

Cabin John Ice Rink Freestyle Schedule: April 2024

Schedule is subject to change. All sessions on Olympic Rink unless noted. Schedule updates are available at CabinJohnIce.org. Rink is closed on Sunday, March 31.

Freestyle (FS) sessions are for skaters at the Free Skate 1 level or higher.

Mixed use sessions are for skaters at the Free Skate 1 or higher level and may include partnered ice dance and connected synchronized skating. Only TWO skaters may skate together (connected or disconnected; both skaters must wear a belt when practicing with music). Hockey skating lessons are allowed (no practice time, no sticks, or pucks)

All skaters should register for freestyle sessions in advance at [Active Montgomery](http://ActiveMontgomery). Registration can be done up to 30 minutes before the start of a session. Cancellations can be made only via email at [Cabin John Freestyle](mailto:CabinJohnFreestyle) up to 24 hours before the session.

April Freestyle Schedule with registration codes

Day	Active Montgomery Registration Code	Session times
Monday	April 1 PCJI0143	5:30, 6:00, 6:30, 7:00, 7:30, 8:00 am Mixed use Freestyle
	April 8 PCJI0150	8:45, 9:15, 9:45, 10:15, 10:45, 11:15 am Mixed use Freestyle
	April 15 PCJI0157	12:00, 12:30, 1:00 pm Mixed use Freestyle
	April 22 PCJI0164	
	April 29 PCJI0171	3:00, 3:30, 4:00, 4:30, 5:00 pm Mixed use Freestyle 5:45, 6:15, 6:45, 7:15 pm Freestyle
Tuesday	April 2 PCJI0144	5:30, 6:00, 6:30, 7:00, 7:30, 8:00 am Mixed use Freestyle
	April 9 PCJI0151	8:45, 9:15, 9:45, 10:15, 10:45, 11:15 am Mixed use Freestyle
	April 16 PCJI0158	1:45, 2:15, 2:45, and 3:15 pm Mixed use Freestyle
	April 23 PCJI0165	4:00, 4:30, 5:00, 5:30 pm Freestyle
	April 30 PCJI0172	6:15, 6:45 pm Freestyle 7:15, 7:45 pm Mixed use Freestyle
Wednesday	April 3 PCJI0145	5:30, 6:00, 6:30, 7:00, 7:30, 8:00 am Mixed use Freestyle
	April 10 PCJI0152	8:45, 9:15, 9:45, 10:15, 10:45, 11:15 am Mixed use Freestyle
	April 17 PCJI0159	12:00, 12:30, 1:00 pm Freestyle
	April 24 PCJI0166	3:00, 3:30, 4:00, 4:30, 5:00 pm Mixed use Freestyle 5:45, 6:15, 6:45 pm Freestyle 7:15 pm Mixed use Freestyle
Thursday	April 4 PCJI0146	5:30, 6:00, 6:30, 7:00, 7:30, 8:00 am Mixed use Freestyle
	April 11 PCJI0153	8:45, 9:15, 9:45, 10:15, 10:45, 11:15 am Mixed use Freestyle
	April 18 PCJI0160	3:00, 3:30, 4:00, 4:30, 5:00 pm Mixed use Freestyle
	April 25 PCJI0167	5:45, 6:15, 6:45 pm Freestyle 7:15, 7:45 pm Mixed use Freestyle

Friday	April 5	PCJI0147	5:30, 6:00, 6:30, 7:00, 7:30, 8:00 am Mixed use Freestyle
	April 12	PCJI0154	8:45, 9:15, 9:45, 10:15, 10:45, 11:15 am Mixed use Freestyle
	April 19	PCJI0161	12:00, 12:30, 1:00, 1:30 pm Freestyle
	April 26	PCJI0168	2:30, 3:00, 3:30, 4:00, 4:30, 5:00 pm Mixed use Freestyle 5:45, 6:15, 6:45, 7:15 pm Freestyle
Saturday	April 6	PCJI0148	2:15, 2:45, 3:15 pm
	April 13	PCJI0155	4:15, 4:45, 5:15, 5:45 pm Freestyle (NHL Rink)
	April 20	PCJI0162	6:15, 6:45, 7:15, 7:45 pm Mixed use Freestyle
	April 27	PCJI0169	
Sunday	April 7	PCJI0149	10:15, 10:45, 11:15, 11:45 am Freestyle
	April 14	PCJI0156	2:45, 3:15, 3:45 pm Freestyle
	April 21	PCJI0163	6:45, 7:15, 7:45 pm Mixed Use Freestyle
	April 28	PCJI0170	

Adults Only Freestyle: Sessions are for skaters aged 18 and older at the Teen and Adult 3 level or higher.

Monday, April 1, 8, 15, 22, 29	PCJI0600	8:00, 8:30 pm (Olympic Rink)
Sunday, April 7, 14, 21, 28	PCJI0600	8:00, 8:30, 9:00 pm (NHL Rink)

Ice Dance Session: Dance sessions are for practicing ice dance patterns. Fee is \$13 or 2 freestyle punches. Session is on Olympic Rink.

Day and Date	Active Montgomery Registration Code	Session Time
Wednesday & Friday	PCJI0800	9:30-11:00 am

Adult Edge Class: 30 minutes of instruction and 30 minutes of practice on Olympic Rink. Fee is \$19.

Day	Active Montgomery Registration Code	Session Time
Tuesday & Thursday	PCJI2004	11:15 am-12:15 pm