

Cabin John Ice Rink Freestyle Schedule: May 2024

Schedule is subject to change. All sessions on Olympic Rink unless noted. Schedule updates are available at CabinJohnIce.org. Rink is closed on May 25, 26, 27.

Freestyle (FS) sessions are for skaters at the Free Skate 1 level or higher.

Mixed use sessions are for skaters at the Free Skate 1 or higher level and may include partnered ice dance and connected synchronized skating. Only TWO skaters may skate together (connected or disconnected; both skaters must wear a belt when practicing with music). Hockey skating lessons are allowed (no practice time, no sticks, or pucks)

All skaters should register for freestyle sessions in advance at [Active Montgomery](http://ActiveMontgomery). Registration can be done up to 30 minutes before the start of a session. Cancellations can be made only via email at CabinJohnFreestyle@montgomeryparks.org up to 24 hours before the session.

April Freestyle Schedule with registration codes

Day	Active Montgomery Registration Code	Session times
Monday	May 6 PCJI0178	5:30, 6:00, 6:30, 7:00, 7:30, 8:00 am Mixed use Freestyle
	May 13 PCJI0185 May 20 PCJI0192	8:45, 9:15, 9:45, 10:15, 10:45, 11:15 am Mixed use Freestyle 12:00, 12:30, 1:00 pm Mixed use Freestyle 3:00, 3:30, 4:00, 4:30, 5:00 pm Mixed use Freestyle 5:45, 6:15, 6:45, 7:15 pm Freestyle
Tuesday	May 7 PCJI0179 May 14 PCJI0186 May 21 PCJI0193 May 28 PCJI0199	5:30, 6:00, 6:30, 7:00, 7:30, 8:00 am Mixed use Freestyle 8:45, 9:15, 9:45, 10:15, 10:45, 11:15 am Mixed use Freestyle 1:45, 2:15, 2:45, and 3:15 pm Mixed use Freestyle 4:00, 4:30, 5:00, 5:30 pm Freestyle 6:15, 6:45 pm Freestyle 7:15, 7:45 pm Mixed use Freestyle
Wednesday	May 1 PCJI0173 May 8 PCJI0180 May 15 PCJI0187 May 22 PCJI0194 May 29 PCJI0200	5:30, 6:00, 6:30, 7:00, 7:30, 8:00 am Mixed use Freestyle 8:45, 9:15, 9:45, 10:15, 10:45, 11:15 am Mixed use Freestyle 12:00, 12:30, 1:00 pm Freestyle 2:30, 3:00, 3:30, 4:00 pm Mixed use Freestyle 4:45-5:15, 5:45 pm Freestyle
Thursday	May 2 PCJI0174 May 9 PCJI0181 May 16 PCJI0188 May 23 PCJI0195 May 30 PCJI0201	5:30, 6:00, 6:30, 7:00, 7:30, 8:00 am Mixed use Freestyle 8:45, 9:15, 9:45, 10:15, 10:45, 11:15 am Mixed use Freestyle 3:00, 3:30, 4:00, 4:30, 5:00 pm Mixed use Freestyle 5:45, 6:15, 6:45 pm Freestyle 7:15, 7:45 pm Mixed use Freestyle
Friday	May 3 PCJI0175 May 10 PCJI0182 May 17 PCJI0189 May 24 PCJI0196 May 31 PCJI0203	5:30, 6:00, 6:30, 7:00, 7:30, 8:00 am Mixed use Freestyle 8:45, 9:15, 9:45, 10:15, 10:45, 11:15 am Mixed use Freestyle 12:00, 12:30, 1:00, 1:30 pm Freestyle 2:30, 3:00, 3:30, 4:00 pm Mixed use Freestyle 4:15, 4:45, 5:15, 5:45 pm Mixed use Freestyle 6:15, 6:45, 7:15, 7:45 pm Freestyle (NHL Rink)

Saturday	May 4 PCJI0176	2:15, 2:45, 3:15 pm
	May 11 PCJI0183	4:15, 4:45, 5:15 pm Freestyle (NHL Rink)
	May 18 PCJI0190	6:00, 6:30, 7:00, 7:30 pm Mixed use Freestyle (NHL Rink)
		*May 18 no 4:15, 4:45, and 5:15 sessions
Sunday	May 5 PCJI0177	10:15, 10:45, 11:15, 11:45 am Freestyle
	May 12 PCJI0184	2:45, 3:15, 3:45 pm Freestyle
	May 19 PCJI0191	4:00, 4:30, 5:00, 5:30 pm Mixed Use Freestyle (NHL Rink)

Adults Only Freestyle: Sessions are for skaters aged 18 and older at the Teen and Adult 3 level or higher.

Saturday, May 4, 11	PCJI0600	9:00, 9:30, 10:00 am (NHL Rink)
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Ice Dance Session: Dance sessions are for practicing ice dance patterns. Fee is \$13 or 2 freestyle punches. Session is on Olympic Rink.

Day and Date	Active Montgomery Registration Code	Session Time
Wednesday & Friday	PCJI0800	9:30-11:00 am

Adult Edge Class: 30 minutes of instruction and 30 minutes of practice on Olympic Rink. Fee is \$19.

Day	Active Montgomery Registration Code	Session Time
Tuesday & Thursday	PCJI2004	11:15 am-12:15 pm