6 Classes	PTEN0115-210232
Jun 28 - Aug 2	Tue	\$150	7-8p	Ages 18 and up	6 Classes	PTEN0115-210233
Jun 29 - Aug 3	Wed	\$150	8-9p	Ages 18 and up	6 Classes	PTEN0115-210234
Jun 30 - Aug 4	Thu	\$150	7-8p	Ages 18 and up	6 Classes	PTEN0115-210235
Wheaton Indoor Tennis						Click to Register
Jun 25 - Aug 6	Sat	\$258	10-11a	Ages 18 and up	6 Classes	PTEN0115-216232



Match Play 3.5 Tennis

The 3.5 player has dependable strokes, but still lacks depth, variety, and the ability to alter distance of shots. Lack of confidence might limit the 3.5 player in effective use of lobs, overheads, approach shots, and volleys. This player is more comfortable at net, has improved court awareness, and is developing teamwork in doubles. First half of class focuses on needed drills and skills. Class finishes with a session of supervised match play. Instructor reserves the right to transfer you up or down a level if you are not closely matched in skill level.

Pauline Betz Addie	Click to Register					
Jun 27 - Aug 8	Mon	\$150	8-9p	Ages 18 and up	6 Classes	PTEN0120-210241
Jun 28 - Aug 2	Tue	\$150	8-9p	Ages 18 and up	6 Classes	PTEN0120-210242
Jun 29 - Aug 3	Wed	\$150	7-9p	Ages 18 and up	6 Classes	PTEN0120-210243
Jun 30 - Aug 4	Thu	\$150	8-9p	Ages 18 and up	6 Classes	PTEN0120-210244
Wheaton Indoor Tennis					Click to Register	
Jun 28 - Aug 2	Tue	\$258	7-9p	Ages 18 and up	6 Classes	PTEN0120-216241
Jun 30 - Aug 4	Thu	\$258	7-9p	Ages 18 and up	6 Classes	PTEN0120-216242

Adult Cardio Tennis

This is a high energy class that combines the best features of the sport of tennis with cardiovascular exercise, delivering the ultimate, full body, calorie burning aerobic workout.

Pauline Betz Addie Tennis Center					Click to Register	
Jun 25 - Aug 6	Sat	\$150	9-10a	Ages 18 and up	6 Classes	PTEN0125-210253
Jun 26 - Aug 7	Sun	\$150	9-10a	Ages 18 and up	6 Classes	PTEN0125-210254
Jun 28 - Aug 2	Tue	\$150	7-8p	Ages 18 and up	6 Classes	PTEN0125-210258
Jun 30 - Aug 4	Thu	\$150	8-9p	Ages 18 and up	6 Classes	PTEN0125-210259
Wheaton Indoor Tennis					Click to Register	
Jun 26 - Aug 7	Sun	\$129	10-11a	Ages 18 and up	6 Classes	PTEN0125-216251





REGISTRATION INFORMATION

for Montgomery Parks AND Montgomery County Recreation

WAYS TO REGISTER

Online

Click the Course # link next to each program in this guide to register for that program or visit **ActiveMONTGOMERY.org**

Bv Mail

Fill out and sign the registration form and mail it to: ActiveMONTGOMERY 2425 Reedie Drive, 10th Floor Wheaton, MD 20902

In-person registration is currently suspended.



Use https://ActiveMONTGOMERY.org to register for activities (courses, camps, etc.); to reserve community centers, park activity buildings, and other facilities; and to purchase memberships offered by Montgomery Parks and Montgomery County Recreation.

QUESTIONS?

Call 301-495-2580

Monday - Friday, 8:30 a.m. - 4:30 p.m. info@ActiveMONTGOMERY.org

Program Access & Inclusion Services

For inquiries regarding inclusion services, programs, and accommodations, please contact the Program Access office:

Phone: 301-495-2581

MD Relay: **7-1-1 or 800-552-7724**

Email: ProgramAccess@MontgomeryParks.org https://montgomeryparks.org/accessibility

PAYMENT INFORMATION

Full Payment must be made at time of registration. Do not submit registrations and/or payments to Parks or Recreation Instructors.

For Montgomery County Recreation activities, noncounty residents must pay an additional \$15 per activity per participant. This fee does not apply to Montgomery Parks activities.

CHECKS & MONEY ORDERS: Make checks and money orders payable to **ActiveMONTGOMERY**. Checks and money orders must include name, address and phone number. If your check is returned unpaid, your account will be debited for the original check amount, and electronically or via paper for the state's maximum allowable service fee.

Payment by check constitutes authorization of these transactions. you make revoke authorization by calling 800-666-5222, ext. 2 to arrange payment for any outstanding checks and service fees due. Please allow 2weeks to receive a refund by check.

CREDIT CARDS: Visa, MasterCard, American Express and Discover are accepted. Registration form must include correct credit card number, expiration date, authorized signature and authorized total amount.

Montgomery Parks and Montgomery County Recreation reserve the right to pursue all available options to collect any funds owed as a result of a dishonored check or credit card, charges incurred due to unsubstantiated credit card disputes, or any outstanding debt.

ACTIVITY WITHDRAWALS AND REFUNDS

Withdrawal Time Frame	Withdrawal Reason & Method	Refund Amount	Refund Form	
Any	Activity Canceled by Parks or Recreation	Full Refund	Refund may be applied to customer's ActiveMONT-GOMERY account; or returned in same form as payment rendered.	
	Any reason, ONLINE	Full Refund	If payment was made by credit cardRefund will be applied to credit card. If payment was made by check, cash, or money orderRefund will be applied	
At least 5 (five) business days before activity begins			to customer's ActiveMONT-GOMERY account. Activity fee is \$25 or less Refund will be applied to customer's ActiveMONT-GOMERY account.	
	Any reason, IN PERSON	Full Refund	Activity fee is \$26 or moreRefund may be applied to customer's ActiveMONTGOMERY account, or refund check may be requested.	
Less than 5 business days before activity	Parks: Withdraw in person at the hosting facility. Recreation: Email	Refund	Activity fee is \$49 or less: Refund will be applied to customer's ActiveMONT- GOMERY account.	
begins No withdrawals may be made ONLINE less than five days before activity begins.	Rec.FinanceOffice@ Montgomery CountyMD.gov or withdraw in person at Rec HDQ.	Less \$25 With- drawal Fee	Activity fee is \$50 or more: Refund may be applied to customer's ActiveMONT- GOMERY account, or customer may request a refund check.	
For classes/sessions missed by participant After second session/ class of activity has met After the final session of activity has met	No refund of ar type will be issu	•	Call 240-777-6840 (8:30am-4:30pm) or 301-495-2580 (10am-4pm) or email	

The withdrawal and refund policies above pertain to all Parks and Recreation activities and rentals, unless otherwise noted in the activity description or facility rental agreement.



Use this form to register for BOTH Montgomery Parks AND Montgomery County Recreation activities.*

Use este formulario para activides de LOS DOS Montgomery Parks Y Montgomery County Recreation.*

			,		, , , ,	,					
* Required Info I Info Requerida REGISTRA	ATION FORM FORM	1ULA	ARIO E	DE II	NSCRIPCIÓ	N					
☐ Check here if this is a new address, phone number or email a	address. Please print. This form may be copied	i. [es una dirección nueva, tel Este formulario puede ser re	éfono o dirección de correo producido.	electrónico.				
PARENT/GUARDIAN I PADRE/GUARDIÁN											
Last Name I Apellido *	ame Apellido * First Name Nombre *					Birthday I Fecha de nacimiento (mm/dd/yy) * Email					
Address I Dirección *	/ I Ciudad * State Estado * ZIP Código Postal *										
Home Phone I Teléfono de Casa *	Work Phone I Teléfono de Trabajo				Cell Phone I Celular						
EMERGENCY CONTACT EMERGENCIA CONTACTO											
Name I Nombre		Relation	ship I Relacić	ón	Phone I Telf.						
Participant s Name (Last, First) Apellido y Nombre del Participante	Birthday (mm/dd/yy) Fecha de Nacimiento (mm/d	d/yy)	Sex Sexo		vity Name bre de la Actividad	Activity Number Número	Fees * Costo *				
'Non-County residents include an additional \$15 per participant, p Incluya \$15 per participante, por actividades de Montgomery Count					able for Parks activities)	Total Program Fees: Cantidad Total:					
To which ethnicity do you identify most?	PAYMENT OPTIONS*					* Required Info I In	nformación requerida				
_ American Indian/Alaskan Native _ Asian	Total Program Fees \$				CASH \$						
Asian Black or African American Hispanic or Latino or Spanish Origin of Any Race	Non-Resident/Other Fees \$_		Check #		Check #	 \$					
_ Native Hawaiian or Other Pacific Islander White	Total Fees Due \$										
_ Two or More Races _ Other Prefer not to answer	Make checks and money or ActiveMONTGOMERY.	ders pay			O th Floor, Wheaton, MD 20902						
Will you need an ADA (Americans with Disabilities Act) equipment, assistive listening/auxiliary devices, and/o		pport sta	ıff, sign lar	nguage	interpreters, compani	on, Braille/large print, a	adaptive				
_Yes _No											
If YES, please see below:											
ADA Requests for Montgomery Parks To request an accommodation for M-NCPPC, Montgomery Parks the Program Access Office at 301-495-2477 or email ProgramA	s programs you must contact To ccess@montgomeryparks.org. Ti	o request a herapeutic	an accommo	dation fo	usion Services Office at 24	creation, you must contact	the				
IMPO)RTANT: Request should be made										

SIGNATURE IS REQUIRED | *SE REQUIERE LA FIRMA*

Participant or Parent/Guardian Signature | Participante o Padre/Guardián Firma_

____ Date | Fecha

The participant assumes all risks associated with participation in the program; neither the County nor Montgomery Parks/M-NCPPC assumes any liability for injury or damages arising from participation in the program. Due to the strenuous nature of some activities, each participant is encouraged to consult his or her physician concerning fitness to participate in the program. The participant consents to emergency treatment. The participant also consents to the County and Montgomery Parks/M-NCPPC's use of the participant's image and likeness as shown in any photographs, videotapes, motion picture film, or electronic images, and any audio recordings made of the participant's voice in whatever way the County and Montgomery Parks/M-NCPPC desires, including television, print and Internet websites. Furthermore, the participant consents that such photographs, films, recordings, electronic images shall be the sole property of the County and Montgomery Parks/M-NCPPC. If the participant is a minor, the parent of guardian approves his or her participation in the program. Neither the instructor nor any staff are responsible for children prior to or after scheduled program.

El participante asume todos los riesgos asociados con la participación en el programa; ninguno ni el Condado ni Montgomery Parks/M-NCPPC asume cualquier responsabilidad de lesiones daños debido a su participación en el programa. Debido a la naturaleza persistente de algunas actividades se alienta a consultar con un médico, se alienta a que cada participante consulte con su doctor sobre su capacidad física de participar en el programa. El participante consiente el tratamiento de emergencia. El participante también consiente que el Condado y Montgomery Parks/M-NCPPC's utilice las imágenes del participante y la posibilidad de mostrar fotografías videos, películas o imágenes electrónicas, y cualquier grabación de audio que se haga de la voz del participante en cualquier forma que el Condado y Montgomery Parks/M-NCPPC desee, incluyendo televisión, impresos, páginas del internet. Además, el participante consiente que las fotos, películas, grabaciones, imágenes electrónicas serán propiedad única del Condado.